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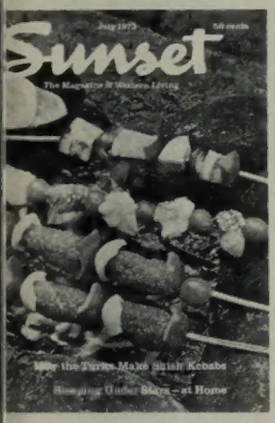
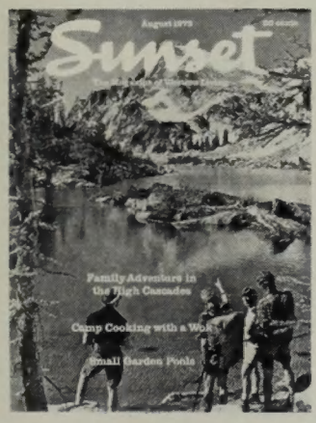
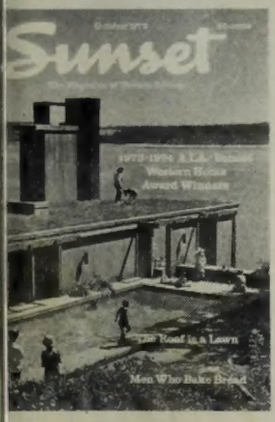
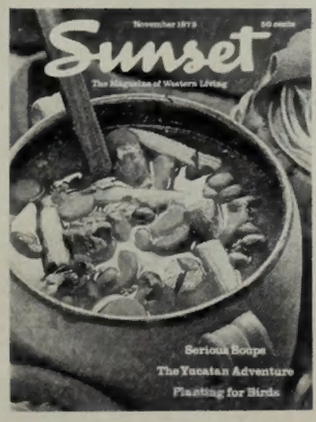
The Magazine of Western Living

1973 Index









Western Gardening and Landscaping

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- Flowers, shrubs, trees
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- Vegetables and fruits
- Landscape planning
- Container gardening
- Patios, fences, pools

Western Cooking and Entertaining

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Sunset

THE MAGAZINE OF WESTERN LIVING

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SUNSET *is published each month in four editions.* Because of the climate and other differences, many articles run in only one or two of the four editions. You can tell which edition of SUNSET you read by looking on the contents page of the magazine. At the upper left corner of the page you will see the name of the edition:

Northwest edition for Washington, Oregon, Idaho, and Alaska.

Central edition for northern and central California, northern Nevada, and Utah.

Southern California and Hawaii edition for coastal Southern California and Hawaii.

Desert edition for southeastern California, southern Nevada, and Arizona.

In the index listings, N denotes Northwest edition; C, Central edition; S, Southern California edition; and D, Desert edition. The word "all" tells you that an article has appeared the same month and page in all four editions. Index listings are written as follows: May 76 N, C (May, page 76, Northwest and Central editions).

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Paris, Place de la Madeleine, food shopping, July 28 S, D; Aug 28 N, C
Germany
Munich, carnival market, July 19 all
Gifts from abroad, duty-free, May 88 all
Greek island-hopping cruises, May 80 all
Ireland
Dublin, Saint Patrick's Day parade, Mar 45 all
Money, U.S., sending abroad, June 64 all
Picnic shopping, Apr 200 all
Scandinavia shopping discoveries, Sept 32 all
Scotland
Iona Island, Mar 39 all
Sicily
Palermo, Botanic Garden, June 214 N, 225 S, D; Dec 200 C
Student travel, help for, Feb 40 all
Sweden, Christmas ideas from, Dec 54 all
Switzerland
Lugano area, Swissminiatur village, Apr 70 all
Whole World Handbook, book review, Feb 40 all
Winter vacationing, Nov 42 all

Exhibits and the Arts
Alaska Travel and Trade Show, Mountain View, Calif., Feb 4 C
Art, African folk, Legion of Honor art museum, San Francisco, July 36 N, 34 C
Art, African folk, Los Angeles County Museum, Mar 86 S, D; Apr 10 S
Art, American Indian, Eskimo, Portland, Oct 54 N
Art, Henry Moore, Los Angeles, Oct 64 all
Art, Russian, Los Angeles County Museum of Art, June 4 S

Exhibits and the Arts (Cont.)
Art, Tucson Festival, Ariz., Apr 8 D
Art, Valley Block Fair, Phoenix, Apr 8 D
Art collections, Asian, Hawaiian, May 98 C, S, D
Art show, Balboa Park, San Diego, Sept 58 S, D
Artifacts, African, Pacific area, American, deYoung Museum, San Francisco, Sept 46 all
Artrain exhibits, Nevada cities, Aug 23 C
Ballet Festival, Pacific Regional, San Rafael, Calif., May 38 C
Bodycraft, Portland Art Museum, Dec 34 N
Bumbershoot Festival, Seattle, Aug 21 N
Cactus show, Phoenix, Feb 4 D
California Crafts VIII, E. B. Crocker Art Gallery, Sacramento, Apr 15 C
Christmas Around the World, Seattle Museum of History and Industry, Dec 6 N
Christmas Fair, Tucson, Dec 3 D
Concert, Big Basin Redwoods State Park, No. Calif., June 32 C
Concert, Christmas, Portland Junior Symphony, Dec 4 N
Concert season, Phoenix, Nov 6 D
Crafts Fair and Corn Roast, Swanton, Calif., June 6 C
Decorators Showcase, Squire House, Palo Alto, Calif., Feb 6 C
Designers' Show, Phoenix, Arizona, Mar 6 D
Film, "L.A. Flash," Los Angeles County Museum of Art, July 36 S, D
Firebird Festival of Arts, Phoenix, Apr 7 D
Folk Life Festival, Seattle, May 38 N
Gem and Mineral Show, Tacoma, Mar 8 N
Horse Show, A to Z, Phoenix, Feb 3 D
Horse shows, Ariz., Feb 3 D
Indian Arts and Crafts Exhibit, Heard Museum, Phoenix, Nov 6 D
Indian Fair, Heard Museum, Phoenix, Apr 8 D
Indian pottery, deYoung Museum, San Francisco, Dec 23 C
Indian rodeo, fair, Window Rock, Ariz., Sept 4 D
Japan Center, San Francisco, Feb 52 all
Lelooska, Ariel, Wash, May 98 N
Lithographic studio tour, San Francisco, Oct 8 C
Metric conference, exhibit, U.C.L.A., Los Angeles, Sept 4 S
Music and Arts Festival, Peter Britt, Jacksonville, Ore., Aug 26 N
Music Fair, Palos Verdes Peninsula, Calif., May 6 S
Music festival, Bear Valley, Calif., Aug 40 C
Music Festival, Cabrillo, Aptos, Calif., Aug 6 C
Music in Santa Monica, Topanga Banjo-Fiddle contest, June 6 S
Musical cruises on *Virginia V*, Seattle, July 28 N
Musical events, free, So. Calif., July 4 S
Paramount Theatre of the Arts, Oakland, Calif., Oct 28 N, C
Postage Stamp Exposition, Northwest, Portland, Feb 6 N
Pottery exhibit, sale, CLAY, Phoenix, Dec 4 D
Renaissance Food Faire, Agoura, Calif., Apr 98 S
Sailing film, Northwestern cities, Mar 8 N
Shakespearean Festival, Ashland, Ore., Feb 19 all; June 70 all
Shakespearean Festival, Cedar City, Utah, July 33 all
Sheep shearing demonstration, Los Angeles County Fair, Pomona, Sept 4 S
Stitchery shows, San Francisco Bay Area, June 4 C
Stitchery Unlimited 1973, Tucson, Feb 4 D
Symphony, summer, Stanford, Calif., Aug 6 C
Whales, California gray, exhibit, California Academy of Sciences, San Francisco, Dec 53 all

Fishing
Bass, bluegill, Annadel State Park, Santa Rosa, Calif., June 3 C
Bass, perch, Borrow Ponds, near Oroville, Calif., May 101 N, C
Bottom fishing, San Felipe, Baja California, Jan 29 all
Fishing in the National Park System, pamphlet review, Jan 39 all
Fishing pier, Aliso Beach, South Laguna, Calif., Mar 8 S
Flounder, Sand Lake, near Tillamook, Ore., Oct 58 N
Instant Spanish for Gringo Anglers, booklet review, June 4 D
Lake Sherwood, Thousand Oaks, Calif., Feb 4 S
Oyster picking, Puget Sound, June 28 N
Poke poling along West Coast, Jan 30 all
Sacramento River Delta, No. Calif., guides to, Aug 28 S, D
Smelt, catching, cooking at beach, June 182 N, C
Snake River, Martindale, near Pasco, Wash., Aug 6 N
Trout, bass, sunfish, Point Reyes National Seashore, No. Calif., Bass, Crystal, Pelican Lakes, Aug 4 C
Trout, Cascade Mts., Wash., Alpine Lakes country, Aug 46 all
Trout, catfish, bass, San Bernardino Mts., Calif., Silverwood Lake State Recreation Area, Oct 54 S, D
Trout, Clago's Troutdale, Agoura, Calif., Feb 4 S
Trout, Flaming Gorge N.R.A., Wyo.-Utah border, Aug 32 all
Trout, Kings River, Fresno County, Calif., Nov 4 C
Trout, native, Calif. streams, June 36 all
Trout, Putah Creek, Yolo, Solano Counties, Calif., Nov 4 C
Trout, rainbow, Lynx Lake, Prescott, Ariz., July 4 D
Trout, Red Mountain Lakes, Marble Mountain Wilderness, Klamath National Forest, Calif., Oct 58 C, S, D
Trout, steelhead, fishing techniques, Nov 58 all

Hawaii
Asian art collections, May 98 C, S, D
Hiking, organized group outing, Dec 44 all
Hilo, fish auction, Nov 24 S, D
Honolulu
Downtown, discovering, Jan 42 all
Fish auction, Nov 24 S, D
Iolani Palace restoration, Apr 312 all
Jogging trails, July 42 all
Kamehameha Day, June 45 C, S, D
King's Alley, Waikiki, July 48 all
Lunch wagons, May 55 N, C, D
Marine life collection, Kahala Hilton, Dec 28 all
Kona Coast, City of Refuge National Historical Park, Nov 72 all
Maui
Kula Botanical Garden, Mar 58 all
Lahaina-Kaanapali & Pacific Railroad, June 52 all
Oahu
Manoa Cliffs, Pauoa Flats, hike, Oct 44 all
Sightseeing by bus, Sept 41 all

Hiking
Back Country Travel in the National Park System, pamphlet review, Jan 38 all
Capitol Reef N.P., Utah, Apr 90 all
Cascade Mountains, Wash.
Alpine Lakes country, Aug 46 all
Baker River wilderness hike, May 34 N
Coeur d'Alene, Idaho, area, nature trails, May 33 N
Escalante Canyon, Utah, Mar 36 all
50 Hikes in Arizona, book review, Nov 4 D

liking (Cont.)
rench Pete Creek Valley, Ore., May 56 N
iuides to West's hiking country, July 44 all
lawaii, organized group outings, Dec 44 all
os Angeles, Griffith Park, May 134 all
larble Mountain Wilderness, Klamath National Forest, Calif., fishing Red Mountain Lakes, Oct 58 C, S, D
lount Rainier N.P., Wash., Kautz Creek mud flow area, Oct 56 N
ahu, Hawaii, Manoa Cliffs, Pauoa Flats, forest trail, Oct 44 all
hoenix, Echo Canyon Park, Oct 7 D
oint Reyes National Seashore, Calif., Bass, Crystal, Pelican Lakes, Aug 4 C
an Bernardino National Forest wilderness areas, permits, June 4 S
anta Rosa, Annadel State Park, June 3 C
ilver Falls State Park, Ore., loop trail, Mar 33 N
iuslaw National Forest, Ore., Hart Cove trail, Cascade Head Scenic Area, June 42 all
unol, Calif., Sunol Regional Park, Nov 3 C
arp-tents, simple-to-make, June 134 all
rinity Alps, No. Calif., Caribou Lakes Basin, Aug 3 C
inta Mts., Utah, July 60 N, C, D, 62 S
ancouver Island, B. C., Mount Douglas Park, Apr 42 all
ashon Island, Wash., May 58 N
Vilderness backpacking suggestions, Mar 42 all
Vilderness Society trips, Mar 54 all
Vinter wilderness treks, suggestions, Feb 42 all

daho
oise Gallery of Art, gift shopping, Dec 76 N
oeur d'Alene area, nature trails, May 33 N
lk City area, Nez Perce Pass over Bitterroot Range, July 4 N
daho City, Boise Basin Museum, Aug 6 N
daho Falls, West Bank Park, Apr 35 N
emhi, Charcoal Kiln Historical Site, Oct 8 N
ocatello, Fort Hall replica, Ross Park, Apr 36 N
iver runs, 1973 schedule, Apr 44 all

ndians
merican Indian Calendar, 1973, Aug 4 D
riel, Wash., Northwest Indian legend performances, May 98 N
ishop, Calif., area, petroglyphs, Nov 52 N, 54 C
hina Lake, Calif., area, Coso Mts., petroglyphs, Apr 8 S
ort Duchesne, Utah, Ute Indians' Bottle Hollow Resort, Sept 26 all
ndian baskets, care, June 131 all
achinas: A Hopi Artist's Documentary, book review, Dec 26 all
hoenix
Heard Museum
Indian Arts and Crafts Exhibits, Nov 6 D
Indian Fair, Apr 8 D
Pueblo pottery display, Oct 10 D
ueblo villages, New Mexico, matachines dance, Dec 48 all
an Francisco, Indian pottery show, deYoung Museum, Dec 23 C
outhwest Indian Painting, book review, Dec 26 all
otem art of Northwest Coast, May 120 all
otem pole books, May 42 all
Vindow Rock, Ariz., Navajo Nation Fair, Sept 4 D
Vindow Rock, Ariz., area, Kinlichee Navajo Tribal Park, ruins, Aug 4 D
ucatan, Mexico, Maya Indians, Nov 74 all

Mexico
Baja California
Bahía Concepción, Feb 76 all
San Felipe, bottom fishing, Jan 29 all
Sea of Cortez, ferry service, Feb 48 all
Gastronomic Tour of Mexico, book review, Nov 30 all
Guadalajara
Casa de las Artesanías de Jalisco, Christmas shopping, Dec 38 all
Mercado Libertad, Christmas shopping, Dec 38 all
Guaymas, flights from Phoenix, Tucson, Dec 6 D
Guidebooks, special interest, Nov 30 all
Instant Spanish for Gringo Anglers, booklet review, June 4 D
Magdalena region, opal mines, June 68 all
Manzanillo, Oct 50 all
Mexico City, architectural adventure, June 86 all
Tequila, tequila distilleries, July 39 all
Travel requirements for Mexico, Feb 59 all
Yucatan guidebooks, Nov 83 all
Yucatan Peninsula, exploring, Nov 74 all

Miscellaneous
Air fare bargains, Oct 63 all
Amtrak service, May 140 all
Bicycle, determining correct size, Nov 114 all
Condominium rentals, ski resorts, Feb 36 C
Early Sunset Magazine, The, book review, Nov 100 all
Environment, tourism report, Pacific Area Travel Assn. workshop, Apr 312 all
Flight reservations, reconfirming, Feb 38 N, S, D, 30 C
Folk dance cafes, Oct 94 all
Gifts from abroad, duty-free, May 88 all
House-swapping vacations, Mar 33 C, 71 S, D
Immunizations required for foreign travel, Apr 74 all
Mistletoe, pine cone hunting, national forests, Dec 4 S
Money, sending abroad, June 64 all
Passports, how to apply for, Apr 16 C, 15 S, D
Pilots, three directories for, Feb 16 all
Recreational vehicles, renting, May 69 all
Scientific research expeditions, EEI, Nov 34 all
Travel Group Charters, air charter bargains, Apr 72 all
Travel kit, children's, Apr 57 all
Truck-camper combinations, Jan 36 all
Visas, how to obtain, Jan 40 all
Wilderness Society trips, Mar 54 all

National Parks, Monuments
(Abbreviations: N.M.: National Monument; N.P.: National Park; N.H.P.: National Historical Park; N.R.A.: National Recreation Area)
Books, pamphlets, National Park Service, Jan 38 all
Buck Island Reef N.M., Virgin Islands, underwater nature trail, Feb 32 all
Capitol Reef N.P., Utah, Apr 90 all
Casa Grande N.M., Ariz., Jan 6 D
Channel Islands N.M., Calif., Santa Barbara Island, Apr 78 C; May 56 S
City of Refuge N.H.P., Kona Coast, Hawaii, Nov 72 all
Death Valley N.M., Calif., back road from Big Pine, Feb 30 S, D

National Parks, Monuments (Cont.)
Golden Gate N.R.A., San Francisco Bay, Alcatraz Island tours, Nov 24 N, 52 C
Golden Eagle Passport, May 52 all
Grand Canyon N.P., Ariz.
North Rim, Sept 54 all
Scenic airplane, helicopter flights, May 6 D
Mount McKinley N.P., Alaska, trip planning, May 58 C, S, D
Mount Rainier N.P., Wash., Kautz Creek mud flow area hike, Oct 56 N
North Cascades N.P., Wash., new highway crossing, June 92 all
Olympic N.P., Wash., Hurricane Ridge, alpine flowers, July 26 N
Organ Pipe Cactus N.M., Ariz., wildflower bloom, Mar 248 all
Pipe Spring N.M., Ariz., June 3 D
Saguaro N.M., Ariz., saguaro blossoms, May 6 D
Wilderness areas, visitor quotas, June 240 all

Near East
Lebanon
Baalbek, Roman ruins, Apr 78 N, 79 S, D

Nevada
Artrain exhibits, Aug 23 C

Oregon
Ashland, Oregon Shakespearean Festival, Feb 19 all; June 70 all
Astoria, Astoria Column, Sept 4 N
Bandon area, cranberry harvest, Sept 6 N
Bend area, Lava Cast Geological Area, Nov 26 all
Cascade Mountains
Clear Lake, underwater forest, June 4 N
Silver Falls State Park, loop trail, Mar 33 N
Charleston, Snug Harbor Railroad, July 3 N
Cheese tour, Tillamook to Bandon, Sept 58 N
Coos Bay area
Cape Arago State Park, Jan 26 C, S, D
Shore Acres State Park, Jan 26 C, S, D
Sunset Bay State Park, Jan 26 C, S, D
Coos Bay Mall, Mar 71 N, C
Elgin, Northwest Champion Horse Pulling Contest, July 6 N
Elkton to Reedsport, Umpqua River drive, Sept 3 N
Gift shopping, Northwest museums, Dec 76 N
Hillsboro, plowing contest, Apr 38 N
Jacksonville, Peter Britt Gardens Music and Arts Festival, Aug 26 N
John Day area, wildflower drive to U.S. Hwy. 20, May 8 N
Klamath Falls area, Tomahawk Ski Bowl, Jan 3 N
Madras, Oregon Horse Cutting Assn. contest, Oct 8 N
Maupin area, Deschutes River, exploring, Mar 6 N
Portland
American Indian, Eskimo art show, Oct 54 N
Bodycraft, Portland Art Museum, Dec 34 N
Christmas program, Kendall Planetarium, Oregon Museum of Science and Industry, Dec 6 N
Folk dance cafe, Oct 94 all
Junior Symphony Christmas concert, Dec 4 N
Lelooska, Oregon Museum of Science & Industry, May 98 N
Northwest Postage Stamp Exposition, Feb 6 N
Portland State University, campus walk, Nov 6 N
Tyron Creek State Park, June 30 N

[illegible] (Cont.)
[illegible]nd area, Warren Creek Falls, Int. Hwy. 80N, Apr 8 N
Redmond, Petersen Rock Gardens, June 27 N
River runs, 1973 schedule, Apr 44 all
Rockaway Kite Festival, Mar 5 N
Salem area
Enchanted Forest, May 5 N
Niagara Park, North Santiam River, July 25 N
Sauvie Island, May 44 N
Seaside Beach Run, Aug 4 N
Siuslaw National Forest, Hart Cove trail, Cascade Head Scenic Area, June 42 all
Tillamook area, Sand Lake, Oct 58 N
Tillamook to Bandon, cheese tour, Sept 58 N
Train, steam, excursions, June 52 all
Wallowa Mts., Wallowa Lake Aerial tramway, June 10 N
Willamette National Forest, French Pete Creek Valley, wilderness hiking, May 56 N

Pacific Area
Cook Islands
Rarotonga, jet detour from Tahiti, Dec 46 all
New Zealand
Christchurch, bicycle touring, Nov 54 N

Skiing
Alaska's Chugach Mts., Mount Alyeska resort, Mar 46 N; Apr 60 S, D
Cascade Mts., Wash., White Pass ski area, Jan 26 N
Condominium rentals, ski resorts, Feb 36 C
Klamath Falls, Ore., area, Tomahawk Ski Bowl, Jan 3 N
Lake Tahoe, Calif., area, Northstar, Kirkwood ski areas, Jan 34 all
Skiing on barrel staves, Mar 150 all
Winter Activities in the National Park System, pamphlet review, Jan 38 all

Sports
Balloon Championships, First World Hot Air, Albuquerque, N. Mex., Feb 56 all
Bicycle trail, Newark-Fremont, Calif., area, July 3 C
Bike touring, Napa Valley, Calif., Oct 54 C
Bike touring, Victoria, B.C., Aug 22 N
Boating: see p. 3
Camping: see p. 5
Dog track meets, So. Calif., June 3 S
Fishing: see p. 6
Hang glider watching, El Segundo, Calif., Jan 3 S
Highland Gathering and Games, Santa Monica, Calif., June 57 all
Hiking: see p. 6
Lifeboat races, San Francisco, May 56 C
Model boating events, Apr 118 all
Mountain climbing lessons, Phoenix, Oct [illegible] D
Regatta, Master Mariner's, San Fran[illegible]o, May 56 C
Rock climbing, Camp Long, West S[illegible], Wash., Dec [illegible] N
Run, Seaside Beach, Seaside, Ore., Aug [illegible] N
Skiing: see above
Sled dog races, north of Lake Tahoe [illegible], Mar 46 C

Sports (Cont.)
Snowshoeing, San Bernardino Mts., So. Calif., Feb 4 S
Winter wilderness treks, suggestions, Feb 42 all

States Other Than Nine Western
Airguide Traveler: 37 Eastern States, book review, Feb 16 all
Colorado
Mesa Verde National Park, The Archeological Survey of Wetherill Mesa, book review, Jan 39 all
River runs, 1973, Apr 44 all
Rocky Mountain National Park, book review, Jan 39 all
Train, steam, excursions, June 48 all
Montana
Bitterroot Range, crossing via Nez Perce Pass, July 4 N
Custer Battlefield, Montana, book review, Jan 39 all
River runs, 1973, Apr 44 all
New Mexico
Albuquerque, First World Hot Air Balloon Championships, Feb 56 all
Chama, Cumbres & Toltec Scenic Railroad, June 52 all
Monument Valley, New Mexico Geological Society field conference, Oct 8 D
Pueblo villages, matachines dance, Dec 48 all
Wyoming
Flaming Gorge N.R.A., Aug 32 all
Wagon train trips, Mar 62 all

Utah
Capitol Reef N.P., Apr 90 all
Cedar City, Utah Shakespearean Festival, July 33 all
Escalante Canyon, exploring, Mar 36 all
Flaming Gorge N.R.A., Aug 32 all
Fort Duchesne, Ute Indians' Bottle Hollow Resort, Sept 26 all
Golden Spike, book review, Jan 39 all
Heber City, Wasatch Mountain Railway, June 52 all
Moab, scenic river route trips via State Hwy. 128, Oct 40 all
River runs, 1973, Apr 44 all
Salt Lake City, Trolley Square, June 29 C; Sept 22 N
Uinta Mountains, July 60 N, C, D, 62 S
Wagon train trips, Mar 62 all

Washington
Aberdeen, logger statue, Jan 6 N
Ariel, Northwest Indian legend performances, May 98 N
Bellevue, Bellefields Nature Park, Apr 40 N
Cascade Mountains
Alpine Lakes country, Aug 46 all
Baker River wilderness hike, May 34 N
Monte Cristo back country loop drive, Oct 30 N
White Pass ski area, Jan 26 N
Winter road information, Feb 6 N
Des Moines area, Saltwater State Park, storm watching, Mar 6 N
Dungeness, Christmas house, Dungeness schoolhouse, Dec 23 N
Ellensburg to Yakima via Jacob Durr Wagon Road, Nov 4 N
Gift shopping, Northwest museums, Dec 76 N

Washington (Cont.)
Grayland area, cranberry harvest, Sept 6 N
Hoquiam, Hoquiam Castle, Jan 4 N
Kennewick, Tumbleweed Rodeo, Aug 3 N
Lynden, International Plowing Match, Apr 38 N
Marrowstone Island, Jan 4 N
McAdam area, Palouse Falls State Park, Dec 36 N
Mount Rainier N.P., Kautz Creek mud flow area hike, Oct 56 N
North Cascades N.P., new highway crossing, June 92 all
Ocean Shores, *S.S. Catala* shipwreck, Nov 3 N
Odessa, Deutschesfest, Sept 6 N
Olympic N.P.
Hurricane Ridge, alpine flowers, July 26 N
Olympic National Park, book review, Jan 39 all
Pasco area
Juniper forest, sand dunes, June 6 N
Snake River at Martindale, fishing, Aug 6 N
White Bluff Road along Columbia River, Apr 10 N
Port Gamble, company town restoration, Oct 7 N
Puget Sound
Bicycling the Backroads Around Puget Sound, book review, May 6 N
Oyster picking, June 28 N
Pacific International Yachting Assn. Championships, film, Mar 8 N
Puyallup Valley Daffodil Festival, Apr 10 N
Redmond, Pioneer Crafts Day, Apr 7 N
Renton, Lake Washington Beach Park, July 3 N
Seattle
Bumbershoot Festival, Aug 21 N
"Christmas Around the World", Seattle Museum of History and Industry, Dec 6 N
Downtown area, free bus, Oct 70 all
Folk dance cafe, Oct 94 all
Harbor Tour excursions, June 3 N
Hiram M. Chittenden Locks, Sept 196 all
Hiram M. Chittenden Locks, botanical gardens, Oct 238 N
Musical cruises on *Virginia V*, July 28 N
Northwest Regional Folk Life Festival, May 38 N
Pier 70, Feb 36 N
Sea-Tac Air Terminal, Nov 50 N
Volunteer Park Conservatory, Feb 4 N
Wax museum, Pioneer Square, Feb 30 N
Spokane, Expo '74, Nov 46 all
Tacoma Agate Club's Gem and Mineral Show, Mar 8 N
Tacoma, Sea-Tac Air Terminal, Nov 50 N
Train, steam, excursions, June 52 all
Vantage area, Colockum Wildlife Recreation area, petrified wood, May 6 N
Vashon Island, exploring, May 58 N
West Seattle, Camp Long, rock climbing, Schurman Rock, Dec 8 N
Yakima area, Fort Simcoe, Apr 14 N
Yakima to Ellensburg via Jacob Durr Wagon Road, Nov 4 N

West Indies
Virgin Islands
Buck Island Reef N.M., underwater nature trail, Feb 32 all

Environment and Environmental Action

Community Projects
Freeway mural by youngsters, Duarte, Calif., Sept 104 S, D
Gardens, community, Feb 170 C
Gem, mineral, and historical museum, Taylorsville, Calif., July 28 C
Mine shaft fencing, California desert, Nov 56 all
Neighborhood Youth Corps workers for work projects, Mar 239 N
Patchwork factory, Spokane, May 139 all
Pollution patrol, Oceanic Society, San Francisco Bay Area, Oct 34 all
Red Car, Seal Beach, Calif., May 139 all
Rediscover America Program, May 138 all
Schoolhouse restoration, San Rafael, Calif., May 138 all
Steambed kept natural, Sacramento, Oct 138 N
Tree planting, San Francisco's Sunset district, Feb 82 all
Tyron Creek State Park, Portland, June 30 N

Nature
Arboretum, Elysian Park, Los Angeles, May 38 S, D
Bird walks, Descanso Gardens, La Canada, Calif., Mar 5 S
Botanic Garden, Palermo, Sicily, June 214 N, 225 S, D
Botanical Garden, Kula, Maui, Hawaii, Mar 58 all
Comet Kohoutek, places to view, Dec 4 C, D
Conservatory, Volunteer Park, Seattle, Feb 4 N
Desert Reserve, Living, Palm Desert, Calif., Feb 46 N, C, 36 S, D; Nov 3 S, D
Desert walks, auto tours, Anza-Borrego Desert State Park, Calif., Mar 6 S
Estuary, Morro Bay, Calif., Aug 22 S, D
Farmyard, San Diego County Humane Society, San Diego, Dec 3 S
Forest, children's San Bernardino National Forest, Calif., Aug 6 S
Forest, juniper, near Pasco, Wash., June 6 N

Nature (Cont.)
Forest, underwater, Clear Lake, Oregon Cascades, June 4 N
Game Farm, Vancouver, Aldergrove, B.C., Apr 60 N
Geese, Canada, Folsom Lake, Folsom, Calif., Dec 33 C
Geological Area, Lava Cast, near Bend, Ore., Nov 26 all
Geological Society field conference, Monument Valley, N. Mex., Oct 8 D
Geysers, geothermal generating plant, near Calistoga, Calif., Sept 3 C
Grouse, Mono County, Calif., Feb 35, S, D
Marine life collection, Kahala Hilton, Honolulu, Dec 28 all
Marine Reserve, James V. Fitzgerald, Half Moon Bay, Calif., May 8 C
Nature Conservancy-Murphy Preserve, May 5 S
Nature trail, underwater, Buck Island Reef N.M., Virgin Islands, Feb 32 all
Observatory, Lowell, Flagstaff, viewing stars, Aug 3 D
Petrified wood, Colockum Wildlife Recreation Area, near Vantage, Wash., May 6 N
Planetarium, Kendall, Portland, Christmas program, Dec 6 N
Rock Gardens, Petersen, Redmond, Ore., June 27 N
Saguaro blossoms, Saguaro N.M., Ariz., May 6 D
Scientific research expeditions, EEI, Nov 34 all
Seals, elephant, Año Nuevo Island, off Calif. coast, Dec 34 C
Trees, elephant, Anza-Borrego Desert State Park, Calif., Mar 34 all
Whale show, Sealand aquarium, Victoria, B.C., Feb 3 N
Whales, California gray, exhibit, California Academy of Sciences, San Francisco, Dec 53 all
Whales, dolphins, sea lions, viewing, So. Calif. boat excursions, Dec 34 S, D
Wildflower drive near John Day, Ore., to U.S. Hwy. 20, May 8 N

Nature (Cont.)
Wildflowers, Calif. and Ariz. deserts, Mar 48 all
Wildflowers, Hurricane Ridge, Olympic N.P., Wash., July 26 N
Wildflowers, near Jolon, Calif., Apr 10 C
Wildflowers, Southwest desert, Mar 248 all
Wildflowers, Tucson area, Apr 8 D
Wildlife Refuge, Colusa National, Colusa, Calif., Apr 58 C
Zoo, San Diego, Cascade Canyon, Oct 8 S; Nov 23 N, C

Open Space and the Efforts to Preserve it
Alpine Lakes country, Washington Cascades, Aug 46 all
Anza-Borrego Desert Protective Council, Calif., Mar 34 all
Bay tree, San Mateo, Calif., Apr 258 C
Bellefields Nature Park, Bellevue, Wash., Apr 40 N
California's recent steps towards conservation, Aug 156 all
Escalante Canyon, Utah, Mar 36 all
Estuary, Morro Bay, Calif., Aug 22 S, D
French Pete Creek Valley, Ore., May 56 N
Land plans, whole-state, Nov 256 all
Nature gifts from conservation organizations, Dec 80 all
Orchard adjacent to residential area, Orange County, Calif., Nov 256 all
Phoenix Mountain Preserve, Phoenix, Oct 7 D
Santa Monica Mountains, So. Calif., parks proposal, Jan 148 all
Wilderness areas, visitor quotas, June 240 all

Poisons and Pollutants
Environmental clinic, Berkeley, Calif., Mar 199 C
Tree pest control program, Berkeley, Calif., Jan 125 all

Building and Remodeling

Bathrooms
Bathroom gardening, ideas for light, display, Apr169 all
Bathtub doors, vertical sliding, Sept 112 all
New bath from salvaged ships, July 108 all
Remodeled 30-year-old bathroom done by woman, Nov 122 all
Shower curtain, umbrella-type, Jan 64 all
Sink installed in antique wash stand, Sept 102 all
Towel holders, Nov 110 S, D
Tub, shower areas made to appear larger, Mar 138 all
Tubs, wooden, Nov 88 all
Window, plant display box addition for light, privacy, Nov 145 S, D

Bedrooms
Bed, brass, expanding to king size, Nov 116 all
Beds, bunk, for small rooms, Feb 94 all
Flexible room for four sisters, Oct 151 all
Girl's room changes as she grows, Mar 114 all
Skylight over bed, May 156 all
Toy, train table storage unit, Apr 138 all

Book Reviews
How to Plan and Build Fireplaces, a *Sunset* book, Oct 152 all
Ideas for Improving Your Home, Lane annual, Sept 86 all

Cabins and Vacation Houses
Beach house nestled behind sand dunes, Nov 98 N
Deck safety railing-picnic table, Apr 154 all
Modules built off-site, May 190 all
Mountain cabin ideas, answers, Feb 62 all

Furniture
Bed, brass, expanding to king size, Nov 116 all
Beds, bunk, for small bedrooms, Feb 94 all
Bookshelf system, freestanding, Feb 106 N, C
Bookshelves, pine, lightweight but strong, Aug 92 C; Sept 82 N, S, D
Casters, mover's, for heavy furniture, July 80 all
Chairs, swinging, three styles, June 98 all
Couch, bookshelf unit, built-in, Feb 100 all
Couch, built-in, Nov 109 N
Cradle, hanging, June 106 all

Furniture (Cont.)
Cubes for work, play, Apr 180 all
Hammockry, ideas, Aug 98 N, S, D; Sept 58 C
Lounge or bed from big cushions, May 170 all
Table, glass, plastic tube protector, Aug 72 all
Table, octagonal, and bench set, Aug 81 all
Table, make-up, May 153 all
Table, patio, built with blocks, May 160 all

Garages, Carports
Bicycle storage, space-saving, Jan 70 all
Bike storage rack, July 90 all
Boat garage, July 102 N
Parcel door in carport to kitchen, May 163 all
Pet exit without jeopardizing security, Mar 102 all

Home Materials and Equipment
Attic ladders, four types, Apr 160 all
Bathtub doors, vertical sliding, Sept 112 all
Carpet, hemp doormats, Aug 72 all
Concrete building blocks, Sept 60 all
Fireplaces, prefabricated, Feb 84 all
Floor tile, resilient, how to lay, Sept 86 all
Ground fault interrupters, electric shock, fire protection, Aug 82 all
Paneling, benderboard, May 187 all
Shower curtain, umbrella-type, Jan 64 all
Sun control, reflective film, July 80 all

Houses
American Institute of Architects-*Sunset Magazine* Western Home Awards:
Announcement of 1973 winners, Oct 76 all
Beach house for year-round living, Oct 81 all
Camp-house, Oct 82 all
Experimental tower house, Oct 90 all
Glass greenhouse sections form walls, ceiling, Oct 78 all
Mountain house, year-around, Oct 83 all
Pole-framed hillside house, Oct 79 all
Remodel gains third floor, Oct 83 all
Residential development projects, Oct 84 all
Roof is lawn, Oct 86 all
Sea Ranch all-wood house, Oct 82 all
Skylight, sensational, Oct 83 all
Space organized by structural columns, Oct 80 all

—Beach
Concrete block house for durability, low maintenance, Sept 64 all
Courtyard enclosed for privacy, wind control, May 194 N
Entry grates for foot stomping, Apr 144 all
House for year-around living, Oct 81 all

—Desert
House kept cool with plants, house design, Nov 234 D
Three homes designed to take advantage of sun, Apr 98 N, C, D

—General
Changing Western Home in review, May 147 all
Experimental tower house, Oct 90 all
Garden views, house designed for, June 226 N
Glass greenhouse sections form walls, ceiling, Oct 78 all
House that works like greenhouse, Nov 86 all
Private outdoor spaces on narrow lot, June 133 all
Residential development projects, award-winning, Oct 84 all
Roof is lawn, Oct 86 all
Skylight, sensational, Oct 83 all
Skylights bring light into forest house, May 201 all
Space organized by structural columns, Oct 80 all

Houses (Cont.)
—Hillside
Barn house, Mar 142 C
Camp-house, Oct 82 all
House built around outdoor room, Jan 79 all
Mountain house, year-around, Oct 83 all
Pole-framed home, Oct 79 all
Sea Ranch all-wood house, Oct 82 all

—Ideas (Misc.) and Special Rooms
Attic ladders, four types, Apr 160 all
Balcony play area, Apr 146 all
Carpet, hemp doormats, Aug 72 all
Ceiling, laminated wood, Apr 122 all
Clothes racks, space-saving, Feb 106 S, D; Mar 120 C
Concrete building blocks, ideas, Sept 60 all
Conversation cove off end of kitchen, Jan 68 N, C
Door, entry, new face for, Mar 136 all
Door, front, decorated with wood mosaic, Apr 136 all
Entry grates for foot stomping, Apr 144 all
Fireplaces, prefabricated, Feb 84 all
How to Plan and Build Fireplaces, a *Sunset* book, Oct 152 all
Ideas for Improving Your Home, a *Sunset* book, Sept 86 all
Mirror magic, June 94 all
Music-family room addition, July 74 all
Paneling, benderboard, May 187 all
Pet exit without jeopardizing security, Mar 102 all
Poolroom, basement, Oct 146 all
Putting green, all-weather, Jan 86 S, D; Mar 146 N; May 188 C
Room divider built of boxes, Apr 129 all
Shelves as space fillers, Apr 156 all
Skylight over fireplace, Nov 143 all
Stairwell is art gallery, Mar 130 all
Sun control, reflective film, July 80 all
Sun heats experimental house, Nov 104 all
Wall, fold-away, between living room, patio, Apr 173 all
Window, bay, and seat, contemporary, Oct 154 N; Nov 109 C
Window, bubble, May 194 C, S, D; July 100 N

—Remodeling
Atrium, kitchen, entry, courtyard for older tract house, Sept 76 N
Bath from salvaged ships, July 108 all
Bathroom, 30-year-old, by woman, Nov 122 all
Bathroom window, plant display box addition for light, privacy, Nov 145 S, D
Dining room, gallery added to small house, Apr 185 all
Entry gallery addition, May 196 all
Fireplaces, prefabricated, Feb 84 all
Ideas for Improving Your Home, Lane annual, Sept 86 all
Kitchen, farmhouse, partially remodeled, Mar 100 all
Kitchen addition to breezeway area, Aug 92 N
Kitchen designed around antique stove, Mar 95 all
Kitchen enlarged by removing wall, May 175 all
Kitchen inspired by old building materials, Mar 98 all
Kitchen with collectibles, improved efficiency, Nov 110 N, C
Kitchen with greenhouse window, Feb 88 all
Kitchen with island for large family, May 220 N; July 110 S, D
Kitchen with low work surfaces for small cook, Mar 120 N, S, D; Sept 82 C
Living room addition, contemporary, July 93 all
Living room addition with open mansard ceiling, Nov 133 N, C
Music-family room addition, July 74 all

Houses (Cont.)
—Remodeling (Cont.)
New façade, outdoor room, Sept 76 S, D
Recital room, window wall addition, Jan 83 all
San Francisco flat gains third floor, Oct 83 all
San Francisco town house, new steel frame, June 76 all

Kitchens
Compact townhouse kitchen, Sept 104 N; Oct 136 C, S, D
Conversation cove off end of kitchen, Jan 68 N, C
Countertop inserts, tile, for hot pans, Nov 126 all
Cupboard, one stud deep, Sept 101 all
Different cooks, eight different kitchens, Mar 92 all
Efficient kitchen with Mexican artifacts, Mar 94 all
Elevated kitchen next to living-dining area, Mar 96 all
Faucet, swiveling, for filling vases, buckets, Mar 102 all
Greenhouse window, Feb 88 all
Herb garden in kitchen window, Mar 205 all
Kitchen addition to breezeway area, Aug 92 N
Kitchen with island for large family, May 220 N; July 110 S, D
Low work surfaces for small cook, Mar 120 N, S, D; Sept 82 C
New kitchen, atrium, entry, courtyard for older tract house, Sept 76 N
Open plan kitchen, Mar 97 all
Outdoor food preparation counter for entertaining, Mar 97 all
Parcel door from carport to kitchen, May 163 all
Partially remodeled farmhouse kitchen, Mar 100 all
Peninsula arrangement in open kitchen, Apr 195 all
Remodel, kitchen enlarged by removing wall, May 175 all
Remodel inspired by old building materials, Mar 98 all
Remodel with collectibles, improved efficiency, Nov 110 N, C
Remodeled kitchen designed around antique stove, Mar 95 all
Storage, convenient "live" and hideaway "dead" storage, Nov 124 all
Triangle kitchens are step savers, Sept 76 C
Uncluttered kitchen for young, active family, Mar 99 all
Wall covered with redwood lath, Nov 14 all

Lighting
Home gallery lighting, Jan 64 all
Lamp kit, ready-to-assemble, Oct 108 all
Lamps, offbeat, Sept 96 all
Reading light grips shelf, Oct 135 all
Skylight over bed, May 156 all
Skylight over fireplace, Nov 143 all
Skylights bring light into forest house, May 201 all
Window, bubble, May 194 C, S, D; July 100 N

Storage
Bicycle, space saving, Jan 70 all
Bike storage rack for garage, July 90 all
Bookshelf system, freestanding, Feb 106 N, C
Carpet, how to store, Mar 102 all
Christmas tree lights, snarl-free, Jan 76 all
Clothes racks, space-saving, Feb 106 S, D; Mar 120 C
Kitchen, convenient "live" storage and hideaway "dead" storage, Nov 124 all
Kitchen cupboard, one stud deep, Sept 101 all
Logs, "sawdust," dry storage, Feb 88 all
Toy, train table storage unit, Apr 138 all
Wall storage, one stud deep, Sept 101 all

Home Management

Maintenance
Adhesives, liquid acrylic, new, June 104 all
Drains, unclogging with pulsating device, Oct 108 all
Drill, cordless, Nov 104 all
Furnace filters, checking, Feb 88 all
Garden tools, sharpening, Mar 220 all
Rasps, new styles, June 104 all
Wrench, push-button, Apr 122 all

Miscellaneous
Attic ladders, four types, Apr 160 all
Barbecue starter, July 80 all

Miscellaneous (Cont.)
Bicycle, correct size, Nov 114 all
Bicycle storage, space-saving, Jan 70 all
Carpet, how to store, Mar 102 all
Casters mover's, for heavy furniture, July 80 all
Christmas tree lights, storage, Jan 76 all
Concrete, unwanted, breaking, Feb 172 C
Crickets, musical pets, Sept 174 N, C, D
Fireplace, smoky, solutions for, Jan 64 all
Floor tile, resilient, how to lay, Sept 86 all
Gas leaks, preventing, detecting, Feb 104 all
Ground fault interrupters, electric shock, fire protection, Aug 82 all

Miscellaneous (Cont.)
Indian baskets, proper care, June 131 all
Insurance, earthquake, June 122 all
Logs, "sawdust," dry storage, Feb 88 all
Picture hang-ups, pull-top, Aug 72 all
Plastic, clear, applying to wood, Mar 126 all
Scissors and shears, Dec 94 all
Shower curtain, umbrella-type, Jan 64 all
Sleep pads, air mattresses, Aug 58 all
Table, glass, plastic tube protector, Aug 72 all
Truck-camper combinations, matching up, Jan 36 all
Water in toilet tank, conserving, Oct 108 all

Outdoor Building

Benches
Bench-planter, June 219 C, S, D
Garden bench, woolly thyme, June 209 all
Sturdy bench, two versions, Feb 118 all

Book Reviews
How to Build Decks, Sunset book, June 124 all
June 124 all
How to Build Walks, Walls & Patio Floors, a *Sunset* book, June 124 all
Things to Make for Children, a *Sunset* book, Nov 106 all

Children's Play Areas
Basketball standards, sturdy, June 139 all
Climbing towers of wooden poles, Apr 158 all
Play dome, Jan 52 all
Play structure like extension of house, Jan 72 all
Playground show, deYoung Museum, San Francisco, Oct 118 C
Playhouses, four ideas, Aug 68 all
Sandbox downhill from deck, Aug 92 S, D; Sept 104 C
Sandbox is future planter, May 150 all
Slide reached through barrel, Sept 168 all
Things to Make for Children, a *Sunset* book, Nov 106 all

Fences, Gates, Screens
Concrete building blocks, ideas, Sept 60 all
Divider screen of weathered wood, Sept 114 all
Fence, open-bottom, Aug 144 N, 148 C
Fence, slate-rough redwood, Apr 276 D
Fence, removes for boat storage, Oct 128 all
Fence encloses private garden from public garden, Aug 142 N, 138 S, D
Gate, for pool safety, Mar 148 all
Gate, sturdy but lightweight, May 158 all; Oct 154 C, S, D
Lath screen, overhead for privacy, shade, plants, Sept 84 C, S, D
Railing, nylon rope, Apr 182 all
Screen trellis, planter to camouflage electric meter, July 82 all

Greenhouses, Plant Shelters
Frost frame, fold-up, Oct 210 N
Greenhouse, almost automatic, Feb 180 all
Greenhouse, portable plastic, June 104 all
Greenhouse built from old windows, Sept 182 N; Oct 240 C, S, D
Greenhouse entry utilizing old windows Aug 136 N
Greenhouse in the round, Nov 255 S, D
Lath screen, overhead for privacy, shade, plants, Sept 84 C, S, D
Plant starter box, Sept 162 C, S; Oct 232 N, 212 D

Miscellaneous
Bird feeder, ceramic, Oct 136 N; Nov 98 C, S, D
Boat garage, July 102 N
Box garden, flower and vegetable, July 72 all
Canoe harbor at lawn edge, Apr 290 N
Concrete. breaking unwanted, Feb 172 C
Entry, trellis-covered, Mar 108 all
Entry gong, pipe, Oct 108 all
Entry remodel, trellis, flower bed, steps, Mar 236 N; June 216 S, D
Entry walk over drainage ditch, Apr 264 all
Firepit in circular patio, Sept 168 all
Garden hose, box to hide, Mar 129 all
Garden hose hanger ideas, May 277 all
Hammockry, Aug 98 N, S, D; Sept 58 C
House number ideas, Apr 106 all
Mailbox, wood, freestanding, Oct 129 all
Parking space, off-street, cut into hillside, Nov 145 N, C, 133 S, D
Pots and planters on posts, Oct 102 all
Privacy for outdoor living areas, May 312 N; June 226 C, S, D
Putting green, all-weather, Jan 86 S, D; Mar 146 N; May 188 C
Railing, nylon rope, Apr 182 all
Railroad ties uses, Sept 72 all
Rainwater, collecting, Jan 86 N, C, 58 S
Raised planting bed faced with pebble mosaic, Sept 178 D
Retaining wall supports provide squares for plants, Mar 112 all
Shower on outside wall of house, Aug 76 all
Sleeping places, outdoor, July 66 all
Spa, backyard, Aug 60 all
Storage wall, double duty, Oct 116 all
Sunning platforms, Aug 90 all
Table, patio, built with blocks, May 160 all
Trellis, shade, from wires, June 202 all
Trellis covers outside wall, Apr 166 all
Water chimes from wind chimes, July 151 C

Outdoor Lighting
Garden lights from wine bottles, June 78 all

Patios and Decks
Courtyard, front entrance, Mar 146 C, S, D
Courtyard garden for shade-loving plants, Sept 166 N, C
Deck, cool shelter for south exposure, Oct 118 S. D
Deck, sandbox, hillside garden, Aug 92 S, D; Sept 104 C
Deck trilevel, in tranquil garden, July 78 all
Deck built over drainage ditch, July 166 C, S, D; Sept 195 N
Deck fence of mop handles, June 112 all

Patios and Decks (Cont.)
Deck makes entry pocket patio, Aug 87 C, S, D
Deck railing, inexpensive metal, Nov 104 all
Deck railing with sunken pots, Sept 160 N
Deck safety railing-picnic table, Apr 154 all
Decks fit outdoor living into tight space, June 80 all
Decks for outdoor living in aspen grove, July 164 N
Entry deck appears to float on two pools, Mar 108 & 111 all
Food preparation counter, Mar 97 all
How to Build Decks, Sunset book, June 124 all
How to Build Walks, Walls & Patio Floors, a *Sunset* book, June 124 all
Outdoor room, house built around, Jan 79 all
Outdoor room addition to remodeled house, Sept 76 S, D
Patio, entry walk, concrete tile, Aug 136 C, D; Sept 180 N, 174 S
Patio, split concrete block paving, Nov 112 N
Patio is part of storage wall, Oct 116 all
Patio is private desert garden, Aug 130 D
Private narrow-lot outdoor spaces, June 133 all
Shelter for pool privacy, entertaining, June 114 all
Teahouse, authentic Japanese garden Oct 230 C
Wall, fold-away, between living room, patio, Apr 173 all

Paving
(See Gardening and Landscaping section)

Steps and Stairs
Garden steps, three easy-to-install, July 170 N, C; Sept 186 S, D
Stairway with container plants at end of steps, Mar 119 all
Steps, broad, to stabilize hill, Apr 140 all

Swimming Pools, Shelters
Backyard spa, Aug 60 all
Garden remodel with pool, change room, canopy, games, June 102 N
Gate, for pool safety, Mar 148 all
Ground fault interrupters, electric shock protection, Aug 82 all
Pool, deck built for under $1000, Apr 104 all
Pool on steep woodsy slope, June 200 N
Pool with natural rock, Sept 93 all
Shelter for pool privacy, June 114 all
Shower on outside wall of house, Aug 76 all
Winter swimming, ways to stretch season. reduce cost, Nov 136 N, C, 137 S, D

Workshop and Craft Projects

Book Reviews
Ceramics, Techniques and Projects, a *Sunset* book, Nov 130 all
Redwood Wine Rack Construction Plans, booklet review, Sept 112 all
Quilting & Patchwork, a *Sunset* book, May 166 all
Things to Make for Children, a *Sunset* book, Nov 106 all
Things to Make with Leather, a *Sunset* book, Apr 126 all
Tools & Equipment for the Creative Crafts, catalog, Feb 88 all

Crafts, Misc.
Basket weaving, Jan 56 all
Bed, brass, expanding to king size, Nov 116 all
Bird feeder, ceramic, Oct 136 N; Nov 98 C, S, D
Candleholders, baker's dough, Apr 130 all
Candles, sand, making at beach, Nov 109 S, D
Ceramics, Techniques and Projects, a *Sunset* book, Nov 130 all
Christmas cards, paraffin block-printed, Dec 107 all
Christmas ornaments, straw, Dec 110 all
Christmas tree ornaments from wood shavings, Dec 64 all
Collars, handwoven without loom, May 182 all
Felt city, Oct 130 all
Garden lights from wine bottles, June 78 all
Gift wraps, personalized, Dec 90 all
Keyholders, leather, Dec 86 all
Lamps, offbeat, Sept 96 all
Lettering, transfer, Mar 122 all
Light, reading, grips shelf, Oct 135 all
Lights, outdoor, candle-powered, Dec 120 all
Lounge or bed from big cushions, May 170 all
Marionettes, leather, bead bodies, Oct 143 all
Multi-candles, Dec 58 all

Crafts, Misc. (Cont.)
Oven, smoke, easy-to-make, June 82 all
Oven, smoke, questions, Sept 112 all
Picture border, matted, Feb 110 all
Picture hang-ups, pull-top, Aug 72 all
Plant containers, plumbing elbow, Mar 145 all
Play dome, Jan 52 all
Potato block printing, Apr 148 all
Potpourri, how to make, June 230 C; Aug 140 N
Pumpkins, ugly, carving ideas, Oct 111 all
Puppet theater to set up in seconds, Feb 120 all
Star from wood shavings for treetop or window, Dec 66 all
Sweep-up pan for garden, Nov 112 C
Things to Make for Children, a *Sunset* book, Nov 106 all
Things to Make with Leather, a *Sunset* book, Apr 126 all
Tools & Equipment for the Creative Crafts, catalog, Feb 88 all
Trivet, cork, June 109 all
Yarn ball full of surprises, Dec 83 all

Sewing
Advent calendars, two variations, Dec 84 all
Aprons, gardening, July 110 N; 100 C, S, D
Blanket, electric, new cover for, Feb 90 all
Blinds, Roman, Apr 176 all
Felt city, Oct 130 all
Napkins, giant, Aug 88 all
Pan handler, Sept 116 all
Patterns, *Sunset*, how to transfer, July 104 N
Pillows from Oriental kites, Sept 98 all
Puppet theater to set up in seconds, Feb 120 all
Quilt covers, ready-made, Apr 202 all
Quilting & Patchwork, a *Sunset* book, May 166 all
Quilts, four unconventional, Feb 70 all
Scissors and shears, Dec 94 all
Tarp-tents, simple-to-make, June 134 all
Toy, nesting, from felt, Mar 140 all
Vest, fleecy, Dec 78 all

Woodworking
Appleabras, candelabras made from pine, Dec 115 all
Beds, bunk, for small bedrooms, Feb 94 all
Bench, garden, two versions, Feb 118 all
Bench-planter, June 219 C, S, D
Birdhouses, interesting, May 188 N, S, D
Bookshelf system, freestanding, Feb 106 N, C
Bookshelves, pine, lightweight but strong, Aug 92 C; Sept 82 N, S, D
Candle holder, 44 candles, suspended over table, Dec 99 all
Chairs, swinging, three styles, June 98 all
Clamp kit for long pieces of wood, Sept 112 all
Clock, new oak case, July 86 all
Couch, bookshelf unit, built-in, Feb 100 all
Couch, built-in, Nov 109 N
Cubes for work, play, Apr 180 all
Display box for collections, Jan 66 all
Divider screen from weathered wood pieces, Sept 114 all
Door, entry, new face for, Mar 136 all
Door, front, decorated with wood mosaic, Apr 136 all
Game board, kalaha, Mar 133 all
Game board, konane, Mar 133 all
Lamp kit, ready-to-assemble, Oct 108 all
Mailbox, free-standing, Oct 129 all
Photo display blocks, simple, Oct 115 all
Plant boxes to hide unattractive containers, June 128 all
Playhouses, four ideas, Aug 68 all
Planters, weathered wood, July 94 all
Redwood Wine Rack Construction Plans, booklet review, Sept 112 all
Room divider built of boxes, Apr 129 all
Skiing on barrel staves, Mar 150 all
Slot car race layout, Apr 174 all
Sunning platforms, Aug 90 all
Table, octagonal, and bench set, Aug 81 all
Table, make-up May 153 all
Table, patio, built with blocks, May 160 all
Tabletop for ping-pong, pool, Sept 109 all
Towel holders, Nov 110 S, D
Toy village, miniature, Dec 74 all
Wood-guide platform for cutting plywood sheets, Oct 122 all

Christmas Ideas

Christmas Trees
Living, junipers, columnar, Dec 173, C, S, D

Crafts and Decorations
Appleabras, candelabras made from pine, Dec 115 all
Candle holder, 44 candles, suspended over table, Dec 99 all
Christmas cards, paraffin block-printed, Dec 107 all
Conifers, little, in pots, Dec 183 all
Garlands, seeds, berries for, Dec 174, C, S
Gift wraps, personalized, Dec 90 all
Greens from the garden, Dec 186 N
Ideas from Sweden, Dec 54 all
Lights, outdoor, candle-powered, Dec 120 all
Mistletoe, pine cone hunting, national forests, Dec 4 S

Crafts and Decorations (Cont.)
Multi-candles, Dec 58 all
Ornaments, straw, Dec 110 all
Ornaments from wood shavings, Dec 64 all
Star from wood shavings for treetop or window, Dec 66 all

Gift Ideas
Advent calendars, two variations, Dec 84 all
Kachinas, Hopi, dividing for gifts, Dec 18[illegible] N, S, D
Art, jewelry, science gifts, Calif. museums, Dec [illegible] N, S, D
Botanical gardens, So. Calif., gift shopping, Dec 8 S, D
Cookies, ginger greeting card, Dec 156 all
Ethnic arts, crafts, So. Calif. museums, Dec 76 S

Gift Ideas (Cont.)
Fruitcake bonbons, Dec 130 all
Fruitcake rounds, colorful, Dec 130 all
Gardeners, indoor, fifteen gift ideas, Dec 176 all
Gift shopping, Guadalajara, Mexico, Dec 38 all
Gift shopping, Northwest museums, Dec 76 N
Gift shopping in feed stores for gardeners, backyard farmers, Dec 186 S, D
Gift wraps, personalized, Dec 90 all
Hats, Western, Dec 72 all
House plants, fail-safe, Dec 173 N
Kachinas: A Hopi Artist's Documentary, book review, Dec 26 all
Keyholders, leather, Dec 86 all
Mustards, homemade, four flavored, Dec 140 all

Gift Ideas (Cont.)
ature gifts from conservation organizations, Dec 80 all
otting soil mix for gardener, Dec 70 all
an Francisco Bay Area museums, gift ideas, Dec 33 N, 76 C
cissors and shears, Dec 94 all
outhwest Indian, international gifts, Arizona museums, Dec 76 D
outhwest Indian Painting, book review, Dec 26 all
tocking stuffers from Oriental stores, Dec 102 all
oy village, miniature, Dec 74 all
est, fleecy, Dec 78 all
Vatering can, English, Dec 174 C, D
arn ball full of surprises, Dec 83 all

Seasonal Food and Entertaining
Appetizer meatballs, Korean, Dec 166 all
Appetizers, herring, five recipes, Dec 170 all
Bread, mincemeat orange, Dec 128 N, 137 S, D
Breakfast, Christmas, Scandinavian-style, Dec 158 all
Buns, Lucia, Dec 57 all
Café chocolate, Dec 142 all
Cake, mincemeat, with brandy sauce, Dec 128 N, 137 S, D
Candle wreath loaf, Dec 162 all
Chestnut puff, Dec 152 all
Christmas buffet, Swedish country, Dec 68 all
Coffee bread, Yugoslavian (potica), Nov 177 all

Seasonal Food and Entertaining (Cont.)
Cookies, ginger greeting card, Dec 156 all
Fruitcake bonbons, Dec 130 all
Fruitcake rounds, colorful, Dec 130 all
Glögg, flaming, Dec 62 all
Glögg, spiced, Dec 62 all
Ham, mustard-glazed, Dec 164 all
Holiday braid, Czechoslovakian (houska), Nov 178 all
Liver loaf, Dec 164 all
Meatballs, salsa, festive Dec 168 all
Nog, holiday coffee, Dec 142 all
Pie, cranberry chiffon Dec 125 all
Sausage balls, glazed Dec 168 all
Soup, chestnut, Dec 152 all
Tart shells, almond, Dec 138 all

Food and Entertaining

Appetizers
Almond shrimp, Sept 67 all
Appetizer crab puffs, Apr 212 N, C; June 182 S, D
Appetizer meatballs, deviled, Jan 97 N, 101 C; Apr 222 S, D
Appetizer meatballs, Korean, Dec 166 all
Cheddar tarts, Jan 91 all
Cheese balls, freezer, June 193 all
Chicken, spinach-wrapped, with Oriental dip, Apr 206 all
Chicken giblets, piquant, July 119 N; Nov 170 S, D
Curry puffs, Dec 133 all
Garlic cheese dip, July 138 all
Ham, papaya cubes, Apr 205 all
Ham appetizers, mustard sauce, Apr 248 all
Ham cubes, aioli sauce, Sept 67 all
Herring, baked smoked, Dec 170 all
Herring, glassblower's (glasmästarsill), Dec 170 all
Herring, pickled (inlagd sill), Dec 170 all
Herring salad (sillsallad), Dec 170 all
Herring with dill, juniper, Dec 170 all
Jicama, beef sauté, Jan 101 N, S, D; Feb 139 C
Kidney bean, onion salad, Sept 67 all
Legume fritters (pakoras), Nov 153 all
Lemon almond scallops, Apr 205 all
Lentil pakoras, Nov 153 all
Mushrooms, tomatoes, marinated, July 119 N; Nov 168 S, D
Parmesan fondue, creamy, June 193 all
Parsley shrimp balls, July 119 N; Nov 170 S, D
Pepper strips, sautéed, Sept 67 all
Peppers, red, marinated roasted, Nov 200 all
Picadillo pastries, Sept 67 all
Salsa meatballs, festive, Dec 168 all
Samosas, Indian, Feb 167 all
Sausage balls, glazed, Dec 168 all
Spring rolls, Dec 150 all
Squash blossom appetizers, cheese-stuffed, Aug 63 all
Tofu tuna puffs, Apr 206 all
Turkey, green chile tumble, Oct 176 N, S, D
Turkey, vegetable tumble, Oct 176 N, S, D
Vegetable pakoras, Nov 153 all
Vegetable relish dip, Dec 128 C

Baking
Breads
Quick Breads
apricot nut, Apr 187 all
baking mix, Sierra camp, June 190 N, C; July 147 S, D
biscuits or short cakes, frying pan, June 190 N, C; July 147 S, D
chapaties, whole wheat, Sept 78 all
cheese puffs, Mexican, Apr 212 N, C; June 182 S, D
crackers, wheat, thin, Feb 138 S, D
dumplings, corn, with short ribs, May 203 all
dumplings, Dutch oven, June 190 N, C; July 147 S, D
herb, for chicken sandwich, Apr 189 all
mincemeat orange, Dec 128 N, 137 S, D
muffins, bacon bran, Nov 155 all
muffins, bran, ready-bake, Feb 164 all
muffins, date-nut persimmon, Nov 182 all
muffins, orange yogurt, Oct 100 all
muffins, persimmon, Nov 182 all
oat, cheese cutouts, July 112 all
onion cakes, Chinese, Nov 194 all
orange banana, Sept 118 all
persimmon currant loaves, Nov 180 all
raisin graham loaf, Mar 154 all
scones, date nut, Feb 125 all
soda, Irish tea, Oct 206 all
soda, whole-grain Irish, Oct 206 all
Yeast Breads
almond raisin ring, Feb 134 all
baguette, Jan 94 C, S, D
baking mix, soy-wheat camp, June 190 N, C; July 147 S, D
bread strips, Chinese fried, Jan 98 N, S, D
brioche, individual, Mar 171 all
buns, Lucia, Dec 57 all
buns, picnic pork, Oct 159 all
candle wreath loaf, Dec 162 all
cinnamon swirl loaf, Oct 157 all
cinnamon twists, May 228 all
coffee, Yugoslavian (potica), Nov 177 all
doughnuts, Halloween, quick, Oct 195 all
egg, twisted, Oct 100 all
Finnish farmer, Apr 196 all
French, shortcut sourdough, Nov 160 all
French, shortcut sourdough, brown-and-serve, Nov 162 all
French, sour rye, May 256 all
French, sourdough, *Sunset's*, May 115 all
herb, for chicken sandwich, Apr 189 all

Baking (Cont.)
Breads (Cont.)
holiday braid, Czechoslovakian (houska), Nov 178 all
muffins, sourdough English, tangy, June 178 all
oatmeal, Dartmouth, Oct 99 all
pan, sourdough whole wheat, May 258 all
pioneer, Oct 99 all
pizza, Armenian (lahmejun), Dec 127 all
pizza, Rawlings, Dec 148 all
pizza, sourdough, beef-topped, June 180 all
pocket, Feb 155 all
pretzels, rye, soft, Mar 174 all
pretzels, whole wheat, soft, Mar 174 all
rolls, flower, easy, Apr 241 all
rolls, sourdough, orange-honey, June 177 all
sourdough cheese, Nov 162 all
sourdough cornmeal, May 260 all
sourdough onion, savory, Nov 162 all
sourdough potato, May 258 all
sourdough starter '73, May 114 all
sourdough tortilla, Nov 162 all
sweet Easter ring, Apr 232 all
whole wheat batter, stored heat, July 128 all

Cakes
Almond raisin ring, Feb 134 all
Apple almond squares, Sept 119 all
Applecake, layered, baked, Nov 197 all
Applecake, Swedish, Nov 197 all
Cheesecake, cherry-topped, Feb 133 all
Cheesecake, summer, Aug 124 N, S, D, 120 C
Cheesecake, yogurt, Apr 220 all
Cheesecake, yogurt, with dates, Apr 220 all
Chocolate tweed, Apr 211 N, S, D
Cream cheese, three-ounce, Jan 103 all
Fruitcake, bonbons, Dec 130 all
Fruitcake rounds, colorful, Dec 130 all
Gingerbread, Jan 108 all
Gingercake, carrot, with lemon sauce, Apr 230 N, C
Gingercake, orange, spicy, Apr 230 N, C
Honey, Apr 230 S, D; Nov 156 C
Mincemeat, with brandy sauce, Dec 128 N, 137 S, D
Persimmon fruit, Nov 180 all
Petit fours for crowds, June 149 all
Pound, one-egg, Jan 103 all
Sponge, cherry-glazed, Feb 133 all
Sponge cake tart, Mar 161 N, S, D
Upside-down gingercake, apricot, Apr 230 N, C

Baking (Cont.)
Coffee Cakes
Chocolate nut, Jan 91 all
Coffee bread, Yugoslavian (potica), Nov 177 all

Cookies
Cheese cutouts, oat, July 112 all
Cheesecake, June 143 all
Chocolate chip grapefruit bars, Apr 212 S, D
Coconut-cereal chews, Oct 190 all
Coffee squares, spicy, Apr 212 S, D
Fruit bars, Oct 188 all
Ginger greeting card, Dec 156 all
Lebkuchen hearts (lebkuchen herzen), Feb 80 all
Oatmeal ice cream sandwiches, June 146 all
Persimmon bars, lemon-glazed, Nov 182 all
Wheat, oat drops, spiced, Oct 190 all

Pancakes and Waffles
Pancakes
aebleskivers (Danish pancake balls), Aug 103 all
breakfast cakes, Apr 244 all
campsite, June 190 N, C; July 147 S, D
chalupas, New Mexico style, June 170 all
chip cakes, Sept 138 all
crêpes, Mar 188 all
crêpes, chicken, artichoke, Mar 186 all
crêpes, spinach oven, Mar 186 all
crêpes, tomato shellfish, Mar 188 all
crêpes, trailside, June 190 N, C; July 147 S, D
Dutch (poffertjes), Dec 154 all
gold eagles, Oct 187 all
golden oven, with fruit, Aug 101 all
hot cakes, pioneer, Oct 99 all
sourdough wheat, June 178 all
zucchini, shredded, July 116 all
Waffles
heart, crisp, Aug 103 all
overnight, Aug 122 all
sourdough wheat, June 178 all

Pies and Pastries
Desserts
apple pie, one apple, Jan 103 all
cherry, red, pudding pie, Feb 125 all
coffee cream puffs, Apr 212 N, C; June 182 S, D
cranberry chiffon pie, Dec 125 all
doughnuts, Chinese (jin dui), Nov 208 all
dumplings, desserts, fruit and spice, Nov 165 all
ginger pear pie, Mar 155 all
grapefruit chiffon pie, fresh pink, Apr 208 all
hamantashen, Mar 162 all
lime chiffon pie, fresh, Apr 208 all
orange chiffon pie, Apr 187 all
persimmon chiffon pie, Nov 182 all
pizza tart, boysenberry streusel, July 143 all
pizza tart, lemon, blueberry, July 143 all
pizza tart, raspberry, [illegible] July 143 all
pumpkin, fruit chiffon pie, Nov 20[illegible] all
pumpkin ricotta custard pie, Nov 205 all
tangerine chiffon pie, fresh, Apr 208 all
tart, blueberry, cream sherry, Apr 214 all
tart, sponge cake, Mar 161 N, S, D
tart shells, almond, Dec 138 all
torte, strawberry meringue, frozen, May 209 all

Baking (Cont.)
Pies and Pastries (Cont.)
Entrées
chicken pie, South American, June 154 C
meat pies, individual, June 166 all
onion, cheese custard, Aug 100 all
pastries, rye and rice (pirakkaa), May 242 all
picadillo pastries, Sept 67 all
quiche, picnic, sausage-mushroom filling, Aug 108 all
quiche, picnic, sausage-spinach filling, Aug 108 all
quiche, tuna, Mar 192 all
samosas, Indian, Feb 167 all
tart, onion, Oct 165 all
tarts, appetizer, Cheddar, Jan 91 all

Barbecuing
Beef crusty, June 142 all
Bones, barbecued, July 136 all
Chapaties, whole wheat, Sept 78 all
Cheeseburger, Western chile, May 265 all
Chicken, Island, July 112 all
Chicken, spicy, Sept 144 all
Chicken, teriyaki, with onions, potatoes, May 231 all
Kebab sandwiches, lamb, for 100, July 71 all
Kebabs, ground lamb, July 70 all
Lamb, boned, Sept 124 all
Lamb patties, grilled, May 265 all
Pork balls, skewered, with apple, May 265 all
Sate, beef, Sept 80 all
Shish kebabs, fish, July 68 all
Skewers, lamb, vegetable, Aug 101 all
Turkey with onion stuffing, lemon-sherry gravy, Nov 155 all
Vegetables, skewered, July 70 all

Beverages
Breakfast drinks, Feb 136 all
Bull's eye, Feb 136 all
Café chocolate, Dec 142 all
Cooler, carrot, Feb 136 all
Cooler, wine, with Santa Rosa plums, Sept 156 all
Fizz, orange, banana, malt, Oct 181 all
Glögg, flaming, Dec 62 all
Glögg, spiced, Dec 62 all
Juice, pomegranate, Oct 93 all
Land and sea, Feb 136 all
Nog, holiday coffee, Dec 142 all
Tomato, Turkish, Feb 136 all
Tomato sauerkraut zinger, Feb 136 all
Vegetable, three, cup, Feb 136 all

Book Reviews
Ideas for Cooking Vegetables, a *Sunset* book, May 217 all
Recipes for Ground Beef and Other Ground Meats, a *Sunset* book, Oct 198 all

Candies
Apricot slims, Mar 195 all
Coconut date logs, Mar 195 all
Fruit, granola slices, Mar 195 all
Fruit, nut slices, Mar 195 all
Pear slims, Mar 195 all
Prune slims, Mar 195 all
Walnut nuggets, Mar 195 all

Casseroles
Bean, cheese-topped, Nov 155 all
Beans, booze-baked, May 132 all
Beef bake, Mexican, Aug 101 all
Broccoli, broiled topping, July 113 all
Cacciatore Louisa Romana, Nov 192 all
Chestnut puff, Dec 152 all
Chicken breasts, stuffed, Oct 202 N, 200 C, S, D

Casseroles (Cont.)
Chicken cacciatore, May 252 all
Chiles rellenos, marinara sauce, Feb 162 all
Coq olympian, May 132 all
Crab, crab man's, Dec 144 all
Crêpes, chicken artichoke, Mar 186 all
Crêpes, spinach onion, Mar 186 all
Crêpes, tomato shellfish, Mar 188 all
Cucumber, Sept 148 S, D
Custard, vegetable, Dec 124 all
Enchiladas, chile cheese, July 120 all
Enchiladas, ricotta cheese, May 225 all
Italian swirls, Nov 155 all
Lamb chop cassoulet a la Greene, spring, Apr 219 all
Lasagne, cheese-filled, Feb 162 all
Macaroni and cheese, red hot, Aug 114 all
Meat pies, individual, June 166 all
Pork, zucchini bake, Sept 146 all
Puddings
breakfast orange bread, June 158 S, D Oct 163 C
breakfast rice, June 158 S, D; Oct 163 C
breakfast wheat, June 158 S, D; Oct 163 C
Ratatouille with fresh tomato, June 164 all
Sausages, baked, Oct 165 all
Scallops, mushrooms au gratin, Feb 161 all
Sea noodles, Sept 134 all
Sole, baked, Duxelles, Mar 158 all
Soufflé, ricotta onion, May 225 all
Soufflé, tuna, Mar 192 all
Squash, summer, Sept 148 S, D
Squash, winter, Italian-style, Nov 158 N, C
Squash and beans, ranchero, Nov 158 N, C
Sweet potatoes, grapefruit-topped, Nov 146 all
Sweetbreads italiano, Jan 117 all
Zucchini and pimiento, July 134 all
Zucchini pork bake, July 113 all

Cereals and Macaroni
Barley pilaf with baked lamb shanks, cooked in roasting bag, Feb 127 all
Cornmeal
bread, sourdough cornmeal, May 260 all
Farina
breakfast pudding, wheat, June 158 S, D; Oct 163 C
Granola, fruit slices, Mar 195 all
Macaroni and cheese, red hot, Aug 114 all
Noodles
beef and noodles, Korean, July 119 S, D; Nov 171 N, 168 C
Italian swirls, Nov 155 all
lasagne, cheese-filled, Feb 162 all
salad, chicken, Oriental noodle, July 147 N, C
salad, Japanese cold noodle, June 168 all
Thai, crunchy (mee krob), Mar 166 all
Oatmeal
bread, Dartmouth, Oct 99 all
date-nut oats, Dec 125 all
drops, wheat-oat, spiced, Oct 190 all
Oats, Scotch, creamy, Mar 176 all
Rice
breakfast pudding, June 158 S, D; Oct 163 C
brown rice, vegetable sauté, June 142 all
cabbage rolls, mushroom rice, Nov 206 all
cereals, rice flake, lemon-spiced, Mar 176 all

Cereals and Macaroni (Cont.)
curried, and papaya, with sole, Mar 157 all
hom yuk, May 133 all
pastries, rye-rice (pirakkaa), May 242 all
pilaf, brown rice, June 162 all
pilaf, rice wheat, Nov 155 all
pudding, ricotta rice, Sept 132 N
salad, curried egg, rice, Apr 187 all
salad, seafood rice, Dec 124 all
salad, vegetable rice, July 138 all
sauté, turkey and rice, Nov 147 all
soup, Chinese (jook), Jan 98 N, S, D
tasty, inexpensive, Sept 137 all
tomatoes stuffed with minted rice, Aug 120 N, S, D, 124 C
wild, and chicken salad, Nov 168 N
wild, with Brussels sprouts, Nov 168 N
wild, with mushrooms, Nov 168 N
wild rice, giblet stuffing, Nov 168 N
wok-steamed, Aug 57 all
yogurt rice, Sept 80 all
Rye flakes, date-apple, Mar 176 all
Spaghetti
carbonara, June 160 all
parsley-buttered, May 252 all
pasta sauce, squid, Oct 166 all
pasta sauce, tomato beef, Sept 118 all
super sugo, June 185 all
Wheat, cracked
pilaf, rice and wheat, Nov 155 all
pilaf, ricotta and zucchini wheat, May 225 all
soup, bulgur vegetable, Oct 196 all
tabbuli, May 205 all

Dairy Products and Eggs
Butter
Chutney, June 174 all
Fruit, June 174 all
Fruit nut, June 174 all
Spice, June 174 all
Sweet, June 174 all
Cheese
Cheese, meat platter, luncheon, June 162 all
Cheese balls, freezer, June 193 all
Cheesecake, summer, Aug 124 N, S, D, 120 C
Cheesecake, yogurt, Apr 220 all
Cheesecake, yogurt, with dates, Apr 220 all
Cookies, cheesecake, June 143 all
Corned beef and cheese onion buns, June 190 S, D
Custard, onion cheese, Aug 100 all
Cutouts, oat and cheese, July 112 all
Dessert spread, ricotta, brandied, Sept 132 N
Dip, garlic cheese, July 138 all
Enchiladas, chile cheese, July 120 all
Enchiladas, ricotta cheese, May 225 all
Fondue, Parmesan, creamy, June 193 all
Macaroni and cheese, red hot, Aug 114 all
Picnic basket, cheese and green pepper, June 153 all
Pie, pumpkin ricotta custard, Nov 205 all
Pilaf, ricotta and zucchini wheat, May 225 all
Pudding, ricotta rice, Sept 132 N
Puffs, Mexican cheese, Apr 212 N, C; June 182 S, D
Rounds, hot, cheese-filled, Feb 156 all
Sandwich, cheese and fruit with brown bread, Apr 189 all
Sandwich, ham, cheese with coleslaw, Sept 120 all
Smoking, June 84 all
Soufflé, ricotta onion, May 225 all
Summer, fresh, Aug 124 N, S, D, 120 C
Torte, summer cheese, Aug 124 N, S, D, 120 C
Tostada, cheese, vegetable, July 120 all
Trifle, ricotta peach, Sept 132 N

Dairy Products and Eggs (Cont.)
Cream
Clabbered, Norwegian, five flavorings, Nov 148 all
Nog, holiday coffee, Dec 142 all
Parfaits, persimmon, Nov 184 all
Porridge, sour cream (rommegrot), Nov 150 all
Summer cheese, fresh, Aug 124 N, S, D, 120 C

Eggs
Burritos, egg and fish, prepared in wok, Aug 56 all
Huevos rancheros, Bob Strauss's, July 125 all
Mexican brunch, July 140 all
Omelets, sesame, Oct 181 all
Patties, tofu egg, Aug 118 all
Picnic basket, egg and smoked salmon, June 153 all
Salad, curried egg, rice, Apr 187 all
Salad, egg spinach, May 234 all
Sandwiches, beef and egg, open-faced, Dec 160 all
Scramble, shrimp-zucchini, Jan 114 all
Soufflé, orange chiffon, Sept 148 C
Soup, egg flower, Mar 166 all
Soup, fried egg and pork, Thai, Apr 250 all
Tostadas, brunch, Nov 172 C
Tostadas, brunch egg, May 202 all

Yogurt
Cheesecake, Apr 220 all
Cheesecake, with dates, Apr 220 all
Muffins, orange yogurt, Oct 100 all
Yogurt relish and vegetables, July 70 all
Yogurt rice, Sept 80 all

Desserts
Compote, anise fruit, Oct 204 C, S, D
Dessert spread, ricotta, brandied, Sept 132 N
Doughnuts, Chinese (jin dui), Nov 208 all
Dumplings, dessert, fruit and spice, Nov 165 all
Ginger pigs, May 222 N, 214 C, 227 S, D
Ice cream
cantaloupe, July 132 all
cantaloupe Melba, Aug 110 N; Sept 132 S, D
sundae, blueberry peach, Aug 110 N
sundae, lemon orange, Aug 110 N; Sept 132 S, D
sundae, raspberry currant, Aug 110 N
sundae, strawberry, fresh, Aug 110 N
sundaes, Oriental pear, spiced, Oct 204 C, S, D
Ice cream sandwiches, crunchy oatmeal, June 146 all
Pancakes, Dutch (poffertjes), Dec 154 all
Parfaits, persimmon, Nov 184 all
Parfaits, strawberry cream, May 209 all
Pears, Oriental, baked with orange sauce, Oct 204 C, S, D
Puddings
almond, baked, with fruit, July 113 all
bread, Mar 182 all
date, glazed, Nov 147 all
molasses, McCawley, Feb 140 all
ricotta rice, Sept 132 N
tapioca, with pomegranate sauce, Oct 170 all
Rhubarb oat crumble, May 203 all
Sauce, persimmon dessert, Nov 184 all
Soufflé, orange chiffon, Sept 148 C
Strawberry, citrus splashes, May 209 all
Strawberry, tropical fruit plates, May 211 all
Tortes
lemon, frosty, Oct 157 all
strawberry meringue, frozen, May 209 all
summer cheese, Aug 124 N, S, D, 120 C

Desserts (Cont.)
Trifles
chocolate, May 222 C, S, D; June 157 N
orange, fresh, May 221 C, S, D; June 154 N
ricotta peach, Sept 132 N
strawberry, fresh, May 222 C, S, D; June 157 N

Fish and Shellfish
Anchovies
anchoiade Provençal, Sept 123 all
anchovy crab, Sept 138 all
Catfish, tipsy Dixie, Nov 188 all
Caviar with baked new potatoes, June 162 all
Chowder, Newport red pepper, Oct 178 all
Chowder, Western, June 188 all
Clams
bisque, clam vegetable, May 236 all
chowder, clam vegetable, Jan 90 all
Codfish
pansit, fish tofu, June 158 N, C, 157 S, D
Crab
anchovy crab, Sept 138 all
appetizer puffs, Apr 212 N, C; June 182 S, D
crab man's, Dec 144 all
salad, seafood rice, Dec 124 all
sandwiches, hot, Mar 155 all
Fish and potato selyanka, Apr 192 all
Fish fillets, steaks, smoking, June 84 all
Fish shish kebabs, July 68 all
Fishcakes, marinated, Nov 190 all
Herring
baked smoked, Dec 170 all
glassblower's (glassmästarsill), Dec 170 all
pickled (inlagd sill), Dec 170 all
salad (sillsallad), Dec 170 all
with dill and juniper, Dec 170 all
Oyster bisque, May 236 all
Salmon
baked, with dill egg sauce, July 149 all
broiled, with mustard sauce, July 149 all
burritos, egg and fish, prepared in wok, Aug 56 all
chilled poached, with lomi lomi relish, Aug 106 all
picnic basket, egg and smoked salmon, June 153 all
salad, green pea salmon, June 143 all
salad plate, Jan 110 all
selyanka, Apr 192 all
sweet and sour, Jan 110 all
tacos, Jan 110 all
Scallops
and mushrooms au gratin, Feb 161 all
lemon almond, Apr 205 all
Seafood oven bake, cooked in roasting bag, Feb 127 all
Seafood tomato soup, quick, Mar 168 all
Shellfish soup, San Juan, Nov 85 all
Shellfish tomato crêpes, Mar 188 all
Shrimp
almond shrimp, Sept 67 all
and sole with juniper, Nov 186 all
bisque, May 236 all
pansit, pork and shrimp, June 158 N, C, 154 S, D
parsley shrimp balls, July 119 N; Nov 170 S, D
picnic basket, potato and shrimp, aioli-style, June 153 all
pork cabbage rolls, shrimp sauce, Nov 206 all
prawns picante, May 133 all
salad, asparagus, shrimp vinaigrette, Mar 89 all
salad, tofu shrimp, Aug 118 all
scramble, shrimp-zucchini, Jan 114 all

Fish and Shellfish (Cont.)
Smelt, catching, cooking at beach, June 182 N, C
Sole
and shrimp with juniper, Nov 186 all
baked, Duxelles, Mar 158 all
poached, with spring vegetables, Mar 157 all
sauté, company, Mar 156 all
with curried rice, papaya, Mar 157 all
Squid
chowder, curried, Oct 166 all
mantles, mushrooms, skewered, Oct 166 all
pasta sauce, Oct 166 all
sea noodles, Sept 134 all
stir-fried, and vegetables, Oct 166 all
stuffed, Sept 137 all
Trout
smoking, June 84 all
steamed, and vegetables, prepared in wok, Aug 56 all
Tuna
burritos, egg and fish, prepared in wok, Aug 56 all
muffins, tuna marinara, May 202 all
quiche, Mar 192 all
salad, bean, tuna, Jan 104 all
salad, summer tuna, Aug 100 all
salad, tuna-guacamole, fiesta, Sept 155 all
sandwich, tuna salad, Sept 120 all
soufflé, Mar 192 all
tofu tuna puffs, Apr 206 all

Foreign Cookery
African
Accra (groundnut stew), Oct 192 all

Armenian
Lahmejun (pizza), Dec 127 all
Party, pizza, Dec 126 all
Salad, vegetable, fresh, Dec 127 all

Basque
Stew, potato vegetable, Basque-style, Aug 105 all

Chinese
Bread strips, fried, Jan 98 N, S, D
Hom yuk, May 133 all
Jin dui (doughnuts), Nov 208 all
Jook (rice soup), Jan 98 N, S, D
Onion cakes, Nov 194 all
Party, soup and sandwich, Apr 96 all
Pears, Oriental, three recipes, Oct 204 C, S, D
Pork, stir-fried, with corn, May 238 all
Pork tenderloins, roast, Apr 97 all
Rolls, flower, easy, Apr 241 all
Rolls, spring, Dec 150 all
Seasoning sauce, for camp cooking, Aug 57 all
Soup, watercress, Jan 92 all
Turkey green chile tumble, Oct 176 N, S, D
Turkey vegetable tumble, Oct 176 N, S, D
Vegetables in broth, Apr 97 all
Watercress, chicken, mushrooms, Jan 92 all

Czechoslovakian
Houska (holiday braid), Nov 178 all

Dutch
Pofferties (pancakes), Dec 154 all

[illegible]
[illegible] 138 all
[illegible] May 222 C, S, D;
[illegible] May 221 C, S, D;
[illegible] fresh,
[illegible] D; June 157 N

Foreign Cookery (Cont.)
Filipino
Pansit, chicken and sausage, June 158 N, C, 157 S, D
Pansit, fish and tofu, June 158 N, C, 157 S, D
Pansit, pork and shrimp, June 158 N, C, 154 S, D
Pochero (stew), Feb 139 N

French
Anchoiade Provençal, Sept 123 all
Baguette, Jan 94 C, S, D
Ratatouille with fresh tomato, June 164 all

German, Austrian, Swiss
Dinner, asparagus, festive, Mar 88 all
Dinner, Swiss onion festival, Oct 164 all
Lebkuchen herzen (lebkuchen hearts), Feb 80 all
Sausage, baked, Oct 165 all
Soup, onion, Oct 164 all
Tart, onion, Oct 165 all

Hawaiian
Chicken, spinach-wrapped, with Oriental dip, Apr 206 all
Ham, papaya cubes, Apr 205 all
Scallops, lemon almond, Apr 205 all
Tofu tuna puffs, Apr 206 all

Indian
Barbecue buffet, Sept 78 all
Chapaties, whole wheat, Sept 78 all
Pakoras (legume fritters), Nov 153 all
Rice, yogurt, Sept 80 all
Salad, tomato onion, Sept 80 all
Samosas, Feb 167 all
Sate, beef, Sept 80 all
Sauce, peanut butter, spicy, Sept 80 all

Irish
Bread, soda tea, Oct 206 all
Bread, whole-grain soda, Oct 206 all

Italian
Bones, Lombardy braised, May 214 N, S, D
Bones, Roman braised, May 214 N, S, D
Italian swirls, Nov 155 all
Lasagne, cheese-filled, Feb 162 all
Meat sauce with gnocchi, Sept 148 N, 132 C
Minestrone, cranberry bean, July 114 all
Minestrone, white bean, July 114 all
Minestrone with pasta, July 114 all

Japanese
Eggplant, fried, Sept 129 all
Gobo stirred with beef, May 266 all
Kimpira (quick fried gobo), May 266 all
Salad, noodle, cold, June 168 all
Yahata maki (beef and gobo sticks), May 266 all

Jewish
Bread, egg, Oct 100 all
Hamantashen, Mar 162 all

Korean
Beef and noodles, July 119 S, D; Nov 171 N, 168 C
Meatballs, appetizer, Dec 166 all
Minari juhn (watercress and beef in egg batter), Jan 92 all

Lebanese
Couscous, lamb and pea, May 205 all
Eggplant, baked, May 205 all
Garden party, May 204 all
Hummus with turnips or cucumbers, May 205 all
Kibbeh balls, May 205 all
Tabbuli, May 205 all
Zucchini, sautéed, May 205 all

Foreign Cookery (Cont.)
Mexican
Birria, Mar 180 all
Burritos, meat-filled, spicy, Jan 107 all
Casserole, chiles rellenos, with marinara sauce, Feb 162 all
Chalupas, New Mexico style, June 170 all
Cheese puffs, Apr 212 N, C; June 182 S, D
Eggs, brunch, July 140 all
Enchiladas, chile cheese, July 120 all
Enchiladas, ricotta cheese, May 225 all
Jicama with fried potatoes, Jan 101 N, S, D; Feb 139 C
Jicama, beef sauté, Jan 101 N, S, D; Feb 139 C
Salad, chile bean, hot, Sept 155 all
Salad, tuna guacamole, fiesta, Sept 155 all
Sopa de Guadalajara, Nov 85 all
Supper, burrito, Jan 107 all
Tacos, salmon, Jan 110 all
Tostada, cheese vegetable, July 120 all
Tostadas, brunch egg, May 202 all

Pakistani
Barbecue, Pakistani-style, Sept 144 all

Russian
Cucumbers, pickled, with smetana and honey, Nov 172 N, S, D
Dinner, Russian-style, Nov 172 N, S, D
Selyanka, fish and potato, Apr 192 all
Selyanka, salmon, Apr 192 all
Soup, chicken, Siberian, Nov 172 N, S, D
Soup, spinach, Apr 224 all

Scandinavian
Aebleskivers (Danish pancake balls), Aug 103 all
Applecake, layered baked, Nov 197 all
Applecake, Swedish, Nov 197 all
Bread, Finnish farmer, Apr 196 all
Breakfast, Christmas, Scandinavian-style, Dec 158 all
Buns, Lucia, Dec 57 all
Christmas buffet, Swedish country, Dec 68 all
Cream, clabbered, Norwegian, five flavorings, Nov 148 all
Glasmästarsill (glassblower's herring), Dec 170 all
Glögg, flaming, Dec 62 all
Glögg, spiced, Dec 62 all
Herring, baked smoked, Dec 170 all
Herring with dill, juniper, Dec 170 all
Inlagd sill (pickled herring), Dec 170 all
Onions, crisp, Danish, Apr 190 all
Pirakkaa (rye and rice pastries), May 242 all
Rommegrot (sour cream porridge), Nov 150 all
Selyanka, fish and potato, Apr 192 all
Selyanka, salmon, Apr 192 all
Sillsallad (herring salad), Dec 170 all
Soup, lingonberry-blueberry, Dec 158 all
Waffles, heart, crisp, Aug 103 all

South American
Pie, chicken, June 154 C

Spanish
Tapa party, Sept 66 all

Syrian
Cabbage, stuffed whole, Apr 108 all

Thai
Gai kaprow (chicken with basil), Aug 129 all
Gang phet korat (korat beef curry), Aug 129 all
Mee krob (crunchy noodles), Mar 166 all
Soup, egg flower, Mar 166 all
Soup, fried egg and pork, Apr 250 all

oreign Cookery (Cont.)

urkish
eatball, giant, Apr 226 all
cnics, shish kebab, three menus, July 68 all
ılad, Turkish-style, for 100, July 71 all

ugoslavian
ɔtica (coffee bread), Nov 177 all

ruit
ee also Fruit, Dried)
pples
apple almond squares, Sept 119 all
applecake, layered baked, Nov 197 all
applecake, Swedish, Nov 197 all
butter, spiced, Feb 146 all
butter with Port, Oct 173 all
pie, one apple, Jan 103 all
preserves, ginger apple, Oct 173 all
rye flakes, date-apple, Mar 176 all
sauté, pork, apple, Mar 154 all
with squash, Feb 130 all
pricot upside-down gingercake, Apr 230 N, C
vocados
salad, tuna and guacamole, fiesta, Sept 155 all
with dried beef, Dec 125 all
anana orange bread, Sept 118 all
erries
blueberries
pizza tart, lemony blueberry, July 143 all
soup, lingonberry-blueberry, Dec 158 all
sundae, peach blueberry, Aug 110 N
tart, blueberry cream Sherry, Apr 214 all
boysenberry streusel pizza tart, July 143 all
cranberries
jam, cranberry-orange, Nov 146 all
pie, chiffon, Dec 125 all
relish, Nov 174 all
lingonberry-blueberry soup, Dec 158 all
raspberries
jam, raspberry plum, Aug 110 C, S, D; Sept 131 N
Melba, cantaloupe, Aug 110 N; Sept 132 S, D
pizza tart, raspberry 'n cream, July 143 all
sundae, raspberry currant, Aug 110 N
strawberries
parfaits, strawberry cream, May 209 all
strawberry, citrus splashes, May 209 all
strawberry, tropical fruit plates, May 211 all
sundae, fresh strawberry, Aug 110 N
torte, strawberry meringue, frozen, May 209 all
trifle, fresh strawberry, May 222 C, S, D; June 157 N
herries
cake, sponge, cherry-glazed, Feb 133 all
cheesecake, cherry-topped, Feb 133 all
pudding pie, red cherry, Feb 125 all
oconut
chews, coconut-cereal, Oct 190 all
coconut date logs, Mar 195 all
ruit tray, tropical, minted cream dressing, Mar 172 all
rapefruit
bars, chocolate chip grapefruit, Apr 212 S, D
marmalade, bittersweet, Apr 246 all
pie, fresh pink grapefruit chiffon, Apr 208 all
sweet potatoes, grapefruit-topped, Nov 146 all

Fruit (Cont.)
Lemons
ground beef patties, lemon sauce, Feb 125 all
marmalade, Apr 246 all
marmalade, bittersweet, Apr 246 all
pizza tart, lemony blueberry, July 143 all
torte, frosty lemon, Oct 157 all
Lichee and turkey picnic basket, June 153 all
Limes
mustard, Dec 140 all
pie, fresh lime chiffon, Apr 208 all
Melons
cantaloupe
ice cream, July 132 all
Melba, Aug 110 N; Sept 132 S, D
Nectarines
pancake, golden oven, with fruit, Aug 101 all
Olives, ripe, marinated, July 70 all
Oranges
bread, mincemeat orange, Dec 128 N, 137 S, D
bread, orange banana, Sept 118 all
breakfast pudding, orange bread, June 158 S, D; Oct 163 C
chicken con orange, Mar 184 all
gingercake, spicy, Apr 230 N, C
jam, cranberry-orange, Nov 146 all
marmalade, bittersweet, Apr 246 all
pie, chiffon, Apr 187 all
salad, citrus onion, Mar 171 all
soufflé, orange chiffon, Sept 148 C
stuffing, orange-bread, Dec 124 all
sundae, lemon orange, Aug 110 N; Sept 132 S, D
trifle, fresh orange, May 221 C, S, D; June 154 N
Papayas
and curried rice with sole, Mar 157 all
chicken, curried, with papaya, Dec 128 S, D
ham, papaya cubes, Apr 205 all
strawberry, tropical fruit plates, May 211 all
Peaches
pancake, golden oven, with fruit, Aug 101 all
sundae, peach blueberry, Aug 110 N
trifle, ricotta peach, Sept 132 N
Pears
butter, spiced, Feb 146 all
compote, anise fruit, Oct 204 C, S, D
ginger pigs, May 222 N, 214 C, 227 S, D
Oriental, baked, orange sauce, Oct 204 C, S, D
Oriental, spiced, sundaes, Oct 204 C, S, D
pie, ginger pear, Mar 155 all
stuffed baked, Jan 108 all
Persimmons
bars, lemon-glazed, Nov 182 all
fruit cake, Nov 180 all
loaves, persimmon currant, Nov 180 all
muffins, Nov 182 all
muffins, date-nut, Nov 182 all
parfaits, Nov 184 all
pie, chiffon, Nov 182 all
salad ring, fruit, Nov 184 all
sauce, dessert, Nov 184 all
Plums
chicken, plum-glazed, Apr 253 all
in syrup for wine coolers, Sept 156 all
jam, raspberry plum, Aug 110 C, S, D; Sept 131 N
lamb kebabs, plum-marinated, Apr 253 all
pork, simmered, with plum sauce, Apr 253 all
sauce, gingered, Apr 253 all

Fruit (Cont.)
Pomegranates
chicken in pomegranate sauce, Oct 170 all
jelly, Oct 93 all
juice, Oct 93 all
kebabs, pomegranate lamb, Oct 170 all
pudding, tapioca, pomegranate sauce, Oct 170 all
syrup (grenadine), Oct 93 all
Quince chutney, Oct 184 all
Rhubarb oat crumble, May 203 all
Tangerine, chiffon pie, Apr 208 all

Fruit, Dried
Apricots
apricot slims, Mar 195 all
bread, apricot nut, Apr 187 all
dumplings, dessert, fruit and spice, Nov 165 all
Currant persimmon loaves, Nov 180 all
Dates
cheesecake, yogurt, with dates, Apr 220 all
coconut date logs, Mar 195 all
oats, date-nut, Dec 125 all
pudding, glazed date, Nov 147 all
rye flakes, date-apple, Mar 176 all
scones, date nut, Feb 125 all
Fruit, granola slices, Mar 195 all
Fruit, nut slices, Mar 195 all
Fruit bars, Oct 188 all
Pear slims, Mar 195 all
Prunes
prune slims, Mar 195 all
stew, oven pork, prune-glazed, May 227 N; Oct 163 S, D
Raisins
almond raisin ring, Feb 134 all
dumplings, dessert, fruit and spice, Nov 165 all
loaf, raisin graham, Mar 154 all
spinach with bacon, raisins, Mar 178 all

Meat
Bacon
muffins, bacon bran, Nov 155 all
salad, bacon-spinach, May 234 all
sandwich, turkey bacon, Sept 120 all
spinach with bacon, raisins, Mar 178 all
Beef
and gobo sticks (yahata maki), May 266 all
and noodles, Korean, July 119 S, D; Nov 171 N, 168 C
and watercress in egg batter, Korean (minari juhn), Jan 92 all
barbecued, crusty, June 142 all
birria, Mar 180 all
bones, barbecued, July 136 all
bones, Lombardian braised, May 214 N, S, D
bones, Roman braised, May 214 N, S, D
brisket, smoky, oven-style, Apr 242 all
burritos, spicy, Jan 107 all
chuck with vegetables, June 166 all
corned beef and cheese onion buns, June 190 S, D
curry, chile beef, Dec 160 all
curry, korat beef (gang phet korat), Aug 129 all
dried, with avocado, Dec 125 all
gobo stirred with beef, May 266 all
jerky, drying in smoke oven, June 84 all
jerky, Tex's, July 128 all
London broil muffins, June 190 S, D
meat pies, individual, June 166 all
meatballs, salsa, festival, Dec 168 all
roast, pot, spiced, Oct 156 all
roast beef salad sandwich, Sept 120 all
sandwiches, beef and egg, open-faced, Dec 160 all
sate, Sept 80 all

Meat (Cont.)
short ribs, country-style, June 186 all
short ribs, Dutch oven, Sept 119 all
short ribs with corn dumplings, May 203 all
smoke cooking, two-stage, June 144 all
spicy, in rolls, Apr 186 all
steak, sesame, Jan 112 all
steak on French bread, Apr 189 all
stew, two beef, Nov 147 all
stir-fry, beef and green pepper, camp meal, Aug 57 all
stroganoff à la Roose, June 186 all
Beef, ground
beef bake, Mexican, Aug 101 all
burgers, Lee's salsa, July 128 all
cabbage rolls, Portuguese-style, Nov 206 all
cheeseburger, Western chile, May 265 all
meat sauce, Italian, with gnocchi, Sept 148 N, 132 C
meatballs, appetizer, deviled, Jan 97 N, 101 C; Apr 222 S, D
meatballs, appetizer, Korean, Dec 166 all
meatloaf, tofu, Aug 118 all
pasta sauce, tomato beef, Sept 118 all
pastries, picadillo, Sept 67 all
patties, lemon sauce, Feb 125 all
patties, tofu meat, Aug 118 all
patties and onion gravy, prepared in wok, Aug 56 all
pizza, sourdough, beef-topped, June 180 all
Recipes for Ground Beef and Other Ground Meats, a *Sunset* book, Oct 198 all
rolls, spring, beef filling, Dec 150 all
sauté, jicama beef, Jan 101 N, S, D; Feb 139 C
stew, chuck wagon, Aug 114 all
stew, two-beef, Nov 147 all
tortillas, curry beef, prepared in wok, Aug 55 all
Ham
appetizers with mustard sauce, Apr 248 all
chicken breasts, spinach-ham filling, Oct 203 N, 202 C, S, D
ham cubes, aioli sauce, Sept 67 all
ham-papaya cubes, Apr 205 all
ham loaf on cornbread, Apr 189 all
mustard-glazed, Dec 164 all
picnic basket, asparagus and ham, June 153 all
rolls, spring, ham filling, Dec 150 all
sandwich, ham and cheese with coleslaw, Sept 120 all
simmered, with sauerkraut, Oct 157 all
soup, spring greens, ham, Apr 236 all
spread, curried, Aug 105 all
stir-fry, ham and zucchini, camp meal, Aug 57 all
sweet and sour, Apr 248 all
tostadas, brunch, Nov 172 C
Lamb
barbecued boned, Sept 124 all
bones, barbecued, July 136 all
bones, Lombardian braised, May 214 N, S, D
bones, Roman braised, May 214 N, S, D
cabbage, stuffed whole, Syrian-style, Apr [illegible] all
[illegible] all
[illegible] Greene, Apr 219 [illegible]
[illegible] 186 all
[illegible] pea, May 205 all
[illegible] for crowd, July 71 all
[illegible] July 70 all
[illegible] nated, Apr 253 all
[illegible] lamb, Oct 170 all
[illegible] 205 all
[illegible] Apr 226 all
[illegible] May 265 all
[illegible]ues, orange lamb, Feb 152 all

Meat (Cont.)
pizza, Armenian (lahmejun), Dec 127 all
shanks, baked, with barley pilaf, cooked in roasting bag, Feb 127 all
skewers, lamb and vegetable, Aug 101 all
soup, escarole and lamb, Apr 186 all
stew, lamb and cabbage, Feb 124 all
Liver
loaf, Dec 164 all
stroganoff, beef liver, June 143 all
Meat and cheese platter, luncheon, June 162 all
Meats, curing in smoke oven, June 84 all
Pork
birria, Mar 180 all
bones, barbecued, July 136 all
buns, picnic, Oct 159 all
burritos, spicy, Jan 107 all
chile, pork pinto, Mar 190 all
chops, oven-fried, with mushrooms, Jan 90 all
hom yuk, May 133 all
pansit, pork shrimp, June 158 N, C, 154 S, D
patties, spicy Italian, Feb 150 all
pork balls, skewered, with apple, May 265 all
pork cabbage rolls with shrimp sauce, Nov 206 all
ribs, stick to your ribs, Feb 142 all
roast, loin, with sauerkraut, cooked in roasting bag, Feb 127 all
roast, pot, spiced, Oct 156 all
sandwiches, meatball, Mexican, May 232 all
sauté, pork and apple, Mar 154 all
simmered, with plum sauce, Apr 253 all
smoke cooking, two-stage, June 144 all
sopa de Guadalajara, Nov 85 all
soup, fried egg, pork, Thai, Apr 250 all
stew, juniper pork, Swedish, Nov 186 all
stew, oven, prune-glazed, May 227 N; Oct 163 S, D
stew, oven, with baked beans, May 227 N; Oct 163 S, D
stew, piquant oven, May 227 N; Oct 163 S, D
stir-fried, with corn, May 238 all
stir-fry, pork and green pepper, camp meal, Aug 57 all
tenderloins, roast, Chinese, Apr 97 all
zucchini pork bake, July 113 all; Sept 146 all
Sausage
and cabbage, prepared in wok, Aug 56 all
baked, Jan 108 all; Oct 165 all
balls, glazed, Dec 168 all
Basque sausage supper Aug 105 all
chicken breasts, mushroom-sausage filling, Oct 203 N, 202 C, S, D
Italian, soup, Jan 104 all
on rye, Apr 189 all
pansit, chicken and sausage, June 158 N, C, 157 S, D
quiche, picnic, sausage mushroom filling, Aug 108 all
quiche, picnic, sausage spinach filling, Aug 108 all
Sweetbreads Italiano, Jan 117 all
Tongue, lamb's, braised, Ben-Her, Aug 112 all
Veal
bones, Lombardian braised, May 214 N, S, D
bones, Roman braised, May 214 N, S, D
patties, cheese-crusted, Feb 152 all
sauté, almond, Jan 95 N, 98 C, 97 S, D

Menus
Breakfasts
Christmas, Dec 158 all
One-of-those-mornings, Oct 181 all
Provençal, June 164 all
Weekend, Mar 171 all

Menus (Cont.)
Brunches
Easter Sunday, Apr 232 all
Fall, Nov 155 all
Mexican, July 140 all
Oven, Jan 108 all
Sandwich, Dec 158 all
Spring, May 228 all

Buffets
Barbecue, Indian, Sept 78 all
Christmas, Swedish country, Dec 68 all
Salad, chicken, choice of four cuisines, July 146 N, C

Dinners
Asparagus, festive German, Mar 88 all
Casserole, company, Feb 158 all
Curry, company, Dec 160 all
Onion festival, Oct 164 all
Oven, Sept 144 all
Patio, July 138 all
Russian-style, Nov 172 N, S, D
Sit down, for six, Apr 234 all
Sunday, Mar 168 all
Thai, Mar 164 all
Thanksgiving, Nov 154 all
Turkey, planned leftovers, June 162 all

Lunches
Casserole, Mexican, Feb 161 all
Caviar, June 160 all
Omelet, Oct 181 all
Peasant, Apr 188 all
Sandwich, Dec 158 all
Sandwich, meatball, May 232 all
Winter, transportable, Jan 104 all

Parties
Garden, Lebanese couscous, May 204 all
Pizza, Armenian, Dec 126 all
Renaissance Faires, food ideas, Apr 98 S
Soup and sandwich, Chinese, Apr 96 all
Supper, Spanish appetizer, Sept 66 all

Picnics
Beach, fish, July 68 all
Kebab, ground lamb, July 70 all
Kebabs, ground lamb, for crowd, July 70 all
Midsummer, for two, Aug 104 all
No-utensil, Oct 159 all
Park, Oct 159 all
Patio, cool, Sept 142 all
Picnic shopping in Europe, Apr 200 all
Renaissance Faires, food ideas, Apr 98 S
Wedding, five menus, June 152 all

Suppers
Barbecue, Fourth of July, July 136 all
Barbecue, Memorial Day, May 231 all
Barbecue, Pakistani-style, Sept 144 all
Burrito, Mexican, Jan 107 all
Chowder, fish, Oct 178 all
Family party, lasagne, Feb 162 all
Italian, Nov 155 all
Omelet, Oct 181 all
Salmon, cool, Aug 106 all
Sausage, Basque, Aug 105 all
Soup, April, Apr 236 all
Soup, fish, easy, Mar 168 all
Spaghetti, June 160 all

Miscellaneous
Cutting tools, 18 different, Feb 74 all
Fireplace cookery, tools, Jan 60 all
Kitchenware shopping, Switzerland, Germany, May 212 all
Oven, smoke, easy-to-make, June 82 all
Picnic shopping in Europe, Apr 200 all
Woks for camp cooking, Aug 54 all

Nuts
Almonds
almond raisin ring, Feb 134 all
almond shrimp, Sept 67 all
apple almond squares, Sept 119 all
oats, date-nut, Dec 125 all
pudding, baked almond, with fruit, July 113 all
sauté, Jan 95 N, 98 C, 97 S, D
tart shells, almond, Dec 138 all
Chestnuts
puff, Dec 152 all
soup, Dec 152 all
Filberts
oats, date-nut, Dec 125 all
Fruit and nut slices, Mar 195 all
Peanuts
salad, peanut potato, July 112 all
sauce, peanut butter, spicy, Sept 80 all
slaw, peas and peanut, Oct 163 N, 177 C; Nov 158 S, D
stew, groundnut, Accra, Oct 192 all
smoking, June 84 all
Walnuts
bread, apricot nut, Apr 187 all
nuggets, Mar 195 all

Poultry
Chicken
almond sauté, Jan 95 N, 98 C, 97 S, D
and watercress with mushrooms, Jan 92 all
barbecued, spicy, Sept 144 all
barbecued teriyaki, with onions, potatoes, May 231 all
breast, how to bone, Oct 203 N, 202 C, S, D
breast, stuffed, Oct 202 N, 200 C, S, D
breasts mushroom-sausage filling, Oct 203 N, 202 C, S, D
breasts, spinach-ham filling, Oct 203 N, 202 C, S, D
breasts, tarragon, Dec 128 S, D
broiler-fryers, two meals from four chickens, May 248 all
burritos, spicy, Jan 107 all
cacciatore, May 252 all; Dec 128 S, D
Cacciatore Louisa Romana, Nov 192 all
carving with scissors, July 64 all
con orange, Mar 184 all
coq olympian, May 132 all
crêpes, chicken-artichoke, Mar 186 all
curried, with papaya, Dec 128 S, D
giblets, piquant, July 119 N; Nov 170 S, D
gravy, Oct 203 N, 202 C, S, D
gumbo, Aug 116 all
hot, with ginger-onion sauce, May 206 all
in pomegranate sauce, Oct 170 all
Island, July 112 all
liver pâté, Oct 159 all
Louise, with almonds, pimentos, Feb 142 all
pansit, chicken sausage, June 158 N, C, 157 S, D
pie, South American, June 154 C
plum-glazed, Apr 253 all
roast, festive, Nov 198 all
salad, ginger-chicken, cold, May 206 all
salad, Indian curry, July 147 N, C
salad, Mexicado, July 147 N, C
salad, Oriental noodle, July 147 N, C
salad, Pacific Goddess, July 147 N, C
salad, wild rice and chicken, Nov 168 N
saltimbocca, cooked in roasting bag, Feb 128 all
sandwich, on herb bread, Apr 189 all
smoke cooking, two-stage, June 144 all
soup, chicken vegetable supper, May 254 all
soup, Siberian, Nov 172 N, S, D
soup, spinach, Russian, Apr 224 all
Spanish, Mar 155 all

Poultry (Cont.)
spinach-wrapped, Oriental dip, Apr 206 all
stew, groundnut, Accra, Oct 192 all
stuffing, almond, Nov 198 all
stuffing, wild rice giblet, Nov 168 N
with basil (gai kaprow), Aug 129 all
Rock Cornish game hens
stuffing, wild rice giblet, Nov 168 N
with mustard cream, whole mushrooms, Mar 171 all
Turkey
and green chile tumble, Oct 176 N, S, D
and vegetable tumble, Oct 176 N, S, D
barbecue roasted, with onion stuffing, lemon-sherry gravy, Nov 155 all
chalupas, New Mexico style, June 170 all
patties, teriyaki, Feb 150 all
picnic basket, turkey and lichee, June 153 all
roast, garlic, June 162 all
salad, Oriental, Jan 90 all
sandwich, turkey bacon, Sept 120 all
sauté, turkey rice, Nov 147 all
smoke cooking, two-stage, June 144 all
stuffing, orange-bread, Dec 124 all

Preserving
Conserves, Jams, Jellies, Preserves, Butters
Apple butter, spiced, Feb 146 all
Apple butter with Port, Oct 173 all
Bittersweet marmalade, Apr 246 all
Chile sauce, hot and spicy, Sept 151 all
Cranberry-orange jam, Nov 146 all
Ginger apple preserves, Oct 173 all
Lemon marmalade, Apr 246 all
Pear butter, spiced, Feb 146 all
Pomegranate jelly, Oct 93 all
Raspberry plum jam, Aug 110 C, S, D; Sept 131 N
Tomato marmalade, spicy, Sept 150 all

Freezing
Cucumber purée, Sept 148 S, D
Plums in syrup for wine coolers, Sept 156 all
Squash, summer, purée, Sept 148 S, D

Pickles
Pumpkin, Nov 174 all

Relishes
Chutney, quince, Oct 184 all
Coriander, fresh, tomato, Sept 150 all
Cranberry, Nov 174 all
Eggplant, Feb 139 N

Salad Dressings
Bacon, Feb 124 all
Curry, Apr 187 all
Garlic cheese dip for lettuce, July 138 all
Sesame seed, May 231 all
Soy, June 168 all

Salads
Asparagus, shrimp vinaigrette, Mar 89 all
Asparagus vinaigrette, spring, Mar 154 all
Bacon spinach, hot piquant, May 234 all
Bean, chile, hot Mexican, Sept 155 all
Bean, kidney, and onion, Sept 67 all
Bean and tuna, Jan 104 all
Celery root, herbed, Dec 136 N, 137 C, 135 S, D
Celery root, rémoulade, Dec 136 N, 137 C, 135 S, D
Chicken, Indian curry, July 147 N, C
Chicken, Mexicado, July 147 N, C
Chicken, Oriental noodle, July 147 N, C
Chicken, Pacific Goddess, July 147 N, C
Chicken-ginger, cold, May 206 all
Citrus and onion, Mar 171 all
Coleslaw, crunchy, June 164 all
Corn, fresh, Sept 119 all

Salads (Cont.)
Cucumbers, pickled, with smetana, honey, Nov 172 N, S, D
Egg and rice, curried, Apr 187 all
Egg and spinach, May 234 all
Garden vegetable bowl, Sept 142 all
Guadalajara, Mar 184 all
Herring (sillsallad), Dec 170 all
Iceberg green pea, Oct 163 N, 177 C; Nov 158 S, D
Jerusalem artichoke, creamy, Feb 148 all
Jerusalem artichoke, marinated, Feb 148 all
Leeks, creamy horseradish, Oct 182 all
Leeks vinaigrette, Oct 182 all
Mexicana, Oct 187 all
Noodle, Japanese cold, June 168 all
Pea, crunchy, Oct 163 N, 177 C; Nov 158 S, D
Pea, green, and salmon, June 143 all
Peanut potato, July 112 all
Persimmon fruit ring, Nov 184 all
Potato, Ulli's, Nov 190 all
Salmon plate, Jan 110 all
Seafood rice, Dec 124 all
Slaw, peas and peanut, Oct 163 N, 177 C; Nov 158 S, D
Slaw, Swedish-style, Oct 156 all
Spinach, crisp, Nov 146 all
Tofu shrimp, Aug 118 all
Tomato, sliced, July 70 all
Tomato mold, tangy, May 203 all
Tomato onion, Sept 80 all
Tomatoes, stuffed, with minted rice, Aug 120 N, S, D, 124 C
Tuna, summer, Aug 100 all
Tuna guacamole, fiesta, Sept 155 all
Turkey, Oriental, Jan 90 all
Turkish-style, for 100, July 71 all
Vegetable, fresh, Armenian, Dec 127 all
Vegetable rice, July 138 all
Wild rice, chicken, Nov 168 N

Sandwiches
Anchovy crab, Sept 138 all
Beef, roast, salad, Sept 120 all
Beef, spicy, in rolls, Apr 186 all
Beef and egg, open-faced, Dec 160 all
Burritos, egg and fish, prepared in wok, Aug 56 all
Burritos, meat-filled, spicy, Jan 107 all
Chicken liver pâté, Oct 159 all
Chicken on herb bread, Apr 189 all
Corned beef and cheese onion buns, June 190 S, D
Crab, hot, Mar 155 all
Curry beef tortillas, prepared in wok, Aug 55 all
Ham, cheese with coleslaw, Sept 120 all
Ham loaf on cornbread, Apr 189 all
Ham spread, curried, Aug 105 all
Lamb kebab for crowd, July 71 all
Lamb kebab on Arab bread, July 70 all
London broil muffins, June 190 S, D
Meatball, Mexican, May 232 all
Peasant lunch, Apr 188 all
Pocket, whole meal, Feb 156 all
Pork buns, picnic, Oct 159 all
Rounds, hot, cheese-filled, Feb 156 all
Sausage on rye, Apr 189 all
Steak on French bread, Apr 189 all
Tacos, salmon, Jan 110 all
Tea, New Zealand style, June 174 all
Tostada, cheese, vegetable, July 120 all
Tostadas, brunch, Nov 172 C
Tostadas, brunch egg, May 202 all
Tuna marinara muffins, May 202 all
Tuna salad, Sept 120 all
Turkey and bacon, Sept 120 all
Vegetable relish spread, Dec 128 C

Sauces and Syrups
Anchoiade Provençal, Sept 1[illegible] all
Chile, hot and spicy, Sept 15[illegible]
Chile, red, Oct 160 all

Sauces and Syrups (Cont.)
Cream, clabbered, Norwegian, five flavorings, Nov 148 all
Fondue, Parmesan, creamy, June 193 all
Ginger-onion, for chicken, May 206 all
Hollandaise, mint, Apr 234 all
Meat, Italian, with gnocchi, Sept 148 N, 132 C
Mustard, homemade, Dec 140 all
Mustard, lime, Dec 140 all
Mustard, spicy, Dec 140 all
Mustard, tarragon, Dec 140 all
Mustard, tomato, Dec 140 all
Oriental seasoning, Aug 57 all
Pasta, squid, Oct 166 all
Pasta, tomato beef, Sept 118 all
Peanut butter, spicy, Sept 80 all
Persimmon dessert, Nov 184 all
Plum, gingered, Apr 253 all
Pomegranate syrup (grenadine), Oct 93 all
Super sugo, June 185 all
Tomato-cucumber, Sept 144 all

Soups
Asparagus, Mar 89 all
Bean, sweet and sour, Oct 196 all
Birria, Mar 180 all
Bisque, clam vegetable, May 236 all
Bisque, oyster, May 236 all
Bisque, shrimp, May 236 all
Bisque, vegetable, chilled, Sept 148 S, D
Bisque, zucchini, chilled, Aug 100 all
Broth, mushroom beef, Oct 198 all
Broth, vegetable, hot, Sept 148 S, D
Bulgur vegetable, Oct 196 all
Celery, green onion, creamed, Apr 219 all
Chestnut, Dec 152 all
Chicken, Siberian, Nov 172 N, S, D
Chicken, vegetable supper, May 254 all
Chile, lamb, spicy, Mar 190 all
Chile, pork pinto, Mar 190 all
Chile, soybean, Nov 156 N, S, D
Chile beef curry, Dec 160 all
Chowder, clam vegetable, Jan 90 all
Chowder, Newport red pepper, Oct 178 all
Chowder, squid, curried, Oct 166 all
Chowder, Western, June 188 all
Egg, fried, and pork, Thai, Apr 250 all
Egg flower, Mar 166 all
Escarole and lamb, Apr 186 all
Gazpacho, desert, June 142 all
Greens, spring, and ham, Apr 236 all
Guadalajara, Nov 85 all
Gumbo, Aug 116 all
Lingonberry-blueberry, Dec 158 all
McDonald, vegetable, Oct 187 all
Minestrone, cranberry bean, July 114 all
Minestrone, white bean, July 114 all
Minestrone with pasta, July 114 all
Mushroom, dried, Dec 146 all
Onion, Oct 164 all
Potato, German, Oct 196 all
Rice, Chinese (jook), Jan 98 N, S, D
Sausage, Italian, Jan 104 all
Selyanka, fish-potato, Apr 192 all
Selyanka, salmon, Apr 192 all
Shellfish San Juan, Nov 85 all
Soybean, bistro style, Nov 156 N, S, D
Spinach, Russian, Apr 224 all
Stew, Philippine (pochero), Feb 139 N
Tomato seafood, quick, Mar 168 all
Vegetables in broth, Apr 97 all
Watercress, Jan 92 all

Vegetables
Artichoke
[illegible] Italian artichoke, Mar 186 all
[illegible] Apr 216 all
[illegible] Jerusalem
[illegible] 148 all
[illegible] 148 all
[illegible] 148 all
[illegible]
[illegible] creamed, May 218 all

Vegetables (Cont.)
cutting and cooking, May 217 all
festival platter, Mar 89 all
picnic basket, asparagus ham, June 153 all
polonaise, May 218 all
salad, asparagus-shrimp vinaigrette, Mar 89 all
soup, Mar 89 all
stir-fried, May 218 all
vinaigrette, May 218 all
vinaigrette, spring, Mar 154 all
with cashew butter, May 218 all
with chive sauce, May 218 all
with onion butter, May 218 all
with sour cream topping, May 218 all
Beans
and squash, ranchero, Nov 158 N, C
baked, with oven pork stew, May 227 N; Oct 163 S, D
booze-baked, May 132 all
casserole, cheese-topped, Nov 155 all
chile bean salad, hot Mexican, Sept 155 all
couscous, lamb-pea, May 205 all
cranberry bean minestrone, July 114 all
green, herbed, Apr 186 all
hummus with turnips or cucumbers, May 205 all
kidney bean, lamb chile, Mar 190 all
kidney bean, onion salad, Sept 67 all
pinto, pork chile, Mar 190 all
salad, bean-tuna, Jan 104 all
sopa de Guadalajara, Nov 85 all
soup, sweet and sour bean, Oct 196 all
soybean chile, Nov 156 N, S, D
soybean curd (Tofu), 4 recipes, Aug 118 all
soybean soup, bistro-style, Nov 156 N, S, D
soybeans, sweet and sour, Nov 156 N, S, D
stew, chuck wagon, Aug 114 all
white bean minestrone, July 114 all
Broccoli with broiled topping, July 113 all
Brussels sprouts with wild rice, Nov 168 N
Cabbage
and sausage, prepared in wok, Aug 56 all
celery cabbage rolls, mushroom rice, Nov 206 all
celery cabbage rolls, pork, with shrimp sauce, Nov 206 all
celery cabbage rolls, Portuguese-style, Nov 206 all
coleslaw, crunchy, June 164 all
coleslaw, ham and cheese sandwich, Sept 120 all
sauerkraut breakfast drinks, Feb 136 all
sauerkraut with roast pork loin, cooked in roasting bag, Feb 127 all
sauerkraut with simmered ham, Oct 157 all
slaw, Swedish-style, Oct 156 all
stew, lamb cabbage, Feb 124 all
whole stuffed, Syrian-style, Apr 108 all
Carrots
cooler, carrot, Feb 136 all
curried, with fruit, Oct 156 all
gingerbread, carrot, with lemon sauce, Apr 230 N, C
Celery, green onion soup, creamed, Apr 219 all
Celery root
salad, herbed, Dec 136 N, 137 C, 135 S, D
salad rémoulade, Dec 136 N, 137 C, 135 S, D
Corn
and patty pan, glazed, July 134 all
salad, fresh corn, Sept 119 all

Vegetables (Cont.)
stir-fried pork with corn, May 238 all
Cucumbers
bisque, vegetable, chilled, Sept 148 S, D
broth, vegetable, hot, Sept 148 S, D
casserole, Sept 148 S, D
pickled, with smetana and honey, Nov 172 N, S, D
purée, frozen, Sept 148 S, D
sauce, tomato-cucumber, Sept 144 all
Eggplant
baked, May 205 all
fried, Japanese style, Sept 129 all
Oriental, and peppers with meat sauce, Sept 129 all
Oriental, with sesame sauce, Sept 129 all
Oriental, with Sherry sauce, Sept 129 all
relish, Feb 139 N
Escarole, lamb soup, Apr 186 all
Garden vegetable salad bowl, Sept 142 all
Gobo
beef and gobo sticks (yahata maki), May 266 all
fried, quick (kimpira), May 266 all
stirred with beef, May 266 all
Greens, spring, and ham soup, Apr 236 all
Jicama
and beef sauté, Jan 101 N, S, D; Feb 139 C
with fried potatoes, Jan 101 N, S, D; Feb 139 C
Leeks
braised, Sept 118 all
creamy horseradish, Oct 182 all
vinaigrette, Oct 182 all
Lentil, ground, pakoras, Nov 153 all
Lettuce
Romaine, crisp, bacon dressing, Feb 124 all
salad, green, sesame seed dressing, May 231 all
salad, iceberg green pea, Oct 163 N, 177 C; Nov 158 S, D
salad Mexicana, Oct 187 all
Mushrooms
and scallops au gratin, Feb 161 all
and squid mantles, skewered, Oct 166 all
and tomatoes, marinated, July 119 N; Nov 168 S, D
broth, fresh mushroom beef, Oct 198 all
cabbage rolls, mushroom rice, Nov 206 all
chicken breasts, mushroom-sausage filling, Oct 203 N, 202 C, S, D
quiche, picnic, sausage-mushroom filling, Aug 108 all
Rock Cornish game hens with mustard cream, whole mushrooms, Mar 171 all
soup, dried mushroom, Dec 146 all
stuffed, Brownie's, Jan 112 all
with watercress, chicken, Jan 92 all
with wild rice, Nov 168 N
Okra, spicy, Dec 160 all
Onions
cakes, Chinese, Nov 194 all
crêpes, spinach onion, Mar 186 all
crisp, Danish, Apr 190 all
custard, onion-cheese, Aug 100 all
onion stuffing, barbecue roasted turkey, Nov 155 all
salad, citrus onion, Mar 171 all
salad, kidney bean, onion, Sept 67 all
salad, tomato onion, Sept 80 all
sautéed, Oct 164 all
soufflé, ricotta onion, May 225 all
soup, Oct 164 all
soup, creamed celery, green onion, Apr 219 all
tart, Oct 165 all

Vegetables (Cont.)
eas
salad, crunchy, Oct 163 N, 177 C; Nov 158 S, D
salad, green pea-salmon, June 143 all
salad, iceberg green pea, Oct 163 N, 177 C; Nov 158 S, D
slaw, peas and peanut, Oct 163 N, 177 C; Nov 158 S, D
eppers
and Oriental eggplant with meat sauce, Sept 129 all
chile beef curry, Dec 160 all
chile, cheese enchiladas, July 120 all
chile sauce, red, Oct 160 all
chiles rellenos casserole, marinara sauce, Feb 162 all
green chile, turkey tumble, Oct 176 N, S, D
green pepper, beef stir-fry, camp meal, Aug 57 all
pepper strips, sautéed, Sept 67 all
picnic basket, cheese, green pepper, June 153 all
pimiento, zucchini casserole, July 134 all
red, marinated roasted, Nov 200 all
red, roasting, Nov 200 all
otatoes
bread, sourdough potato, May 258 all
chip cakes, Sept 138 all
fried, with jicama, Jan 101 N, S, D; Feb 139 C
frying pan, May 202 all
gnocchi with Italian meat sauce, Sept 148 N, 132 C
new, baked, with caviar, June 162 all
picnic basket, potato and shrimp, aioli-style, June 153 all
salad, peanut potato, July 112 all
salad, Ulli's, Nov 190 all
selyanka, fish and potato, Apr 192 all
soup, German, Oct 196 all
stew, potato vegetable, Basque-style, Aug 105 all
stuffed baked, Feb 124 all
atatouille with fresh tomato, June 164 all
pinach
chicken, spinach-wrapped, with Oriental dip, Apr 206 all
chicken breasts, spinach-ham filling, Oct 203 N, 202 C, S, D
crêpes, spinach onion, Mar 186 all
garlic creamed, Mar 178 all
quiche, picnic, sausage-spinach filling, Aug 108 all

Vegetables (Cont.)
salad, bacon and spinach, hot piquant, May 234 all
salad, crisp, Nov 146 all
salad, egg-spinach, May 234 all
soup, Russian, Apr 224 all
squash blossoms, savory spinach-stuffed, Aug 63 all
with bacon, raisins, Mar 178 all
Squash
and beans, ranchero, Nov 158 N, C
anise, cream-glazed, Feb 130 all
bisque, vegetable, chilled, Sept 148 S, D
blossom appetizers, cheese-stuffed, Aug 63 all
blossom fritters, crumb-coated, Aug 63 all
blossoms, savory spinach-stuffed, Aug 63 all
broth, vegetable, hot, Sept 148 S, D
cardamom, cream-glazed, Feb 130 all
crookneck, creamy, July 134 all
patty pan and corn, glazed, July 134 all
pumpkin, fruit chiffon pie, Nov 202 all
pumpkin pickles, Nov 174 all
pumpkin ricotta custard pie, Nov 205 all
summer, casserole, Sept 148 S, D
summer, purée, frozen, Sept 148 S, D
winter, butter-steamed, Feb 130 all
winter, Italian-style, Nov 158 N, C
winter, with apples, Feb 130 all
winter, with bacon, onion, Feb 130 all
with peanuts, coconut, Feb 130 all
zucchini bisque, chilled, Aug 100 all
zucchini, ham stir-fry, camp meal, Aug 57 all
zucchini, pimiento casserole, July 134 all
zucchini pork bake, July 113 all
zucchini, pork bake, Sept 146 all
zucchini, ricotta wheat pilaf, May 225 all
zucchini, sautéed, May 205 all
zucchini, shredded, pancakes, July 116 all
zucchini-shrimp scramble, Jan 114 all
zucchini, zesty, Feb 144 all
Sweet potatoes, grapefruit-topped, Nov 146 all
Tomatoes
and mushrooms, marinated, July 119 N; Nov 168 S, D
chile sauce, hot, spicy, Sept 151 all

Vegetables (Cont.)
crêpes, tomato shellfish, Mar 188 all
drinks, breakfast, Feb 136 all
marmalade, spicy, Sept 150 all
mold, tangy, May 203 all
mustard, tomato, Dec 140 all
pasta sauce, tomato beef, Sept 118 all
relish, fresh coriander tomato, Sept 150 all
salad, sliced tomato, July 70 all
salad, tomato onion, Sept 80 all
sauce, tomato-cucumber, Sept 144 all
soup, tomato seafood, quick, Mar 168 all
stuffed with minted rice, Aug 120 N, S, D, 124 C
Vegetable, brown rice sauté, June 142 all
Vegetable, cheese tostada, July 120 all
Vegetable, lamb skewers, Aug 101 all
Vegetable, turkey tumble, Oct 176 N, S, D
Vegetable bulgur soup, Oct 196 all
Vegetable custard casserole Dec 124 all
Vegetable pakoras, Nov 153 all
Vegetable potato stew, Basque-style, Aug 105 all
Vegetable relish, crisp, Dec 128 C
Vegetable relish dip, Dec 128 C
Vegetable relish spread, Dec 128 C
Vegetable rice salad, July 138 all
Vegetable salad, fresh, Dec 127 all
Vegetable sauté, Mediterranean, Jan 91 all
Vegetables, Ideas for Cooking, a *Sunset* book, May 217 all
Vegetables, skewered, July 70 all
Vegetables, spring, with poached sole, Mar 157 all
Vegetables, squid, stir-fried, Oct 166 all
Vegetables in broth, Apr 97 all
Watercress
and beef in egg batter, Korean (minari juhn), Jan 92 all
and chicken with mushrooms, Jan 92 all
soup, Jan 92 all

Young People's Cooking
Cake, cream cheese, three-ounce, Jan 103 all
Cake, pound, one-egg, Jan 103 all
Doughnuts, Halloween, quick, Oct 195 all
Pie, one-apple, Jan 103 all

Gardening and Landscaping

Annuals
Alyssum, sweet, for weed control, Oct 209 S
Annuals, *Sunset*'s 1974 chart, Sept 70 all
Arctotis, from seed, Mar 198 C
Asters, new, Apr 270 all
Calendula 'Golden Gem,' new, Apr 270 all
Calendulas, compact, Oct 210 C
Calliopsis, from seed, Mar 198 C
Candytuft, rocket, Nov 214 D
Chrysanthemum, annual, from seed, Mar 198 C
Color combination ideas, May 298 all
Cosmos 'Sensation,' 'Klondike,' heat-loving plants, Apr 256 D
Dianthus, new, Apr 270 all
Dainthus 'Magic Charms,' Nov 214 C
Feverfew-marigold border, bean protection, Apr 258 S

Annuals (Cont.)
Flower seed swap, So. Calif. neighborhood, Oct 234 C, S, D
Gypsophila, from seed, Mar 198 C
Marigold-feverfew border, bean protection, Apr 258 S
Marigold 'Happy Face,' Mar 199 C, D
Marigolds, new, Apr 270 all
Nasturium 'Whirlybird Scarlet,' Apr 270 all
Nasturtiums, early bloom, Oct 210 D
Packs of blooming plants for late planting, July 151 S
Petunias, Cascade, ground cover, June 196 N
Petunias, new, Apr 270 all
Petunias, pink, 'Maytime,' Oct 209 D
Petunias, planting early, Feb 169 S
Planting, high elevation gardens, June 198 D

Annuals (Cont.)
Planting late, desert gardens, Dec 173 D
Planting rootbound plants, June 195 C
Plastic shelter to protect flowers for winter bouquets, Nov 213 C
Poppies, Iceland, making cut flowers last longer, Mar 199 C, 198 D
Poppy, Iceland, 'Champagne Bubbles,' new hybrid, Apr 256 N
Poppy, Mexican tulip *(Hunnemannia fumariaefolia)*, Nov 213 S
Poppy, Shirley *(Papaver rhoeas)*, Nov 213 S
Portulaca grandiflora, June 220 N
Salpiglossis, from seed, Mar 199 C
Scabiosa, from seed, Mar 199 C
Snapdragons, new, Apr 270 all
Snapdragons, planting for spring bloom, Nov 216 C

Annuals (Cont.)
Sunflower 'Teddy Bear,' waist-high, Apr 273 all
Sunset's 1972 Garden Contest winners, summer flower gardens, Apr 100 all
Sweet peas, planting for heavy bloom, Sept 185 D; Oct 212 C
Sweet peas grown on fish net trellis, Apr 258 N
Winter flowers for shade, Oct 210 C
Zinnia, creeping (*Sanvitalia*), from seed, Mar 215 D
Zinnia 'Peter Pan Scarlet,' Mar 199 C, D
Zinnias, new, Apr 270 all
Zinnias, Peter Pan, May 269 S; June 198 N

Arrangements
Christmas garlands, seed, berry, Dec 174 C, S
Daffodils, making cut flowers last longer, Mar 199 C, 198 D
Forcing bloom from cut branches, Jan 120 N
Holiday greens from the garden, Dec 186 N
Poppies, Iceland, making cut flowers last longer, Mar 199 C, 198 D

Book Reviews
Color for the Landscape, Oct 209 S
Color in Your Garden, a *Sunset* book, Apr 269 all
How to Grow Roses, a *Sunset* book, Mar 200 all
Information on Flowering of Southwestern Desert Plants, leaflet, Apr 255 D
1973 Handbook for Selecting Roses, Jan 122 C
Rose Growing in Hawaii, Feb 170 S
Seed catalogs, foreign, Jan 139 N; Feb 199 S, D; Dec 196 C
Sunset Western Garden Book, tenth printing, May 269 C, D, 270 S
Terrariums & Miniature Gardens, a *Sunset* book, May 282 all

Bulbs and Bulblike Plants
Agapanthus 'Rancho Dwarf,' Nov 230 all
Alliums, planting for spring performance, Oct 222 N, C
Anemone, poppy (*Anemone coronaria*), saving seed, Apr 255 C
Anemones, fall planting, Oct 252 S, D
Begonias, digging, storing, Nov 226 all
Begonias, Elatior, Jan 50 all
Begonias, Elatior, hanging outdoors, June 195 N
Begonias, tuberous, Bertinii hybrids, Apr 255 S
Begonias, tuberous, Multiflora, Apr 255 S
Belladonna lily (*Amaryllis belladonna*), Aug 131 C
Bulbs for mild-winter climates, Oct 209 C
Bulbs mixed with low-growing perennials, Oct 252 N, C
Cannas, digging, storing, Nov 224 all
Color combination ideas, May 298 all
Cyclamen, florist's (*Cyclamen persicum*), growing outside, Dec 173 S
Cyclamens, winter garden color, Dec 208 all
Daffodil Society show, Descanso Gardens, La Canada, Calif., Mar 199 S
Daffodils, making cut flowers last longer, Mar 199 C, 198 D
Daffodils, newly planted, catproofed, Oct 218 all
Dahlias, digging, storing, Nov 224 all
Gladiolus, digging, storing, Nov 224 all
Gladiolus, 1973 All-America Selections, Jan 119 C
Gladiolus, planting, Jan 119 S

Bulbs and Bulblike Plants (Cont.)
Growing in containers, Nov 222 all
Iris breeding techniques, May 284 all
Mass planting, Nov 222 all
Narcissus, forcing bloom indoors, Oct 234 N
Peonies, planting roots, Nov 216 N
Ranunculus, fall planting, Oct 252 S, D
Soil preparation, planting, Oct 236 C, S, D
Spring star flower (*Ipheion uniflorum*), Nov 233 all
Star of Persia, Oct 222 N, C
Sternbergia lutea, Aug 149 S, D

Container Gardening
Agapanthus 'Rancho Dwarf,' Nov 230 all
Asparagus spregeri 'Compacta,' Sept 160 C
Begonias, Elatior, hanging outdoors, June 195 N
Bonsai, alpine, step by step details, May 278 all
Box garden, flower and vegetable, July 72 all
Boxwood, dwarf English (*Buxus sempervirens* 'Suffruticosa'), topiary tree, Mar 197 N
Bulbs, how to grow in containers, Nov 222 all
Camellia 'Shishi-Gashira,' Dec 194 S
Camellias, Feb 169 D
Conifers, dwarf, grouping for woodland feeling, Dec 183 all
Conifers, root and foliage pruning, Feb 194 all
Conifers, special care, June 228 N
Container ideas from Black Forest, June 225 N, C
Containers, plumbing elbow, Mar 145 all
Containers for different uses from one barrel, Nov 134 all
Cotoneaster 'Pendula,' trained as treelike plant, Nov 214 N
Daffodils, newly planted, catproofed, Oct 218 all
Deck railing with sunken clay pots, Sept 160 N
Echeveria setosa for shallow container, Sept 173 N, S, D
Hanging plants for shady spots, June 196 D; Aug 131 C
Hanging plants for sunny spots, June 195 D; Aug 131 C
Harry Lauder's walking stick (*Corylus avellana* 'Contorta'), Feb 199 N
Living-bouquets-in-a-sphere, June 90 all
Living-bouquets-in-a-sphere, viewing in So. Calif., June 195 S
Lotus berthelotii, June 204 all
Macramé slings, care, June 196 D
Plant boxes for unattractive containers, June 128 all
Planters, weathered wood, July 94 all
Podocarpus, cutting, grown, Jan 120 S
Pots, planters on posts, Oct 102 all
Roof deck garden in containers, Mar 90 all
Rootbound plants, first aid, Feb 170 D
Sedum spathulifolium for shallow container, Sept 173 N, S, D
Sprinkling system for deck, indoor container plants, Feb 184 N, S, D
Stairway with container plants at ends of steps, Mar 119 all
Succulents, hanging garden mural, Aug 140 D; Sept 165 C, S
Terrariums & Miniature Gardens, a *Sunset* book, May 282 all
Tomatoes, big, in whiskey half-barrels, Apr 262 all
Vegetable garden in fishing skiff, Apr 310 all
Watering system, automatic, for deck, indoor plants, July 157 C

Espaliering
Camellia 'Shishi-Gashira,' Dec 194 S
Fuchsias, Sept 74 all

Ferns
Boston fern (*Nephrolepis exaltata* 'Bostoniense'), Jan 58 N, C, D
International Fern Society's annual show, Los Angeles, July 151 S
Misting, July 151 N
Rabbit's foot (*Davallia trichomonoides*), propagating, June 196 S
Soil, neutralizing, for indoor plants, Apr 256 N

Fruits and Nuts
Almonds, harvesting, July 151 C
Apricot 'Golden Amber', Jan 120 C, S
Banana (*Musa paradisica sapientum*), Apr 258 D
California Rare Fruit Growers organization, Mar 198 C
Cherimoyas, growing in So. Calif., June 210 S
Citrus, fertilizing, Feb 169 D
Citrus, planting in pulp pots, Mar 198 S
Citrus, winter, harvesting, Dec 188 S, D
Citrus blossoms, reasons for dropping, Apr 255 D
Citrus for Tucson area, Mar 197 D
Jujube, Chinese, Jan 120 C, D
Melons, how to grow, May 294 all
Melons, withholding water to make sweeter, Aug 131 C
Peach leaf curl, Nov 213 C
Peach 'Shanghai,' Jan 119 S
Peaches for mild climates, Jan 119 S
Rose hips on *Rosa rugosa*, Sept 159 N
Sapote, white (*Casimiroa edulis*), Mar 226 C, S, D
Thinning deciduous fruits, Apr 255 C
Trees, deciduous, where to grow in So. Calif., Feb 169 S
Trees, dwarf deciduous, Feb 170 C
Trees for high, low desert, Feb 190 D
Watermelons, determining ripeness, Aug 131 N
Watermelons, midget, May 271 N, 270 C, S, 269 D

Garden Structures, Greenhouses, Plant Shelters
Coldframe, rooftop, Apr 256 N
Compost factories, four ideas, Apr 114 all
Frost frame, fold-up, Oct 210 N
Greenhouse, almost automatic, Feb 180 all
Greenhouse, portable plastic, June 104 all
Greenhouse built from old windows, Sept 182 N; Oct 240 C, S, D
Greenhouse entry utilizing old windows, Aug 136 N
Greenhouse in the round, Nov 255 S, D
Plant starter box, Sept 162 C, S; Oct 232 N, 212 D
Plastic shelter to protect flowers for winter bouquets, Nov 213 C
Shadeframe for tomatoes, June 222 N, C

Garden Techniques and Maintenance
Bare-root planting, Jan 119 C, S
Bare-root planting, special opportunity with few plants, Mar 199 S
Bare-root plants, preventing failures, Jan 119 D
Bonsai, alpine, step by step details, May 278 all
Brown leaves, needles, care for plants with, July 151 N
Bulbs, tubers, summer-flowering, digging, storing, Nov 224 all

Garden Techniques and Maintenance (Cont.)
Catproofing newly planted daffodils, Oct 218 all
Christmas cactus, care for bloom, Sept 160 N
Compost, eucalyptus leaves, chicken manure, June 196 S
Compost cylinder, poultry netting, Feb 169 S
Compost factories, four ideas, Apr 114 all
Coolest spot in garden, telling by melting snow, Mar 199 N
Cubic yard, how far it will go, Jan 119 N, 120 D
Dividing bamboo, Mar 198 N
Fertilizing, fall, Oct 209 N
Fertilizing citrus trees, Feb 169 D
Fertilizing large trees, June 195 N
Freeze damage survey, 1972, Mar 84 N, C
Freeze damage survey changes, Oct 210 C
Freeze-damaged plants, May 270 C
Freeze-damaged plants, slowing growth, Sept 160 C
Freeze-damaged trees, sunburn protection, June 195 C
Freeze of 1972, report on plants one year later, Dec 190 N, C
Frost damage, repairing, Feb 169 C
Frost-damaged plants, pruning, Feb 169 D
Frost protectors for plants, Mar 197 C; Nov 215 C
Germination improved with black plastic, Apr 255 C
Greenhouse, plastic bag, Jan 138 S, D; Mar 238 C
Greenhouse gardening in warm weather, June 206 all
Harvesting almonds, July 151 C
Harvesting winter citrus, Dec 188 S, D
Heat, fall, protecting cole family vegetables, Oct 209 S
Indoor plants, grooming plants outdoors, Aug 131 S
Lawns, Bermuda, revitalizing, May 270 D; Sept 160 S
Lawns, Bermuda, scalping, Sept 161 S
Leaf cleanup, equipment, Nov 92 all
Leaf feeding indoor plants, Feb 188 S, D; Nov 241 C
Living-bouquets-in-a-sphere, June 90 all
Mosses, native, tonic for, May 269 N
Mulch, newspaper, July 157 N, S, D
Mulching, May 270 C, S
Planting, fall, Sept 68 all; Oct 209 S
Planting, spring, soil preparation, Feb 169 D
Planting, winter, finding sunny spot, Oct 210 S
"Planting" bromeliads, Aug 136 S
Planting bulbs, Oct 236 C, S, D
Planting citrus trees in pulp pots, Mar 198 S
Planting flowers from pots, June 196 C
Planting hole, bonemeal for, Feb 170 S
Planting palms, May 270 S, 269 D
Planting roses, So. Calif., Feb 170 S
Planting tools, wooden, Feb 176 N, C, 177 S, D
Pruning, winter, tips, Jan 120 N
Pruning, root and foliage, potted conifers, Feb 194 all
Rhododendron blossoms, removing dead, May 271 N
Rootbound annuals, planting, June 195 C
Rootbound plants, first aid, Feb 170 D
Rose care for five bloom times, Apr 255 S
Roses, disbudding, June 196 N
Seed collecting from your garden, Sept 160 N
Soil, how to improve, Sept 160 D

Garden Techniques and Maintenance (Cont.)
Spray, dormant, applying, Jan 119 N
Storing surplus food crops, Nov 220 all
Suckers, removing from trees, Apr 255 N
Sunburn, ivy, preventing, Sept 160 S
Thinning deciduous fruits, Apr 255 C
Tomato blossoms, removing after fruit forms, May 269 S, 271 D
Transplanted seedlings, shading with clay pots, June 222 N, C
Watering basin, tightening up on new plantings, Aug 132 S

Ground Covers
(See Lawns, Ground Covers)

Herbs
Borage, July 169 S, D
Comfrey, July 169 S, D
Garlic, wild (*Allium triquetrum*), Oct 252 N, C
Herb garden in kitchen window, Mar 205 all
Potpourri, how to make, June 230 C; Aug 140 N
Savory, summer, to keep whiteflies away from beans, June 196 C
Thyme, woolly, cushion for garden bench, June 209 all

House Plants
Aechmea weilbachii, dividing for gifts, Dec 180 N, S, D
Air-layering, Apr 294 N; Dec 197 S, D
Aphid control, Jan 120 D
Artillery plant (*Pilea microphylla* or *P. serpyllifolia*), Apr 284 all
Asparagus sprengeri 'Compacta,' Sept 160 C
Aspidistra, Mar 218 all
Baby's tears (*Soleirolia soleirolii*) for small pots, Jan 120 N
Bananas, no fruit on indoor plants, June 195 S
Bathroom gardening, light, display ideas, Apr 169 all
Begonias, cane-stemmed, Feb 190 N, 200 S, D
Begonias, Elatior, Jan 50 all
Cactus, Christmas, care for bloom, Sept 160 N
Cactus, Christmas, year-around care, Dec 174 N
Citrus, Feb 185 C
Coleus 'Carefree,' self-branching, Apr 255 C
Curlycress, children's indoor gardening project, Nov 214 N
Fatsia japonica, Nov 234 N
Ferns, Boston (*Nephrolepis exaltata* 'Bostoniense'), Jan 58 N, C, D
Ferns, neutralizing soil, Apr 256 N
Fig, fiddleleaf (*Ficus lyrata*), air-layering, Apr 294 N; Dec 197 S, D
Fragrant blooms, plants with, Jan 128 N; Feb 184 C
Gardenia (*G. jasminoides*), Jan 128 N, Feb 184 C
Gift ideas, fifteen, for indoor gardeners, Dec 176 all
Gift plants, fail-safe, Dec 173 N
Greenhouse window in kitchen, Feb 88 all
Herb garden in kitchen window, Mar 205 all
Impatiens, bringing indoors for winter, Oct 210 N
Jade plant (*Crassula argentea*), Jan 126 N
Jasmine, angelwing (*Jasminum nitidum*), Jan 128 N; Feb 184 C
Kalanchoe blossfeldiana, Christmas-colored plant, Dec 200 N
Leaf feeding, Feb 188 S, D; Nov 241 C

House Plants (Cont.)
Narcissus, forcing bloom indoors, Oct 234 N
Philodendron 'Hastatum', growing in water, Jan 120 N
Plectranthus (*P. australis* and *P. oertendahlii*), Nov 213 N
Poinsettias, two new families—Annette Hegg, Eckespoint, Dec 186 C
Poinsettias, care after bloom, Dec 187 C
Pot holder for kitchen window, Feb 172 N
Rubber plant (*Ficus elastica*), air-layering, Apr 294 N; Dec 197 S, D
Rubber plant (*Ficus elastica*), grown outdoors, June 196 C
Rubber plant, variegated (*Ficus elastica* 'Variegata'), Dec 173 N
Snake plant (*Sansevieria trifasciata*), Feb 170 N
Stephanotis (*S. flouribundia*), Jan 130 N; Feb 184 C
Succulents in bonsai pots for gifts, Feb 196 S, D
Syngonium podophyllum, Mar 246 C, S, D; Apr 308 N
Terrariums & Miniature Gardens, a *Sunset* book, May 282 all
Tomatoes, growing indoors, Sept 159 C; Oct 209 S
Watering plants outdoors, Aug 131 S
Wax plant (*Hoya carnosa*), Jan 133 N; Feb 184 C
Wax plants (*Hoya*), Jan 122 N
Yucca, Nov 213 N

Landscaping
Additions, changes to So. Calif. garden, Aug 134 N, C, D
Aspen grove, landscaping in, around, July 164 N
Bank stabilized with heavy timbers, Oct 255 all
Bird-livable garden ideas, Nov 94 all
Birds, plants which attract, Nov 236 N, S, D, 234 C
Border, formal, French manner, June 195 C
Border, winter, Feb 169 N
Box garden, flower, vegetable, July 72 all
Cactus garden success story, Aug 142 C; Oct 227 D
Canoe harbor at lawn edge, Apr 290 N
Car barrier, utility-pole, Jan 85 all
Color, late planting, packs of annuals, July 151 S
Color, spring, planning and planting, Sept 68 all
Color for the Landscape, book review, Oct 209 S
Color gap, winter, plants for, Jan 122 D
Color gardening ideas, 22 combinations, May 298 all
Color in Your Garden, a *Sunset* book, Apr 269 all
Color performers for fall, trees, Nov 213 S
Cool house, plants, house design for, Nov 234 D
Coolest spot in garden, telling by melting snow, Mar 199 N
Courtyard garden for shade-loving plants, Sept 166 N, C
Desert garden enclosed with masonry walls, Aug 131 D
Desert gardens, plants for shaded spots, July 151 D
Drainage ditch covered with deck, July 166 C, S, D; Sept 195 N
Driveway, pebbled, to concealed cam[illegible] storage, Dec 180 C, 201 S, D
Entrance courtyard, Mar 146 C, [illegible]
Entry garden transition from wi[illegible] surroundings, Mar 234 N, 2[illegible]
Entry remodel, new trellis, flow[illegible] steps, Mar 236 N
Entry walk bridge over drainag[illegible] Apr 264 all

Landscaping (Cont.)

Fence, high living evergreen, Nov 213 N
Fire retardant plants, report on survival of neglected plants, Nov 234 S
Flowers, winter, for shade, Oct 210 C
Garden plot, circular, watered with one sprinkler, Apr 292 N, C
Garden pools with moving water, Aug 64 all
Ground covers as extensions of garden paving, July 169 N, C
Ground covers landscape easy-care garden, May 272 N, C; Sept 180 S, D
Hanging plants for shady spots, June 196 D; Aug 131 C
Hanging plants for sunny spots, June 195 D; Aug 131 C
Hillside, spring-fed, turned into green stairway, Oct 209 N
Hillside garden, steep, with pool, June 200 N
Hillside garden, wilderness-style, June 210 N, S, D
Hillside garden that makes own climate, Mar 232 N
Hillside vegetable garden planted in raised boxes, Apr 308 C, S, D
House designed for garden views, June 226 N
Japanese garden, teahouse, Oct 230 C
Japanese garden, tranquil, May 312 S, D
Jungle-like gardens with bromeliads, So. Calif., Aug 134 S
Natives aren't for everybody, Oct 215 all
Outdoor living fit into tight space, June 80 all
Parking space, off-street, cut into hillside, Nov 145 N, C, 133 S, D
Paving ideas from the Netherlands, May 296 all
Peninsula at water's edge, Oct 241 N
Plant combinations, vertical-and-mounding, Sept 185 S
Privacy for outdoor living areas, May 312 N; June 226 C, S, D
Railroad tie uses, Arboretum Foundation-*Sunset Magazine* Demonstration Home Gardens, Arcadia, Calif., Sept 72 all
Raised beds for garden with poor soil, Feb 190 C, S; Mar 222 N
Raised planting bed, semi-perennial garden, May 310 S, D; Sept 188 N, C
Remodel with pool, change room, games, canopy, June 102 N
Remodeled garden house with new entry, ou[illegible] room, Sept 76 S, D
Rock and plant [illegible], Mar 210 all
Rock bed next to house, Jan 119 N
Roof deck garden in containers, Mar [illegible] all
Shade trees for des[illegible] areas, Apr 255 D
Side yards, planting ideas, June 230 S, D
Slope terraced with broad steps, Apr 140 all
Steep cut bank gunited, camouflaged with plantings, July 166 N, 164 C
Steep lot planted with ground covers, Mar 232 C, S, D
Streetside gardens, one private, one public, Aug 142 N, 138 S, D
Succulents grown on stone wall, Ma[illegible] N
Tranquil garden with water, trilevel [illegible], July 78 all
Tree planted below drop-off at rear of [illegible], Apr 278 N
Treeless lot transformed into feel of forest, streams, Sept 166 S, D
Vegetables planted in flower beds with annuals, May 269 N
Vines, choosing, June 216 N
Walks, bridges, ideas from the Netherlands, Oct 118 N
Windbreaks for desert gardens, May 270 D
Woodsy garden, seven-year wonder, Oct 228 all

Lawns, Ground Covers

Asparagus sprengeri 'Compacta,' Sept 160 C
Baby's tears (*Soleirolia soleirolii*), Jan 120 N
Bermuda lawn, revitalizing, May 270 D; Sept 160 S
Bermuda lawn, scalping, Sept 161 S
Bermuda sod, quick lawn, May 269 D
Broom (*Genista pilosa*), May 271 N
Daisies, trailing African (*Osteospermum fruticosum*), Mar 198 C
Dichondra flea beetle, June 212 C, S, D
Ground covers as extensions of garden paving, July 169 N, C
Ground covers for steep lot, Mar 232 C, S, D
Ground covers landscape easy-care garden, May 272 N, C; Sept 180 S, D
Honeysuckle, Cape (*Tecomaria capensis*), May 271 S
Iceplant (*Cephalophyllum* 'Red Spike'), cold-resistant, Apr 256 C
Ice plant, weeding with magnesium chloride, Aug 131 S
Lawn, sodded, Oct 212 N
Lawn, winter, weed control, Jan 119 D
Lawn clippings, leaving after mowing vs. removing, Sept 161 N, 160 C
Lawn fungus, fairy ring, Mar 198 N
Lawn watering, frequent vs. infrequent, May 316 C
Lotus berthelotii, June 204 all
Moss, Irish, planted with umbrella plant, Sept 185 S
Myoporum, prostrate (*Myoporum parvifolium*), May 272 N, C; Sept 180 S, D
Petunias, Cascade, as ground cover, June 196 N
Pork and beans (*Sedum rubrotinctum*), May 273 N, C; Sept 182 S, D
Rupture wort (*Herniaria glabra*), May 272 N, C; Sept 180 S, D
St. Augustine grass, telling from Kikuyu grass, May 274 C, 320 S, D
St. Augustine grass for tough lawn, Apr 292 S, D
St. Augustine grass pest, Southern cinch bug, Apr 255 S
Sedums, natural spreaders, Apr 274 N
Spider plant (*Chlorophytum comosum*), June 220 S, D
Teucrium chamaedrys for hot, dry climates, July 151 N

Miscellaneous

Botanic Garden, Palermo, Sicily, June 214 N, 225 S, D; Dec 200 C
Neighborhood Youth Corps workers for work projects, Mar 239 N
Potpourri, how to make, June 230 C; Aug 140 N
Seed catalogs, foreign, Jan 139 N; Feb 199 S, D; Dec 196 C
Shrub nursery, children's project, Sept 178 N, C
Sunset's Desert Garden Contest, 1974, Oct 209 D; Nov 215 D
Sunset's 1972 Garden Contest winners, summer flower gardens, Apr 100 all
Sunset's 1973 Garden Contest, how to enter, Apr 297 N, S, D, 299 C; May 317 N, S, D, 319 C
Sunset's 1973 Garden Contest, note to So. Calif. contestants, June 196 S
Warranty on plants, Nov 213 D
Weather watch by *Sunset*'s editors, Mar 248 all

Natives

Baneberry (*Actaea arguta*), Aug 131 N
Blazing star (*Mentzelia lindleyi*), growing from seed, Nov 228 all

Natives (Cont.)

Desert natives, cactus, buying and planting, Mar 198 D
Grape, Oregon (*Mahonia aquifolium*), spring bloom, Mar 197 N
Ironwood, Catalina (*Lyonothamnus floribundus, L. f. asplenifolius*), Mar 234 S, D
Jojoba (*Simmondsia chinensis*), Dec 194 D
Lewisias, Sept 185 C
Mesquite, affected by twig girdlers, Jan 122 D
Mosses, tonic for, May 269 N
Natives aren't for everybody, Oct 215 all
Oaks, old, lifesaving care, Sept 180 C; Dec 190 S, D
St. Catherine's lace (*Eriogonum giganteum*), Apr 280 C, S, D
Shrubs, basic, Oct 216 all
Sumac, smooth (*Rhus glabra*), Oct 230 N
Tidytips (*Layia platyglossa*), Nov 216 D
Trees and shrubs, where to buy, Apr 255 S
Trillium, spring bloom, Mar 197 N
Wildflower show, Stinson Beach, Calif., May 271 C
Wildflowers, sowing seed for spring bloom, Oct 210 C

Paving

Concrete, unwanted, breaking, Feb 172 C
Concrete block, split, economical paving, Nov 112 N
Concrete tile entry walk, patio, Aug 136 C, D; Sept 180 N, 174 S
Driveway, pebbled, to concealed camper storage, Dec 180 C, 201 S, D
Garden walks, bridges, ideas from the Netherlands, Oct 118 N
Ground covers used as extensions of garden paving, July 169 N, C
How to Build Walks, Walls & Patio Floors, a *Sunset* book, June 124 all
Paving ideas from the Netherlands, May 296 all
Paving: cobbles, tiles, pebbles, ties, Mar 105 all
Walkway of concrete fragments, Mar 202 all

Perennials

Aspidistra, Mar 218 all
Basket-of-gold (*Alyssum saxatile*), from seed, Aug 149 N, 138 C
Bergenia, July 176 C
Bleeding heart (*Dicentra spectabilis*), Feb 169 C
Bluebell, peach leafed (*Campanula persicifolia*), growing from seed, Aug 149 N, 138 C
Chrysanthemums, cascade, Sept 161 N
Chrysanthemums, fall planting, Sept 160 N
Color combination ideas, May 298 all
Coreopsis (*C. grandiflora*), growing from seed, Aug 149 N, 138 C
Daisies, Shasta, dividing, Oct 209 C
Daisy, Shasta, 'Little Miss Muffet,' growing from seed, Aug 149 N, 138 C
Delphinium (*D. cheilanthum*), growing from seed, Aug 149 N, 138 C
Delphinium, Chinese (*Delphinium grandiflorum*), growing from seed, Aug 149 N, 138 C
Dianthus 'Beatrix,' clove-scented plant, Apr 260 all
Doronicum caucasicum, Apr 256 N
Fountain grass (*Pennisetum setaceum*), Apr 256 D
Garlic, wild, (*Allium triquetrum*), Oct 252 N,
Hibiscus moscheutos, Sept 159 N
Impatiens, bringing indoors for winter, Oct 210 N
Lotus berthelotii, June 204 all
Low-growing, mixed with bulbs, Oct 252 N, C

erennials (Cont.)
erennials, *Sunset*'s 1974 chart, Sept 70 all
hlox, summer (*P. paniculata*), late summer flower, Aug 132 N
oppy, Mexican tulip (*Hunnemannia fumariaefolia*), Nov 213 S
rimroses, Auriculas, May 274 N
eed, giant (*Arundo donax*), June 222 D
ockcress, wall (*Arabis caucasica* 'Variegata'), Oct 252 N, C
axifraga rosacea 'Apple Blossom,' Oct 252 N, C
mbrella plant (*Cyperus alternifolius*)—Irish moss plant combination, Sept 185 S
alerian, red (*Centranthus ruber*), Oct 210 N
erbascum bombyciferum 'Arctic Summer,' Sept 159 C
iolet, confederate (*Viola priceana*), Oct 252 N, C
iolet 'Purple Showers,' Feb 169 N
arrow, fernleaf (*Achillea filipendulina*), growing from seed, Aug 149 N, 138 C

ests, Insects, Diseases
phids on house plants, Jan 120 D
acterium *Pseudomonas syringiae* affecting oleander, May 269 S
orn earworms, July 151 C
ichondra flea beetle, June 212 C, S, D
ormant spray, applying, Jan 119 N
arwigs, leaf miners, slugs, controlling with chickens, ducks, June 195 N
nvironmental clinic, Berkeley, Calif., Mar 199 C
airy ring fungus, Mar 198 N
everfew-marigold border, bean protection, Apr 258 S
ireblight on pyracantha, Mar 198 D
ilac blight, May 271 N
oles, Mar 224 N
osquito control in garden pools, July 151 C
each leaf curl, sprays for, Nov 213 C
ink bud rot affecting palm trees, Oct 210 S
raying mantises, providing food for, May 270 D
lugs, baiting for, Mar 198 N
outhern chinch bug, St. Augustine grass pest, Apr 255 S
ree pest control program, Berkeley, Calif., Jan 125 all
wig girdler affecting mesquite, Jan 122 D
ater mold organisms affecting daphne, Feb 186 all
ater molds, Sept 160 S
hiteflies, protecting beans by planting summer savory, June 196 C

ropagation
cacia seeds, sprouting, Jan 128 C, S, D
echmea weilbachii, dividing for gifts, Dec 180 N, S, D
ir-layering, Apr 294 N; Dec 197 S, D
nemone, poppy (*A. coronaria*), from seed, Apr 255 C
andelions, sowing seed, Mar 212 all
ig, fiddleleaf (*Ficus lyrata*), air-layering, Apr 294 N; Dec 197 S, D
lower seed swap, So. Calif. neighborhood, Oct 234 C, S, D
ermination improved with black plastic, Apr 255 C
reenhouse, plastic bag, Jan 138 S, D; Mar 238 C
ris breeding techniques, May 284 all
ronwood, Catalina, growing from seed, Mar 234 S, D
ade plants, starting new plants, Jan 126 N
eas, sugar, edible-pod, planting seed, Oct 210 D

Propagation (Cont.)
Rabbit's foot fern (*Davallia trichomonoides*), making cuttings, June 196 S
Rhododendron seed grown in basement growing bench, Nov 219 C
Rubber plant (*Ficus elastica*), air-layering, Apr 294 N; Dec 197 S, D
Seeds, impact-sensitive, care, May 269 S
Seeds, watering with warm water, May 269 S
Sweet peas, planting for heavy bloom, Sept 185 D; Oct 212 C
Tomatoes, tip cuttings for new plants, Oct 211 N
Vegetables, cool-season, planting in desert areas, Sept 162 D
Vegetables, planting seed indoors, Jan 136 S, D; Feb 188 N, C
Vegetables, starting in flats, May 269 N
Vegetables, winter garden, planting, Sept 159 D
Wildflowers, sowing seed for spring bloom, Oct 210 C
Zinnia, creeping (*Sanvitalia*), from seed, Mar 215 D

Pruning
Boxwood, dwarf English (*Buxus sempervirens* 'Suffruticosa'), trained as topiary tree, Mar 197 N
Conifers, potted, root and foliage pruning, Feb 194 all
Coral trees, Jan 133 S, D
Frost-damaged plants, Feb 169 D
Juniper chinensis 'Pfitzeriana Glauca,' giant bonsai, Nov 215 N
Pruning to create nesting place for birds, Mar 197 D
Roses, Mar 199 N
Trees, temporary branches, Apr 256 S
Trees, young, leaving lower branches, Apr 256 C
Winter pruning tips, Jan 120 N

Regional Gardens and Gardening
Canadian
Lieutenant Governor's residence gardens, Victoria, B.C., Sept 30 N

Desert
Citrus for Tucson area, Mar 197 D
Desert garden enclosed with masonry walls, Aug 131 D
Flower and Garden Fair, Tucson, Sept 159 D
Fruit trees for high, low desert, Feb 190 D
Hillside wilderness-style garden, Flagstaff, Ariz., June 210 N, C, D
Information on Flowering of Southwestern Desert Plants, leaflet review, Apr 255 D
Planting vegetables, annuals, high elevations, June 198 D
Plants for shaded spots, July 151 D
Sunset's Desert Garden Contest, 1974, Oct 209 D; Nov 215 D
University of Arizona Garden Center, Tucson, Oct 210 D

Hawaiian
Kula Botanical Garden, Maui, Mar 58 all

Northern California
Bay tree, saving, San Mateo, Apr 258 C
Daffodil Hill, near Volcano, Apr 37 C
East Bay Regional Parks Botanic Garden, Berkeley, Apr 288 N, C; July 159 all
Environmental clinic, No. Calif. Committee for Environment Information, Berkeley, Mar 199 C
Garden achievement by 13-year-old, June 200 C, S, D

Regional Gardens and Gardening (Cont.)
Northern California (Cont.)
Los Gatos entry garden is transition from wild surroundings, Mar 234 N, 222 C, S, D
Raised beds for garden with poor soil, Feb 190 C, S
Stapleton home garden, Oroville, May 130 all
Stinson Beach Wildflower Show, May 271 C
Strybing Arboretum and Botanic Garden, San Francisco, July 159 all
University of California Arboretum, Davis, July 159 all
University of California Botanical Garden, Berkeley, Jan 3 C; July 159 all

Northwest
Master Gardener's Plant Clinics, free advice for Wash. gardeners, Aug 138 N
Pike Place Market, Seattle, Mar 246 N
Portland hillside side garden makes own climate, Mar 232 N
Vines for Northwest gardens, June 216 N
Volunteer Park Conservatory, Seattle, Feb 4 N
Woodsy Portland garden, seven-year wonder, Oct 228 all

Southern California
Botanical Garden-Herbarium, University of California, Los Angeles, July 162 all
Botanical gardens, Christmas gift shopping, Dec 8 S, D
Botanical Gardens, Henry E. Huntington Library and Art Gallery, San Marino, July 160 all
Bromeliad specialists, So. Calif., Aug 131 S
Bromeliads in jungle-like gardens, Aug 134 S
California Arboretum Foundation plant sale, Arcadia, Apr 255 S
Daffodil Society show, Descanso Gardens, La Canada, Mar 199 S
Descanso Gardens, La Canada, July 160 all
Elysian Park, Los Angeles, rare trees, May 38 S, D
Fall planting, Oct 209 S
Fire-retardant plants, report on survival of neglected plants, Nov 234 S
Fruit trees, deciduous, where to grow, Feb 169 S
Garden art show, Arboretum Foundation-*Sunset Magazine* Demonstration Home Gardens, Arcadia, Oct 224 S, D
International Fern Society show, Los Angeles, July 151 S
Japanese garden, Anaheim, May 312 S, D
Japanese Garden, Huntington Library's Botanical Gardens, San Marino, July 3 S
Juniper garden, Los Angeles State and County Arboretum, Arcadia, Mar 197 S
Long Beach, Rancho los Cerritos gardens, Apr 8 S
Los Angeles State and County Arboretum, Arcadia, new displays, Apr 288 S, D; July 160 all
Plant boutiques, greater Los Angeles area, May 269 S
Quail Botanic Gardens, near Encinitas, July 162 all
Rancho Santa Ana Botanic Gardens, Claremont, July 162 all
Santa Barbara Botanic Garden, July 159 all
South Coast Botanic Garden, Palos Verdes Peninsula, July 160 all
University of California Botanic Gardens, Riverside, July 162 all

Shrubs
Arborvitae, Oriental (*Platycladus orientalis*), hardy plant, Sept 159 D
Azalea shopping tips, Mar 197 S
Azaleas, 1972 freeze damage, May 310 N, C

Shrubs (Cont.)
Bamboo, dividing, Mar 198 N
Bamboo, giant timber (*Phyllostachys bambusoides*), bloom, June 198 N
Bare-root planting, Jan 119 C, S
Boxwood, dwarf English (*Buxus sempervirens* 'Suffruticosa'), topiary tree, Mar 197 N
Broom (*Genistra pilosa*), May 271 N
Camellia, reticulata hybrid, 'Aztec,' Jan 120 S
Camellia 'California,' transplanted 85-year-old plant, Feb 170 S
Camellia 'Daikagura,' Dec 178 all
Camellia 'Shishi-Gashira,' Dec 194 S
Camellias in containers, Feb 169 D
Cotoneaster henryana grown as tree, Apr 255 N
Cotoneaster 'Pendula,' tree-like container plant, Nov 214 N
Daphne, deciduous (*D. mezereum*), early dormancy, Aug 131 N
Daphne, killing water mold organisms, Feb 186 all
Daphne odora, successful planting, Feb 68 all
Dogwood, redtwig (*Cornus stolonifera*), Feb 170 N
Fatsia japonica, Nov 234 N
Fuchsia, Australian (*Correa pulchella*), Feb 198 C; Mar 240 S, D
Fuchsia arborescens, for spacious location, Sept 161 C
Fuchsias, growing in ground, Sept 74 all
Harry Lauder's walking stick (*Corylus avellana* 'Contorta'), Feb 199 N
Heath, wax (*Erica ventricosa*), Apr 290 C
Honeysuckle, Cape (*Tecomaria capensis*), May 271 S
Juniper chinensis 'Pfitzeriana Glauca,' pruned as giant bonsai, Nov 215 N
Juniper garden, Los Angeles State and County Arboretum, Arcadia, Mar 197 S
Lilacs, freeze damage, lilac blight, May 271 N
Magnolia, star (*Magnolia kobus stellata*), Mar 209 all
Montanoa grandiflora, Oct 239 C, 230 S, D
Montanoas, Oct 230 S, D
Nandina domestica 'Nana,' colorful fall foliage, Nov 213 C, S
Nursery, children's project, Sept 178 N, C
Oleander affected by bacterium *Pseudomonas syringiae*, May 269 S
Oleander 'Petite Pink,' 'Petite Salmon,' Apr 256 S
Orange, mock, June 196 N
Penstemon 'Roezlii,' May 269 N
Photinia fraseri, Apr 255 N
Pittosporum tobira 'Wheeler's Dwarf,' Apr 256 S; Nov 213 D
Poinsettias, two new families—Annette Hegg, Eckespoint, Dec 186 C
Poinsettias, care after bloom, Dec 186 C
Pomegranate 'Double Red' (*Punica granatum*), Oct 211 N
[illegible] *hium fastuosum*), [illegible] Mar 198 D
[illegible] 215 D
[illegible] N
Raphi[illegible] Apr [illegible]
Rhodo[illegible] May 2[illegible]
Rhodo[illegible] growing [illegible]
Rhododen[illegible]
Rhododendrons [illegible] May 310 N, [illegible]
Rosa rugosa, rose [illegible] bloom, Sept 15[illegible] N
Rose care for five bloom[illegible]
Rose Growing in Hawaii, book [illegible] Feb 170 S

Shrubs (Cont.)
Rose of Sharon (*Hibiscus syriacus*), Sept 159 N
Rose 'Peace,' Jan 119 D
Rose 'Sonoma,' Feb 169 C
Rose 'Sunset Jubilee,' Jan 54 all
Roses, disbudding, June 196 N
Roses, growing in desert gardens, Apr 258 D
Roses, How to Grow, a *Sunset* book, Mar 200 all
Roses, late 1972 introductions, Jan 120 C
Roses, newly planted, help for dried out, Feb 169 D
Roses, 1973 All-America Selections, Jan 147 N, C, 143 S, D
Roses, 1973 Handbook for Selecting, booklet review, Jan 122 all
Roses, old-fashioned, Dec 173 C
Roses, planting technique, So. Calif., Feb 170 S
Roses, pruning, Mar 199 N
Roses, 12 new, Jan 147 N, C, 143 S, D
Scimitar shrub (*Brachysema lanceolatum*), July 164 D; Oct 232 C, 212 S
Senecio greyii, June 195 N
Skimmias, Dec 194 N
Smoke tree (*Cotinus coggygria*), Nov 236 C
Spruce, bird's nest (*Picea abies* 'Nidiformis'), Dec 174 N
Sweet-pea shrub (*Polygala dalmaisiana*), Mar 199 D
Teucrium chamaedrys for hot, dry garden, July 151 N
Turk's-cap (*Malvaviscus mollis*), Jan 136 C

Soils
Cubic yard, how much it is, Jan 119 N, 120 D
Potting soil mix, gift for gardener, Dec 70 all
Soil, amendments to improve, Sept 160 D
Spring planting, preparation, Feb 169 D
Vegetables grown in ocean sand, Apr 256 N

Stakes, Supports
Beans, pole, supports for, June 212 N
Fish net trellis for sweet peas, Apr 258 N
Pruned branches as stakes, Feb 169 N
Screen trellis, planter to camouflage electric meter, July 82 all
Trees, fall-planted, staking for winter winds, Nov 214 C, S
Trees, how to stake, when not to stake, Nov 213 D
Trellis, shade, suspended from wires, June 202 all
Trellis, steps, raised planting bed for remodeled entry, June 216 S, D
Trellis covers stucco wall, Apr 166 all
Trellis for bougainvillea hedge, Aug 131 S

Succulents and Cactus
Cactus, Christmas, care for bloom, Sept 160 N
Cactus, Christmas, year-around care, Dec 174 N
Cactus garden success story, Aug 142 C; Oct 227 D
Cactus gardening, tools, Aug 142 S, D
Desert cactus, natives, buying and planting, Mar 198 D
Echeveria setosa for shallow container, Sept 173 N, S, D
Pork and beans (*Sedum rubrotinctum*), May 273 N, C; Sept 182 S, D
Sedum sieboldii and *Sempervivum tectorum* grown on stone wall, Mar 215 N
Sedum spathulifolium for shallow container, Sept 173 N, S, D
Sedums, natural spreaders, Apr 274 N

Succulents and Cactus (Cont.)
Succulent garden, report on winter survival, July 172 N, 170 S, D
Succulents in bonsai pots for gifts, Feb 196 S, D
Succulents in hanging garden mural, Aug 140 D; Sept 165 C, S

Tools
Apron, tool-carrying, July 110 N, 100 C, S, D
Cactus gardening tools, Aug 142 S, D
Can cutters, June 196 C, 195 S
Claw hammer for pulling weeds, Apr 122 all
Digging tools, 15, and uses, Mar 216 all
Leaf cleanup equipment, Nov 92 all
Planting tools, wooden, Feb 176 N, C, 177 S, D
Sharpening garden tools, Mar 220 all
Sighting level for hillside gardeners, Mar 197 S
Sprayer care, Jan 122 D
Sweep-up pan for garden, Nov 112 C
Treating with vegetable oil, Jan 119 N, 122 D
Water nozzle, pistol-like, with bubbler, Aug 132 S
Watering can, English, Dec 174 C, D

Trees
Acacia seeds, sprouting, Jan 128 C, S, D
Acacias, 12 varieties, Jan 126 C, S, D
Bare-root planting, Jan 119 C, S
Bottle tree (*Brachychiton populneum*), Apr 255 D
Cherry, autumn-flowering (*Prunus subhirtella autumnalis*), Dec 174 N
Cherry, flowering, planted below drop-off at rear of lot, Apr 278 N
Color performers for fall, Nov 213 S
Conifers, dwarf, grouping potted plants for woodland feeling, Dec 183 all
Conifers, growing in containers, June 228 N
Coral trees, pruning, Jan 133 S, D
Cupressocyparis leylandii, substitute for Monterey cypress, Mar 199 C
Fertilizing large trees, June 195 N
Freeze-damaged, sunburn protection, June 195 C
Gum, lemon (*Eucalyptus citriodora*), Sept 178 S
Gum, red (*Eucalyptus camaldulensis*), Apr 255 D
Hawthorn, carriere (*Crataegus lavallei*), Nov 240 N
Junipers, columnar, living Christmas trees, Dec 173 C, S, D
Juniperus scopulorum 'Tolleson's Weeping,' Mar 198 S
Locust, honey 'Sunburst' (*Gleditsia triacanthos*), May 270 N
Lower branches, leaving on young trees, Apr 256 C
Mulberry, fruitless, fast shade, Feb 170 D
Oak, choosing type for garden, Oct 236 N
Oak, silk (*Grevillea robusta*), Apr 255 D
Pest control program, Berkeley, Calif., Jan 125 all
Pincushion tree (*Hakea laurina*), winter-blooming, Nov 214 C
Pine, Tanyosho (*Pinus densiflora*), Feb 170 N
Pinus brutia, Dec 173 S
Plum, flowering (*Prunus blireiana*), Feb 170 D
Plum, purple-leaf (*P. cerasifera* 'Atropurpurea'), Feb 170 D
Poplar, Lombardy (*Populus nigra* 'Italica'), Oct 210 N
Rubber plant (*Ficus elastica*), grown outdoors, June 196 C
Spruce, Colorado blue (*Picea pungens* 'Glauca'), Dec 174 N

Trees (Cont.)
Spruce, Koster blue (*Picea pungens* 'Glauca Koster'), Dec 174 N
Spruce, Koster weeping blue (*Picea pungens* 'Pendens'), Dec 174 N
Spruce, Moerheim blue (*Picea pungens* 'Glauca Moerheimii'), Dec 174 N
Spruce for cold winter gardens, Feb 196 N
Staking, how, when not to stake, Nov 213 D
Staking fall-planted trees for winter winds, Nov 214 C, S
Stewartia, Japanese (*S. pseudo-camellia*), Jan 122 N
Stewartia (*S. monadelpha*), tall, Jan 122 N
Suckers, removing, Apr 255 N
Sumac, native smooth (*Rhus glabra*), Oct 230 N
Sumac, staghorn (*Rhus typhina*), Oct 230 N
Tamarisk (*Tamarix aphylla*) windbreak, May 270 D
Temporary branches for tougher trees, Apr 256 S
Thuja occidentalis 'Douglas Pyramidal' evergreen fence, Nov 213 N
Watering basins, enlarging as trees grow, June 198 D
Willow, Australian (*Geijera parviflora*), Dec 173 D
Willow, pittosporum (*P. phillyraeoides*), Dec 173 D

Tropicals and Subtropicals
Banana (*Musa paradisica sapientum*), Apr 258 D
Bananas, no fruit on indoor plants, June 195 S
Bananas, planting in sunlight, June 195 S
Bromeliads, "planting," Aug 136 S
Bromeliads, where to find, Aug 131 S
Bromeliads in jungle-like gardens, Aug 134 S
Cassia excelsa, Sept 159 S
Cassia leptophylla, Sept 159 S
Cherimoyas, growing in So. Calif., June 210 S
Gingers, planting in sunlight, June 195 S
Orchid-growing, teenager's hobby, Apr 280 N; Nov 219 S, D
Orchids, cattleya, glossary of terms, Jan 136 N
Palms, affected by pink bud rot, Oct 210 S
Palms, planting, May 270 S, 269 D
Sapote, white (*Casimiroa edulis*), Mar 226 C, S, D

Vegetables
Artichokes, growing to eat or as ornamentals, Apr 300 N
Artichokes, Jerusalem, Feb 174 all
Artichokes, planting, Jan 122 C
Asparagus, early start, Feb 169 N
Beans, pole, supports for, June 212 N
Beans, whitefly protection with summer savory, June 196 C
Broccoli, F1 hybrids, Nov 215 S
Broccoli, harvesting, Feb 172 D
Brussels sprouts 'Jade Parade,' F1 hybrid, Nov 215 S
Butterbeans, Apr 275 C, S, D
Cabbage, red, 'Ruby Ball,' F1 hybrid, Nov 215 S
Cabbage, split heads, preventing, Aug 131 N

Vegetables (Cont.)
Cabbage 'Stonehead,' F1 hybrid, Nov 215 S
Cauliflower 'Snow King,' F1 hybrid, Nov 215 S
Celery, Sept 160 C, 159 D
Cole crops, protecting from fall heat spells, Oct 209 S
Cole crops, winter harvest, Feb 170 C
Community gardens, Feb 170 C
Cool-season, when to plant, Sept 162 D
Corn, planting for late crop, Aug 131 C
Corn, sweet, determining ear maturity, Aug 131 N
Corn earworms, July 151 C
Curlycress, children's indoor gardening project, Nov 214 N
Dandelion leaves, eating, Apr 256 N, C, S, 255 D
Dandelions, growing for the cook, Mar 212 all
French Intensive system, report from gardener, Apr 255 C
Garden grown in ocean sand, Apr 256 N
Garden plot, circular, watered with one sprinkler, Apr 292 N, C
Hillside garden planted in raised boxes, Apr 308 C, S, D
Okra, Apr 275 C, S, D
Onions in pony packs, Nov 215 C, 214 S
Peas, black-eyed, Apr 275 C, S, D
Peas, crowder, Apr 275 C, S, D
Peas, sugar edible-pod, Oct 210 D
Peas 'Green Arrow,' ten peas to pod, Oct 209 C
Planting, high elevation gardens, June 198 D
Planting, successive, Mar 197 S
Planting fast-growing vegetables between widely-spaced vegetables, Oct 210 C
Planting in flower beds with annuals, May 269 N
Planting seed indoors, Jan 136 S, D; Feb 188 N, C
Potatoes, how to grow, May 304 all
Pumpkin growth, charting, July 152 N
Pumpkin patch hidden by living corn fence, June 222 N, C
Root crops, cleaning off dirt, July 151 C
Rutabagas, Oct 209 D
Salad garden, fall planting, Oct 210 C
Salsify, May 269 C
Seed catalogs, foreign, Jan 139 N; Feb 199 S, D; Dec 196 C
Seedlings, starting in flats, May 269 N
Shallots, Feb 193 N, 201 C
Spinach, August planting, Aug 131 N
Squash, tattooed, July 152 N
Storing surplus crops, Nov 220 all
Tomato blossoms, removing after fruit forms, May 269 S, 271 D
Tomatoes, big, grown in whiskey half-barrels, Apr 262 all
Tomatoes, growing indoors, Sept 159 C; Oct 209 S
Tomatoes, Italian plum, May 269 C
Tomatoes, shadeframe, June 222 N, C
Tomatoes, ten favorites, May 273 S, D
Tomatoes, tip cuttings for new plants, Oct 211 N
Tomatoes, water-saving idea, June 222 N, C
Vegetable garden in fishing skiff, Apr 310 all
Vegetable gardens, large, report on six, May 291 all
Volunteer seedlings, Mar 197 D
Watering systems, two ideas, July 151 C
Winter garden, planting, Sept 159 D
Zucchini 'Aristocrat,' Mar 199 C, D

Vines
Bougainvillea, removing from can for planting, June 198 S
Bougainvillea grown as hedge, Aug 131 S
Clerodendrum thomsoniae, Nov 219 N
Honeysuckle, Cape (*Tecomaria capensis*), May 271 S
Honeysuckle, Hall's (*Lonicera japonica* 'Halliana'), cover-up for chain link fence, Oct 244 S, D
Ivy, sunburn, preventing, Sept 160 S
Vines for Northwest gardens, June 216 N

Water Plants, Waterfalls and Pools
Entry, trellis-covered, leads to inner court with two pools, Mar 108 and 111 all
Garden pool, natural-looking, June 216 C
Garden pools with moving water, Aug 64 all
Mosquito control in garden pools, July 151 C
Peninsula at water's edge, Oct 241 N
Reed, giant (*Arundo donax*), June 222 D
Water chimes from wind chimes, July 151 C

Watering
Deep watering, June 196 N
Ferns, misting, July 151 N
Garden hose hangers, two ideas, May 277 all
Garden plot, circular, watered with one sprinkler, Apr 292 N, C
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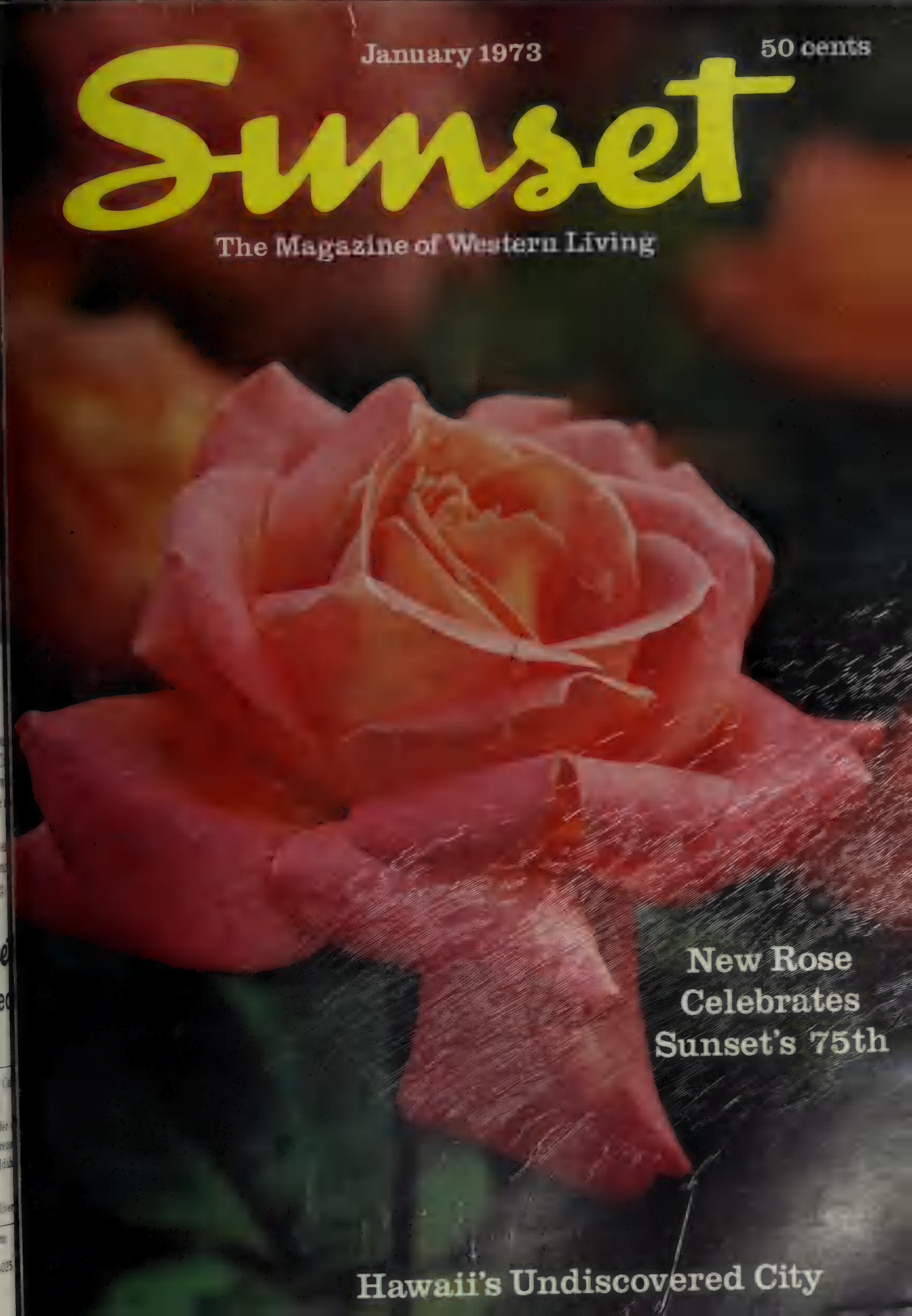
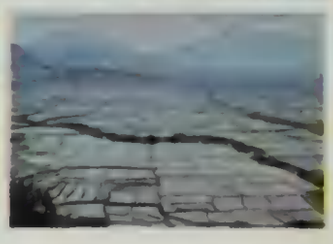


New Rose Celebrates Sunset's 75th

Hawaii's Undiscovered City

Beyond Tokyo, Kyoto and Osaka



Spend a couple of days off the beaten path. Discover the Japan where tourists are few, but always welcome.

By night, molten lava in the crater of Mt. Asama glows with an unearthly light. But you'll never know the unique sensation if you don't leave Tokyo behind for a day or so.

If you tire of the glittering Ginza, visit a town like Kusatsu, where 80 *ryokan* (Japanese inns) cluster about the town square. Let Kusatsu's hot springs bathe your body and soothe your spirit.

Step aboard a high-speed hydrofoil not far from Osaka, and race through a sea dotted with pine-clad islets that look the same today as they did when they inspired Japan's most famous artists centuries ago.

Glide in a flat-bottomed, air-propelled boat through the rapids of the Kumano River to the deep, still waters of Torohatcho gorge. Look down into the mirrorlike water and see the reflections of azaleas and rhododendrons perched on the granite cliffs high above you.

Let your imagination go when you visit the regions where tea is grown. The long, carefully manicured rows of tea plants suddenly begin to resemble green dragons asleep on the hillsides.

Wander the countryside of Japan and soak up the sights no city can offer: pearl divers disappearing in clear cool waters; villagers celebrating a rich harvest with *bon-odori* dances on the village mall; a craftsman fashioning a ceramic vase of classic Japanese simplicity.

The Japan you'll remember best is the Japan beyond the usual. For more information on the hidden Japan, send for our free booklets, "Northeastern Japan" and "Midland of Japan."

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A Japan few tourists see.

Sunset* The Magazine of Western Living*
THE PACIFIC MONTHLY*
288350

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Landscaping and Outdoor Building

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The Cover Story

January is a new rose season in the West; this January is special. The rose on the cover is 'Sunset Jubilee,' and its name celebrates Sunset's 75th year of publication. The cover story is on page 54; there's another rose story on page 147. Glenn Christiansen took the cover photograph

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January travel . . . in and beyond the West

MERG ROSS

Berkeley's garden spot

The University of California Botanical Garden in Berkeley is a kind of Noah's Ark for plants. Since about 12,000 different kinds grow on its 25 acres, university botanists believe the ratio of plant diversity to land area may be higher here than in any other garden.

This is a tremendous boon for plant fanciers and strollers who can spend a few hours' time traveling through the assorted verdure of a score of countries and regions. Admission is free. The garden is in Strawberry Canyon, about a mile east of the University of California Stadium.

The dead of winter may not seem like an ideal time for outdoor plant viewing, but if you choose a day with some sunshine, the garden will do the rest by providing springlike blossoms, even in January and February.

The brilliant red blooms of succulent aloes are this month's best show. You'll find several species scattered over African Hill, a knoll at the north side of the garden near the American cactus area.

Rhododendrons have their own section,

Strollers *meander through the garden's American area. Chilean mayten tree is in foreground*

Girls stop *to look at prickly cactus plants on walk through New World Desert section of the University of California Botanical Garden in Berkeley*

Bearded *garden writer meets shaggy Boston fern, arranges longest fronds to face photographer*

Grooming for the photographer

After the research he had done for this month's story on Boston ferns, it was easy for *Sunset* garden writer John McClements to recognize this six-year-old, with fronds up to 5 feet long, as an outstanding specimen.

The Boston fern is a true house plant; nowhere does it grow wild. The single ancestor of all Boston ferns was a different-looking plant found in a shipment of 200 sword ferns sent from their home in the tropics to a Boston grower in the 1890's.

After much speculation and argument, a division from the original fern was sent to botanists at Kew Gardens in London. They identified it as a natural variation of the sword fern and named it 'Bostoniense.' Boston fern has since become a common house plant. Turn to page 58 to learn how to grow seven varieties. □

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and some varieties will bloom this month and on into February.

Other winter bloomers include manzanita, South African heaths, and many kinds of fuchsias. *Datura sanguinea*, a South American shrub, will be showing its lovely bell-shaped red flowers.

A display case at the garden entrance lists plants of particular interest during the current month. Several pamphlets are worth picking up. *Birds of the Botanical Garden*, 10 cents, lists and helps you identify more than 70 bird types that appear here. *Interesting Plants Trail*, also 10 cents, is a self-guiding tour with notes on 17 plants and points of interest. A map and description of the garden is free.

Of special interest is *The Guide to the Indian Nature Trail*, 25 cents. The trail itself takes you past 29 native California plants used by the Indians for such purposes as baby talcum, paints, dyes, and glue. Modern society regards many of these plants as merely decorative, or even useless, but the Indians, with their lengthy and wise environmental experience, knew differently. (A few of the plants will not be visible this time of year because they're dormant.)

You can also visit the tropical plant conservatory. Some of the plant-filled enclosures elsewhere in the garden are used for university experimentation and are closed to the public.

Garden hours are 9 A.M. to 5 P.M. daily.

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proprietor of a magazine and rare comics store at 73 San Fernando Street in San Jose. He fully expects to sell his copy to a collector for a thousand times what he might have paid for it a little over 30 years ago.

The comic-book store and its library of early cartoon masterpieces is one of a small group of unusual establishments on San Fernando Street between Third and First streets. This is San Jose's equivalent of Berkeley's Telegraph Avenue, running westward from the San Jose State campus.

Many of the shops in these blocks are unique in downtown San Jose and may be worth a visit from outside the city if for no other reason than the generally low prices—rare comic books aside. For example, makers of giant, custom-designed pillows at number 62 underprice similar establishments in Berkeley and San Francisco. You can watch the pillows being made.

The Prancing Pony Leatherworks at 74 San Fernando, besides selling well made handbags and other leathercraft items, is serving as a gallery for an unusual one-man show and sale of batik "paintings." The artist is Lance Kostrobala of Los Gatos, who uses the batik technique to create portraits and thematic pictures like those usually done with brush and palette. Using a range of dyes on muslin, he achieves an unexpected richness and subtlety of color.

Across the street at number 81, the Twice Read Books store has been in business since the 1920's and is filled with every kind of old and used book.

Another comic-book store at number 44 is notable for its sale of tapes of old radio shows.

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Thirteen flights a day leave between 6:30 A.M. and 10 P.M. For a schedule, telephone (415) 626-7700. Seating is on a no reservation, space-available basis. □

For travel planners, a January check list

Amsterdam special. International airline passengers arriving at Amsterdam's Schiphol Airport directly from the United States prior to March 31 can see many of Amsterdam's attractions free of charge. With coupons you receive when you land, you can take a free canal-boat ride, have the use of a bicycle for a day, and gain free admission to several tourist attractions. Discounts on shopping and accommodations are also available. For further information, write to the Netherlands National Tourist Office, 681 Market St., San Francisco 94105.

Fly/cruise South America. A 19-day air-sea tour departs Los Angeles January 13 aboard Argentine Airlines. Itinerary includes a total of seven days in Buenos Aires, Rio de Janeiro, and Lima. During two weeks aboard the [illegible], you'll sail to Tierra del Fuego, the Falkland Islands, and Ushuaia, the world's southernmost town. The tour cost of $[illegible]87 includes round-trip air fare from Los Angeles, the cruise, hotels, and all meals at sea. For additional information, contact any Argentine Airlines office or see your travel agent.

Ski touring in Norway. Nine-day tours to one of several Norwegian ski resorts are priced from $305. At a resort near Lillehammer, Voss, Geilo, Beito, or Fyin you can enjoy downhill or Nordic cross-country skiing. Ice-skating and curling rinks, sleigh rides, swimming pools and saunas, and aprés-ski dances are other available activities. Price includes round-trip transportation from New York to the resort, seven nights' lodging, and some meals. For information, write to Scandinavian Airlines or the Scandinavian National Tourist Office, 3600 Wilshire Blvd., Los Angeles 90010.

Mexico Guatemala rail tour. A 22-day rail tour departs Los Angeles and San Diego February 18 and travels along Mexico's west coast to Guadalajara, Guanajuato, Mexico City, and Guatemala's Antigua and Guatemala City. You'll take a boat ride across Lake Atitlan to visit a Mayan city, attend the big carnival in Veracruz, and have time for shopping and sightseeing in Mexico's large cities. Tour prices begin at $895, which includes all transportation, lodging, and most meals. For information, contact Great Western Tours, Sheraton Palace Hotel, San Francisco 94105.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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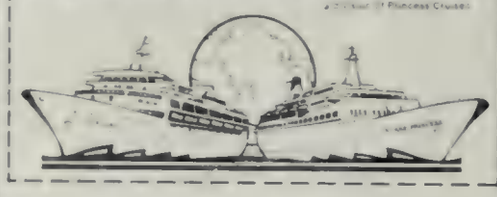

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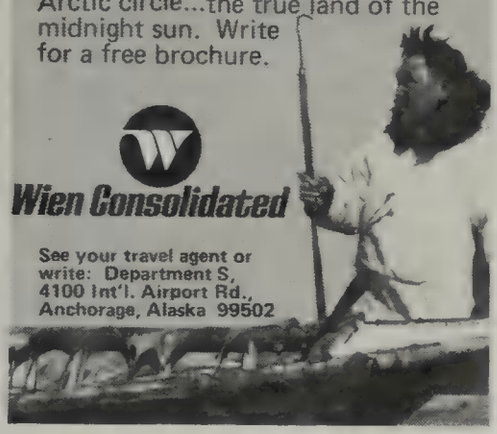

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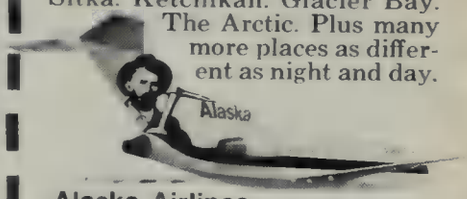

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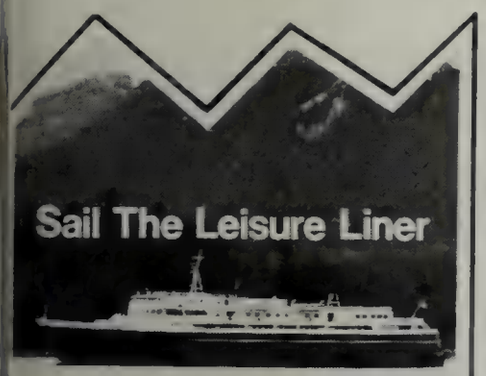

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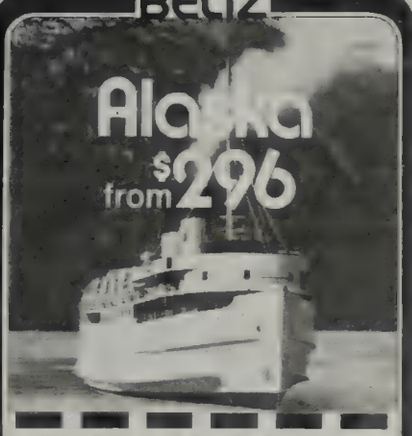

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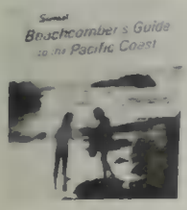

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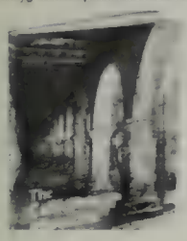

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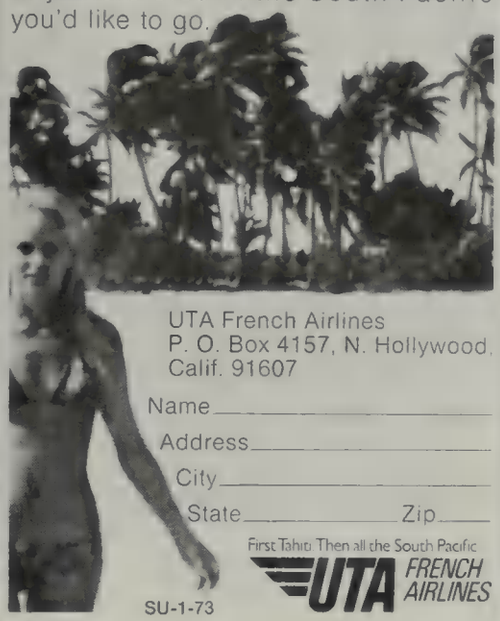

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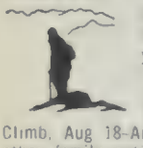

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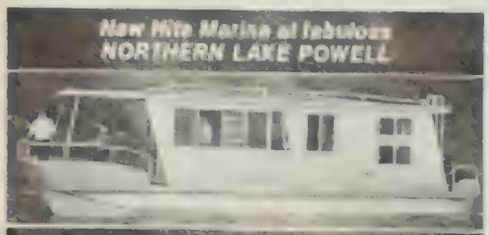

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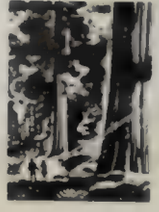

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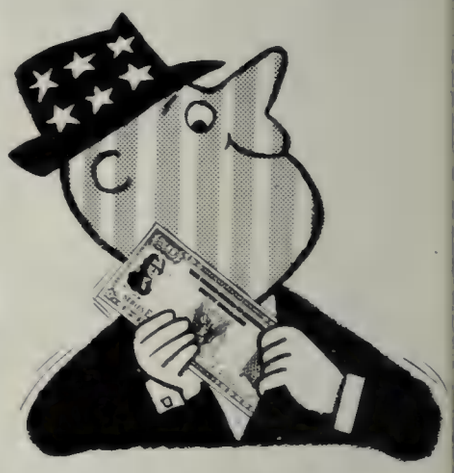

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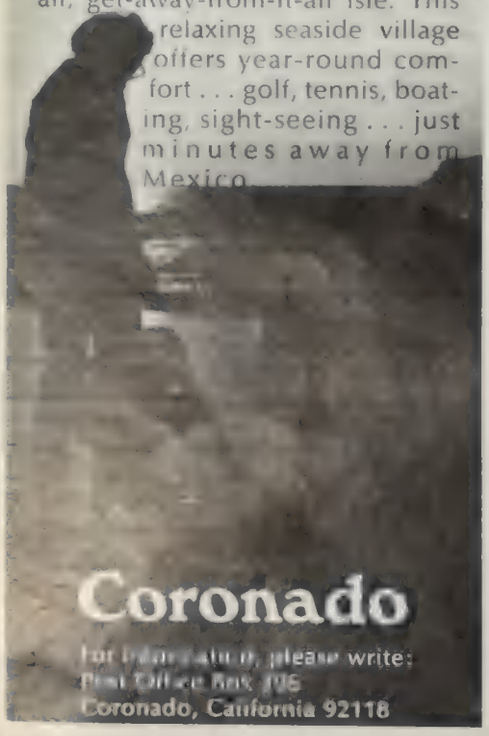

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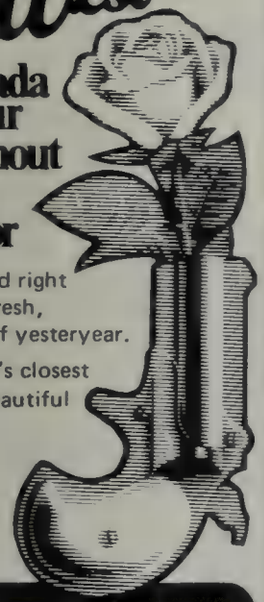

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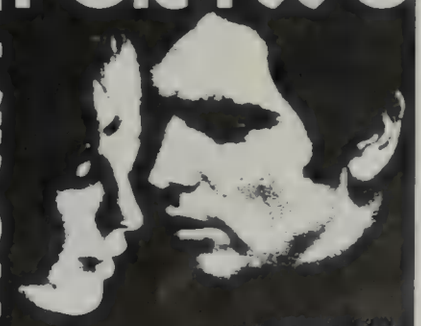

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Unlocking Los Angeles

The discovery of Los Angeles and it environs has turned into a virtual explo sion of guide books. Here is a sampling

Where Can We Go This Weekend?, b George Lowe (J. P. Tarcher, Inc., Lo Angeles, 1972; 160 pages, $2.95). Moto trips with a seasonal calendar of events.

Where to Take Your Guests in Souther California, by Nancy Meyer (War Ritchie Press, Los Angeles, 1972; 12 pages, $1.95). A sensible approach t the problem by a writer who obviousl knows the territory.

The Los Angeles Guide Book, by An nette Welles (Sherbourne Press, Los An geles, 1972; 531 pages, $4.95). Not quit as complete as the title suggests, it strongest on accommodations, restau rants and shopping in the west end.

Where to Go and What to Do with th Kids in L.A., by Lila Weingarten an Thea Granz (Price/Stern/Sloan, Lo Angeles, revised 1972; 128 page $2.95). A sprightly sampling of dive sions for children, indoors and out.

L. A. on Foot, by David Clark (Camar Publishing Co., Los Angeles-San Fran cisco, 1972; 206 pages, $1.95). Fres observation buttressed by historical r search on 12 walking tours.

Bicycle Touring in Los Angeles, by Ge shon Weltman and Elisha Dubin (Wa Ritchie, 1972; 128 pages, $1.95). Twe ty-three bicycle explorations of tow The only questionable one is throug the black ghetto, where cyclists ha sometimes not been welcome.

Bicycle Trails of Southern California, b David Kurk and Robert H. Miller (K Enterprises, Los Angeles, 1972; 1 pages, $1.95). Forty-three rides fro Pismo Beach to San Diego and the de ert, with maps and directions.

San Bernardino Mountain Trails, b John W. Robinson (Wilderness Pres Berkeley, 1972; 258 pages, $4.95). Gui to 100 hikes in the San Bernardino, S Jacinto, and Santa Rosa mountains.

Getting the Best of L. A., by Mon Gast (Tarcher, 1972; 208 pages, $2.9 A compilation of facilities and servic available to the citizen.

Bargain Hunting in L. A., by Barba Patridge (Tarcher, 1972; 145 page $2.95). More than 300 shopping plac with discounts of 20 per cent or mor

Hidden Restaurants, Southern Califo nia, by Anne and David Yeadon (C maro, 1972; 216 pages; $1.95). Guide good eating in the hinterlands.

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DAN AND INEZ KLOPFENSTE

Beach walkers *can feel the spray as surf explodes on the Coos River jetty*

The stormy coast south of Coos Bay

From Coos Head south to Cape Arag on the Oregon coast, a succession eroding sandstone headlands, reefs, ar driftwood beaches combine with Jan ary's tempestuous weather to produ dramatic and quickly changing scener

Three state parks along this 5-mi stretch of coast—Sunset Bay, Sho Acres, and Cape Arago—offer hikes tide pools, ocean views from a cliff-to shelter, a jetty walk out to the foamin surf, and several picnic areas.

At the park's headquarters office Shore Acres Park you can pick up brochure with a map showing faciliti and points of interest. Beach hike should bring a tide table, warm clothe and foul-weather gear. The parks a open dawn to dusk daily.

The three parks are 12 to 14 mil southwest of Coos Bay on the Empir Charleston Highway.

Waves *crash against a dark headland in Shore Acres State Park on the Oregon coa*

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ow tide at San Felipe *exposes sandbars, leaves boats on shorefront high and dry*

The bottom fishing is best at San Felipe

estled between the Gulf of California nd the rugged foothills of the Sierra de an Pedro Martir on the east coast of aja California is the small town of San elipe. Before Mexico's Highway 5 was aved 122 miles from the United States order to the town, San Felipe was a reltively unknown Baja fishing village. ince, it has gradually become a popular inter destination for North American avelers—particularly fishermen.

lthough San Felipe doesn't boast the ore spectacular sailfish or marlin fishng found farther south, there is conistently good fishing for such bottomwellers as sea trout and particularly orbina. You can fish from the rocky unta San Felipe area just north of town, ut best results are from a boat, which ou can rent in town.

oat rental fees vary. For $15 a day, we ented an 18-foot skiff with a motor capained by a 16-year-old boy. Bait was inluded in the cost, but you pay extra for ckle; a rod and reel is $1 a day.

he best launching ramp we found for nglers with their own boats is at the El ortez motel at the south end of town. here's a small fee for launching, if ou're not a guest. The five motels in own (average about $10 for two) fill up uickly on weekends.

ampers will find several new trailer amps close to San Felipe. All have sanitary facilities, but you should bring your own drinking water. Overnight rates average $2 per vehicle with two persons, 50 cents extra for each additional person.

For nonfishermen there are a variety of shops to explore and, north and south of town, pleasant sandy beaches. Most of the restaurants in town are unexciting, but if you like clams, try the outdoor stand of the Clam Man, one of San Felipe's colorful characters. He specializes in barbecued clams and smoked fish; both are excellent.

Visitors to San Felipe need a tourist card. Mexican fishing licenses cost $3 for seven days, $4 for 30 days, $8 for a year; they're available at the *Oficina de Pesca* in San Felipe. □

The Clam Man. *Picturesque owner of outdoor restaurant tends clams on his barbecue*

Young *guide helps unhook angler's corbina*

Poke poling

A different way to fish along the coast

GERALD R. FREDRIC

Young poke poler *hoists a squirming blenny fish above its rocky, weed-covered lair while other anglers watc*

Patch up your waders, find an old cane pole, and check your local tide tables. This month, with its low tides and the possibility of nice weather between winter storms, is a good time to go poke poling.

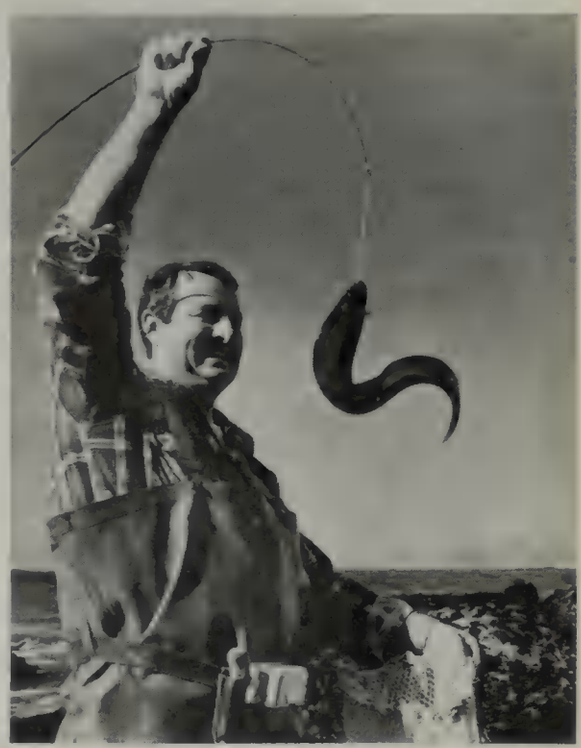
Poke poling is rapidly becoming a popular method of shore fishing along the West Coast where the rocky bottom and tangled masses of kelp make conventional methods of shore fishing impractical. It is also the best way to catch the long, slender blenny which lays under rocks. You also may bring up cabezon, ling cod, rock fish, sea trout, and kelp greenling.

Though eel-like in appearance, blennies are harmless dark-colored fish that feed mostly on small marine animals. Along the Pacific coast there are two species you may catch, the rock eel (*Xiphister mucosus*) found from central California to Alaska, and the monkeyface-eel (*Cebidichthys violaceus*) which is found from Baja to the northern California border and can be distinguished from the usually smaller rock eel by the large, fleshy lump on top of its head. Both fish a equally edible and are a favorite quarry of many poke poler

The well dressed blenny fisherman is an amphibious creatu who can function equally well on land or hip deep in wat in any type of weather. He comes complete with hip or che waders, rain parka with hood, sunglasses in case the su comes out, a utility belt garnished with fishing knife, bait ca hand towel and strong sack for fish; and a poke pole.

A proper poke pole can be fashioned from a 10 to 12-foo long piece of male (Calcutta) cane (regular bamboo will als work), about 4 feet of stiff wire, 3/16-inch in diameter (suc as welding rod), several feet of brass or copper wire, ar electrician's tape. Twist one end of the wire rod into a sma loop, then wrap the base of the loop with tape to preve snags. Attach the other end of the wire rod to the last foot the tapered end of the cane as shown in the picture above. A the beach you can attach a regular snelled hook—size 1/0

Proper *poking technique, once you find a likely blenny den: Stand still for a minute or two, then, if you don't feel a bite, pull the pole out slowly. Keep an eye on the ocean for unexpected waves*



Angler *first puts a blenny in heavy sack attached to belt, then he will cut the line. Note knife and bait can on belt*

tach wire rod *to last foot of cane pole inserting tip of rod bent ¼ inch o drilled hole. Fasten rod cane with brass wire (above) ar hole, at tip of cane, and halfway 'ween. Then wrap wire with electrician's e. Total cost is less than $5*

Results *of an exceptional day of poke poling: about 25 pounds of blennies. The one on the right is 9¾ pounds; keepers should measure at least 18 inches long*

0 with 6 to 8 inches of heavy leader—to the small loop in wire. You will want to carry extra hooks since you may e a few. Shrimp and squid are good baits.

e best time to fish for blennies is during a low—preferably nus—tide in areas similar to those pictured above, where nt-covered rocks are exposed as the water recedes. This is quiet time when the roar of the waves is hushed and kelp nds sway in gently surging pools like tired dancers. As you lk carefully out on the rocks (exposed plants are slippery), will also see starfish of varied hues, sea urchins, a variety barnacles, limpets, snails, mussels (which can be used for t), scuttling hermit crabs, and the fragile, animal blossoms sea anemones.

hen you find an area where water flows around the rocks, ke your pole under the rocks and into cracks to get it as far possible into holes where the fish live. If a blenny takes your

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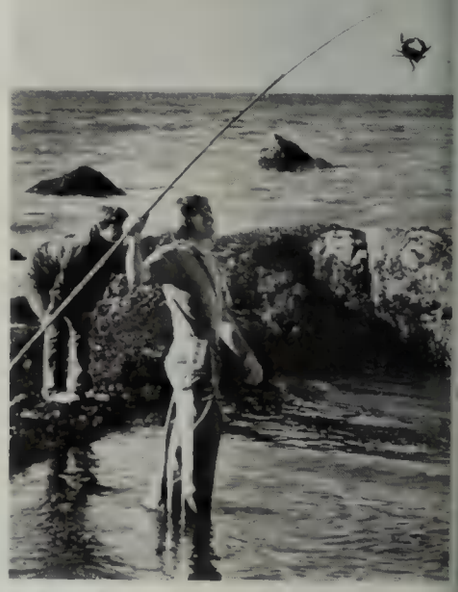
hook, you will probably feel a single strong tug. If, after a few minutes you've had no luck, pull your pole out very slowly and try again. After a couple of tries, poke around again until you find another likely hole.

After catching a blenny, place it in your sack before removing the hook. Its snakelike body and slippery skin make it difficult to hold. The easiest way is simply to cut the line and remove the hook later when you clean the fish. If you should catch one of the many types of bizarre (and delicious) rock fish common in these waters, be careful when handling them. Many have sharp dorsal spines that can inflict painful wounds.

South of Point Conception in Southern

GERALD R. FREDRICK



Poke polers *catch anything from bait-stealing crabs to tasty ling cod*

California you may catch moray eels. These eels should never be handled alive—a big one could take off a finger.

To clean a blenny, rinse it in cold water, then anchor its head to a long, flat board with a nail. Using a razor blade or sharp knife, cut all around the dorsal and ventral fins, then cut through the skin and around the fish just behind the head. Grip this skin with a pair of pliers and pull it down towards the tail. After the skin is off, use the pliers to pull the dorsal fin out, starting at the tail and working up. Remove the ventral fin the same way. Remove entrails and the head.

A simple way to prepare blennies is to fry them. Dip fillets in beaten egg, drain briefly, then coat all sides with fine dry bread crumbs. Melt about ⅛ inch butter or margarine in a frying pan over medium heat. Cook blenny fillets without crowding, adding butter as needed, until golden brown on each side and fillets flake easily when prodded with a fork. Season with salt and pepper and serve with lemon wedges.

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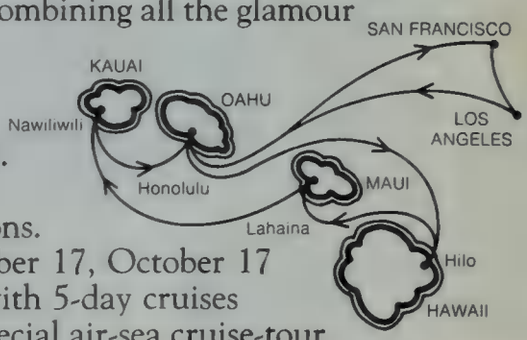

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More on-site accommodations and mo runs are planned at both places, but the already have good skiing on runs every degree of difficulty. Both off complete ski equipment rentals, priva and group lessons at their ski school and both alpine and cross-country s instruction.

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Northstar: From Truckee off Intersta 80, Northstar is 7 miles southeast o State Highway 267, and 7 miles nort west from Tahoe's North Shore, whe you will find a variety of overnig accommodations.

Northstar's two north-facing mountai promise good, dry snow. The day lod is at 6,850 feet, and the highest run from 8,600 feet at the top of Mou Pluto. You can ski 2½ miles on th longest run. This year five chair lifts w serve 10 miles of runs.

All-day lift tickets cost $8 for adults, $5 for children 12 and under. Alpi skis, boots, and poles rent for $7.50 day, and cross-country gear is $6 a da A full day of group ski lessons is $ per person.

Kirkwood: On State Highway 88 just miles west of 8,573-foot Carson Pa this resort is 25 miles south of U.S. Hig way 50 via state highways 89 and 8 Nearest overnight accommodations winter are at South Lake Tahoe.

With dry snow and high elevations- 7,800 feet to 9,800 feet—the ski seas here may last through April. There a 1,500 acres of open ski terrain arou Thimble Peak; the longest run is 2 miles. This year four chair lifts will ser 13 completed runs.

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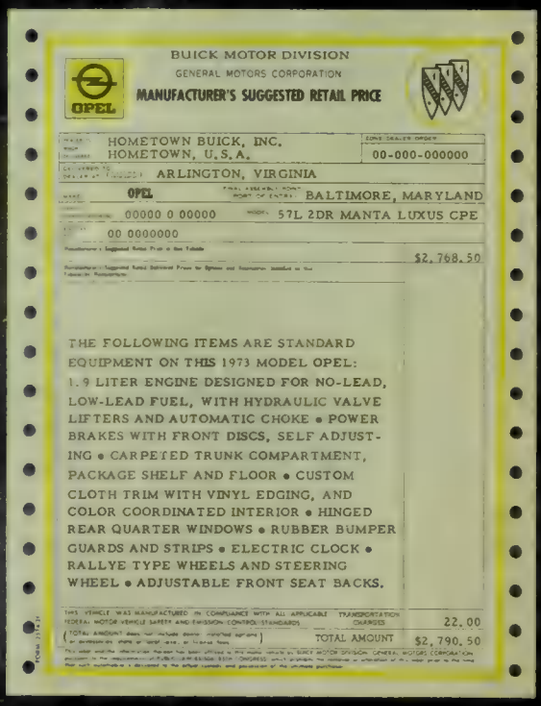

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Matching a camper to a pickup

There's helpful news for prospective camper owners. Early this spring, the U.S. Government plans to put into force a new safety standard that will require manufacturers to provide enough information on weights and dimensions so you can intelligently match a slide-in camper body to a pickup truck.

The goal is to reduce dangerous overloading and poor load distribution in truck-camper combinations. (For more about these problems, and how to avoid them, see *How safe is your camper?* on page 92 of the March 1972 *Sunset*.) Although safety is the major objective of the new standard, it will also make the camper buyer's job much easier.

Matching by weight

The new regulation (issued by the Department of Transportation's National Highway Traffic Safety Administration) will require newly-manufactured camper bodies to be clearly labeled with their weight, including weight of such standard equipment as refrigerator and full water and gas tanks. Previously, you often find just the empty-shell weigh possibly several hundred pounds light than the total weight that the own eventually put on the truck.

The camper body owner's manual mu also specify all additional or option equipment the camper is designed carry, with weights given if they exce 20 pounds. The manual must expla how to estimate the total fully load weight, including the weight of passe gers, supplies, extra equipment, clot ing and other items you might carr It advises you to select a pickup wi cargo weight capacity at least equal this estimated load; and common sen might suggest a capacity that's somewh greater than the estimated load, just allow a margin of safety.

The manual must also give you son guidance on how to load your camp for safest weight distribution, and ho to weigh your fully loaded truck-camp rig to make sure you don't exceed critical gross vehicle weight rating ar separate axle weight capacity rating.

Pickup trucks manufactured after tl standard takes effect must carry corr sponding information about maximu weight capacity, along with similar loa ing and weighing advice in their owne manuals. Taken together, the camp and truck manufacturers' informatic simplify the difficult but importa business of weight matching.

Matching by center of gravity

It's also important to determine ju where the camper's weight rests on tl truck; information required by the ne regulations will help you find the rig balance.

The camper manual must contain a pi ture showing the loaded camper body lengthwise center of gravity. The truc manual must picture the allowable ce ter of gravity zone for the maximu cargo weight it's designed to hold. Th helps keep excess weight away fro either axle. And both manuals must pi ture an appropriate center-of-gravi match between truck and camper. Tl simple pictures substitute for comp cated weight and measurement inform tion and together will guide you towa a proper match.

Trucks and campers on sale after tl standard takes effect, but manufacture before that date, won't have to car the information required by the ne standard. But with some careful figurin you can still weight-match your truc and camper.

In addition, camper body manufacture may delay center-of-gravity informatic until early autumn, to give them time study truck manufacturers' center-o gravity zone recommendations and r design camper bodies to match.

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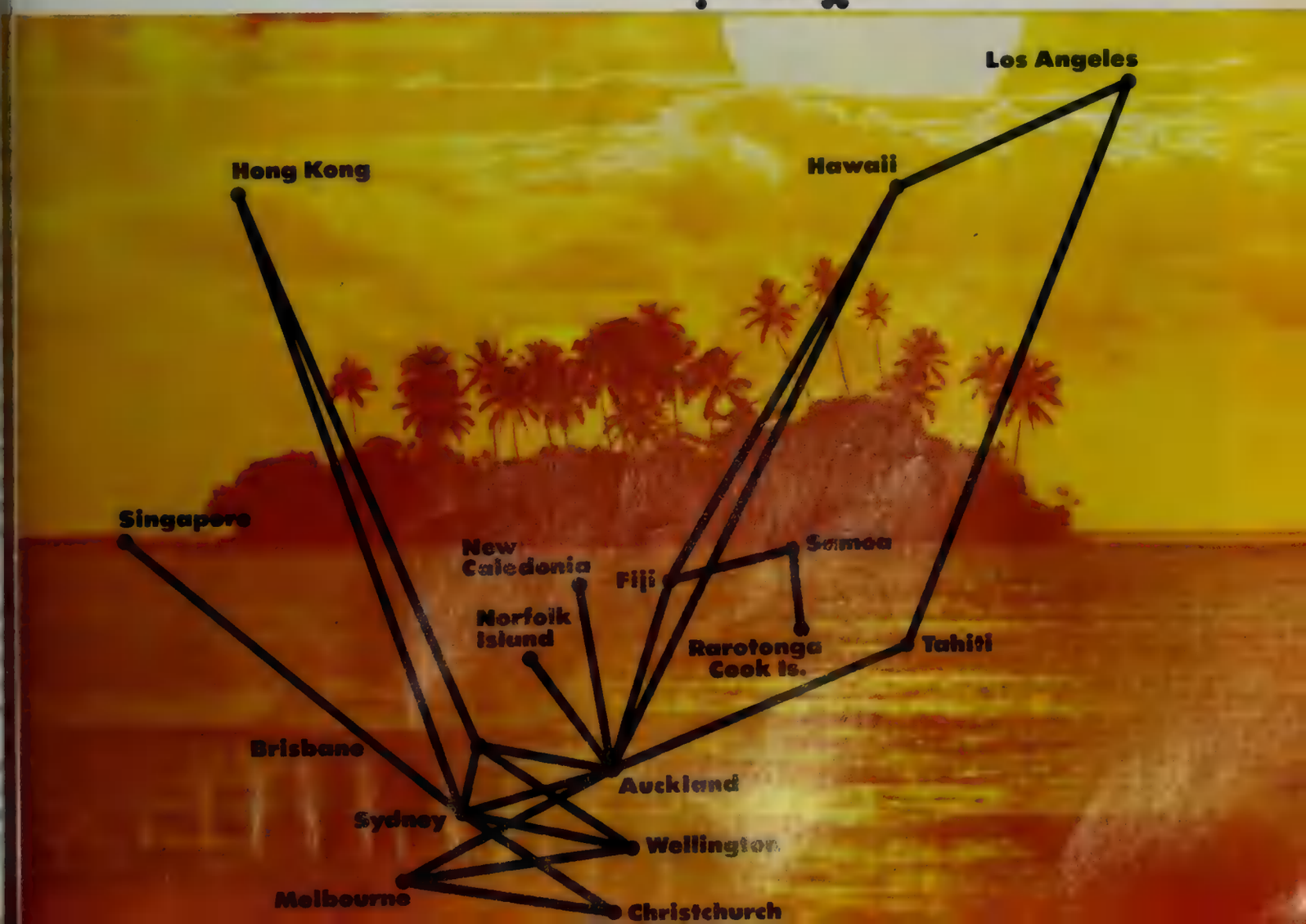

Government books which help unlock the national parks

The national park system comprises 278 parks, historic sites, and monuments covering nearly 30 million acres. The average citizen doesn't have to keep track of it all, but some parts may interest him keenly when he's figuring out where to go on vacation. The National Park Service helps make this easier by issuing a broad selection of books and pamphlets, some of which were updated and revised to coincide with last year's national parks 100th anniversary celebration.

Below are a few we think will be useful to Western vacationers.

You may be surprised to find that the National Park Service issues a number of books that probe historical subjects. They will help travelers planning a stop at one of the hundred or more national historic parks, battlefields, and monuments. Other books delve into natural history, wildlife, and archeological subjects pertinent to national parks and wilderness areas.

Useful pamphlets

Perhaps most useful for travel planners is a set of pamphlets about regulations, recreational opportunities, and history in the national parks. They're inexpensive and informative; you may want to take some of them on your next trip.

Camping in the National Park System (25 cents) is a guide to camping facilities and accommodations. It details limit of stay, length of camping season, number of sites, fees, food, sanitary services, and recreational opportunities. A chart lists park addresses and campsite locations. National recreation areas with camping available are mentioned, along with national parks and seashores.

Boating Regulations in the National Park System (40 cents) quotes federal rules on permits, lifesaving equipment, commercial operations, lighting and naling devices, and boat classificati The pamphlet includes a color-co channel buoy guide and a guide to uniform state waterway marking syst

Of interest to backpackers and explo is *Back Country Travel in the Nati Park System* (35 cents). It is a com hensive guide to more than 40 parks cluding all the West's large ones) permit travel in remote areas. (For ample, it informs visitors that Oreg Crater Lake National Park has 30 t miles of horse trails, that you must c your own drinking water while ridin hiking, and that you may encounter s wild creatures as black bear, coyo bobcats, and eagles. It also offers tip trail safety.)

Many national parks provide visi with living examples of an area's nat and human history. *Living Histor the National Park System* (30 cents) you which parks have demonstra farms, Indian cultural activities, and and crafts displays. It includes a lis park addresses.

Other park recreation

Winter Activities in the National P System (35 cents) is a complete guid downhill and cross-country skiing, s ing, and other winter sports activitie

35 World and Orient sailings year

NORMAN A. PLATE

Pamphlets *explain where, when, and how to enjoy national parks*

parks. It also has information on ac-
modations, ski instructions and rent-
and medical assistance. Appropri-
, it tells you whether the best way
et to these snowy areas is by car,
, plane, or bus. A quick reference
t outlines facilities, activities, and
mmodations.

e is also a guide for fishermen
d *Fishing in the National Park Sys-*
(30 cents). It lists the 61 national
s, seashores, and recreation areas where fishing is allowed, and includes details on licenses, regulations, and special programs.

Where to order: All six of the pamphlets described can be ordered from the Manager, Public Documents Distribution Center, 5801 Tabor Ave., Philadelphia, Pa. 19120.

History in the parks

Of the more than 30 books on human and natural history put out by the National Park Service, there are six that focus directly on historical events and animal and plant life in the West.

Custer Battlefield, Montana ($1.25) is a new 94-page interpretation of the Battle of Little Bighorn, including accounts of Indian participants, an essay composed of old photographs, and drawings by artist Leonard Baskin.

In a 62-page discussion, *Golden Spike* (60 cents) tells how the Central Pacific and Union Pacific railroads were joined in 1869 at Promontory Summit, Utah, one of the key events in Western transportation history.

Flora and fauna

Rocky Mountain National Park (35 cents) is a 66-page illustrated handbook that describes the wildlife and vegetation in one of the largest national parks. It also discusses the effects of man in this part of the Colorado Rockies, and includes a guide to bird and mammal watching.

Visitors to the Northwest will be interested in *Olympic National Park* (30 cents). It describes land formations in this rugged park and has chapters on glaciers, Indians, and exploration.

Exploring the wilds

Prospector, Cowhand, and Sodbuster ($3) surveys the legacy of historic sites left by the pioneers who first came to the Western United States. The 320-page clothbound volume contains seven maps of important historical areas in the West.

For those interested in early natives of the West, *The Archeological Survey of Wetherill Mesa, Mesa Verde National Park* ($5.50) is an engrossing book. It describes the excavation of three major cliff dwellings and a number of mesa-top ruins.

Where to order: For any of these six books, write to Superintendent of Documents, U.S. Government Printing Office, Public Documents Department, Washington, D.C. 20402.

You can write to the same address for a list of other government books about the national parks. □

Kong—The Oriental
slips silently out of the
d harbor as Linda Remy
the experience with her
mm camera, purchased
stic savings.

Janeiro—The 270 pas-
s on the Oriental Carna-
hhh and ahhhh over a
t view of Copacabana
Mr. and Mrs. Hap Kliban
r if the city will look like
n the movie "Black Or-
It will.

Capetown—Diane Horowitz, who never dreamed she would ever see Africa, watches spellbound from the deck of the 350-passenger Oriental Esmeralda as famed Table Mountain appears on the horizon. In two days, she'll be off on an overland trip to Kruger National Park, where a rhino will give her the eye.

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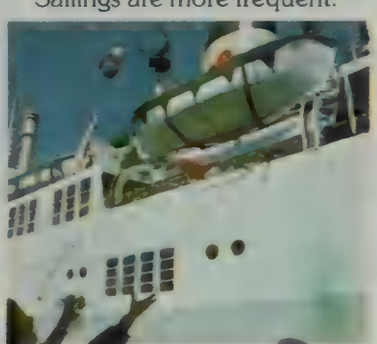

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It's the splashing sound of surf on 70 miles of beaches.
It's the Mariachi sound of Old Mexico just 20 minutes away.
It's the smacking sound of golf balls on 68 uncrowded golf courses.
It's the tinkling sound of children's laughter at Sea World.
It's the exotic sound of hundreds of animals at San Diego Zoo. And a new Wild Animal Park.
It's the contemporary sound of lively nightlife.
San Diego.
Sounds like a great place to spend a vacation, doesn't it?

San Diego
As nice as its climate

Ask your Travel Agent about easy-going, easy-priced San Diego Vacations.

What's involved in getting a visa

Getting a visa for travel in a foreig country is fairly simple if you plan t visit that country as an ordinary touris It gets more complicated if you plan t stay longer or do something special there Then you may have need for some spe cial visa service.

Do a little investigating first. You ma not need even a visa. Most countries i Western Europe have completely elim nated visa requirements for visitors stay ing less than three months. Mexico an many other Latin American countrie now require only a tourist card, ofte available from foreign government tou ist offices or from commercial carrier serving that particular country.

A summary of visa requirements an special fees is prepared each January b the Passport Office. Copies can be ob tained by sending 10 cents to the U.S Government Printing Office, Washing ton, D.C. 20402.

Visas or entry permits are issued mor or less routinely to tourists and othe short-term visitors by the consulates o those governments that still requir them. The problem of obtaining the ap propriate documentation may becom more complicated if you plan to vis a country for an extended period o time, expect to conduct business activ ties during your visit, or want to tak along an automobile, a pet, or an un usual amount of technical or recrea tional equipment.

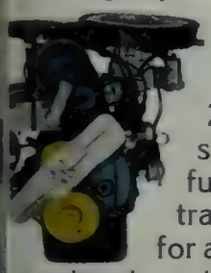
If you anticipate that your foreign trave plans will require special visaed (off cially endorsed) documents, or if ther is no office of the appropriate consulat convenient to your area, you may war to employ the expertise of one of th professional visa-service companies. Fo a fee that will vary according to how much work they must do, these com panies will thread their way through th intricacies of foreign government regu lations to secure the special documenta tion you may require. Many travel agen cies employ the services of one of thes companies to attend to the special need of their clientele.

Visa-service companies and agencies spe cializing in travel documentation can b found in most of the West's metropoli tan centers, including Seattle, Portland San Francisco, Los Angeles, and Sa Diego. Look in the yellow pages of you telephone directory under "Visa Service or ask your travel agent for his recom mendation.

Pinto Wagon
is the basic wagon idea all over again: lots of space for little money.

When Ford pioneered the station wagon in 1929, we simply combined a durable, economical car with a lot of space in back.

That's exactly what we've done with the Pinto Wagon. We've taken the durable, economical Pinto—and given over 60 cubic feet of cargo space. (Vega Kammback and VW Squareback give you about 50.) The rear seat folds down, the lift gate swings up out of the way, the spare tire is stored under the floor to maximize cargo space.



Under the hood, you'll find a 2000cc overhead cam engine as standard equipment. Also a fully synchronized 4-speed transmission. (You can opt for automatic, of course.) Plus extra strength universal and ball joints, starter motor, rear wheel bearings.

Front disc brakes are standard on Pinto Wagon. Along with rack-and-pinion steering, a body that's welded into one solid piece of steel, and a rear suspension specially designed for load-carrying.

In short, the Pinto Wagon is ideal for people who want a basic economy car that carries more—or a wagon that costs less.

Shown here is the Pinto Wagon with Squire Option, optional whitewall tires, luggage rack, deluxe bumper group, automatic transmission.

Pinto Wagons for '73, at your Ford Dealer's. Better idea for safety... buckle up!

When you get back to basics, you get back to Ford.

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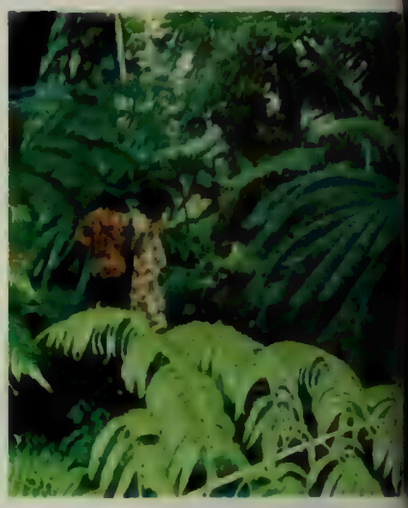
It's American and it's Oriental, both at once.
Too many Island visitors miss it completely

Hawaii's undiscovered city is downtown Honolulu



Foster Garden *invites a midday stroll through tree ferns, cycads*

The downtown section of Honolulu is only about half a dozen miles from the jammed, colorful hotel and beach center of Waikiki. But they are vastly different places.

Downtown is an enticing mix of yesterday and today, of the Orient and America. It's crammed with discoveries for visiting mainlanders. And it's pedestrian size, a place to poke about on foot. Around Honolulu Harbor where the city began, buildings of Hawaii's missionaries and monarchs and immigrants from the Orient stand beside sophisticated new high rise towers, malls, parks, plazas, sculpture, stores, restaurants.

Downtown has grown skyward in the last several years. Some of the new structures and most of the new pedestrian spaces are handsome; some old buildings that contribute to Honolulu's historic continuity are being saved and enhanced. Changes have been largely successful and they have made today's downtown

Shinto priest *Shigemaru Miyao is telling visitors what ceremonies call for his red robe, lacquered cap*

GLENN CHRISTIANSEN

Fishermen *go after omaka, papio, hahalalu in Honolulu Harbor, oblivious to big ships like P & O's Arcadia*

Seen *from harbor, downtown area extends from Aloha Tower (left) to Falls of Clyde sailing ship*

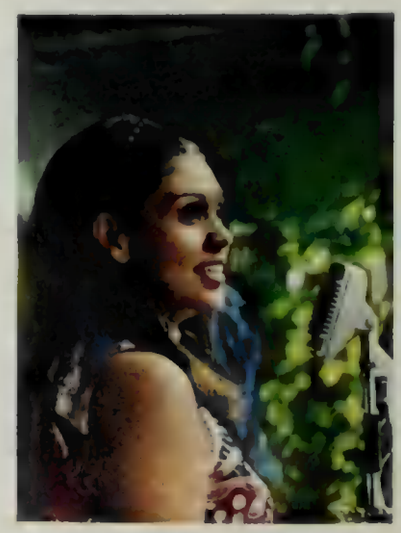
Governor John Burns *greets Senator and Mrs. Stanley Hara and friends, the Frank Hisanagas, all of Hilo, at last legislature opening. Session starts with music, dancing, flowers, on January 17 this year*

Shoppers *at Chinatown open-air markets want u'u (also called menpachi, big-eye, or squirrel fish)*

Royal Hawaiian Band *plays Fridays for picnickers on Palace lawn. Bandstand was King Kalakaua's coronation pavilion*

GLENN CHRISTIANSEN

Diners *enjoy the unrestrained decor of Wo Fat. At this location since 1901, this is Hawaii's oldest Chinese cafe*



Yvonne Perry *sings traditional "Aloha Oe" farewell to ship passenge at Aloha Tower pier. Sad faced listeners are sailing on Mariposa*

Honolulu a walking experience.

Downtown averages six blocks *makai-nauka* (sea toward mountains) and roughly twice that from Nuuanu Stream to the Mission Houses. Its three sections (see map) have pay parking, mostly one-way streets, and are served by Number 2 buses from Waikiki. Tourist giveaway publications in Waikiki hotels and street stands have Downtown information. There's also useful guidance for walkers in two $1.95 paperbacks: The *Sunset Book, Hawaii;* and Honolulu's Historic Buildings Task Force's *Old Honolulu.*

Central Downtown

Three of Hawaii's historic "Big Five" corporations are in new homes along Bishop Street.

Davies Pacific Center (with Theo. H. Davies) and Financial Plaza of the Pacific (with Castle & Cooke) have paved corner plazas with fountains and trees. At the latter, a fascinating mirror-finish bronze "sun disc" sculpture stands 11 feet tall, weighs 5 tons, and is movable.

Amfac Center's public garden is a garage rooftop six floors up; it's green, with flowering plants, boardwalks, picnic shelters, and harbor view; an adjacent driveway is carpeted for jogging.

You'll see more new sidewalk sculpture along Fort Street Mall (page 49), at Davies (intaglio murals of Island industries), and Bishop Trust Building (bronze birds fountain).

A shopping mall from King Street to Hotel Street connects Pacific Trade Center's 30-story Alakea Street tower with the 1903 Alexander Young Building, long-time hotel now converted to offices and shops. Bishop Street's other elegant oldsters are the Italianate, arcaded Dillingham Transportation Building, and another of the Big Five, Alexander & Baldwin (page 47). The fifth Big Five headquarters, C. Brewer and Company, haciendalike with walled garden, enhances the Fort Street Mall.

Aloha Tower's tenth-floor balcony is a fine place to survey Downtown and the harbor. Take the elevator (daily 8 A.M. to 9 P.M.) from the passenger ship terminal above pretty Irwin Park (modern fountain, aged monkeypods). The terminal is lively on "boat day" when lei sellers, hula troupes, and a band gather for the arrival or sailing of a liner. With the new boom in cruise ships, "boat day" happens several times a month.

Downtown *includes three sections: Chinatown, Nuuanu Stream to Nuuanu Avenue; business-financial district, Nuuanu to Richards Street; Civic Center, Richards to South Street*

The nearby floating square-rigger museum *Falls of Clyde* (daily 10 A.M. to 5 P.M.; adults, $1.25; children under 18, free), is a stop each way for the red, double-deck London buses that ply between Bishop Museum and King's Alley in Waikiki. The huge new Oceania Floating Restaurant at Pier 6 was built in Hong Kong and towed here. It has three decks of dining rooms for Cantonese and continental food, and below-deck stalls with Pacific wares.

You'll find Chinese restaurants throughout Downtown, also Filipino and Japanese cafes, and Oriental specialties at take-out places, variety store counters and the buffets: M's for YWCA patio diners, Theo's in the Young Building, The Bank (Dillingham Building), Ekahi (Amfac Center). M's Coffee Tavern and Ciro's are Downtown institutions. New spots with European flavor are Beethoven's Fifth, Arthur's, Alfie's Pub, Royal Spaghetti House (good musical show at 8 P.M.).

The last two places are restorations in a district of Honolulu's oldest business structures still standing, on and just off Merchant from Bishop to Nuuanu. Note also the Brick Oven, for pies and sandwiches, and King's Cuff, a shirt shop, both in former brick warehouses. Oldest in Merchant Square's historic ensemble is the City-County Prosecutor's office (1854), and most admired, the 1870 Kamehameha V Post Office, Honolulu's first all-concrete structure, one of three fine Merchant-Bethel corner buildings used by District Court.

Local artists have an outstanding outlet in the Downtown Gallery, 125 Merchant (open Tuesday through Saturday, 10 A.M. to 5 P.M.).

Chinatown and Nuuanu Stream

Chinatown is more than a century old, has twice burned down, long sheltered several ethnic groups and entertained servicemen on the town. Low buildings of wood, brick, stone and concrete, with window and cornice trim and sidewalk awnings, went up after the 1900 fire.

You can walk Chinatown on a Tuesday morning with Mrs. H. L. Derby. Her

Squirrel fish in Chinatown . . . music at the Palace or at Aloha Tower

tour is a $1.25 bargain (add $2.25 for optional lunch). At 9:30 A.M. you leave the Chinese Chamber of Commerce, 42 North King Street (call here for reservations) and usually visit the King-Kekaulike markets (fish, meat, produce); herb, jade, and assorted import shops; a bakery, a noodle factory, and Kwan Yin Temple. You walk Maunakea Street, the best for typical Chinese businesses, signs, lei stands, people in old-country dress chatting in native tongue.

Chinatown has Downtown's night life, but the bars, tattoo shops, pool halls, flesh shows, and porno parlors along Hotel Street are unsavory.

The cleared land you see *mauka* of Chinatown will fill up with new apartment buildings and ethnic cultural and shopping complexes. Already in new quarters at 1290 Maunakea Street is 62-year-old Mun Lun School. Weekdays from 3:30 to 5 P.M. you can look in on 400 children learning Chinese.

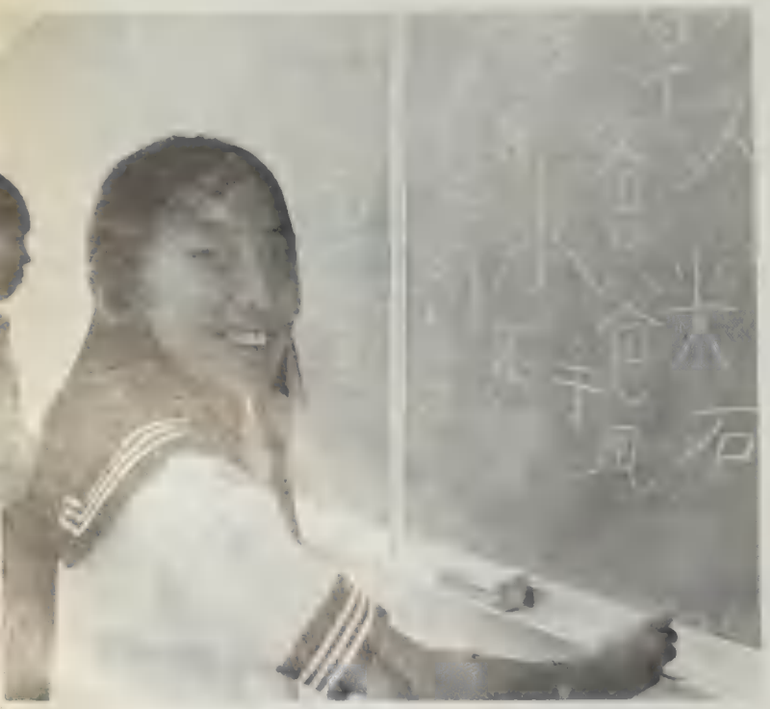
Red and green Kwan Yin Temple, by the entrance to Foster Botanic Garden, has several gilded figures of deities (Buddhist, Taoist) and usually people are engaged in the rituals of a blessing.

Along Nuuanu Stream's banks are new malls (page 47). You can visit Lum Sai Ho Tong, Taoist family temple above a market at River and Kukui. And you can walk in and about the striking Shinto shrine, Izumo Taishakyo, dating from 1923 but rebuilt. On January 1, from midnight on, thousands of people will line up to wash their hands at the fountain, drink sake, ring the bell, and to receive a New Year blessing.

Four-masted museum, City Hall art show, lesson in acupuncture

Mayor Fasi *visits monthly art show in City Hall with Sunset's Hawaii Editor Nancy Bannick*

Falls of Clyde, *four-masted square-rigger, plied Pacific from 1898 to 1920, is now museum ship moored at Pier 5*



Students *Edward Lum and Catha Lee write elementary characters on board at Chinese language school*

GLENN CHRISTIANSEN

Bishop Street's *finest structure is Alexander & Baldwin, built in 1929, with overhanging tile roof*

Mrs. H. L. Derby *explains acupuncture to visitors in herb shop, a stop on her Tuesday morning Chinatown walking tour*

Shinto shrine, *Izumo Taishakyo, on mall along Nuuanu Stream. Note Shinto symbols on roof*

Moving *makai*, note the 1938 Toyo Theatre, with weathered balustrades and tile roofs; the new Kukui Market Place topped in blue tile, housing neighborhood markets, shops, and a Japanese restaurant; and Aala Park.

Civic Center

Architectural treasures spanning 150 years share the parklike, newly protected Hawaii Capital District. This is also the working government center, especially active after the third Wednesday each January when the legislature convenes for 60 working days in the stunning, still-new State Capitol—open-sided, open to the sky, with columns rising out of reflecting pools.

On the first day, go an hour before the programs begin at 10 A.M. in both chambers, for additional music, and to watch the arrival of people and the lavish bouquets and leis given to lawmakers.

You can explore most of the Capitol any time—it has no entrance doors. But only when the legislature convenes, usually weekdays in late morning, can you enter the galleries off the great central court to watch action on the floor below and get a good view of the chambers' chandeliers and tapestries.

On the fifth floor you can visit the paneled reception rooms of the governor and lieutenant governor, walk out on roof gardens, view at close range the building's open crown, and look down to the court with its floor mosaic and Father Damien sculpture.

Mauka of the Capitol is the governor's house, a white colonial from 1846; next door is St. Andrew's Cathedral of Anglican origin, and nearby is Our Lady of Peace Cathedral where Governor Burns attends daily Mass.

The district's third important church is Kawaiahao, Honolulu's oldest (1842), on the first mission site. Sunday service, at 10:30 A.M., is in Hawaiian and English. Adjacent Mission Houses Museum includes Hawaii's oldest frame house (1821) and two other New England-style buildings chock full of furnishings and exhibits, open from 10 A.M. to 5 P.M. daily except Mondays (adults, $1.50; children under 12, 75 cents).

Weathered Iolani Palace, Hawaii's capitol for 75 years, is being restored to look as it did originally, from 1882 to 1893, when it was the royal residence.

Its Throne Room is open Monday through Saturday mornings, 8 A.M. to noon; and weekday afternoons 1 to 4 P.M. Iolani Barracks, built in 1870–71 for the Royal Household Guard, was in the way of the Capitol. Removed in 1965, it was reassembled on the Palace grounds and will become a museum and home of today's ceremonial Royal Guard. Also worth a visit: the Judiciary

Building, designed as a palace but finished, in 1884, for parliament; Hawaii State Library, with columns, open-air patio; City Hall, with court open to the sky where Mayor Fasi hosts concerts and art shows; the graceful Federal Building, YWCA, and Armed Services YMCA, each showing Mediterranean influence.

The Mall

Fort Street Mall follows a crooked course for seven blocks of varying length from Beretania Street to Nimitz Highway. It runs from the venerable Our Lady of Peace Cathedral (1843) to the approximate site of the fort that guarded the waterfront from 1817 to 1857.

Downtown's main shopping street became a landscaped pedestrian way 4 years ago after 20 years of dreaming, persuading, and arguing among land owners, merchants, and government officials. (Reprints of *Sunset*'s September 1967 article, *The Mall Idea*, were distributed by mall advocates near the end to help convince the doubtful.)

Shoppers, Downtown's office workers, and most of the mall's more than fifty storekeepers have been delighted at having this lively new place to stroll and watch people, and at the perked-up tempo of business.

You walk on tinted, textured concrete paving with brick dividers. It is 50 feet wide except for broad plazas at King and Beretania. A brick-paved underpass beneath King Street has escalators and a concrete mural wall. Along the mall you'll see a sandbox, four fountains, a waterfall, 20 planters, drinking fountains, seats, telephone booths, litter containers, four vine trellises, and 37 lamposts with T-bars 14 feet up that contain indirect lights and speakers for music.

Fort Street Mall gained impetus from Union Mall, a short arc between Bishop and Hotel opened in 1963. And it helped to inspire the Nuuanu Stream Mall and also the grassing over of Hotel Street between the Capitol and Iolani Palace.

The walkways made out of several blocks of College Walk and River Street and connected by a new foot bridge have arbors with tables for chess, checkers, or mah jong; bold sculptures, narra and camphor trees, and beds of dwarf Natal plum and ixora. □

Sculptures, planting, fountains, and no cars . . . it's lively Fort Street Mall

Girl wades *in fountain at foot of mall opposite Aloha Tower, cruise ship terminal, and park*

Mall sculptures *are tall columns of concrete, steel, bronze*

King Street *underpass has pool with waterfall and sculpture, 70-foot mural of simulated petroglyphs*

Wedelia crawls *over grate protecting tree well. Mall has 77 trees, mostly Brisbane box*

Aloha-garbed shoppers *walk Fort Street Mall lined with small stores, offices, and high tower of Financial Plaza, Amfac*

GLENN CHRISTIANSEN

LIBERTY HOUSE
SING
JOB FINDERS

GLENN CHRISTIANS

Winter garden in the living room

Elatior begonias *bloom in winter sitting next to a sunny window. All three kinds are single-flowered types: 'Schwabenland Pink,' at left; 'Bernstein's Gelbe,' the yellow one at center; 'Schwabenland Red,' behind the yellow one*

Just arrived from Europe, new begonias that bloom their heads off indoors in winter

A new kind of begonia has appeared in the West—the Rieger elatior begonia.

It's a recent arrival from Europe, and you may have seen it already in nurseries, garden centers, florist shops, or discount stores. It's unlike any other begonia. It's a winter-flowering, heavy-blooming, easy-to-care-for plant that loves indoor life. Some people in the flower industry say those qualities may eventually make elatior begonia more popular than today's number one selling potted plant, the chrysanthemum.

Where they come from

For 30 years Otto Rieger of Nurtigen, Germany, made hundreds of crosses among summer-blooming tuberous begonias. He selected the best ones and crossed them with winter-blooming *Begonia socotrana*. Although many plant breeders made hybrids with this begonia after its discovery in 1880 on Socotra in the Indian Ocean, none succeeded like Rieger. Today, the long-blooming elatior begonia is enormously popular in northern Europe, where few flowering plants do well indoors in the winter.

What kinds?

You can buy two main groups of elatior begonias.

'Schwabenland' begonias have single flowers in red, red-orange, orange or pink. (A plant with single yellow flowers, 'Bernsteins Gelbe,' is also available. This single-flowered kind is not related to the 'Schwabenland' series but to an earlier elatior begonia that's no longer commercially used.)

'Aphrodite' bears double flowers in cherry red, red, rose, and pink.

The double-flowered kinds tend to sprawl, which makes them a fine choice for hanging baskets; the ones with single flowers grow more upright and are better suited for pots.

Elatior begonias may amaze you because they bloom for such a long time. Some owners report that their plants have flowered continuously for a year. No one can guarantee that the plant you buy will bloom that long, but there's a fair chance it will.

What they need

Elatior begonias are easy plants to maintain. They do best where they get lots of light, but not much direct, hot sunlight. During the winter you can put them in a south-facing window. In summer they should go in a cool east, north, or west-facing window where they'll not be directly exposed to hot, midday sun.

According to nurserymen, some owners cause trouble for their plants by overwatering. Nurserymen recommend waiting until the potting soil dries out to a depth of about an inch before you water (test soil moisture by touch). Then soak the soil heavily and be careful not to splash water on the leaves.

The elatior begonia was developed as an indoor plant. No one knows how hardy it is; even a light frost may kill it. In areas where frost occurs, the only safe time to move plants outdoors is during the summer; put them on a protected part of your patio. In frost-free areas along the coast of Southern California, elatior begonias may be successfully grown outside all year. But be prepared to move them inside if there's ever a sign of frost.

Elatior begonias continue to grow as they bloom, so eventually the stems will get long and spindly. Stakes help support stems awhile, but when the plant becomes rangy-looking it's best to cut back stems to within 4 inches of the base. When growth resumes, fertilize once with a slow-release dry fertilizer. Flowering should start again in about eight weeks. Elatior begonias don't need much fertilizer while flowering; use a dilute fertilizer every six weeks.

If your plant gets too big for its pot, you can repot without much difficulty. Most of the plants we've seen are growing in a very lightweight soil mix. The recommended mix consists of five parts peat moss, four parts vermiculite, and one part sandy loam. The mixture drains fast; water-logged soil will kill the roots quickly. A good time to repot is when you cut back rangy stems.

Sometimes elatior begonias get mildew on their leaves. To help prevent this, keep plants in a dry, well ventilated area rather than a damp one. Cut off any badly mildewed leaves with a razor or sharp knife. If a whole plant becomes badly infected, you may save it if you cut off all stems and leaves to within 4 inches of the base and let them grow out again. □

Single *flowers are 2 inches wide; removing faded ones encourages others*

ELLS MARUGG

Double *flower is just opening; it will be about 2 inches wide*

Free-for-the-asking cartons cut into triangles make a play dome

Children *crowd into entry of dome-shaped playhouse designed by Volkhard Stürzbecher for Mr. and Mrs. Ray Jones of Palo Alto, California*

The building materials for this playhouse can be found free for the asking at many appliance stores. You get large appliance cartons, cut them into triangles, and put them together using the principles of Buckminster Fuller's geodesic dome.

First think of how big a dome you want. Then decide on its exact radius, half the distance across the dome at its widest point (in the dome above, it's at mid-door level). You'll need the radius to determine the two triangle sizes that make up the dome.

One triangle should have equal-length A sides, 0.6180 the length of the dome radius. The other triangle has one A side and two shorter B sides, 0.5465 the length of the radius. (Our example has a 40-inch radius; thus, its triangles have A sides that are 24 23/32 inches long, and B sides 21⅞ inches long.)

Mark off these lengths on two pieces of wood lath, drilling a small nail hole at one end of the mark and a larger, pen-sized hole at the other end.

To make a triangle, draw the common A-length base along a yardstick. With one lath, draw arcs while holding the nail on the ends of the base line. Then draw straight lines from the arc intersection to the ends of the base line. Add 1-inch-wide cut lines around the triangle; cut it out with a mat knife, and lightly score the inside lines. Fold up the flaps along the scored line. You'll need 15 triangles with all A sides, and 45 that have one A side and two shorter B sides.

Assemble the smaller AB triangles into 6 pentagons and 5 three-triangle semi-pentagons, as shown in the first diagram on the facing page, stapling the B sides together and leaving the A sides on the perimeter.

Then finish the dome, following the diagrams. It will slowly take on a ball shape as you add sections.

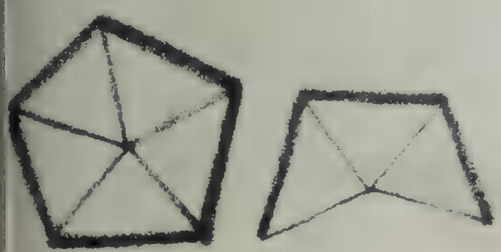
You'll need to fill in around the bottom with five thin triangles with two B sides and a base long enough to fill the gap beneath the semi-pentagons. Tack the bottom flaps of the finished dome to the floor or a plywood base to make the structure rigid.

Draw triangles *with lath with nail at one end, pen at the other. Draw fold lines from arc intersection to ends of base; add cut lines outside*

Staple triangles *to form sections for sides. You'll need a heavy-duty industrial stapler, available at many rental agencies*

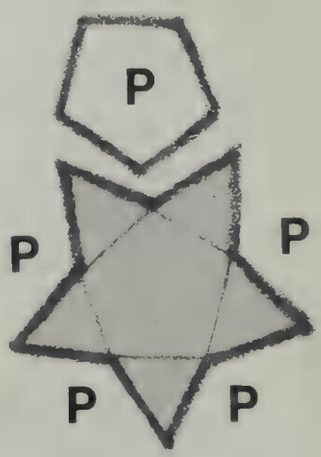
DARROW M. WATT

nside *is roomy, shows flaps of triangles tapled together to form sturdy shell*



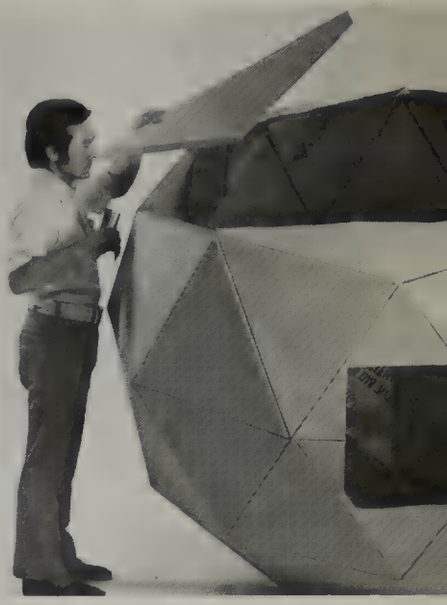
1. **First** *make 6 pentagons, 5 semi-pentagons from AB triangles*

2. **Add** *larger A triangles to perimeter of one pentagon*



3. **Fill** *gaps between triangles with other pentagons*

4. **Add** *A triangles between and below pentagons, then add semi-pentagons at bottom*



Thin triangles *fill in bottom of upside-down playhouse. Cut entry through triangle sides, not vertex; fold back entry edges and staple*

DARROW M. WATT

Sturdy stems *make 'Sunset Jubilee' a fine rose for cutting*

This year a new rose named 'Sunset Ju bilee' marks *Sunset's* 75th birthday. Yo can see it here and on *Sunset's* cover.

'Sunset Jubilee' was developed by ros breeder Gene Boerner. It's still too earl to say how great a rose it will be, but it breeding and performance to date prom ise greatness. Four of its ancestors ar still grown (see opposite page). Two 'Kordes Perfecta' and 'Peace,' continu to take prizes at rose shows; and 'Peace a favorite nearly 30 years after its intro duction, is indisputably one of the grea roses of the century.

The new 'Sunset Jubilee' resembles 'Kor des Perfecta' in size and sumptuous full ness, but has deeper coloring, a better looking bud, and more reliable flowe production over a wider climate range Flowers are 5 inches across, often more Deep rose pink buds are 2 inches long.

Flower color varies with the season. Ba sically, 'Sunset Jubilee' is a blend of dee cherry pink and lighter pink over a bas of cream. Colors deepen in cool weather with buds and petal tips deepening t near-red while the cream deepens t primrose yellow.

Two qualities may especially endea 'Sunset Jubilee' to the flower arranger Flowers are held firmly upright o sturdy 10 to 12-inch stems; and flower nearly always form singly at the ends o stems. You don't have to cut a cluster t get a single bud.

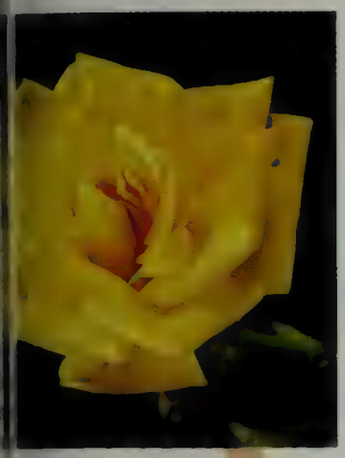
The 3 to 4-foot plants are upright grow ers; foliage comes out deep maroon, ma tures to deep green, and has shown n mildew in our test garden.

About 13,000 plants are available fron Western retail nurseries; or you can or der by mail from Jackson and Perkins Medford, Ore. 97501. You will be abl to see 'Sunset Jubilee' this summer a *Sunset's* Menlo Park garden and in mu nicipal rose gardens.

How a new rose gets that way

The story behind new 'Sunset Jubilee'

It takes breeding and selection, generation after generation. It takes years and years. It also takes luck



Grandparent
LDEN SCEPTER

Grandparent
KARL HERBST

Great-grandparent
PEACE

Grandparent
53-18062

Grandparent
PINK DUCHESS

Seed parent
KORDES PERFECTA

Pollen parent
60-2481

GLENN CHRISTIANSEN

SUNSET JUBILEE

From 'Kordes Perfecta,' its seed parent (bearer of the seed), 'Sunset Jubilee' inherits its opulence. The parent can be a great rose (still occasionally takes a blue ribbon at shows) but is not always a good rose; it won't perform unless climate and location are just right. And its buds are stumpy, squarish, and inclined to sunburn.

The pollen parent (male) bears no name, only the number its breeder gave it: 60-2481. But it comes from a good family, including 'Pink Duchess,' and 'Peace,' a 30-year favorite. This side of the family has contributed wide climatic adaptability and excellent bud form.

Start with *bundles of reeds, scissors, knitting needles or awl, pan of water. Girl is weaving around spokes. Boy soaks partly completed base to make it pliable again*

DARROW M. WATT

The ancient basket art isn't all that difficult

You only need to learn one basket weaving technique to make baskets as diverse in size and shape as the ones shown at right. It's a relatively simple technique that lends itself to endless variation.

You can alter the size and shape of a basket while you weave. Or you can change the number and length of reeds used as spokes—the bones of every basket—and you can change the type of weaver reeds.

For basic basket weaving, all you need are reeds, scissors, a container of water, a yardstick, and an awl (or knitting needle or skewer).

Rattan reeds (from rattan palms) are available in two shapes—round and flat—and in several sizes numbered according to thickness. Bundles of reeds can be purchased at some hobby shops and chair caning stores. Look under "Hobby and Model Construction Supplies" or "Chair Caning" in the yellow pages of your telephone directory; call first to make sure they carry reeds and sell retail. Cost of a 1-pound bundle ranges from $1.50 to $3; two bundles make at least three baskets.

You can make baskets with just one size of round reeds, but we recommend you buy three: a bundle of thick round reeds for spokes, a bundle of thinner round reeds for basic weavers, and, for variety, a second weaver bundle of flat reeds. When buying, you needn't worry about reed length—a bundle contains long lengths of reeds, which you cut to the right size.

Reeds must be flexible when weaving, or they'll splinter and break. To soften reeds, soak them in water for 15 minutes to an hour; soaking time depends upon dryness and thickness of the reeds. As you're weaving, reeds may dry out and begin to splinter. When this happens, place your basket-to-be in water until the reeds become pliant again. That takes about 10 minutes, but soaking overnight won't hurt.

When you're ready to start weaving, decide how many inches tall and how many inches wide you'd like the basket to be. No matter what size basket you weave, you need an even number of long spokes plus one additional spoke about half as long as the others. This shorter spoke gives you an odd number of total spokes, which is necessary to produce an alternating weave.

Each long spoke must cross the entire diameter of the basket's base and travel up opposite sides to the top. So the larger

Homemade *baskets in 11 sizes and shapes. Basket shown in numbered steps is in second row, second from left, measures 3 by 4 inches*

he basket is, the longer its spokes must be. Also, the bigger the basket, the more spokes you need to give it stability. If you think the base you're weaving feels weak, you can easily add more spokes to stabilize it. Triple the number of spokes by inserting a new spoke on both sides of each original spoke; just slide them between weavers.

To duplicate the basket we show being made in the numbered photographs, purchase two bundles of round reeds—No. 5 for spokes and No. 2 for weavers.

You need four long spokes and one short spoke—the finished basket measures 3 inches tall and 4 inches wide. To compute length of each long spoke, double the proposed basket height, add the width, then add 8 inches more for a border at the top; each long spoke should be 18 inches. The short spoke should be half the length of the long spokes—9 inches long.

Lash spokes together as shown in the first numbered picture and spread them an equal distance from one another so the weaving will develop symmetrically. Weave over and under spokes. When you reach the end of the first weaver, picture number 3 shows what's next. Number 4 shows how to connect flat weavers. To add a flat weaver to a round (not shown), weave it around spokes leaving 2-inch tail inside basket; weave tail into next row.

When the basket's base is the desired width, pull the weaver you're using tight and bend the spokes to form a basket shape. Add more spokes now, if necessary and weave to desired height.

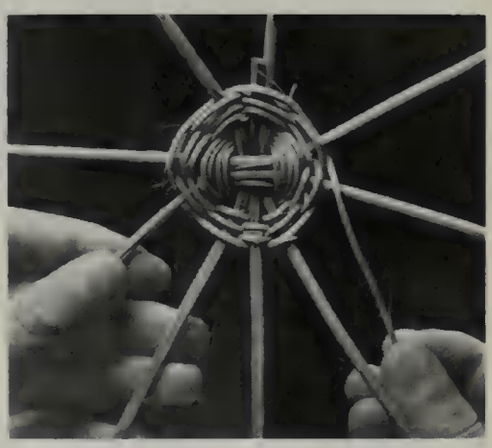
The best woven basket will have a base that pops up in the center, so the basket rests on its bottom outside edge. You achieve this by pressing the base into a dome shape while weaving, and by keeping the spokes spaced as evenly apart as possible, and by keeping weavers perpendicular to spokes.

Complete weaving by intertwining the spokes to secure the top edge and to form a border as shown below.

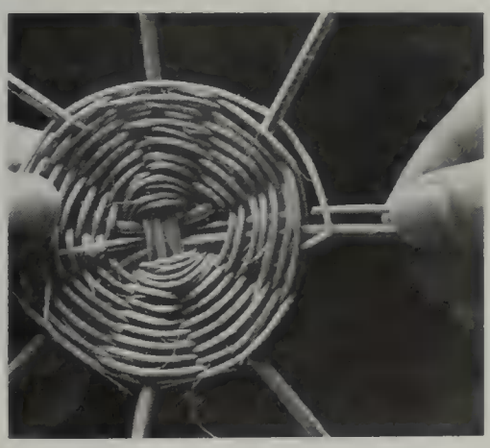
After you've finished weaving, and the basket is thoroughly dry, apply a protective coat of shellac, varnish, or plastic spray to prevent stains and to strengthen the basket. Plastic spray is best because it's easy to apply and dries fast.

When you've completed your first basket, you'll probably be ready to weave another. For a basket 6 inches in diameter and 13 inches tall, cut fourteen 40-inch spokes and one 20-inch spoke from No. 5 round reeds. Use one No. 2 round reed for the first weaver; continue with ¼-inch flat reeds. □

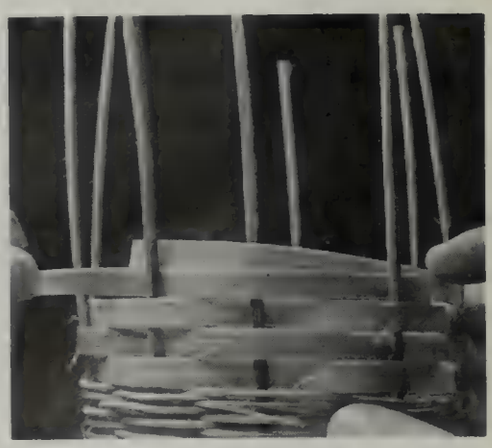
1. *Cross centers of four long spokes, insert a short spoke just through center and lash them together with a weaver*



2. *Spread spokes and begin weaving with rest of first weaver —alternating over and under spokes until weaver has ½ inch left*

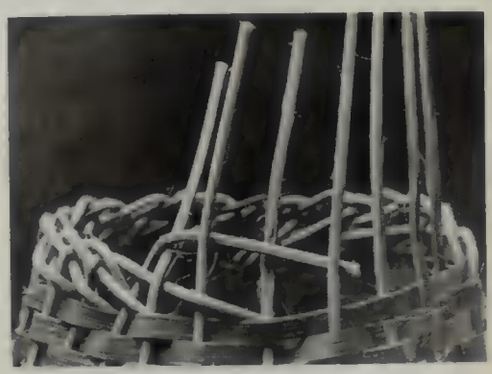


3. *At end of first weaver, use awl to open space along nearest spoke; insert weaver end. Put new weaver into opposite side of same spoke*



4. *To end and begin flat weavers, overlap as shown. To add flat weaver after round, see directions in the text*

5. *To loop a border, cut spoke ends to uniform length, at least 3 inches, then poke ends down along the spokes*



6. *To weave a border, cut spoke ends to 2 or 3 inches long. Weave one spoke over next, under third, to end of spoke. Pull tight*

To us from the tropics by way of Boston

Just keep them out of all dark corners

Lacy-leafed *'Smithii' Boston fern in hanging basket spends summers in an Arcadia, California, lathhouse, winters indoors. Fern collector Norris Harrison checks soil moisture here*

WILLIAM APLIN

Boston fern *with 5-foot-long fronds conceals its hanging pot in enclosed entryway of Carmel, California, house. Owner Walter Jennings waters the 6-year-old plant daily*

Westerners are riding the crest of a new wave of interest in growing indoor plants (as you read in the November 1972 SUNSET—page 98). One of the proudest achievements of many new indoor plant enthusiasts is growing Boston ferns as big as possible. Their choice is not surprising because Boston ferns are as good an indoor plant today as they were for gardeners who made them popular at the turn of the century.

The grandsire of all Boston ferns was discovered in the 1890's in a shipment of sword ferns that went to a Cambridge, Massachusetts, plant grower. (Sword ferns were moderately popular house plants in the nineteenth century.) The new specimen, evidently a natural hybrid, was more graceful, slightly wider, and grew faster than ordinary sword ferns. It became very popular almost at once, and in 1896 received the name *Nephrolepis exaltata* 'Bostoniense,' in honor of its place of discovery.

The seven ferns on these two pages a all different kinds of Boston ferns. Th are linked because they and dozens other, different-looking cousins all ca from that one Cambridge fern.

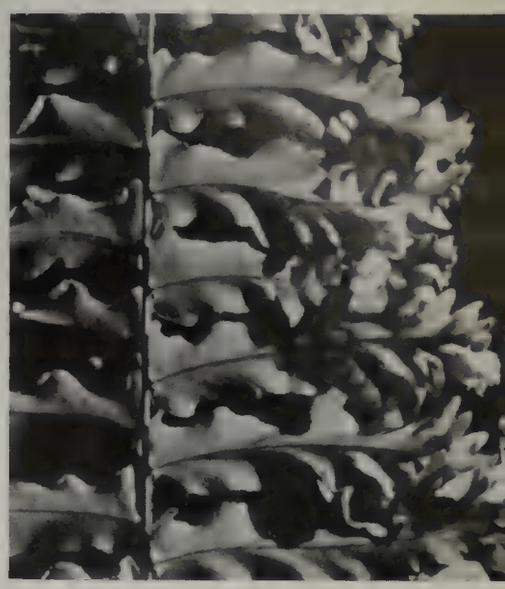
Taking care of Boston ferns

Boston ferns will thrive indoors if y give them conditions similar to the tive habitat of their forebears, swo ferns, which grow naturally in tropi climates—warm, damp, mostly frost-f

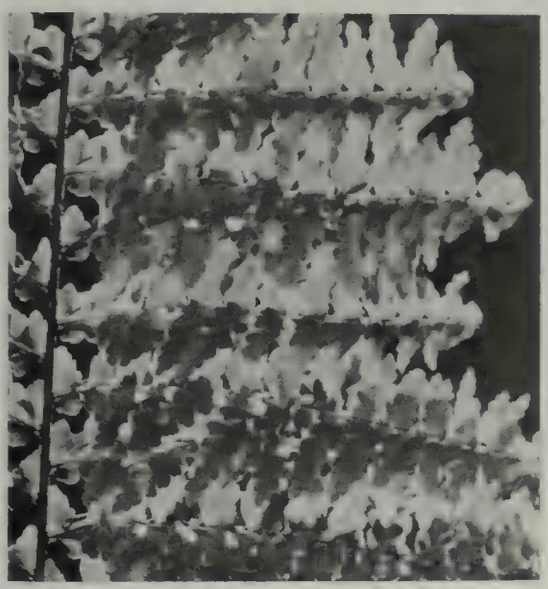
GERALD R. FREDRICK

'Wicheri,' *also called fish tail, is rare. Fronds divide in two repeatedly*

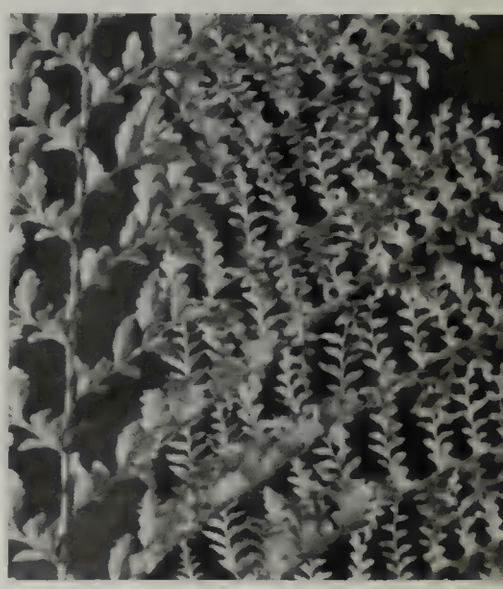
'Compacta' *has plain-looking fronds; leaflets are undivided and have small-toothed edges. This kind isn't often sold*



'Rooseveltii' *is fancier. Leaflet margins are wavy and tips have deep lobes. It is quite commonly sold*



'Whitmanii' *is fancier still; each leaflet is divided into many smaller ones with deep edges. This is commonly sold*



'Verona' *is very fancy; each leaflet is divided and then subdivided again. This lacy fern is not widely available*

places—in rich, well drained soil. In the wild, these forebears grew in a variety of lighting conditions such as in open patches in forests, on soil-covered ledges, and in dense tree-shrouded woods. Indoors, you can simulate these conditions by giving your Boston ferns plenty of water and lots of indirect light.

In cool weather, watering every two or three days may be enough. But if the weather is warm, or if your fern is in a warm, dry room, you might have to water it every day. As long as the potting soil drains fast, you can hardly water a Boston fern too much.

Indoors, the worst place for a Boston fern is in some dark corner. Try to put your plant where it will get a lot of indirect light. The big one in the picture at left gets light from a west window. It hangs far enough away so that it gets reflected light most of the day and direct sun only in late afternoon. Outside in summer, filtered shade is best. □

The fun of flame cookery in the fireplace

You can also use the hearth to warm, melt, roast, or even bake. Everybody gets to watch the action

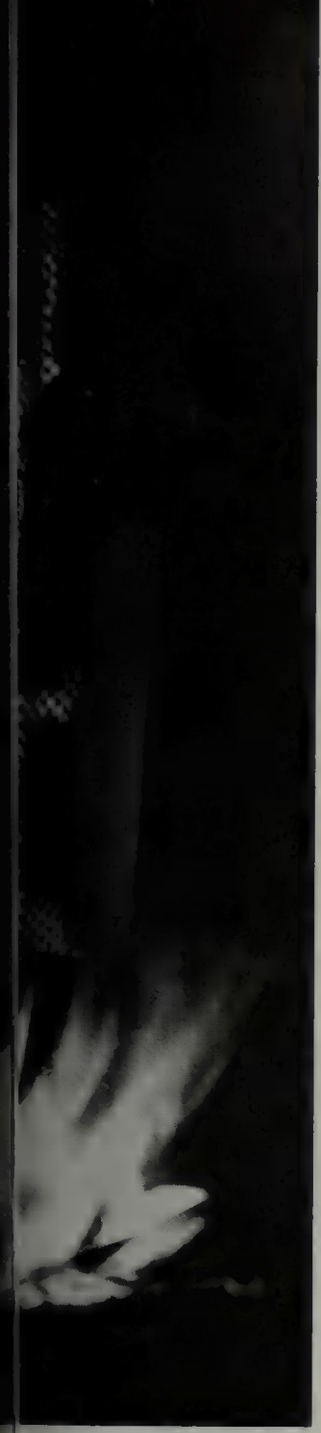
Cooking in the fireplace is a great—and often overlooked—way to add a touch of informality to wintertime parties. Now that it's winter and people naturally gather around their fireplaces for warmth and merriment, why not use the fire to warm or cook some of your party foods?

Consider, for example, arranging foods on your hearth to keep them warm for serving. You can control the amount of heat by how close you place the containers to the fire. Even some simple cooking tasks can be done on the hearth, such as melting cheese for the Swiss entrée called raclette (see page 71 of the February 1971 *Sunset*). We have baked pears and apples in the fireplace coals in about 30 to 40 minutes (see page 63).

You may already own some of the simple utensils shown here and on the two following pages for cooking in the fireplace. Long metal skewers for toasting marshmallows or for roasting sausages and frankfurters can also be used to hold skewered foods, like shish kebabs, for grilling. Hinged wire broilers and collapsible wire grills that you have reserved only for camping trips can easily be used in the fireplace. All these items are inexpensive and can be found in hardware or in camping and sporting goods stores.

Long-handled utensils, such as popcorn poppers, or imported items, such as an Italian chestnut roasting pan and a French omelet pan, are fireplace cooking utensils you might consider buying.

You use all these hand-held utensils in much the same way. The popcorn popper should be held about 4 inches above the flames or glowing coals when you pop corn or warm foods. Hold hinged wire broilers about 4 to 6 inches above

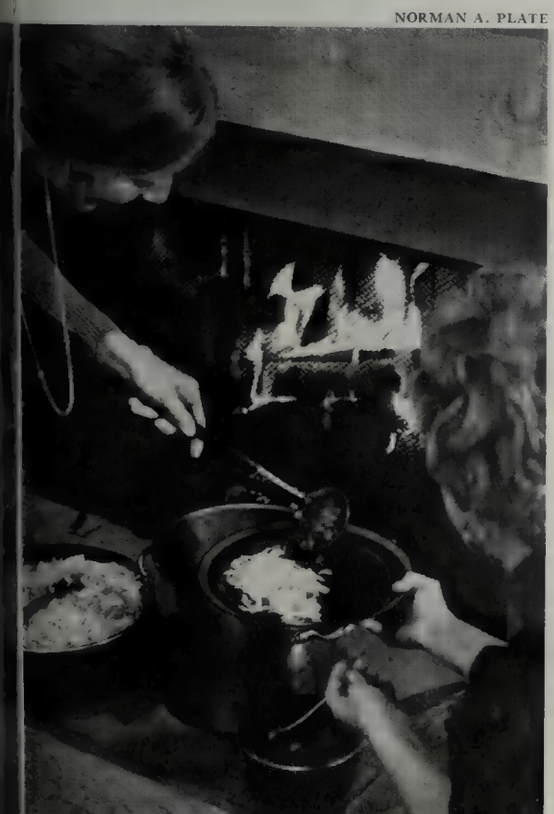


DARROW M. WATT

Adults *as well as children delight in popping corn in the fireplace the old-fashioned way. This style of popper is made entirely of metal mesh—add butter and seasonings after corn is popped. Also useful to warm foods, roast small sausages, toast shelled nuts, rolls, or buns. Price: about $4*

Special *chestnut roasting pan has holes in the bottom for roasting chestnuts in their shells. Price: about $3. For a special dessert, try freshly roasted warm chestnuts with a glass of Port*

NORMAN A. PLATE



Raised hearth *of fireplace is perfect setting for leisurely self-service. Here boeuf Bourguignonne and noodles, prepared in the kitchen, keep warm in front of the fire*

Use hinged wire *broilers to roast frankfurters and sausages in the fireplace. They come in various sizes and can also be used for toasting slices of bread or split English muffins, and for cooking chops, steaks, or ground meat patties*

A touch *of drama: Omelet is cooked to order over live flame in this special pan with a 36-inch handle. This same frying pan, 12 inches in diameter, can be used for scrambled and fried eggs, and pan-fried chops, fish, and steaks. Price: about $14*

Hot soup *for skiers w heated over the fire. The wroug iron hook is permanently bolted i inside fireplace wall and swin out for serving. Price: $8.5 to $17. Use a Dutch oven wi bail to warm soup, bake beans, or stew. A teakett can hold drinks, mulled win or steaming brot*

Collapsible *grill supports skewered foods. It could hold a Dutch oven or teakettle. Also use for grilling steaks, chops, or fish. Clams and oysters pop open when cooked. Grill costs about $3*

Tools are important. Campfire grills, popcorn poppers, wire broilers, long-handled pans

DARROW M. WATT

Grill *is supported by a pole that adjusts to fit fireplace openings. Grill can be raised or lowered, and swings in and out of fire. Use for all kinds of grilling, warming foods, or toasting bread. Will not easily support heavy pots or pans. Price: about $12*

ow flames or glowing coals, turning fre-
quently for even cooking.

f you want to do a greater variety of
ooking in your fireplace, you might
onsider the swinging pole grills that ad-
ust to fit your fireplace opening, and
everal types of wrought iron hooks that
re bolted to the inside of the fireplace.
'hese can be found in stores specializing
n fireplace accessories.

'he more expensive types of fireplace
ooks have a bracket that is permanently
olted to the inside wall of the fireplace.
'hen the hook fits in and can be re-
noved when not in use. Other types are
ne piece, and although the unit is per-
nanently bolted to the wall, it will swing
ack flush against the wall when not in
se. Hooks should be installed to hold
ots or kettles about 4 inches above the
ames. The swinging pole grill, on the
ther hand, is entirely removable. The
ole will fit all fireplace openings be-
veen 26 and 32 inches high.

/e found it best to start a fairly small
re, letting it burn down before begin-
ng to cook. Then add more wood as
eeded. You must, however, watch foods
they cook and pull the utensil out of
e fire if the food cooks too quickly. Or
you might need to lower the utensil, even reposition it, if the food does not seem to be cooking at all. Have newspapers or an old rug handy to protect the hearth or floor from drips when you remove the utensil and food from the fire.

If you plan to use a collapsible grill, it's a good idea to place it in the fireplace before you build the fire. The grill's legs must stand directly in the fire and have enough space to straddle or stand between the logs. You can adjust the height of some grills, but don't try to use a grill less than 15 inches high for fireplace cooking. To use a fixed-height grill, adjust the size of the fire so that when the grill is in use, the foods are about 6 inches above the tips of the flames. Remove all grills from the fireplace before starting the fire.

Fireplace Omelets. Lightly beat together 6 eggs and 4 tablespoons water. Heat a long-handled 12-inch frying pan over fireplace flames until hot. Add 3 tablespoons butter or margarine to pan, place over flames, swirling pan until butter is melted and bubbly. Pour egg mixture into pan and place pan in fire about 4 inches above flames. Cook, gently shaking pan frequently to keep omelet free and to allow uncooked egg to flow to bottom of pan. Increase shaking as omelet cooks. When done to your liking, remove pan from fire. Add assorted toppings if desired; then turn out of pan onto a plate. Makes about 3 servings.

Fire-roasted Chestnuts. Cut a slit in the side of each shell and place enough chestnuts in chestnut pan to make a single layer. Hold pan about 4 inches over flames or glowing coals; or position pan so it will sit on two logs over the flames. Roast, stirring nuts often, for about 40 minutes or until nut meat crumbles when prodded with a knife tip and mashes easily between your fingers. When cool enough to handle, peel off shells. Best eaten while still warm.

Fire-baked Apples and Pears. Wash and core desired number of apples or pears. Fill centers with brown or granulated sugar to taste; season if desired with cinnamon, nuts, or raisins; dot top with butter. Stand each piece of fruit in a foil tart pan, place on the fireplace floor, and push up close to but not touching flames. When side of fruit closest to flames is soft to touch, turn slightly to expose another side. Depending on ripeness, pears and apples bake in about 35 minutes. □

The Changing Western Home®

GLENN CHRISTIANSEN

Home gallery lighting

When your living room becomes an art gallery it may need special lighting. San Francisco architect Robert H. Hersey designed this attractive track system to provide variable lighting for a changing display of his wife Susan's paintings.

The track is 2 by 8 redwood milled to 1½-inch thickness. It is held 1½ inches out from the wall with 2-by-4 spacer blocks attached to studs at appropriate intervals. Multiple outlet strips mounted behind the track supply electricity.

For the lighting he used commercially available yoke-mounted pendant spotlights mounted on shaped wooden blocks, with U-shaped metal brackets for hanging them on the track. These lights can be moved anywhere around the living room. Two rheostat switches control light intensity.

Playhouse ideas?

The cardboard play dome on page 52 carries on a long *Sunset* tradition of reporting Westerners' innovative playhouse architecture.

We're always looking for more good playhouses. If you have one we would like to see it. The structure may be simple or elaborate, as long as it can supply other readers with useful inspiration.

If you would like to share your playhouse ideas with *Sunset* readers, please send snapshots and details to Playhouse Editor, *Sunset Magazine*, Menlo Park, Calif. 94025.

Shower curtain news

A new shower curtain has been introduced by Alsons Products Corp., Covina, California. Available in many bath shops, it's called the Ombrella. It has an umbrella-type curtain frame, available in three different sizes; each size opens to a 90°, 120°, or 180° angle (ideal for a corner tub). It's rodless, so when not in use you can fold it back to expose view windows and more of the bathroom's decor. It can also be used for an outdoor shower or as a collapsible unit in a recreation vehicle. Prices range from $25 to $30. □

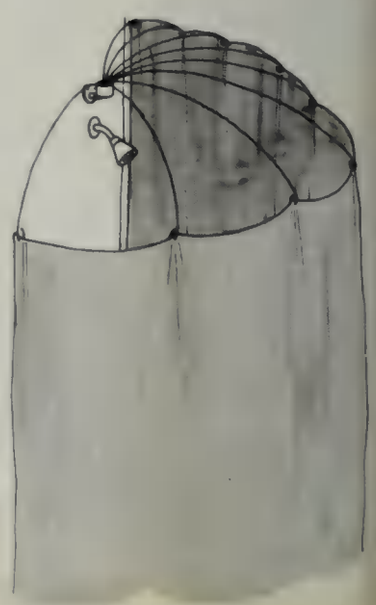
The smoky fireplace

There are three basic solutions to t common problem of the fireplace th draws so poorly that the room fills wi smoke.

1. Extend the height of the chimney adding more brick, stone, marble, co crete block—the material of the origin chimney. A sheet metal extension wou also serve the purpose, provided that opening is as large as that of the existi flue. This is especially important watch if one is square and the oth round; for instance, a 12 by 12-inc square flue would need to be match by a 14-inch-diameter round sheet me extension.

2. Decrease the size of the opening the fireplace so that it will admit less to the chimney. You can do this, aga by adding to existing materials—such building up a brick hearth or surround or by reducing the opening with a fa ricated sheet metal addition.

3. Add a vacuum cap or chimney ca These are sheet-metal units fitted with wind vane to keep the chimney thro always pointed downwind, thus minim ing the possibility of a downdraft. B if the downdraft is created by wind th bounces off nearby structures or tre you may also need to increase the hei of the chimney stack.



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Neatly organized box display for almost anything

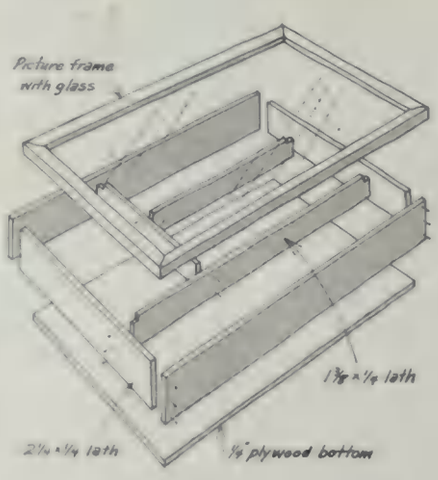
Collections of almost anything—seashells, pine cones, dolls, weeds, or discarded items from forgotten drawers—look almost like objects of art when esthetically arranged under glass in decorative display cases. A particular display might be limited to mementos of a special occasion, or consist of a miscellany selected for its appropriateness to a certain room.

The inside mitered section and the glass are actually from an inexpensive frame purchased at a variety store. Cut the backing board to fit the frame and the sides to make a simple butt joint as shown in the drawing.

Use smaller wooden laths for partitions and fasten them with small brads or glue. Notch them where they touch the outside edges so that when the purchased frame drops into place, you can lay the glass directly on the inner partitions. □

GLENN CHRISTIANSEN

Fillers *such as sand, buttons, pasta, or gravel can be visually interesting. Heavy items may need back spacers made from wood blocks*



Use small *brads where possible, glue other joints. Cut partitions to size of display items*

Brads hold *purchased frame when display is completed. Spools, buttons, and pins are used for sewing theme, above and at right; gardening and cooking are other motifs*

Bet on it.

When you swing from the chair lift at the 9700 foot summit of Slide Mountain, you're in the center of the nation's largest concentration of fine ski facilities. Strung out along the Sierra ridges is a network of 16 ski resorts with 59 chair lifts. Every level of skiing, from beginning to championship, is only a short ride away over modern all-weather highways.

A ski holiday in Nevada is more than spectacular skiing. It's beautiful scenery. Imagine topping a ridge and looking down on Lake Tahoe half a mile below, or over the Sierra. Imagine unbelievably clear skies and warm sunshine most of the 180-day-long season.

Nevada's exciting cities provide after-ski activity unmatched anywhere else in the world. Reno, the host city for the 1960 Winter Olympics, is at the foot of this giant ski complex. In Southern Nevada the Las Vegas Strip is only 45 minutes away from the great powder snow of Lee Canyon.

Skiing in Nevada has a dimension that you just can't find anywhere else. Bet on it.

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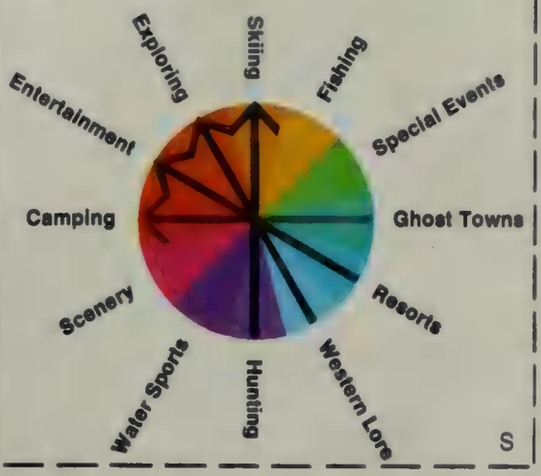
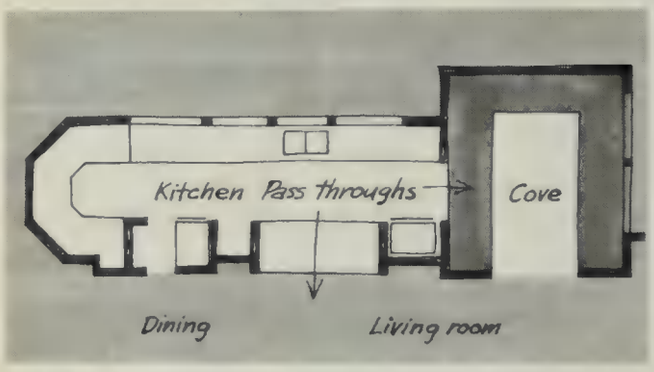


S

How to include the cook in the conversation

Some cooks don't like to be out of th swim of things. Inez Pandolfi of Scot Valley, California, likes to talk with he husband and guests while she prepare dinner. She also likes the generous cou ter space and efficiency of a corrido kitchen. So Jim Pandolfi, her archite husband, designed into their new hous a conversation cove joined to one end c the kitchen by a vertical wall openin you can chat through. There's anothe pass-through to the living-dining roon

The cove's upholstered seats were mad by stretching a bonded fabric over inches of foam with a layer of dacro batting on top. A heavy-duty staple gu was used to secure the fabric layers t pieces of ¾-inch-thick plywood cut t size for seat and back. The owners ca unstaple and change the fabric easily, continual saving in upholstery costs.



Only *one entrance into the kitchen, but you can look out two other ways*

DARROW M. WA

Left: *12-foot high bookshelves frame view from living-dining room into kitchen. Right, above: coffee comes from end of corridor kitchen over pass-through into cove*

Some of the best skiers in America come to Bend, Oregon every year.

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or eight consecutive years the U. S. Ski Teams ave trained on Mt. Bachelor. They know about achelor's perfect powder, the sunshiny days and oom to spare slopes. About our gentle Alpine eadows and super downhill courses. About a ountain planned and groomed and ready for any nd of skiing they want to give it.

amily skiers know about us, too, and we're a adition with them. Our great terrain, first-te ski school, and relaxed Western hospitality ring them back to Mt. Bachelor, year after year.

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Vertical bike storage *along garage wall is a simple way to save space: Bracket and bike's rear wheel do all the work*

DON NORMARK

Space saving in the garage: put bikes on their tails

Nail *through hole in bracket keeps wheel in place*

Indoor bicycle storage for a family with five riders can consume a great deal of space, but the system of hangers shown here, designed by William Crawford of Woodinville, Washington, uses very little space and keeps everyone's bike within easy reach.

A rider simply hoists up the front wheel and slips it into a long, narrow, metal bracket, which, for the bikes shown, is 4½ feet above the floor. A nail goes through holes on both sides of the bracket and between the bicycle's spokes to lock the wheel in place.

The brackets are made of scrap from an aluminum foundry. Similar ones could be made from 16-gauge sheet metal, but you'd probably have to ask a professional metalworker to bend it.

Or you could make a wooden bracket. Use 3 narrow ½-inch boards and fasten them together to make the "U" shape. Sturdy plastic, heated and bent into shape, will also serve.

Two screws hold each bracket to the wall. Since the weight of the bicycle rests on the rear wheel, there is little pressure either on the bracket or on the nail that holds the wheel secure.

Different size bikes will require brackets at different heights. When you place a bracket on the wall, remember that the closer the rear wheel to the wall, the less strain on the nail and front wheel. □

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The "Minnie Winnie" driver's compartment gives you two-door automotive comfort. It's lower to the ground. Yet it's designed to blend into the rest of the unit and give you the kind of motor home comfort you'd expect from Winnebago, the world's largest producer of motor homes.

There are two "Minnie Winnie" floor plans. One featuring a rear gaucho, and one with a rear bath. Both are built on a dependable Dodge chassis with dual rear wheels, power steering, power brakes, automatic transmission and 360 cu. in. V-8 engine.

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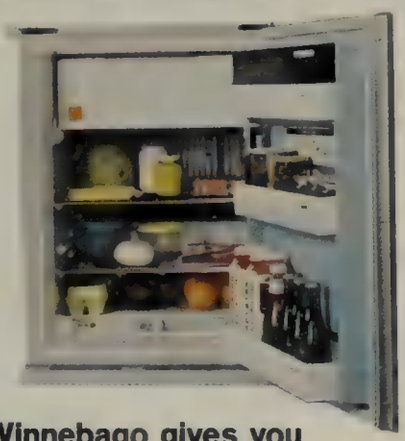
A "Minnie Winnie" is completely self-contained. You get a 3-burner gas range with oven. Stainless steel sinks. A 30-gallon water system with heater. Twin LP gas bottles. A marine toilet and shower or tub/shower combination. A high-output automotive heater and a big 16,000 BTU forced-air furnace—not a "hot spot" heater. And you get a 4 cu. ft. gas/electric refrigerator—not an icebox.



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GLENN CHRISTIANSEN

Uprights *are 4 by 4's set 2½ feet in ground. Horizontal support is pair of 2 by 8's bolted to 4 by 4's, attached to house. Panels look decorative from street (above)*

Adjustable *chinning bar is at one end of platform, climbing rope at the other*

A swinging climbing gym at gable's end

The play structure pictured here was designed to look like a decorative extension of the house without sacrificing any of the climbing, swinging, or chinning devices active children enjoy. The owners wanted it to be good-looking because the only available site for the structure was on one end of a corner lot in full view from two streets.

The horizontal members supporting the swing follow the line of the garage's roof beam, and the 14-foot-long 4 by 4 that helps hold it up at one end is worked into a screenlike, checkerboard framework of plywood panels and shorter 4 by 4's that help create the strong decorative pattern. Staining the wood structure the same color as the eaves and trim ties it even more closely to the house.

When there is no longer need for the play structure, it can be removed, and the area now covered with sand can be converted to garden space. An alternative would be to remove part of it—ropes, perhaps platform railing—then use the rest as a support for one or more flowering vines, such as a wisteria, clematis, or lush grape.

Landscape designer Todd Fry designed the structure for Dr. and Mrs. Stuart Brown and family of La Jolla, California, when he did their garden plan. □

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MICHAEL TILDE

Christmas *tree lights coiled on tubes stay unsnarled for next year*

For snarl-free tree light strands

A few minutes of preparation this year will save time and the aggravation of having to untangle strands of Christmas tree lights next year.

Save the cardboard tubes from rolls of gift wrapping paper and a small to medium-sized cardboard box. You'll also need masking tape. A large shoe or boot box, about 8 by 12 by 4 inches, will easily hold two 12 by 1½-inch cardboard tubes. Each tube will accommodate a strand of 35 to 50 small twinkle lights. For strands with bigger bulbs, you'll need a bigger box.

Measure the length of the box and cut tubes the same length. Push the plug for the light strand inside the tube and secure with tape. Then coil lights firmly around the tube as shown. To avoid twisting or tangling wire, coil lights by rotating the tube rather than by winding the wire. Tape ends in place.

When inserted in the box, tubes should fit snugly, holding lights safely away from the cardboard. □

To avoid snarls *when coiling light strand, rotate tube rather than wire*

The beauty of 18th-century styles that adds so much to English homes, can now do the same for yours.

The people of England have always loved and cherished their homes. From generation to generation, they have passed on carefully accumulated and cared for furniture and decorative objects. And the period most cherished is the romantic late 18th and early 19th centuries.

Windsor Park, the newest coordinate from Cannon Royal Family International Fashions, is an adaptation of the lovely fabric of this period. Still used in England today.

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NORMAN A. PLATE

Outdoor room *feels like extension of indoors. Screen blocks wind, no need for window drapes. At right, you can look through living room glass wall to entry deck*

From *neighbor's yard, photograph shows difficult site: wrap-around road, tangle of powerlines, steep slope, privacy problem*

They built around an outdoor room

any times the lot in the neighborhood it sells last—the one that's "unbuild-e"—ends up with the most attractive use. And sometimes the more difficult site and the more demanding the dget, the more interesting the result.

e example shown here is in the choice, section of Del Mar, California, about minutes north of San Diego. It's a all lot, 75 by 100 feet, and steep. concrete channel to carry off winter n from the surrounding higher land right through it, and a road wrapped ound three sides. In its favor, the lot pported some mature eucalyptus trees —and the price was right.

The purchasers, Mr. and Mrs. George Berkich, like to be out-of-doors as much as possible, but the steep lot ruled out a usable yard. So designer-builder Herb Turner created a house with a 16 by 16-foot outdoor room at its center. Arranged around it and connected to it by glass doors and floor-to-ceiling windows are the master bedroom, the living and dining rooms, and the kitchen. All these rooms take advantage of natural light from the deck.

The two-bedroom house measures only 1,500 square feet, but with the flood of daylight through the glass and the shared view of the outdoor room, there's a sense of extravagant space in all the principal rooms.

On the fourth side of the outdoor room, an 8-foot-tall translucent plastic fence screens off the road. A grid of 2 by 4's supports the screen and gives a tracery silhouette. In the mild beach climate, there are days each month when it's pleasant to dine outdoors. There's ample privacy for sun bathing. The outdoor room also serves as a convenient passageway between the kitchen and master bedroom. □

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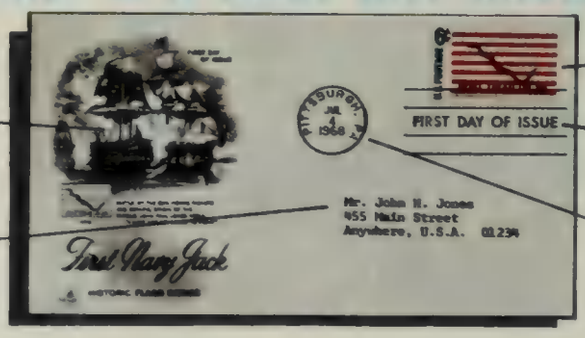

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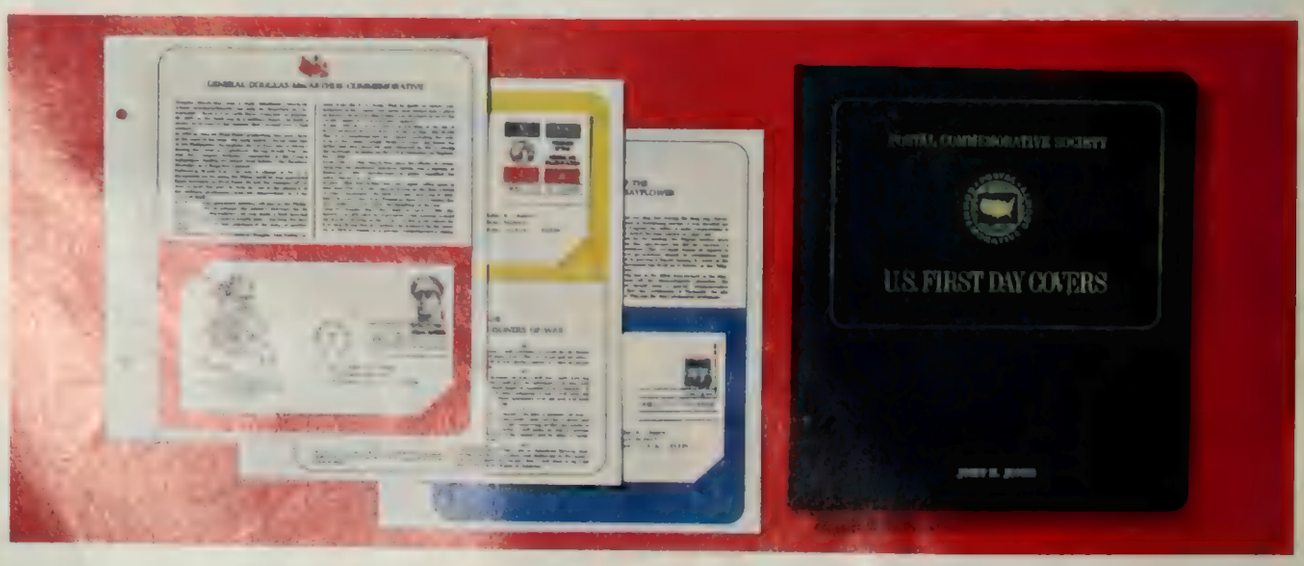

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People who know from experience that KitchenAid is reliable, hard-working, and does a beautiful job on all their dishes.

People who, when they find out how good their KitchenAid really is, tell their friends about it. And it's interesting what they say.

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Pretty convincing statements, aren't they? And they haven't even touched on some other good reasons for buying a KitchenAid dishwasher.

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With all these reasons, doesn't it make sense to talk to your KitchenAid dealer about a KitchenAid dishwasher of your own?

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NORMAN A. PLATE

Addition *to Berkeley house was built at 45° angle to provide large view window, upstairs deck, new entry*

A whole-wall window and a recital room

A good view deserves a large window. This jutting addition to a Berkeley house was designed to take in as much of a San Francisco Bay panorama as possible.

It also provides space for the owner's harpsichord recitals and supports a small sun deck upstairs off the master bedroom.

The original house, built in 1915, was served by a narrow, enclosed entryway. A large corner post on the porch and the tight geometry of many small window-panes blocked the view. And the porch sagged badly, which was another encouragement to remodel.

The old porch was removed entirely. New floor joists were set at a 45° angle, so the large window would face the bay. Roof beams were extended out several feet, and four 1 by 8's were attached to partially screen midday sunlight. Afternoon sun is controlled by an indoor shade. Exterior shingled walls of the addition enclose the rooftop deck, shielding the area from the view of passers-by on the street.

Completed more than a year ago, the addition somewhat improved the acoustics of the adjoining living room, and a larger number of people can now sit in the living area of the house during harpsichord recitals.

The addition was designed for Satyabrata Nandi by architect Ashoke Kerr. □

Inside, *there's more room for harpsichord recitals. Addition also improved living room acoustics*

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Barrier *of landscaped utility poles protects garden border from skidding autos*

For cars that fail the turn

One *of the poles, cut off at the regulation height, serves as a very sturdy mailbox post*

Utility poles look decorative in this Portland garden, but their real purpose is safety. They act as a barricade against automobiles that might fail to negotiate a tricky turn in front of the house.

And last winter the poles paid off. A car skidded out of control during a snowstorm and struck one of the barriers. The car wasn't damaged, and neither was the garden.

The poles are sunk 4 to 6 feet into the ground in clusters about 8 feet apart along the property line. Each cluster has three to five poles at random heights (2 to 5 feet). The poles had already been treated with creosote and needed no further rot protection. Reflectors make the clusters visible at night.

Poles like these are often obtainable from utility companies.

Owner is Rolf D. Glerum. Landscape architect Edward Maddox designed the pole barriers and the rockery shown in the photographs. □

ADVENTURE IS

a bright Winter vacation on the Monterey Peninsula

You are cordially invited! Come for a delightful Winter holiday, a bright and wonderful season on this picturesque peninsula. Let this enchanted land cast its magic spell over you. Explore the exciting scenes of California's early history. Thrill to the beauty of the sparkling sea. Enjoy exotic dining. Visit the splendid galleries. Play some great golf. Tour the spectacular Seventeen Mile Drive, fabled Cannery Row, Fisherman's Wharf, Lovers' Point, the famous Carmel Mission . . . and scores of other wonders. Come once, and you'll want to return again and again.

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For FREE maps and informative folders, write to Monterey Peninsula Visitors and Convention Bureau, Dept. S13, P.O. Box 1770, Monterey, CA 93940.

DON NORMARK

Chain *serves as downspout for this rain barrel in Bellevue, Wash.*

WILLIAM APLIN

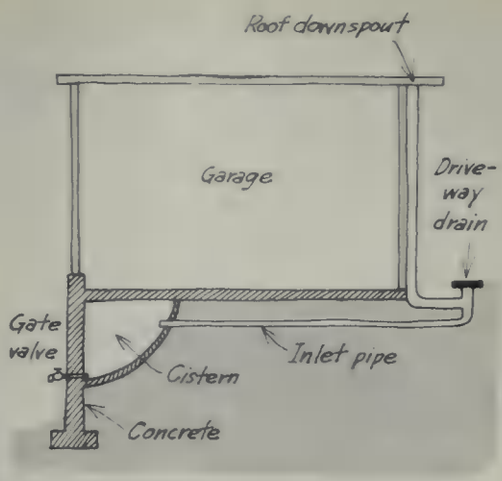
Plastic *trash can catches runoff from garage roof, is covered between rains. Owners: the Harold Swantons, Northridge, Calif.*

Love that rainwater

These gardeners are rain-savers. The water from the sky is free and it's a tonic for plants

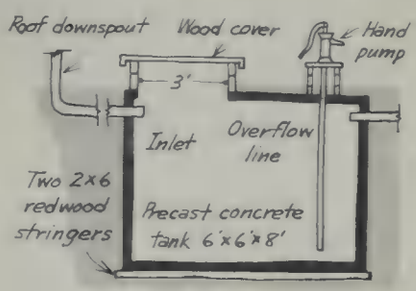
NORMAN A. PLATE

Roof-fed *550-gallon tank sits under counter in garden work center. Owner: Mansfield Mills, La Jolla, Calif. Architect: Dale Naegle*



Cistern under garage *holds 700 gallons collected from roof and drive. Water is drawn off through gate valve. Landscape architect/owner: Richard A. Wilson, San Diego*

Hand pump *(less than $15) draws water from the 1,500-gallon underground cistern sketched below. Design by landscape architect Richard A. Wilson*



GLENN CHRISTIANSEN

At least five Western home gardeners don't believe in letting all that free rainwater go to waste. They save it for their plants in the various ways pictured here. One collects it in a plastic trash can and another uses an old wood barrel. The others wanted to save more water so they have cisterns that are larger and more costly. But just about anything that holds water will work.

Where the local water is hard (has a high mineral content), or is softened by the municipality or homeowner, rainwater is a tonic to plants, especially those growing in containers that may be adversely affected by the gradual buildup of mineral salts from local water. Rainwater, very low in mineral content, is a great leaching agent—it flushes these salts out of the container soil.

This isn't a problem where local water has a low mineral content, but in such areas you may want to save rainwater for use during dry spells. There's usually plenty available. For example, if the average annual rainfall in your area is close to 10 inches and your roof covers 2,000 square feet, the runoff could provide around 8,500 gallons. Bottled water is mineral-free, too, and some home gardeners use it for especially sensitive plants like African violets. But you still have to buy it, whereas rainwater is free.

First you need a catchment—the name for any surface used to collect water. Besides the roof it could be a drive, a walk, some other paved area in the garden, even a plastic sheet laid on the ground or across a trellis. Don't collect water from the first rain after a long dry period because it will be full of dirt, litter, and other undesirable material that has fallen or settled on the catchment. A diversion system is good to have so you can control the flow of water into the cistern.

Since some debris is bound to get in, you may want to add a cleanout plug or valve or make a removable plastic liner.

Your local building codes may not cover cisterns, but you'd be wise to check the building department before you embark on any project requiring excavating or wiring. Health departments, differently, are concerned that cisterns may become a health and safety hazard. Don't drink cistern water and see that children aren't tempted to. Keep the cistern covered. This prevents accidents, keeps out debris and mosquitoes, and discourages the growth of algae. Screen the inlet and outlet pipes against insects and debris. And in no way connect the cistern to the domestic water system. □

HAS THE WHOLE IDEA OF MOTELS GOTTEN OUT OF HAND?

Whatever happened to the original idea behind motels?

Motels were invented as an alternative to the bother and expense of a hotel. Someplace simple where you could drive right up to your door and have a nice functional little room for the night without taking out a bank loan to do it.

But today many motels are just a little simpler and slightly plainer than Buckingham Palace.

What happened?

Runaway luxury.

That's what happened.

Somebody started building a motel that was a little fancier than the next guy's. And the next guy got fancier right back to meet the competition.

Just about the time one motel got to thinking they offered the most services, somebody else figured they had to top them.

Don't be too surprised some day soon if room service arrives with a maitre d' supervising things.

The television explosion.

Or take the case of television.

First, no motels had it. Then a few got it, and it helped their business.

But pretty soon most motels had it, so it didn't particularly help anybody's business. Then to get something that *would* help business, some motels put in *color* TV sets.

The whole domino theory again.

Where will it all end?

Well, here's a start.

We're what motels started out to be.

At Motel 6 our idea of a motel room is more like the original idea.

A nice functional, inexpensive little place to put up for the night.

And to get it inexpensive we naturally had to sacrifice some of the luxuries and frills that twenty dollar motels have.

Like room service and bellhops and chandeliers and posh wallpaper and scrollwork mirrors and valets and manicurists.

And gymnasiums and saunas and ballrooms and doors on closets and a lot of paintings and sculpture that are almost always ugly anyway.

With all that stuff out of the way we could set some rather attractive rates...

All rooms $6.60 to $9.90.

We have only two kinds of rooms.

Rooms with one double bed, and rooms with two double beds.

One bed, one person, is $6.60 a night. One bed, two persons, $7.70 a night. Two beds, two persons, $8.80 a night. And two beds, three or four persons, $9.90.

That's the price. Every day of the year. At every one of our 120 motels.

Controlled luxury.

At Motel 6, we build simple motels. But we didn't get carried away with the whole thing.

We have swimming pools and first-class mattresses and high quality thick shag carpeting and black-and-white coin-operated TV.

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What you get at Motel 6 is what you need.

A decent place for spending the night.

Without spending the bankroll.

Sirs: Please rush me a copy of your latest Motel 6 Directory and a packet of Advance Reservation Forms so I can mail ahead for my accommodations.

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Our rooms aren't fancy. Our prices aren't fancy.

Sunset's Kitchen Cabinet®

An easy approach to midwinter menus is to prepare a main-dish salad or soup that requires little else. The last of your holiday bird can go into a fresh-tasting salad, or you can combine a colorful array of vegetables with clams for a hearty soup. Then simply add a crusty bread and a warm fruit pie or turnovers for a complete meal.

For a New Year's Day open house or a Twelfth Night party, try Chedda

Fresh lime juice sparks dressing for turkey, bean sprouts, celery cabbage

Oriental Turkey Salad

Celery cabbage is often called Chinese cabbage or nappa in supermarkets.

- 1 cup fresh bean sprouts, (about 3 oz.)
- 4 cups cubed cooked turkey
- 2 cups cold cooked rice
- 1 cup thinly sliced celery
- ½ cup thinly sliced green onions
- ¾ cup mayonnaise
- ¼ cup fresh lime juice
- 1 clove garlic, minced or mashed
- 1 tablespoon soy sauce
- 2 teaspoons grated fresh ginger
- 1 teaspoon curry powder
- 1 tablespoon finely chopped Major Grey's chutney
- 3 cups shredded celery cabbage

Rinse the bean sprouts well; drain thoroughly. In a large bowl combine the turkey, rice, celery, all but 2 tablespoons of the green onions, and bean sprouts. Also stir together the mayonnaise, lime juice, garlic, soy, ginger curry, and chutney. Cover and chill separately the salad and dressing.

Just before serving, pour the dressing over the turkey mixture and mix well. Line a large serving plate (or individual salad plates) with the cabbage and mound the turkey mixture on top; garnish with the remaining green onion. Makes about 6 servings.—*H. N., San Francisco.*

You might garnish this salad with avocado slices and cherry tomatoes.

Serve crusty French bread and butter with large bowls of hot, hearty soup

Clam and Vegetable Chowder

Part of the potato is cooked, then puréed to give body to this soup.

- 2 large potatoes, peeled and diced
- 1 cup boiling water
- 1 bottle (8 oz.) clam juice
- ½ cup shredded mild process cheese spread
- 3 slices bacon, diced
- 3 medium-sized onions, chopped
- 3 cloves garlic, minced or mashed
- 1 medium-sized green pepper, seeded and chopped
- 1 can (1 lb.) tomatoes
- 2 teaspoons chile powder
- 2 cans (8 oz. *each*) minced clams
- Salt and pepper

In a 5-quart kettle, cook 1 of the diced potatoes in the boiling water and clam juice until very tender. Turn into a blender container and whirl smooth (or mash with a potato masher); stir in cheese and set aside.

Rinse and dry the kettle, add bacon and fry over medium heat until crisp; add the onion, garlic, and green pepper; cook until onion is translucent, about 5 minutes. Stir in tomatoes and their liquid, chile powder, and clams (including liquid). Stir in the remaining diced potato, and the mashed potato. Cover and simmer until diced potato is tender, stirring occasionally, 20 to 30 minutes. Season to taste with salt and pepper. Makes about 8 servings.—*B. S., Fremont, Calif.*

Pass herb-seasoned mushroom sauce at table to spoon over individual chops

Oven-fried Pork Chops with Mushrooms

Well seasoned crumbs give a crisp coating to these tender juicy chops.

- 2 tablespoons *each* grated Parmesan cheese and cornmeal
- 3 tablespoons fine dry bread crumbs
- ½ teaspoon *each* garlic salt and oregano leaves
- 6 tablespoons butter or margarine
- 4 lean shoulder pork chops, cut ½ inch thick
- ½ pound mushrooms, sliced
- 1 clove garlic, minced or mashed
- ¼ teaspoon rosemary leaves
- ½ cup whipping cream
- ¼ cup thinly sliced green onions
- Salt and pepper

In a paper bag combine the cheese, cornmeal, crumbs, garlic salt, and oregano. Melt the butter in a frying pan; dip each chop into butter, drain briefly, then shake each in the bag. Shake off excess coating and arrange chops on the rack of a broiler pan. Bake, uncovered, in a 400° oven for about 50 minutes or until pork has lost its pink color in thickest portion.

Meanwhile heat the butter remaining in the frying pan over medium heat; add mushrooms and garlic and sauté for 5 minutes. Stir in rosemary and cream and cook over high heat until liquid is reduced to about ¼ cup. Stir in green onions and turn into a bowl; pass at the table. Serves 4.—*E. R., Huntington Beach, Calif.*

arts or a sweet chocolate-topped coffee cake.

To share your own original recipes with us, mail them to *Sunset Magazine*, Menlo Park, Calif. 94025. We pay $10 for each recipe published.

Turkey in salad, a main-dish chowder, tarts and coffee cake for parties

Cheddar Tarts

For an unusual appetizer serve these bite-sized pies warm from the oven or at room temperature.

- Pastry for a one-crust 9-inch pie
- ½ cup fine fresh bread crumbs
- 2 eggs, well beaten
- 2 tablespoons soft butter or margarine
- ½ cup finely shredded sharp Cheddar cheese
- ⅓ cup milk
- ¼ teaspoon liquid hot pepper seasoning
- ¼ teaspoon salt
- 1/16 teaspoon pepper
- 1 teaspoon baking powder

Prepare your own pastry or use a pie crust mix. Roll out the dough on a lightly floured board into about a 12-inch circle. Using a 3-inch cooky cutter, cut dough into rounds. Press and fit each round against the bottom and sides of small muffin cups, about 1¾ inches across top. Reroll and cut pastry scraps to make a total of 15 to 18 tart shells.

Mix together the crumbs, eggs, butter, cheese, milk, hot pepper seasoning, salt, pepper, and baking powder. Fill each tart shell with about 1 tablespoon of the cheese mixture. Bake in a 400° oven for 25 minutes or until top is set when lightly tapped. Makes 15 to 18 tarts.—*P. H., Portland.*

Cut pastry rounds and fit into small muffin cups; fill with cheese mixture

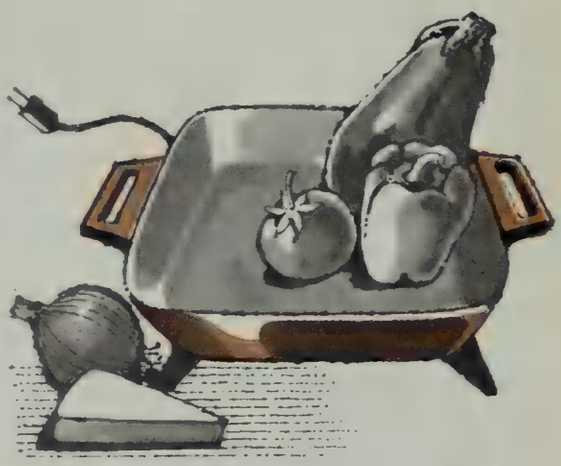
Mediterranean Vegetable Sauté

First prepare all of the vegetables, then add them to the pan in sequence.

- 3 tablespoons olive oil or salad oil
- 1 large onion, cut in ½-inch slices
- 1 medium-sized eggplant, unpeeled, cut in 1-inch cubes
- 1 cup sliced celery
- 1 medium-sized green pepper, cut in 1-inch squares
- 2 beef bouillon cubes
- ¼ cup hot water
- ½ teaspoon *each* basil leaves and oregano leaves
- ⅛ teaspoon pepper
- 1 medium-sized tomato, peeled and cut in wedges
- ½ cup grated Parmesan cheese

Heat oil in a large (12-inch) frying pan over medium heat (or in an electric frying pan set at 325°). Add onion and eggplant, stir well, cover, and cook for 8 minutes, stirring often. Stir in the celery and green pepper, cover, and cook for 5 minutes longer, stirring often, or until vegetables are done to your liking.

Dissolve bouillon cubes in water and stir into the vegetables with the basil, oregano, and pepper. Arrange tomato on top, cover pan, and cook for 1 minute. Sprinkle cheese over the tomatoes, cover pan and cook 1 to 2 minutes longer or until cheese is melted. Makes 4 to 6 servings.—*R. C., Portuguese Bend, Calif.*



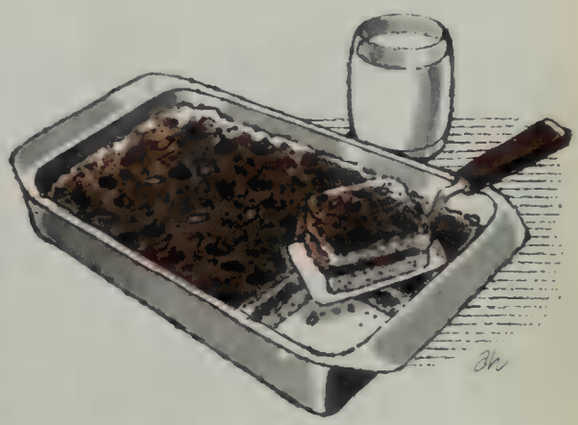
Colorful vegetable combination cooks quickly; Parmesan cheese melts on top

Chocolate Nut Coffee Cake

Serve this light, even-textured cake warm from the oven for a special brunch or for dessert.

- ½ cup butter or margarine
- 1½ cups sugar
- 2 eggs
- 1 cup sour cream
- 1 teaspoon vanilla
- 2 cups regular all-purpose flour (unsifted)
- 1½ teaspoons baking powder
- 1 teaspoon soda
- 1 teaspoon ground cinnamon
- 1 package (6 oz.) chocolate chips
- ½ cup chopped pecans or walnuts

In a mixer bowl beat together the butter and 1 cup of the sugar until creamy. Add the eggs, one at a time, and beat until fluffy. Mix in the sour cream and vanilla. Combine the flour, baking powder, and soda; stir into the creamed mixture. Spoon ½ of the batter into a greased 9 by 13-inch pan. Mix together the remaining ½ cup sugar, cinnamon, chocolate chips, and nuts; sprinkle ½ of this mixture over the batter in the pan. Spoon on remaining batter and top with remaining nut mixture; press gently into batter. Bake in a 350° oven for 35 minutes or until a wooden pick inserted in the center comes out clean. Serve warm. Makes 12 to 15 servings. —*M. F., Aloha, Ore.* □



Spicy chocolate-nut mixture bakes in middle and on top of this coffee cake

NORMAN A. PLATE

To measure *watercress for the soup and stir-fry dishes described below, pluck off leaves and lightly pack in cup (left). Coarsely chop small, tender stems as shown above, then add to leaves*

How Orientals use watercress

Watercress is most familiar in salads, but Orientals also like to cook with this crisp, peppery green. When briefly cooked, watercress retains some crunchiness, and the pungent flavor blends interestingly with many other foods.

You can buy watercress by the bunch in the produce section of well stocked markets. Bunches vary in size, so our recipes specify cup or weight measures.

Watercress is perishable if not stored properly. If you don't plan to use it on the day of purchase, rinse the bunch, place stems in a jar of cold water, cover the leaves with a loose plastic bag, and secure the bag against the jar. Store in the refrigerator as long as a week.

To use, wash and drain well. Use both the bright green leaves and the tender narrow stems, but discard yellowish leaves and tough stems—usually ones that are more than ¼ inch thick.

Serve watercress soup as a first course, as a tasty accompaniment for luncheon sandwiches, or a "palate cleanser" at the end of a rich meal as some Chinese do.

Watercress Soup

- 2 [illegible] (1½ [illegible] strength) beef broth
- 1½ cups [illegible]
- [illegible] pounds meaty beef shank, cut 1½ inches [illegible]
- [illegible] cloves garlic
- ¼ pound (about 1 bunch) watercress

In a 3-quart pan combine the beef broth, water, and beef shank. Peel garlic and crush each clove slightly with the flat of a knife blade; add to meat. Bring to boiling, then cover and simmer until beef is tender, about 1½ to 2 hours. Lift out meat and garlic; discard bones, fat, gristle, and garlic. Cut meat in bite-sized pieces and return to broth. Skim off and discard as much fat as possible. (You can chill soup, then lift off solidified fat.)

Pluck watercress leaves from the stems and lightly pack in cup. Discard thick ends of stems and coarsely chop the small, tender stems; add to leaves. You should have about 2 cups lightly packed greens. Bring soup to a boil, add watercress, reduce heat, and simmer, uncovered, for 2 or 3 minutes. Serves 4.

Before you begin this stir-fry dish, cut, mix, and place the ingredients within arm's reach of your wok or pan. Then cook and serve immediately. The dish will serve two as a main dish, or four, if served with two or three other Oriental-style meat and vegetable dishes.

Watercress and Chicken with Mushrooms

- ½ pound watercress (about 2 bunches)
- [illegible] tablespoons salad oil
- [illegible] pounds chicken breasts, skinned, boned and cut in 1-inch squares
- 2 cloves garlic, minced or mashed
- ¼ teaspoon *each* pepper and ground ginger
- [illegible] pound mushrooms, sliced
- Cooking sauce (recipe follows)
- [illegible] teaspoons toasted sesame seed (optional)

Pluck the green watercress leaves from the stems and lightly pack in cup. Coarsely chop the small, tender stems and add to leaves; discard thick stems. You should have about 4 cups lightly packed watercress leaves and stems.

Place wok or large frying pan on hig heat for 1 minute. Put in 3 tablespoor of the oil and when hot—oil will ripp when you tip the pan to spread it aroun —add chicken, garlic, pepper, and gir ger. Stir-fry with a wide spatula 3 to minutes, or just until chicken is n longer pink inside. Turn out of wok.

Return wok to heat and add the remair ing 2 tablespoons oil. When hot ad mushrooms and stir-fry about 3 minut or until the mushroom juices are almo gone. Add cooking sauce and cook 3 seconds, stirring, or until sauce thicken

Return chicken to wok and stir about 3 seconds. Add watercress and the sesam seed, if used; cook, stirring, another 3 seconds. Pour into a serving dish. Make 2 main-dish servings.

Cooking Sauce. Mix together 1 teaspoo brown sugar, 1 tablespoon cornstarch 2 tablespoons dry Sherry, and 2½ table spoons soy sauce.

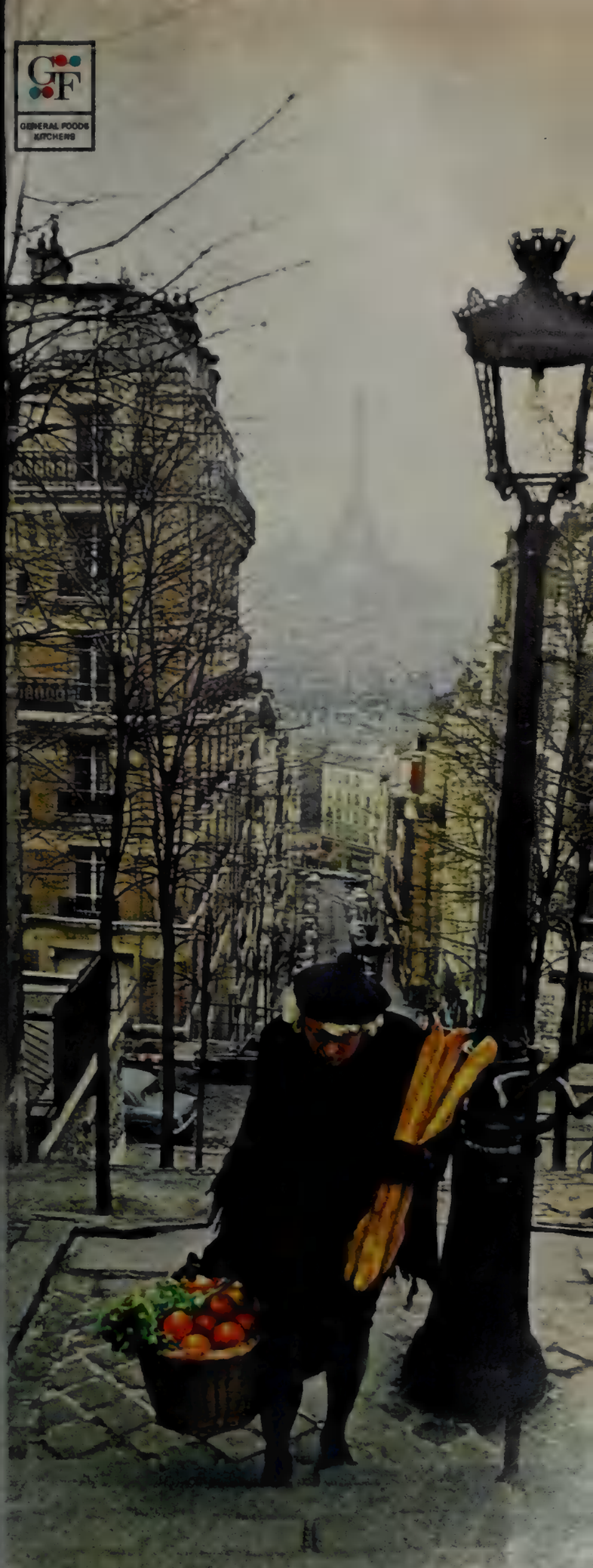
Koreans serve the next dish as one c several meat and vegetable dishes whic together make a meal. You might enjo it as a light entrée for lunch or suppe Serve the sauce individually in sma dishes or from a communally share bowl. Dip the patties into the sauce con servatively at first to decide the righ amount for your taste.

Korean Watercress and Beef in Egg Batter (*Minari Juhn*)

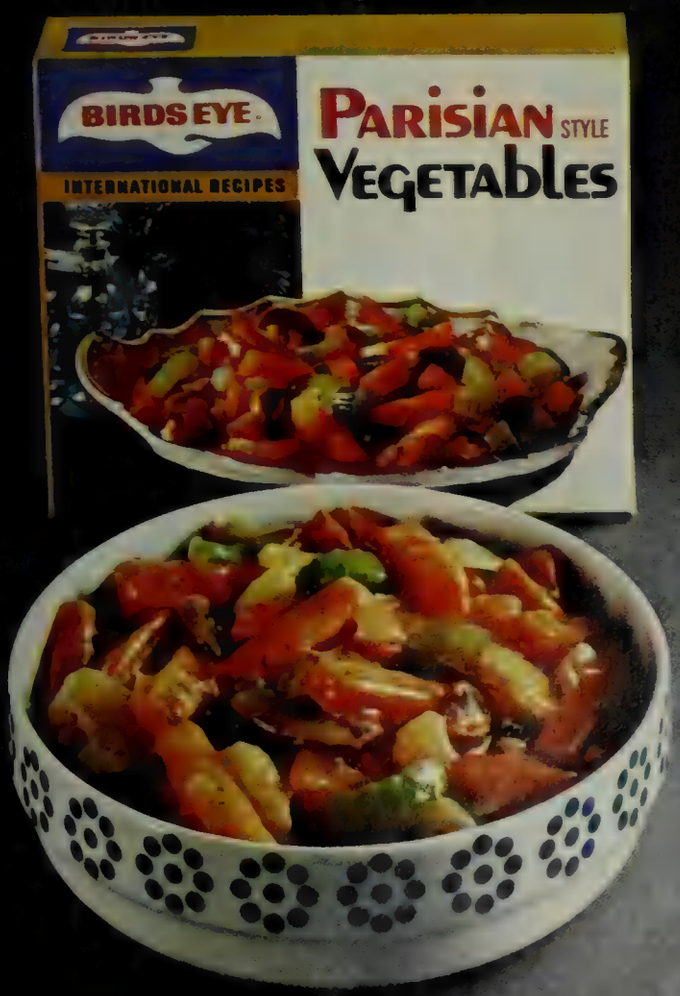
- 3 tablespoons *each* all-purpose flour and water
- 3 eggs
- ½ pound flank steak (or top round or boneless sirloin), trimmed of all fat
- 1¼ cups, lightly packed, coarsely chopped watercress leaves and small stems (about ¼ pound)
- ¼ cup thinly sliced green onion (include some of the tops)
- ¼ teaspoon salt
- ⅛ teaspoon pepper
- 2 tablespoons salad oil
- Mustard sauce (recipe follows)

In a large bowl mix flour and water to smooth consistency. Beat in eggs t blend. Thinly slice beef across grain then cut slices in bite-sized pieces. Ad to egg mixture along with watercress green onion, salt, and pepper. Mi gently but thoroughly. Heat oil in a larg frying pan over medium heat. Dip ou about one tablespoon of the meat mix ture at a time and spoon into the pan forming small patties. Be sure to includ some of the egg in each spoonful. Coo about 3 to 4 minutes on each side, o until lightly browned. As patties ar browned, transfer to a serving plate o shallow dish and keep warm until all ar browned. Serve with mustard sauce Makes about 25 two-inch patties o three servings.—*L. P., Honolulu.*

Mustard Sauce. Mix ¾ teaspoon pre pared mustard, 1½ teaspoons brow sugar, 4 tablespoons soy sauce.



Birds Eye® Parisian Style Vegetables. Taste our carrots, celery, onion, mushrooms and a sauce your husband will think is oo-la-la. Close your eyes. Take a bite. And you'll think you're eating on the Champs Elysées. Birds Eye® International Vegetables also come in other styles. Hawaiian, Danish, Bavarian, Spanish, Mexican and Japanese.



We make it here but it tastes like there

DARROW M. WATT

Beginning *of a great meal—crusty, fresh-baked baguette loaves, some 20 inches long, good cheese, bottle of wine*

Your own *baguette*... it's crisp outside, chewy inside, and it's best eaten warm from the oven

In France, bread is very much the sta of life. It's baked in all shapes and size but by far the most popular is th *baguette* (pronounced bah-*get*). Thes are the long, skinny, crusty loaves see protruding from the shopping baskets o French housewives, strapped on to b cycles, or carried under French work men's arms.

You can't quite fit the typical 2-foo long baguette in a conventional-size oven, but you can probably bake a loa that's at least 18 inches long. And thi recipe comes surprisingly close to dupli cating the shiny, crisp crust and chew texture of the real French bread. Lik the French loaf, our baguette is bes eaten the same day it's baked or, bes of all, still warm from the oven. If yo can't use all three loaves the first day freeze what's left, then reheat to serve They also make great sandwiches.

Before starting your bread dough, us a yardstick to measure the width an depth of your oven. You'll need a pa that measures at least 18 inches diago nally and that will fit in your oven wit at least 1 inch free space between pa and oven walls on all four sides. Yo might overlap two cooky sheets, wrap ping them around the middle with a piece of foil to hold them steady, or con sider using the bottom of a large, in verted roasting pan or rimmed bakin sheet. Also adjust your oven rack so it' just below the middle of your oven.

Baguette

- 2 cups water
- 2 tablespoons soft butter or margarine
- 1½ tablespoons sugar
- 1 tablespoon salt
- 1 package active dry yeast
- About 6¼ cups regular all-purpose flour (unsifted)
- 1 teaspoon cornstarch dissolved in ⅔ cup water

In a pan combine the water, butter sugar, and salt. Warm over low heat stirring, to a temperature between 105° and 115° (test it with a candy thermometer). Pour into a large bowl; stir in yeast until dissolved. With a heavy spoon beat in about 5½ cups of the flour to form a stiff dough.

Turn dough onto a board coated with about ½ cup of the remaining flour and knead for 10 to 15 minutes or until dough is smooth and feels velvety; add more flour if needed to keep dough from sticking to board. Place in a greased bowl and turn dough over to grease top. Cover bowl with clear plastic film and

Length *of baguette loaves depends on your oven size. Brushing with cornstarch-water mixture before and during baking gives it shiny crust*

A few *of the sandwiches you can make from whole loaves (starting from top): bacon layered with sliced avocado, tomato, onion; ham topped with alfalfa sprouts and plain yogurt; cream cheese with salmon, cucumber, green onion. Slice crosswise to serve; each makes 3 or 4 servings*

stand in a warm place until dough es almost double (1 to 1½ hours). nch down dough, then turn out onto lightly floured board and divide into 3 ual pieces.

you have only one oven, wrap 2 ces of dough in clear plastic film and frigerate. On a lightly floured board, rm one piece of dough into a smooth g by gently kneading and rolling the ugh back and forth until it is 10 to inches long. For a smooth, well aped loaf, press a trench lengthwise wn center of dough; then fold dough half lengthwise along trench. With a ntle kneading motion, seal along edge pressing against fold with the heel of ur hand, rolling and pushing the led edge underneath.

th the palms of your hands on the ter of the loaf, begin rolling it back d forth rapidly, gently pulling from ter to ends as you slide your hands ward the ends until the loaf is about to 20 inches long (length will depend oven size).

ce loaf diagonally across the greased king sheet; cover lightly with clear stic film. Let rise in a warm place for out 15 to 20 minutes or until it is puffy king but not doubled in size.

a pan heat the cornstarch and water boiling; cool slightly. Brush loaf with nstarch mixture making sure to isten the side of the loaf resting on king sheet.

th a sharp knife or razor blade, cut nting slashes across loaf about inch deep at 2-inch intervals down gth of loaf.

e in a 375° oven for 15 minutes; n evenly brush loaf again with cornrch mixture. Bake 15 minutes longer l brush with cornstarch mixture. e about 10 minutes longer or until f is golden brown and makes a hol- sound when tapped (about 35 to 40 utes total). Cool on wire rack.

When you put the first loaf in the oven to bake, remove second piece of dough from refrigerator and shape as above, placing loaf on a piece of foil to rise. It will take about 30 minutes to rise until puffy looking (the third loaf will take slightly longer). Bake as directed. As you put the second loaf in to bake, shape third piece of dough and then bake as directed.

For maximum flavor and freshness, serve bread the same day it is baked; or cool completely, wrap tightly, and freeze. The bread will regain its crispness when reheated. To reheat, place thawed loaves directly on rack of a 350° oven for 15 to 20 minutes. Makes 3 long loaves. □

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by
Ken Cook, President

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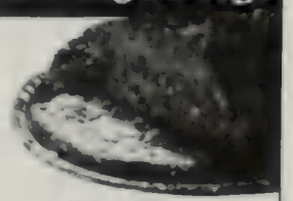
Bird Farm

The Great Whole Hog Sausage

INDIAN MEAT LOAF



1 lb ground beef
½ lb Bird Farm Sage Sausage
1 egg
½ c corn meal
2 tsp salt
¼ tsp pepper
½ c chopped green pepper (optional)
½ c cream style corn
1½ c canned tomatoes chopped coarsely

Combine and mix all ingredients. In a 5" X 9" loaf pan, bake in a 350° oven for 1½ hours. Serves 6

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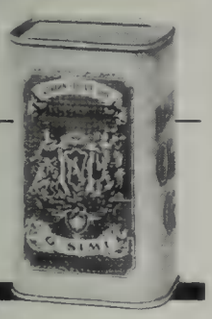

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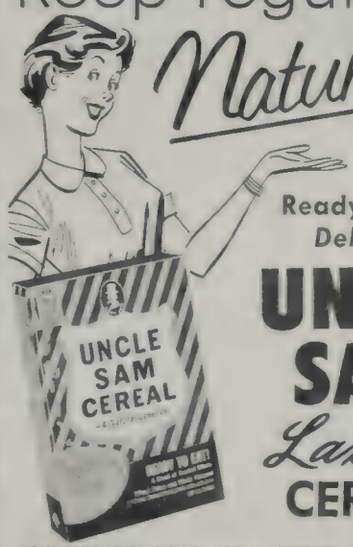

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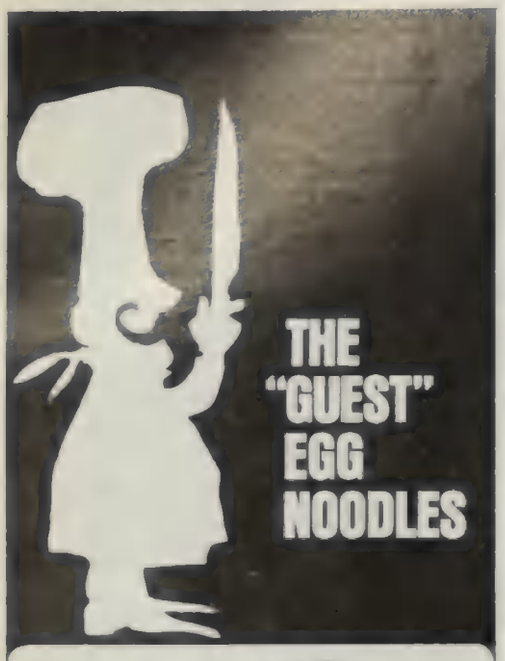

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DARROW M. WA

Flaming, *one of the last steps in this meat and almond sauté, deserves an audience*

Come in the kitchen to see it flame

Choose veal or more modestly priced chicken breasts as the base of this elegant main dish. It's distinguished by the topping—a crunchy blend of sautéed almonds glazed with cream.

You can prepare the dish in stages earlier in the day (and even pound the meat the day before), then finish it quickly to serve; or cook it all at once.

Accompany this entrée with tiny boiled new potatoes and buttered carrots.

Almond Sauté

- 2 pounds boneless veal round *or* 5 pounds (about 8 large) chicken breasts
- 4 to 6 tablespoons butter
- 1½ cups sliced or slivered almonds
- Salt
- ½ cup dry Marsala or brandy
- 2 tablespoons lemon juice
- ½ cup whipping cream

Cut veal in ½-inch-thick slices across the grain and trim off and discard all fat and heavy membrane. Or bone and skin chicken breasts; cut each breast in half.

Place meat between sheets of waxed paper; pound firmly but gently with a flat surfaced mallet until the meat is about ¼ inch thick; replace torn paper. If you pound the meat ahead, transfer it to fresh waxed paper, wrap, and chill.

In a wide frying pan melt 2 tablespoons of the butter. Add almonds and cook, stirring, over medium heat until golden. Spoon nuts out of pan and set aside.

Melt 2 more tablespoons of the butter in the frying pan over high heat. Sprinkle meat lightly with salt and cook, without crowding, until meat is lightly browne on each side and just loses all pink col inside (cut a slit to test). As the meat cooked, set it aside in a small pan. Ac more butter to frying pan if needed.

When all the meat is cooked, return and any juices to frying pan. Add Ma sala or brandy and at once set aflam shaking pan until flames subside. Pou lemon juice over meat, then lift me from pan and arrange in a serving disl keep warm. (If cooked ahead, plac pieces of meat side by side in a shallo rimmed pan, cover, and chill. To rehea uncover, and place in a 375° oven for to 4 minutes while preparing the sauce

Pour cream into frying pan (set aside meat is cooked ahead). Boil rapidly, sti ring, until large shiny bubbles form ove the entire surface and cream is a ric golden color; drain any juices from th meat into the sauce. Stir in the almon and spoon sauce over the meat; serve once. Makes 4 servings.

Almond sauté with mushrooms. Follo preceding directions, but use only 1 cu sliced or slivered almonds. After the nu are browned and set aside, add an ac ditional 2 tablespoons butter and ¾ pound sliced mushrooms to the fryin pan. Cook, stirring, until mushrooms ar lightly browned and all juices have evap orated. Set aside while you cook th meat. Return mushrooms to pan as yo flame the meat. Leave mushrooms in pa when making sauce; this mixture ca also be held if the meat is cooked ahead

—*C. S., Atherton, Ca.*

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Deviled meatballs as appetizers

Spicy meatballs make fine appetizers for a party. They are easy to make, and you can shape and bake them a day ahead (or weeks ahead if you store them in your freezer).

Shortly before guests arrive, prepare one of the two sauces suggested below, then heat and serve the meatballs in the sauce. Present them in a chafing dish or in a bowl set on an electric warming tray.

Deviled Appetizer Meatballs

- 2 pounds lean ground beef
- 1 can (4½ oz.) deviled ham
- ½ teaspoon *each* pepper and garlic salt
- ⅓ cup *each* fine dry bread crumbs and catsup
- 2 tablespoons prepared Dijon-style mustard
- 4 teaspoons prepared horseradish
- 2 eggs
- Mustard Cheese Sauce or Tomato Wine Sauce (recipes follow)

In a bowl crumble the ground beef and combine with the ham, pepper, garlic salt, bread crumbs, catsup, mustard, horseradish, and eggs; mix until well blended. Shape into 1-inch-diameter balls and place slightly apart on rimmed baking sheets. Bake in a 475° oven for 15 to 20 minutes or until browned; if you bake two pans at once, alternate their rack positions about halfway through the baking. Transfer to a bowl (or freezer container). Cover and refrigerate up to one day (or seal and freeze up to two months).

To serve, thaw meatballs if frozen. On your range, prepare either the cheese or tomato sauce in a 10-inch frying pan or chafing dish. Add meatballs to hot sauce, reduce heat to low, stir gently, cover, and cook just until heated through; stir occasionally. Transfer to a serving bowl (if used, set chafing dish over hot water bath), bring to table, and adjust heat to keep hot, but not boiling. Offer picks to spear individual meatballs. Makes about 12 dozen or enough for 30 servings.—*N. C., San Rafael, Calif.*

Mustard Cheese Sauce. Heat 1¾ cups buttermilk to steaming over medium-high heat. Mix ½ pound process Swiss cheese, diced, with 1 teaspoon cornstarch, ⅛ teaspoon pepper, and ¾ teaspoon dry mustard; add to buttermilk. Briskly stir until thickened and smoothly blended.

Tomato Wine Sauce. Combine 2 cans (8 oz. *each*) tomato sauce, ½ cup dry red wine, and 2 teaspoons sugar. Bring to boiling. □

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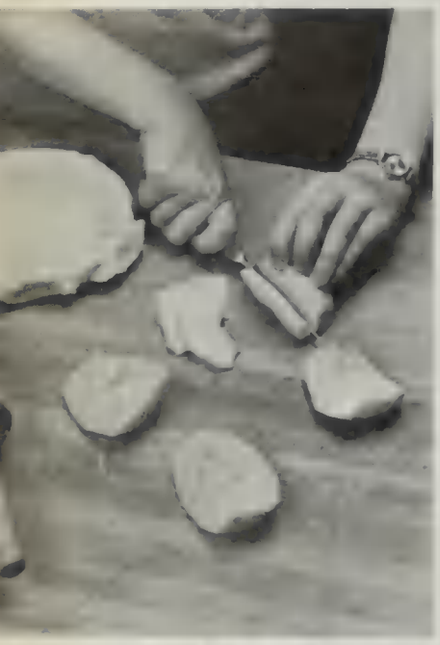


One good-sized *apple, sliced and mixed with sugar and spice, makes one nice-sized apple pie for two*

GERALD R. FREDRICK

Young cooks can think small

Consider the one-apple pie, the one-egg cake

Rainy day *tea party with tiny pound cakes, a whole little cheesecake*

Young cooks are often eager to tackle an involved cooking project, but the scale and potential mess of the preparation either dampens your enthusiasm or wearies them.

Not so when you bake in miniature.

Using toy metal baking pans or fancy small baking pans you might have in the kitchen, youngsters can make a pie based on one apple, a cheesecake requiring only a small package of cream cheese, or a pound cake with one egg. These quantities can be easily manipulated, and the quality of the finished dishes will appeal even to adults, especially as desserts for one or two people.

Our young test cooks were able to handle these recipes alone after an adult had guided them through the first time.

One-Apple Pie

First make pastry: In a bowl combine ⅓ cup regular all-purpose flour (unsifted), 1 teaspoon sugar, and 2 tablespoons butter; rub with fingers until evenly mixed. With a fork stir in 1 tablespoon milk until dough holds together. Press into a ball and cut in half. Roll out one portion on a floured board until large enough to fit a 4 to 5-inch pie pan, with some pastry extending beyond rim.

Peel and core 1 medium-large Golden Delicious or Newtown Pippin apple and slice fruit. Mix with 1 to 2 tablespoons sugar and ¼ teaspoon ground cinnamon. Pile fruit into pastry-lined pan. Roll out remaining pastry on floured board until large enough to cover apples. Fold pastry edges together to seal in fruit, then crimp rim. Prick top and sprinkle lightly with sugar. Bake pie on lowest rack in a 375° oven for about 45 minutes or until crust is well browned. Let cool; serve slightly warm or cold.

Three-Ounce Cream Cheese Cake

First make the crust: In a small bowl combine 3 tablespoons regular all-purpose flour, 1 tablespoon sugar, and 1 tablespoon butter and rub with your fingers until evenly mixed. Pour into a 4½ to 5-inch-diameter round or square pan (or one of equivalent area) and press firmly in bottom. Bake in a 325° oven for 15 to 20 minutes or until crust is lightly browned. Remove from oven.

While crust bakes, make the filling: Open 1 small (3 oz.) package cream cheese (have at room temperature) and put in a rimmed plate or pie pan. Mash cheese with a fork, blending with 1 tablespoon sugar and ⅛ teaspoon grated lemon peel. Add ¼ teaspoon vanilla and 1 egg; mash and beat to mix as well as possible. Pour into the baked crust. Bake cake in a 325° oven for 15 minutes or until it appears set when pan is gently jiggled.

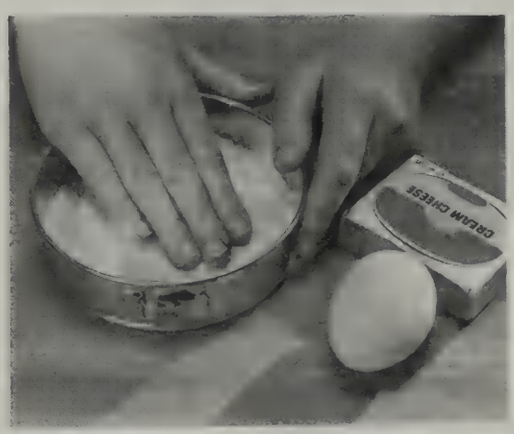
Meanwhile, mix 2 tablespoons sour cream and 1 teaspoon sugar. When you take the cheesecake from oven, at once spread with sour cream. Chill, then serve.

One-Egg Pound Cake

With a spoon stir together 4 tablespoons very soft butter and ½ cup unsifted powdered sugar. Separate the white and yolk of 1 egg. Add the yolk to the butter mixture, stirring vigorously until very smoothly blended. Add the egg white and ¼ teaspoon vanilla and mix as well as you can. Add ⅔ cup sifted cake flour (or sift and measure ½ cup regular all-purpose flour and use instead of the cake flour) and stir until the cake batter is smoothly blended.

Spoon batter into greased and flour-dusted pans, filling about half full. (You need enough pans to hold a total of about 1½ cups when full.) Bake on lowest rack in a 325° oven for 15 to 25 minutes (depending on cake size) until lightly browned. Invert out of pans onto a wire rack to cool.

For icing, stir ¼ cup unsifted powdered sugar smoothly with 2 teaspoons milk; tint with 1 or 2 drops of food coloring, if desired. Drizzle over cakes and serve when icing is dry. □



Press in *and bake crust for cheesecake; filling is based on one egg, three ounces of cream cheese*

Beat batter *of one-egg pound cake by hand. Bake until golden in miniature cake pans*

Playtime *treats taste best when the young hostesses are also the cooks*

NORMAN A. PLATE

A warming meal *after skiing: Italian sausage soup with salad*

JANUARY MENUS

A winter lunch you can take with you, a Mexican supper, an oven brunch

Hot and hearty meals are welcome on cool January days. For a trip to the snow, we suggest a lunch of Italian soup you can make ahead and take with you. For a casual dinner, offer the making for Mexican burritos. And an oven brunch of pears and gingerbread make a pleasant way to greet the morning.

Transportable winter lunch

Pack this soup lunch to take with you on a winter outing or have it ready and waiting in the refrigerator to reheat and quickly assemble when you return.

Carrot Sticks **Bread Sticks**
Bean and Tuna Salad
Italian Sausage Soup with Grated Parmesan Cheese
Crisp Apples **Italian Cookies**

You can make the soup a day ahead, then cool and refrigerate it until time to leave. Also on the day before, you might grate the cheese and peel and cut the carrots; pack in separate containers. Mix together the beans and dressing and refrigerate in a covered container. Open and drain the tuna, but leave it in the can and enclose in a plastic bag; chill.

In the morning either reheat the soup and pour it into vacuum bottles to keep hot or bring the cold soup in covered containers to heat up at your destination.

Bean and Tuna Salad

Mix together 2 cans (about 1 lb. *each*) white kidney beans or garbanzo beans (rinsed and drained), ½ cup Italian dressing, 2 tablespoons *each* dehydrated sweet red pepper flakes and parsley flakes. Cover and chill until ready to serve. To serve, unmold 1 can (7 oz.) chunk-style tuna (drained) in the center of a plate. Arrange the bean mixture around it. Makes 6 servings.

Italian Sausage Soup

- 1½ pounds mild Italian sausage, cut in ½-inch lengths
- 2 cloves garlic, minced or mashed
- 2 large onions, chopped
- 1 large can (about 28 oz.) Italian-style, pear-shaped tomatoes
- 3 cans (14 oz. *each*) regular-strength beef broth
- 1½ cups dry red wine or water
- ½ teaspoon crumbled basil leaves
- 3 tablespoons chopped parsley
- 1 medium-sized green pepper, chopped
- 2 medium-sized zucchini, sliced ¼-inch thick
- 3 cups uncooked bow-tie noodles (about 5 oz.)
- Grated Parmesan cheese

In a 5-quart or larger Dutch oven, cook the sausages over medium heat until lightly browned. Drain off and discard any fat. Add the garlic and onions; cook, stirring, until limp. Stir in the tomatoes (including the liquid), breaking them into pieces with a spoon. Then add the broth, wine or water, and basil. Simmer,

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uncovered, for 30 minutes. Cool, then chill. Later, remove and discard the fat.

If you plan to reheat the soup at your destination, pack the parsley, pepper, zucchini, and noodles in separate bags and carry along. When reheating the soup, add them and simmer, covered, for about 25 minutes or until noodles are tender. Or if you take the soup in vacuum bottles, reheat the soup to simmering just before you leave and add the parsley, pepper, zucchini, and noodles and cook as directed above.

To serve, ladle or pour into bowls. Pass grated cheese to sprinkle over individual servings. Makes 6 servings.—*D. Z., Santa Cruz, Calif.*

Mexican burrito supper

A spicy filling made from your leftover holiday roast—beef or pork roast, chicken, or turkey—combines with warm flour tortillas to make these Mexican burritos. You assemble the makings for the Mexican entrée and arrange them on the table. Your guests stuff the tortillas with any combination they desire.

Mixed Green Salad
Spicy Meat-filled Burritos
Papaya Halves and Lime Wedges
Sangría or Fruit Punch

Much of this meal can be done ahead, or it could be quickly assembled just before serving. Wash and chill the lettuce for your favorite green salad. For the burritos, the relish, meat filling, and cheese can be completely prepared ahead and chilled. You could also spoon the guacamole and sour cream into their individual serving dishes; cover and refrigerate. The papaya and beverage should also be thoroughly chilled.

Shortly before serving, reheat the meat filling and beans, warm the tortillas for burritos, and mix the salad.

Spicy Meat-filled Burritos

Tomato and chile relish (recipe follows)
Spicy meat filling (recipe follows)
About 1½ to 2 dozen flour tortillas
1 can (1 lb. 13 oz.) refried beans
About 3 cups shredded jack cheese (about 8 oz.)
2 cans (about 8 oz. *each*) frozen guacamole, thawed
About 1 cup sour cream

Prepare the tomato and chile relish and chill. Cook the meat filling; reheat if made ahead. While the filling cooks (or reheats), stack the tortillas and wrap tightly in foil. Place in a 350° oven for 15 minutes or until warm and soft. Follow directions on can for heating the refried beans.

To serve, place relish, meat filling, beans, cheese, guacamole, and sour cream in individual bowls. Serve tortillas in towel-lined basket. Let guests make their own burritos selecting various foods to roll up in the tortilla, then topping the burrito with a spoonful of guacamole and sour cream. Makes 6 to 8 servings.—*D. C., Carmichael, Calif.*

Tomato and Chile Relish. Seed and finely chop 3 medium-sized tomatoes to make 3 cups. Stir in 1 cup finely chopped green onions (tops included) and 2 to 4 tablespoons finely chopped canned California green chiles (seeds removed), and ½ teaspoon *each* ground coriander and salt. Cover and chill until ready to serve. Drain off excess liquid before serving. Makes about 3 cups.

Spicy Meat Filling. Heat 2 tablespoons oil in a wide frying pan over medium heat. Add 1 large onion (finely chopped) and 2 cloves garlic (minced or mashed). Cook, stirring, until limp. Stir in 4 cups finely diced cooked meat, such as beef or pork roast, chicken, or turkey, 1 can (10 oz.) red chile sauce, 1 teaspoon salt, ½ teaspoon *each* ground cinnamon and cumin, and 2 to 4 tablespoons chopped canned California green chiles (seeds

GERALD R. FREDRICK

Fat *burritos are flour tortillas stuffed with meat, beans, cheese, tomatoes, and green onions. Topping is guacamole and sour cream*

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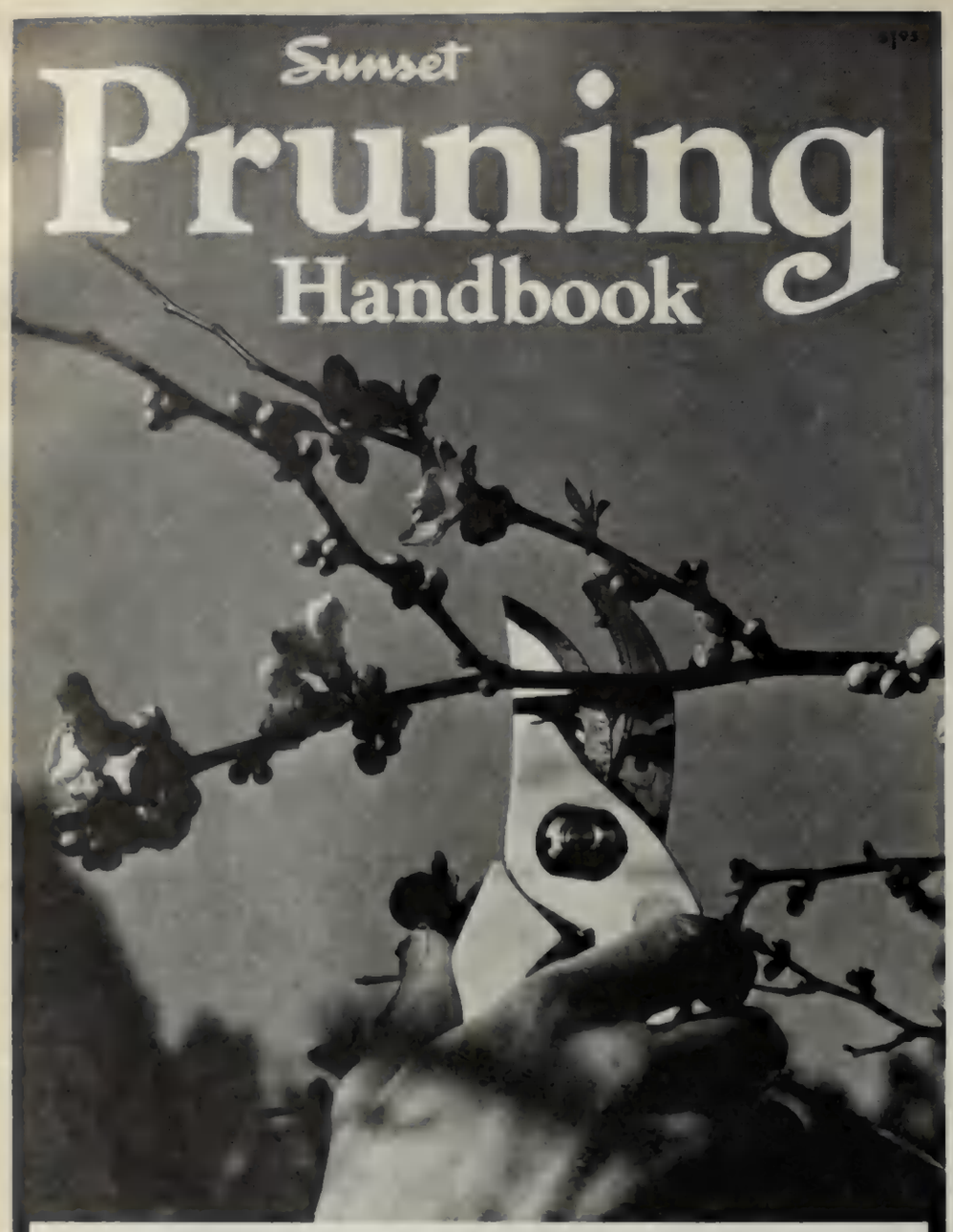

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removed) to taste. Simmer, uncovered, for about 5 minutes. Makes about 5 cups.

Oven brunch

This warm winter brunch bakes entirely in the oven.

Stuffed Baked Pears with
Soft Custard or Cream
Warm Gingerbread
Butter and Cream Cheese
Sausage Links
Coffee Milk

For the custard, make your favorite custard sauce; cool and chill it ahead. Shortly before serving, stuff the pears, mix the gingerbread, and prepare the sausages; they bake in the same oven.

Stuffed Baked Pears

Mix together 6 large or 8 medium-sized dried figs (chopped) and ⅓ cup chopped walnuts. Cut 3 large firm ripe Anjou pears in halves and remove cores. Divide the fig mixture equally among the pear halves, tightly packing the mixture into the center cavities. Lay them in a close-fitting, shallow baking dish, cut-side-up. Place about 1 teaspoon *each* butter or margarine and brown sugar over each pear half. Pour ¼ cup water into the bottom of the dish and bake, uncovered, in a 350° oven for about 40 minutes or until pears are tender when pierced. Serve warm with custard sauce or light cream to pour over. Makes 4 to 6 servings.—*M. D., Morro Bay, Calif.*

Gingerbread

- 1¼ cups regular all-purpose flour (unsifted)
- ¼ cup sugar
- 1 teaspoon soda
- ½ teaspoon *each* ground cinnamon and ginger
- ¼ teaspoon salt
- 1 egg
- ½ cup light molasses
- ⅓ cup salad oil
- ½ cup boiling water

In a bowl stir together the flour, sugar, soda, cinnamon, ginger, and salt.

In another bowl beat together the egg, molasses, and salad oil. Stir in the flour mixture until blended, then add the boiling water. Mix until blended.

Pour the batter into a greased and floured 8½ by 4½-inch loaf pan. Bake in a 350° oven for about 30 minutes or until cake tests done when a skewer inserted in the center comes out clean. Cool in pan 10 minutes, then remove from pan and let cool on rack. Serve warm with cream cheese and butter. Makes 1 loaf.—*J. W., Santa Cruz, Calif.*

Baked Sausages

Place link sausages, 4 for each serving, on a rack in a rimmed pan. Bake, uncovered, in a 350° oven, until no longer pink inside, about 40 minutes. □

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REPES MARQUIS

3 eggs, beaten
cup flour
teaspoon salt
1 cup milk
* * * *
3 bacon slices
cup chopped onion
½ cup chopped green pepper
1 2½-oz. jar sliced mushrooms, drained
2 cups (8 ozs.) shredded Cracker Barrel Brand Sharp Natural Cheddar Cheese
1 8-oz. can tomato sauce

ombine eggs, flour, salt and milk; beat until mooth. Let stand 30 minutes. For each crepe, our ¼ cup batter into hot, lightly greased killet. Cook on one side only. Heat oven to 350°. ry bacon until crisp; drain, reserving 2 tablepoons bacon fat. Crumble bacon. Cook onion and green pepper in bacon fat until tender. Add bacon, mushrooms and 1½ cups cheese. Mix lightly. Fill each crepe with about ¼ cup cheese mixture; roll. Place crepes in 11¾ by 7½-inch baking dish; top with tomato sauce. Bake at 350°, 15 minutes. Sprinkle with remaining cheese; continue baking until cheese melts.

This recipe and hundreds more can be found in The Complete Cheese Cookbook from Kraft. Look for the offer on sticks of Cracker Barrel Brand cheddar. KRAFT

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Cracker Barrel Brand. Made in America for America's big cheese appetite.

You start with a can of salmon

Each of these quickly assembled luncheon or supper main dishes begins with a can of salmon. But the imaginative recipe additions produce three totally different combinations.

For best appearance, we recommend careful handling of the canned salmon to ensure large, uncrushed chunks of the succulent pink fish.

Well drained salmon chunks and well chosen condiments make a delicious filling for tortillas in this recipe.

Salmon Tacos

Drain 1 can (1 lb.) salmon and separate into chunks, discarding bones and skin. Place salmon in a small serving bowl. Also arrange each of the following condiments in small bowls: ½ to ¾ cup *each* sour cream, thinly sliced green onions, and chopped cucumber (peeled); provide bottled taco sauce.

Fry 8 corn tortillas, one at a time, in about ½ inch of hot salad oil over medium heat until soft (just a few seconds). Fold in half and hold slightly open with tongs while continuing to fry each tortilla until crisp and light brown on all sides. It takes 1 to 2 minutes to fry each one. Keep warm until all are fried.

Let each person fill taco shells with salmon and condiments. Makes 8 tacos. —*D. H., Anchorage, Alaska.*

A hint of tarragon accents the green flecked dressing that tops this unique combination of salmon and bananas.

Salmon Salad Plate

- 1 can (1 lb.) salmon
- ½ cup mayonnaise
- 3 tablespoons finely chopped parsley
- 2 tablespoons chopped green onion
- 1 tablespoon lemon juice
- ¼ teaspoon tarragon leaves, crumbled
- Crisp greens
- 3 medium-sized bananas
- ⅓ cup toasted, slivered almonds
- Lemon wedges

Drain salmon and carefully separate into large chunks, discarding bones and skin. Set salmon aside to drain thoroughly.

Combine the mayonnaise, parsley, green onion, lemon juice, and tarragon.

To serve, line 4 salad plates with greens. Distribute the salmon evenly over the greens. Cut bananas in thick slices and arrange around the salmon. Spoon dressing evenly over each salad and sprinkle with toasted almonds. Pass lemon. Serves 4.—*M. M., Jackson, Calif.*

The cooking of this Oriental-style dish proceeds at a fast pace, so first have all the vegetables cut and the sauce ready.

Sweet and Sour Salmon

- 1 can (1 lb.) salmon
- 2 tablespoons salad oil
- ½ medium-sized onion, cut in about 1-inch squares
- 1 medium-sized carrot, cut in slanting slices ¼ inch thick
- 1 small clove garlic, minced or mashed
- ½ medium-sized green pepper, seeded and cut in 1-inch squares
- ½ cup canned pineapple chunks, drained
- About 12 cherry tomatoes, halved
- Sweet and sour sauce (recipe follows)

Drain salmon and carefully separate into large chunks, discarding bones and skin. Arrange on a shallow oven-proof platter and place in a warm oven to heat slightly.

Heat the oil in a frying pan over medium-high heat. Add onion, carrot, and garlic and cook, turning with a spatula, for about 3 minutes or until vegetables are slightly tender but still crisp. Add green pepper, pineapple, tomatoes, and sweet and sour sauce. Cook, turning, until mixture boils and thickens, about 1 minute. Remove from heat and spoon mixture over salmon. Makes 4 servings.

Sweet and Sour Sauce. Blend 1½ teaspoons cornstarch with 3 tablespoons brown sugar and stir in ⅛ teaspoon ground ginger, 2 teaspoons *each* soy sauce and Sherry, and 2 tablespoons *each* wine vinegar and water.

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Chef Ford explains that "I grew up with a taste for good meat"

To certain one-dish *Chefs* steak is the apex of cookery, and to others it's open sesame to the world of cuisine. But we're telegraphing our story.

Mr. and Mrs. L. E. Ford cooperate on a meal of which the apex is Mr. Ford's broiled steak. He says, "I was raised in the Midwest and grew up with a taste for good meat. While I broil the steak, my wife makes my favorite biscuits and some of her mother's wonderful coleslaw." You may want to check your cholesterol level before embarking on this, since once the steak is done it receives a large dollop of butter overtop, together with . . . but here's the recipe.

Sesame Steak

- 1 large porterhouse steak 1 inch thick, or sirloin or rump cut if you prefer
- Salt and pepper
- 2 teaspoons sesame seed
- ¼ cup melted butter or margarine
- 1 clove garlic, minced or mashed

Slash at 1 to 2-inch intervals through outside layer of fat on steak just to, but not into, the meat. Season the steak with salt and pepper and place on a rack in a broiler pan about 2 inches from the heat. Cook until done to your liking, about 6 minutes per side for rare.

As the steak cooks, toast the sesame seed by shaking them in a small pan over high heat. When they are richly browned, remove from heat and add the butter and garlic. Let stand while the steak finishes cooking. Transfer the meat to a serving platter and pour the butter sauce over it. Serve immediately, cutting it into thin slanting slices across the grain of the meat. Spoon some of the sesame butter over each serving. Serves 2.

Portland

George Brown says, "One weekend I developed a craving for stuffed mushrooms. After many trials on patient roommates and friends (all of whom have a sense of humor), I arrived at the following recipe."

The limiting factor here is the mushrooms. You will require those of the largest size. Mr. Brown specifies a diameter of at least 2½ inches.

You may have to order ahead at your friendly neighborhood Alpha and Omega, since these giants are not always in stock. Once you have them, you can proceed as follows:

Brownie's Stuffed Mushrooms

- ¼ cup bulk pork sausage
- 1 medium-sized onion, finely chopped
- 1 clove garlic, minced or mashed
- ½ cup thinly sliced celery
- ¼ teaspoon thyme leaves
- ¼ teaspoon rubbed sage
- 1 teaspoon oregano leaves, crushed
- 16 large mushrooms, about 2½ inches in diameter
- 1 pound lean ground beef
- ½ cup fine fresh bread crumbs
- 2 eggs
- ½ teaspoon salt
- ⅛ teaspoon pepper
- ¼ teaspoon Worcestershire
- 2 tablespoons butter or margarine
- Hot, cooked brown rice
- Chopped parsley for garnish (optional)

In a large frying pan brown the sausage over medium-high heat. When sausage is brown and crumbly add the onion, garlic, celery, thyme, sage, and oregano. Cook until onion is translucent, about [illegible] minutes.

Meanwhile, rinse mushrooms, remov[illegible]

Chefs of the West

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FLAV-R-PAC Cut or Sliced Green Beans . . . one package or one-half poly bag defrosted or one 303 can drained
2 tablespoons cooking oil
1½ teaspoons salt
1 teaspoon sugar
1 small can water chestnuts cut into ¼″ slices
¼ cup chicken stock (or cube and ¼ cup hot water)
1 teaspoon cornstarch dissolved in 1 tablespoon stock

Place 10-inch skillet on high heat 30 seconds. Swirl oil 30 seconds. Turn heat to moderate if smoking occurs. Drop in green beans; stir 3 minutes. Add salt, sugar and water chestnuts; stir once or twice. Add stock. Cover; cook over moderate heat 2-3 minutes until beans are tender but still crisp. Stir in cornstarch mixture; cook until vegetables are glazed. Serve on heated platter or dish. Serves four.

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"Few people will refuse an egg"

and chop stems; set caps aside. Add stems and beef to the sausage and cook, stirring, until meat has lost all pinkness and most of the liquid is evaporated; cool slightly. Mix in the crumbs, eggs, salt, pepper, and Worcestershire.

Place the butter in a 9 by 13-inch baking pan and set in the oven while it is preheating to 400°. Remove from oven as soon as the butter is melted. Turn the mushroom caps over in the butter until evenly coated. Mound about ¼ cup of the meat mixture in each mushroom and arrange the filled mushrooms in the baking pan. Bake, uncovered, in a 400° oven for 15 to 20 minutes, or until browned.

To serve, pile the cooked rice in the center of a serving plate and arrange the mushrooms around it. Garnish with chopped parsley, if you wish. Makes 8 servings of 2 mushrooms each.

Coronado, Calif.

Almost anyone will eat an omelette. Prejudice, law, or poverty remove many other things from the world's menus. The Chinese turn up their noses at milk and cheese. The Arabs look on pork and shellfish with horror. A European presented with haunch of dog might require smelling salts. But few people, indee will refuse an egg.

This simple fact is the starting point f many fine recipes. The French prefer golden omelette, still moist in the cente with perhaps a few minced herbs or little mild cheese. The Chinese add shel fish and vegetables to their foo yon There are even books that describe 40 omelettes with additions running fro currant jelly to potatoes. And Californ has presented to the world one of th heartiest of omelettes, the Joe's Specia in which eggs join with a large quantit of hamburger and spinach.

The Italians form an important link i this concatenation of egginess with the frittata. *Chef* Joseph Cianciarulo giv us his approach to one of these, and yo will find it delicious. Serve it with a goo green salad and some hot and crust bread for a very satisfying meal.

Shrimp-Zucchini Scramble

- 3 tablespoons olive oil
- 1 small onion, finely chopped
- 1 clove garlic, minced or mashed
- 2 cups thinly sliced zucchini
- 3 large eggs
- 1 cup small cooked shrimp
- Salt and pepper to taste

In a frying pan heat the oil over mediu heat and sauté the onion and garlic unt limp, about 5 minutes. Add the zucchin

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nd cook, stirring, until zucchini is just ender, 3 to 5 minutes.

While the vegetables cook, beat the eggs n a bowl until they are frothy, then add he shrimp, and salt and pepper to taste. Pour the egg mixture over the cooked egetables, lower heat to medium low, nd cook until the egg is just set, lifting nd turning with a spatula to cook it venly. Serve immediately. Makes about servings.

Joseph Ciancianulo

Berkeley

weetbread is one of a number of terms nore confusing than descriptive. At first lance, one might think it describes a weetly flavored bread—but it's actually he name of calf offal.

And here are the facts, men. This compound word refers to two different lands from a calf. The smaller is the hymus from the neck, and it has the ner texture. The larger is the pancreas rom the stomach area. Generally, you ake what you can get. And now on to Lenn Sears's recipe for them.

weetbreads Italiano

About 2 quarts boiling water
¼ cup lemon juice
2 pounds sweetbreads
1 package (1½ oz.) spaghetti sauce mix
1 can (8 oz.) tomato sauce
1½ cups water
1 package (8 or 9 oz.) frozen artichoke hearts
3 tablespoons butter or margarine
½ pound mushrooms, sliced
2 cups shredded mozzarella cheese

o the boiling water, add lemon juice nd sweetbreads. Return to boil, cover, educe heat to low, and cook for 15 mintes. Drain and cool.

While sweetbreads cool, combine spahetti sauce mix, tomato sauce, and ater in a saucepan. Bring to a boil, reuce heat, and simmer, uncovered, for 0 minutes. Set aside. Also cook the artihoke hearts according to package direcons; drain and set aside.

Remove all membrane from sweetbreads nd separate into small pieces. Heat butr in a frying pan and sauté the sweetreads over medium heat until lightly rowned. Add mushrooms and stir anther 2 or 3 minutes.

Combine sweetbread mixture, sauce, and rtichoke hearts in a shallow 1½-quart aking dish and top with shredded heese. Bake, uncovered, in a 350° oven ntil cheese melts and bubbles, 10 to 15 inutes. Serve immediately. Makes 4 6 servings.

Lenn R. Sears

Sacramento

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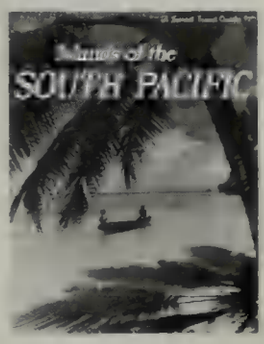

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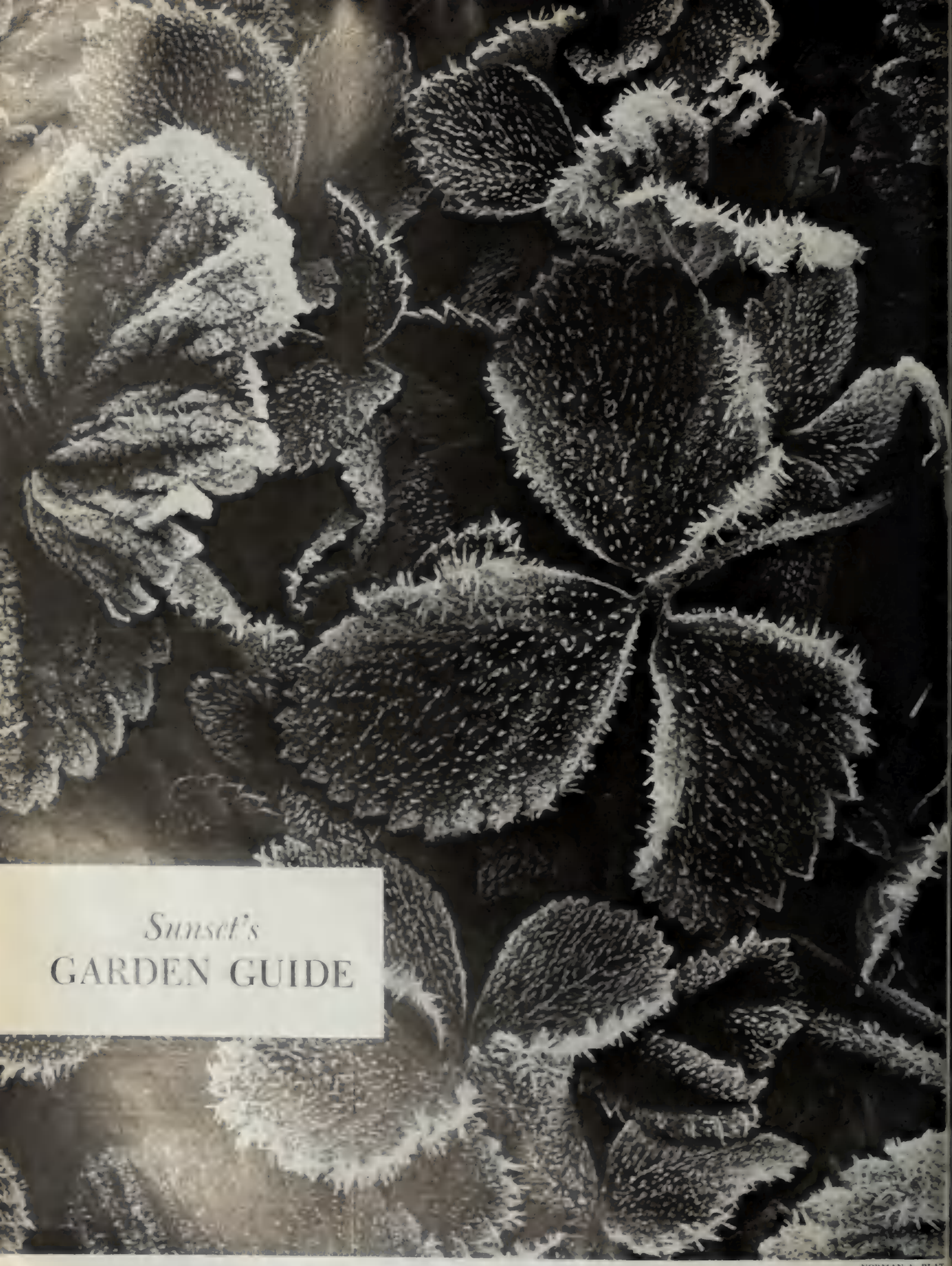


Sunset's GARDEN GUIDE

NORMAN A. PLAT

Ice on the strawberries

Tiny spines of ice-covered strawberry plants last January after the Bay Area's coldest night of the year (27° in this spot). No need to worry, leaves and stems survive temperatures down to 16° or 17°; in colder winters, provide protection

JANUARY IN YOUR GARDEN:

Bargain hunting is easy, it's bare-root time

anuary, usually a month of rain and old, is also the time when gardeners vith holiday-depleted purses can econmize by planting bare root. It's one of he cheapest ways to establish a garden nd it gets trees and shrubs off to a good eginning.

n this Garden Guide, you'll find many leas for bare-root planting—roses, fruit ees, and vegetables, for instance.

t's bare-root time

'he illustration below shows you just ne of the advantages of planting trees nd shrubs that are sold bare root at this me of year. When you plant something rom a nursery container, the root mass incased in a ball of soil mix that is robably quite unlike the soil of your arden. Consequently, when you water ne new plant or the soil around it, water nay be slow in passing from garden soil the root ball's soil. It's much better or plants if their roots can grow for a fetime in one kind of soil, as they can you start them bare-root.

second advantage is cost. Bare-root lants—freshly dug from fields—may ost half as much as similar plants in cans (which have gone through a series of transplanting operations).

When you shop for bare-root trees, look for straight trunks and well developed roots that aren't kinked and knotted; and be sure to inspect the bark carefully for any signs of injury or disease.

All-America Gladiolus

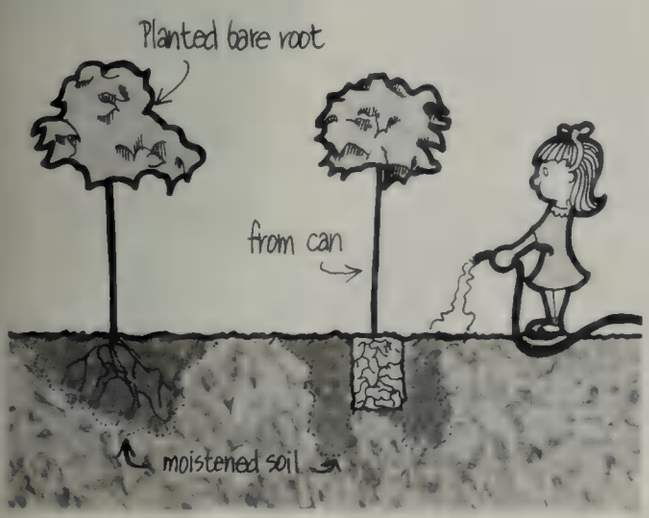
Three varieties won awards in the 1973 All-America Gladiolus Selection:

'Big Daddy.' This is probably the tallest gladiolus now grown. Its sturdy flower spikes are 7 feet tall and bear nine or ten 7-inch-wide florets at the same time. In spite of their size, the flowers are beautiful, with large ruffles and a creamy peach color. Flowers begin to show color about 90 days after planting.

'Brightside.' This is a colorful small gladiolus bearing bright yellow flowers with prominent red-orange edging. Six or seven flowers open at once on a spike of about 18 buds. The plants are vigorous, dark green, 3½ to 4 feet tall. They bloom about 70 days from planting.

'Mexicali Rose.' It bears medium rose-colored flowers with silver-edged petals

Nurseryman *pulls a bare-root tree out of sawdust bed so shopper can inspect roots. Barrels in foreground hold roses*



Advantage *of bare-root planting: Soil around roots is homogeneous, soaks up water evenly. Plant from can copes with two soil types; water soaks unevenly*

Sunset's GARDEN GUIDE

along 5-foot-tall spikes. Typically, 8 to 10 blooms open out of about 20 buds and nearly all remaining buds show some color at the same time. This gladiolus is one of the first to bloom, usually 60 to 65 days after planting.

But it looks like a date

One of the many gifts to the West from China is the jujube, a deciduous fruit tree that's also a decorative addition to your garden. It's often called Chinese date because the fruit is the same color and size as the common date, but the two plants aren't relatives and their fruits taste different.

In China jujube fruit is used mainly candied and for drying and canning. However, the fresh fruit also makes good eating. It has a thin, papery skin and flesh with the same texture as apple. The flavor is sweet and faintly suggests cinnamon.

Jujube grows into a medium-sized tree eventually 20 to 30 feet tall. Its branches are pendulous, covered with shiny green, 1 to 2-inch-long leaves. The tree is quite ornamental in the winter after leaves fall because of the zigzag pattern of its twigs. It does well in virtually any kind of soil, but grows best in deep, well drained soil. You need do little more than water and prune some for shape in winter.

Flowers bloom in May and June, and the fruit ripens in September and October. Some trees even bear the first season after planting. Two varieties differ mainly in size and shape of fruit: 'Lang' is pear shaped, about 1½ inches long; 'Li' is round and bigger, about 2 inches wide. The fruit ripens best where summers are long and hot. Jujube is not recommended for the cool summer areas that are designated Zone 17 in the *Sunset Western Garden Book*.

Jujube has been scarce at nurseries, but this year there's a fair supply available as bare-root trees.

Roses that made a late debut

Last year the January issue of *Sunset* listed many new rose introductions for 1972. Some others came along later in the year, too late for the January article. One is a miniature moss rose, and two are bush moss roses; you can find them bare root at many nurseries.

'Kara' is the miniature moss rose—the buds are covered with dozens of hair-like projections that give a mossy appearance. Moss roses were favorites of old-time rose fanciers, but this is the first mossy miniature. The buds open into tiny, single (five petals) flowers about 1½ inches wide. The petals are bright pink. Flowers form on 10-inch-tall plants from spring until frost. This is an excellent rose for containers.

'Goldmoss' and 'Rougemoss' are bush-type moss roses. They combine the mossy buds of old roses with the long-flowering qualities of modern florihundas. 'Goldmoss' has bright yellow, 3-inch-wide flowers in clusters of three to five on 3-foot-tall plants. 'Rougemoss' has bright red to reddish orange blooms. The flowers are 3 inches wide, and they form singly in small clusters on 2½ to 3-foot-tall plants. Both kinds bloom all season and are fragrant. Both make good cut flowers.

GERALD R. FREDRICK

Chinese jujube tree, *15 years old, is covered with glossy green leaves. Wrinkled brown fruits (right) ripen in September*

Apricot just for home orchards

A relatively new variety of apricot called 'Golden Amber' seems to be an outstanding choice for home gardens. It blooms for a month in spring, and in summer the fruit ripens over a period of about 30 days. These qualities are bad for commercial growers—they want the fruit to ripen in a few days' time for easy harvest. But a long ripening season is a decided advantage for the gardener—you won't have to use a lot of ripe fruit at once.

'Golden Amber' bears large fruit (only one kind of apricot is larger). And the fruit has good texture and flavor, keeps well, makes good preserves, and doesn't get pit burn (soft in the center). The tree

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that's awakened
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lover's taste. Be it
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that we call
Nat-ur-rolls,™ it's
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is self-fertile, which means you don't have to plant another one to pollenize it.

The long flowering season of 'Golden Amber' eventually may prove another advantage. For instance, a late frost might kill the earliest blossoms, but flowers could still develop later and produce a smaller crop; that means apricots might be successful in areas where late frosts now prevent them from producing any fruit.

1973 rose handbook

If you are trying to decide what rose to plant this year, you might like to see how rose fanciers in different sections of the United States rate different ones. A 24-page booklet published by the American Rose Society rates all the roses commercially available in the United States. These ratings are compiled from an annual survey of new roses grown by members of the American Rose Society.

Ratings are on a 1 to 10 basis, with 10 a perfect rose. (So far no rose has ever received a perfect score.) Not only does the handbook rate roses by different types—hybrid teas, floribundas, miniatures, for instance—but it also includes a section on old garden roses, roses highly rated by colors, and the 1973 All-America Rose Selections. (For more about the 1973 All-America Roses, see page 147 of this issue.)

To get a copy of the "1973 Handbook for Selecting Roses," send 10 cents and a stamped self-addressed envelope to American Rose Society, 4048 Roselea Pl., Columbus, Ohio 43214. This handbook is published annually to include new roses and changes in ratings.

Plant artichokes now

Nurseries sell artichoke roots this month, and now's a good time to plant them. In coastal areas where artichokes grow best, plant artichokes in full sun. In hot, inland areas they will do better in partial shade. Plant in deep, well drained soil, setting the roots 4 to 6 feet apart and deep enough so that the soil level comes just below the point where new growth starts. You can plant artichoke roots before or after the new growth begins, as long as you don't let the roots dry out.

In mild-winter regions, artichokes grow through the winter. To encourage that growth you should feed plants with a nitrogen-rich complete fertilizer in the fall. In cold-winter areas, wait until spring to fertilize. You will get more vigorous growth if you also feed your plants two or three times during the growing season. Water weekly, too.

You may get some edible buds by August or September from artichokes planted this month. Otherwise, you can expect a harvest by the spring of 1974.

DARROW M. WAT

Artichoke roots *planted no may give a first harvest like th one (in a Novato, California, garde by late summer or early autum*

JANUARY CHECK LIST: *Here are the jobs that need doing*

☐ **Annuals.** Cold wet weather limits most planting, but if the soil is workable you can still set out calendulas, Iceland poppies, pansies, *Primula malacoides*, snapdragons, stock, and violas. At planting time you should work some amendment (such as nitrogen-stabilized bark) into the soil to improve soil texture and drainage. Apply complete fertilizer to plants that have been in the ground for a month or longer.

☐ **Azaleas.** Plant evergreen and deciduous azaleas this month. Belgian Indica and Kurume azaleas will flower more heavily if you plant them in a summer-shaded spot that gets plenty of sun during winter. These plants are shallow rooted, so don't let the soil dry out around them. Using mulch will help conserve moisture. Now's also a good time to plant any azaleas you received as Christmas gifts.

☐ **Camellias.** In January both early and midseason Japonica camellias bloom. Gather up fallen blossoms from the ground and pick off faded flowers to help prevent the spread of petal blight disease.

☐ **Frost protection.** Usually the coldest nights of the year occur in January, and they bring the greatest threat of damaging frosts. You should expect frost before dawn on nights when you can see the stars, when the air is calm, and when the windshields of cars parked outside stay dry. Move tender container plants into a sheltered spot. In the open ground, you can protect tender plants with a canopy of burlap or polyethylene plastic held above them but not touching them.

☐ **Gladiolus.** In most areas of northern California, you can make the first planting of gladiolus corms this month—the way to get the earliest possible bloom. To prolong the blooming period, you can continue to plant corms every three to four weeks until April. For cut flowers, space the corms in rows about 18 inches apart.

☐ **Lawns.** You should still mow the lawn when it needs it, and when it's dry enough to be mowed. Front-throwing reel mowers can mow wet grass; other kinds can't. Mowing makes the grass plants spread out and grow densely. Now's a good time to apply preemergence controls for crabgrass.

☐ **Pests and diseases.** This month you can apply dormant spray to fruit trees. Lime sulfur and oil, the ingredients of one popular dormant spray, leave no dangerous residues in the soil as they break down. Apply it thoroughly. Dormant spray works by killing fungus spores and by smothering insects and their eggs. Any twigs and branches that you miss when spraying may hide pests and infections that will come out in spring.

☐ **Vegetables.** Plant these bare-root crops now: artichokes, asparagus, cane berries, rhubarb. Sow seeds in the open ground for an early spring crop. In the Central Valley, sow lettuce, onions, peas, radishes, and spinach; on the coast and in intermediate valleys sow all of these seeds plus beets. □

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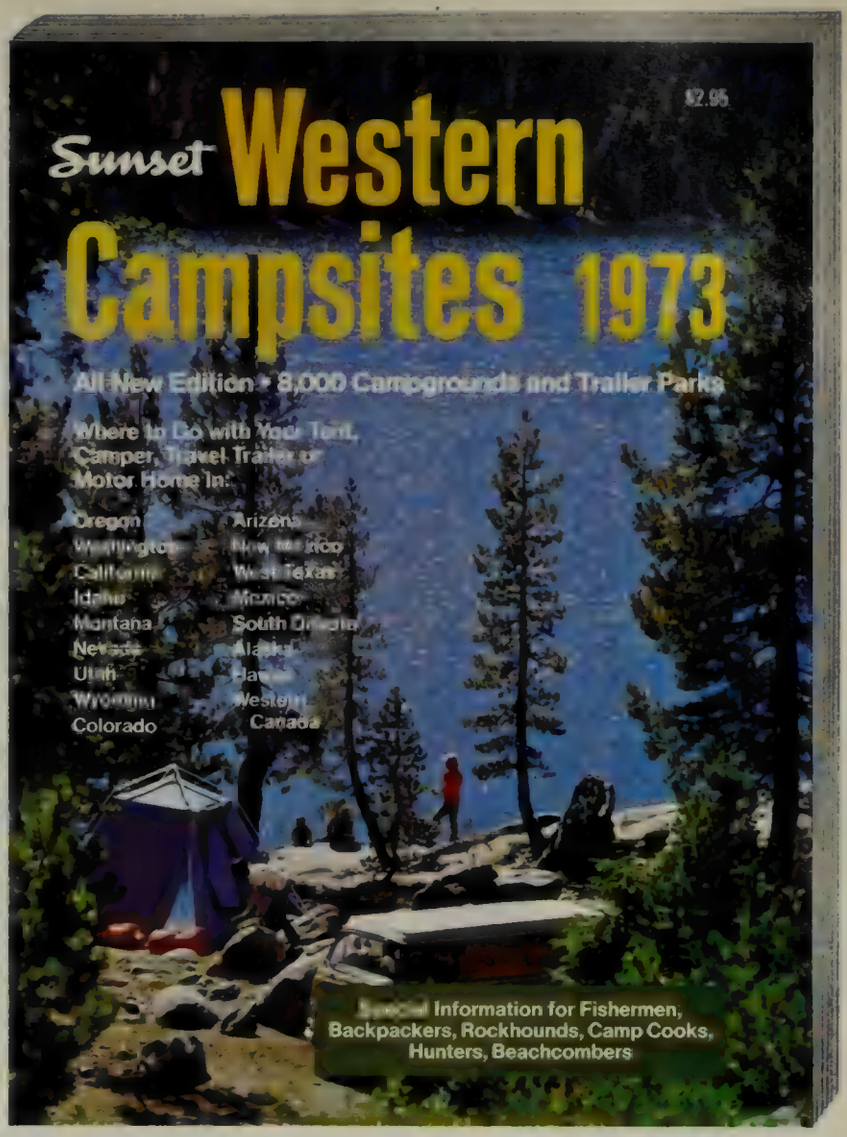

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Look for the '73 *Sunset* Western Campsite Directory around February 1st at your book stores, camping and trailer supply dealers-or send check with coupon. Only $2.95 plus 55¢ mailing cost, $3.50.

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the last several years many home gar-
ners in the West have stopped using
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nilar course with the help of Univer-
y of California scientists.

erkeley has kept its street and park
ees healthy for two years while totally
minating use of insect poisons—and,
doing it, has reduced pest control
sts from $7,000 to $2,500 a year. The
ty is studying ways to stop using fun-
cides on Modesto ash, its only tree
ecies susceptible to a serious disease.

e program was laid out by U.C.
erkeley's Divisions of Biological Con-
l and Entomology and Parasitology,
cooperation with the City of Berkeley
epartment of Recreation and Parks.
ow, guidance and counsel are available
other Western municipalities that ask
r it (see last two paragraphs).

erkeley has 35,000 street trees of 123
fferent species. The researchers start-
by making a survey to find which
ees were particularly bothered by pests
d which insects caused the most
uble. They found that major insect
oblems were limited to a few kinds of
ees and were caused by two groups of
sects: oakworms and aphids. These
sts were dealt with in different ways.

stop oakworms from defoliating
ks, the trees were sprayed with *Bacil-
s thuringiensis*, a biological material
hich kills only caterpillars.

phids were removed from some trees
washing them with a high-pressure
ream of plain water. On other trees,
hid infestations were controlled by in-
oducing specific aphid parasites im-
rted from Europe.

he city simply quit spraying to get rid
leafhoppers when biologists discov-
ed that this insect, in spite of its great
mbers, was not harming trees or prop-
ty beneath them.

ommunities interested in this kind of
ological control program should have
city official (city manager or parks di-
ctor) write to William Olkowski, Divi-
on of Biological Control, University of
alifornia, Berkeley, Calif. 94720. He
ill forward a copy of his City of Berke-
y summary report.

Mr. Olkowski or other members of his
vision may also be able to provide
rther information on specific insect
oblems of public trees. □

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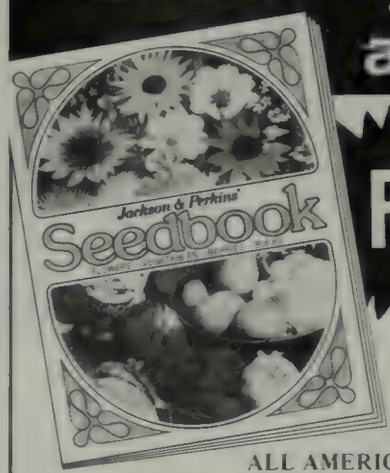

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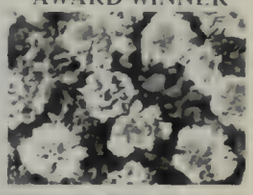
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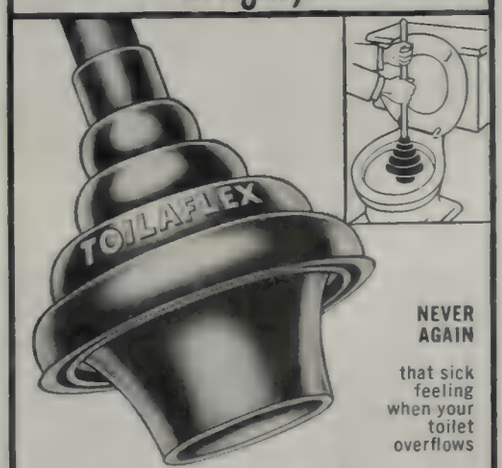

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Number one, *the first acacia to bloom in the new year, Acacia baileyana has the standard color for acacias—bright sun rays-through-the-clouds yellow*

January. *The pearl acacia (A. podalyriaefolia) sometimes blooms as early as November. A saturated yellow*

January. *Close-up of A. baileyana in top picture. There is also a purple-leafed variety*

February. *Botanical name, A. armata, hints at its long thorns Bright yellow flowers stand up on individual stems*

Spring starts in January in California thanks to acacias. Here is the month-by-month parade of the yellow bloomers

Anyone who walks, rides a bike, or does anything out in the fresh air during the next four months probably will see the bright puffs of yellow that acacia trees become at this season, and will smell the sweet air that surrounds them.

It isn't hard to tell acacias from other plants. They bloom at a time of year when there is little competition. They are always a shade of yellow, and they have a fragrance all of their own (to the dismay of some).

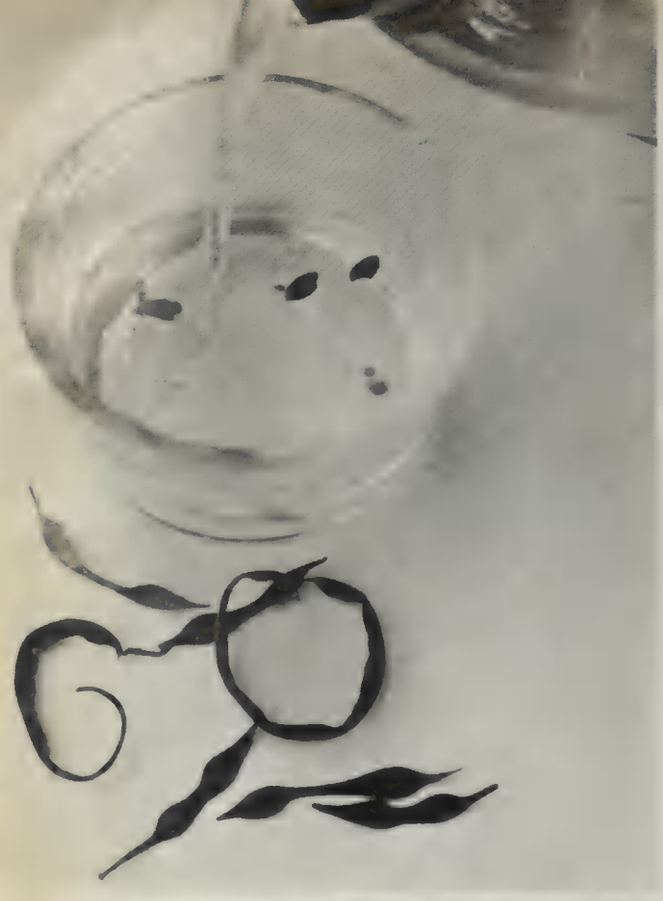
Learning to tell one acacia from another is a little harder, but the photographs on this and the following pages—showing 12 of the commonest streetside and suburban acacias—should get you started toward becoming the complete acacia cognoscente.

The photographs are arranged by the month in which we found them blooming last year. Blooming time may vary

March. *Most acacias bloom in March. This is A. decurrens, same color as A. baileyana*

uary. *Acacia longifolia, famous by freeway planters. ers are margarine yellow*

WILLIAM APLIN



WILLIAM APLIN

To sprout *acacia seeds: Pour boiling water over, let stand 24 hours, plant in peat pot just below soil surface*

somewhat this year, and it will certainly vary from one climate zone to the next.

To identify an acacia you see in bloom, first check the month, then compare these photographs to the real thing.

Once you become acquainted with the acacias, you may find yourself adopting one or two kinds as favorites to try in your own garden.

Your nursery may have one or two of the more common acacias and may be able to order a less common variety. But acacias are easy to grow from seed; you may find that seeding is the easiest way to get the variety you want.

You can collect seeds from trees you've seen on outings—look for string-bean-like seed pods a month or two after bloom. Make sure they are dry.

To sprout an acacia seed, you must soften it up a little. The best method is shown above. Boil some water in a teakettle, then pour it over the seeds. Let the seeds and water stand for 24 hours, and they'll be ready to plant.

Planting in a peat pot (available at nurseries) keeps the plant from getting rootbound and lets you plant pot and all

March. *All acacias grow fast; this one grows very fast. A. decurrens dealbata is also very fragrant. Flowers are soft yellow*

March. *The blue-leaf wattle, (A. cyanophylla) has almost orange flowers and branches that droop noticeably*

March. *The willow acacia (A. saligna) has weeping habit even when not in bloom. Lemon yellow blossoms*

March. *The blackwood acacia (A. melanoxylon) has creamy colored (almost white) flowers*

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righ[illegible] the ground. Use a fast-drain-[illegible]ing mix. You can plant the peat [illegible] acacia as soon as the plant is big enough not to be stepped on. □

WILLIAM APLIN

April. *An acacia for the beach and wind. A. verticillata, has pale yellow catkinlike blooms*

April or May. [illegible] *mollis* [illegible] *flowers* [illegible]

Year round. *A. retinodes blooms when it feels like it. This one bloomed in late summer*

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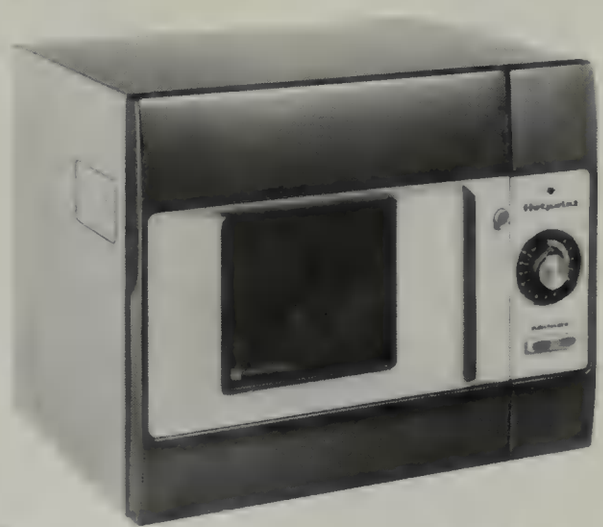

This Hotpoint washer will do a full lb. load. It lets you select from 3 ferent agitation/spin combinations d 3 different wash-rinse cycles. It s a self-cleaning filter ring that ains the wash water throughout ery cycle. There's a special gentle sh cycle for delicates. And matched th Hotpoint dryer DLB2750P 174.95*) you have the perfect pair appliances for all your laundry eds. WLW3600P $239.95*

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Garden doings in January

'eninsula cities. January 6, 7, 13 and 4. Rose pruning demonstrations by ıe Peninsula Rose Society. Los Altos 'anuary 6): Los Altos Nursery, 245 Iawthorne Ave. Redwood City (Jan-ary 7): Wegman's Nursery, 492 Wood-de Rd. Redwood City (January 13): Iunicipal Rose Garden, 1400 Roosevelt .ve. Menlo Park (January 14): Roger .eynolds Nursery, 1602 El Camino .eal. Hours: 1 to 3 P.M. Free.

akland. January 7. Fungus fair pre-ented by the Mycological Society of San rancisco. Place: Great Hall, Oakland Iuseum, 1000 Oak St. Hours: 10 A.M. 5 P.M. Free.

akland. January 7. Demonstration of ose pruning techniques at Oakland's Iunicipal Rose Garden, foot of Jean t. one block from Grand Ave. Hours: to 5 P.M. Free. If it rains, the demon-ration will be postponed to January 14.

an Francisco. January 7. Rose pruning emonstration by the San Francisco ose Society, sponsored by the Recrea-on and Park Department. Place: Gold-ı Gate Rose Gardens, Park Presidio lvd. and Fulton St. Hours: 10 A.M. to P.M. Free. If it rains, the demonstra-on will be postponed to January 21.

an Francisco. January 16, 23, and 30. irst month of the Tuesday morning arden workshop series sponsored by the rybing Arboretum Society. Place: Hall f Flowers, Golden Gate Park, Ninth ve. and Lincoln Way. Hours: 10 A.M. noon. For information, telephone 15) 661-0822.

akland. January 17. Registration for ednesday classes in Sogetsu Ikebana ower arranging sponsored by the Oak-nd Parks and Recreation Department. ime: 9 A.M. registration for all, fol-wed by class for beginners, 10 to 11 M.; intermediates, 11 A.M. to noon; dvanced, 1 to 2 P.M. Two 10-week ses-ons: January 17 through March 21, pril 11 through June 13. Fees: $15 for ıe session, $28 for both, payable at gistration. For details, telephone the structor: Tsukuya Muneyuki (415) 34-9342.

resno. January 26, 27, and 28. Annual ebana flower and art show presented the Fresno chapter of Ikebana In-rnational. Place: Fresno Arts Center, linton and Yale avenues. Hours: 10 M. to 4 P.M. Admission: 50 cents. □

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An invitation to the 5th Annual

Sunset

Travel Film Festival

Anaheim, California · January 4-14, 1973
Los Angeles, California · March 30-April 8, 1973

Again this year an impressive collection of the best new travel and sports films from throughout the world will be entered in the *Sunset* Travel Film Festival.

Leading contenders for top honors will be shown to the public at the Sports, Vacation and Recreational Vehicle Show at the Anaheim Convention Center, January 4 through 14, 1973. All persons attending the show may view the films at the Festival Awards Theater in the convention center. There is no additional charge beyond the show admission price (adults $2.00, children $1.00).

The show hours are: Monday-Thursday, 2 P.M. to 10 P.M.; Fridays, 2 P.M. to 11 P.M.; Saturdays, 12 noon to 11 P.M.; Sundays, 12 noon to 8 P.M.

Films will be judged in six categories. (1) U.S. destinations, government agency films (2) foreign destinations by a government agency (3) U S. travel films, produced by commercial companies (4) foreign, by a commercial company (5) any entry featuring sports and outdoor recreation and (6) recreational vehicle films, foreign or domestic.

Foreign entries already indicated by press time include films on Nova Scotia, Ceylon, Netherlands, Ireland, New Zealand, Vancouver, British Columbia and Yugoslavia.

U.S. destinations: Hawaii, Glacier National Park, Yellowstone, Alaska, North Carolina, Mississippi and Arizona.

The top winner in the last Festival (January 1972) was Pyramid Films for "Catch the Joy," grand prize and *Sunset* trophy winner. Best Film by Government Agency in U.S.: "Montana—Land of the Big Sky," by State of Montana. Best Film by Government Agency on Foreign Destination: "Handicrafts of Japan," by Japan National Tourist Organization. Best Film on U.S. Travel by a Commercial Company: "Ski America," by Summit Films. Best Film on Foreign Travel by a Commercial Company: "East Africa," by Alitalia Airlines.

Fifteen other films received "Honor Awards" and fifty-three received "Certificates of Excellence."

Finalists for the grand prize in the 1973 Festival will be shown throughout the duration of the show. Winners will be selected by distinguished members of the judging panel.

The Anaheim Convention Center is located at 800 West Katella Avenue near Harbor Blvd., across from Disneyland in Anaheim.

The films will also be shown at the Los Angeles Sportsmen's, Vacation and Travel Show at the Los Angeles Convention-Exhibition Center, March 30-April 8. The Center is located in downtown L.A. at 1201 So. Figueroa Street.

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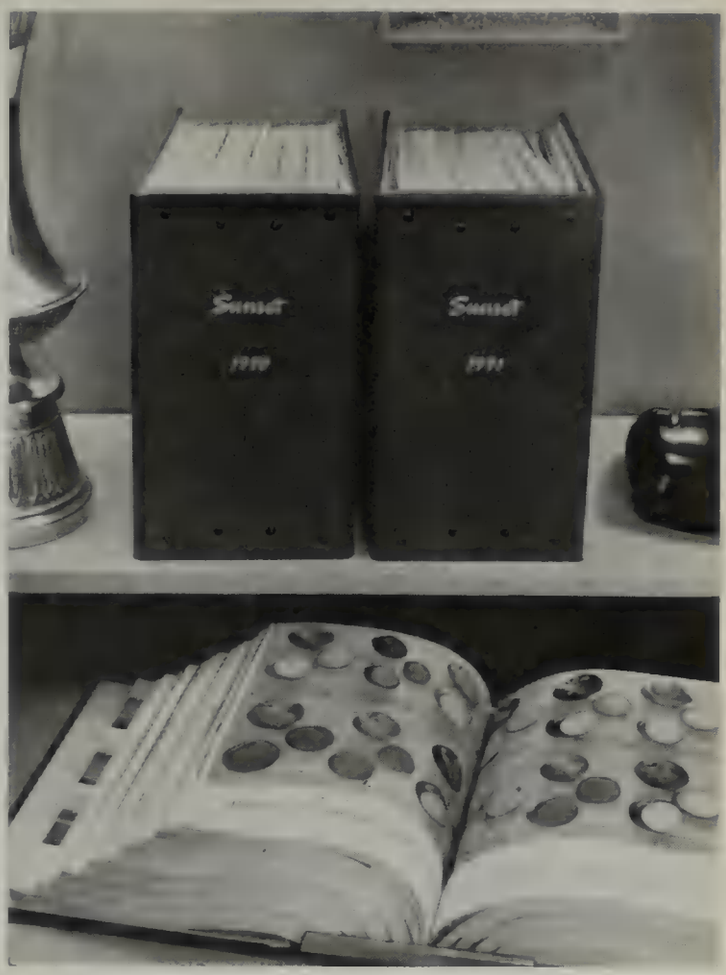

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Turk's-cap is brightest scarlet

GERALD R. FRED

Scarlet, *inch-long flower of Turk's-cap looks like a miniature turban complete with feather*

If you have the space, Turk's-cap has the flowers. This showy, old-fashioned shrub (*Malvaviscus mollis* or *M. arboreus*) shuts down its production line only during the frostiest part of winter. If frosts don't come or are very light, blooms may appear every day of the year.

We say *appear* rather than *open* because flowers do not really open. Instead, the petals remain pressed together to form a ridged, fluted, solid-looking flower that looks like a stylized turban—hence the name Turk's-cap. Bees don't have to get inside the flower; stamens and pistil stick out in a long column—the feather on the turban.

Flowers are brightest scarlet and are 1 to 1½ inches long; they appear singly on stalks from the leaf joints. Leaves are light green with a velvety finish; the smallest are oval and an inch or so long, the largest somewhat lobed and 5 to 6 inches long and as broad. Turk's-cap bears a strong family resemblance to its relatives the hibiscus and the flowering maple (*Abutilon*).

How to use Turk's-cap

The plant itself is of no particular size or shape; everything depends on circumstances. Planted in the sun and left to its own devices, it is a sprawly shrub, 3 to 5 feet tall and somewhat broader. Pinching and pruning can keep it smaller and more shapely. In shady places it reaches for the light and behaves something like a vine, growing up through larger shrubs to reach the sunlight. If tied to a frame or trellis, it can reach the top of a fence or the eaves of a house.

In rich, moist soil and with no pruning, Turk's-cap will spread over a large area by sprawling and rooting where stems come into contact with the soil. Big clumps of this sort could be used as a coarse ground cover or a cover for a dead stump or a defunct rockery.

Turk's-cap can grow in a container. Plants in gallon cans usually have flowers or buds, and young rooted cuttings will bloom in smaller pots. If you grow one indoors, give it as much sunlight as possible; a south or west window should give adequate light unless deep overhangs or big trees outside the window block out the sunshine.

Its ease of culture may actually h worked against its success. Neec practically no care, it usually gets care, and looks untidy as a result. P it in good garden soil and give it same care you would give a hibis Water enough to keep it moist but soggy and give it frequent light feed during active growth and bloom.

Pruning and shaping are import Plants grow fast and should be pinc to encourage low, profuse branching the resulting branches tangle and cro remove some of the inward-grow ones. If any branch grows out of portion, cut it back to an outwarc upward-facing side branch. Cut branches that shoot downward (un you wish them to root for propaga purposes).

East Side Nursery, 2191 E. Baysl Rd., Palo Alto, California, has plant gallon-size cans.

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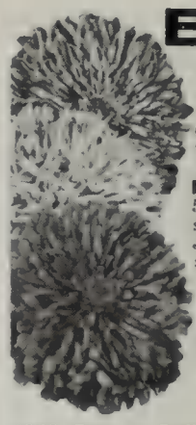

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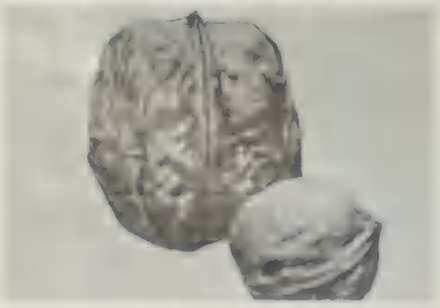

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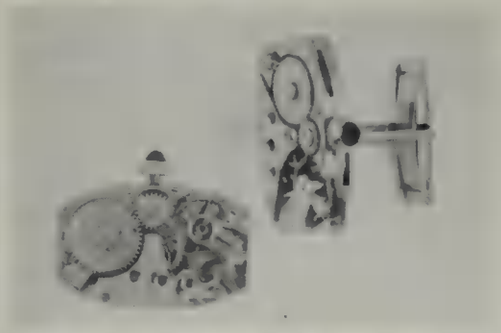

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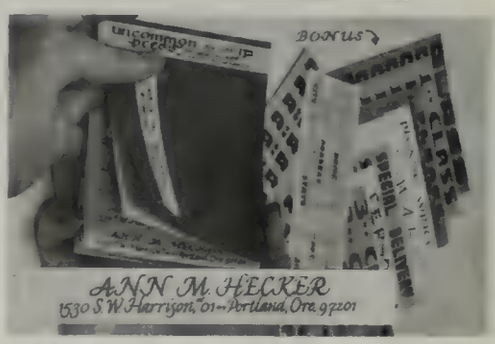

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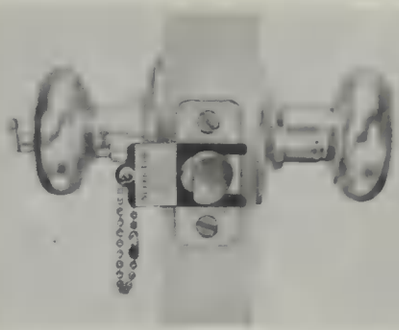
Why accept the common when the unique is available. Our artists will handcraft a truly personalized label with your name in crisp black calligraphy on *white, mellow yellow* or *happy orange* gumstock. Remember family gifts when ordering your book of 500 labels plus *bonus* of 100 assorted special instruction stickers for package mailings. Print name, address with zip, select paper color and send $3.50 for each order to *Uncommon Press*, Box 3353-S, Portland, Oregon 97208.



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You are only as safe as the lock on your door. Super-Lok burglar-proofs present door locks. For outside or inside doors. Anyone can install *Super-Lok* in minutes by cutting narrow slot in the bolt! Does not mark door or frame. Once pushed into latch, no one gets in; cannot be picked, nor opened with pass key. Only $2.00, 3 for $5.00. Ppd. (Calif. Res. add 5% Sales Tax). Money-back guarantee. *Super-Lok*, 1073 Saratoga Avenue, Dept. S1, San Jose, California 95129.

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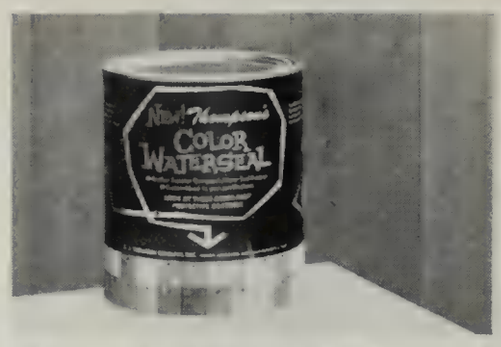
Cure, Harden, Dustproof Concrete

You get better looking walkways, walls, patio slabs, etc., when you brush, roll or spray Thompson's Water Seal on concrete just before final troweling. It controls moisture loss; concrete dries from within so you get a uniformly cured surface that's stronger, smoother, less liable to check or crack. A second penetration waterproofs concrete. At dealers or write direct. Spray $1.89; Qt. $1.95; Gal. $5.95; 5 Gals. $28.25 ppd. E. A. Thompson Co. Inc., 1333 Gough St., San Francisco, CA 94109.



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Thompson's Pigmented Waterproofing Compound *Thixotropic* provides color and protects wood, metal, concrete, masonry, stucco from water damage. Many colors to brush, wipe, roll or spray on. Waterproofs and colors concrete and wood. Ideal rustproofer. For Stain, mix 50-50 with TWS. Salt, alkali, acid resistant. *Send for Color Folder.* Qt. $4.15; Gal. $13.15; 5 Gals. $58.75 ppd. tax incl. No C.O.D.'s. At dealers or write direct. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.

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Any Initial, American Flag, Pine, Rose, Maple, Gull, Palette, Saguaro, Palm. (Also available are Texas Flag, Roadrunner, and Treble Clef.) Up to 20 letters per line, 4 lines. Printed in black on White or Gold gummed labels 1½ x ½". Packed in plastic box, 500 on white or 250 on gold for $2 postpaid. Or on Deluxe size, 1¾" long, $3 with design, or $2 without. Specify Initial or Design desired. Air mail, add 33¢. Useful gifts catalog 25¢. Bolind, 41 Bolind Bldg., Boulder, Colo. 80302. Thank you kindly!

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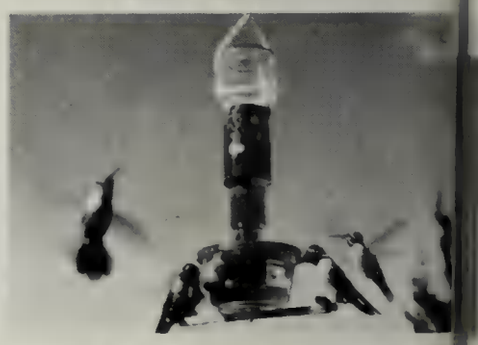

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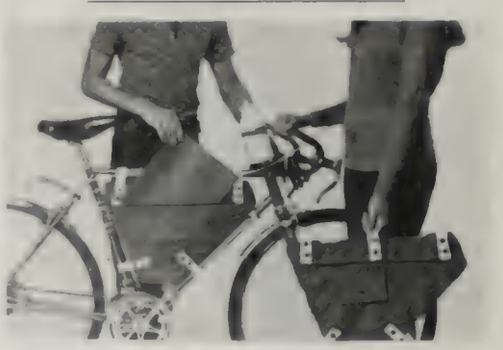

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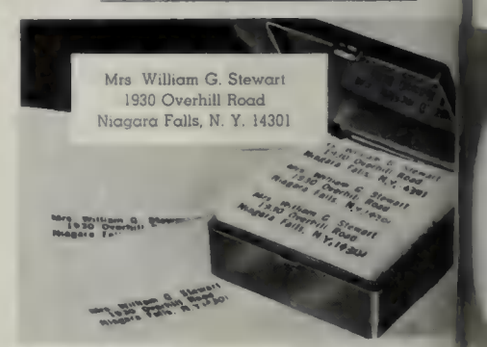

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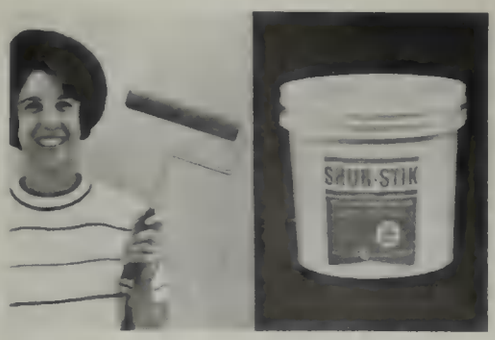

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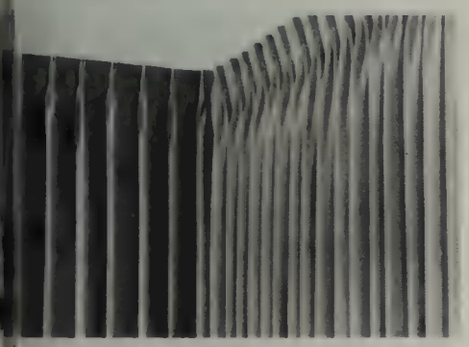

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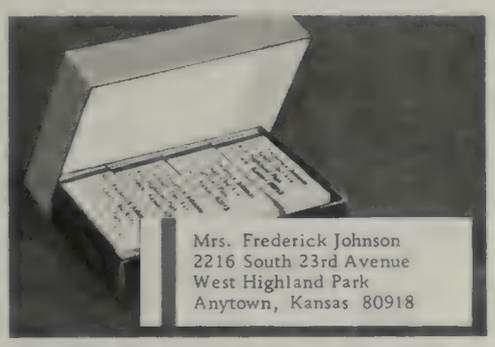

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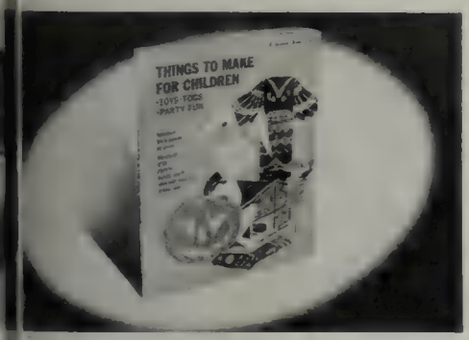

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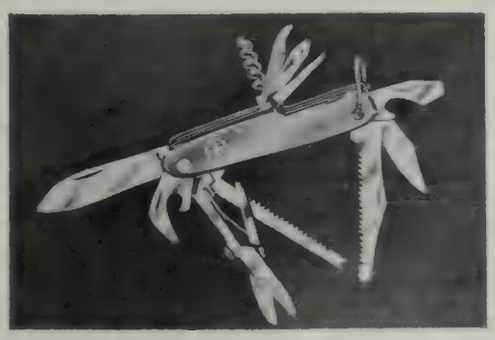

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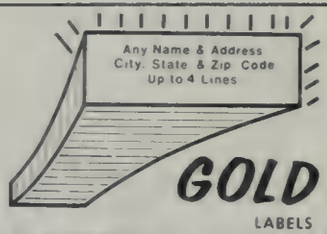

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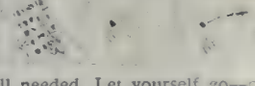

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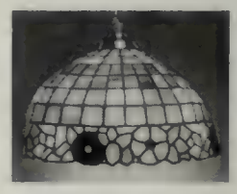

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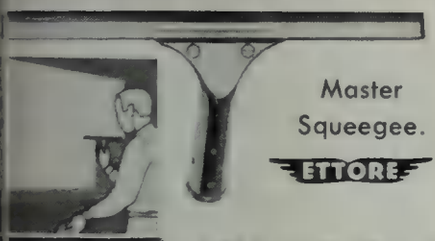

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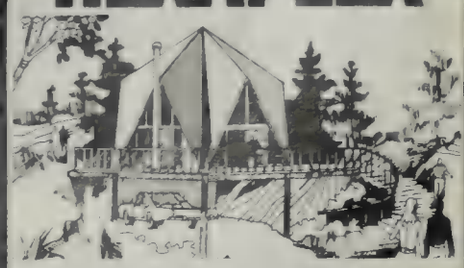

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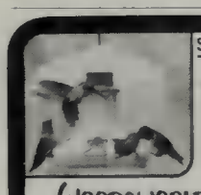

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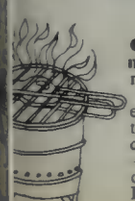

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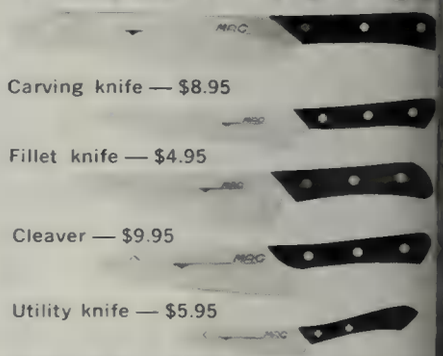

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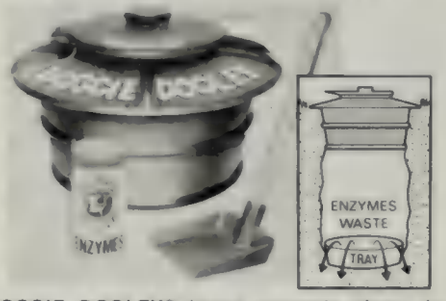

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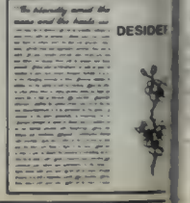

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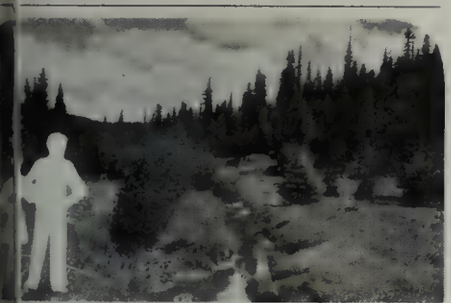

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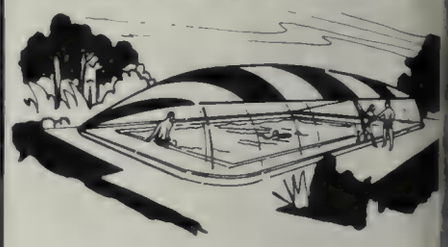

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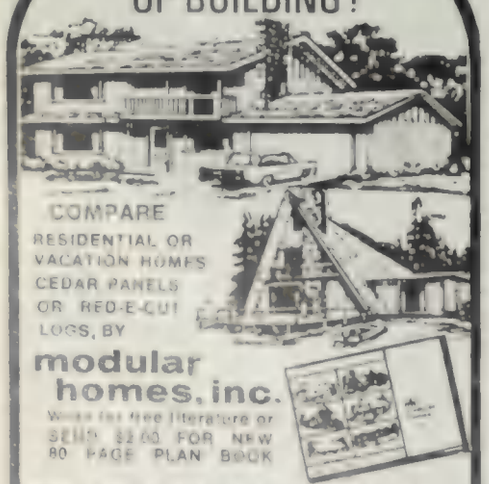

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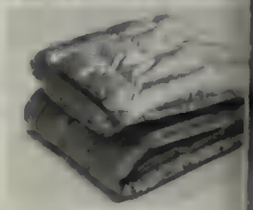

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Here are new roses for 1973

h year at bare-root planting time, tern gardeners are tempted by the 's new rose introductions. This year, enticements are as great as ever, but field is limited to fewer new roses usual.

All-Americas

1973 All-America Rose Selection d winners will get much of the at- on. Grown nationwide for two years pecial test gardens, they've scored enough in all regions to merit the RS tag. This year there are three, all rid Teas.

tron' is a pink-cheeked Irish beauty the house of McGredy ('Climbing Sam McGredy' has grown for years he *Sunset* fence in Menlo Park). tanding substance and a suedelike texture are noteworthy attributes. ted buds open to full, high-centered fragrant blooms of glowing, deep pink. The medium-height bushy ts have plenty of dark green foliage. ddition to its AARS award, 'Elec- has many European awards.

sy,' a variety developed in Califor- has all the fiery dash that its name ies. Medium-sized, black-red buds ld to full, 5-inch flowers of flaming et, the colors reminiscent of glowing ers. The medium-height plant boasts , leathery foliage.

lallion,' another Westerner, is a *big* Long, tapered buds contain about etals and open to 7-inch, water lily - lowers. The color varies in intensity shade with the weather from buff ot to apricot pink. Light green fo- covers a tall, upright bush.

r new roses—by color

ldition to the three All-Americas, 12 roses will be making their first ap- nces this year.

id Teas (HT) are the most familiar, 'typical" roses: large, well shaped and flowers open singly on long s. Floribundas (F) are low to medi- eight plants, bushy, free-blooming clustered flowers; often individual oms are not as attractive as Hybrid , although newer Floribundas tend mbine productivity with good form. Miniatures (M) are little plants, 1 to feet tall, with leaves and flowers d down to their overall smallness; rs are tiny replicas of Hybrid Teas.

rt Charm' (M). An unfading vi- t red, fully double flower, this is especially good in hot weather. Plants are bushy, upright.

'Kentucky Derby' (HT). Long, urn-shaped buds have velvety black-red shadings, open to graceful dark red, fully double blooms. Vigorous, medium-height plant.

Pink

'Nancy Hall' (M). Peach pink to salmon in perfect buds and very full open flowers. Plants are under 1 foot tall, good for containers.

'Sonoma' (F). Low to medium-height compact plants produce an abundance of shapely deep pink buds; these open to full salmon pink, 3-inch flowers. A fine rose for bedding and edging. (It is named for California's northernmost mission, founded 150 years ago.)

'Sunset Jubilee' (HT). Pink and cream blend. See article on page 54 and photograph on cover.

'Sweetie Pie' (HT). Related to 'Swarthmore' and with the same elegantly tapered buds, but a paler color: light pink with deeper pink petal edges. Upright, rather tall plant.

'Taj Mahal' (HT). Enormous blooms (sometimes over 8 inches across) are vibrant deep pink. The 45 to 50 petals unfold to form a symmetrical, high-centered flower. Very vigorous.

Bicolor

'Magic Carrousel' (M). Each white petal is edged deep pink to red. Well formed buds and 40-petalled flowers come singly, in loose clusters, or in sprays.

'Magic Mountain' (F). Gracefully ruffled flowers begin as light red buds, then open to yellow and orange flowers. As blooms age, the yellow remains at the base of petals but the rest darkens to brick red. Neat, symmetrical plants.

'Snowfire' (HT). Striking contrast between the glowing, velvety red upper side of petals and the crystal white of their reverse. Oval buds and 4 to 6-inch flowers. Plants upright and compact, with glossy, dark green foliage.

Yellow

'El Dorado' (HT). Reminiscent of the old favorite 'Sutter's Gold' but with a fuller bush, stronger stems, heavier petal substance. Long, pointed buds combine red, gold, pink, open to large and fragrant golden yellow blossoms.

'Yellow Jewel' (M). Slender yellow buds are miniature version of Hybrid Tea 'Eclipse.' Compact, bushy plants produce them singly or in loose clusters. □

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LETTER FROM *Sunset*

That grand mountain park for Los Angeles

Nearly every large city in the West has nearby open space wor preserving. Efforts to set aside large segments of it have been notab successful around San Francisco and Phoenix. But around Los Angele the West's largest metropolis, progress has been slower. Here the cor plexities of multiple jurisdiction, land cost, and pressure for buildi development have worked against the formation of a large park in wh is already a natural park area, the Santa Monica Mountains. But pro ise remains. (See the February 1971 *Sunset* for an early report on th park challenge.)

The experience of park proponents since about 1962 is instructive. T grand design of a chain of parklands across the mountains was appealing idea that helped pass the state park bond act in 1964. B eight years later, only a small part of the proposal—less than 15,0 acres—has become state park property.

The state legislature has helped. It deleted freeways that would ha encouraged massive development along the coast and through Mali Canyon, and an expressway that would have destroyed mountain-hu ging Mulholland Drive as a central parkway and trail link between pa areas—a possibility now being debated by the City of Los Angeles.

Also in the state arena, voters last November called for commissio with permit power to control the coastal part of the mountains, but t Senate in December failed (by 6 votes) to establish a similar agency f the entire mountains—as recommended by the state's mountain stu commission. Senator Robert Stevens is planning to reintroduce t measure this month.

The chief hope for actual land acquisition now lies with the federal go ernment. This month senators Cranston and Tunney and congressm Bell, Goldwater, and Teague will propose legislation to create a park 100,000 acres and put up $30 million for the first year's priority are

This follows a Department of the Interior report recommending acq sition of 35,500 acres (about equal to the new Golden Gate Natio Recreation Area)—but by state and local governments. The report scribed the mountains as good for high quality but not high quantity and therefore not a national recreation area as defined by current statu

Once again, the Friends of the Santa Monica Mountains Parks (B 4958, Los Angeles 90049) are spearheading the campaign for popu support. Their petitions to the President note that the Los Angeles a is more deficient in parkland than any other major region in the Unit States and, furthermore, needs the Santa Monicas as a park to help se millions of tourists who visit Southern California. They have a point

WINDOW ON THE WEST: *The Santa Monicas*

A solitary raven rides an updraft in the clear air of the Santa Monica Mountains, so far a clean airshed for the overburdened atmosphere of Los Angeles downstream in the prevailing wind. This view from Piuma Road is within a half to a two-hour drive for 8 million people. □

February 1973

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Sunset

The Magazine of Western Living

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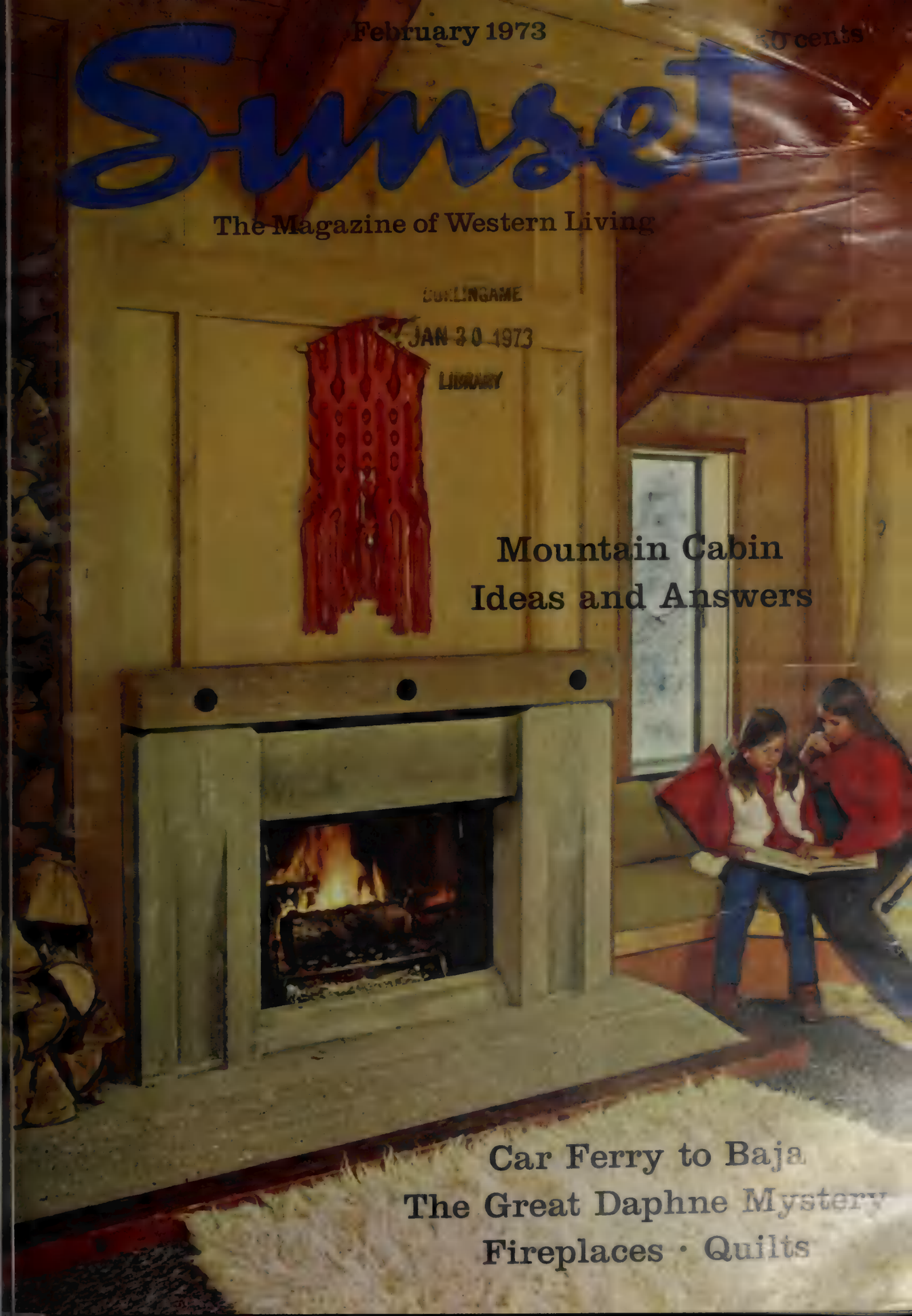

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You can first-night at a performance of Tosca in one of the world's most acoustically perfect theaters. Or groove to a rock concert in the sweet air. There's a great cultural center where you can explore Polynesia's multi-colored past. And a magnificent aquatic museum where her future is on display.

There's a city of refuge where ancient warriors once sought sanctuary from the wrath of their gods and their fellow men. (And where you can do the same today, if that's the kind of year it's been.)

In Hawaii you'll find out what it's like to speak in a different language, worship in a different church, even live in a different colored skin.

The airlines and steamship companies have done everything but bring Hawaii to your doorstep. There are hotels in all price ranges and tours for every taste.

So before you go anywhere in this world, talk to your travel agent. He'll tell you it's all happening in Hawaii.

Hawaii

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On behalf of the Islands of Hawaii, Kauai, Lanai, Maui, Molokai and Oahu.

Sunset* The Magazine of Western Living*
THE PACIFIC MONTHLY*

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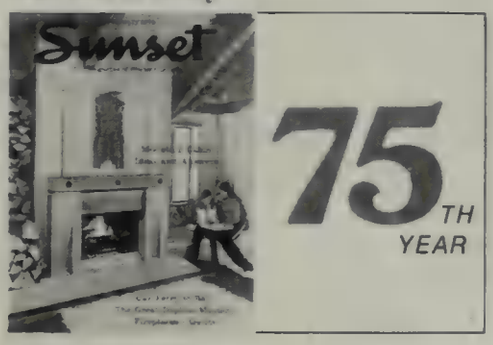

The cabin living room on our cover has indoor wood storage, a prefab metal fireplace, hidden storage under a built-in couch. For other cabin ideas, see page 62. Color picture by Darrow M. Watt

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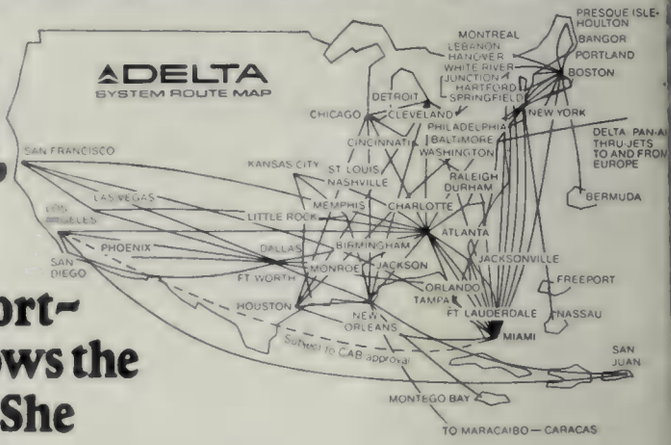


The DC-10, latest addition to Delta's Wide-Ride™ fleet, gives "comfort" a whole new meaning. Two-by-two seats in both Tourist and First Class. Now in service.

› Chimney Rock for Point Reyes views and history

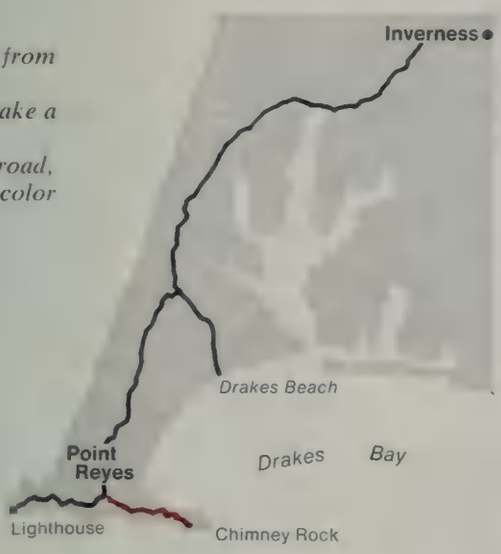
ıe road toward Chimney Rock leads east away from the ain Point Reyes highway just before its ascending curve to e lighthouse. Sturdy black and white Holsteins saunter in ɔnt of the car, look you over, and test your patience. There no fence to keep cows and autos apart and the way is very rrow, requiring great care in driving.

ıe rolling moors on either side are scored deep with cow ıths. You are well above the ocean, but from the road you n't readily see any of the cliffs or the pummeled shoreline. ɔr the view you must walk the trail up the sloping bluff ɔove Drakes Bay.

ıis narrow promontory, with the rest of Point Reyes, tastes e moist Pacific fogs and storms before the mainland. The nd is bare of trees, but rife with a hundred kinds of grass ıd plants, wildflowers, mosses, lichens—all relying on the et and bone-chilling winds for sustenance.

here is less season-to-season temperature variation here than ıywhere in the country. To one familiar with northern Cali- ɔrnia's marine climate this means only that the weather is ɔntinually foggy and cool. However, there are breaks. In te winter and fall you can walk the half mile out to the himney Rock lookout and face out to sea with reasonable

ighway winds *from ear Inverness › lighthouse. Make a ft turn for himney Rock road, ıarked here in color*



Hikers return *from Chimney Rock overlook. Small fishing station sits on Drakes Bay. View is to north*

Under *our version of French quilt, art director demonstrates how to read in bed—poke arms through woven tubes*

Our staff goes idea collecting

Craft projects that appear in *Sunset* often develop from ideas gathered by our writers on reporting trips. While scouting in Europe, art director Bill Cheney noticed a woven-tube quilt in Saint-Tropez, France. He sketched it, we made a version of it in our crafts workshop, and (left) he couldn't resist giving it an early tryout.

Another writer returned from southern Germany also with a quilt idea. She stitched her own version of the Continental quilt, using colorfully patterned bed sheets to make the cover.

Other staff members found quilt ideas closer to home but also simpler to make than the traditional patchwork. We gathered all the ideas—unconventional, quicker ways of making quilts—into the article that begins on page 70. □

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assurance that your gaze won't be met the clammy slap of a chill wind.

On one of those see-all-the-way-to-Chi days, the crags of the Farallons are vi ble toward the southwest horizon a the avenues of San Francisco are wh and mysterious along the coast. Drak Bay lies inside the point, with its beach curving grandly to the north and east.

The white cliffs that front the bay a unique on the California coast, sugge ing Dover or the Seven Sisters of Suss (England), a fact that struck right at t homesick hearts of Francis Drake a his men when they guided the *Gold Hind* into Drakes Bay in 1579.

These were the first Europeans to s foot in this part of California, and th stayed on the bay for 36 foggy June a July days, repairing their ship and d lighting the local Indians with Engli ditties and fiddle music.

Drake eventually erected a plaque th claimed the land for the queen, an act acquisitiveness that the crown has sin politely forgotten. The plaque itself h generated more interest. It was redi covered in 1936 and is now on displa in the Bancroft Library on the U. Berkeley campus. Drake's name clear scratched in the old brass.

Today there are actually fewer peop on Point Reyes than there were in 157 Several Indian villages that thrived at th time no longer exist. A small commerci fishing station is cupped on the leewar edge of the point.

Rare white pelicans and Californi brown pelicans fly sorties above the pie and anchored fishing boats. Beneath th cliffs near Chimney Rock live sea lion and cormorants. Gray whales will b migrating northward late this month passing within sight of the Chimne Rock viewpoint. Wildflowers will sta dotting the turf with color.

To get to the Chimney Rock area, driv through the national seashore, followin signs to the lighthouse. After you'v passed between a group of farm build ings, you'll need to look for a single-lan paved road to the east. There are tw marked parking areas about a mile dow this road; the trail to the viewpoint start from the one farthest east.

Alaska comes to the Bay Area

While Alaska is the nation's larges state, it's safe to say that it's one of th least known. A group of Alaskans wil be in California this month and nex with hopes of changing that. Indian and Eskimo dancers, artisans, and tourism promoters are coming to the All Alaska Travel and Trade Show to be held at the Mayfield Mall in Mountain View from February 23 through March 4. Among the attractions will be husky dogs and native totem pole carvers. Mayfield Mall is at San Antonio Road and Central

101 things you can do in Alaska.

1. See the Gold Rush cemetery where villainous Soapy Smith and good-guy Frank Reid are buried.
2. Ski Alyeska, the Big One. There's nothing else like it in the Lower 48.
3. Walk the tundra where mastodons roamed.
4. Live it up in a frontier saloon.
5. Sleep under the stars on the unspoiled Kenai moose range.
6. Pan for gold in Basin Creek.
7. Cruise a thousand miles through the world's most beautiful waterways.
8. Backpack the historic Chilkoot Pass.
9. Ice fish for tomcod in the game-rich Arctic seas.
10. Visit the Valley of 10,000 Smokes. It's like taking a walk on the moon.
11. See Mt. McKinley—all 20,300 feet of it.
12. Ride the historic narrow gauge White Pass and Yukon Railway.
13. Photograph the wildlife just an f-stop away.
14. Flip an Eskimo in a traditional blanket toss.
15. See the Yukon that Robert Service and Jack London wrote about.
16. Ride the world's longest chairlift (1¼ miles long with a vertical drop of 2500 feet).
17. Canoe the rugged Kenai Peninsula.
18. Camper your way across America's last true frontier.
19. Fish Ketchikan (the salmon capital of the world) and *really* catch fish.
20. Walk on the frozen Bering Sea.
21. Ski cross-country over absolutely untracked snow on a guided wilderness tour.
22. See Little Russia up Sitka way.
23. Island hop by float plane to the Alaska most people never see.
24. Walk Skagway's wooden sidewalks past turn-of-the-century buildings.
25. Be the first person to leave a footprint on the beach at Kamishak Bay.
26. Ride in an Oomiak—a genuine walrus skin boat.
27. See 125,000 exhibits of artifacts, fossils and wildlife at the extraordinary University of Alaska Museum.
28. Shop for handcrafted items of ivory and jade.
29. Get a glimpse of what life is like in the largest Eskimo village in the world.
30. Poke around in the wilderness where it's 1845 forever.
31. See thousand-foot waterfalls along Tracy and Endicott Arm.
32. Ski a high glacier in the middle of summer.
33. Watch a reenactment of "The Shooting of Dan McGrew."
34. See the dollhouse-like spirit houses that contain the Indian dead.
35. Rubber raft the 13 lakes, rivers and streams of fabulous Wood River/Tikchik Lake.
36. See an awesome display of glaciers at spectacular Glacier Bay.
37. Fish an oldtimer's secret fishing hole.
38. Beachcomb for jewel-like bottle rocks along the Bering Sea.
39. Board a sternwheeler for a trip down the picturesque Chena and Tanana Rivers.
40. Be on hand when the ice breaks up.
41. Try flaming sourdough waffles at the historic House of Wickersham museum.
42. See thousands of caribou on summer migration.
43. Fly-fish the elusive legendary shee fish on the Bering and Arctic coasts.
44. Take a close look at a Port Chilkoot tribal house.
45. See the wild and woolly floor show at the famous old Malemute Saloon.
46. Watch ten-foot-high bore tides sweep up the Turnagain Arm.
47. See an honest-to-goodness reindeer roundup on the plain outside of Nome.
48. Visit the authentic Cripple Creek ghost town where things still are the way they were.
49. See an experimental musk ox ranch in the golden Matanuska Valley.
50. Birdwatch 132 species in Mt. McKinley National Park.

51-101. We didn't have room to list them all. But honest. They're great.

We've put all 101 ideas, including 51 through 101, in our new tell-it-all Alaska '73 brochure. It's in color. It's interesting. And it's free. See your travel agent. Call Alaska Airlines. Or send in the coupon.

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"Decorators Showcase" at Palo Alto's Squire House

Generations of visitors to Palo Alto and Stanford have admired the stately carpenter-classical mansion that stands at 900 University Avenue, a few blocks on the bay side of downtown shops.

The house was built in 1904–05 for John Adams Squire, a tutor in classics at Stanford. It survived the 1906 earthquake with little damage. Last October it was designated an official state historical landmark as a notable example of Greco-Roman Revival architecture in California.

From February 15 to 28, the Squire House will be open to the public. Interior decorators and antique dealers are donating their services to furnish five bedrooms, the dining room, living room, and library in styles from Victorian to contemporary. You can stroll around the house, walk through the decorated rooms, and, if you like, purchase the antiques and furnishings on view.

Hours are 11 A.M. to 4 P.M. daily, with late hours (to 9 P.M.) on the two Wednesdays. Admission is $3, with reentry privileges.

Decorators Showcase is the most recent in a series of fund-raising events arranged by the Citizens Committee to Acquire the Squire House. Last March the city of Palo Alto bought the aging mansion for $90,000, with the understanding that the committee would reimburse the full amount within a year. Otherwise, the threat remains that the house could be bulldozed and the land subdivided. Donations toward purchase can be mailed to Squire House Fund, 18 Churchill Ave., Palo Alto 94306. □

For travel planners, a February check list

Yellowstone in winter. Six-day train tours leave Seattle February 14 and 28 for winter visits to Yellowstone National Park. You'll ride Amtrak through the snowy Cascades and the Montana Rockies. In Yellowstone, 10-passenger heated snowmobiles take you through the Grand Canyon of the Yellowstone. Small snowmobiles and cross-country skis are for rent. Train fare, meals, and accommodations are included in the $222 price. Tour members from Vancouver, Portland, San Francisco, and Los Angeles can also take Amtrak to Seattle for an additional fee. Write to Gentry Tours Inc., 615 Bellevue Way N.E., Bellevue, Wash. 98004.

Micronesia. 15-day tours to seldom-visited Micronesia depart Honolulu twice monthly through November, 1973. You will visit Truk with its famous lagoon and sunken warships, Saipan, native villages on Yap, and the rock islands of Palau. Tour fares begin at $946 and include transportation, lodging, and all meals. Air fare to Honolulu is additional. For details, write to Travelworld Inc., 6922 Hollywood Blvd., Los Angeles 90028, or see a travel agent.

South America. A 31-day air/sea cruise of South America departs Los Angeles March 9. After flying to Rio de Janeiro for several days' stay, you will board the *President Wilson* on its farewell cruise. It will be stopping at Buenos Aires, Valparaiso, Callao, and Acapulco on the voyage back to Los Angeles. The $1,480 price includes air and cruise fares and all meals aboard ship. Contact American President Lines, 601 California St., San Francisco 94108, or your travel agent.

Hong Kong Art Festival. 16-day Orient tours depart San Francisco eight times between February 17 and March 16 for visits to Tokyo, Kyoto, Taipei, and Hong Kong. While in Hong Kong you will have time for sightseeing and shopping, and can attend four Hong Kong Art Festival performances. The festival includes performances by the London and Japan Philharmonics, Royal Danish Ballet, and Royal Japanese Dancers. The $995 tour cost includes round-trip air transportation, hotel rooms, sightseeing, and some meals. Consult Japan Air Lines or see your travel agent.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

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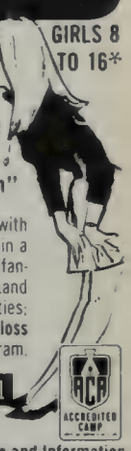

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is the first of five Directories which appear regularly in each issue of SUNSET Magazine. The other four Directories are:

TRAVEL DIRECTORY beginning page 10

GARDEN CENTER beginning page 196

FINE FOODS CUPBOARD beginning page 137

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Sunset School & Camp Directory

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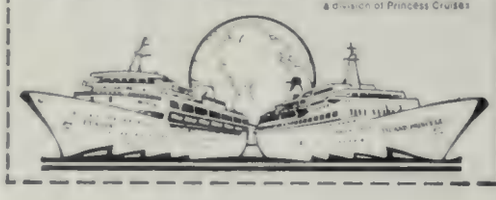

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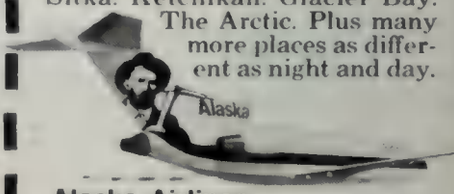

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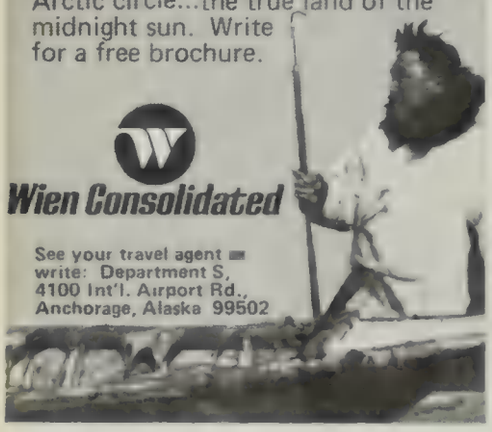

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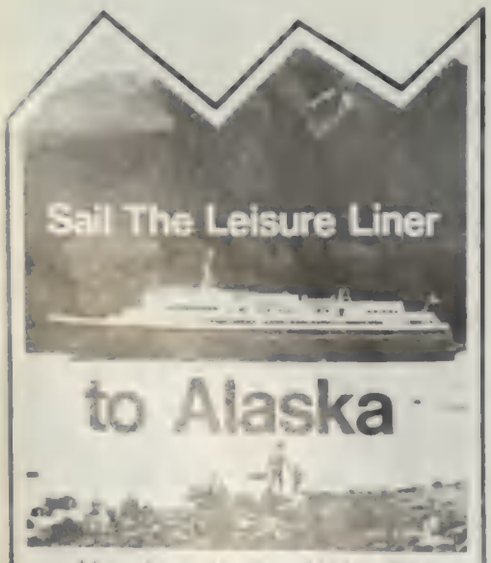

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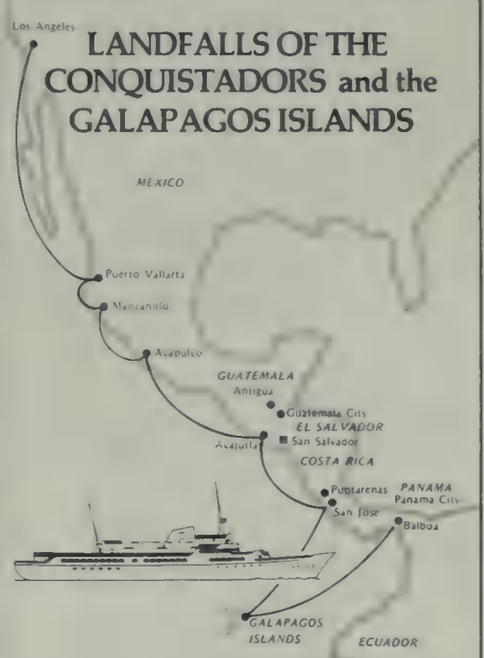

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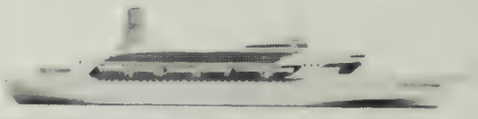

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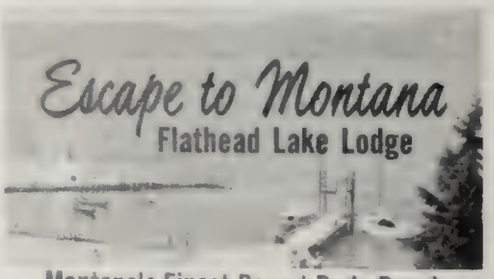

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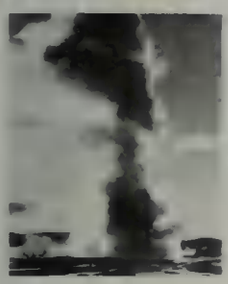

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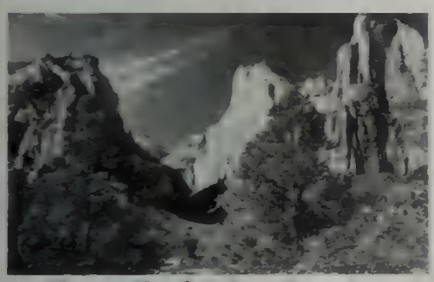

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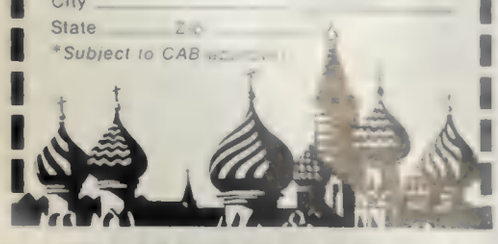

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TRAVEL DIRECTORY IS CONTINUED ON PAGE 19

Some new helps for private pilots

Three directories—two new, one issued early last year—can make travel planning for a private pilot a little easier, as well as suggest new destinations for a day, weekend, or longer trip.

San Francisco Bay Area. Any time you're flying to an unfamiliar airport near San Francisco, *Pilots Guide to Bay Area Airports* will help you visualize the scene from afar and lead you through landing procedures. For each of the 23 public airports from Petaluma to Monterey, the book includes locations of key reporting points in sketch views from high in the air and a surface map showing runways, taxiways, fuel areas, and transient parking space.

Brief notes draw attention to typical radio instructions and special approach and departure precautions at many of the airports (for example, north arrivals at Napa County Airport may be told to "report Basalt North for possible right base, runway two four"; normal departure from Reid-Hillview Airport in San Jose is a straight-out climb to 2,000 feet).

Other data duplicates FAA information, but in a handier format. Cost is $2.95 at pilots' supply stores or from the publishers, Optima Publications, 180 Second St., Los Altos, Calif. 94022.

Western states. A useful directory published last year, *Airguide Traveler: 11 Western States*, limits itself to fly-in resorts and recreational areas in the West. Each airstrip presentation contains locator map and runway diagram, plus comments on the major features of the resort or ranch, visitor activities and nearby attractions, and food and lodging available. In all, the 288-page, 8½ by 11-inch book depicts and describes some 350 potential air-trip destinations. Cost is $7.90.

If your local pilots' supply store is out of stock, you can order the book from Airguide Publications, Inc., 1207 Pine Ave., Long Beach 90813.

Central and eastern states and the Bahamas. *Airguide Traveler: 37 Eastern States*, a companion volume to the book on the 11 Western states, has just been published. It illustrates and describes 900 resort, ranch, and recreation area airstrips east of the Rockies in a pleasant-for-browsing volume of 400 pages, with numerous full-color illustrations. Cost is $8.90 at pilots' supply stores or direct from the publisher. □

Mysore-Nov. 10

Fairyland, the illuminated gardens of Brindavan.

Palaces everywhere.

A gentle land...I revel in the silks and sandalwood.

Bangalore, a garden city where flowers are in eternal bloom.

Madras-Nov. 14

To me, an anachronism. Ancient India strives with the 20th Century.

I find it so totally different from the north.

Almost another world.

Nearby, Mahabalipuram, the city of seven pagodas.

1200 years old.

Out of solid rock, masterful carvings...I wait for the birds to arrive at Tirukkalikkundram.

For countless years they've kept their rendezvous with the priests.

Kerala-Nov. 16

Long boats in peaceful backwaters.

Untouched by time.

Once a matriarchal society; the women smile, knowing Women's Lib happened here a long time ago.

Churches everywhere.

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All evening performances begin at 8, with matinees each Saturday and Sunday afternoon at 2. The theater is dark on Mondays.

Tickets for Friday and Saturday evening performances are priced at $3, $4.50, and $6. All other performances are $3, $4, and $5. Children under 12 years of age are admitted at half price in each seating section. Season tickets for all four shows are available at $10, $14, and $18. The Stage II box office opens on February 15.

The regular summer season of the Oregon Shakespearean Festival will open on June 16 with an evening performance of *Henry V* in the outdoor Elizabethan Theatre, followed by nightly performances of *As You Like It* and *The Merry Wives of Windsor*, in rotation, through September 9. Indoor matinees of *Othello* and *The Alchemist*, in rotation with a summer production of August Strindberg's *The Dance of Death*, will be presented in the Bowmer Theatre from June 24 through September 9. Summer box office sales begin May 1.

Performance calendars, ticket order blanks, and information on ticket outlets in your area may be requested from the Oregon Shakespearean Festival, Ashland, Ore. 97520. □

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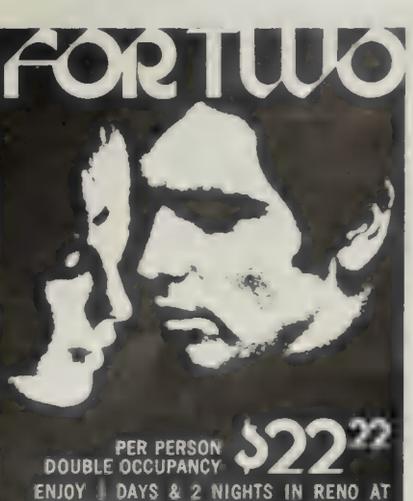

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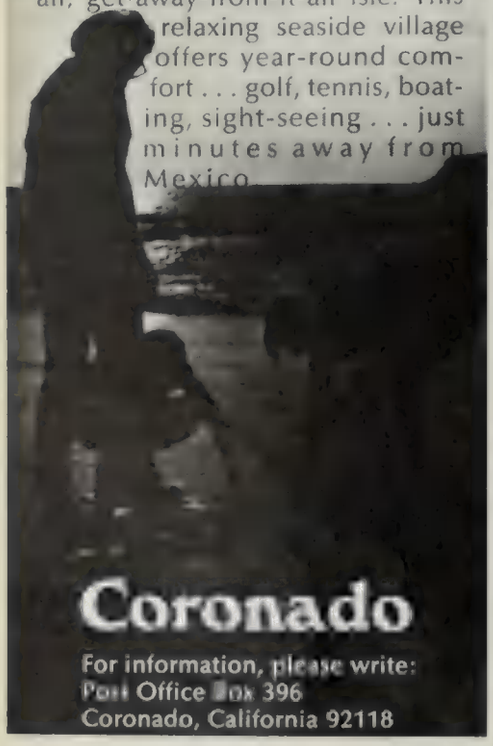

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There are no set rules about reconfirming domestic flights, but reconfirmation is always a good practice. If you're flying at a peak travel period (Easter) into a heavy traffic area (Hawaii), it's to your advantage to reconfirm. The same is true when flying to a small town served by a limited number of flights.

Reconfirmation is especially important when making an extended stopover at an intermediate destination. If you tell the airline where you'll be staying, they'll computerize the information so it will be at their fingertips in case of delays. Even if you are away from population centers, most airlines provide toll-free numbers (often an 800 prefix) in outlying areas so you can make or confirm reservations at no charge to you.

Reconfirming foreign flights

Reconfirmation is required on flights within or between foreign countries. Failure to reconfirm can result in the loss of your reservations, especially if flights are heavily booked.

When flying within a foreign country—say from Paris to Marseille—you must reconfirm no later than 24 hours before departure.

Seventy-two hours is the reconfirmation deadline for flights between foreign countries. On a trip from Tokyo to Hong Kong and on to Bangkok, for example, you must reconfirm 72 hours prior to leaving Tokyo and Hong Kong; if you will be staying in Hong Kong less than 72 hours, the reconfirmation made in Tokyo is the only one necessary.

Ground personnel often meet international flights and ask passengers to reconfirm ongoing flights at that time. If you will be staying at a waypoint city for several days and can be easily reached, reconfirmation at the airport on arrival is sufficient; but if you're not sure of your plans, the airline will ask you to reconfirm close to the 72-hour deadline. □

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Snorkelers *on Buck Island beach practice techniques and adjust face masks before trying underwater "trail"*

Markers *guide swimme along the tr through reef grotto*

NORMAN A. PLATE

Park sign *marks picnic area and Bird Hill trail behind Buck Island beach*

An underwater nature trail in the Virgin Islands

The nature "trail" at Buck Island Reef National Monument is about 15 feet beneath the surface of the sea, and it's populated with darting schools of blue tangs, boldly banded angel and parrot fishes, and other neon-flashed denizens of the Caribbean reefs. The submarine trail winds in and out through iridescent sea fronds and lacy sea fans that hover above giant brain corals in the blackness of undersea grottoes.

You can glimpse a bit of this remarkable seascape from a glass-bottomed tour boat (the Buck Island ferry) that sails the periphery of the reef. But a snorkel and face mask take you right to the heart of this underwater world.

Buck Island is in the U.S. Virgin Islands, about a mile and a half off the northeastern tip of St. Croix. The 22-acre, beach-rimmed island and its 800-acre reef became a national monument in 1961 and is one of the most popular one-day excursions from the busy resort town of Christiansted, just 5 miles away.

Christiansted's waterfront is lined with charter boat and tour offices, any of which will be happy to take you out to the island. Excursion groups assemble along the harbor quay each day about 9 A.M. for the Buck Island adventur Prices average about $15 a person d pending on the type of boat and servic provided; or you can charter a priva cruiser, sloop, or catamaran (comple with crew) from about $100 to $200 day. Most of the excursion boats provic free snorkeling equipment or offer ine pensive rentals.

The typical Buck Island excursion hea directly for West End beach, whe there's usually time for a swim and, b fore lunch, a little snorkeling practic Tables and firepits are located in a tre shaded picnic area behind the beach, an after lunch you can hike the short tra up to the summit of Bird Hill.

About 2 P.M., the excursion boa anchor a safe distance off the reef nea the entrance to the underwater trail.

You don't have to be an experience snorkeler to enjoy the underwater trai but anyone taking the tour should a least be a proficient swimmer. The les experienced are usually content to scu lazily along the surface. The most com mon hazard of the reef seems to be sun burned backs of face-down snorkelers.

When everyone is safely aboard, th boats head for Christiansted, arrivin back at the harbor quay about 4 P.M.

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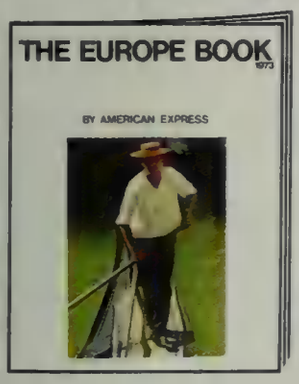

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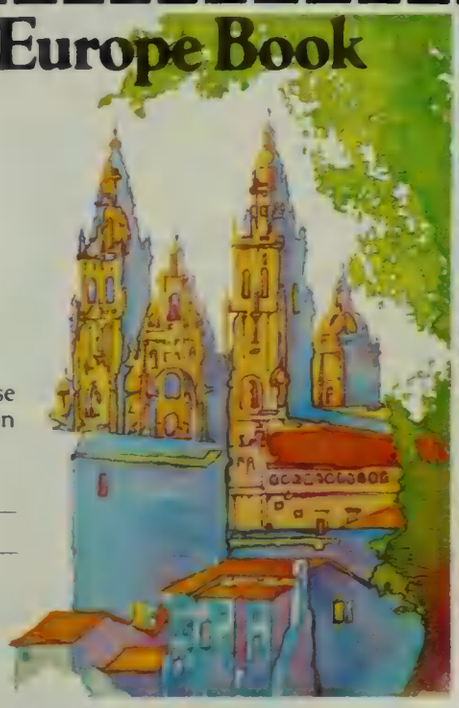

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Riverside inn *at Henley is convenient stopping point for Thames cruisers*

Up the Thames in a rented cruiser

DEREK PRATT

Canal boat *drifts through scenic English countryside*

Two boats *enter Cleeve Lock. Lockkeeper's cottage is perched alongside*

MEL HAWLEY

Cottage *nestles by weir pool near Sutton Courtenay*

During England's Industrial Revolution, a network of over 4,000 miles of canals and navigable rivers provided an inexpensive way to transport goods to market. Today vacationers can rent motor cruisers to ply these peaceful waterways —more than 1,500 miles are still accessible. It's a chance to see rural England and English history and to meet Britons away from regular tourist areas.

The historic River Thames offers an especially pleasant cruise for the novice boatman. From Teddington Lock, just outside the jurisdiction of the Port of London Authority, you can take your rented boat 125 miles up river to Lechlade. You will pass Hampton Court Palace, the Plains of Runnymede, Windsor Castle, the country estate of Clivedon, and the university city of Oxford. Above Oxford, the scenery along the river is more pastoral and you will see an abundance of waterfowl.

Although cruise boats have complete galleys and will serve as your home on the river, you may want to visit some of the numerous famous old inns at water's edge. Towpaths bordering much of the Thames offer a chance to stretch your legs. Moorings are plentiful in large and small towns, and the villages of Dorchester, Sutton Courtenay, and Hambleden, set back only a short distance from the river, can be explored on foot.

The pace of your cruise will be slow—there is an 8 mph speed limit—and you will be passing through 44 locks. The lockkeeper's immaculately kept house and colorful garden stand by each lock. Locks are operated during most of the daylight hours.

Thames River cruising requires no boating experience. Instruction is given at the boatyard before you set off. At boatyard moorings along the way you can buy boating supplies and find refuse stations. You can also arrange to have food on board before you start your cruise, but of course fresh supplies are available in towns and villages.

You can rent motor cruisers all along the Thames. Most are fully equipped with cooking facilities, lavatories, electricity, and bedding and sleeping accommodations for 2 to 10 people. Costs average about $45 per person per week. Prices are higher in the summer months when many Britons take this popular vacation, so make your reservations early or consider an off-season cruise.

A Lazy Man's Guide to Holidays Afloat lists rentals, and is an indispensable aid to planning cruise vacations in Britain. It costs $1.50 and can be ordered from Skipper Travel Services, 1941 O'Farrell St., San Mateo, Calif. 94403. This organization can also help you with boat rental arrangements in England. □

Entry side *of condominium has handy parking. Management clears snow off drive*

This unit *has a fireplace. Kindling and firewood are provided*

Snow hides *first story of condominium at Bear Valley, California; you are looking at the upstairs porch decks. Design is representative of condominiums in the West*

There is a new alternative in the snow country... rent a condominium

Many families and groups of friends who visit the snow country are discovering that renting a condominium can be a good alternative to staying in a cabin, lodge, or motel. It makes the most sense when you have a crowd and can cut down on costs by sharing quarters and meals.

The first ski resort condominiums were built in the Rockies a few years ago, and they've become increasingly popular in the Sierra and Utah's Wasatch Range. Condominiums are privately owned units. The owners have chosen to offer them for rent—usually through the development's managing corporation or their own agent.

The condominium shown here, in Bear Valley, California, is typical of many throughout the West. One of our editors and his family rented the unit for a ski weekend and found the cooking and entertainment facilities more than adequate. The two-bedroom, two-bathroom unit had sleeping accommodations for eight people.

Condominium units come in all sizes with most able to accommodate from two to ten people. Rental rates are extremely variable. Generally, a unit accommodating four to ten people will cost $65 to $100 for a two-night weekend stay, $200 to $300 for a week. (There's usually a two-day minimum.) Often a cleaning or damage deposit is required. But when you consider splitting the costs among families and the added savings of eating and entertaining within the unit, the price compares favorably with your total bill at more usual ski resort lodgings.

Some condominiums affiliated with nearby ski areas offer packages (at added cost) that include ski lessons and lift tickets.

Most units available for rent are fairly new and provide more living space than a motel or ski lodge. They generally have split-level floor plans that include living and dining area, one to four bedrooms, one or more bathrooms, and occasionally a sleeping loft area. Most have modern appointments and are equipped with many of the conveniences of home: fireplace, central heating, bedding, modern kitchens furnished with basic cooking utensils and tableware. Some units have washers, dryers, and enclosed garages. And some even offer daily maid service.

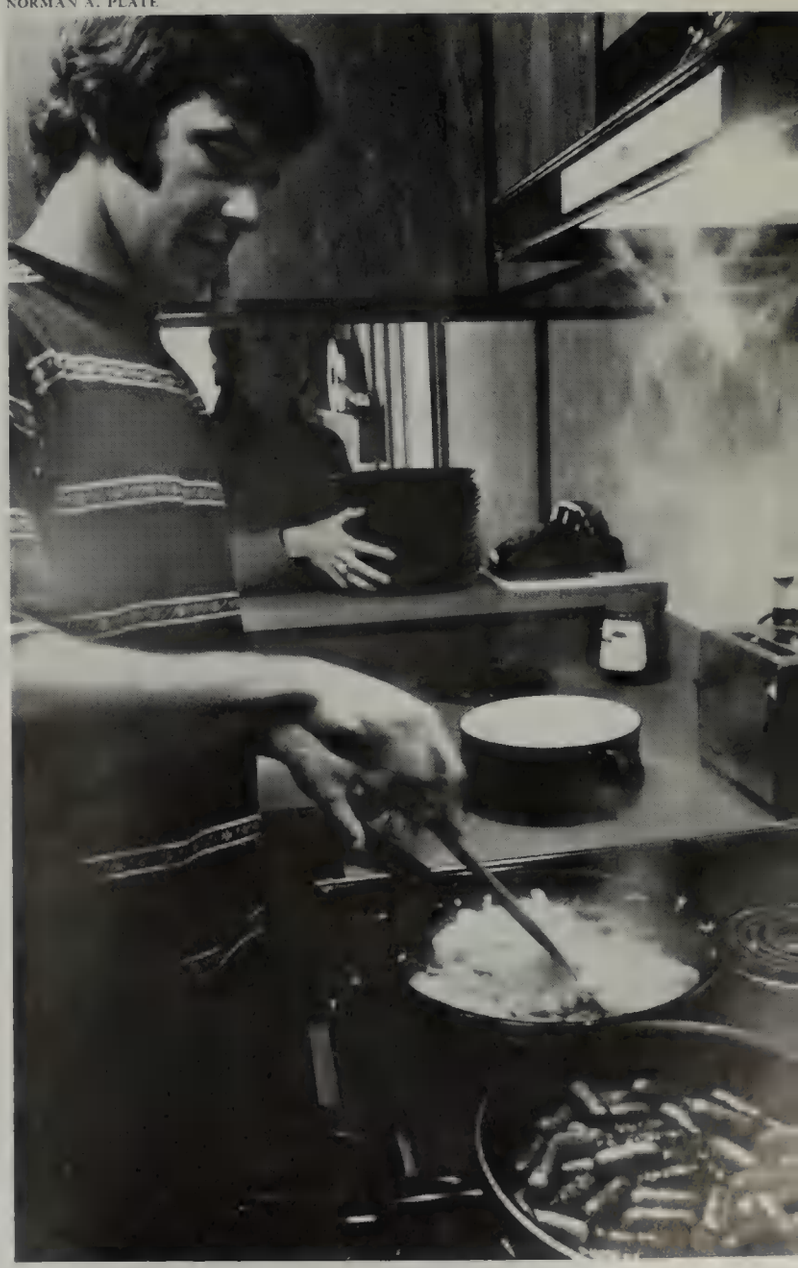
The management clears snow off driveways and keeps heating and other utilities turned on. In some places, shuttle service is provided to the ski area. Occasionally you can ski or walk from your unit to the lifts. Renters often can use the recreational facilities available to condominium owners—swimming pools, thermal pools, tennis courts, and recreation rooms.

Finding a place to rent

Condominium rentals in ski areas aren't easy to find in the West except in Utah. There, you can simply telephone the Utah Ski Reservation Center, (801) 521-8100, and reserve one.

In California, Nevada, and the North-

NORMAN A. PLATE



Fixing *breakfast for the crowd. Small kitchen is equipped with all cooking utensils and tableware*

There's room enough *to invite ski friends over for an evening party*

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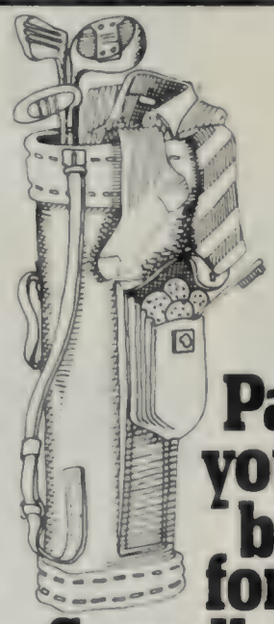

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or toll free (800) 228-9290

NORMAN A. PLATT

Renters *use snow-ringed thermal pool at the condominium's recreation center*

west, try calling your favorite ski resort for condominiums affiliated with it. Or look in the yellow pages of the telephone book serving the ski area under Real Estate or Real Estate Developers or Apartments. You may also find listings in a newspaper's classified section. The following ski resorts, for example, have condominium rentals right by the ski slopes: Bear Valley, Mammoth Mountain, Alpine Meadows, Boreal Ridge, Incline Village Ski Area, and Squaw Valley. In the Tahoe Basin, many other units are only a short drive from ski slopes.

In Colorado you can stay in a condominium at such ski areas as Aspen, Breckenridge, Vail, and Winter Park.

Before you go

When planning a stay in a condominium, keep these points in mind:

Although kitchens are completely furnished, don't forget necessary ingredients for food preparation (such as sugar, flour, and condiments), special cooking or serving utensils, skewers for toasting marshmallows, paper towels, plastic wrap, foil, and an extra can opener. If your unit has a fireplace, check to see if firewood is provided and bring a supply of newspapers and kindling. Ask if linens and bedding are provided.

You won't want to spend time shopping for food at resort areas (food selections are often limited and high priced). Plan your entertainment needs and menus in advance and bring ingredients with you. Precooked casseroles save time.

Also consider taking along snow play equipment for the children and games or musical instruments for their evening entertainment. □

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Help for students going abroad

Every year increasing thousands of college students from *Sunset's* nine Western states go abroad to study and to see new places and faces. They have a wide choice of student travel services that supply information about educational programs abroad and show students on the move how to stretch their sometimes meager funds.

In this article we take for granted the tried and true route of guidebooks, travel agents, commercial tour operators, and foreign government tourist offices. Instead, we focus on new or less familiar avenues of help available to students.

A book issued last year and revised for 1973–74 contains much useful information for a student going abroad. *Whole World Handbook* is produced by the Council on Internationl Educational Exchange (CIEE), a nonprofit organization of educational institutions with an office at 777 United Nations Plaza, New York, New York 10017. CIEE sells *Whole World Handbook* for $2.95.

The 312-page paperback covers study, travel, and work opportunities on six continents, with chapters on Western Europe, Eastern Europe, the U.S.S.R the Middle East and North Africa, Su Saharan Africa, South Asia, Southea Asia, the Far East, Australia and Ne Zealand, Latin America and Canada.

The book advises on transportation fro the United States, student discounts ar youth fares, where to eat and sleep, trav within the area, student organization academic programs, work and volunta service opportunities, and U.S. colle and university-sponsored study and to programs (more than 1,000). It suppli exhaustive lists of names and address for obtaining more information.

A second service available from CIEE– for only $2—is the important Intern tional Student Identity Card. The ca entitles holders to discounts on transpo tation, accommodations, museum ar cultural event admissions, and to trav services offered by student travel b reaus in 40 countries. Every stude planning to go anywhere in the wor would be wise to obtain one. Applic tions are available from CIEE.

CIEE provides a third service. It's th major distributor of several importa publications produced by foreign stude travel bureaus:

Touring Student lists short-term tou for independent student travelers in 1 countries. It's free.

Student Flights lists inter-European st dent charters and charters from Europ to Africa, Asia, and the Middle Eas Savings on student flights can amount t two-thirds of regular commercial a fares. It's free.

Student Hostels and Restaurants is a d rectory to those facilities in more tha 35 countries. It lists services and di counts offered to International Stude Identity Card holders, and costs $1.

Three other organizations offer help i areas of interest to students:

The Institute of International Educatio (809 United Nations Plaza, New York N.Y. 10017) specializes in gathering an dispensing information about foreig educational programs. Its booklet, *Sum mer Studies Abroad*, costs $2.

American Youth Hostels, Inc. (20 Wes 17th St., New York, N.Y. 10011) offe a $10 membership and provides listing of hostels throughout the world wher students can eat and sleep inexpensively

The Commission on Voluntary Servic and Action (475 Riverside Dr., Roon 665, New York, N.Y. 10027) covers special area of foreign work experience Student opportunities abroad for pai employment are few, but students ma want to participate in work camps o voluntary service projects. The commis sion produces *Invest Yourself*, whic catalogs service opportunities throughou the world; it costs $1.25.

Getaway places.
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Travel Information, Room 103
State Highway Division
Salem, Oregon 97310

Please send information on things to do in Oregon this Spring.

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OREGON

Before you trek into winter wilderness

Now that winter is here in force, many Westerners are eager to take cross-country skis or snowshoes out for some trekking through the snow. Here are a few suggestions that will make your day hikes safer and more enjoyable. You can follow most of them before you leave home. The general objective is to make certain you're prepared for any emergency that might arise.

Equipment. Be sure your equipment is functioning properly and replace any parts that appear worn or damaged. Carry spares for parts easily broken or lost, such as ski pole baskets and ski tips. Everyone should carry a pocket knife, sunglasses, sun cream, a loud whistle, and a plastic heat-reflecting ground cloth. A map and compass, and an understanding of how to use them, are essential.

Clothing. You don't need to "bundle up" for short day excursions since your movement will generate body warmth. We suggest wool clothing since it will keep you warm even when wet, and it can be worn in several easily removable layers. Bring a wool hat, a waterproof, windproof jacket with hood, warm mittens, and a wool scarf in your day pack. Ski pants are not recommended because they're tight and don't allow necessary freedom of movement. Baggy wool pants or wool knickers are best. Thermal underwear is too hot on the trail for active hikers and drains off vital body heat when it's wet.

Food. Even on the shortest trek you should carry a nourishing lunch, high-energy trail snacks, and a canteen of water. Don't eat snow; it's too cold for an overheated body. Put a little in your canteen after each drink to keep it full.

Weather. Check the weather report for the area you plan to visit before you set out. If there is a storm moving in or existing bad weather, reschedule your trip.

Routing. The route you select should be easy enough for the least experienced person in your group to traverse eas Everyone should be familiar with mapped route and the use of a map a compass. Allow more walking time th you would normally need to cover distance in summer.

Emergency kit. Experienced snow-tr kers carry a small, lightweight survi kit. It can save the life of a snowshoer skier stranded in a storm. Basic parts a a 1-pint can (to cook in), candle (to h start fires), strike-anywhere matches (v terproofed), several large plastic garba bags (used as poncho to keep dry, and a windbreak), 12 sugar cubes (inst energy for body heat), and salt. You m want to add chocolate candy with nu presweetened drinks, or other qui energy foods. Put everything in the c and seal with plastic and tape (wh can be used to seal tears in makesh shelters).

Overnight. If you must spend the ni in the snow because you are lost

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nowshoe hikers *equipped with proper clothing and gear on overnight trip, can plow their own trail into winter wilderness*

aught in a sudden storm, make camp hile there is still light. Select a site that sheltered from wind. When possible ig a snow cave (sleeping area higher han floor) with your ski or snowshoe. roperly equipped persons can easily urvive several nights in the most severe eather. Don't travel at night or in low-visibility storm conditions.

Finally. Before you set out, always tell a local ranger or other responsible person where you're going, the number in your party, and when you expect to return. When you do return, remember to notify him so rescue parties aren't sent out needlessly.

Recommended reading. Before setting out, carefully read a copy of *Outdoor Living* published by Tacoma Mountain Rescue Unit. An excellent reference for any wilderness traveler, the book is available in some mountaineering shops or by sending $2.50 to the publisher, Box 696, Tacoma 98401. □

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As you approach *Avalon harbor, big white Casino is dominant landmark*

From Long Beach to Catalina by boat

The mild and often clear weather of winter draws a few knowing visitors to the island of Santa Catalina, where they enjoy the quiet of a summer resort without summer throngs. Traffic is often thin, particularly on weekdays, but there are visitors enough to keep the newest boat service—out of Long Beach—running the year around.

Two vessels of Long Beach - Catalina Cruises make the trip—the 500-passenger *Long Beach Prince* and the 149-passenger *Eagle*. Both have snack bars aboard, open during the 2-hour crossing, and both have seating on open upper decks and sheltered lower decks.

There are two trips a day from Long Beach, at 9 A.M. and 2:30 P.M. (off season schedule). Return trips leave Avalon at 11 A.M. and 4:30 P.M. Round-trip fares are $8.50 for adults, $4.25 for children 5 to 11, 50 cents for children under 5. Reservations are necessary. From the Los Angeles area, telephone 775-2654; from Orange County, 826-2170; from Long Beach, 435-6616.

The terminal is the Magnolia-Navy Landing, 330 Golden Shore Blvd., Long Beach. To get there, go south on the Long Beach Freeway almost to the end; take the first Downtown exit, then the Golden Shore exit. Guarded parking is available for $1.50 a day. □

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KLONDIKE '73 Join us! We're Celebrating.

Kit fox *Twix may be on hand in his role as reserve's living symbol*

Groves of palms *native to oases in nearby canyons afford shade and give an established look to visitor center buildings. Landscaping is all native to Colorado Desert*

Desert life is all around you at the Living Desert Reserve

Most claim [illegible] the low desert resort [illegible] from Palm Springs south are [illegible] than natural, but one exception is the Living Desert Reserve in Palm Desert. With experts predicting an [illegible] good wildflower season for the surrounding countryside, this month and the spring months to follow should be a good time for a visit.

The reserve represents a success story for an association of private citizens who felt the need for a place where people could experience the desert as more than just empty land. It lives up to its name, with 360 acres set aside so you can get close to the animals, birds, and plants of the Colorado Desert.

In the two years the association has been active, it has built a visitor center, shaded by a transplanted palm grove, including a lecture hall with lighted displays of small desert creatures. Outdoors there are enclosures for desert tortoises, burrowing owls, and lizards (and an uninvited mouse).

Nearby is a new picnic area under palo verde trees. You can walk along 3½ miles of trail with signs keyed to a guide to plants and geological phenomena. You can visit an oasis planted with all the ingredients of a natural one. Project[illegible] for the future are an aviary (thou[illegible] there are plenty of birds to be seen [illegible] the wild) and a botanical garden [illegible] desert plants.

The reserve is on Portola Avenue abo[illegible] 1½ miles south of Highway 111. It [illegible] open every day except Monday from [illegible] A.M. to 5 P.M. Admission is 50 cents f[illegible] visitors of high school age or older, [illegible] cents for unaccompanied children und[illegible] high school age, free for children wi[illegible] an adult. For information on such a[illegible]tivities as Saturday morning natu[illegible] walks, telephone (714) 346-6555.

Naturalist *lifts snake from an open display case in auditorium; background is a painted desert scene*

Hummer *on palm is one of many migratory and local birds attracted by trees and water in the Desert Reserve oasis*

Oasis, *fed by artificial spring, is now thick with water-loving plants. Pond teems with desert pupfish*

Sunken enclosures *on main terrace hold desert creatures for close-up viewing. This one is for burrowing owls*

Ferry service across the Sea of Cortez is getting better

GLENN CHRISTIANSEN

Four *sea highways connect mainland Mexico with two cities in Baja California*

The Baja ferries cruise back and forth across Mexico's Mediterraneanlike Sea of Cortez, carrying passengers and vehicles from the mainland cities of Guaymas and Mazatlán to beach-front resort areas along Baja Sur's nearly 600 miles of new-paved highway. They provide a good way of getting to Bahía Concepción (see page 76).

The ferryboats offer splendid short-cruise conveniences, including small but comfortable staterooms, roomy lounge and deck areas, live music, and pleasant dining and snacking facilities.

The *Diaz Ordaz* leaves Guaymas each Saturday and Sunday at noon for a 6-hour crossing to Santa Rosalía; it departs Santa Rosalía at 10 P.M. for overnight return cruises that arrive back in Guaymas each Sunday and Monday morning at 7. One-way passenger fares are $3.60 for the coach-chair salon class, and $6.80 a person for a small, two-bed stateroom in tourist class. The tariff is $28 for a standard automobile (to 16.5 feet in length), and $39.20 for an automobile and trailer (not exceeding a combi length of 23 feet). Larger vehicles, c combination of vehicles up to 55.8 in length, can also be accommodated

On Monday afternoons, the *Diaz Or* leaves Guaymas at 5 P.M. for a 15-ho overnight cruise to La Paz, arriving La Paz at 8 A.M. on Tuesdays. The turn cruise to Guaymas leaves La each Thursday at 5 P.M., arriving b in Guaymas each Friday at 8 A.M. O way fares are $5.20 for salon class, a person in tourist staterooms. Veh

This Fall, the Hamburg give

This is the kind of vacation most people spend a life thinking about—Polynesian paradises like Tahiti, Mo and Rarotonga. Dynamic Australia and New Zea And as a finale Honolulu. A 44-day adver Everyday more fascinating than the And to top it all off—the Space Ship—with its impeco service and civility. With all lower beds, and more passe space than any other liner sailing from Califo

The South Pacific, Austral and New Zealand Cruise.

Vehicles *drive aboard Mexican ferry La Paz at La Paz's new terminal*

ariffs are $40 for a standard automo-
ile, $56 for an automobile and trailer.

t the southern end of the ferry system, ne ferryboat *La Paz* (supplemented by midweek sailing of the Guaymas-based *Diaz Ordaz)* shuttles back and forth between La Paz and Mazatlán. It leaves Mazatlán each Tuesday, Wednesday, Thursday, and Saturday at 5 P.M. for a 7-hour, overnight crossing to La Paz, rriving in La Paz at 10 A.M. The return rip to Mazatlán leaves La Paz each Tuesday, Wednesday, Friday, and Sunday at 5 P.M., arriving back in Mazatlán the next morning at 10. Passenger fares are $5.20 for salon class, $10 for tourist class. Vehicle tariffs are $40 for a standard automobile, $56 for the average automobile and trailer.

The increasing popularity of the Baja ferry service means you must have reservations well in advance of your visit. And even if you have confirmed reservations you should check in at the appropriate ferry terminal office at least 2 hours before the scheduled departure. Confirmed reservations can be obtained by sending an international money order or bank draft in the correct amount to either Transbordador *Diaz Ordaz*, Caminos y Puertes Federales, Guaymas, Sonora, Mexico; or Transbordador *La Paz*, Caminos y Puentes Federales, La Paz, Baja California Sur, Mexico. Be sure to include a letter stating the date you want to take the ferry, the number of passengers in your party, the type and length of vehicles, and the class of accommodation you want.

Supplementing the major ferry service is the one-class ferry *Salvatierra*, with runs between Topolobampo and La Paz. The *Salvatierra* leaves Topolobampo each Monday, Wednesday, and Friday at 9 A.M., arriving La Paz at 7:30 P.M. The overnight return trip leaves La Paz each Tuesday, Thursday, and Sunday at 8 P.M., arriving Topolobampo at 6:30 A.M. Fares are $4.40, auto tariff $32.

A complete summary of schedules, passenger fares, and vehicle tariffs can be requested from the Mexican Government Tourist Bureau, 707 Broadway, San Diego 92101. A new Baja ferry is to be introduced into service during 1973 and will add to the present sailings. □

500-passenger *Diaz Ordaz arrives at Santa Rosalía after 6-hour crossing from Guaymas*

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From California October 5, 1973, from San Francisco. From Los Angeles 10/6. 44 days, 14 ports. To Marquesas Islands, Tahiti, Moorea, Rarotonga, Auckland, Wellington, Milford Sound, Hobart, Melbourne, Sydney, Suva, Samoa, Christmas Island, Honolulu. From $2525 to $9385.

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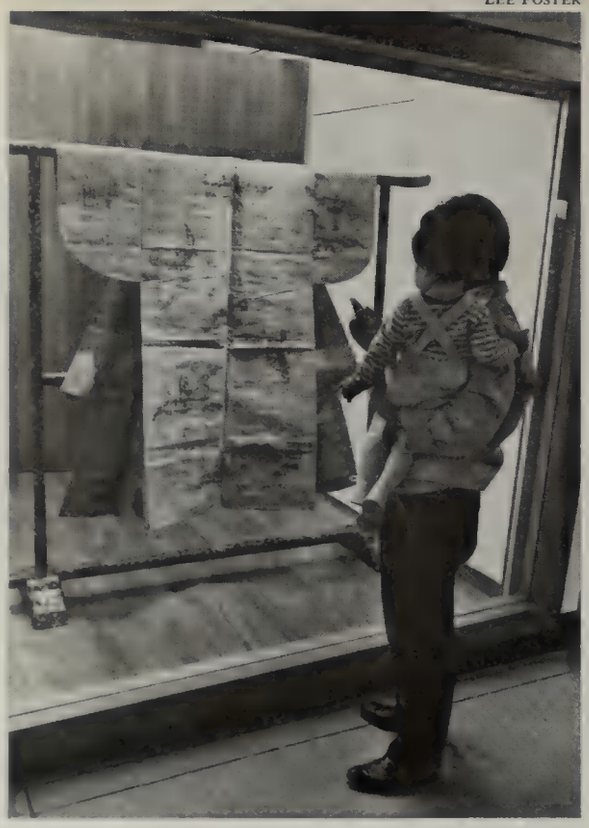

Porcelain *Ko-Imari plat bears initials of Dutch impor company, which show it wa intended for foreign marke*

Gallery-goers *view Noh robe with swooping black bird design. Silk fabric was once covered with silver foil*

In San Francisco's Japan Center, a new bridge gallery

A wood-paneled gallery recently opened in an unusual San Francisco setting—an enclosed pedestrian bridge over a busy street. It's the newest attraction in Japan Center, the three-block-square complex of Japanese exhibits, shops, restaurants, and a hotel.

The exhibit of selected Japanese art treasures is an extension of the Center of Asian Art and Culture (The Avery Brundage Collection). The permanent collection's main galleries are in Golden Gate Park. Every few months the gallery exhibit changes.

The current exhibit includes a pair of sixteenth-century, six-panel, gold-embossed screens depicting Tartar warriors hunting and playing polo. Also on display are a woven bamboo box finished in lacquer and goldwork, a lacquer-on-wood ewer used by priests in central Japan, and stoneware storage jars.

The bridge is above Webster Street near its intersection with Geary Street, ½ mile west of Van Ness.

Elsewhere in sprawling Japan Center you'll find restaurants—including one with a special counter where you can eat a tempura meal served to you hot bite-by-bite. You can browse among displays of Japanese technology and through shops selling Japanese goldfish, bonsai, pearls, books, records, and cameras.

Curbside and garage parking is avail able. The Brundage gallery is open dail 10 A.M. to 10 P.M.; admission is free For information on scheduled events an the free guided tours available fo groups visiting Japan Center, telephon (415) 346-3242 or 922-6776.

Five-tiered *Peace Pagoda—focal poin of Japan Center—stands in plaz around corner from bridge galler*

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The S.S. Prince George sails every eight days from Vancouver, B.C. from April 26 to October 3. Regular season fares start as low as $340 (Canadian funds) including accommodation and meals. And there are attractive discounts on early and late season cruises.

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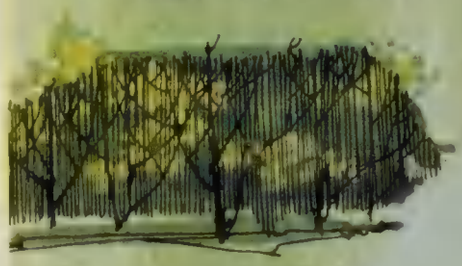

Large or small, when it comes to motor home chassis, Dodge outsells them all.

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San Diego
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Ask your Travel Agent about easy-going, easy-priced San Diego Vacations.

Hot air *balloon, similar to those to be used in world championships, lands in desert*

Balloon watching in Albuquerque

Ever since June, 1783, when the Montgolfier brothers pioneered aviation by launching their first hot air balloon over Paris, men have been lifting their faces to the sky at every opportunity to watch the stately progress of these lighter-than-air craft.

This month, Montgolfier-type hot air balloons from all over the world will be hovering around Albuquerque, New Mexico. The occasion is the First World Hot Air Balloon Championships (February 10 through 17). Balloonists from at least 10 countries will compete in numerous events and demonstrate many facets of sport ballooning. The week-long series of events will be capped on Saturday with a flotilla of more than 100 colorful balloons hanging in the sky.

The actual world championship competitions will be limited to four days, Monday through Thursday, from 8 A.M. into the early afternoon. They consist of four different events based more on control and skill than speed. In one, competing aeronauts ascend after a lead balloonist attempt to duplicate his course, then land as close as possible to his landing spot. Each balloon has devices to chart the precision of its flight.

Piloting a balloon can be difficult since you can control only the altitude of the craft. However, accomplished aeronauts seek out favorable wind currents at different altitudes to get them to their destinations.

For a schedule of events, write to the Chamber of Commerce, 201 Second St., Albuquerque, N.M. 87101.

How to Fly, Japanese Style.

Slip into a *happi* coat. Part robe, part sport coat. The Japanese dress up even to relax.

Sake, champagne, wine. And a platter of cheese to snack from in between.

JAL's flight kit includes slippers, fan, city guide, toothbrush, travel wallet and eyeshades!

Hot *oshibori* towels. Or, how to freshen up without getting up.

Kobe. The world's most tender beef.

Tsukidashi. The delicious word for Japanese hors d'oeuvres.

Beluga caviar. Lobster. Pâté. When it's cocktail time on JAL, we treat you like king.

Cuisine à la Japanese. A perfect introduction to Japan.

Artichoke hearts. Carrots aglow in butter. And the steak is cooked to order.

This photo features First Class service items.

We once asked some of our flight guests what they liked most about flying with us.

Surprisingly, it wasn't any of the comforts or delicacies above.

In fact, it wasn't what we did so much as how we did it.

They spoke of being pampered. Of the way our hostesses in kimono smile.

Small things, of course. But in a world that worships the mammoth, the small is a way of making up in gleam what it lacks in size.

At JAL, we glory in the small things of life. From our first hello to our last *sayonara*, we take the small attentions and courtesies so much for granted, they are our way of life.

It's a way of life practiced by us and our ancestors of generations beyond number.

In that sense, you could say we've been practicing how to fly for a thousand years and more.

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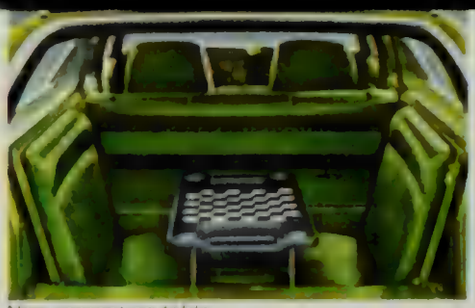
The 1973 Ford Country Squire. Now there are more reasons than ever to make it your next wagon.

Famous 3-Way Doorgate.

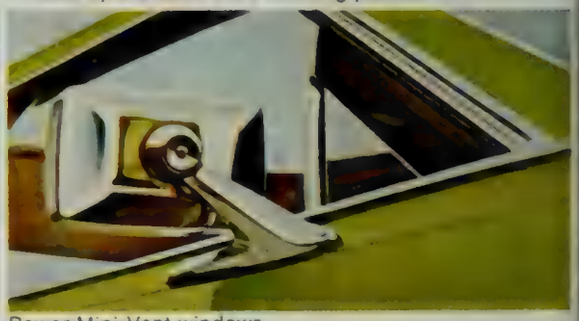


New recreation table.

Load space takes 4 x 8 building panels.

Reclining passenger seat.

Electric rear window defroster.



Power Mini-Vent windows.

One reason more people buy Ford wagons is our wide variety of features. Like the 3-Way Doorgate that opens out for people and down for cargo, and Ford's dual facing rear seats. Now we've added windshield washer jets mounted on the wiper arms. A spare tire extractor. Optional Power Mini-Vent windows. Ford wagons include the full-size Country Squire (above), mid-size Torinos and little Pintos. All with energy-absorbing bumpers and optional steel-belted radial ply tires tested to give the average driver 40,000 miles of tread life with normal driving. At your Ford Dealer.

LTD Country Squire. Standard features include woodgrain body-side, tailgate treatment, 3-Way Doorgate, automatic transmission, power steering and brakes. Other equipment shown is optional.

When it comes to wagons, nobody swings like Ford.

FORD WAGONS

FORD DIVISION

Entering Mexico . . . the paperwork

ravel requirements for visiting Mexico ave been simplified in recent years, but ou may still need certain documents nd services before your trip.

mallpox and other shots are no longer equired, but it's wise to check with your octor well in advance of your departure o see if he recommends any special inculations, such as boosters for tetanus nd gamma globulin for hepatitis.

ake identification

J.S. citizens can visit border towns in Mexico for up to 72 hours without any ormal travel documentation, but even or short border visits you should take long some kind of personal identification and some proof of citizenship (a assport, birth certificate, or your voter egistration receipt). For longer stays nd for visits into the interior, you'll eed a Mexican Tourist Card.

Mexican tourist cards are free, effective or six months, and available at Mexican onsulates, Mexican Government tourist ffices, and from airlines, cruise ship offices, and bus companies serving Mexico. When applying for a tourist card ou'll be asked to show proof of citizenhip, and if you plan to enter Mexico nore than once during the card's sixnonth validity, you must also submit hree passport-type photographs for the nultiple-entry permit.

What to do about your car

Temporary import permits for automoiles and other vehicles must be obained from offices of Mexican customs t the point you enter Mexico. The permit is free and valid for six months, but ou'll need to present some proof of veicle ownership such as your "pink slip" r legal title, license registration, or a notarized bill of sale.

f you are not the registered legal owner f the vehicle, take along a notarized tatement from the legal owner giving ou permission to drive the car in Mexco. If the vehicle is rented or leased, ou'll be asked to produce the notarized tatement from the owner and show a opy of the formal rental or lease agreenent. The proof of ownership requirenent applies to boats, trailers, and boat railers as well as motorized vehicles.

Your valid U.S. driver's license is also alid in Mexico, but your U.S. automoile insurance is not. Mexican automoile insurance can be purchased as you ross the border. □

INTRODUCING THE SUPERIOR SIZE SMALL MOTOR HOME

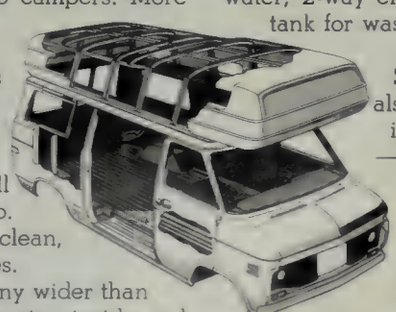
"Funny, it doesn't look any wider."

We put 14 inches of extra width inside an all-steel, all-around frame. Result? The Superior-size small motor home. It's wider than the vans. More roadable than the pickup campers. More streamlined than the so-called "cutaways." But with all the conveniences you'd find in a full-size Superior motor home.

And most important, it has an all-steel frame—all around, even over the top. Durable. Protective. With clean, unbroken automotive lines.

This unit doesn't look any wider than an ordinary van until you step inside and see the advantages of extra width.

You can sleep crossways, for example.



Which leaves room for a complete bath, kitchen, dinette, lots of cupboards and a closet.

Comforts? You have carpeting, running water, 2-way electrical system, a holding tank for waste, a furnace, plus a lot of options if you want them.

Speaking of options, you can also get the Superior wide one in our "Weekender" version—without the high headroom top. But because it's basic instead of plush, it costs a lot less money.

These units are available on Chevy (17 ft.) or Dodge (18 ft.) chassis. See your Superior dealer—for motor homing as small or as big as you like it.

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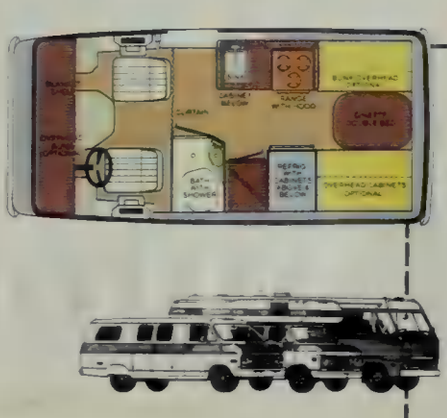

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NORMAN A. PLATE

Capitol Building, *built in 1852, is now a State Historic Park. California's legislature met here for 13 months before settling in Sacramento*

Benicia takes you back 120 years

In the early days of California, the state capital bounced from city to city, and for 13 months in 1853-54 it landed in what now seems like an unlikely place—the town of Benicia.

In its heyday Benicia was a thriving port city beside Carquinez Strait about 32 miles northeast of San Francisco. Today it is quieter. Many of its weathered buildings house antique shops. The two-story State Capitol Building (built in 1852) still stands and has been restored as part of the Benicia Capitol State Historic Park.

From San Francisco you reach Benicia by taking Interstate Highway 80 north; after you cross the Carquinez Bridge, watch for the Benicia turnoff. Or you can take Interstate 680 north from Walnut Creek to the Benicia bridge and the Benicia turnoff.

Once you're there, park on First Street near the Capitol Building. This is a good walking or bicycle riding town. In a few hours' time you can tour the State Historic Park and cover First Street where most of the town's antique shops are. Also be sure to wander the side streets. Walking a few blocks west from First Street, you'll find an old waterfront area. Once a busy center of trade from California's inland waterways, the area is now only a quiet, creaking jumble of aging piers and boatworks.

The Benicia Chamber of Commerce, at 737 First Street, is open Monday through Friday, 10 A.M. to noon and 1 to 4 P.M. Here you can obtain maps and information and a walking tour booklet that will guide you through the town in historical context.

The State Historic Park is open from 10 A.M. to 5 P.M. every day. Admission is 25 cents, free for children. □

About 20 *antique shops line First Street, Benicia's main thoroughfare*

The NEW Stella Solaris: a palace afloat for 7 days in the Greek Islands.

If you really want to follow the Sun, this is the cruise for you.

Reversing the trend to smaller cabins, the Stella Solaris features especially large staterooms and lounges. Individually controlled air-conditioning, huge picture windows and wall-to-wall carpeting all add to the overall feeling of first class luxury. There's just no better way to discover the Aegean.

Imagine a 7 day Odyssey that takes you from Piraeus through 5 Greek Islands, Ephessos in Turkey plus the exotic capital of ancient Byzantium . . . Istanbul. An unforgettable vacation experience.

Stella Solaris sails from Piraeus (Athens) every Monday from April 16th through October 22nd. Prices from $530 to $235 per person double occupancy.

ALSO, 7 DAY CRUISES ON THE STELLA OCEANIS. You'll visit the picturesque islands of Crete, Santorini, Rhodes, Delos, Mykonos plus the splendid ruins of Ephessos in Turkey and exotic Istanbul.

Sails every Friday from Piraeus from April 20th through October 26th (2 Monday sailings on April 2nd and April 9th). Prices from $530 to $235 per person double occupancy.

ALSO, 4 OR 3 DAY CRUISES ON THE STELLA MARIS. 4 day cruise (leaves Piraeus every Monday from April 2nd through October 1st) to picturesque Hydra, Santorini, Crete, Rhodes, Mykonos plus Ephessos in Turkey. Prices from $270 to $125 per person double occupancy. 3 day cruise (leaves Piraeus every Friday from April 6th through October 5th) to Mykonos, Delos, Rhodes, Crete and Santorini. Prices from $200 to $95 per person double occupancy.

Only a limited number of minimum rate accommodations. Reserve early for best selection.

Shore excursions for a slight additional charge.

Stella Solaris, Stella Oceanis and Stella Maris are ships of Greek Registry. To find out more call your travel agent, or write Sun Line Agencies, 30 Rockefeller Plaza, N.Y., N.Y. 10020.

SUN LINE

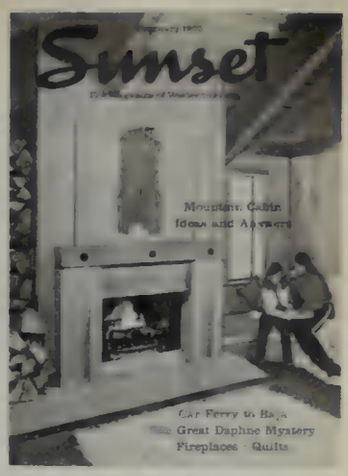
1930s IDEA

This 1932 *issue of Sunset contained an article called "Something new in mountain cabins." Octagonal cabin at right was built from plans in that article, is still in use in Bear Valley, California, by the Robert Brabon family*

NORMAN A. PLATE

Original article *described octagonal cabin as "shaped like the nose of a dirigible" and "unbelievably roomy and comfortable." Lower floor of cabin shown above is 17-foot octagon, used for children's play area and sleeping space for guests. Upper floor with 14-foot peaked ceiling serves as master bedroom (here you see its window). Cabin still uses wood-burning stove and fireplace as main sources of heat*

Mountain living has a long history in the West. Here are six pages of cabin ideas and answers



1970s IDEAS

This month's *cover shows a contemporary cabin's living room. Ideas for cabin planners and remodelers include convenient indoor wood pile, prefabricated metal fireplace, and built-in couch that hides a storage area*

DARROW M. WATT

Built 40 years *after octagon at left, this cabin also has natural shingled look, lofty interior space, and is geared to groups of various sizes. But design and ideas are fresh. Striking round window (above) looks out on ski slopes. Small room at one end of cabin (right) serves as lounging area or sleeping space for guests; wall-to-wall, 5-inch-thick foam pad and carpet make room like one big bed. Architect: David Tucker*

The challenges of living in the West's mountain ranges continue to bring forth fresh cabin ideas and designs. As a result, Westerners' cabins are often adventuresome or even whimsical as well as being well suited to the mountain environment, and the stress of long, harsh winters high in the snow.

In this six-page article we take a close-up look at many ideas that can make a cabin work for its owners. These include roof designs, entries, living areas, sleeping areas, storage, maintenance, and rental considerations. They come from more than 20 cabins in the Sierra, Cascades, and Rockies. Each has something to offer readers who plan to build or buy or remodel a cabin.

Here are some of the most important realities of mountain living to keep in mind when considering a cabin:

Wind and sun vs. snow

Enormous snow loads can weaken or crush a structure. Therefore it's important to determine the direction of the prevailing wind and site the cabin so that doors and windows won't face into snowdrifts and so that roofs can accumulate snow evenly.

The sun, even in the winter, can work in a cabin's favor. As much roof area as possible should be exposed to warmth. In many cases this means running the roof ridge line on a north-south axis. Windows, skylights, and sun scoops should be designed to take advantage of the sun's winter angle to heat and brighten a snow-laden cabin, yet not admit too much summer sunlight.

Car-to-cabin access

Many cabin owners prefer having a garage as close to the road as the frontage will allow. Then they can drive into a protected spot to unload, and keep the car off the road so snowplows can come through. But a garage adds to the expense of building and maintaining a cabin.

In Bear Valley, California, one solution has been to close most roads to automobiles. A roadhead transportation center has facilities for storing or renting snowmobiles. Owners either snowmobile or ski to their cabins.

Clearing a path to the door can be a bothersome way to start a weekend. Some owners of cabins on sloping lots avoid the problem by having a bridge entry. If railings are left open at

House at right *has at least one door for access in any season. Mud room (above) has concrete subfloor, removable wood slat grates. There's plenty of room for benches and skis. House received 1971 Sunset-AIA citation for Ratcliff-Slama-Cadwalader*

NORMAN A. PL

Entry tunnel, *easily built of 4 by 4's and redwood plywood, eliminates slippery climb to cabin at Alpine Meadows, Calif. Sod roof will be added. Owners: N. Edwin Albin, Phillip Comfort, John Flock*

Entry is a challenge: In heavy snow you may enter one story up

Plastic sheet [illegible] *from drifting at house of Archie Schmitt's [illegible] slides back on [illegible] curtain rings, is easily removed in summer. Areas under decks can also be closed off in this fashion*

the bottom, the wind can do a fair job of sweeping snow [illegible] the bridge. Other cabin owners have several entries so th[illegible] can get in under any snow condition.

When planning an outdoor deck, don't place it where [illegible] sudden snow slide from the roof will pile up, blocking vie[illegible] and doors and seriously straining the deck. Leave a 3-in[illegible] space between deck and outside of house to prevent sno[illegible] buildup against the house, and raise all door sills at least [illegible] inches above deck level so they won't be blocked by snow.

Mud rooms, and what's in them

Just inside a cabin, it's helpful to have a mud room (actua[illegible] a snow room during the winter). One cabin owner calls it [illegible] "decompression chamber." It's where anyone entering t[illegible]

Heavy snow loads present special roof problems

A mountain roof contends with some unusual stresses. It must carry heavy snow loads, withstand repeated thawing and freezing, and insulate against extreme cold. Five designs used in snow country are described here. Each has its advantages and disadvantages.

The hip roof or shed roof is common in snow country and can often do well in deep snows. But there are a number of problems inherent in any roof with eaves.

As the heat from inside a cabin escapes through the roof, it begins to melt snow on the roof. Water runs to the overhanging eaves, which are considerably colder than the roof directly over the house. There the runoff freezes and large "dams" of ice begin to form. These dams eventually get several feet thick in some instances, and trap water in a small reservoir against the angle of the roof. As the water seeps back up under shingles, leaks can result. Also, the enormous weight of the ice on the eaves can weaken the entire building.

Many owners of hip and shed roofs are forced to tack heat conductive wires ("heat tapes") on the eave areas to melt ice and prevent ice dams. This creates costly electricity bills, fire hazards, and a maintenance problem with the tapes, which may need replacement as often as every year.

The A-frame, which is dramatic and inexpensive to build, is one answer to the problem of snow loads. But even though the A-frame's steep sides will shed snow off its upper reaches, the snow has nowhere to fall and begins piling up against the cabin. This can create unequal lateral forces. Tons of snow from the roof, combined with snow already drifted against one side of the cabin, can cave in a roof and may even push the structure off its foundation. One answer is to build the A-frame 10 or more feet off the ground on a more conventional first floor.

A flat roof has a number of advantages. Contractor Thomas Plemons of Palo Alto, who recently completed a flat-roofed cabin in Bear Valley, California, compares the snow load on a flat roof to a person sitting in an antique chair—"If you sit up straight and don't move, the chair won't break, but if you tilt back, the legs will snap."

A flat roof has only one force to contend with, and that's straight down. This requires large timbers to support the tremendous load, but saves on lineal footage of lumber. Plemons also designed his roof with an interior drain to prevent ice dams. The drain runs down inside an interior wall, and is kept free of ice by the cabin's heat.

The "no-eave" roof is often used by architect David Tucker of Squaw Valley, California, to avoid as he puts it, "insidious leaks." Outside walls are canted to create an overhang and bring heat from inside the cabin right to the roof edge. Icicles often reaching as much as 20 feet to the ground are the proof that snow melting from interior heat isn't freezing on the roof, but is running off its edge.

Another advantage is that snow sliding from the roof is dumped somewhat away from the house and doesn't pile up against outside walls.

Slanting walls also create interesting interior spaces. But the overall design results in a somewhat more expensive cabin because of extra lumber, bracing, and workmanship.

A cold roof is really two roofs with a ventilated air space sandwiched between them. This air space dissipates the heat from the cabin, allowing the outer roof to remain at the same temperature as its snow load. Snow continues to build up naturally and stay in place all winter (without melting near the roof surface). This stops ice damming and leakage, and may prevent the sudden breaking loose of tons of snow that can sweep away poorly placed chimneys, vents, flashings, and even large areas of shingles. But cold roofs are expensive, essentially doubling your initial roof costs in extra labor, special design considerations, and materials. Also, the cabin loses the insulation that a blanket of snow can provide, so heavy insulation must be built in.

Architect Donald MacDonald of San Francisco, who has designed many cabins for deep snow living in the Sierra Nevada, feels that the answer for any roof shape may be a return to the metal roof. Used extensively in early cabin construction, metal roofs are now banned in most resort developments because of "unsightliness." But new color-coated roofs now being developed are attractive and highly functional. Leaks are seldom a problem with metal roofs, as the entire snow load has nothing to adhere to and usually slips off when it's heated from inside. □

cabin can take off boots, brush off snow, hang up a parka, store skis. Concrete floors work well here. There's no need for a drain, as the snow simply evaporates.

One owner, commenting on storage in a mud room, said, "Figure out how many pegs you'll need for hanging up clothes and equipment, then triple it." Often the mud room is also a good place to have a ski workshop or a locked storage room —where owners can store valuables when they rent the cabin. Some owners have their cabin phone on a jack, and simply put it in the storage room while renting the cabin.

Indoor comforts and conveniences

This month's cover shows a cabin living room that illustrates several useful ideas. There's room near the fire to pile a good amount of wood. A built-in couch has storage space underneath and partly eliminates the need for other furniture. And an inexpensive prefabricated metal fireplace has been made more attractive and impressive with a hearth and surround of concrete. Architects were Donald Sandy, Jr., and James A. Babcock of San Francisco for owner Frank Farella.

A snow cabin's living room has to function as a gathering place, with room for crowds of weekend skiers, yet it should also be comfortable for a quiet family retreat. If possible, it should be well separated from sleeping areas. Noise transmission from area to area is always a problem in a crowded cabin.

In the kitchen, appliances should be kept at a minimum—service calls can be quite expensive at an isolated mountain

Wood bin *has weather-stripped plywood doors, opens to outside for easy restocking. Architect was Charles Matchem of Tahoe City, Calif., for John Crosby*

Canvas shade *is inexpensive, heavy enough to help retain cabin heat by trapping an insulating pocket of air*

Fire ladder *is permanent fixture bolted to cabin exterior within reach of windows on all three floors*

location. Some cabin owners consider that the kitchen is the most important area in the house, but for many others the important thing is just to have a small center for preparing a quick, simple meal.

Sleeping areas in some snow cabins could often more aptly be called dormitories. (Renters often look for ample extra sleeping facilities.) Bunk beds, such as those shown here, or roll-away beds that will store in a closet when not in use are usually the answer. In these areas, as in the mud room, it's convenient to have pegs everywhere for clothes. Some arc tects feel that bedroom closets are expendable in a cab therefore overall cost can be cut by simply replacing the with wall pegs.

If you plan on large groups of over-nighters, a wash basin the bedroom will tend to eliminate a long wait for the bat room. And many cabin owners insist on a sauna and say th nothing can replace it after a long cold day in the sno Saunas take little space and can cost less than $1000.

DARROW M. WATT

Walls *slope outward, create space for clothes storage. Curtains hide shelves. Architect was David Tucker*

Instruction sheet *for renters hangs on wall by screw eyes: you lift it off, carry it around when closing the cabin owned by Albert Wells*

NORMAN A. PLATE

Sturdy bunk *and trundle beds were made by notching 4 by 4 posts to accept 2 by 12 frames. Frames are bolted to posts in front, nailed to wall in back. Sheets of ⅝-inch plywood support 5-inch foam pads*

Groups of overnighters, informal storage, bathroom bottlenecks, worries about fire

Many cabin owners and architects feel that the bathroom self should be as small as possible to cut costs. Preformed berglass tub and shower units work best, as some mountain reas have a fungus that thrives on the lime in tile grouting.

Mountain homes are very dry and susceptible to fire. Keep everal extinguishers on hand. Each room should have window exits—with windows wide enough for adults and low nough for small children to escape. Fire ladders should be uilt onto the outside of any cabins with two or more stories.

The rental factor

The mountain cabin that can be both a family retreat and a rental income unit is becoming increasingly common. But there may be problems with people who aren't familiar with how the cabin works.

Renters often turn utilities on or off improperly, so a clear and detailed list of cabin-operating instructions should be displayed prominently. One owner goes one step further and leaves a split of Champagne for each renter on top of the cabin instructions. His thoughtfulness is usually rewarded with a clean and properly closed cabin when he returns.

A "log book" for a cabin is also a good idea. Here the renter can relate his experiences, and list any problems he may have encountered during his stay.

More and more cabins are being designed with separate rental rooms. In ski areas, these can be rented all winter long to one of the hundreds of ski instructors, lift operators, and young people who descend on the resorts each winter. Having a full time renter in a separate area of your cabin, usually with its own bath, appliances, and outside door, helps reduce the theft problem during an owner's long absence from the cabin. But be sure to check your local zoning regulations before planning a rental unit. □

We are trying to clear up the great daphne mystery

But growing one is still a gamble

Does the lovable, desirable *Daphne odora* have to be such a brat? Why does it so often die young? Must you take a gamble—as charted in the handicap sheet below—to grow the plant?

Such questions make up the great daphne mystery. We think we now have some answers, thanks to the help of 181 readers who described their daphne failures and successes for us.

When a daphne dies, it's usually because of soil fungus organisms called water molds. They live in all soils. Water molds attack a plant that is under stress for some reason. The organisms destroy the plant's feeder roots, and ultimately choke off the base of the stem.

By its nature a daphne needs to have much air around its roots—a porous soil. If it doesn't, water molds attack. You can avoid this trouble at planting time.

Dig the planting hole twice as wide as the root ball and 1½ times as deep. Refill around the daphne root ball with a mixture of 1 part soil, 1 part fine sand, and 2 parts ground bark. If you want to create ideal drainage: Before refilling the planting hole, drill through the bottom of it until you hit a better-draining soil layer. Refill that chimney with the mixture, too.

Set the plant with top of the root ball higher than the surrounding soil surface.

Fill containers for daphne with the same mix as described at left.

As another stress, daphne suffers our Western American climates. It comes from the Lu Shan Mountains in south central China, where winters are mild and the summers are cool and rainy—the annual rainfall is 79 inches.

Western Oregon and Washington climates are more like the Lu Shan climate than are the climates of California. But even California's lowland climates allow daphne to grow. The deserts of the Southwest are just too hot and dry in the summer. And the mountains of the West are too cold in winter. *Daphne odora* can take winter temperatures close to zero. Last December's freezes in some areas tested its ultimate cold tolerance and occasionally killed it.

In Southern California you can seldom get away with transplanting a daphne. The digging cuts roots, the plant suffers, and water molds get at it. But, in the Northwest, many people transplant often. It must be the climate difference—the hotter, dryer southern climate puts more stress on the plant.

How much sun a daphne gets is apparently not too important. Our 181 daphne reporters met success and failure with plants planted on all sides of houses and fences. Almost all success spots, however, get at least *three hours of shade* a day. Daphne seems to fail least in places where the soil around its roots is shaded by a ground cover. The other roots take up excess moisture and cool the soil.

A *p*H of neutral (7.0) is right for daphne. In California nobody cares much about *p*H. But in the Northwest, where soils are usually acid, many successful daphne growers put on lime when daphne leaves begin to turn yellow. Another Northwest folk-remedy for yellow leaves is Epsom salts on the soil.

Best feeding time is right after bloom. Use a complete fertilizer, but not one for acid-loving plants.

During the dry season, water daphne as infrequently as the plant will allow. Some daphne plants can coast through the dry season with no watering at all. Little or no water in summer increases flowering the next spring. It also helps prevent death from water molds.

The big message from the daphne investigation: If you have a daphne that's growing well and blooming well, just keep on doing what you are doing. Ignore any new advice you read on this page. Don't fool around with a winner.

The planting on the opposite page, belonging to Mrs. L. Ernest Herz, Palo Alto, California, is typical of many winner plantings that were reported to us. The daphne just grew and nothing bad ever happened. The owners were either lucky or they were good gardeners who did not allow their daphne to suffer any privations. Or, they were both.

If you want to try a chemical on water molds (no guarantee), see page 186. □

DAPHNE ODORA HANDICAP SHEET

In Southern California	In Northern California	West of the Cascades in Oregon and Washington
COST	COST	COST
$4 to $8 [illegible] gallon can (if [illegible] from a nursery [illegible])	$2.50 to $4 for a gallon can, $6 to $9 for a 5-gallon can	$2.50 to $2.75 for a gallon can, $5 to $15 for larger plants
SURVIVAL*	SURVIVAL*	SURVIVAL*
33 per cent (1 success for every 3 starts)	60 per cent	80 per cent (garden gossip makes it seem chancier)

* Your chance of having it alive and blooming in February, 1976. The odds were quoted by a licensed daphne bookmaker.

A row *of 17-year-old daphnes plays both of the plant's roles: a hardy, always attractive landscaping shrub, and a February-March source of very fragrant little flowers. She's picking a cluster to wear on her coat*

Too bad *but Daphne odora ften dies too quickly, too early. This one is probably on its way out—leaves are leathery, yellowish, curling*

DON NORMARK

GLENN CHRISTIANSEN

Daphne flowers, *actual size. They are pretty enough, but their looks are incidental to their delicious, fresh perfume. Blooms on the plant or cut fill the late winter air with a scent like nothing else*

Puffy tubes *of dacron-stuffed cotton are woven together to make this snug quilt for a young lady's bed*

Whither quilting?

With today's liberated quilt-makers, anything goes

The quilt is back, and we're delighted to see its revival. There's nothing quite as comforting as enveloping yourself in a warm, puffy quilt for a good night's sleep or just a nap.

But some things have changed. Many homemakers today do not have the time for the older, often slow methods of traditional quilt making. For these busy people we have developed several unconventional ways of making a quilt in almost jiffy time.

The crisscross quilt on the brass bed (pictured at left and on the next page) is made of long tubes of wrinkle-resistant cotton and polyester. You stuff the tubes as full as you wish, then weave them together. Choose pastel or bright colors—whatever goes with your room.

An ordinary bed sheet is a glorious shortcut to making a quilt. They're available in department stores in a wide assortment of colors and patterns, varying from crisp, geometric designs to soft floral prints. To tempt children, there are lion cub designs, characters from *Peanuts*, even Mickey Mouse. Pillowcases come in matching patterns or solid colors.

Most of these sheets are made of no-iron fabrics that look continually fresh and wash well. Sheets are assigned sizes before they're hemmed. To find the actual hemmed length, subtract 5 inches from the label's stated length. Be sure to buy large enough sheets for the quilt's finished size.

A quilt can be used several ways. If you would like to simplify bed making, consider making a quilt to double as a blanket and spread—a neat answer for children's beds and hard-to-make bunks. Make the quilt large enough to reach the floor. Or make a dust ruffle, then make the quilt just large enough to cover the top of the bed and to drop slightly over the side.

For napping, you might want a smaller quilt to settle around you on a sofa or day bed. And if you have a baby, consider a small quilt for the crib.

Quilts have always been very popular in Europe. People there often buy an inner quilt to last a lifetime and change only the cover. We don't have ready-made covers in this country, but they are easy to make by stitching two sheets together and adding snaps to close. See instructions on page 73.

The cover approach is practical since you need to remove it only for washing. And one of its most appealing aspects is

Giant *cabbage roses in a Finnish cotton print provide a pattern for hand stitching*

DARROW M. WATT

Patchwork *quilt design is made by piecing together bold shapes of bright cotton*

Continental *fashion: Inner muslin quilt is stuffed into cover made of colored sheets*

WOVEN QUILT

This one *is about 88 inches square. It contains 16 tubes—8 horizontal, 8 vertical: each is 11 inches by 88 inches. With right sides together, machine stitch two pieces of fabric, 11½ by 88½ inches, on three sides leaving an end open. Turn right-side-out, press, and stuff. Hand stitch ends closed and weave tubes together. Pin outside edges to hold, then hand stitch together with colorless plastic thread. You will be able to poke your hand or foot through the quilt. If you don't like this touch of whimsy, tack tubes at all the intersections*

DARROW M. WATT

that you can change the color scheme of your bedroom whenever you want by stitching up a new cover and adding matching pillowcases.

The cabbage rose quilt (center picture, page 71) is made of cotton yardage. You place dacron between its printed fabric top and its solid-color back, and baste to hold in place while hand stitching around the flower pattern. Add a border to finish. Hand stitching is easier on pure cotton than on sheets that are made of cotton and polyester.

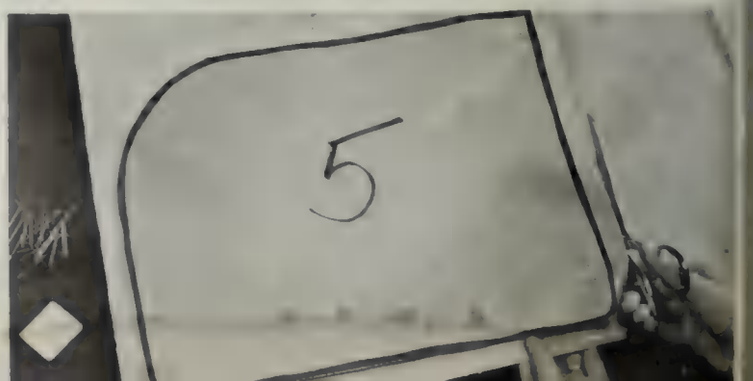
Weight. It's a matter of personal preference. A Westerner visiting Switzerland or Austria is sometimes overwhelmed to find a really heavy, voluminous quilt on his hotel bed. Unless you live in the mountains, our weather doesn't require that much warmth. You can regulate your quilt's weight by the amount of filling you use.

Fillers. Inexpensive cotton batting is still available. Its limitations are that it lumps when washed, and it is not very fluffy. A better choice is washable dacron batting. It comes in many sizes, thicknesses, and weights. It can be pulled apart for a thinner and lighter quilt. Some dacron batting is coated with a glaze, which gives an easy-to-handle surface. Fillings are sold in the fabric sections of department stores or fabric shops.

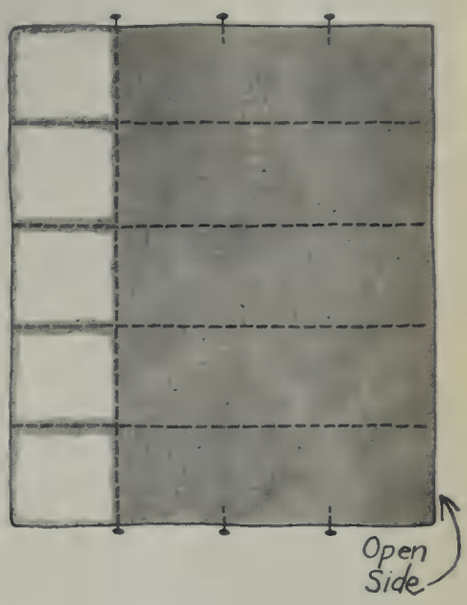
Thread. Polyester thread is most suitable for quilting. It is strong, durable, and available in many colors. □

FREEFORM PATCHWORK QUILT

Here's how to make the giant quilt *pictured at the far right on page 71. Make a small sketch first. Think out design shapes, mark them for color, and number according to some sequence to help you later. On inexpensive brown wrapping paper, enlarge design to full quilt size. Tape paper where needed. Cut out pieces and pin them on cloth. Draw a dotted line around pattern with dressmaker's chalk. Mark a solid line ½ inch out from this for cutting line (see photograph below). Cut out pieces and sew them together, referring to sketch for sequence of pieces. Clip seams on curves; press. Use a solid color for quilt backing and border. Place filling between two pieces and baste to hold in place while hand stitching around design. Finish with border*



CONTINENTAL QUILT



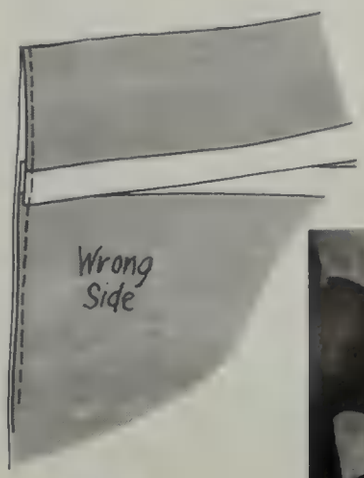
To make the inner quilt, *first measure the length and width of your bed, allowing additional inches if you want an overhang. Cut out two pieces of cotton muslin to fit, adding 2 inches to bed measurement on all sides for seam and stuffing allowance. (For larger quilts you may have to stitch two widths of muslin together to make each side of bag.) Place the two sides right-sides-together; stitch 1 inch from edge around three sides, leaving right side open. Turn bag right-side-out. Press.*

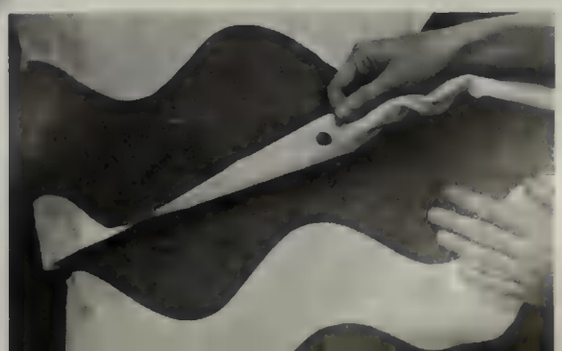
Divide bag into five horizontal sections (see drawing above); mark with pins. Following your markings, stitch through front and back of bag from left to right, stopping 1 inch from open edges.

Divide bag into equal vertical sections and mark with pins at top and bottom. Stuff with desired thickness of batting to first set of pins. Pin, then stitch first row of stuffing closed, using pins as a guide. Repeat on other rows. Turn raw edges on end 1 inch to the inside. Topstitch to close

Stitching the cover

Purchase *two bed sheets to cover inner quilt shown above. They should be several inches longer than quilt to allow for flap. Place sheets, right-sides-together, on the floor with bottom sheet folded over top to form flap, as in sketch at right. Place inner quilt on top for size. Pin or baste around three sides for stitching line. Stitch these three sides and turn right-side-out. Sew on large snaps to close, as pictured at right. To cover an electric blanket, see page 90*





Cooking is tool-using

Here are 18 cutting tools. Each does a knife job better than any knife

It's frustrating to find that no knife in your kitchen will handle a particular cutting job. It makes you wish that someone had invented a tool for just that purpose.

Maybe someone has. Every cutting tool pictured here does a specific job more efficiently than any regular knife.

For each one shown here there are several other tools that perform similar functions, but perhaps on a different scale. (For instance, there are potato slicers with larger or smaller divisions, bigger or smaller ball cutters, corers for apples to pineapples.) Tools that do about the same job don't necessarily look much alike.

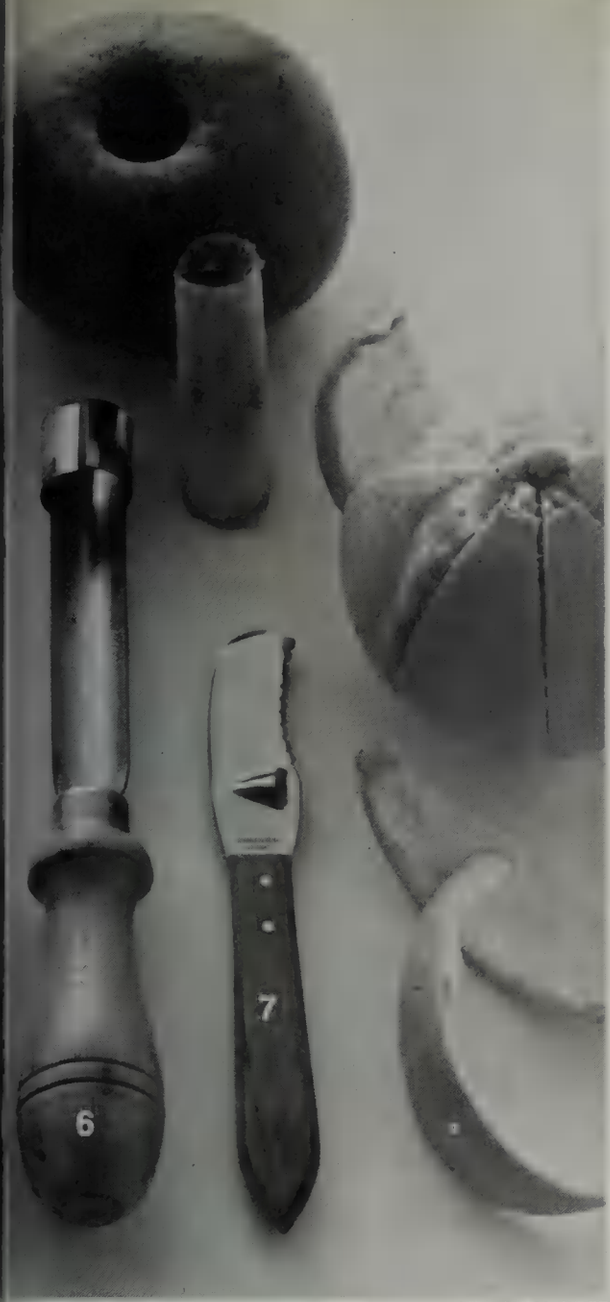
The top price of the most highly engineered tool here (the adjustable peeler, number 3 in the photograph at far right) is about $7; the lowest is 49 cents. Because quality of workmanship and materials vary, as does the location or prestige of the merchant, the prices do too.

The 50-cent ripple edge cutter (1, at right) from the gadget rack in a hardware store works the same as an imported tool of fine steel with a long handle mounted in wood, but the imported cutter sells for at least seven times more.

You'll find these tools in hardware stores, household sections of department stores, cutlery shops, and fancy cookware shops. The names of the tools may vary, but our pictures suggest the range of jobs they can do. □

Tools that get to the heart of things

1. *Cheese knife (under $2) for breaking hard cheese; also used for dessert cheese; a larger size cuts cheese wheels.* **2.** *Chestnut knife (under $2) pierces nuts before baking; also good for peeling citrus (see 7).* **3.** *Adjustable corn cutter (under $2) saws kernels from whole cob; another cutter with rounded trough and blade does one side at a time.* **4.** *Vegetable corer (about $2) for stuffing cucumbers, zucchini.* **5.** *Oyster knife (about $6) has short blade, others have longer blades; clam knives are similar.* **6.** *Apple corer (under $2) works on pears, too; a big two-bladed version removes pineapple core and fruit from shell.* **7.** *Citrus knife (about $1) slits skin for peeling, pushes peel off, also cuts strips of peel*



DARROW M. WATT

Tools for precision cuts

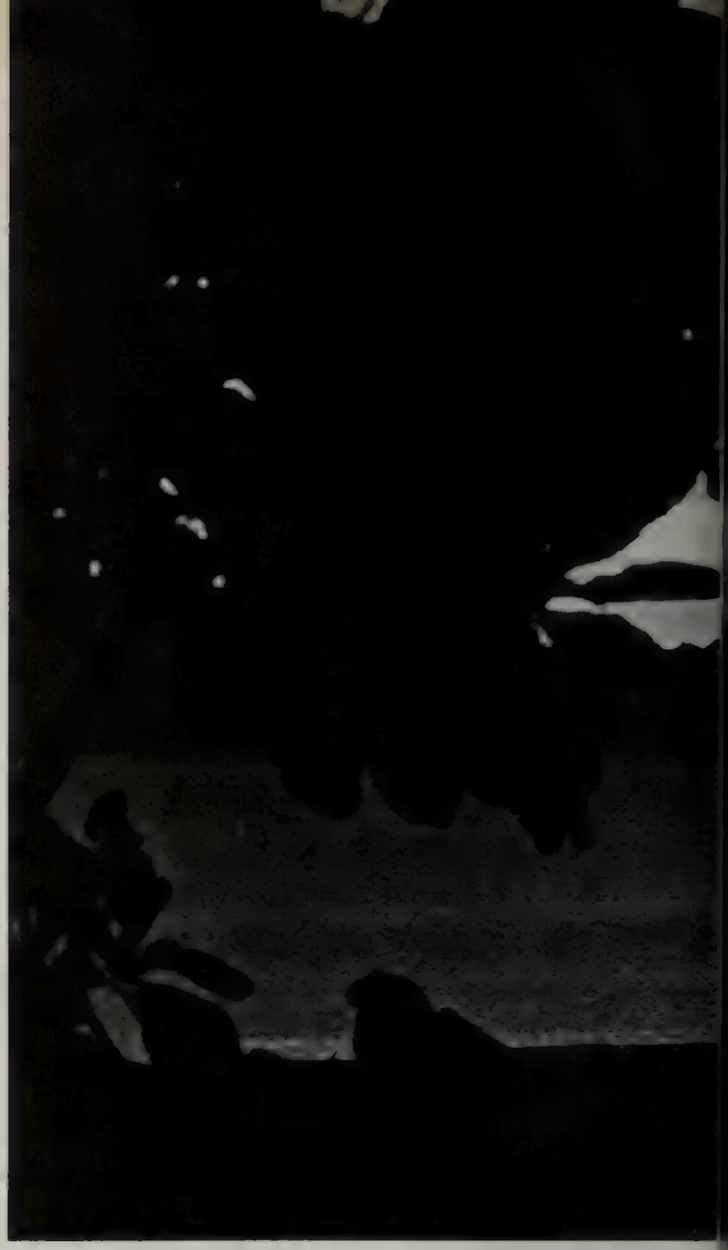
1. *Green bean cutter (under $1); push bean through for French cut.* **2.** *Citrus peeler (about $4); use peel for marmalades, drinks.* **3.** *Asparagus knife with adjustable guide for cutting off skin (about $7); also peels other vegetables.* **4.** *Citrus stripper (under $3); for beverage twists.* **5.** *Citrus zester (under $3); scrapes off colored layer for cooking.* **6.** *Mushroom fluter (under $3); has different angle groove than 4, works on lemons, too*

Tools for cutting shapes

1. *Ripple blade cutter (about 50 cents) for grooved vegetable slices; turn vegetable 90° every other cut for fancier effect.*
2, 3, *and* **4.** *Various styles of ball or Parisian cutters (70 cents and up) for digging shapes out of vegetables and fruits (3 makes carrot balls for clear broth soups).*
5. *Potato slicer (about $2) cuts strips of desired width*

GLENN CHRISTIANSEN

Patio dining *at Playa Loreto may feature Baja lobster, a protected but legal catch for commercial fishermen*

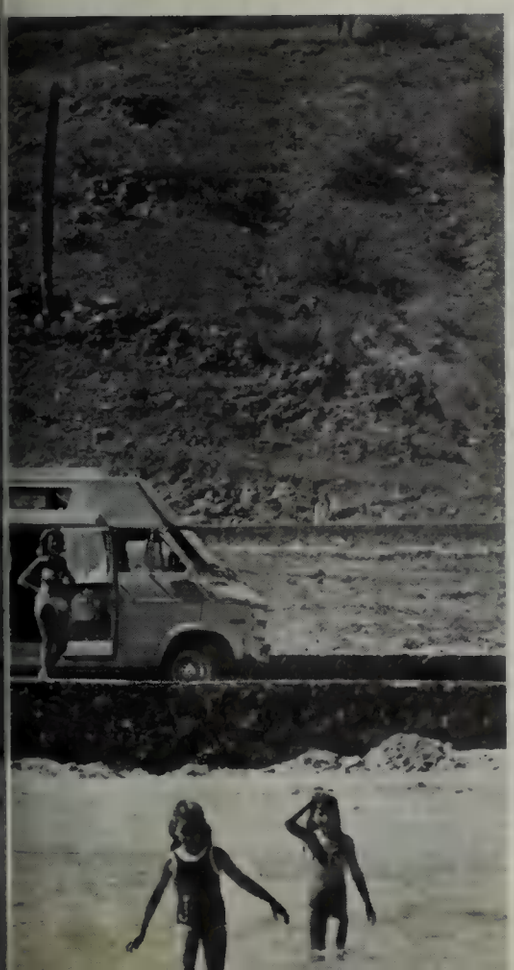


Sunrise *over the water (a gulf-side Baja treat) is partially obscured by offshore Isla Carmen*

A breezy *hamaca may be your choice at Hotel Oasis*

The Baja news for 1973 . . . it now is easy to get to Bahía Concepción. A new car ferry is one big reason

Beach *at Posada Concepción features hot springs in surf, rugged mountain scenery*



Baja *oysters, a tasty treat you can pick off mangrove trees in Baja lagoons*

Bahía Concepción is a relatively small estuary only 25 miles long and no more than 8 miles across at its greatest width. But it has an impressive array of appeals, including miles of fish-filled waters, island-studded inlets, white-sand beaches strewn with seashells, and clam-rich, mangrove-fringed lagoons where—at low tide—you can pick oysters right off the exposed roots of trees.

This bay's narrow entrance opens northward onto the Sea of Cortez just south of Mulegé, about 450 air miles down the east coast of Baja California from the California border. The mission village of Loreto is about 80 miles south.

Until very recently, this delightful stretch of coastline was accessible only to those who flew here in their own planes, cruised in on their own boats, or were hardy enough to attempt the long, almost roadless drive down from Tijuana or up from La Paz.

But times are changing. New developments are opening up Bahía Concepción to many more travelers: new car ferry

services, an improved highway, expanded airline service, and more places to stay.

By ferry from the mainland

Each Saturday and Sunday evening, the handsome new car ferry from Guaymas unloads its cargo of travel trailers, campers, and motor homes just 40 miles north of the Bay at Santa Rosalía. The newly-paved Baja Highway leads south from Santa Rosalía to Mulegé, Bahía Concepción, and Loreto before turning inland for the 230-mile straightaway to La Paz, southern terminal of the popular ferry system. (For schedules and fares, see page 48.)

By air: local and international flights

Each Monday, Wednesday, and Friday, regular flights of AeroMexico leave Tijuana for Mulegé and Loreto on their way to La Paz's new international air terminal. Round-trip fare is $71.10 between Tijuana and Mulegé, $81.60 between Tijuana and Loreto. Return flights leave La Paz each Tuesday, Thursday, and Sunday, stopping at Loreto and Mulegé on the way back to Tijuana. You can also fly to Loreto from Guaymas every day except Saturday on Aeronaves del Oeste. Round-trip fare is $25.76.

These flights supplement daily nonstop flights between Tijuana and La Paz, and international flights to La Paz from Los Angeles (AeroMexico) and from Phoenix and Tucson (Hughes AirWest). The completion of a 4,000-foot air strip (soon to be extended to 7,000 feet) at Loreto only a few months ago may herald the beginning of direct international flights to that city, possibly from Los Angeles. Ask your travel agent to check for any new, direct services to Loreto before completing your flight arrangements to Baja California.

If your flight takes you directly to La Paz, you have the option of flying up to Loreto or Mulegé on one of the AeroMexico flights, using the bus service, or driving up over the new highway. Rental cars in La Paz cost around $11 a day ($55 a week) plus 15 cents per mile. From La Paz it's about a 5-hour drive to Loreto, 7 hours to Mulegé.

Hotels old and new, tours, charters, and excursions

Accommodations along this stretch of coast haven't kept pace with the proliferation of new and improved transportation services, but this, too, is rapidly changing.

Santa Rosalía has only two hotels at present, the Hotel Central on the plaza and the Hotel Francis out near the copper smelter, but neither offers the type of accommodation likely to attract visitors from north of the border. A new resort, Hotel El Morro, is being built on the outskirts of town and may have some units available later this spring. Until then, most visitors arriving by ferry

You are halfway down the Gulf coast of Baja . . . in Santa Rosalía, Mulegé, or Loreto

All-paved *Baja Highway skirts Bahía Concepción south of Mulegé*

Isla Coyote *cove is a popular boat trip from El Coyote*

Bahía Concepción *sits on Baja's gulfside hip between Mulegé and Loreto*

will probably continue south to Mulegé.

Mulegé offers a good selection of accommodations, but rooms may be scarce on weekends and during Easter. The Hotel Mulegé ($35 a day for two, with meals) and the Hotel Serenidad ($30 a day for two, with meals) both offer full resort facilities. The Old Hacienda ($18 a day for two, with meals) and the charming Las Casitas ($20 a day for two, with meals) are smaller, downtown hotels near the central plaza. Punta Chivato ($20 a day per person, with meals) is an elegant fly-in beach resort just north of Mulegé.

South of Mulegé the highway skirts the western shore of Bahía Concepción, passing splendid beaches, bays, and lagoons. A new beach-front trailer park (Posada Concepción: $2 a night) is now in operation just 13 miles south of Mulegé, and two and three-bedroom cottages now front part of the beach at Bahía Coyote. Primitive beach campsites, reached by short detours off the paved highway, can be found at Santispác Lagoon, Bahía Coyote, and at El Requesón.

Down at Loreto, facilities have been expanded and improved at the popular Flying Sportsmen Lodge ($25 a day for two, with meals), including a new trailer park ($2 a night) complete with all hookups. Hotel Oasis ($25 a day for two, with meals) has also expanded its excellent facilities and the elegant new Plaza Loreto Resort ($40 a day for two, with meals) has completed a second wing of beach-front units.

The Hotel Misión de Loreto ($20 a day for two, with meals), a big, new hotel along the *malecón* near the heart of town, has finally opened after several false starts. And just south of town, ground has been broken for a 300-unit condominium development at Nopoló.

Special pre-packaged tours, including air transportation (scheduled or charter), rooms, and meals, are available to most resorts in Mulegé and Loreto. Most are offered through the individual resorts and can be arranged when you ask your travel agent about accommodations.

Fishing charters (including skipper and guide) run about $75 a day; small outboards rent for about $15 a day.

Sightseeing excursions by taxi or boat can be arranged through your hotel, and rental snorkeling and scuba equipment (including air refills) are available at both Mulegé and Loreto.

Spearfishing is presently prohibited in all Mexican waters, but Bahía Concepción is an excellent place for underwater photography. □

GLENN CHRISTIANSEN

Loreto *baker lifts hot sweet rolls from mud-and-brick oven*

Elegant *Playa Loreto has Sea of Cortez views beyond patio pool*

It's time to make or to give
or to take advantage of

Kiss-me cooky

Big, spicy cooky hearts, displaying the most endearing remarks and tied onto ribbons, are sold by vendors at German festivals. Many a hopeful lad has draped one about the neck of a pretty Fräulein.

The giver usually isn't concerned with the occasion, but it seems probable that a cooky heart might bring best results if presented as a valentine. The effect is undeniably charming, and making of the cookies is amusing and not difficult. All ages enjoy receiving such tasty tokens of affection.

You start with a traditional-style *lebkuchen* (laib-*koo*-ken) dough, shaping it into large hearts or *herzen* (*hair*-tzen) with the aid of a paper pattern. To make the pattern, cut as large a heart shape as possible from a 7 by 8-inch rectangle of heavy paper. Use purchased icing to inscribe the baked cooky with your thoughts. Any language will do, but German, as follows, is most appropriate. After the icing hardens, wrap each cooky in clear plastic film and tie a loop of ribbon through the top. You can store these crunchy cookies up to several weeks before giving.

Some sweet sayings

Pick and choose as you like. From these German phrases: *Lieber* (my dear), *Liebling* (darling), *Mein Schatz* (my sweetheart, dearest, or treasure), *Küsse mich* (kiss me—it seems to work in the photograph at right), *Du bist mein Alles* (you are my everything), *Alte Liebe rostet nicht* (old love never rusts), *Nur du* (only you), *Du bist mein Traum* (you are my dream), *Ich liebe dich* (I love you), *Liebst du mich?* (do you love me?), *Bist du mein?* (are you mine?), *Heute oder nie* (today or never), *Bleibt mir treu* (stay true to me).

To grind almonds finely for the lebkuchen dough, whirl the nuts (blanched or unblanched) in a covered blender or grate in a nut grater.

Lebkuchen Hearts (*Lebkuchen Herzen*)

- ¾ cup honey
- ⅔ cup firmly packed brown sugar
- 1 teaspoon grated lemon peel
- ¼ cup butter or margarine
- 2 eggs
- ½ teaspoon soda
- ¼ teaspoon salt
- 3¾ cups regular all-purpose flour, unsifted
- ½ cup almonds, ground
- 1 teaspoon ground ginger
- ½ teaspoon ground cinnamon
- ¼ teaspoon ground nutmeg
- ½ cup minced candied orange peel
- 1 egg yolk beaten with 1 tablespoon water
- Decorating icing in tubes or aerosol cans

Combine honey, sugar, lemon peel, and butter and heat, stirring, until butter melts. Let cool to lukewarm. Beat whole eggs until foamy, then add the honey mixture. Stir together to blend the soda, salt, flour, almonds, ginger, cinnamon, nutmeg, and orange peel, then mix thoroughly into the egg batter. Chill dough, covered, then allow to return to room temperature before shaping; you can make the dough a day ahead.

Divide dough in 8 equal portions and dust with flour, shaking off excess. Roll out a portion at a time on a lightly floured board until just slightly larger than the heart pattern (see preceding directions). Transfer dough to a greased baking sheet and place pattern on top; with a knife trim away edges. Save excess dough.

Repeat to make each cooky, spacing slightly apart on baking sheet. Combine all the scraps to make 1 or 2 additional hearts. Brush heart surfaces with egg yolk mixture, then bake in a 350° oven until lightly browned, 12 to 15 minutes. Transfer to a wire rack to cool completely. Decorate with icing as shown below; white is best for writing. Let dry, uncovered, until icing is firm; takes several hours to overnight.

Wrap each cooky snugly in clear plastic film, joining overlaps on the back. With an ice pick or metal skewer make two evenly spaced holes near the top of each heart and force ribbon through plastic and cooky, tying on the back; make loop long enough to easily fit over a head. Store airtight for up to 2 weeks at room temperature. Makes 8 to 10 hearts. □

Cut around *paper heart to shape lebkuchen dough; roll out one cooky at a time*

GERALD R. FREDRICK

Decorate *baked lebkuchen hearts with purchased icing; plain tip is best for writing*

DARROW M. WATT

"Kiss me," *says the lebkuchen heart worn by this dirndl-clad Fräulein. Cooky was purchased at a German fair. You can easily make one to give as a sentimental valentine*

Planning *continues through the early morning with conference over a detailed planting map*

Breaking concrete *with air hammer is noisy job but youngster on bike keeps on watching*

COMMUNITY ACTION

Trees in the sidewalk . . . with helping hands and tools from the National Guard

"Trees make good neighbors" read the button worn by the leader of the volunteer crew doing the planting shown here in San Francisco's Inner Sunset district. But the trees they planted did more than that. They immediately improved the looks of this urban neighborhood. And the project rallied the neighborhood into a group ready to take on other improvement action.

In mid-1971, the handful of first members of the Inner Sunset Action Committee (ISAC) planned an initial planting of 80 trees expressly to move neighbors of the 26-block area into some kind of group action. By the beginning of 1973, they had planted 625 trees. Along the way, they got help from some unlikely sources.

The California National Guard helped with the most recent tree-planting effort —"because ISAC didn't just come asking for help; they came prepared to do the work *themselves*, with whatever specialized assistance we might provide."

The Guard's role in such projects is limited to their normal training duties: Here, Company D of the 579th Engineer Battalion drove trucks, operated air hammers, and set up a field kitchen for the hungry volunteers. For their part, ISAC got city and labor council approval for the Guard's participation, arranged for tools and food, and did the actual digging and planting.

The California Guard is prepared to assist in community-improvement programs when local funds are limited and no paid workmen will be displaced. Both ISAC and the Guard are satisfied with their cooperative effort and are planning more substantial projects, including a proposed minipark.

Before the first big planting, the City of San Francisco advised ISAC on tree types (such sturdy 5-gallon evergreens as olives and Indian laurel figs) and planting techniques, and dispatched members of its gas tax-supported summer employment program for disadvantaged youth to plant 400 trees.

The neighboring University of California Medical Center has donated many trees. A major land owner and traffic generator, the university also responded to neighborhood overtures by committing funds to beautify the campus perimeter, declaring a neighborhood moratorium on expansion, and adding an ISAC representative to the campus planning advisory committee.

ISAC's own diverse members—property owners, tenants, merchants, university students and employees—have joined to pursue such projects as traffic control, public transit, housing, zoning, and police liaison. They've opened up communication lines with city departments. ISAC also issues commendation certificates for visible building improvements.

And people in the neighborhood have discovered that the trees that started it all provide another benefit: A tree in a well planted neighborhood can add appreciably to a home's market value. □

Guardsmen *shovel topsoil from military truck into wheelbarrows held by neighborhood volunteers*

Planting *(left) brings a quick moment of anxiety—is it straight? Is it deep enough? Then young tree is nudged into place and hole is filled. Finished row of evergreen elms and olives (right) screens parked cars, adds color and interest for family strolling along busy street. In five years the trees may grow to 20 feet tall*

GERALD R. FREDRICK

Prefabricated firepit *hangs from chains above slate-floored sunken room, provides warmth without blocking view at Leonard W. McChesney's Sea Ranch house*

The place of the fire can be an inexpensive prefab

Few things do as much for a room as adding a fireplace, and now that most building codes approve a variety of prefabricated fireplaces the job may be easier and less expensive than you think.

When a house is being built, metal prefab units cost just slightly less to install than masonry. But if you're remodeling, they usually cost only half or a third as much.

The prefabs have other advantages. They're guaranteed to work if properly installed. Their relative lightness (250 to 500 pounds) eliminates the need for special foundations; you can install one in an inside wall or on a second floor (special flues permit stacking fireplaces on several floors).

You can choose from many brands and hundreds of styles of prefabricated metal fireplaces—below are sketches of 20 different styles. Prices range from $200 to $650, complete with single-story flues (a model with a copper hood runs about $1500). Check the yellow pages under Fireplaces for dealers in your area.

Manufactured fireplaces fall into two categories—built-ins and freestanding models.

Built-ins are usually positioned in or against a wall. Available in different sizes from 28 to 42 inches wide, these units can be disguised to look like a masonry fireplace by facing them with bricks, stone, tile, marble, or some other traditional noncombustible material. Manufactured masonry veneer hearths, surrounds (the mantel and side pieces), and chimney tops are also available for easy application.

Snap-together flue sections eliminate special tools, and simplified instructions help to make installation possible for the average home owner. Some metal fireplaces come equipped to receive gas lines for gas logs or log starters.

Most built-in packages have multiwall construction, so they require no insulation and can actually touch combustible house walls. Because of this "zero clearance" factor, once the surround and hearth are installed to meet code requirements, the rest of the unit can be faced with almost any material.

The fireplace on the cover of this month's *Sunset* is a built-in metal unit; it has a preformed concrete hearth and surround, and the chimney is boxed with cedar paneling. The fireplace shown on page 87 was installed with marble surround and hearth; the inside wall is finished with painted redwood, and the

Shape can be almost anything you like. Square, oblong, round . . .

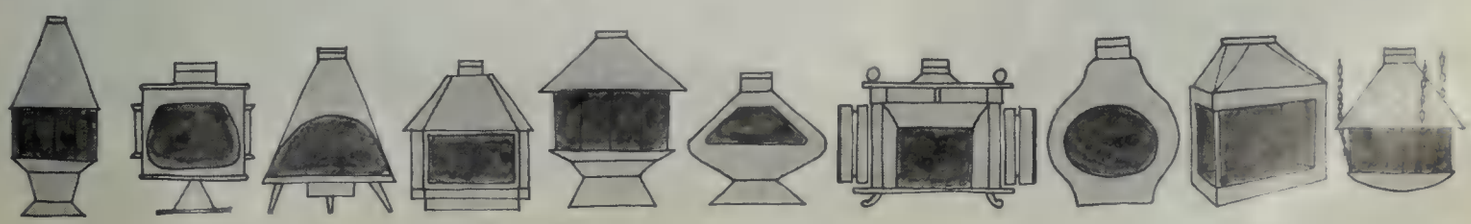
PHILIP L. MOLTEN

Built into wall, *metal fireplace in beach house has chimney faced with collection of seashells, coral, and driftwood sand-cast in plaster. Work done by joint owners Ropers, Mollin, Radebold, and Bovero*

DARROW M. WATT

Manchester-Pierce *style fireplace sits on ceramic tile hearth at the Phil Hansen home. Wall guard behind is also tile*

cone, soup kettle, basket . . . teepee, igloo, pagoda



Narrow chimney *flue acts as visual element on exterior (right) of Mill Valley home of architects Harry and Helen Som. Firebox (lower picture) is covered with small black tiles. Cupboards over it provide hidden storage*

outside is boxed with plywood and covered with cedar shingles.

Special built-in fireplaces known as heat circulators are designed to act as sources of heat. When burning, they draw in cold air, warm it, and emit it through heating vents. This can be very desirable for cabins or any place a supplementary source of heat is needed.

Freestanding or wall-mounted units are generally less expensive and easier to install than built-ins because the only installation cuts required are through the ceiling and roof. Most of them also require a noncombustible floor covering and shields on walls near the fire.

Available in an endless variety of colors and shapes, they offer a few advantages over built-ins. Their hoods and stacks

NORMAN A. PLATT

Barrel-type *fireplace with long stack keeps room open and dramatizes lofty ceiling of James Grey home*

For the surround *of this metal fireplace, architect Walter Hansen built plywood forms and poured three concrete sections (two sides and top). Hearth is ceramic tile*

GLENN CHRISTIANSEN

PHILIP L. MOLLEN

Metal cone *over firepit pokes through roof skylight of the W. Alan Bonner house*

Unit *fills corner between kitchen and living room in condominium designed by M. L. T. Wittenbell Associates*

can help to heat a room rapidly, making them ideal for cabins. Their minimum silhouettes allow you to position them in front of windows so that seating can be positioned to focus on a view as well as a cozy fire. Seating around an open freestanding unit can allow more people to enjoy the fire at once. In warmer weather when a fire is not needed, a slim freestanding unit can be less obtrusive than a massive fireplace.

There are a few other things to remember when considering any metal fireplace. Not all prefabs meet code requirements in all areas, so check with your local building officials before buying one. Since any kind of fireplace is considered a permanent addition, a building permit is required before installation. □

Step by step . . . a home owner inserts a fireplace in a wall

3. Raised hearth and surround of white marble disguise metal firebox. This size of fireplace requires a hearth that's 16 inches deep

1. Space between French doors is wide enough for small fireplace. Doors open to deck with view

2. Owner cut hole in wall, framed it. Fireplace is 28 inches wide, cost $310, is mounted flush with inside wall

DARROW M. WATT

1. View from outside before installation. This is second story, but no extra support needed

2. Once in position, 250-pound fireplace is boxed in with 2 by 4's and ¾-inch plywood

DON NORMARK

3. Disguised with cedar shingles, chimney now blends with house wall, takes up only 24 by 44 inches

The Changing Western Home®

DON NORMARK

In the kitchen, a greenhouse window

hen the Dr. Jonathan A. Holloway's modeled the kitchen of their Spokane me, architects Trogden-Smith suggest- this 12-inch-deep window casing ove a laundry counter. Situated on a uth wall and fitted with thermal glass, e casing supports glass shelves on hich plants thrive.

The vertical members have ¼-inch holes drilled in them every 3 inches to receive metal shelf supports which hold ¼-inch-thick adjustable glass shelves.

Below the shelves, built-in copper pans filled with gravel collect excess water and help to maintain a high humidity near the plants.

Craftsmen's catalog

Covering such divergent handcraft interests as ceramics, bookbinding, jewelry making, and weaving, among others, a catalog of often hard-to-find tools and materials is now available for beginners and professionals. This 150-page book, *Tools & Equipment for the Creative Crafts,* itemizes a wide range of equipment and includes a 13-page list of other publications on all types of hobbies.

For a copy, send $1 to the Craftool Company, Inc., 1421 W. 240th St., Harbor City, Calif. 90710.

February is a good month to check your furnace filter

A dirty filter in a forced air heating system not only cuts down on the amount of heat that reaches your rooms but also makes fuel bills soar. These inexpensive filters (about $1) are easily replaced and should be changed about twice a year, depending on how hard your furnace works. For a few dollars more you can buy filters that can be cleaned rather than replaced.

Dust coming from and collecting on the registers indicates either dirty filters or a malfunctioning furnace. If this dustiness continues after filters are changed, consult a heating service repairman.

Dry storage for "sawdust" logs

Those handy fireplace logs made of compressed sawdust stay in better shape if kept dry. If exposed to the elements, they tend to soak up moisture, become damp and hard to light, and may crumble into useless sawdust.

Keeping them in a dry place like a furnace room or water heater closet will help preserve them. However, if they're stacked too close to these appliances they could cause a fire or prevent emergency access. If you do store them there, keep them in a box a safe distance from the appliance and sweep up flammable dust and chips. □

Cruise the world's most beautiful coastline on the Princess Patricia.

Sail the Inside Passage to Alaska this summer and see over 2,000 miles of the most spectacular scenery imaginable. You simply have to see it to believe it. This 7½-day cruise aboard the Princess Patricia from Vancouver, B.C. calls on 5 Alaska and 2 Canadian ports and costs as low as $302 (double occupancy). Send us the coupon for all the details.

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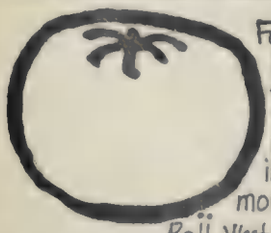

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DARROW M. WATT

New cover *for electric blanket is made of two patterned sheets*

He's under a 110-volt quilt

If you're fond of the lightness and heat versatility of an electric blanket but would like a new color and pattern, you can easily use two sheets to make a cover and achieve a quiltlike look. We made the blanket cover in the photograph above and tested it. The extra weight of the two sheets made little difference, even for the supersensitive sleeper.

The sheet cover can also do wonders for revitalizing the look of a slightly worn but functioning electric blanket.

Use two sheets that are a little larger than your blanket. Follow the directions on page 73 that explain how to make a continental quilt cover. Make bound buttonhole openings for the plug (or plugs) before you stitch around the sheets. □

Bound *buttonhole opening is for blanket's plug cord. Make two for a dual-control blanket*

Scotties® takes the boredom out of blowing your nose

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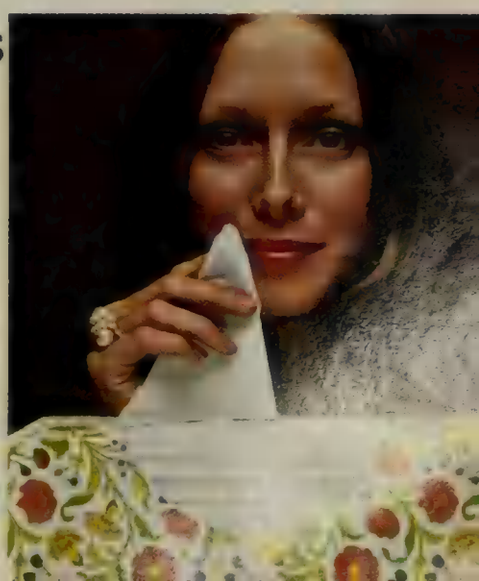

Strong, soft Scotties– The beautiful way to blow your nose.

Here are seven great new Waikiki vacations *that everyone can afford.*

Three of the nation's leading travel masters — United Air Lines, Sheraton Hotels and Avis Rent A Car — now offer you a choice of seven specially-created Waikiki '73 vacations at surprisingly low prices.

Just pick the one which fits your particular life style.

You'll fly to Honolulu aboard United's Friend Ship. Then Sheraton Hotels in Hawaii will put you right on the sands of Waikiki Beach — the Moana, Surfrider, Royal Hawaiian or Sheraton-Waikiki hotels. Or at the Princess Kaiulani hotel just across the street from the beach. Then spend a day or more exploring the worlds beyond Waikiki in a new Plymouth or other fine car from Avis. Be as active . . . or as lazy as you like. (The following prices, based on double occupancy, do not include tax, services and air fare.)

BARGAIN HUNTER — $59 per person

Two sensational economy-priced vacations put you right in the action-center of Waikiki for a full week of fun. Both are geared to give you great accommodations at very little cost. It's a super-saving way to see Hawaii. Mail in the coupon for all the details.

GO-GETTER — $105 per person

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FAMILY TRIPPER — $198
per family of three

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HONEYMOONER — $190 per couple

These romantic, week-long vacations go all out to make your honeymoon as special as you always imagined it would be. Many luxuries are included at little cost to start off your lives together in style. For the exciting details, send in the coupon.

V.I.P. PACE-SETTER — $144 per person

Super deluxe vacations that last a week and live forever in your memory. For you, the most elegant surroundings and posh accommodations. Everyone ought to live like this just once in his life. Simply mail in the coupon for complete details.

ISLAND-HOPPER — $151 per person

The ideal week-long vacation for those who want to see more than one island. Take in all of Waikiki, then fly, via the Funbirds of Aloha Airlines, to the Neighbor Islands of Kauai and Maui for more days of excitement and fun. For the details, just send in the coupon.

NEIGHBOR ISLAND GETAWAY — $165 per person

If you've already seen Waikiki, you'll love this week-long spree on the Neighbor Islands of Kauai, Maui and Hawaii, via the Funbirds of Aloha Airlines. Or add this to your Waikiki trip for a great 2-week vacation. Mail in the coupon for complete details.

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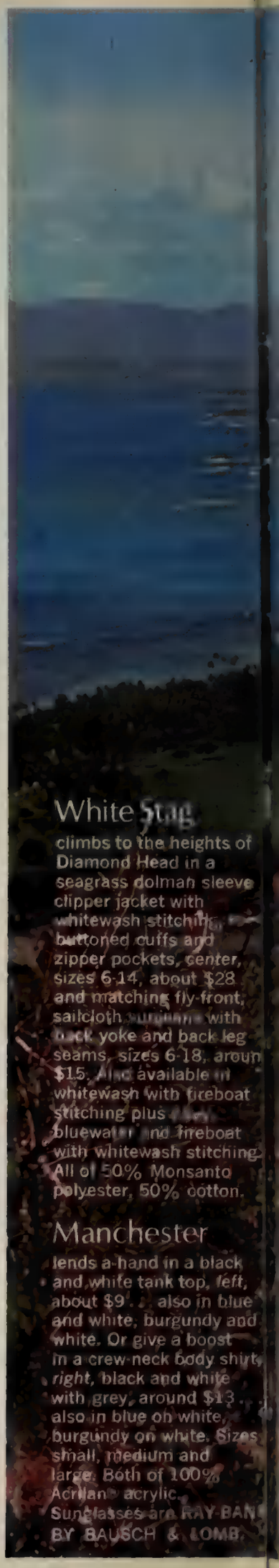
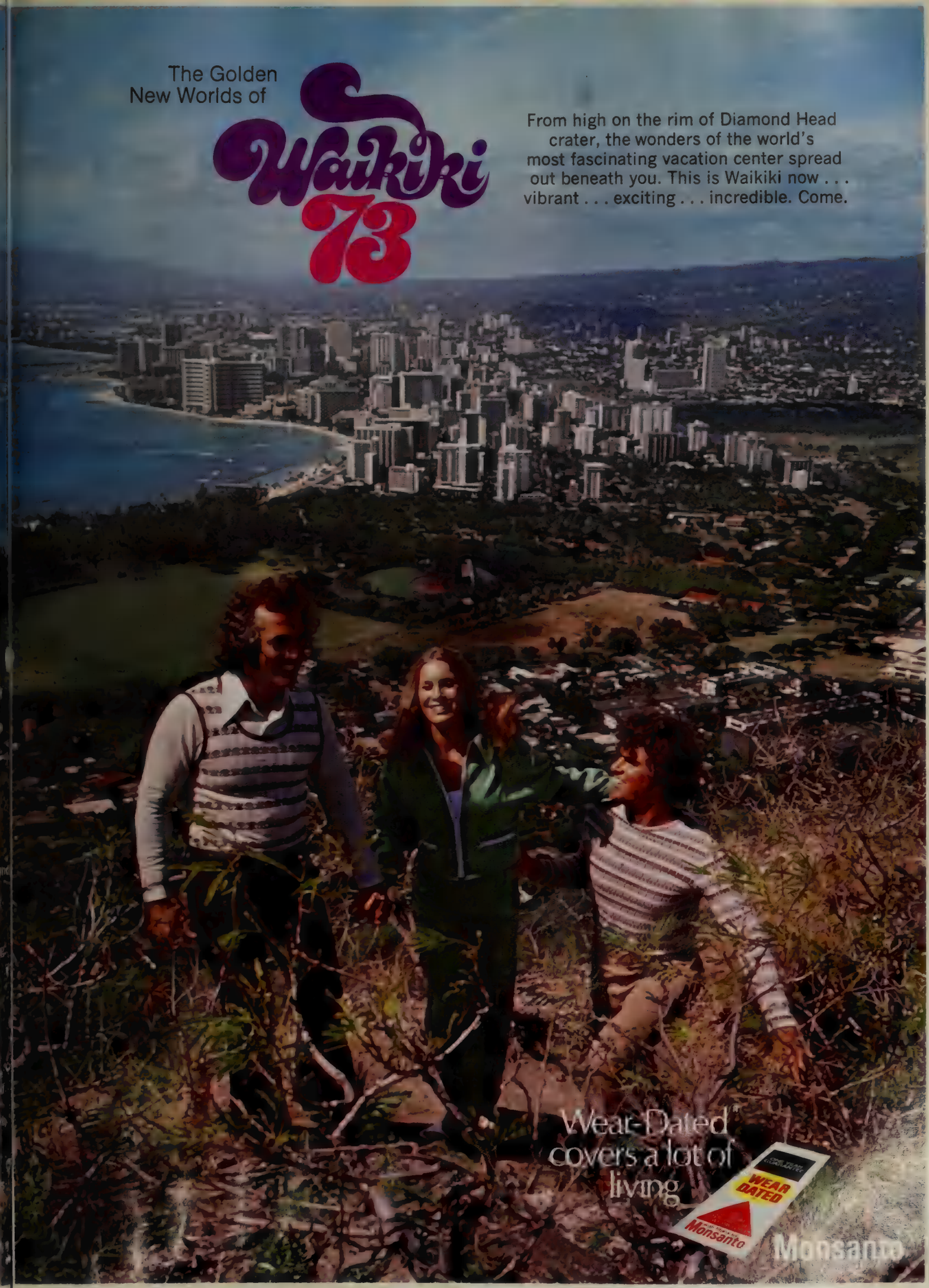


White Stag
climbs to the heights of Diamond Head in a seagrass dolman sleeve clipper jacket with whitewash stitching, buttoned cuffs and zipper pockets, center, sizes 6-14, about $28 and matching fly-front, sailcloth [illegible] with back yoke and back leg seams, sizes 6-18, aroun $15. Also available in whitewash with fireboat stitching plus [illegible] bluewater and fireboat with whitewash stitching. All of 50% Monsanto polyester, 50% cotton.

Manchester
lends a hand in a black and white tank top, *left*, about $9 . . . also in blue and white, burgundy and white. Or give a boost in a crew-neck body shirt, *right*, black and white with grey, around $13 . . . also in blue on white, burgundy on white. Sizes small, medium and large. Both of 100% Acrilan® acrylic. Sunglasses are RAY-BAN BY BAUSCH & LOMB.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ELLS MARUGG

There's a fort *below the bunk in the Pratt house; entrance is just behind boy, and there's a peek hole at far left. He can reach his toy box from inside the fort through a crawl hole as well as from the outside*

Bunk beds save space and they also make space interesting

When the problem is floor space for play in a small bedroom, the best answer is often a bunk bed. In this article we show three different bunk bed solutions to individual problems.

Bill Pratt designed the bed shown on this page to give his son extra play space in his tiny 7 by 9-foot room. Raising the bed up off the floor gave access to the area below, where there's now a fort to play in.

The bed could be dismantled for moving. A 4-inch-wide plywood strip runs around the inside of the frame to support a sheet of plywood that the mattress rests on, and it ties together individual sections of ¾-inch plywood facing. The strip is fastened to the facing with wood screws and trim washers. Additional 4-inch plywood strips, turned on edge, cross the middle of the bed to give the mattress enough support to take the roughhousing boys might give it. Corner angle brackets join side and end sections. When screws are removed, the whole bed

ED BIGELOW

Steps *up to bed were cut with a jigsaw; they're hardwood, for strength*

Buick's new Opel Manta.
2,000,000,000 miles in Europe. $2,817 in America.

Manta. $2,816.50 for the plush Manta Luxus with all the standard features listed on the price sticker below. Give up a little plush and Manta is $2,622.50. Or go sporty with Manta Rallye—$2,805.50. All prices are Manufacturer's Suggested Retail Prices, including dealer new vehicle preparation charges. Optional equipment, State and local taxes and destination charges are additional.

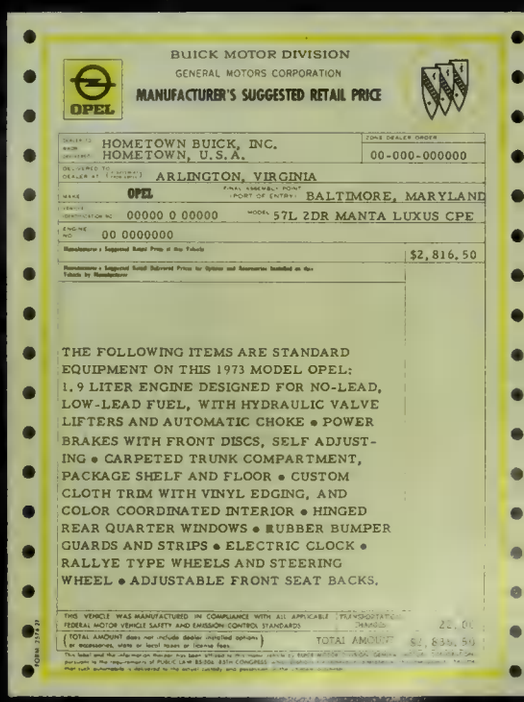
Manta. The personal-size sport coupe proven in more than 2 billion miles of actual driving. Not on test tracks or proving grounds but on European roads.

Manta. With rack and pinion steering for twisting Alpine curves. A 1.9 liter engine for responsive autobahn driving. Disc brakes up front. And a grand-touring ride you'll just have to feel.

Manta. Luxurious. Economical. Comfortable. Contour bucket seats that recline.

Interiors that even include corduroy fabric in the Luxus model.

The Opel Manta, Manta Rallye, Manta Luxus.
Really ready for America.



BUICK MOTOR DIVISION
GENERAL MOTORS CORPORATION
MANUFACTURER'S SUGGESTED RETAIL PRICE

OPEL

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MADE BY: HOMETOWN, U.S.A.
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DELIVERED TO DEALER AT (TOWN): ARLINGTON, VIRGINIA
MAKE: OPEL
FINAL ASSEMBLY POINT / PORT OF ENTRY: BALTIMORE, MARYLAND
VEHICLE IDENTIFICATION NO: 00000 0 00000
MODEL: 57L 2DR MANTA LUXUS CPE
ENGINE NO: 00 0000000
Manufacturer's Suggested Retail Price of this Vehicle: $2,816.50
Manufacturer's Suggested Retail Delivered Price for Options and Accessories Installed on the Vehicle by Manufacturer

THE FOLLOWING ITEMS ARE STANDARD EQUIPMENT ON THIS 1973 MODEL OPEL: 1.9 LITER ENGINE DESIGNED FOR NO-LEAD, LOW-LEAD FUEL, WITH HYDRAULIC VALVE LIFTERS AND AUTOMATIC CHOKE • POWER BRAKES WITH FRONT DISCS, SELF ADJUSTING • CARPETED TRUNK COMPARTMENT, PACKAGE SHELF AND FLOOR • CUSTOM CLOTH TRIM WITH VINYL EDGING, AND COLOR COORDINATED INTERIOR • HINGED REAR QUARTER WINDOWS • RUBBER BUMPER GUARDS AND STRIPS • ELECTRIC CLOCK • RALLYE TYPE WHEELS AND STEERING WHEEL • ADJUSTABLE FRONT SEAT BACKS.

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TRANSPORTATION CHARGE: 22.00
(TOTAL AMOUNT does not include dealer installed options or accessories, state or local taxes or license fees.)
TOTAL AMOUNT: $2,838.50

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DARROW M. WATT

By stacking two beds *in an L-fashion, Al Garvey left a maximum amount of floor space and made an interesting corner arrangement*

collapses into individual sections, which would take up little room in a moving van. The mattress size determined the size of the bunk.

Designer Al Garvey faced a similar problem when he devised the solution shown at left. His two daughters share a bedroom and needed a play area. In a corner he put one bed above the other in an L-arrangement. This left the floor area under the upper bunk available for play.

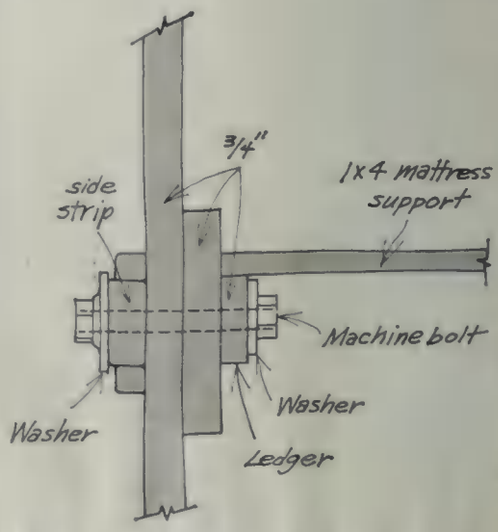
Using salvaged redwood he cut various shapes with a jigsaw and glued, nailed, and bolted them together. Bolts pass

Corners *are rounded to avoid splinters*

through the ledger strips, which support spaced planks holding up the mattress.

The individual upright sections along the length of the bed help hold the mattress in place and warn his daughters when they are too close to the edge. The spacing of these mattress guards allows the girls to make their beds easily, which is often a problem with bunks.

The bunk arrangement in the Max Bollock house, pictured on page 98, also utilized the space below the upper



Mattress supports *rest on ledger strip bolted to bed frame*

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Our own standards of quality.
All are traditions we will never change."

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Cellarmaster, The Christian Brothers

Inc. San Francisco, Calif.

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Real Masonite brand wall paneling keeps you from getting just plain board. For example, our new "Valencia White". It takes you out of the dark ages of ordinary wall paneling . . . all the way into the light, bright side of modern wall decorating.

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"Naturel" wall paneling by Masonite. It assures you of getting the same high quality, durability, and ease of installation you've come to expect from Masonite. Stop by your Masonite paneling dealer soon and see the light, bright side of paneling.

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Masonite is a registered trademark of the Masonite Corporation. Man-made finishes on Real Masonite hardboard.

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BEEF STRIPS ORIENTAL

1 lb. round steak, ½ inch thick
Kraft Oil
1 cup water
2 tablespoons soy sauce
1 garlic clove, minced
1 cup carrot slices
1 cup celery slices
2 cups (1½ lb.) mushroom halves
½ cup cold water
3 tablespoons cornstarch
⅓ cup Kraft Grated Parmesan Cheese
Hot cooked rice

Cut meat into strips ½ inch wide and 3 to 4 inches long. Brown meat in oil. Stir in hot water, soy sauce and garlic. Cover; simmer 45 minutes. Add vegetables, cover and continue cooking 15 to 20 minutes. Combine cornstarch and water, stirring until well blended. Gradually add cornstarch mixture to hot meat and vegetables, stirring constantly until mixture boils and thickens. Remove from heat; stir in cheese. Serve over rice. 4 servings.

KRAFT Division of Kraftco Corporation

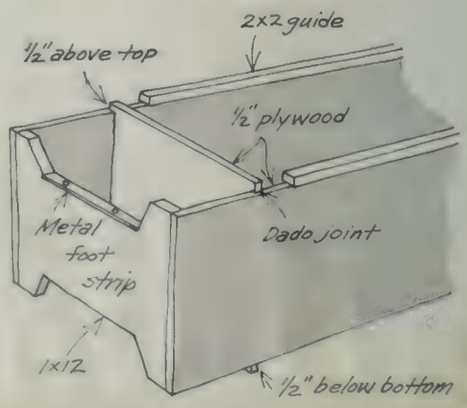
GERALD E. FREDRICK

For *the Bollock brothers, steps to upper bunk are also clothes drawers*

bunk. Here the problem was finding clothes storage for two boys. The solution was to hang clothes under the upper bunk, to store sweaters below the lower bed in captain's drawers, and underwear in the drawers that double as steps.

It was important to make these drawers as deep as possible and also tight-fitting so that they won't fall out when someone is climbing them. Step faces were fastened securely to drawer side pieces with glue and wood screws. □

Drawers *must be deep and fit tightly to withstand weight of climbing*



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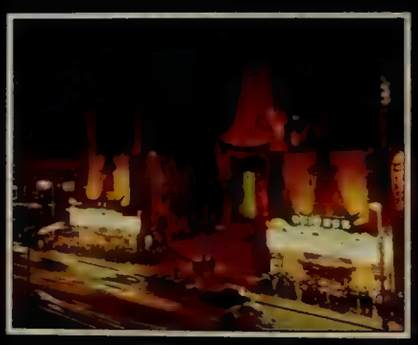
RACING AT FOUR MAJOR TRACKS

CALIFORNIA MISSIONS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Preventing and detecting gas leaks

The chance of an appliance leaking gas or producing carbon monoxide worries a good many people, particularly in winter when fuel use is greatest and the house is closed. But there are good ways to help detect and prevent gas appliance problems, and some maintenance and repairs you can do yourself.

The natural gas piped into your house has a strong, distinctive scent added for easy leak detection. Gas isn't poisonous, but in the right concentration it's so explosive that even a spark from an electric switch can set it off. (In normal use, it's perfectly safe.)

Most leaks are caused by loose, improperly installed fittings or damaged piping. If the gas smell is slight and fittings are exposed, you can test for a leak by applying soapy water to the fittings (above all, never use a match). First open a door or window to admit more air. If the soapy mixture begins to bubble, you've found the leak; shut off the gas line to the appliance, tighten the fitting, check again, and then turn the gas back on and relight the pilot light.

NORMAN A. PLATE

Leak *causes bubbles in soapy water sprayed onto gas fitting*

But if the odor is pronounced or if you can't find its source, immediately ventilate the room, call your gas company, and stay away from the danger.

The gas company serviceman will carefully test for leaks and make simple repairs and adjustments without charge, but for repair work involving parts replacements, you'll have to call a plumbing contractor. (Some utilities also make full repairs for a fee.) The serviceman can also show you where your shutoff valves are and can prepare you to negotiate knowledgeably with the plumber.

If a burner flame goes out, turn it off and vent the room before trying to relight it. It's a good idea to keep your furnace pilot lights on all year, to keep them free of dust.

Carbon monoxide is caused by incomplete fuel combustion due to insufficient air, a poorly adjusted burner, or the flame's touching metal. Unlike gas, it's poisonous, odorless, and hard to detect. You may feel symptoms—nausea, headache, dizziness—or it may affect you without warning. A wavering, yellow, sooty flame is a possible sign of carbon monoxide (properly burning gas produces a clear, steady, blue flame).

The utility serviceman can correct some causes of carbon monoxide, such as improperly adjusted burner heads and pilot lights, or clogged orifices. More rarely, it may be caused by a cracked wall in your furnace combustion chamber; in that case you'll have to replace the unit.

But your best defense is constant appliance and room ventilation. The burner chambers of all gas appliances should be vented to the outside by clean, unobstructed exhaust flues. Rooms should have adequate fresh air sources to relieve possible carbon monoxide buildup, and to provide enough oxygen for wall heaters and other appliances that consume room air. Burner compartments and air intake grills of heaters should be kept free of lint and dirt, and forced-air furnace filters should be changed at least annually. □

Mary Tyler Moore chooses a great family kitchen by Long-Bell.

Can you imagine Mary Tyler Moore settling for anything less than fine quality? That's why Long-Bell set the scene in her newly rebuilt home at Malibu. Cabinetry too! Busy people need the ease in kitchen design efficiency and convenience. Choice of five spirited Long-Bell styles and five mellow finishes from splendorous Mediterranean to contemporary new Edgemont. Prefinished. Assembled. Ready to install. 100 modular sizes. See your Long-Bell dealer.

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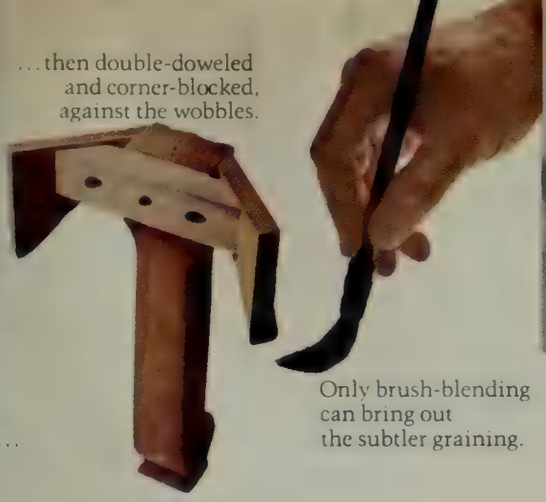
Then we curve a leg, first carved by hand...



...then double-doweled and corner-blocked, against the wobbles.

Only brush-blending can bring out the subtler graining.

No other furniture people use hand-poured glass. Just us.

Our flat-scroll design is carved in flush, just as it was done in the 17th century.

We sand by hand. not just once, but three times during our extravagant 25-stage finish.

It takes a lot of our extras to turn a little table into the center of attention.

When you're a great big armoire, you're bound to be noticed. But when you're just a little table, you have to work harder. The usual straight lines and short legs will get you nothing but coffee cups. It takes extra style, extra handwork, plus some surprises, to get you compliments.

Now, if you're a table with "Heritage" written under your top, then you've got all the extras you need for a long life of stardom. The one here costs about $440 and is from our Tour de France collection.

For a catalog of this and other Heritage collections, plus room-planning kit, send $2 to Heritage Furniture, Dept. HB 5-72, Drexel N.C. [illegible]

Heritage

Another fine name from Champion International

Four 3-foot-wide sections *of freestanding adjustable shelf system hold books, stereo equipment, coffee table, tape storage, and desk unit*

NORMAN A. PLATE

Wall system . . . freestanding, adjustable, and it goes away

Small pegs *fitted between the vertical 1 by 4's support ¾-inch dowels; the dowels in turn support 9½-inch-wide shelves*

Dowels *and horizontal 1 by 4's at top extend 1¾ inches beyond front and back pairs of verticals. Between them is 9½-inch space for shelving*

Designing a sturdy, adjustable, collapsible, and good-looking bookshelf system that doesn't fasten to the wall is not easy. But architect Pat Noda filled the order admirably with this versatile system for her living room.

Its structural simplicity adds to its attractiveness and makes it fairly easy to build. Its freestanding quality is a bonus to those who are likely to move and don't want to deface their walls, or to those who need a self-supporting room divider.

The vertical supports are pairs of 1 by 4's, held ¾ inch apart by 20-inch-long crosspieces at top and bottom and by pegs that join the 1 by 4's every 3 inches along their length.

Cut vertical 1 by 4's about 2 inches shorter than ceiling height, to allow room for spring-operated shoji-screen feet (available at hardware stores) that will hold completed unit firmly in place. Clamp verticals together and drill ¼-inch holes on 3-inch centers.

Cut ¼-inch hardwood dowel pegs to 2¼-inch lengths. Fit pegs into one vertical 1 by 4 and force other 1 by 4 over them, using scrap wood to maintain ¾-inch gap. Repeat with other pairs. Glue the 1 by 4 crosspieces in place top and bottom. Sand peg ends flush.

The 1 by 10 shelves rest on 20-inch-long cross supports of ¾-inch doweling.

The desk and tape storage units are simply plywood boxes designed to fit between the shelves. The fronts of the two tape storage boxes open on piano hinges, and lid-support hinges hold the desk front horizontal when it's in use. □

The house in town by Barwick carpets.

The keynote for this house is uptown formality softened by the inviting warmth of cheerful colors. That's why the carpet selected for the dining room was Barwick's Classic Arts,® our new distinctive multi-colored tweed shag. Classic Arts offers you a shorter, denser pile than the casual shags. And while it says elegance emphatically, it makes kicking off your shoes at the dinner table an irresistible notion. The long-lasting colors are bright and clear, forming subtle designs that flood a room with hospitality. And it's all very practical, too, because it's heat set 100% nylon pile. Durable and easy to care for. See Barwick's Classic Arts in this and eleven other color combinations now at better dealers. For the name of the one nearest you, call this toll-free number: 800 243-6000.

Barwick carpets for California living.

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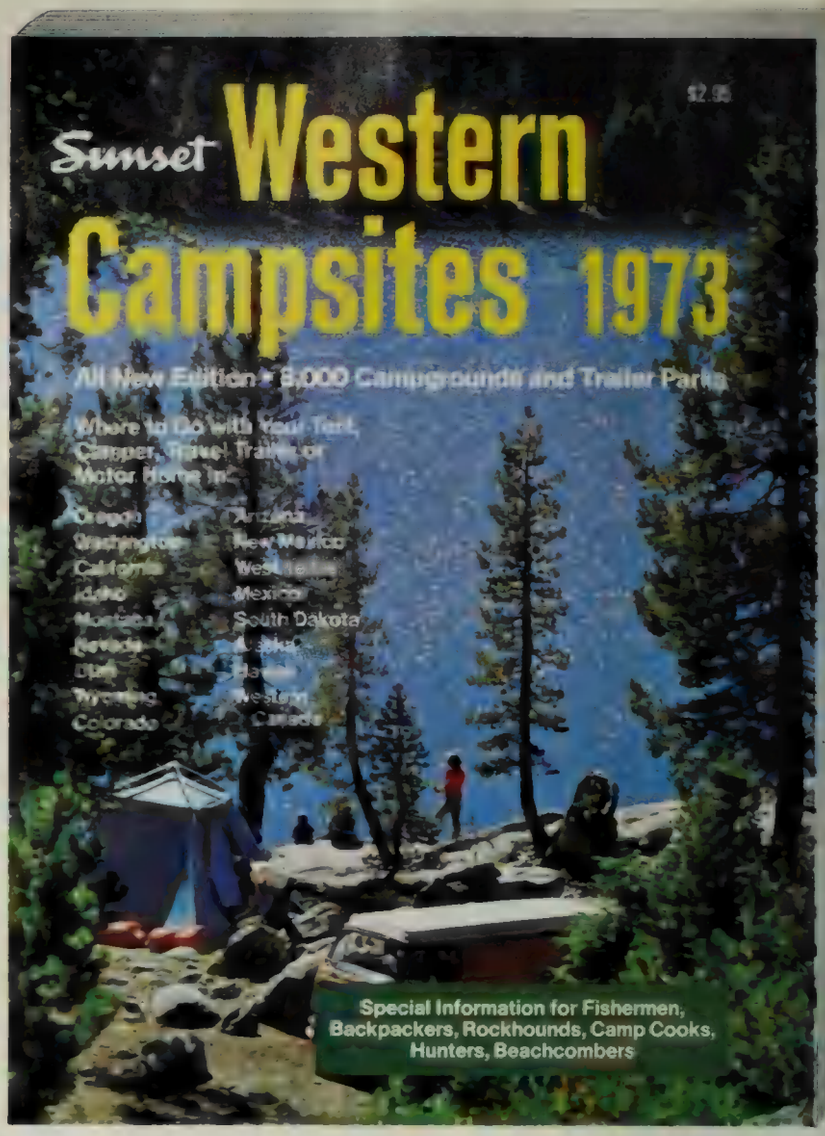
Major new feature this year—*Service Directory* for *Recreational Vehicle owners* (13 pages). Lists major stops in Western America for RV repairs, RV stops, RV rentals, appliances repair, parts, trailer hitch and brake repairs, L.P. Gas, and Sanitary disposals.

Now over 400 pages... still only $2.95



All-New Edition—Now off Press

You'll be planning your 1973 weekends and vacations soon, we know. You'll want to have this all-new campground directory at your fingertips. It will be the most valuable publication *Sunset* has ever released for campers and recreational vehicle owners.

Since late last spring our inspectors and researchers have been working long hours searching out new places to stop, and checking the old ones. Many new ones have opened, facilities and attractions and rules for most existing campgrounds are undergoing changes.

Inside the directory, you'll find that campground and park listings include complete information and specific features, facilities, problems, and recreation activities • All Nearby Attractions • Time limits • Fees • Number of camping and parking units available • Firewood availability • Drinking water • Seasons • Boat rentals • Ramps • Beaches • Hunting and Fishing • Regulations and restrictions • Waste disposal facilities • Flush and pit toilets • Showers • Exhibits • Reservations • Recreational vehicle hookups • Bodies of water • Pull-through spaces • Shaded spaces • Type of terrain to be encountered.

Other new features: Camp cooking; Where to go backpacking away from crowds; RV safety; Winter, high-mountain and desert camping.

Look for the '73 *Sunset* Western Campsite Directory in early February at your book stores, camping and trailer supply dealers or send check with coupon. Only $2.95 plus 55¢ mailing cost, $3.50.

CAMPSITES—Lane Magazine & Book Company, Menlo Park, California 94025

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The most complete launching and docking publication for California Boaters.

New Edition comes off press early March.

It has been expanded to include more detailed information–more photos –locator maps.

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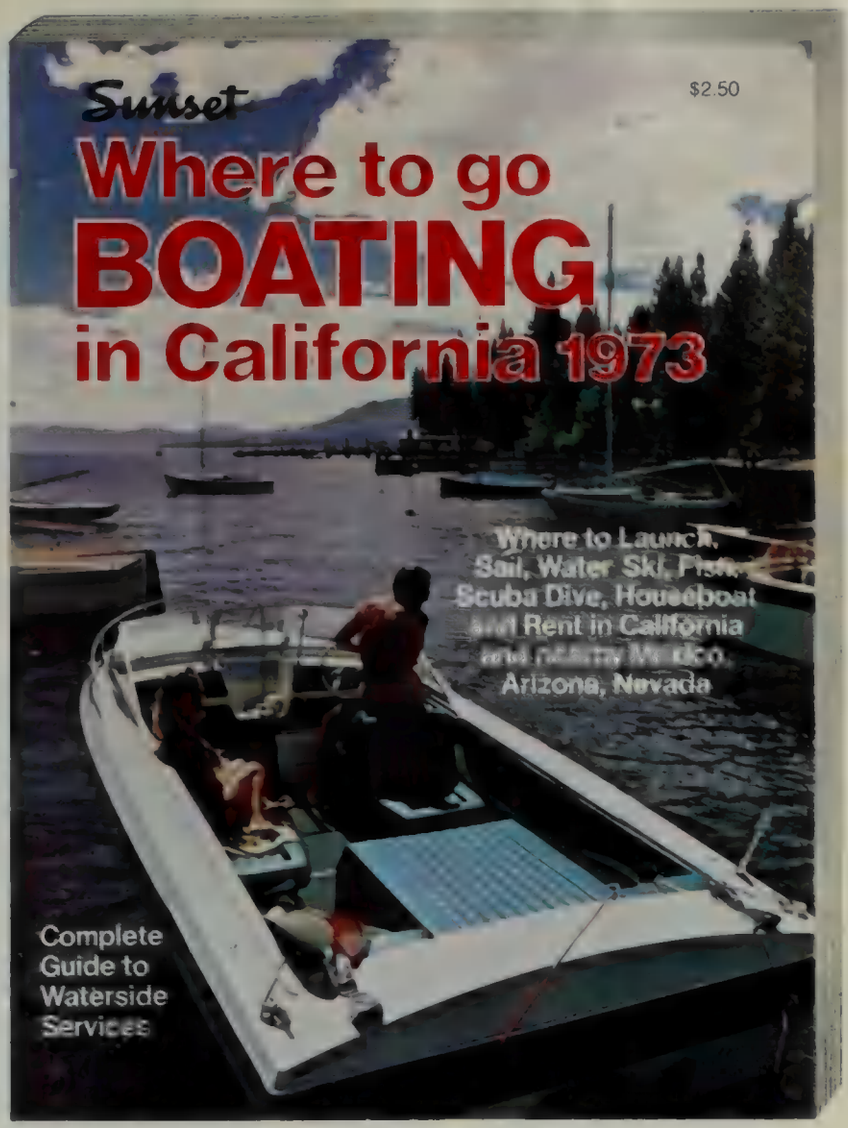

EXPANDED GUIDE to the Great Places for Boating in California (and nearby waters)

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Where to Go Boating in California '73 will feature special articles including:

- Where to waterski and why the skiing is excellent in some locations and not as good in others.
- Cooking on the water, with menu suggestions and preparation guide.
- Where to houseboat with suggestions on outfitting yourself for a water vacation.

All-new boating publication will also include location guides for:

- Nautical chart agents
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It will be the most complete guide ever compiled for California boaters.

Look for it early March at California marinas, boat and sporting goods dealers, book stores, or send your check with this coupon.

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2-73

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"Bump it, shake it, tilt it!"
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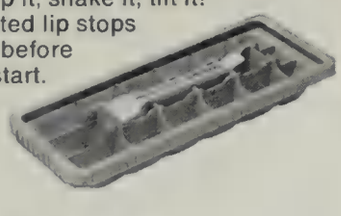

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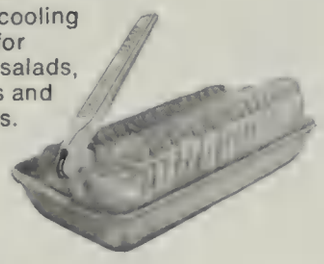

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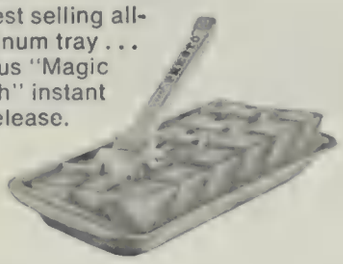

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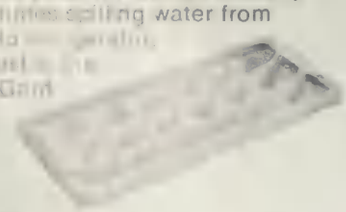

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INLAND DIVISION
GENERAL MOTORS CORPORATION
DAYTON, OHIO 45401

There's an art to making a mat picture border

A mat border can flatter a favorite drawing or photograph. By varying the width of the mat, it's possible to match the picture to frames of different sizes.

Cutting the mat takes a strong, steady hand. The technique is fairly simple, and matting is inexpensive. Mat board (30 or 32 by 40 inches) is available in various weights, textures, and colors. A 14-ply mat board—this is the typical weight—costs less than $1.50, and one is usually enough to make several borders. Matting is available in art supply stores and some hobby shops.

To cut a mat, you'll need a metal ruler, a mat knife or utility knife and unused blades, pencil, eraser, and masking tape. Cropping L's, which you can make from construction paper or cardboard, are also useful. Choose a work surface that won't be damaged; a piece of scrap plywood works well, or use a large piece of scrap matting—but be careful not to cut through both pieces.

Another word of caution: Keep your fingers away from the mat knife (see steps 3 and 4 below) in case your hand slips. Professionals usually make a cut with one deft stroke, but you can achieve equally good results even if it takes two or three strokes.

A mat border's proportions depend on the size and scale of the picture, and the size of your frame. Traditionally, a mat's top and sides are equal and the bottom is ½ to ¾ inch wider. But many people like equal proportions all the way around.

You may prefer a beveled edge. With practice, you can cut the bevel with a

DARROW M. WATT

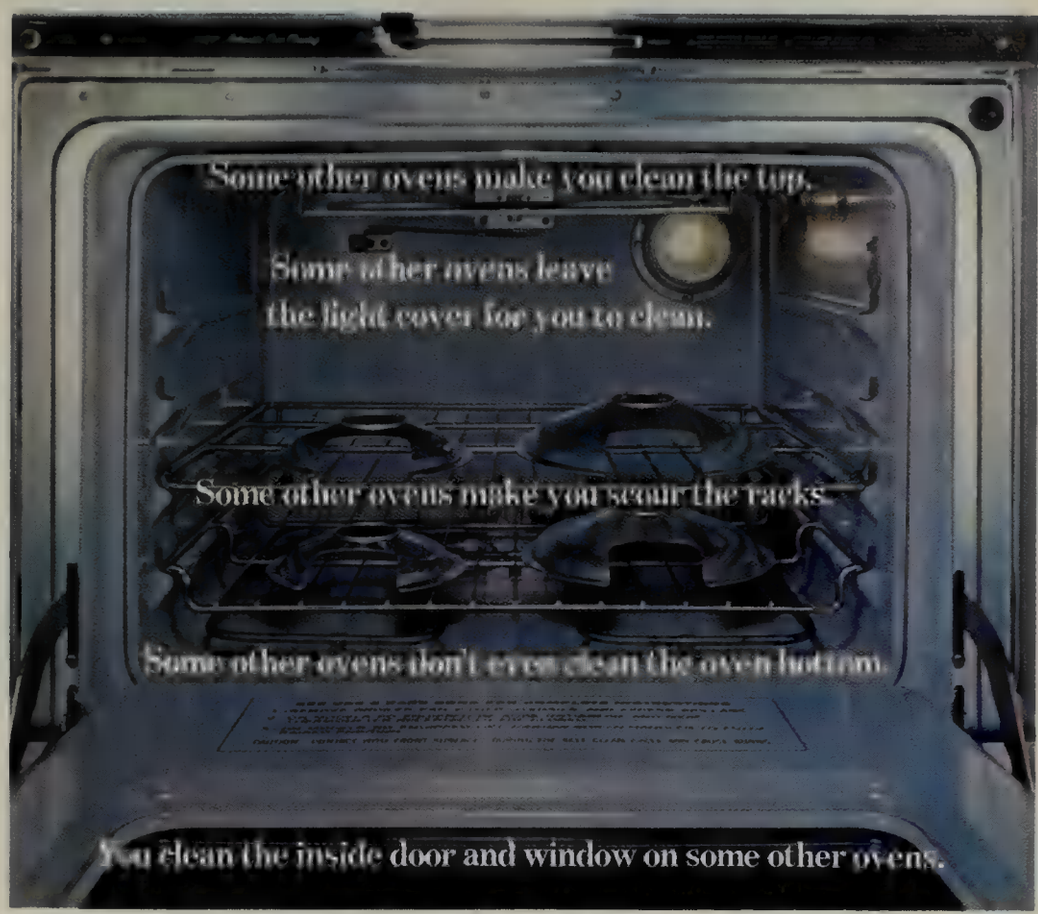
1 *Temporarily mount picture to be matted on a larger piece of cardboard. Use adhesive spray*

2 *Place cropping L's on picture exactly where mat will go. Measure to find dimensions of the mat window*

3 *Lightly pencil-outline inside dimensions on mat. (See text for outside dimensions.) Precut corners with ½-inch cuts*

4 *Tape metal ruler for cutting surface. Cut sides to connect precut corners, bearing down on both ruler and knife*

General Electric Ranges with Total-Clean Ovens clean parts of an oven others expect you to clean.



All ovens that claimed to clean themselves aren't created equal. What's the difference? One works by heat. While the other, called "continuous cleaning," depends upon a dark-colored porous enamel. This porous surface is designed to soak up splatter and grease as you use the oven. But since many parts of the oven can't be made with this porous finish, you're expected to lend a hand.

The General Electric Total-Clean self-cleaning system is completely automatic. It cleans the entire oven interior. All you do is latch the door and set the control. Spills, greasy spots and oven soil are decomposed by the heat. General Electric pioneered the Pyrolytic self-cleaning oven, so it's probably no surprise that we have the largest selection of Total-Clean Ovens.

P-7 plus double ovens

The J797 Americana.® The lower oven has the P-7® Total-Clean System. Removable panels and shelves in the upper oven can be cleaned in the P-7 Lower oven. Other features include: dependable solid-state oven temperature control, Sensi-Temp™ automatic surface unit with griddle, automatic rotisserie, meat thermometer, infinite heat surface units, two picture window doors. Available in Harvest, Avocado or White.

P-7 free-standing models

The J757 is a free-standing 30″ model. In addition to the P-7 Total-Clean Oven, you get a solid-state oven temperature control, no-drip cook-top, with Sensi-Temp automatic surface unit and griddle, automatic rotisserie, meat thermometer, infinite heat surface units and picture window oven door. Available in Harvest, Avocado or White.

P-7 top and bottom wall ovens

The JK29 is a 27″ built-in double-oven with two Total-Clean Ovens. Other features: dependable solid-state oven temperature control, picture window door in both ovens, easy-set oven timer, rotisserie, and automatic meat thermometer. Counter top surface units with matching exhaust hoods are available. All in Harvest, Avocado or White.

Customer Care Service Everywhere.

This feature goes with every P-7 Total-Clean range we sell. This is our pledge: that wherever you are or go you'll find an authorized GE serviceman nearby. Should you ever need him.

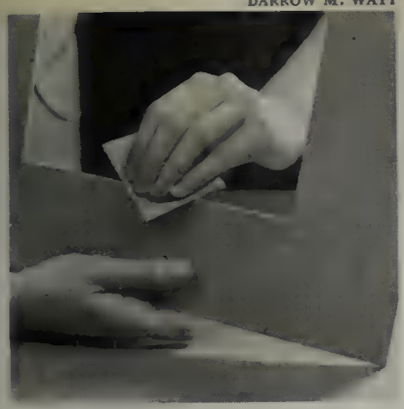
GENERAL ELECTRIC

Guess who's got more liver?

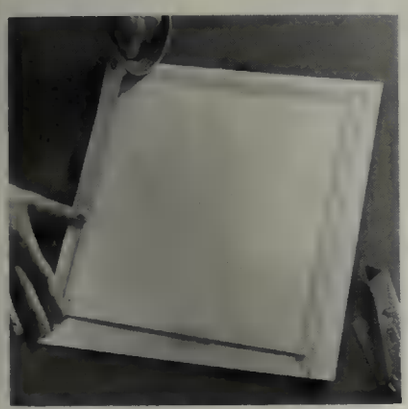
Purina Variety Menu. It's 95% liver. No gravy-no cereal fillers! Just 95% liver plus 5% vitamins, minerals, and other nutrients. Now which has more of the liver your cat loves, and more of the liver you're paying for?

Purina Variety Menu ... 20 varieties. All 95%.

DARROW M. WATT



5 *Lightly sand edges with fine sandpaper to remove any roughness. Be careful not to round edges*

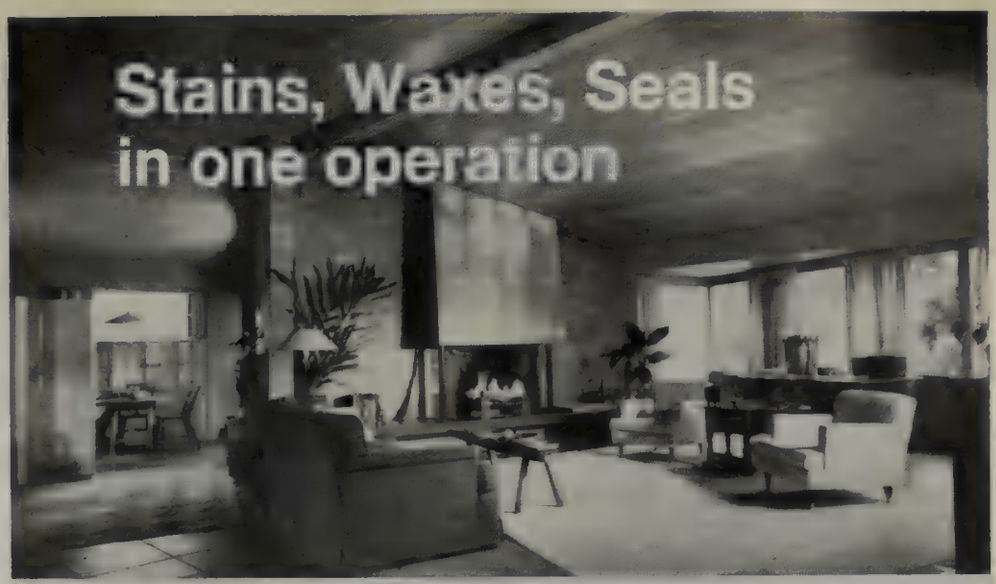


6 *Secure print to mat with short lengths of masking tape; check picture position and tape all around*

7 *Picture is now matted and ready to be displayed as is. Or frame it if you like*

hat knife. Or try a mechanical mat cutter, which bevels as it cuts; art supply stores sell such cutters for $7 to $12.

For a fabric-covered mat, use linen, burlap, felt, any material you like. Cut fabric 1 inch larger than mat and lay on smooth surface. Spray back of mat with adhesive, then place on fabric. Make an inch-long diagonal cut in fabric starting ⅛ inch away from each window corner. Cut out center hole, spray overhanging fabric with glue, and wrap back over window edges. Similarly, cut, glue, and wrap excess fabric around outer edges of mat. □



California Home; Designer: Russell Forester, LaJolla, Cal.; Cabot's Stain Wax on woodwork.

Cabot's STAIN WAX

Time was when wood finishing was a long, arduous task. Today, Cabot's Stain Wax does the job in a single application. This unique "three-in-one" finish (suitable for all interior paneling, beams, etc.) brings out the best in wood, enhancing the grain and producing a soft, satin finish in your choice of sixteen colors. When a flat finish is desired, use Cabot's Interior Stains.

Samuel Cabot Inc.

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☐ Enclose 25¢ for full-color Cabot handbook on Wood Stains.

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Jurors *for the previous eight awards programs are shown at right. A new jury nominated for the 1973–74 program will be announced later in Sunset*

Robert Alexander
Architect

Harris Armstrong
Architect

John Burchard
Historian, Editor

Thomas Church
Landscape Architect

Announcing the American Institute of Architects-Sunset Magazine

1973-74 Western Home

A continuing residential design awards program conducted biennally since 1957. This year there is a new award category for younger architects

Hugh Hardy
Architect

Harwell H. Harris
Architect

Fumihiko Maki
Architect

Proctor Mellquist
Editor

Barbara Stauffacher Solomon
Graphics Designer

Victor Steinbrueck
Architect

The Western Home Awards spotlight architects who have advanced the art of residential design in the West. Launched in 1957, the program is the only one in the nation conducted on a continuing basis by the architects' own professional association in conjunction with a consumer magazine. This round's winners and many interesting nonwinners will appear in *Sunset* starting with the October 1973 issue.

A new category in the 1973–74 awards program will honor architects 35 years old or younger whose work has not been published in a magazine before. Their entries will be judged in the general competition first.

The jury looks for excellence of design, and also takes into account how structures utilize the land, and how innovations in materials allow greater freedom of design or reduction of costs. One category recognizes the successful "recycling" of older houses. Others honor merchant-built residences.

Registered architects from Colorado to Hawaii will soon receive a brochure explaining entry procedures, classifications, rules for photography, and an entry blank. If you are an architect and don't receive a brochure, or are a builder, developer, or home owner and would like one, please write to: A.I.A.-*Sunset Magazine* W. H. A. Committee, Box 2345, Menlo Park, Calif. 94025. Houses or projects completed since January 1, 1969, are eligible. □

Edward L. Barnes
Architect

Fred Bassetti
Architect

Peter Blake
Architect, Editor

Robin Boyd
Architect

Henrik Bull
Architect

A. O. Bumgardner
Architect

Neil A. Connor
Architect

Gardner Dailey
Architect

Henry Dreyfuss
Designer

Charles Eames
Designer

Donn Emmons
Architect

Arthur Charles Erickson
Architect

Awards

Alexander Girard
Architect

Bennie M. Gonzales
Architect

Lawrence Halprin
Landscape Architect

A. Quincy Jones
Architect

Raymond Kappe
Architect

Edward Killingsworth
Architect

Paul Hayden Kirk
Architect

Carl Koch
Architect

Dorothy W. Liebes
Designer

Héctor Mestre
Architect

Charles W. Moore
Architect

John M. Morse
Architect

Vladimir Ossipoff
Architect

Kevin Roche
Architect

Robert Royston
Landscape Architect

Ezra Stoller
Photographer

Calvin C. Straub
Architect

Hugh Stubbins
Architect

Peter Walker
Landscape Architect

John Carl Warnecke
Architect

Minoru Yamasaki
Architect

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Seattle/Tacoma	3:40 pm **747** NONSTOP to Tokyo
Anchorage	7:00 pm NONSTOP to Tokyo

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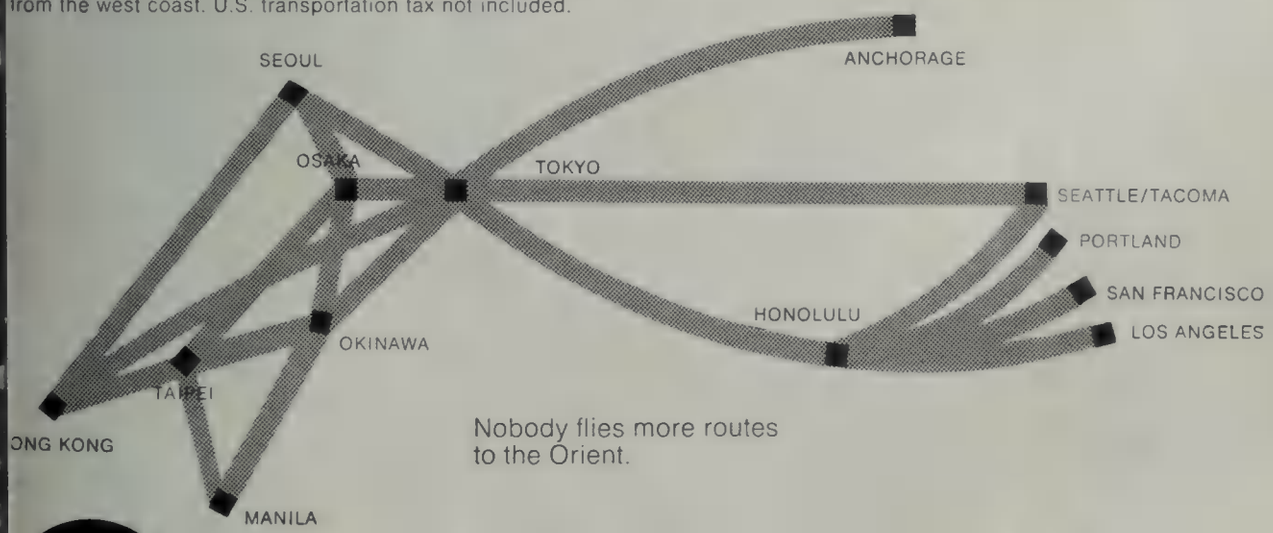
*Prices (subject to change) are per person, based on double-occupancy accommodations and include round-trip air fare from the west coast. U.S. transportation tax not included.



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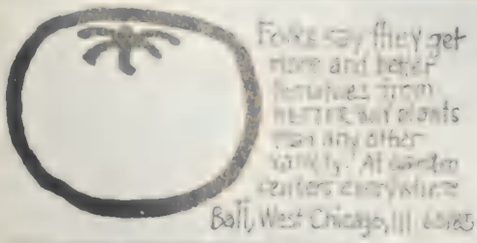
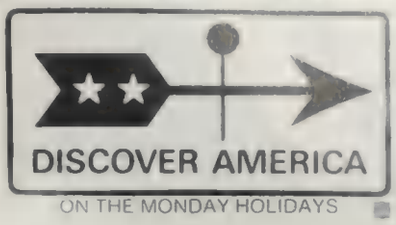




DON NORMARK

Flush-top *version above can be used with or without cushions. One at right was designed so cushions are recessed*

Sturdy bench in two versions

Good-looking garden benches seem to be one item many manufacturers of outdoor furniture overlook. If you want one, you'll probably have to build it yourself. Here are two variations of a basic design that require no special tools or knowledge of joinery to put together. Both benches are very sturdy, and they're wide enough (24 inches) to stretch out on.

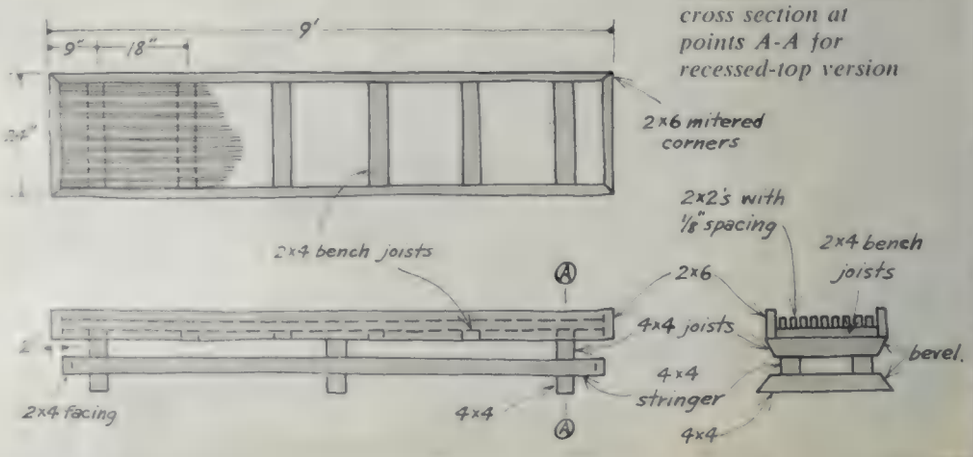
The two models are essentially the same except for their tops. The one in the top photograph has 2 by 2-inch strips set flush with the 2 by 6-inch facing boards so it can be used with or without the cushions.

The other bench, used only with cushions, has its 2 by 2's set below the level of the 2 by 6-inch facing boards. The exact depth of the recession depends on the thickness of the cushions and is simply a matter of altering the height of the 2 by 4-inch joists that support the 2 by 2's. Let the cushion project above the top edge of the facing so when you sit down your legs won't scrape the wood.

Benches were built of finished redwood using galvanized finishing nails. All edges and corners were sanded.

Landscape architect was John Herbst, Jr., for Mr. and Mrs. John Baxter, Jr., of Lake Oswego, Oregon. □

Diagram below shows cross section at points A-A for recessed-top version



Which color TV needs fewest repairs?

TV servicemen say Zenith.

Here are the questions and answers from a 175-city survey of independent TV service shops.

QUESTION: "In general, of the brands you are familiar with, which one would you say requires the fewest repairs?"

ANSWERS:	**Zenith**	**30%**
	Brand A	11%
	Brand B	9%
	Brand C	5%
	Brand D	4%
	Brand E	3%
	Brand F	2%
	Brand G	2%
	Brand H	2%
	Brand I	1%
	Other Brands	3%
	About Equal	21%
	Don't Know	11%

QUESTION: "In general, of the brands you are familiar with, which one would you say is easiest to repair?"

ANSWERS:	**Zenith**	**34%**
	Brand A	25%
	Brand B	11%
	Brand D	5%
	Brand F	4%
	Brand E	4%
	Brand C	3%
	Brand I	1%
	Other Brands	3%
	About Equal	18%
	Don't Know	1%

QUESTION: "If you were buying a new color TV set for yourself today, which brand would you buy?"

ANSWERS:	**Zenith**	**35%**
	Brand A	21%
	Brand B	12%
	Brand D	7%
	Brand E	5%
	Brand C	4%
	Brand F	4%
	Brand G	3%
	Brand H	1%
	Brand I	1%
	Other Brands	6%
	Don't Know	9%

NOTE: Answers total more than 100% because some servicemen named more than one brand.

How the survey was made.

One of the best-known research firms in America conducted this study of independent TV servicemen's attitudes toward brands of color television. Telephone interviews were conducted with TV servicemen themselves in April, 1972, in 175 cities from coast to coast. To eliminate the factor of loyalty to a single brand, the study included only shops which serviced more than one brand of TV. Survey details are available on request.

Simulated TV picture.

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DARROW M. WATT

Puppets perform *in theater hung from spring tension rod in doorway*

This puppet theater sets up in seconds

Right before show time, this theater fits into place. After the show you can roll it up just as quickly for compact storage. It hangs in a doorway from a spring tension rod. Large hooks or snaps hold the curtain open backstage during a performance.

Materials. You will need one ¾-inch and two ½-inch wood dowels, each 2 inches shorter than the width of your doorway; one spring tension curtain rod, ¾ inch in diameter, which can be adjusted to fit the width of the doorway (about $1.80 in the drapery section of department stores); two large hooks and eyes or snaps.

You also need 1⅞ yards of medium-weight cotton fabric for the theater front and the facing, and ½ yard of contrasting fabric for the curtain.

From the large piece of fabric, cut the theater front to measure 48 inches long and a width of 1 inch narrower than the doorway; then cut the facing to measur 16 inches long and a width 1 inch nar rower than the doorway. From the con trasting fabric, cut a piece 16 by 2 inches for the curtain.

Making the theater. Following sketc A (see page 123), cut out an 11 b 17-inch window from both the theate (large piece of fabric) and the facin (small piece). Turn under ½ inch an stitch along these edges: the long edge of the theater, the short edges of th facing, and all four edges of the curtai (contrasting piece of fabric).

On the short edges of the theater, tur under ½ inch; press. Turn under an other 2 inches and stitch close to presse edge, forming casings on two opposit ends. On the long edges of the facing turn under ½ inch; press. With righ sides together, pin theater and facin together, matching edges of the cutou window. Stitch a ½-inch seam aroun

THE TEN COMMANDMENTS OF AIR CONDITIONING.

way, a house is like a fingerprint. No two are y alike. Which means air conditioning a house n an awfully iffy proposition unless the dealer dies the job knows his stuff inside out, from ning to end.

ut's the reason for The Ten Commandments A computer-verified checklist of ten portant questions every dealer should order to give you an estimate worth considering. Tappan dealers ask them. It's a sin not to.

These aren't idle questions. The answers are a must in order to tell you how much air conditioning is too much. Or too little. Or just right. It'll take about a half-hour of your time, but for once you'll have an accurate idea of what your house needs.

THE TAPPAN COMPUTER-VERIFIED CHECKLIST.

heck item which best describes your house:
1) ☐ One Story Ranch (2) ☐ Tri-Level
3) ☐ Two Story (4) ☐ Other _____ (Define)

ow many bedrooms do you have? _____

ype heating system:
1) ☐ Warm Air (2) ☐ Hot Water or Steam
3) ☐ Electric Baseboard or Ceiling Cable
4) ☐ Other _____ (Describe)

heck the items best describing your present duct work (if any).
1) ☐ Duct work in basement (2) ☐ Duct work in slab
3) ☐ Insulated duct work in attic space, or crawl space
4) ☐ No duct work

Will basement be air conditioned?
1) ☐ Yes (2) ☐ No

(over)

6. Check following questions regarding family characteristics:

A. More than 2 children under 12 living at home.	(1) ☐ Yes	(2) ☐ No
B. Often entertain 10 or more in your home.	(3) ☐ Yes	(4) ☐ No
C. Do more than average cooking and baking.	(5) ☐ Yes	(6) ☐ No
D. Do you have a central air conditioning system?	(7) ☐ Yes	(8) ☐ No

7. For each level of your home — measure the linear feet of all outside walls, put the total linear feet next to item(s) below that best describes it (them). Do not include basement

	TOTAL LINEAR FEET
Walls with no insulation or unknown	
Walls with ½" to 3" insulation	
Walls with over 3" insulation	

THE COMPUTER CHECKLIST, PART II

If you're ever going to have whole house air conditioning, you should have a Tappan accurate estimate first.

When you're finished answering all the questions on the Tappan Computer-Verified Checklist, just clip and mail to Tappan. The sooner you do, the sooner you'll get our computer readout back. Or, if you like, check the appropriate box and we'll have a Tappan dealer come out and do it for you, first-hand. Either way, now's the perfect time to do it. Because come summer the price of air conditioning always goes up.

By the way, in answering the questions, don't wo about being 100% precise in your measuring. W still be able to give you a very accurate estimate ev if you miss an inch or two.

Mail to: Tappan Air Conditioning Division, P Box 153, Elyria, Ohio 44035.

TAPPAN
AIR CONDITIONING

8. Indicate below the total square footage (Hgt. x Width) for all windows and glass doors on each side of your home.

SIDE	Sq. Ft. Single Glass Without Storms	Sq. Ft. Double Glazed or With Storms
North (Include heavily shaded glass areas on east, west and south that sun does not reach)		
South: (Exclude fully shaded doors and windows)		
East and West Combined (Exclude fully shaded doors and windows)		

9. Indicate the square footage of floors in your home next to the item(s) below which best describes its location.

	SQ. FT.
A. Floor on a slab, or over a basement.	
B. Floor above enclosed area or room (exclude basement) which will NOT be air conditioned.	
C. Floor above area or room (exclude basement) which WILL BE air conditioned.	
D. Floor over open or vented area or garage.	

10. Indicate, next to item best describing type of insulation used, square footage of each ceiling in your home. Do not count portion of any ceiling beneath a room that will be air conditio

INSULATION ABOVE CEILING IS:	SQ. FT.
A. 1½" to 3" thick.	
B. More than 3" thick.	
C. Not insulated or don't know.	

☐ Please have my Tappan dealer fill out form

Name _____

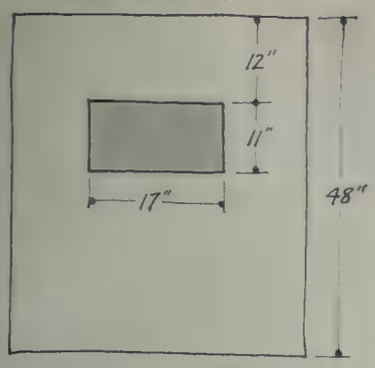
Address _____

City _____ State _____

Zip _____ Phone _____

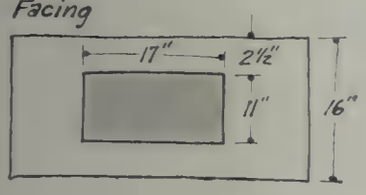
Please your zip code in this

Sketch A–
Cut out shaded area

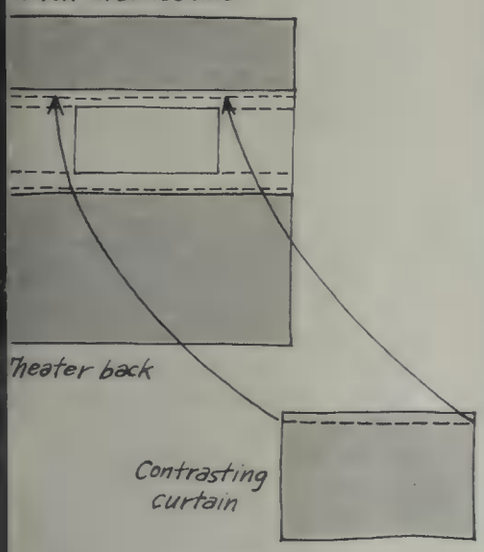


Theater

Facing



Sketch B–
Stitch on dotted line



pening. Make a short diagonal cut into ach corner of the window; turn right-ide-out and press the seam.

titch bottom of facing to theater ac-ording to sketch B, forming a casing elow the window big enough for a ½-ch dowel. Repeat above the window, his time including in the upper seam ne long edge of the curtain, placed eam side up, so it falls behind the win-low to cover the opening completely. ou should now have four finished asings.

ew two large hooks (or snaps) to the ack side of the top casing, one each irectly in line with a side of the curtain. ew matching eyes to the wrong side of e curtain, one each halfway down on ach side. To complete, insert the large owel in the bottom casing, the two mall ones above and below the window, nd the spring tension rod in the top asing. Adjust rod to fit doorway accord-ng to rod instructions. □

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Sunset's Kitchen Cabinet®

Creative cooks enjoy asserting their individuality in the preparation of well established, familiar dishes. For example, a tangy bacon dressing mixed with crisp romaine makes a wilted lettuce salad that is surprisingly different. Bits of ham and cheese tu mashed potatoes that you stuff b into the baked potato skins int neatly packaged entrée.

For a new approach to ground b patties, serve them with a sul

Make dressing for romaine from egg, vinegar, hot bacon drippings, sugar

Crisp Romaine with Bacon Dressing

You can clean the greens and have the dressing ingredients ready ahead; then just before serving quickly cook the dressing.

- About ½ medium-sized head romaine
- ⅓ cup thinly sliced green onions
- 6 slices bacon
- 2 tablespoons sugar
- 3 tablespoons vinegar
- 1 egg, well beaten
- Salt and pepper

Wash the romaine leaves well; pat dry and break into bite-sized pieces (you should have about 2 quarts). Place the romaine and green onions in a bowl; cover and refrigerate.

In a frying pan cook the bacon o medium heat until crisp; lift fr pan, drain, crumble, and set asi Discard all but 3 tablespoons of drippings. This much can be d ahead. Just before serving comb the sugar, vinegar, and egg with reserved bacon drippings; cook o medium low heat, stirring, u heated and thickened; do not boil.

Remove from heat and season w salt and pepper to taste. Pour dress over romaine, sprinkle in the cru bled bacon, and mix well. Serve i mediately. Makes about 6 servings. *S. L., San Diego.*

Mash and season baked potatoes. Pile back into potato skins; heat in oven

Stuffed Baked Potatoes

A generous amount of ham and cheese seasons these mashed potatoes for a hearty luncheon or supper dish.

- 3 large baking potatoes
- 2 tablespoons butter or margarine
- ¼ cup chopped onion
- ½ cup sliced mushrooms
- 2 cups diced cooked ham
- 1½ cups shredded jack cheese (about 6 oz.)
- 1 egg
- ¼ teaspoon pepper
- About 4 tablespoons milk
- Chopped parsley and paprika

Scrub potato skins, pat dry, and grease. Bake in a 400° oven for 1 hour or until tender when squeezed. Melt butter in a frying pan over medium heat; add onion and mushroo and sauté until limp. Stir in ham; aside. Cut each baked potato in h lengthwise; scoop out potato and range the skins in a greased bak pan. Mash potatoes well; beat in cup of the cheese, egg, and pepp add milk, 1 or 2 tablespoons a time, beating until fluffy but stiff; s in ham mixture. Pile potatoes i skins; cover pan and bake in 375° oven for 20 minutes. Unco sprinkle potatoes with remaini cheese, parsley, and paprika. Ba uncovered, until cheese melts, ab 5 minutes. Serves 6.—*R. P., Phoen*

Lamb stew meat, cabbage, new potatoes simmer unattended in seasoned broth

Lamb and Cabbage Stew

This hearty stew makes a wholesome entrée for a cool winter evening.

- 2 pounds lean boneless lamb stew meat
- 1 tablespoon salad oil
- 1 medium-sized onion, chopped
- 1 clove garlic, minced or mashed
- 2 cans (about 14 oz. *each*) regular-strength beef broth
- 1 teaspoon thyme leaves, crumbled
- 2 small new potatoes
- 1 small head (about 1¼ lbs.) cabbage, coarsely shredded
- Salt and pepper
- 2 tablespoons *each* cornstarch and water
- Chopped parsley

Cut meat into about 1-inch cubes. Heat the oil in a 5-quart kettle over medium high heat; add the lamb a brown well. Set meat aside. A onion and garlic and cook until lim

Return meat to pan; add the br and thyme. Cover and simmer 1½ hours. Skim and discard fat fr top of pan juices; add the potat (unpeeled) and cook, covered, for minutes more or until meat and po toes are tender when pierced. Add t cabbage and cook 10 minutes long season to taste with salt and pepp Blend cornstarch and water; stir i pan and cook, stirring, until thic ened. Garnish with parsley. Serves —*E. M., Mill Valley, Calif.*

emon sauce. And for February cele-
rations there is a cherry pie.

Ve welcome your own recipe innova-
ions. Mail them to *Sunset Magazine*,
Menlo Park, Calif. 94025. We pay
$10 for each recipe published.

Lemon-sauced beef patties or hearty lamb and cabbage stew

Date Nut Scones

These fruit-filled, wedge-shaped bis-
uits go well with a salad for lunch,
t teatime, or reheated for breakfast.

- 2 cups regular all-purpose flour (unsifted)
- 2½ teaspoons baking powder
- 3 tablespoons sugar
- 1 teaspoon salt
- ⅓ cup butter or margarine
- ½ cup chopped pitted dates
- ½ cup chopped walnuts or pecans
- ⅓ cup light cream (half-and-half)
- 2 eggs

n a bowl, combine the flour, baking
owder, 2 tablespoons of the sugar,
nd salt. Using a pastry blender or
wo knives, cut butter into the flour
ixture until the size of small peas.

Stir in the dates, nuts, and cream. Separate one of the eggs, add 1 whole egg and 1 egg yolk (set aside 1 egg white) to flour mixture and mix until the dough leaves the sides of the bowl. Turn out onto a lightly floured board and pat into a circle about ¾ inch thick. Cut into 8 wedges and arrange on a greased baking sheet.

Beat the remaining egg white slightly, brush over top of each wedge, then evenly sprinkle with the remaining 1 tablespoon sugar. Bake in a 425° oven for 18 to 20 minutes, or until tops are well browned. Makes 8 scones.—*R. M., Roseburg, Ore.*

Pat dough into circle; cut in wedges, brush with egg white before baking

Ground Beef Patties with Lemon Sauce

ou brown the meat patties and then
mmer them briefly in the sauce for
is inexpensive entrée.

- 1½ pounds lean ground beef
- 2 tablespoons finely chopped onion
- ½ teaspoon salt
- 1 teaspoon grated lemon peel
- 1 egg
- 1 tablespoon salad oil
- 2 tablespoons vinegar
- ½ teaspoon ground ginger
- 3 tablespoons brown sugar
- 1 bay leaf
- 6 thin slices from whole lemon
- 2 beef bouillon cubes

n a bowl combine the ground beef,
nion, salt, lemon peel, and egg. Mix
ghtly and shape into 6 thick patties.

In a frying pan heat the oil over medium high heat; add the meat patties and brown well on both sides. Remove patties and set aside; discard any fat in pan. To the pan add the vinegar, ginger, brown sugar, bay leaf, lemon slices, and bouillon cubes. Bring to a boil, return patties to pan, reduce heat, cover, and simmer until meat is done to your liking (about 8 minutes for medium-well), turning once or twice. Remove bay and pass sauce to spoon over meat. Makes 6 servings.—*J. P., Lynnwood, Wash.*

You might serve each patty on a toasted English muffin half.

Thick, juicy beef patties and sauce; serve on English muffin halves with peas

Red Cherry Pudding Pie

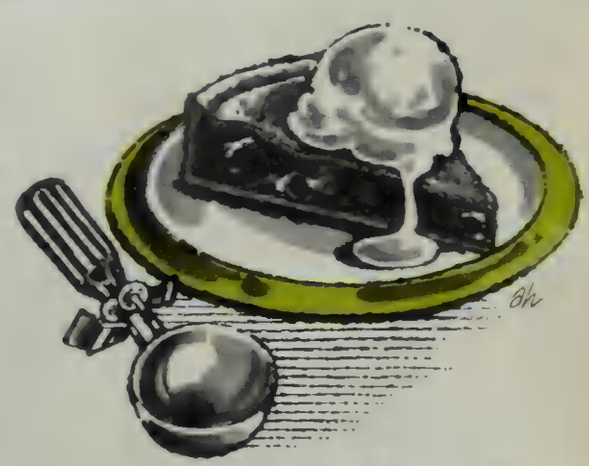
ou bake this unusual pie in a cake
an with a removable bottom, or a
heesecake pan.

- ½ cup (¼ lb.) butter or margarine
- 9 tablespoons sugar
- 1¼ cups regular all-purpose flour (unsifted)
- 1 can (21 oz.) cherry pie filling
- ½ teaspoon ground cinnamon
- 1 egg
- ¼ cup milk

n a saucepan over low heat combine
he butter with 1 tablespoon of the
ugar and heat just until the butter is
elted. Remove from heat, add 1 cup
f the flour and stir until mixture
omes away from the sides of the pan.

Press dough evenly in the bottom and about 1 inch up the side of a 9-inch round cake pan with a removable bottom or a 9-inch cheesecake pan; set aside. Combine cherry pie filling and cinnamon; pour into the crust.

In a bowl beat the egg until soft peaks form; gradually beat in the remaining 8 tablespoons (½ cup) sugar. Add the remaining ¼ cup flour and the milk; beat until thoroughly blended. Spoon mixture over the cherry filling. Bake in a 375° oven for 50 minutes, or until golden brown. Serve at room temperature. Makes about 8 servings.—*E. P., San Francisco.*



Offer scoops of ice cream to top each serving of this cherry-studded dessert

Thick steaks *of Pacific halibut with shrimp and clams cooked together inside clear roasting film. A buttery lemon sauce for them was made from juices that formed*

Here's how *you do it: Arrange shrimp on halibut steaks, tumble clams on top, then seal inside clear roasting film for baking*

You cook the whole meal inside a plastic bag

Here are four to try . . . lamb, fish, pork, chicken

DARROW M. WATT

The clear roasting bags and film now in our markets make it easy for Western cooks to use a cooking technique employed by generations of European chefs —baking foods tightly enclosed inside parchment paper packets. The French refer to such paper-wrapped oven dishes as *en papillote*. The Italians call them *al cartoccio*.

Foods brown through either paper or plastic film and cook tender and juicy in the moist heat contained inside. However, plastic bags and film are far easier to use than paper, so they inspire modern-day cooks to create noteworthy company entrées and favorite one-dish family meals by this method.

Cooking under wraps has several additional advantages. You can assemble the dishes ahead and refrigerate in the roasting bag or film until ready to cook. Since you completely enclose the food, it cooks in the accumulated juices, eliminating the need for basting, while protecting the oven and baking pan from the usual splatters. As a bonus, the flavorful drippings that collect can be turned into pleasant sauces.

For these recipes you'll need the large size roasting bags or large pieces of film, so the foods have ample room to cook. Then follow the manufacturer's directions and sealing instructions.

When the clams pop open, this seafood entrée is ready to serve.

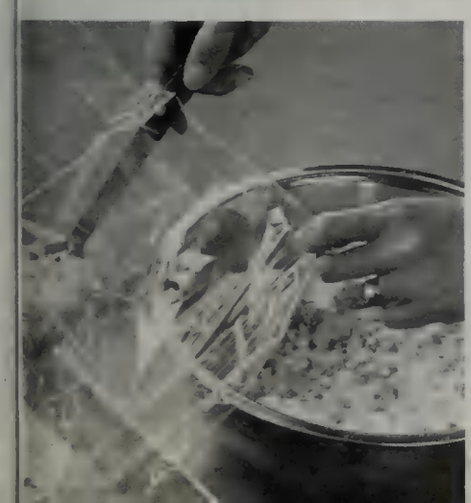
Oven Seafood Bake

- ¼ cup soft butter or margarine
- 1 clove garlic, minced or mashed
- ½ teaspoon grated lemon peel
- 1 teaspoon lemon juice
- 2 Pacific halibut steaks, about ¾ inch thick (about 1 lb. *each*)
- Salt and pepper
- ½ pound medium-sized shrimp (30 to 40 count per lb.), shelled and deveined
- 12 fresh clams in shells, well scrubbed
- ¼ cup whipping cream
- Chopped parsley

Beat together the butter, garlic, lemon peel, and lemon juice. Season both sides of the fish steaks lightly with salt and pepper. Spread about ½ of the butter mixture evenly over one side of each steak. Place a large clear roasting bag (about 12 by 18 inches) or a piece of clear roasting film about 24 inches long in a baking pan about 2 inches deep. Place fish steaks side by side, buttered side down in bag or on film; arrange shrimp on halibut, then top with clams and dot evenly with the remaining butter. Seal the bag or film according to manufacturer's directions; pierce 4 to 6 holes in top.

Bake in a 350° oven for 30 to 40 minutes or until clams have opened. Open bag, slashing the top enough to remove food without losing the juices, or open and fold back the film. With a slotted spoon, lift out clams; set aside. Using 1 or 2 slotted spatulas, transfer fish with shrimp on top to a warm serving platter, surround with clams, and keep warm. Pour drippings into a wide pan, add cream, and cook over high heat until slightly thickened and liquid is reduced to about ¾ cup. Garnish fish platter with parsley and pass sauce to spoon over individual servings. Makes about 6 servings.—*C. S., Palo Alto, Calif.*

Spoon *sauerkraut and apple mixture into clear roasting bag, then add pork roast, beef broth*



This pork roast develops rich brown color and gets tender and juicy while its flavor mingles with the sauerkraut and apple inside the roasting bag.

Roast Pork Loin with Sauerkraut

Place a large clear roasting bag (about 12 by 18 inches) or a piece of clear roasting film about 24 inches long in a baking pan that's about 2 inches deep.

Combine 1 large can (1 lb. 11 oz.) sauerkraut (well drained), 1 large Golden Delicious apple (cored and chopped), 1 medium-sized onion (chopped), and ¾ teaspoon ground cumin seed; spoon into bag or onto film. Trim excess fat from a 3 to 3½ pound loin pork end; place on top of sauerkraut mixture and carefully pour over 1 cup regular-strength beef broth. Seal the bag or film according to manufacturer's directions; pierce 4 to 6 holes in top.

Insert a meat thermometer through film into thickest portion of meat. Bake in a 350° oven for 1½ to 2 hours, or until the meat thermometer registers 170°.

Open the bag, slashing the top enough to remove the food without losing the juices, or open and fold back the film. Lift roast to a warm serving platter. With a slotted spoon lift out sauerkraut, drain briefly, and arrange around roast; keep warm. Pour drippings into a measuring cup, skim and discard fat, and add beef broth to drippings, if needed, to make 1 cup liquid; pour into a pan. Combine 2 teaspoons *each* cornstarch and water, stir into drippings, and cook, stirring, until thickened. Season to taste with salt and pepper. Pass gravy to spoon over all. Makes 4 to 6 servings.

Barley pilaf cooks along with the lamb shanks in this dish; because of the amount of liquid needed, a large roasting bag works best.

Baked Lamb Shanks with Barley Pilaf

Place a large clear roasting bag (about 12 by 18 inches) in a baking pan about 2 inches deep. Spread 1 cup pearl barley (rinsed) in the bag with ¾ cup *each* coarsely chopped dried apricots and chopped pitted prunes. Sprinkle with ½ teaspoon rosemary leaves (crushed), 1 large clove garlic (minced or mashed), and ⅛ teaspoon pepper.

Trim and discard excess fat from 4 large

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lamb shanks; arrange on top of barle mixture. Carefully pour 2 cans (14 o *each*) regular-strength beef broth int bag. Seal bag according to manufac turer's directions. Pierce 4 to 6 holes i top of bag and bake in a 350° oven fo 2 to 2½ hours, or until lamb is tende when pierced through the bag.

Open the bag, slashing the top enough t remove the food without losing th juices. Lift shanks to a warm servin platter; using a slotted spoon, lift ou barley mixture, drain briefly, and a range around meat; keep warm. Pou drippings into a saucepan; combine teaspoon *each* cornstarch and water, st into drippings and cook, stirring, unt thickened. Pass gravy in a bowl to spoo over all. Makes 4 servings.

Here the cooking-in-a-wrap techniqu produces a particularly moist version o a popular Italian entrée.

Chicken Saltimbocca

- 3 pounds whole chicken breasts, halved, boned, and skinned
- 1 package (6 oz.) sliced jack cheese
- 1 package (4 oz.) sliced boiled ham
- 3 tablespoons soft butter or margarine
- Salt, pepper, ground nutmeg
- ¼ pound mushrooms, sliced
- ¼ cup cream Sherry or Marsala
- Chopped parsley

Place each piece of chicken on a piece o waxed paper; cover with another pie of waxed paper and pound meat firm with a flat mallet until about ¼ inc thick. Evenly distribute the cheese an ham over the chicken. Fold eac chicken breast in half to enclose ha and cheese; secure with a wooden pic Use 2 tablespoons of the butter spread evenly over both sides of th chicken packets, then lightly sprink each side with salt, pepper, and nutme

Place a large clear roasting bag (abo 12 by 18 inches) or a piece of cle roasting film about 24 inches long in baking pan about 2 inches deep. Pla stuffed chicken pieces in a single layer bag or on film. Seal the bag or film a cording to manufacturer's direction pierce 4 to 6 holes in top.

Bake in a 350° oven for 20 minutes until chicken is opaque throughout whe you cut a slash through the film in the thickest portion. Open the bag, slas ing the top enough to remove the foo without losing the juices, or open a fold back the film. Lift chicken to warm platter; keep warm. If any melte cheese remains on the film, spoon it ov chicken. Meanwhile, in a wide fryin pan over medium high heat, sauté mus rooms in the remaining 1 tablespoo butter until most of the liquid has evap rated. Pour in drippings from roasti bag or film, add Sherry, and cook ov high heat until liquid is reduced to abo ¼ cup. Pour over chicken; top wi parsley. Serves 6.

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1/2 cup BEST FOODS Real Mayonnaise
1/2 cup milk
1/2 cup shredded Cheddar or American cheese or grated Parmesan or crumbled blue cheese

Stir together all ingredients in small saucepan. Heat over medium low heat about 5 minutes or until heated. Serve over hot vegetables or fish. Try Cheddar or American on asparagus, blue cheese on fried flounder, Parmesan on zucchini. Makes about 1 cup.

PUFFY CHEDDAR OMELET

Whole-egg Best Foods helps keep the mixture smooth and creamy.

4 eggs, separated
1/2 cup BEST FOODS Real Mayonnaise
3 tablespoons water
2 tablespoons margarine
1 cup finely shredded Cheddar cheese

Beat egg whites until soft peaks form. In small bowl beat together egg yolks, Real Mayonnaise and water. Fold yolk mixture into whites. Melt margarine in 10-inch skillet. Add egg mixture. Cook over low heat 10 minutes or until lightly brown on bottom but still moist on top. Bake in 350°F oven 5 minutes. Sprinkle on cheese; bake 1 to 2 minutes more, until cheese melts. Remove from oven. Loosen edges, make a shallow cut through the center. Fold omelet in half. Serve on warm plate. Serves 3 or 4.

NOTE: For variety add your choice of chives, basil or tarragon.

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3 cups shredded Swiss cheese
2/3 cup chopped tomato
1/2 cup chopped green onion
2/3 cup BEST FOODS Real Mayonnaise
1 (7-inch) round loaf pumpernickel bread, unsliced

Mix together first 4 ingredients. Slice bread, almost completely through, 11 times. Fill every other slit with cheese mixture. Wrap loaf in foil. Bake in 325°F oven about 30 minutes or until cheese melts. Separate into 6 sandwiches.

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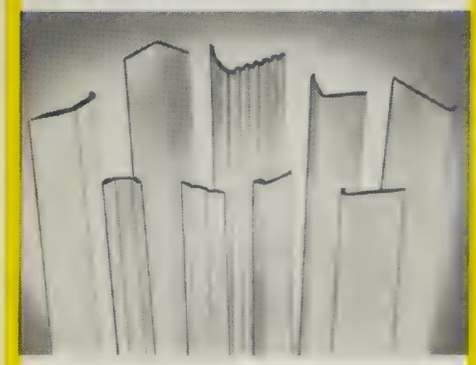

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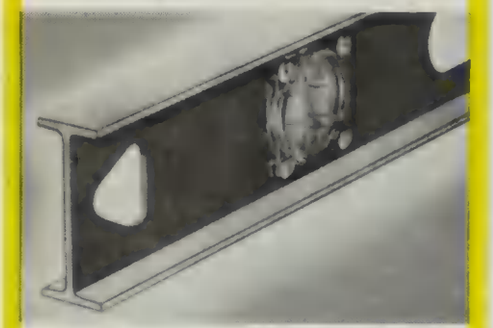

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NORMAN A. PLATE

Cut *winter squash into small chunks for quick cooking*

Butter-steaming winter squash

A delicious alternative to baked winter squash is squash prepared by a method called butter-steaming. Small pieces of squash can be cooked over high heat in a frying pan with a little butter and water in about 5 minutes. Below is the basic recipe for butter-steaming with several simple savory or sweet variations you might like to try.

Any size winter squash—including acorn, butternut, banana, or hubbard—can be cooked this quick and easy way. Use a heavy-bladed knife to cut the squash into small pieces for easier handling. A wooden mallet is sometimes helpful in pushing the knife through the squash. For large squashes, you may need a hacksaw. Scoop out the seeds and stringy pulp with a sturdy spoon, then peel the pieces of squash with a paring knife or a vegetable peeler.

Ingredients should be ready to use before you begin to cook because butter-steaming goes quickly.

Butter-steamed Squash

About 1½ pounds winter squash, seeded and peeled
2 tablespoons butter or margarine
¼ cup water
About ⅛ teaspoon salt

Cut squash into ½-inch cubes to make about 4 cups. Melt the butter in a wide frying pan over medium-high to high heat. Add squash and water. Stir. Cover and cook, stirring occasionally, for 4 to 5 minutes, or until squash is just tender when pierced and the liquid is absorbed. Salt to taste. Makes about 4 servings.

Cream-glazed Cardamom Squash. Follow recipe for butter-steamed squash. After the squash is tender, stir in with the salt ⅛ teaspoon ground cardamom and ¼ cup whipping cream. Cook, uncovered, stirring until liquid is almost gone and squash is glazed.

Cream-glazed Anise Squash. Follow recipe for butter-steamed squash, adding ¼ teaspoon anise seed with the squash and water. After squash is tender, add ¼ cup whipping cream with salt. Cook, uncovered, stirring until liquid is almost gone and squash is glazed.

Squash with Peanuts and Coconut. Follow recipe for butter-steamed squash. Instead of salt, season with 1 teaspoon *each* soy sauce, sugar, and vinegar; stir to blend. Turn into a serving bowl and sprinkle 2 tablespoons *each* chopped roasted salted peanuts and toasted coconut over the top.

Squash with Bacon and Onion

About 1½ pounds squash, seeded and peeled
6 slices bacon, diced
1 small onion, chopped
1 clove garlic, minced or mashed
¼ cup water
1 teaspoon vinegar

Cut the squash into ½-inch cubes to make about 4 cups. Fry the bacon in a wide frying pan until crisp. With a slotted spoon remove bacon from pan and drain. Reserve only 4 tablespoons of the drippings in the pan. Add the onion and garlic; cook over medium heat until limp. Increase heat to medium-high to high, and add squash and water. Stir.

Cover and cook, stirring occasionally, for 4 to 5 minutes, or until squash is just tender and liquid is absorbed. Stir in cooked bacon, vinegar, and salt to taste. Makes about 4 servings.

Squash with Apples

About 1 pound winter squash, seeded and peeled
1 large Golden Delicious apple, peeled
4 tablespoons butter or margarine
¼ cup water
2 teaspoons lemon juice
¼ cup brown sugar, packed
¼ teaspoon ground cinnamon
⅛ teaspoon ground nutmeg
About ¼ teaspoon salt
¼ cup toasted sliced almonds

Cut the squash and apple into ½-inch cubes; you should have about 4 cups. Melt the butter in a wide frying pan over medium-high to high heat. Add the squash, apple, water, and lemon juice. Stir. Cover and cook, stirring occasionally, for 4 to 5 minutes, or until just tender and liquid is absorbed. Stir in sugar, cinnamon, nutmeg and salt to taste. Turn into dish and garnish with almonds. Makes about 4 servings. □

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BORDEN

NORMAN A. PLATE

Shimmering *cherries gently flow over creamy cheesecake with baked crumb crust*

Dust *cherry sponge cake with powdered sugar, then cut in squares to serve*

Cheerful cherry topping for cheesecake or sponge cake

Plump, juicy cherries, peeking through a crimson glaze, make a handsome dessert that is particularly apropos for February's holidays. The colorful desserts pictured here are easy to duplicate: each uses a can of prepared cherry pie filling for its topping.

The creamy cheesecake is a good choice for a dinner party. Bake it early in the day, or the night before, so it has ample time to chill before serving.

The light, even-textured sponge cake can be cut into 15 generous squares that stay moist and taste fresh for 4 or 5 days. To store, cover with foil or clear plastic film; keep at room temperature. Offer it for dessert, with afternoon coffee or tea, or pack a well wrapped square for a special lunch box treat.

Cherry-topped Cheesecake

- 1 cup graham cracker crumbs
- 12 tablespoons (¾ cup) sugar
- 3 tablespoons melted butter or margarine
- 1 package (8 oz.) cream cheese
- 2 eggs
- 1 teaspoon vanilla
- 1 cup sour cream
- 1 can (21 oz.) cherry pie filling

For the crust, mix together the cracker crumbs, 2 tablespoons of the sugar, and the butter. Pat into the bottom of a 9-inch cake pan (one with removable bottom) or a cheesecake pan, or pat the mixture over the bottom and sides of a 9-inch pie pan. Bake in a 325° oven for 10 minutes; remove from oven and set aside. Reset oven temperature to 375°.

For the filling, cream the cheese until light; beat in 8 tablespoons (½ cup) of the sugar. Add eggs, one at a time, beating until thoroughly blended. Mix in ½ teaspoon of the vanilla. Spread filling in the baked shell and bake in a 375° oven for about 18 minutes, or until mixture is barely set when the pan is jiggled; remove from oven.

For the topping, mix together the sour cream, the remaining 2 tablespoons sugar, and remaining ½ teaspoon vanilla. Gently spread over the filling and return to oven for 5 minutes. Cool to room temperature. Then spread cherry pie filling over top and chill for at least 4 hours, or overnight. Makes 6 to 8 servings. —*R.S., Belmont, Calif.*

Cherry-glazed Sponge Cake

- 1 cup (½ lb.) butter or margarine
- 1½ cups sugar
- 4 eggs
- 1 teaspoon almond extract
- 2 cups regular all-purpose flour (unsifted)
- 1 can (21 oz.) cherry pie filling
- Powdered sugar

In the bowl of an electric mixer, beat the butter and sugar together until light. Add eggs, one at a time, beating well after each addition. Stir in the extract and flour until well blended. Spread batter in a well greased 10 by 15-inch baking pan. With the tip of a knife lightly mark off the batter into 15 equal pieces; then spoon equal portions of the cherry pie filling into the center of each square. Bake in a 350° oven for 35 to 40 minutes, or until lightly browned and a wooden pick inserted in the center of the cake comes out clean. Cool in the pan. Dust with powdered sugar before serving. Makes 15 servings. □

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DARROW M. WATT

Pour *orange rum syrup over raisin-studded wedge*

Consider it a bread or a cake

The raisin-studded ring pictured above can be served as either a cake or bread. The slightly sweet, yeast-raised dough is of stirring consistency and does not require kneading. When baked, the tender ring has a light, almost cakelike texture.

You might serve thin slices of it as bread, still warm from the oven, reheated, or lightly toasted for breakfast. To reheat, wrap ring (thaw if frozen) in foil and place in a 350° oven for about 30 minutes or until hot throughout.

For a cake dessert, serve thick wedges of the ring with this *Orange Rum Syrup:* In a saucepan combine 1 cup sugar, ½ cup water, and 1 teaspoon grated orange peel. Boil, stirring, until sugar dissolves. Remove from heat; add ½ cup fresh orange juice and ¼ cup rum. Makes enough for entire ring. Serve warm.

Almond Raisin Ring

- 1¼ cups milk
- ½ cup (⅜ lb.) butter or margarine
- ⅓ cup sugar
- 1 teaspoon salt
- 2 eggs
- 1 package active dry yeast
- ¼ cup warm water
- 1 teaspoon grated orange peel
- 4 cups regular all-purpose flour, unsifted
- About 1 tablespoon softened butter or margarine
- 2 tablespoons sliced almonds
- 1 cup seedless raisins

Scald milk with butter; stir in sugar and salt until dissolved; cool to lukewarm. Beat in eggs, one at a time, blending well after each.

In the large bowl of an electric mixer, blend yeast in water; let stand 5 minutes to soften. Add cooled milk mixture and orange peel. With a regular electric mixer on low speed, gradually beat in 3 cups of the flour and beat 2 minutes; then beat in the remaining 1 cup flour with a heavy spoon until dough is very elastic. (If you're using a heavy-duty mixer, all 4 cups of the flour can be beaten in with the mixer.)

Without a mixer, beat in flour 1 cup at a time, beating well after each addition until elastic, about 400 strokes in all.

Cover bowl and let dough rise in a warm place until almost tripled in bulk, about 1½ hours. Grease a 10-inch tube or bundt pan with the soft butter; press almonds against sides and bottom of pan. Stir down dough, add raisins, and beat vigorously with a heavy spoon for 30 seconds. Spoon into prepared pan, cover, and let rise until almost double, about 35 minutes.

Bake in a 350° oven for about 40 minutes or until a wooden pick inserted in the center comes out clean. Cool in pan on a wire rack for 5 minutes, then invert pan and turn almond raisin ring out onto the rack to cool.

Serve warm or cool as directed above; or cool completely, wrap, and freeze. Makes 1 large ring. □

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DARROW M. WAT

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Three-Vegetable Cup. Blend equal po tions of chilled canned carrot juic canned sauerkraut juice, and canne chile-seasoned tomato cocktail or Blooc Mary mix. Add a squeeze of lemon juic if desired.

Bull's Eye. Blend 1 part canned saue kraut juice and 2 parts regular-streng canned beef broth in ice-filled glasse Add a squeeze of lemon juice, if desire

Land and Sea. Blend 2 parts chille canned chile-seasoned tomato cocktail Bloody Mary mix with 1 part chille canned clam juice. Add a squeeze lime or lemon juice.

Turkish Tomato. Smoothly stir 3 par chilled canned regular tomato juic canned chile-seasoned tomato cockta or Bloody Mary mix into 1 part unfl vored yogurt. Add lemon juice and sa to taste. Sprinkle with dill weed.

Carrot Cooler. Smoothly stir 3 par chilled canned carrot juice into 1 pa unflavored yogurt. Add lemon juice ar salt to taste. Sprinkle with dill weed.

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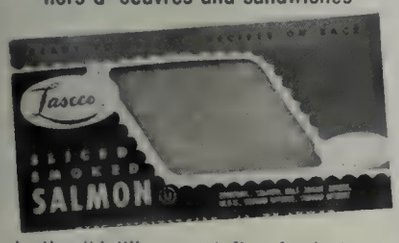

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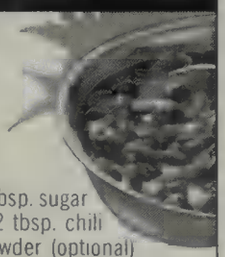

1 lb. Bird Farm Hot Sausage
1 c. chopped onions
1 c. uncooked elbow macaroni
1 lb. can tomatoes
2 tbsp. sugar
2 tbsp. chili powder (optional)
8 oz. sour cream

Brown crumbled sausage with onion in frying pan. Add macaroni; cook 2 to 3 min. Drain. Add remaining ingredients; heat to boil. Cover, simmer 20 min. or 'til done. Serves 6.

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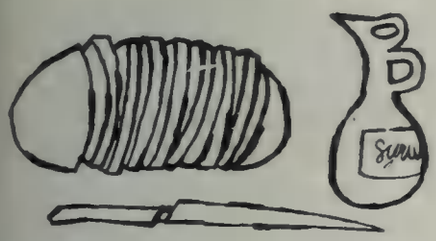

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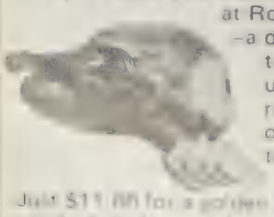

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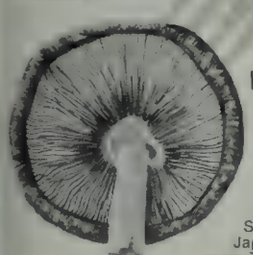

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Have you ever *cooked* jicama?

Jicama (*hee*-cah-mah), a popular Mexican root vegetable that looks like a giant brown turnip, is found with increasing frequency in Western markets. Perhaps you've already discovered that its crisp, white flesh is good raw—sliced and eaten with salt or seasoned salt, or slivered into green salads or fruit cups.

But have you ever cooked jicama? Oriental cooks often do, using it as an economical substitute for water chestnuts. Heated, jicama retains its distinctive crunch. When sautéed for several minutes it also develops a mellow sweet taste.

You can use jicama in everyday dishes like fried potatoes (recipe below), where its unusual texture is an interesting surprise, as well as in Oriental dishes. You might use these recipes as stepping stones to other ways to cook and serve jicama.

Since most jicamas weigh from 1 to 6 pounds, you usually use only a portion of one at a time. Wrap the unpeeled remainder and store in the refrigerator; it keeps well for several weeks. Trim off any mold or signs of decay before using.

A Mexican cook might serve an everyday dish like this to her family.

Jicama with Fried Potatoes

Peel 2 large (about 1 lb.) baking potatoes and cut in ¼-inch-thick slices. Cut 1 large onion in thin slices and separate into rings. Also peel about 1 pound jicama and cut in ¼-inch-thick slices, about 1½ inches square. You should have about 3 cups.

In a wide frying pan over medium heat, melt 6 tablespoons butter or margarine. Add potatoes, onions, and jicama. Cook, turning as needed with a wide spatula, until potatoes are tender and golden; takes 25 to 30 minutes. Stir in ½ teaspoon salt, ⅛ teaspoon pepper, and ½ cup minced green onion, including some of the tops. Makes about 4 servings.

This ground beef sauté is a simple variation of a Chinese appetizer; it can also be offered as a main dish. The hot meat and jicama mixture is served with crisp lettuce leaves.

Jicama and Beef Sauté

Wash, drain, and chill 1 large head of iceberg lettuce, or 2 large heads of butter lettuce or romaine. Peel about 1 pound jicama and cut in ⅛-inch-thick slices about ½ inch square. You should have about 3 cups. Set aside.

NORMAN A. PLATT

For a pleasant *change, cook jicama; it stays crisp and crunchy. Sautéed, it's mellow, sweet*

Gradually blend 1 cup regular-strength beef broth with 2 tablespoons cornstarch; then add 1 teaspoon *each* sugar and grated fresh ginger (or minced candied ginger), 3 tablespoons *each* soy sauce and dry Sherry, ⅛ teaspoon liquid hot pepper seasoning, and 2 cloves garlic, minced or mashed; set aside.

In a wide frying pan over medium-high heat, crumble 1 pound lean ground beef, and cook, stirring, until meat is browned and juices are evaporated; takes 5 to 8 minutes. Spoon meat out of pan and set aside, discarding any fat. Add 2 tablespoons salad oil to pan and stir in the jicama; cook, lifting and turning with a spatula, just until hot.

Add cornstarch mixture and cook, stirring, until sauce is boiling and thickened. Blend in beef and serve (or let cool and reheat to serve); stir in ¾ cup chopped green onion just before serving.

As an appetizer, keep the sauté mixture hot in a chafing dish (one with a hot water bath), or in a bowl on an electric warming tray. Top with additional chopped green onions and spoon bite-size portions onto sections of lettuce.

As a main dish, spoon the hot sauté mixture into large lettuce leaves on individual plates, sprinkling with additional chopped green onions.

Makes 3 main dish servings, or 6 to 8 appetizer servings. □

The weather helps people decide wha to eat. In cold weather, for instance some people like fat. The Eskimo eat blubber, the Englishman suet pudding.

And when does Elton L. McCawle make his molasses pudding with huckle berry sauce? "Pick a frosty evening build a good fire, and invite friends ove for dessert and coffee," he says. His des sert contains a goodly lump of butte and is rich with sugar and spices as wel

Molasses Pudding McCawley

- ½ cup (¼ lb.) butter or margarine
- ½ cup sugar
- ½ cup dark molasses
- 1 egg, slightly beaten
- 1 teaspoon soda
- ¼ teaspoon salt
- 1 teaspoon ground cloves
- 1 teaspoon ground nutmeg
- 1 teaspoon ground ginger
- 2½ cups regular all-purpose flour, unsifted
- ¾ cup boiling water
- Berry sauce (recipe follows)
- Vanilla ice cream

Cream butter and beat in sugar. The beat in molasses and egg. Stir soda, sal cloves, nutmeg, ginger, and flour to gether and blend into molasses mixture Pour in boiling water, stirring constantly until blended. Pour into a round, 9-inch greased and flour-dusted cake pan; bak in a 350° oven for 35 minutes. Serv while still slightly warm with berr sauce (recipe follows) and vanilla ic cream. Makes about 6 servings.

Berry Sauce. In a saucepan mix togethe 1 tablespoon cornstarch, ¼ cup suga ⅔ cup water, 1 cup thawed frozen blue berries (dry packed), 1 teaspoon lemo juice, ¼ teaspoon ground cinnamon and 1 tablespoon butter or margarin Bring to a boil, stirring, and cook unt thickened and sauce is translucent. Coo slightly to serve with pudding.

Elton L. McCawley MS(med)PhL

Portland

Chicken springs eternal in the huma kitchen. D. E. Roughton proves mor than adequate to the challenge of wha to do about it with a dish he cal

On cold nights, Englishmen eat suet and Elton McCawley eats molasses pudding

Chefs of the West

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"Chicken dishes have feminine names"

Chicken Louise. (Chicken dishes usually have feminine names.) The topping is delectably crisp and crusty.

Chicken Louise

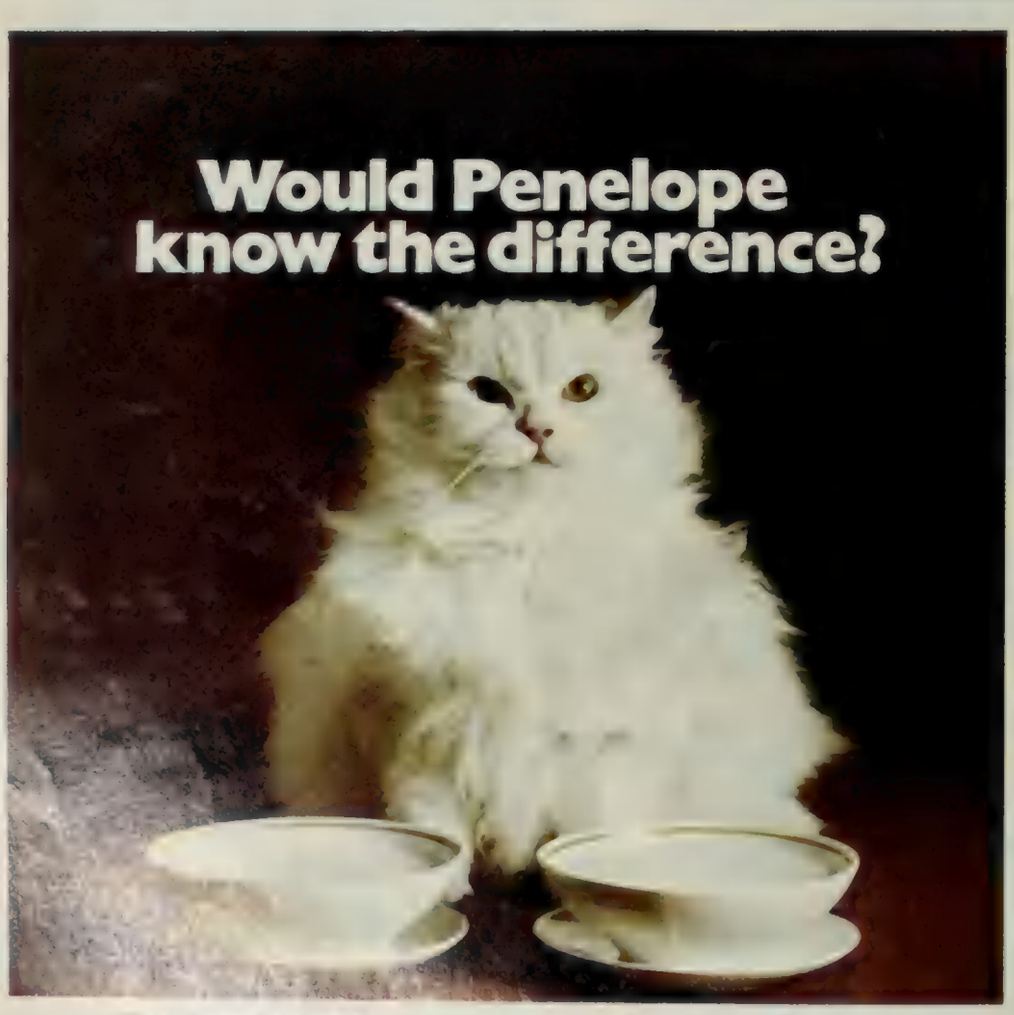
- 3 pound broiler-fryer chicken, cut in pieces
- ⅓ cup regular all-purpose flour
- ¼ teaspoon salt
- ¼ teaspoon pepper
- 2 teaspoons paprika
- 4 tablespoons butter or margarine
- 2 cups diced celery
- 1 can (10½ oz.) condensed cream of chicken soup
- ½ cup light cream (half-and-half)
- 1 cup shredded process American cheese
- 2 tablespoons diced canned pimiento
- 1 cup soft bread crumbs
- ½ cup slivered almonds

Shake chicken pieces in a bag with flour, salt, pepper, and paprika. In large frying pan melt the butter over medium-high heat and brown the chicken pieces on all sides.

Spread the celery in a 9 by 13-inch baking pan. Lay the browned chicken in single layer on top. Combine the soup, cream, cheese, and pimiento and pour over the chicken. Add the crumbs to the drippings in the frying pan and toss to mix. Sprinkle crumbs and almonds evenly over sauce, and bake uncovered in a 350° oven for 1 hour or until the meat is no longer pink next to the bone when slashed. Makes about 4 servings.

Fresno

Would Penelope know the difference?



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Steven King tells us, "My wife was unexpectedly called away to care for children, so I took over dinner. She returned, put children to bed, and we down to these ribs with French bread and a tossed salad."

Stick to Your Ribs Ribs

- 4 pounds spareribs, cut in pieces
- 1 cup water
- 1 tablespoon butter or margarine
- 1 cup finely chopped onion
- 1 cup catsup
- ¼ teaspoon salt
- 2 tablespoons Worcestershire
- ¼ teaspoon liquid hot pepper seasoning
- ½ cup vinegar
- 3 tablespoons molasses
- ½ teaspoon ground ginger
- ¼ teaspoon thyme leaves
- 2 teaspoons dry mustard
- 1 teaspoon paprika

Place ribs in a single layer in 2 large baking pans. Pour ½ cup water in each pan, cover, and bake 1 hour in 350° oven.

Meanwhile, in a frying pan melt butter over medium heat, add onion, and sauté until limp. Stir in catsup, salt, Worcestershire, hot pepper seasoning, vinegar, molasses, ginger, thyme, mustard, and paprika. Blend well, and simmer, uncovered, over low heat for 10 minutes.

After the first hour, pour off the water and rendered fat from the ribs; combine ribs in one pan and pour over the sauce. Bake, uncovered, 1 hour more, baste occasionally. Makes about 4 servings.

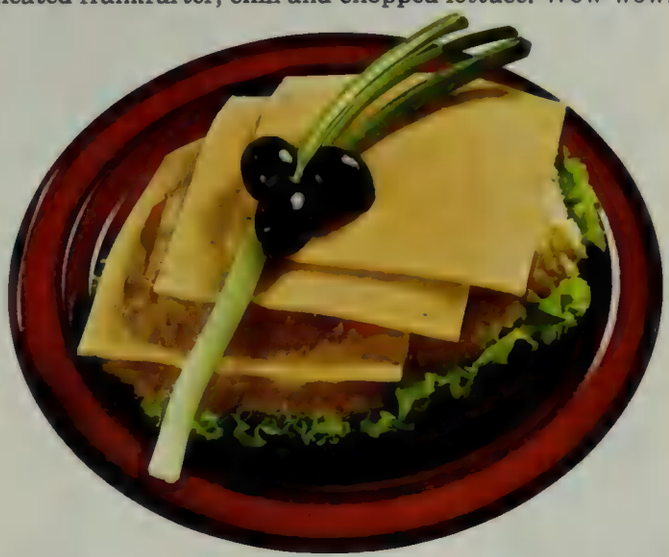
Cupertino, Calif

Captain Allan Douglas, who skippers a charter boat, is also *Chef* Allan Douglas. He submits hereby "another recipe from the galley."

It's a main dish featuring zucchini

Breakfast Sandwich. Break the fast with two kinds of Singles—Sharp and Brick—broiled on an English muffin. Top with hot Canadian bacon and eggs scrambled with pimiento.

Taco Dog. Fill heated taco shells with Jalapeño Singles, heated frankfurter, chili and chopped lettuce. Wow-wow!



Hamburger Hero. It's an honor to be associated with a hero like this. Ground beef (1½ lbs.), is combined with 1 pkg. Kraft Italian Style Spaghetti Sauce Mix and 1 6-oz. can of tomato paste, then spread on two halves of an Italian bread loaf and baked for 20 minutes at 450°. Top it off with alternate layers of Onion-Chive Singles, Muenster Singles, tomato slices and green pepper rings. Return to oven until Singles melt.

The Gobbler. Big eaters will dig right into this turkey on rye, filled out with nourishing slices of Salami Singles.

Rainbow Burger. It's a colorful stacking of (reading from bottom up)—Cheez 'n Bacon Singles, sliced tomato, hot beef patty, Monterey Jack Singles and—after this is broiled—an avocado slice.

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Eight delicious flavors of Singles process cheese food slices from Kraft, that's what's new. Now these nourishing individually-wrapped slices come in flavors like Onion-Chive, Jalapeño Pepper, and Cheez 'n Bacon. And Kraft came up with some interesting recipes so the sandwich can work harder for you. The Kraft Sandwich Shop is at the grocer's dairy case. Come on by, we have lots of new things to show you.

KRAFT Division of Kraftco Corporation

Cherry Breeze

A luscious no-cook, no-bake cream cheese pie with a crisp crumb crust. Convenience ingredients cut your time and work. All you do is blend and chill.

1 cup Kellogg's® Corn Flake Crumbs
½ cup regular margarine or butter, melted
1 package (8 oz.) cream cheese, softened
1 can Eagle® Brand Sweetened Condensed Milk® (not evaporated milk)
½ cup ReaLemon® Reconstituted Lemon Juice (Measure accurately.)
1 teaspoon vanilla flavoring
1 can (1 lb. 5 oz.) chilled Comstock® Cherry Pie-Filling

*Magnolia® or Dime® Brands may be used

Mix corn flake crumbs and margarine or butter thoroughly in 9-inch pie pan. Press firmly and evenly over bottom and sides of pan to form crust. Chill.

Beat the cream cheese until light and fluffy.

Add sweetened condensed milk. Blend thoroughly.

Stir in lemon juice and vanilla.

Turn into crust. Refrigerate 2-3 hours, or till firm. (Do not freeze.)

Top with chilled cherry pie-filling before serving. Serves 8.

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"Another recipe from the galley"

ground beef, which he describes as r sonable in cost and easy to prepa "Yet, when served in a nice casserole looks like a gourmet meal . . . and alwa makes my groups stop fishing and co running to the galley table."

Zesty Zucchini

2 pounds lean ground beef
Salt and pepper
2 tablespoons salad oil
2 stalks celery, thinly sliced
1 large onion, diced
1 medium-sized green pepper, seeded and diced
¼ pound mushrooms, sliced
1 clove garlic, minced or mashed
3 medium-sized zucchini, thinly sliced
1 can (1 lb. 12 oz.) whole tomatoes
2 tablespoons fresh lime juice
½ teaspoon *each* ground cumin and basil leaves
1 teaspoon oregano leaves
3 teaspoons cornstarch blended with ¼ cup cold water
Cooked rice or pasta

Season ground beef with salt and pepp shape into tiny meatballs, using abou tablespoon meat for each. Brown quic over high heat in the oil in a large fry pan. Set meatballs aside. Discard all 2 tablespoons of the pan drippings.

In the frying pan, heat the 2 tablespoo drippings and add the celery, oni green pepper, mushrooms, and gar Cook over medium heat, stirring, u onion is translucent. Add zucchini, matoes with liquid (break up tomato lime juice, cumin, basil, oregano, a salt and pepper to taste.

Add meatballs, bring to a boil, redu heat, cover, and simmer about 5 m utes, or until zucchini is tender. S cornstarch and water mixture into sau and stirring, boil until sauce is thicken Serve immediately over cooked rice pasta. Makes about 6 servings.

Capt. Allan Dougl

Crestline, Calif

Tastiest little Irish dish as ever came out of Boise.

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Potatoes O'Brien. Nope, we can't lay claim to inventing them. But here at Ore-Ida we've added a few wrinkles of our own.

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worcestershire a halibut tonight

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Worcester Broiled Halibut Steaks

2 pounds halibut steaks
2 tablespoons orange juice
1 tablespoon grated orange peel
4 teaspoons Lea & Perrins Original Worcestershire Sauce
1 teaspoon salt
2 tablespoons butter or margarine

Arrange fish on rack in broiler pan; set aside. Combine orange juice and peel, Lea & Perrins and salt. Brush lightly over fish. Dot with butter. Place under pre-heated hot broiler 10 to 12 minutes or until fish flakes when tested with a fork, basting with remaining Worcestershire mixture. Serves four.

For 77 other things to worcestershire, write for free recipe book to Lea & Perrins, Dept. F-15, Fair Lawn, N.J. 07410.

and chicken or ribs tomorrow.

Fried Chicken Worcestershire

2 tablespoons Lea & Perrins Original Worcestershire Sauce
1¼ teaspoons salt, divided
2½ pound chicken, cut into 8 pieces
½ cup flour
¼ cup dry bread crumbs

Combine Lea & Perrins Original Worcestershire with 1 teaspoon of the salt. Brush over chicken, let stand 1 hour. Mix flour, bread crumbs and remaining ¼ teaspoon salt. Dredge chicken in flour mixture. Fry in hot oil, ¼-inch deep, until chicken is brown and tender, about 25 to 30 minutes. Serves three to four.

Spareribs Worcestershire

3 pounds spareribs, cut into serving pieces
6 tablespoons Lea & Perrins Original Worcestershire Sauce, divided
½ cup orange marmalade
3 tablespoons finely chopped onion
1½ teaspoons salt

Brush 3 tablespoons of the Lea & Perrins over both sides of ribs. Bake on rack in pan in 400° F. oven 45 minutes, turning occasionally. Pour off drippings. Reduce heat to 350° F. Combine remaining Lea & Perrins with remaining ingredients; mix well. Brush sauce over ribs. Bake 20 to 30 minutes, basting until nicely glazed. Serves four.

ADVERTISEMENT

DARROW M. W

Try fruit *butter on a toasted muffin*

Old and new way with fruit butter

In these fruit butters you have a cho a spicy old-fashioned version or a flavor accent—Port wine with the p orange-flavored liqueur with the ap All four are rich with fruit flavor.

Spiced Pear Butter

6 pounds firm ripe Anjou or Bosc pears (about 12 large)
1¼ cups water
¼ cup lemon juice
½ teaspoon salt
1½ teaspoons ground cinnamon
¼ teaspoon ground cloves
3½ cups brown sugar, packed
½ cup Port (optional)

Wash, quarter, and core, but do not pears. In a 6-quart or larger pan c bine pears, water, and lemon juice; co and simmer until fruit is soft, 20 to minutes. Whirl mixture in a blende portion at a time) or force throug food mill. Return to pan and add salt, cinnamon, cloves, and sugar. S mer, uncovered, stirring more freque as the mixture thickens, until very th and mixture is reduced to about 8 c —it takes about 1½ hours. Stir in P if used. Ladle boiling hot butter into clean canning jars to within ¼ inch top. Slide a spatula between jar and ter, wipe rim; then set on hot lid screw on ring band.

Place filled jars on a rack in a canr kettle half-filled with hot water; add b ing water to cover jars with an inch water. Cover kettle. For half-pints pints, process 10 minutes after w boils. Remove jars and cool. Ma about 4 pints.

Spiced Apple Butter. Follow the re above, using 6 pounds (about 12) la Golden Delicious apples instead of pears. Instead of Port add ½ cup ora flavored liqueur, if desired.

Surprise!
Easy candy from a frosting mix.

Easy-mix candy from Betty Crocker.

2 tablespoons butter or margarine
1/4 cup milk (plus 2 teaspoons if making with chocolate fudge frosting mix)
1 package *Betty Crocker* creamy frosting mix (chocolate fudge, milk chocolate, lemon, orange, creamy cherry, creamy white* or any of the other delicious flavors**)

Heat butter in milk over low heat until butter melts and mixture *just* begins to simmer. Remove from heat; stir in frosting mix (dry). Heat over low heat, stirring constantly with rubber scraper, until smooth and glossy, 1 to 2 minutes. *Do not overcook.* Makes 1 pound.

SQUARES – Stir in ½ cup chopped nuts if desired. Pour into aluminum foil-lined loaf pan, 9x5x3 inches.

WAFERS – Drop by teaspoonfuls onto waxed paper. If necessary, reheat mixture slightly.

CLUSTERS – Stir in 1½ cups salted peanuts or other nuts. Drop by teaspoonfuls onto waxed paper.

*Tint and flavor if desired.
**If using golden caramel frosting mix, reduce milk to 3 tablespoons.

With one package of *Betty Crocker*® creamy frosting mix (any flavor) and one simple recipe, you can make decorative peanut clusters, dreamy old-fashioned fudge or rich delicate wafers. It's delicious easy-mix homemade candy, perfect from you to them on Valentine's Day or any time. With love from Betty Crocker.

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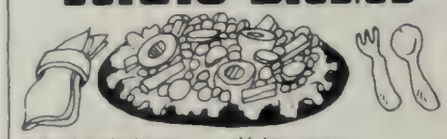
PATIO SALAD



6 hard-cooked eggs, chopped
½ cup dairy sour cream
1 tsp. dry mustard
1 tsp. prepared horseradish
½ tsp. salt
¼ tsp. pepper
8 oz. **Stella Kasseri** cut into bite-size strips
½ C. chopped green onion
½ C. sliced radishes
1 sm. head romaine lettuce

Combine in medium-size bowl: sour cream, mustard, horseradish, salt and pepper. Mix well. Add cheese strips, eggs, onion, radishes. Toss lightly. Chill well. Arrange on lettuce leaves. Garnish with additional radish slices, if desired.

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This tuber is a cook's discovery

The homely, knobby tubers called Jer salem artichokes resemble ginger root appearance, but their flavor and textu is entirely their own. Raw, they have nutty flavor and crisp texture. Cooke they soften like a potato and develop sweet mellow flavor.

From your garden (see page 174) the market, Jerusalem artichokes keep week to 10 days, if stored unwashed plastic bags in the refrigerator.

To prepare for serving either raw cooked, scrub tubers with a stiff bru under cool water or peel with a veg table peeler; cut off dark portions. Brea tubers apart to reach the skin betwe the protuberances.

Here we suggest three ways to use Jer salem artichokes: marinated raw slices mix in green salads; boiled, diced, a dressed like potato salad; and ove roasted with meat.

Marinated Jerusalem Artichokes

Combine ¼ cup salad oil, 2 tablespoo white wine vinegar, 1 teaspoon sugar, teaspoon salt, ¼ teaspoon pepper, teaspoon dry mustard, and 1 clove ga lic (minced or mashed). Scrub or pe about ½ pound Jerusalem artichoke thinly slice and combine with dressin Cover and chill several hours or ove night. To serve, pour artichokes a dressing over about 2 quarts torn chill salad greens; mix well. Serves 4 to 6.

Creamy Jerusalem Artichoke Salad

Scrub 2 pounds Jerusalem artichok Cook in boiling salted water until j tender when pierced, about 12 to minutes for large tubers. Drain, co peel, and cut into ½-inch cubes. Co bine ½ cup finely chopped onion, tablespoons *each* finely diced dill pick and celery, ¾ cup mayonnaise, and tablespoon *each* prepared mustard a vinegar. Pour over artichokes; mix w and season with salt and pepper. Cov and chill several hours or overnig Garnish with sliced hard-cooked e Makes about 4 servings.

Oven-roasted Jerusalem Artichokes

Scrub or peel about 2 pounds Jerusale artichokes. Cut each tuber crosswise 1-inch-thick slices. About 1 hour b fore your roast is done (in a 325° ove place slices cut-side-down in the p drippings. Baste and turn occasiona until very tender and lightly browne Serves 4 to 6.

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Sunset Camping Handbook

YOU NEVER KNOW WHEN YOU'LL NEED IT

There are three main rules in dealing with bears: "Don't feed them. Don't get too close to them. Don't argue with them if they decide they want your lunch."

While emphasizing the fun of camping, the *Sunset Camping Handbook* provides basic information on the practical aspects of living outdoors, including such special features as "How to behave around bears." There are tips on selecting equipment and instructions for its use. A section on camp cookery includes menus and recipes for campers and backpackers. There are also helpful chapters on making camp, camping with children, tips for novice hikers, weather precautions, first aid, renting and buying recreational vehicles, driving and towing tips. Look for the Sunset Camping Handbook at your favorite book dealer or newsstand.

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Meat patties mak easy suppers

Meat markets in the West now of more choices in ground meat than ev before. Along with ever-popular grou beef, you may find ground turkey, po lamb, or veal.

Those other ground meats also make licious meat patties for simple fam suppers, but they require a little differe handling and seasoning to be juicy a flavorful. Ground turkey and veal a particularly lean and mild in flavor. Po and lamb are richer in fat and have deeper flavor.

For this supper, mix ground turkey me with teriyaki seasonings. Rice and pe make good accompaniments.

Teriyaki Turkey Patties

- 1½ pounds ground turkey
- ¼ cup fine dry bread crumbs
- 1 egg
- 2 tablespoons *each* finely chopped mushrooms and green onion (tops included)
- 2 cloves garlic, minced or mashed
- 1½ teaspoons ground ginger
- 2½ tablespoons soy sauce
- Salad oil for pan broiling

Mix together the turkey, crumbs, e mushrooms, green onions, garlic, ging and soy sauce. Divide the mixture int equal-sized portions and shape into p ties, about ½ inch thick. If you pan br the patties, heat 2 tablespoons oil ir 12-inch frying pan over medium h heat for 1 minute. Lay the patties in pan and cook about 5 minutes on ea side, or until meat is no longer pink side. Or, if you broil the patties, pla them on a broiler pan about 4 incl from the heat and cook 4 to 5 minu on each side. Makes 6 servings.—*B. Ben Lomond, Calif.*

These pork patties taste much like It ian sausages. Try serving them with l garlic bread and a mixed green salad

Spicy Italian Patties

- 1 pound ground lean pork
- ¼ cup fine dry bread crumbs
- 1 egg
- 2 cloves garlic, minced or mashed
- 2 tablespoons dry red wine
- ½ teaspoon each salt, pepper, and fennel or anise seed
- Salad oil for pan broiling

Mix together the pork, crumbs, egg, g lic, wine, salt, pepper, and fennel se Divide into 4 equal-sized portions a shape into patties about ½ inch thick you pan broil the patties, heat 1 tab spoon salad oil in a 10-inch frying p

Sukiyaki, 20-minute masterpiece

Cook up a party... in a West Bend Electric Wok!

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Fillet with Maggi: Place 1 lb. fish fillets in baking dish. Cover with one 3½ oz. can onion rings and 1 teaspoon Maggi® Seasoning. Bake 20 mins. at 350°F. Serves 4.

Spaghetti al Maggi: To 1 cup canned spaghetti, add 1 teaspoon Maggi Seasoning.

Zesty Sauce with Maggi: To ¼ cup catsup, seafood cocktail sauce, mustard or sweet relish, blend in ¼ teaspoon Maggi Seasoning.

Spicy Dip à la Maggi: Combine 1 pint sour cream, 1 envelope dehydrated onion soup mix, 1 teaspoon Maggi Seasoning. Stir and chill. Makes 2 cups.

Mashed Potatoes with Maggi: When preparing mashed potatoes (instant or your own), add 1 teaspoon Maggi Seasoning to each 2½ cups potatoes.

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over medium low heat for 1 minute. L the patties in the pan and cook 6 to minutes on each side, or until meat is longer pink inside. Or, if you broil t patties, place them on a broiler ra about 4 inches from the heat and co about 6 minutes on each side. Makes servings.—*L. R., Tucson.*

Orange and coriander flavor these lar patties. Serve them with rice and cucumber salad.

Orange Lamb Patties

- 1½ pounds ground lean lamb
- ¼ cup fine dry bread crumbs
- 1 egg
- 1½ teaspoons ground coriander
- ½ teaspoon grated orange peel
- ¼ cup orange juice
- 2 tablespoons soy sauce
- Salad oil for pan broiling

Mix together the lamb, crumbs, egg, c riander, orange peel, orange juice, a soy. Divide the mixture into 6 equ sized portions and shape into patt about ½ inch thick. If you pan broil t patties, heat 2 tablespoons salad oil i 12-inch frying pan over medium l heat for 1 minute. Lay the patties in t pan and cook 5 to 6 minutes on ea side. Or, if you broil the patties, pla them on a broiler pan about 4 inch from the heat and cook about 5 minu on each side. Makes 6 servings.—*J. Menlo Park, Calif.*

These veal patties, flavored with P mesan cheese, stay moist inside, and t crumb and cheese coating fries crisp the outside. Buttered noodles and a gre salad should complete the meal.

Cheese-Crusted Veal Patties

- 1 pound ground veal
- ½ cup *each* fine dry bread crumbs and grated Parmesan cheese
- 2 eggs
- ½ teaspoon salt
- ¼ teaspoon pepper
- ⅛ teaspoon garlic powder
- 2 tablespoons *each* dry white wine and finely chopped green onion (tops included)
- About ⅓ cup flour
- 2 tablespoons salad oil

Mix together the veal, ¼ cup *each* the bread crumbs and cheese, 1 of t eggs, salt, pepper, garlic powder, wi and onion. Divide into 4 equal-sized p tions and shape into patties about inch thick.

In a small dish mix together the rema ing ¼ cup *each* bread crumbs a cheese. In 2 other dishes have ready t flour and remaining egg, beaten. C each patty in the flour, shaking off cess; dip in the egg to cover; then c all sides with the crumb mixture. H the salad oil in a 10-inch frying p over medium low heat for 1 minu Then lay the patties in the pan and co 5 minutes on each side, or until longer pink inside. Makes 4 servings.

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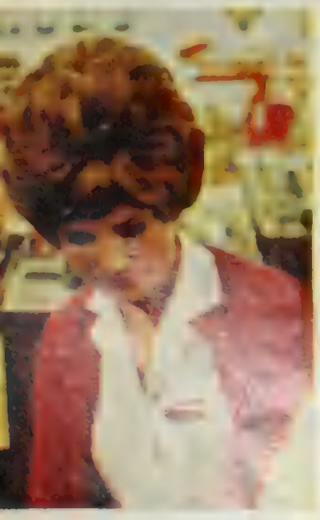

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DARROW M. WATT

Wrap *wedges of pocket bread around pieces of broiled meat as you pull them off the skewer. Then eat as a sandwich*

Here's a make-it-yourself version of pocket bread

The flat chewy buns known as Arab peasant bread have become increasingly popular in recent years. Torn in half, these hollow rounds form pockets that are perfect for holding sandwich ingredients.

A *Sunset* reader in Portland has devised a variation that's a little different from the kind you can buy and simpler to make at home. It's thicker and more like ordinary bread, but retains the chewiness and texture of its Arabian forebear.

You can serve this new kind of pocket bread plain or with butter in place of sliced bread. Or offer it cut in wedges when you serve shish kebab to eat as shown above. Stuff the half-rounds with any favorite sandwich filling or try the two on the next page.

Pocket Bread

- 1 package active dry yeast
- 1¼ cups warm water
- ½ teaspoon salt
- About 3½ cups regular all-purpose flour, unsifted
- ¼ cup poppy or caraway seed or toasted sesame seed (optional)

In a bowl blend yeast and water; let stand 5 minutes. Stir in salt and gradually mix in enough flour to form a stiff dough. Turn dough out onto a floured board and knead until smooth, about 5 minutes; add more flour as needed to prevent sticking. Cut into 8 equal pieces. Keep dough lightly covered with a cloth.

On a lightly floured board, shape each piece of dough into a smooth ball. Flatten each slightly; then, with a floured rolling pin, roll each into a circle about 5 to 5½ inches in diameter. (Or for seeded bread, roll flattened balls to about 4 inches in diameter, lift up round, sprinkle 1½ teaspoons seeds onto board in a single layer, and roll dough round on top of seeds until 5 to 5½ inches in diameter.)

Place rounds (seeded side up) about ¾-inch apart on greased baking sheets; you'll need 2 pans about 12 by 15 inches. Cover rounds very lightly with a cloth. Let rise in a warm place until puffy looking, about 45 minutes. Lift cloth once or twice during rising time to make sure it isn't sticking to the dough.

In a standard-size oven with 2 racks, you can bake both pans of bread at once. Adjust racks so they're equally spaced from top to bottom, then stagger pans; but be careful pans don't touch oven sides. Bake in a 450° oven for 8 to 10 minutes or until lightly browned; switch

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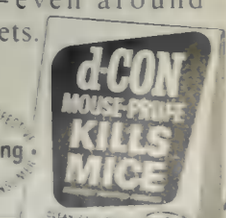

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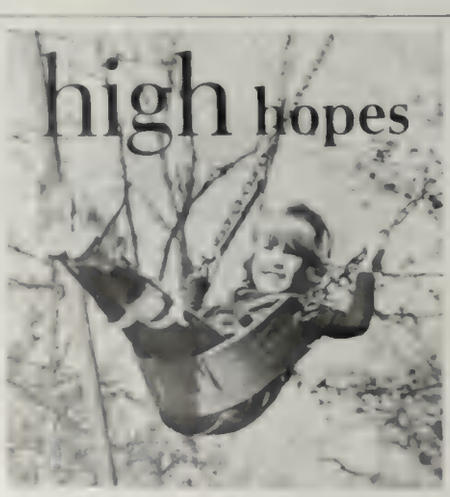

birth defects are forever... unless you help

March of Dimes

THIS SPACE CONTRIBUTED BY THE PUBLISHER

DARROW M. WA

Pocket *holds whole-meal sandwich*

the pan positions halfway through t baking time.

Slip each baked round inside a plas sandwich bag or wrap loosely in cle plastic film. (The plastic keeps the bre moist and pliable, but, if wrapped t tightly, it will become wet and gumm While still warm, serve or package a tight to serve later. To freeze, cool co pletely; package airtight.

To reheat, stack 1 or 2 rounds and wr in foil. Place in a 375° oven for 8 to minutes (10 to 15 minutes if frozen).

To serve, cut rounds in half crosswi Enlarge pocket opening by cutting wi a sharp knife almost to edge of roun or gently work pocket open with a fo or your fingers. Makes 8 rounds.—*C. Portland.*

Hot Cheese-filled Rounds. For ea serving, cut 1 pocket bread in half (th if frozen) and enlarge opening as rected. Fill each half completely w about ¼ cup shredded cheese, such Cheddar, jack, or Swiss. Wrap each foil and heat in a 400° oven for about minutes or until cheese is melted a hot. Arrange both halves on a plate.

Whole-meal Pocket Sandwich. You need 4 or 5 rounds of pocket bread, t tender inner leaves from 1 head maine, 2 or 3 tomatoes cut in wedg 1 *each* thinly sliced mild onion and c cumber, 1 cup unflavored yogurt, a these lamb patties: Mix together 1 pou lean ground lamb, 1 teaspoon grou cumin, ½ cup chopped onion, ½ te spoon salt, 1 egg, and 2 tablespoons fi dry bread crumbs. Shape into balls usi 1½ tablespoons for each, then flatt balls into ½-inch-thick patties.

Heat 1 tablespoon oil in a frying pa add patties without crowding, and brow well on both sides. Remove from pan a keep warm; repeat until all are cooke

To serve, cut rounds in half and enlar openings as directed. Fill each with me patties, romaine, tomato, onion, a cucumber. Pass yogurt to spoon in each sandwich. Makes 5 or 6 servings.

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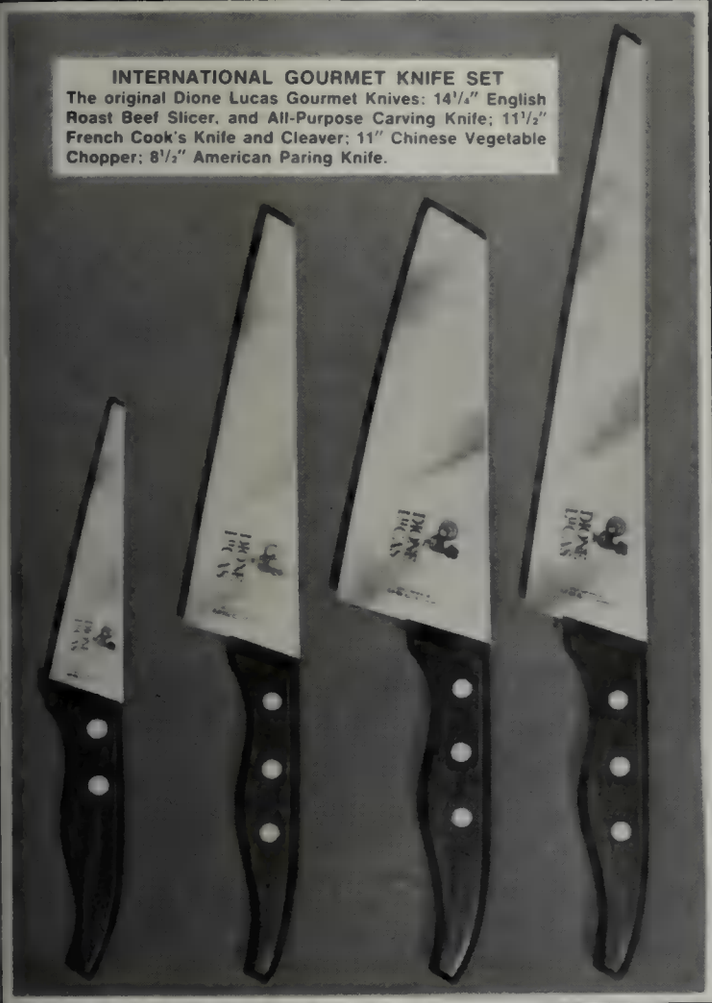

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DIVISION OF BEVIS INDUSTRIES, INC.

ELLS MARI GG

Company dinner *features individual scallop casseroles*

Company dinner *features a creamy mixture of scallops and mushrooms baked appropriately in scallop shells; you can use other individual casseroles, too*

FEBRUARY MENUS

Here are three adventures with casseroles . . . with scallops, with lasagne, with chiles rellenos

An old Western institution, the casserole, gets full attention in this month's menus. However, we must first acknowledge that a casserole can be many things, the chief asset and the one common denominator being that it bakes just before it is served, giving the cook a few minutes to whip the rest of a simple meal into shape.

For company, the casserole that suits the pressures of entertaining best is one that is completely made ahead, such as the creamy scallop dish in the first menu.

But for impromptu entertaining try the second menu, which features a new version of an old Mexican favorite. It's put together with ingredients you may already have on hand, and it makes it easy to ask unexpected guests to stay for lunch or dinner.

And for the family, the lasagne casserole in the last menu takes the guesswork out of when to start supper. You can make it and serve it, or put it in the refrigerator until the whole gang gets together.

Company casserole dinner

The simple seasonings in this casserole show off the delicate flavor of scallops. You present this entrée in individual casseroles; perhaps you'd like to use handsome scallop shells.

Scallops and Mushrooms au Gratin
Hot Buttered Zucchini
Rice Pilaf (Optional)
Butter Lettuce Salad with Pimiento
Red Cherry Pudding Pie

First you poach the scallops. You need their cooking liquid to make the creamy sauce, and the sauce coats the scallops best for baking if it has time to chill before you mix in the shellfish. You can assemble the dish a day in advance since it holds nicely.

If you like, make a pilaf from scratch or from a mix. Then while the scallops bake, cook the zucchini and make the salad; add to the lettuce some colorful pieces of canned pimiento and mix with an oil and vinegar dressing.

In the spirit of George Washington's birthday this month, we propose you try the Red Cherry Pudding Pie on page

If you never knew Kraft made real mayonnaise, you know it now.

Now you know about the whole eggs and the extra egg yolks. You know about the pure vegetable oils. You know about the smooth, velvety texture that comes from Kraft's special way of blending. But most of all, you know about the taste. The rich real mayonnaise taste that blends perfectly with other flavors—spicy or subtle. Now that you know Kraft makes real mayonnaise, you know the secret of lots of good things, like this mustard appetizer sauce. When it comes to real mayonnaise, a little knowledge is a flavorful thing.

Appetizer Sauce

1 cup Kraft Mayonnaise	Sauteed Shrimp
2 tablespoons Kraft Prepared Mustard	Bite-size egg rolls
2 tablespoons sliced green onions	Sauteed Cocktail Franks
	Green pepper chunks

Combine mayonnaise, mustard and green onions; mix well. Serve with shrimp, egg rolls, cocktail franks and green pepper. Yields 1 ¼ cups appetizer sauce.

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Something else we've learned is to use the kitchen secrets of all the great chefs who have passed our way. This may mean extra care in selecting, blending, simmering. Or it might mean cooking something a little longer to bring out the rich flavor.

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25 for dessert, or make your favorite ıerry pie.

:allops and Mushrooms au Gratin

2 pounds scallops, cut in bite-sized pieces
About 1 cup regular-strength chicken broth
4 tablespoons butter
¾ pound mushrooms, sliced
1 tablespoon lemon juice
1 large onion, finely chopped
6 tablespoons all-purpose flour
½ cup whipping cream
⅛ teaspoon ground nutmeg
1½ cups shredded Swiss cheese
¼ cup minced parsley
Salt

ɔmbine scallops and 1 cup of the broth a saucepan. Quickly bring to a boil, ver, and simmer gently for about 5 inutes or until scallops are just opaque roughout. Let cool in broth. Drain off d reserve the broth; you should have 2 ps. If not, add broth to make this total. ıill scallops, covered.

elt 2 tablespoons of the butter in a de frying pan and add mushrooms and non juice. Cook, stirring, on medium ɜh heat until mushrooms are lightly ɔwned, limp, and all liquid is evapo-:ed. Pour into a small container and : aside.

ı frying pan add remaining butter and : onion. Cook, stirring, until onion is ıp but not browned. Stir in the flour. ·move pan from heat and gradually :nd in the scallop broth. Return to heat d bring to a boil, stirring; cook until ckened. Add mushrooms, cream, nut-:g, and ½ cup of the cheese. Cover ıce lightly and chill. Stir scallops into : cold sauce along with parsley and t to taste. Divide mixture evenly ıong 5 or 6 individual casseroles (or ıllop shells for baking) and sprinkle naining 1 cup cheese evenly over sur-:es. Cover and chill until ready to bake.

ke, uncovered in a 400° oven until bbling and edges are beginning to ɔwn; takes 12 to 15 minutes. Makes 5 6 servings.

Mexican casserole lunch

pically, you dip Mexico's chiles rel-os (stuffed chiles) in an egg batter and them, but here they bake deliciously h much less effort in a puffy egg mix-e. The casserole goes together quickly, haps for a weekend gathering, using redients most Western cooks keep on ıd as staples.

Chiles Rellenos Casserole with Marinara Sauce
Iceberg Lettuce Salad with Avocado
Crusty Rolls
Sliced Fresh Pineapple and Oranges with Powdered Sugar

ile the casserole bakes, make the ıd and slice the fruit for dessert. You ght mix the salad with a prepared

ELLS MARUGG

For an impromptu *lunch, a quick and simple casserole version of chiles rellenos to serve with canned marinara sauce*

Italian-style dressing, or make your own oil and vinegar dressing.

Chiles Rellenos Casserole with Marinara Sauce

Remove seeds and pith from 1 can (4 oz.) whole California green chiles. Cut ¼ to ⅓ pound jack cheese in large chunks and divide evenly among the chiles, folding or tucking the cheese inside. Butter a 1½-quart casserole and arrange chiles side by side in the bottom.

With an electric mixer beat 4 eggs until thick and foamy, then add ⅓ cup milk, ½ cup all-purpose flour (unsifted), and ½ teaspoon baking powder; beat until as smooth as possible.

Pour the egg batter over the chiles, moistening evenly the surface of all the chiles. Sprinkle with 1 cup shredded sharp Cheddar cheese. Bake, uncovered, in a 375° oven for about 30 minutes or until casserole is puffed and appears set when gently shaken.

Just before casserole is ready, heat to simmering 1 can (15 oz.) marinara sauce. Serve in a small container.

Garnish the hot casserole quickly with pitted ripe olives and serve at once. Spoon portions of the casserole onto individual plates and pass the marinara sauce to spoon on as a topping. Makes 4 servings.—*J. T., Petaluma, Calif.*

Family party lasagne supper

Big and satisfying is the nature of this meaty lasagne casserole. It's perfect for a group of hungry people at home, or at a school potluck; it waits in the refrigerator, ready to bake and serve whenever you're ready to eat.

Cheese-filled Lasagne
Romaine Salad
Hot French Bread and Butter
Homemade Sundaes

As the lasagne heats, make the salad. you like, include a few chopped canne anchovies and canned marinated ar chokes in the salad, using the artichol marinade as part of the dressing. He the bread in the oven with the lasagn For dessert, top scoops of ice cream wi ice cream sauces.

Cheese-filled Lasagne

- 1 pound mild Italian pork sausage, casings removed and meat crumbled or chopped
- 1½ pounds lean ground beef
- 2 stalks celery, chopped
- 2 carrots, chopped
- 1 large onion, chopped
- 1 large can (1 lb. 12 oz.) *plus* 1 small can (14 oz.) Italian-style pear-shaped tomatoes
- 2 cans (6 oz. *each*) tomato paste
- ½ teaspoon salt
- 2 teaspoons oregano leaves
- ¼ teaspoon pepper
- 1 package (10 oz.) lasagne, cooked and drained according to package directions
- Cheese filling (directions follow)
- 1 pound mozzarella cheese, thinly sliced

In a large saucepan or Dutch oven co bine sausage, beef, celery, carrots, a onion, and cook on medium high he stirring frequently, until the meat is ju beginning to brown and the vegetabl are slightly soft. Add both cans of tom toes and liquid, cutting the tomatoes chunks, tomato paste, salt, oregano, a pepper. Simmer, uncovered, for about minutes, or until sauce is very thick; s frequently to prevent sticking.

Remove sauce from heat and let sta undisturbed for about 10 minutes, th spoon off and discard as much of t accumulated fat as possible. Spoon h the sauce into a shallow 3½ to 4-qua casserole, spreading out evenly. Co the sauce with an evenly distribut layer of half the cooked lasagne noodl Spoon all the cheese filling onto lasag spreading evenly. Cover with the remai ing lasagne noodles and top with the r of the sauce. At this point you can co and chill the casserole.

Bake, lightly covered, in a 375° oven f 30 minutes (45 minutes if chilled) until bubbling, then uncover and quick arrange mozzarella slices over the su face. Return casserole to the oven for minutes to melt cheese. Let casser stand about 5 minutes before cutting i rectangles. Serve with a wide spatu Makes 8 to 10 servings.—*I. R., No Sacramento, Calif.*

Cheese Filling. Stir together 3 cups (1 pts.) large curd cream-style cotta cheese (or ricotta), 2 beaten eggs, cup shredded Parmesan cheese, and tablespoons minced parsley.

This packet turns a weekend treat into a workday breakfast

you can make pancakes aster than ever. Because now Hungry Jacks come plete and pre-measured. Now you don't have to wait until the weekend for pancakes. Hungry Jack Complete Pancakes are so y, you can enjoy them any day of the week. Everything comes mixed, easured and kept fresh in packets. Just empty the ket into a bowl, add water, and you're all set.

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Broiled Loin Lamb Chops (makes 2 to 4 servings)

½ cup melted butter
¼ teaspoon nutmeg
⅛ teaspoon ginger
2 tablespoons grated orange rind
4 loin lamb chops, about one-inch thick

Combine butter, nutmeg, ginger and orange rind; mix well. Brush lamb chops with butter mixture. Broil, single-layer, 4 inches from source of heat, 5 to 7 minutes per side or until desired degree of doneness, brushing frequently with mixture.

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FRESH AMERICAN LAMB in the circle of good taste

DARROW M. WATT

Muffins *of batter from the refrigerator will be ready for breakfast*

Muffin makings from the fridge

Freshly baked bran muffins for bus morning breakfasts are a luxury eas achieved. These wholesome, almo cakelike muffins are made from a fru laced batter that keeps ready to bake the refrigerator for several weeks; y make up only the number of muffins y want and they bake light and tend while the coffee brews and bacon brow

Ready-Bake Bran Muffins

3 cups whole bran cereal
1 cup boiling water
2 eggs, slightly beaten
2 cups buttermilk
½ cup salad oil
1 cup raisins, currants, chopped pitted dates, or chopped pitted prunes
2½ teaspoons soda
½ teaspoon salt
1 cup sugar
2½ cups regular all-purpose flour, unsifted

In a large bowl mix bran cereal w boiling water, stirring to moisten even Set aside until cool, then add eggs, b termilk, oil, and fruit and blend well. S together the soda, salt, sugar, and flo then stir into bran mixture.

You can bake muffins now or refrige the batter in a tightly covered contai for as long as two weeks, baking muff at your convenience; stir batter to eve distribute fruit before using.

Spoon batter into buttered 2½-in diameter muffin cups, filling ⅔ to full. Bake in a 425° oven for about minutes or until tops spring back wh lightly touched. Serve hot. Makes 2 2½ dozen muffins.—*E. R., Half Mo Bay, Calif.*

Go Chinese with Karo

nily time...
ty time...
time recipes
can serve
nain dishes
nacks!

Peking Shrimp

1/4 cup KARO® Dark Corn Syrup
1/4 cup water
2 tablespoons soy sauce
2 tablespoons sherry
1 tablespoon Argo® Corn Starch
1 clove garlic, minced
1/4 teaspoon ground ginger
2 tablespoons Mazola® Corn Oil
1 pound medium size shrimp, cleaned
1 small tomato, cut in wedges
1/2 cup green pepper pieces

Combine first 7 ingredients. Heat corn oil in skillet. Add shrimp; cook, stirring occasionally, about 3 minutes. Add sauce and remaining ingredients. Boil 1 minute stirring gently. Serve over rice. Serves 4.

Chinese Barbecue

1 jar (10 oz) damson plum jelly
1/3 cup KARO Dark Corn Syrup
1/3 cup soy sauce
1/4 cup chopped green onion
2 cloves garlic, minced
2 teaspoons ground ginger
2 pounds spareribs, cut into serving pieces

Heat first 6 ingredients. Pour over ribs. Cover; marinate. Place on rack in foil lined pan. Bake in 350°F oven 1 hour, turning and basting with marinade. Serves 4.

Quick Sweet and Sour Pork

2 tablespoons Mazola Corn Oil
1 pound boneless pork, cut in 1-inch cubes
1 can (15-1/4 oz) pineapple chunks
1/2 cup KARO Dark Corn Syrup
1/4 cup vinegar
2 tablespoons catsup
2 tablespoons soy sauce
1 clove garlic, minced
2 tablespoons Argo Corn Starch
1/2 cup green pepper pieces

Heat corn oil in skillet. Brown pork. Add next 6 ingredients. Bring to boil, simmer 10 minutes or until done. Mix corn starch and 2 tablespoons water; add to pork with green pepper. Boil 2 minutes stirring

Announcing the new KitchenAid Trash Compactor. If you like our dishwashers, you'll love our compactors.

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DARROW M. WATT

Dip *crisp, golden samosas—made easily from won ton skins—into yogurt sauce*

Meat-filled . . . for dipping

y, meat-filled, fried pastries called *osas* are popular snacks in India. ks there use thin circles of dough to p around a filling. However, Oriental ton skins, which can be purchased eady to use in many Western mark- are a quick and easy alternative to gh circles.

can wrap a hot, curry-flavored, fill- in won ton skins, fry them until and golden, and serve them with a yogurt sauce for dipping. They e delicious and interesting party ap- ers and can be made ahead. You refrigerate or freeze the filled skins plan to fry them shortly before ing; or you can do the frying in nce and simply reheat in the oven re serving.

an Samosas

½ pounds lean ground beef
1 large onion, finely chopped
3 cloves garlic, minced or mashed
3 tablespoons curry powder
½ teaspoons *each* salt and ground ginger
1 teaspoon sugar
¼ teaspoon cayenne
1 package (10 oz.) frozen peas, thawed
1 package (about 1 lb.) won ton skins
Water
About 4 cups salad oil
Yogurt sauce (recipe follows)

the beef in a large frying pan over ium heat until brown and crumbly. the onion, garlic, curry, salt, ginger, r, and cayenne; cook, stirring, until onion is limp. Stir in the peas and 1 minute. Drain off and discard fat. Let filling cool.

To fill the samosas, assemble elements first: the won ton skins (wrap in a damp towel to keep supple), the meat filling, a small bowl of water, trays to hold the filled samosas, and clear plastic film to cover them.

Begin shaping each samosa by mounding 1 scant tablespoonful of the filling near one corner of a won ton skin. With your finger, moisten with water the two edges of the skin surrounding the filling. Bring the opposite corner of the won ton skin over the filling and press the edges together, sealing them to form a triangle. Keep filled samosas well covered with plastic film. Tightly wrap filled trays; refrigerate or freeze until ready to fry.

To fry the samosas, heat about 1 to 1½ inches of salad oil to 360° on a deep fat thermometer. Add 4 or 5 of the samosas (freshly made, refrigerated, or thawed frozen) to oil; fry for 1 to 2 minutes or until golden brown, turning to cook evenly. Lift from oil with a slotted spoon and drain on paper towels. Keep warm in a 200° oven until all are cooked, and then serve.

(Or to make completely ahead—cool, package, and freeze. Then, to serve, arrange in a single layer in a shallow pan while still frozen; bake, uncovered, in a 350° oven for 15 minutes, or till hot.)

Serve with yogurt sauce. Makes about 70 appetizers.—*S.C., Seattle.*

Yogurt Sauce. Mix together 2 cups unflavored yogurt, ¼ cup finely chopped chutney, and 1 teaspoon crumbled dried mint flakes. □

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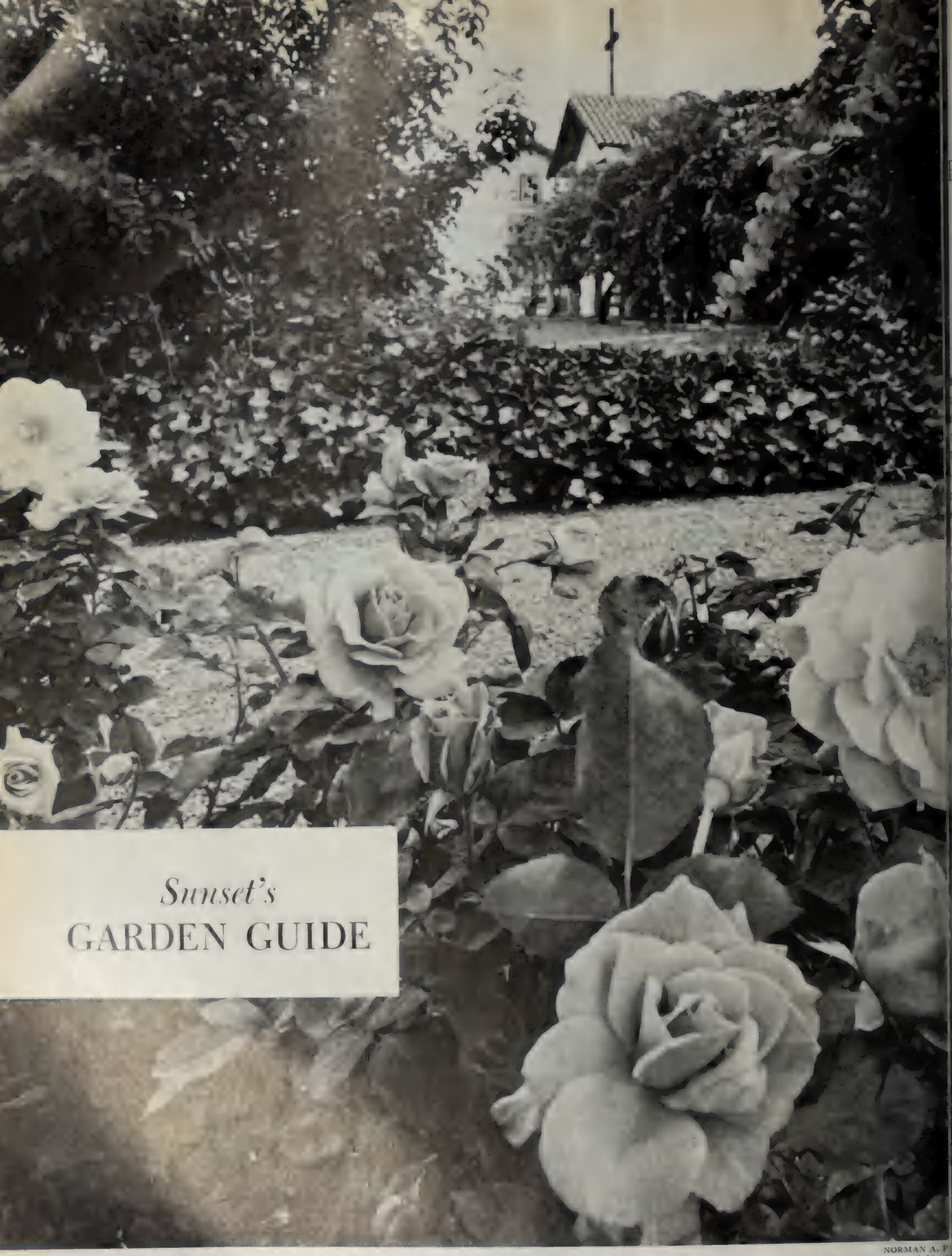


Sunset's
GARDEN GUIDE

NORMAN A. P

Floribunda in all stages

'Sonoma' roses bloom by driveway at east side of Sonoma Missi (building in the background). Here, you see this new floribunda in all stages: opening bud (deep pink); full-bodied young flower (salmon pink); wide-open old flower (light pink)

EBRUARY IN YOUR GARDEN:

Good days may bring on early spring madness

bruary is a month when days begin to ıgthen noticeably, and acacias, magılias, and early bulbs burst into bloom. may be cold and overcast most of the ıe, but you can feel spring coming.

ı the first warm days, some gardeners n hardly restrain themselves from shing out to dig up the soil and plant it. Mud squishes underfoot and gums tools, but they keep right on digging. ɔu can get away with such madness on ıdy soils, but on clay soil, chances are : soil will be compacted rather than rated when you finish.

ıe best strategy is to put off digging til the soil is dry enough to crumble ıen you compress a fistful.

the meantime, finish up dormant ıning and spraying. Buy bare-root ınts and spring and summer-blooming lbs while there is still a good selection.

pink floribunda ptured a town

e town of Sonoma now has a rose med for it and that's a distinction. ıly three other northern California ce names appear on current rosé vaty lists—'Golden Gate,' 'Mount asta,' and 'Saratoga.' The naming of s one honors the 150th anniversary of : mission in Sonoma, founded in 1823. e mission's real name is San Francisco lano, but everyone calls it Sonoma ssion.

ɔme gardeners in Sonoma evidently : this low to medium-height florinda. Several hundred plants were sold the Sonoma Vintage Festival last Sepıber. In addition, 500 plants were set t at the mission, in several big beds in · town plaza (a block west of the misn), and at the nearby General Vallejo ɔme (a state park).

re-root plants of 'Sonoma' are on sale nurseries this month.

pairing frost damage

too early to do much for the many nts injured by the big freeze before ristmas.

Meanwhile, give them adequate moisture, especially when it's windy. Fertilize if plants need it, but only when there's no danger of late frost.

In cases where major limbs or trunks split or cracked, take a sterile knife and shave inside the crack back to clean, smooth wood. Then coat with pruning sealer to prevent fungus.

Later, when plants begin to develop new shoots, prune back to the first healthy bud or leaf joint. Some plants were injured uniformly—sort of a natural pruning. But some plants were damaged unevenly, and you'll have to decide whether to retain as much live growth as possible or prune for an attractive, well balanced shape. Try to cut back to buds that point in the direction you want new growth to occur.

You may want to deal with soft plants like agapanthus, banana trees, and many succulents fairly soon—before they start to rot and stink. Collect the muck and dispose of it. In past freezes, many of these plants were killed to ground level, but later sprouted from the roots.

Spring-blooming shade plant

With its lacy green leaves and small heart-shaped flowers, bleeding heart looks right at home in shady, woodsy situations. The most common species is *Dicentra spectabilis*, shown below. It grows 2 to 3 feet tall and has pink, white-tongued flowers in spring. Other species with pink, rose, or white flowers are available in some specialty nurseries.

In January and February, roots of bleeding heart are sometimes available for about 50 cents. Many nurseries offer the plants in containers only, and these sell for a higher price.

The plants you buy are grown in cold-winter areas to insure flowers the first year. To bloom the following year in your garden, they need a long, cold dormant period—about 4 weeks or more at 40° weather. They come back year after year in cold climates. In mild-winter

Pink, *white-tipped flowers of bleeding heart are 1 inch long. Pale green, finely cut foliage looks ferny. Plant grows 2 to 3 feet tall*

Sunset's GARDEN GUIDE

DARROW M. WATT

When to harvest. *Cut broccoli (left) a few leaves below main head when the bud tips are still firm. Small shoots below cut will grow into 2-inch heads for later harvest. Cigar-shaped core in cabbage (above) shows it could have been picked sooner for firmer, tastier head. Floppy outer leaves make this garden cabbage look bigger than trimmed cabbages in stores*

areas, the plants may not last more than one season, you should consider them as annuals.

Plant the roots with the crown just at soil level, or up to 4 inches below the soil surface in cold-winter climates. Keep container plants at their original soil depth. Plant in rich, moist soil that's well drained. Foliage lasts until fall if kept moist, then it dies down.

Dwarf deciduous fruit trees

Small yards and temporary homes make it impractical for many Westerners to plant standard fruit trees. But for those who miss eating their own home-grown, tree-ripened fruit, dwarf trees are one solution.

They take less space, often bear fruit in 1 to 3 years, and are easier to prune and work on than full-sized trees.

The number of deciduous fruits available as dwarf trees has mushroomed in recent years. You can now buy dwarf varieties of almost any well known apple, and a wide selection of peaches, pears, plums, prunes, nectarines, and even a few almonds and cherries.

The smallest of these trees (peaches and nectarines known as genetic dwarfs) can be kept in containers. They stay 5 to 6 feet tall.

Shop now to buy trees at lower bare-root prices. (They will cost about $3 more after nurserymen move them into containers.) Look for trees with firm, plump buds and roots. Main roots should be perpendicular to the trunk and there should be some fibrous roots. Cut off damaged root tips before planting.

Plant in rich soil that's stiff enough to anchor roots firmly. Root systems on dwarf trees are shallow, and regular watering and fertilizing are especially important. Stake the trunk for support.

Cut out limbs that cross. On young trees, the less pruning you do in addition to the initial shaping, the sooner they will bear fruit. On older trees and trees that grow quickly, prune back main branch tips to keep the tree the size and shape you want. Avoid cutting into heavy, main branches.

Some growers recommend removing fruit that may form the first year; that's to give a stronger tree.

Winter harvest time

Cole crops (cabbage, broccoli, and the like) planted last fall should be ready to harvest now or in the next few wee

Broccoli is ready to cut when the reaches the stage shown in the pho graph at left—hard and green, bef the tiny buds start to open. Make the several leaves below the buds, as sho Small bud shoots forming in the l joints below the cut never get more th 1 to 2 inches across, but they can ext the harvest period until warm weathe you keep them harvested.

To the uninitiated, garden cabbages a surprise—great whoppers nearly 2 across. Half this bulk is loose outs leaves that you can discard or use flavor soup stocks or feed to chicken livestock. As soon as the head feels s inside, it's ready to pick. If you leav mature head on the plant, the core gr ually lengthens until it bursts through top and uncurls into a long stalk w yellow flowers. In cold years, sm sweet secondary heads sometimes f in the leaf joints below the main h after you cut it off.

Community gardening

In many places, what used to be vac lots are now flourishing community g dens. Some are started by neighbors w plant a local vacant lot; others formed by larger groups who appro local governments, industries, and p vate landowners for temporary donat of unused property. Groups that know of have succeeded in gaining of anywhere from 2 to 10 acres. p water and even financial backing some cases.

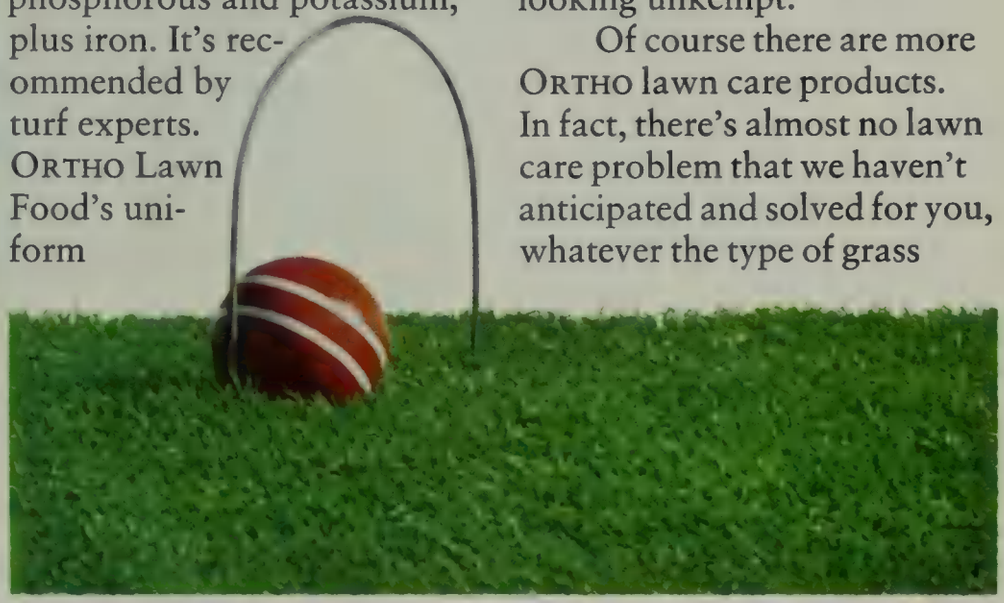
Usually the land is divided into plots

ORTHO cares more for your lawn.

The lawns in your neigh-
orhood should look better
an ever this year. Al, down the
ock, has a new ride-around
ower. Charlie's bringing in
p soil. So what's your plan?

We hope it includes ORTHO®
cause for most
30 years ORTHO
s specialized in
eener, healthier
ass and all
e things that
lp you grow it.
here are special
RTHO lawn
ods, sprays and
sts to combat
eeds and insects
d custom appli-
tors to apply
em. And all of
ese items have
en field tested
make sure they
rk. For example:

ORTHO Lawn Food is a
vorite lawn fertilizer that
lps you build green, healthy
lawns fast. It provides a balanced combination of nitrogen, phosphorous and potassium, plus iron. It's recommended by turf experts. ORTHO Lawn Food's uniform pellets can be easily applied with ORTHO push-type or WHIRLYBIRD® applicators.



ORTHO WEED-B-GON® is perhaps the most efficient and widely used broadleaf weed killer that you can buy. It's a unique, tested formulation that literally "grows" weeds to death, roots and all, yet which doesn't harm grass when used as directed. Use ORTHO WEED-B-GON to get rid of dandelions, wild onions and other broadleaf weeds that compete with your grass and leave lawns looking unkempt.

Of course there are more ORTHO lawn care products. In fact, there's almost no lawn care problem that we haven't anticipated and solved for you, whatever the type of grass you grow or climate you live in.

The time to start planning for the best lawn in the block is right now. We recommend a chat with your local ORTHO Dealer because his place is headquarters for lovelier lawns.

If it grows, ORTHO can help.

ORTHO Chevron Chemical Company

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AVOID ACCIDENTS. READ THE LABEL AND USE ONLY AS DIRECTED.

assigned to individuals or groups. Gardeners provide their own plants, seeds, fertilizer, tools, and labor. They harvest only from their own territory.

Most of the gardens stipulate that only organic fertilizers and pest controls may be used. Some have full or part-time gardeners to help newcomers—if not, someone is usually glad to offer advice. But much of the fun for city dwellers is having enough space to experiment for a change.

Some cities in northern California that have one or more community gardens are Berkeley, Castro Valley, Palo Alto, and Saratoga. There are also numerous gardens operated by small segments of a community—condominium residents, school members, or employees.

ELLS MA

Group effort *gets soil ready for plantin the Palo Alto community gar*

Easier way to break unwanted concrete

If you're doing remodeling that involves removing concrete walks, take some advice from the Bruce Andersons of Novato, California. Before you take a sledge hammer to concrete, pump it up with a car jack. Once concrete is off the ground, you can break it much more easily.

February's garden events

For a list of February and March camellia shows sponsored by various clubs and associations, see page 193.

San Francisco. February 6, 13, 20, and 27. Continuing series of Tuesday morning workshops sponsored by the Strybing Arboretum Society. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Hours: 10 A.M. to noon. For information, call (415) 661-0822.

Fresno. February 24 and 25. Garden "Give and Take Days" sponsored by the women's section of the Fresno County and City Chamber of Commerce. Place: Chamber of Commerce parking Fresno and N streets. Hours: 10 A.M- 2 P.M. both days. Bring prunings cuttings, and surplus bulbs and plant share; take plants you can use. A pro sional gardener is usually on hand answer questions.

FEBRUARY CHECK LIST: *Here is what needs doing*

☐ **Bulbs and bulblike plants.** You can plant nearly all spring and summer bulbs now in mild-winter areas. Your choices include achimenes, acidanthera, anemones, calla lilies, canna lilies, gloriosa, gladiolus, tigridias.

☐ **Fertilizing.** Feed most permanent plants when you see growth starting. Give deciduous fruit trees high nitrogen fertilizer before they bloom. Feed azaleas, camellias, and rhododendrons with a complete acid-type fertilizer after they finish blooming.

☐ **Lawns.** Apply a complete lawn fertilizer this month to encourage vigorous growth when the weather warms up. Getting the lawn off to a good start helps to choke out weeds. If you had crabgrass problems last year, apply a pre-emergence crabgrass control.

☐ **Planting for permanence.** Shop for deciduous fruit trees, shade trees, shrubs, vines, berries, and grapes before bare-root stock is sold out or put into containers. February is a good time to choose and plant azaleas and camellias—many are in bloom now.

☐ **Planting for spring color.** Set out calendulas, English primroses, pansies, snapdragons, stock, and violas for quick bloom from now until late spring.

☐ **Pruning.** Finish dormant pruning as soon as possible. Wait to prune deciduous flowering trees and shrubs until they finish blooming. (Or cut while in full bloom for bouquets.)

☐ **Spraying.** It's the last chance in mild-winter areas for dormant spraying. Use a lime sulfur spray on deciduous trees and shrubs that were damaged last year by red spider mites, mealybugs, scab, scale, or peach leaf curl. Spray peaches and nectarines again when buds show color. Spray in clear weather or rain will wash the spray off.

☐ **Snails and slugs.** As temperatures rise above 40° at night, snails and slugs feed on plants again. Pick them off by hand at night, or put metaldehyde bait near chewed plants and potential hiding places.

☐ **Vegetables.** Set out plants of broccoli, cabbage, and cauliflower, and roots of artichokes, asparagus, and rhubarb.

When soil is workable outdoors, sow seeds of beets, carrots, chard, fava beans, lettuce, onions, peas, radishes, spinach, and turnips.

Indoors, start seeds of summer vegetables: eggplant, pepper, tomatoes. See article on page 188. □

How much cereal in your "meaty" dog food?

(read the label)

There's not a speck of cereal in ALPO Beef.

(read our label)

A dog food may say "meaty" on the front, but it's the fine print on the back that tells you what's really in the can. There you find things like cereals, grains, grits, flours and gravy. All trying to look like meat. And they may be charging meat prices.

You won't find cereal listed on an ALPO Beef label. Because ALPO doesn't have a speck of cereal in the can. Just chunks of good red beef and meat-by-products. Plus every vitamin and mineral dogs and growing puppies need.

With ALPO, you don't pay meat prices for cereal. You get all the meat you pay for. All the meat your dogs love. If your dog food promises meat but delivers cereal, shouldn't you switch to ALPO?

It gives you yellow blooms, then tubers to eat

DARROW M. WATT

Bright yellow *flowers of Jerusalem artichoke are 3 inches across. They bloom in late summer*

Knobby *root tubers are the edible part—crisp and sweet. Given space, each tuber produces another root clump as large as this one*

NORMAN A. F

Jerusalem artichokes are a lazy dener's dream plant—big crop for l effort.

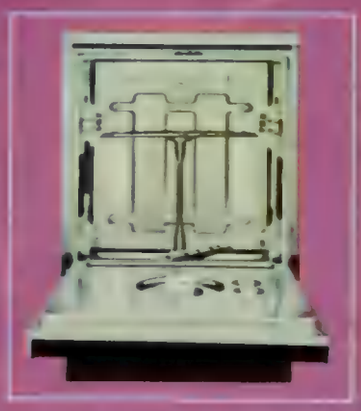
You plunk the tubers into the groun soon as soil is workable in spring in late fall). When weather gets wa up spring plants that reach 6 fee more. Yellow flowers (above left) bl in late summer. Around November w leaves begin to die, you dig up clumps of tubers to eat.

In food markets these tubers are tively rare and expensive, but in a den they grow and multiply like we You may dig up plants with over pounds of tubers each. This is deligh as long as you keep up with the harv it's wise to dig up excess tubers spring if you want to keep them f taking over your yard.

Plant the tubers (or chunks with 2 eyes) 10 to 18 inches apart, and 2 inches deep. They aren't fussy a poor soil or minimal water (altho they do best with reasonably rich and regular watering), but be sur give them full sun. Choose firm, pl tubers from a grocery store or nur (shriveled ones don't always grow) order tubers from Nichols Garden sery, 1190 North Pacific Highway, bany, Ore. 97321; or from Taylor's den, 2649 Stingle Ave., Rosemead, if. 91770.

The tubers taste somewhat like w chestnuts. Left exposed, they dry quickly, so store them in an airtight tainer in the refrigerator, or in a place embedded in moist sand or dust. Better yet, dig only the amount can use at one meal. Jerusalem chokes taste best immediately after vest. For recipes, see page 148.

We didn't start out trying to make the most expensive dishwasher. But when we finished the best dishwasher we could make, it cost a few dollars more. Twenty-five years experience in building kitchen appliances proved to us that stainless steel is the only material to use in a dishwasher. It's more sanitary more permanent; anything else may chip, flake, peel away and then rust. (A good reason why all commercial dishwashers are made with stainless steel.) Two stainless steel H-arms super scrub pots and pans with a 3-way washing action. You can put bowls and pans over dishes and utensils for more capacity. We even put our Waterford crystal and Limoges china into a Waste King Universal stainless steel dishwasher. Peace of mind is worth a few dollars more.



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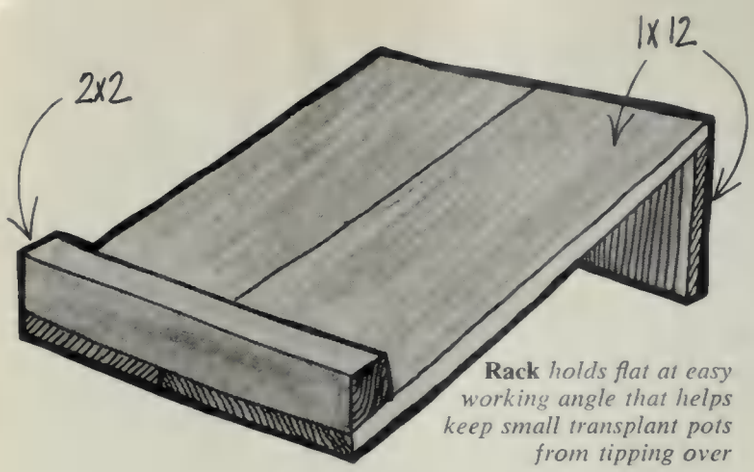
UNIVERSAL

The most expensive dishwashers in America are made of stainless steel.

Happy Thanksgiving Day.

Almost every day you can thank someone for something. Even when that someone is far away. Dial Long Distance. It's the next best thing to being there.



Rack *holds flat at easy working angle that helps keep small transplant pots from tipping over*

Pointed sticks and other tools for starting plants

Was man's first agricultural implement a stick? So say some anthropologists. Gardening tools have come a long way since, but the pointed stick and elegant variations of it still come in handy when you're planting seeds and cuttings and transplanting seedlings.

You can easily make some of the most useful planting and transplanting tools out of scrap lumber and odds and ends from the workbench. Here's how, along with notes on using the tools and suggestions for substitute devices. Improvisation is a big part of the game.

The pointed stick is still the best tool for transplanting seedlings. The English call it a dibble or a dibber and frequently dress it up with an L-shaped or D-head handle and an iron tip. Americans call it a stick and tend to make it rather hastily out of any handy piece of wood. Hardwood is better than soft (fewer splinters). A length of hardwood hoe handle works well.

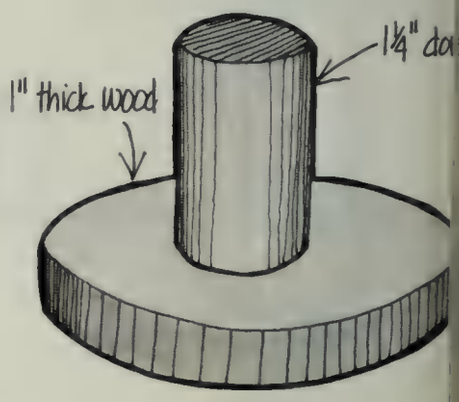
Round the tip gently, and don't make it too thin; aim for something a little thicker than your index finger, but more

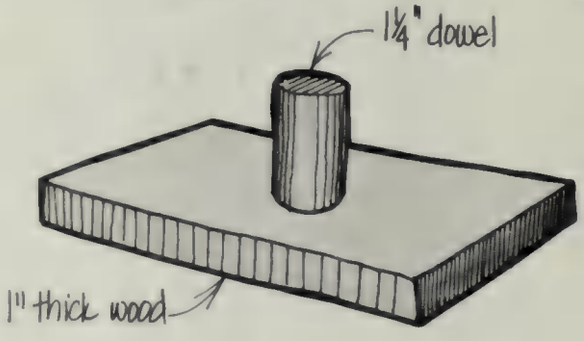
Stick *with "ears" is an helpful tool for moving seedlings into pots and beds*

pointed. To use it, poke it into the soil with your left hand. With your right hand holding a seedling in the hole, you fill around the roots by pushing soil back with the stick.

Soil should be barely moist—never wet enough to pack or to adhere to fingers or stick. Wet soil won't sift around the roots of tender transplants as thoroughly as it should. After the flat or pot is planted, tap the bottom sharply on a firm surface, then proceed to water well with a very fine sprinkler or by soaking from below.

The nursery business still uses poking sticks in transplanting annuals and vegetables; a skillful operator can set out 7,000 to 8,000 seedlings a day. Various jigs speed the work. (A jig is a device to make repeated tasks easy by holding the material being worked or by holding or guiding the tools being used.)





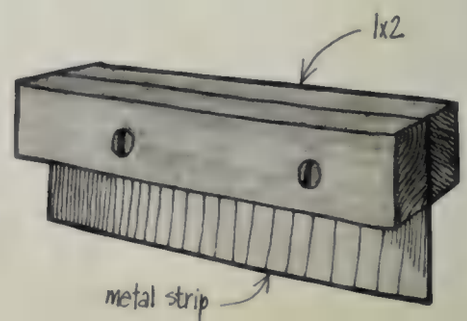
Tampers, *round or rectangular, level soil in pots or flats, tamp it to good working consistency. Don't tamp too hard*

The rack shown at the top of this page holds a flat at a comfortable working angle. Decide what the best angle is before you build it; your design will depend on the height and depth of your working surface, the kind of chair or stool you use (if any), and a half-dozen other variables.

You may tinker with it for a while before you settle on a design. Block up the flat on pieces of scrap lumber of various dimensions to find a slope that suits you (the sizes shown are only suggestions). Check whether it is inclined enough by stacking pots upright against the bottom edge of the flat.

A rack is most useful for transplanting seedlings into peat pots or 2-inch clay pots. These have a tendency to fall over and spill their contents until the final one is wedged into the flat. If you set the planted pots in a slanted flat, their own weight will keep them against the lower edge of the flat. Later rows will

Row knife *made of galvanized iron scrap and wood opens furrows for seeds or cuttings*



The facts of light.

To conserve electricity, use the fewest light bulbs that provide the light you need. For example, one 200 watt bulb uses less electricity than three 75 watt bulbs. It gives more light and costs less to replace, too.

To help you choose the best incandescent bulb for individual lighting needs, look for the full information now shown on most wrappers. The number of "watts" is the place to start. It indicates the amount of electricity the bulb uses and is a general guide to light output. "Lumens" measure the actual light output or brightness of the bulb. About 4000 lumens in a proper lamp is recommended for reading, studying or close work.

Bulbs are identified as "standard" or "long life." A "long life" bulb lasts up to three times as long as a "standard" one, but delivers only about 80% as much light for the same operating cost.

Average bulb life is indicated by the numbers of "hours" it is rated to burn. If a bulb is inconvenient to replace, like in a closet or stairwell, long life may be more important than "lumens" or its brightness.

PG and E

"You can't tackle damaged hair with something made for tangles."

Julius Caruso

"There are lots of creme rinses and quickie conditioners that are just fine for taking out tangles. But don't confuse them with condition*.

condition* does a bigger job. It helps restore damaged hair.

Take a good look at your hair. Does it break a lot when you comb it? Are the ends split? Is it dull, dry, or limp? If it is, take the time to use condition*.

condition* is an intense 30-minute treatment. The warmth of your scalp and the time you leave it on help condition* penetrate your hair. It seeks out and helps restore damaged areas.

condition* is specifically formulated for damaged hair. Quickie conditioners and balsam-type rinses are not. They're fine for after-shampoo snarls in normal hair. But damaged hair needs condition*. It contains more protein than other leading conditioners.

condition* gives you more body than balsams.

condition* gives hair more body and leaves it more manageable than balsams or creme rinses. And condition* doesn't leave your hair oily and limp like those quickie rinse-out conditioners can. After the condition* Beauty Pack Treatment, your hair looks healthy. Has a lovely sheen and is far easier to style.

Don't throw your quickie conditioners and creme rinses away.

They are fine for after-shampoo snarls. But don't expect a thin rinse to do what creamy rich condition* does.

I use condition* in my salon whenever I see unhealthy-looking hair. But so many women should use it regularly at home. No matter how well-styled, hair just doesn't look right if it doesn't look healthy.

It takes a long time to grow a head of hair, so take care of it with condition*.

It goes beyond the tangles."

condition*

The professional treatment for mistreated hair.

Available in cream pack.
Or instant lotion for touch-ups.

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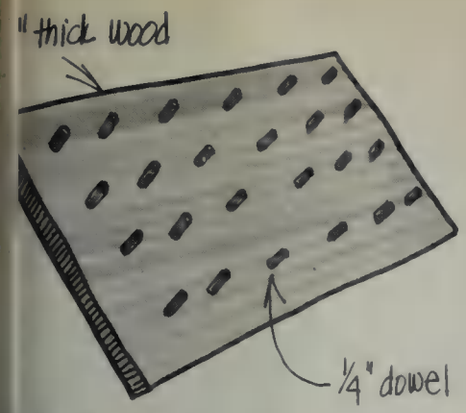

Spotting board *marks neat, accurate spacing for seedling transplants*

d earlier ones. A layer of planting on the bottom of the flat and a sprin- g between rows will give a well ked flat, in which all the pots will re- n upright.

npers like the two shown on the pre- s page are useful for leveling, othing, and firming the soil mix in s or pots. For flats or boxes, use the angular tamper, which will tamp in ners and along straight sides. For s, use a round tamper.

ou prepare only a few flats or pots, can get by with even simpler level- and tamping tools. For flats, a length 2 by 4 is adequate, if inelegant. A ent finisher's float in wood or metal ne, if you have one. To smooth plant- mix in a pot, use the bottom of a le or can.

row knife shown on the previous e makes straight furrows or trenches seeds or cuttings. To make a shallow ow for seeds, press it lightly into the mix. To make a furrow for cuttings, s it deeper into the mix and rock it k and forth before taking it out. This give a V-shaped furrow to set the ings in. Rocking to open the next ow firms the mix back against cut- s in the first trench.

spotting board sketched above is dy for marking correct spacing for splants. Set dowels (or nails) 2 inches rt. To use it, just press it into pre- d soil in a flat; the marking holes be large enough to serve as planting s for smaller seedlings.

Plant lifter *is a sharpened paint paddle; the price is right*

plant lifter shown here is simply a t paddle or stirrer that came with a of paint and was never used. The tip sanded sharp. A discarded narrow hen spatula or a putty knife would e an equally effective lifter for hoist- young seedlings from a flat. □

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Whitewashed *windows help keep plants in greenhouse cool in summer*

Gadget-filled *greenhouse has benches, sprinkler, lights, fan, heater, roof vent; plastic panels on roof reduce incoming sunlight*

An amateur builds an almost automatic greenhouse

Here's how he did it. And here is what it cost him

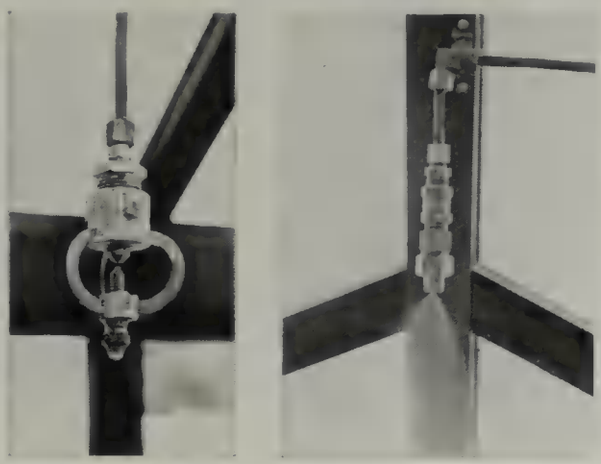
Amateur gardeners use greenhouses many different purposes. The owne this one, George Vashel of Menlo P uses it to create an ideal artificial cli to grow cuttings of citrus, camellias, rhododendrons. The devices that n his greenhouse function almost by i can be used in greenhouses intendec other purposes.

Mr. Vashel assembled the sides and of his greenhouse from a $500 kit in one weekend. Buying and assembling other equipment took his spare time several months more.

Its basic appliance is a heater. In winter there's no area in the West w greenhouse plants won't do better heat, and, in most areas, frosts or s make heaters a necessity. This one a gas heater, which has a thermostat a regulator; together they cost a $100. The owner did the installation

Timer, *by hand in photograph, controls mist sprayer. Fan, center, circulates air. Humidostat, right, keeps relative humidity constant*

DARROW M. WATT



Adjustable *sprinkler nozzle at left keeps potted plants moist, air humid. Fine mist sprayer, controlled by timer, soaks cuttings periodically*

Roof vent *opener works by thermal expansion process: It opens and closes by itself as temperature changes*

company completed the job by at-hing it to the main gas line.

ter heating, the next most important ng for a greenhouse is cooling. Most e vents to let hot air out. Whitewash-windows in the summer helps reduce temperature. Translucent plastic els, like the ones used on the roof of s greenhouse, can also reduce the heat m sunlight.

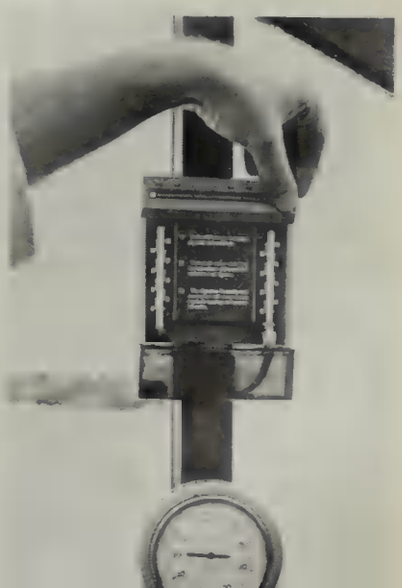
fan that exhausts hot air is probably best way to cool a greenhouse. Ex-ist fans that fit in louvered panels t from $30 to $50. However, the fan wn here doesn't move air out. In-d, it circulates the air to keep an n temperature from floor to roof. It ts only $25.

e of the most clever devices in this enhouse is an automatic vent opener t works without electricity or wiring. consists of a tube filled with a liquid that expands as air temperature increases and contracts as it drops. The expanding liquid pushes a rod, and the rod opens the vent. The device is called a heat motor; it can lift up to 50 pounds and costs $50. With a dial, you set the temperature at which you want the vent to start opening.

Water sprayers cool a little, but more importantly, they keep the air very moist. A relative humidity sensor turns on spray nozzles automatically to keep the air constantly damp. (This helps cuttings root and grow faster.) The sensor, called a humidostat, costs about $30 including the valve. Spray nozzles cost about $3 each; they attach to ¼-inch copper tubing with compression fittings and adapters.

The equipment for this greenhouse was purchased at greenhouse supply stores, hardware stores, and nurseries. □

Wet and dry-bulb *thermometers and dial hygrometer measure relative humidity*



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DON NORMARK

Angelwing jasmine *has small starry white flowers that look fragile as cobwebs. Blooms open in twos and threes, remain a week, and more keep coming*

For some nursery discoveries just follow your nose

The best way to locate that rare bird, an indoor plant with fragrant flowers, is to use your nose as well as your eyes every time you visit a nursery greenhouse. Even though the major blooming season is spring through fall, you can also find plants that will bloom during the winter.

Don't count on turning up the exact varieties we photographed, but look for plants in the same families—jasmine, hoya, gardenia, and stephanotis. The one indoor plant group we did not photograph—the citrus—has perhaps the richest of all sweet smelling flowers. Included among citrus are lemons, oranges, tangerines, and grapefruit.

Gardenia (*G. jasminoides*) is an evergreen shrub with dark, polished leaves. Its heavily scented, white, 2-inch flowers make the classic florist's corsage. Small, 12-inch-tall gardenia bushes, often heavily budded and within a few weeks of flowering, are sometimes sold as late-winter specials at supermarkets. Grown indoors in pots, they could eventually become shrubs 4 feet tall and wide.

Getting gardenias to bloom indoors calls for some understanding of their needs. Keep plants cool (65° to 70° during the day, lower at night) and moist. They need all the light you can give them. Putting them under a fluorescent light for 10 to 12 hours a day should encourage blooms in winter.

Of the several varieties of evergreen indoor jasmine, we photographed two: Angelwing jasmine (*Jasminum nitidum*, but nurseries may call it *J. magnificum*) and Arabian jasmine (*J. sambac*). Jasmine needs a high light level and cool atmosphere (55° to 65°). Blooms come most generously in spring, but plants will reward you with scattered flowers in winter, too. Fertilize plants lightly when out of bloom and keep them moist. Left to themselves, jasmine plants get rangy, so pinch back long runners and rambling growth whenever you notice it.

Stephanotis (*S. floribunda*) is a wiry evergreen vine. Up to 3 feet tall indoors, it needs a pole or trellis to climb on. Shiny, 2 to 4-inch leaves are thick and lustrous. But it is the clusters of waxlike flowers 1 to 2 inches long that make this plant a tradition for brides' bouquets. Flowers bloom in June, July, and August and occasionally at other times of the year, especially if a warm summer gives some late flower bud setting.

Stephanotis plants may be hard to find; they usually come on the market in late winter or early spring. Because stephanotis adapts well to a 50° to 70° temperature and tolerates drier air than a gardenia, it is a good plant for a novice.

Wax plant (*Hoya carnosa*) is a sturdy evergreen vine. Along its twining stems grow thick, polished leaves, 2 to 3 inches long and half as wide. Vines may extend 3 or 4 feet or more, so provide a framework for them to cling to.

Many people buy hoyas for their leaves alone, and since only mature, four to five-year-old plants bloom, it's a surprise when flowers suddenly appear, looking like something your grandmother might have pinned on her hat. They come in tight clusters of white half-inch disks each centered with a candy pink star. When you look closely, you whiff the flower's odd perfume.

Hoya flowers appear from spring through fall and each one persists for a week to 10 days. Hoyas bloom best when potbound. Water and feed them regularly from April until November. Then stop fertilizing and cut way down on watering. Though they will tolerate a low light level, hoyas need plenty of light in order to set buds for bloom. They like it cool: Train one around an east window

ya's *tight nosegay of tiny, spice-*
nted, white and pink flowers measures
eral inches across, lasts for days

get maximum morning sun and to en-
the coolness close to the glass.

e citrus group—oranges, lemons, tan-
ines, and grapefruit—includes slow-
wing evergreen shrubs and dwarf
es. Indoor plants have grown as high
6 feet. From time to time clusters of
ite flowers appear and give off a heady
fume. If fruits form, they will be
orful, too.

od citrus for reliable fruit produc-
n indoors are kumquat and cala-
ndin, both of which bear heavy crops
small, bright orange fruits.

rus prefer a cooler atmosphere than
t found in living rooms and as much
light as possible. A 55° to 65° con-
vatory or cool greenhouse is ideal. □

se-tickling *surprise for young lady*
ardenia's heady fragrance,
ng enough to perfume a room

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Why light weight counts. When you're out there cutting, even half-a-pound makes a *big* difference. A professional timber cutter would tell you this: next to reliability, nothing is as important as light weight. The Mini Mac 1 is the lightest saw you can buy at the price. Even the bar and chain are lighter. So why pay more?

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Why McCulloch is for you. McCulloch simply builds the best chain saws. The big-timber pros know it. They earn their livings with McCulloch. So, when you can get the best for $99.95*—why pay more?

Why McCulloch makes different models for non-professional users. The $99.95* Mini Mac Electric can be used indoors as well as outdoors. The $119.95* Mini Mac 1 Automatic has a 12" bar for extra cutting capacity. The $129.95* Mini Mac 6 Automatic has a 14" bar for heavier jobs and has many unique deluxe features. The $159.95* Power Mac 6 Automatic with a 14" bar and chain is the only professional saw in the six pound class. The $184.95* Mac 10-10 Automatic has a 16" bar and a powerhouse 3.3 cubic inch engine to handle the toughest jobs. And easily. It weighs only 12.6 lbs. Note: All McCulloch automatic models oil their own bars and chains while you cut.

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*Manufacturer's suggested list price, including bar and chain. Prices slightly higher in Canada and Alaska.
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What to do about dying daphne

The dying daphne pictured on page 69 has probably been attacked by water molds that have harmed its roots and stem. These are fungus organisms that live in the soil and invade and weaken plants under stress. The best thing you can do to prevent this kind of damage is to grow your daphne plants (or anything else that is susceptible to water molds) so well that they won't suffer or get weak.

But if a plant is already under attack can you do anything with a chemical to kill the fungus? Yes, as long as you remember that you must also correct faults in the plant's environment that originally brought on the trouble. If you don't, it may happen all over again.

The full name of the chemical that can kill the water mold organisms is Dexon 35 Percent Wettable Powder Turf and Soil Fungicide. For short, call it Dexon or Dexon 35. It's expensive and hard to find. The smallest package, 3 pounds, sells for about $12. And you need only 1 gram per gallon of water, or 4 ounces to 100 gallons, to make the suspension that you apply as a root drench.

Where to buy it

One Southern California firm sells Dexon in a smaller package. Elsewhere a practical scheme might be for several gardeners to share a $12 package. If you send a stamped, addressed envelope to Dexon Dealers, *Sunset Magazine*, Menlo Park, Calif. 94025, we'll send you a list of dealers.

How to use it

Mix the Dexon according to label instructions and put on the drench like normal irrigation. In a few minutes, follow the drench with a clear water chaser about ⅔ the volume of the drench. The chaser moves the chemical farther into the root zone.

Dexon is most effective on container plants. Once you've soaked the soil you can be sure that you've reached the entire root system. You can't be certain when treating the roots of plants in the ground.

A treatment remains effective for about 14 to 18 days. A month after the first treatment, if the plant is not showing signs of recovery, repeat.

Dexon is a yellowish powder. When you mix it with water, it becomes a staining yellow dye. Keep it off your hands and clothes. It has no other presently known faults or hazards.

Folks rave about BETTER BOY tomatoes because they're blight resistant. Plants now at most garden centers

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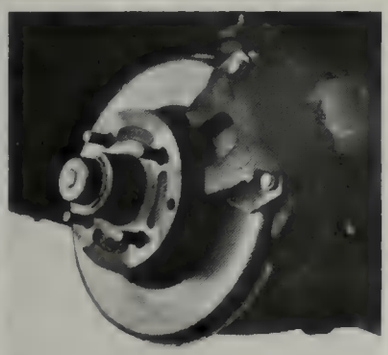
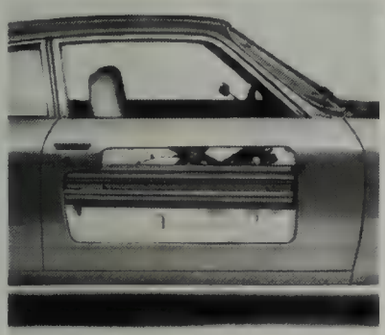
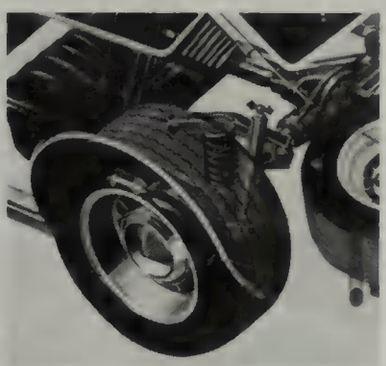


The stopping power of big 10-inch front disc brakes.



The safety of a side guard beam in each door.



The smoothness of a coil spring at each wheel.

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VEGA CHEVROLET

A head start with vegetables

Plant seeds indoors as early as early February

Aluminum *loaf pan 2½ inches deep gives ample root space. Place container on dishtowel to punch drainage holes without bending the pan*

Optional, *but traditional: Put a thin layer of dried leaves in the bottom, dust with bonemeal and manure to encourage deep, vigorous root growth*

Fill *containers to the top with lightweight, fast-draining potting soil. Moisten thoroughly. Then scatter seeds, spacing them evenly over soil as shown*

Cover *seeds with about ¼ in of vermiculite—with this moisture-holding cover, you won't need to water so often*

Certain vegetables usually get planted in spring as seedlings purchased from nurseries (peppers, eggplant, and tomatoes). Others are traditionally planted as seeds outdoors in spring (corn, and the melon-squash family). But some people like to start all these vegetables from seed early indoors, and plant the seedlings outside later. The reasons include economy, wider choice of varieties, earlier crops, and satisfaction (one more horticultural art mastered).

If you want to try for early crops of spring vegetables, time your seed sowing according to earliest outdoor planting times for your area: late March or April in California's interior valleys; April to May along the California coast; May in mountain areas, the Northwest, and Utah. You may be able to plant outdoors several weeks to a month earlier by using frost protectors. For regular or late crops, you can put plants into the ground as late as June.

Start tomatoes, eggplants, and peppers six to eight weeks before the first planting date for your area. Sow these plants in aluminum loaf pans as shown above, or start them in peat pots if you have enough well lighted space for them. In pots, plant only two to three seeds per pot; pinch off all but the strongest plant as soon as they are established.

If you use peat pots or compressed peat pellets, put them into a larger container and surround them with moist potting s to keep the peat and roots inside consistently moist. Oth wise they dry out too quickly. A transparent outer contain lets you see easily when roots come through the pot. Then i time to move plants into the garden, or into larger pots if i still too cold outdoors.

For both pots or larger pans, use lightweight, fast-draini potting soil. Buy commercial potting soil or make your ov by sifting together equal parts of sand, soil, and well decay compost or leaf mold through ¼-inch mesh. Commerc soils that contain redwood sawdust cause some seedlings yellow after about a month. Fertilizer may help to correct th

Use a container at least 2 inches deep with good drainage.

Cover seeds with a thin layer of soil or vermiculite. Vermic lite is preferable because it dries out less quickly. But be su to keep all the soil moist, not just the vermiculite covering.

Keep seedlings in a warm place (above 60°) either in full s or with fluorescent plant lamps 6 to 10 inches above the plant

Then be patient. Tomatoes take a full week to poke throu the soil; peppers and eggplant may take several days long

When the second pair of leaves is open, it's time to give plan roomier quarters. Put each plant in a separate pot or 2 to inches apart in another loaf pan. This time mix a sm

Tomato *plants 2½ weeks old, ready to transplant into roomier containers. Fully lighted window and lukewarm water encourage fast, healthy growth*

When *the second pair of leaves appears, move plants into separate containers. Hold plant by an older leaf—not by the stem or new leaves*

Gradually *adjust plants to outdoor temperatures by putting them outdoors when it's sunny, and leaving them out overnight when it's mild. Chicken-wire cover foils birds*

DARROW M. WATT

nount of bonemeal and manure (or other fertilizer) into the ›il besides using some in the bottom.

eplant most seedlings to the same soil depth as they were be- ›re, but plant tomatoes deeper—almost up to the lower aves. New roots will grow from the buried stem.

'hen new growth shows that plants are reestablished, begin adjust them to outdoor temperatures as suggested in the ıotograph caption at right.

necessary, you can move these plants (eggplant, peppers, ›matoes) still another time into large pots or gallon cans ›fore planting them permanently outdoors.

ut corn, cucumbers, squash, and melons aren't so accom- odating. If you disturb their roots by transplanting or ›laying permanent planting, it checks their growth, and ıncels the advantage of early sowing. Clever gardeners side- ep this difficulty by starting them in peat pots or compressed ›at pellets; then they plant, pot and all, into the garden as ›on as roots penetrate the peat containers. Start these seeds ıly two to three weeks before outdoor planting time. □

GLENN CHRISTIANSEN

Flowers, *vegetables, strawberries, and many other kinds of plants thrive in perfectly drained beds filled with special mix*

The raised beds in this photograph mak a world of difference in how plants grov in the Frank Webster garden in Portol Valley, California.

Grading on the hilltop house site swep away what little topsoil there was an exposed hard, airless clay that woul hardly have grown anything excep weeds. So landscape architect Thoma Church—a long-time champion of th raised bed idea—designed above-groun plots in which the Websters could rais their own vegetables, strawberries, an fruit (dwarf trees), and lots of annual perennials, roses, and other ornamental

The sturdily constructed beds solved so and drainage problems immediately an permanently. Their details, shown i sketch below, could be adapted to bed in smaller gardens.

The sharply defined, geometric patter of these raised beds is reminiscent of th classic parterre: an ornamental arrang ment of beds or plots separated by path It adds interest to what might otherwis have been a monotonous flat area.

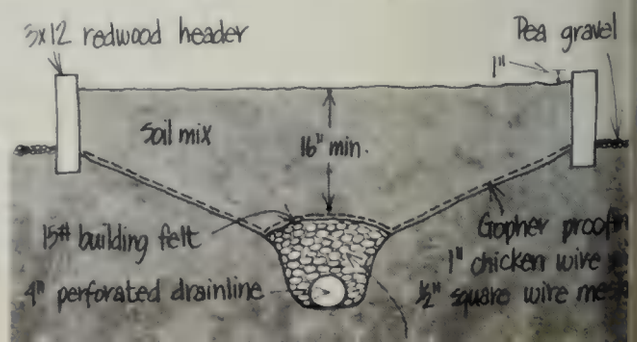
Beds of various lengths are large enoug to grow generous quantities of flowers c vegetables, yet narrow enough (approx mately 4½ to 5½ feet wide) to b reached into easily for planting, weed ing, watering, and picking.

Each bed is filled with a specially pr pared, porous mix containing equal part of topsoil, sand, and nitrogen-fortifie organic matter. Fresh organic materi is added each time the beds are r planted. A perforated 4-inch drainlin running the length of each bed insur perfect drainage. Catch basins located intersections of paths receive runoff su face water.

Several beds can be watered simultan ously by rotating sprinklers, but som beds are also watered individually b hand according to needs of the plan and weather conditions.

These big raised beds can grow almost anything

Typical *raised bed detail. No depth of soil, provisions f drainage, and gopher proofi*



It gives your lawn a meal, instead of a snack.

That's pretty important when you own a Western awn. In fact, it's crucial.

Because Western lawns grow practically all year ong. As much as 11 out of 12 months in some areas.

Compound that with the generally low nutrient ontent of Western soil, and you've got a real problem.

A starving lawn.

So what we've done is to create a special lawn food ust for the West. It's called Super Turf Builder.

To take care of the Western lawn's bigger appetite, e've given Super Turf Builder almost double the mount of nitrogen that's normal for other lawns.

(Nitrogen, remember, is what gives your lawn that sh, dark-green color.)

phosphorus and potassium—for developing strong roots and overall health and vigor.

We've even included some iron to prevent yellowing. Not iron iron. But *available* iron. The kind that grass and dichondra can get at and use.

And we've done it all with our *Polyform* process.

Without getting technical, all that means is that Super Turf Builder releases its nutrients slowly.

So it lasts longer, and you get no surge growth to cause extra mowing, and no wasteful overfeeding.

All you get is a thicker, greener, sturdier lawn.

And for this part of the country that's pretty

SCOTTS

The brand-new '73 Olds Vista-Cruiser. If you don't see the 9th window right away...

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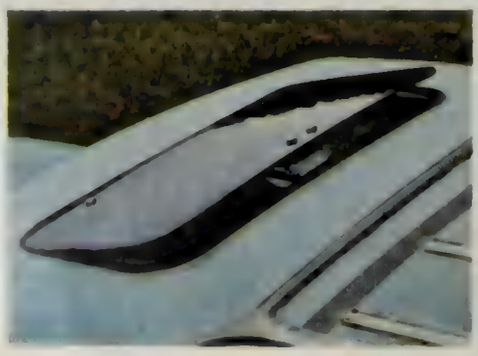
look in the roof.



It's the new Vista Vent window. Even when it's closed tight against the elements it lets in light like a sunroof (and the glass is tinted to reduce glare). Open it up and Uncle Henry's cigar smoke vanishes in a hurry. Whoosh!

And, for '73, the Vista-Cruiser has been redesigned. From a new hydraulic front bumper system and a Swing-away grille . . . all the way back to a new easy-lift tailgate that swings up and out of your way. And it can be released right from the driver's seat. It moves, you don't.

Inside, just flip down Vista-Cruiser's rear seat for more than 85 cubic feet of usable load space. That's not bad for a mid-sized wagon with a 116" wheelbase.

It's available as a two- or three-seat model. Either way, you get deep-pile carpeting, all-vinyl or cloth interior, exterior paneling, and deep-foam seats. All standard. All nice.

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The '73 Olds Vista-Cruiser. Let the sun shine in. **Oldsmobile. Always a step ahead.**

Here are the camellia shows

Redwood City. February 10 and 11. Peninsula Camellia Society. Place: Veterans Memorial Building, 1455 Madison Ave. Hours: 2 to 8:30 P.M. Saturday; 11 A.M. to 5 P.M. Sunday. Free.

San Diego. February 10 and 11. San Diego Camellia Society. Place: Floral Building, Balboa Park. Hours: 1 to 6 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

Arcadia. February 17 and 18. Temple City Camellia Society. Place: Los Angeles State and County Arboretum, 301 N. Baldwin Ave. Hours: 1 to 6 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

San Jose. February 17 and 18. Camellia Society of Santa Clara County. Place: San Jose City College, 2100 Moorpark Ave. Hours: 2:30 to 5:30 P.M. Saturday; 11 A.M. to 5:30 P.M. Sunday. Free.

Pittsburg. February 24 and 25. Delta Camellia Society. Place: Pittsburg High School. Hours: 3 to 9 P.M. Saturday; 10 A.M. to 5 P.M. Sunday. Free.

Pomona. February 24 and 25. Pomona Valley Camellia Society. Place: Pomona First Federal Savings and Loan, 399 N. Garey Ave. Hours: 1 to 6 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

La Canada. March 3 and 4. Southern California Camellia Council. Place: Descanso Gardens. Hours: 1 to 6 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

Sacramento. March 3 and 4. Camellia Society of Sacramento. Place: Memorial Auditorium. Hours: 3 to 10 P.M. Saturday; 10 A.M. to 6 P.M. Sunday. Free.

Bakersfield. March 10 and 11. Camellia Society of Kern County. Place: Valley Plaza Shopping Center, Ming and Wible Roads. Hours: 10 A.M. to 5 P.M. Free.

Concord. March 10 and 11. Northern California Camellia Society. Place: Sun Valley Shopping Center. Hours: 1 to 7 P.M. Saturday; 11 A.M. to 5 P.M. Sunday. Free.

Fresno. March 11. Central California Camellia Society. Place: City College. Hours: 1 to 6 P.M. Free.

Modesto. March 17 and 18. Camellia Society of Modesto. Place: Gallo Winery. Hours: 2:30 to 7 P.M. Saturday; 11 A.M. to 6 P.M. Sunday. Free.

Santa Rosa. March 24 and 25. Sonoma County Camellia Society. Place: Doyle Student Center, Santa Rosa Junior College. Hours: 2 to 6 P.M. Saturday; noon to 6 P.M. Sunday. Free. □

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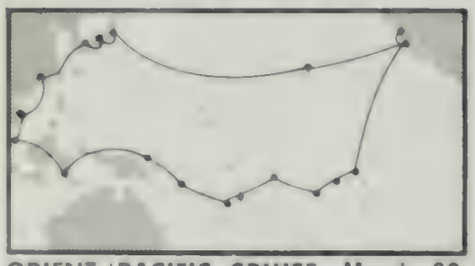
Slice *several inches of soil and roots from the bottom of the root ball*

Snip off *any big roots you can pull from the snarl*

To camouflage *tip pruning, pull needles back, cut between them*

To keep a potted conifer happy, you should root-prune and top-prune

The Hamburg sails you to mor



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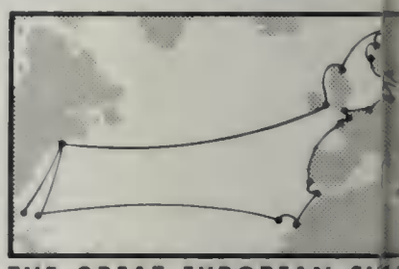

THE GREAT EUROPEAN SU CRUISE OF 1973. July 26, 197 Port Everglades. From New Yor 54 days, 24 ports. The Space vives a lost tradition: the Gran We're visiting all of Europe's m ulous places from the British the Scandinavian countries and from Germany and Holland to Portugal, Spain and North Africa. to N.Y., Fla. and Calif. (optiona $2835 to $10,530.

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The Space

Potted conifers don't automatically look bushy and green year after year; they have to be cared for. Though they can be considered low-maintenance plants, they'll grow tall and spindly, or even die, if you don't top and root-prune to keep their sizes in proportion to their pots.

By annual root and foliage pruning, along with watering and an occasional feeding, Mrs. Carl Pfeiffer of Coburg, Oregon, keeps a whole batch of potted conifers healthy. The process she uses is a bit like that used to train bonsai, but not so tedious.

Pruning roots should be done no later than this month or early March. After that, the plant begins to come out of its dormant period. Pruning while the plant is dormant results in less bleeding. When spring comes and the plant begins growing again, the effect of root pruning will be the growth of a lot of new feeder roots.

How to root-prune

Let the plant go a little dry in the pot, then gently tap it out. Pull the long, old roots that have formed and coiled around in the pot away from the root ball. Push the tip of your pruning shears down into the root ball along the big roots and snip them off 1 or 2 inches into the ball. These large roots do little to support a containerized plant. In the ground they anchor the plant and go down deep for water and nutrients.

With the big roots off, trim several inches off the bottom of the root ball (as much as 5 inches from a plant with a root system that fills a pot 2 feet deep). You can simply slice this off the bottom with a knife.

Wrap the root ball in a damp cloth to keep it from drying out and set it aside while you give the pots a good cleaning with warm water to rid them of salts and mineral deposits. A wire brush will come in handy.

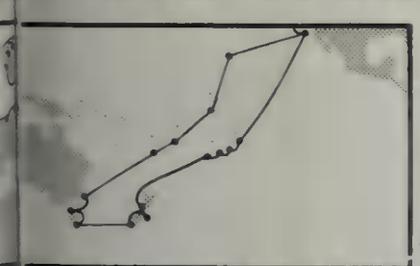
With the pot clean, renew some of the potting soil. Add several inches in the bottom of the pot. Put the plant back in the pot and add soil, filling the container to within an inch of the top. Begin feeding the conifers semimonthly during their growing season. Use a weak plant food; a strong fertilizer could damage the tender new roots. The plant will get many of the nutrients it needs from the fresh soil that you add each year.

Pruning top growth

When you've finished root pruning, shape the plant. Cut out branches where they're too thick; cut them back where they are too long. Make cuts as shown in the photograph to the left. You can also tip-prune new growth at the end of each growing season, just after the new green darkens. Depending on how much you want to allow the plant to increase in size, cut off ⅓ to ½ of the new growth.

If it is necessary to prune severely, it may be wise to prune half the branches this year and the other half next year. This minimizes the shock to the plant, leaving some new growth buds intact, and keeps it from looking shaved. □

f the worlds you want to see!



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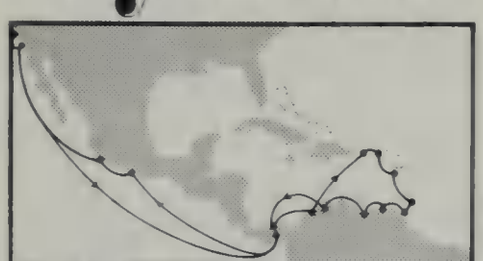

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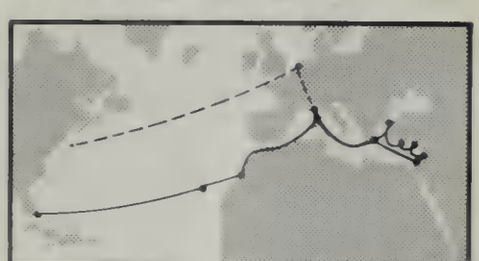

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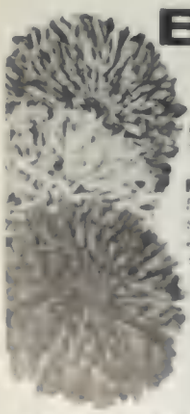

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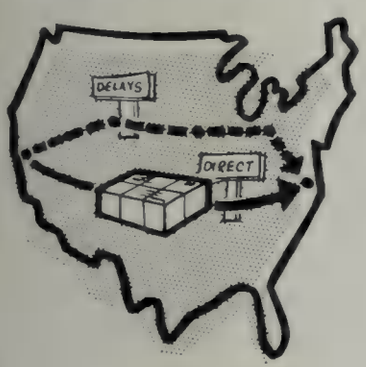

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SAMSON B. KNOLL

Australian fuchsia *has pink flowers, gray-green leaves. Shown about life-size. Grows best near coast, in mild-winter coastal valleys*

Australia's fuchsia blooms through winter, likes it dry

It was something of a delight to come across this old plant friend—Australian fuchsia *(Correa pulchella)*—in winter bloom in the seaside town of Carmel, California. (This evergreen shrub is by no means a real fuchsia or even distantly related to one—whoever named it decided the flowers are fuchsialike.)

On January 8, when the photograph above was taken, Australian fuchsias were making a fine showing in the rear garden of Tally-Ho Inn, just two city blocks from the ocean. The shrubs grow there on a steep, terraced slope in a narrow bed behind a stone retaining wall. About 2½ to 3 feet high, with a 4 to 6-foot spread, they are densely covered with semiglossy, gray-green, 1-inch-long, felt-backed leaves. Dainty, shrimp pink bells, buff-colored on the inside, start blooming in November, but are most abundant from January into March. Hummingbirds drink their nectar.

Set out 10 to 12 years ago, these Australian fuchsias grow luxuriantly with little care. On the west-facing slope they get sun from early to late afternoon. The soil is light and drains rapidly. The plants receive very little artificial watering; winter rains and summer fogs apparently supply just the right amount of moisture. And they're never fed. (If you grow Australian fuchsias, be advised that too much food and water can kill them.)

Once a year, usually in October, the gardener trims back these plants to keep them from overgrowing the narrow path and interfering with foot traffic. They have never been sprayed; Australian fuchsias are not bothered by pests and diseases. The plants showed very little damage from the hard freezes of late December in 1972. They are easy to propagate from cuttings.

Other good uses for Australian fuchsias are as ground covers, in rock gardens and in containers. Their gray-green foliage contrasts nicely with darker greens and combines beautifully with gray-leafed plants such as *Convolvulus cneorum*, dusty miller, *Senecio greyii*, and various kinds of succulents.

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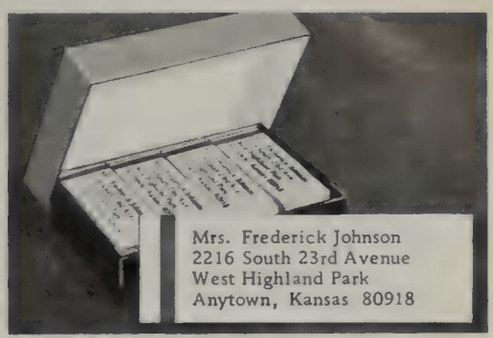

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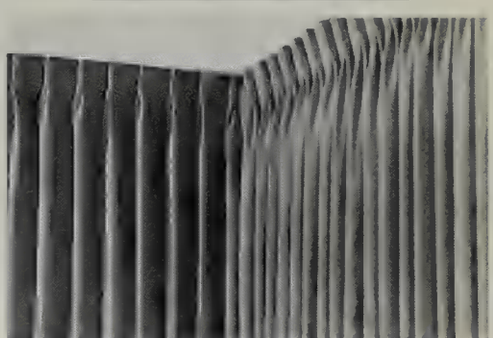

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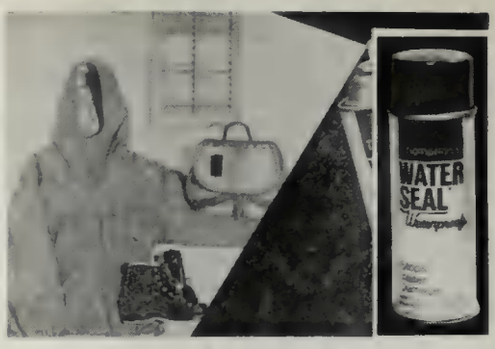

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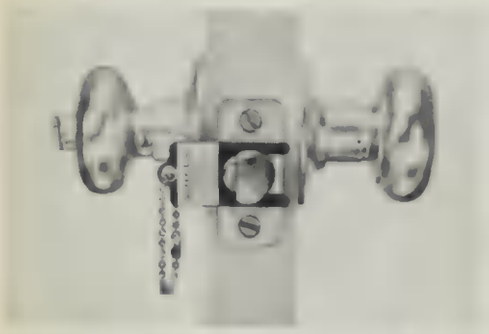

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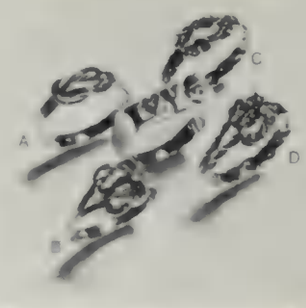

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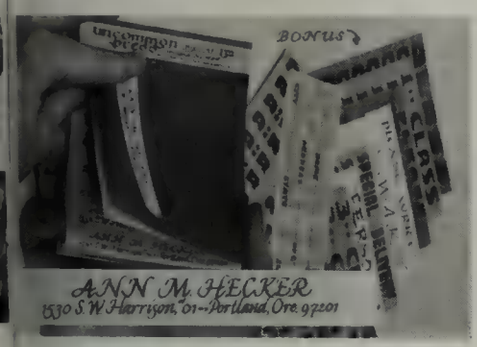

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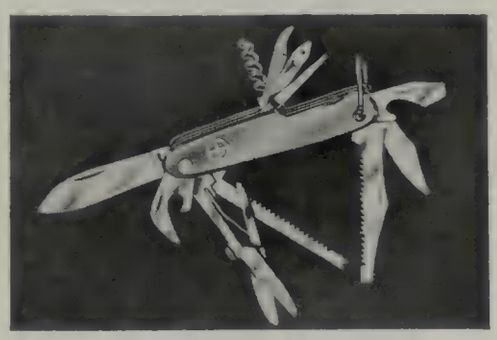

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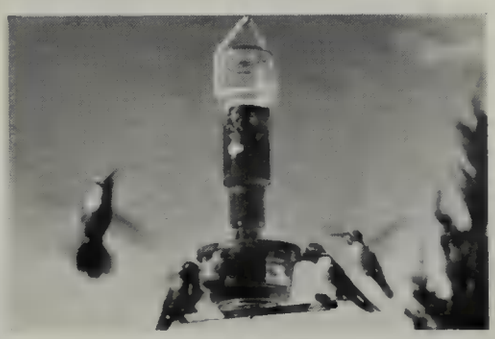

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Growing your own shallots

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More and more people are discovering how valuable these bulbs can be in fine cooking. However, shallots are often difficult to find in markets, and they're usually expensive.

But you can easily grow your own. Now is the time to plant for summer harvest. Ask for dry shallot bulbs or sets at a nursery or garden supply store.

Planting

Plant as soon as the ground thaws. East of the Cascades, you may have to wait until late March or early April, but shallots must get their start while it's still chilly. Some places might sell small plants later in the spring; you can set them out when available. (In milder climates west of the mountains, you can also plant a shallot bed in November for harvest the following summer.)

Shallots like rich, quick-draining soil. (Raised beds work well.) After several dry days, spade the soil. Dig in potash; you can do this by sprinkling a generous layer of fireplace ashes over the bed and working it in.

Plant the bulbs, with tips just covered with soil, at 4 to 6-inch intervals in rows a foot apart. Each parent bulb will produce a ring of plants. The earliest stage at which you might harvest shallots is when they reach the size of green onions or scallions. If this is your intention, plant the bulbs 3 inches apart; pull alternate clumps to use small and let the others grow to full size.

Throughout the growing season, fertilize with high-phosphate fertilizer as often as once a month.

Weed control is important, but be careful when you pull weeds or dig around the shallow roots of the shallots.

The only damaging organism common to shallots is onion maggot, and that will probably not be a problem if you've not grown onions in the same ground before.

Harvest time

The time for final harvesting comes when the tops turn brown. Pull the bulbs and lay them out to dry for several days. Clean off the dead leaves and soil, then store for kitchen use in a cool, dry place. You can save some bulbs for planting the following season, or buy fresh sets at planting time. □

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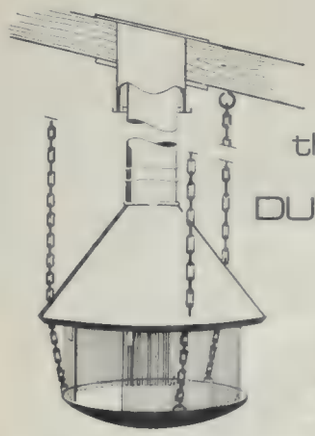

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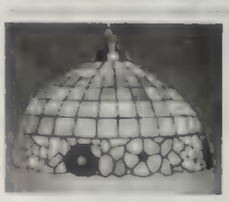

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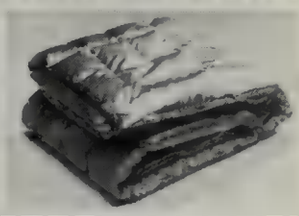

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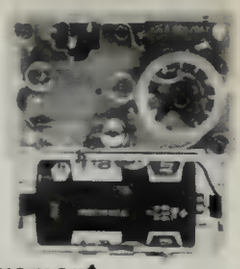

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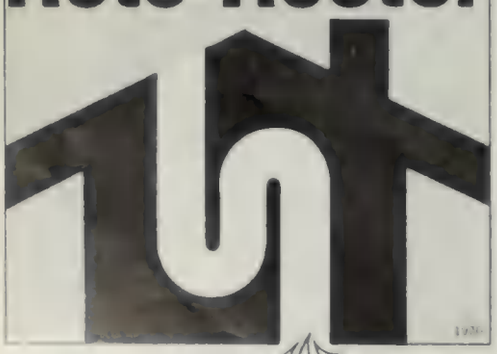

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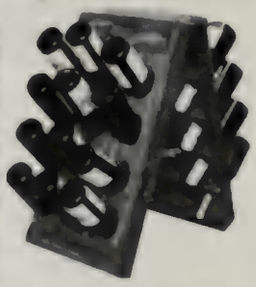

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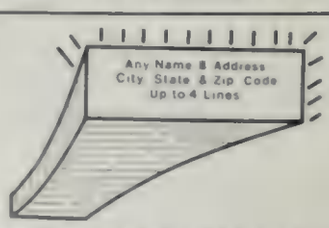

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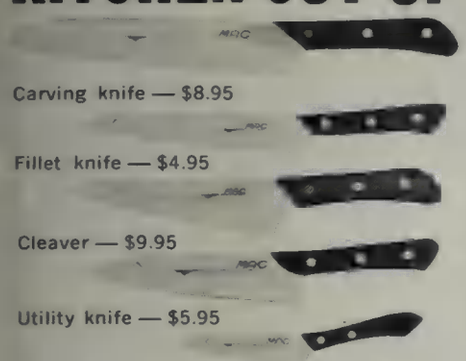

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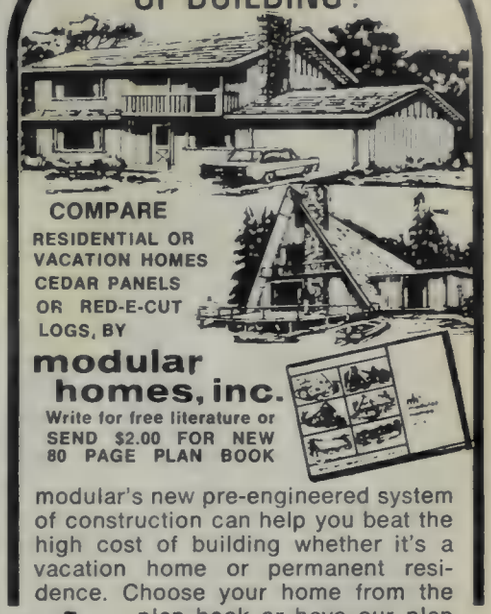

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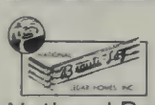

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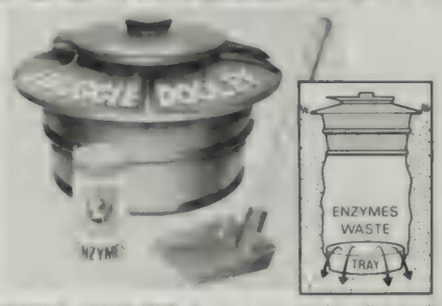

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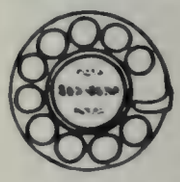

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LETTER FROM *Sunset*

Neighbors take action

The headline on page 82 of this issue carries a special overline *Community Action*. It's a label that's been appearing on occasiona *Sunset* articles for more than 15 years. The first, in October, 1957, tol how the Portland Garden Club built and paid for its new clubhouse.

Actually the series—without the label—began in 1954 with a report o two cooperative neighborhood swimming pools. By 1958 the idea ha crystallized enough for a staff memorandum to explain it thus:

"The *Community Action* series was born of *Sunset* editors' realizatio that 1) in some fast-growing Western areas, groups of neighbors mus take the initiative if they want to get such community facilities as park and playgrounds before it's too late; and 2) several families joined to gether can do such things as landscape a roadside, build a swimmin pool or clubhouse, or remodel a beach—each of which might be a littl out of an individual family's range . . . We stick to projects done b groups of families acting independently, not those carried out by suc political units as school districts or city governments, or by long-estab lished organizations like churches, lodges, and Scouts."

Ever since, we've averaged six or seven *Community Action* articles year, though they appear at no regular interval.

In a garden-minded magazine like ours, tree planting comes up agai and again. So do community parks, community centers, playground school gardens, cleanup projects, and neighborhood celebrations. Sev eral recent *Community Action* articles have described the saving o some landmark: a windmill, a tree, a bridge, a church.

We don't report community problems as such; we report solutions.

The stimulus should be a problem common to more than one Wester community—something needs doing to correct a deficiency or improv the quality of life. When a group faces such a problem, works out solution, and has practical advice for other groups, that's a potenti *Community Action* article.

Our *Community Action* article this month describes how a neighbo hood group in San Francisco, organized for more general purpose planned and carried out a tree planting project in an urban distric Groups in other communities might be especially interested in how th Inner Sunset Action Committee enlisted help—from the Nation Guard, the City of San Francisco, and the University of California.

Readers have always been some of *Sunset's* best reporters. We invi any suggestions you might have for future *Community Action* article

WINDOW ON THE WEST: *The monarchs*

Monarch butterflies, shown about half size, stretch their wings on a sunny day at their winter-to-spring home near Big Sur. They're clinging to one of their favorite plants—blue gum. The orange, black, and white monarch is a familiar summer sight throughout the West and the greatest long-distance migrator among American butterflies. Each fall, monarchs west of the Rockies head for the California coast from Marin County to San Diego. By March most start returning inland. Next fall, their descendants return to the same coastal areas. □

March 1973

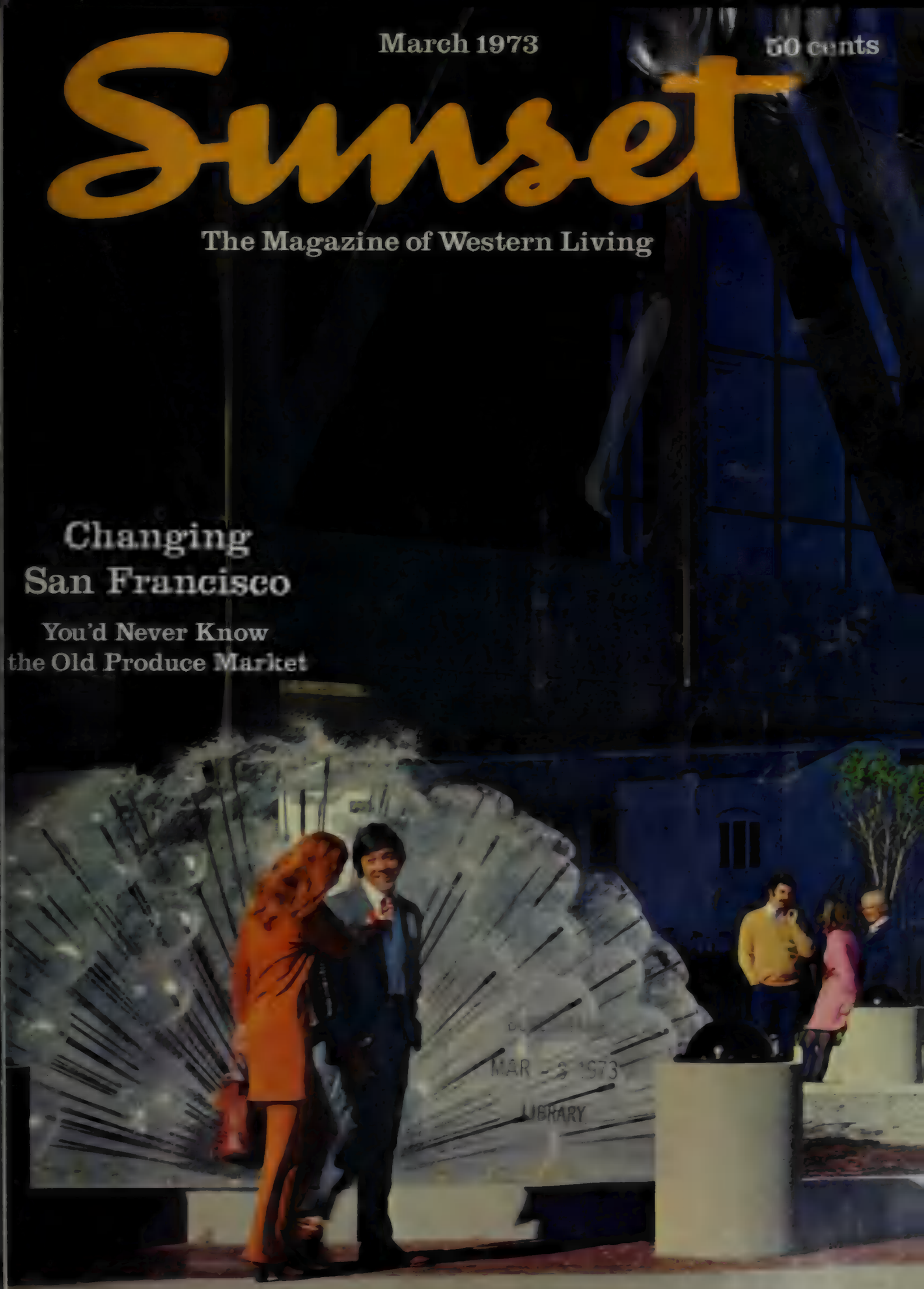
50 cents

Sunset

The Magazine of Western Living

Changing San Francisco

You'd Never Know the Old Produce Market



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Sunset* The Magazine of Western Living*

THE PACIFIC MONTHLY*

Central Edition Feature articles for March 1973

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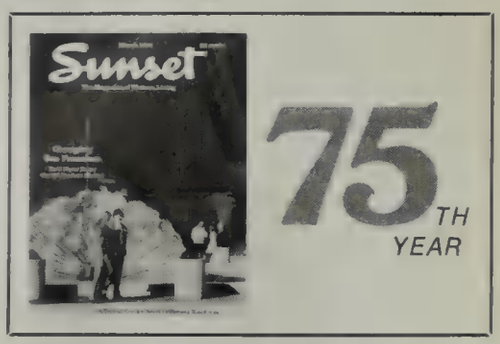

This month's cover folds out to show two sides of the San Francisco of the 1970's: part of the new, elevated Golden Gateway redevelopment, and venerable Telegraph Hill in the background. San Francisco has acquired a sudden new skyline; to learn of the experiences that go with it, see page 74. Photograph by Glenn Christiansen

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March travel . . . in and beyond the West

Looking back on crystal sets and morning-glories

In 1909, uncertain that anyone was listening, C. D. Herrold began broadcasting the world's first regularly scheduled radio programs from improvised studios in San Jose. Today the tangled coils and wires of his transmitter look more like the innards of a hot-water heater than something capable of sending the human voice through space.

Herrold's crude station (later it was known as KQW, and then KCBS) is now one of the major exhibits at a new electronics museum on the campus of Foothill College in Los Altos Hills.

Housed here are thousands of rare artifacts from the early days of radio and television, most collected over a period of more than 40 years by Peninsula inventor Douglas Perham.

Other exhibits depict the career and contributions of Lee De Forest, known as the father of the radio for the development of the three-electrode vacuum tube. He also pioneered sound motion pictures.

The museum, established in its own building in connection with Foothill's Space Science Center, is the only large electronics archive on the West Coast and probably one of the most significant in the country because of the pioneering efforts its displays represent.

This is no hands-off museum. You can wander through the 4,000-square-foot exhibit hall, push buttons, tap out telegraphic messages, listen to old radio receivers, and activate audio-visual displays. One durable 1920's crystal set provided museum staffers with complete network coverage of December's Apollo 17 moon landing.

The collection of old-time radios spans the entire history of

GERALD R. FREDRICK

Giant *Sylvania radio transmitter tube from the 1920's gets close examination by young museumgoers*

Electronics *museum curator, Jack Eddy, tells guests about rare high-frequency spark coil used in early radio transmission*

Staff editor *perches at snack counter to record conversation with a kitchen owner at work*

Readers talk and we listen

Research for this month's article on kitchens turned up a wide variety of cooking - eating - entertaining environments, and a full range of kitchen thinking to match. There seemed no better way to describe them than in the words of their owners.

To do this, we used a method different from that used for previous *Sunset* kitchen stories. This time, editors carried small tape recorders, instead of notebooks, to interview the owners about how their kitchens work for them.

One told us she hates to cook and clean up, so she has a place for everything and uses everything in its place. On the other hand, Jocelyn Baum, at left, says she likes things overhead (utensils), and underfoot (children), and at her elbow (friends). Other cooks have much different things to say.

You can read all their ideas in their own words and ours on pages 92 to 100. □

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commercial broadcasting. Morning-glo speakers sprout like sousaphones fro primitive-looking wood consoles. T museum also has one of the earliest te vision picture tubes, developed in 192

Not all the exhibits deal with broadca ing, however. Early phonographs a power-generating equipment and even lightbulb or two are displayed along w modern computers.

To get there, take Interstate Highw 280 to Los Altos Hills and go west El Monte Road. Follow signs to the c lege, and then to the Space Science Ce ter. Museum hours are 9 A.M. to 5 P. Wednesdays and Thursdays; 9 A.M. 10 P.M. Fridays; and noon to 5 P. Saturdays, Sundays, and most holida Admission is free.

Kites and more kites

At the annual kite tournament at De Anza College in Cupertino, a pile of by 4's and a doghouse have been know to ascend to magnificent heights. T year other equally eccentric creatio and more straightforward designs will sent aloft March 24 and 25 by 6 youngsters and fathers, members of t YMCA Indian Guide Program.

The kites must be homemade and th will be judged for originality, size, a workmanship. The smallest will probab be about thumbnail size. The biggest the past had 400 square feet of fly surface.

There won't be room for the public fly kites, but the spectacle alone shou be worth a visit. The event takes pla at the college athletic field from noon 4 P.M. both days.

To get to De Anza College, take Ca fornia Highway 85 south from Interst 280 to Stevens Creek Boulevard. T campus is to the left.

Ruins on Angel Island in San Francisco Bay

The Army's old East Garrison on An Island is now open to the public for t first time in many years. A demoliti team destroyed a crumbling smokesta and removed some treacherous old sta ways to make the area safe. Grou floor windows and doors were locked boarded up on most of the half-doz deteriorating buildings, and volunte cut away unsightly brush.

East Garrison was built after the Sp ish-American War as a rehabilitati hospital for malarial veterans returni from the Philippines or Latin Ameri In World War I it was used as an indu tion and training center, and in Wo War II 5,000 troops a day embarked the Pacific from its pier. The garris was abandoned in 1962 when a N missile unit moved out.

It's not an illustrious history, but there

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Bicyclists *head uphill through Angel Island's recently opened East Garrison, an old Army post*

at least one architectural point of interest. Many of the buildings were among the first in the world to be built with the tilt-up method of concrete construction, now widely used. The walls were poured on the ground, then tilted into place.

You can reach the garrison by taking the main island loop road a mile east and south of the Ayala Cove ferry landing. The yellow and gray walls have a military monotony about them, but perhaps you'll sense a kind of Pompeian desolation as well. Fading signs above doorways mark the post exchange, b in 1910, and the guardhouse which ceived its first prisoners in 1911.

The pier protrudes into the bay just of the main post. An old winch sits n by in the grass like a piece of sculpt To the north is Quarry Beach, a sa wading spot.

This time of year, ferries run weeke only from San Francisco's Fisherm Wharf and Tiburon to Ayala Cove. San Francisco schedules, call (415) 1141; for Tiburon, 435-2131.

For travel planners, a March check list

Accommodations in Britain. Visitors touring Britain who desire low-priced accommodations will find *Bed, Breakfast & Evening Meal* of special interest. The 134-page booklet is divided into geographic regions, and lists small inns and guest houses, with details on facilities and rates. It can be ordered for $1.50 from Skipper Travel Services, 1941 O'Farrell St., San Mateo, Calif. 94402.

Wildflower Tour. A 13-day car-camping tour of the southern Arizona desert country leaves Tucson on April 15. Itinerary includes stops at the Arizona-Sonora Desert Museum, Papago Indian villages, and national monuments in the area. You will have a chance to enjoy what may be one of the best years for wildflower viewing.

Meals, camping equipment, and transportation are included in the $250 tour cost. If your car is suited to travel over back-country dirt roads, you can provide your own transportation and reduce the tour cost to $180. For information, write to Wampler Tours, Box 45, Berkeley 94701.

Yucatan Ruins. A week's tour of the ruins of Yucatan begins in Merida on March 18. Two days will be spent exploring the Mayan ruins of Chichen Itza. On your way to Uxmal you will pass through scenic farmlands and several Indian villages. An optional jungle ex cursion to the ruins of Labna and Sayi is also available. Tour cost of $345 in cludes all meals, and accommodations Write to Thru the Lens Tours, Inc 5301 Laurel Canyon Blvd., North Hol lywood, Calif. 91607.

Marquesas Islands. Twenty-nine-da tours to the Marquesas Islands o French Polynesia depart San Francisc by air in the late spring and autum months. In Papeete you will board a interisland copra boat, cruise to the Tua motos and on to the Marquesas wher you can fish, snorkel, do some beach combing, and explore the various island on foot before returning to Tahiti. Th $1195 fare includes round-trip fligh from San Francisco, meals, and accom modations. For details, write to Moun tain Travel U.S.A., 1398 Solano Ave Albany, Calif. 94706.

What a travel agent can do for you Provide information on tours; reserv space on air, rail, bus, and steamshi lines; make hotel, ranch, and resort res ervations; take care of trip planning, in cluding side trips and special events Travel agencies do not charge for ar ranging transportation or package tours but do charge for "custom" tour service

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SCHOOL AND CAMP DIRECTORY

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beginning on page 14

FINE FOODS CUPBOARD
beginning on page 160

GARDEN CENTER
beginning on page 234

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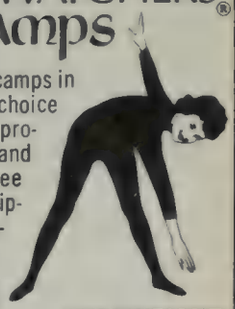

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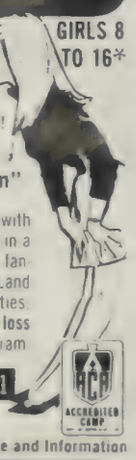

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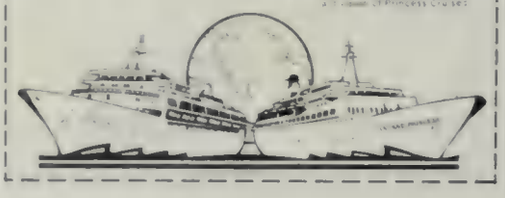

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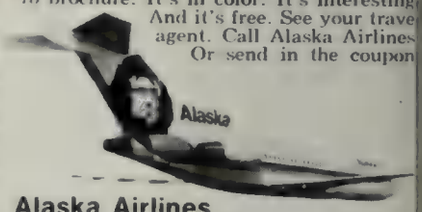

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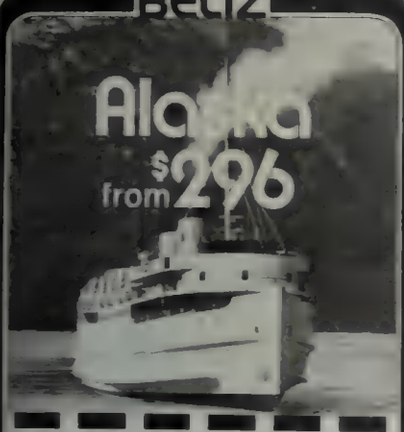

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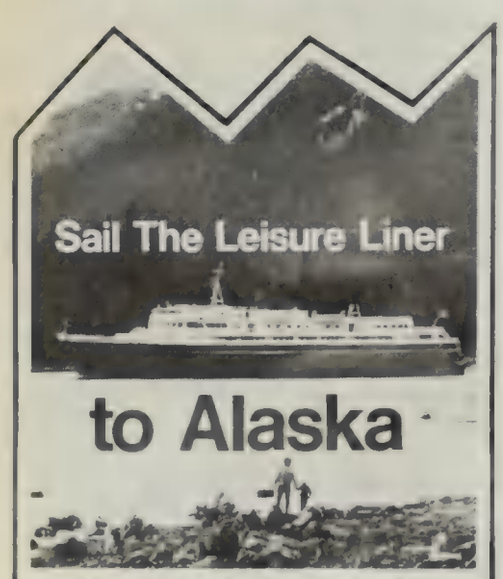

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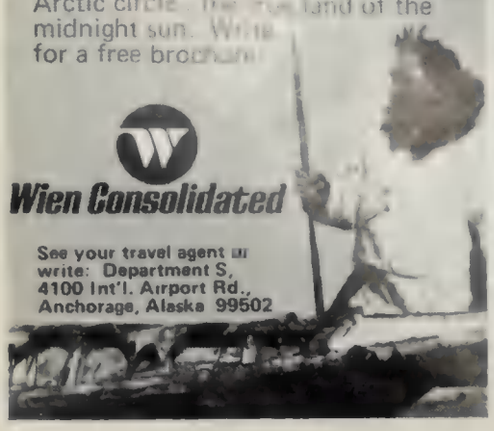

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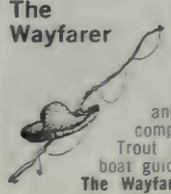

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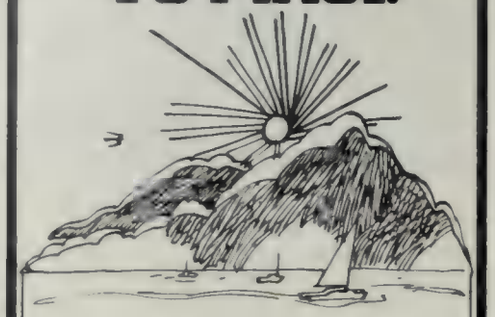

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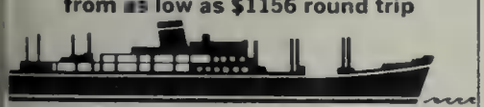

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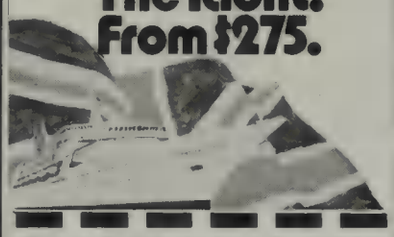

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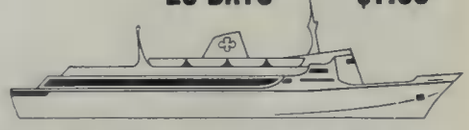

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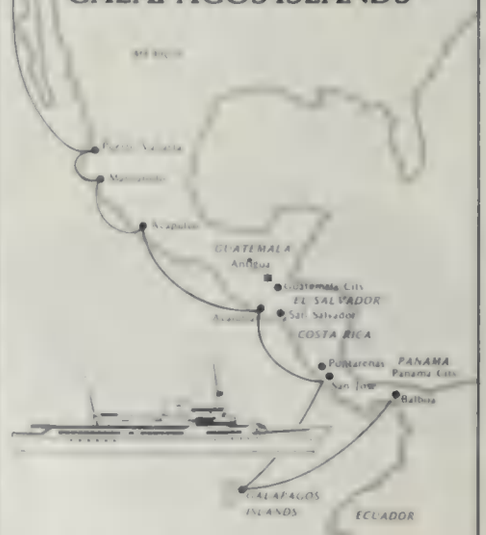

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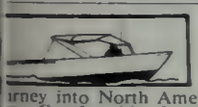

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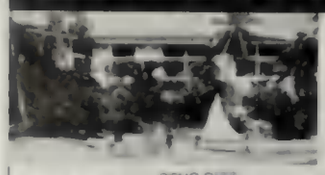

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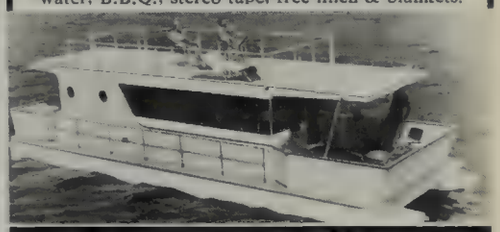

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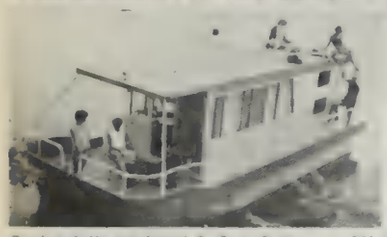

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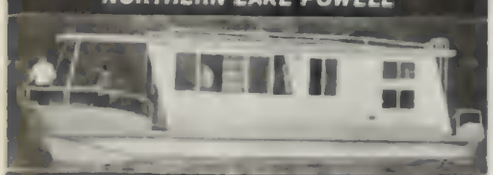

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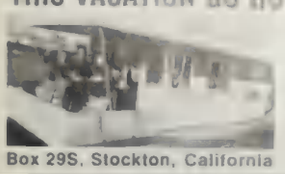

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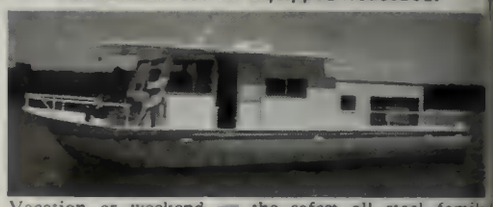

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Exchange services operate in various ways, but these three publish directories of houses available for exchange by geographical area. You'll have a better chance of arranging an exchange if you pick homes that are comparable in size and value to your own.

You initiate negotiations by writing to the other parties. It may take a lot of letter writing. What and how you negotiate is up to the involved parties, but personal and business references should be exchanged, household insurance companies consulted, and details of house maintenance agreed upon.

Before you go, ask a neighbor or two to welcome your guests. You might want to store fragile or valuable possessions before you leave.

Holiday Home Exchange Bureau, Inc. (Box 555, Grants, N.M. 87020) produces a worldwide directory of names and addresses, with supplements issued monthly. For $15 per year, you'll be listed and receive 12 supplements.

Pan Am Home Exchange Service (Vacation Exchange Club, Inc., 119 Fifth Ave., New York 10003) lists exchange possibilities in the United States and abroad. A listing in the directory or in one of its two supplements costs $9.50, and you receive copies for a year.

Home Exchange Club of California (Box 2445, San Leandro, Calif. 94577), a new organization, lists houses in California, Nevada, and Colorado. Names and addresses do not appear in the directory; instead, house descriptions are coded. The club acts as an intermediary, forwarding correspondence between parties until a choice has been made and both parties are ready to negotiate. Membership fee is $15; you receive four directories over one year. □

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S3C

Short *pudgy elephant tree (Bursera microphylla) has soft fleshy bark, thick branches*

Elephant tree's day is March 18

An oddity of nature, the elephant tree common in parts of Baja California, b scarce north of the border. Only a fe stands grow in Anza-Borrego Deso State Park in California and in some lo desert areas of Arizona.

You can see the most accessible stand Anza-Borrego on Sunday, March 18, the Desert Gardens walk sponsored the Anza-Borrego Committee of t Desert Protective Council.

To get to the starting point, follow Sta Highway 78 east about 80 miles fro Oceanside to Ocotillo Wells or we about 18 miles from State 86 south Indio. Go south on Split Mountain Ro about 6 miles to the Elephant Tre turnoff on the right. You may have park on the highway because the parki area, about a mile in, is small.

From the parking lot you must hi about a mile to the trees. The walk sta at 11 A.M. so bring your lunch an something to drink. This is not a guid walk, but naturalists will be available answer questions about the desert.

The walk calls attention to the comm tee's Desert Gardens project, which h bought 1,340 acres of private inholdin to add to the park. A $55 donation bu a two-acre memorial garden; small donations are also useful. You can wri to the committee at 1306 Ola Vista, Sa Clemente, Calif. 92672.

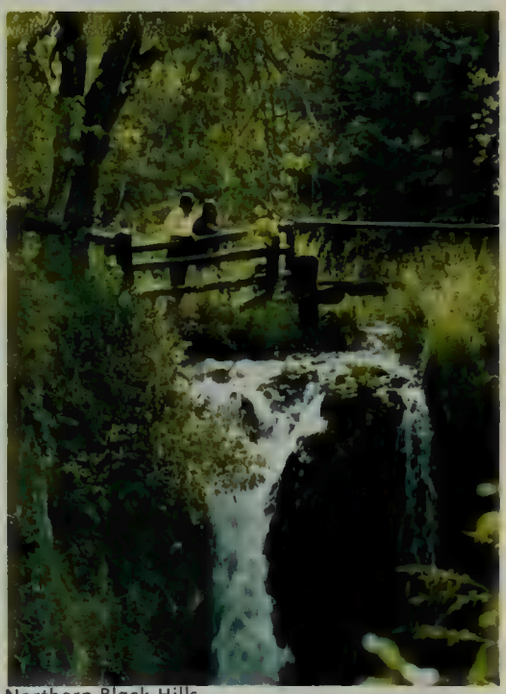
see Mt. Rushmore

. Rushmore, Shrine of Democracy

and more...and more...and more...and more

rney Peak

Ft. Randall Chapel



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Spring trip to Escalante on foot, by horse, even by jeep

Hamblin Arch *in Coyote Gulch marks Hurricane Wash entry into Escalante Canyon*

FRANK J

The Escalante River cuts a tortuous course across the dramatic sandstones of south central Utah, carving one of the most appealing canyons in the Southwest. The construction of Glen Canyon Dam 10 years ago backed the rising waters of Lake Powell into the lower part of Escalante Canyon, where the river once had its confluence with the Colorado. But the upper reaches of the canyon remain pristine, reminiscent of the ferny labyrinths of the now-drow Glen Canyon.

Conservationists have proposed tha unflooded upper section of Escal Canyon be officially protected by e lishment of an Escalante Wilder which would preclude construction proposed scenic highway improving cess to recreation development in Glen Canyon National Recreation A The controversy is unresolved, but arguments have quieted down some awaiting the completion of new regi studies.

Spring is the most delightful time of in the canyon, and two conserva groups take advantage of the seaso offer special see-for-yourself tours the proposed wilderness.

The Sierra Club is sponsoring two day hiking trips, one into Lower E lante Canyon (March 25-30), the o into Upper Escalante Canyon (A 15-20). Both are offered to club m bers for $75 a person. For informat write to the Sierra Club Outing Dep ment, 1050 Mills Tower, San Franc 94104.

The Wilderness Society will also spo a six-day backpacking trip into the posed wilderness, April 15-21, to be peated in the fall, October 7-13. Pric $215 a person includes the services professional outfitter. For informatio reservations, write to The Wilder Society, Western Regional Office, 4 E. Evans, Denver, Colorado 80222.

If you are unable to schedule any these dates, you can arrange your canyon exploration with an Escal outfitter. Peace and Quiet Tours (163, Salt Lake City 84110) will arra hiking or riding trips into Escalante f late March through mid-May and a from late September through early vember. Escalante Scenic Tours (M Motel, Escalante, Utah 84726) of one-day jeep tours for groups or indi uals. Costs vary according to the num of persons in each party and the n for pack animals and saddle horses.

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The new Spirit of London makes her maiden voyages to Alaska and Canada.

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And there is no better way to see it than by ship. Summer cruising aboard *Spirit of London* is perhaps the most dramatic vacation you will ever take.

From the Greenwich Room at the top of the ship, you will sit in indoor comfort and enjoy a spectacular 280° view of snow-capped mountains, virgin forests, and deep blue waters. (And seeing it all by the light of the midnight sun is an experience you'll never forget.)

You will visit Glacier Bay, with 10 of the world's most beautiful glaciers inching toward the sea under millions of tons of pressure.

And when you are anchored at Juneau, be sure to make the 12-mile journey to Mendenhall Glacier. You'll see a forest that was *shaved* by the advancing ice, and is preserved within the glacier.

Explore the legendary cities of the Far North.

You will go ashore in motor launches to visit the haunts of the sourdoughs who took part in the frenzied Gold Rush of 1898. Bears, wolves, deer, waterfowl, seals and otters abound. You can shop for Eskimo handicrafts—a marvelous way to bring back unusual gifts for your friends.

You will visit Juneau, the scenic state capital. Historic Ketchikan. Sitka, once the capital of Russian Alaska. Or Skagway, with its old narrow-gauge mining railway.

And you will enjoy the beauty of Canada's Pacific coast. The cruise has been specially planned to pass through the Seymour Narrows during daylight hours. You will call at Vancouver. And at Victoria, more British than most cities in Britain.

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Spirit of London is a 535-ft. cruise ship with so many elegant touches, so much personal attention, she's more like a luxury yacht.

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You can doze in a deck chair. Swim in the pool. Participate in the Bridge tournaments. Dance to a live orchestra in the Churchill Room. Quaff a foaming mug of English ale in the Union Jack pub.

You can watch current films in the Globe Theatre. See cabaret performances. Even sharpen your swing at the ship's driving range with a resident pro to assist you.

The one thing you will never have to do is serve yourself. There is one crew member for every two passengers. Although the ship was designed to fulfill perfectly the American taste for comfort and convenience, you will be served in the friendly, courteous British tradition. (*Spirit of London* is registered in Britain.)

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All staterooms aboard *Spirit of London* are First Class. All have full facilities. You may sail in a comfortable cabin with double bed and shower for as little as $595. Or in an outside room with twin beds from just $980.

Spirit of London will make eight voyages to Alaska during the 1973 season. The first sails from Los Angeles on June 8th, with stops at San Francisco and Victoria. The last, on September 14th. For more information, send the coupon below. We'll send you an informative, 24-page brochure. For still further information, contact your travel agent.

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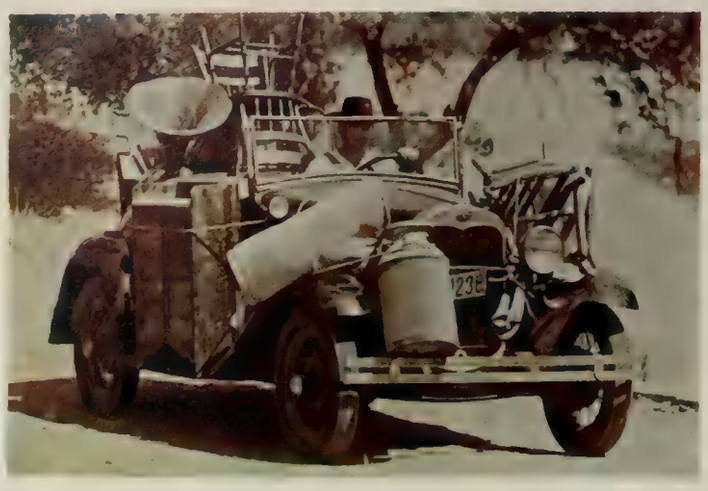
G3

There's a new spirit at P&O The British Cruise Line

The Pinto Runabout. It's the rugged Model A all over again, with a lot more carrying space.



Back in the 1930's, you could always count on the rugged Ford Model A to get you where you wanted to go.

But if you had to bring along much more than a toothbrush, it took a lot of imagination. And rope.

In today's Ford Pinto, carrying space is engineered in. The Pinto Runabout, for example, has a lift-up rear door, fold-down rear seat, and 41.3 cubic feet of cargo space. (See diagram.) With the seat down, the cargo area is more than four feet deep, and every inch of it is carpeted.

But, even more important, ruggedness and durability are also engineered into Pinto.

Everything about the Ford Pinto has been engineered and designed with durability in mind. From the ball-joint front suspension shown here to the special rust-resistant brake line coating.

We built Ford Pinto to be a basic, durable, economical car. With plenty of space in it to carry you and yours.

See the 1973 Pinto at your Ford Dealer's: two-door sedan, 3-door Runabout, and the popular Pinto Wagon.

Better idea for safety... buckle up!

The Pinto engine (left) was improved and perfected in over 10 years of actual driving in small Ford-built cars all over the world. It's easy on gas, simple to maintain.

Shown here is a 1973 Pinto Runabout with optional Ivy Glow paint, whitewall tires, luxury decor and deluxe bumper groups.

The Pinto body is welded into one solid piece of steel, with steel guard rails in the side doors and steel reinforcements in the roof. It's electrocoated to fight rust, and covered with five more coats of paint.

A four-speed floor-mounted transmission (left) is standard on Pinto. You can also get the optional automatic, of course. The transmission is fully synchronized, and designed to be "lubed for life." All it should need is inspection during routine dealer maintenance.

When you get back to basics, you get back to Ford

FORD PINTO

FORD DIVISION Ford

You disembark *from Iona Ferry at Fionphort dock on Mull. 'ona Island and the Abbey Church are seen across narrow strait*

By ferry, bus, and dory to the burial place of Scotland's kings

ona, a tiny island of the Inner Hebrides, s the gem of Scotland's Western Isles nd the burial place of Scotland's an- ient kings. It's a rewarding side trip luring a tour of the Highlands.

'rom the meager comforts of a primitive nonastery founded on Iona A.D. 563, aint Columba journeyed throughout orthern Britain for more than 30 years preading Christian belief among the vild tribes of Scots and Picts. The pres- nt Abbey Church is a recent restoration f a Benedictine Abbey built on the site f the old Columban Monastery between 164 and 1203. The two beautiful stone rosses standing in front of the present hurch were carved in the distinctive Celtic style about A.D. 900.

Adjacent to the Abbey Church, more than 60 ancient kings of Scotland, Ireland, and northern Europe are buried in the hallowed ground of St. Oran's Cemetery. Beneath one of the royal grave slabs lies Duncan, the victim (according to Shakespeare) of Macbeth's infamous hospitality one stormy night in 1040.

You can visit the historic island on a one-day excursion from Oban, a seaside resort in Argyll. Oban is a pleasant 4-hour drive from Glasgow (3½ hours by train, daily except Sundays), across the Firth of Clyde, up the bonnie west bank of Loch Lomond, then along the rocky coast of Argyll. Oban has an abundance

Iona Island, *off the tip of Mull, is a one-day excursion from Oban, a popular resort on the Argyll coast*

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Reversing the trend to smaller cabins, the Stella Solaris features especially large staterooms and lounges. Individually controlled air-conditioning, huge picture windows and wall-to-wall carpeting all add to the overall feeling of first class luxury. There's just no better way to discover the Aegean.

Imagine a 7 day Odyssey that takes you from Piraeus through 5 Greek Islands, Ephessos in Turkey plus the exotic capital of ancient Byzantium . . . Istanbul. An unforgettable vacation experience.

Stella Solaris sails from Piraeus (Athens) every Monday from April 16th through October 22nd. Prices from $530 to $235 per person double occupancy.

ALSO, 7 DAY CRUISES ON THE STELLA OCEANIS. You'll visit the picturesque islands of Crete, Santorini, Rhodes, Delos, Mykonos plus the splendid ruins of Ephessos in Turkey and exotic Istanbul.

Sails every Friday from Piraeus from April 20th through October 26th (2 Monday sailings on April 2nd and April 9th). Prices from $530 to $235 per person double occupancy.

ALSO, 4 OR 3 DAY CRUISES ON THE STELLA MARIS. 4 day cruise (leaves Piraeus every Monday from April 2nd through October 1st) to picturesque Hydra, Santorini, Crete, Rhodes, Mykonos plus Ephessos in Turkey. Prices from $270 to $125 per person double occupancy. 3 day cruise (leaves Piraeus every Friday from April 6th through October 5th) to Mykonos, Delos, Rhodes, Crete and Santorini. Prices from $200 to $95 per person double occupancy.

Only a limited number of minimum rate accommodations. Reserve early for best selection.

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Stella Solaris, Stella Oceanis and Stella Maris are ships of Greek Registry. To find out more call your travel agent, or write Sun Line Agencies, 30 Rockefeller Plaza, N.Y., N.Y. 10020.

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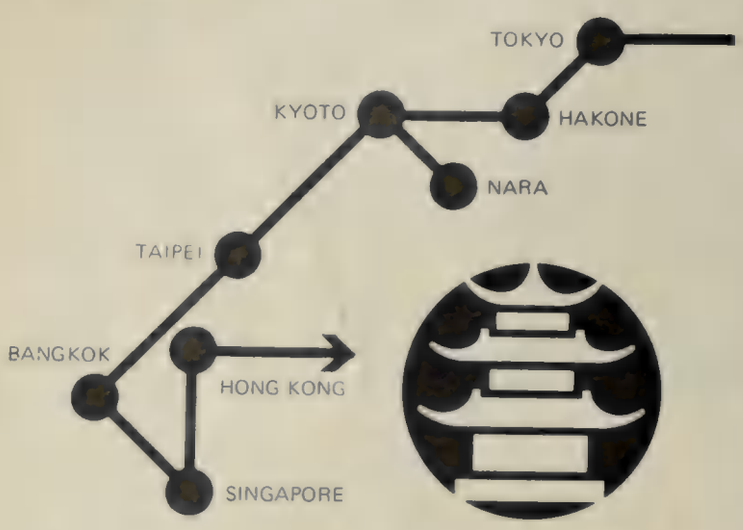

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SM

St. Martin's Cross *mar*
entry to Iona Abbe
St. John's Cross is at le

of hotels, but reservations are alwa advisable in this popular resort town.

From Oban you have a choice of fer services across the Firth of Lorne Craignure, a small resort town on th island of Mull. Local buses meet th ferries at Craignure's dock and take pa sengers across the island to Fionphort, tiny fishing village at the tip of Mull southern peninsula. From Fionphor you're ferried across the narrow strait a large dory to Iona's dock. You wa from the dock through Iona Village, pa the stone ruins and manicured garde of St. Margaret's Nunnery, to the Abb Church and old cemetery—a total di tance of about half a mile.

From May 1 through September 28, special Iona tour leaves Oban at 11 A.M each day except Saturday and Sunda and a single price of $4.50 a person i cludes your round-trip ferry ticket Craignure and bus transportation acro the island to Fionphort. The ferry fro Fionphort is an additional 50 cents ea way. You can buy boxed lunches aboa the Craignure ferry as you leave Oba and the excursion buses make a lat afternoon stop for snacks or beverag at a roadside inn on Mull. You'll arri back at Oban around 9 P.M.

For a schedule of ferry and bus servic on Mull or for reservations on the Io summer excursion, write to David Ma Brayne Limited, 44 Robertson St., Gla gow, Scotland.

For more information on touring i Scotland, write to The British Touri Authority, 612 South Flower St., L Angeles 90017.

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The S.S. Prince George is registered in Canada.

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Before you backpack your way into wilderness

In 1973 more backpackers than ever before will head into the mountains and forests in the West. In California alone, the U.S. Forest Service estimates that 304,000 people used the 21 wilderness and primitive areas in the state's national forests in 1972. Last year use of some of these areas almost doubled. For example, in 1971 San Gorgonio Wilderness in Southern California had about 36,000 visitors; in 1972 there were more than 60,000.

Unfortunately, the popularity of the wilderness may be its undoing. In the last few years, many of the West's most popular camping destinations have begun to suffer "camper's blight"—large areas stripped of dead wood and ground cover, trees injured or killed by thoughtless cutting of green branches, fire pits full of garbage, glass and cans, and lakes and streams becoming polluted.

Federal agencies that administer the public lands are trying to cope with these problems in several ways. One remedy that has been used is to close overused camping areas. Limited banning of off-road vehicles is also helping to protect some areas. In Washington, Oregon, and California, the U.S. Forest Service now requires all backpackers to obtain a Wilderness Entry Permit before entering designated wilderness areas; the aim is to better evaluate the impact of wilderness camping. It is not an attempt to restrict wilderness access.

However, it's still mainly up to the individual hiker to leave wilderness undisturbed for the people who will follow. Here are a few suggestions on how you can protect the back country while enjoying your trip.

Packing your equipment

Before setting out, pack only the ge you're sure to need and be sure th equipment you take is in good workin condition.

Since firewood is becoming scarce many areas, you will probably want pack a lightweight camp stove for meal Avoid carrying heavy items like fi grills and bulky plastic sheets; they a of little use to wilderness campers. (La year we found eight discarded plast sheets and "tube tents" in just one sma camping area.) An inexpensive trail te will keep you much warmer and dry than a plastic tarp.

Pack a heavy plastic bag for noncon bustible refuse such as cans, foil wra pers, film packaging, and materials you want to carry back out. The bag can als be a receptacle for refuse left behind b less thoughtful campers.

On the trail

Most back country areas you travel wi be crisscrossed with established, we marked trails—usually the easiest route and good insurance against getting los The quiet, observant hiker may see variety of animals using the trail ahea of him. In steep terrain don't make short cuts between trail switchbacks; trails tha

The big Dodge.

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Note also the SECURITY ALARM SYSTEM, a valuable option which helps protect you and your car. When activated, it automatically blows the horn and flashes the lights. **TORSION-QUIET RIDE and UNIBODY CONSTRUCTION** work together to give you a secure, quiet, comfortable, and well-controlled ride.

Dodge
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t straight up and down a hill cause ›sion.

you carry canned beverages on the il, put the pull tabs and cans in your rbage bag. Smoking on the trail is a fire zard; smoke only in the camp and put arette filters, pipe cleaners, and other ste in your garbage bag.

aking camp

a wilderness camp is properly made d maintained, there will be no traces t when you break camp. Whenever ssible, use an old campsite rather than ate a new one. Select a fairly level t on firm dry ground, near but not t to a water source. The properly ipped backpacker won't need to nd nails into trees, dig trenches, or down living plants or trees to make omfortable camp.

up your tent on level ground after noving rocks and dead wood from the eping area. Don't remove live plants the way of pitching a tent; they'll ally flatten out from the weight of the t, and should pop up again after you ve. Camps should not be set up in rshy meadows or on streams; they y be plagued by insects and the camp ld pollute water sources.

ep after-dinner campfires small to reduce the chances of accidental fires and conserve wood. Firepits should be made on rocky or sandy soil and surrounded by a ring of large stones; clear away all organic material within 3 feet of the ring and the camp stove.

Camp sanitation

Proper disposal of waste is the biggest problem in wilderness camping. However, observance of a few simple rules will prevent most pollution. You must pack out all cans, bottles, metal foil, and other noncombustible materials. Burn papers and all burnable waste if you build a fire; otherwise, carry it out.

Streams and lakes should be used only for drinking water. To wash pots and clothes, or to bathe, add nonpolluting soap to a pot of water and wash at some distance from the water source. Keep rinse water handy in another pot, and dump used water well away from streams and lakes. Fish entrails and other organic refuse should be burned or buried away from water sources and camp areas.

Select toilet facilities away from streams, lakes, camping areas, and hiking trails. Wastes should be covered with soil or rocks, toilet paper should be burned or put in your garbage bag.

Breaking camp

After packing your gear, thoroughly police the entire area to be sure you have not left any equipment, and pick up any materials carelessly left by other campers. Drown your fire completely. Try to leave your camp looking as you found it: scatter fire ring stones, cover the fire pit with soil, replace rocks and sticks moved from the sleeping area, and even erase footprints using a dead branch for a broom.

Miscellaneous advice

One of the best ways to improve your ability as a wilderness traveler is to keep a diary of each trip; make notes of equipment you forgot (or wish you hadn't brought), distances covered, camping conditions and how you dealt with them, and menu successes.

Be sure you have a valid fire permit (and Wilderness Entry Permit in Washington, Oregon, and California) before starting out on the trail; anglers should be aware of fishing regulations and have current licenses. Always inform a ranger or other responsible person of your intended route, length of stay, and number in party. Also, be sure to let him know when you return so search parties aren't sent out needlessly. □

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Coral Pool Service, 3463 Golden Gate Way
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Glass Specialties, 500 Benton Street
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Jack Smith Glass, 1050 North Dutton
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Cal-Gas of Stockton, 1546 South El Dorado
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Turner's, 607 East Weber
Turlock
Souza's Furniture & Appliance, 199 West Canal Drive
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Vacaville Pool Service, 1313 Callen Street
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Al Davis Plumbing, 826 Solano Avenue
Walnut Creek
Jim Nero Pool Mart, 1822 Mt. Diablo Blvd.
Watsonville
Ace Hardware (Zenker), 317 Main Street

Children *from the Seven Towers School of Irish Dancing perform before the parade*

Lá Féile Pádraig in Dublin

Sprigs of shamrock show in the buttonholes of Irishmen and visitors alike on the great occasion this month in Dublin —the Saint Patrick's Day parade (*Lá Féile Pádraig* in Gaelic).

Actually the 1½-hour parade on March 17 is just one of the highlights of a week of festivities. It offers the visitor an excellent way to see and talk to the Irish people on their national holiday.

Bands, floats, dancers and marching units travel a mile-long route that passes down O'Connell Street in the heart of Dublin, over the River Liffey and past the General Post Office, where the official reviewing stand is located. □

A steam engine *entered by the Irish Steam Preservation Society chugs past*

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Guam Hotel Okura, for Holiday in Micronesia

Class A team *(notice they're not Huskies) takes to trail. Lead dog strains to keep everyone moving*

Junior musher *awaits starting signal. Team pulls on lines, ready for race to begin*

The sled dogs will race north of Tahoe on two March weekends

Driver *runs behind his handsome pair of Siberian Huskies in junior division competition*

Sled dog drivers wait all the rest of the year for the cold of winter when they can head for the snow, harness up their teams, and compete against other drivers who have also spent long months training their dogs.

You may see sled dogs racing any time you travel in the snow country, but you can count on it on two successive March weekends just north of Lake Tahoe.

On March 3 and 4, races are scheduled at Hobart Mills—leave Interstate Highway 80 at Truckee and drive about 3 miles north on State 89. As we went to press, the site of the races on March 10 and 11 had not been determined. Call the Greater North Lake Tahoe Chamber of Commerce at (916) 583-3461 for the location.

On both weekends each day's activities begin around 10 A.M. Admission is free.

If you go as a spectator . . .

Wear warm clothing: ski clothes, or long johns and a couple of pairs of pants, sweaters, mittens. (The more layers, the warmer you'll be.) Warm footgear is especially important because you'll be standing in the snow near the starting gate and you may want to hike—through more snow—to other vantage points.

Dog drivers ask you not to bring your own dogs because they may distract racing teams. Also refrain from petting or feeding sled dogs; they are often nervous in racing situations.

Dogs and races

All dogs have a desire to pull against a leash, but only those who learn to pull continuously at their driver's command are good sled dogs. For this reason, you'll see hounds and other breeds as well as classic sled dogs like Siberian Huskies, Alaskan Malamutes, Samoyeds, and Alaskan Huskies.

Races are organized according to the number of dogs on each team. Teams race against the clock and against each other. Because of staggered starting times, the winner of each racing class is determined by the total elapsed time.

Class A races are for drivers whose years of racing experience enable them to handle large teams. There is a minimum of five dogs on each team and an unlimited maximum. Class A trails are 10 to 20 miles long.

Class B races are composed of teams of four or five dogs. The trail is shorter—5 to 10 miles—and the race is often used to train younger dogs for eventual class A competition.

Class C, or three-dog teams, race 3 to 5 miles. This class is for new drivers and for teen-agers too small to handle more dogs.

Youngsters compete in peewee or junior races of less than a mile to 2 miles in length.

Other events include freight races in which each sled carries a specified weight per dog and weight-pulling contests in which individual dogs compete against each other. □

NORMAN A. PLATE

Well trained dogs *plunge through icy stream on 16-mile Class A run. Course markers project from snow in back*

Official *scores time of peewee race.* ***Sled dog is still going strong***

DAVID MUENCH

Gold poppies *brighten hills near Tonto National Monument east of Phoenix. Cactus are cholla and saguaro*

This could be a really great year for desert wildflowers

Travelers planning a trip to the Southwest desert take note: this spring might just produce one of the best wildflower d plays in over a decade. From October to January, weath conditions in much of the desert were favorable for wil flowers to sprout and grow. If rainfall continues to be at le average and temperatures mild, the wildflower season cou be spectacular.

What conditions contribute to mass flowering?

In the California and Arizona deserts, the most spectacul displays are produced by annual plants, not the colorful b less abundant cactus and shrubs. Annuals germinate early winter and start to bloom when warm weather arrives early spring. How good the color will be this spring depen on how much rain fell and for how long, how many plar sprouted, and whether or not temperatures stayed hi enough to keep them growing.

Here are this spring's wildflower prospects in the desert:

This Fall, the Hamburg give

This is the kind of vacation most people spend a life thinking about—Polynesian paradises like Tahiti, Mo and Rarotonga. Dynamic Australia and New Zeal And as a finale Honolulu. A 44-day adven Everyday more fascinating than the And to top it all off—the Space Ship—with its impecc service and civility. With all lower beds, and more passe space than any other liner sailing from Califo

The South Pacific, Austral and New Zealand Cruise.

Things look most promising in the Phoenix area. Soaking rains in October and November gave lots of wildflowers a start. The temperatures were warm when the rains fell, and that helped plants get established. However, cold weather in December set back the growth of some. Good displays will require that rains continue in February.

Around Tucson there were heavy rains early in October and November, but less than average rainfall in December and January. The temperatures were warm enough, but unless more rains fell in early February (after *Sunset* went to press), this will not be an outstanding wildflower year.

In the California desert the chances are better than any time in the last three or four years. (A severe drought greatly reduced the number of wildflowers in the past two years.) This year most of the western areas of the California desert received a fair amount of rain intermittently through the winter months. That's a good sign. Great numbers of young healthy plants are growing in Anza-Borrego Desert State Park, Antelope Valley, and Death Valley. These places need at least one more good rain to produce a better display than in the last few years.

Drives and hikes in California and Arizona

Where to find the best displays depends on when you plan to visit the desert. Mass flowering starts in lower elevations and moves up as days get longer and warmer.

In early to mid-March wildflowers should be near their peak in the low desert around Phoenix and in California's Anza-Borrego and Death Valley. In early April good displays should be found around Tucson, in the Antelope Valley north of Los Angeles, and elsewhere in the Mojave Desert.

If you visit national, state, or regional parks or national monuments in the desert, park headquarters or visitor centers will provide information about where to find the best blooms. For the Antelope Valley, ask at the wildflower center at the fairgrounds in Lancaster, Thursdays through Sundays from March 29 to April 29, 10 A.M. to 4 P.M. In Phoenix, the Maricopa County Regional Parks office has information on hiking trails in wildflower areas: telephone (602) 262-3716.

Orange carpet *of California poppies covers desert floor of the Antelope Valley*

Elsewhere in Arizona, two day-long drives take you to wildflower areas: From Phoenix, take the Apache Trail—State Highway 88 between Apache Junction and Globe. This 75-mile road has about 15 miles of gravel paving.

From Tucson, take Pinal Pioneer Parkway—a 30-mile stretch of U.S. 80/89 between Oracle Junction and Florence. There are vista stops and information signs along the road. □

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All ships of West German registry. 67-LCC-3

Waiting Métro passengers *in McGill station don't listen for trains. They must watch. Trains travel on rubber tires, roll in almost silently*

Boutiques *in Westmount Square are branches of famous Paris couturiers. Square is underground walk from Métro's Atwater Station*

Montreal offers a new urban experience. It's all underground

Sign behind waiter *is bilingual, says day's specialty, goulash, is $2.65. This is underground sidewalk cafe in Place Ville Marie*

Split-level shopping *below Place Bonaventure. Escalators connect levels. Arrow shows way to Métro, about a 5-minute walk*

Today's Montreal offers a new kind of urban adventure. You can move about entirely underground if you like, out of the weather and away from cars.

The underground system provides two ways to get from place to place. First is the 12-mile-long Métro subway, now six years old. Next is a network of pedestrian ways several miles in length, often radiating from the Métro. Together they link the two main railway stations, several hotels, and several large new shopping complexes.

Underground isn't always underground—you walk along broad shop-lined indoor pedestrian ways, sometimes at street level, sometimes below.

The first big underground complex, Place Ville Marie, opened a decade ago. The Métro was completed in time to serve Expo 67, the Montreal fair. Place Bonaventure and Westmount Square are newer underground complexes both hooked into the Métro.

This French-speaking city is actually bilingual, so it is easy to get around. There are suggestions of Paris.

French magazines crowd the newsstands. French fashions are in the shops. One underground restaurant, L'Escargot, offers 14 different snail dishes, such as *Dijonnaise* with beef marrow and truffles, or *Meridionale* with garlic and anchovies. Snails are not expensive; a dozen cost $2.75, a half dozen $1.65.

Underground Montreal offers complete separation from automobiles, really escape from them. Montreal also gets the heaviest snowfall of any large metropolis—so escape from weather is another characteristic of the evolving underground city. □

New Ford Super Camper Special Pickup

Built to handle today's big bodies everywhere, on the Interstate and in the boondocks.

"Super" is more than just part of the name. This new Ford model has been completely engineered for 11- or 12-ft. camper bodies.

A new 140-inch wheelbase gives you excellent weight distribution. A standard 65-inch front track adds stability. Result: ride and handling improve impressively.

Twin-I-Beam front suspension means smoother travel no matter what the load or the road. Two forged steel axles give ruggedness... team up with big coil springs to ease each wheel over bumps independently.

New anti-sway bars are standard, front and rear, adding to the wide track stability. One winding road will convince you!

A new 9,500 lb. GVW rating ups body/load capacity to 4,675 lbs. On easy-riding, single rear tires.

A new spare tire mounting place, too! Your spare's always within easy reach... right behind an outside panel of the pickup body.

And super-cooling? Yes, Cruise-O-Matic with a new, heavy-duty transmission-oil cooler and extra cooling radiator is standard. Tackle long hot mountain grades with confidence.

And remember... this great new Super Camper pickup is only part of Ford's complete fun fleet. Everything from camper pickups to complete motor homes is available. Get the full story at your Ford Dealer's.

A better idea for safety: Buckle up.

FORD

FORD DIVISION

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Or things you did.

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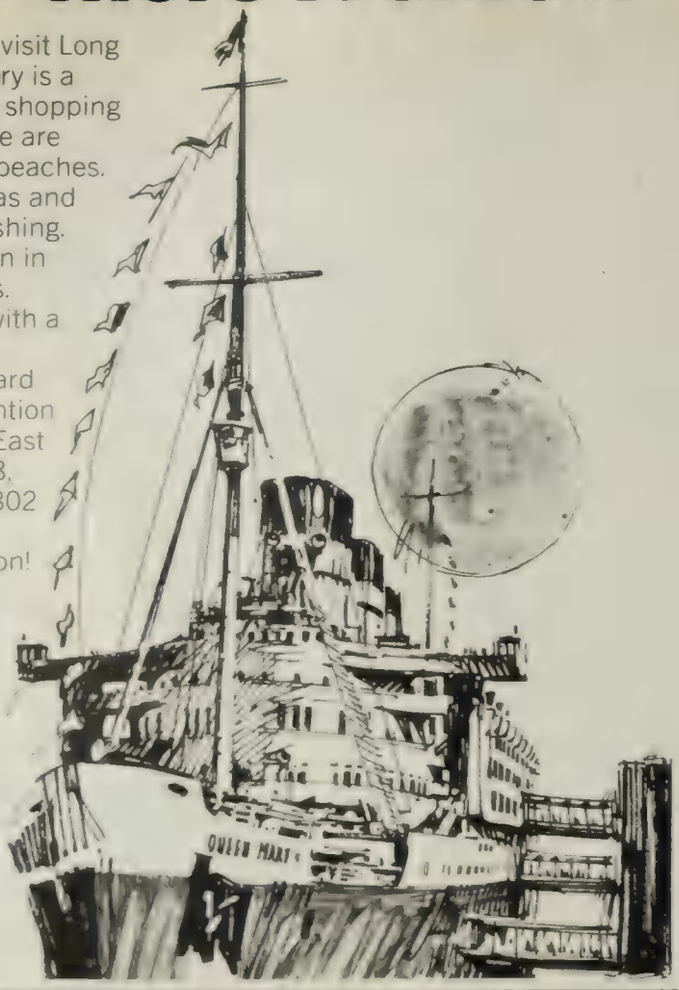
That's what it's like to visit Long Beach. Our Queen Mary is a day's worth of touring, shopping and dining. Then, there are miles of white, sandy beaches. Protected boat marinas and lagoons. Great sportfishing. Golf. Tennis. Relaxation in fine hotels and motels. Long Beach is a city with a brilliant future. And a brilliant now. A post card to Long Beach Convention & News Bureau, 555 East Ocean Blvd., Suite 718, Long Beach, Calif. 90802 will bring further information. Come soon!

LONG BEACH



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Wilderness trips March to September

Each year The Wilderness Society, a nonprofit organization dedicated to preserving wild country, organizes excursions into wilderness in the United States and Canada. More than 70 outings are listed on the 1973 schedule.

Groups are limited in size, so make reservations well in advance. Equipment and meals are usually included in the costs from point of departure. You supply only personal gear. Families with children are welcome. The pace is leisurely to allow time to fish, take photographs, or just enjoy the scenery.

Horseback trips. From March through September, 21 horseback outings are scheduled. Prices for 7 to 12-day trips range from $240 to $385. Horses are selected to match your riding ability. The wilderness areas will include Bob Marshall, North Cascades, Pecos, San Juan-Rio Grande, Selway-Bitterroot, Superstition, and Yellowstone.

Hikes with packstock. There are 15 trips from April through August. Prices for 7 to 10-day trips range from $160 to $290. Pack horses carry most of the load. Wilderness areas include Gros Ventre, Kenai Moose Range, La Garita, Lincoln-Scapegoat, Uncompahgre, and Washakie.

Backpacking trips. The 17 backpack excursions offered from April through August range from Utah's canyon country to New York's Adirondacks. Average cost for a week's trip is $215, with packs and sleeping bags supplied. Wilderness destinations include Canyonlands, Capitol Reef, Flat Tops, High Uintas, Lone Peak, Sawtooth, and West Elk.

River runs. The 17 outings scheduled from March through September include boat trips down the Colorado, Missouri, Snake, and Yukon rivers, and in Okefenokee Swamp and Voyageurs National Park. Trips range from three days to a week; a one-week trip costs about $250.

Educational outings. A new program recognizes the role of young people (15 to 18 years of age) in preserving wilderness. Five trips are planned in the Sangre de Cristo, Mummy Range, and La Garita wildernesses this summer. Groups spend six days in wilderness and four days on urban field trips and in workshops. Prices are about $220.

For a brochure describing the 1973 program, write to The Wilderness Society, Western Regional Office, 4260 E. Evans Ave., Denver, Colo. 80222. □

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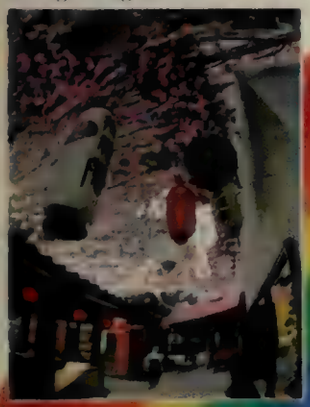
In all of Hawaii, our Village is unique. Stay with us for awhile and you'll find everything you always wanted to come to Hawaii for and then some.

Bring along a few extra days, too, so you can visit the other Hiltons at our beautiful Hilton on the Valley Island of Maui and the magnificent K Hilton on the Big Island of Hawaii.

The Hilton Reservation Service in your ci your travel agent has the details. Let us know w you're coming to visit the Hiltons in Hawaii.

Hilton's new Rainbow Bazaar. A complex of shops and restaurants offering the authentic feeling of Imperial Japan, Hong Kong & 1890 Hawaii.



Top native talent appears nightly in our famous Tapa Room.

Hilton's Village offe several catamaran s daily. Enjoy a cockta dinner sail at sunse

Variety in dining. Eight restaurants and nine lively bars offer Continental, American, Oriental; native dishes.

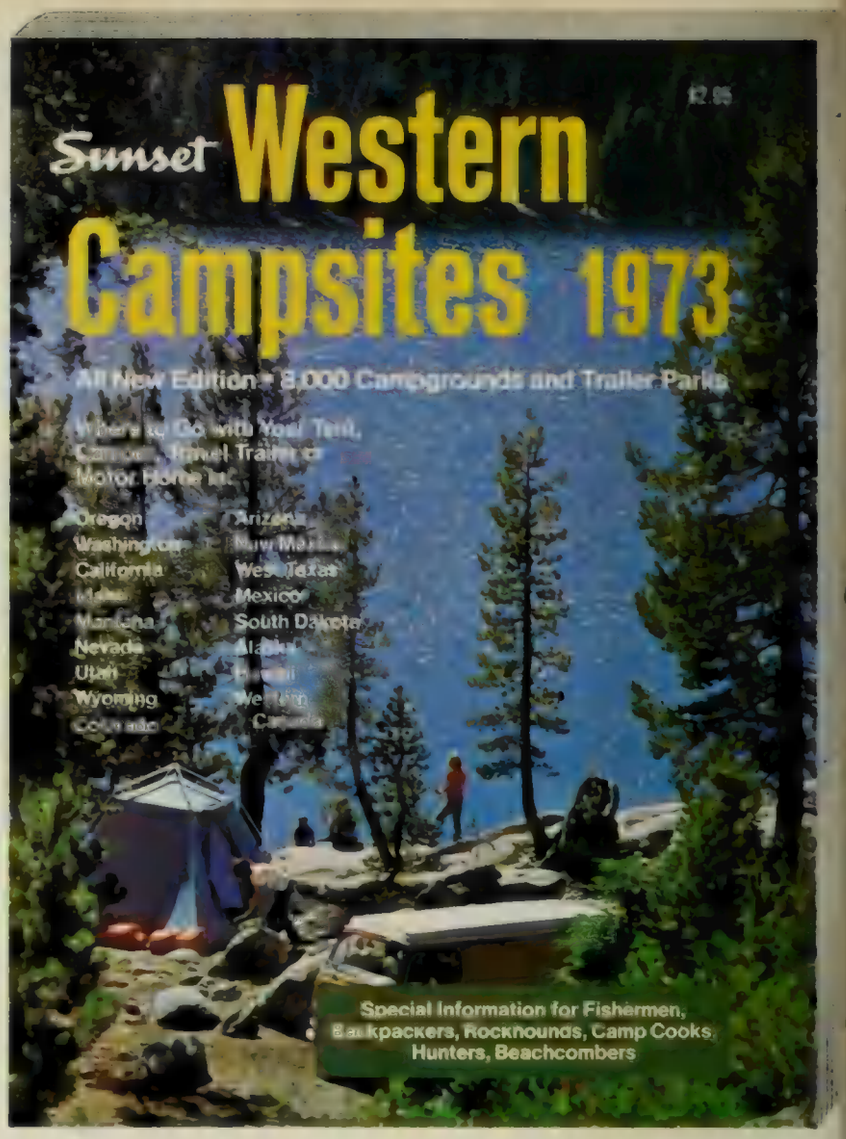
We have three luaus weekly. Admission price includes cocktails, a luau feast, and a native show.

Hilton Hawaiian Village

New edition locates 8,000 campgrounds and overnight stops in Western U.S., Western Canada and Western Mexico.

Major new feature this year—*Service Directory* for *Recreational Vehicle owners* (13 pages). Lists major stops in Western America for RV repairs, RV stops, RV rentals, appliances repair, parts, trailer hitch and brake repairs, L.P. Gas, and Sanitary disposals.

Now 448 pages... still only $2.95



All-New Edition—Now off Press

You'll be planning your 1973 weekends and vacations soon, we know. You'll want to have this all-new campground directory at your fingertips. It will be the most valuable publication *Sunset* has ever released for campers and recreational vehicle owners.

Since late last spring our inspectors and researchers have been working long hours searching out new places to stop, and checking the old ones. Many new ones have opened, facilities and attractions and rules for most existing campgrounds are undergoing changes.

Inside the directory, you'll find that campground and park listings spell out complete information and specific features, facilities, problems, and recreation activities • Altitude • Attractions • Time limits • Fees • Number of camping and parking units available • Firewood availability • Drinking water • Seasons • Boat rentals • Ramps • Beaches • Hunting and Fishing • Regulations and restrictions • Waste disposal facilities • Flush and pit toilets • Showers • Exhibits • Reservations • Recreational vehicle hookups • Bodies of water • Pull-through spaces • Shaded spaces • Type of terrain to be encountered.

Other new features: Camp cooking; Where to go backpacking away from crowds; RV safety; Winter, high-mountain and desert camping.

Look for the '73 *Sunset* Western Campsite Directory at your book stores, camping and trailer supply dealers or send check with coupon. Only $2.95 plus 55¢ mailing cost, $3.50.

CAMPSITES—Lane Magazine & Book Company, Menlo Park, California 94025

Please send me the 1973 Sunset Western Campsites Directory. I enclose $2.95 plus 55¢ for postage and handling—total $3.50.

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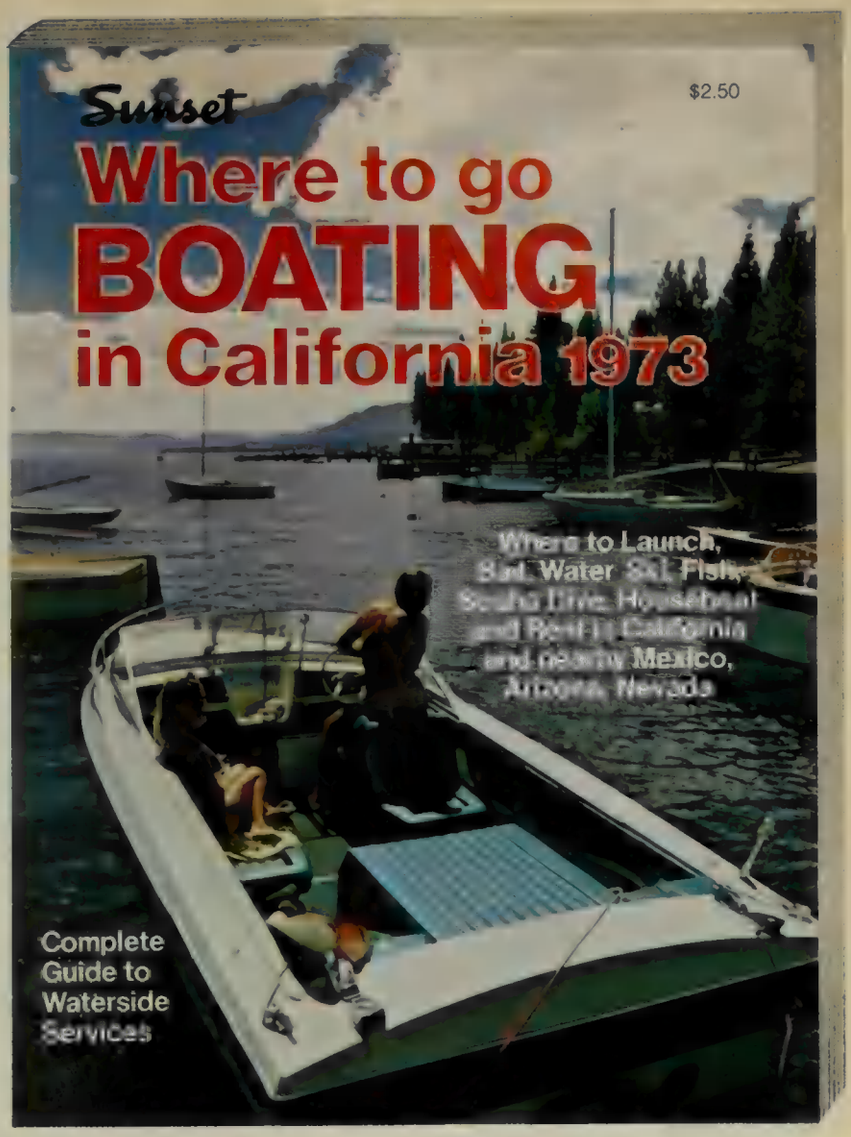
The most complete launching and docking publication for California Boaters.

New Edition comes off press early March.

It has been expanded to include more detailed information–more photos -locator maps.

Still only $2.50.



EXPANDED GUIDE to the Great Places for Boating in California (and nearby waters)

You'll soon be charting your boating excursions—whether it be weekends or vacations. And with this all-new boating publication, you'll be able to find the answer to where to launch, sail, waterski, fish, scuba dive, houseboat, and rent in California and nearby Mexico, Arizona and Nevada. No water recreation oriented boat owner should be without this guide to good times on California's lakes, rivers, reservoirs, bays.

Where to Go Boating in California '73 will feature special articles including:

- Where to waterski and why the skiing is excellent in some locations and not as good in others.
- Cooking on the water, with menu suggestions and preparation guide.
- Where to houseboat with suggestions on outfitting yourself for a water vacation.

All-new boating publication will also include location guides for:

- Nautical chart agents
- Engine and craft repair stops

It will be the most complete guide ever compiled for California boaters.

Look for it early March at California marinas, boat and sporting goods dealers, book stores, or send your check with this coupon.

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A Cortez is easy to handle because it has front wheel drive. Easy to maneuver because it has a low profile design. The four-wheel independent suspension gives you a smooth ride. The welded steel, unitized body and three exterior doors give quiet comfort, convenience and safety.

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Chayote vine *and spiky pineapp in food plant section. Beyond sweep of isthmus, West Maui Mountai*

Botanical stopover on Maui

Visitors to Maui who plan a trip up t Haleakala National Park can also in clude a visit to Kula Botanical Garde without going out of their way. The ga dens, first started in 1968 and official opened in 1971, give you a close-up loo at groupings of more than 700 differe kinds of plants from tropical, subtro ical, and temperate climates growir lushly and blooming profusely in th idyllic climate 3,300 feet up the slope Haleakala.

You guide yourself through the garde using a mimeographed plant list (loane by the office) that gives plants' commo and botanical names and their origin Numbers on the list correspond to nun bers on small markers set along the pat to identify the plants. The route isn arduous and there are places to re where you can look down over the lan scaped slope and beyond to spectacul views of Maui's isthmus, the West Ma Mountains, and the islands of Lanai ar Molokai.

Kula Botanical Garden is on Kekaulik Road (Hawaii Highway 377) about 2 miles south of Crater Road (State 378 which leads to Haleakala's summi Hours are 9 A.M. to 4 P.M. daily. Admi sion is $1.25 for adults, 50 cents for chi dren 6 to 12 years old. If you pack lunch or snack, you're welcome to u one of the picnic areas.

BRIAN BRAKE, MAGNUM

You won't be stunned by New Zealand's fiords.
Not after you've seen
New Zealand's alps, glaciers, geysers,
volcanoes, fern forests and
beautiful beaches.

Alps covering an area larger than all Switzerland; geysers hurling steamy plumes high into the air; smoking volcanoes; the largest glacier anywhere in the world outside the Pole. For sheer scenic splendor, New Zealand is unmatched by any country on earth. For warm hospitality, you can't meet the match of the friendly New Zealanders. For more information about New Zealand, see your travel agent or send the coupon to us, and we'll send you our new free Kiwi Travel Pack, containing colorful brochures which will tell you everything you will want to know about New Zealand . . . the Land of the Long White Cloud.

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153 Kearny Street, San Francisco 94108; 630 Fifth Avenue, New York City 10020; or 510 W. Sixth Street, Los Angeles 90014.

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No other car maker builds trailer-towin

Plymouth Fury Sport Suburban wagon shown with the 31' Sovereign of the Road, courtesy of Airstream.

CHRYSE
MOTORS CORP

ars the way Chrysler-Plymouth does.

On your right, our special combination of optional factory-installed trailer-towing equipment. Built to help send you, your family and up to three-and-a-half tons of loaded trailer merrily on their way.

On your left, a car built to go with it all. The Plymouth Fury Sport Suburban station wagon.

To begin with, we begin with the strength and tightness of unibody construction.

For good handling, we use a torsion-bar front suspension and a multi-leaf rear suspension.

Then there's our TorqueFlite automatic transmission. It's so strong and dependable that most of the motor homes on the road today use it.

You get power front disc brakes. To quickly and surely stop the combined weight of the car and trailer.

In short, we believe we have the best of both worlds for trailer towers. A superbly well-built car on the one hand. An unmatched trailer-towing package to match on the other.

(The hitch is not included. But, for your convenience, your Chrysler-Plymouth dealer can install the proper hitch for your load requirement.)

For more information on our cars, our trailer-towing packages and tips on trailer-towing in general, send for the free 12-page 1973 Chrysler-Plymouth Trailer-Towing Guide.

Our basic Trailer-Towing Package:

1. Heavy-Duty Suspension. It's all here. High-rate front torsion bars, high-rate rear leaf springs and a large front anti-sway bar.

2. Auxiliary Transmission Oil Cooler. This helps the transmission fluid stay at the proper operating temperature.

3. High-Capacity Radiator. This increases the capability of the engine to maintain the right operating temperature under trailer-towing conditions.

4. Coolant Reserve System. This prevents a loss of coolant. Think of it as a safety factor against overheating.

5. Fan Shroud. This helps the fan do a better job of pulling air through the radiator.

6. Heavy-Duty Alternator. A 60 amp alternator that maintains a high level of charge on the battery.

7. Heavy-Duty Axle. With a heavy load behind it, a rear axle does about twice the work it'd ordinarily do. Our 3.23:1 performance axle is equal to the task.

8. Heavy-Duty Turn Signal Flasher. We add this unit to handle the extra electrical load of the trailer lights.

9. Extra-Wide Wheel Rims. We add these because wide rims increase stability and improve handling.

10. Wiring Harness. To bring all the trailer's electrical functions together with the car, we build a seven-wire harness into the car.

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Fury Sport Suburban

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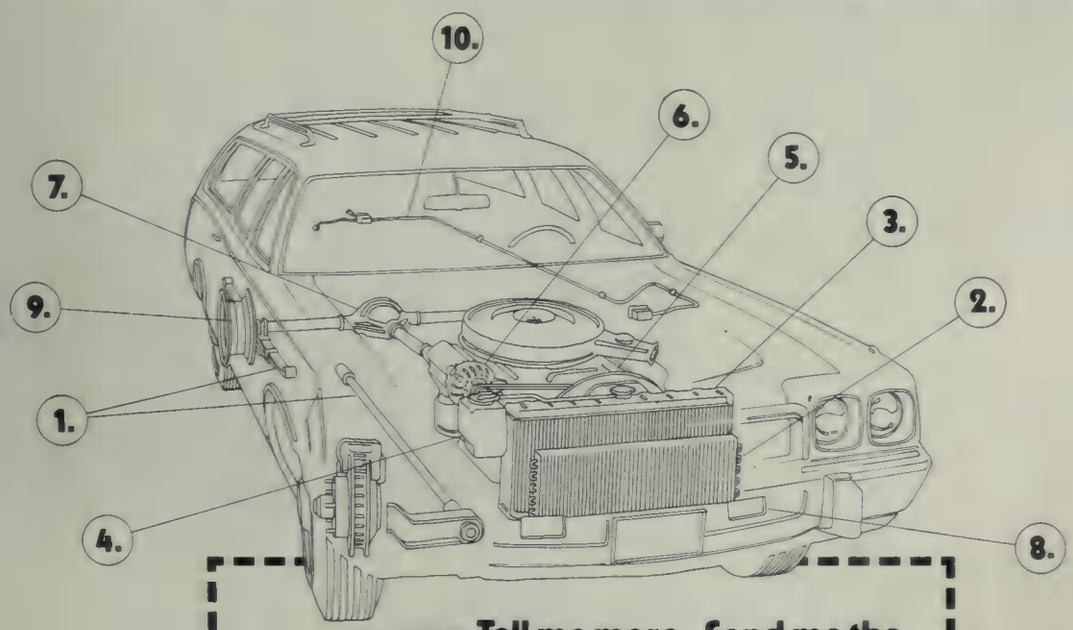

Tell me more. Send me the 1973 Chrysler-Plymouth Trailer-Towing Guide.

Write: Chrysler-Plymouth Trailer-Towing Guide
P.O. Box 7749 Detroit, Michigan 48207

Name _____

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City _____ State _____ Zip _____

Harnesses jingling, *teams of big Belgians pull wagons across a flowered Teton Forest meadow. Small wagon at rear is "ecologically sound" outhouse*

Train members *loll along beneath translucent canopy*

RON COHE

Volunteers *are welcome to help with chores or lend the cook a hand*

Wagons ho! Wagon train trips in Utah, Wyoming

The wagons are packed, duffel and bedrolls stowed carefully under the wagon seats. The camp cook, grumbling at his young swamper, douses the breakfast fire with the last of the morning coffee and slams the soot-blackened pot into a grub box lashed to the chuckwagon.

The wagonmaster makes a final reconnaissance, pauses briefly to confer with the lead driver about the route and the nooning, reins his mount around to face the assembly, waves his hat to signal the train forward, and shouts, "Wagons ho!"

This morning scene may sound like an excerpt from some early West drama, but it's actually part of the experience on wagon train expeditions scheduled this year in Wyoming and Utah. The cost is about $175 a person for a 5-day trip ($150 for youngsters under 14 years of age). The price includes your horse-drawn transportation and rolling accommodations, all meals, and the services of a driver and the wagon train staff.

The sponsor of the expeditions makes and outfits his own wagons. They travel usually not more than four wagons to a train, on graded Forest Service or county roads where automobile traffic is minimal.

A *Sunset* reporter, his wife, and their two city-bred youngsters took such a trip in Wyoming last summer. Except for

(Continued on page 6

6:10"

© Salvador Dali 1972

New Datsun 610 Wagon. An original portrait by Salvador Dali.

Salvador Dali, leader of surrealism, master of the unexpected. We wanted a man with unusual vision and insight to portray this new Datsun 610, to capture the very spirit of the product itself. This portrait, an Original by Salvador Dali, makes that kind of statement.

The 610 Wagon is a Datsun Original. A luxury economy car. Five wide doors for maximum accessibility. New 1800 cc overhead cam engine. New power assist front disc brakes. Plus comforts that may surprise you for a wagon at this price: handsome vinyl-trimmed interior, fully reclining bucket seats, full carpeting, tinted glass. And, a big cargo area that can accommodate just about anything you can dream up to carry. The Datsun 610 Wagon. Interpreted with unusual candor by Salvador Dali, designed for those who demand unusual value in their automobiles. Drive a Datsun . . . then decide.

Own a Datsun Original.

From Nissan with Pride

If it was just a station wagon, it wouldn't be a Travelall.

The INTERNATIONAL TRAVELALL may look like a station wagon. It may ride like a station wagon. But it isn't. It's much more.

For example, the Travelall has a durable, truck-built frame. Ordinary station wagons have ordinary station wagon frames.

The Travelall has more room inside than an ordinary station wagon—more room for kids, cargo, camping gear, groceries—whatever you have to carry. Over 125 cubic feet of cargo capacity when all the back seats are down.

The Travelall has excellent visibility, because you sit higher than in most station wagons.

The Travelall has a low rpm, high-torque engine. You get to choose from four—including a big 392-cubic inch V-8.

The Travelall has an extra large cooling system to help avoid overheating, especially when towing. Which brings us to the final big difference between a Travelall and an ordinary station wagon—towing capability.

The Travelall is built to tow. Ordinary station wagons aren't. The Travelall's rugged frame, engine, and cooling system help make it an especially durable towing vehicle. And the Travelall gives you a tremendous choice of towing options—including a 5-speed transmission you can't get on any ordinary station wagon. But then, that's the whole point. There's nothing ordinary about it.

If there was, it wouldn't be a Travelall.

International® Travelall®

The wagon built to tow.

The first full-sized luxury motor home for less than $10,000.

This is Sightseer II. With the style and distinction of a $15,000 motor home. But with a price tag of less than $10,000.

Sightseer II is designed for carefree living. Of molded sheet fiberglass and formed steel, it's wider than most motor homes and engineered to make the most of every square inch of space. Sleeps up to six. Comes with full kitchen and bath, plenty of cupboard and storage space. Choose your own color schemes and floor plan.

You'll love the living you get with Sightseer II. But most of all, you'll love the price tag. Sightseer® II—built and backed by the Travco Motor Home people.

For more information, send this coupon to: Sightseer Corporation, Mid-Ohio Industrial Park, Newark, Ohio 43055.

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☐ buying ☐ renting Sightseer II.

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Let the good times roll.

SIGHTSEER CORPORATION
SUBSIDIARY OF PIRI INDUSTRIES, INC.

S-3-73

RON COHEN

Serve yourself *from chuckwagon sideboard, then hunker down for a hearty meal*

few unexpected comfort-and-safety features on the wagons (cushioned seats, pneumatic tires, and hydraulic brakes) and the noticeable absence of Indian attacks (which the youngsters regretted), it lived up to what they thought wagon train travel should be.

At night, with the wagons circled around a campfire, you spread your bedroll beneath the stars or convert your wagon into a cozy apartment by closing the wagon's end flaps and rolling down the canvas sides. The cushioned seats along both sides of the wagon pull out into four man-sized bunks, and there's even a canvas center flap for dividing the space into private two-bunk compartments. Bathing facilities are dependent on the proximity of streams or lakes, but there's always a big wash pot of hot water simmering alongside the evening campfire, and the cook will loan you a shallow wash basin for clean-ups in the privacy of your own wagon.

In a day's travel, what with a leisurely start, long noon rest, and early stop for the night, you cover no more than 10 miles. The pace is slow, with lots of short stops to rest the horses, so you can hop down from the wagon and walk, even make side hikes along mountain streams or through wildflower meadows. Your driver will instruct you in teamster techniques, if you'd like to take the reins for awhile. The wagonmaster has saddle horses available for those who like to ride.

Meals are substantial, served right off the cook fire grill. Breakfast usually includes bacon and eggs, often accompanied by hot cakes, Dutch-oven biscuits, or thick-sliced French toast. Lunch is most often a cold sandwich buffet served from the chuckwagon's sideboard. The evening meal may feature grilled steaks, ranch-style beans, fried potatoes and a big tub of fresh salad.

A second pot of coffee (sometimes a pitcher of hot chocolate) usually appears during evening campfire, and one of the drivers is likely to be an accomplished balladeer, complete with guitar and a repertoire of cowboy and folk songs.

Scheduled wagon treks for 1973 include 5-day trips from Escalante, Utah, down to Hole-in-the-Rock on Lake Powell (April 2, 9, 16, 23, 30, May 7, 14, October 30, November 6, 13, 20); 5-day trips from Riverton, Wyoming, along the old Oregon Trail (May 21, 28, June 4); 5-day "Springtime in the Rockies" trip from Jackson, Wyoming, through the foothills of the Rocky Mountains (June 11, 18, 25); and 3-day and 5-day trips from Jackson through Teton National Forest (July 2, 9, 16, 23, 30, August 6, 13, 20, 27).

The outfitter will meet you at your motel in Escalante, Riverton, or Jackson and drive you out to the wagon train in the packer's supply truck. Bring along your sleeping bag, comfortable clothing and shoes, towels and toilet articles, a warm jacket or sweater, a bathing suit, insect repellent, a flashlight, and your camera, binoculars, fishing equipment or any other special recreation equipment you may want during the trip. All food, shelter, and eating equipment are provided by the outfitter.

For an illustrated brochure describing the 1973 wagon treks, and a reservation

From Oldsmobile for '73. Two honest station wagons and...

one little impostor.

ront: '73 Olds Custom Cruiser
'ur largest wagon (127" wheelbase) also one of our finest Oldsmobiles. ɔwer steering, power front disc ·akes, a power rear window, auto- atic transmission, Rocket 455 V8 ıd ■ new hydraulic front bumper stem are all standard. Disappear- g Glide-away tailgate on both 'o- and three-seat models; over)6 cu. ft. of floor space. That's a : of room for something that looks ıd rides like a luxury sedan.

ıe new '73 Olds Vista-Cruiser Mid-sized outside 16" wheelbase); 85 cu. ft. of usable load space side. Redesigned for '73, with a new Vista Vent ndow in the roof to let the sun shine in (and stale out), and a new easy-lift tailgate that can be re- ısed from the driver's seat. The power front disc brakes, redesigned suspension system, deluxe steering wheel, full-foam seats and Rocket 350 V8 come standard. Available as a two-seater or with a rear-facing third seat.

The spanking-new '73 Olds Omega Hatchback
Ever wanted a coupe that can double as a wagon? Meet the Omega Hatchback—our brand new compact with a 111" wheelbase and lots of nice Oldsmobile touches (like houndstooth upholstery). The back seat folds down, station-wagon style, the rear door flips up. And you suddenly have a lot of load space on a carpeted floor that's 6½ feet long. Yet, since the little impostor isn't really a wagon, it has its own surprisingly low price.

Oldsmobile. Always a step ahead.

String Lake, Snake River, Paintbrush Divide.

These are the sort of names you hear in the Tetons.

There are many more of them, and there's a story behind each one. A story that lives on, in the faces and memories of the people—and in the experience you'll have when you go there. Come to the Tetons, 300,000 acres of mountains and flower-strewn valleys. Enjoy it all this summer from superb lodges, cabins or tent cabins. Or have more of it all to yourself in June or in September. Mail our coupon today.

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Reservation Office
209 Post Street, San Francisco, California 94108
Please send me your color brochure on vacations in the Grand Tetons

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Grand Teton Lodge Company operates Jackson Lake Lodge, Jenny Lake Lodge, Colter Bay Village, Jackson Hole Golf and Tennis Club. Managed by Rockresorts, Inc. S-2

RON COHEN

Wagon sides *roll down for evening privacy*

application, write to Wagons West, L. D. Frome, Outfitter, RFD, Afton, Wyoming 83110, or telephone (307) 886-5240 in Afton. The outfitter can also help you make motel reservations in the rendezvous city and will rent wagon train bedrolls at $10 a person for each trip.

Other wagon train treks for 1973, similar to the ones described above, include 3-day trips (June 9 through August 22) along the old Butterfield Trail in western Kansas (for information, write to Wagons Ho, Box 416, Quinter, Kansas 67752) and 2 to 5-day trips (June through August) in the Badlands of South Dakota (write to Badlands Wagon Trips, Flying U Ranch, Kadoka, South Dakota 57543).

The new Western Campsite Directory

Sunset's just-published *Western Campsite Directory 1973* is much larger and more far-ranging than previous editions.

Its 448 pages describe 8,000 campgrounds and overnight stops, with more detail than ever before—this year the campsite inspectors searched south to the tip of Baja California and to Acapulco on the Mexican mainland, east to South Dakota and West Texas, and through British Columbia and eastern Alberta. It also includes a calendar of events for each state and province, and new articles on camp cooking, RV maintenance, tidepooling, how to camp in the West's different regions, and how to beat the backpacking crowds.

The price stays the same: $2.95 at many bookstores, newsstands, or trailer supply and sporting goods stores. Or to order by mail, send $2.95 plus 55 cents for postage and handling to *Campsite Directory*, Lane Magazine and Book Co., Menlo Park, Calif. 94025. □

Surprise your wife.

Light up her life with a Princess Cruise. Whether you sail on the Princess Italia, or the new Island Princess, everything about them is meant to please. The spaciousness of the staterooms. The splendor of the salons. The sweep of the sundecks. No other ship can touch a Princess. For elegance. For devotion to comfort. And knowing what a woman likes.

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Cruise with a Princess to Mexico and Hawaii, Canada and Alaska, the Caribbean and South America. Call your travel agent for details or send in the coupon.

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A Princess Cruise will put stars in her eyes.

How many trips will you make this year? Alone.

How often will you go back to your hotel at five? Alone.

How often will you have a late dinner? Alone.

How many times will you call home? To talk to your wife. And to see how the kids are.

How long ago did you tell the family,

"We're all going to go—someday."? To New York, to Hawaii, to Disneyland or to see the folks.

Do you know what? You're not alone. Thousands of businessmen have the same dream.

"Someday on a 747."

"Someday we'll all sit together and watch the movies on the plane."

"Someday we'll all have steak and lobster and laugh at 'coffee, tea or milk'."

"Someday . . ."

Is this year your family's someday? Aft all, next year is a lot of lonely flights aw

BOEING 747

Getting people together.

Man was not meant to fly alone

DON NORMARK

Youngster takes *a slippery slide down seal's back onto sandy floor of children's play area*

As you stop over in Coos Bay

Coos Bay Mall, part of a long-range program of downtown redevelopment, is a good place for travelers on the Oregon Coast to stretch their legs, shop, or relax on a park bench away from the drone of traffic.

Except for the two cross streets, cars are banned from the three-block section of Central Avenue now preempted by the mall, which runs from Broadway Street on the east to Fourth Street on the west. It is within a block or two of U.S. Highway 101.

The cobblestoned, canopied, tree-lined mall is bordered with flower beds, benches, and kiosks. Utility poles have been removed and lines concealed underground. Changing activities enliven the area during the spring and summer: arts and crafts displays, flower shows, auctions, and the like.

Under a sharp-peaked dome, children can play in a sandbox and climb on concrete animals. Nearby, hopscotch squares have been laid out for their use.

There are telephone booths and restrooms on the mall and plenty of parking spaces in the surrounding area.

The mall, heart of the Coos Bay business community, is flanked by a variety of mall shops and stores. It was completed in 1970, with provisions for continued development. □

yukon

GOLD!

It set the world afire in '98 and touched off history's greatest gold rush — the Klondike Stampede. Even today, the names are pure magic — Eldorado, Bonanza and Hunker Creeks—Arizona Charlie Meadows, Klondike Kate and Diamond Tooth Gertie. Make this your year to know the "spell of the Yukon" while enjoying the comfort of modern transportation and accommodation. Join today's Sourdoughs who come from "outside" each year, following the Trail of '98 to discover the Yukon and walk through its fascinating chapter of history.

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BOX 2703, WHITEHORSE, Y.T.

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DISCOVER CANADA'S yukon HOME OF THE KLONDIKE

KLONDIKE '73 Join us! We're Celebrating.

Introducing the GMC MotorHome. It doesn't ride like a truck. It doesn't look like a box.

1. A NEW ERA IN MOTORHOMES IS BEGINNING.

Before we started building our MotorHome, we studied every other type of motorhome that exists.

We found that the simpler the basic construction, the fewer the problems. So we started with a strong, durable, steel perimeter frame and attached to this a cage of heavy aluminum ribs.

On top of this, we bonded both aluminum and fiberglass panels molded to a smooth finish. It's the same construction people are flying all over the world in.

Except now you'll be driving.

Then we sprayed the interior with a thick, rigid polyurethane foam for thermal insulation and noise suppression. This polyurethane foam has six times the insulation value of fiberglass. Which means the GMC MotorHome has better insulation than most homes. On or off wheels.

2. MORE POWER TO YOU.

To give you the excellent road performance, we installed a 455-cubic-inch V8 engine up front and coupled it to a 3-speed Turbo Hydra-matic transmission. We coupled that to a front wheel drive unit with a 3 to 1 ratio and put it all on top of torsion bar springs and stabilizer bar.

With our low overall body weight, it all means getting up to highway speeds quickly. Excellent traction. Excellent weight distribution.

3. A MOTORHOME IS NO FUN IF IT'S NO FUN TO MOTOR IN.

We took our basic construction and raised it only 15" from the ground. This puts the center of gravity only 37 inches above the ground. For easy handling.

See the rear wheels. We put one behind the other for four reasons: To give you a wider base. More room inside. Greater stability than you'd have with dual wheels. And so we could place a special air spring between the two wheels to pass the bumps from one to the other

instead of to you!

These air springs are the only ones of their kind on motorhomes.

To keep the weight and balance of the interior within design limits, we fed all the data into a computer. It fed back what we needed to put things where they belong.

4. ABOUT OUR SIX-WHEEL BRAKING SYSTEM.

In addition to power steering, there's a six-wheel braking system with power disc brakes up front and four large finned-drum power brakes in the rear, plus an available leveling device operated from the driver's compartment for parking on uneven ground.

Incidentally, the parking brake grabs all four rear wheels.

5. CHOOSE FROM 15 DIFFERENT FLOOR PLANS. TWO LENGTHS.

The GMC MotorHome is available in 23- and 26-foot lengths. The standard 26' floor plan includes a dinette that converts to a double bed opposite a sofa that turns into double bunks. In the middle, a double sink, 6-cubic-foot refrigerator (it's electric so there's no pilot light that'll blow out), a range and oven with exhaust hood. There's also a bath with all the necessities plus ample cabinet space.

That's one floor plan. There are 14 more available.

6. WE INCLUDED TOP INTERIOR DESIGNERS IN OUR PLANS.

To put the finishing touches on the inside, we had *House and Garden* magazine's interior designers help us.

The driver and passenger seats are high, contoured seats with built-in arm rests. This high-level seating arrangement, combined with the big, wide-angle windshield, offers you panoramic visibility.

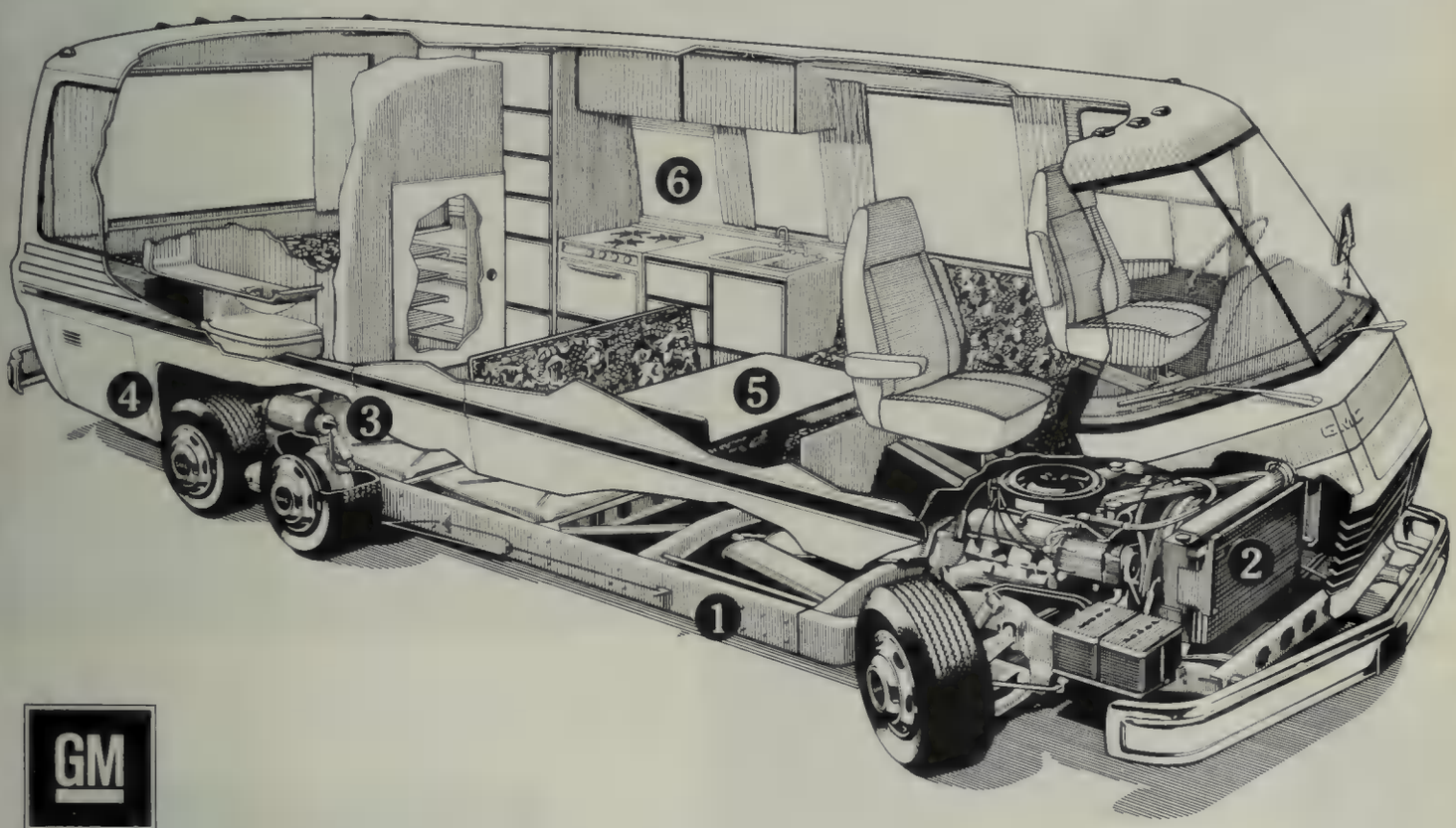
Every counter top has rounded corners. All cabinet knobs are eliminated. Every hinge is concealed.

There are thick, shag or cut pile carpets. And wood-grained vinyl on the walls and cabinets.

You also get a choice of four color-coordinated interior decors.

7. ONE-STOP, ROUND THE CLOCK SERVICE.

Your GMC MotorHome dealer services everything he sells. Inside and out. From the engine to the air conditioner and furnace. And there's a toll-free number you can call and immediately get the number of the nearest MotorHome dealer representative available for assistance around the clock.



GM
MARK OF EXCELLENCE

For our 28-page, four-color catalog, write GMC MotorHome Headquarters, Drawer Y, Dept. 119, Lansing, Mich. 48909.

Better yet, see your GMC MotorHome dealer. He'll be glad to show you around the house. Have a good life.

GMC

The MotorHome from General Motors.

Startling *new shapes dominate San Francisco's skyline. Development is centered in light area along waterfront from Ferry Building tower at left to Broadway on-ramp at far right. In coming years, seven towers will mostly fill lots in foreground*

GLENN CHRISTIANSEN

Bridge carries *walker high over busy, tree-lined Jackson Street. Townhouses, balconied apartment tower sit on raised platform*

ROBERT CAMERON

Noontime *picnickers doff shoes, share food and blanket on sunny slopes of Walton Square*

Changing San Francisco

The towering skyline pictured above has sprung up within a decade, dramatically altering San Francisco's profile and introducing new patterns of land use. And it's made some people mad.

These 10 pages are a guide to this much-debated area.

It's an area that shows some innovative changes—particularly in the way trees, sculpture, fountains, and other amenities are given a role. New meets old almost everywhere you look. Chinatown adjoins corporate headquarters, gaudy night clubs are a street away from landmark buildings, new apartment-office complexes approach the waterfront.

And overshadowing all are the new towers, questioned by many people for their height, bulk, idiosyncrasies, and great contrast.

Along with the changes have come a variety of new experiences for visitors—and even discoveries that may surprise some of the city's own most devoted residents.

The focus of change is the 51-acre Golden Gateway redevelopment between Battery Street and the Embarcadero piers. There are plazas, apartments, townhouses, and office towers built atop great landscaped "platforms" on the site of the city's former colorful but blighted produce market district. From the Golden Gateway, other tall new buildings march

Golden Gateway Redevelopment Area – completed
Golden Gateway Redevelopment Area – in progress
Parks
Future park addition
Jackson Square Historic District

1. Alcoa Building
2. One Embarcadero Center
3. Future Embarcadero Center nos. 2-4
4. Hyatt Regency Hotel
5. Embarcadero Fountain
6. Residential plazas
7. Private recreation area
8. One Jackson Place
9. Columbus Tower
10. Holiday Inn and Chinese Cultural Center
11. Transamerica Building
12. Bank of America Building

Quintet performs *during lunchtime on tiled lower plaza at Embarcadero Center. Backdrop is giant macramé*

toward Chinatown and Market Street, stepping among the intimate circle older facades of the financial district. The new towers stand right next to Jackson Square Historic District, with its revitalized, landmark brick buildings from the city's earliest commercial days. (The original waterfront was along Montgomery Street; everything to the east is built on mud flats, sunken ships and ramshackle piers of what once was Yerba Buena Cove.)

Exploring on foot

This is a walkaround area—driving is difficult. Small nooks and new views invite slow browsing, and the Golden Gateway plaza level, lifted high above traffic, is designed to make foot travel enjoyable.

For an overall view, start on Maritime Plaza (if you come by car you can park in the public garage underneath on weekdays until midnight). The sunny, two-block plaza surrounds the Alcoa Building with small lawns and seating area benches, sculpture, and low outbuildings; it has an airy effe that may surprise visitors from other big cities. You can cro pedestrian bridges north to more intimate, meandering res dential plazas and grassy Sidney G. Walton Square; bridg to the south lead to white-tiled One Embarcadero Cent plaza, the first to be built of four elevated office blocks.

The residential plazas combine soft-colored, balconied apa ment towers and three styles of white townhouses—a mixtu called artificial by some, but an effort to duplicate the city residential building pattern and provide open space wh bringing needed housing into the downtown core. The patte will continue soon on new plazas east and north of Walt Square.

The small shops on Embarcadero Center's more cloister three levels surround a 70-foot-high stainless steel sculptu noontime concerts are occasionally held near its base. Fro

Get rid of your car. It's best to explore on foot or even on a bike

Animal sculptures *by Beniamino Bufano capture visitors' attention. These are on loan; but elsewhere, Golden Gateway developers are required to spend over $2 million on works of art*

GLENN CHRISTIANSEN

Water tumbles *from controversial fountain near Ferry Building (rear). Walk-through water sculpture is made from 101 concrete boxes*

Sunday cyclists *round corner of bike route along Jackson and Front streets. Arcade in back screens sidewalk and shops beneath townhouse plaza*

DARROW M. WATT

Elegantly restored *Belli Building on Montgomery Street dates from 1851, is one of 16 designated landmarks in Jackson Square Historic District*

Sauerbraten Day *on Friday fills great hall of Schroeder's German restaurant on Front Street. Deer heads, coats-of-arms, steins decorate dark wood columns*

GERALD R. FREDRICK

White-jacketed *waiters wait behind counter for noontime crowd at Tadich Grill on California Street. Restaurant is one of West's oldest*

Skylight, bricks, *ghostings, wicker chairs add flair to new MacArthur Park restaurant in restored building facing Walker Square*

Teppan cooking, *with chef using table grill, is virtual floorshow at Fujiya in One Embarcadero Center*

Dozens of vinegars *are sold at tiny, aromatic Four Monks storefront at Montgomery and Gold*

GLENN CHRISTIANSEN

the east end of the plaza you can look toward the Ferry Building across excavations and lots where future interconnected plazas will rise, eventually tying into the mezzanine lobby of the nearly complete hollow-pyramid Hyatt Regency hotel near Justin Herman Plaza.

The plaza itself will continue under the Embarcadero Freeway ramps and rise to join Maritime Plaza. A three-theater complex is planned between the offices and hotel.

You'll find plenty of changes at street level. Herman Plaza, at the once-dreary foot of Market Street, draws street artists, throngs of nearby office workers, lunchtime joggers, and frisbee players who cavort around (and through) the Embarcadero fountain. Market Street itself will soon be an inviting promenade on a grand scale (see page 82).

There are new street-level plazas, encouraged by zoning codes. One small example is at the Union Bank at 50 California. Another is the Bank of America's new, more shadowy brown granite expanse at California and Kearny. For contrast, look at red-and-white brick Musto Plaza at 350 Pacific Avenue. Bright-painted arcades cover the sidewalks beneath Golden Gateway's residential plazas along Battery and Jackson, and the Battery Street end has a cobbled courtyard, very good looking if difficult to walk on. Embarcadero Center's plaza tiles extend to the sidewalk (somewhat slippery in the rain). Many streets—or sidewalks of individual buildings—now have trees.

Beside the Transamerica Corporation's new pyramidal headquarters building on Montgomery, sculptural brown aggregate

Window-shopper *moves among lighted windows, brick façades of tree-lined Jackson Street decorators' district*

Clerk adjusts *sextant at George Butler's California Street navigator's shop*

The eating out is different. And so indeed is the shopping

DARROW M. WATT

Espresso machines, *gleaming and formidable, stand at front of Thomas Cara's Pacific Avenue kitchen supply house*

Skeptical escort *watches delighted shopper try on dress at Pacific Avenue boutique*

Holiday Inn. *Bridge across Kearny Street to the future Chinese Cultural Center in flared base was intended to 'bridge Chinatown to the Occidental community physically and symbolically," but also disrupts Portsmouth Square. Bronze plaques behind benches denote eight traditional Mandarin virtues*

Alcoa Building. *Blocky but moderately scaled, with dark glass and dramatic, exposed diagonal-grid framing. Occasionally spoken of as "the building they forgot to uncrate," it benefits from spacious setting in Maritime Plaza*

These are the towers that start arguments. Not one is the usual plain tall box

Dissimilar neighbors *illustrate the debate: How much height, bulk, and contrast are allowable without destroying city setting and scale? Vacant areas will house high-rise Embarcadero Center buildings; old low buildings will go*

cylinders on the broad sidewalk contain ventilation-exhaust chimneys—displaced from the roof because of its narrow taper. They're heated inside to prevent steam clouds. A half-acre redwood park will surround a restaurant that will jut out from the bottom of the pyramid.

By year's end a Chinese Cultural Center with a museum is scheduled to open in the base of the new Holiday Inn, reached by a footbridge across Kearny from Portsmouth Square and Chinatown.

The surge of redevelopment has given new life to many ancient brick buildings on the produce market perimeter.

There are some bright new restaurants around Embarcadero Center, northern Front Street, and the foot of Broadway. Walton Square is marked by the reinforced entry arch of the old Columbo Market that once stood on the site.

At One Jackson Place, you can stroll through a gaslit brick passageway between Battery and Sansome; there's a pub in the middle. (The financial district has always had many restaurants; today their number is increasing. On weekdays most are crowded until about 1:30 P.M., and many are closed on weekends.)

If you look carefully at many of the older financial distr buildings, you discover architectural surprises—decorat parapets, elaborately formed cornices, detailed fenestrati (just one fine example is the upper window detail at 2 California).

Three banks have good museums, open without charge d ing banking hours. The balcony area of the Bank of Amer Center's branch bank annex at California and Montgom has a photographic history of the bank and of downtown S Francisco, along with a foreign currency collection. You c enter directly from the east end of the plaza. There's an exhibit room one floor down (take a nearby elevator) and t other art display areas along the concourse.

At Wells Fargo Bank's history room at 420 Montgom you can see one of its original Concord stagecoaches a artifacts from company history and the gold rush. Ask fo copy of the 1877 *Tips for Stagecoach Travelers*, which wa you to "spit on the leeward side" and "never shoot on road as the noise might frighten the horses."

The Bank of California's Museum of Money of the Ameri West at 400 California has an extensive collection of g

e Embarcadero Center. *Thin allel slab design of 45-story lding allows more ner offices, reduces sense of k. Rest of center will ude two 34-floor buildings, now under construction, a tower near the waterfront t could reach 60 stories nd spark new controversy*

GLENN CHRISTIANSEN

Transamerica Pyramid. *It draws most biting criticism: "It looks like a tomb for a tall, skinny Pharaoh; it wouldn't be so bad if they put it away after Christmas." But it seems a popular success. Outcrops near spire house elevator equipment, fire escape; windows rotate in for cleaning*

GERALD R. FREDRICK

Bank of America. *Towering 52 stories high, it's often criticized for height, bulk, dark color. It's praised for bay-window texture, façade of rich Minnesota granite, and "close-up feeling of quality"*

What about earthquakes?

San Francisco's highest buildings may be among its safest in case of earthquake—but there are still problems.

Foundations of new buildings on bay fill or old mud are supported by piles or concrete-filled tubular caissons driven into bedrock to avoid tipping. Thick concrete pads are adequate for buildings on firm ground.

"Moment-resisting" steel frames with a high ductility factor—they flex without failing—can absorb horizontal motion. Façade panels are designed to accommodate the frame's movement.

Ideally, flexible buildings are built on rock, and stiff buildings over mud, so they won't match—and magnify—the resonance of ground vibration. But there's still a fire hazard. Most buildings don't have sprinklers, falling debris can block exits, elevator counterweights can jump their tracks. The city is considering a mandatory "life-safety package" governing sprinklers, elevator safety, and central communication and fire-fighting systems.

Older buildings can be more of a threat—unreinforced masonry walls, weak parapets, and cornices could come tumbling down. A parapet, in one expert's words, can act like a zipper, bringing down the wall below it. A new ordinance requiring that unsafe parapets and cornices be reinforced or removed is now on the books (a similar Los Angeles law proved its value during the 1971 San Fernando earthquake) but still isn't backed by inspection funds. And one designer warns that whatever the necessity, parapet removal will be a major downtown visual disaster.

At best, the new buildings may be the most earthquake resistant—but they're not necessarily earthquake proof. Engineers can only measure their designs against known past quake forces; no one knows what a future quake stronger than any on record would do.

nuggets, ingots, and banknotes. To reach the museum take the stairway down to the basement safe deposit area (its banister is made from the grillework of old tellers' cages).

There are ship models in the lobby of the Merchants' Exchange building, 465 California. One of the best old building interiors is the small lobby of the Bank of America's Clay and Montgomery branch (the first post-earthquake headquarters of the predecessor Bank of Italy). Notice the large, brightly-colored alabaster eggs set into the detailed wall decor.

Much of Jackson Square is given over to decorators' shops for wholesale trade only, but the neighborhood—particularly Montgomery Street and tree-lined Jackson Street and Pacific Avenue—is a window shopper's treat. Individual retail shops sell vinegar (and the casks it came in), fanciful dresses, kitchen equipment, antiques. The newest is a wine shop in a 100-year-old building on Hotaling Place, with an unusually large array of sample bottles in racks along brick walls, and case lots and private storage lockers in the basement.

There are 16 individual landmark buildings in the district (in the 700 block of Montgomery and the 400 block of Jackson) and 26 other candidates. Other area landmarks include Columbus Tower at Columbus Avenue and Kearny Street, the bright red U.S. Mint building façade at 608 Commercial, and the Bank of California at 400 California.

You'll see several plaques commemorating events in the city's early history. One, at the northwest corner of Sansome and Clay, marks the berthing place of the *Niantic*, one of several hundred abandoned hulls that were a virtual floating city during the gold rush.

But the new towers themselves are becoming the area's great landmarks. Many are efficient but not particularly distinctive. Some are vividly different (see page 80). Together they have profound impact, and may offer lessons for other cities in the West. You can study their architecture and group effect as you stroll through the district.

A look back

The building renaissance began in 1956, when the Blyth-Zellerbach committee—a small group of businessmen concerned with growing signs of downtown deterioration—funded the first study of the old produce market that led to its acquisition by the San Francisco Redevelopment Agency. (Redevelopment agencies are empowered by the Federal Housing Act of 1949 to use eminent domain power—with city approval—to acquire, clear title, and prepare blighted property for sale to developers for specified use. The costs—here, $36 million—are shared two-thirds by federal and one-third by city governments, a subsidy to make private development attractive.)

Four decisions shaped the Golden Gateway. It was to include mixed office, residential, and open space—bringing primarily upper-middle income people back to the central city, near their work. Proposals were judged in part on their design merits, not just the dollar value of the bids, in order to enhance the huge renewal's impact on the city. Over $2 million of private development money was to be used for art on public view (no statues of old generals on horseback, officials promised). And people and cars were to be separated.

At this point in development, one principal complaint from

GLENN CHRISTIANSEN

Planner moves taxi *on model of Market Street. A $24-million effort will turn street into long-awaited, 2½-mile grand boulevard with trees, furniture groups, wide brick walks, and granite curbs. Street will be finished in sections through 1975*

More change is coming:

Hallidie Plaza *near Powell Street, seen in model at left and under construction below, leads to future underground trolleys and rapid transit trains; it's scheduled for dedication March 14*

critics is that the elevated pedestrian platforms create an artificial environment. "You feel as if you're sneaking in," is one planner's opinion of the dark lower levels of Embarcadero Center. Others say pedestrian traffic on the streets below is ignored and hemmed in by the walls of two-story garages. But the designers' vision of a busy, floating "mini-city" high above noise and traffic may become more real when the remaining blocks are finished and more pedestrian bridges are built and in use.

The financial district's breakthrough buildings came in late 1959: the Crown Zellerbach building at Bush, Sansome, and Market, and the Hancock (now Industrial Indemnity) building at 255 California. You'll find them quite small by today's standards, blending comfortably into their low-rise surroundings. "They arrived with tact," wrote one critic at the time. Crown Zellerbach devotes a generous two-thirds of its property to a pleasant wayside plaza among the façades of Market Street. Other plazas have followed.

Beginning construction on the high-volume Bay Area Rapid Transit system (BART) was the last step necessary to unleash a genuine boom in downtown building—and eventually, clamorous reaction to buildings of a scale altogether new to the city.

In 1972 voters rejected an initiative proposal for severe height limits, but the board of supervisors limited both height and bulk of future buildings, based on an innovative Urban Design Plan setting forth detailed criteria for future development. It urges respect for the city's natural topography: Several of the new buildings dwarf San Francisco's cherished hills, bringing particularly loud outcries from such neighborhoods as nearby Telegraph Hill (see cover).

The Plan also urges relative uniformity in scale, shape, and lightness of color, suggesting that only buildings of unusual civic importance be allowed special prominence. In this light, many of the new towers are being called "look-at-me buildings" or "corporate ego statements." But some critics applaud their daring, monotony-breaking design. It's a matter of personal taste; you'll enjoy judging for yourself.

Things to come

Probably the most welcome change is the city's own contribution: a renovated Market Street sweeping grandly for 2.6 miles westward from Herman Park. Overhead transit wires will eventually come down and new streetcars will run underground. Sidewalks will be widened from 22 to 35 feet and paved with brick (some already in place). There will be clusters of kiosks, seats, drinking fountains, phone booths, and bus shelters—all made from granite, bronze, and glass and screened by double rows of London plane trees. They will be lit by gold-leafed "path of gold" standards first installed for the 1915 Panama-Pacific Exposition (some are now in front of the Southern Pacific offices at 1 Market Street).

One major—and necessary—change is yet to come: achievement of a proper relationship between city and bay. Large pierheads and the elevated Embarcadero Freeway now serve as a wall between the two. The almost universally-loathed waterfront freeway is unlikely to be demolished soon (if at all) because of the high cost and disruption involved in relocating its access ramps. But the pierheads may fall. The city's master plan recommends a combination of low-rise residential and commercial buildings and a public promenade as port activities are consolidated and rejuvenated south of the Ferry Building. (Behind the Ferry Building, a restaurant is already planned atop a platform over the bay that protects BART's trans-bay tube ventilators.

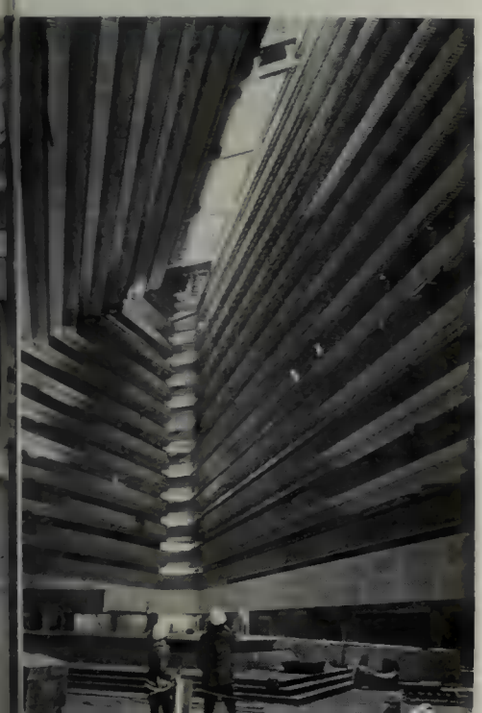
Special public tours this month

On Sunday, March 18, architect-members of the Northern California Chapter of the American Institute of Architects will conduct 3-hour walking tours to give *Sunset* readers an on-the-spot view of the area covered in this article. Tours begin with a slide show at the A. P. Giannini Auditorium of the new Bank of America Center. Reservations are necessary; call A.I.A.-Community Awareness, (415) 989-0506, between 10 A.M. and 4 P.M. on weekdays before March 15.

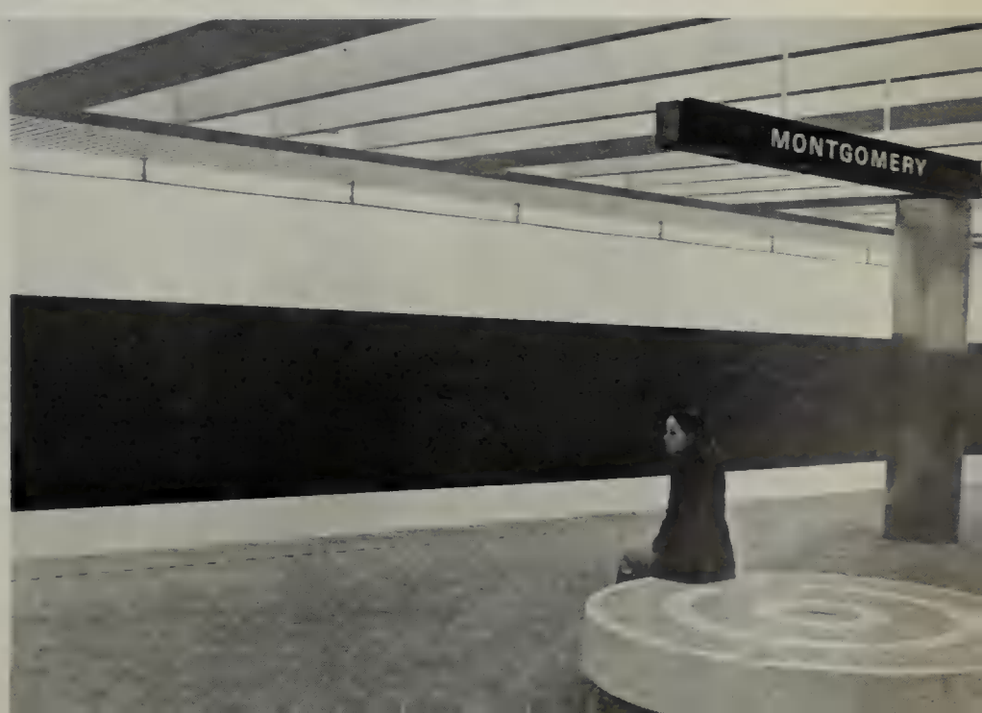
On the same day the Wells Fargo History Room will be open for readers from noon to 3 P.M. □

rand new Market Street, two new subways underneath

Balconies *surround 18-story-high atrium of Hyatt Regency Hotel, opening later this year*



When will the long wait end? *Bay Area Rapid Transit's "M" line, reaching from Oakland under San Francisco Bay and Market Street to Daly City, is expected to begin service later this year. New underground Municipal Railway trolleys (planned for late 1975) will run one level above*



DON NORMARK

This young fatsia *froze to death in Bellevue, Washington (12°). Fatsias generally survived big freeze in California where it was cold but not quite that cold*

NICK JANKOWSKI

Leaves *on Rhododendron arboreum roseum were brown when photographed, January 14, Hendricks Park, Eugene. Took −12°. It's a total loss*

Melianthus, *a sissy from South Africa, looked like this two days after 18°, in Los Altos Hills, Calif.*

NORMAN A. PLATE

GERALD R. FREDRICH

Growth *beyond roof edge dead. Bedding begonias, Men Park, California (23*

The great freeze of 1972. What did it do to your garden? What can you do this spring?

MUTUAL AID ▶

We need your help. If you kept records luring the freeze, please share them with us

Hollow *knock on wide-split trunk tells that this Eucalyptus citriodora has had it. Portola Valley, California (16°)*

DARROW M. WATT

oporum, *normally a mass of dark leaves. Freeway, Watsonville, California (22°)*

t December 3 through 15, a mis-
cted cold air mass from the top part
he North American continent came
sat on the Western states. That was
y unusual; the West usually spends
winter under a cover of cold-but-
cruel winter air from the North
ific Ocean. During the 13 days,
peratures dropped from 10° to 24°
w normal.

long exposures to the very low tem-
atures killed many plants and plant
ts. And for quite a while afterward,
as a shock when you looked around,

Sunset 1972 Freeze Damage Survey

Name _____

Address _____

City _____ County _____

State _____ Zip _____

I have grown plants at this location for _____ years.

Elevation of my place is about _____ feet above sea level.

Please fill in temperatures in the chart below wherever possible. If your figures are approximations or guesses, please indicate. Use brackets if necessary—for instance, if all you know is that the coldest it got in a certain three-day period was 19°, bracket those three days and put 19° in the lowest temperature column.

	Lowest temperature for the day	Approximately how many hours of freezing	Highest temperature for the day
Sun. Dec. 3			
Mon. Dec. 4			
Tues. Dec. 5			
Wed. Dec. 6			
Thurs. Dec. 7			
Fri. Dec. 8			
Sat. Dec. 9			
Sun. Dec. 10			
Mon. Dec. 11			
Tues. Dec. 12			
Wed. Dec. 13			
Thurs. Dec. 14			
Fri. Dec. 15			

How did you get your temperature readings? (check one)

- ☐ Local weather station, as reported in the newspaper
- ☐ From an ordinary thermometer
- ☐ From a maximum/minimum or recording thermometer
- ☐ From a neighbor

(over)

Please list here the broad-leafed evergreen plants that came through the freeze unharmed:

_____

_____

_____

_____

Please list here all the plants that were damaged by the freeze but are now showing growth again:

_____

_____

_____

_____

Please list here all the plants that were killed by the freeze:

_____

_____

_____

_____

Please list here plants you aren't sure about:

_____

_____

Thank you for filling out the survey sheet. You can mail it to Freeze Survey, *Sunset Magazine*, Menlo Park, Calif. 94025

wherever you lived.

Middle-aged Californians had to get used to looking at large groves of brown dead eucalyptus trees that had been big and green as long as they could remember. Gardeners in western Oregon and Washington saw some of their favorite landscaping institutions—beds of low growing evergreen azaleas, for instance—become brown and brittle.

But by now Western gardeners have begun to accept the death of some of these plants and repeatedly have been joyed to find that other broad-leafed evergreens they thought were dead (or nearly dead) are beginning to come back.

Individually, each of us has, in the last two months, learned a lot about the hardiness of plants. We've also learned something about the strange ways in which cold air moves and—when it dwells for several hours—takes the life from some plants. (It was a humbling experience for those of us who thought we had cold-air patterns all figured out.)

As a concerned keeper of damaged or killed broad-leafed evergreens, you've already read in *Sunset* and in newspapers, and heard on radio and TV what to do with frozen plants. If you were impatient and had to get on with it, you've already torn the plants out or pruned out all the brown stuff.

But, as you were told many times, you could wait (and suffer the brown stuff) you should watch for new growth in spring. When the new growth becomes substantial and the growth above it shows itself to be definitely dead—

A thumbnail *scratches a wet green gouge in bark, shows tissue is alive here*

then is the time to saw or prune off the dead parts.

How long do you wait for a sign of new growth? Until June. By then, if a plant has not yet begun to grow lustily, you should figure that it is a victim of the pre-Christmas freeze and get rid of it. (Big dead trees and shrubs are not only ugly, they will become fire hazards in late summer.)

The pictures at the bottom of these two pages show the two most useful clues for finding live plant tissue. The longer you wait, however, the less you will need any kind of guide to distinguish dead from live tissue. By late spring, the demarcation lines will be screamingly obvious, if they exist.

Thanks to the freeze, plenty of firewood will be put away for next winter's fireplaces. And there will be many trips to the dumps with carloads of hopelessly dead twigs and branches. Compost grinders will be surfeited with frost-deadened branches.

After you've pruned off the dead growth, begin to train and prune the green growth to take the shape that you would once again like. It may take a long time.

After growth starts, scale the amount of fertilizer and water you give a recovering plant to its 1973 leaf load. If the plant has fewer leaves this year than it had last, it will naturally need less fertilizer and water.

You won't necessarily be able to replace your freeze-killed plants with plants of the same kind—nurseries experienced great losses during the freeze, too. And time will tell whether or not Western gardeners will want to replace frozen plants with the same tender species and varieties. Much of the show and flair in Western gardens has always come from our more tender broad-leafed evergreens; it would be a shame to divorce them now just to avoid risk.

There are minor benefits from big freezes. For one thing, deciduous trees perform stronger and better in the years that follow very cold winters. For another, populations of some plant-damaging insects, mites, and diseases may have been reduced or even locally eliminated.

Also, if important trees and shrubs were killed to the point where the value of your property was reduced measurably (in excess of $100), you can claim a casualty loss in your income tax for 1972. See a tax consultant for details.

As one more minor benefit, each of these every-10-or-20-year freezes ultimately supplies new data for the garden literature. The California Horticultural Society came into existence when a group of concerned gardeners assembled to compile the results of the big 1932 freeze (which in northern California was of about the same consequence as the December 1972 freeze).

Along that line, if you can fill out both sides of the cutout questionnaire sheet that appears on pages 85 and 86, we'd be very pleased to get some freeze information from you. (Obviously, facts on just one side or the other wouldn't be of much use.)

We hope to get this information from *Sunset* readers everywhere in the freeze area. We can't promise recompense or acknowledgment because we don't know what the response will be. But we can say that if you supply us with hard data, we will see that it gets into future printings of the *Sunset Western Garden Book* and into pertinent articles in *Sunset Magazine*. Thank you and good luck. □

Look for new growth, scratch for signs of live green tissue

DAVE BARNES

Sampling *of flower buds on rhododendron can tell how it fared. Freeze-killed bud above is brown. Bud below is okay*

DARROW M. WATT

Another sign *to look for when sizing up the future of a frosted plant: Pencil points to new growth from live tissue. Two inches above that point, cells are dead (see how shriveled the bark there looks)*

GARY SHELDON

Frankfurt *Hausfrau buys white asparagus popular in Europe. Spring's first crop is honored with special meal*

A favorite *entrée of the Germans for the season's first asparagus meal is tender spears with new potatoes and caraway, ham, and hollandaise sauce*

In honor of fresh asparagus

It's part of every course . . . in the soup, in the salad, with the ham

Start your own *asparagus festival dinner with a light soup mildly seasoned by slices of this vegetable*

Offer *a salad containing just a few asparagus spears and a piquant shrimp dressing*

GERALD R. FREDRICK

n **Germany** the season of fresh aspara-
us, or *Spargel*, is brief but honored. It
; often celebrated with a festive dinner
here the flavor of asparagus is laced tan-
alizingly through several preliminary
ishes, building to a main course with
sparagus playing a big part.

'ou might serve a meal in this tradition
t the beginning of our asparagus sea-
on. It could start with just a few slices
f asparagus subtly seasoning a creamy
oup, followed by a salad with several
sparagus spears complementing a sav-
ry shrimp dressing. The main course is
e classic German-style presentation: an
oundance of hot asparagus teamed with
old rolls of sliced pink ham, hot boiled
ew potatoes drenched with a caraway
butter, and all topped off with a tangy hollandaise. A suitable wine would be a fruity Johannisberg Riesling, Gewurztraminer, or Chenin Blanc.

Strawberries, served simply with individual cups of powdered sugar for dipping, make an appropriate dessert.

Asparagus Soup. In a saucepan cook ¼ cup minced onion in 2 tablespoons butter over medium heat until the onion is soft, stirring. Add 1 cup thinly sliced, tender asparagus stems (see directions for Asparagus Festival Platter at right) and ½ teaspoon paprika and continue to cook, stirring, until asparagus turns a bright green. Stir in 3 cups regular-strength chicken broth and 6 tablespoons whipping cream; heat to boiling.

Blend smoothly 2 tablespoons *each* cornstarch and water and stir into boiling soup; cook until slightly thickened and boiling is resumed. (Soup may be chilled and reheated to serve.) Serve hot, seasoned to taste with salt and pepper. Makes about 5 cups, enough for 6 first-course servings.

Asparagus and Shrimp Vinaigrette Salad. Mash 1 hard-cooked egg and combine with 3 minced green onions (including green tops), 1 tablespoon minced parsley, ¼ teaspoon salt, ⅛ teaspoon pepper, 4 tablespoons white wine vinegar, ½ cup olive oil, and ¼ pound tiny whole cooked and shelled shrimp. (This can be done ahead, covered, and chilled.)

Arrange several butter lettuce leaves on each of 6 individual salad plates. Top each plate with 3 or 4 spears of cold, cooked asparagus (or a total of about 1 lb.—see cooking directions for Asparagus Festival Platter). Spoon dressing onto each salad and serve. Makes 6 servings.

Asparagus Festival Platter. For 6 servings you will need 2 to 2½ pounds asparagus, 12 small new potatoes (or 2½ to 3 lbs.), and 1½ pounds thinly sliced boiled or baked cold, cooked ham.

Trim tough ends from asparagus, then slice off enough of the tender stems to make 1 cup for the asparagus soup.

Scrub the potatoes; if you like, pare a decorative band around each potato. In a covered pan, boil potatoes in water to cover for about 15 minutes or until tender when pierced. Drain.

While potatoes cook, roll ham slices into cylinders. Also place asparagus spears parallel in a wide frying pan and just barely cover with boiling salted water. Cook on high heat, uncovered, for 4 or 5 minutes after boil resumes, or until stems are just tender. Drain.

(To prepare asparagus for salad, cook according to preceding directions, then immerse hot spears at once in cold water to chill quickly. Keep covered and cold until ready to serve.)

Also melt 4 tablespoons butter, heating just until it begins to lightly brown. Stir in ¼ teaspoon caraway seed. Arrange hot potatoes, asparagus, and ham rolls on a large platter. Pour the caraway butter over the potatoes. Serve the potatoes, asparagus, and ham with hollandaise sauce (recipe follows).

Hollandaise Sauce. In a blender jar combine 2 egg yolks and 3 tablespoons lemon juice; cover and whirl at high speed until blended. Continue to blend, remove cover, and slowly add ¼ pound (½ cup) melted butter. Pour into a serving dish and serve lukewarm. (If made ahead, cover and set aside; then place dish in warm, not hot, water and stir occasionally to warm.) Makes about ¾ cup sauce, for 6 servings. □

Roof deck *overlooking Seattle's Elliott Bay reaches peak color in midsummer. All plants are in pots or crates. Pink and white cosmos in foreground. Also prominent: marigolds, geraniums, marguerites*

GLENN CHRISTIANSEN

One *12-inch pot holds mixed planting of 'Red Supreme' geranium, 'Royal Carpet' alyssum*

Vegetables, *herbs grown both for kitchen and for decorative quality of their foliage*

Bright colors *from marigolds, lobelia, and geraniums*

Color garden in the sky. It's all done with pots

Gardeners with little or no open ground for growing plants can take heart from the photograph at left. On a 1,000-square-foot deck laid right over a townhouse roof, three dozen different kinds of flowers bloom like one big mixed bouquet from mid-June until the first frosts in late October or early November. All of them grow in various movable containers—116, to be exact.

The pots contain almost anything you can plant between now and late spring for summer color. Some hold several plants of one kind. Others hold attractive combinations of different varieties.

Marigolds play a big part in the color show atop this house on Seattle's Queen Anne Hill. The kinds that do well are Climax Mixture, 'First Lady,' 'Gold Galore,' 'King Tut,' and 'Red Glow.' Other plants include African daisy, bachelor's button, black-eyed Susan vine (*Thunbergia alata*), Chinese forget-me-not (*Cynoglossum*), 'Maxime Kovalevski' and 'Red Supreme' geranium, lantana, *Lotus berthelotii*, white marguerite, nemesia, 'Little Darling' snapdragon, and viscaria (*Silene*).

Two wooden crates about 3 feet long, 1 foot wide, and 18 inches high serve admirably for displaying mixtures of flowers. One holds cosmos, dusty miller, lobelia, and salpiglossis. The other has dusty miller, felicia, Climax marigold, and 'Tiny Tim' sweet alyssum.

There's also a vegetable pot garden with basil, celery, chives, lettuce, mint, parsley, and tomatoes in old pickle crocks.

A precise schedule for watering, feeding, and grooming keeps everything growing, blooming, and looking topnotch. Landscape designer R. David Adams plants the pots between May 15 and May 30; you can adjust the timing to your area's season for planting annuals.

Soil mix is a sterilized combination of ⅓ sand, ⅓ loam, and ⅓ peat-vermiculite (60 per cent peat, 40 per cent vermiculite, plus lime and slow-release fertilizer).

The fertilizer in the planting mix gets the plants off to a good start. Beginning one month after the first blooms appear, owner Peter F. Donnelly feeds plants weekly with a water-soluable fertilizer in a hose-end applicator. If growth falters, he uses a formula with a high nitrogen content. Later, to encourage more buds and flowers, he uses a fertilizer with less nitrogen, more phosphorus.

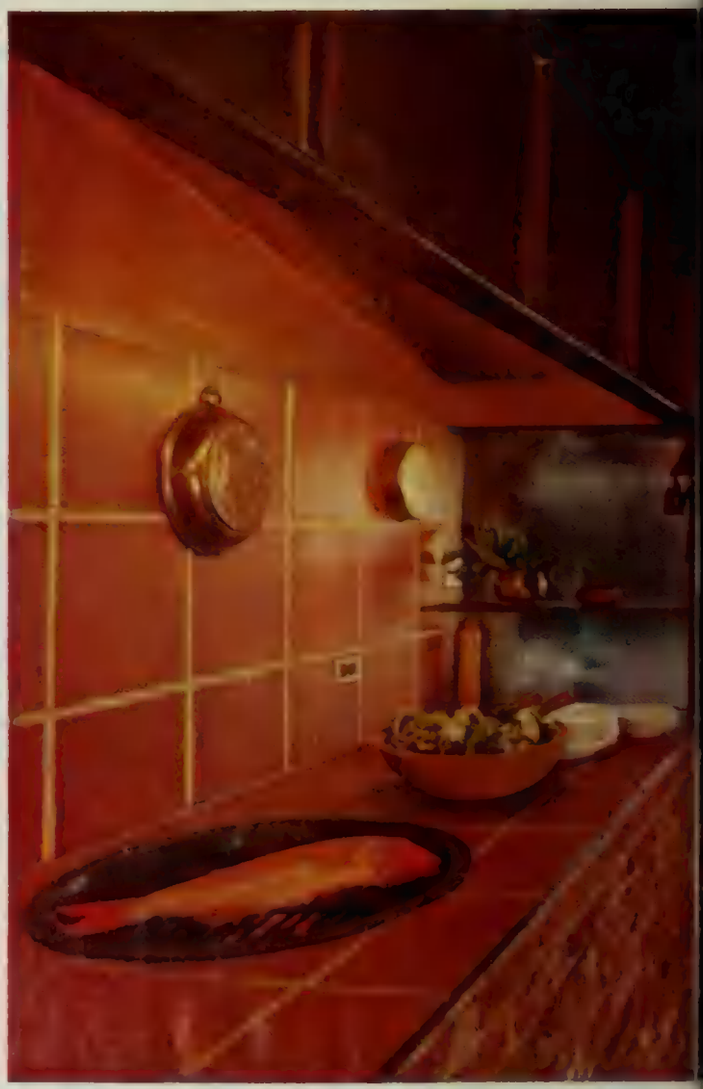
Mr. Donnelly soaks the pots about twice a week—every other day in hottest weather. (The water drains out of pots, goes through the decking over the roof, and runs off the old roof into gutters like rainwater.) He keeps dead flowers picked off, and trims and shapes plants to encourage new flowering stems. □

DARROW M. WAT

Sibyl Hart: *"We built the house to have the kitchen right in the middle o activities and certainly part of the living room*

NORMAN A. PLATE

Brit Flynn: *"I hate to cook. I have too many other interests and like to spend as little time as possible cooking and cleaning"*



PHILIP L. MOLTEN

Celia Burdick: *"Whenever I look up from cooking, there are the trees, all around me"*

Different cooks, different kitchens

Today you might say anything goes in the kitchen. It's where families gather to prepare and share a meal. It's the work room of the house. It's the room most remodeled, and what with equipment and finishing it's often the most expensive room in the house.

Here and on the next seven pages, eight cooks explain why they like their very dissimilar kitchens. You may like only one or two of them. But the others have ideas you can use in planning your own kitchen. Evaluating these kitchens may help you decide whether you want to work on stage or in private. Cooks part ways on their choice of an open or a closed plan. Do you want your tools on display, dishes within arm's reach, and food preparation open to family and guests? Or would you prefer to enclose dishes and pots, creating an everything-put-away look and a more formal entertaining atmosphere?

Materials range from the all-wood kitchens in the photographs at upper left and right to the sleek, easily cleaned surfaces of the yellow and white Arizona kitchen at lower left. Climate dictates other choices, like those shown in the Honolulu kitchen at lower right.

All cooks come together on one point. Whether pressed for time or not, they want appliances, working counters, and sinks placed to help the flow and efficiency of cooking preparation. Thirty years ago, appliances were plopped into the kitchen with little thought for the cook's work pattern; but no more. However comfortable and inviting the kitchen looks, it has become a piece of machinery of great sophistication.

Peggy Pavel: *"Hawaii is different from the mainland. Our entertaining is all done outside"*

On the next seven pages, eight cooks, eight kitchens

GLENN CHRISTIANSEN

"We collected Mexican art objects for years, then built our kitchen (and house) around them."
—Dee Morris

Dee Morris: *"The pigskin-covered table in the center of our kitchen is a warm, informal place to be. The aroma of food cooking makes everyone hungry"*

Carmel Mission *inspired this range area. Arch stores firewood, baskets of potatoes and onions*

Mexican *ceramic brazier brings cheer, takes the chill off cold and rainy nights*

A nonstop 10-year love affair with Mexico was the beginning of this kitchen. Mr. and Mrs. Hugh Morris collected old hardware, Mexican antiques, doors, tiles and accessories, then asked designer Cliff May to get it together. Beneath the façade of Mexican artifacts is an efficient kitchen. Double ovens, refrigerator, gas cooktop, and sinks are all there for cooking ease, but take a back seat to the Mexican motif.

The chandelier (photograph above) is from Oaxaca. Miniature clay dishes make a starry pattern on the plaster wall. The bird cage is Mexican and houses a singing canary. Dee Morris says, "Birds are a part of Mexico. I'd like to have peacocks roaming around someday if I didn't have to worry about the neighbors."

The brazier area at left is used for serving, often buffet-style. There is a formal dining area in the living room for large groups, but the kitchen is the focus for breakfasts, or for family suppers with maybe one or two guests. The range area is accented with hanging strands of garlic and dried flowers. The Mexican grill holds sauce pans while terra cotta pots store wooden Mexican spoons and tools, all used in cooking. The pottery on the table is from Pueblo; other bowls and serving pieces, from other places in Mexico.

"I collect old junk, also children, animals, and friends in the kitchen. Really I'm unflappable"

—Jocelyn Baum

The Baums brought a 1916 stove (with two ovens and six burners) from Idaho to California and, coincidentally, placed it in a 1916 house. They called in architect William Logan and asked him to design a country kitchen around it. Three rooms became one that includes cooking area, dining table, and children's play space.

Jocelyn Baum says, "People are always coming in and out, even with four boys and a puppy underfoot. We sit down and enjoy our friends no matter what condition the kitchen is in."

She is a mood cook, approaching meals with a flexible attitude, using whatever supplies are around. There's usually a soup pot going on the range. She says, "Ten minutes before dinner I decide what to cook. I've always had to cook in a hurry, usually just back from work." (Mrs. Baum is a pediatrician.)

The kitchen is the center of everything. The boys are vigorous and never seem to slow down. Sometimes they join in, bake a cake or help make marmalade.

Antique stove *is hub of the kitchen, with a snack and working counter on the left. Chopping block in foreground is hollowed from its years in a butcher shop*

Bicycle-wheel *pot rack is trimmed with sisal rope. Wheel spins with touch of finger, making it easy to reach pot you need*

DARROW M. WATT

Fireman's pole *offers fast access to kitchen from second floor playroom. Pole is black plumber's pipe. The four Baum boys sanded it smooth in 20 minutes, using emery paper sandwiched between their legs*

These three cooks like to entertain. And they welcome guests in their kitchens

PHILIP L. MOLTEN

"Friends like to sit *at our breakfast table and chat with us while we cook." Pass-through section at end of counter (far left) is used to pick up dishes from below. Buffet counter in kitchen overlooks dining area (above); ledge hides kitchen clutter*

"I like to talk to the guests when we cook; they can sit or stand nearby"

Recently, Ellen and Christopher Burdick moved from San Francisco to Inverness, California. With designer Alex Riley they designed a U-shaped kitchen three steps up from the living-dining area. The open shelves in the kitchen add space to the whole house and let the cooks participate in conversation. The Burdicks eat at the table next to the kitchen or in the dining table area; after dinner they move on to the fireplace area for coffee and talk. The buffet counter is used for preparing beverages or serving dinner.

Materials are all natural: redwood ceiling and trim, burlap wall covering, white oak counters, hardwood floors. Since the Burdicks are fairly tall, the counters are 37 inches high, a comfortable height to work on.

Shafts of light pour through the tall windows. There are trees all around, so there's no need for curtains.

For another view of the Burdick kitchen, and of the Hart and Pavel kitchens, see pages 92 and 93.

DARROW M. WATT

"Stretches *of counter space make it easy for several cooks to talk and work together. The open shelves force you to be neat to a certain extent. Less attractive things are stashed away in the cabinets under the counters. The pots and pans I use constantly are all out in the open"*

"We like to entertain our guests while we cook"

"Preparing *dinner is a lark. Everyone helps one way or another"*

Sybil and Tom Hart asked architect Bill Kirsch for a completely open kitchen and that's what they got. Guests feel at home here—and so do plants, animals, teenagers.

Sybil says, "I grew up in Switzerland where there's compulsory cooking instruction for girls. I learned the basics of French, Italian, and German cooking, and classic Swiss recipes. We went to the market at 6 in the morning to buy supplies, then we cleaned the fish and plucked the chickens." As a result, she looks at cook books only for menu ideas, then follows her own instinct.

For company meals, she says, "I'm a fairly organized cook and prepare most things a day before or early in the morning. Last-minute cooking is done when my guests are here."

Wood is the dominant material in this kitchen. The floor is concrete aggregate, easy to hose off or brush down.

"We entertain outdoors all year around"

In Honolulu, Peggy and Victor Pavel love to entertain and do so in a relaxed fashion. Peggy says, "Parties go on a lot longer in Hawaii. They may start early in the afternoon and go on through dinner. Children often come early and swim; later they help with food preparation."

The long tiled counter, created by architect Vladimir Ossipoff, has a four-burner electric range on the left with a hinged copper cover, which can be pulled down to serve as a place to keep foods warm. The built-in barbecue has a copper hood overhead.

Behind this serving area is a scullery with refrigerators, sink, and freezer. Peggy may do her chopping there, but more often takes her greens outside and chops while she watches the sun go down.

Both Garveys like to cook, want everything in view

"The kitchen was not designed, it evolved, inspired by old building materials shaped by our eclectic tastes. We use it hard"

DARROW M. WATT

Team cooking *is fun here. Al leans on cookbook pedestal on casters. Barbara cuts fresh-baked bread on one of the kitchen's two chopping boards. Note old coffee grinder, far right; exposed pipe to Al's left*

Idea for *slotted dish rack came from Austria; wet dishes drip into the sink and dry themselves. Hanging light is a hand-thrown ceramic pot. Wood door hinged at bottom tips out for access to trash container that sits on an inside ledge attached to the door*

Everything in the Garvey kitchen has a new lease on life, depending on how Al Garvey, a graphic artist and furniture builder, found use for it.

The redwood came from a wine fermenting tank 16 feet tall, but each piece, 3 inches thick, has been remilled into three pieces of varying thickness and rough finish. Wall studs are old 2 by 4's. Shelves arrived from the porch steps of an old house. On the counter are ceramic tile seconds with used oak-floor edging strips. Decorative tiles above the sink were salvaged from an old tile factory. Pots, pans, and tools hang from a railroad tie, each hook a different vintage and each with a history.

Plumbing fascinates Al. During this kitchen remodel he found a pipe going from floor to ceiling in the tool rack area. He thought of removing it, but then decided he liked it and let it stand. He made the movable recipe stand from Victorian banister turnings, using halves of copper toilet bowl floats for candle holders.

The plaster work is heavily textured. Al tacked chicken wire on plywood, coated it with casting plaster mixed with a silicone hardener, and smoothed it on by hand.

The Garveys have their own specialties. Barbara prefers Mediterranean cooking. Al enjoys Chinese cuisine and experiments with unusual omelettes. The kitchen is wide enough for both to cook at once and even has two chopping boards

Brit Flynn, pressed for time, wants everything out of sight

"I'm not a very organized person, but it looks like I am. The kitchen is designed that way—a place for everything"

This Arizona kitchen suits the life style of a young and active family with children 5 and 7 years old. Brit Flynn has good reasons for saying, "We wanted the kitchen to be in the center of things, open to all rooms, neat and tidy most of the time."

Her architect husband James Flynn has offices at home, and his clients are apt to walk through any time. He planned the cabinets to store everything, including camping equipment and art supplies for the children. Brit says it is easier to find things when they are all in their place, nothing piled on top of anything else.

Brit herself teaches children's art and shares management of a fine art and folk art boutique in Scottsdale. She also has a loom and does weaving.

While she is preparing food she can keep an eye on the children in the living room and see beyond that to a pool outside. The plastic cabinet fronts and counters are scrubbable. There is a nonscratch ceramic chopping block to the sink's left. (Brit says it also helps keep food hot for short periods.)

If she cooks an extravagant dinner for guests and has a lot of clutter, she hides the disarray behind louvered shutters. But the kitchen is usually open, immaculate, ready to use. Generous counter space helps her prepare meals as quickly as possible, then clean up everything and return the kitchen to its original sleekness.

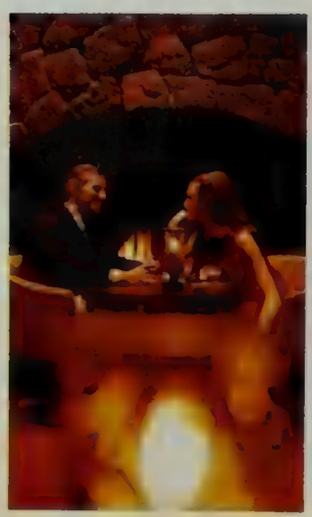
NORMAN A. PLATE

Pantry shelf *stores small appliances. Brit uses all in place, except mixer, which might spatter*

Uncluttered kitchen *has abundant cabinets on three sides of room. Square in ceiling is skylight*

A wilder West

Where else do volcanic hills leap out of the land? Where else could you expect to find "glass" mountains, rivers rising full grown from the earth, wild horses and antelope? Where else can you vacation in a *real* West—an 1871 West, largely unchanged, save for such comforts as air conditioned guest rooms, heated pools, free and easy highways? This year, come relax in a state of excitement.



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OREGON

NORMAN A. PLATE

Long oak counter *(with knife inset) dominates kitchen, gives abundant surface for preparing fresh vegetables and other foods*

The naturalist cook

"We grow most of our own fruits and vegetables"

The Safires are in constant quest of unique kitchen tools to add to this eventual display. They use most of them

Carol and Bernie Safire have partially remodeled this kitchen in an old farmhouse they found on a long strip of land in Malibu, California. Bernie retained some of the old cabinets, but added the oak countertop and the resawn cedar cabinets below it. It's a kitchen well suited to people who like to grow their own food.

In their mild climate, the Safires can grow most fruits and vegetables all year around, and they do. Their vegetables include corn, bell peppers, new potatoes, spinach, chard, cabbage and lettuce. In their orchard they have lemons, peaches, nectarines, loquats, figs, and almonds. There are herbs, blueberries, and raspberries. And they keep a goat for milk, and chickens for eggs. Carol says cooking and gardening are time consuming, but worth it: "Ultimately we would like to make as few trips to the store as possible."

The kitchen is close to the garden, so one can pick, chop, and steam a vegetable within minutes. Carol does shop for whole wheat flour for homemade bread. The loaves are left on the counter under a glass top. She says, "Whenever you want a piece of bread, go cut it, then put the glass top back on."

Carol compares cooking to gardening: "When you use all the correct ingredients, the result is perfection." She adds, "We don't have a garbage disposal. We make our own compost. Every piece of food garbage is returned to the garden." □

A wilder West

Where else do volcanic hills leap out of the land? Where else could you expect to find "glass" mountains, rivers rising full grown from the earth, wild horses and antelope? Where else can you vacation in a *real* West—an 1871 West, largely unchanged, save for such comforts as air conditioned guest rooms, heated pools, free and easy highways? This year, come relax in a state of excitement.

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Going to the well

Here's a simple solution to the frustrating and often messy problem of how to fill large vases, pitchers, or buckets with water, when they do not fit comfortably between the faucet and sink bottom. Architect Thomas Tomasi of Santa Rosa, California, mounted a long-necked, swiveling bar faucet at the outside edge of his bar sink. Because the sink itself is near the edge of the counter, the faucet swivels out over the edge of the counter for filling large containers.

Storing a good rug

A carpet, particularly one of value, should be stored with caution. Strain on fibers, drying out, soiling, and insect damage are the most worrisome dangers.

To prevent damage to fibers from crushing or bending, roll the carpet on a pole or cardboard tube. An unsupported car pet may flatten out under its own weight crushing the fibers. Never fold a carpe —this could tear the backing as well a crush the fibers.

To prevent drying out and soiling, wra carpet tightly in paper or plastic. The store the protected roll in a garage, base ment, or other place that's not so dam mildew will form, but not so dry fiber will dry out. Drying out is a particula hazard with wool carpets.

Protecting against insect damage is th most difficult problem. The larvae o moths and other insects can raise havo in a short time. Moth balls or crystal will work on some carpets, but not al Some carpet fibers react adversely t these chemicals, causing stains or de terioration.

It's wise to consult a carpet expert be fore storing a prized carpet. He may ad vise you to first have it cleaned an treated by a professional. Even if th carpet is synthetic, the backing is prob ably jute or some other natural fiber tha insects like. For professional help, chec your yellow pages under Carpet, Rug & Upholstery Cleaners.

Letting the cat out safely

How do you make an exit for a pet and not jeopardize the security of a house? Architect Richard R. Griffiths of Palo Alto, California, solved the problem with a block of wood that keeps one of his sliding garage doors open—just a crack for the cat to pop through.

The device is operated from inside the garage. A scrap of 2 by 4 is mounted horizontally on the bottom wooden frame of the outermost of two sliding doors. It's set back from the edge of the inner door just as many inches as is needed for the cat passage. Hinges permit two positions: Up, the doors work normally. Down, either door can be left ajar for the cat, but neither door will open farther.

The basic idea can be adapted to other sliding doors—to hold them slightly open without loss of security.

DON NORWALK

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Cobbles *are really precast 12 by 12-inch tiles, come packaged with installation instructions. Landscape architect: Jack Becknell & Associates, Costa Mesa, California*

GLENN CHRISTIANSEN

Seven *hexagonal tiles form each steppingstone. Ground cover is baby's tears. Landscape architect was Richard A. Wilson, San Diego*

RICHARD FISH

Patches *of concrete contain large smooth rocks, are set between railroad ties. Smaller rocks were swept into cracks between ties. Landscape architect: Julio Juan Veyna for Mr. and Mrs. Carl F. Joos, Carpinteria, Calif.*

Cobbles, tiles, pebbles, ties

In these three gardens what you walk on is meant to be looked at. Paving textures and patterns are a major design element in each garden.

The brawny railroad ties used as a patio extension and walkway in the garden shown at right are relieved by patches of smooth rock imbedded in concrete.

The entry walk seen at the top of the page is made of high density, precast cobble-pattern concrete tiles set on a concrete base with wide, verdant headers of dichondra between the pads.

The path shown directly above combines a lush, delicate ground cover of baby's tears with tile steppingstones. □

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RICHARD FISH

New trellis-covered *entry starts at driveway edge and corner of garage (see "before" picture at right). Double doors behind wood screen lead to inner court. New entry has planter-bench at one end, stucco wall on one side, and wood blocks underfoot*

ROGER KENNETH LEIB

They've made guest arrival more interesting

The original entry to this Los Angeles hillside house offered a paved walk from the garage to the front door, but little else. That's all changed now. The narrow and angular space between the house and a steep bank has been developed as a secluded outdoor living area and entry, screened from garage and parking, and protected from prevailing winds.

You enter a trellis-covered outdoor foyer, go through double doors, up a few steps, and you're in a charming and tranquil garden where the route to the front door takes you over large wood platforms that appear to float on two reflecting pools.

Remodeling proceeded without excavation except where footings were needed for the stucco wall and pools. The two pools were poured separately; they have

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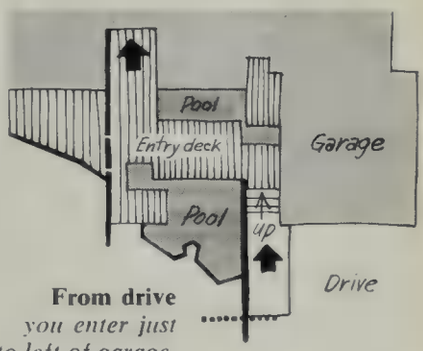
RICHARD FISH

Front door *is in recess at upper left. You walk on decking between pools. Area shown is only 24 by 24 feet*



From drive *you enter just to left of garage, cross deck to front door (upper arrow)*

4-inch-thick walls and bottoms reinforced with metal rods, and they're joined by an equalizing pipe to maintain the same water level. Loose river rock lines the sides. A small bubble fountain adds surface motion.

Decking of 2 by 4's is nailed either to 2-by-4 plates bolted to the tops of the pool sides, or—where the span between pool walls is too great—to 4 by 4's on concrete piers under the "floating" deck.

All decking is edged by mitered 2 by 4's.

The design for the remodeling project was a team effort by architect Roger Kenneth Leib and landscape architect Kenneth Wormhoudt. □

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DON NORMARK

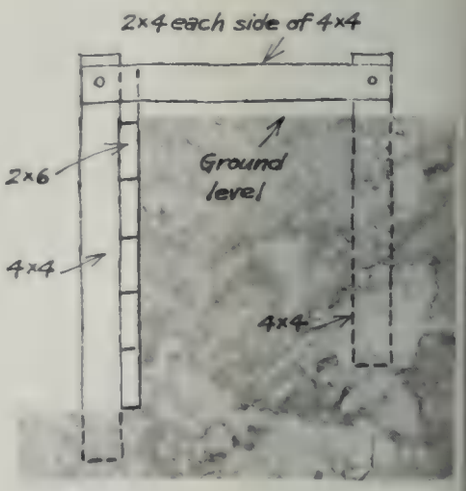
Framework *of 2 by 4's helps support wall and provides squares for plants to grow in*

Anchoring a retaining wall in Anchorage, Alaska

When the supports of a retaining wall are going to show, why not make them good looking? That's just what the owners of this wall did.

Like outriggers, two parallel cedar 2 by 4's connect each wall post with an anchoring post sunk in the hillside. They're arranged in a checkerboard fashion, leaving small squares for plants to grow on the bank. The wall face is of cedar 2 by 6's with tarpaper backing against the dirt. The wall posts and most of the anchoring posts are 4 by 4's. (In some places tree stumps are used as anchoring posts.) Galvanized nails serve as the fastenings.

Architect was Ed Crittenden for Dr. and Mrs. Theodore Shohl of Anchorage.



Side-view *sketch shows front of wall connected with 2 by 4's to anchoring posts sunk in hillside*

Similar *retaining wall holds bank on opposite side of driveway*

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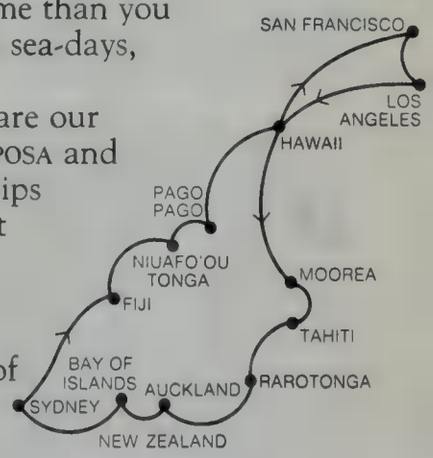

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NORMAN A. PLATE

Bins on casters *hold toys, roll out to provide easy access. Lowering the clothes rack gave extra shelf space in right half of closet*

As she grows, things will change

To increase play space in his daughter's bedroom, Wally MacDonald of Palo Alto, California, shortened and lowered the clothes rod in her closet and added removable storage containers and shelves.

The left half of the closet holds a storage unit with bookshelves, drawers, and two plywood storage bins. The right half has three shelves at the top and the clothes rod, which is now 4 feet high and extends from storage unit to closet wall. The top shelf spans the closet.

As the girl grows, the shelves above the clothes rack can be removed and the rod raised. When a place to play and store things become less important than space to hang clothes, the left-side storage unit can be taken out altogether and used elsewhere.

A chalk board and bulletin board are mounted on the closet's two sliding doors. The bulletin board is on the frontmost door so tacks and pins don't get in the way. The top section of each door is hardboard for taping up posters and art work.

A desk in the room was also built with flexibility. Two sets of boxes and two bases can be arranged to give four usable desk-top heights, ranging from 18¾ to 30¾ inches. Either set of boxes (one 17 inches high, the other 24) can rest directly on the floor, or they can be placed on the 4-inch-high bases.

Below you see the desk height when one set of boxes is used with bases (invisible in picture). The 1½-inch-thick desk top is made from a hollow core door and is covered with an easily washed plastic laminate.

When not holding up the desk top, the boxes can be used elsewhere. Dadoed grooves on the inside walls of each box hold ¼-inch plywood or hardboard shelves. You could eliminate dado cutting by using ¾-inch plywod, pregrooved at 4-inch intervals, for the sides. □

Interchangeable boxes *vary desk height, provide storage space*

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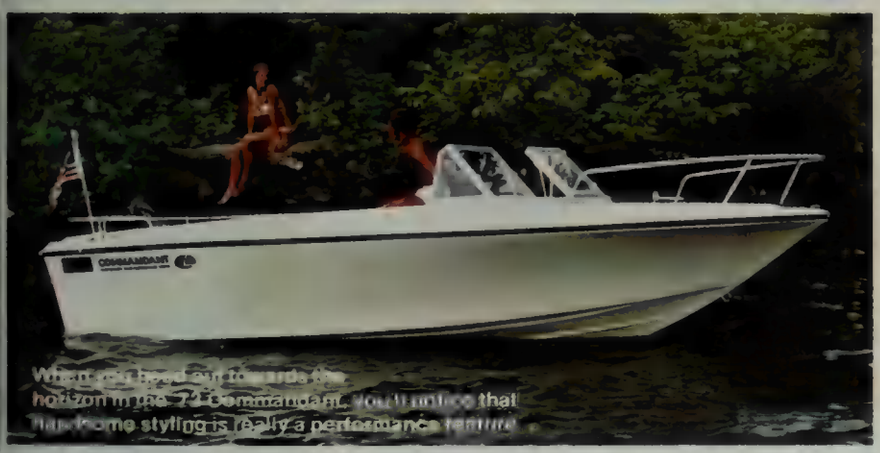

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emporary—so that we could take advantage
f all the new things there are to live with
ɔday. Materials, conveniences, comforts.

"Yet we wanted a design that would put
ɔ use—rather than intrude on or destroy—
ıe many beautiful old things we have here.
ome of the plantings that surround the
ouse are 60 years old, just now beginning
ɔ show their true beauty.

"Our architect used a lot of glass to give
ach member of our family his or her own
ıoments with a favorite view.

"There's a large sliding glass door on
ıe side wall of our breakfast area so Ray
an enjoy a beautiful, old redbud tree where
e's hung a bird feeder. Meg's room has a
oor-to-ceiling picture window that looks
ut onto a peaceful garden. And my favorite
ew is the one off our bedroom—a secluded
eck that's nestled among the tops of some
vergreens.

"Of course, we haven't used glass only
ɔr views. The clerestory windows we have
ıroughout the house were put there to
alance the light from the large glass areas.
nd, you know, remarkable things happen.
very hour of the day, as the light changes,
ıe mood in each room changes. Even on
ıll, dreary days, the whole house is alive
ith light.

"Our old house was much larger, but
ıis one seems to have so much more space.
nd it's certainly more exciting to live here."

rchitect: John Bloodgood, AIA

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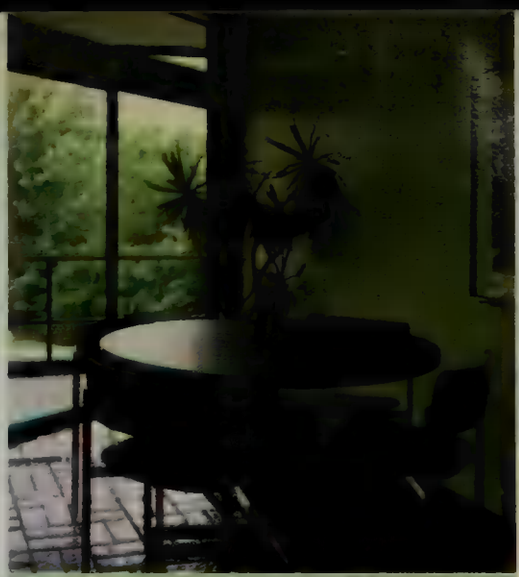

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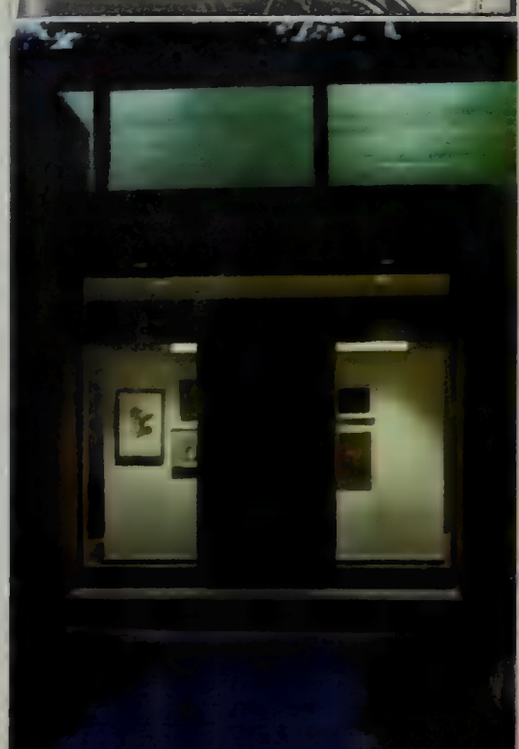

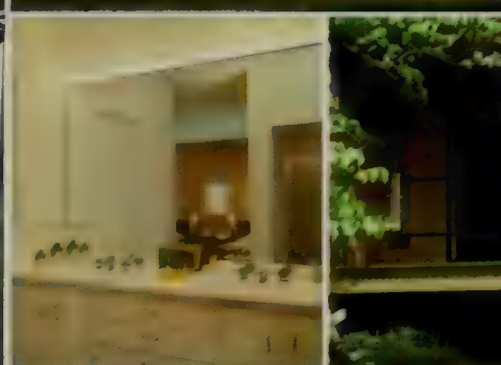

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A. SALBOSA

Stairway *has rich, leafy edging of laua'e fern (Microsorium scolopendria)*

Plant parade up the steps

One way to enhance the looks of an outdoor stairway is to end each step with a container plant. Here, step treads extend beyond the handrail, providing ideal out-of-the-way spots for plants. Each container is simply a wooden box built to fit the space and stained the same color as the steps.

An unusual feature is the pipe fitted into each container bottom to prevent most of the excess water from splashing onto the deck (see photograph below). The same idea can be adapted for containers on balconies or stairway landings, and for indoor planters when you don't want to use a saucer or drip pan.

The architect was Philip Fisk for Dr. and Mrs. Sidney C. Hsiao of Honolulu. □

Pipes *pierce deck below, rise through stair treads, fit inside wooden planter boxes*

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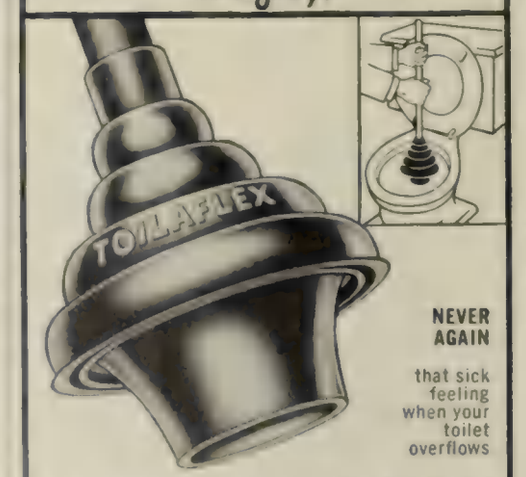

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DON NORMARK

Hat-coat rack *just inside front door has mirror for last-minute look*

Space-saving clothes racks

These are practical, space-saving racks for outdoor garb.

In the one above, oiled teak 1 by 3's spaced ½ inch apart are screwed to two 1 by 6-inch stringers. The 4-foot-square unit includes four teak hooks, mirror, and 7-inch-wide shelf, all fastened to wall studs.

The rack below is a 2 by 3-foot frame of welded, ¼-inch wire set out 2 inches from the back of a movable storage unit.

Architect Marvin Witt, Jr., designed both for Dr. and Mrs. Hans F. Fink of Portland. □

Below *the wire rack is a bench; under its hinged top is a shoe box*

Chevrolet announces a brand-new guide to help buyers choose the right recreational vehicle.

acts for everyone: om beginner to ld pro.

The 1973 Recreational Vehicle Buyer's Guide by Chevrolet is 4 pages full of facts, gures and full-color lustrations. For the eginner, there's a omplete introduction trailering vehicles, ickup campers and otor homes. For the xpert, specifications uch as load limits, ngine/transmission ams, axle ratios, ooling systems, tire zes and tread patrns.

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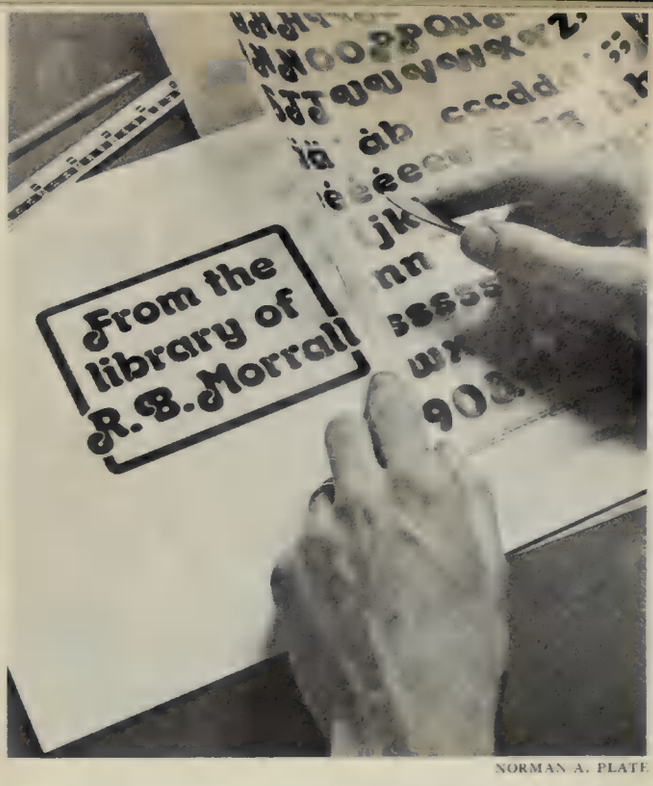

NORMAN A. PLATE

Letters *rubbed onto art board will be sent to printer to be reduced and reproduced for bookplate*

Problem solving with transfer lettering

A good way to achieve a neat profe sional appearance with lettering or de sign projects is to use dry transfer typ letters, numbers, or symbols.

You can buy the type in art suppl stores. It comes attached to plasti sheets. With one kind, the black filr that forms a letter can be transferred d rectly to almost any surface by simpl rubbing until the letter separates fro the back of the plastic sheet. With ar other kind, the characters are printe with their own adhesive. You cut the or you want, then press it into place.

There are hundreds of type styles ar sizes to choose from, as well as an abur dance of decorative borders, arrow symbols, and illustrations.

With the rub-on method, the first ste is to remove the protective tissue bac ing. Position the plastic sheet so th character you want to print is in pla on the work surface (glass, metal, pape wood, plastic). Rub over the charact or design with your finger. Some shee have broken horizontal lines benea each row of letters to help alignme and spacing.

Use a ball-point pen or soft lead pen to rub lightly and evenly over the lette When you see the letter separate fro the back of the plastic sheet, carefu lift off the sheet.

When finished with each word, cover with the tissue backing and rub ha with your finger. This helps set the typ

To make a correction, remove type fro paper or art board with a pencil eras or razor blade. On hard surfaces, lay piece of adhesive tape over the letter. should come up when the adhesive ta is lifted.

Heavier-gauge characters and emble are sold for outdoor use. A bold desi for example, could prevent people fro walking into a floor-to-ceiling windo You can also buy a coating to prot letters used outdoors.

With the second kind of transfer lett ing, you cut around each character a attach it by its sticky back to the wo surface. Since the clear film surround the character is visible, the technique best suited to designs that will be rep duced by printing or photograp Christmas cards, invitation, letterhea and home movie titles are examp

Sheets of characters and designs for b processes cost between $1.50 and $3.

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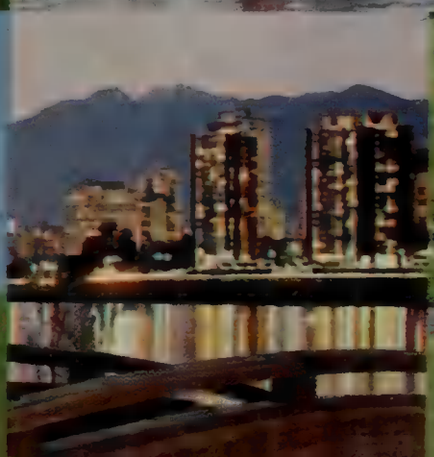

Putting clear plastic on wood

Clear plastic finishes when used on either interior or exterior wood surfaces can ward off heat and moisture stains, prevent scratches, and help check warping and grain raising.

Two basic types are available in paint stores: One is a penetrating oil and sealer with a plastic base, and the other is a plastic surface sealer. The penetrating kind leaves a minimal surface film with a hand-rubbed, low-luster finish similar in appearance to that achieved with Danish or linseed oil. The plastic surface sealer gives a clear, above-the-surface finish like varnish, lacquer, or shellac.

Preparing the wood

New wood must be free of all dirt, stains, grease, oils, and machine marks. Sand the surface until it is smooth with 600-type production sandpaper. The final sanding should be with the wood grain. Then remove the dust with a vacuum cleaner or air hose and wipe the surface with a tack cloth (cheesecloth) or other lint-free cotton rag just before application of the finish.

Old wood should be free of wax, polish, oils, and dirt. Use wax remover or trisodium phosphate (TSP) for cleaning. Then remove all loose and peeling sections of the old finish and sand all gloss areas. The whole surface should b smoothed with 600-type sandpaper. Du and wipe with a tack cloth before appl ing the finish.

If the surface remains blotchy, remo the old finish entirely. Surfaces pr viously finished with shellac, lacque sanding sealer, or products containi silicone or stearates must be sanded bare wood to guarantee good adhesion

Applying an oil and sealer finish

The oil and sealer can be used as a prin er-sealer, exterior finish, or for a Dani oil finish on interior wood surfaces. one-coat application serves as a prime sealer, giving greater durability and co ering capacity to the material used f the second coat. Use two coats weather-protect bare, exterior wood.

To get a finish similar to Danish oil bare wood, sand the surface smooth a then wipe it clean and free of dust. A ply two liberal coats, allowing 20 mi utes between coats for adequate pen tration. Ten minutes after the seco coat is applied, wipe away the exce with a clean, soft cloth.

For a hand-rubbed finish, follow t above procedure and then let the seco coat dry for 4 hours. Then sand the su face with 400-type carbide paper, or 0 steel wool, using the oil and sealer as lubricant. Wipe the surface clean a apply one more coat. Ten minutes lat wipe away the excess until the surfa is dry. This finish may be buffed.

You can apply the oil and sealer o prefinished wood surfaces for add protection and for maintenance. Foll the application procedure used for t Danish oil finish.

Applying a plastic surface sealer

These are available in both high-gl and low-luster finishes. They may be a plied directly from the can, but a lo luster type should be stirred thorougl during the application. If there are bu bles in the mixture, let them settle bef application.

Using a clean brush, allow the plas sealer to flow onto the wood surf generously without building up. Av brushing. Dust specks and bristles m be removed within 2 or 3 minutes. Sa lightly between coats with fine sa paper or steel wool. Allow 6 to 18 ho drying time between coats.

Stain can be applied for color after surface has been prepared before y apply either type of finish. To get color you want, run a test on a scrap wood and cover it with the plastic fin you are using. A slight color variat may result with the application of plastic. Be sure to let the stain dry bef applying the finish.

After vacuuming with regular rug attachment.

After vacuuming with Sears Powermate attachment.

If you want a really powerful vacuum, here's why you should come to Sears.

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DON NORMARK

Box lifts off, *to be set aside when hose is needed. Not featherweight, but not too heavy for most people*

Closeup shows *how box blends into building. When seen from street, it appears much less prominent*

Behind the box is the hose

hose next to the driveway is conve-
nt for car washing, hosing off the
'ement, and plant watering. But coiled
not, if it is prominent it doesn't do
ch to beautify your entry. Here's one
ıtion: a lift-off box to hide it.

designed for the purpose by land-
pe architect Lawrence D. Underhill
Portland, it's a frameless, open-
ked, bottomless box made from the
ıe plywood siding as was used on the
ıse, then stained to match. The roof is
ɔed to shed rain, and when the box is
ɔlace its vertical grooves line up with
se in the house siding so both blend
ether. A 1 by 4 nailed from side to
across the back hooks over a flange
the back of the hose reel to give firm
port. The box was made as light as
sible so anyone in the family can lift
f and on. □

Camp out in Western Canada this spring.

Western Canada is Sgt. Preston country. But, that's not all it is. We have our delightfully unexpected side, too.

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But, a short hike takes you to the banks of a wild stream. Spend the day with the comforting knowledge you won't have to sleep with mosquitoes because it's only a short hike back.

Then, you can slip out of the wild life into the Banff Springs' nightlife as easily as swapping a trout vest for a jacket. Wives enjoy dressing up for the easy elegance of a great restaurant serving superb French cooking.

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DARROW M. WAT

Platforms *display objects, add interest as you climb stairs*

The stairwell is a gallery

U-shaped stairwells get people from or floor to another efficiently, but can loc dull. Architect Tom Higley took adva tage of the stair space in his San Fra cisco townhouse, and turned it into light-filled gallery for art objects ar indoor plants.

To install display platforms as he did an existing stairwell, you can make yo steps narrower to a minimum width 30 inches and still conform to mo building codes. Each platform consis of a simple wood frame covered wi plywood on the top, plaster board the sides; it rests on the stairs. Spa underneath can be used for storage.

Track lighting *highlights art and house plants in stairwell gallery*

I'm Brucie Miller. And since we got Dixie Dispensers there's been a lot less trouble around here!

I have less trouble with my brother because with a **Dixie Bathroom Dispenser** we don't share the same bathroom glass. We each get a fresh, clean cup every time.

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nall depressions in the sand were the iginal "boards" for both these two-an games, which come from opposite les of the earth.

ıe rectangular board at right is for the me called *Kalaha*. There's evidence at it was played in the Kalahari desert South Africa as long as 7,000 years o. The configuration of pits has been und carved in stone along caravan ıils in many regions of Africa, Asia, d southern Europe.

ıe game below, *Konane*, was being ıyed in Hawaii when the first Western plorers arrived.

ɔu can make both game boards from y kind of wood, cutting out the de-essions with a core bit in a power uter, or with a gouge.

ılaha, from Africa

ıe board. Make a row of six 2-inch-di-ıeter pits on each side of a 20 by 7½-:h board and two elongated pits be-een these rows at the ends of the ard. The pits are ½ inch deep. Use small wooden beads from a hobby op as "seeds" to "sow" in the holes.

ıe game. Each player starts with three ads in each of the six holes in front him. The goal of each player is to put many beads as possible in the elon-ted Kalaha hole at his right.

ıe first player picks up all the beads any one hole on his side and "sows" em: He puts one in each hole around board to the right until he runs out beads—including one in his Kalaha d one in each of his opponent's holes, t not in his opponent's Kalaha.

the last bead sown lands in his own ılaha, the player gets another turn.

the last bead lands in an empty hole

Kalaha player *is about to capture the seven beads in the hole across from him. He'll put them, along with the captor bead (in his hand) into elongated hole on his right. Game board is made from teak slab*

ROW M. WATT

ght-colored pebble *used in Konane is jumping a dark one to nove it from play. Pieces move by jumping opponent's pieces until e player can no longer jump; he loses. Game board is mahogany*

Games from Africa (beads in 14 pits) and Hawaii (pebbles in 64 pukas)

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on his own side, the player captures al the beads opposite that hole and puts them in his Kalaha along with the capturing bead.

The game is over when all six holes on one side are empty; all the beads left in the holes on the other side go into the Kalaha of the first man out.

The winner is the player with the most beads in his Kalaha.

Konane, from Hawaii

The board (called the "papamu"). It' traditionally made from native Hawaiian koa wood carved with 64 "pukas" o holes. The one on page 133 is 11½ inches square with ¾-inch-wide pit drilled on 1¼-inch centers. The dar playing pieces (traditionally bits of blac volcanic rock) are *ele*; the light piece (coral) are *kea*. Again you could us beads or pebbles—32 for each team.

The game. You set up the board by filling the holes alternately with dark an light pieces until all holes are filled. Th object of the game is to maneuver you opponent to where he cannot jump an of your pieces on his next turn.

To begin, one player selects a piece o each color from the board and, with hi hands behind his back, conceals a piec in each hand. He then presents bot hands with the pieces concealed and hi opponent touches one hand to select th color of his team. The dark team alway plays first. The two pieces used in selecting sides are returned to the board.

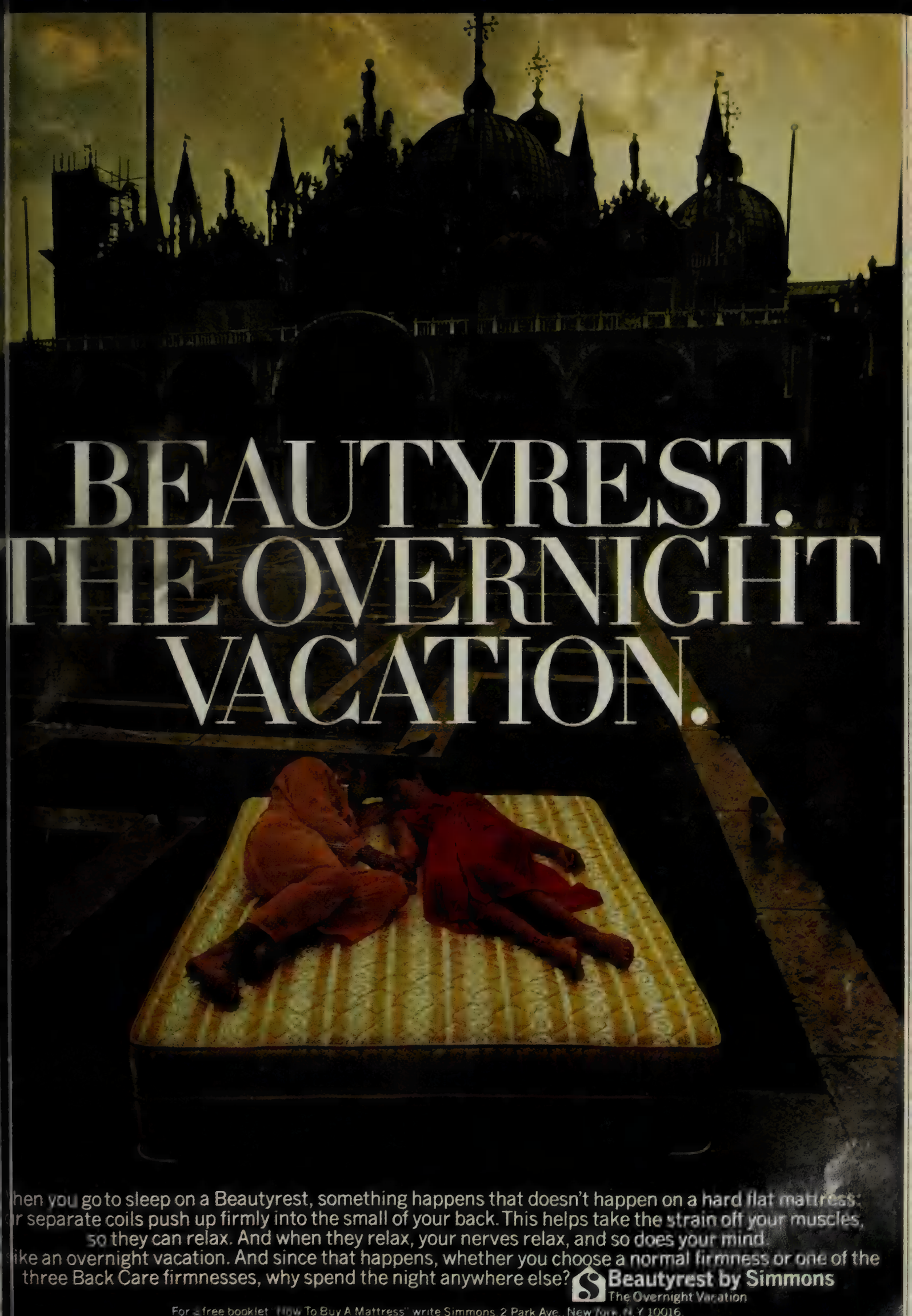
The first player has two alternatives: H can remove one of his two dark piece at the center of the board or one fron a corner of the board. His opponent the removes one of the light pieces adjacen to the empty space. These two pieces ar out of the game, and play begins.

With two empty spaces on the board the dark player jumps one of his oppo nent's pieces and removes it. All move after this point are made by jumping on or more of the opponent's team.

Jumping must always be in a horizont or vertical direction, not diagonally, an not in more than one direction in a sin gle turn. A player may jump as many o his opponent's pieces in a single play a he desires, provided he lands in an empt space. And as in checkers, the jump must be made in leapfrog fashion ove pieces staggered at one-space intervals.

A player may elect not to take all th jumps available to him in a single play He must make at least one jump, but ca decline to move farther if he feels it to his advantage.

As the game progresses, there are fewe and fewer pieces on the board, thus fewe chances to jump an opponent. When player can no longer jump an opposin piece, the game is ended, and that playe is the loser.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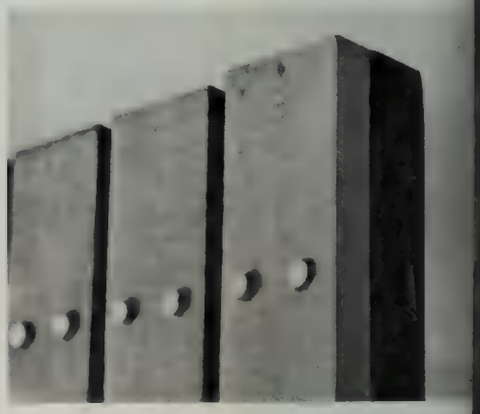


One-of-a-kind *door fits entry to custom-designed house in Del Mar*

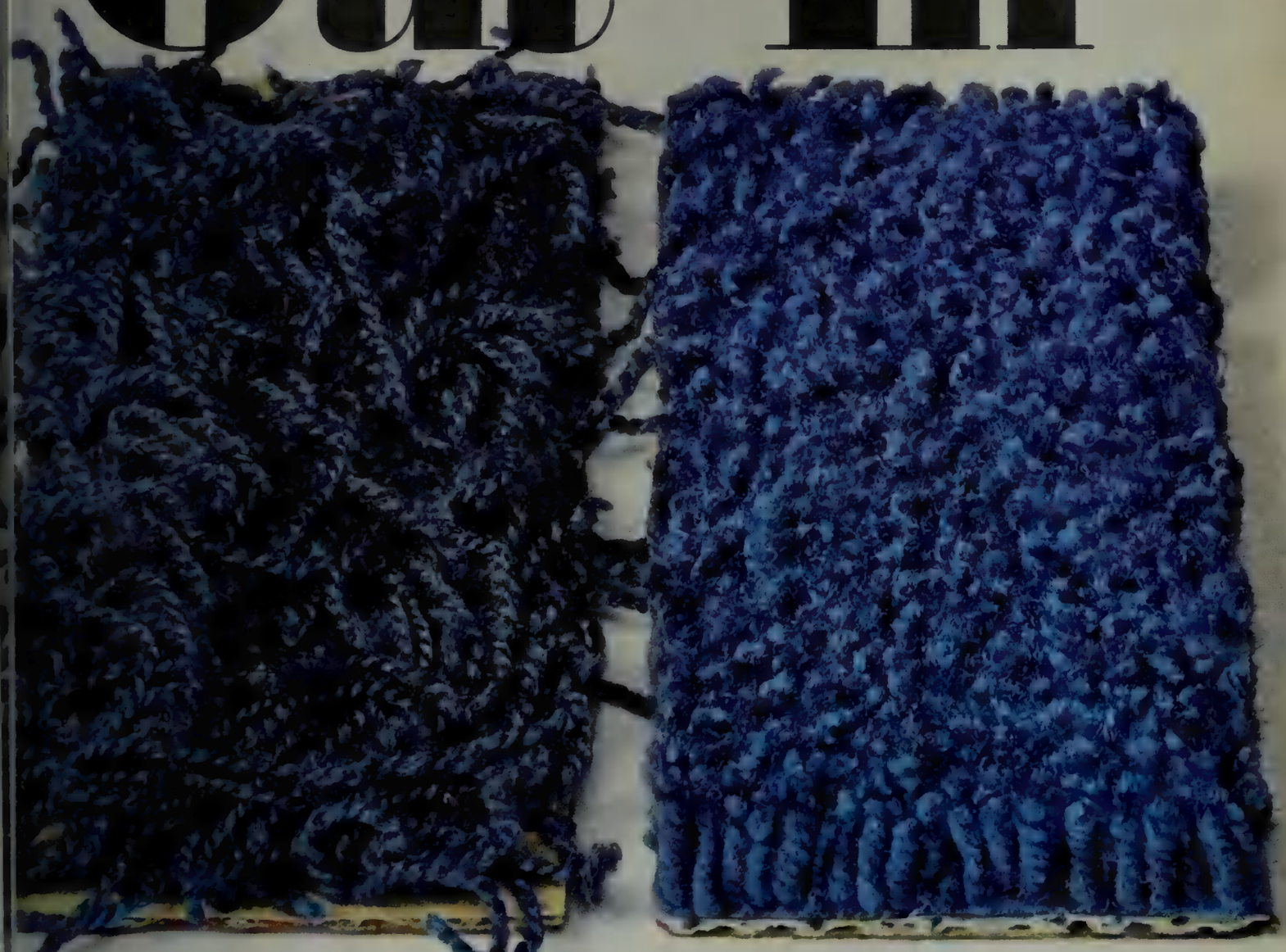
Giving a door a new face

For their new house in Del Mar, California, the Richard Rypinskis looked around for a special front door that would suit the stained wood of the exterior and the entry, one that was natural in feeling and not ostentatious. They found several that they liked, but they didn't like the typical cost: about $150.

So back they went to the designer and builder of their house, Herb Turner. His answer was to take a standard solid-core exterior door (3 feet by 6 feet 8 inches) and attach vertical strips of rough-sawn 1 by 4-inch cedar, with half-inch spaces between. A nail at the top, bottom and middle of each board holds it against the door. Laying down a glue strip beneath each board would give added protection against warping.

For relief, six rows of holes were drilled and then plugged with dowels that protrude about ⅛ inch from the surface. Total cost: $30.

Out In



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DARROW M. WATT

Plant shelf, *narrow skylight, wall graphics make small bath seem larger*

Setback ledge *in glass-doored shower adds 6 inches of shoulder room*

It's not as big as it looks

Extra large baths and showers are l urious, but they can be expensive. Her an idea used by San Francisco archit Thomas Higley to make his tub a shower appear bigger. By installing b a few inches away from the wall, gained space for a setback ledge t makes standard fixtures seem spacious In the bath, the ledge serves as a narr shelf for plants and bath accessories. the shower, it becomes a bench. In bo the setback adds shoulder room and p vides a safety handhold.

Walls are finished with waterpr molded plastic, and the ledge is slan slightly so water will run off.

A store isn't always the best place to choose a stereo.

It's the only place to buy one. But for choosing a stereo, you need a less emotional atmosphere. A place where you can stop and think. Like a Panasonic ad. That lets you see what's available. And figure out what you really want.

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Or you can have an 8-track tape recorder instead of a phonograph. Built into an FM, AM and FM stereo radio. With Panasonic's Model RS-818S.

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DARROW M. WATT

She unties *smallest chick to find egg inside*

For young children who love to take things apart and put them back together again, this felt nesting toy is a delight. The child begins by unzipping the back of a rooster, then goes on to open three progressively smaller chicks, each fastened differently. There's an egg inside the smallest chick.

The body size of each chick is based on the size body it nests within. First draw the rooster on tracing paper, making the oval body section any size you wish. About ½ inch inside the rooster's oval, draw a second oval—the body of the next chick. Make each remaining body the same way, except the one with snaps explained below.

Use brightly colored pieces of felt for all parts, including wings, eyes, and a crack for the egg. Stitch wings to the front sides; glue on eyes and the egg's crack.

Rooster: Select a zipper to fit and stitch to the back.

Button chick: Cut a flap in back, then add a rectangular insert of felt to the bottom of top half and stitch on. Sew on buttons; make buttonholes on flap.

Snap chick: When making pattern, allow for flap on back by drawing a line through middle and adding ½ inch to the top and bottom halves. Sew on snaps.

Shoestring chick: Cut three or four slits in felt for shoestring.

Egg: Stitch around egg leaving a small opening. Stuff egg with something soft and finish stitching.

Stitch the front and back of the birds together along stitching lines shown in the photograph below. □

An egg inside of a chicken inside of three other chickens

One rooster, *three chicks, and an egg make up nesting toy. Different closings on back sides teach toddlers new skills*

Handy answers to hard questions asked by children in the Health-tex years.

Why do we have belly buttons?

A belly button marks the spot in the center of your tummy where you were attached to your mother before you were born.

You were linked to her—deep down in a special place inside her—by an umbilical cord. This worked like a kind of straw. For nine months food from your mother's body passed along the cord and into you so you could get big enough and strong enough to live by yourself in the world. Once you were here you didn't need the cord any more so the doctor tied it up and tucked it in. And there you have it still: a belly button, known in grown-up circles as a navel.

Health-tex is ready to put you in clothes as soon as you're big enough to creep around. Single knits, doubleknit, wovens. They're all machine washable and lots are permanent press because when you're growing up, you gather a lot of dust, and not just in your belly button. For boys, size 6 months to size 8, and girls, size 6 months to size 6x.

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Barn house

Outside planks are exposed on the inside

Wooden *deck extends living room outdoors to patio area*

The architect of this house in Sausalito, California, left the exterior walls exposed on the inside. This reduced construction time and cost and gave the owners natural wood walls in every room.

The wall and roof of 2 by 6's plus the exterior covering of roofing paper and shingles provide enough fire resistance and insulation in this climate. Other situations or colder climates may require the use of 3 by 6's or the placement of rigid insulating sheathing panels between the wall-roof and the shingles.

Tongue and groove cedar 2 by 6's span 4 by 8 supports for wall, roof, and floor, assembled in a typical barn shape. The upstairs floor is the ceiling for the downstairs. End walls are 1⅛-inch plywood nailed to exposed 4 by 4 posts.

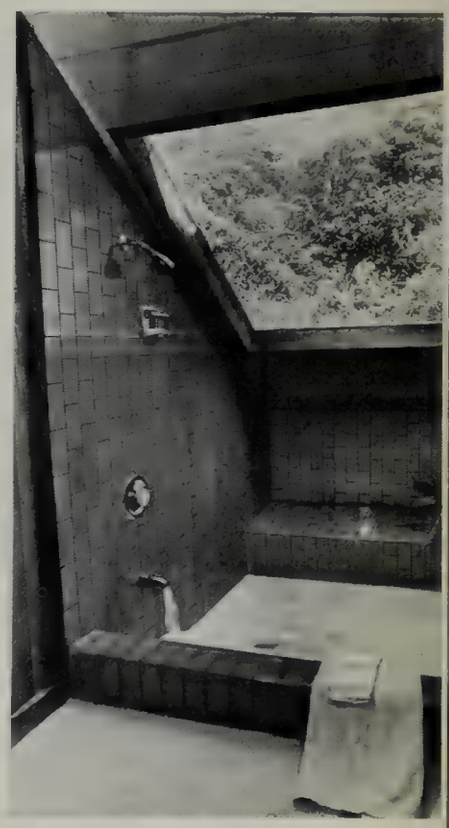
Some roof timbers extend past the wall supports, creating shedlike bays. The bays have perpendicular walls permitting the use of conventional doors. Extension of the roof above the front door provides protection from the rain.

The house is the work of architect Ed Heine and contractor Dick York. Owners are Mr. and Mrs. Mike Morrison. □

Rough 2 by 12's *hold living room lights, right, and tie exterior wall and roof supports, above. Roof beams run past sloped wall supports to extend room for shedlike shape*

GERALD R. FREDRICK

"Barn House" *touches hillside at rear, extends over garage on this side. Decks surround house on three sides. Stairs at right lead to entry door*



Skylight *over sunken bath is convex to allow standup head room*

Bookcases *run between 4 by 8 wall supports. Ceiling joists support the second floor*

Today your youngest picked a flower for you on his way home from school.
Your husband finally fixed the kitchen faucet.
And, somehow, you wish the plain dinner you've planned were a little less plain.

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3-inch pot slides into
c elbow planter secured to wall

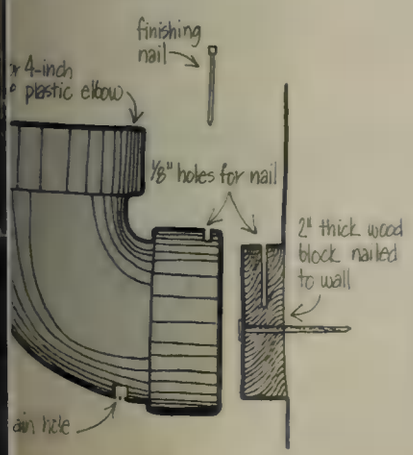
r hanging plants on the wall

ke other containers for hanging s, plastic 90° plumbing elbows can sily secured to any wall without any ior wires or hooks. The black, ed-plastic fixtures are available in a ty of shapes and sizes at hardware s; standard 3 and 4-inch flowerpots ugly into like-sized plastic units.

down any seams and spray on sev- coats of paint. Determine which end e mounted to the wall, then drill a ch drainage hole in the bottom. r watering plants, dab the hole with nge.)

a 2-inch-thick block of wood to fit y inside the elbow. Insert wood so lush with the end of the elbow and with a ⅛-inch bit through the top and into wood. Make sure the hole ep enough for a 5-penny finishing Nail wood block to wall, fit elbow t, and drop in the nail.

bing elbows cost $2 to $4, depend- n size. □



Plastic elbow *is fastened to wood block by finishing nail*

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DON NORM

Front entrance courtyard *is also lush garden sitting area. House encloses three sides; a roofed screen, the fourth*

Their outdoor living room is private on all sides

This enclosed front garden is both an outdoor living area and an entrance court for Mr. and Mrs. Truman Hines of Medina, Washington. It's completely secluded from the street, bounded by the walls of the house on three sides, and by a roofed walk with a wooden screen on the fourth side.

The roofed walk, continuing around the perimeter of the courtyard, provides covered passageway from the parking area to the front door and to other wings of the house.

Neatly framed blocks of exposed-aggregate concrete form paths that lead off this main walkway to the large sit platform with chairs, shown in the photograph above. Loose gravel was use fill unplanted areas around blocks easier upkeep—no weeds, no mud.

Evergreen plants almost completely close the courtyard, giving it a lush mosphere throughout the year. Mou beds make plants seem taller than are, giving an illusion of maturity still-young garden.

Azaleas in three sizes and shapes cascades of white flowers in sp 'Gumpo' forms a low flowery mat flows over soil and rocks. 'Everest' has a broad, spreading habit and growth, but grows taller—2 to 5 'Ledifolia alba' is a graceful, branched azalea that grows from 3 feet tall. 'Pink Pearl' rhododendrons touches of pink to this display.

Arching lady fern, *azaleas (above) thrive in courtyard shade. Azaleas, rhododendrons, Pinus contorta (right) grow between courtyard stepping paths and roofed entry*

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. Fish Ketchikan (the salmon capital of the world) and *really* catch fish.

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40. Be on hand when the ice breaks up.
41. Try flaming sourdough waffles at the historic House of Wickersham museum.
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43. Fly-fish the elusive legendary shee fish on the Bering and Arctic coasts.
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51-101. We didn't have room to list them all. But honest. They're great.

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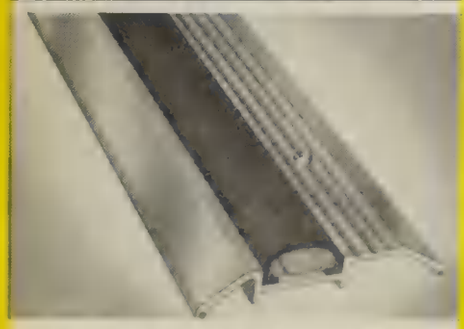

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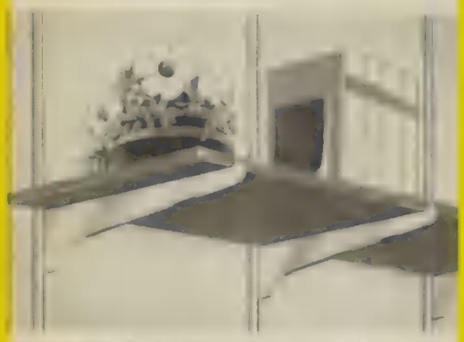

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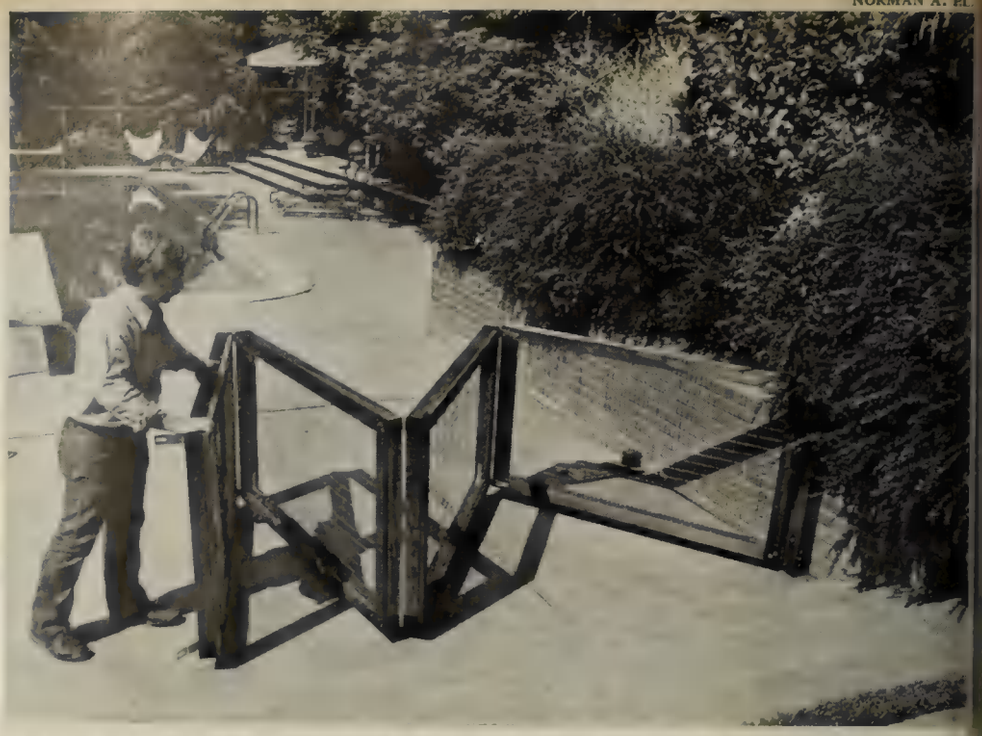

Rolling gate *controls access to pool area. It folds back against brick wall; casters rest on wood ramp built to compensate for pavement slope*

An accordion-folded gate for swimming pool safety

Rolled into place, this accordion gate keeps toddlers away from the pool when there's no adequate supervision. Rolled back, it presents neither a visual nor a physical barrier between house patio and pool, which can be a problem with permanent fencing or removable panels that must be lifted out and replaced every time you use the pool.

Each of the panels in the gate is 5½ feet long and 39 inches high. The frames are redwood 1 by 3's, butt jointed, and held together by corner braces inside each corner.

Virtually unclimbable 1 by 2-inch wire mesh is stapled across the side of the frame toward the house and is faced with redwood 1 by 3's. This gives a more tailored look to the panels when seen from the house, and it gives young climbers no toe hold at the bottom.

Strap hinges, bolted top and bottom to the frames, hold them together. Washers and nuts are recessed so the frames can fold flat against each other, and so they don't catch your hand. The gate is hinged at the stacking side to a 4 by 4 post. At the opposite end, hasps secure it to another post.

A heavy-duty caster bolted to the bottom of the frame near the hinge (one caster per frame) supports the panels and makes them easy to stack or roll [illegible] place. To keep the gate straight wher[illegible] in place, a cane bolt was added midw[illegible] and there's a hole drilled in the conc[illegible] paving to receive it. To make it n[illegible] rigid, eyebolts join the tops of adja[illegible] frames (see photograph below). The [illegible]ing gate was designed by Carl F. Kir[illegible] of Oakland.

Sliding eyebolt *set in one upright locks frames together, makes gate more rigid*

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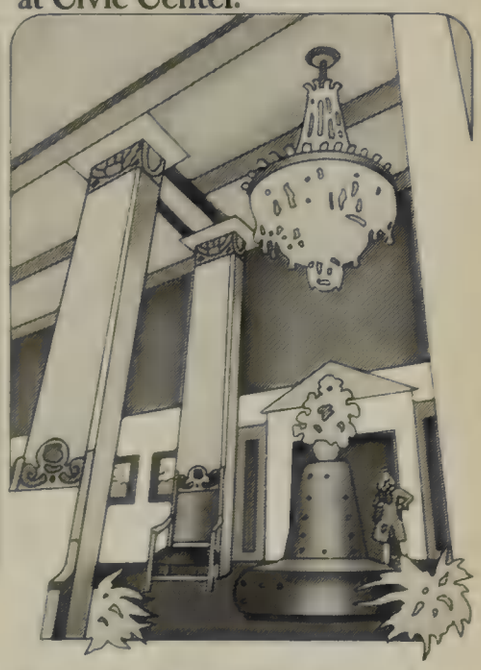

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besides cruising over Niagara Fal
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tional adaptations is to use the stav
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and adults and children will have a
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ilar skis when they were young.

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an old barrel at a junk shop or g
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off. Many of the staves may be too
row, but there should be enough
right width—just a little wider tha

Just waddle *up a hill, then wobble on down. Leave plenty of room to stop*

DON NORMARK

Here's what Myra Waldo wanted to know about her new General Electric microwave cooking center.

Myra Waldo has written more cookbooks than any other person. Some of her most popular cookbooks include: *The Complete Round the World Cookbook*, *Myra Waldo's Chinese Cookbook* and *The Complete Book of Wine Cookery*. Miss Waldo's questions about microwave cooking are part of a continuing series answered by General Electric.

Q. How does microwave cooking differ from conventional cooking?

A. In conventional cooking, the air or liquid surrounding the food is heated and heats the surface of the food. This heat is conducted into the interior of the food and cooks it. In microwave cooking, the microwave energy is absorbed only by the food and does not heat the surrounding air. This energy causes the food molecules to vibrate against each other, resulting in friction and creating heat which is conducted through the food and cooks it faster. General Electric markets two complete microwave cooking centers (Model J896 and Model J856), plus a countertop portable microwave oven (Model JET80). Cooking speed varies with the type of food being prepared, but here are some comparison times:

FOOD	CONVENTIONAL COOKING TIME	MICROWAVE COOKING TIME
Chili	35 Min	15 Min
Thaw Frozen Fruit	10 Min	2 Min
Lasagna	45 Min	17 Min
Stuffed Peppers (6)	60 Min	22 Min
Brownies	25 Min	9 Min
Salmon Loaf	60 Min	14 Min
Scalloped Potatoes	90 Min	21 Min

Q. Can I put something from the freezer directly into a microwave oven?

A. Yes. Frozen vegetables (even those in cooking pouches), frozen package entrees and home-frozen dishes can all be prepared quickly and easily with microwave energy. You can soften ice cream or butter to serving consistency in only a few seconds. Meats, depending on size and thickness, generally take only minutes to thaw.

Q. Can I make pastries in my microwave oven?

A. Yes. You can expect excellent results with General Electric's complete microwave cooking centers because they have heating elements to provide the conventional heat for browning, while the microwaves provide the speed in cooking. Our portable microwave oven is very effective for pastries which do not require a brown crust for appearance, such as brownies.

Q. When foods are cooked in liquids, does the liquid boil out more rapidly than in conventional ovens?

A. No. There's usually more liquid left because of the shorter cooking time. In a conventional oven, heat and longer cooking time result in more evaporation of liquids and natural juices.

Q. Will a potato skin turn crisp in the baking process?

A. Yes. By using the combination of microwave energy and conventional heat in the General Electric complete microwave cooking centers, potato skins can become very crisp. However, in our portable microwave oven, the natural moisture in a potato keeps the skin moist, and because of the speed of microwave cooking, the skin does not dry out enough to become crisp.

Q. Can I bake a soufflé in my microwave oven?

A. Yes. You can create superb soufflés with a General Electric complete microwave cooking center because it supplies conventional heat for browning at the same time the microwaves are baking the soufflé. Because soufflés require delicate treatment, they're not recommended for our portable oven.

Q. Does a microwave oven require any special electrical installation?

A. No. The total connected load of a General Electric complete microwave cooking center is about the same as required by comparable electric range models. Our portable microwave oven requires only a standard 120 volt, 15 ampere grounded outlet.

Q. Is my microwave oven self-cleaning?

A. Yes. General Electric's complete microwave cooking centers feature our P-7® Total-Clean™ oven, because they also have a conventional oven and conventional heat bakes on food spills and splatter. The surfaces inside our portable microwave oven remain cool enough so food soils don't bake on. You can clean them easily with a damp cloth.

Q. Can I get my microwave oven serviced easily, should I ever need it?

A. Yes. General Electric's Customer Care Service Everywhere goes with every microwave oven we sell. It's our pledge that wherever you are, or go, there's a qualified GE serviceman nearby.

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If you'd like to know more about microwave cooking, write: General Electric, Dept. M.O., Ap4-206A, Appliance Park, Louisville, Kentucky 40225.

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**Eight-piece set pictured.*

DON NORMARK

Old belts *hold feet in place on barrel staves. Rubber loop cut from inner tube slips under toe and behind heel for added support*

Skis *must be waxed heavily. Bottoms were first sanded, then finished with an oil or varnish*

er's shoe—to make four or five pairs skis. Used barrels can also be found at operages (listed in the telephone direc- y under "Barrels and drums"). A gallon barrel usually costs less than 5. Occasionally a cooper will sell new ves for about 75 cents each.

u can find a wide variety of straps and kles at surplus, sports, and auto sup- stores. Position the straps so the er's foot will be in the middle of the ve, then nail straps to stave edges with eral 1-inch flathead nails.

xt, cut 1-inch-wide loops from an old tire inner tube (as if you were mak- cross sections). The skier will use se to hold his feet firmly in the straps. ey need not be attached to the staves: simply slips a rubber loop under his s, then stretches it back over the strap l over the heel of his shoe.

d the bottoms of the skis, then finish h oil or varnish or simply leave them inished. Wax heavily with ski wax ore each use. □

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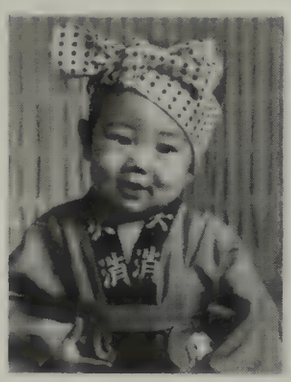

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Sunset's Kitchen Cabinet

With the arrival of spring, fresh asparagus once again makes a dramatic appearance in Western markets. It's a good time to feature the tender spears, lightly cooked and marinated, for a first course or salad.

Other menu choices we suggest f month include pork tenderloin th quickly sautéed with apple slices, a a hot crab sandwich on golden sli of French toast.

For those who like hearty, wh

A hint of sweetness, dill weed accents the dressing for this asparagus salad

Spring Asparagus Vinaigrette

First marinate cooked asparagus, then serve it with a creamy dressing.

- 2 pounds asparagus
- Boiling, salted water
- ⅓ cup sugar
- ½ cup salad oil
- ⅔ cup white wine vinegar
- ⅛ teaspoon *each* salt and pepper
- ½ medium-sized onion, finely chopped
- ½ medium-sized green pepper, seeded and finely chopped
- Crisp romaine spears
- ⅓ cup *each* sour cream and mayonnaise
- ⅛ teaspoon dill weed

Break off white fibrous ends of asparagus and discard; wash asparagus well. Immerse spears in about 1 inch of boiling water in a wide pan. Co uncovered, until just tender wh pierced, 4 to 5 minutes. Drain, plu into cold water; drain again. Place a shallow dish. Combine sugar, vinegar, salt, pepper, onion, green pepper; pour over asparag Cover; chill 4 hours or overnight.

To serve, arrange romaine on in vidual salad plates. Lift aspara from marinade, drain briefly, and range on top. Combine sour cre mayonnaise, dill, and 3 tablespo of the marinade. Pass in a bowl spoon over. Serves 6.—*H. M., W sonville, Calif.*

Pork tenderloin is cut in thin, slanting slices to sauté with apple and onion

Pork and Apple Sauté

Since this dish cooks quickly, have all the ingredients cut and assembled before you begin.

- 1 pork tenderloin (about 1 lb.)
- ½ teaspoon *each* salt and oregano leaves
- ⅛ teaspoon pepper
- 3 tablespoons all-purpose flour
- 4 tablespoons butter or margarine
- 2 medium-sized onions, chopped
- 1 large Golden Delicious apple, cored and thinly sliced
- 2 tablespoons Dijon-style prepared mustard
- 1 cup milk
- 2 tablespoons sweet pickle relish
- Chopped parsley

Cut the meat in thin (about ⅛-inch) slanting slices across the grain. Combine the salt, oregano, pepper, flour. Dredge meat in flour; shake excess. Set flour aside.

In a large frying pan heat the bu over medium high heat; add meat cook, turning often, until browne all sides; lift out and set aside. onions and cook, stirring, golden. Add flour and apple. C stirring, for 1 minute more. Sti mustard and milk; bring to a return meat to pan and cook 3 minutes longer. Stir in relish. T into a serving dish and sprinkle parsley. Makes 4 servings.—*E. Huntington Beach, Calif.*

Slice loaf thinly and serve to spread with butter, comb honey, cream cheese

Raisin Graham Loaf

This wholesome quick bread has an intriguing, chewy texture. Serve it with a luncheon salad, at teatime, or for an after-school snack.

- 2¼ cups buttermilk
- 1¼ teaspoons soda
- ½ cup honey
- 3 cups graham flour
- 1 teaspoon salt
- ½ teaspoon pumpkin pie spice (or ⅛ teaspoon *each* ground cinnamon, ginger, allspice, and cloves)
- ½ cup raisins
- ½ cup chopped almonds or pecans (optional)

Pour the buttermilk into a large bowl; stir in the soda. (The buttermilk will foam and thicken.) Add the ho graham flour, salt, pumpkin pie s raisins, and nuts, if used. Mix well blended.

Turn mixture into a well greased flour-dusted loaf pan (about 5 inches). Bake in a 325° oven about 1 hour and 45 minutes, or a wooden pick inserted in the c comes out clean. Cool in pan 10 utes, then turn out onto a rack to completely. Makes 1 loaf.—*G. Santa Monica, Calif.*

You can store this moist loaf (wra in foil) at room temperature f days; freeze for longer storage.

in breads, we offer an easy way to ke raisin graham loaf.

: invite you to share your own rec- creations. Mail them to *Sunset gazine,* Menlo Park, Calif. 94025. pay $10 for each recipe published.

Pork tenderloin with apples . . . chicken with olives and raisins

t Crab Sandwiches

iden French toast encloses a nchy crab salad mixture for these rty knife and fork sandwiches.

- ¼ cup chopped sweet pickle
- ¼ cup thinly sliced green onion
- ¼ cup thinly sliced celery
- 1 pound crab meat
- ½ cup mayonnaise
- ¼ to ½ teaspoon liquid hot pepper seasoning
- Salt and pepper to taste
- 12 slices firm white bread
- 4 eggs
- ⅓ cup milk
- About 3 tablespoons butter or margarine

nbine pickle, green onion, celery, meat, mayonnaise, hot pepper seasoning, salt, and pepper.

Trim the crusts from the bread slices, if you wish. In a shallow bowl, beat together the eggs and milk. Heat 2 tablespoons of the butter in a large frying pan over medium heat; dip each bread slice into the egg mixture and then fry in the butter until browned on both sides, adding more butter as needed. Evenly spread the crab mixture over 6 toast slices; top with remaining toast. Place sandwiches on a greased baking sheet and bake in a 350° oven until heated through, about 10 minutes. Makes 6 sandwiches.—*F. R., Springfield, Ore.*

Serve hot crab salad sandwich with a fresh pineapple spear for lunch, brunch

nish Chicken

s chicken cooks tender in a spicy e studded with olives and raisins.

- 2 tablespoons olive oil or salad oil
- 6 whole chicken legs and thighs
- ½ cup chopped onion
- 2 cloves garlic, minced or mashed
- 2 tablespoons all-purpose flour
- 1 can (1 lb.) Italian-style pear-shaped tomatoes
- ½ teaspoon grated orange peel
- 1 teaspoon *each* ground cinnamon and sugar
- Salt and pepper
- ½ cup *each* golden raisins and pitted ripe olives

t oil in a large frying pan over ium heat; add the chicken pieces brown well on all sides. Transfer chicken to a shallow 3-quart casserole. Add onion and garlic to the pan and sauté until onion is limp. Stir in flour and cook until bubbly; add tomatoes (breaking them up with a fork), orange peel, cinnamon, sugar, and salt and pepper to taste. Cook, stirring until thickened.

Pour sauce over chicken, cover, and bake in a 350° oven for 40 minutes, or until thigh meat, when slashed, is no longer pink near the bone. Uncover, skim fat if necessary, and sprinkle in olives and raisins; bake 10 minutes longer. Makes 6 servings.—*H. N., San Francisco.*

Hot steamed rice, topped with toasted almonds, goes well with chicken, sauce

ger Pear Pie

oft, billowy meringue tops this nd-accented fruit pie.

- Pastry for single-crust 9-inch pie
- 1 can (1 lb. 13 oz.) pear halves, well drained
- 3 eggs, separated
- ⅓ cup milk
- ½ cup firmly packed brown sugar
- ½ teaspoon ground ginger
- ¼ teaspoon almond extract
- 1 tablespoon lemon juice
- 6 tablespoons sugar

are your favorite pastry or use a crust mix. Roll out on a lightly ed board to fit into a 9-inch pie flute edge. Arrange pear halves, ide-down, in pastry shell.

egg yolks slightly, then beat in milk, brown sugar, ginger, almond extract, and lemon juice; pour over pears. Bake in a 400° oven for 25 minutes, or until custard mixture is set. Remove pie from oven and cool slightly; reset the oven temperature to 350°.

With an electric mixer at highest speed, beat egg whites until frothy; add sugar gradually, about 1 tablespoon every 30 seconds. Continue beating until soft peaks form. Swirl over pie, touching meringue to crust to completely enclose filling. Bake in a 350° oven for 20 minutes or until golden. Serves 6.—*L. F., Portland.* □

Arrange canned pear halves in unbaked pie shell; top with custard, meringue

Fillet of sole

Here are four delicious ways to go. In all cases you can work ahead of time

Delicately flavored fresh sole rivals salmon in popularity here in the West. Many fine restaurants from Seattle to San Diego feature it, often presenting the whole fish and then boning it with a flourish. Home cooks often prepare sole for company, too, but they tend to choose fillets because they are so versatile, lean, and easy to serve.

Handily, most of these small flat fish are sold as skinless and boneless fillets. But because what is called sole may be any of about six varieties, ranging from less than a pound to about 7 pounds per fish, the fillets vary widely in size. Recipes usually specify the size to use. There are also flavor differences, with petrale, rex, and sand dabs generally considered the most delicate and choice.

Sole cooks quickly, and overcooking makes it tough and dry. So how does a hostess-cook manage to have it cooked just right without a lot of last-minute effort in the kitchen? These recipes, tailored for guest meals, point up some ways. Each explains how you can do most of the cooking ahead, then either keep the dish warm or reheat it quickly.

Company Sole Sauté

1½ to [illegible] pounds sole fillets (small fillets or large ones separated along lengthwise seam)
Salt, pepper, paprika and flour
About 2 tablespoons *each* butter and salad oil or olive oil
Parsley or watercress for garnish
Creamy shrimp sauce (recipe follows)

Sprinkle sole lightly on both sides with salt, pepper, and paprika. Dredge in flour to coat all over, shake off excess, and set fish aside in a single layer.

In a large frying pan, heat about 1 tablespoon *each* of the butter and oil over medium heat until frothy. Set in as many of the prepared fillets as will fit without crowding. Cook until lightly browned, about 2 to 4 minutes on each side; tur carefully with a wide spatula and ad more butter and oil as needed to keep thin coat on pan. As each piece is fi ished, remove it and place in a sing layer on a baking sheet. Cool; if it will b an hour or more before dinner, cov fish lightly and refrigerate.

Before serving, place pan of sole, u covered, into a 350° oven and heat f about 5 minutes (about 7 or 8 minutes cold). Serve on a warm platter, garnish with parsley or watercress. Pass t shrimp sauce. Makes about 6 servings.

Creamy Shrimp Sauce. In a pan combi 1 can (about 10½ oz.) condensed crea of shrimp soup, ½ cup sour cream, cup chicken broth, 2 tablespoons d white wine (or additional broth), 1 tabl spoon lemon juice, and about 5 dro liquid hot pepper seasoning. Heat, st ring, until smoothly blended and hot. desired, stir in ½ to 1 cup tiny cook

Sauté sole [illegible] *light brown outside, opaque white inside, cool to serve later*

Browned-in-advance *sole and hot, gingery papaya slices are served on curried rice that baked in this casserole; lime garnishes*

DARROW M. WATT

Small fillets *of sole, rolled and poached to serve with spring vegetables—new potatoes, asparagus, and carrots*

Roll *and loosely tie fillets, then poach in scalding milk; later, the flavorful milk makes sauce to serve with fish and vegetables*

p or canned shrimp, drained; heat y.

with Curried Rice and Papaya

- to 2 pounds sole fillets (large fillets separated along lengthwise seam, or small fillets)
- tablespoons butter or margarine
- teaspoon *each* sugar and ground ginger
- large or 2 small papaya, peeled, seeded, and cut into thick slices
- tablespoons lime juice
- to 3 teaspoons curry powder
- cups long grain rice
- bunch green onions
- cans (14 oz. *each*) regular-strength chicken broth
- Water
- Lime wedges (about 2 limes)

the sole fillets as directed for Com-Sole Sauté, using salt, pepper, pa-flour, butter, and oil, but omitting h and sauce in that recipe.

l tablespoon of the butter in a fry-ing pan. Stir in sugar and ginger, then set in papaya slices and drizzle with lime juice. Heat just until hot through and glazed, turning as needed. Set aside with the sautéed fish or in another pan.

About 40 to 60 minutes before serving time, put remaining 1 tablespoon butter in a bake-and-serve dish (about 9 by 13 inches) and melt in oven preheated to 350°; remove and stir in curry powder, rice, and sliced white part of green onions (save green tops).

Combine chicken broth with water to make 4 cups, heat to boiling, then pour over rice in baking dish. Cover tightly with foil and bake until rice is tender and liquid almost absorbed, about 25 minutes. About 5 minutes before rice is done, set pans with sole and papaya, uncovered, into the oven. Arrange the sole and papaya attractively over rice. (If not quite ready to serve, set dish, uncovered, into oven reset at 200°.)

Serve garnished with lime wedges and sliced onion tops. Makes 6 servings.

Poached Sole with Spring Vegetables

- About 2 cups milk
- 1 small onion, sliced
- 6 *each* whole allspice and whole black peppers
- About 1 teaspoon salt
- 1 whole bay leaf
- 1½ to 2 pounds small sole fillets (about ¼ inch thick)
- ¼ pound medium-sized raw shrimp (optional)
- Spring vegetables (directions follow)
- 3 tablespoons *each* butter or margarine and flour
- 2 tablespoons dry Sherry (optional)
- 1 teaspoon *each* Dijon-style prepared mustard and dill weed

In a frying pan combine milk, onion, allspice, pepper, salt, and bay; heat slowly until scalded. Loosely roll sole fillets and secure with cord; shell and devein shrimp, if used. Set fish and shrimp in scalding milk, cover, and poach for 5 or 6 minutes or until fish is opaque white throughout and shrimp is pink.

Remove fish and shrimp, drain, and place on a warm serving platter (about 10 by 14 inches), removing cords; save poaching liquid. Cover fish well and set in a 225° oven. Prepare vegetables as directed and arrange on platter with fish; cover again and return to oven. (It could wait as long as 1 hour.) Thoroughly drain poaching liquid, then discard seasonings.

Before serving, melt butter in a pan, stir in flour, and cook until bubbly. Remove from heat, gradually stir in poaching liquid, and cook, stirring, until thickened. Mix in Sherry, mustard, dill, and additional milk if sauce needs thinning. Pass at the table. Makes 6 to 8 servings.

Spring Vegetables. Scrub and trim about

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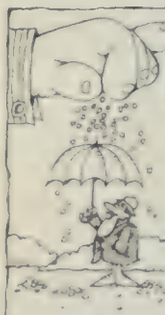

Spruzzare

(Sproo-zár-ay: To sprinkle)

The handy tray package makes Stella Blue Cheese easy *to sprinkle* on salads.

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4 to 6 servings.

- ½ cup (3 oz.) Stella Blue Cheese, softened
- ¼ cup white wine
- 2 tbsp. chopped green onion
- 2 lbs. ground beef
- 2 tsp. salt
- ½ tsp. pepper

Combine blue cheese and wine; beat or blend until smooth. Stir in onion. Combine ground beef and seasoning. Form into large, thick steaks or patties. Broil until desired doneness. Spoon blue cheese sauce over hot broiled meat; serve at once.

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DARROW M. WATT

Buttery *crumbs top sole that bakes on bed of seasoned mushrooms*

1½ pounds small new potatoes, 1 bunc small carrots, and 1½ pounds asparagu Cook vegetables separately in boilin salted water until just tender; drain. Me 2 tablespoons butter in a pan, stir in tablespoons finely chopped parsley, the turn vegetables in the parsley-butter unt coated and warm.

Baked Sole, Duxelles

- 1 tablespoon *each* olive oil or salad oil and flour
- ¼ pound mushrooms, finely chopped
- ⅓ cup finely chopped shallots or white part of green onions
- ¾ teaspoon tarragon leaves, crushed
- ½ cup finely chopped parsley
- ⅓ cup dry white wine or chicken broth
- ¼ cup whipping cream
- 1½ to 2 pounds large (1 serving size) sole fillets
- Salt, pepper, and paprika
- 2 or 3 slices firm white bread
- 2 tablespoons butter
- 1 cup shredded Swiss cheese

Put olive oil into a bake-and-serve di (about 9 by 13 inches); stir in flour a spread mixture over bottom of baki dish. Combine mushrooms with shallo tarragon, and ¼ cup of the parsl sprinkle evenly over bottom of baki dish. Drizzle with the wine and cream Sprinkle fillets lightly with salt, pepp and paprika and arrange attractively top of vegetables so they overlap o slightly. Whirl bread in blender (or p apart with fork) to make 1 cup fr crumbs. Melt butter in a pan and s crumbs over medium heat until ligh toasted; set aside. (This can be d ahead; cover and refrigerate the fish.) Before serving, mix remaining ¼ c parsley with buttered crumbs and spr kle over fish. Bake, uncovered, in a 35 oven for about 20 minutes (about minutes if refrigerated), or until f flakes when tested with a fork. Sprin cheese over top and return to oven j until cheese melts. Makes 6 servings.

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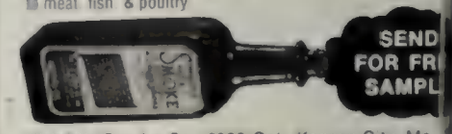

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DARROW M. WATT

Jewish pastry *resembles tricorn hat, tastes sweet and rich*

Sweet filling in Haman's hat

Purim is the festive Jewish holiday that commemorates the Old Testament story of Esther, Persia's Jewish queen, who saved her people from a massacre plot conceived by Haman—who was hanged. Children don masks and costumes, gifts of money are made to the poor, and cakes and sweets are eaten.

The traditional food for the festival is the small, triangular filled cake called *Hamantashen*, traditionally shaped to resemble Haman's pockets, his three-cornered hat, and his donkeylike ears.

Twentieth century recipes for the dough vary in richness and ingredients—anything from a sugar cooky dough to a flaky turnover pastry. The variety of sweet-flavored fillings is also great. But through the centuries, the shape of Hamantashen has remained the same.

We've chosen a rich, buttery yeast dough and the traditional prune filling. In its place, you might try any thick fruit serve, jam, or fruit butter.

Hamantashen

- 1 package active dry yeast
- ½ cup warm water
- ½ pound (1 cup) butter or margarine, at room temperature
- ½ cup sugar
- 2 eggs, separated
- 2¾ cups regular all-purpose flour (unsifted)
- Prune filling (recipe follows)
- 1 tablespoon sugar mixed with ¼ teaspoon ground cinnamon

In a small bowl, dissolve yeast in water. Meanwhile, in a large bow butter, ½ cup sugar, and egg yolks fluffy and lemon colored; stir in mixture. Add flour gradually, ble well with a spoon. Dough will be Cover and chill for 2 hours or over

Turn dough onto a lightly floured cloth or board; roll out ⅛ inch Cut out in rounds, using a 3 to cutter. Place 1 to 2 teaspoons fill the center of each round, then li edges at three equidistant point pinch together over filling. Pinch from center to each point of tria bun, tightly sealing the filling Transfer onto greased cooky sheet

Let rise in a warm place for 1 h until pastry looks lighter and s puffy. Filling may peek out a li you wish, pinch edges to reseal, b not absolutely necessary so lo pastry holds its triangular shape egg whites lightly and brush ove Sprinkle with sugar-cinnamon mi

Bake in a 350° oven for 15 to 20 n or until golden brown. Cool on Serve warm, or cool completely to and serve later. To reheat, plac single layer on an ungreased cook and bake in a 300° oven for 10 minutes or until warm. Makes 24 Hamantashen.—*L. S., Eugene, O*

Prune Filling. Cook 1 cup pitted p chopped, in 1 cup water until ve and plump. Drain well. Add sugar, ½ teaspoon ground cinn ⅛ teaspoon ground cloves, and spoon grated lemon peel; stir and until filling is consistency of thick

Lift *pastry circle edges over filling to form triangular bun. Pinch edges firmly all the way to corners, sealing filling inside*

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Almost everybody likes her crunchy Thai noodles

DARROW M.

Crunchy Thai noodles *to mix with pork, chicken, and shrimp in a rich*

Literally translated, *Mee Krob* means crunchy noodles, an apt description of this fried noodle dish from Thailand. But to many Thais there's something more in the name—the word *krob* sounds like the crackly noise you make when eating the brittle, puffy noodles. The textures and contrasts of flavors make this a rather exotic dish, but most people like it the first time they taste it. Begin by frying the rice noodles in hot oil. It's a dramatic procedure: Just a small handful swell so quickly in hot oil they look like they're going to burst. Mix them into a rich, slightly sweet and sour sauce laced with pork, chicken, and

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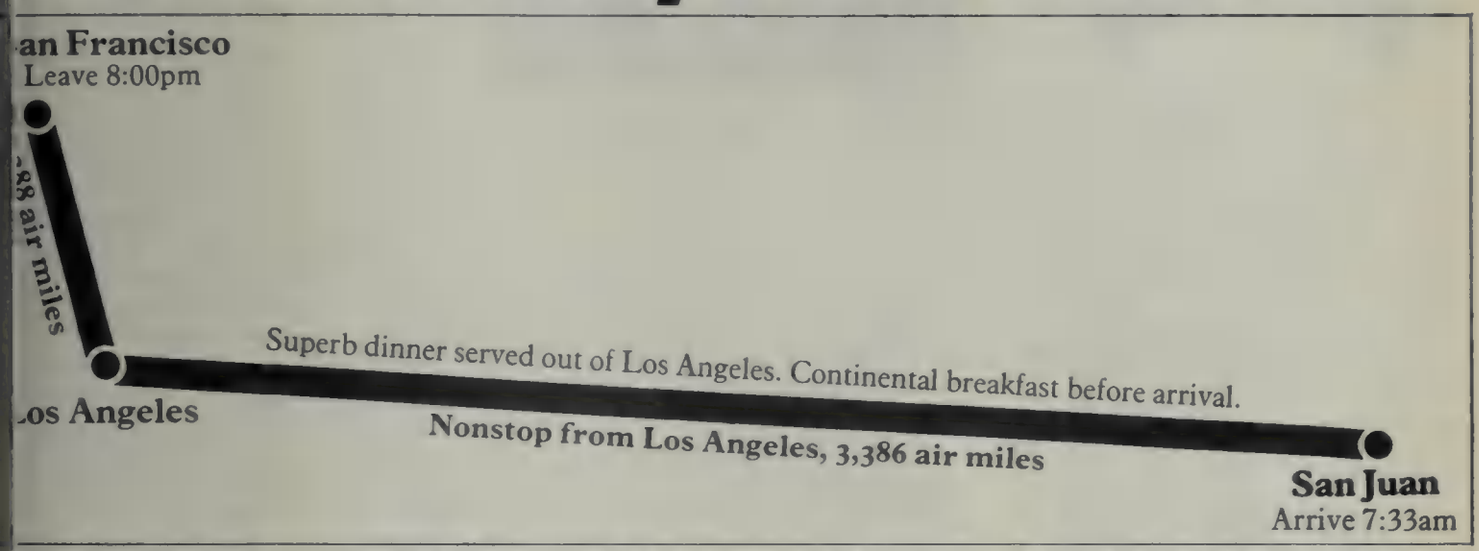

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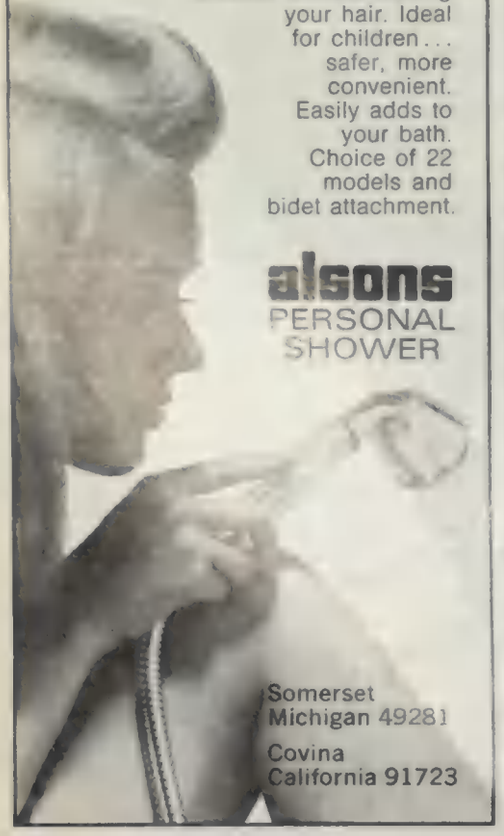

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DARROW M. WATT

Fresh *bean sprouts and green onions dress up this dish*

shrimp. Then serve the noodles with crisp fresh bean sprouts, lengths of green onions, and cool lime wedges.

You could easily serve it for a small dinner party. Fry the noodles up to a day before, store them airtight, then reheat them in the oven. All the remaining ingredients can be cut and measured ahead. Just before dinner, quickly stir and fry everything together while the noodles warm; it only takes about 10 minutes.

To complete a simple menu, we suggest egg flower soup (recipe follows), hot cooked rice, and fresh pineapple tidbits for dessert. The soup goes together quickly. Just before serving, heat canned broth, then stir in egg. Let the rice cook while preparing the sauce for the noodles. Cut the pineapple, cover, and chill early in the day.

We suggest you eat this meal in the Thai manner, serving the soup with the main course of noodles and rice. Thais do this so that they can enjoy the contrasting flavors and textures of the different dishes. Set small bowls for soup alongside the plates for the rice and noodles.

You will need to shop at an Oriental market for the rice noodles, yellow bean sauce, and fish soy. The noodles are often called rice sticks, but may also be called long rice, *py mei fun*, or *mai fun*. They are dried, opaque white, thin noodles; don't confuse them with similar-looking translucent noodles called bean threads.

Canned yellow bean sauce may be called bean sauce or ground bean sauce. Check the ingredient list on the can; it should include yellow beans, flour, salt, and water. Other products labeled bean sauce use black beans instead of yellow beans.

Thais use bottled fish soy as salt and as a seasoning. It is similar to soy sauce, but is lighter in color and saltier. You can use regular soy sauce as an alternate.

Thai Crunchy Noodles *(Mee Krob)*

About 4 cups salad oil
¼ pound rice noodles (rice sticks)
¼ cup *each* sugar, lime juice, yellow bean sauce, and catsup
2 tablespoons fish soy or soy sauce
4 cloves garlic, minced or mashed
1 small onion, finely chopped
½ pound lean boneless pork, cut into strips ⅛ inch thick, ½ inch wide, by 2 inches long
1 chicken breast (about 1 lb.) skinned and boned, cut into strips ⅛ inch thick, ½ by 2 inches
½ pound medium-sized raw shrimp, shelled and deveined
½ pound bean sprouts, washed and drained
4 green onions, cut into 4-inch lengths
1 lime, cut in wedges

Pour the salad oil to about 1 inch d in a wok (steady the wok in a ring sta or in a 12-inch frying pan; heat the to 375°, then drop in a small handfu the noodles at a time. As they puff expand, push them down into the then turn the entire mass over. Wher the noodles are puffy and stop cr ling, about 15 seconds, remove drain. Skim any bits of noodles ou oil before frying the next handful. K warm in a 200° oven until serving let cool and package airtight up to day before serving.

To reheat fried noodles, place un ered, in a 200° oven for about 10 utes while cooking the meat and sa

In a small bowl stir together the su lime juice, bean sauce, catsup, and set aside. Have all remaining ingred chopped and measured before begin to cook.

Just before serving, heat 2 tablesp salad oil in the wok or 12-inch fr pan over high heat until hot. Adc garlic and onion; cook, stirring stantly, for 1 minute. Add the pork continue stirring; cook about 3 min Add the chicken and shrimp, sti constantly; cook 4 minutes or shrimp firms and turns pink. Stir i sauce mixture and cook 2 minutes. move from heat and let cool 3 min

Gently fold in fried noodles a po at a time, until all the noodles are li coated with the sauce. To serve, m noodles in the center of a large p and surround with bean sprouts. Ga with green onions and lime we Makes 4 servings.

Egg Flower Soup

Bring to a boil 2 cans (14 oz. *each* ular-strength chicken broth, ¼ teas ground ginger, ⅛ teaspoon white per, and ½ teaspoon soy sauce. T boiling broth, gradually stir in 1 (lightly beaten); stir until the egg rates into shreds, about 30 seconds move from heat and pour into se bowl. Sprinkle ¼ cup chopped onions (tops included) over soup; into bowls. Makes 4 servings.

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MARCH MENUS

Fish for supper, game hens on Sunday, brioches for breakfast

Several ways to trim valuable minutes off your kitchen time are featured in our March menus.

The flavorful fish soup supper can be ready to serve in about 30 minutes with a little advance shopping. The oven does most of the work for the Cornish game hen dinner. A third menu shows how to enjoy small, freshly baked brioches for breakfast; you begin with a package of hot roll mix and start the dough the night before.

Easy Fish Soup Supper

Tomato soup is the base of this quickly prepared fish soup. It combines fresh or frozen fish with either canned or fresh crab and shrimp.

Mixed Green Salad
Quick Tomato Seafood Soup
Hot Crusty Bread **Butter**

Thaw frozen fish just long enough so you can cut it into chunks. It can be added to the soup partially frozen.

Quick Tomato Seafood Soup

- 2 tablespoons olive oil or salad oil
- 1 [illegible] plum sized onion, thinly sliced
- [illegible] garlic, minced or mashed
- 1 cup sliced celery
- [illegible] chopped parsley
- 1 [illegible] basil leaves
- [illegible] and thyme leaves
- Dash cayenne
- 1 large can [illegible] condensed tomato soup
- 1 bottle ([illegible] oz.) clam juice
- 1 can (about 14 oz.) [illegible]-strength chicken broth
- 2 ounces spaghetti
- 1 pound halibut or [illegible] fillets (partially thawed if frozen), cut in about 1-inch chunks
- 1 can (4½ oz.) small whole shrimp (rinse and drain well) or [illegible] fresh shrimp
- 1 can (8 oz.) crab meat (drained), or [illegible] fresh crab
- Salt and pepper
- Lemon wedges

Heat the oil in a Dutch oven over medium heat. Add onion, garlic, and celery; cook, stirring, until onion is limp. Stir in parsley, basil, rosemary, thyme, cayenne, tomato soup, clam juice, and chicken broth. Bring to boiling; break spaghetti roughly into thirds and stir into soup. Cover the pan and simmer until spaghetti is almost tender, about 10 minutes.

Add halibut; cover and simmer until halibut flakes when prodded with a fork, about 7 minutes for fresh or completely thawed fish (or about 12 minutes if it was partially frozen). Stir in shrimp, crab; heat until hot throughout. Season to taste with salt and pepper.

Ladle soup from a tureen or serve individual bowls. Offer lemon wedges to squeeze over. Makes 4 to 6 servings.
C. S., Palo Alto, Calif.

DARROW M.

Ladle bowls *full of this whole-meal fish soup on brisk March evenings*

Sunday Dinner

Cornish game hens, cut into halves, roasted in the oven, are easy to pr

S&W's favorite recipes. We've just spilled the beans.

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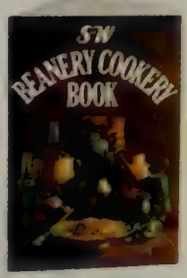

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1 egg
½ t. salt
1 c. (4 oz.) shredded Cracker Barrel [illegible] Sharp [illegible] Cheddar Cheese
¼ c. dry bread crumbs
¼ c. chopped green pepper
2 T. water

Combine meat, bread crumbs, barbecue sauce, egg and salt; mix well. Pat meat mixture into 14 x 8-inch rectangle on foil or waxed paper. Combine cheese, bread crumbs, green pepper and water; pat cheese mixture over meat. Roll up jelly roll fashion, beginning at narrow end. Chill several hours or overnight. Heat oven to 350°. Slice into 6 servings; in shallow pan at 350°, 25 to 30 mi 6 servings.

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serve for family or company dinners. his menu the Rock Cornish game and mushrooms cook together in same pan and both are comple- ed by the creamy gravy.

Citrus and Onion Salad
Rock Cornish Game Hens with
stard Cream and Whole Mushrooms
Fresh Buttered Asparagus
rescent Rolls Butter
Fruit Pie à la Mode

ral hours in advance, prepare the and chill thoroughly. For dessert can bake your favorite fruit pie, as apple, pear, or strawberry, or ly purchase a frozen pie. Top with la ice cream if you like.

s and Onion Salad

the peel and white membrane from ge oranges and thinly slice cross- Also thinly slice 1 large mild red n crosswise; separate into rings and among orange slices. Pour over ½ of your favorite oil and vinegar ing; place in a shallow bowl, cover, chill.

erve, lift orange and onion slices dressing and arrange on lettuce- salad plates; serve remaining dress- n a separate container.

. Cornish Game Hens with
ard Cream and Whole Mushrooms

3 Rock Cornish game hens (about 1 lb. 8 oz. *each*), thawed
Salt and pepper
2 cup (¼ lb.) butter or margarine, melted
1 teaspoon dry mustard
About ¾ pound large mushrooms
1 cup milk
4 tablespoons flour
2 teaspoons Dijon-style prepared mustard

ove neck and giblets from game and reserve for other uses. Rinse well; pat dry. Sprinkle halves with and pepper, then place skin-side- n about 1 inch apart in a shallow ing pan. Stir together the melted r and dry mustard until blended. in a 400° oven for 30 minutes, ng with the mustard butter mixture. hen halves skin-side-up and ar- mushrooms in the pan, turning in drippings. Bake about 30 to 40 tes longer, or until hen halves are n brown and juices run clear (cut h to test). Baste hen halves and rooms several times with the pan ings.

ge hen halves and mushrooms in a g dish; keep warm. Stir ½ cup of ilk into the pan drippings, scraping rowned particles. In a saucepan, flour with remaining ½ cup milk ke a smooth paste; gradually stir pan drippings. Cook over medium stirring constantly, until mixture and thickens; blend in prepared rd. Serve in a bowl and pass at the table to spoon over vegetables and game hens. Serves 6.

A Weekend Breakfast

Individual brioche rolls and a tropical fresh fruit tray are the main offerings of this light breakfast that's ideal for week- end house guests.

Individual Brioche
Tropical Fruit Tray with
Minted Cream Dressing
Browned Sausage Links

Start the brioche dough the night be- fore, letting it rise in the refrigerator. In the morning quickly shape the bri- oches; while they're rising and baking, you'll have ample time to prepare the fruit and brown the sausages. If time is really short, bake the brioche ahead and reheat to serve. You could also arrange the fruit tray (except the bananas) ahead, cover well, and chill.

Individual Brioche

In the large bowl of an electric mixer, combine the yeast packet from 1 pack- age (about 14 oz.) hot roll mix with ⅔ cup warm (not hot) water; stir to dis- solve. Add 3 egg yolks (reserve 1 egg white), 2 tablespoons sugar, ¼ teaspoon lemon extract, dash ground nutmeg, and 1 cup of the hot roll mix; beat 3 minutes on high speed.

With a spoon gradually mix in the re- maining hot roll mix until blended. Turn dough into a greased bowl, cover, and refrigerate at least 4 hours or overnight.

To shape brioche, turn dough out onto a lightly floured board and knead just until dough is no longer sticky. Divide

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DARROW M.

Shortcut *brioche, with fresh tropical fruit and browned sausages for a weekend guest breakfast*

dough into 4 equal pieces; set one
Divide the remaining dough into 9
pieces. Gently knead each piece, sh
it into a smooth ball; place in a gr
2½-inch muffin cup. Divide the res
portion of dough into 9 equal piece
shape each into a small smooth bal

With your finger press an inden
in the top of each large ball. Dip
finger in water, then moisten jus
top of the indentation. Place a sma
directly on top of the indentation.
very lightly with clear plastic filn
let rise in a warm place until a
double, about 40 minutes.

Lightly beat together the reserve
white and 1 tablespoon sugar; bru
tops of each brioche evenly wit
mixture. Bake in a 375° oven for
12 minutes or until richly browned
out of pan and serve hot; or co
oches on rack and package to serve
Makes 9. To reheat, wrap in foil;
in a 350° oven for about 10 minu

Tropical Fruit Tray with Minted Cream Dressing

For the dressing, stir together in a
bowl 1 cup sour cream, 2 tables
honey, 2 teaspoons finely choppe
mint or dried mint leaves (crushe
2 teaspoons lemon juice. Cover an
several hours or overnight.

To serve, arrange a fruit tray con
of the following chilled fruits: 1
pineapple (peeled, cored, and cu
cubes), 1 or 2 papayas (peeled, se
moved, and sliced), about 1 cup
dates, 2 sliced oranges, 2 large b
(dip in lemon or lime juice to p
discoloration), and 1 or 2 limes (c
wedges). Pass dressing at the ta
spoon over fruit. Serves 4 to 6.

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Giant pretzels for tea? Why not

What the Germans call pretzels are big and soft, a chewy bread with lots of shiny salt-speckled crust. To some of us they're more like bagels than the familiar crackery pretzels sold by the bag.

Usually giant pretzels are made from regular white flour, but the following recipes use wholesome rye and whole wheat. Before baking, you dip each pretzel in boiling salted water, which gives the characteristic shiny crust, then sprinkle it with coarse salt.

Twist *strands of dill-flecked dough into the traditional pretzel shape*

Soft pretzels are delicious with a soup or salad lunch or with sausages and cheese for a late supper. Serve them warm or at room temperature, with butter. Those you don't use the first day can be refrigerated or frozen, then reheated.

Soft Rye Pretzels

- 1 package active dry yeast
- ½ cup *each* warm water and sugar
- 1½ teaspoons salt
- 2 cups milk, scalded and cooled to room temperature
- ¼ cup salad oil
- 3 tablespoons dill weed (optional)
- 3 cups rye flour
- About 8 cups regular all-purpose flour, unsifted
- ¾ teaspoon baking powder
- 3 tablespoons salt
- 2 quarts boiling water
- 1 egg white, slightly beaten
- About 1 tablespoon coarse (kosher-style) salt

In a large bowl, dissolve yeast in the warm water. Then stir in sugar, the 1½ teaspoons salt, milk, salad oil, and dill, if used. With a wooden spoon gradually mix in 1½ cups of the rye flour and 1 cup of the regular flour.

Cover and let rise in a warm place until bubbly, about 40 minutes. Sift 1½ cups more of the regular flour with baking powder; add to dough with remaini 1½ cups rye flour. Mix with a wood spoon, then turn out dough on a ligh floured board. Knead for about 5 m utes or until dough is no longer stic adding a little more regular flour necessary. Roll out and pat dough int 9 by 15-inch rectangle. Press a la French knife straight down throu dough to cut into strips that are ½ i wide and 15 inches long. With y palms roll each strip back and forth the board into a strand about 20 inc long; twist each into pretzel shape shown in the photograph at left. Let r uncovered, for 30 minutes.

Dissolve the 3 tablespoons salt in boil water. With a slotted spoon, lowe pretzel at a time into boiling water; a about 2 seconds, lift out, wipe the b tom of the spoon on paper towels drain briefly, then set pretzels on a erally greased baking sheet, arrang ½ inch apart. Brush with egg white sprinkle lightly with coarse salt.

Bake in a 400° oven for 20 minutes until crust is golden brown. Serve wa or transfer to a rack to cool, then w airtight to store. To reheat, set pret directly on oven rack in a 350° oven about 5 minutes (about 8 minutes frozen) or until crusty. Makes 18.

Soft Whole Wheat Pretzels. Follow rections for rye pretzels, omitting use 2 tablespoons cumin seed, if desi Instead of rye flour, use 3 cups wh wheat flour.

DARROW M. WATT

Giant *rye pretzel has shiny, crusty outside and breadlike inside*

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Scotch oats, rye flakes for cereal

Hot cereal is a time-honored way begin the day. And by using some of more unusual whole grains, such as flakes, Scotch oats, and rye flakes (fo in grocery stores and health food stor you can add interesting textures and vors to breakfast menus.

The three recipes below combine nutrients of grains, milk, eggs, and f —all in the same bowl. Although e bowlful takes a little extra time to p pare, it makes a complete and satisfy breakfast. Each recipe serves 4.

Lemon-spiced Rice Flake Cereal

In a saucepan, bring to scalding over heat 2 cups milk, ¼ cup sugar, and teaspoon salt. Add 1 cup rice flakes cook, stirring often, until the mix boils and thickens. Meanwhile, lig beat 2 eggs and ½ teaspoon *each* var and ground cinnamon. Stir some cereal into the eggs, then return al pan; also stir in ½ teaspoon gr lemon peel and ⅓ cup *each* raisins chopped pecans. Heat, stirring, fo minute. Spoon into bowls; serve w light cream.

Creamy Scotch Oats

In a saucepan, bring to boiling 2½ c water, 1 cup Scotch oats, and ¼ spoon salt. Reduce heat and simmer, covered, until liquid is absorbed, ab 20 minutes; stir occasionally. Me while, in the top of a double boiler bl 3 eggs, ¼ cup firmly packed br sugar, 1½ cups milk, and a dash of Cook, stirring constantly, over hot boiling) water until mixture thickly c the back of a metal spoon, about 15 m utes. Stir in ⅛ to ¼ teaspoon maple voring. (Both cereal and sauce car made ahead, covered, and chilled.)

To serve, warm sauce, stirring, in the of a double boiler over simmering w Add cooked Scotch oats and heat, ring, until hot. Serve in bowls with sl bananas.—*J. B., Corvallis, Oregon.*

Date-Apple Rye Flakes

In a saucepan, bring to boiling 1½ c water, 1 cup rye flakes, and ½ teasp salt. Cover, reduce heat, and sim until liquid is absorbed, about 15 m utes. Meanwhile, lightly beat 2 eggs ½ cup milk and 1 cup applesauce. some hot cereal into egg mixture, return all to pan; also stir in ½ chopped pitted dates and ⅓ cup toa coconut. Heat, stirring, until hot. S in bowls with light cream.

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Gorton's Hot 'n Cheesy Clam Salad Rolls

2 cans Gorton's minced or chopped clams, drained
1 cup shredded American process cheese (4 oz)
¼ cup chopped onion
¼ cup chopped celery
½ cup chopped almonds
¼ cup salad dressing or mayonnaise
1 tbsp. lemon juice
¼ tsp. salt
⅛ tsp. pepper
6-8 rolls, split

Heat oven to 350 degrees. Mix all ingredients and spread the mixture on the rolls. Wrap in aluminum foil and bake for 20 minutes or until cheese is melted.

Toaster Oven Offer: For the Cornwall Toaster Oven featured (it bakes, broils, [illegible] and has a retail value of $24.95) send just $16.95 and the labels from two cans of Gorton's minced or chopped clams to: Gorton's Toaster Oven Offer, P.O. Box 1000, Cathedral Station, Boston, Mass. 02118. Dept. E

The Italian way with spinach

A robust Italian touch gives these simple spinach dishes unexpected ch acter. The mellow but well defined fla of sautéed garlic permeates the first d In the second, sweet hot raisins cont pleasantly with a bacon dressing. B dishes go well with chicken or beef.

You can use fresh or frozen spina the recipes specify the quantity cooked vegetable you will need. If use fresh, purchase 1½ pounds to g to 2½ cups hot cooked spinach. To co place washed, damp spinach leaves large pan, cover, and place on med heat. Stir occasionally until leaves wilted; takes 3 or 4 minutes.

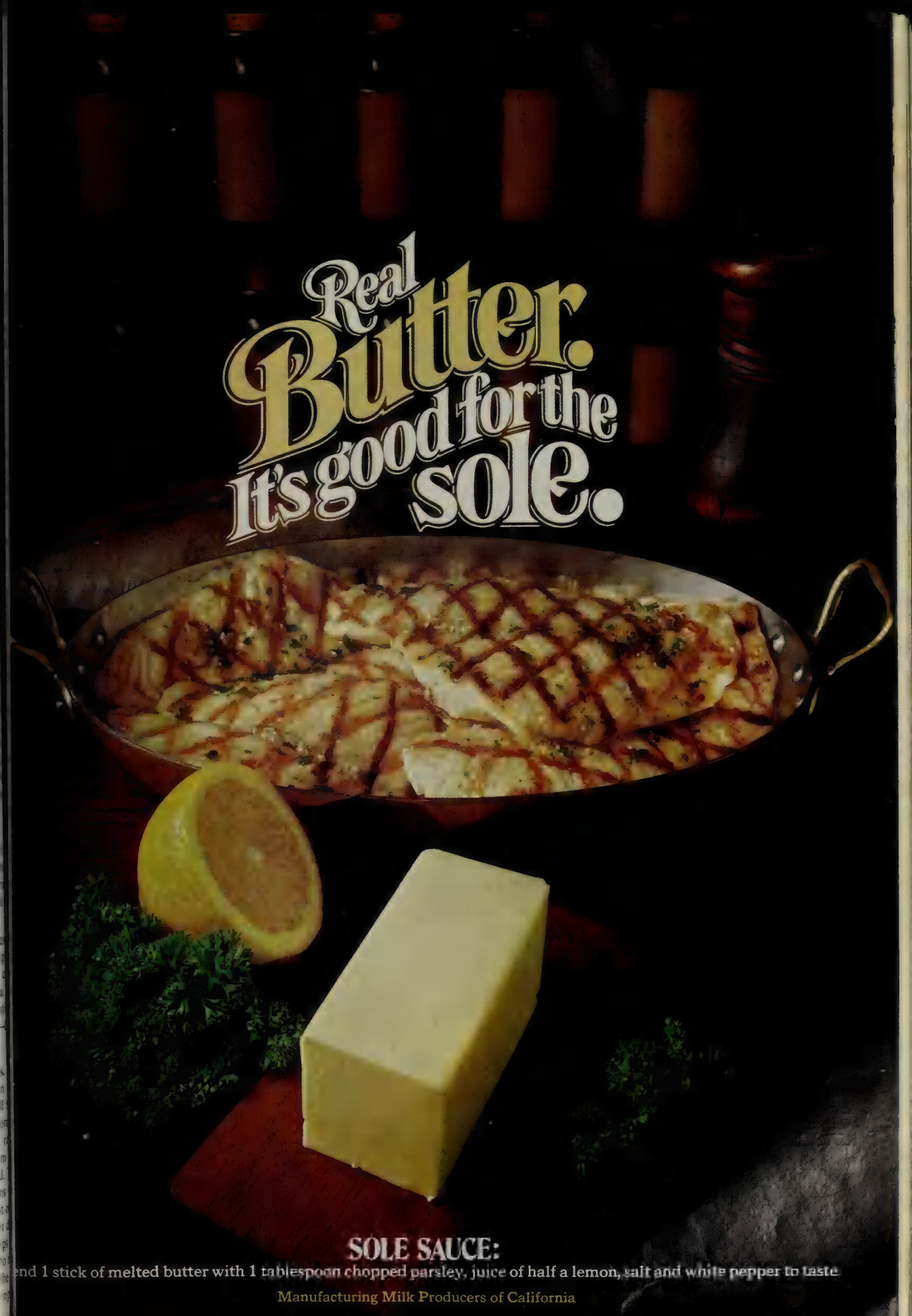
You'll need 2 packages (10 oz. *e* frozen leaf or chopped spinach for 2½ cups of the cooked vegetable.

Garlic Creamed Spinach. Finely cho large onion and 4 cloves garlic. Com 1 tablespoon *each* olive oil and butte margarine in a wide frying pan over dium high heat. When butter is me add the chopped vegetables; cook, ring, until onion is soft. Stir in 2 ta spoons all-purpose flour, blending Remove from heat and blend in ¾ half-and-half (light cream) or sour cr and ¼ teaspoon ground nutmeg. A to 2½ cups chopped cooked spi (hot or cold) and return to high stirring, until bubbling vigorously.

Remove from heat and mix in ½ freshly grated Parmesan cheese and and pepper to taste. Serve hot, sprin with an additional ½ cup grated mesan cheese.

(To make this dish ahead, spoon co spinach into a shallow 3 to 4-cup serole, sprinkle with the cheese, c and chill. Bake, uncovered, in a oven for 12 to 15 minutes or unti through.) Makes 4 or 5 servings.—C *Atherton, Calif.*

Spinach with Bacon and Raisins. frying pan, cook 6 slices bacon crisp; drain bacon and discard all tablespoons of the drippings from pan. Add to pan ½ cup golden ra and cook, stirring, over medium until plump and lightly browned. heat high and add 3 tablespoons vinegar; cook, stirring, until most c vinegar evaporates. Pour this hot c ing at once over 2 to 2½ cups cooked, drained spinach, salted to crumble the bacon slices over the Serve at once. Makes 4 or 5 serving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"An ongoing stew made from pork, goat, and other stranger meats."

We take you now to Arivaca, Arizona, and the story of L. M. McElrath.

"*Birria* is a popular dish in the Mexican highlands, but is virtually unknown in northern Mexico and the United States. Whenever I ask for birria in a Mexican restaurant here the reply is always the same. 'We have Coors, Pabst, Schlitz, Bud, and Oly.'

"In central Mexico the dish is hearty poor man's fare, and there are many hole-in-the-wall restaurants called birriaias which serve nothing else. It's a sort of permanent, ongoing stew made from beef, pork, goat and (I suspect) other stranger meats. Birria improves with age and is usually better when reheated on the second or third day."

Before going on to the preparation, let us state that the term *stew* is misleading. The final result is more like a very meaty soup with a thin broth. In testing, we followed Mr. McElrath's advice and used beef and pork, but if you happen to have a goat or an iguana at hand that you don't need for something else, pop it into the pot.

Birria

- 1½ pounds boneless beef chuck
- 1½ pounds lean boneless pork
- 2 tablespoons salad oil
- 1½ quarts water
- 3 tablespoons chile powder
- 2 cans (14 oz. *each*) regular-strength beef broth
- 1 teaspoon ground cumin seed
- Salt
- 1 medium-sized mild onion, finely chopped
- 2 limes, cut in quarters

Trim excess fat from beef and pork meat into 1-inch chunks. Heat oil Dutch oven over medium high heat brown the meat. When meat is browned on all sides, add water, to a boil, and add chile powder. Re heat and simmer, uncovered, until is very tender, about 2 hours. (Mo the liquid will be evaporated.) Add and chill if made ahead. Skim off add cumin, and season to taste with Reheat to just under a boil and

Chefs of the Wes

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immediately; offer chopped onion and lime wedges to add to each serving. Makes about 6 servings.

Arivaca, Ariz.

Bread pudding, rice pudding, tapioca, blancmange, and so forth have slipped from their former high position on our menus. Where is the semolina of times gone by?

"A crunchy crust protruding from the surface of mother's bread pudding"

Well, wherever it is, many people happy to have it there rather than dish in front of them. Others, how have never lost their taste for wholesome desserts. They rememb crunchy crust protruding from the face of mother's bread pudding, o spoon-shaped serving still warm on plate with a dollop of jam or sauce ning down its side.

Delve into your psyche before you low Charles Hersey into this bread ding past. It is not for everyone.

Bread Pudding

- 8 slices firm white bread
- 2 or 3 tablespoons butter or margarin
- 4 cups milk
- ¼ teaspoon salt
- ¾ cup sugar
- ¼ teaspoon ground cardamom seed
- 1 teaspoon vanilla
- ½ cup raisins
- ¼ cup chopped walnuts
- 6 eggs, slightly beaten
- ¼ teaspoon ground nutmeg
- Lemon custard sauce (recipe follow

Place bread on oven rack in a 250° and allow to dry and brown l (about 25 minutes). Remove from and spread with butter. Scald the together with the salt, sugar, carda and vanilla. While milk is heating, the bread in a 9-inch square bakin sprinkling each layer with raisin walnuts. Beat the eggs in a bowl an beat in milk, adding it slowly. Po mixture over bread and allow to st least 15 minutes. Sprinkle with nu Set the baking pan into a large containing enough hot water to about halfway up the sides of the l pan. Bake in a 350° oven in th water bath until set, about 45 m Serve warm with lemon custard Makes 8 to 10 servings.

Lemon Custard Sauce. Mix 1 cup 2 tablespoons cornstarch, and ½ spoon salt in a saucepan. Stir in water, and bring mixture to a bo ring until it thickens and becomes parent. Add ¼ cup butter or mar 1 tablespoon lemon juice, and ½ spoon grated lemon peel. Remov heat. In a small bowl, beat 1 eg frothy. Pour in the lemon mixture ing constantly. Serve warm.

San Fran

Chef Earl Knie has a salad dres resembles a Thousand Island d but he adds a fillip of spice and Salada Guadalajara. You may

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Potatoes O'Brien. Nope, we can't lay claim to inventing them. But here at Ore-Ida we've added a few wrinkles of our own.

First, we cut up fresh, firm Russet potatoes into neat little nuggets, so they'll cook up nice and brown. Then we add p chopped onions for flavor. Finally—and just for looks either—some tasty red and en bell peppers.

hen we freeze the whole dish to keep it good l fresh and put it in stores all over.

o now you can enjoy Potatoes O'Brien with- traipsing to some fancy eatery or doing a lot of fussing and fuming around your own kitchen.

Just pop our Potatoes O'Brien into a skillet. One whiff of that tantalizing aroma will tell your family they'll soon be sitting down to some of the tastiest eatin' that ever came out of Boise. Idaho, that is.

Good eatin' from Boise.

play with the flavorings as you mix. For some a touch is enough, while others may like a more peppery effect.

Salada Guadalajara

- ½ cup mayonnaise
- ¼ cup sour cream
- ¼ cup chile sauce
- 1 teaspoon red salsa jalapeña
- ¼ teaspoon ground cumin seed
- 1 small clove garlic, minced or mashed
- 1 teaspoon finely minced onion
- Salt and pepper
- About 3½ quarts torn salad greens (iceberg lettuce, red lettuce, or romaine)
- ½ medium-sized green pepper, seeded and cut in strips
- ⅓ cup sliced green onions
- 1 can (about 9 oz.) red kidney beans, drained
- 2 hard-cooked eggs, chopped

In a small bowl combine the mayonnaise, sour cream, chile sauce, salsa, cumin, garlic, onion, and salt and pepper to taste. Cover and chill overnight.

Just before serving, combine the salad greens, green pepper, green onions, and kidney beans in a salad bowl. Pour over dressing and toss to coat greens evenly. Sprinkle top with chopped eggs. Serves 6 to 8.

Earl A. Knie
Oceanside, Calif.

The *Chefs* from time to time add oranges or other fruit to chicken. The effect is pleasant and surprising. The more usual place for citrus and other fruits such as pineapple is with fat meat; thus duck with oranges, ham with pineapple, pork with sour applesauce, and so forth.

"Chicken doesn't need this treatment, but will submit to it agreeably"

There the acid cuts the fat and the leaves a pleasant aftertaste.

Chicken doesn't really *need* this ment, but it will submit to it agre *Chef* Jules Greenberg tells us ho does his version.

Chicken con Orange

- 2 tablespoons salad oil
- 3 to 3½ pound broiler-fryer chicken, cut up
- 2 medium-sized onions, thinly sliced
- 4 medium-sized carrots, cut in ½-inc slices
- 1 stalk celery, cut in 1-inch pieces
- 1 clove garlic, minced or mashed
- ½ teaspoon *each* marjoram leaves an oregano leaves
- 1 can (10½ oz.) condensed chicken broth
- ¾ cup dry white wine
- 1 teaspoon Worcestershire
- 1 tablespoon cornstarch
- ½ cup sour cream
- ½ teaspoon grated orange peel
- ¾ cup orange juice
- Hot cooked rice

In a Dutch oven heat the oil ove dium heat; add the chicken piece brown well on all sides. Remove pan and set aside. Add the onion rots, celery, and garlic; cook, st until vegetables are lightly brown the marjoram, oregano, broth, win Worcestershire. Return chicken t cover, and simmer until chicken meat is no longer pink next to th (about 30 minutes).

Transfer chicken pieces to a warn ing platter. Pour cooking liquid th a wire strainer into a wide pan; a vegetables around chicken and warm. Boil the cooking liquid ove heat until liquid is reduced to al cup. Blend cornstarch into sour stir into cooking liquid with the peel and juice. Cook, stirring, unt ture bubbles and thickens. Turn serving bowl. Serve chicken wi cooked rice and orange sauce. M servings.

Jules Greenberg
Bakersfield, C

So quick So good!

FLAV-R-PAC Cut Blue Lake Green Beans and Whole Kernel Corn...one package, one drained can, or half poly bag defrosted each of beans and corn.

4 Tablespoons butter or margarine

Onion salt and coarse ground pepper to taste

Combine all ingredients and place in casserole. Cover, heat and serve hot. Serves 6-8.

If it's Flav-R-Pac ...it's fancy!

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Stirring new life into chile

Add ground lamb or pork to the ground beef in chile and you can stir new life into this ever-popular, but seemingly changeless, family standby.

These two recipes, each combining two meats, can be made ahead, then reheated at mealtime. To complete each meal you might add a mixed green salad and accompany servings with warm corn or flour tortillas. Or consider serving the chile spooned over thick pieces of hot cornbread.

You use canned red kidney beans to speed the preparation of this thick, well seasoned lamb and beef chile dish for a light supper.

Spicy Lamb Chile

In a Dutch oven over medium high heat, crumble 1 pound *each* lean ground lamb and beef. Cook, stirring, until meat is browned and most of the meat juices have evaporated; discard any excess fat. Add 1 large onion (chopped) and 2 cloves garlic (minced or mashed) and cook, stirring, until onions are limp and translucent. Stir in 1 can (8 oz.) tomato sauce, 1 can (6 oz.) tomato paste, 1 t spoon *each* celery salt and carav seed, ¼ to ½ teaspoon crushed pepper, 2 tablespoons chile powder, teaspoon crushed bay leaf, and 1 t spoon basil leaves. Add 1 large can lb. 11 oz.) red kidney beans (includ their liquid). Bring to boiling, then duce heat, cover, and simmer gently about 30 minutes to blend flavors.

If you like quite thick chile, conti cooking chile, uncovered, until redu to the thickness you like, stirring oc sionally. Season to taste with salt pepper.

When you serve the chile, you mi pass bowls of chopped onion shredded Cheddar cheese at the tabl spoon over each serving. Makes 8 to servings.—*R. S., Redwood City, Cal*

Golden corn adds color to this pork beef-flavored chile. You can control hotness by the amount of green ch you add.

Pork and Pinto Chile

- 1 package (1 lb.) dry pinto beans
- About 6 cups water
- 1 pound *each* lean ground beef and pork
- 1 large onion, chopped
- 2 cloves garlic, minced or mashed
- 1 large green pepper, seeded and diced
- 1 large can (1 lb. 12 oz.) Italian-style, pear-shaped tomatoes
- 3 tablespoons chile powder
- 1½ teaspoons ground cumin
- 2 teaspoons salt
- ½ teaspoon pepper
- 4 to 6 tablespoons chopped California green chiles, seeds and pith removed
- 1 can (12 oz.) whole kernel corn with sweet peppers, drained

Wash and sort beans, discarding foreign material. In a Dutch oven co bine the beans and the 6 cups wa Bring to boiling, then reduce heat, co and simmer gently for 1 hour or u the beans are tender; add more water needed to prevent beans from cook dry, and stir occasionally.

In a Dutch oven over medium high he crumble the beef and pork and co stirring, until the meat is browned most of the meat juices have evaporat discard any excess fat. Add the on and garlic and cook, stirring, until oni are limp and translucent. Add the gr pepper, tomatoes and their liquid (br up the tomatoes with a spoon), c powder, cumin, salt, pepper, green chi and the cooked pinto beans (includ any of their cooking water).

Bring to boiling, then reduce heat, co and simmer about 1 hour or until c is reduced to the thickness you like. in corn a few minutes before serv chile. If desired, accompany with bo of chopped onion and shredded Ched cheese to sprinkle over each servi Serves 8 to 10.—*K. H., San Jose.*

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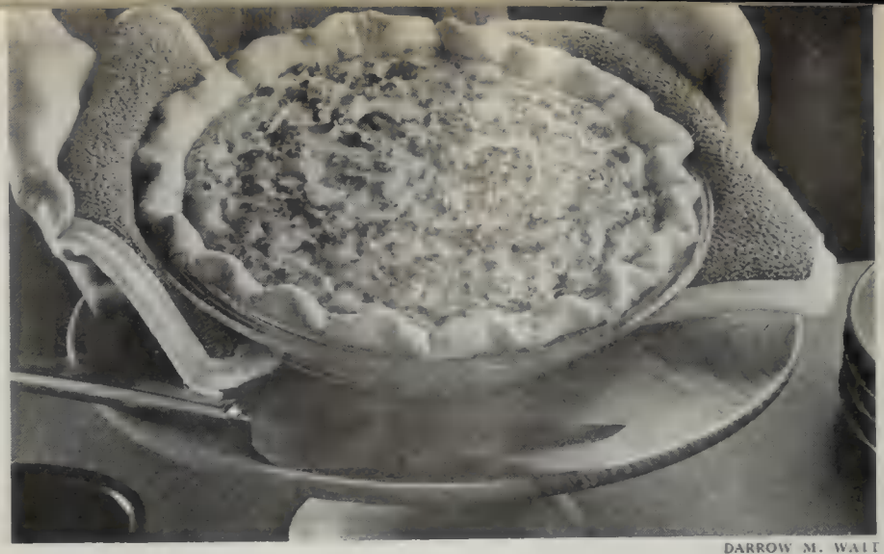

DARROW M. WALT

Tuna quiche *warm from the oven is a quick but elegant buffet entrée for lunch or dinner*

Quick tuna . . . quiche or soufflé

Wise cooks know that a can of tun good emergency menu insurance.

These two attractive tuna entrées can assembled quickly with ingredients u ally on hand, but they don't look or t like last-minute menu offerings.

Tuna Quiche

- 1 baked 9-inch pastry shell
- 1 large can (about 9 oz.) tuna, well drained
- 1 cup (about ¼ lb.) shredded Swiss cheese
- ¼ cup *each* grated Parmesan cheese and chopped green onions (tops included)
- 2 tablespoons chopped pimiento
- 3 eggs
- 1 cup milk
- ½ teaspoon salt
- ¼ teaspoon nutmeg
- ⅛ teaspoon pepper

Prepare the pastry shell from your recipe or a pie crust mix. Distribute t over bottom of pastry shell. Sprin evenly with Swiss cheese, then Parme cheese, green onions, and pimiento. H together the eggs, milk, salt, nutmeg. pepper. Pour over tuna and cheese. B in a 350° oven for about 45 minute until custard is firm in center when is gently shaken. Let stand about 10 m utes before serving. Makes 4 to 6 s ings.—*H. N., San Francisco.*

Tuna Soufflé

- 3 tablespoons *each* butter or margarine and flour
- 1 cup milk
- 1 can (about 7 oz.) tuna, drained and flaked
- ½ teaspoon *each* salt and paprika
- 2 tablespoons chopped chives
- 4 eggs, separated
- Cheese sauce (recipe follows)

In a pan over medium heat melt the ter, stir in flour, and cook until bul Gradually blend in milk and cook. ring, until thickened. Add tuna, salt prika, and chives; continue to cook stir until hot. Remove from heat beat in egg yolks. Whip egg whites they hold short, distinct, moist p Fold whites gently into the sauce. l into a well buttered 1½-quart so dish. Bake in a 350° oven for 35 t minutes or until center is firm w tapped. Serve immediately with cheese sauce.—*E. B., Beaverton, Ore*

Cheese Sauce. In a pan melt 1 t spoon butter or margarine; stir tablespoon flour and ¼ teaspoon salt, paprika, and dry mustard: until bubbly. Gradually blend in 1 milk, and cook, stirring, until thick Stir in ½ cup shredded process S cheese until melted.

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with brunch...

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The 100% whole wheat wafer with the [illegible] so good and is [illegible] tastes tastier [illegible]

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DARROW M. WATT

You need *a food chopper to make these wholesome candies, and maybe a little extra help to make the grinding easier*

The sugar in these andies is dried fruit

fruit provides the only sweetening in these delicious ıd nut confections. Offer them as a bit of sweet to con- meal or for nutritious snacks any time of day.

the candies keep well if tightly wrapped and refrig- The unsweetened coconut in several of the recipes is ckaged in many markets or health food stores; sweet- aked coconut is a substitute. To measure dried fruits. ıem lightly in the cup.

Apricot Slims

Put 6 ounces (1 cup) moist-pack apricots through the food chopper, using a fine blade (if apricots are not moist, first place them in a wire strainer and steam over simmering water for 5 minutes, then grind). Combine apricots with ⅓ cup unsweetened coconut and put through chopper again. Add 1 tablespoon orange juice and mix in well. Divide into 4 equal parts, wrap each part, and chill thoroughly.

Working with 1 part at a time, roll back and forth on a board with your palms into a 16-inch rope, sprinkling the board with about 1 tablespoon finely chopped almonds for each rope. To serve slice diagonally into 2-inch pieces. Makes about 32.

Pear Slims. Follow recipe for Apricot Slims, substituting 6 ounces dried pears for apricots; remove any bits of stem or core from pears. Instead of orange juice, use 1 tablespoon lemon juice; instead of nuts, roll each rope in about 1 tablespoon unsweetened coconut.

Prune Slims. Follow recipe for Apricot Slims, but omit apricots; grind 6 ounces pitted prunes and ½ cup chopped walnuts with coconut. Omit orange juice and add ½ teaspoon grated lemon peel and 1 tablespoon lemon juice. Make ropes about 20 inches long; instead of almonds, roll each in about 1 tablespoon finely chopped walnuts. Makes about 40.

Walnut Nuggets

You'll need about 10 ounces shelled walnuts and 5½ ounces almonds. Pick out 36 of the most perfect walnut halves or large pieces; set aside. Combine remaining walnuts and almonds—you should have 2½ cups. Combine these nuts with 8 ounces (about 1 cup) pitted dates, ½ cup pitted dried prunes, and 4 ounces (about ¾ cup) dried apricots; put through food chopper with medium blade twice.

With a fork or your fingers mix in 2 tablespoons lemon juice and 5 ounces (¾ cup) candied red cherries (finely chopped) until well blended. Divide into 3 equal parts and roll each into a 12-inch log (chill briefly if too soft to roll). Wrap each well and refrigerate at least 3 hours, or until needed. To serve, cut into 1-inch slices, turn cut-side-down, and press a walnut half into top of each. Makes about 36.

Coconut Date Logs

In a pan combine 1 package (8 oz.) pitted dates (chopped) with ½ cup (¼ lb.) butter or margarine, and 1 teaspoon vanilla. Place over low heat and stir for about 4 minutes or until butter melts and blends with dates. Chill just until mixture firms enough to mold and shape. Then add ¾ cup finely chopped walnuts, almonds, or pecans and ¾ cup granola-type cereal. Mix until thoroughly blended. Sprinkle about ⅔ cup unsweetened coconut on a plate or waxed paper.

To shape each candy take up about 1 tablespoon of the mixture and press into a log about 1½ inches long; then roll in the coconut to cover completely. Makes about 36.—*M. O., Menlo Park, Calif.*

Fruit and Nut Slices

Combine 8 ounces (about 1 cup) *each* dried figs and pitted dates with 1 cup *each* raisins, unsweetened coconut, and chopped nuts (almonds, walnuts, or pecans). Put ingredients through a food chopper with medium blade twice to blend thoroughly. Add 1 teaspoon grated lemon peel, 4 tablespoons lemon juice, and 1 cup peanut butter (smooth or chunk-style); mix well with a wooden spoon. Divide mixture in half and shape each half into a log about 12 inches long. For each log, sprinkle ¼ cup chopped nuts on a piece of waxed paper and roll to coat log with nuts. Wrap tightly and store in refrigerator at least 3 hours, or until needed. To serve, use a thin, sharp knife to cut ⅜-inch slices. Makes about 60.

Fruit and Granola Slices. Follow recipe for Fruit and Nut Slices, omitting nuts; instead stir 1 cup granola-type cereal into fruits after grinding. Coat each log with about ¼ cup of the cereal. □

Sunset's
GARDEN GUIDE

Umbrella greenhouses

Transparent dome-shaped umbrellas serve as miniature greenhouses. Underneath, young peppers get frost protection and lettuce benefits from even temperatures. Handles on top were normal umbrella handles before metamorphosis

ARCH IN YOUR GARDEN:

You are frost-safe near the coast. Easterly, it's still risky

the big triangle from Monterey to Lake City and back to Eureka, h means many different courses of for gardeners.

ld places such as San Francisco, eda, and Monterey, March is al- sure to be frost-free. You can set mmer annuals with reasonable as- ce of success; only a freak frost l cut down young plants.

e coastal valleys, the San Joaquin acramento valleys, and the Sierra lls, weather is less predictable. Av- temperatures are mild, but there's s a strong possibility of frosts. If prefer to play it safe, plant only annuals, trees, shrubs, and ground s now, and wait until late in the or April to put in tender plants. think it's worth a risk to get plants d early, the frost protectors shown may tip the odds in your favor.

evada and Utah, you can still ex- requent frosts. Finish dormant sea- bs: pruning, spraying, and bare- lanting.

protectors

nights and clammy soil keep mel- peppers, squash, tomatoes, and summer plants from growing , even if daytime air is warm. When y cold, even hardier plants like nd lettuce grow slowly.

But you can get plants to start growing faster if you cover them with something that holds heat but lets light in. Several kinds of commercial frost protectors that do the job are sold by mail order (or at some stores), but you can make equally good or better ones yourself.

Dome umbrellas. Mrs. Edna Jewell of Santa Rosa uses clear plastic dome umbrellas to cover plants. They're the best-looking plant protectors we've seen, and they're easy to store for reuse. Let them dry and put on unscented talcum powder before you let the tops down.

Mrs. Jewell bought umbrellas with handles that slip off and on so they can always be reconverted for conventional use. All the umbrellas we found had handles that were firmly attached.

You can snip through the handle just above the curve with wire cutters; then put the U-shaped handle on the top of the dome. (See photograph at left.) That leaves the center pole long enough to stick into the ground several inches.

At night and during cold weather, push the umbrella down so the plastic dome firmly touches soil on all sides. On warm days, pull the umbrella up several inches so air can circulate underneath—plants may cook otherwise.

Dome umbrellas cost about $2 each; during sales you may find them for $1.

Jug houses. Peter Stelling of Santa Cruz makes jug houses for his plants by cutting off the bottoms of gallon bottles; clear glass gives plants more light.

If you don't have a bottle-cutting kit, try this method to remove the bottom. Soak a piece of coarse twine in kerosene, tie it around the bottom of the jug, and set it on fire. As soon as it burns out, plunge the jug into cold water. The bottom should drop off. Unless you have children or pets who might touch or handle them, the rough edges are no drawback —they're buried in soil.

Remove the bottle caps to allow air and heat to circulate; replace them when you expect weather cold enough to damage plants.

These protectors should hold enough heat to protect tender plants from light to moderate frosts; if you expect hard

ELLS MARUGG

Wood frame *with sturdy translucent plastic protects plant bed. Face open end downwind; cover it if there is danger of hard frost*

Glass jugs *with the bottoms cut off give lettuce seedlings a faster start when the ground is still cold*

Sunset's GARDEN GUIDE

DARROW M.

Trailing African daisies *bloom in July in Los Altos. Heavier bloom usually comes in spring and fall. Growth is thick and low*

frost, try covering them with newspaper or blankets.

A blooming ground cover

Trailing African daisies are an attractive way to cover an expanse of ground where you can't or don't want to do much maintenance. The plants have spreading stems that tend to root wherever they touch the ground, soon forming a weed-resistant cover of fleshy evergreen foliage.

They bloom off and on throughout the year, but during spring and late fall, they form an almost solid sheet of flowers.

Many plants are commonly sold as African daisy, so be sure to ask for the trailing, perennial kind—*Osteospermum fruticosum*. It has 3-inch lavender flowers with deep purple centers and undersides. They fade to white with lavender undersides the second day. Other varieties available are 'African Queen' with purple flowers, and 'Hybrid White,' white with a purple center (right).

Although some of these have been available in northern California for over 10 years, you may still have some trouble finding them. If your nurseryman doesn't have any in stock, he may be willing to order them for you.

Plant in full sun in well drained soil. Water about once a week to keep growth vigorous during the summer, less frequently in heavy soils. Set plants 2 feet apart for complete cover within a year.

After the big December freeze, freeway plantings of osteospermum near Fremont are reported in good condition except in cold pockets. In Los Altos, unprotected plants were badly damaged, but look like they will recover. In areas where prolonged winter temperatures below freezing are frequent, you should regard these plants as annuals.

Interested in rare fruits?

Gardeners experimenting with rare fruits may be interested in an organization called the California Rare Fruit Growers. They put out two publications, a quarterly newsletter and a yearbook, which include evaluations of different varieties and advice from experienced growers on raising unusual fruits under California conditions.

The 1972 yearbook includes articles on growing subtropical fruit trees in containers, how to prepare and use seaweed on fruit trees as an insecticide and fertilizer, macadamia nuts, cherimoyas, mangoes, and *Synsepalum dulcificum*.

To become a member and receive these booklets, send $3 to John M. Riley, 3370 Princeton Court, Santa Clara, Calif. 95051.

Colorful annuals to start from seeds

There are many beautiful annual flowers that aren't sold as bedding plants, nor are they common on local seed racks. Such flowers can be especially appealing because you don't see them often.

Here are a few favorites. If you can't find them locally (and you probably won't), you can easily get seeds from mail-order seed companies; the W. Atlee Burpee Co., Riverside, Calif. 92 carries seeds of all plants listed.

Order the seeds now; sow them in sun after last frosts. These flower last well when cut for bouquets.

Arctotis. A daisylike flower 2 to 3 in across in a mixture of colors inclu yellow, bronze, pink, red, mauve, shades in between. It grows 6 t inches tall.

Calliopsis. An annual form of corec it has similar golden yellow flo about an inch across, but with a maroon center and markings. The ers bloom in sprays on graceful st Plants grow to 3 feet.

Annual chrysanthemum. Also know painted daisies because the flower ringed and patterned with colors yellow through red. Flowers are 2 in across; plants vary from 1 to 4 feet.

Gypsophila. A fine-textured plant ered with a mist of small white or

owers. Plants are 1½ to 3 feet ooms appear soon after planting t only 5 to 6 weeks. Sow every 3 eks for continuous bloom.

ssis. Velvety, trumpet-shaped in shades of purple, lavender, range, red, and yellow, veined in er or contrasting color. Plants 8 to 30 inches tall.

a. Ruffled dome-shaped flowers s or more across; mostly laven- e, pink, salmon, and purple.

g cut flowers last

deners who enjoy cutting flowers e indoor arrangements, here's make two popular spring blooms ger.

2 to 3 days extra life from s, cut them when the buds are inning to open. After cutting, the ill open and the flowers will fully on stems placed in water.

ke Iceland poppies last longer. an of boiling water and a jar of ter with you when you go out to m. Choose stems with buds just . As soon as you make a cut, dip of the cut end in the scalding or about 20 seconds. Then put le stem into cold water.

erica flowers and vegetables

wers and one vegetable won All- a Awards for 1973.

The winning flowers:

'Peter Pan Scarlet' zinnia combines large double flowers (3 to 4 inches wide) with dwarf plant size (seldom more than a foot tall). The plants stay neat and compact, withstand rough weather, and bloom heavily. This is the third Peter Pan color introduced. The other two—plum and pink—were 1971 All-America winners.

'Happy Face' marigold has golden yellow double flowers up to 4 inches wide on 26-inch tall plants. It blooms from July until frost.

The winning vegetable:

'Aristocrat' zucchini is distinguished by its extra earliness (first fruits come 48 days after planting seeds), its heavy yields, and the high quality of its squash. They don't fatten up and spoil as fast as other varieties.

If you have plant questions . . . garden clinic in Berkeley

Gardeners near Berkeley will get a special opportunity this month—they can ask local and university experts about garden problems and get ecologically acceptable solutions.

A group concerned about misuse of chemicals is sponsoring an environmental clinic. Experts on plant diseases, plant-damaging insects, soils, weeds, and organic gardening will be there to help gardeners solve their problems using common sense and nature's forces. You are invited to bring garden problems for diagnosis and suggestions. There is no charge.

The clinic will be held at the Berkeley Co-op, 1550 Shattuck Ave., on Saturday, March 31, from 10 A.M. to 4 P.M.

In addition to free advice, there will be exhibits of beneficial insects and other organisms, a slide show on garden ecology, and two films on biological control of harmful insects and weeds.

For written information on alternative methods of insect and weed control, write to the Pesticide Subcommittee, Northern California Committee for Environmental Information, Box 761, Berkeley 94701. Include a stamped, self-addressed envelope.

A substitute for Monterey cypress

Gardeners who plant Monterey cypress are inviting disappointment.

Particularly in the warm interior valleys, these trees are subject to a fatal fungus disease, coryneum canker. New plantings of Monterey cypress in fungus-infested areas will have poor chances for survival.

A useful substitute is *Cupressocyparis leylandii*, a hybrid between Monterey cypress and Nootka cypress. It's resistant to the fungus, accepts a variety of soils and climates, and grows quickly (to 15 or 20 feet in 5 years).

MARCH CHECK LIST: *Here are the important jobs*

☐ **Annuals.** If you haven't planted spring-blooming an- als yet, you can still get almost stant color by setting out cool-sea- n plants from nurseries: cine- rias, Iceland poppies, nemesia, nsies, Polyanthus and fairy prim- ses, stock, violas. In frost-free eas, you can plant summer annu- s: lobelia, marigolds, petunias.

☐ **Bulbs and bulblike plants.** March is about the end of the ring bulb planting season. Nur- ry stock is dwindling, so buy now d plant as soon as you can. Callas, nnas, dahlias, and tuberous bego- as are among your choices. Some rseries sell ranunculus and anem- e plants in flats. They will bloom ur to six weeks after planting.

☐ **Feeding.** Finish applying complete fertilizer around all well tablished permanent plants. If nts have yellow leaves, and poor ainage doesn't seem to be the oblem, apply an iron compound with a chelating agent along with fertilizer.

☐ **Lawn care.** Cool season grasses make their best growth from now through May. Apply high-nitrogen fertilizer; when you start watering, encourage deep rooting by watering deeply and infrequently. Good care now and in the next few months will encourage vigorous growth more resistant to summer stress.

☐ **Herbs.** Selections of herbs are at their best now and in the next few months. You can easily start many kinds from seed yourself, including basil, dill, marjoram, oregano, parsley. Most herbs grow best in well drained soil in full sun.

☐ **Plant for landscape effect.** Plant ground covers while it's still cool to get them established before hot, dry weather. One fast-growing choice, trailing African daisy, is described on the opposite page. If you use slow-growing plants, mulch bare ground between them to reduce weeds, erosion, and moisture loss. Low-growing annual flowers can serve as an effective and unusually attractive mulch.

☐ **Trees, shrubs, vines.** Start now to select and train well placed new growth. Remove shoots that detract from the overall appearance or crowd other branches. Thin out vines that are tangled if you haven't done it recently. Wait until after blooming for spring-flowering vines.

☐ **Vegetables.** Continue to sow seeds of beets, carrots, lettuce, onions, peas, radishes, spinach. Indoors, in coldframes, or in greenhouses, you can start eggplant, melons, peppers, squash, tomatoes. In mild areas, you may be able to put these plants into the ground this month (see item on plant protectors in this month's Garden Guide).

☐ **Watering.** Check containers and planting areas under the eaves to be sure they stay moist. □

the modular wine rack

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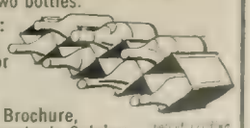

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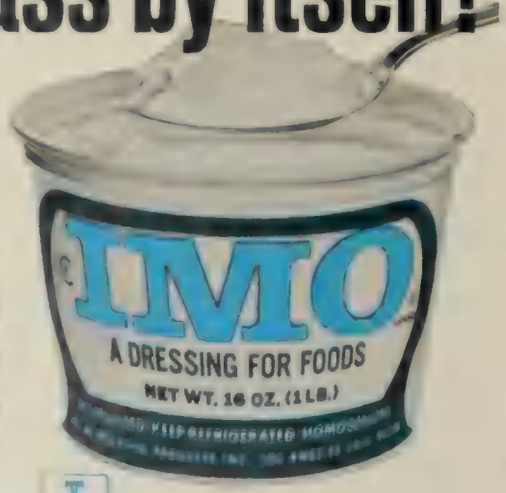

SEND FOR OUR NEW RECIPE BOOKLET. It's chock-full of new (??) recipes! And it's free!

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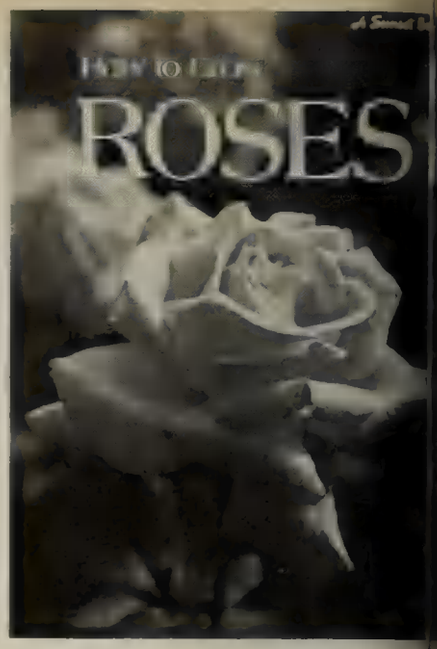
Limit one offer per [illegible] pint or quart size only. Void in any area where taxed, prohibited or [illegible] by law. Cash value 1/10 of one cent. PLEASE STAMP ENVELOPE AND CANCEL. Offer expires: *April 30, 1973*



Perfect bloom *of 'Sunset Jubilee' graces cover of new rose book*

A new book for rose grower

Although Western gardeners have plant choices than people in less fa climates, they still follow the nat preference for roses. Surveys of S readers show that two-thirds of grow roses, while plant competitor azaleas and camellias were pref much less often.

These rose growers will be interest learn that the *Sunset* book *How to Roses* is now available in a third re edition (Lane Books, Menlo Park, 1973; $1.95). Since the first editio peared in 1955, this book has 358,000 copies. The third editio cludes a good deal of new inform

Most striking of the new features Shopper's List of Favorite Varieti includes descriptions of over 200 ties of currently available roses, in ing 26 old-fashioned and shrub Fifty-six large color photographs full-page size) illustrate some of th

An early section on the history rose tells how the modern Hybri came by its bright colors, fragranc everblooming tendencies—and al tenderness to hard freezes, suscept to certain diseases, and resentme hard pruning. (The discussion of pr in a subsequent chapter urges the r to prune cautiously.)

Other sections deal with selectin site for a rose garden, preparing th planting and pruning. Pest cont treated conservatively, with wate hand-picking stressed as controls.

General Electric Potscrubber dishwasher guaranteed to do this. Or we'll take it back.

ot on the left has the remains of d bean casserole.

he unretouched picture on the s the same pot after it has been ed with the brushless water of one of our six Potscrubber ashers with Power Scrub.

Nothing else was o this pot. No pre- ng. No rinsing. shed it along full load of 88 lirty dishes, s and silverware. ou'll get the same s as we have if ollow our simple g diagrams for nt sizes and of loads. structions vided with every Potscrubber we sell.

That's why we can give this guarantee:

"Buy any one of our six Potscrubber* dishwashers with a Power Scrub Cycle from a participating GE dealer before June 30, 1973. If you're not fully satisfied with its performance (and you'll be the judge), notify the dealer within 30 days of your purchase. He'll take back the dishwasher and refund your money. No questions asked."

In addition to pots and pans you can also safely wash fine china and crystal.

We make a line of Potscrubber models to fit into alot of different kitchens. Three built-ins. Three front-load convertibles, portable now, can be built in later.

These are some of the reasons why more people use GE dishwashers than any others.

We also have a quality feature just as dependable as our Potscrubber.

Customer Care Service Everywhere. This is our pledge that wherever you are, or go, you'll find an authorized GE serviceman nearby. Should you ever need him.

The Potscrubber dishwasher... another reason why GE is America's #1 major appliance value.

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*Our Potscrubber dishwashers with Power Scrub Cycle are models SC or SD850N, SC or SD660N, SC or SD460N.

Oriental cooking. It's anything but foreign to today's PORK.

Pork's delicious, versatile flavor goes well with any dish you serve.

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And pork adds more to ■ recipe than just great taste. It's also lean, nutritious and digestible. Fewer calories, too. Pork also offers three times more thiamin (nerve food) than any other meat.

You'll find there's nothing mysterious about great Oriental cooking when you use pork.

Try the Chinese recipe below. You can even cook and serve pork from a wok. (That's ■ deep-dish utensil for Chinese stir-fry cooking.)

Bring the Far East just ■ little closer to your own kitchen, with today's pork.

STIR-FRIED PORK

1½ lb. lean boneless Pork (tenderloin, chops or loin roast)	1 tablespoon sherry
[illegible] strips	1 green onion and top minced
1 tablespoon sugar	2 tablespoons lard or vegetable oil
1 teaspoon salt	1 pkg. (6 oz.) Frozen Pea Pods
½ teaspoon ground ginger	1 teaspoon cornstarch
2 tablespoons soy sauce	1 tablespoon water
	Hot cooked rice

Blend together sugar, salt, ginger, soy sauce, sherry and onion. Mix in pork. Let marinate for 15 minutes.

Blend together cornstarch and water.

Heat oil in wok or skillet over ■ high heat about ½ minute. Add marinated pork. Stir-fry 2½ minutes. Push pork up sides, add pea pods. Stir-fry until pea pods are completely thawed. Add cornstarch mixture. Cook, stirring constantly, until sauce is thickened, about ½ minute. Serve with rice and additional soy sauce if desired. **Makes 4 to 5 Servings**

There's more to pork than chops.

National Pork Producers Council
4715 Grand Avenue, Des Moines, Iowa 50312

DON NORM

Fragments *of once-drab conc sidewalk make garden p*

They took a sledg to the old walk

What was once a concrete sidewall now a pleasant pathway in the Frede Kruse garden in Seattle. All it took a little hard work, some sand, and a simple tools (mainly a sledge hamme

First, the old walk had to be broken To do this, the slabs were pried up u a large crowbar as a lever. Once slab was lifted, it was propped up wi stone. A heavy blow in the middle o slab with a sledge produced stepp stone-sized chunks. (If the slab had hammered while lying flat, it would shattered into slivers.)

The large pieces were put to one and the useless fragments were car away. Only about 40 per cent of original material was used to mak path as long and as wide as the orig sidewalk.

Once the walk was out, a 4-inch bed was dug the length and width o proposed path. A level layer of 2 in of sand was put down in the bed, an broken concrete pieces were arrange top of that.

Garden soil filled in between the p of concrete and later Irish or Sc moss, thyme, or small rock plants wi grown in it. Thyme is an especially choice to grow between the stone recovers quickly from being wa upon, and it releases a strong a when crushed. For paths that are subject to heavy traffic, sempervi can be used; they do well in areas get lots of sunshine.

Design was by Jerald Bell of Glen Associates.

SU

DON NORMARK

Herbs for salads, *dressings, and marinades grow in kitchen window. From left, in hanging pots, are mint and salad burnet; on shelf and in planting box, parsley, rose geranium, thymes, sages*

A window herb garden that's right in the kitchen

Herbs need *added sun that shines through window's glass roof. Nearness to sink helps keep humidity high*

The original east-facing kitchen window, built with the rest of the house about 60 years ago, was too small to accommodate the herb-growing enthusiasm of the present owners, the Maxwell J. Shorts of Bellevue, Washington.

So they built a generous new window that's 36 inches wide and 54 inches high. It cantilevers 16 inches out from the house, beneath a sloping glass roof that lets in sunlight. Herbs in pots and hanging baskets thrive here even in the winter due to the comparatively high light level and the humidity of the kitchen.

The owners grow herbs for their favorite foods: chives, tarragon, and parsley for green goddess salad dressing, mints for

MOUSE TRAPS are the best way to kill mice. Right?

WRONG!

It's a fact, that mouse traps can cause more problems than they solve. If a trap does not accomplish a quick, clean kill, the job of "finishing off" the injured mouse is up to you. Or—if the trap happens to hit the mouse's tail or leg, he may hobble off, dragging the trap into the wall. But not with d-Con® MOUSE-PRUFE®...

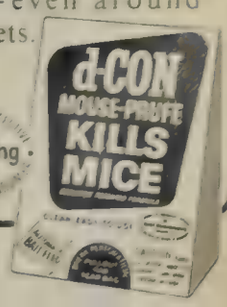
MOUSE-PRUFE IS CLEANER. No disease-carrying, messy mouse traps around the house . . . no handling mice. And no disposal problems.

MOUSE-PRUFE IS EASIER. Just pull tab on the package and bait feeds automatically. Mice eat 'til they've had enough—and disappear from sight!

MOUSE-PRUFE IS SURER. Because mice always come in family groups, one trap is not enough. But one package of MOUSE-PRUFE can do the job of two, three, or more traps.

MOUSE-PRUFE contains no violent poisons, so it's safe when used as directed—even around children and pets.

★ Good Housekeeping



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Super Strength Garden Hose.

Introducing the garden hose modeled after famous racing tires.
Belted radial garden hose by Supplex.
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At last here's a hose with construction that stands up to just about anything.
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A TIL-ROW* attachment turns a tiller into a complete garden tool

Put up rows . . . cultivate . . . make seed furrows . . . dig irrigation and drainage ditches! The low-cost Til-Row fits 95% of all garden tillers. Attaches in just a few minutes, and adds "between the row" versatility that triples the use of your tiller.

See your tiller dealer or write for more information to:

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*Reg. U.S. Pat. Off.

Seen from *outdoors, win*
projects 16 inches from ho
Dry vermiculite fills plant box. H
in pots are plunged in

meat sauces, rose geranium for a
jellies and sponge cakes, and rosem
for baked chicken.

The herb garden window was part
general kitchen remodeling designe
Seattle architect Edward J. Baar.
box for plants below the window is
inches wide, 33 inches long, and
inches deep. A lining of metal and
has drain holes in the bottom to a
any water not absorbed by the verm
lite to drain off to the ground. The
is filled with vermiculite, into which
are set. They need to be turned occas
ally, or they'll root into the sterile
mixture.

Most of the plants in the window
dug, potted, and brought indoors f
the garden during the fall. At that t
the chives, marjoram, mints, and th
were cut back hard to force new gro
Mature parsley plants dug from the
den are attractive as garnish or as h
ing baskets, but parsley grown
from seed is more tender and tasty.

General care—watering, grooming,
feeding—is similar to that needed by
indoor plants. When one of the h
looks droopy or turns brown, cutti
back and giving it a week or two u
fluorescent-tube lights will often
venate it.

An unexpected bonus from the win
is the fresh perfume herbs impart t
kitchen. Reaching in and clipping c
or tarragon for salad releases a ref
ing fragrance, as does crushing a
geranium leaf.

DON NORMARK

blossoms *about 3 inches across*
n early taste of spring

It's a delicate explosion

eners who like a spectacular re-
er that spring is coming will enjoy
xplosion of delicate white blooms
tar magnolia (*Magnolia kobus stel-*
produces. A deciduous shrub, it
in a dense mass of twigs to a typi-
ight of 10 feet.

gh it is not noted for its form, you
asily prune it to a pleasing shape.
ft to grow naturally, it becomes a
screen in summer, filled with soft
leaves. In winter the dense clutter
nches allows light to pass through
ntinues to block the view.

star magnolia in rich soil. In very
climates it should have light or
l shade and be kept away from in-
reflected heat. In the interior and
tainous West, you can expect the
s in April. In warmer areas blooms
ppear this month, if they haven't
y. (The plant is not recommended
e Southwest desert.) It's hardy to
and will tolerate dips to —20°, so
really a borderline plant. □

Know your onions!

(And other vegetables.)

Get this $2.95 value for just $1.00. From ORTHO® comes a totally new, beautifully printed volume every home gardener will want in his library. It's titled "All About Vegetables."

This new book is for you whether you plant in a window box or a full-fledged plot in the back yard. And even if you haven't grown vegetables in the past, the book is certain to whet your interest.

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Yes, please send me ORTHO's® "All About Vegetables" book. Send _____ copies, South, West or Midwest/Northeast editions (circle one) at $1.00 per copy plus 25¢ per copy handling charge per book. Please allow from 4 to 6 weeks for delivery. (Include your zip code.)

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Makes mulch and compost, too.

It's not as easy as just dumping all that backyard clippings in a bag. You can't burn it in many places. And a lot of clippings and twigs don't make very good mulch or compost. The answer is Sears remarkable Shredder-Bagger. It chews up leaves, stringy vines, branches, ivy and prunings; almost any kind of lawn and garden debris. Reduces up to 20 bushels of them to a single compact bag of fine shreddings. It's a lot easier to dispose of. But even better, you can use the shreddings as a mulch and save or turn it into a soil-enriching compost for a healthier lawn and garden. Because the Shredder-Bagger shreds fine, compost is easy and quick to make.

However you use it, the Sears Shredder-Bagger is tough, easy-to-clean, light and maneuverable. It's as easy to use as your lawn mower. The Shredder-Bagger comes in a 3½ HP model and a 6 HP heavy-duty model. (Model shown is #28566/576.) There's even a special model you can attach to your Sears lawn tractor. All models will help you have a prettier lawn and garden. Prices are a breeze, too. Check them out at your nearest Sears, Roebuck and Co. store or through the catalog.

Sears

GLENN CHRIS

Two big clusters *of plants and rocks separate brick-paved terrace from smaller rock and plant groups above*

Putting rock a plants togeth

Here's ■ refreshingly different use rocks and plants together. In assembling them in a single larg make several smaller related gro the ones in the photograph.

Even a tiny garden will have r one or more of these small pl rock clusters. They are easy to a plant, and care for. And to g who like to get close to plants t joy—you can walk right up an quainted with even the most di alpine types of rock plants.

Place rocks on the surface of th (occasionally you may have to p on top of another), fill the pock soil mix, and set the plants in Then put in a walk-on surface the groups.

Choose dwarf kinds of rock pla 40 different kinds of rock plan garden above include dwarf p such as alyssum, campanula, co coral bells, and yarrow; herbs dwarf lavender and thyme; d dwarf shrubs—cistus, cotonea pomegranate; dwarf forms of c cedar, chamaecyparis, juniper, and succulents.

The terrace in the foreground paved with 6-inch hexagonal b in sand. Landscape architect Church designed the garden for Mrs. Frank Webster of Portol California.

"HOW TO GUARD YOUR GARDEN"

Helpful Hints from Jerry Baker, America's Master Gardener

PROTECT PLANTS!

If it's *plant protection* you want, use a Hudson compression sprayer. You're in command. You apply the right spray . . . in just the right amount . . . right where the trouble is. No overdosing. So for land's sake, use a Hudson Sprayer. It's the best way to protect your yard and garden from bugs, disease and weeds.

A Hudson Sprayer . . . is good for your plants . . . good for your world, too.

FOR BEST RESULTS, USE A HUDSON SPRAYER 5 REASONS WHY

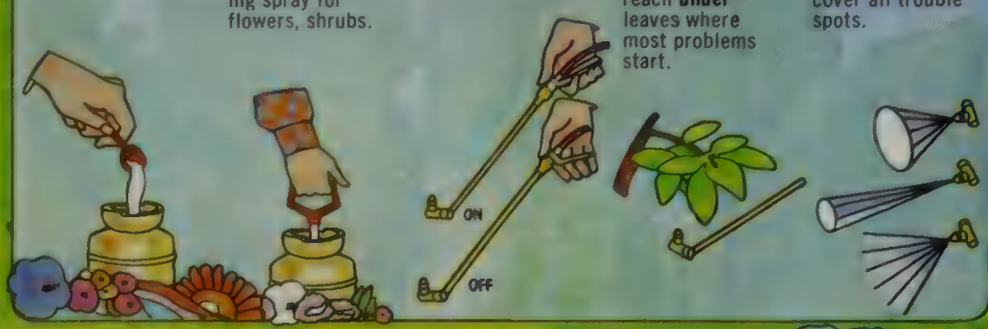
1. With a Hudson Sprayer, **you** mix the spray material. You **know** what's in the tank, that it's mixed exactly as recommended.

2. You pressurize the tank for the spray **you** want—low pressure for a coarse, non-drift spray (ideal for weeds) or high pressure for a misty, penetrating spray for flowers, shrubs.

3. Hand spray control valve gives you **instant** on-off spray control. You put only the amount needed (spray just to the point of runoff). **No drenching.**

4. Hose and extension tube gives you plenty of reach. No stooping, squatting, crawling or climbing a ladder. Put spray right on target . . easy to reach **under** leaves where most problems start.

5. With the nozzle, you set the spray pattern . . . from a coarse long-range spray to a fine mist to envelop a plant. And you can spray **at any angle** to cover all trouble spots.



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(Great for Plants, Too!)

Tree problems? Spray 'em with a Hudson Trombone® Sprayer. Reaches up to 25 feet. Great for shrubs, flowers, too. Easy to use—operates like a slide trombone!

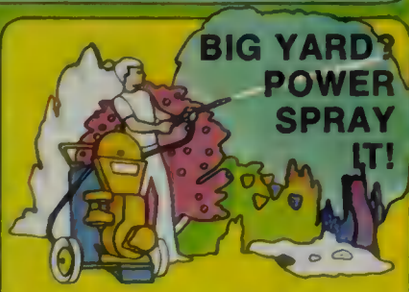
Jerry Bakerisms:

Rabbits robbing your garden? A border of marigolds protects vegetables from bunnies. Your lettuce keeps its head!

Wear golf shoes to walk and work on your lawn. You improve your traction—and help aerate the lawn at the same time!

To control pests, there's a government-approved spray available. There's no worry about polluting if you apply it right . . . and the right **sprayer** is one of the best ways to get best results.

BIG YARD? POWER SPRAY IT!



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LADIES LOVE THE LADYBUG®!

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SIGN OF THE BEST BUY

HUDSON

HUDSON SPRAYERS

The Right Way to Spray

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Growing dandelions for the cook

Those who've spent hours prying dandelions from lawns may hoot at the thought of growing them on purpose. But it is being done, and with good reason. You can buy and plant seeds of selected forms—with wider, thicker, and longer leaves than the bitter, stringy weed form—and harvest them for salads, cooked greens, tea, or wine. The fresh leaves are rich in vitamins.

The seeds, offered at many nurseries and in mail-order seed catalogs, cost about 50 cents for a package of approximately 2,000—enough to sow several rows. They may be labeled Thick Leaved Dandelions or Cabbage Leaved Dandelions.

Starting the seeds

For best results, sow seeds this month. In the intermountain regions you may have to wait until April. Seedlings must get their start in cool weather. To speed germination, chill the seeds in the refrigerator for about a week before sowing. Or try alternately freezing and thawing them over several three-day periods.

Plant in full sun in quick draining soil—sandy loam if possible. The richer the soil, the more robust the plants.

Sow seeds directly in rows spaced 1 24 inches apart. Cover them with ½ ¼ inch of finely sifted soil and w thoroughly.

As the plants develop, thin them You can eat the young tender green salads or boil them as you would s ach. Eventually the rows should thinned to one plant every 18 to inches (mature dandelions will have wide a spread).

Give the plants plenty of water. If drainage around them is proper, it wo be wise to water daily during the summer months. Many dandelion cionados say that generous watering ens the bitter taste. Throughout growing season keep the rows fre weeds. Unless the soil is exceptior rich, you should fertilize as often as a month with a high nitrogen fertiliz

Harvesting—and after

After 60 days you may want to bla the plants to bleach the inside leaves make them tender. Bunch all the le together, forming a column around above the crown of the plant; slip a ber band around the leaves or tie t together with a piece of twine or ra Keep them tied for about a month, you are ready to harvest. Or you blanch leaves by piling sand around plants or putting an upside-down flo pot over them.

About 95 days after sowing, you start harvesting the greens. Simply ga them in a bunch and cut them off b the crown. Wash off the dirt. Tende side leaves can be eaten raw in a s but tougher outside leaves must cooked.

(It is impossible to harvest wild da lions. Use only young, tender leaves

Leave the roots in the ground and y have greens to harvest again in summer of the following year. E lished beds will yield two crops of gr a growing season. The spring cro usually the tenderest.

If you get really hooked

Some growers keep beds for y others prefer to sow new beds in ground about every three years. You dig roots in late fall and take ther side. If you bury them in moist sa a warm place, they'll sprout pale te leaves that are good in salads. If leave roots in the ground all year, may need to mulch them lightly i inland cold-winter areas.

Cut off flowers or flower buds wher you see them. If they're allowed to seed, you'll have dandelions everyw just as happens when wild plants seed. Dandelion wine is made fron flowers—get instructions from the li or at a winemaker's supply store.

This month's garden events

jo. March 3 and 4. Show presented e North Bay Bonsai Society. Place: rai Center. Dan Foley Park. Hours: to 6 P.M. Saturday; 11 A.M. to 5 Sunday. Free.

Francisco. March 6. Final garden shop in a Tuesday morning series ored by the Strybing Arboretum ty. Place: Hall of Flowers. Golden Park. Ninth Ave. and Lincoln Way. s: 10 A.M. to noon. Fee: $2 for so- members: $3 for nonmembers.

ma. March 11 and 12. Flower by the Petaluma Garden Club. Kenilworth Recreation Building. rounds. Hours: 1 to 5 P.M. Sunday; to 5 P.M. Monday. Free.

afael. March 14. Japanese flower ging by Mrs. Sheldon Branden- r presented by the Peacock Gap n Club. Place: Peacock Gap Coun- ub. Time: 11 A.M. Donation: $1.

rancisco. March 17. Annual dahlia ale by the Dahlia Society of Cali- . Place: Hall of Flowers. Golden Park. Hours: 10 A.M. to 4 P.M. Roots are priced at 50 cents each: $5.

n. March 20 and 21. Flower show ted by the Graton Community Place: Community Clubhouse. : 10 A.M. to 9 P.M. Tuesday; 10 o 4 P.M. Wednesday. Free.

rancisco. March 23, 24, and 25. r show by Ikebana International. rancisco Bay Area chapter. Place: of Flowers. Golden Gate Park. : 10 A.M. to 5 P.M. Admission: students 12 and over, $1; under cents.

sburg. March 24 and 25. Spring n tour sponsored by the Chamber mmerce: map available at office. ealdsburg Ave. Free.

nento. March 24 and 25. Nine- annual show of the Sacramento Society. Place: Florin Center 6117 Florin Rd. Hours: 10 A.M. .M. Saturday; 11 A.M. to 5 P.M. . Free.

ancisco. March 30. San Francisco Club "Skillorama." Skills dem- ed will include topiary making, arranging, and succulent planting. Hall of Flowers. Golden Gate Hours: 10 A.M. to 4 P.M. Admis- l; senior citizens, 50 cents. Lunch will be served starting at .M.

Meet the
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The one perfect digging tool?

It doesn't exist. Here is a report on 15 tools and their uses

Who would think that the digging tools shown here co controversial in any way? But you can find a variety of opinions on which works best for a certain job.

That's not surprising since different gardeners have d builds, training, and ways of doing things. And each tools has uses that go beyond what it was made for.

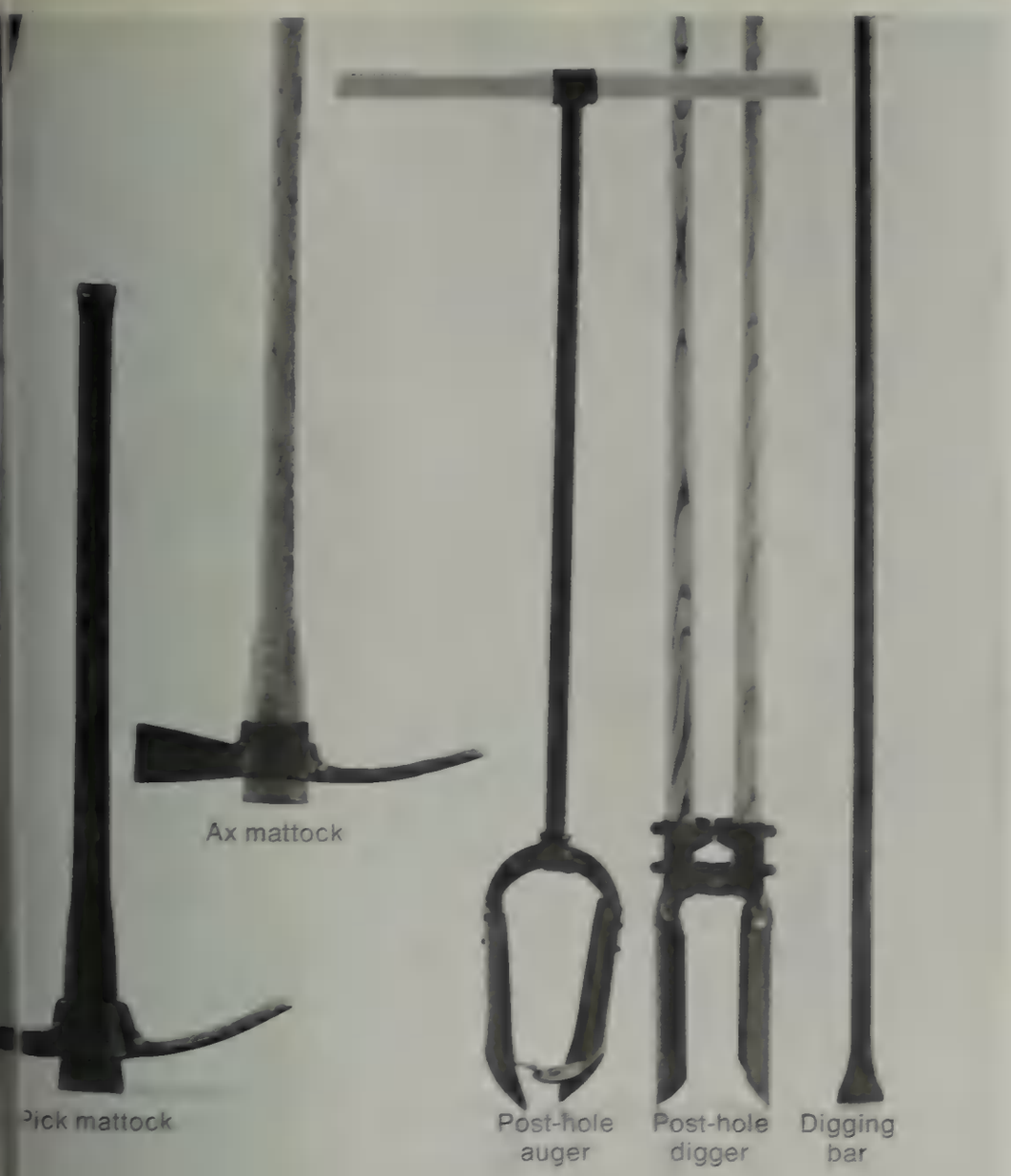
If you haven't already developed strong preferences, y be interested to know what jobs certain tools were d to do, and some of the ways other gardeners use the photograph above shows 15 kinds of tools useful f some, or all of these jobs: spading, digging holes, tre transplanting, scooping or lifting material, mixing so

Round-point shovel. This is the best all-around tool ging, scooping, and shoveling if you're going to own o of the tools shown. The blade is set at a slight angl handle. A similar-looking tool (called an irrigation has a straight shank; some people find it easier to u digging planting holes or ditches with straight sides.

Small shovel. This lightweight tool is popular for wor children; also useful for planting small plants.

Square-bladed shovel. Strongly curved sides make thi clumsy for most digging jobs, but it holds a big load w are moving soil or other materials. It's also good for up paved surfaces and for leveling areas for patios an

Long-bladed spade. Use it for moving deep-rooted pe



From lightweight *shovel to 13-pound bar, these tools do the digging and scooping around a garden. Spading fork the man is holding has thick, chisel-shaped tines rather than broad, flat ones*

d shrubs; also for digging ditches or holes.

A spade has an almost flat blade and sturdier con-
n than most shovels. Many gardeners use it to dig and
, to work in soil amendments, to dig trenches, prune
cut straight edges in the ground.

hovel. Use it to move loose, lightweight materials
, bark, gravel) or for mixing container soils on flat
. Aluminum ones are extra light.

d manure forks. These round-tined forks are the
equivalent of the scoop shovel. They are useless for
but when you want to move light, cohesive stuff like
artially decayed compost or manure, coarse straw
or other garden roughage, the prongs pierce the
l hold it together.

ned forks come with three to ten tines; four to six-
lels are probably most useful for garden jobs. The
es a fork has, the better it can pick up wet or heavy

forks. In all but very crumbly soils, the flat-bladed
a spading fork hold clumps of soil together just as
spade. Use a fork when hard soil, rocks, or roots
ding difficult, also to work in soil amendments, to
il around plants, or to lift bulbs and tubers after the
lown. The second spading fork shown is the English
h thick, chisel-shaped tines for working heavy soil

where regular spading forks may bend.

Mattocks. Both mattocks shown have one blade shaped like a big 3½-inch-wide chisel. This blade serves to fracture hard soil and to do other brute-force, no-finesse soil tasks. One has a pencil-shaped pick end that's sometimes better in rocky or clay soils. The other has an ax-shaped end, good for chopping through the roots of invasive plants such as bamboo or ivy. (Sharpen the ax end before using it.)

Post-hole auger. Turn it through soft soils or dampened hard soil like a giant screw. Pull out and dump one auger load of soil at a time. Rocks may deflect the auger, making it difficult to get a straight hole.

Post-hole digger. You pound the pair of open blades into the soil, open the handles to close the blades around some soil, then pull it up. In hard or rocky soils, some gardeners find a post-hole digger more effective than an auger.

Digging bar. You can use it in hard, rocky soils for prying out rocks, wedging holes open, or squaring post-holes.

Long or short handles? You can buy almost all types and sizes of shovels, spades, and forks with either long handles or short D-shaped ones. Which handle is best depends on the job and on factors such as your height, strength, and work habits. In general, long handles are better for reaching jobs. D-handles are handier for close-up jobs.

For information on tool maintenance, see page 200.

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Easter Seals

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March 1 – April 22

NORMAN A. P

Pampered *plant grows in a 9-inch pot beside sunny window*

Good old aspidist can still surpris

The saga of the aspidistra continu
As a house plant (above), it has a known ability to take the worst c tions. It is not known as the cas plant for nothing.

But as an outdoor plant, aspidistra surprising us by doing so well in un places. Eleven years ago, *Sunset* r ed on some aspidistras that survi severe January freeze in the Me Oregon, garden of L. G. Gentner past December was even colder— nights of 6° below zero. Mr. Ger plants made it again, this time pro by a 5-inch blanket of snow.

For an even lesser known aspidist ent, see the photograph below purplish brown lumps near the base grow directly from underg rhizomes where the leaves also s and they often fade before a notices. Brush the soil back to see clearly. They are aspidistra blosso

Tiny purple-brown *flowers look like mushrooms as they poke up through the soil around leaf stalks*

A Tappan air conditioning ealer takes an unusual interest in your family tree.

ur house is shaded by a big it'll figure into the estimate a an dealer works up for you. Depending on where the tree ated in your yard as well as e it shades your house and , it could mean you'll need less s of cooling. And that'll cost ess.

aking your family tree into deration is just part of the n dealer's estimate. Don't be ised if our dealer goes through attic, into your cellar, through ctwork of your furnace, around all of your windows, and into asking personal questions. Like how often you bake cookies or entertain? And how many children you have, to open and close doors?

Every Tappan estimate is different for different houses and variables, but, in one respect, they're the same — accurate! And that's because a Tappan dealer has a factory-approved checklist* to work with.

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The other ways of estimating go on. Over the phone. Under the the table. Overestimated. Underestimated. Some people even get estimates from friends who aren't even in the air conditioning business.

Who can you trust?

After reading this, you shouldn't have to guess.

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Garden guide for MARCH

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Sharpening can make a big difference

Many gardeners don't realize they a working a lot harder than they need because their tools are dull. (The diff ence between a dull and sharp spade, instance, is as great as between a d and sharp kitchen knife.) Hoes, spad pointed shovels, and mattocks were o sharpened before you bought them. N they usually aren't, so unless you d yourself, you've probably never worl with a sharp one.

Our pictures show two ways to shar garden tools: with an electric grind wheel and with a flat hand file of dium coarseness.

Using an electric grinding wheel is a easy method, but be sure you keep blade moving on the wheel or the m may get so hot that its temper is stroyed. Pause frequently to let the m cool (you may even want to dip water). Once you've made a sharp on the tool, use a hand file to make bevel smooth and even.

A hand file takes longer but can als the job. File in one direction only, st ing away from the body.

Sharpen *hoe on the back side. To do it by hand, use a flat, medium-coarse file. Stroke in one direction*

DARROW M. WATT

To scour *and prevent rust on spades and similar tools: Chop them up and down in a bucket of gritty sand mixed with oil (old crankcase oil is fine)*

Fastest *way to sharpen an electric grinding Sharpen spade front and back sides o*

To straighten *bent spading fork, put ¾-inch water pipe over tine, push or pull gently*

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IG MEDITERRANEAN/ISRAEL CRUISE. APR. 1, 1973 atendam from New York. 41 days. 21 ports. To Funchal, lanca, Tangier, Almeria, Valletta, Piraeus, Izmir, Rhodes, Fama- Haifa, Ashdod, Iraklion, Navarino Bay, Syracuse, Naples, ɔ, Ibiza, Malaga, Gibraltar, Lisbon, Horta. $1675 to $4640.

MER NORTH CAPE/RUSSIA CRUISES. JUNE 5, 1973. olendam. From Port Everglades. From New York 6/8. $2075 to $7030. **JUNE 26.** s.s. Statendam. From Port Ever- . From New York 6/29. From $1980 to $4670. **JULY 20.** lendam. From New York. From $2150 to $7175. 41 days 20 ports. To Reykjavik. Hammerfest, North Cape, Tromsoe, eim, Geiranger, Bergen, Oslo, Goteburg, Gudhjem, Stock- Leningrad, Helsinki, Visby, Copenhagen, Rotterdam, Zee- e, Le Havre, Torquay, Horta. Returning to New York.

ERN EUROPEAN CRUISE. AUG. 10, 1973. s.s. Veendam. New York. 35 days, 20 ports. To Funchal, Safi, Casablanca, ar, Le Goulette, Valletta, Syracuse, Naples, Ajaccio, Palma, e, Malaga, Lagos, Lisbon, La Coruna, St. Peter Port, Le Isle of Wight, Torquay, Glengariff. From $1680 to $5680.

ERN MEDITERRANEAN CRUISE. AUG. 31, 1973. s.s. Volen- rom New York. 35 days 23 ports. To Ponta Delgada, Lisbon, Cadiz, Ceuta, Tangier, Malaga, Ibiza, La Goulette, Valletta, Syracuse, Naples, Livorno, Portofino, Genoa, Cannes, Monte Carlo, Ajaccio, Barcelona, Palma, Alicante, Gibraltar, Casablanca, Funchal. From $1610 to $5450. Returning to New York and Port Everglades.

FALL MEDITERRANEAN CRUISE. OCT. 6, 1973. s.s. Volendam. From New York. From Port Everglades 10/8. 41 days. 21 ports. To Funchal, Casablanca, Gibraltar, Alicante, Mahon, Cannes, Monte Carlo, Portofino, Genoa, Naples, Piraeus, Mykonos. Istanbul, Izmir, Rhodes, Valletta, La Goulette, Malaga, Tangier, Lisbon, Ponta Delgada. From $1980 to $6850. Returning to New York and Port Everglades.

AROUND SOUTH AMERICA CRUISE. OCT. 21. 1973. s.s. Veendam. From New York. From Port Everglades 10/23, 51 days to Cristobal, Balboa, Tagus Cove, Trujillo, Callao, Iquique, Antofagasta, Coquimbo, Valparaiso, San Antonio, Concepcion, Corral, Puerto Montt, Punta Arenas, Mar del Plata, Buenos Aires, Montevideo, Maldonada, Itajai, Santos, Rio de Janeiro, Salvador, Recife, Fortaleza, Barbados, St. Thomas, and more. From $2780 to $7980. Returning to Port Everglades and New York.

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SPACE CONTRIBUTED BY THE PUBLISHER

Japanese maple, *breath of heaven, nandina, and blue agapanthus lend softness*

A welcome from the wild surroundings

How do you fit a sophisticated house into a wild, untamed setting? Landscape designer Dick Terril's way with the Jean Gomes house in Los Gatos, California, was to make a welcoming entry garden serve as a transition between the house and its mountain setting.

The entry garden has two basic parts. One is outside the gate and looks to the mountains for its inspiration. The other is inside the gate and has the air of an informal garden.

Outside (photograph at top right) is a large mound with boulders, ground cover, and a tree. The planting looks might be native, but only the cover, bearberry manzanita or k nick (*Arctostaphylos uva-ursi*), is. The dwarf Japanese garden (*Juniperus procumbens* 'Nana') blue Atlas cedar (*Cedrus* 'Glauca') thrive with the scant that natives need.

Inside the gate is a narrow bay the garage and a wing of the hou manent plantings in this are chosen for their year-round goo and to provide background for

NORMAN A. PLATE

Atlas cedar, *dwarf juniper, bear-manzanita suggest mountains*

ays of flowers. The big plant right o the gate is a Japanese maple. It is in summer and has bright foliage in spring and fall; in winter its twigs make intricate patterns st the sky.

shrubs include azaleas, raphio- nandina, and pink breath of heaven osma (*Coleonema pulchrum*), a shrub that looks like heather. All attractive evergreen foliage, and have a long bloom season. The agapanthus 'Peter Pan' has attrac- ow foliage mounds and tall, airy rs of cool blue flowers. □

eads *in from parking area gate, then between garage use to front door*

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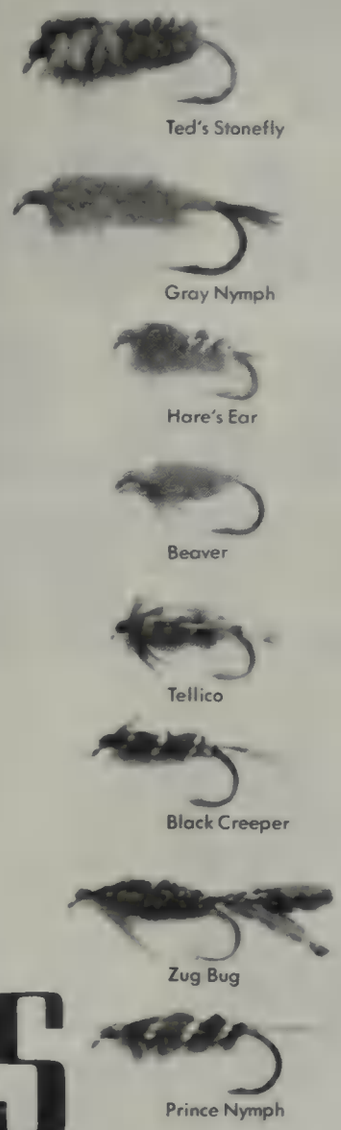

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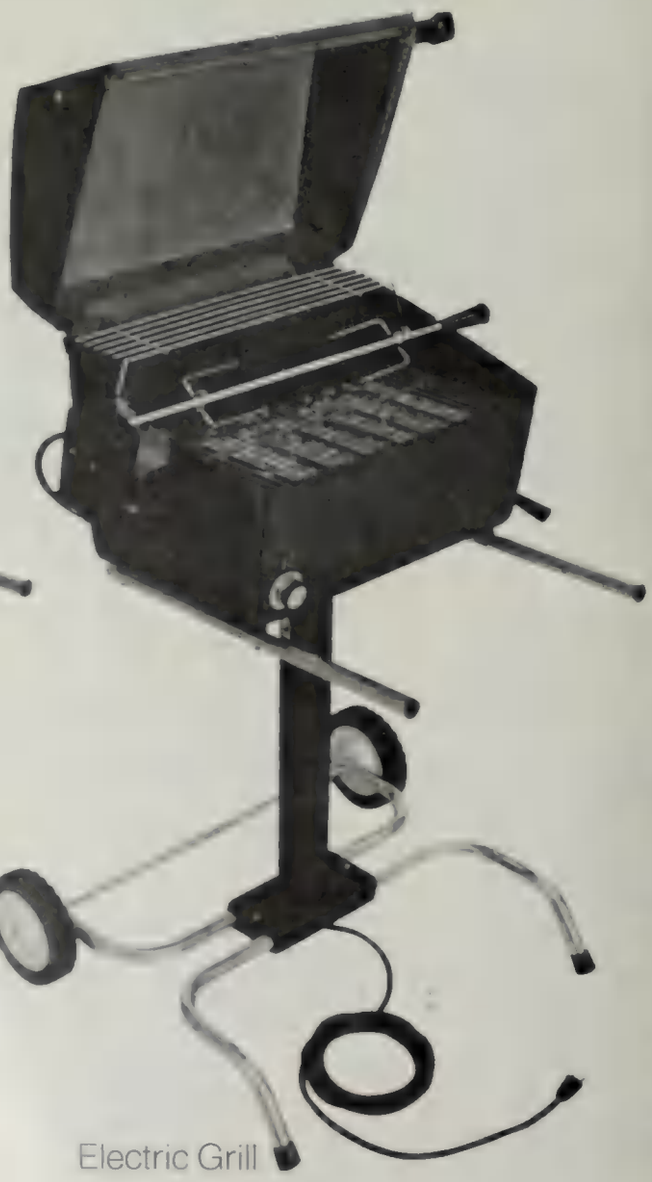
Regency Gas Grill



Electric Grill

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But if you spend more hundred, hu more—you h careful

better like a gas or electric grill.

Temco is the company that offers you both gas and electric.

Just take your pick.

But we won't tell you to buy our grills just like that. We will tell you what to look for. And if you find some other gas or electric grill that measures up, fine. But don't hold your breath looking.

We have the grills that really move.

Portable grills, both gas and electric. Grills that go where you want them. One is a gas grill on wheels. Another is an electric grill on wheels that goes wherever there's a plug. And we have a gas grill with its own propane fuel supply that goes—well, anywhere.

How to find a grill that's a real gas.

On the outside all gas grills are alike. Almost. Look for a grill with handles on the side of the grill, like Temco. It alone could save you from getting burned.

Inside, check to see if the burner is made of stainless steel for long life, like Temco. Plus check to see if the burner ports are shielded completely to prevent clogging, just like Temco.

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Rain and snow are fine in their place—and that's not inside a gas grill. So make sure yours has a watershed on the top of the hood, like Temco.

You'll want a rotisserie option, of course. Look for one with an extra long handle that won't get too hot to handle. Like Temco.

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Look for a hood that covers the subject.

Make sure the hood is big enough—and the cooking pit is deep enough—to accommodate large items like turkeys, hams and roasts. Like Temco. In fact, your neighbors will be glad you chose Temco. They know there'll be plenty of room for their steaks on the grill.

Okay, you're convinced. You want a Temco grill. Well, who do you see?

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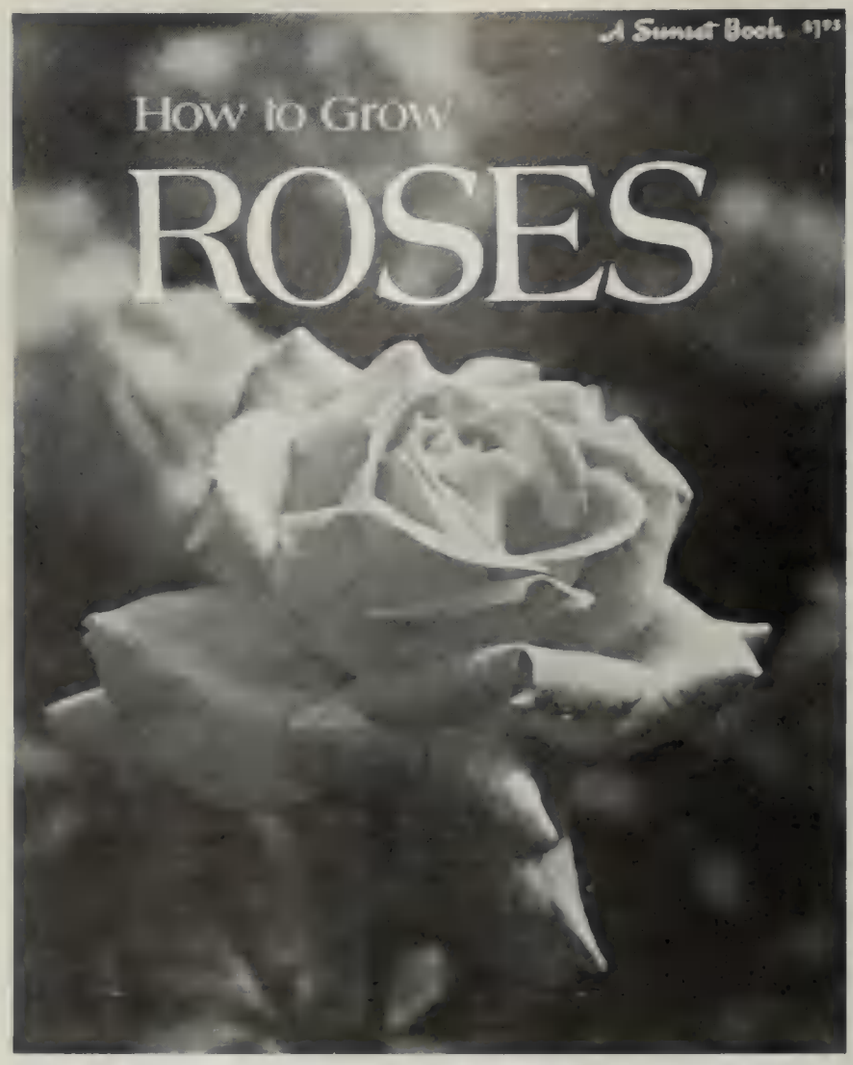

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20A16

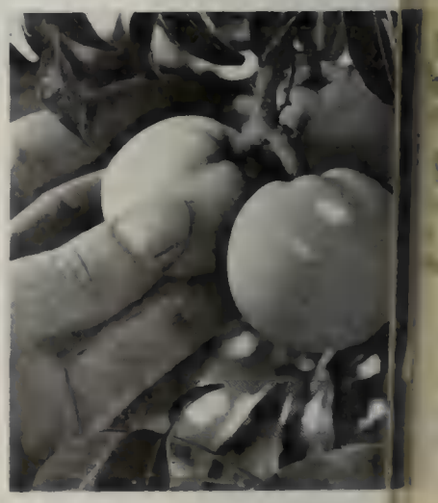
GERALD R. FRI

A 14-year-old *tree carrie*
of ripe fruit in Sep
in San Jose garden of Joe M

The sapote deser a kinder fate

Sapote, a heavy-bearing subtropic tree, was once known by a fair of California gardeners, but toc know it and even fewer grow it serves a kinder fate.

In its native Mexico and Centra ica, white sapote (*Casimiroa edu*



Ripe fruit *is yellow, ta*
and custardy. It
skin, should be ha

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WILSON'S CERTIFIED

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grow as tall as 50 feet in the cooler, drier hill areas. In California, it does best in the avocado country along the coast of Southern California, where it remains evergreen (see climate zones 22, 23, and 24 of the *Sunset Western Garden Book*). In the northern part of the state it does well only in milder coastal areas (zones 15 and 16). During severe freezes such as the one northern California had last December, the trees lose their leaves, but well established ones usually recover.

The Aztecs, who grew white sapote for its fruit, named it *cochiztazapol* (sleep-producing sapote). Whether or not it makes you drowsy, ripe sapote has a flavor that wins many converts—it combines the consistency of papaya with the flavor of a sweet banana. Sapotes are good to eat fresh, in salads, and on ice cream. One sapote grower reports that after the skin and seeds are removed, the pulp can be frozen for later use.

Starting a sapote

Sapote plants are hard to find in nurseries; two that sell them are listed at the end of this article. However, if you have a friend with a tree you can get seeds in late summer or autumn by removing them from the pulp of the ripe fruit. Each fruit contains from one to five seeds and it's quite easy to start trees from them.

Plant the seeds about an inch deep in small pots filled with vermiculite, which should be kept moist until the seeds sprout in 3 to 4 weeks. When the first pair of leaves form, transplant each seedling to a larger container filled with a fast-draining soil mix. Next March or April, choose the most vigorous seedling and plant it in its permanent place.

Sapote has one trait that may be annoying—it can produce a superabundance of fruit, up to several hundred pounds per year from a single tree. Falling fruit can make a big mess, so plant your sapote in a remote area of the garden where you can rake up the fruit. Or beneath the tree plant a loose ground cover that will swallow the fallen fruit.

Trees grown from seed often grow large and produce inferior fruit. To get a manageable tree with good fruit, you should graft branches from a dependable variety of sapote onto a well established seedling. (You can use a friend's tree as a source of grafting wood if it is a named variety or if it produces good fruit.) You can make grafts onto year-or-more-old seedlings any time between February and November.

If you are lucky you may find a sapote at a nursery. The only ones we know that still sell sapotes are in Southern California: M & N Nursery, 1041 Ormsby St., Vista; Green Valley Nursery, North Highway 395, Escondido. Each place has only a couple dozen plants for sale.

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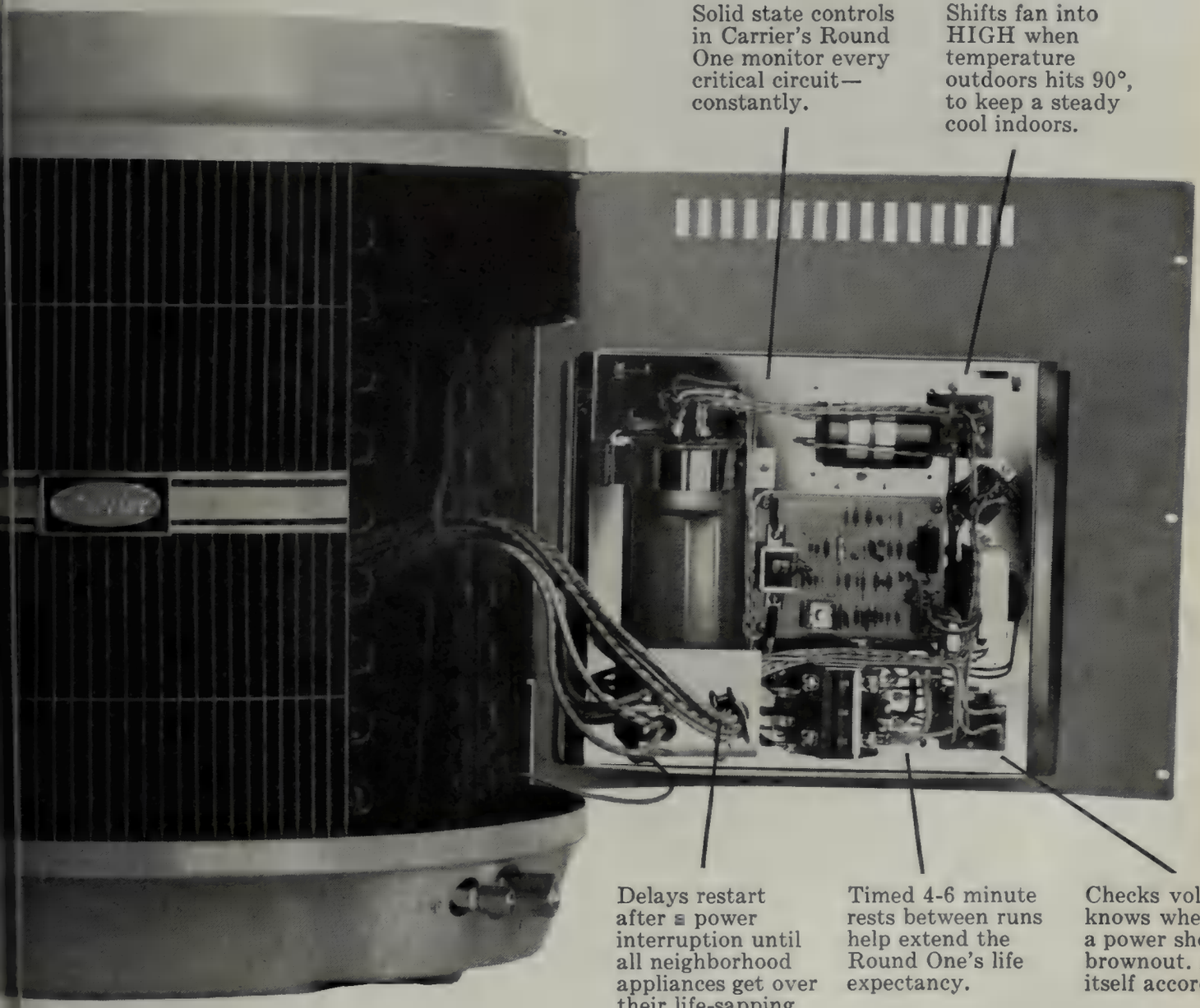

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Birch trees *make background for low hedge of Grevillea 'Noellii' (left), bed of star jasmine (right)*

Steep lot? Here i one answer

When they moved into their new hou in Walnut Creek, California, the Her Mahons found their lot too steep conventional landscaping with expans lawns and boundary shrubs. But it w also too steep to leave unplanted, at mercy of eroding rains. Their soluti was to plant ground covers; you can how well it worked.

If you would like to duplicate their su cess, March is a good month to sta Soil should be soft and workable af heavy winter rains, yet freshly plant slopes aren't likely to erode in later li rains. Plant roots start into growth

Bank cover *is dwarf, holly-leafed Point Reyes ceanothus*

DON NORMARK

Dwarf rosemary *masks edges of railroad tie garden steps, yields occasional sprigs for seasoning sauces*

, and plants will be well established he time summer heat comes along. , the fast growth means weeds get chance than at other seasons.

Mahon ground covers include one e and a number of exotics. The na- is Point Reyes ceanothus (*C. glorio-* Although it grows wild only near coast, it thrives in interior gardens, standing either considerable drought eavy watering.

ng the non-native ground covers ajuga, Aaron's beard (*Hypericum cinum*), lavender flowering *Lantana tevidensis* (*L. sellowiana*), and star ine. The ajuga and lantana look a shabby during the coldest weather, are valuable for spring and summer ers. Star jasmine occupies a prom- t spot near a collection of flowering bs and trees. Aaron's beard, tough- f all (and rather invasive), grows in ying areas.

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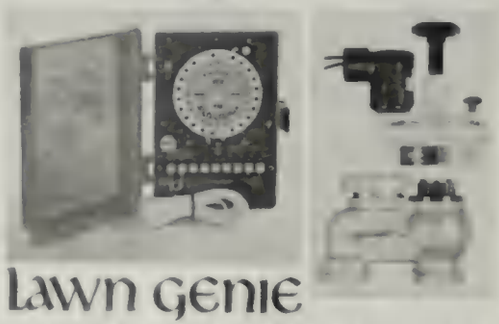

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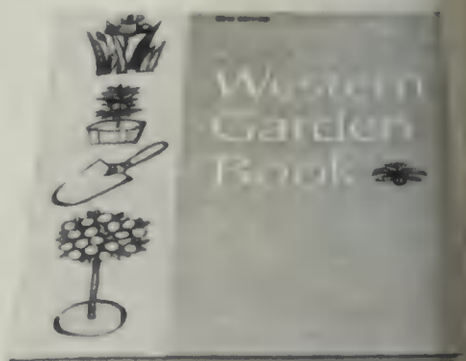

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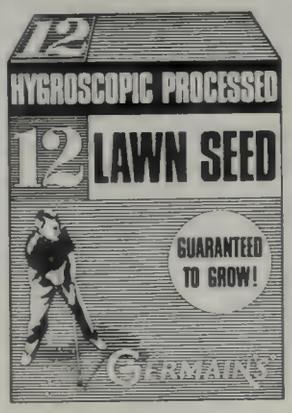

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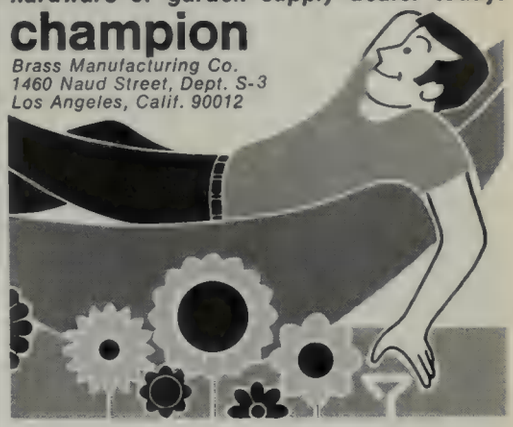

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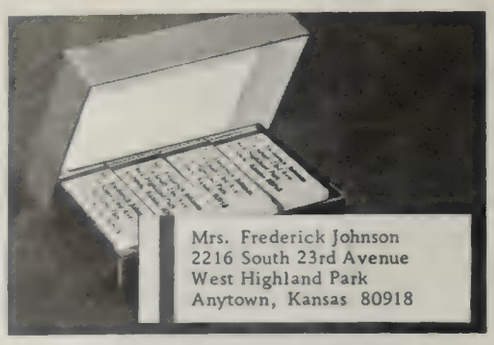

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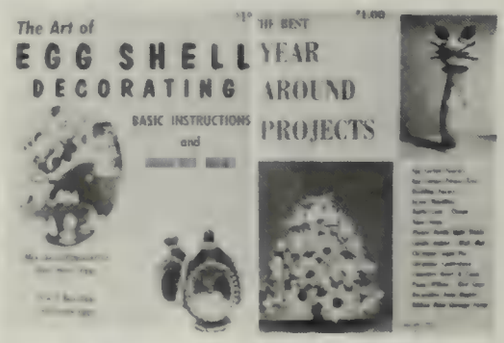

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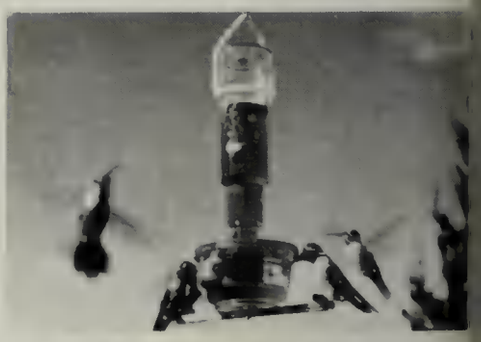

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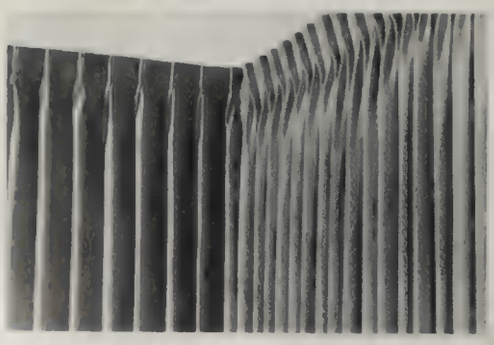

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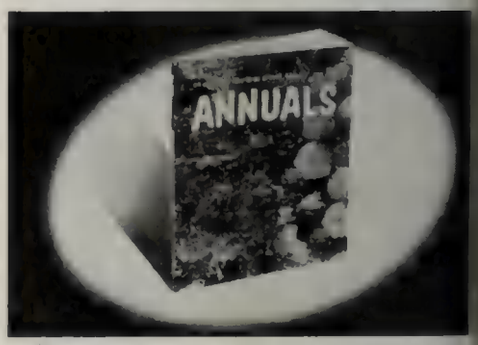

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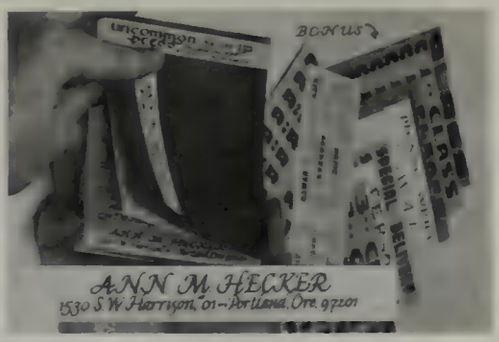

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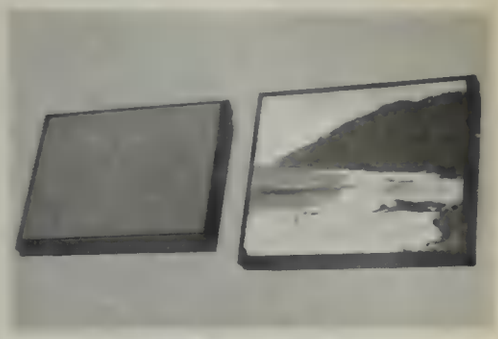

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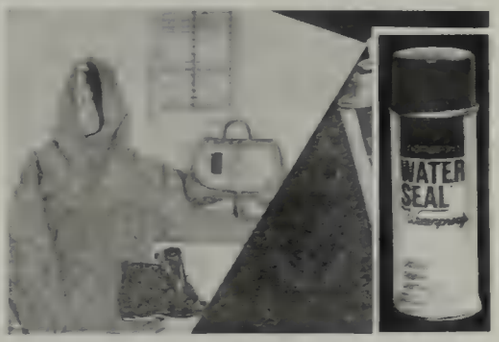

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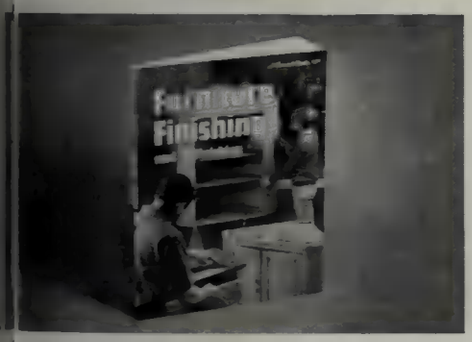
Colorless Thompson's Water Seal protects, preserves, waterproofs and keeps leather boots, children's play shoes or adults' dress shoes dry all winter. Shine the next day. Waterproofs topcoats, jackets, outdoor clothing, canvas and awnings. Won't harden or crack leather or fabrics. At paint, hardware, sporting goods stores or write direct. Aerosol spray $1.89; Qt. $1.95; Gal. $5.95; 5 Gals. $28.25 ppd. tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.

Waterproofs as You Stain

Thompson's Chemical Waterproofing Seal-Stain in six colors protects and restores the natural beauty of redwood and cedar, adds beauty to plywood or knotty pine, waterproofs fir, pine, mahogany, wood shingles, shakes. Contains over 60% Thompson's Waterseal. Stops water damage. Apply by brush, roller or spray. At dealers or write direct. Thin w/TWS. Qt. $2.15, Gal. $6.50, 5 Gals. $31.00, ppd. Tax incl. No C.O.D.'s please. E. A. Thompson Co., Inc., 1333 Gough St., San Francisco, CA 94109.



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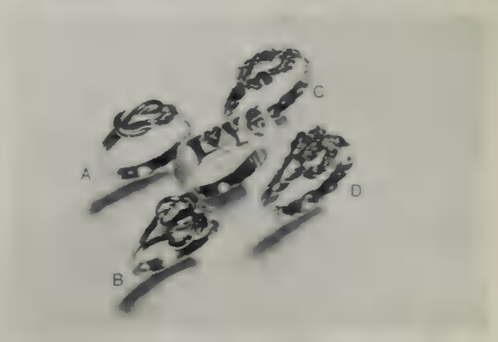

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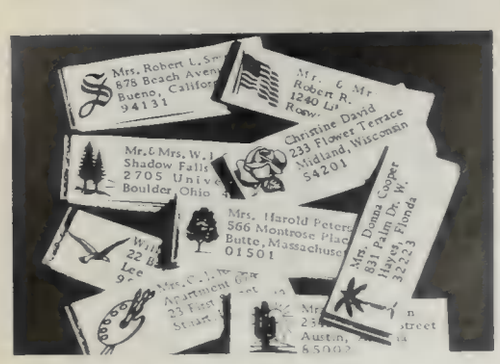

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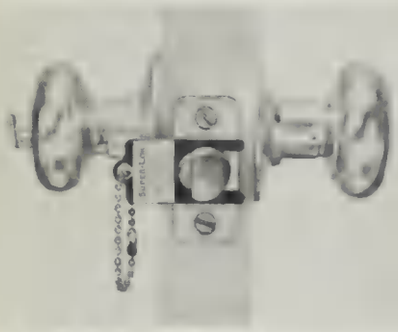

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Plastic bag makes a miniature greenhouse for cuttings

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To prepare cuttings, snip off several inches of top growth from the plant you want to root. Pull off the bottom few leaves so cuttings look like those shown above. Push them into the perlite.

Close the top of the bag (unless your cuttings are succulents) and put it in a light place where it won't get direct sun. Don't move the bag until you're ready to transplant—usually from one week to a month later. If a light tug on the stem disrupts surrounding soil, the cutting has sprouted enough roots to be transplanted into a pot. □

Three weeks later, *coleus has well developed root system and is ready for planting in a container*

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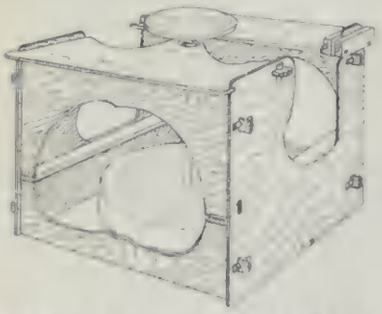

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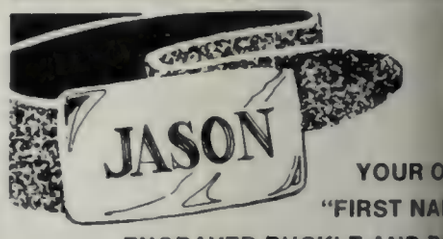

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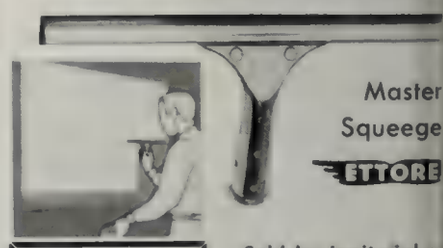

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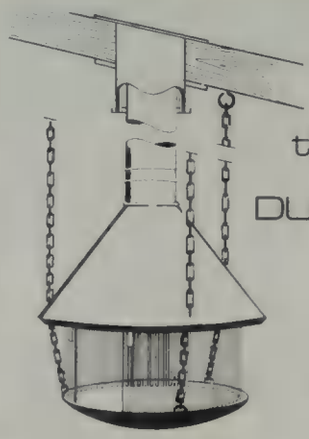

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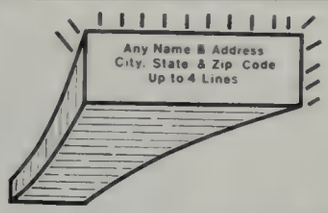

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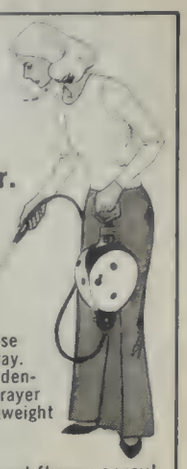

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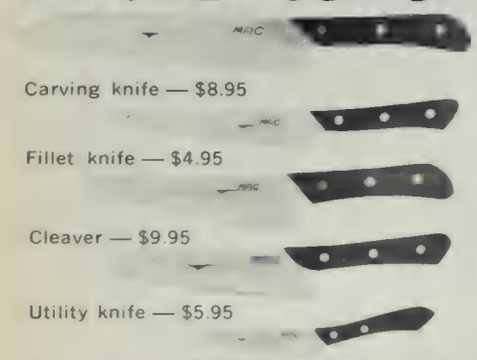

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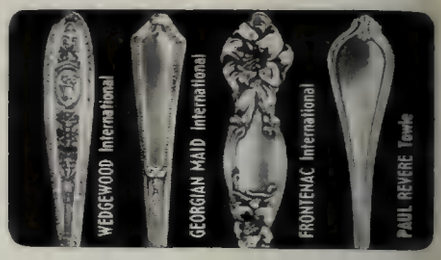

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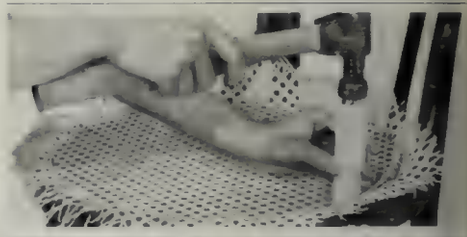

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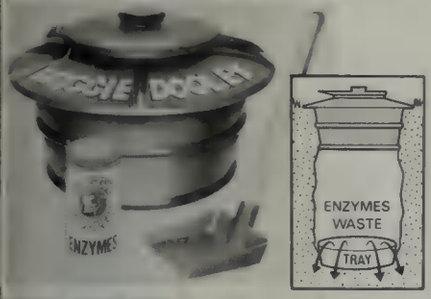

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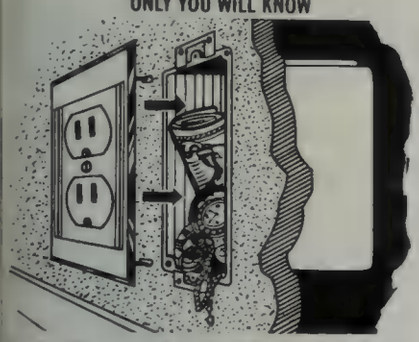

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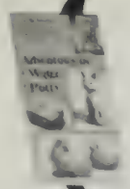

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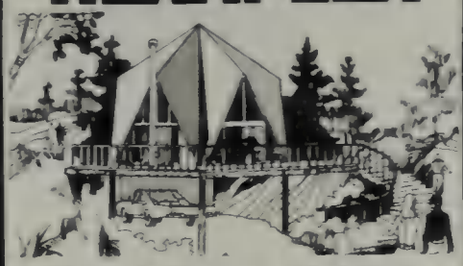

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DARROW M. WATT

Untrained *syngonium hangs from a pot of sphagnum moss (with drain holes). It has lived by an east-facing window for a year*

WILLIAM AP

She keeps *syngonium in a drainless pot near an east-facing window. In two years she's cut off four shoots to root in water and give away*

It will bush, hang, vine, or climb . . . in soil or water

NORMAN A. PLATE

Oldest syngonium *shown here, a five-year old. It's been all over the house: in bathroom for about a year. The pot the plant grows in has no drainage. Stems are held to wall with yarn and Velcro strips*

The indoor plant shown here, *Syngonium podophyllum*, what you might call a people's plant. It gets very little pu licity (this is only its third time in *Sunset* in 25 years). Y seldom see it at stores. About the only way it's sold is occ sionally as a tiny youngster in mixed-plant dish gardens. it's labelled, it's likely to be called nephthytis, a wrong nam Mostly, it is given friend to friend. Yet it's popular.

Syngonium will bush, hang, vine (tie it up), or climb (it mak aerial roots that grasp bark stakes, like a philodendron). C ting off shoots to give away makes it grow more bushy.

It will also live in water for unlimited periods. Just insert shoot of the plant in a bottle or jar of water with at least o node or joint under the water line. Roots will soon form fro it. Transplant to soil or leave it in the water. You even s syngoniums living submerged in aquariums.

As a young plant, syngonium's long-stemmed leaves grow a cluster. As it matures, it starts to vine, forming stems b tween leaves. On older plants, leaves are more divided.

If you put it in a lot of light, leaves will be bright green a large. In a darker place, leaves become darker and small Variegated forms are more markedly patterned in a dark place. It will grow well in almost any indoor exposure.

Feed lightly every month or generously twice a year.

Owners of the champion syngoniums shown here are, cloc wise from upper left: Georgina Woodward, Mountain Vie California; Torri Smaus, Pacific Palisades; Karen Whitak Santa Ana; Patricia Malik, Porterville.

This syngonium *has lived in potting soil in an old watering can for two years (no drainage)*

Give it a Spin

Look for this and other displays of the more than 120 different Sunset Books wherever you shop.

LETTER FROM *Sunset*

We must weather watch

Climate is perhaps the single most important difference between West and the rest of the country. Mainly because of Western clim differences, *Sunset* became the magazine of Western living.

Within this region the many wrinkles of terrain also create dozen subclimates. To cover them more adequately, *Sunset* began publish three regional editions in 1931, and added a desert edition in 196 make it four.

Is it any wonder that *Sunset* editors are confirmed weather watch We have to be. We try to watch routine weather all year. And w weather gets freakish, we look beyond the current excitement al "coldest" or "wettest" or "windiest." We're interested in the effec that weather on *Sunset* readers' daily lives.

Sunset readers in almost all the West's subclimates are now living the effects of this winter's freakish weather.

In the Northwest the winter of 1972-73 will go down as one of coldest ever—12° below zero in the mild Willamette Valley. The of arctic air also dipped down into California, and the San Fran Bay Area felt it most: 16° in Santa Rosa and Los Altos, 25° in B ley, an all-time low. Halfway through the rainy season, the rai figures for most areas in the northern half of California alr exceeded total annual rainfall for a normal year.

Even in Honolulu, one December early morning dropped to 55°, w 3 degrees of the coldest temperature ever recorded there.

On the other hand, Southern California, as of this writing, has enj a mostly friendly winter. In mid-January, the rest of the country s sample of it on television when the Super Bowl was played in weather.

The low-elevation desert of Arizona had early soaking rains and mild sunny days. Some areas, particularly around Phoenix, also rec lighter rains—a combination that promises a spring wildflower s to remember.

This month *Sunset* starts talking about the winter weather's effec addition to the wildflower picture to the left, there's a look at wildflower prospects and where to see them this spring on pag Readers of the Northwest and Central editions will also find advi frost-damaged plants and a questionnaire asking about what wint to their gardens. Later this year you'll see further reports on what did to all of us (if anything).

Weather watching is always part of the business of *Sunset*.

WINDOW ON THE WEST: *Desert bloom*

After the wet and mild winter, spring of 1973 may turn out to be one of those glorious seasons for wildflowers in parts of the Southwest desert. The main blooming season starts this month in mildest, lowest areas, such as here in Organ Pipe Cactus National Monument in southwestern Arizona. Covering the ground in front of a stately saguaro cactus are gold poppies—an Arizona cousin of the California poppy. At right, brittlebush, a shrubby daisy, blooms bright yellow. □

April 1973

50 cents

Sunset

The Magazine of Western Living

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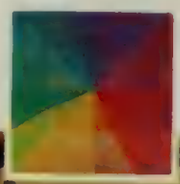

Floors, ceilings, carpets, & furnitur

BURLINGAME
MAR 26 1973

Who's afraid of The Big, Bold Look?

Certainly not you . . . once the Armstrong Interior Designers show you how easy it is to be daring!

What's the clue? Use a *key color*. You can successfully mix bold plaids, geometrics, florals, or stripes . . . almost any combination you can think of . . . *if they all share a key color in common.* Here, in this bold-look family room, the key color is red. It seems to be everywhere. And look how compatible the geometric Adventure Prints™ carpet (our new "Poinciana") is with the dazzling plaid fabric. Once you establish the key color, you can accent it. Purple in the plaid. Yellow-lacquered furniture to highlight the red. Both the red and yellow pieces are from our Thomasville "Passport" collection.

Once you've planned your colors, you can concentrate on patterns. See how the geometric shapes on the daybed and tables complement the geometric shapes in the carpet? And yet another pattern, a chevron is introduced on the walls. Geometrics and plaids . . . purple and yellow. All the very essence of The Big, Bold Look! Who says *you* can't do it? One key color can unlock an exciting new look for you.

Turn page for more of the big, bold look

Two more ways to be dar

BE BOLD IN THE KITCHEN!

Vertical stripes, horizontal stripes, fat stripes, thin stripes, topped by a super slant-beam ceiling that repeats all the stripes. But what makes stripes so at home with the geometric floor pattern? Once again, the rule of one key color. To create this sunny kitchen, the Armstrong Interior Designers selected orange. It's on the cabinets in three shades, on the wall covering in two, and is dominant in the beautiful Solarian® "Sunstone" floor.

Another beautiful thing about our Solarian is that it *shines without waxing*. Its special Mirabond™ wear surface keeps a high gloss far longer than an ordinary vinyl floor. And sponge-mopping with a mild detergent is all it takes to keep S sparkling bright.

Another shining feature of th look kitchen: polished alu chairs and tables from our Fo furniture collection.

BE BOLD IN THE DINING F

Just use the rule of one key the way the Armstrong Inter signers did here. The key c yellow, accented by a peachy- The wall covering, medium in a tiny leaf design; the fu a paler yellow with a romant Century bamboo look. (It's o Allegro II collection by Thoma

Overhead is an elegant Arm Chandelier® Ceiling.

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ı The Big, Bold Look.

the close-up, you can see
l in our "Santero" design.

like most people, you prob-
ught you could *never* mix a
ral print with a strong geo-
print and get away with it
e the Armstrong Interior De-
not only got away with it,
ade it work like a dream.
how the key color, yellow
is picked up in the floral draperies *and* in the Armstrong Prodigy* carpet. The secondary color, the peachy-orange, is picked up in expected places—the chair seats and the carpet—and unexpected places—the dinner service and the shades on the chandelier. Five patterns tied together by one key color! Want some more ideas for creating The Big, Bold Look in your home? We have a panorama of "Indoor World*" literature for you. Write to us: Armstrong, 7305 Ruth Ave., Lancaster, Penna. 17604.

Armstrong

CREATORS OF THE INDOOR WORLD*

Photographed at The City of Refuge, Kona Coast, Hawaii

Ask him about the rock singers of Hawaii.

He'll be happy to tell you the story of Hawaii's stones because he loves the legend. He also loves to scare visitors a little.

It seems that if you remove the lava stones from one of our ancient Hawaiian heiaus, or sacred places, the stones—are you ready for this?—the stones sing at night. A kapu (Hawaiian taboo) has been placed on them. So they emit a sort of wailing lament until they're replaced on the shrine.

Do we really believe this? Let's put it this way. People who live in the Islands look to sources other than heiaus for their building materials.

The old magic is still alive and well in modern Hawaii. A kahuna, or priest, still blesses the sites of our new buildings.

The spectral figures of a vanquished army are still seen marching on nights when the moon is right.

And in our Chinese New Year celebrations, we still use the traditional gongs, drums and fireworks to drive off demons.

But there's another kind of magic here, too. One we think you'll enjoy even more on your visit.

It's the spirit of the people. A waitress who really seems to care whether you enjoy your meal. A driver who stops to let you cross an intersection.

And, perhaps most of all, it's the place itself. It's a major American city where you can't see a single advertising billboard. It's a palm-rimmed silver beach you'll always think of as your own. A breeze that caresses your grateful body through the day—then warms it by the light of the midnight moon. It's a sudden shower, then a sun-spanning rainbow that looks solid enough to slide on.

Talk it over with your travel agent. He has some magic of his own. He can make you disappear to Hawaii just like that.

Hawaii

IT'S MORE THAN A PRETTY PLACE.

On behalf of the islands of Hawaii, Kauai, Lanai, Maui, Molokai and Oahu.

Sunset* The Magazine of Western Living*
THE PACIFIC MONTHLY*

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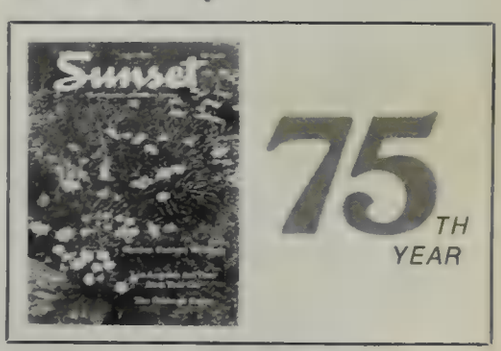

The flower bed on this month's cover was planted in spring and photographed the following October 3, after it had been blooming for months. On page 100 there's an outline plan you can use to identify each plant in the picture. Garden of Mr. and Mrs. William R. Sanford, Morgan Hill, Calif. Photograph by Norman A. Plate

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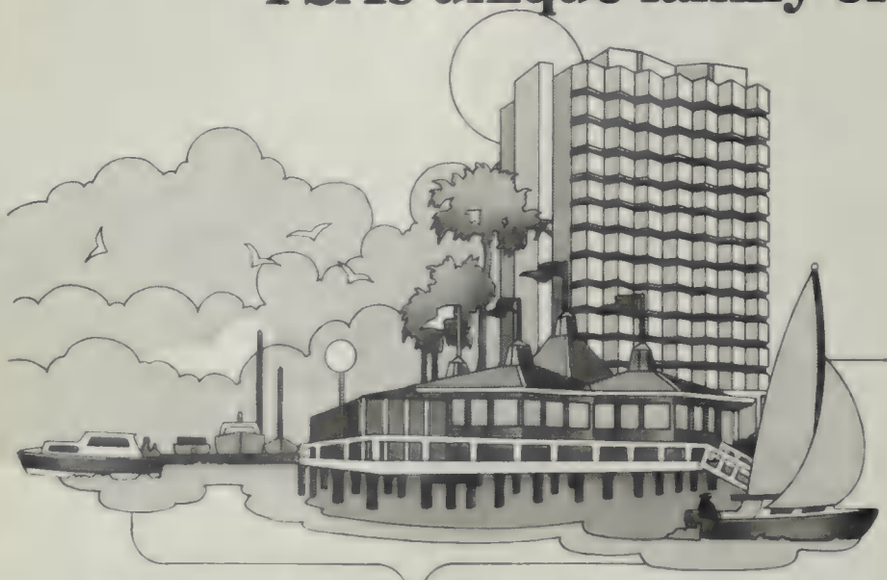

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An enchanted island only minutes from downtown San Diego.

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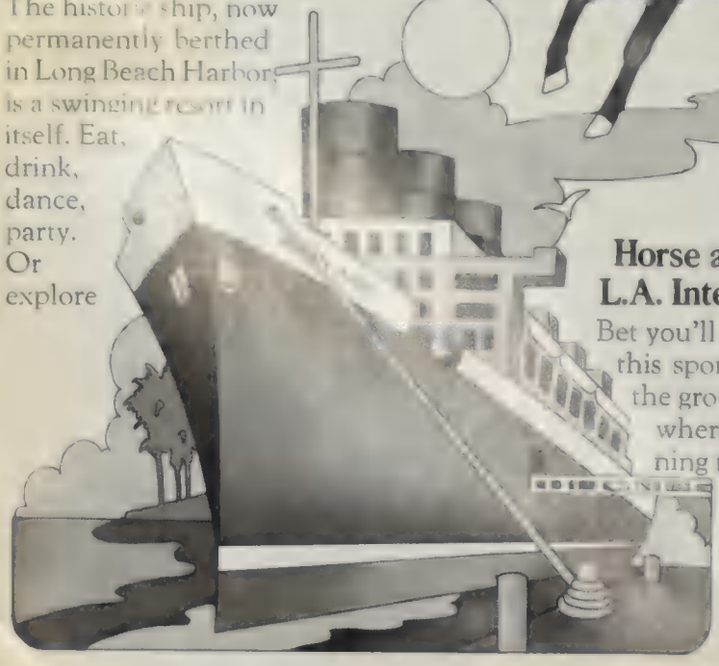
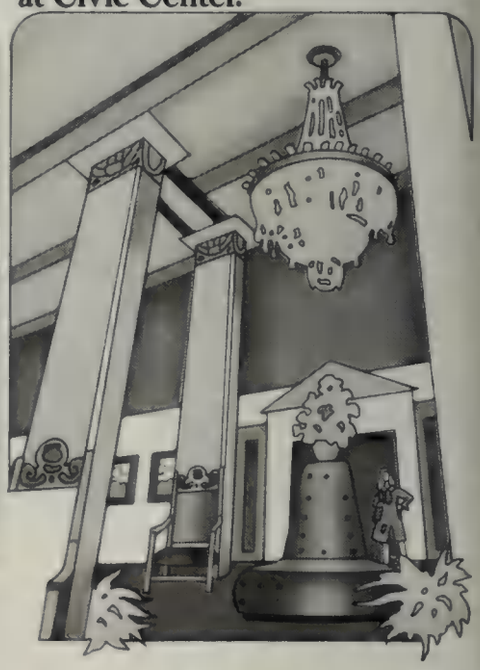


PSA Hotel Hollywood Park.
Horse around 8 min. from L.A. International Airport.

Bet you'll like everything about this sporty hotel. Located on the grounds of the racetrack, where they're off and running most of the year. And across the street from the Forum, Southern California's big-time sports arena. Two cocktail lounges. All the attractions of L.A. night life surround you.

PSA Hotel San Franciscan.
Turn of the century opulence at Civic Center.



Stay in the heart of the city you leave your heart in. It's close to everything you want to see and do. Beautifully restyled from the ground up. The city is always a nice place to visit. It's even nicer to live here a few days in the hotel that lives up to its traditions. Complimentary transportation from the downtown air terminal.

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pril travel . . . in and beyo d the West

To the boom *of big taiko drums, Hyottoko, the Japanese clown, cavorts across Japan Center stage*

CRAIG ZWICKY

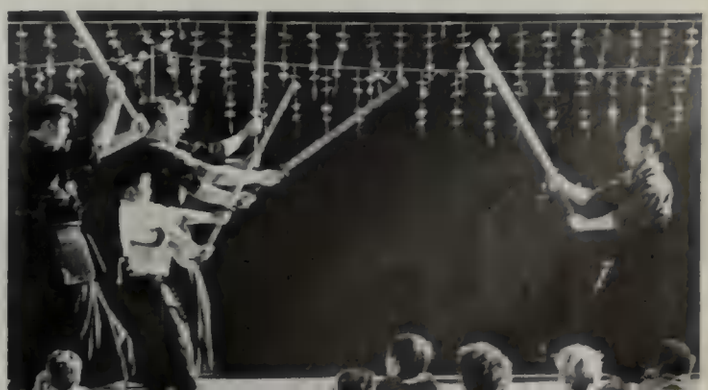
reet sign *at San Francisco's pan Center decorated for herry Blossom Festival*

panoply of Japanese culture

feudal days the samurai warriors of pan adopted the cherry blossom as eir symbol. But its meaning has grown er the years. Cherry blossom festivals ce the one this month in San Francisco lebrate many forms of Japanese culre, but still including the warlike asects of it—all in a mood of spring.

early a hundred events and exhibitions ke place at Japan Center (Post and uchanan streets) April 12, 14, 15, and 9 through 22. Bonsai and origami paper lding will be familiar to non-Japanese; ther activities may be new. For inance, at a demonstration of *kendo* Center Peace Plaza, April 14, from 2 2:30 P.M.), armored combatants duel ith "swords" of bamboo. International endo matches start at 9 A.M. on April 5 at Winterland Arena, Post and teiner streets; admission by donation. estival events at Japan Center are near all free and open to the public. On

Master *swordsman instructs warriors in kendo, ancient form of fencing practiced by samurai*



Garden owner *is dwarfed by giant corn grown in a bed of marigolds and petunias*

We've been visiting contest gardens

John Taniguchi was one of more than 700 entrants in *Sunset*'s garden contest last year. He sent us pictures with a description of his garden, and in late August, when he thought his plantings would look their best, an editor and photographer visited him. They found some splendid 'Pink Magic' petunias and marigolds with a surprising companion —giant 12-foot-tall Peruvian corn (left).

Sunset scouts and editors looking for garden article ideas visited several hundred contest gardens last year. Some later won awards. Winners and many that didn't win but still merit attention appear in this and coming issues of *Sunset*. They help show what can happen when enthusiastic and gifted amateurs plunge in.

To see Mr. Taniguchi's garden and three other colorful winners in our contest's summer flowers category, turn to pages 100 to 103. □

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AUDITED PAID CIRCULATION ABC

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April 21 from 11 A.M. to 6 P.M. a April 22 from 10 to 5 will be the bigg bonsai show ever assembled in the U ted States. Hundreds of tiny trees, so a century old or more, will be shown the Imperial Ballroom of the cente Miyako Hotel.

April 19 from 7 to 9:30 P.M. in the S kura Room of the hotel's annex, *bu* classical dance groups and *koto* ha players will perform. On the same pr gram are *noh-kyogen* plays, short dr mas that are universally funny thou performed in Japanese. They were on staged as comic relief in the middle

CRAIG ZWI

Yakko, *a Japanese comedy dance, is performed in authentic costume*

solemn *noh* plays, poking fun at priest and lords and other normally seriou characters.

The festival finale is a parade at 2 P.M. Sunday, April 22. Floats, portabl shrines, sword-swinging samurai, and ki mono-clad women (1,500 costumed par ticipants in all) will parade for 2 hours from city hall to Japan Center. The route runs north on Polk Street and then west on Post.

For a schedule, write to Japan Center 1730 Geary Blvd., San Francisco 94115. Or telephone 346-3242.

Exploring the Santa Clara Valley

A new booklet points out how rich Santa Clara County is as a hunting ground for anyone interested in history, new parks, and points of interest to explore. Called *Discovering Santa Clara Valley*, it lists more than 600 landmarks, recreational facilities, museums, art centers, and shopping areas. The book is available at

When was the last time you played in a castle by the sea?

Not far from you, in Canada, is a little stray piece of the British Isles. And on this island is The Empress, a truly majestic castle of a hotel. She's stately, elegant, and a magnificent hostess, but she's always up for a little fun if you are. Particularly this year when she's celebrating her 65th Anniversary.

The place is Vancouver Island, and The Empress is in Victoria, a town just slightly more English than England. You can browse through antique shops, take home English woollens, bone china, Scottish tartans, and Irish linen. You can tour the lovely Pacific Rim National Park on the West coast of the island. Or just stroll quietly along a nearby beach. And still be back in time for afternoon tea. In the evening, the activities range from truly elegant dining in the Empress Room to rock in the Paint Cellar.

Ask your travel agent to make reservations. Then, come up to Victoria and play in our castle by the sea.

THE EMPRESS

Victoria, British Columbia, Canada

1908 1973

Mail to: General Manager The Empress Hotel
Victoria, British Columbia, Canada
Tell me more about The Empress
And Victoria SM-1

Name

Address

City State/Prov Zip

CP Hotels

Canadian Pacific Hotels Limited

Field of purple *and white lupine creates beautiful spring carpet near Jol*

some bookstores for $2 or can be ordered postpaid for $2.35 by writing the San Jose Junior League (the publishers) at Box 2475, San Jose 95154.

History notes are found throughout the 127 pages. The book tells you how to find local wineries, historic houses, and public buildings. A score of towns are explored in the book, including pioneer sections of Sunnyvale and Santa Clara.

Wildflowers and a mission in Monterey County

By taking a 45-mile detour off U.S. Highway 101 near King City, you can visit one of California's most interesting missions and at the same time pass through what could be an extravaganza of spring wildflowers by midmonth.

You may notice as many as 30 kinds wildflowers in this part of southern Mo terey County. And this year the padr at Mission San Antonio are predicti a far better than average show becau of heavy winter rains.

From U.S. 101 about a mile north King City, turn south on County Ro G14. Go to the town of Jolon, then fo low signs north to Mission San Anton For your return to 101 southbound, co tinue southeast from Jolon on G14.

The best wildflowers are usually on th 6-mile stretch between Jolon and th mission. Purple lupine, golden poppie yellow wild pansies, and scarlet India paintbrush carpet the fields and slopes.

For travel planners, an April check list

Tennis guide. Tennis players needn't shelve their rackets when they travel. The 232-page booklet *Tennis for Travelers* lists selected resorts, hotels, motels, public parks and clubs in the United States and throughout the world where you can play tennis. Names, addresses, and telephone numbers are given, and listings often include information on court surfaces, lighting, fees, and special tennis programs. The $5 booklet can be ordered from Gilbert Richards' Tennis for Travelers, 407 Blade St., Cincinnati, Ohio 45216.

Himalaya tour. A 32-day tour through India, Pakistan, Afghanistan, Nepal, and Iran departs New York April 19, then again at intervals during the fall. Itinerary includes Delhi, Katmandu and a flight over the Himalayas, the sacred city of Benares, Agra and the Taj Mahal, houseboating in the Vale of Kashmir, a journey through the Khyber Pass, Teheran, and the ruins of Persepolis. Fare of $1,475 includes all land arrangements, accommodations, and meals. Round-trip air fare is additional. For information, ask your travel agent or write to Donald L. Ferguson Ltd., 219 Palermo Ave., Coral Gables, Fla. 33134.

South America digest. A 160-page magazine-sized booklet, *South America Travel Digest* will help you plan a South American journey. It gives detailed information on travel routings, city descriptions, hotels and restaurants, sightseeing and shopping suggestions, events and holidays. For a copy, send $4.95 to Travel Digests, 1100 Glendon Ave., Suite 1517, Los Angeles 90024.

Orient tour. Fourteen-day tours of the Orient depart Los Angeles weekly throughout 1973. After several days of touring in Tokyo, you will take the 130-mile-an-hour train to Kyoto to see its gardens and temples. Also included in the itinerary are visits to Taipei, the canals and temples of Bangkok, and a cruise of Hong Kong harbor—with plenty of time for shopping left over. Accommodations, some meals, and round-trip air fare from Los Angeles are included in the $1,520 cost. For details, write to Universal Travel System, 1054 Wilshire Blvd., Suite 202, Los Angeles 90017, or see a travel agent.

What a travel agent can do for you: Provide information on tours; reserve space on air, rail, bus, and steamship lines; make hotel, ranch, and resort reservations; take care of trip planning, including side trips and special events. Travel agencies do not charge for arranging transportation or package tours, but do charge for "custom" tour service.

Sunset School & Camp Directory

CAMPS

Western Association of Independent Camps

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boys 10-17 on campus of famed Galloping Gaels. Coach McKillip heads football staff; baseball under Miles fee, well known pro scout; Bruce Hale, nationally wn cage authority, directs basketball. Sessions start and 8/12. Soccer, 7/15 and 7/22; Wrestling, 7/8; mming, 6/18; Girls' sessions 7/15. **Brochure: Saint y's College Athletic Camp, Attn: Dr. Don McKillip, letic Dept., Moraga, CA 94575.**

RKVILLE RANCH Working ranch 200 miles north of S.F. for boys (limit, Horses, swim, fish, weekly Mt. Lassen campout, ly farm work—trips to dairy, auction, fish hatchery ges 8-14—$75 weekly. Accredited A.C.A. and A.I.C. Write: **Dave DuBose, Rt. 1 Box 270, Cotton-od, Calif. 96022.**

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CAMPS

Western Association of Independent Camps

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Individual Programming geared to the interest and ability of each boy. Daily **Horseback** riding exploring the trails of beautiful Plumas Nat'l Forest. Great adventures & excellent fishing campouts and **Pack Trips** to nearby Sierra Lakes & streams. **Water Skiing, Sailing, Canoeing,** Swimming, Trout fishing on **our 14 acre lake. Riflery, Archery, Crafts** —Ceramics, Lapidary, Photography, Fly-tying, Indian Lore, Nature Crafts at Frontier Village. **For sports enthusiasts** — Football, Softball, Track, Wrestling, Gymnastics. **Mature counselors.** Brochure & Interview: **Mr. J. S. Stein, Director, 688 S. Henry Ave., San Jose, Ca. 95117 (408) 243-1867**

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In the oldest art gallery west of the Rockies, you can now see some of the newest creations by 68 California craft artists. Through April 15, Sacramento's E. B. Crocker Art Gallery stages California Crafts VIII—a biennial invitational show of leather, glass, wood, fabric, metal, plastic, and ceramic crafts.

You'll see bowls carved from rare and beautiful woods (Australian silkwood, East Indian Makassar ebony, Brazilian rosewood), a 6-foot woven construction of a great blue heron, a freeform myrtlewood crib, and other carved furniture.

There are also batiks, jewelry, stoneware, a 4-foot ceramic fountain, and many types of wall hangings, including some (above) in the ancient ikat style—yarn is tie-dyed before weaving.

The gallery is one block south of Capitol Mall, at O and Third streets. It's open every day except Monday: Tuesday 2 to 10 P.M., Wednesday through Sunday 10 A.M. to 5 P.M. There's no admission charge, but donations are accepted. Free parking is available. □

If you need a passport

Need a passport? A few recent changes make it more convenient to get one. Just remember to allow at least two weeks for all the necessary processing.

It's easier to apply

Previously you had to go to a passport agency or to the nearest clerk of the county court. (Passport agencies in the West are located in Seattle, San Francisco, Los Angeles, and Honolulu.) Now you can also apply at certain designated post offices. Check with the Postal Service for the one closest to you. You still must apply in person.

What to take with you

Some passport agencies in large cities have a recorded answering service that summarizes exactly what to bring with you. This includes proof that you are a United States citizen, two duplicate front-view photographs, and proof of your identity.

Preferred records for proof of citizenship are an old passport, birth certificate, or certificate of baptism. If you cannot obtain any of these, have a notice signed by appropriate authorities that no birth record exists and take school or census records, newspaper files, or a notarized affidavit by parent or close relative with personal knowledge of your birthplace and date. Naturalized citizens need certificates of naturalization.

Photographs can be either black-and-white or color, printed on unglazed paper with light background, and should measure not less than 2½ by 2½ inches nor more than 3 by 3. Snapshots or vending machine photos won't do. Passport photographers (listed in the telephone book) usually offer 1-day service.

For proof of identity, a document containing your signature and physical description or photograph (previous passport, certificate of naturalization, driver's license, or company identification card) is required. If you have none of these, bring along a friend you have known for at least two years. He will have to prove his identity.

When completing the forms, you'll be asked for pertinent data on your parents (birthplaces, mother's maiden name). Be sure you know the answers or it may mean a second trip.

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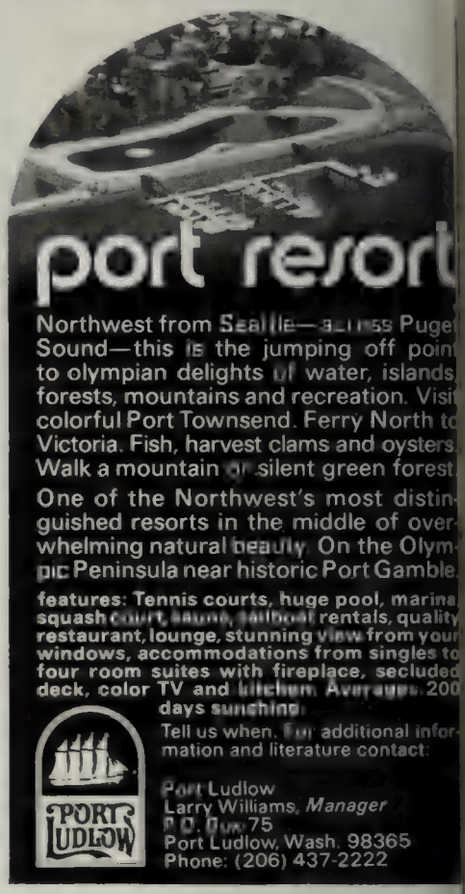

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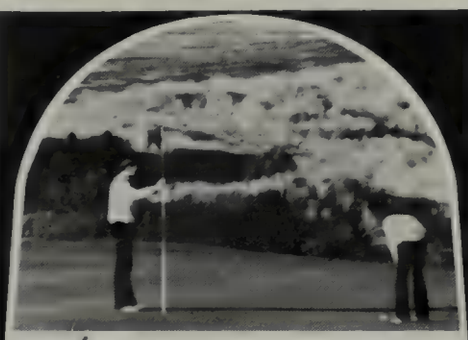

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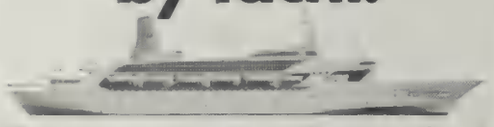

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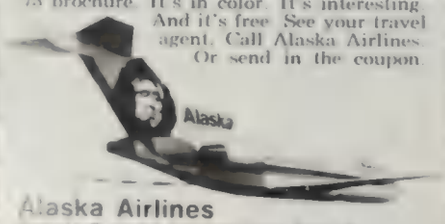

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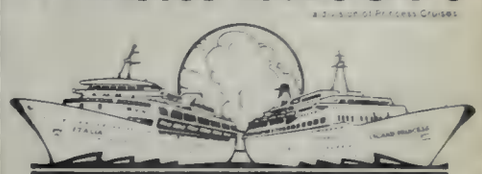

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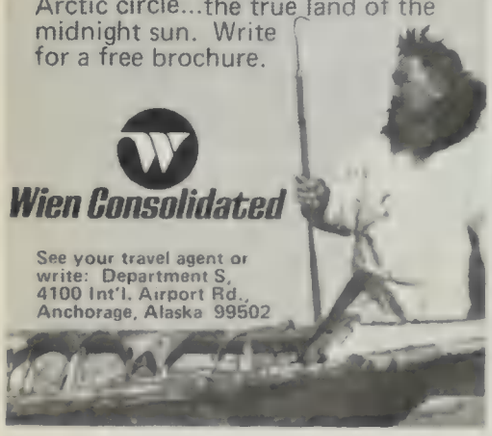

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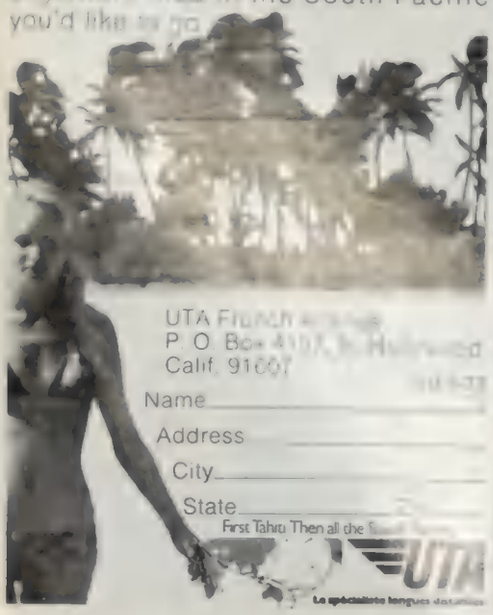

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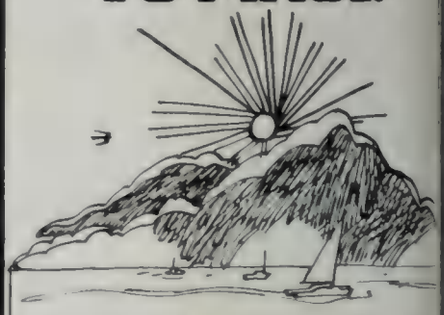

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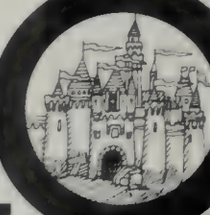

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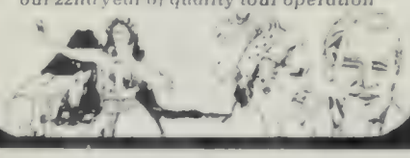

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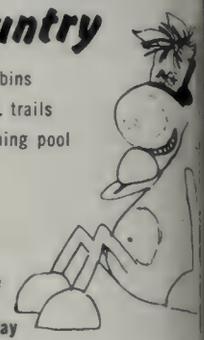

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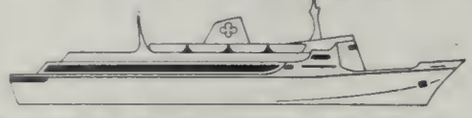

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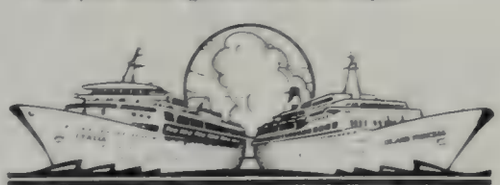

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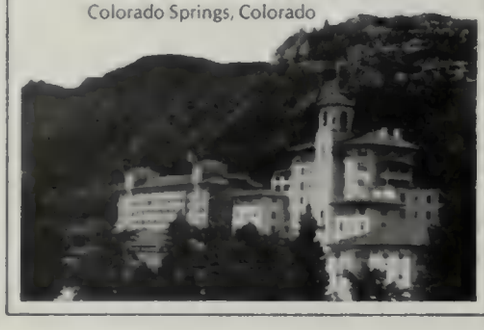

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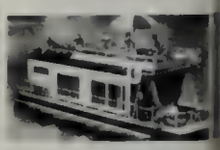

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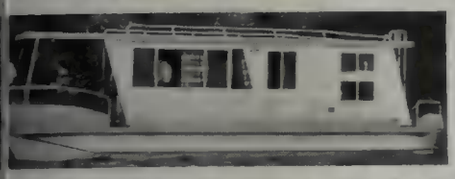

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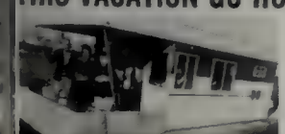

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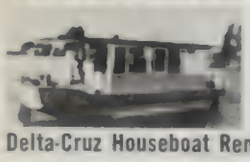

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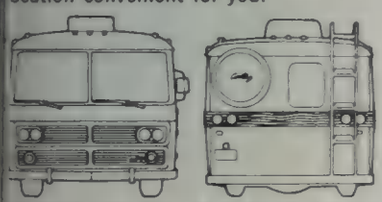

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A cloud *of white blossoms floats above and petals gently drift down over a blossom viewing party seated on lawn*

Banners *proclaim seasonal thoughts in shrine courtyard alive with ubiquitous pigeons*

The party *may while away the afternoon with music and often beer or sake. Mats can be rented at most parks*

Japan's cherry blossom viewing time peaks this month, goes into May

The herald of spring in Japan is the blossom of the sakura, the flowering fruitless cherry. The timing is never certain and the blossoms do not last more than a few days, so the Japanese, with something akin to spring fever, turn out for an impromptu holiday to enjoy the spectacle while it lasts. Shops may close on short notice, and anyone who can slips away for a stroll or gathers companions to share in a blossom viewing party.

Sakura trees adorn parks, shrines, and other public places. Some plantings are enormous, like the 76,000 trees at Lake Sayama, Tokyo's water supply reservoir. Out in the country wild trees stand out against the forest green.

Blossom time varies among the more than 50 kinds of trees and also with l cality. The earliest flowers appear in l March in southern and western Jap the latest in early May in the no Here are 13 of the 100 most celebra blossom sites:

Northern Honshu. Oyo Park, near Hi saki, Aomori Prefecture, late April early May.

Typical display *is sakura-lined avenue approaching hilltop Nishi Park in Fukuoka. Concealed by trees is line of souvenir stalls, bright with plastic colors*

To plan your trip, to take with you

Sunset's new book, *Japan* (Lane Books, Menlo Park, Calif., 1973; $2.95, paperback) is much more than a revision of the previous book with the same title. It is a new book, freshly written with up-to-date information and at 160 pages nearly twice the size of its predecessor. And with more than 300 photographs it is a visual journey to Japan.

Japan covers the basics of where to go, what to see, and how to get around—both on and off the tourist track. It also goes into some of the more charming sidelights of a trip, such as calling on a potter who is an "Intangible Cultural Treasure" of Japan, climbing Mount Fuji, taking a Japanese bath, staying at an inn, riding river rapids.

The book helps you find the traditional things in a modern Japan of high-speed trains, elevated expressways, and industry: not only the old gardens and shrines but immemorial festivals (listed in an annual calendar) and villages and countryside where the old ways persist.

kyo. Ueno Park, early April. Shinjuku oen Garden, mid- to late April.

ar Tokyo. Kowakidani Spa, near Mi-ioshita, Hakone district, mid-April. ke Sayama, early April.

st (Japan Sea) coast of Honshu. Banks the Kajikawa River, near Shibata, d- to late April.

oto. Heian Shrine, early to late April. Kiyomizu Temple, early to mid-April. Maruyama Park, mid-April.

Nara. Mount Yoshino, late March-April.

Hyogo Prefecture. Himeyama Park, in Himeji, early April.

Kyushu. Shin Yoshino Park, near Fukuoka, early to mid-April. Kikuchi Park, an hour by bus from Kumamoto, late March - early April. □

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Casa Soberanes, *circa 1830, is one of several private residences on the t*

Monterey tour of 12 adobes

Monterey boasts a heritage of over adobe structures dating from before t Gold Rush. Some of these veneral buildings are part of Monterey St Historic Park, but most are privat owned. One weekend each year, t Monterey History and Art Associati sponsors an adobe house tour, and t year 12 buildings, half of them re dences, are open to visitors.

The well signed adobes are on displ April 28 and 29 from 10 A.M. to 5 P. At each building, tour guides in costu will briefly discuss its history and legen and answer questions. You will have chance to examine some of the typi architectural features—thick, lime-pl tered adobe walls, splayed windo jambs, interior shutters, and cantilever balconies and roofs.

The theme of this year's tour, "Orien Argosy," will emphasize the influen of the Chinese and Japanese on O Monterey. Adobes will feature Orien art objects; some homes also conta Oriental furnishings.

Tour tickets ($4.50 for adults, $1.50 f children and servicemen) can be order from the Monterey History and Art A sociation, Box 805, Monterey, Cal 93940; or you can buy tickets at any the adobes during the tour. The ticke are good for both days of the tour, you can visit at your own pace. Ea day, light refreshments will be serv from 10 A.M. to noon and from 2 to P.M. at Casa Serrano on Pacific Stree Ticket price includes one serving; othe wise, refreshments cost $1.

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Both ships are all first class. From June through September the Island Princess leaves from Vancouver on 8 day cruises. The Princess Italia sails from Los Angeles and San Francisco on 14 day cruises. Ports of call include Ketchikan, Juneau, Skagway, Sitka and Prince Rupert. To see more of Alaska you can add a Princess Tour to your cruise.

Your travel agent is your best source for facts, figures and helpful hints. And it costs no more to book through him. Call him. There are cruises and there are Princess Cruises. Make no mistake.

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Montana, they call it the "Great Escape"

Vacationers to our nation's fourth largest state often regard their odyssey in Montana as a great escape. For in Montana the vacationing traveler finds not only an escape from the tensions of crowded urban living, but also an escape from the crowded vacation. Here there is room to relax.

Between Glacier National Park on the northern border and Yellowstone National Park to the south is a beautiful and varied land as colorful as its history-rich frontier past. The Big Sky Country is, in fact, so big and so varied that perhaps it's best to consider it as five distinct areas.

GLACIER COUNTRY. Beginning in the northwest corner of the state, you find yourself virtually on the crown of the continent mid snow-crested peaks that actually bear living glaciers. Two major Indian reservations share this mountainous region with a native population of wildlife that includes elk, deer, bear, mountain sheep and bison.

CHARLIE RUSSELL COUNTRY. Traveling east you'll discover the cowboy heritage so vividly portrayed in the paintings of Montana's famed western artist Charles M. Russell. The land he painted is everywhere: the Missouri River breaks, the prairies, the buttes, the cattle spreads, the Indian and the wildlife. Many of Russell's paintings are found here, too, in museums in Great Falls and Helena.

MISSOURI RIVER COUNTRY. The northeast corner of Montana contains the world's fourth largest reservoir. A restored frontier town, an Indian reservation and the awesome badlands area of Makoshika State Park are a few of many other attractions.

CUSTER COUNTRY. Every school child learns of the historic defeat in 1876 of Lt. Col. George A. Custer by Sioux and Cheyenne warriors...and vows some day to see where it happened. In southeastern Montana you can explore Custer Battlefield National Monument and more. Two Indian reservations, museums, cattle ranges and dude ranches make this area fascinating.

YELLOWSTONE TREASURE COUNTRY. One of the world's great natural wonder areas is Yellowstone National Park. Three of its five entrances are in Montana...and surrounding is one of the most magnificent of all vacation areas in the western United States. Yellowstone Treasure Country includes among its bounty the state's highest mountains, sparkling blue ribbon trout streams, ghost towns, one of the nation's largest limestone caves and scenic portions of the Lewis and Clark Trail. You can share in the treasure, too, by digging for sapphires or panning for gold or by just relaxing in the great outdoors.

Detailed information on all of Montana's vacation attractions including maps is contained in a new 24-page travel guide available free by writing:

DIRECTOR OF ADVERTISING, ROOM 7329
Montana Department of Highways
Helena, Montana 59601

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in Mount Douglas P

Beach and forest near Victoria

Vancouver Island's Mount Doug Park, overlooking Cordova Bay a f miles north of Victoria, is a wooded treat you can enjoy without leaving y car—or you can spend an entire exploring it on foot.

A rocky promontory rising 800 f above sea level dominates the 500-a park. You can drive almost to the t then take a short paved path from parking lot to an observation platfo From here you'll see forests of conif and madrona, the city of Victoria, a to the south the Olympic Mounta rising beyond the blue haze of the St of Juan de Fuca. To the east are the S Juan Islands, Mount Baker, and Cascades.

The park offers a network of hik trails and, on a grassy bluff overlook Cordova Bay, picnic tables and a freshment stand. There's a half-mile reasonably sandy beach to roam, w access to more beach nearby.

To find Mount Douglas Park, he north on Shelbourne Street, which jo Cordova Bay Road about 6 miles no of downtown Victoria. It's open fr dawn to dusk.

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Every year it becomes easier for Westerners to embark on white water river adventures. River tour operators have organized excursions that offer good scenery and a thrilling ride, and your options are more varied than ever. You can choose a river run for a weekend outing or as an extended vacation.

Our listing is of tour operators who publish advance schedules of overnight or longer trips. Excursions are usually on neoprene rafts, pontoon boats, or dories handled by capable oarsmen or powered by outboard motors (we have made special note of those Grand Canyon trips that do not use motors). Prices include food but usually not transportation to and from departure points. Reduced rates are often available for children and large groups, and most operators can arrange charter river expeditions.

Write directly to tour operators for detailed information.

Adventure Bound, Inc.
6179 S. Adams Dr.
Littleton, Colo. 80121

Colorado River, Cataract Canyon: 3-day trips at $135 per person—June 1, 8, 15, 29; July 6, 13, 20, 27; August 3, 10, 17, 24, 31.

Colorado River, Westwater Canyon: 2-day trips at $75 per person—June 16, 23, 30; July 2, 7, 14, 28; August 4, 11, 18, 25; September 1.

Green River: 4-day trips at $130 per person—June 2, 9, 23, 30; July 7, 21; August 4, 18. 3-day trips at $105 per person—May 26; July 7, 11, 14, 21, 28; August 4, 8, 11, 18, 25; Sept. 1. 2-day trips at $75 per person—July 14, 28; August 11, 25.

Yampa/Green Rivers: 4-day trips at $120 per person—May 5, 12, 19, 24, 31; June 7, 8, 14, 15, 16, 21, 23, 25, 28, 29, 30. 3-day trip at $105 per person—May 26.

Adventures Unlimited
228 Town and Country Village
Palo Alto, Calif. 94301

Klamath River: 2-day trips at $100 per person—September 1, 4, 7, 10, 13, 16, 19, 22, 25, 28; October 1, 4, 7, 10, 13.

Rogue River: 4-day trips at $140 per person—July 1, 7, 13, 19, 25; August 1, 7, 13, 19, 25.

Alaska Wilderness River Trips, Inc.
Box 1143, Eagle River, Alaska 99577

Chilikadrotna/Mulchatna rivers: 9 and 5-day trips at $485 and $375 per person—July 2, 23; August 3.

Chulitna River: 2-day trips at $70 per person—June 16, 19, 21, 24, 27, 30; July 3, 7, 10, 25, 28; August 4, 7.

Copper River: 6-day trips at $375 per person—July 17, 24, 31; August 7, 14.

Deshka River: 5-day trips at $185 per person—June 8, 14; August 8, 14.

Little Susitna River: 2-day trips at $65 per person—July 24, 27, 30; August 5, 8, 11, 14, 17.

Yukon River: 7-day trips at $280 per person—July 3, 12, 22, 31; August 9, 17.

Al Beam Floats, Box 354
Ketchum-Sun Valley, Idaho 83340

Owyhee River: 5-day trips at $250 per person—April 3, 10, 17, 24; May 4, 10, 17, 24; June 7.

Salmon River, Middle Fork: 6-day trips at $420 per person—June 24; July 2, 10, 18, 26; August 3, 11, 19, 27. 5-day trips at $370 per person—June 25; July 3, 11, 19, 27; August 4, 12, 20, 28. 3-day trips at $220 per person—June 7; July 5, 13, 21, 29; August 6, 14, 22, 30.

American Guides Association, Inc.
Box B, Woodland, Calif. 95695

American River: 2-day trips at $44 per person—daily April through June.

Colorado River, Grand Canyon: Oar-powered 12 and 5-day trips at $360 and $190 per person—May 21; June 11, 25; July 9; August 6 and 20. 8-day trips at $272 per person—May 25; June 15, 29; July 13; August 10, 25.

Green River: 4-day trip at $128 per person—June 11.

Klamath River: 6-day trips at $132—Aug. 2, 9, 16, 23, 30. 3-day trips at $66 per person—August 2, 5, 9, 12, 16, 19, 23, 26, 30.

Rogue River: 5-day trips at $150 per person—every Sunday June through August.

Salmon River, Main Fork: 5-day trips at $200 per person—July 9, 18, 25; August 4, 12.

Salmon River, Middle Fork: 6-day trips at $300 per person—July 11, 19, 27; August 4, 13. 5-day trips at $250 per person—July 12, 20, 28; August 5, 13.

Selway River: 5-day trips at $300 per person—June 25; July 2.

Stanislaus River: 2-day trips at $44 per person—daily April through October.

American River Touring Association
1016 Jackson St., Oakland, Calif. 94607

American River: 2-day trips at $50 per person—every Saturday June 2 through August 25. 2-day trips at $44 per person—every Friday April 6 through August.

Colorado River, Grand Canyon: 8-day trips at $330 per person—March 31; April 14, 15, 21, 22; May 12, 19, 26; June 2, 3, 10, 16, 17, 23, 24, 30; July 1, 7, 8, 14, 15, 21, 22; August 4, 11, 12, 18, 19, 25; September 1, 8, 14, 22. Oar-powered 12 and 5-day trips at $39[illegible] and $230 per person—May 1, 1[illegible], 29; June 5, 19, 26; July 3, 10, 17, 31; August 7, 14, 21, 28; September [illegible], 11. Oar-powered 8-day trips at $[illegible] per person—May 5, 19, 26; June 2, 9, 23, 30; July 7, 14, 21, 28; Aug[illegible] 4, 11, 18, 25; September 1, 15.

Colorado River, Westwater and Cata[illegible] canyons: 8-day trips at $285 per [illegible]son—July 10, 21; August 20.

Fraser, Chiloctin rivers: 10-day trip[illegible] $475 per person—July 11, 22; Au[illegible] 2, 13, 24; September 4.

Green River: 5-day trips at $155 [illegible] person—August 1, 7, 13.

Rogue River: 5-day trips at $180 [illegible] person—every Monday June [illegible] through September 3. 4-day trip[illegible] $180 per person—every Tuesday J[illegible] 3 through September 4.

Salmon River, Main Fork: 5-day trip[illegible] $250 per person—July 31; Augus[illegible] 14, 21, 28; September 4, 11.

Salmon River, Middle Fork: 6-day t[illegible] at $295 per person—June 24; Jul[illegible] 10, 18, 26; August 3. 5-day trip[illegible] $280 per person—August 12, 20, [illegible] September 4.

Selway River: 5-day trips at $285 [illegible] person—June 25; July 2, 10, 16, 2[illegible]

Snake River: 6-day trips at $240 [illegible] person—July 15, 22, 29; August [illegible] 12, 19, 26; September 2.

South Nahanni River: 10-day trip [illegible] $750 per person—August 24.

Stanislaus River: 2-day trips at $55 [illegible] person—every Saturday April thro[illegible] October. 2-day trips at $48 per per[illegible] —every Thursday, Friday, and S[illegible] day April 5 through September.

Stanislaus/American rivers: 5-day t[illegible] at $165 per person—July 2, 9, 16, [illegible] 30; August 6, 13, 20, 27.

Yampa/Green rivers: 5-day trips at $[illegible] per person—June 18, 25; July 2.

Arizona River Runners Inc.,
Box 2021, Marble Canyon, Ariz. 860[illegible]

Colorado River, Grand Canyon: 8-[illegible] trips at $375 per person—May 7, [illegible] June 2, 12, 25, 27, 30; July 10, 16, [illegible] August 11, 13, 18, 28; Septembe[illegible] 11, 17; October 2, 15.

Canyoneers, Inc.
Box 957, Flagstaff, Ariz. 86001

Colorado River, Grand Canyon: 7-[illegible] trips at $330 per person—every S[illegible] day April 22 through September [illegible] Oar-powered 12-day trips at $475 [illegible] person—June 4, 18; July 9, 23; [illegible] gust 13.

Colorado River and Trail Expeditions
1449 E. 30th South
Salt Lake City, Utah 84106

Clearwater River: 5-day trip at $275 [illegible] person—September 24.

Colorado River, Cataract Canyon: 5-[illegible] trips at $165 per person—May 1 [illegible] 20; June 17; July 22; August 19. 4-[illegible] trips at $140—June 5, 19; July [illegible] August 7. 3-day trips at $125—M[illegible] 4, 11, 18, 25; June 1.

Colorado River, Grand Canyon: 9 [illegible] 4-day trips at $325 and $160 per [illegible]son—April 6, 27; May 18; June 1 [illegible] 15, 22; July 6, 27; August 3, 10,

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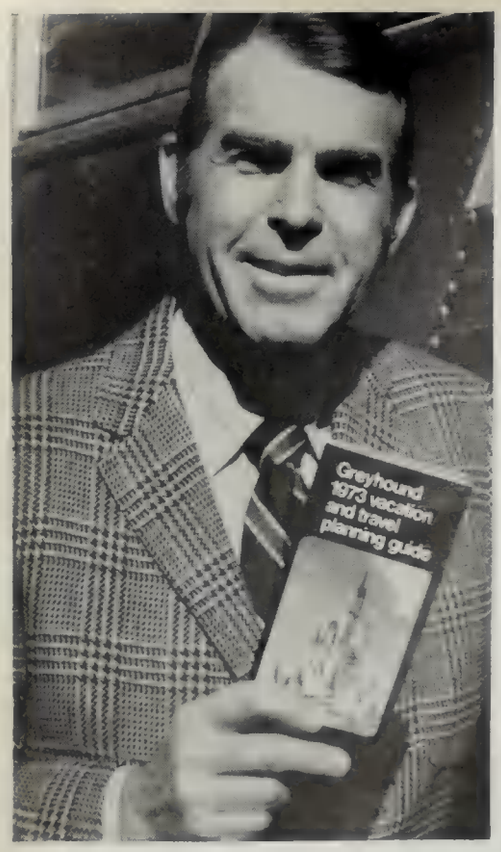

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Colorado River, Westwater Canyon: 2-day trips at $50 per person—May 12, 19, 26; July 14, 21, 28; September 15, 22, 29.

Fraser River: 13 and 8-day trips at $500 and $375 per person—August 27. 5-day trip at $275 per person—September 4.

Green River: 5-day trips at $150 per person—July 2, 10, 18. 3-day trips at $85 per person—October 5, 12.

Snake River: 5-day trip at $275 per person—September 17.

Cross Tours and Explorations, Inc.
274 West 1400 South
Orem, Utah 84057

Colorado River, Grand Canyon: 10 and 4-day trips at $335 and $165 per person—April 3, 24; May 1, 23, 29; July 10, 17, 24, 31; August 7, 21, 28; September 4, 11, 18, 25. 7-day trips at $225 per person—April 6, 27; May 4, 26; June 1; July 13, 20, 27; August 3, 10, 24, 31; September 7, 14, 28.

Echo, The Wilderness Company
2424 Russell St., Berkeley, Calif. 94705

American River: 2-day trips at $48 per person—every Saturday April 7 through June 24.

Kobuk River, Alaska: 7-day trips at $290 per person—August 20, 27; September 3, 10.

Rogue River: 5-day trips at $150 per person—July 9, 16, 23, 30; August 6, 13, 20, 27.

Snake River: 6-day trips at $250 per person—July 9, 17, 24.

Stanislaus River: 2-day trips at $50 per person—every Saturday April 7 through October 28. 2-day trips at $45 per person—every Friday and Sunday April 6 through October 29.

Eldon Handy's
Salmon River Expeditions, Inc.
Box 15, Jerome, Idaho 83338

Salmon River, Middle Fork: 6-day trips at $300 per person—June 26; July 4, 12, 20, 28; August 5, 13, 21, 29.

Fort Lee Co.
Box 2103, Marble Canyon, Ariz. 86036

Colorado River, Grand Canyon: 8 and 3-day trips at $495 and $295 per person—every Friday April 6 through October 19. 6-day trips at $395 per person—every Sunday April 8 through October 21.

Georgie's Royal River Rats
Box 12489, Las Vegas, Nevada 89112

Colorado River, Grand Canyon: 10 and 6-day trips at $325 and $200 per person—April 14; May 7, 28; June 18; July 9, 30; August 20. 4-day trips at $125 per person—April 19; May 12; June 2, 23; July 14; August 4, 25.

Grand Canyon Canyonlands Expeditions Inc., Ron and Sheila Smith
Box O, Kanab, Utah 84741

Colorado River, Cataract Canyon: 5-day trips at $195 per person—every Monday April 30 through September 24.

Colorado River, Grand Canyon: 9-day trips at $395 per person—every Saturday April 14 through October 20. Oar-powered 12-day trips at $455 per person—May 7, 28; June 18; July 9, 30; August 20; September 10; tober 1.

Colorado River, Westwater Canyon day trips at $89 per person—e Saturday May 5 through Sept. 29

Green River: 10-day trips at $255 person—June 4, 18; July 2, 16, August 13, 27. 6-day trips at $215 person—September 26; October 3 5-day trips at $195 per person— 30; June 13, 27; July 11, 25; Au 8, 22; September 5. 4-day trip $169 per person—July 4, 18; Au 1, 15, 29; September 12.

Yampa/Green rivers: 4-day trips at $ per person—May 23; June 6, 20.

Grand Canyon Dories, Inc.
Box 5585, Stanford, Calif. 94305

Colorado River, Grand Canyon: powered 18 and 6-day trips at $ and $280 per person—May 10, 17 June 7, 21, 28; July 15, 22; Augu 9, 23; September 6. 13-day trip $425 per person—May 15, 22; 5, 12, 26; July 3; August 7, 14, September 11.

Owyhee River: 5-day trips at $250 person—May 7 and 14.

Rogue River: 4-day trips at $180 person—May 21, 26, 31.

Snake River: 6-day trips at $280 per son—June 11; July 15, 23, 31.

Grand Canyon Youth Expeditions, I
Rt. 2, Box 755, Flagstaff, Ariz. 8600

Colorado River, Grand Canyon: powered 18-day trips for young a at $500 per person—June 4, July August 6. 12-day trips at $475 per son—June 4, 18; July 9, 23; Aug

Hatch River Expeditions
411 E. Second North
Vernal, Utah 84078

Colorado River, Grand Canyon: 9 6-day trips at $325 and $180 per son—April 6, 23, 30; May 14, 21, June 4, 11, 18, 25; July 2, 9, 16, August 6, 13, 20, 27; September 3 17, 24; October 1, 15; November

Salmon River, Middle Fork: 5-day at $285 per person—July 3, 11, 27; August 5, 13, 21.

Yampa/Green rivers: 4-day trips at per person—every Thursday through August.

Hell's Canyon Navigation Co.
Box 145, Oxbow, Oregon 97840

Snake River: 5-day trips at $275 per son—May 28; June 10, 17; July 2 30; August 13, 27; September 10, October 22.

Holiday River Expeditions, Inc.
519 Malibu Dr.
Salt Lake City, Utah 84107

Colorado River, Cataract Canyon: and 4-day trips at $180, $160, $140 per person—April 16; May June 2, 15, 23, 30; July 9, 14; Au 6, 20; September 1.

Colorado River, Granite Canyon: 2 trips at $60 per person—April July 7, 14, 28; August 4, 11, 18, September 8.

Delores River: 3-day trips at $90 person—May 19.

Green River: 5-day trip at $150 person—June 9.

Missouri River Cruises
Box 1212, Fort Benton, Montana 59

Missouri River: 5-day trips at $175

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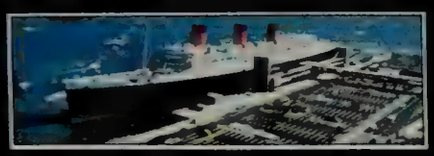
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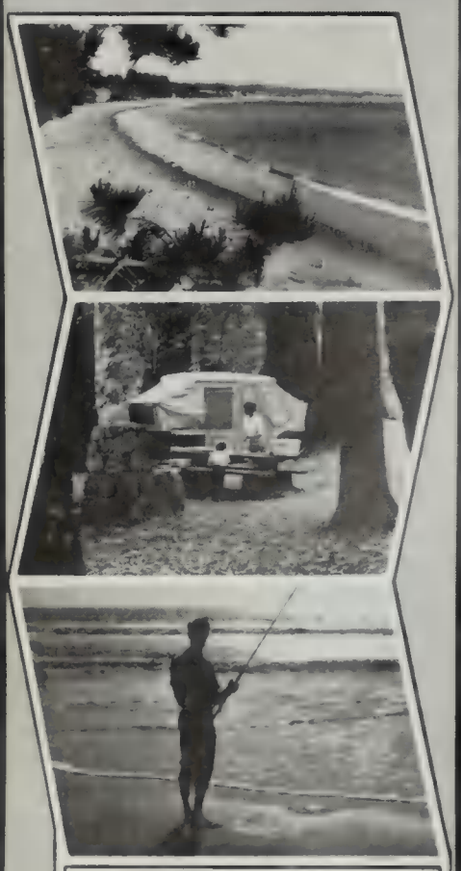

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Moki Mac River Expeditions
6829 Bella Vista Dr.
Salt Lake City, Utah 84121

Colorado River, Cataract Canyon: 4-day trips at $150 per person—April 20; May 1, 22; June 12, 26; July 10, 24; August 7, 21; September 11.

Colorado River, Grand Canyon: 10 and 4-day trips at $350 and $130 per person—April 18; May 2, 23; June 6; July 4; August 1, 29; September 26; October 10. 7-day trips at $225 per person—April 21; May 5, 26; June 9; July 7; August 4; September 1, 29; October 13. Oar-powered 12-day trips at $400 per person—June 20; July 18; August 15; September 12.

Mountain River Guides
3325 Fowler Ave., Ogden, Utah 84403

Yampa/Green rivers: 4-day trips at $88 per person—every Wednesday May through September. 3-day trips at $68 per person—every Thursday May through September.

Nicholson's Salmon River Float Trips
Route 3, Twin Falls, Idaho 83301

Salmon River, Middle Fork: 6-day trips at $290 per person—June 28; July 6, 14, 22, 30; August 7, 15, 23, 31.

North American River Expeditions
570 N. Main, Moab, Utah 84532

Colorado River, Cataract Canyon: 5-day trips at $135 per person—every Monday May 7 through September 24.

Colorado River, Westwater Canyon: 2-day trips at $55 per person—every Saturday May 5 through Sept. 29.

Green River: 5-day trips at $135 per person—June 4; July 2, 30; August 27.

O.A.R.S., Inc., 1310-20th St.
Santa Monica, Calif. 90404

American River: 2-day trip at $55 per person—May 27.

Colorado River, Grand Canyon: Oar-powered 19-day trip at $625 per person—August 7. 15-day trips at $495 per person—May 1, 17; August 26; September 12. 13-day trips at $495 per person—June 3, 17; July 1, 15, 29; August 12. 9 and 8-day trips at $325 per person—May 6, 22; June 7, 21; July 5, 19; August 2, 16, 31; September 17. 6 and 5-day trips at $225 per person—May 1, 17; June 3, 17; July 1, 15, 29; August 12, 26; September 12.

Rogue River: 5-day trips at $175 per person—June 19, 25.

San Juan River: 5-day trips at $175 per person—July 3, 9.

Orange Torpedo Self-Paddling Trips
Box 1111, Grants Pass, Oregon 97526

Deschutes River: 3-day trips at $165 per person—June 15, 20; July 11, 16; September 1, 6, 11, 21.

Klamath River: 2-day trips at $100 per person—June 27, 30; August 14, 17; September 4, 8, 11, 15, 22.

Rogue River: 3-day trips at $150 per person—June 22, 29; July 2, 6, 9, 13, 16, 20, 23, 27, 30; August 3, 6, 10, 17, 20, 24, 27, 31.

Outdoors Unlimited, 2500 Fifth Ave.
Sacramento, Calif. 95818

American River: 2-day trips at $44 per person—Saturdays April 21 through July 28. 2-day trips at $40 per person—Fridays May 4 through August 2

Colorado River, Grand Canyon: Oar-powered 18-day trip at $540—June 4, 12 and 5-day trips at $360 and $19 per person—May 21; June 11, 2 July 9; August 6, 20; September 3. 8 day trips at $270 per person—Ma 25; June 15, 29; July 13; August 1 24; September 7.

Rogue River: 4-day trips at $120 p person—Thursdays June 28 throug August 23. 3-day trips at $130 an $95 per person—Mondays June 2 through August 20.

Salmon River, Main Fork: 6-day trip $240 per person—August 7.

Salmon River, Middle Fork: 6-day tri at $250 per person—July 8, 16, 2 August 1.

Snake River: 6-day trip at $240 per pe son—August 14.

Stanislaus River: 2-day trips at $48 p person—Saturdays April 14 throug September 30. 2-day trips at $42 p person—May 4 through Sept. 29.

River Adventures West, Box 801
Pacific Palisades, Calif. 90272

Salmon River, Main Fork: 5½-day tr at $360 per person—September 1.

Salmon River, Middle Fork: 5½-da trips at $360 per person—June 3 July 8, 16, 24; August 1, 9, 17, 25.

Stanislaus River: 2-day trips at $47 p person—May 19, 26; June 2, 9, 1 23, 30; July 1, 7.

Rogue River Raft Trips
Morrison's Lodge
8500 Galice Rd., Merlin, Ore. 97532

Rogue River: 4-day camp trips at $18 per person—June 24; July 22; Augu 19; September 2. 3-day lodge trips $150 per person—June 7, 14, 21, 2 July 5, 12, 19, 26; August 2, 9, 16, 2 30. 2-day trips at $120 per person May 5, 12, 19, 26; June 2.

Salmon River Boat Tours
Box 1185, North Fork, Idaho 83466

Salmon River, Main Fork: 5-day trips $275 per person—June 30; July 8, 1 24; August 1, 9, 17, 25; Sept. 2, 10.

Salmon River, Middle Fork: 5-day tri at $275 per person—June 30; July 16, 24; August 1, 9, 17, 25; Septe ber 2, 10.

Sanderson River Expeditions, Inc.
Box 1535, Page, Ariz. 86040

Colorado River, Grand Canyon: 9-d trips at $340 per person—April 2 23, 28, 30; May 5, 14, 21, 28, 29; Ju 4, 12, 18, 25; July 9, 16, 23, 30; A gust 6, 13, 14, 20, 27; September 3, 10. 6-day trips at $235 per person April 24, 26; May 3, 17, 24, 31; Ju 7, 15, 21, 28; July 12, 19, 26; Augu 2, 9, 16, 23, 30; September 6, 13. day trips at $185 per person—Ap 21, 23, 30; May 14, 21, 28; June 4, 1 18, 25; July 9, 16, 23, 30; August 13, 20, 27; September 3, 10.

Tag-A-Long Tours, 452 N. Main St.
Box 1206, Moab, Utah 84532

Colorado River, Cataract Canyon: 4-d trips at $175 per person—April 1 22; May 6, 13, 20, 27; June 3, 10, 1 24; July 1, 8, 15, 22, 29; August 5, 1 19, 26; September 2, 9, 16, 23, 3 October 7, 14, 21, 28.

Colorado River, Westwater Canyon; day trips at $85 per person—eve Saturday May through October.

Green River: 5-day trips at $195 p person—May 1; June 12; July 1

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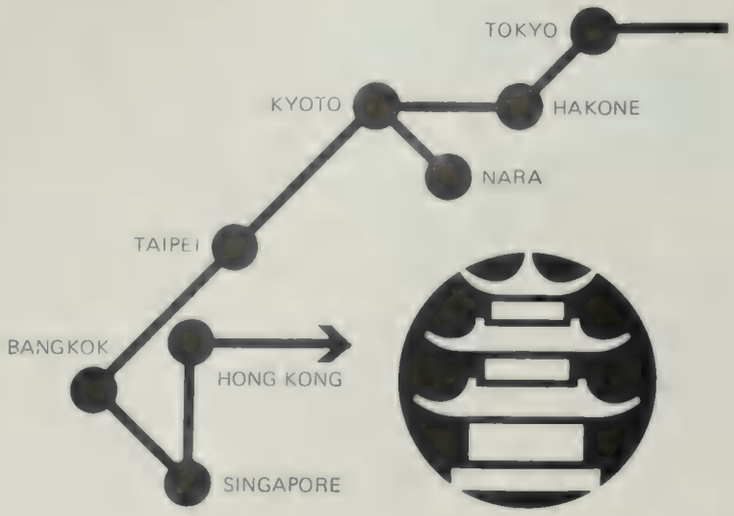

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August 7; September 4; October 2

San Juan River: 5-day trips at $195 person—May 21, 28; June 18; tember 3, 24.

Tour West Inc.
Box 333, Orem, Utah 84057

Colorado River, Grand Canyon: 6 trips at $345 per person—Sun April 1 through October 8.

Salmon River, Main Fork: 7-day tri $295 per person—July 15, 22, 29; gust 5, 12, 19, 26.

Travel Institute
714 Ninth Avenue, Salt Lake City 8

Colorado River, at Moab: 4-day tri $69 per person—May 25, 30; Jun 15, 27; July 3, 13, 20, 25; Augu 10, 17, 22; September 1, 7, 14. 3 trips at $65 per person—May 5. 19; July 9; August 27.

Green River, Canyonlands: 4-day at $69 per person—April 18, 25; 25; June 13, 20; July 21, 27; Au 6, 24; September 7, 21. *Lodore:* 4 3-day trips at $85 and $81 per pe —July 1, 4, 8, 11, 15, 18, 22, 25 August 1, 5, 8, 12, 15, 19, 22, 26 September 1, 8. *Wilderness:* 4 trips at $69 per person—June 22; 27; August 22; September 21.

Yampa/Green rivers: 4 and 3-day at $75 and $71 per person—Ma 12, 19, 25; June 1, 5, 9, 12, 15, 19 25, 29; July 3, 6, 10, 13.

Upper Missouri Wilderness Waterwa Cruise Co., Box 724,
Fort Benton, Montana 59442

Missouri River: 4, 3, and 2-day tri $160, $120, and $80 per pers June 14, 21, 28; July 5, 19, 26; gust 2, 9.

Western River Expeditions, Inc.
Box 6339, Salt Lake City, Utah 8410

Colorado River, Cataract Canyon: 4 trips at $185 per person—May 10 June 14, 28; July 12, 26; Augu 23; September 6, 20; October 4.

Colorado River, Grand Canyon: 10 trips at $385 per person—April May 15; June 7; July 6; August September 13. 7-day trips at $355 person—April 1, 15, 29; May 13. June 10, 17, 24; July 1, 8, 15, 22 August 5, 12, 19, 23; September 2 30. 5-day trips at $315 per pers April 3, 16; May 1, 15, 29; June 19, 26; July 3, 10, 17, 24, 31; Au 7, 14, 21; September 4, 18; Octob

Colorado River, Westwater Canyo day trips at $80 per person—May 24, 29; June 7, 12, 21, 26; July 5 19, 24; August 2, 7, 16, 21, 30; tember 4, 13, 18, 27; Oct. 2, 11, 1

Green River: 3-day trips at $115 per son—May 26, 31; June 4, 7, 11 18, 21, 25, 28; July 2, 5, 9, 12, 16 23, 26, 30; August 2, 6, 9, 13, 16 23, 27; September 1.

Salmon River, Main Fork: 6-day tri $255 per person—July 29; Augu 14, 22, 30. 5-day trips at $255— 10, 17, 24; July 2, 8, 15, 23.

Salmon River, Middle Fork: 5-day at $325 per person—July 6, 14. 31; August 8, 16, 24; September 1

Selway River: 4-day trips at $295 person—June 12, 19, 26; July 1.

Yampa River: 3-day trips at $115 person—May 31; June 4, 7, 11. 18, 21.

White Water River Expeditons
Box 1249, Turlock, Calif. 95380

Colorado River, Grand Canyon: 8

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Salmon River, Middle Fork: 5-day tri at $260 per person—June 29; July 14, 22; August 1, 9, 17, 25; Septe ber 2.

Stanislaus River: 2-day trips at $45 p person—every Saturday April through October 27.

Wilderness Encounters Inc.
Box 232, Cambridge, Idaho 83610

Salmon River, Main Fork: 6-day tri at $295 per person—July 29; Augu 5, 12, 19, 26; September 2, 9. 5-d trips at $265 per person—May 1 July 9, 16, 23.

Salmon River, Middle Fork: 6-day tri at $325 per person—July 2, 10; A gust 3, 11.

Snake River: 6-day trips at $295 per pe son—June 10, 17, 24; July 1; Augu 26; September 2, 9. 5-day trips $265 per person—May 14, 21, 2 June 4.

Wilderness Water Ways
4 Live Oak Circle
El Sobrante, Calif. 94803

Rogue River: 3-day camp trips at $ per person—every Wednesday June through August 26. 3-day lodge tri at $100 per person—every Saturd and Sunday June 2 through Augus

Stanislaus River: 2-day trips at $50 p person—every Saturday April throu September. 2-day trips at $45 per pe son—every Friday and Sunday Ap through September.

Wilderness Waterways, Inc., Box 270
Idaho Falls, Idaho 83401

Salmon River, Main Fork: 6-day trips $275 per person—July 24; August 9, 17, 25.

Salmon River, Middle Fork: 6-day tri at $315 per person—July 3, 11, 1 5-day trips at $300 per person—Ju 28; August 5, 13, 21. 4-day trip $285 per person—August 29.

Snake River: 6-day trips at $275 per pe son—June 4, 11; September 3, 10.

Wilderness World, 1342 Jewell Ave.
Pacific Grove, Calif. 93950

American/Stanislaus rivers: 5-day tri at $185 per person—April 16; Ju 18; August 6.

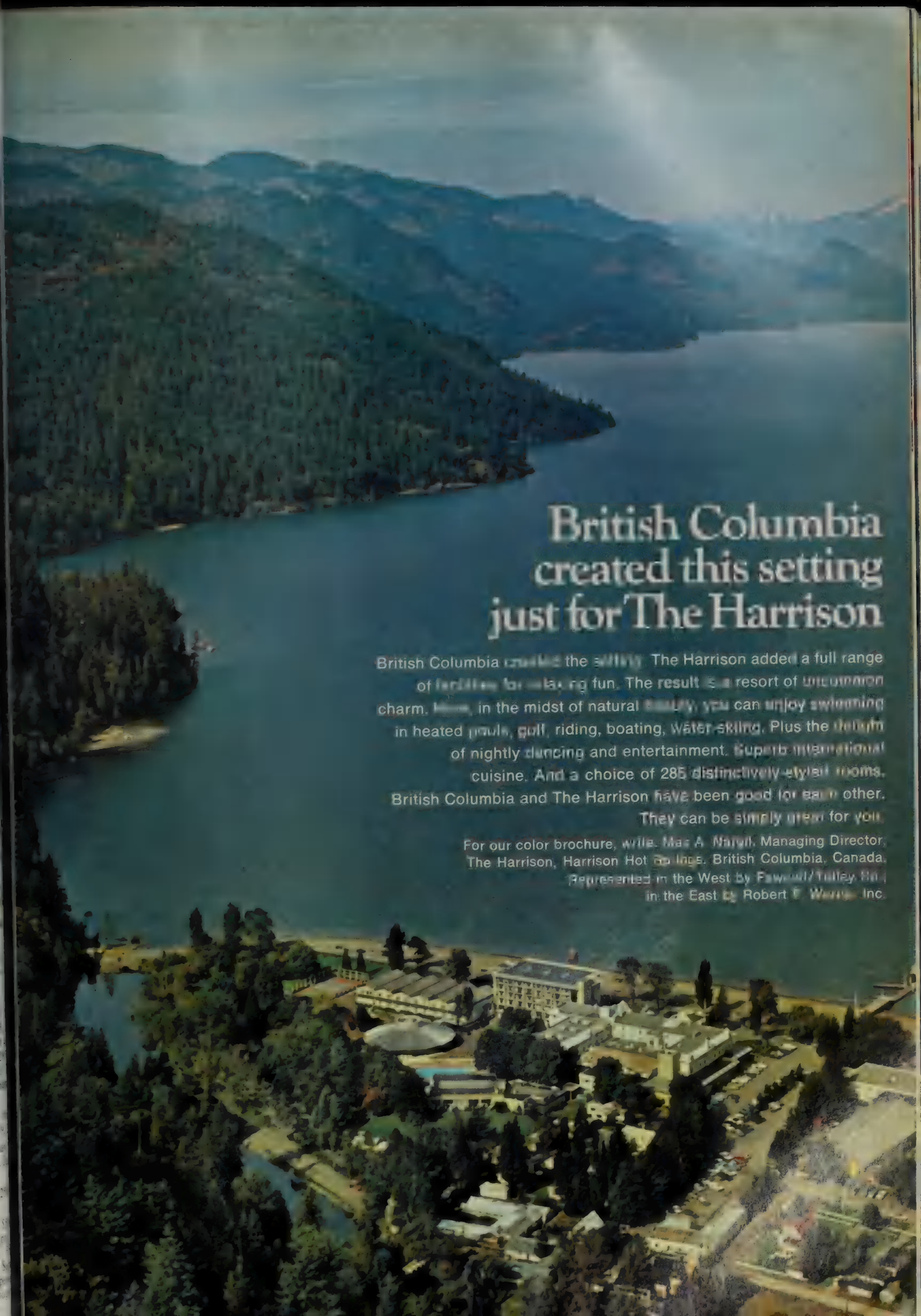
Colorado River, Grand Canyon: Oa powered 14 and 6-day trips at $4 and $205 per person—April 15; M 5, 26; June 20; July 14; August 4, 1 September 15. 9-day trips at $285 p person—April 20; May 10, 31; Ju 25; July 19; August 9, 30; Septe ber 20.

Salmon River, Main Fork: 6-day trips $250 per person—August 1, 19, 27

Salmon River, Middle Fork: 6-day tri at $250 per person—June 30; July 16, 24.

Snake River: 6-day trips at $250 p person—June 20; August 26.

Stanislaus River: 2-day trips at $50 p person—every Saturday April through October, and every Frid and Sunday June 1 through Septe ber 2. 2-day trips at $45 per person every Wednesday June 6 through A gust 29.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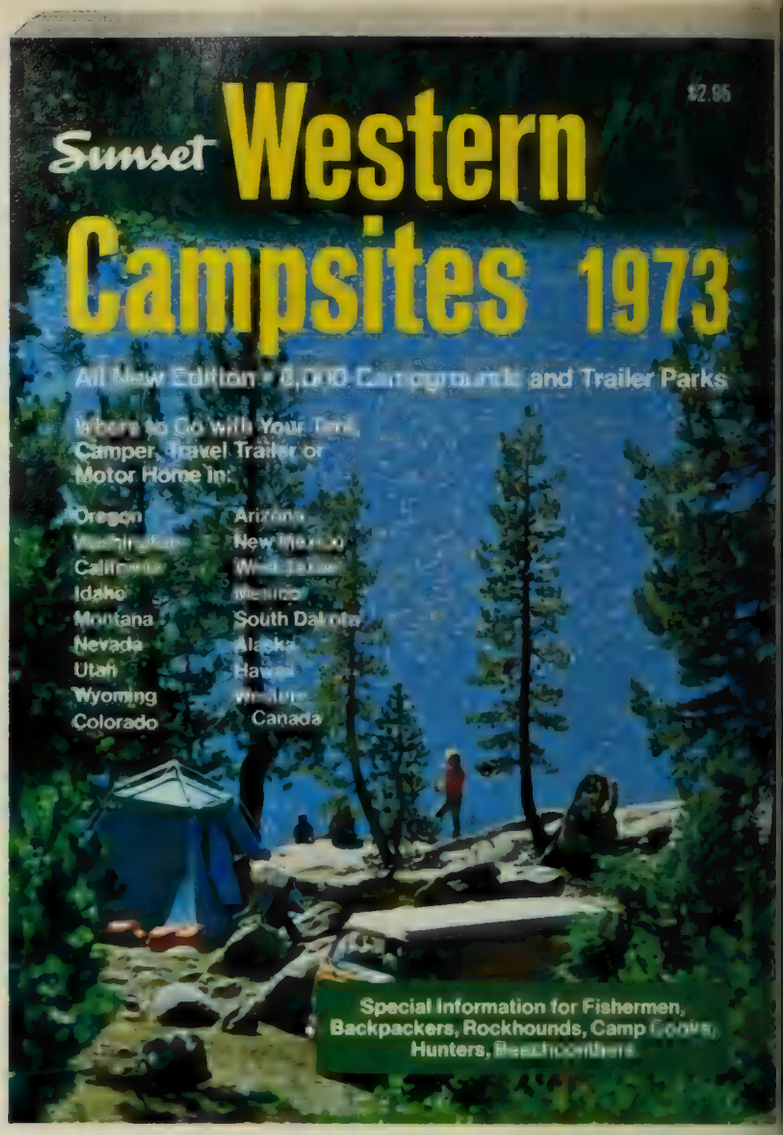

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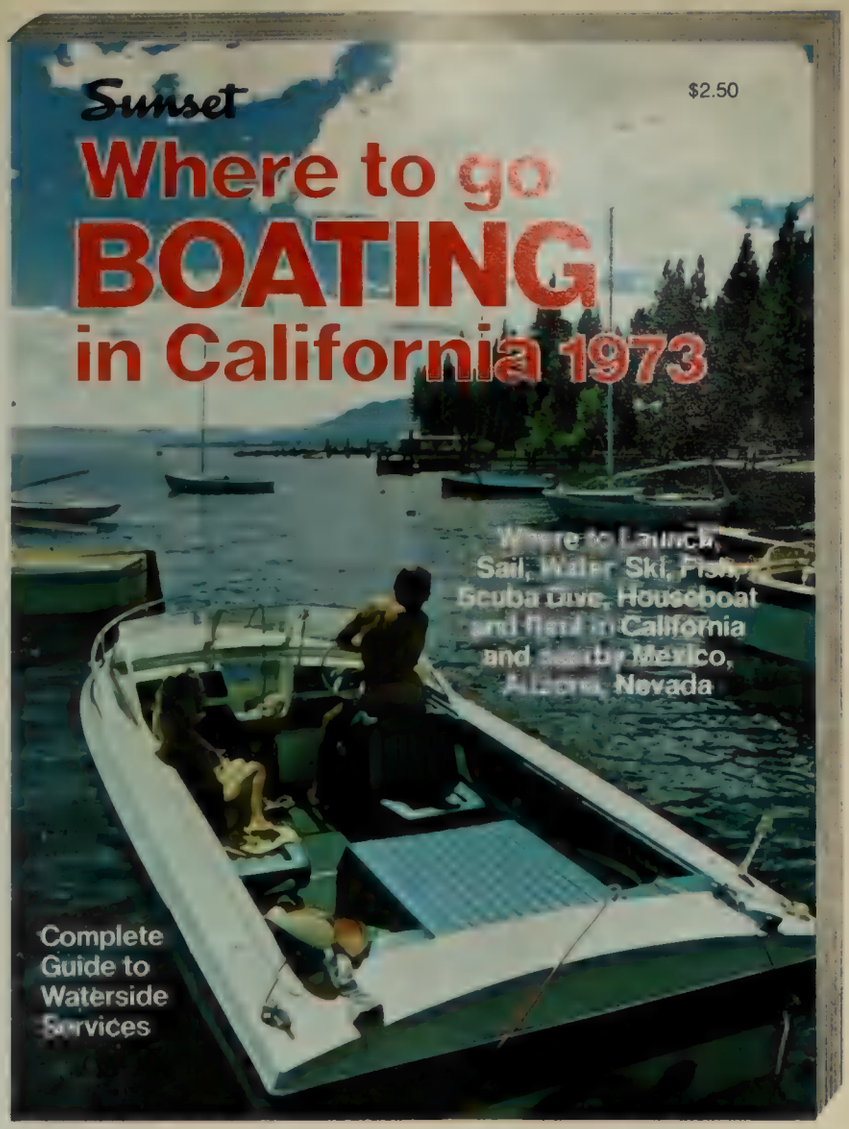

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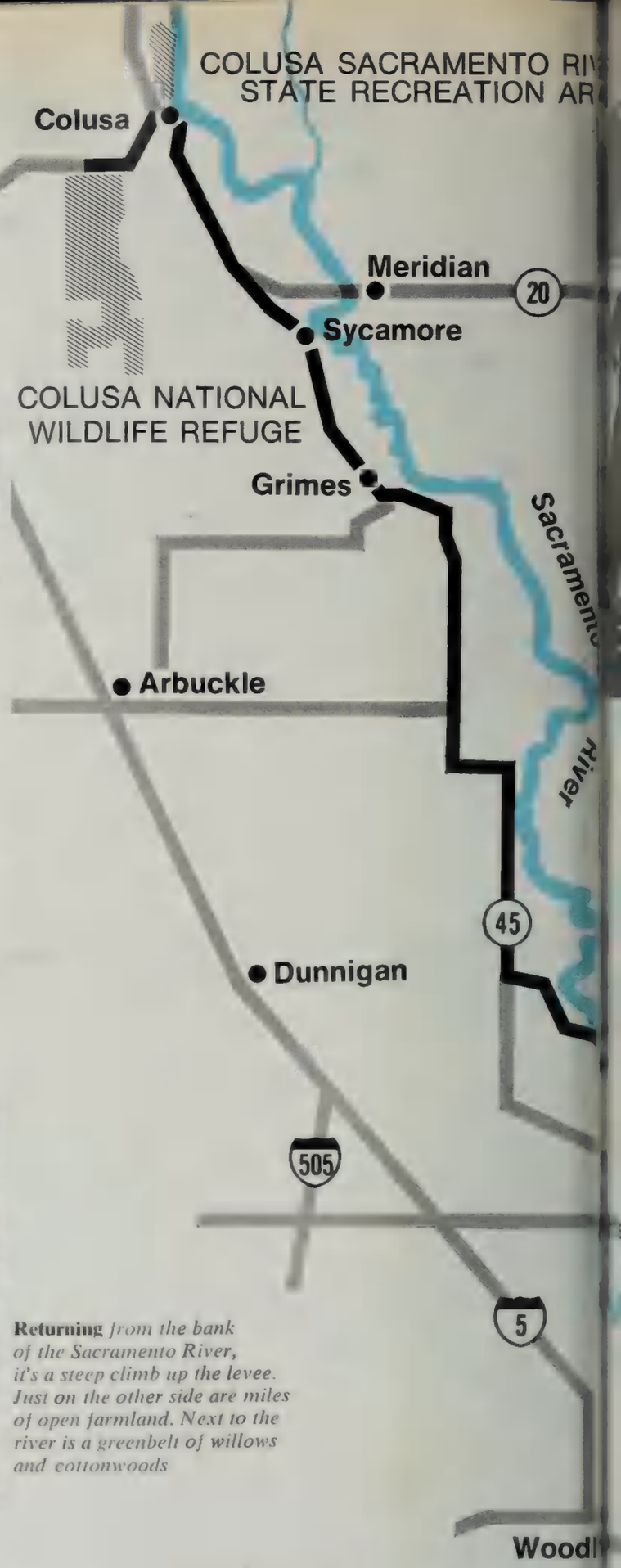

Returning *from the bank of the Sacramento River, it's a steep climb up the levee. Just on the other side are miles of open farmland. Next to the river is a greenbelt of willows and cottonwoods*

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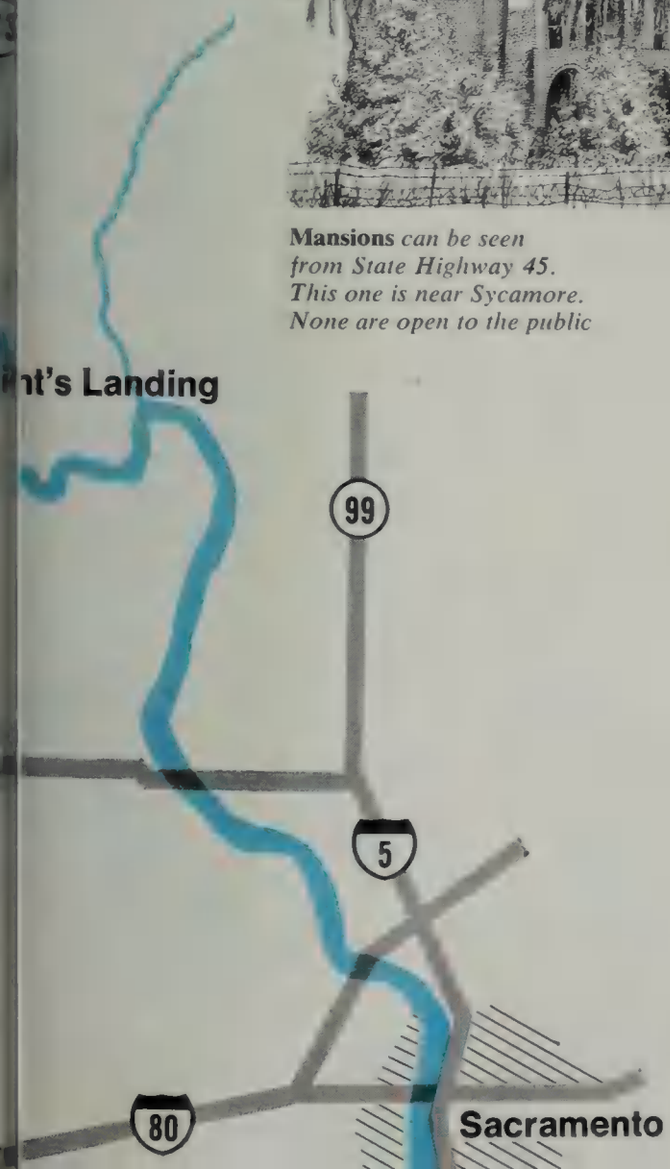
Horses and riders cool off in Sacramento River at Colusa Recreation Area. Park has facilities for boating, camping, picnicking

Old fishing boat *is moored on Sycamore Slough, a side channel of the Sacramento near Knight's Landing*

Mansions *can be seen from State Highway 45. This one is near Sycamore. None are open to the public*



The quiet towns and countryside along the banks of the Sacramento River seem to have changed little since the early 1900's. To discover them, you only have to stray slightly from Interstate Highway 5.

State Highway 45, the area's main road, is a two-lane, lightly traveled back road that follows the meanderings of the Sacramento. Spring is a particularly good time to drive it. The tall cottonwoods along the river have leafed out, fruit orchards are in bloom and crops planted, and summer's heat hasn't yet descended on the valley.

To reach State 45 if you're coming from the San Francisco Bay Area on Interstate 80, turn north at Davis on State 113 and drive the 22 miles through farmland to Knight's Landing. If you're starting from Sacramento, take Interstate 5 to Woodland, then go north on State 113 to Knight's Landing.

In Knight's Landing, a small river community somewhat reminiscent of towns along Mark Twain's Mississippi, turn left on Fourth Street, a narrow levee road that runs along the south bank of the river. Fourth Street soon joins State 45, which angles northwest across open farmland.

The region's primary crops are tomatoes, almonds, prunes, safflower, sugar beets, barley, and, above all, rice. The rice is grown in "checks"—flooded areas of land surrounded by low levees. The levees twist and turn through the checks to follow the land's contours—a marked contrast to the geometric order of neighboring tilled fields.

Twenty-six miles from Knight's Landing is Grimes, a tiny, tree-shaded cluster of houses where the main hub of activity

Storefronts *in Grimes are crumbling, being abandoned*

GERALD R. FREDRI

Solitary heron *perches a snag in Colusa Wildlife Refuge. A has automobile and walking tra for observing migratory wildfo*

seems to be the local post office. At the north end of town, an old business district is now almost abandoned. Vines have taken over the storefronts and the windowless shell of a fortresslike bank stares blindly at the street.

Continue north just past Sycamore, then turn east on State Highway 20 for a short side trip to Meridian. The town is reached by crossing a narrow swing bridge. Poke around the quiet, shaded streets. On one street near the river there's a small grocery store with ancient, creaking floors, a lazy paddle fan above the door, and, for a hot day, a vast selection of ice cream bars encased in an old, rattling freezer.

Crossing back over the river, follow State 45/20 north 5 miles to Colusa. Take Market Street through town to 12th Street, then drive north three blocks to the Colusa State Recreation Area. The wooded 63-acre park along the river has picnic and barbecue areas, camping sites, and a large beach for swimming and fishing.

You can continue north on State 45 as far as Hamilton City and the Chico area, or leave town on State 20 to rejoin Interstate 5. (Travelers interested in the fastest way back should return on Interstate 5.)

Three miles out of Colusa on State 20 is the Colusa National Wildlife Refuge. This marshland is one of four Sacramento Valley refuges that provide a winter home for millions of migratory wildfowl. You can pick up guide-yourself tour booklets at a stand near the refuge headquarters. The area is open from dawn to dusk; there is no admission fee. □

Swing bridge *on channel near Meridian is a gothic maze of girders, signs, and lights. Traffic flows to left and right of center walkway*

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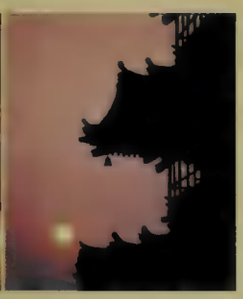

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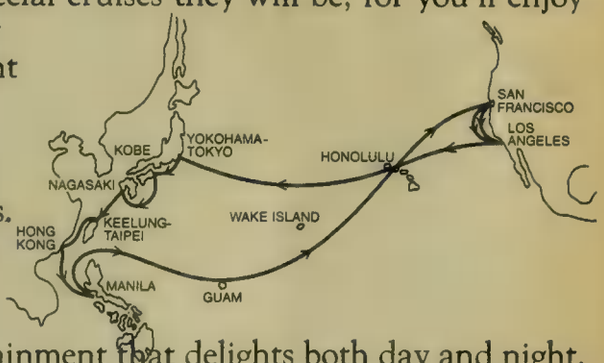

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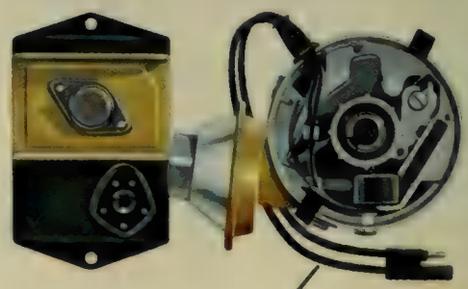

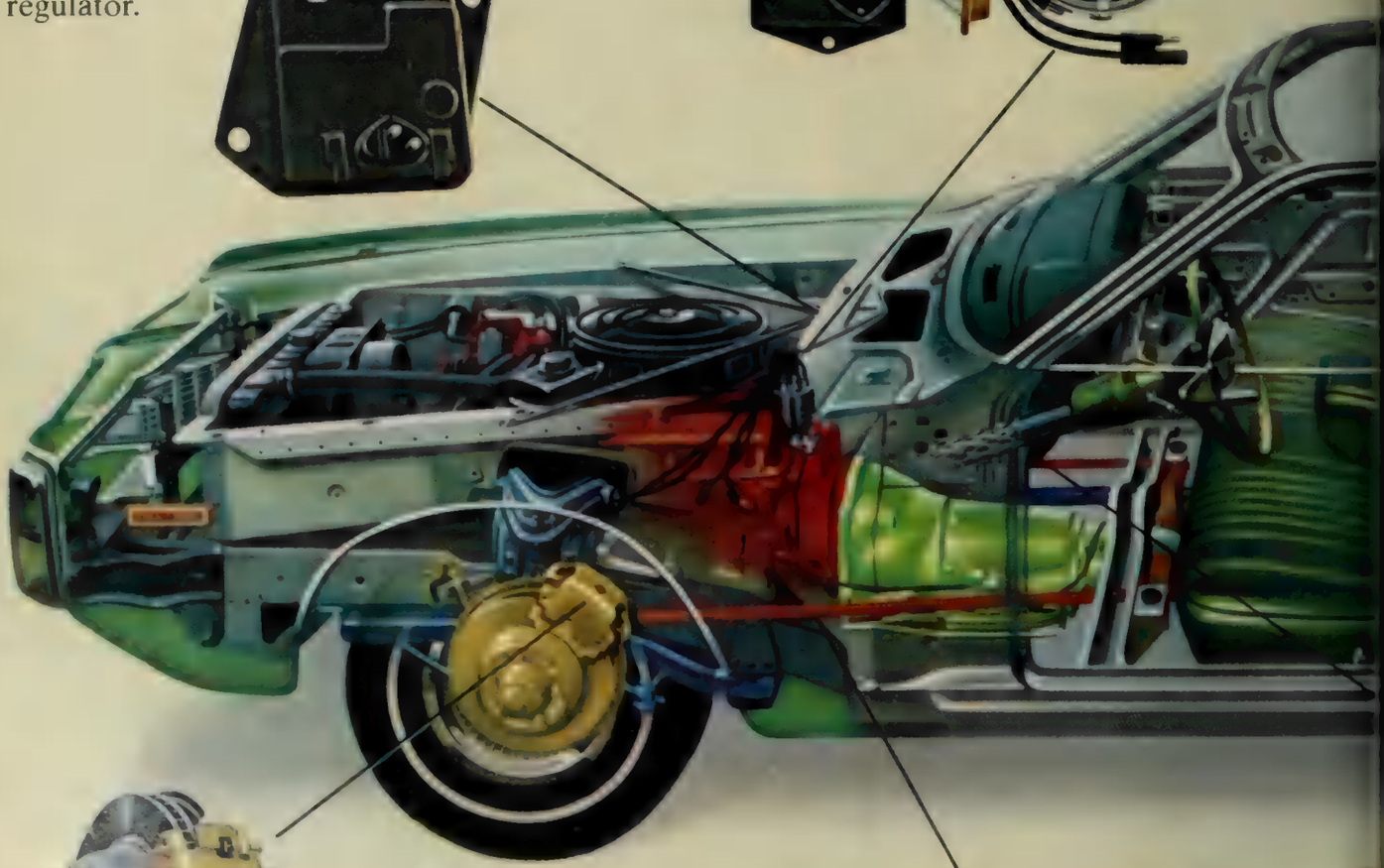

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Helps control lean, brake dive, bumps and sw
Exclusive Torsion-Quiet ride helps eliminate annoying road noises.

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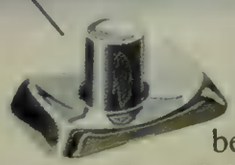
r exclusive integral-design lps keep the back window clean. th the window opened slightly, it gives w-through ventilation. Standard on many our wagons. Available for all.

Plentiful Cargo Capacity.
Our mid-size wagons are the only ones of their size with a flat, 4′x8′ cargo area with the tailgate closed. 3 storage trays, conveniently located over the rear wheel wells, handle the odds and ends. Stowage compartment beneath the cargo floor of all our station wagons, gives extra storage space.



Second Seat Release.
Conveniently located, can be reached from either side. (A push button located in center of seat-back on intermediate wagons and a lever located on both sides of full-size wagons.)

lgate Auto-Lock.
r Auto-Lock automatically locks the gate when the ignition is turned on. ndard on some Chrysler Corporation ion wagons; optional on others.

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Sweater *with stitchery flowers, made in mainland China from lamb's wool, costs $7 at Chinese Arts & Crafts*

Two lions *flank entrance to Ch Arts & Crafts. Shop is just a walk from ferry terminal in Ko*

Shopping mainland China in British Hong Kong

Shoppers in Hong Kong can b from one of the results of our cou changing relationship with mai China. Since last year when the U States lifted a 23-year ban, Amer have been allowed to bring back made in the People's Republic of C And shopping for them can be o Hong Kong's unexpected pleasures

Hong Kong has a number of shop sell only merchandise made in C The one that's handiest for most vi also contains the most impressive va of things—Chinese Arts & Crafts, in the Star House, just opposite the Ferry Terminal on the Kowloon si the harbor.

The two-floor shop is probably not what you expect from modern C It's sleek, and much of the mercha is elegant in the classic Chinese trad —porcelain, lacquerware, jewelry, silk, carpets, carvings of jade and i It's mostly fine handwork, sometim pensive, but mostly at the bargain p you expect to pay in Hong Kong.

Most of the carvings, paintings, an ramics take up traditional subjects as horses, flowers, and landscapes you'll also see some contemp themes such as the soldiers show left. One room is devoted to po and social comment—writings and by Chairman Mao, posters, le books. On display here are som credible ivory carvings, 2 to 3 feet of important scenes from recent hi

Art from two *Chinese cultures. Old wooden temple carvings at left. Contemporary ceramic at right costs $3*

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then wheel into the exciting heart of British Columbia!

The MV "Queen of Prince Rupert" is an extension of British Columbia's fine highway system, bridging 330 miles of the fjord-like, coastal Inside Passage. Board with your vehicle at either Prince Rupert or Kelsey Bay on Vancouver Island to complete the Totem Circle tour. Enjoy unparalleled service on this cruise-like ship, then 20 hours later arrive refreshed at your destination to continue your motoring adventure. Drive by the finest native totem poles along the Skeena River. Visit the Cariboo country with its lakes, ranches and goldrush Barkerville, then be awe-struck with the grandeur of the Fraser Canyon. Vancouver and Victoria await you. See your travel agent, auto club, or send for our Totem Circle kit — in any season.

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Wheel your recreational vehicle right onto the car deck of the Queen of Prince Rupert. Bring your fishing tackle and camera. British Columbia has something for the outdoors lover all year 'round and there are good camp sites everywhere!

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intricate details—right down to M jacket—are painstakingly carved.

You can usually recognize other H Kong shops that sell Chinese merch dise by their large red signs with w characters. Of many, these two ar popular shopping areas and well stocl The Chinese Merchandise Empori Chiao Shang Building, Queen's R Hong Kong; Yue Hwa Chinese Prod Emporium, 300-306 Nathan R Kowloon. Shops like these cater to l people more than visitors, but eve you don't buy much, you'll have ar teresting look at what's coming ou today's China.

The stores are usually crowded and prisingly like American departn stores. Mostly they offer everyday it —clothes (lumpy by the standard Hong Kong tailors), shoes, bicycles, e tric dishwashers, hair dryers. But y also see such un-Western things as puncture dolls (man, woman, ho

NORMAN A.

Delicate *paper cutouts in bright c depict Yangtze River scene, bird, doil pattern. Each costs about 5*

snake bile wine, and some choice h crafts. The toy selection is particu good—junior-sized soccer ball ($3), in peasant dresses ($1), tiny stove magnetized pans (75 cents). One o editors bought a leather suitcase fo it got his purchases home but not out tape and rope repair when a b broke in the Honolulu airport.

You generally pay a higher (often r higher) rate of duty on Chinese g than you would on similar items co from countries that have trade a ments with the U.S.; but you're stil titled to the usual $100 exemption. example, normal duty on "ornam wearing apparel" (such as beaded s ers) is 42½ per cent; if made in C the duty is 90 per cent. Duty on Ch carved jade is 50 per cent, comp with the usual 21 per cent.

To anyone else, it's just a model ship.

You bought it to fill a few long winter evenings. And it took almost two years.

Now, every time you look at that ship, you can still see your kitchen table littered with all its tiny masts, spars, and deadeyes, still hear the drone of the late movie as you worked on it, and know that you could never do it again.

But in years to come, your son and his son will be glad you did.

And now that you're moving it halfway across the country, wouldn't you like to know the movers understand how much of you is built into that ship?

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GARY SHEI

Miniaturized *main square of Stein am Rhein can be covered in a few s*

You are just about 25 times too big to fit

In a beautiful mountain setting on the shore of Switzerland's Lake Lugano, major Swiss landmarks and architectural treasures have been re-created at 1/25 scale in the Swissminiatur village. It is 3 miles south of the town of Lugano.

You can walk through the well kept grounds and inspect buildings typical of various cantons of Switzerland. Railroads, boats, and factory models are interspersed with bridges, farms, castles, and chalets—all appropriately landscaped in miniature. You can peer through the windows of the Castle of Chillon and stroll through the heart of Lucerne, Bern, and Basel. The Alps are there to be viewed in scaled-down majesty.

April through October, Swissminiatur is open daily from 8:30 A.M. to 7 P.M. During July and August, the hours are extended to 10 P.M. In winter months, the village is open only on Sundays. Admission is $1.75 for adults, $1.25 for children.

From Lugano, drive south on Route 2 toward Melide. Swissminiatur is right at the bridge crossing. □

Spire *windows of the model of Geneva's lovely old St. Pierre Cathedral are conveniently at eye level*

"ward Motion"

©Peter Max Enterprises, Inc.

New Datsun 1200 Sport Coupe. An original portrait by Peter Max.

The new Datsun 1200 is today's kind of car. It's an economical package of motion and fun that's nice for you...and for the world around you. So when we commissioned its portrait, we went to today's kind of artist—Peter Max—probably the best known artist of his generation, a creative genius who made colorful visions an exciting part of everyday life.

The new Datsun 1200 Sport Coupe gave him a subject that's exciting on several levels. For the ecology minded, it's a car that doesn't cost much money, doesn't take up much space and gets around 30 miles out of every gallon of gasoline. At the same time it has quick handling and spirited performance. Finally, it comes with all the niceties you could want—fully reclining bucket seats, safety front disc brakes, flow-through ventilation—and a few you didn't expect—a fold-down rear seat storage area, whitewalls and tinted glass, for instance. Peter Max has captured the spirit of our 1200, a Datsun Original. Capture it for yourself in real, everyday terms at your Datsun dealer. Drive a Datsun...then decide.

Own a Datsun Original.

From Nissan with Pride

Easier charters... but some risks

Last summer if you wanted to take advantage of air charter bargains you had to be a member of an established group. But now planeloads of travelers who may have little more in common than their desire for inexpensive air fares can fly together on chartered airliners to domestic and foreign destinations.

The reason is a new charter method called Travel Group Charters (TGC), which was approved by the Civil Aeronautics Board last September. TGC is expected to give more people than ever before access to low round-trip fares—as much as 40 per cent less than regular airline prices. That is, provided they are willing to take certain risks.

Here's how TGC works: A bonded tour operator arranges to charter an airliner to a specified destination (such as London or Honolulu) and advertises the availability of seats. Ninety days before departure, prospective passengers must deposit 25 per cent of the fare. The balance must be paid 60 days ahead.

Thus far, most TGC charters are not tours. The charter operator provides only air transportation; you plan the rest of your vacation. The only restriction is time. If you're flying in North America or Hawaii a 7-day minimum applies; elsewhere in the world, 10 days. TGC charters now being sold on such major airlines as Pan Am, United and KLM offer 20 to 36 days abroad, round trip only.

Your biggest risk is a change of plans less than 90 days before departure. Unless you're ill you may have to forfeit all payments, depending on whether a standby passenger takes your seat.

Secondly, the fare may be raised up to 20 per cent to pay for seats the charter operator couldn't fill. And this leads to the other big risk. If more than 20 percent of the plane is unbooked 45 days before takeoff, the flight must be cancelled. You'll get a refund, but your vacation plans could be sent into a tailspin.

Even with these drawbacks, TGC fares should please thrifty travelers. They're not as cheap as the familiar affinity-group (club) charters. But a San Francisco-London peak-season round trip on a TGC costs about $310, compared to $560 (21-day excursion fare) on standard scheduled flights.

To join a TGC charter, contact a travel agent or charter operator. □

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From the moment we opened Northstar, success came headed our way. In the form of thousands of skiers who wanted a chance to try our mountain. And family after family who bought our condominiums and homesites. Because they found what they were looking for in Northstar's year round resort life.

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If you're interested in the best skiing conditions combined with the best year round living in the Sierra, it's our suggestion you come to Northstar. And naturally, if you want to insure yourself a place on our slopes, there is a solution. It's called buying a Northstar condominium.

Two, three and four bedroom townhouse condominiums start from $42,500 and go to $69,000.

For more information about our year round resort call **toll free (800) 852-7507.** Or write to:

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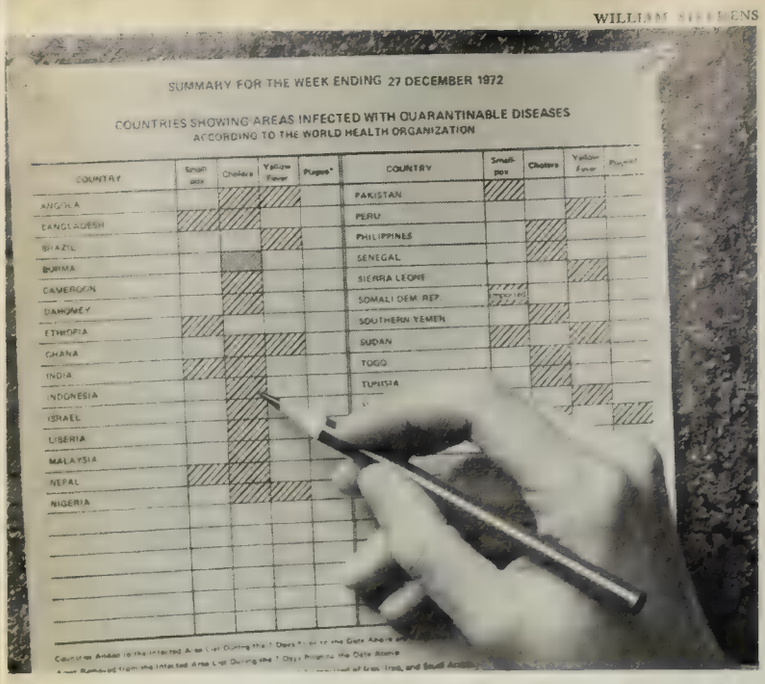
WILLIAM SIEGENS



What shots will you need when you travel? You may be surprised

List of disease outbreaks issued weekly tells travelers which immunizations they will need

About five years ago, leading officials the U.S. Public Health Service asked question whose answer was becomi more and more obvious: Why insist vaccinating a traveler against a parti lar disease when there's virtually chance of being exposed to it?

A streamlining of procedures then gan. Result: Today you may be surpri how few immunizations you need wh you take a foreign trip.

In their reevaluation, the Public Hea Service discovered that some requi ments were as much as 100 years o For example, PHS officials were s boarding every incoming ship and pla The Surgeon General soon ended t with a new regulation that they wo board or not, depending on where ship or plane was coming from.

The most significant change came th years ago when the Foreign Quarant Program came under the jurisdiction the Center for Disease Control in lanta, Georgia. The CDC became a c tral source of information about imn nizations required of travelers; it stays constant communication with the Wo Health Organization (WHO) to learn disease outbreaks throughout the wo

This information is regularly cons dated into two documents that tell y exactly which shots you need for wh countries at any given time.

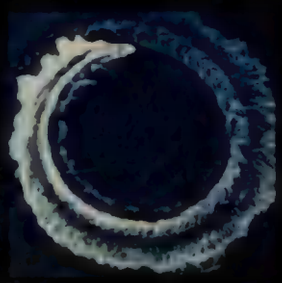
The comprehensive one, entitled *Vac nation Certificate Requirements for ternational Travel,* details each countr requirements for vaccination agai smallpox, cholera, and yellow fever.

As requirements change, they are no in the second document, *Morbidity a Mortality*. This single blue sheet is iss weekly by CDC to keep holders of basic document up-to-date on countr infected with quarantinable diseases covers the three diseases mention above—and bubonic plague. Plague always present in some parts of world (currently it's in southeast As but it's kept under control by strict c trol of rodent populations; vaccinati help reduce incidence.

Only those countries where any of th

Two more reasons MerCruiser runs rings around all other stern drives

MerCruiser 120 and 140.
The fours that outrun competitive sixes.



When you think stern drive power, here's the place to start. The MerCruiser 120 and 140 stern drives light and compact, but they'll give you all the full, free power on the water you would want.

Performance comparisons show why. On identical hulls the 140-horsepower MerCruiser outruns competitive 6-cylinder engines rated up 170 HP . . . and uses less gas while it's at it. Jet-Prop exhaust makes power quieter and more efficient. Power Trim puts you in command—dig in to snap skiers out of the water, then plane up and go. Check these standard features against any competitor. And these MerCruiser safety features: an ignition switch that allows starting only in neutral, a flame-proof distributor.

If you want out-front performance—with a light and easy trailing boat—power up with a MerCruiser 120 or 140. Or, up a pair to move out a medium-size cruiser. When you talk boats with your dealer, start with the stern. Start with the MerCruiser 120 140.

MERCRUISER
STERN DRIVES
AND POWER LINEUP FOR '73: 120, 140, 255 HP MerCruiser dealer, the Yellow Pages under "Outboard Motors." Marine/Division of Brunswick Corporation, du Lac, Wisconsin/Canada/Australia/Belgium

ıyne at 30,000 feet is nothing like
·day matinee.

747 is nothing like anything else
y either.

nily plane.

joyed by kids who hate to travel
nts who lose their patience over
squabbles.

ı't have to dream up games like
telephone poles or playing
billboard.

There will be no restroom stops. No greasy spoons. No mid-city traffic jams. No *No Vacancy* signs.

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BOEING 747

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ıke the family to the movies.

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Pack this Avon inflatable to the water in its own bag, inflate it with the powerful foot pump provided and you're ready to go after the big ones! Mount a 10 to 45 H.P. outboard and you have a trolling boat—or a speed boat, as you wish. Perfect for water skiing, too. Made of rugged heavy duty nylon coated with long life Hypalon by DuPont. Remote steering optional. The S-400 is 12'6" long, with 5'6" beam $845. 10 more models. Write for catalog.

Avon—the boat in a bag

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diseases is endemic, or where ther been a recent outbreak, are name the blue sheet. A recent one liste countries: 7 were infected with sma 20 with cholera, 9 with yellow feve 1 with plague.

How does this pertain to the tra Before you return to the United S you must have been vaccinated a any of these diseases only if you been to a country reported on th rent blue sheet. And many other tries base their vaccination require on this sheet or WHO's report.

Smallpox

The CDC has no report of a ca smallpox in the United States 1949. Travelers to and from Mexic Canada need no vaccination a smallpox. Only in the rare instance outbreak in Europe does a visitor a smallpox vaccination certificate. S pox has not been reported in America for 18 months, and is no ported in only two countries in Afr Ethiopia and the Sudan. It is still a lem in southeast Asia.

Cholera

This disease is related very direc the adequacy of sanitation, and been considered a problem in deve nations for many years. An exce for a time right after a recent out was Spain and Portugal. The CD ports that cholera is currently p only in Africa and Asia.

Yellow Fever

Yellow fever has been eliminated most parts of the world by cont the *Aedes aegypti* mosquito, whic ries the virus. It is endemic only rica and South America, immed above and below the equator.

Hepatitis, malaria, polio, tetanus, typhoid

In addition to whatever is requi guard against the "big three" di your doctor may recommend imm tion or protective measures again or more of these five. At prese such measures are required when is to be only in Europe.

The CDC's reports are not in g distribution to the public, but inte travelers can get the informatio need by calling any office that h reports; they are organized for reference so that clerical personn handle inquiries easily.

In the Western states served by S you can get the information from county, and city health department certain medical centers, clinics, an doctors' offices where vaccinatio administered, as well as from the Health Service offices.

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MEXICO

Waterpit cliffs, highest and steepest on western edge of island, call for caution when walking along edge. Sutil Island is in background

Across the sea 47 miles to lonely Santa Barbara Island

Distance keeps Santa Barbara one of the lesser known of the Channel Islands. Yet, even though 47 miles from Ventura, it's a goal for a growing number of mainlanders interested in these islands and their future.

At about 1 square mile, it's the smallest of the Channel Islands, and one of only three on which you may freely land. With little Anacapa, it forms Channel Islands National Monument, so far the only park preserve in the islands.

Santa Barbara is mostly upland ringed by steep cliffs. It is inhabited only in summer, when a park ranger is present. It has no water or other facilities, though you may camp if you are willing to carry gear up to the plateau. Most people go for a short visit.

Treeless and shrubless, the island has a charm most of the year as austere as if it were north of Scotland. This month, though, it is pretty with the last of winter greenery and scattered wildflowers.

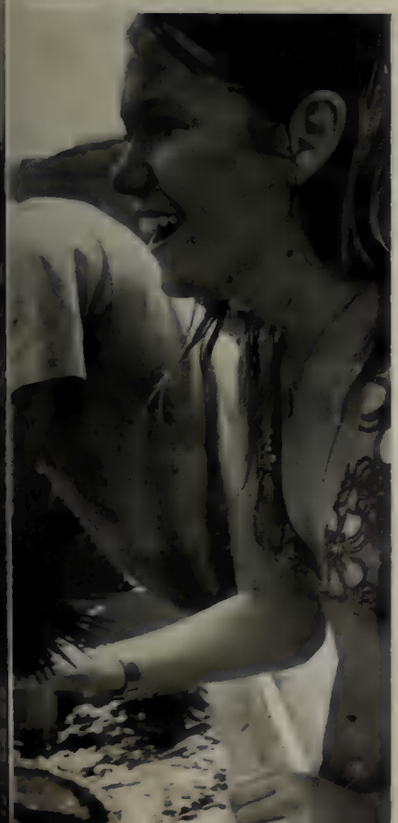
The trip is at least 4 hours out and 4 back, which leaves only a couple of hours on the island on a day trip.

That is about enough time to climb the steep hill from the landing on the east side of the island, cross the saddle between the island's two high hilltops to the west-shore clifftops, move north to look down at the populous sea lion and elephant seal rookery at the northwest tip of the island, then make your way back to the landing.

By May a congregation of gulls will be nesting in one of the largest rookeries left in California. Nests are right on the ground on the slope west of the saddle. By June chicks will hatch, and by July fledglings will leave their nests. Be careful to go around the nesting area so you won't endanger the birds.

Until mid-June, you can reach the island only by private or charter boats out of Santa Barbara, Ventura, Channel Islands Harbor, and harbors of the Los Angeles area. From mid-June through Labor Day there will be regular voyages Mondays and Fridays to the island from Ventura Marina; fare is $15 for the day trip or $15 each way for campers. For information on these trips (or to be included with a charter party earlier), write to Island Packers, Box 993, Ventura 93001, or telephone (805) 646-6577. □

Skiff *takes life-jacketed visitors ashore to land on rocks. Be prepared for wet feet*



Crew members *dive while visitors go ashore. They find big sea urchins, encrusted bottles, hefty abalones*

Seagull eggs *and hatchling are speckled for concealment. Chicks stay absolutely motionless*

Young Londoners *parade in Edwardian dress across lawn that everyone is now welcome to walk upon*

Nannies *compare charges and prams in front of bandstand. Big-wheeled superpram costs as much as $175*

Audience *for Sunday band concert sits on fallen Kensington elm, victim of Dutch elm disease*

It's just a spring Sunday in London's Kensington Gardens

The procession of Londoners themselves is the great show in Kensington Gardens any Sunday when the weather is pleasant. This month the bulb display also gets under way, with daffodils, grape hyacinths, and tulips.

Kensington Gardens is the westerly end of the four-park complex that makes up the green heart of central London. (The other parks west to east are Hyde, Green, and St. James's.) Kensington is the second largest and the great favorite of Londoners on parade.

In addition to strollers and kite fliers, you'll find model yachtsmen sailing and racing in the Round Pond and on the lake called the Serpentine. But you'll see no horsemen; they use Rotten Row in next-door Hyde Park.

Kensington Palace at the gardens' edge

Albert Memorial, *erected just a century ago, contains statue of Queen Victoria's Prince Consort. Cross is 180 feet above ground*

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Loungers watch *rowers on Serpentine, the winding lake joining Kensington Gardens with Hyde Park. Rowboats rent for 60 cents an hour, are heavy and hard to maneuver*

today houses the London Museum. Opening April 18 will be a London-in-the-1930's exhibit. Admission is 50 cents. The gardens originally were the palace grounds. They became a public park in 1745 when they were opened on Saturdays to "respectable people."

An easy way to get to Kensington Gardens is to take any underground train on the convenient Circle Line that loops central London, getting off at High Street Kensington or at Notting Hill Gate. Or take the Central Line underground to Queensway station.

As you stroll in the gardens keep an eye out for Princess Margaret. This is where she regularly takes her dogs out for a walk. □

It takes two *to adjust rigging on many-tailed kite. Fliers mostly are young adults. In distance is the across-park Broad Walk*

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DARROW M. WATT

Light in camp

Here is a look at your lantern choices

Some of the best memories of a camping trip are those late evening hours around the friendly light of a camp lantern, as the night grows still. And a good lantern is useful as well as cheering, particularly in areas where campfires are prohibited.

Camp lights range from large lanterns that cast a wide light to tiny flashlights and candle lanterns for backpackers. Which kind is best for you depends on your fuel preference and camping needs.

General-use lanterns

Regardless of fuel type, the most effective general-use camp lanterns use lighted mantles—small mesh "stockings" made of silk or synthetic material. After they've been preburned to a stiff white ash, they trap fuel vapor and provide an intense white light. Camp lanterns have one or two mantles; two consume more fuel but provide more illumination.

Most of these lanterns are nondirectional: They cast light in a full circ best for a room or an active campsi They're most effective when hung ov head; some models have extra-wi ventilator lids to reflect more light dow ward onto camp activity.

White gas is the least expensive and m widely available fuel. You can buy it bulk or as packaged camping fuel about $1.50 per gallon. (Don't confus with automobile gasoline, which conta additives that can harm the lantern.) two-mantle gas lantern can burn up to hours on 2 pints (40 cents' worth) fuel. You'll have to pump the fuel ta occasionally to maintain pressure; a dimmer setting, the fuel lasts ev longer.

Propane is more convenient. It comes pressurized, disposable canisters t screw onto the lamp head; just turn the lamp and light it. There's no pum ing and you avoid the mess of filli

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DARROW M.

Headlamp *on elastic band costs $5, provides steady beam for night hiking (if you don't let your head bob). Battery case with second light can clip to belt; switch lets you use either, or both at once*

Carbide *headlamp is old miners' favorite. Water drips onto calcium carbide pebbles inside plastic case to produce acetylene gas, bright white light that's hard for wind to blow out. Lamp costs $9*

a tank with liquid fuel. But propane is more expensive: A 14-ounce disposable canister costs $1 to $1.50, will keep a two-mantle lantern going for about 8 hours. With a hose adapter, you can hook your lantern to a larger bulk tank. Propane may be hard to find in remote areas, so take along enough canisters or be sure there's a supplier near your destination (suppliers are listed in *Sunset's* new *Western Campsite Directory 1973*).

Butane, like propane, is clean and convenient and comes in pressurized canisters; it also can be hard to find in some areas. Butane lanterns are relatively small, giving out less light than gas or propane lamps. Being less than a foot high and easy to carry, they're good for short hikes or overnight stops where you don't need to light a large area. A canister will last 6 to 8 hours.

Kerosene lamps, rare these days, b with a comparatively weak yellow li And while the fuel is least expensive. hardest to find. Kerosene (coal oil to timers) is best for marine use becaus fumes are neither toxic nor explos Many kerosene lamps use slow-burn wicks instead of mantles.

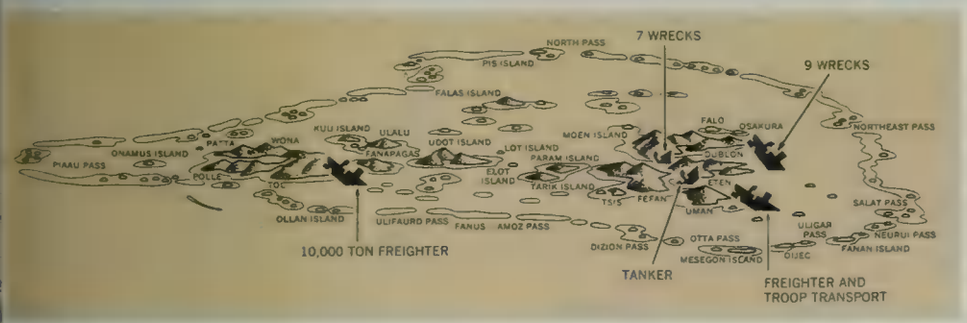
Electric lights of course include fl lights and 6-volt utility lights, all narrow directional beams. But one light illuminates a wider area wit fluorescent tube. Power comes fro wet-charge battery that can be rechar from household current or a 12-volt tomobile battery. It's heavy to c around but provides a good flood of l where it's aimed.

Lights for backpackers

The long-distance hiker has to sacri lighting capacity to get a lamp th small and lightweight. Three kinds most frequently used:

Candle lanterns that shield the fl

Swim through a museum of World War II.



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From the journal of Jan van Riebeeck, founder of the South African Nation: October 26, 1657 . . . "The commander today went to inspect a forest . . . the free carpenter, Leendert Cornelissen of Zevenhuijsen, wished to have the sole right to obtain timber from it, in such a way that the forest would suffer no damage, but would be improved . . ."

Thus Kirstenbosch – now Cape Town's famed botanical gardens – was almost certainly the first South African soil to which an avowed programme of plant conservation was applied.

What Van Riebeeck started, the people of South Africa continued. Today the RSA is one of the most extravagantly life-filled places in the world . . . 350 species of birds. 350 at one lake alone . . . 800 species of butterflies . . . 1 500 species of fish . . . 18 000 different kinds of plants . . . the greatest variety of African animals. All preserved much as it was in Van Riebeeck's day in national parks and game reserves – one of them, Kruger National Park the size of Massachussetts. A 3 000 mile coastline spanning two oceans, mountains, bushveld deserts . . . and sophisticated cities with international hotels – among them the largest and most modern hotel in the Southern Hemisphere.

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South African Tourist Corporation, Rockefeller Centre, 630 Fifth Ave., New York, N.Y. 10020. Phone: 581 3465. West Coast: Wilshire Boulevard, Beverly Hills, California 90212.

DARROW M. WATT

Spring *in base of $4 telescoping candle lantern pushes candle up as it burns, keeping flame at window*

'om the wind are the most compact. nd usually all you need. Some boxlike ıodels fold flat; another is a telescoping ıbe that pushes the burning candle up- 'ard toward the flame window. Long- urning stearic acid candles are pre- ɜrred by many hikers.

attery lights are directional, but bright. ome have an extra light that straps onto ɔur head or clips to a cap for night iking, leaving your hands free. Dispos- ɔle (non-rechargeable) wallet-sized ashlights, a 1970's introduction, cost ɔout $1.50, slip into pocket or back- ack without taking much space.

'arbide headlamps provide an intense, ıort-range light. They burn an acety- ne gas formed when water is mixed ith chunks of calcium carbide, so you ave to use particular care to keep your ıel dry. The fuel can be bulky, and has pungent odor when damp. Carbide ɜadlamps are especially popular with ɔeleologists (cave explorers) since they rovide light, some warmth, and leave ɔth hands free for climbing.

ome notes on safety

ince they consume oxygen and produce ɔxic by-products like any fuel-burning ɔpliance, lanterns should never be used unventilated areas. Be especially care- ıl to leave a good fresh air opening in a nt or recreational vehicle. Keep lamps way from flammable material and never se them in moving vehicles. Wipe any ɔilled fuel off a gas lamp before lighting.

efore lighting a mantle lamp, make sure ıe mantle isn't torn or perforated, al- ıwing fuel vapor to escape. Then light ith the fuel line just partly open, to void a sudden flash of flame. Mantles 're fragile, so you should always carry ɔares. □

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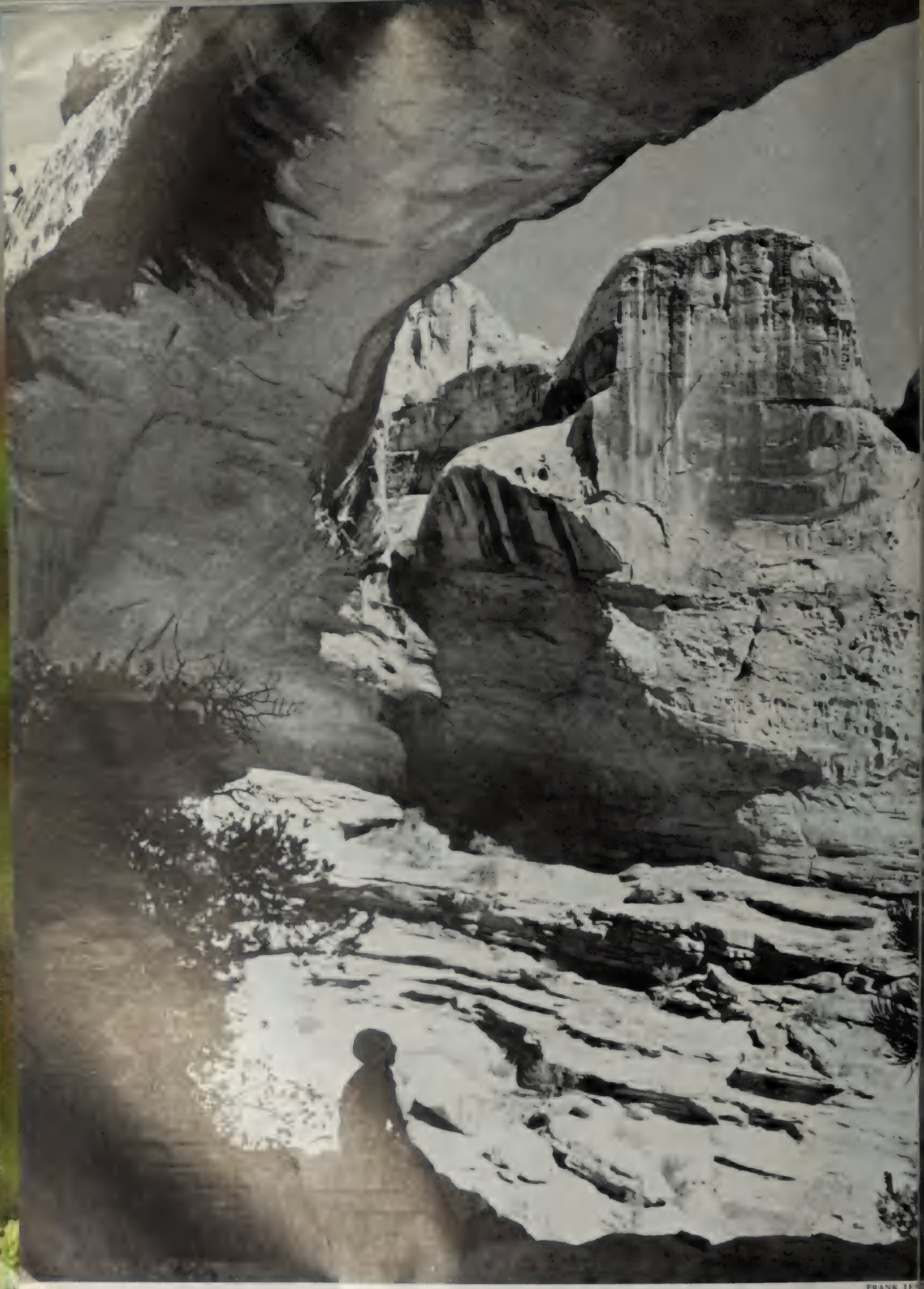


FRANK JE

Hickman Bridge, *a natural arch 72 feet high and 133 feet across, shades hiker along 2-mile nature t*

Utah's new park is ready for exploring

he canyon country of southern Utah as a new national park—its fifth.

ew Capitol Reef National Park is big, early a quarter-million acres of rocky orges, soaring arches, and sandstone onoliths. And it's rugged. When the rea was on *Sunset*'s cover in 1957, it as the domain of four-wheel drives. ut it's changing. Today a paved road uts through it. And old-timers in the egion still find it hard to believe that mote Capitol Reef is now just a 70-ile detour off a new interstate highway.

he new national park encompasses old apitol Reef National Monument (estab-shed in 1937). Plus it contains a 50-ile-long corridor of wilderness (added the national monument in 1969) that retches south along Waterpocket Fold to a common boundary with Glen Canyon National Recreation Area.

Waterpocket Fold, a gigantic monocline or flexure of the earth's crust, extends almost 100 miles down the length of the park and is the up-thrusted "reef" that gives the park half its name. The reef is actually a ridge of sandstone, not limestone to which the term more properly applies. But early prospectors called any rocky barrier to travel a reef, and the high, weathered ridge of Waterpocket Fold does indeed create a barrier. The nearly vertical escarpment of the ridge, 1,000-feet high in some sections, presents an almost impenetrable wall across the eastern margin of the park.

The erosive action of wind and water against the sandstone barrier of Waterpocket Fold has created most of the scenic splendors of the present park. The brightly colored sandstone layers are gashed by labyrinthine canyons, eroded into natural bridges and arches, or smoothly weathered into great rounded domes. An early visitor fancied that the rounded, buff-colored exposures of Navajo sandstone along the top of the reef

State Highway 24 *winds past sandstone domes of Capitol Reef*

Canvas shoes *are best for always-wet hike through Oak Creek Canyon*

resembled the dome of the Capitol building back in Washington, D.C., hence the other half of the park's name.

For many park visitors, Capitol Reef is a drive along State 24, a view of Capitol Dome as the highway winds its way through the Fremont River Canyon, and a brief stop at the visitor center to look through the park museum. Some of these visitors stay overnight in the park campground or at the lodge, then spend part of the next day driving down to the mouth of Capitol Gorge or out to the overlook above the twisting meanders of Sulphur Creek Goosenecks.

But few stay long enough or stray far enough from their automobiles to experience the best Capitol Reef has to offer. This is still hiking and four-wheel-drive country, and the most rewarding experiences are off the paved roadways.

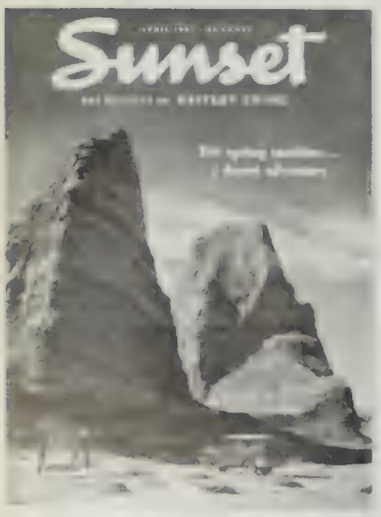
Hiking challenges vary from an easy 1-mile walk up Capitol Gorge (where you'll see ancient petroglyphs, natural waterpockets or sandstone tanks, and the graffiti of the historic Pioneer Register) to wilderness backpacking expeditions of several days' duration in Muley Twist or Oak Creek canyons.

One especially rewarding hike is the 3½-mile round-trip trail through Chimney Rock Canyon. From the Chimney Rock parking area, you climb about 600 feet to the top of a mesa for some of the best long views of Waterpocket Fold in the entire park, then descend into Chimney Rock Canyon where sheer sandstone walls tower 1,000 feet overhead. A mimeographed guide to Capitol Reef trails, available at the visitor center, includes a description and evaluation of each hike.

One-day, half-day, and extended jeep tours into remote sections of the national park and into many of the outstanding areas outside of the park are also av able. You'll find information on the v ious jeep tours posted at the visitor c ter. Jeep tours keep to established b roads, but take you into areas you'd unwise to attempt in an ordinary pass ger car. Prices average about $25 person for a one-day trip and often clude a box lunch.

The campground at Capitol Reef small (about 50 campsites) but pleasar situated in an old apple orchard al the banks of the Fremont River. cottonwood trees shade this section the river, and you often see deer graz in the grassy meadows in late afterno There's a camping fee of $2 a night a

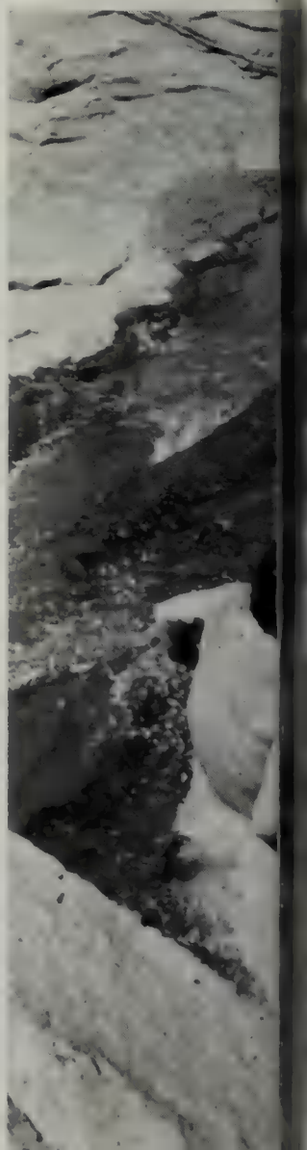
The hiking is on sandstone. Waters are icy but refreshing. The nights will be cool

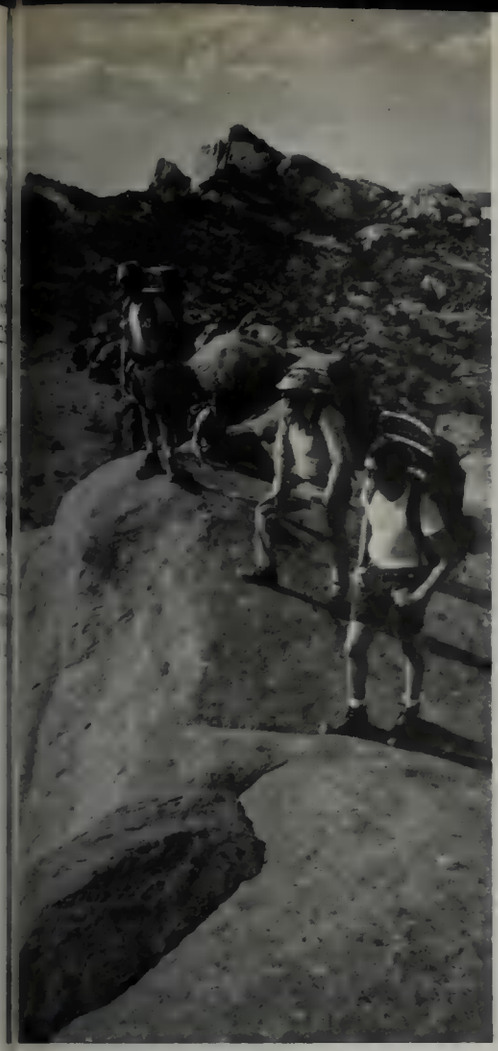


Temple of the Sun, *a weathered remnant of Entrada sandstone in Capitol Reef's Cathedral Valley—lit on Sunset's cover in April 1967. At the time Capitol Reef was [illegible] in [illegible] and could be reached only over primitive roads that washed [illegible] in summer thunder*

Orchard *along Fremont River is the campground at Capitol Reef; it opens April 1 this year*

Evening fire *warms hikers. Proposed regulations would restrict wood-gathering and bar such wilderness campfires*

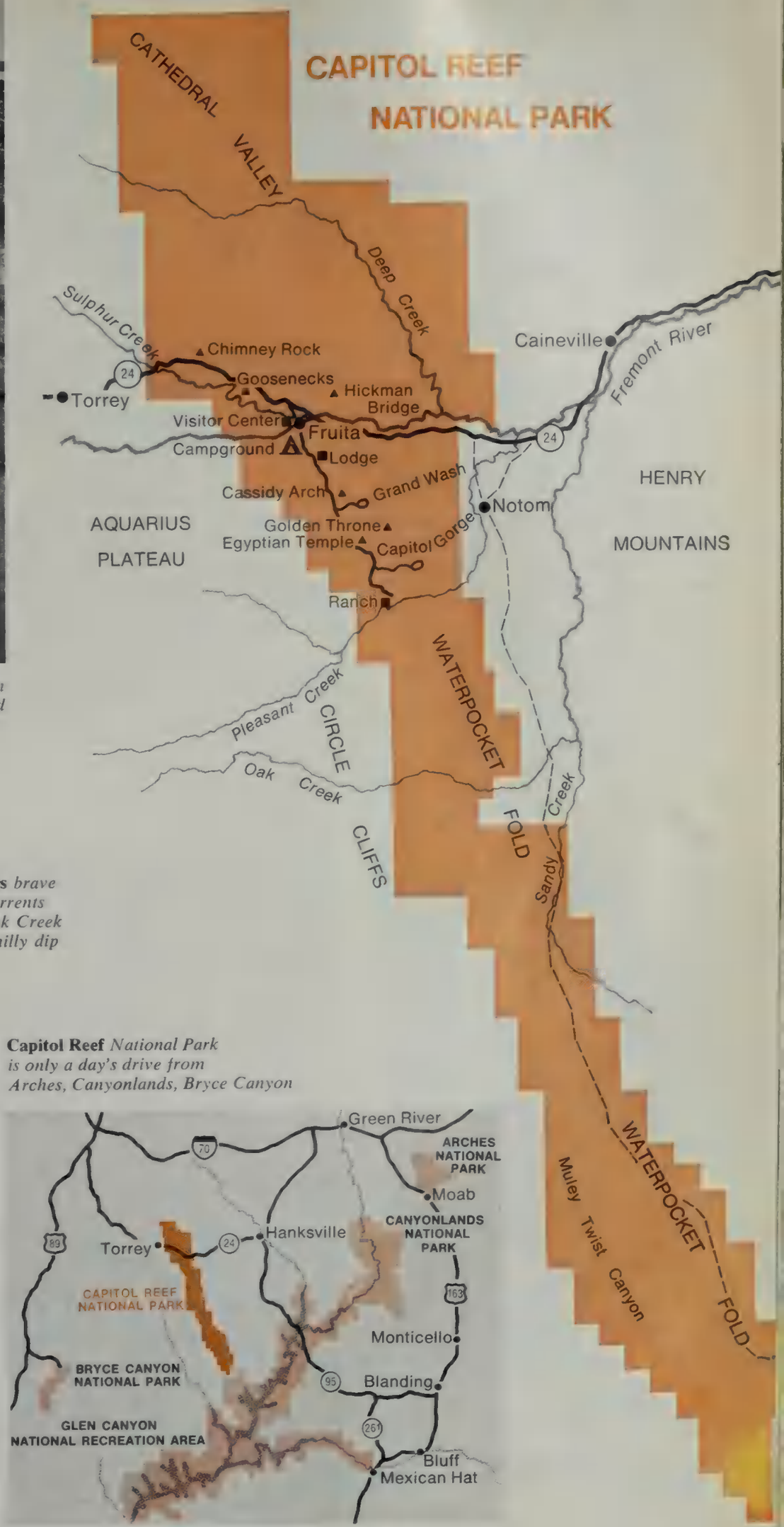




Slickrock *trail above Muley Twist Canyon parallels Waterpocket Fold*

FRANK JENSEN

Hikers *brave icy torrents of Oak Creek for chilly dip*



Capitol Reef *National Park is only a day's drive from Arches, Canyonlands, Bryce Canyon*

For almost 100 miles the great reef looks down

Ranger *explains scheduled programs, nature walks, and slide shows to visitors*

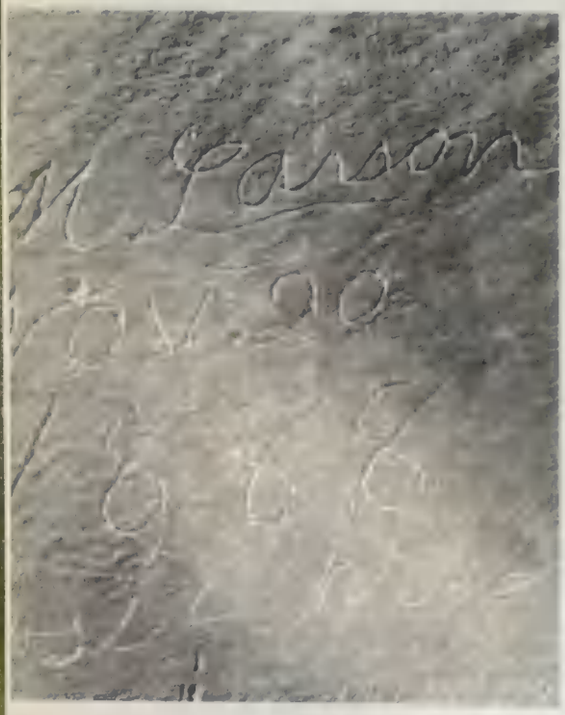
a 14-day camping limit. Outside the park, the nearest campgrounds are about 40 miles to the west in Dixie and Fishlake national forests.

Accommodations are available at the Rim Rock Motel in nearby Torrey, at the Capitol Reef Lodge just across from the park campground, and at Sleeping Rainbow Guest Ranch about 11 miles south of the visitor center at the end of the park road. All three offer meals and special arrangements for tours, saddle horses, and guides. Sleeping Rainbow Guest Ranch has attractive views over the alfalfa fields of Pleasant Creek Valley, and a ranch house-style dining room with an impressive collection of Southwest Indian art. Requests for room reservations at all three establishments may be addressed to Torrey, Utah 84775.

Spring is one of the most delightful seasons of the year at Capitol Reef, but since most of the park lies above 6,000 feet in elevation, take along a warm sweater for early morning and late afternoons, and expect rather chilly evenings. There is little likelihood of rain at this time of year (peak rain season here is late summer), but streams will be brimming with snow runoff from high up on the Aquarius Plateau and Thousand Lake Mountain.

The park campground opens April 1, and the visitor center is open from 8 A.M. to 5 P.M. this month, seven da a week, and 8 A.M. to 8 P.M. after Ma 1. Ranger-conducted walks, slide show and other programs are regularly sche uled at the visitor center.

At the southern end of Capitol Re National Park, an improved dirt roa leads southeast to a junction with al paved State Highway 276 just north Bullfrog Basin Marina in Glen Canyo National Recreation Area. Other maj recreation areas within a day's drive Capitol Reef include Bryce Canyo Arches, and Canyonlands national park Natural Bridges and Hovenweep natio al monuments, and Monument Valle Navajo Tribal Park.



Pioneer Register *on Capitol Gorge Trail records early visits. M. Larsen passed through gorge in 1883*

Passage *in Muley Canyon is just 6 feet wide. Ground water seeping from above dissolved the wall cavities*

Waterpocket Fold *gets its name from sandstone tanks filled with rainwater*

FRANK JENSEN

Old Homestead, *viewed from Cohab Canyon Trail, looks out on part of reef that blocked early travel*

There's soup *to sip and a Chinese-style sandwich to eat at this party*

Chinese soup and sandwich party

DARROW M. WATT

You might call it a Chinese-style soup and sandwich party. There's hot broth to sip, and the sandwich makings go inside fanciful, flower-shaped rolls like those shown here. The pork and condiments that you put inside the rolls make a delightful sampling of sweet and pungent North Chinese cuisine.

It's an easy party to prepare and serve. The pale white rolls, made from frozen bread dough (directions on page 241), are steamed rather than baked. They can be made ahead and reheated. Roast the pork tenderloins yourself or buy barbecued pork (*chahr siu*) from a Chinese market. The soup is simple to make from canned broth and vegetables.

To savor the authentic flavors of the foods in this menu—Chinese plum sauce, Chinese five spice, and fresh coriander (also called Chinese parsley)—you may need to shop in a market that carries Oriental foods, although many well stocked supermarkets now carry these foods. Or you can prepare the entire menu with readily available alternative ingredients that are suggested. You will also find a wider selection of Chinese cookies and tea in an Oriental food store.

Vegetables in Broth
Steamed Flower Rolls
Chinese Roast Pork Tenderloins
Plum Sauce **Sliced Green Onions**
Fresh Coriander Leaves
Fresh Tangerines **Hot Tea**
Chinese Almond Cookies

We planned this party for six people, but the menu can be expanded easily to serve larger groups. The flower rolls need to steam briefly to reheat, so the capacity of your steamer might limit the number of guests you could serve conveniently. A large Chinese bamboo steamer like the one shown at right could reheat about 2 dozen rolls at one time, but an improvised steamer might handle only 8 or 10 at a time. (For more information on steamers, see page 241.)

To reheat the flower rolls in a bamboo steamer, pile rolls (thaw if frozen) on each tier; set on the bamboo lid, and steam until hot, about 5 minutes. To keep rolls hot, leave in steamer over simmering water. Serve in steamer.

If you use a steamer with a metal lid, pile the rolls in a cake or pie pan, then drape a piece of waxed paper or foil loosely over the rolls, set on steamer rack, cover, and steam for about 5 minutes. Ste successive batches of rolls to keep a supply for guests. Serve in a towel-li basket.

Most of the food for this party can prepared ahead. The rolls can be m anytime and frozen for longer stora Marinate the meat the night before se ing or in the morning before the pa About an hour before serving, st roasting the pork. If you buy barbecu pork reheat it, covered, in a 350° o until hot, 25 to 35 minutes. While pork roasts (or heats) prepare soup, heat rolls, and set out condiments.

You'll need for each 6 servings ab 2½ to 3 pounds pork, a bunch of fr coriander (or bunch of watercress), cup thinly sliced green onions (tops

The sandwiches *begin with steamed flower-shaped rolls. Tuck roast pork inside along with sweet-tart plum sauce, pungent coriander, and green onion*

GERALD R. FREDRICK

ded), about 8 ounces of canned Chi-
e plum sauce (or Major Grey's chut-
), and 2 to 3 dozen rolls. For dessert
'll need about 6 tangerines and 1 to 2
en Chinese almond or sesame cook-
Also serve a Chinese tea such as
nine or black lychee.

getables in Broth

ng 1 can (about 48 oz.) regular-
ngth chicken broth to a boil. Stir in 1
spoon soy sauce, ¼ cup finely
edded carrot, and ⅓ cup *each* thinly
ed mushrooms and green onions.
kes 6 servings.

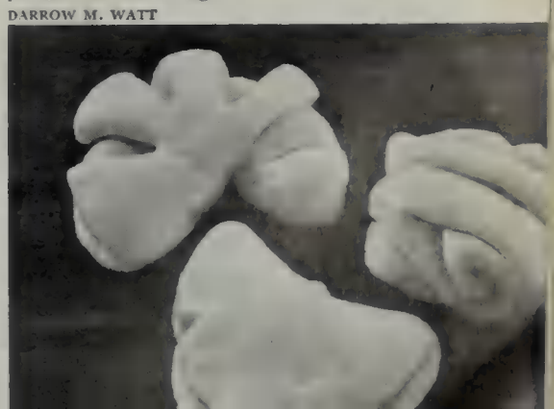
nese Roast Pork Tenderloins

together ¼ cup firmly packed brown
ar, ½ teaspoon salt, ¾ teaspoon
nese five spice (or ¼ teaspoon ground ginger, ⅛ teaspoon *each* ground allspice, cinnamon, and crushed anise seed), 1 clove garlic (minced or mashed), 1 teaspoon grated fresh ginger, ⅓ cup regular-strength chicken broth, ¼ cup dry Sherry, and 2 tablespoons soy sauce. Pour over 3 or 4 pork tenderloins (about 3 lbs.); marinate, turning occasionally, for at least 4 hours or overnight.

Lift meat from marinade and place on a rack in roasting pan; insert a meat thermometer into the thickest portion of one of the pieces. Roast, uncovered, in a 425° oven, for 30 to 45 minutes or until the temperature reaches 170° on the thermometer. (Keep warm, covered in a 200° oven, if done ahead.) To serve, thinly slice across tenderloins. Makes 6 to 8 servings.—*L. P., Lanikai, Hawaii.* □

Pretty *Chinese steamed flower rolls are made from frozen bread dough*

DARROW M. WATT

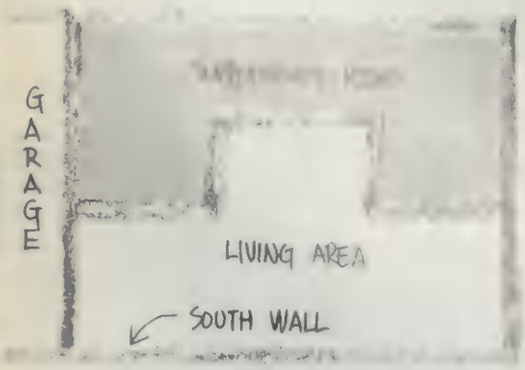


NORMAN A. PLA

SOUTH *Winter sunshine floods living area of Cook house, providing light and warmth. Overhang keeps out sun in summer*

How three architects in Phoenix paid attention to the desert sun

NORTH *Insulated slumpstone north wall protects Caviness home against the summer sun*



All three houses *used this basic floor plan. Central living area absorbs winter sun from the south. Garage gives sun protection on west*

For comfort and economy, heed the sun. Collecting sunlight in the winter helps reduce your heating bill; avoiding it in the summer makes your house cooler.

Here we show how three Phoenix architects considered the sun in their own homes. Because the desert climate is so severe, they had to pay special attention to its travels. But the measures they took can also apply to houses built in the West's milder climates.

During winter the sun is in the south most of the day, moving in a low arc. Jeffrey Cook placed large windows on that side so his living area could receive the maximum amount of sunshi (above). Other rooms opening to th area benefit from its light and warmth.

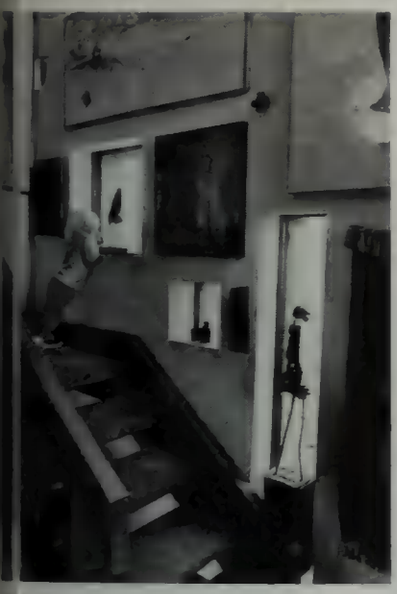
But during summer the sun travels in higher arc and is almost directly ove head at noon. So he extended the ro overhang past the south wall like a h brim to shade out summer sun and kee the room cool.

Indigenous sun-tolerant plants place around the south perimeter further pr tect the house from heat and glare.

James Flynn wanted instant control ov the amount of sunlight that can through his all-glass south wall. He i

NORTH *Indirect light benefits plants, illumines bathroom of Caviness home. Walls afford privacy and shield plants from harsh, direct sunlight*

EAST *Long window at bed height in Cook house gives view and cooling breeze on summer evenings*



EST *Small windows frame sculpture in Cook house; brows trudding from skip-troweled stucco wall shade out west sun*

SOUTH *Shutters in James Flynn house allow complete control over winter sun and summer glare*

lled louvered shutters painted with a ssy white enamel (bottom right). Their ustable, reflective surfaces give him n greater control over sunlight and vide privacy as well.

north side doesn't receive any sun t in the winter, but may get some in summer (more in the desert than in Northwest). Richard Caviness insu- d his north wall and painted it white protect against early morning and evening sun (far left). But to let in ne north light, he put a lattice-covered den behind this wall with windows ing it from the bathroom (above).

The biggest trouble spots are usually the east and west walls, so Jeffrey Cook left both almost free of windows. To let some light, but not the west sun, into the stairwell - entry hall, he added brows around the several small windows. Because of their depth, the sun won't penetrate the interior when it strikes this northwest wall.

On the east side, a long, narrow window, set at bed height, allows a minimal amount of sun to enter the master bedroom in the morning and lets in a gentle cooling breeze over the top of the bed in the evening. □

What we show you here is one class of winners in last year's *Sunset* Garden Contest—the four contestants who did the most outstanding jobs with summer flower gardens. On page 114, you can see the work of the 1972 contestant with the most outstanding garden management accomplishment. In the May and June issues, you'll find a few of the many who impressed us with vegetables. And over many future issues, you'll be seeing the works of contestants who did impressive things with structures, paving, and permanent plants—what our language lumps as landscaping.

(There's also a fifth class in our contest, and it's wide open. Every few years a contestant comes along to fill it. Nobody did last year. It's the class that we can only call the magnificent, otherwise unclassifiable garden thing.)

Details on the contest's rules for 1973 appear in this issue. Now, about the outstanding summer flower gardens shown here. They represent gardening where all factors play full strength—artistry, skill, soil, climate, and luck. It's planting seeds and little plants in spring and early summer to make eye-pleasing flower displays and pleasant outdoor living during the long-day months.

The four top winners live in a 325-mile-wide latitude belt that runs right through the middle of the West: Palo Alto and Morgan Hill in northern California; Reno; and Brigham City in northern Utah.

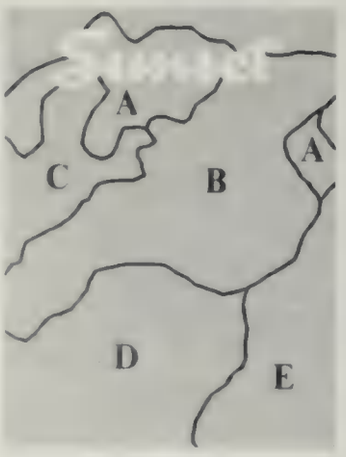
This must be more than coincidence. Regularly now, over six years of garden contest with *Sunset* editors visiting some

May, 1972, *in the H. E. Lilleys' garden, Reno, at top. Just above, same place in September. See their pot-on-post idea up close at upper right on opposite page*

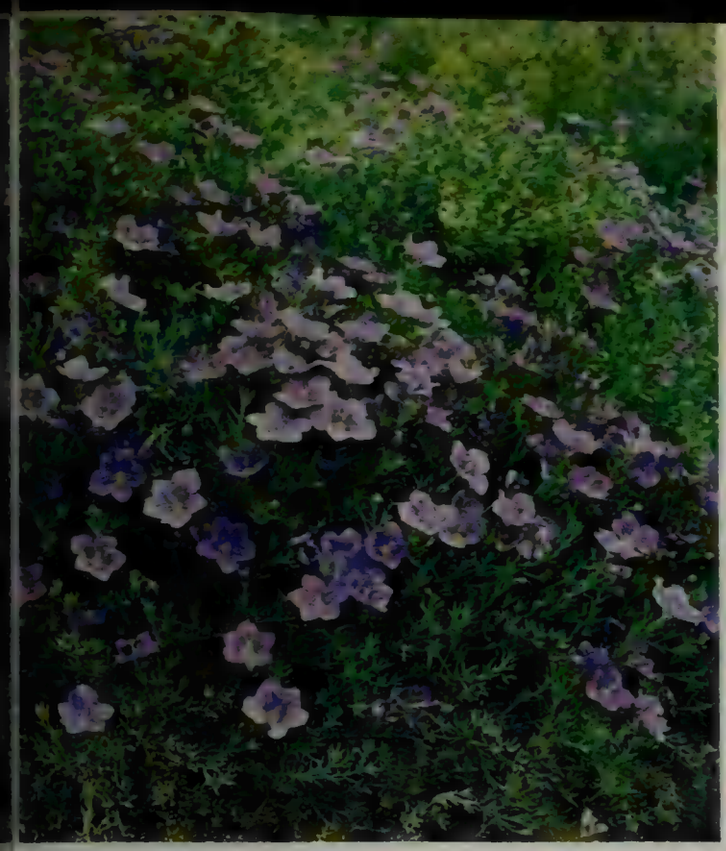
The sweet alyssum *mound that's shown on the opposite page, here photographed from the south*

The garden on the cover

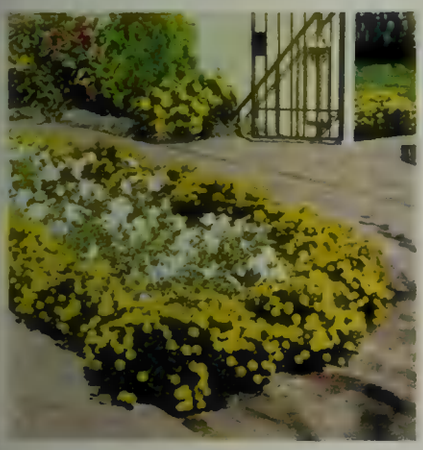
It was planted *in spring.* **A**, *sweet alyssum 'Royal Carpet,' transplanted volunteer seedlings from elsewhere (could have been sown from seed packets).* **B**, *yellow gazanias from gallon cans.* **C**, *Salvia splendens 'Bonfire' from nursery flats.* **D** *and* **E**, *the white and red flowered forms of Peruvian verbena, from nursery flats*



Summer flower gardens, contest winners all



Nierembergia *'Purple Robe,' a perennial, grows like a bushy ground cover, makes these 1-inch flowers all summer but needs mild winters to be permanent*



Marigold *'Petite Yellow' around 'Magic' petunia. Planted May 15. Mr. and Mrs. Frederick C. Hill, Palo Alto, California*

On post, *a pot of 'Pink Cascade' petunias and a white geranium. Foreground, zinnia 'Burpee Giant Rose' and aster 'Rose Perfection'*

NORMAN A. PLATE

This mound, *24 feet long, has been home for several generations of volunteer sweet alyssum. It started as 'Royal Carpet,'* [illegible] *purple; by now it blooms in white to purple. The bridge is strictly decorative*

'Pink Magic' *petunias and border marigolds. John Taniguchi's garden, Brigham City, U*

NORMAN A. PI

ling weeds *in the middle of his unia bed (shown in color at left) he champion summer flower planter, . Taniguchi. Beyond the petunias are ow of giant marigolds, and behind m a row of spider flowers or cleomes*

) to 500 gardens each year, it has been the general pattern t Northwest gardeners have excelled in vegetables, South-st gardeners have excelled in structures and landscaping. l the people in the middle belt (which happens to include biggest swath of intermountain region) have done best h summer flowers.

e first garden show here, at top of page 100, belongs to of the intermountain gardeners—Mr. and Mrs. H. E. ley of Reno (their garden is also shown in color at upper nt on page 101).

. and Mrs. Lilley prepared the garden for a wedding that k place on August 12. As you see in the before and after tures, they built a patio roof structure in that time and w scads of flowers. Fast growth comes easily to annual nts with the hot days and warm nights of the Reno mer.

s. Lilley knew from experience that her climate's frosts as as the end of May can wipe out young annual plants. So had to get a headstart indoors. She started almost the ire garden from seed—in flats and peat moss pots—last ing (February through April). Most of the plants were wn in an electric-bulb-heated coldframe.

anwhile, as the seed-started plants were growing in the dframes, Mr. Lilley cultivated and enriched the garden nd new the year before) by removing rocks and digging ig quantities of steer manure and chemical fertilizers. He ipped all the beds with automatic bubblers to give the soil of water after planting. After planting (early June), Mrs. ey fed every three weeks with a liquid fertilizer.

kind of growth they got is staggering. When Reno and nates like it finally shake the very last of the long winters, dens there grow like the tropics until winter begins to ear again.

other of this year's summer flowers winners was a wedding den—the one belonging to Mr. and Mrs. Frederick C. Hill, of Palo Alto, California. A small portion of it is shown in the center of page 101—the bed of marigolds and petunias surrounded by brick paving.

Mrs. Hill was the gardener. In her climate she had going for her a milder spring than in Reno, but her summer heat is not as dependable. One must start plants early in the Bay Area to have masses of flowers by August 19. (The Hill wedding was one week later than the Lilley wedding.)

Here, for others aiming toward an August garden occasion in an out-of-the-fogbelt Bay Area climate, are the important dates in the Hills' spring and summer of 1972: April 15, planned planting; April 20 to May 5, installed sprinklers, weeded; May 6, rotary tilled; May 10, ordered plants; May 15, planted; June 16, pinched back all plants the first time; June 30, fertilized with a complete fertilizer; July 15, fertilized again; August 1, 8, and 15, fertilized with 0-10-10; also August 1, pinched back plants for last time and stopped overhead watering.

The garden pictured on *Sunset*'s cover, the bed of nierembergia, and the sweet alyssum garden at bottom of pages 100 and 101 all belong to one gardener who could also have won in class five (unclassified magnificent garden thing) if it hadn't been that her medium was summer flowers.

She is Mrs. William R. Sanford of Morgan Hill, California. She gardens on a full acre of rich, valley-floor soil in a climate that has favored fruits and flowers for 120 years (Santa Clara Valley). But, in truth, other people try and fail to grow magnificence in the same climate and soil. So, Mrs. Sanford is not what you'd call a shoo-in.

The sweet alyssum mound is watered by the same machine-gun type sprinkling system that waters the lawn.

Mrs. Sanford doesn't fertilize sweet alyssum and she doesn't shear it back. If she sees a whole plant or a branch that's dead, she removes it. The lawn mower keeps the alyssum edged.

The nierembergia seed was started in the spring of 1971 and the plants were photographed in October of 1972. Its endearing bloom started the second summer.

John Taniguchi—the petunia, marigold, and cleome man on these two pages—gardens more as a showman than the others. In Brigham City, Utah, where the season is even shorter than Reno's, Mr. Taniguchi grows his summer garden each season in a forest of permanent trees and shrubs.

Here are some details as told by the garden stagecraft manager. Every year in October all the flowers are pulled out and hauled away. The ground is refertilized with manure and ammonium sulfate. Birch tree and maple tree leaves are also plowed under.

The soil is ready to plant again in the middle of May. He uses commercial fertilizer 1½ months after planting. He plants petunias 28 inches apart. Farther apart, they spread too much. Closer, they tangle. He plants border marigolds 16 inches apart and giant marigolds 3 feet apart.

He irrigates all the plants twice a week in furrows. □

If you would like to enter the garden contest this year, turn to page 299

NORMAN A. PLATE

Mound *covered with iceplant behind decking is decorative, and it keeps dirt from blowing into pool*

This pool and its big deck cost less than $1,000

Decking *was about one third of total cost, but owner felt wood was more suitable here than concrete. Electrical outlets, phone jack are hidden under deck e*

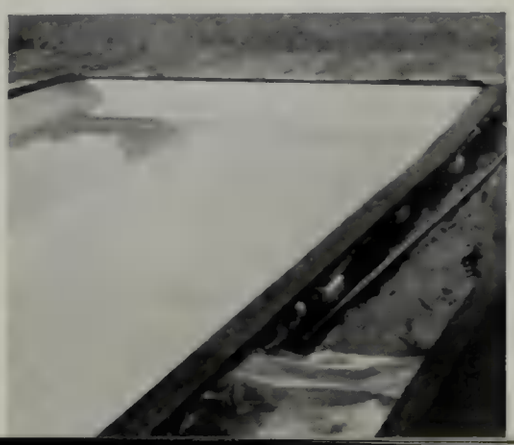
For $1,000 a *Sunset* reader in Alpine, California, built his own 12 by 2[illegible]-foot pool, 5 feet deep. The cost includes excavation (he hired a backhoe and operator), vinyl liner (30-mil sheeting bought from an agricultural supply manufacturer), lumber, overflow line, pipe, and wiring.

The sides of the hole were squared with a shovel, and 2 by 4's were set into concrete every 4 feet around the sides (see photograph at right). Then 4 by 8-foot panels of inch-thick marine plywood were nailed to the inside of the 2 by 4's. A 3-inch layer of sifted sand was spread over the bottom and leveled, and the liner fitted into the pool's form. Top edges of the plywood sides were capped with a split garden hose to prevent damage to the liner as it was pulled up and over.

While the pool was gradually filled with water from a garden hose, dirt was backfilled behind the plywood sides to equalize the pressure and keep them vertical. Three-foot-long wings, or flap extensions, on each side of the liner were buried in the ground to anchor it.

Decking, which rides about 2 inches above the pool's sides, is made of 2 by 6's over 4 by 4-inch beams set on 4 b vertical supports. The deck projects a few inches over pool's edge and is faced with 1 by 2's. It puts no pressure the pool's sides.

The overall design took into account the windblown common to many rural areas. The pool's sides are higher t the surrounding ground. There's space between deck boards so dirt will sift between. Mounds (soil came from pool excavation) were shaped and planted with iceplant. the pool filter is oversized.



Pool building *in progress. In far left picture, edges are squared, 2 by 4's are set, one plywood side is almost in place. In picture at right, two sides are decked. Plastic sheeting went down under all decking to prevent weed growth*

Giant number *is painted diagonally across gate leading to Andrew Grant residence in Fairfax, California*

Freestanding *number made by architect William Dutcher of Oakland is framed by 3 by 4-inch boards notched into thick posts. Number panel is 2 by 12-inch redwood board held in place by lag bolts*

DARROW M. WA

Single-digit *number is outlined with different colors on 30-inch-high plywood octagon. Design by Jene Russell for Thomas Higley of San Francisco*

Help in the search for the house number

"Maybe people should have to relive the experience of searching for their own houses for the first time at night."

This is one observer's comment on the condition of many house numbers: small, poorly placed, often obscured by shadows or bushes. And here we show eight ways to go in the opposite direction—with a large number that can blend with your house or even be a striking part of its design.

All are bold, simply designed, prominently placed, and relatively easy to construct. Some are freestanding, to mark houses hidden by hedges or sitting back from the road. Some are attached to the houses or painted right on. Each one makes a positive statement.

For help in drawing large numbers accurately, read the article titled *Raised painted house numbers* that begins on page 162 of the April 1972 *Sunset*. □

Cube on post *at Roland Loomis house, Menlo Park, Calif., readable from front or side*

NORMAN E. PLATT

Screened banners *are hung from curtain rod inserted through hemmed upper edges. Design by Betty Delphey and Harriet Gulassa of Oakland*

DOUG WHISS

Piled snow *emphasizes relief of numbers and letters Roy Stenger of Tacoma cut from 1-inch-thick cedar. He stained them dark to contrast with entry fence*

Carved panel *hangs from post by the Marstin Tallant house in San Anselmo, Calif. Raised letters are highlighted by light paint*

DON NORMARK

Vinyl numbers *and letters—up to 6 inches high—are available at many art supply stores. Remove backing and apply to board to make a bold address panel. Finished panel should be waterproofed*

DON NORMARK

Tuck a thin layer *of Syrian-flavored lamb filling between partly cooked, soft cabbage leaves as you bring them back into place*

Lower *stuffed cabba into steamer—cheeseclo holds head togeth*

The cabbage caper

The cabbage unfolds like a flower. In goes a spicy Syrian lamb mixture. The cabbage folds back innocent as can be

A rose is a rose is a cabbage. Unlikel Not really. When a cabbage is left mature, its leaves eventually open like the petals of a big, beautiful rose.

You can turn this natural layering leaves to advantage in cooking—by u ing a whole cabbage as an edible co tainer for a savory meat filling.

You partially cook the cabbage head boiling water to make the leaves limbe then it's easy to fold them back one one as shown above. Next you simp pat thin layers of the Syrian lamb an pine nut filling between the leaves you reshape the cabbage. This can all finished well ahead of dinner time.

The final cooking is done in steam an takes about an hour. When cut an served as shown here, the stuffed ca bage is an impressive company entrée.

All you'll need is a large covered kett such as a soup pot or canning kettle f

DARROW M. WATT

Sliced wedge *of cabbage reveals the many layers of meat filling ensconced between the leaves. Yogurt, passed at table, complements the lamb and pine nut filling*

ecooking the cabbage. You can proba-
y use the same kettle with a rack in
e bottom for steaming.

rian-style Stuffed Whole Cabbage

1 loose-leaved head (about 2¼ to 2½ lbs.) new green or Savoy cabbage
Boiling water
1 tablespoon butter or margarine
½ cup pine nuts
¼ pound mushrooms, chopped
1 medium-sized onion, chopped
2 cloves garlic, minced or mashed
1½ pounds ground lamb
3 tablespoons soy sauce
1 teaspoon dry mustard
½ teaspoon *each* rubbed sage and thyme leaves
⅛ cup catsup
⅓ cup fine dry bread crumbs
1 egg
About 4 to 5 cups hot cooked rice
Chopped parsley for garnish
About 1½ cups unflavored yogurt

hen you shop for the cabbage, try to
d a fairly large, loose-leaved head of fresh new spring cabbage. You can also use the curly-leaf dark green Savoy cabbage that's now in season. Select a head that's about 2¼ to 2½ pounds. Avoid small heavy heads with tight compact leaves.

To prepare cabbage, trim off core if it extends beyond head; then carefully hollow out the center area of the core about 1 inch deep. Remove and discard torn outer leaves. Place cabbage, core end down, in the middle of several layers of cheesecloth (each 25 to 30 inches long). Pull up the four corners of cloth and tie close to the top of the head with string. In a large kettle (about 10 to 12-qt.) bring to boiling enough water to cover cabbage.

Immerse head and simmer until a thin skewer inserted through the top of the cabbage comes out easily; it takes about 12 minutes for new green cabbage or 7 minutes for Savoy. With a spoon, turn head over frequently while cooking. With tongs, lift cabbage from water and let drain in a colander. When cool enough to handle, place cabbage on a board; untie and fold back cheesecloth but leave it in place. Begin folding back the leaves one by one until cabbage resembles a large rose (see far left).

For the filling, melt butter in a small frying pan over low heat. Add pine nuts and cook, stirring, until golden; set aside. In a large frying pan, cook mushrooms, onion, and garlic until onion is limp. Remove from heat; cool slightly, then combine in a bowl with the lamb, soy, mustard, sage, thyme, catsup, crumbs, egg, and pine nuts (reserve 1 tablespoon for garnish). Mix well.

To stuff the cabbage, start with about 1 tablespoon filling, pat into a ball, and tuck it into the very center of the head. Press a layer of the surrounding leaves firmly around the meat. Then start putting the leaves back in place with a layer of filling between each layer of leaves. The easiest way is to pick up 1 or 2 tablespoons of filling at a time, poke some down by the base of the leaf, then pat a fairly even layer of it over the back of one leaf before covering it with the next leaf.

Gradually increase the amount of filling as you fill the larger leaves. Try to use up the filling when all but the last 2 or 3 layers of leaves have been filled. Bring these final layers, without filling, upward and press them around the head. Then bring up the corners of cheesecloth and tie again close to the head. You could do this much ahead; then refrigerate the cabbage.

To steam the cabbage, you'll need to put some kind of rack in the bottom of the kettle to support the head over about 1½ inches of boiling water (you might rest a small cooling rack on something like a tuna can with both ends removed). Place cabbage in steamer above (but not touching) rapidly boiling water, cover kettle tightly, and steam for 50 minutes (or 1 hour if refrigerated), replacing boiling water as needed. Lift cabbage from steamer with heavy tongs and cool on a plate for about 10 minutes.

Meanwhile, arrange hot rice in a rimmed serving dish. Untie cheesecloth and using a wide spatula carefully lift cabbage and place it on the rice. Pour any juices that accumulated on the plate over the cabbage.

To serve, garnish cabbage top with reserved pine nuts and parsley. Cut cabbage into thick wedges and lift wedges onto plates with a pie server or narrow spatula. Pass a bowl of yogurt at the table to spoon over each serving. Makes 4 to 6 servings. □

Street art explosion in Los Angeles

It has no equal in America. You can tour by car

Outdoor wall painting has seen a renaissance in the past few years in Europe and America, but nowhere in the variety and possibly the numbers as in Los Angeles. Here more than 90 sites have been painted—some in multiple murals—and more are on the way.

To see them is to view the city unconventionally, for they flower in parts of town seldom frequented by suburban dwellers or out-of-town visitors.

They are not official or bank art. They are more spontaneous. Some are painted by youngsters, some by groups, some by artists looking for a wall. In all cases they are done with permission of owner and tenant, and occasionally the artists have been paid. The idea is to bring a touch of the personal into a depersonalized environment, to bring color into drab surroundings, to arouse community pride, sometimes to voice social protest.

The movement began several years ago in the artist community of Venice. A little later the Mexican-American community of East Los Angeles took it up. These two areas have the greatest concentration. Other murals are scattered between, and beyond in such places as Duarte, Long Beach, and Downey.

Here we present a tour of some of the highlights, beginning with Venice. To take all or part of it, the best time to start is on a Sunday morning when traffic is light. First mark mural locations on a street map; some of the paintings are easy to miss as you drive by. And be forewarned: Murals may disappear as building owners and tenants change.

The West Side

In Venice, start with Sloan Edwards' neomystic garage door on Speedway just north of Washington Street. On Pacific Avenue at 28th, notice the handsome black-and-white fashion figure on the north wall of the Pourelle boutique. At Windward Avenue go west to see the monumental murals inside the Venice Pavilion, a community project organized by Judy Grupp of the city park staff.

On Pacific, turn seaward a block past Brooks Avenue, then circle the block you just passed to see one of the first murals of the movement. Done by the Los Angeles Fine Arts Squad, it is a curiously surreal perspective view of the Brooks Avenue scene directly behind.

North on Pacific, turn right at Pier Avenue then left on Main Street. Notice the "people's painting" on Danny's tavern.

Continue on Main to Hollister to see Wayne Holwick's two photographic faces. Two more Holwick black-and-whites are on Hart Street between Neilson Way and the beach. Back on Main, Dana Woolfe's two small surfer paintings also derive from photo techniques.

You are in Santa Monica. Turn inland on Pico Boulevard to see: an orang-utan at Third Street, a large colonial American flag just beyond Lincoln Boulevard, one of the best psychedelic art landscapes at Eighteenth Street, one of the best abstract or "supergraphic" façades at Granville Avenue, and nearby some Mexican landscapes and Aztec figures.

One of the great scenery murals is over on Wilshire Boulevard, on the side of the Music Odyssey store between Armacost and Brockton avenues. It is the Aegean Sea as seen by Odysseus, by a group called Space Program Murals.

An even more monumental one depicts California after its coastal section has fallen into the sea following an earthquake. At the rear of a building on the southeast corner of Butler Avenue and Santa Monica Boulevard, it was done by the L.A. Fine Arts Squad. Photographers come here to shoot the mural and to use it as a portrait background.

Nearby, at 2019 Pontius Avenue (just north of Olympic Boulevard) Abby Gallery displays a wall full of film figures.

In Westwood, a large wall by Robert Chávez on the side of Alice's Restaurant mixes some Chicano commentary with a generally happy view of a crowd headed for the restaurant, and perhaps so allusion to the song that inspired name. It is on Westwood Boulevard tween Weyburn and Kinross avenu One block over, between the same stre on Glendon Avenue, look across parking lot to see a painted winery another restaurant's rear wall.

Moving inland

To the east, at St. Elmo Village murals are underfoot—perhaps 10,0 square feet of walkway painted in vi colors. The village is a cluster of sm houses and garages transformed i studios. On Sunday afternoons painti go up outdoors on bright-colored w and you are invited in (noon to du The location is just north of Washing Boulevard, on St. Elmo Drive th blocks east of La Brea Avenue.

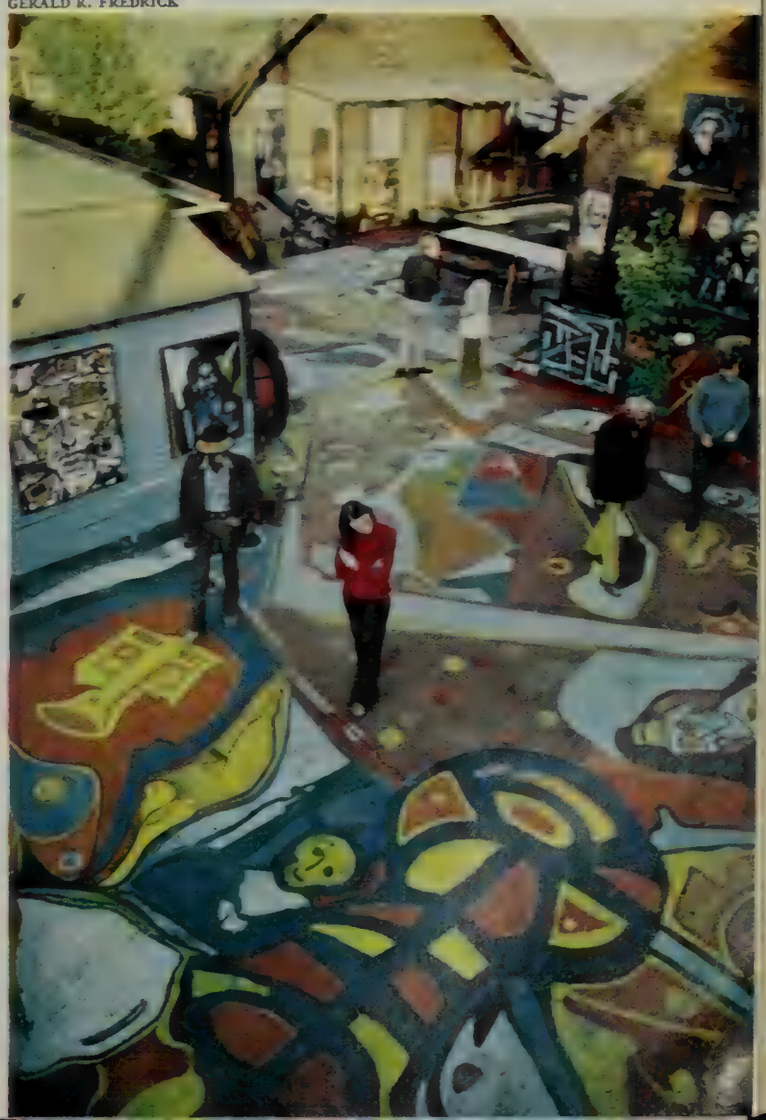
One of the most striking murals in to

Youngsters *painted the parts, then Diana Cheng brought them together into organized unit at Echo Park district mural site*

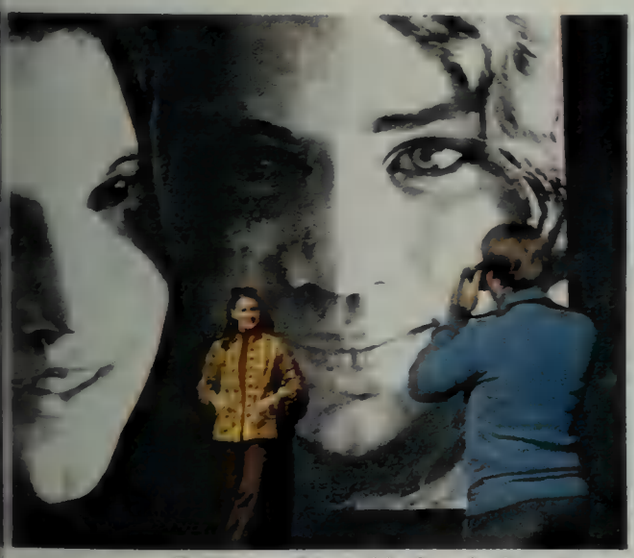
Arresting *face of Strother Martin brought college art class credit for Kent Twitchell. Style suggests photographic technique*

Crowded *wall of Alice's Restaurant is full of Robert Chávez's sometimes surreal figures*

GERALD R. FREDRICK



Total art *environment, St. Elmo Village was once a junkyard, is now weekday workshops and Sunday art gallery*



Boldly graphic *in black and white, Wayne Holwick's painting of two girls' faces is visible a good distance down the street in Ocean Park*

Plumed *serpent of Teotihuacán by Willie Herrón suggests a dragon to some people*

Brilliant *wall at Sixth and Bonnie Beach is a group view of life in the Chicano barrio*

GERALD R. FRED

is on Kingsley Drive at the corner of Fountain Avenue, east of Western Avenue and just north of the Hollywood Freeway. The work of art student Kent Twitchell, it is a multiple portrait of character actor Strother Martin.

Just west on Fountain a few doors away, the 10-foot-high face of the proprietor of the health food store stares at you from the wall, also the work of Twitchell. He has done an even more startling two-story-high portrait in blues of Steve McQueen on a house on Union Avenue at Twelfth Street, near downtown.

The Echo Park district is the location of five graphic works. One is on a Glendale Boulevard store just north of the Sunset Boulevard bridge. Another is an example of fine supergraphics on a dry cleaner's at Sunset and Echo Park Avenue.

The other three are part of the str mural program of the cultural arts s tion of the county park department. T idea was to see if wall painting co act as a deterrent to spray-can graffiti this part of town by stirring neighb hood pride. It was partly successful.

Diana Cheng's charming collection children's paintings on a wall on L Street at Temple Street, a block west Alvarado Street, was untouched. A f blocks east on Temple, between Uni and Belmont avenues, Hasan Heis man's abstract landscape was defac Mel Hardin's supergraphics on the lit market on Glendale Boulevard just no of Beverly Boulevard were also hit.

At Olvera Street you can see where w

Spray can *paint was used for this mural by Frank Romero*

Rural scene *unfolds almost endlessly at Clougherty - Farmer Jo packing plant in Vernon, monument of vernacular*

Get a Los Angeles street map. Use this article to mark your route

Heroic *figure by Antonio Esparza in Mexican tradition is at Mechicano Art Center*

inting began in Los Angeles. Forty ars ago the Mexican muralist David faro Siqueiros did a fresco on the cond-story south wall of the northern-ost building between Olvera and Main eets. After some controversy it was itewashed out. The wall is visible m both streets, and now the colors beginning to show through.

e East Side

toward Lincoln Heights are two arming new Mexican primitives, also m the county program. One, by ancisco Hernández, is on Workman eet at North Broadway. The other is doll-like figure by Robert Ayala on ssion Road near Barbee Street.

ide the ring created by the San Ber-dino, Long Beach, Santa Ana, and lden State freeways is the richest col-tion of wall paintings of all.

obably the most powerful of these is llie Herrón's feathered serpent. He nbined existing graffiti with a design t looks at once Mexican and Oriental. aces the alley off Miller Avenue just th of City Terrace Drive.

Floral Drive, two blocks east of the ng Beach Freeway, is Robert Chávez's nmentary on violence and the Chi-o experience—done as part of the nty program.

ooklyn Avenue has two noteworthy rals. One, by a group of youngsters, on the theme of unity among Mex-n-Americans, at the corner of Gifford enue. The other, at the corner of ge Avenue, is one of the county pro-m murals, an abstraction of the barrio ironment by Richard Jiménez that in-porated graffiti in the design.

st Street is notable for El Mercado, a orful place to shop for and eat the ds of Mexico. It is between Lorena Indiana streets; at its Chesebrough's e entrance is a pleasant vernacular-landscape. At the rear of the parking is Robert Ayala's unfinished mural.

en blocks east on First, the façade of z Imports—a gallery and artists' co-rative—is painted with Spanish and xican motifs.

Mural row: Whittier Boulevard

Whittier Boulevard is the main axis for a street painting strip. Just east of the Golden State Freeway, go north from it on Boyle Avenue then Saint Louis Street to Hollenbeck Park. Opposite Sixth Street, the bandshell interior is painted with a giant primitive figure of a grandmother. It is by Vistas Nuevas, a youngsters' team organized by Judy Grupp.

East on Whittier, notice the spray-can technique adornment of the building at Mott Street. At Lorena, go south to the corner of Opal Street to see Frank Romero's delicate use of spray paint.

Farther east on Whittier there are two more county project murals. One is just north of Whittier on Esperanza Street, the work of William Bejarano and helpers. The other, by Gilbert Luján, is at the corner of Indiana Street. In this area of great graffiti activity, both murals have been hit.

North on Indiana, the wall of the recreation center yard at the corner of Princeton Street is beginning to acquire a gallery of figures, mostly by Ralph Cuarón.

Several blocks east on Whittier you reach the Mechicano Art Center, at the corner of Gage Avenue. It is a nonprofit gallery run by its artist members, and is usually open afternoons. Several murals adorn the exterior, including a superb one by Antonio Esparza that uses symbolism similar to Siqueiros's.

Diagonally across the street you can hardly miss Corona's Market, with its supergraphics by Armando Cabrera.

And in the next block is East Los Angeles Doctors Hospital, its façade decorated with mosaics on a Mexican theme.

In a small patio of the hospital visible from the street, near the Gage corner, is a wall painting destined to be moved to Rubén Salazar Park up the street. Facing the rear parking lot, off Gage, is a mosaic derived from this painting, but done in different colors. Both are by Frank Martínez. Also displayed here are the paintings for bus-stop bench backs done for a community competition sponsored by the hospital last year.

Go north on Bonnie Beach Place two blocks to Sixth Street to see one of the most artistically successful group murals. On the side of a small store at the corner, it is a bright-colored collection of Mexican and Chicano thematic material.

West of the Long Beach Freeway is a new project at the corner of Sydney Drive. East of it are two brilliant sets of graphics by Charles Félix. One, part of the county program, is done on three panels of a building at the corner of Fraser Avenue. The other is a long strip of supergraphics at the corner of Clela Avenue.

Go north on Atlantic Boulevard to Sixth Street then west to Garfield High School to see some excellent wall paintings by students of David Ramírez. A gate on Woods Avenue is open Saturdays; the grounds are closed Sundays.

Back toward downtown, Olympic Boulevard has a mural collection at the Eastman Avenue Elementary School, between Eastman and Gage avenues.

Here a prisonlike interior court has been transformed into a happily colorful place. It has rows of painted children, a painted zoo, figures from Mexican history, drainpipes that have become painted trees. In a program over several years, pupils, parents, and even the custodian have been painting the school. It has generated pride and walls are no longer being defaced. The grounds are open Saturdays and during school hours.

And south to Vernon

Go south on Soto Street to Bandini Boulevard in Vernon to see the most amazing work of all. Here, three sides of the immense Clougherty Packing Co. plant have become a triumph of vernacular art, beginning to be mentioned in the same breath with the Watts Towers as an important esthetic landmark.

The plant makes bacon, hams, and sausages. Its exterior shows a bucolic paradise for pigs painted with good humor. The idyllic settings contrast with the grim industrial area all around.

Go on a Sunday, when the heavy truck traffic abates, so you can get out for a close look at some of the astonishing scenes and details. The work was begun in 1957 by Les Grimes and went on for 11 years until he fell to his death from a scaffold. Arno Jordan took up the brush, and the work continues to grow. □

1· *Handy compost machine is a stack of three square bottomless boxes, standing 3 feet high*

2· *To turn the compost, first lift off the top box and set it on the ground to start a new stack*

4· *When you've emptied the second box of compost, move it over and set it on top of the first*

5· *Transfer the remaining compost from the botto the old stack to the second box of the new stack*

GARDEN CONTEST: Compost champion

3 • *Move compost over to first box with pitchfork. Steam rising from compost is good sign*

DON NORMARK

6 • *Final step: Set window screens on top after you lift the last box over to the new stack*

One way to get recognition in *Sunset*'s Garden Contest is with fresh and workable ideas on garden management. In 1972 some of the best ideas were about easy ways to make compost.

Composting isn't a new garden technique. Prehistoric men probably knew that by mixing well rotted plant tissue into the soil they could make plants grow better. But there was only one slow, simple way to make the stuff: Pile dead plants up in a heap and let them rot.

Today's knowledge of the decaying process and modern tools and machinery make composting faster and tidier.

Four ingredients have always been necessary to produce compost—vegetation, air, water, microorganisms.

A fifth "ingredient" arrived about 25 years ago and by now has made composting considerably easier and faster than ever before.

The compost grinder brought the big change. It chomps up all kinds of garden debris into little pieces that decay faster because there are more surfaces for bacteria to work on. Grinding also thoroughly mixes pieces with the bacteria.

In fact, chomped-up vegetation begins to decompose at once. To check this yourself, reach your hand into a pile of machined compost a day or so after grinding it. The heat you feel is a sign of decay. Compost always makes heat—notice the steam rising from the pile in photograph number 3, at left.

Two of the four compost-making gardeners whose devices you see on these pages use a compost grinder. That's probably about the percentage you'd find among serious compost-making gardeners today all over the West.

Whether you grind up a pile of plant debris or not, in time it will turn into compost. You can speed up the process if you turn the stuff occasionally to mix in air. (Watering now and then in the dry season also helps.)

Various devices make it easier to hold the stuff together, and for you to turn it

how off their ingenuity

and Kate's is. We'll look now at four compost factories that Sunset garden contestants made, used, and showed us last year.

Stack of bottomless boxes

The composter of Bob and Claire McCampbell of Palo Alto, California, is just a stack of three square frames, 3 feet tall, 2½ feet wide. With compost from this device, the McCampbells scored a first among Sunset garden contestants. They grew ball-sized tomatoes to ripeness in half whiskey barrels (see how they did it on page 262).

To make each frame, nail together four

Split pine log with bottom sawed to level, sides down 12-inch wide holding pegs for metal compost boxes

Pop-open compost box holds up end of two-legged bench

[illegible] pieces of rough redwood [illegible] 12. Strengthen each corner by attaching L-brackets along the top and bottom edges with wood screws.

To start a compost pile, Mrs. McCampbell [illegible] [illegible] as the top with [illegible] Then she [illegible] keep flies out.

When the compost pile [illegible] down the stack, Mrs. [illegible] it over completely [illegible] pile becomes the [illegible] (You can see how she [illegible] in photographs on the [illegible]).

During warm weather Mrs. McCampbell turns the compost about every [illegible] days. By turning this often, she [illegible] rich, well-rotted compost in about [illegible] weeks. During colder weather it's [illegible] about 4 [illegible] three months to get [illegible] heat.

Log cabin compost keeper

The rustic-looking compost box at left was made by Lloyd Polentz of Richland, Washington. It makes use of fallen trees that he rescued from a slash pile about to be burned. To make this compost box you'll need logs, a saw, a drill, four pieces of ½-inch galvanized pipe 36 inches long, and 24 logs 5 to 6 inches in diameter and 50 inches long.

To notch the logs, make a 3-inch-deep cut 6 inches from each end. Remove the excess wood from the notch with a saw or chisel. Use a 1-inch bit to drill a hole about 3 inches in from each end of the log (to pass the galvanized pipe through). Two bottom logs, one for each side, should be placed with notch face up. Drill holes for the pipes only halfway through these logs.

To assemble the compost box, stick the pipes into the holes in the bottom logs and slide the remaining logs down the pipes as you see in the picture.

Mr. Polentz built his composter last fall. He thinks it will take more than six months to make usable compost.

Pop-open box has extra features

The take-apart compost box you see in the two pictures above was made by Don [illegible] of El Granada, California. It is [illegible] disassembled when it's time to haul the compost because the sides are held together by latches.

To make each side of this bin, nail together four 1-foot-long pieces of 2 by 4 [illegible] by 3-foot section of chain-link fencing to the frame with U-staples. When the four sides are completed, [illegible] together and attach the screw-in hook-and-eye latches.

Mr. Barnaby turns his compost two times a year. Because he adds [illegible] weekly, he always has compost ready.

Squat silo has see-through sides

The fourth composting device is the one used by Virgil Phillipi of El Sobrante, California. It is simply a sheet of wire 4 feet wide and 25 feet long (with 4-inch mesh). You can make this cylindrical bin any size, up to 25 feet in circumference. The overlapping ends are held together by wires bent into hooks.

To use the bin, Mr. Phillipi sets up the circle of wire, fastens the ends together, grinds up the plant material, and dumps it in. After he makes a 4-inch-deep layer, he sprinkles it with a hose. He then adds another 4-inch layer of debris and sprinkles it again. In a week's time the compost settles enough and sticks together so that the wire ring can be removed so the pile won't collapse or blow away. Mr. Phillipi turns the compost two times before he uses it. He waits a month between each turning.

Have you carried the art of composting beyond what you see here? Have you developed other techniques for garden management that are new, interesting, or economical? These kinds of endeavors, along with growing flowers, raising vegetables, landscaping, or the unclassifiable garden thing are what make up each year's Sunset Garden Contest. For more information, turn to page 299.

NORMAN A. PLATT

ae **box** *with bench lifted back to make a lid*

MORE COMPOST INGENUITY:

A log-walled tower, a pop-open box, a see-through silo

l **scooping** *freshly ground compost from grinder into an 8-foot-wide squat silo f elded wire. When the wire's lifted (after a week) it will leave a firm stack like the one at right*

DARROW M. WATT

LEE FOSTER

Free-sailing *yacht with paddlelike control vane on tiller begins voyage on Spreckels Lake in San Francisco's Golden Gate Park*

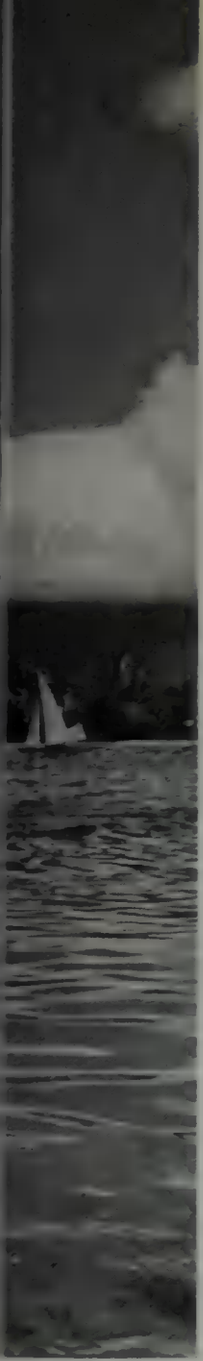
A. SALBOSA

Hand-held *transmitter trims sails of this Santa Barbara One Design sloop near Lanikai, Hawaii*

Enthusiast *launches gas-powered racer at unnamed lake in southwest Phoenix*

DAVE BARNES

Scale replica *of tug, 33 inches long, is battery powered*



NORMAN A. PLATE
Junior high school *mariners take their marks at the Mission Bay Model Boat Basin, San Diego. Submerging stern causes boat to pop forward when released*

The 1973 mini-yacht season begins

Here are the dates and the places, for both power and sail, from now right through September

e of the West's most avid boaters l for the water when the weather ns up and then never leave the shore ey're the fast-growing crew of model sailors.

Model boating, which started in earnest in England in the 17th century, is not new to the West. Near the turn of the century, Sunday races on San Francisco's Spreckels Lake were sometimes front page news and drew large crowds dressed in top hats and high-buttoned shoes. Today, spectators all over the West still find the sport as exciting as real yacht racing. Weekend regattas

JAMES M. KOSKI

At Glenn Helen Park *outside Los Angeles, 12-meter yachts maneuver for best position as they come abeam starter buoy*

DOUG WILSON

Rooster-tailed *hydroplane streaks by sailors at annual Seafair Trophy Race on Seattle's Green Lake*

Hydroplane *with Indian motif is 36 inches long, powered by .4-cubic-inch motor which develops 1¾ hp at 18,000 rpm*

often draw hundreds of onlookers cheering their favorite craft. And many yachtsmen with full-sized boats use models to extend their sailing season and perfect their techniques.

Model sailboats range in complexity and cost from simple fixed-tiller toys for only a few dollars to elaborate radio-controlled yachts that can cost from $75 (buying a used radio and building your own model) to $550 or more.

The majority are controlled by a hand-held battery-operated transmitter that relays messages to a receiver in the hull of the craft. The receiver activates one servo (electric motor) to control the tiller, and another servo to operate the winches regulating the position of the sails. Some boats have a third servo for fine trimming of the jib sail.

A simpler type, known as a free sailer, often has a [illegible] on the tiller that alters course as the [illegible] changes. Sir Francis Chichester used a [illegible] device in his single-handed [illegible] around cruise.

Most miniature [illegible] you'll see are either racing [illegible] replicas of tugs, [illegible] and freighters, powered by [illegible] or batteries.

Power racing boats are [illegible] controlled. They are powered by [illegible] airplane engines (many [illegible]) that use special alcohol-based [illegible] range from ⅛ to 2¼ horsepower. [illegible] speeds range from 20 to 55 miles [illegible] hour. The world speed record is held by Seattle's Ed Fisher, whose outrigger hydroplane of his own design was clocked at 72.81 mph over a 1/16-mile course.

Since only a few radio frequencies are available to model boaters, participants must cooperate to avoid crossed signals. In races boats are grouped so frequencies don't conflict. In areas where both power boats and sailboats share a waterway, days are divided to give each group time to operate without interference from other radios. A $20 class C license from the Federal Communications Commission is required to operate a model boat transmitter.

Most model boats are built from kits available in hobby shops or through mail order. Similar to full-sized boats, some are all fiberglass and others have thin wood hulls reinforced with fiberglass. Sails are dacron and fittings are usually brass. New radio controls run from about $100 to $300.

During the model boating season, model boat clubs schedule weekend regattas and races. These clubs and local hobby shops can help you find out where and when you can watch the competition and how you can get started yourself.

Here are some of the major model boating events scheduled in the West from now through September.

April 7, 8: All-class power races, Legg Lake, El Monte, Calif. **14, 15:** Spring sail regatta, Mission Bay, San Diego. **29:** Multi-boat [illegible] races, Green Lake, Seattle.

May [illegible] 800 class regatta, Rancho Goleta, Santa Barbara. **26, 27:** All-class power [illegible] Mission Bay, San Diego.

June [illegible] high school regatta, Mission Bay, San Diego. **9, 10:** All-class power [illegible] Lake, Washington. **16, 17:** Soling-*M* class regatta, Mission Bay [illegible] Diego. **30, July 1:** All-class power [illegible] Waughop Lake, Tacoma.

July 3, 4, 5: Santa Barbara One Design [illegible] West championships, Honolulu. **14, 15:** [illegible] ta Barbara One Design Pacific Coast [illegible] pionships, Rancho Goleta, Santa Bar[illegible] **14, 15:** All-class power races, Lake [illegible] lomes, Delano, Calif. **28, 29:** Summe[illegible] regatta, Mission Bay, San Diego. **30, [illegible] 4:** N.A.M.B.A. Nationals, Green [illegible] Seattle.

Aug. 11, 12: Santa Barbara One D[illegible] championships, Spreckels Lake, San [illegible] cisco. **18, 19:** All-class power races, P[illegible] lation Ponds, Campbell, California. 1[illegible] 50/800 class championships, Mission [illegible] San Diego.

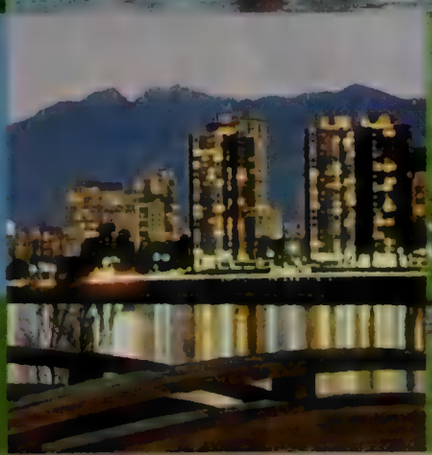
Sept. 29, 30: All-class power races, [illegible] Spring Park, Las Vegas.

If you have any questions about m[illegible] sailboats, send a self-addressed sta[illegible] envelope to the American Model Y[illegible] Association, Box 639, Escondido, [illegible] 92025. For information about p[illegible] boats, send a self-addressed stampe[illegible] velope to the North American M[illegible] Boating Association, 228 Culp [illegible] Hayward, Calif. 94544.

Do something beautiful this spring.

Come to British Columbia.

Savor the beauty of dogwood blossoms [illegible] of golden daffodils and bright-hued tulips. Discover towns and cities alive with relaxing holiday activities. Experience springtime as it can only happen in British Columbia. For a colorful Visitor's Kit, write: Government of British Columbia, Department of Travel Industry, 1019 Wharf Street, Victoria, British Columbia, Canada.



The Changing Western Home®

NORMAN A. PLATE

Laminated wood for a large ceiling

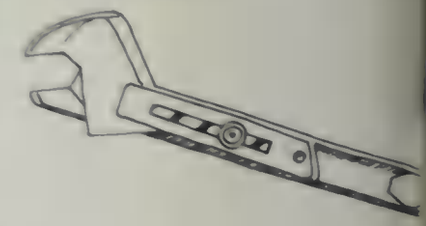
The expansive rough wood ceiling shown above is made of Douglas fir 2 by 4's and 2 by 6's laid on edge and nailed together. Nails are spaced 12 inches apart. Every 16th board is a 2 by 6, which adds strength and provides some visual relief to the surface.

Architect Jeffrey Cook chose this construction method for his Phoenix home because it enabled him to leave large open spans of roof unsupported by walls or posts. The span of the roof section shown is about 22 feet. Elsewhere in the house he left spans up to 20 feet using only 2 by 4's.

To cut costs, Mr. Cook chose reject or cull lumber. He had one edge resawn to give a uniform rough surface. The single layer of wood acts as both ceiling and roof, and provides over 3 inches of solid wood for insulation. Because of the desert location, more insulation was added above the wood.

New use for an old tool

If you have a spare claw hammer in your tool box, Rey Wheeler of Dana Point, California, suggests using it as a weed puller. The weight of the head makes it easy to swing the claw just under the surface of the ground to snag weeds by their roots.



Push-button wrench

A thumb-controlled button slides up and down the handle of this wrench to open and close the jaws. It holds them securely at any position, from closed to an opening of 15/16 inch.

The 8-inch-long tool, made by the Petersen Tool Co., Inc., is available for $10.95, postpaid, from G. G. Mead, 146 Oak St., Spokane, Wash. 99204.

innebago Brave $6,995 D-18 Brave F.O.B. Forest City, Iowa. Freight, [illegible] taxes, dealer prep and options extra. Prices and specs subject to change without notice. [illegible]ation: Portuguese Bend, California.

Makin' friends Winnebago style.

The Winnebago Brave was made for exploring the back roads. It contains all you need for motor homing comfort. Power steering, power brakes, automatic transmission, kitchen, beds, bath, everything.

And it's in a price range most families can afford. That's why it's fast becoming America's most popular motor home.

See the Brave for '73. It's a great year for making friends Winnebago style.

We give you more. WINNEBAGO

SINGAPORE.

IT'S ALSO AN AIRLINE.

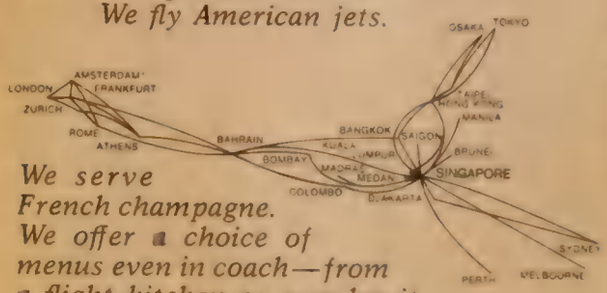
It's a city. A country. A state of mind.

It's all of Asia—every people, every culture, every religion—on one island.

It's also an airline. Singapore Airlines.

With 26 years of experience. With routes that extend 45,000 miles to 26 cities in 21 countries. With a spirit as exuberant and cosmopolitan as its hometown.

We fly American jets.



We serve French champagne. We offer a choice of menus even in coach—from a flight kitchen so popular it caters to 31 other international airlines.

Our hostesses wear a version of their native costume — the sarong kebaya — that was designed in Paris. They practice Oriental hospitality with a British accent. The cocktails they serve are complimentary, the smiles sincere.

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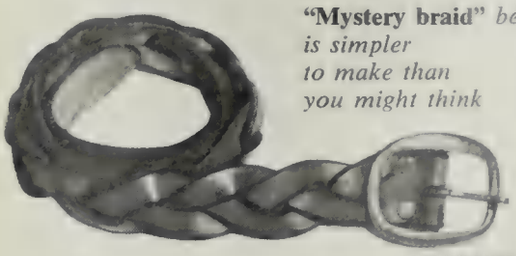
New book on working with leather



"Mystery braid" *belt is simpler to make than you might think*

LARS SPEYER

DARROW M. WATT

Jaunty leather *hat made from three pieces of heavy leather handstitched together with a stitching awl*

Sandals *begin by tr the foot, then cu sole out of two diff kinds of le*

There's a new *Sunset* book on wor with leather, for today's enthusiasts want to get into this medium as we experienced craftsmen. It's *Thing Make with Leather* (Lane Books, M Park, Calif., 1973; $1.95).

Early chapters explain the different k of leather, how they are tanned, what type to choose for a particular ect. The book answers technical tions and makes shopping easier leather supply store or by mail orde

Basic tools are photographed and cussed, helping you choose just wha will need. Techniques are simply plained: how to cut leather econ cally; how to rivet, lace, sew, and and stain leather.

Some of the 45 projects (like the above) may look familiar; they published in *Sunset Magazine*. Ea neatly presented with patterns, mea ments, and step-by-step instructions have been thoroughly tested. After projects, a novice should be equipp go on to other innovative projects.

New Spred® Exterior Latex Stain penetrates deep for long lasting protection. Like a conventional stain. But it goes on smoothly with a professional look, even over damp wood, because it's a latex. You can put it on with brush, roller, pad or spray. And clean up with simple soap and water.

Use semi-transparent or solid colors for new wood, or to make previously stained and faded surfaces look new again.

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Three basic reasons why he Pinto Wagon is the best-selling economy wagon in America.

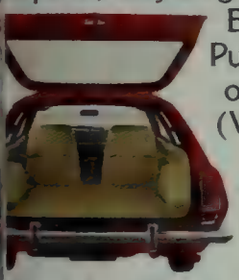
Shown here is the Pinto Wagon with Squire Option, optional whitewall tires, luggage rack, deluxe bumper group, automatic transmission.

ı less than one year, the Pinto Wagon became far and y America's favorite small wagon. Ahead of Vega nmback and VW Squareback; ahead of all Toyota, sun and Opel wagons combined.

ıe reasons are simple, and basic.

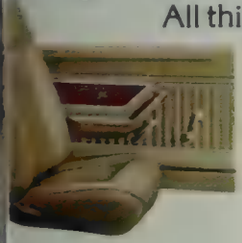
YOU GET A LOT FOR YOUR MONEY.

rst and foremost, the Pinto Wagon is an economy car: in price, easy on gas, low on upkeep.



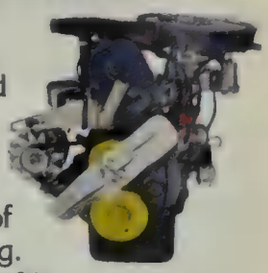
But it's also a roomy little wagon. Put the rear seat down and you get over 60 cubic feet of cargo space. (VW and Vega give you about 50.) The lift gate swings up, the spare tire is stored under the cargo floor to maximize carrying space.

You get comfort and luxury, too: ıback front bucket seats, plush carpeting, and plenty of leg, head, shoulder and hip room.



All this at a base sticker price of $2,319 for the basic Pinto Wagon; $2,556 for the handsome Squire Option version. (Prices exclude dealer preparation, destination charges, if any, title and taxes.)

IT'S ENGINEERED FOR DEPENDABILITY.



A rugged 2,000 cc cam-in-head engine (right) is standard on Pinto Wagon. It delivers all the power and pep you need to pull the wagon, fully loaded, almost anywhere. Its dependability has been developed in millions of miles of actual driving.

Front disc brakes (left) are standard, too—for dependable stopping and minimum fading.

BACK TO BASICS: DURABILITY.

Virtually every part of the Pinto Wagon was designed with durability in mind—from the welded unitized steel body to the extra strength ball and universal joints and the full synchromesh transmission.

Economy, dependability and durability: those are the basics Ford made famous in the days of the Model T and Model A. See your Ford Dealer.

When you get back to basics, you get back to Ford.

FORD PINTO

FORD DIVISION Ford

Larson

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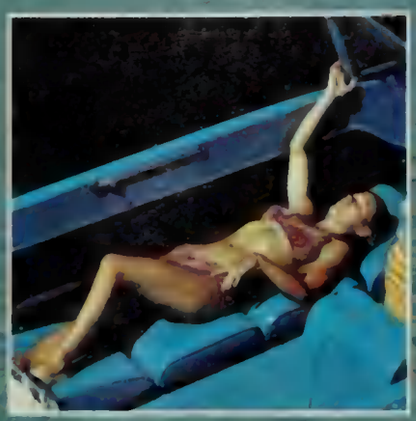
Good times come easy with three great hulls to choose from: Deep V, modified V and tri-hull designs. Available in a variety of runabouts—from playful 14 footers to boundless 21 ft. models. And, to make good times even better we've added many sporty features at NO extra cost. Safety rails, bucket/swivel/recliner or sunbather seats with removable stern seat for easier ski rope hookups and boarding plus Larson Life/Guard construction for added safety.

Don't let summer pass you by this year—Go Larson in '73.



Sunbather Seats—Option at no extra cost in most models, folds down for easy relaxation.

Removable Stern Seat—New for '73. Allows access to stern for ski rope hookups.

Walk-Thru Windshield—Easy access to bow or stern. Standard on most models.

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DARROW M. WATT

Shelf unit *separates high-ceilinged living room from dining area; it's 72 inches wide, 90 inches high*

Room divider built of boxes

e's an elegant variation on an old : build modular plywood boxes to lay books, art objects, antiques and r memorabilia. Stack them together ivide a room or arrange them as a standing shelf unit along a wall.

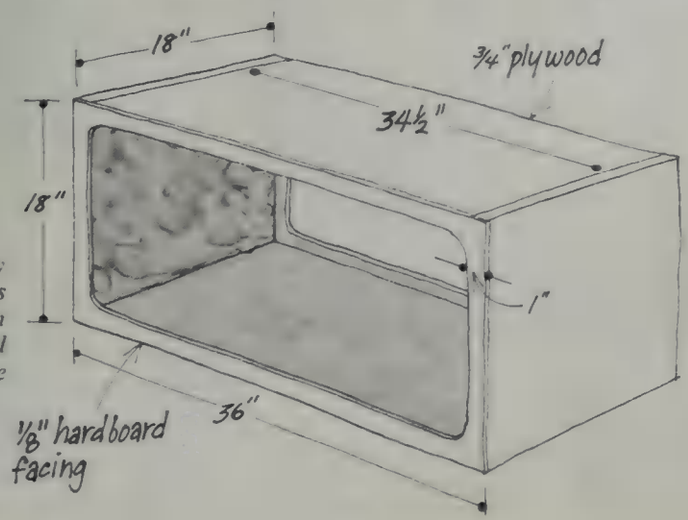
ie modules are made of ¾-inch grade plywood assembled with 4-ıy nails, white glue, and simple butt s. Outside dimensions are 18 by 36 es, which leaves a sizable amount of e when you cut the panels from 4 -foot sheets; you might prefer to reduce the size to 16 by 32 inches.

To soften the angularity as well as hide the butt joints, the open sides of each box are masked with a ⅛-inch hardboard facing with curved corners. Cut out the inside of 18 by 36-inch hardboard panels with a saber saw, coping saw, or, for the cleanest cuts, a router. If you have a router, use a template with rounded corners to make accurate cuts.

Five of the boxes have 16½ by 34½-inch inserted plywood backs. The owners hid the butt joints on the backs with fiberboard panels covered with fabric.

Small light bulbs help illuminate the contents of each module. Wood spacers ¼ inch thick leave enough room between stacked boxes for wiring. The entire unit rests on a 15 by 66-inch dark-stained base of 2 by 6's and is crowned by a similar frame to hide wiring.

The total cost of the unit was about $140. Designer was Bill Nilsen. □



Modules *are simply plywood rectangles bordered with hardboard and painted white*

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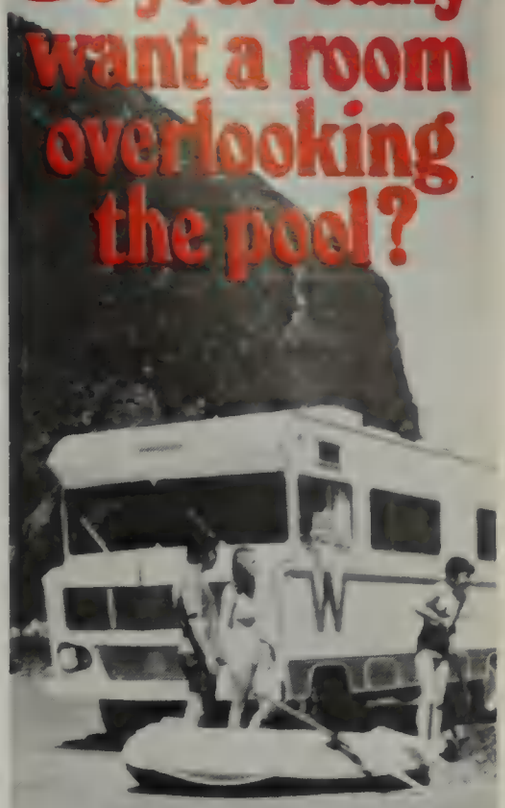

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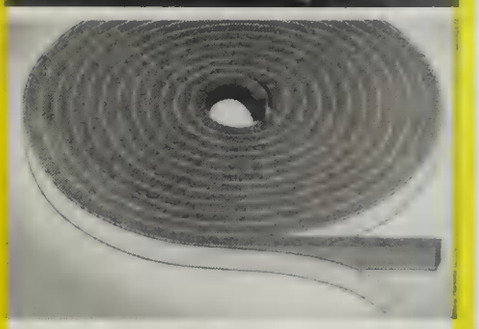

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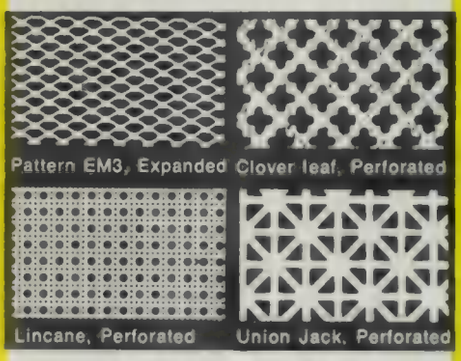

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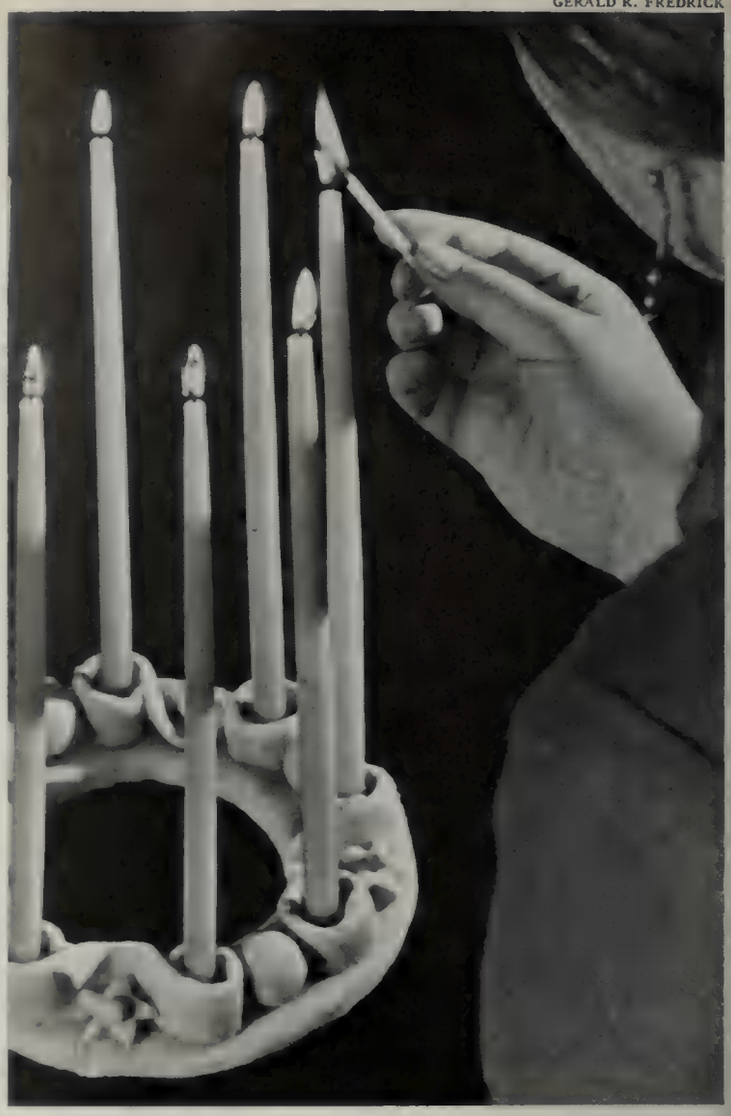

Centerpiece *for eight candles was baked in sections, then assembled. Base is a large circular strip. Scroll-shaped strips were glued on to hold candles, and then flower and ball elements were added*

Three different *kinds of baker's dough candleholders. From left, three-tiered stack of rings, single-candle holder made from three strips, and two double-coil holders with tiny ball decorations*

Candleholders that you bake

Out in the kitchen you can bake canc holders from a simple, claylike bake dough mixture. You might make holder for a single stately taper, or c struct a multitiered Easter centerpi to hold a bank of candles.

You'll need some flour, salt, water, a a nonstick-finish cooky sheet. A canc holder can be made in one piece, or sections to be assembled with white g after baking.

The baker's dough recipe calls for th parts flour to two parts salt; add enou water so the dough is pliable but ho its shape. Many designs can be b from dough strips of various sizes.

Start by breaking off a chunk of dou and rolling it into a narrow strip o lightly floured surface. Then, with back of your fingers, flatten to about inch thick. (Do not shape dough thic

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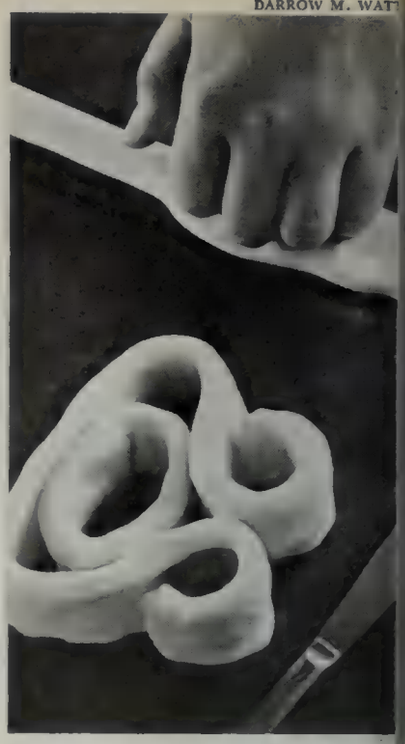
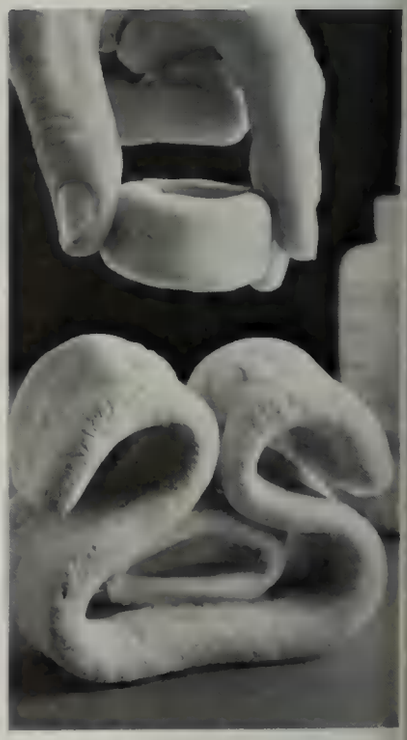
DARROW M. WAT



Flatten *roll into strip with back of fingers, then cut and shape*



Join *baked pieces of dough with white glue to construct a holder*

than ½ inch or else it may expand crack as it bakes.) Cut strip to the length and stand on its side to shap you wish.

Small decorative shapes can be cut and baked to be glued on later. Or kitchen utensils to impress designs in dough at this stage.

Bake shaped dough in a 350° oven 1 hour, or until completely hard. L pieces may require up to 2 hours. used dough wrapped in clear plastic will keep at room temperature for eral days.

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Dealers recommend us because we're from the makers of Johnson and Evinrude.

There's a lot in our name. If you've ever owned a Johnson or Evinrude motor you already know about their dependability and engineering excellence. So, if you're considering a stern drive for your next boat it makes good sense to specify it with a stern drive engineered by the same people. Just as your dealer does. An OMC Stern Drive.

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Chrysler-Plymouth builds this mid

Plym th Satellite Sebring-Plus shown with the 2 ' Chrys Com II Cruiser, courtesy of Chrysler Marine Products.

ize car to take on a three-ton load.

There are those who are under the impression that only a "big," full-size car or station wagon is fully capable of towing a trailer.

We suggest that that impression is false. Case in point: Our new Plymouth Satellite you see on the left. It's built to do the job beautifully. Partly because of the way our optional Trailer-Towing Package is put together. And partly because of the way our cars are put together.

For example, every Chrysler and Plymouth has the strength and tightness of unibody construction.

For good handling, we use a torsion-bar front suspension and a multi-leaf rear suspension.

You get power front disc brakes.

And our TorqueFlite automatic transmission is well known in the automobile business for its strength and dependability.

In short, we believe we have the best of both worlds for trailer towers. A superbly well-built car on the one hand. An unmatched trailer-towing package to match on the other.

(The hitch is not included. But, for your convenience, your Chrysler-Plymouth dealer can install the proper hitch for your load requirement.)

We could go on and on about our cars, our Trailer-Towing Packages and tips on trailer-towing in general. Which is exactly what we do in the 12-page 1973 Chrysler-Plymouth Trailer-Towing Guide. For a free copy, just mail the coupon.

Our basic Trailer-Towing Package:

1. Heavy-Duty Suspension. It's all here. High-rate front torsion bars, high-rate rear leaf springs and a large front anti-sway bar.

2. Auxiliary Transmission Oil Cooler. This helps the transmission fluid stay at the proper operating temperature.

3. High-Capacity Radiator. This increases the capability of the engine to maintain the right operating temperature under trailer-towing conditions.

4. Coolant Reserve System. This prevents a loss of coolant. Think of it as a safety factor against overheating.

5. Fan Shroud. This helps the fan do a better job of pulling air through the radiator.

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7. Heavy-Duty Axle. With a heavy load behind it, a rear axle does about twice the work it'd ordinarily do. Our 3.23:1 performance axle is equal to the task.

8. Heavy-Duty Turn Signal Flasher. We add this unit to handle the extra electrical load of the trailer lights.

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10. Wiring Harness. To bring all the trailer's electrical functions together with the car, we build a seven-wire harness into the car.

Mid-size Plymouth Satellite

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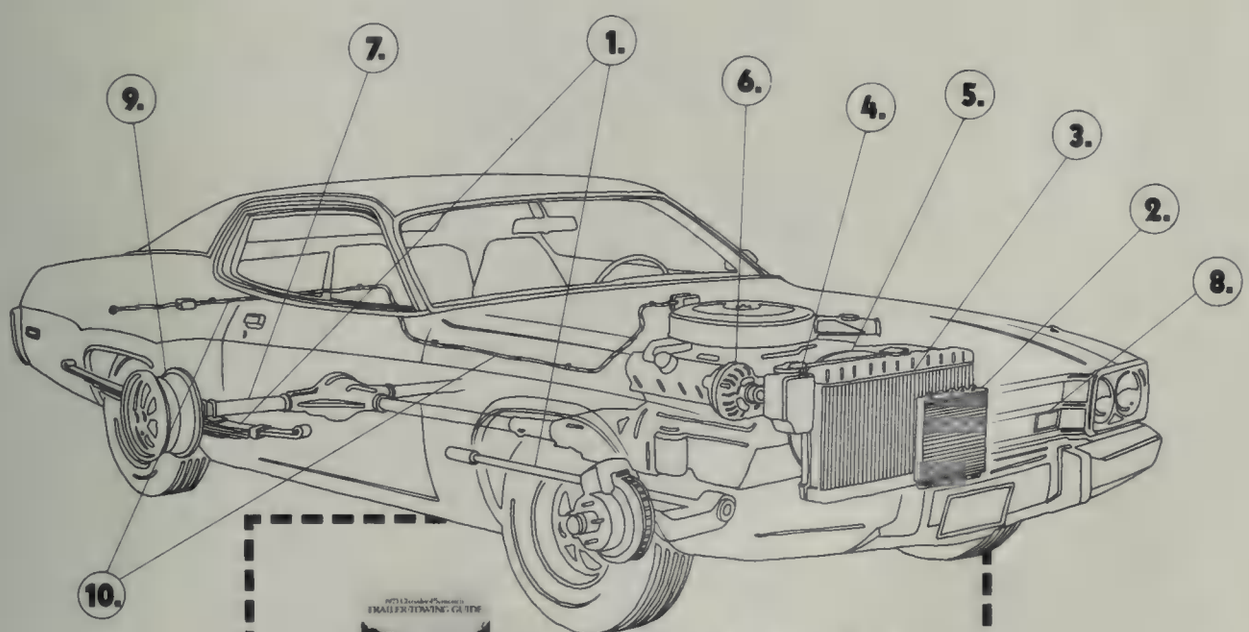

Tell me more. Send me the 1973 Chrysler-Plymouth Trailer-Towing Guide.

Write: Chrysler-Plymouth Trailer-Towing Guide
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DARROW M. W

Lengths *of wood and short blocks add pattern to a standard door*

A wood mosaic on their door

Dressing up this front door was b easy and economical. Designed by arc tect Derk Vyn for the Elliott Eisners Stanford, California, it's simply vario sized pieces of lumber attached to standard door.

The arrangement and spacing of wood pieces establishes a strong verti pattern. At the top and the bottom the door are 6-inch-long 2 by 4 bloc laid flat. In the middle are 4-inch-lo blocks. Running between the pairs blocks are 1 by 1's (the top 1 by 1's longer than the bottom ones). Fo clear redwood 2 by 4's turned on ed run almost the length of the door.

Before the pieces of wood were faster to the solid core door, the hinge p were removed and the door laid fl Then, after all the pieces were cut size and locations marked, each pie was glued in place with resorcinol gl Finishing nails also help hold the bloc and 1 by 1's in place, and glue-cover ½-inch wooden dowels fit in predrill holes in the 2 by 4's and door. Hea objects were placed on top of all t pieces to guarantee a strong bond.

The door decoration is now four ye old and, the owners point out, s sturdy. Cost of materials—about 30 fe of 2 by 4 and 16 feet of 1 by 1—w about $15.

Whirlpool believes a permanent press cycle shouldn't put wrinkles in your permanent press.

Our special cool-down cycle returns permanent press [illegible] its original contours.

Exclusive new 3-tumble-speed drying with [illegible], medium and delicate settings.

Pushbuttons let you mix and match cycles, wash time, water temperature and water level.

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If you're not around we'll keep fluffing intermittently, on cool air only, for up to 2½ hours.

Permanent press cycle concludes [illegible]

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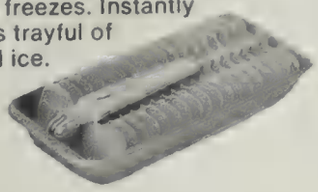

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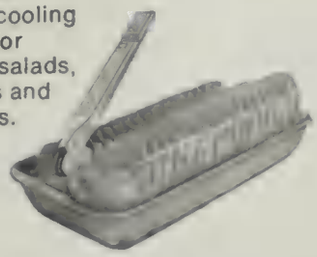
38 fast cooling slices for drinks, salads, relishes and desserts.



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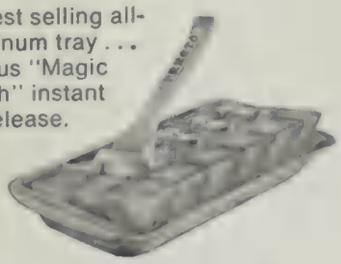
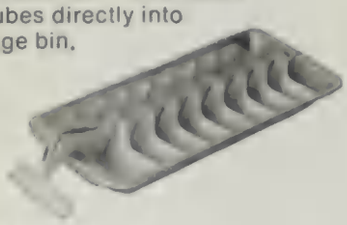


Ejector
Invert over bin . . . releases 18 cubes directly into storage bin.



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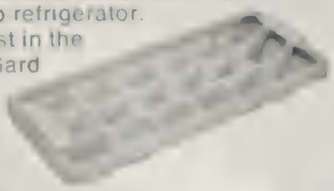


In the housewares section of your favorite store, or write us.

THE AD DIVISION
GENERAL MOTORS CORPORATION
DAYTON, OHIO 45401

NORMAN A. PLA

A place *for everything keeps th room neat. Animals are cag behind ¾-inch dowel bars. Dusty us a chair to reach the high shelv*

Toys in cages and garages, train table in hiding

The mother of this small boy says, "His room cleans itself because it has garages for everything."

Mr. and Mrs. Darold Callow of Rowland Heights, California, designed and built a unit covering a whole end wall to provide storage for their son's toys. It is constructed of ½-inch particle board 12 inches wide, with strips of ¼ by ½-inch trim tacked on the front edges. Narrow strips of wood support the horizontal shelves.

Below the barred "cage" for stuffed animals is a bulletin board - chalkboard, which hinges down to reveal a 4 by 5-foot HO-scale train board. Below that are two swing-out bins that hold miscellaneous small toys. □

Hinged legs *made from 1-in aluminum angle support the fold-do plywood train table. When folded it's held by slide bo*

The 220-lb. freezer is just as frost-free as the independently controlled other half.

Cantilever steel shelves and removable door shelves adjust to turkeys and tomato paste. (Practical.)

Magic with
able size
you
with lbs.
(Convenient.)

ulptured handles
d patterned
sign prove
ndsome is as
ndsome does

A charcoal filter helps control annoying transfer
nice to have around the

Our
really
crisper. Humidity seals help keep moisture in.

The meat keeper comes with an adjustable cold control. (Thoughtful.)

Whirlpool believes you should choose a refrigerator the way you'd choose a husband.

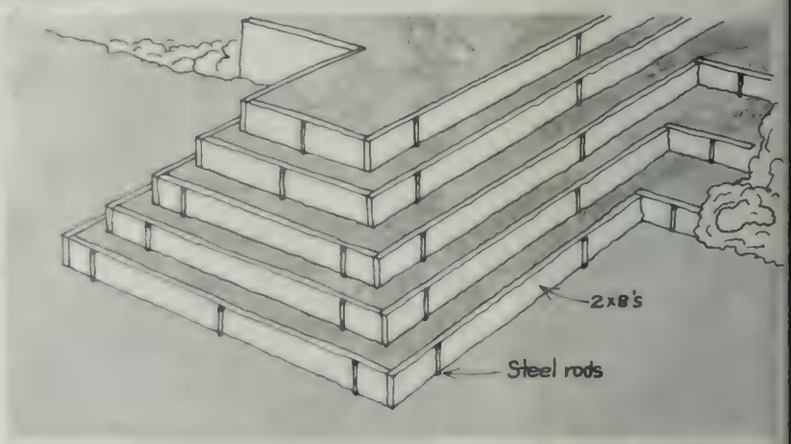
Whirlpool

DAVE BARNES

Terracing a slope *like this with 2 by 8's gives you flat areas for planting, reduces runoff and erosion, and makes it easier to garden. The Merle Cohn garden, Mercer Island, Washington*

Using broad steps to hold a hill

Here's an effective and very simple landscaping idea for a hillside. It can be used to help stabilize a slope, make it easier to plant, provide ready-made steps, or create a change of grade on a flat piece of land. It's an arrangement of 2 by 8-inch boards held in place by steel rods or stakes, and fitted to the slope's face. Landscape architect Robert W. Chittock of Seattle, who designed the gardens shown here, uses the system because it disturbs the natural slope or vegetation so little: You don't make deep cuts to set the 2 by 8's, the framework more or less sits on the slope, and you create small

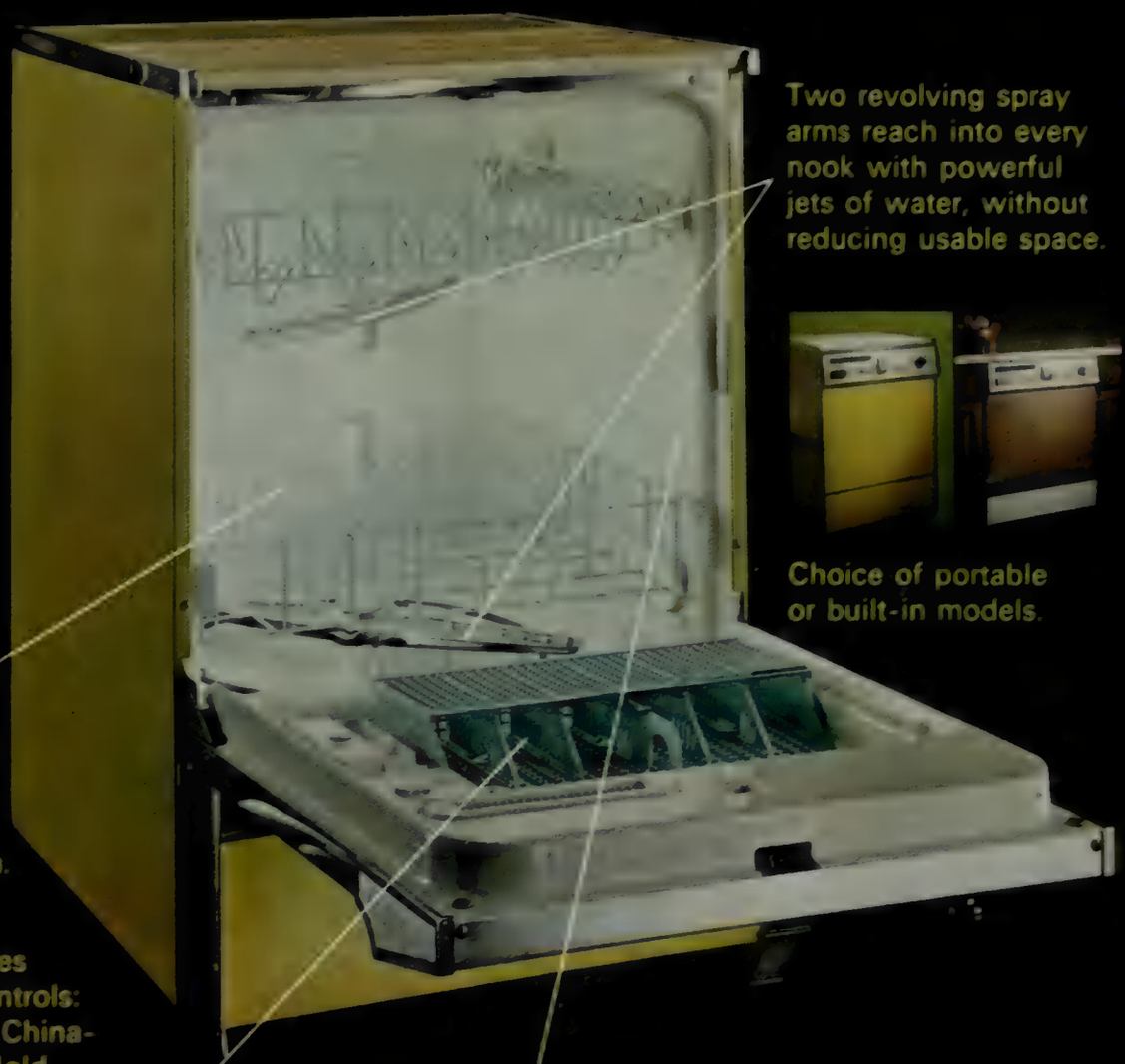


You can *tame existing slope, or create a change of grade on flat ground*

At right, *Cotoneaster microphylla starts to hide 2 by 8's. Picture below shows it a season later*

Created *to tie into natural slope behind, earth pyramid has become mass of green. This is also in the Merle Cohn garden*

When it comes to washing dishes Whirlpool believes two arms are better than one.



Two revolving spray arms reach into every nook with powerful jets of water, without reducing usable space.

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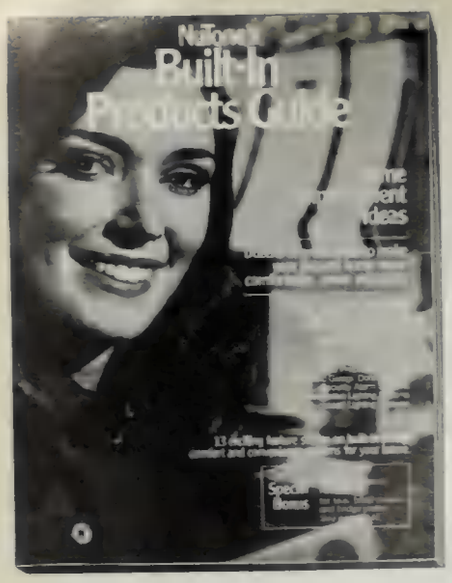
o speeds—high-water ocity for regular loads d gentler, low-water ocity for delicate china.

Four automatic cycles with pushbutton controls: Super Wash, Short, China-Crystal and Rinse/Hold.

Silverware basket in the door for convenient loading and unloading provides safer, more usable rack space.

Interiors of all models come with stain- and rust-resistant porcelain enamel finish.

Whirlpool



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DAVE BARNES

Steps *to lower level proceed jauntily down at Mercer Island home of Mr. and Mrs. W. P. Hurblut III*

terraces by filling in behind each board. Fill may be soil for plants, or bark chips, rock, gravel, brick, or concrete if you plan to walk on it.

This system is not intended to support a slipping bank, or to substitute in situations that require a retaining wall.

If the wood will soon be covered by plants, buy the cheapest 2 by 8's you can find. Even old form lumber will serve (stain it to improve appearance). It doesn't matter if the wood rots; by then the bank will be stabilized, and the 2 by 8's won't be needed.

For more permanence and better looks, use a better grade. Construction-grade rough redwood or cedar 2 by 8's sell for around 40 cents a running foot. It's wise to treat the wood with a preservative. Heartwood planks are more resistant to decay, but more costly.

Steel reinforcing rods are available several diameters. The ones used mo often by Mr. Chittock are ½ inch diameter (ribbed, not smooth). To avo a lot of hacksawing, have the buildi supply yard cut the rods in 2-fo lengths; they'll cost about 20 cents eac Space them every 4 feet. If the soil the bank is very soft, use longer a thicker rods.

For maximum support, drive the rods the downhill side of the 2 by 8. Ho ever, where the 2 by 8 won't be cover by plants, as when it's used as a ste locate them on the uphill side so th won't be seen. Try to drive them flu with the top of the plank. Protrudi ends can be cut with a hacksaw or b cutter, but this takes more time. Na driven into the 2 by 8 and curled o the rods will help keep both them a the board in place.

The spacing between 2 by 8's is det mined largely by the steepness of bank: the bottom of each 2 by 8 shou be about 2 inches lower than the top the next one downhill. Thus, on a ste slope, the distance between boards w be less than on a more gradual slope.

On a gentle slope, *random-len 2 by 8's provide planting le and three gravel-filled step tre*

One way *to make paved steps seem wider and more generous is to continue the line of steps with 2 by 8's and plant something low-growing like sweet alyssum*

Whirlpool believes a good trash compactor should get rid of everything a good disposer doesn't.

Just plug this slender beauty in and it quietly mashes even the trickiest trash into a tidy disposable bag. Locks with key. Available in decorator colors.

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"Peter has come a long way with the help of Easter Seals. And I know he'll go even farther."

Easter Seals

Give to Easter Seals
March 1 – April 22

DON NORM

Grates *at main entrance catch sand and water tracked in from nearby beach*

Entry grates for foot stomping

How to keep beach sand and water o side and floors clean inside was the c lenge for architect Don McKee wher designed this house for a family with sons on Guemes Island in Washing

His answer was to place galvanized s grates for foot stomping and poo emptying at each entrance. The n entrance grate extends into the ho where the flooring is easy-to-clean posed aggregate. Over the inside g the boys can exchange wet clothes shoes for dry.

The grates rest on angle irons cast in concrete. They can be lifted out w the recess underneath needs to cleaned. Grates like these are sold by dustrial building suppliers.

Outdoor clothes *and shoes stor door; heater speeds dr*

he dream spread. Inspired by the hues of early dawn comes Chantal, a delicate esign from the famed Max Rawicz bedspread on by Kirsch. It's one of over 50 distinctive pat- each featuring exquisite fabrics, hand-guided utline or multi-needle quilting, thick, luxurious polyester filling, the finest linings. Matching draperies, too. Truly, a decorator's dream come true. For the store nearest you, call 800-243-6000 toll-free anytime. And in Connecticut: 1-800-882-6500. Or write the Kirsch Company, Sturgis, Michigan 49091.

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Counselor's

Reflections

tuned in to today's girl

FRANK J

Children's retreat *is in high bal*
Ladder up to it leads from ground f
through a lower bal

Indoor crow's ne
or tree house

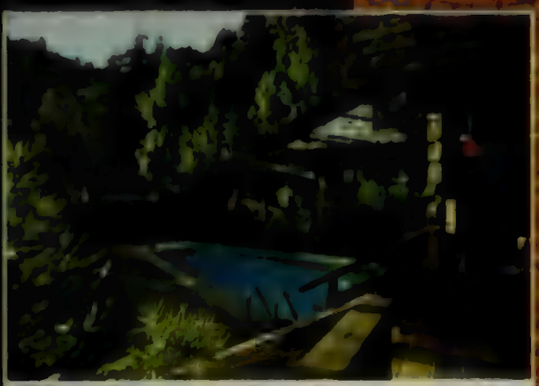
The balcony play area in this Salt L City house was designed to mat child's imagination. It can be an in tree house, a crow's nest, or a fort But it also has a practical side—to toys and games away from the li areas and provide extra room for night guests.

The idea can be adapted to many m level houses that have high open s under a pitched roof or rooms that up to two or more stories. Here the 12-foot balcony was built into the a of a pitched roof, leaving 5 to 6 fe head room. It's supported by four joists extended from an adjacent r The sides are 3 feet tall.

A narrow ladder is the only ac Made of 2 by 4's and hardwood do it's child-sized but large enough to a an adult to climb up to clean or to part in the fun. Bringing supplies u ladder can be tricky, so there's a p and basket that can be rigged to on the roof beams.

Ample light is provided by a row of lights, but there are also wall lamps electrical outlets for nighttime us thick carpet makes the floor soft en for sleeping.

Architect was Ron Molen.



The house in the woods by Barwick carpets.

Lots of redwood. Lots of glass and greenery. Everything about this house says it's for relaxed, easy living. Even the Barwick carpet in the kitchen. It wasn't put down just for its good looks alone. It's practical, too, because it's simple to care for, and its cushioned rubber back makes it far more comfortable than walking on a hard floor. This carpet is from our Smart Set® collection of printed carpets for places that get a lot of wear and abuse. The pile is of densely tufted 100% nylon, one of the most durable of all fibers. And, for even greater soil resistance, it's Scotchgard® protected. Take a look at our Smart Set soon in your choice of four different patterns and 15 color combinations. For the name of the dealer nearest you call this toll-free number: 800 243-6000.

Barwick carpets for California living.

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DIVISION OF E.T. BARWICK INDUSTRIES, INC.
WORLD'S LARGEST MAKER OF TUFTED CARPETS

Showing off *their favorites, printers propose using their efforts as wall hangings, gift wrap paper, and party place mats*

Wall hangings and gift wraps, not neatly but easily. We say it's a breakthrough in potato block printing

To anyone who's ever printed with p tato blocks, the breakthrough th youngsters are demonstrating may se of Gutenberg proportions. It involve much faster way to cut the blocks an way to add subtle background textu with a ball of string.

You use cooky cutters, with their sim outlines, to shape the potato print blocks; it's easy to make a block quic for each color you want to print. A you use a big ball of cotton string twine, dipped in color, to print ba ground textures.

What you'll need

These are the materials to gather: c powder tempera from art supply or va ety stores, small kitchen sponges, dis to hold paints, newsprint or brown wr ping paper to print upon, some old ne papers, a big ball of cotton string (cho fine string for dainty patterns, he string for bold patterns), large bak potatoes, cooky cutters, a small kn

How to get started

Blend each color of the dry powder te pera with enough water (usually a li less water than powder) to make a fa thick liquid. The proper consistency c be readily absorbed by a sponge and a

Force *half a potato (cut-side-down) onto the sharp edge of a cooky cutter*

our hand wash agitator can wash is Pucci scarf, it can wash your lingerie.

ve it we'll give you the agitator and the Pucci scarf. Free. When you buy this Westinghouse washer

From now until May 15th, Westinghouse has an extraordinary offer on an extraordinary washing machine. The Westinghouse Extra Action LA500P Washer.

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So there's never a laundry problem your Westinghouse washer can't handle.

The Westinghouse Extra Action Washer. It has everything you need for every laundry problem you have.

You can be sure...if it's Westinghouse

Trim *excess away and pull off cutter. You can cut more than one design on large potatoes*

Press *paint-coated potato block straight down onto the paper*

GERALD R. FREDRICK

Daub *ball of string in paint-holding sponge to add fine-line or swirly texture to background*

It's a mess, *as girl at left discovers, so wear washable clothes. For each color, use different potato or different side of string ball*

still be thick enough to coat the potato block design evenly.

Pour the liquid colors into individual dishes and place a sponge in each. (You can use just a piece of sponge, but it should be at least 5 inches square.) Work the paint into the sponge with a brush and add more paint as needed. For the best impressions, place each sheet of newsprint or brown wrapping paper on pads of newspapers.

Make printing blocks as you need them. Cut large baking potatoes in half lengthwise. Force the cut side of each half down at least ¼ inch onto the sharp edge of a cooky cutter (bottom picture, page 148). Trim away the margins with knife (top left picture) and pull the cutter off the potato.

Press the potato printing block down onto the paint-soaked sponge to coat surface evenly. Then press the block straight down, not too firmly, against the newsprint or brown paper. Moisten block with more paint as needed. For best results, use a separate block for each color—but it's all right to print one c atop another.

Press the ball of string onto the sp to absorb some of the paint, then p onto the newsprint or brown p Light pressure, while rolling the about, makes a grasslike pattern. Fi pressure and twisting makes swirls. Use different sides of the ball for color, and when the string is muc with too many overlapping colors, ply unwind down to a clean surface start over again.

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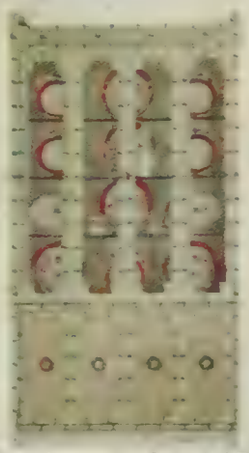

Kensington about $550

Cabernet about $900

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And when you go out to buy them, you'll find them only in stores that will back your investment with concern and a good sense of responsibility. So that in every way, you're getting the most for your money.

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There's one thing you'll hate about a San Diego vacation.

Going home.

How do you leave 70 miles of uncrowded beaches?
And 68 uncrowded golf courses?
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And light-years from congestion?
How do you leave a place that has the world's largest zoo? A new Wild Animal Park? Sea World? And sunshine?
How do you leave? With this thought:
San Diego is a great place for a vacation. But the worst place to come home from.

San Diego

As nice as its climate

Ask your Travel Agent about easy-going, easy-priced San Diego Vacations.

DON NORM

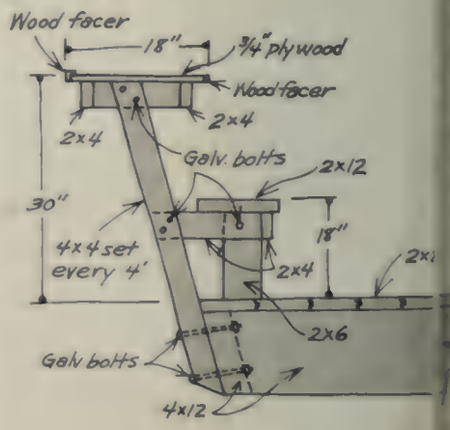
Lunch *is served on the deck's picnic table - safety railing*

Rail is a bench is a table

When he built his summer house, h deck overhanging a hillside needed railing for safety. And the deck's a row width—only 3 feet in places—m furniture placement difficult.

So Robert Stuart of Seattle designed picnic table - safety railing that let h family enjoy the deck and the vie of the lake beyond without fear of fall The table serves as a fresh-air eat surface, desk, and crafts table.

Vertical supports for the table and bac are Douglas fir 4 by 4's and 2 by 6 at tached to the deck every 4 feet. Th 4 by 4's are connected to the deck fascia boards with galvanized bolts th 2 by 6's are nailed to the deck from be low. Horizontal 2 by 4's are bolted o to support the 2-by-12 seat and 18-in wide table-top, which is cut from ¾-inch marine grade plywood.



Vertical *table supports are angled outward to give more room on deck*

Johns-Manville put a new fiber glass roof on this old fire house to make a point about wind beauty value and fire.

rgetown, Colorado is the only large g town in the Rockies that has suffered ■ major fire.

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recently, this 105-year-old build- s the home of Georgetown's crack eer Fire Department.

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oing Georgetown protect this bit of Americana: *Johns-Manville's rdinary new Rampart™ shingles.*

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Seal-O-Matic® stripe bonds shingles together against wind.

No-cut-out styling and random edge add strong horizontal accent.

But Rampart isn't just practical. The random-cut design sweeps boldly across your roof, adds a strong horizontal accent. (Because there are no vertical cut-outs, you get complete double coverage, too.)

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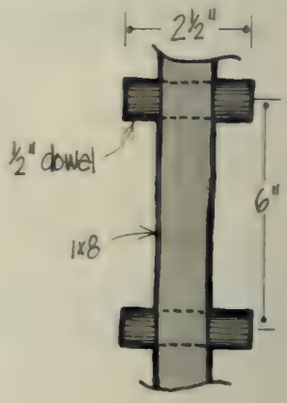
Rough-surfaced *shelves hold kitch display of old jugs, pots, and utens Sketch shows simple constructi*



Shelves as space fillers

An empty spot between cabinets or si walls can be put to good use with a of adjustable shelves. The ones pictu above were built in a few hours at a c of about $10. With their unfinish natural look, they provide an attract display area for pot planters, cookwa and antiques in the Orange, Califor home of architect Jack Selman.

The entire unit is constructed of resa cedar 1 by 8's and ½-inch dowels. pair of dowels was placed every 6 inc to support the shelves. For the cen section, the dowels are 2½ inches lo for the side boards, 1½ inches long. and bottom boards were notched to h the center section. Perimeter corn were mitered. The unit was attached the kitchen sidewalls with 10-penny n and coated with a clear sealer to pro the wood.

Something old. Something new.

The electricity is new. The rest is history. For the simple reason that Stiffel lamps take their inspiration from the past—from designs so lasting they still delight the eye today.

The lamp at center, for example, is based on the urns of the Early 19th century Regency period. Its old brass finish is richly accented with antiqued black enamel. It is 39" high and costs about $95.

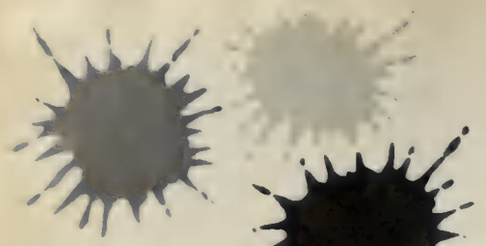
At left, softly antiqued Mandarin Yellow enamel enhances this simple, but imposing, canister of cast metal. Distressed old brass finish highlights the subtle curves of this classic form. It is 37½" high and about $124.

Finally, at right, Stiffel's ode on a Georgian urn, with deep Empire Green enamel and distressed old brass finish. It is 35½" tall, and about $105.

Three shining examples of how Stiffel invokes the past to brighten your future.

Stiffel

Prices may be higher in the South and West. For a brochure, send 25¢ to The Stiffel Company, Dept. S, 700 N. Kingsbury St., Chicago, Ill. 60610.



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Tepee *has 14 poles on two sides, 13 on other two. Opening is on far side. Crisscrossing corner poles are secured by metal strip; you could use heavy rope*

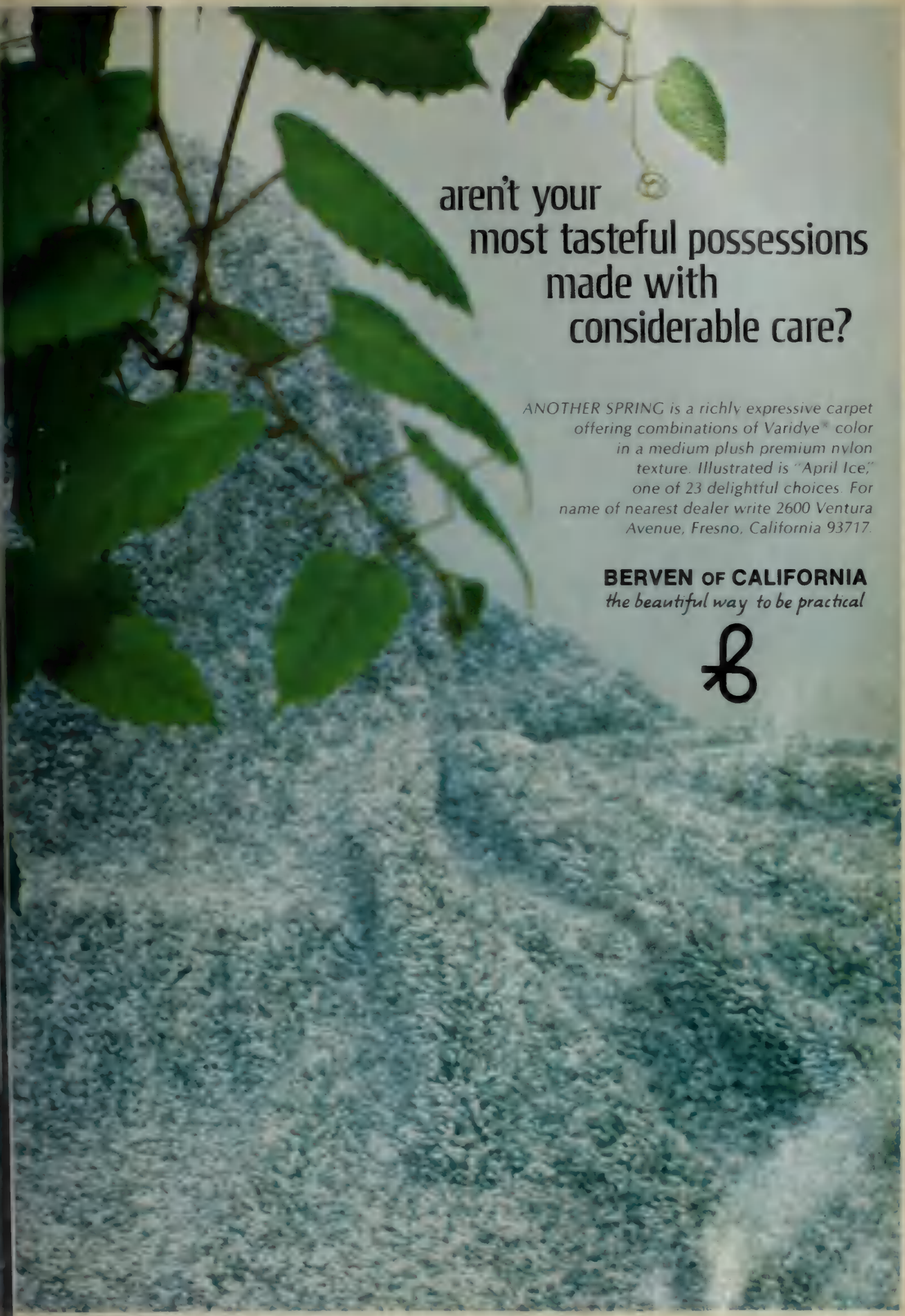
Climbing towers . . . built with poles

Climbing towers built from smooth peeled poles have proved popular with children playing in *Kung-trad-garden*, the big downtown park in Stockholm.

The towers are 6 to 8 feet high, with 12 to 14 rows of poles on each side. A doorway in one side opens to a barred interior room children like to occupy.

The two pictured have one long slender pole on the outside of each corner (above) or the inside (right). Others have no corner bracing, and just use lapped poles spiked together at each joint. Similar towers could be built with 4 by 4's or 2 by 3 inch lumber ripsawed by the lumber yard from 4 by 4's; using rough redwood 4 by 4's, the cost without corner poles would be $35 or more. But poles offer attractive, easily grasped surfaces. □

Small girls *at top are almost 8 feet in the air*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A way up into the attic

When storage space in the house is lim ited, try looking overhead. For an o casional climb into the attic, all yo need is a ladder, preferably always the ready for use. In this article we sho four types.

The type of ladder shown below is so in large department stores, builder's su ply centers, and well stocked hardwa stores. It will slip into a ceiling openi

GERALD R. FREDRICK

Attic door *in middle of family room ceiling is held shut by springs. Adults can pull down with cord. Commercial ladder folds out in three sections*

"You can't tackle damaged hair with something made for tangles."

Julius Caruso

"There are lots of creme rinses and uickie conditioners that are just fine for aking out tangles. But don't confuse hem with condition*. condition* does bigger job. It helps estore damaged air.

Take a good look t your hair. Does it reak a lot when you omb it? Are the nds split? Is it dull, ry, or limp? If it is, ake the time to use ondition*. condition* is an ntense 30-minute eatment. The varmth of your scalp nd the time you eave it on help ondition* penetrate our hair. It seeks ut and helps restore damaged areas.

ion gives you ore body n balsams.

condition* is specifically formulated for damaged hair. Quickie conditioners and balsam-type rinses are not. They're fine for after-shampoo snarls in normal hair. But damaged hair needs condition*. It contains more protein than other leading conditioners.

condition* gives hair more body and aves it more manageable an balsams or creme rinses. And condition* doesn't leave your hair oily and limp like those quickie rinse-out conditioners can. After the condition* Beauty Pack Treatment, your hair looks healthy. Has a lovely sheen and is far easier to style.

Don't throw your quickie conditioners and creme rinses away.

They are fine for after-shampoo snarls. But don't expect a thin rinse to do what creamy rich condition* does.

I use condition* in my salon whenever I see unhealthy-looking hair. But so many women should use it regularly at home. No matter how well-styled, hair just doesn't look right if it doesn't look healthy.

It takes a long time to grow a head of hair, so take care of it with condition*. It goes beyond the tangles."

condition*

The professional treatment for mistreated hair.

Available in cream pack.
Or instant lotion for touch-ups.

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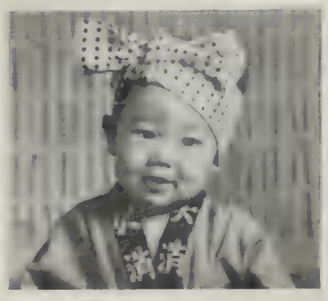
4 First Class Orient Holidays from the airline that was born in the Orient.



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GERALD R. FREDRICK

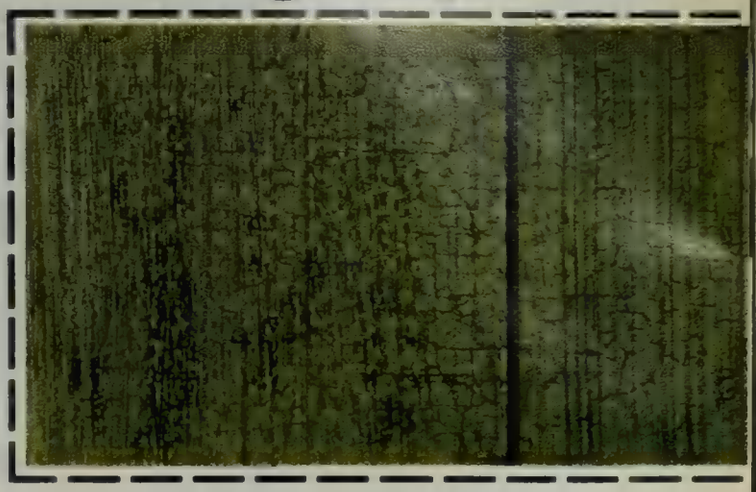
Hook pole *unlatches door, guides down three-section hinged ladder from low-clearance attic. Designed and built by Norm Loeber, ladder fits into the original, small 20 by 24-inch attic opening*

as small as 2 by 4 feet and can fit into attic space with as little overhead clearance as 15 inches. The longest one commonly sold reaches to the floor from 10-foot ceiling. Retractable ladders cost about $30 to $90, and our sampling of stores that sell them indicates that about two-thirds of the buyers install these ladders themselves.

The other three attic ladders were home owner designed. Two are adaptations of commercially available models, designed to fit tight spaces; the last uses the bedroom door for the attic ascent.

When left fully extended, the ladders are in the way in most houses. So it's best to use them to reach items needed only seldom or seasonally, such as Christmas ornaments, swimming pool accessories

"If pictures of fancy rooms never seem to help you choose a panel, have a talk with the Paneling People."



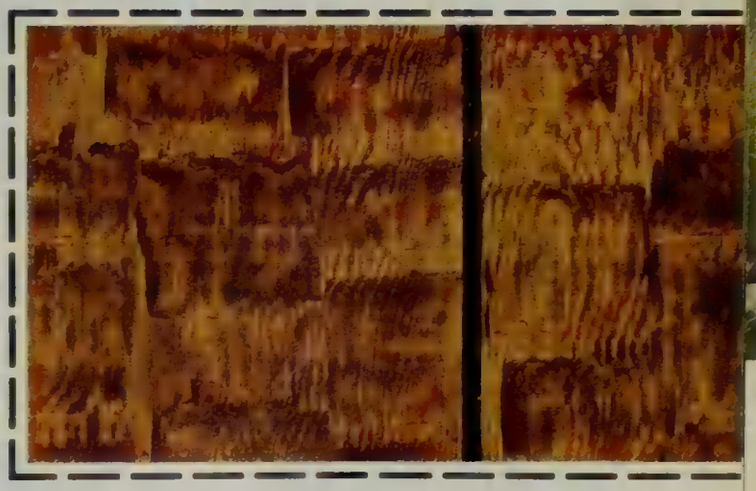
Wally Bruner, host of the do-it-yourself TV show "Wally's Workshop", passes along a few tips on how to choose a panel.

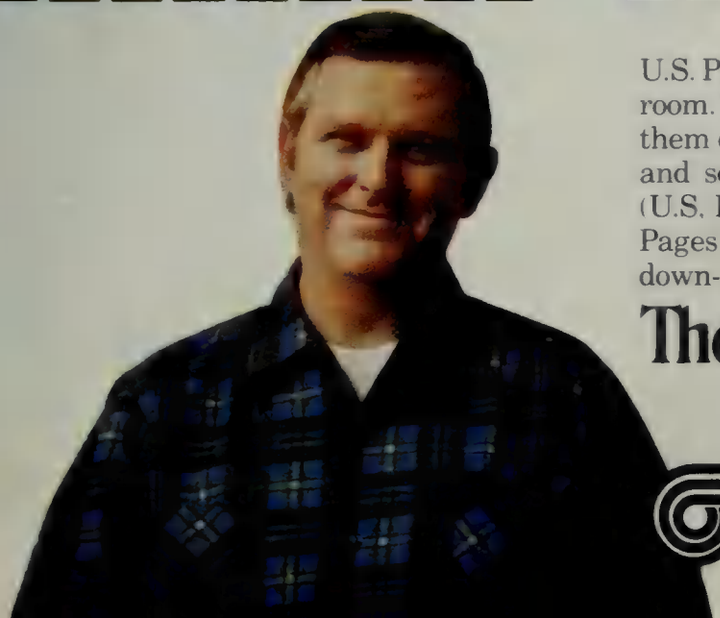
Tone. "In general, lighter panels are contemporary, while darker ones are more traditional. So, if you like Spanish, or Early American, shop the dark or medium-toned panels, like Early Spring™ Bruin, above.

"If you like contemporary or provincial, browse through the light panels, like Woodglen® Natural Birch, below."

Color. "Pick a color you know you can live with, and you'll be surprised at its versatility. Gaslight™ Moss, for instance, above, would look well with delicate shades of blue/gold, bittersweet/green/ivory or navy/white combinations."

Texture. "U.S. Plywood makes some textured panels that are beauties, like Shenandoah™, below. Texture holds special appeal if you're fond of drama, or want to make one room particularly bold. This is Buckskin Brown, just one of our eight outstanding Shenandoah colors."





Finally, from the more than 130 panels that U.S. Plywood makes, choose one you can 'see' in your room. Try cutting these swatches out and comparing them on your walls. Then visit the Paneling People and see the actual colors and complete selection. (U.S. Plywood/Weldwood dealers are in the Yellow Pages under Plywood.) And remember, you'll get down-to-earth help from

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GERALD R. FREDRICK

Ladder *slides between inch-thick runners mounted on plywood sides. When slid back up, it holds door closed. Designer-builder: Dale Dolby*

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Door-mounted *ladder doubles as towel rack. Translucent panel lifts off for access to attic. Designed by architect Richard Ehrenberger*

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Lath trellis *covers stucco wall; note how vertical laths line up with window mullions*

A trellis covers the whole wall

An inexpensive way to improve the lo of an outside wall is add a lath tre Whether or not the trellis ever supp plants, the lath grids and their shad add a strong decorative pattern to w may otherwise be a drab surface.

Redwood lath measures approxima 3/8 inch thick by 1½ inches wide comes in 4, 6, and 8-foot lengths, se for about 8, 13, and 19 cents res tively. (You can also use other kind wood.) Lath is easy to cut and na staple; you can let it weather natu if you don't want to stain or pain Trellis sections should be removabl that you can stain or paint the wall hind them.

The trellis on this Los Angeles h was designed by landscape archi Armstrong & Sharfman.

Wood blocks *support trellis, hold it away from wall. Screws are remo*

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NORMAN A. PLATE

Stepped benches *made of redwood hold a wide variety of indoor plants behind shower. Two plants sit on tile next to shower basin*

GERALD R. FREDRICK

Extra *shower curtain opens to let light in from outside, closes for privacy. Plectranthus cascades from pot, upper left*

Plants grow *in soil next to shower. Luffa sponges hang from hooks on chain. Staghorn fern on bark hangs in corner*

Gardening in the bathroom. What you need is light

n there's light in the bathroom, it mes a good place to grow certain s. They can take advantage of the dity and heat given off during bath- and add some attractive greenery e room.

'n here and on page 170 are various to get light into the shower-tub some plants that will do well there. several ways to display them. Most e people we talked with agreed that thick-leafed, rugged-looking plants did best; lacy, graceful ones had trouble because the sunlight was insufficient.

Mr. and Mrs. Ray Kinner of Pacific Palisades, California, had St. Marie's Garden design an area for plants in their bathroom. A stepped bench arrangement (above) provides maximum space by conforming to the sloped hillside abutting the house exterior.

A horizontal glass window lets in indirect sunlight and a plant light is placed behind a ceiling beam away from contact with water. (Electrical fixtures need to be weatherproof to be installed near the showering area.) The Kinners found that the plant light was necessary for ferns, which thrive on the humidity but also need ample sunlight.

The bathroom pictured at upper right is in the Mill Valley, California, home of architect Ray Zambrano. Its wide windows open to the outdoors to let in fresh air in good weather and to fill the room with light. Taking advantage of this environment is a potted plant that hangs from a strong wall bracket.

In the shower directly above, designed

Macramé slings hang from ceiling with overlight. They hold wandering Jew, cenier, and philodendrons. Ivy grows in brass container on window sill

DARROW M. WATT

NORMAN A

Syngonium, *left corner, and Chamaedorea elegans, right corner, thrive around and over tub, under skylight*

by architect Dick Caviness for Mr. and Mrs. George Dee of Phoenix, no curtain is necessary since the water is supposed to bounce onto nearby plants. A plank is embedded in soil amid ferns and palms as a step from carpeted area to tiled shower. An overhead skylight provides the necessary light.

A translucent skylight is recessed in the roof over the bath area (above, right). A ledge surrounds the standard-sized tub to hold plants. Others hang from the ceiling and rest on the counter beside the wash bowl.

The plants are watered by hand and the tub isn't used for showering so the plants are protected from water pressure and dirt isn't washed out of the pots. The framed picture is sealed against moisture with rubber binding tape.

Architect Wilbur Y. Wallace pla dome (above, left) over the show Mrs. Verne-Marie Freeman's hou Mill Valley. The dome allows a vi the surrounding trees while adm light to the hanging plants. Water the shower head is not directed plants. The macramé slings shou soaked in a water sealer to help rot and mildew.

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- ☐ Patio Furniture
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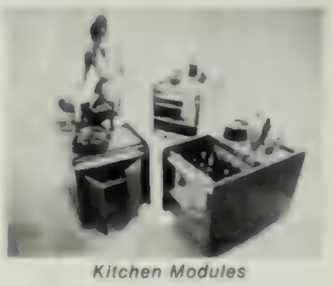
- ☐ Wardrobe Storage Chest
- ☐ Room Divider/Storage
- ☐ Built-In Bar
- ☐ Corner Study Area
- ☐ Planter Table
- ☐ Foldaway Table
- ☐ American Beauty Bar



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NORMAN A. PLATE

n pleasant days, *wood-frame glass doors fold away to open the ing room to the patio*

Their glass wall just folds away

take advantage of good weather in ckenberg, Arizona, this folding glass ll opens the living room to an adjacent vered patio. The arrangement allows expansion of the living room and in- mal living and entertaining.

ing room and patio seem like one om with the doors open. A single floor terial of red brick was used and both as are the same height.

e patio's floor has a gentle slope away m the house, so rainwater won't wash o the living room during winter. The io's roof also provides rain protec- n, and shade in the summer.

e red brick floor rests on a layer of d. A slush coat of concrete was ired over the earth first to keep the d from mixing with the soil. Without slush coat, the floor would eventually ome uneven.

ndard size glass doors hinge together two "N" patterns and hang from er-casters that slide in a concealed rhead track. Strip insulation of foam s the length of the door on the hinge to prevent drafts.

h door has a flush bolt at top and tom. These hold the closed doors in e by fastening to the threshold and rhead trim. All doors latch separately he number of open doors can vary.

permit this large span, a steel beam is hidden behind the slumpstone brick. It's wise to seek help from an architect or engineer when selecting this structural member. The one used here is large enough so it doesn't sag, allowing the door to operate smoothly over the entire 16-foot-long track.

This fold-away wall in Mrs. Francis L. Hayman's residence was designed by architect George Christensen. □

Each door *hangs from a roller-caster. Sturdy, commercial-grade hardware permits easy sliding*

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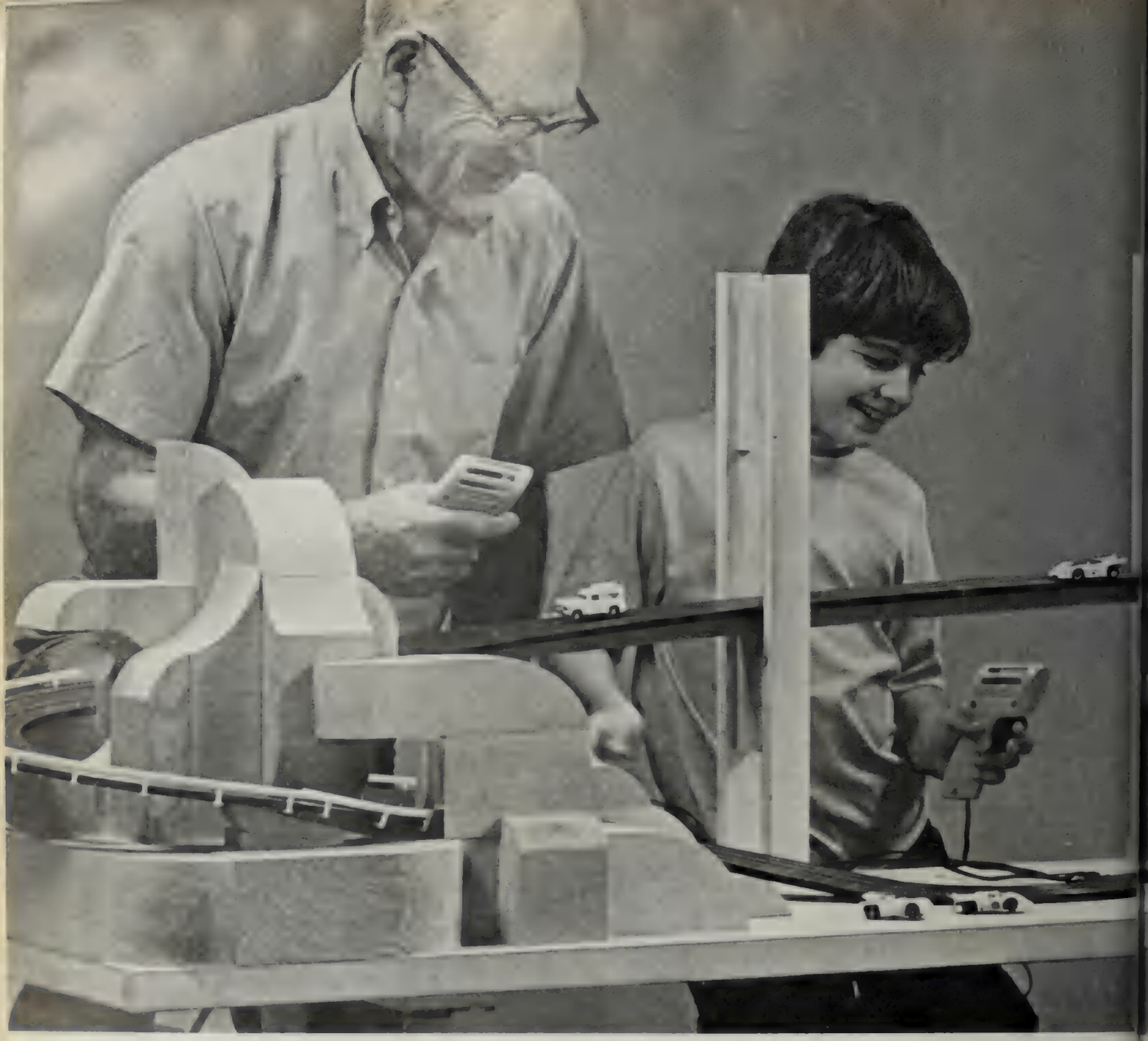


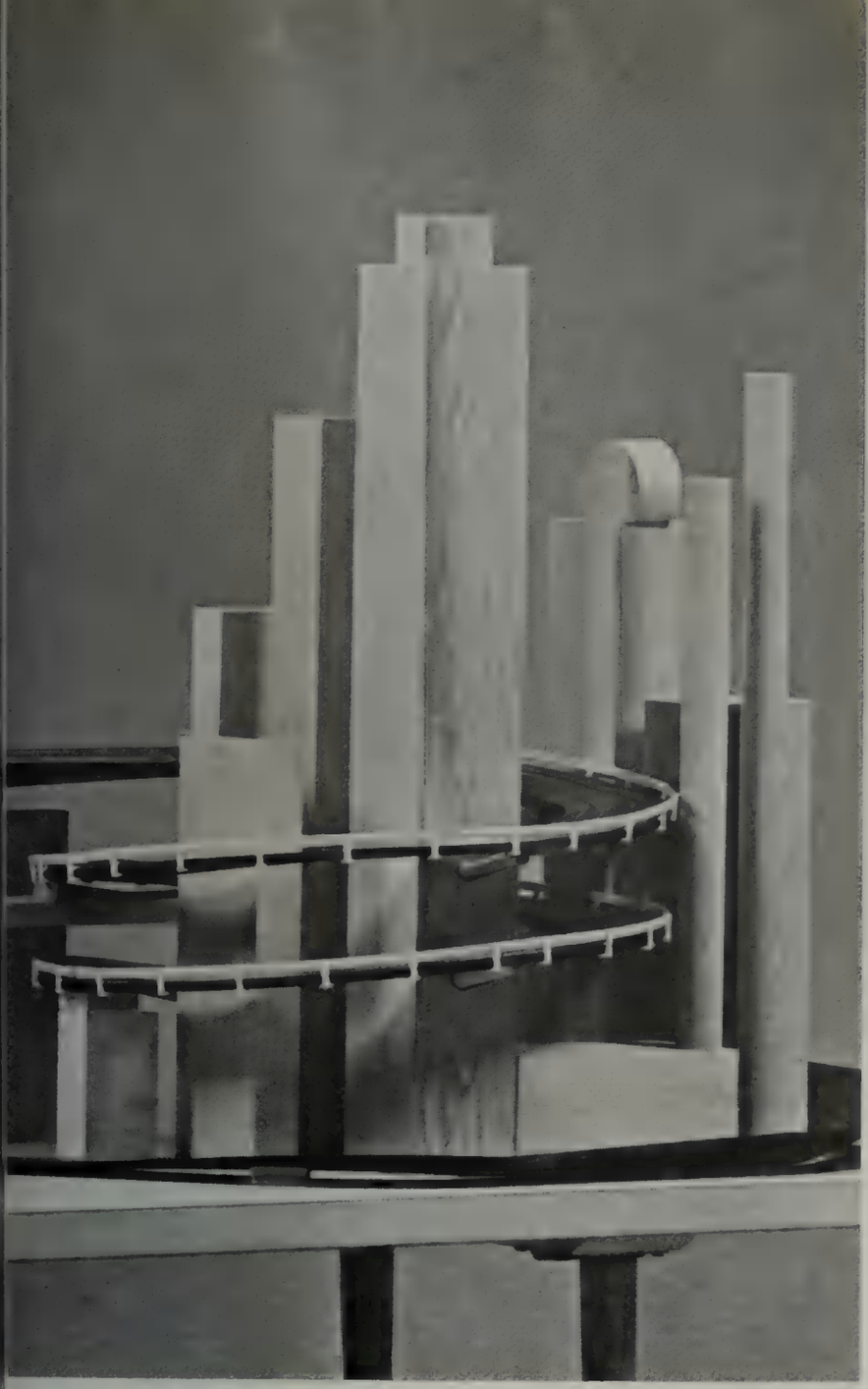
Slot cars make a comeback with HO-scale minicars and your own city-country multilevel race layout

When his son got one of the latest HO gauge slot car sets, one father decided he had to be his own track designer. Since the set was too spread out for long-term use in the family room, he stacked the straightaways and curves into a narrower traffic pattern—and then built a wooden city and country scene around them.

The result is a layout that takes little space, operates from either side, and backs neatly against a wall.

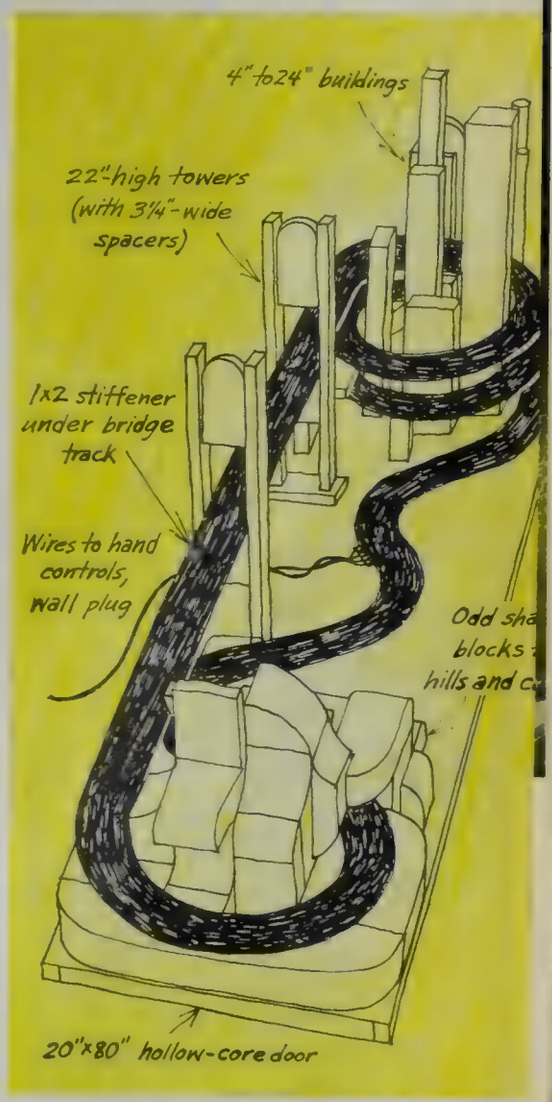
It's not as complicated as it looks. The track pieces snap together into position. To make their surroundings, just cut odd pieces of wood to lengths and shapes that look right, and glue them in place.

If you were born before 1950, slot cars may be new to you. They were a rage in the middle 60's (large cars, large layouts), waned in the late 60's, have come on strong again now that most sets are scaled to the popular HO gauge of model railroading—which means more action



DARROW M. WATT

Young Jim's racer *is closing fast on grandfather's ice cream wagon as they zip from the towers of San Francisco across the Golden Gate Bridge to the Marin hills. Track pieces, including the steeply banked curve at far right, are from a standard slot car set*



City, *bridge, and hills perch atop a hollow-core door. Prop the track in approximate position, then glue blocks below, beside, and above it. Leave tunnel blocks unglued until track is in final position and running well*

fit into less space. Most sets cost o $40 and include two cars, 18 to et of two-lane snap-together track, nsformer to drop 115-volt house nt to a safe 12 to 22 volts, and two tat controls. Additional cars, track ns, and accessories are sold at toy s and hobby shops.

stic pin under each car's front axle to a slot in the roadway, keeping it urse. The car picks up current from netal strips in its lane; you control eed by squeezing the hand-held ol.

able pictured here is a hollow-core (about $9) with screw-on wooden $4 a set) attached to glued-on 1 by sspieces. You'll also need odds and of scrap lumber, probably addi- lengths of clear 1 by 2, 2 by 4, and 4, a radial arm or table saw, and, if lan to cut many curves, a band saw saw.

egin, make a trial layout of the track, looping spiral over spiral, roadway over roadway. Buy extra track pieces as needed. Don't be afraid of hills; the little cars can climb quite steep ones.

For the city, glue a mixture of blocks and dowels to the tabletop. Tack the lowest level of track directly to the table or to angled blocks; rest upper spirals on dowels extending from the buildings. Keep track ¼ inch from building corners. Bank all curves slightly (the track is flexible) or use prebanked track.

Assemble the hills from odds and ends of blocks, some precut in chance shapes, some cut to fit those already in place. If you prefer, use square or angled blocks instead of rounded ones.

One caution: don't expect good trial runs in your workshop. Fine wood dust makes the track slippery and clogs the cars' small motors.

Leave everything unpainted, finish with clear acrylic, or paint city, bridge, and hills in quiet colors. □

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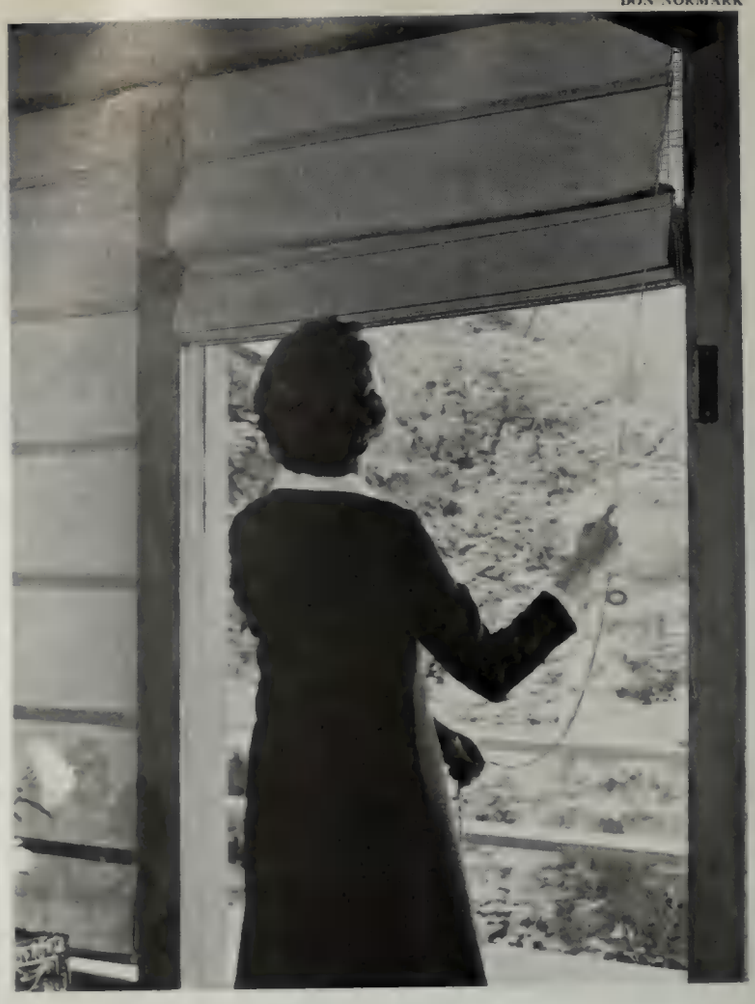

When you pull *the cord, the Roman bl rises neatly up the window. The nylon cord is threaded through small plast rings sewn to the cloth at each slat fo*

Her neat-folding Roman blinds

Using wood slats and upholstery fabric, a *Sunset* reader made Roman blinds that attractively cover large windows—and fold evenly and neatly when pulled up.

Gail Crawford of Woodinville, Washington, cut long pieces of sturdy upholstery fabric and hemmed each side to fit the width of her windows. She made folds every 12 inches and sewed a heavy seam across to make slots for ⅛ by 1-inch slats. The fold for each slat took up 2¾ inches of fabric (twice the width and thickness of the slat, plus ½ inch to allow for easy insertion), leaving horizontal panels between slat folds about 9 inches wide.

At the top, Mrs. Crawford turned the fabric over a ½ by 1-inch wood strip and fastened this to the recessed face of the window frame with three screws.

To rig each blind for raising and lowering, Mrs. Crawford sewed plastic rings (available at most fabric and variety stores) to the fabric behind the slat ends. Then she spaced four eye screws at equal intervals along the lower edge of the top wood strip. She attached a nylon pull cord to the ring at the left bottom of the blind, threaded it up through the rings above and across through the f eye screws, and let it hang down right side. A similar cord threaded the right side and through the top ri screw eye hangs down beside it. B cords were cut off even, leaving eno for pulling.

Midway up the pull cord side of e window, Mrs. Crawford secured a sı cleat from a boating supply store. L plastic rings attached to the pull cc hook over the cleat, so blinds can left partially or fully drawn.

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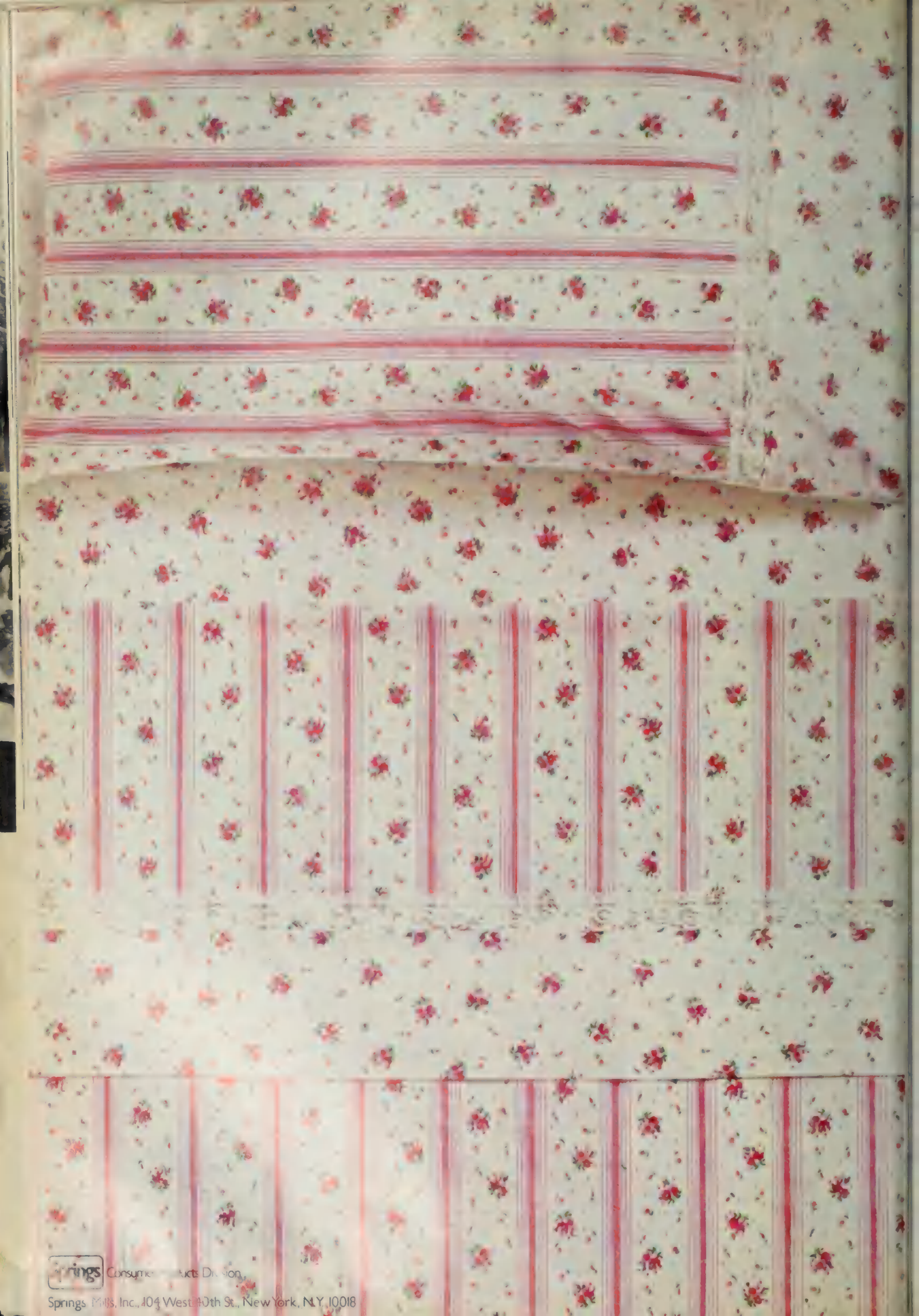

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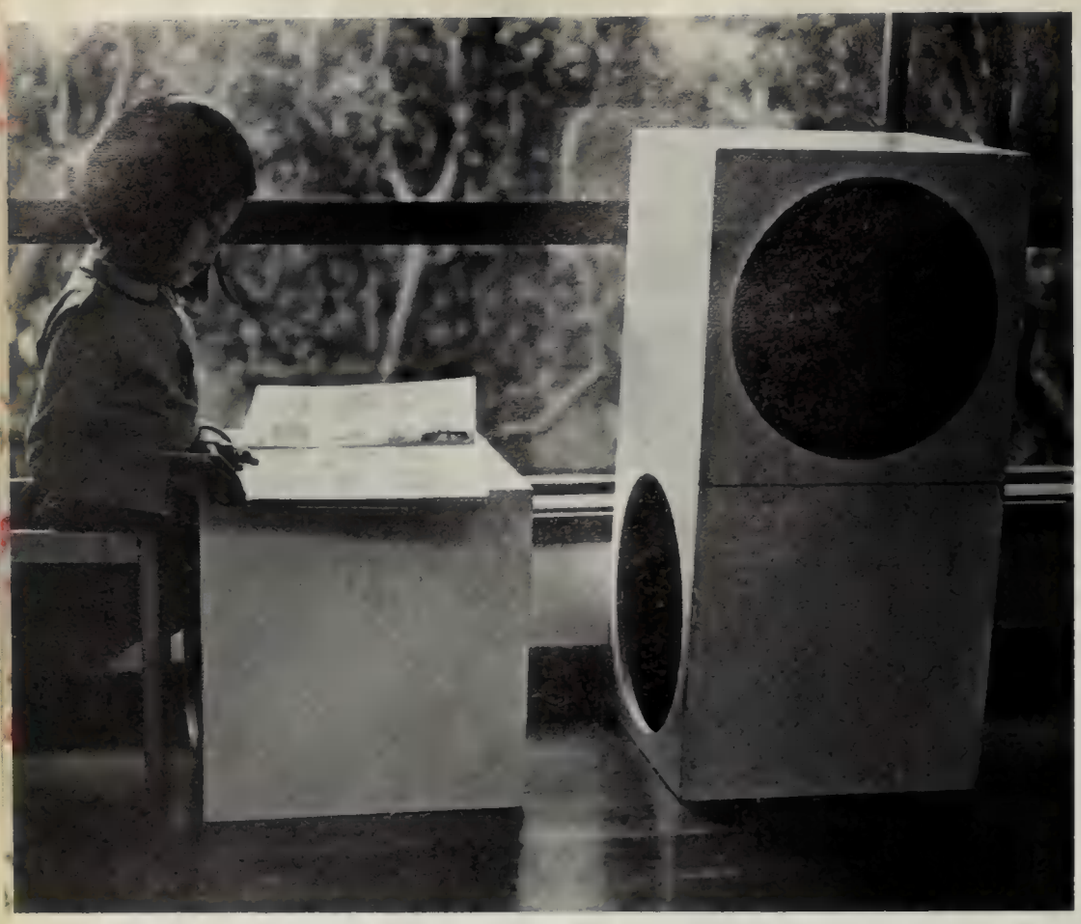
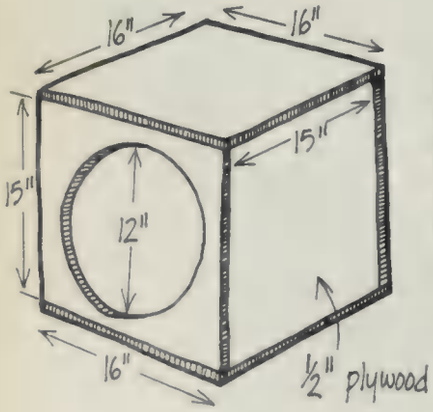
DARROW M.



She can use *one cube as a sturdy desk, with a hole for feet. In a moment all three can become a submarine or a hiding place*



Plywood sides with glued and nailed butt joints are easy to assemble

Big cubes to work with, sometimes to sit on, sometimes to get inside of

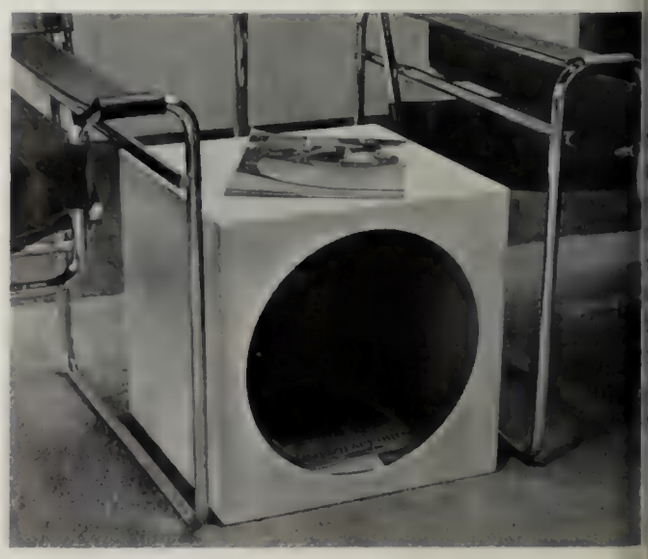
These cubes stack, store, and have all sorts of practical uses. They also make great oversized blocks to create imaginary mountains, rooms, or holes to climb in and out of.

You can make three from one 4 by 8 sheet of ½-inch plywood. Each side of the cube measures 16 inches. To achieve this, cut top and bottom pieces 16 inches square, cut two sides 15 by 16 inches, the other two 15 by 15 inches.

After assembling as shown in the drawing (use glue and 1-penny finishing nails to hold the simple butt joints), cut a 12-inch hole in one side of each cube with a saber saw or keyhole saw. (For added play possibilities, you might cut two holes in one of the cubes.)

Puttying and sanding all corners, edges, and joints will improve the appearance as well as reduce splintering.

The cubes pictured here were painted white on the outside, bright colors inside. They were designed and built by architects Harry and Helen Som of Mill Valley, California. □



Clean-lined cube *makes a contemporary table with room for magazine storage*

ars Lady Kenmore Compactor turns this much nasty garbage

into this neat little package.

en bags full. As much—or e than the weekly garbage ction of an average family of . The Sears Lady Kenmore Com- or compacts it all into one little package. Not only does this heavy compactor crush bottles, cans and cartons, it gob- up all that wet, messy, smelly stuff—deodorizes and pacts *all* of it into *one* neat, leak-resistant package! t's more, the Lady Kenmore won't work until the hidden key-lock is turned on. And no special wiring is required. Any adequate 115-volt outlet will do. With the Lady Kenmore, you really don't need a garbage disposer, and you can throw the garbage cans out with the garbage! It means *one* bag *once* a week, instead of fifteen. Isn't that worth the money? Enough people think so, because the Sears Compactor is the Number One Clean-Up Machine.

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REZ Latex Stains make the wooden walls in this home come alive. Back wall is stained with **Dark Oak**, trim is **Java Brown**. Panels are brightly accented with **Dark Redwood**, **Golden Yellow** and **Cedar Tan**.

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. . . for a newly paneled room, doors, cabinets or ceiling beams, then think about the REZ Color Collection—it's a new and exciting array of **quality** colors inspired by the latest in fashion for interior home decor.

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REZ Latex Stains go on smoothly and quickly and dry in a fast 30 minutes. Put on a second coat or clear finish coat less than 4 hours later. Cleanup is quicker, too: just use soap and water. There's no paint smell and no lead pigment to worry about.

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between posts supporting a cov
entry walk.

Architect-owner Robert W. Cham
of Everett, Washington, used ⅝-
laid nylon line, bronze eye screws,
bronze swivel snaps. The line costs a
35¢ a foot, bronze eye screws a
$2.50 each, and swivel snaps from $
to $2.30. (Aluminum or brass hard
can be used, but is not as endurin
that much cheaper.)

Loop line *through top eye sc*
splice, lace through other e
Then tighten, loop around swivel s
splice, and snap onto botton

s are based on a me, not padded shape like some other people's.

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†An infrequent buffing will shine up those areas that get the heaviest usage.

Dining room windows *near lot line are high, give privacy, let in winter sunlight. Industrial skylight (about $200 for 4 by 8-foot size) is directly above table. Glass walls on two sides look onto patio and deck*

FRED DALY

JACK SELMAN

ore. *Living room ed alongside fireplace. rk is under way pen gallery*

After. *New gallery connects kitchen-dining area and living room (with fireplace). After old mantel was removed, fireplace surround and walls were covered with resawn cedar*

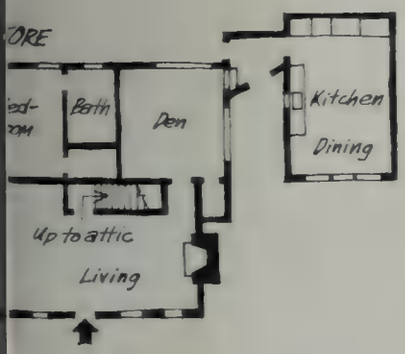
How one small house lost its feeling of smallness

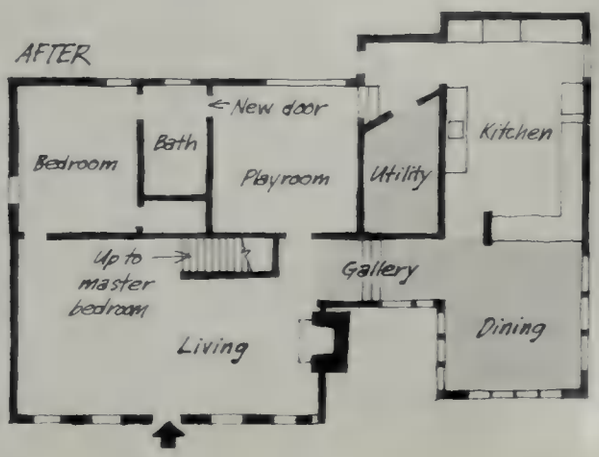
One way to avoid a commute to work is to find a place to live in the older residential area that often surrounds a business district. For architect Jack Selman, whose office is on the old plaza in Orange, California, this meant locating and remodeling a small turn-of-the-century house set among tall trees less than a mile from work.

His major change was to add a dining room and gallery, but every room benefited from the remodel. Before the house had felt small and enclosed; now the gallery opened its entire length to view—with the dining room at one end wrapped in glass topped by a skylight.

The back of one gallery wall became the fourth wall of a new utility room, and a translucent plastic ceiling made it a well lighted place to work, near the children's playroom and the kitchen.

The gallery also relieved traffic through the den, now a playroom for the young daughters who share sleeping space in the downstairs bedroom. With a second door, guests must no longer walk through the bedroom to reach the bathroom. Upstairs Selman created a master bedroom and bath in the sloping attic space. □





Compare *old and new floor plans: Before, the kitchen was isolated; only way to rest of house was through the den. There was no separate dining space. Additions are gallery, dining room, roofed utility*

Sunset's Kitchen Cabinet

Many Western families will be planning an outing or two this month. For an early spring picnic, you might carry along sliced cooked beef in a spicy barbecue sauce for hearty hot sandwiches, or a large vacuum jug of soup brimming with cubes of lan and leafy escarole.

For Easter entertaining you'll fi here a make-ahead green bean dish accompany leg of lamb or baked ha a wholesome bread to serve warm

Hot and hearty picnic sandwiches of thinly sliced beef, spicy sauce, buns

Spicy Beef in Rolls

Wrap the Dutch oven well to keep the beef and sauce hot on the way to the picnic, or else quickly reheat it over a campfire.

- 3 pound boneless beef rump roast
- 1 can (14 oz.) regular-strength beef broth
- 1 tablespoon butter or margarine
- 1 medium-sized onion, chopped
- 1 bottle (14 oz.) catsup
- 2 tablespoons brown sugar
- 1 tablespoon cider vinegar
- 2 teaspoons prepared mustard
- 2 tablespoons mixed pickling spice
- 12 small rolls or hamburger buns

Put roast, fat-side-down, in a 5-quart kettle over medium heat; brown well on all sides. Pour in broth, cover, and simmer until meat is tender, about hours. Cool meat in broth. Trim ar discard fat from meat and cut me into thin slices. Set broth aside.

Melt butter in a Dutch oven; ac onion and sauté until limp. Stir in tl catsup, sugar, vinegar, and mustar Tie the pickling spice in a small pie of cheesecloth; add to catsup mixtur Add ⅓ cup of the broth and simme uncovered, for 10 minutes. Remo pickling spice, add meat slices, ar heat through. Heat buns, if you wis Spoon the hot beef and sauce in buns. Makes 12 sandwiches.—*R. S Tacoma.*

Toasted pine nuts and grated Parmesan cheese accent this green bean dish

Herbed Green Beans

You can serve this dish as a hot vegetable, or at room temperature for the salad course.

- 1 pound green beans
- Boiling, salted water
- ⅓ cup pine nuts
- ¼ cup *each* olive oil and white wine vinegar
- 1 teaspoon oregano leaves
- ½ teaspoon *each* basil leaves and garlic salt
- Salt and pepper
- ¼ cup grated Parmesan cheese

Snip ends from beans; rinse well. Cook whole beans, uncovered, in a large amount of boiling water until just tender when pierced, 5 to 8 minutes. Drain, plunge in cold water, and drain again. Cover and chill if cook ahead. Spread pine nuts in a shallo baking pan; place in a 350° oven u til lightly browned, about 15 minute

In a large frying pan combine the o vinegar, oregano, basil, garlic sa and toasted pine nuts. Add beans ar place over medium low heat just un beans are heated through, turni gently several times to be sure all the beans are well coated with dres ing. Season to taste with salt and pe per. Transfer beans to a serving di and sprinkle evenly with chees Serve hot or cooled. Makes 4 ser ings.—*D. J., Yucaipa, Calif.*

Start soup by slowly simmering lamb stew meat; then add potato, escarole

Escarole and Lamb Soup

Delicate, leafy escarole gives bright color and freshness to a hearty soup.

- 1 tablespoon salad oil
- [illegible] pounds boneless lamb stew meat, in 1-inch cubes
- 1 medium-sized onion, chopped
- 1 clove garlic, minced or mashed
- 1 can (1 lb. 12 oz.) Italian-style pear-shaped tomatoes
- [illegible] cans (14 oz. *each*) regular-strength beef broth
- [illegible] whole bay leaf
- [illegible] medium-sized new potatoes, peeled and diced
- 1 medium-sized head escarole
- Salt and pepper

Heat oil in a 5-quart kettle over medium high heat. Add lamb and brown well on all sides; push to one side. T the pan add onion and garlic ar cook until limp. Stir in tomatoes ar their liquid (break up tomatoes wi a spoon), broth, and bay leaf. Cov and simmer 1½ hours or until me is tender when pierced.

Skim fat from pan juices; add pot toes and cook, covered, until potato are tender when pierced (10 to minutes). Meanwhile, wash escaro and cut into thin strips. Add to sou cover, and simmer just until escaro is tender (3 to 5 minutes). Season taste with salt and pepper. Mak about 6 servings.—*E. C., Tucson.*

sted for a brunch, and a delicate sh orange pie.

enjoy hearing about your own ipe creations. Mail them to *Sunset gazine*, Menlo Park, Calif. 94025. pay $10 for each recipe published.

Spicy beef for a picnic, lamb soup for dinner at home

rried Egg and Rice Salad

s salad is a good choice to serve 1 cold, cooked ham or smoked gue for lunch or supper.

- Curry dressing (recipe follows)
- 6 hard-cooked eggs
- 2 tablespoons finely chopped Major Grey's chutney
- Salt and pepper
- 4 teaspoons milk or light cream
- About 3 cups torn crisp greens
- 3 cups cold cooked rice
- 2 tablespoons *each* olive oil and lemon juice
- 3 tablespoons *each* raisins and toasted slivered almonds
- 2 tablespoons chopped fresh mint

pare curry dressing; cover and l. Cut eggs in half lengthwise; scoop out yolks, mash well, and season with chutney, salt and pepper to taste, and milk. Pile mixture into egg whites; set aside.

Arrange greens in a shallow salad bowl. Combine rice, oil, lemon juice, raisins, and almonds. Spoon over the greens; arrange egg halves on rice. Sprinkle with mint. Pass dressing. Serves 6.—*H. N., San Francisco.*

Curry Dressing. Mix 1 cup unflavored yogurt, ¼ cup sour cream, 3 tablespoons minced green onion, 1 small clove garlic (minced), 2 teaspoons curry powder, and ½ teaspoon *each* ground ginger and dry mustard.

Stuffed eggs perch on raisin-almond rice; curry spices the yogurt dressing

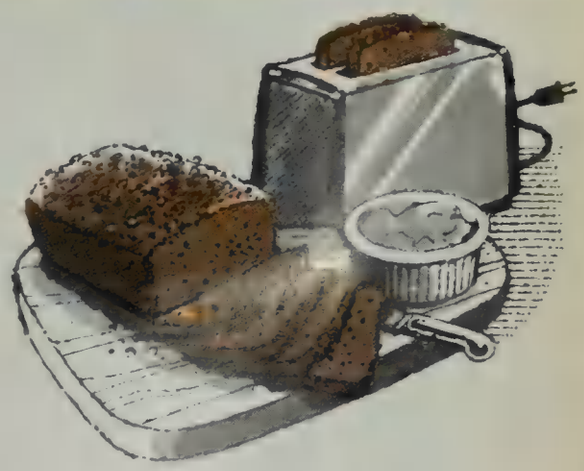
icot Nut Bread

Easter breakfast or brunch, you ht bake this wholesome loaf in a y mold.

- ½ cups regular all-purpose flour (unsifted)
- 3 teaspoons baking powder
- 1 teaspoon salt
- ¼ teaspoon soda
- ½ cups whole wheat flour
- ¼ cup butter or margarine
- 1 cup milk
- ½ cup *each* honey and sugar
- ½ cup chopped walnuts
- ½ cup chopped dried apricots

large bowl stir together the all-pose flour, baking powder, salt, , and whole wheat flour. Melt the er in a small saucepan; remove from heat and add the milk, honey, and sugar. Stir milk mixture into the dry ingredients until blended. Set aside 2 tablespoons of the nuts; stir the remaining nuts and apricots into the batter.

Spoon batter into a well greased and flour-dusted 5 by 9-inch loaf pan or a 2-quart mold. Sprinkle the 2 tablespoons of nuts over the top. Bake in a 350° oven for about 1 hour, or until a wooden pick inserted in the center comes out clean. Let cool 10 minutes; turn out onto a wire rack to cool thoroughly. Makes 1 loaf.—*L. F., Portland.*



Toast slices of this fruit-nut bread for wholesome, quick family breakfast

nge Chiffon Pie

umb crust gives pleasing contrast is light chiffon pie filling.

- Crumb crust (recipe follows)
- 1 envelope unflavored gelatin
- ½ cup orange juice
- 2 eggs, separated
- ½ cup sugar
- ¼ cup milk, scalded
- 1 teaspoon grated orange peel
- 1 cup heavy cream, whipped
- 1 or 2 oranges, peeled and sectioned

are crumb crust; cool. Combine in and orange juice; set aside. egg yolks with sugar until blend- slowly add milk, stirring con- ly. Cook over low heat until slightly thick. Remove from heat, stir in peel and gelatin, until gelatin is dissolved. Chill until it begins to set.

Beat egg whites until soft distinct peaks form. Fold egg whites and whipped cream into orange mixture. Turn into baked crust and chill until set. Garnish top with orange sections. Serves 6.—*D. S., Sacramento.*

Crumb Crust. Combine 1 cup graham cracker crumbs, 3 tablespoons sugar, ¼ cup melted butter or margarine, and ½ cup finely chopped walnuts. Press into bottom and sides of a 9-inch pie pan. Bake in a 325° oven for 10 minutes. □

Just before serving, arrange fresh, juicy orange sections on top of pie

DARROW M. W

Each [illegible] *-sandwich board serves one, has a di[illegible]ent miniature loaf of* [illegible] *left: ham loaf with cornbread, baked chic*[illegible] *bread, grilled steak with French loaf,* [illegible] *with dark rye, cheeses and fruit with brown bread*

Peasant lunch

You just put sandwich makings on a board

all the makings of a great sandwich a small cutting board, serve it with a p knife and a fork, and call it a sant lunch.

idea works even better if you bake r own bread. Then you can shape dough of a favorite recipe into 5 or 6 vidual loaves—each measuring only ut 4 inches—like the ones shown. To ress your guests more, time the bak- so the loaves arrive warm and fra- nt from the oven.

u can also substitute big French rolls, on buns, or other little breads from market or bakery and assemble the dwich boards quickly.

serving lunch on boards when you t to entertain a few friends informal- perhaps on a weekend or holiday n there's time to combine a leisurely h or supper with good conversation.

'll need a little board for each guest. ones shown at left are pieces of 1 by ch pine or clear fir cut to 1-foot ths. The corners were rounded ntly and the boards sanded before g finished with mineral oil. Materials uld cost from 45 cents to 65 cents for u. Small boards like the paddle- ped ones, below right, are available tores carrying housewares and im- shops for 75 cents to $1.50.

e are five sandwich board lunches to you started, or you can create other binations of your own.

u Loaf on Cornbread

e twin loaves of the ham and bread miniature loaf pans (about 2 by 4 es). Use favorite ham loaf recipe based on 1½ lbs. ham makes 6 little es); bake at 375° about 30 minutes.

e the cornbread from packaged or 16 oz.) cornbread or corn muffin as directed, but divide it evenly ng 6 little pans and bake about 15 utes in a 400° oven. Or use your own pe for cornbread, or rye or corn-rye t breads.

e with horseradish butter: mix about aspoons prepared horseradish with pound butter. Relishes are canned le spiced pears and preserved kumquats, romaine spears, green pepper rings, thinly sliced cucumbers, and canned pickled beet slices.

Chicken on Herb Bread

Each large chicken breast, split and boned, makes 2 servings. Sprinkle with salt, pepper, and paprika and turn in melted butter (to coat). Bake in a 400° oven about 25 minutes, until meat is no longer pink near bone; chill.

For the bread, use a package (about 14 oz.) hot roll mix, adding ¼ teaspoon *each* celery seed and thyme, 1 tablespoon parsley flakes, and ¼ cup instant minced onion to flour mixture. Shape into 6 little loaves to fit 2 by 4-inch pans and bake in a 375° oven about 25 minutes. Or bake yeast loaves (white or whole wheat) or buy large onion rolls.

Put chicken on bed of alfalfa sprouts or lettuce and serve with lightly cooked asparagus and carrots (both seasoned with French dressing), marinated artichoke hearts, and ripe olives. Also make this tangy spread: Blend 6 ounces cream cheese with ¼ cup sour cream, 2 teaspoons *each* Dijon mustard and lemon juice, 2 tablespoons minced onion, and salt and pepper to taste (enough for 6).

Steak on French Bread

Season large beef flank steak with salt and pepper and broil about 3 inches from heat for 2 to 3 minutes on each side for rare. Cut in half lengthwise, then cut crosswise into 4 servings; cut thin slanting slices. Serve hot. Or substitute other boneless steaks.

Prepare recipe for French bread, dividing dough for 1 loaf into 4 to 6 miniatures. Bake in a 400° oven about 25 to 30 minutes. Or buy large French rolls. Add to each board a wedge (about 1½ oz.) blue cheese, sliced avocado (brush with lemon juice), tomato slices, onion rings, and mayonnaise.

Sausage on Rye

Choose your favorite sausage, such as Polish, bockwurst, or old-fashioned frankfurters; and boil or broil them to serve hot with a dark rye or wheat bread. We shaped a freezer rye (page 206 of November 1971 *Sunset*) into 6 (about 4 inch) rounds, and baked them in a 375° oven for about 25 minutes.

Add to each board a wedge (about 2 oz.) Cheddar or other cheese, dill pickle, butter, and a mound of mustardy cabbage relish: Blend ½ cup mayonnaise, 2 tablespoons Dijon mustard, 1 tablespoon dill pickle liquid, ⅓ cup sliced green onion, and 4 cups finely shredded cabbage (enough for 4 to 6).

Cheese and Fruit with Brown Bread

This lunch pairs moist brown bread and fresh pineapple spears and strawberries with cheese flavors. We show process Gruyère wedge, bonbel, and kuminost; good alternates are cream cheese, French process "laughing cow," petit Suisse, jack, Jarlsberg, Swiss, or Gouda cheese. Allow 4 or 5 ounces per serving —one kind should be spreadable. For the bread follow a steamed brown bread recipe (the kind served with beans) and fill 6-ounce juice cans about ½ full; steam about 40 to 50 minutes. Or serve canned brown bread or date-nut bread (8 oz. can serves 2). Add some powdered sugar for fruit. □

Take your *sandwich lunch out to the garden if weather is fair. Otherwise, enjoy it indoors*

General Electric explains microwave flavor.

Q. Is there any change in flavor because of the rapid way microwave energy cooks food? *Cookbook writer, Myra Waldo.*

A. No. Foods cooked by microwave energy generally taste the same as when cooked conventionally. Some people say foods cooked in a microwave oven taste fresher because faster cooking time retains more of the natural moisture in food.

General Electric markets two complete microwave cooking centers, (Model J896 and Model J856) plus a countertop portable microwave oven (Model JET80). And GE's Customer Care Service Everywhere goes with every microwave oven we sell.

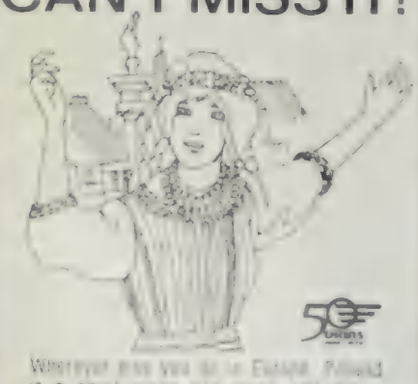
CUSTOMER CARE
SERVICE EVERYWHERE

If you'd like to know more about microwave cooking, write: General Electric, Dept. M.O., Appliance Park Bldg. #4, Louisville, Kentucky 40225.

Microwave cooking... another reason why GE is America's #1 major appliance value.

GENERAL ELECTRIC

POLAND
YOU CAN'T MISS IT!



Whatever else you do in Europe, Poland is a short plane ride away. Yet it is a "far out" [illegible] usual tourist [illegible] happens to you [illegible] it still goes a long [illegible] All-expense tours [illegible] Poland: a thousand years of history (1973 is the 500th anniversary of Copernicus' birth) ... a great treasure house of the arts ... a unique tradition of gracious living and hospitality. Don't miss it.

Ask your travel agent or write:
LOT Polish Travel Office, Dept. S/4
500 Fifth Avenue, New York, N.Y. 10036
Please send literature on travel to Poland, including [illegible] of tours.

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Crisp shreds of fried onions

The Danes use their own special vers of fried onions with a free hand quickly dress up servings of sim cooked meats, fish, vegetables, or sa wiches. They buy these thin slivers chewy-crisp, naturally sweet onion quite unlike our fat fried onion ring by the package, but you can make t easily at home. Store them in the ref erator or freezer, ready to use as the casion demands.

Danish Crisp Onions

Peel and slice thinly 4 large (about lbs.) white-fleshed onions. Separate sl into rings and place in a large bag ½ cup unsifted regular all-purpose fl Close bag and shake to coat rings eve with flour.

In a deep 3-quart saucepan, on heat, bring 1½ inches salad oil to 3 Add about ⅓ of the floured onion the oil; cook about 10 minutes or u onions are golden brown. The temp ture of the oil will come back up to 2 as the onions start to brown: regu heat to maintain this temperature. onions frequently. With a slotted sp lift browned onions from oil and d on absorbent material; lift out parti that brown faster than others to pre them from scorching.

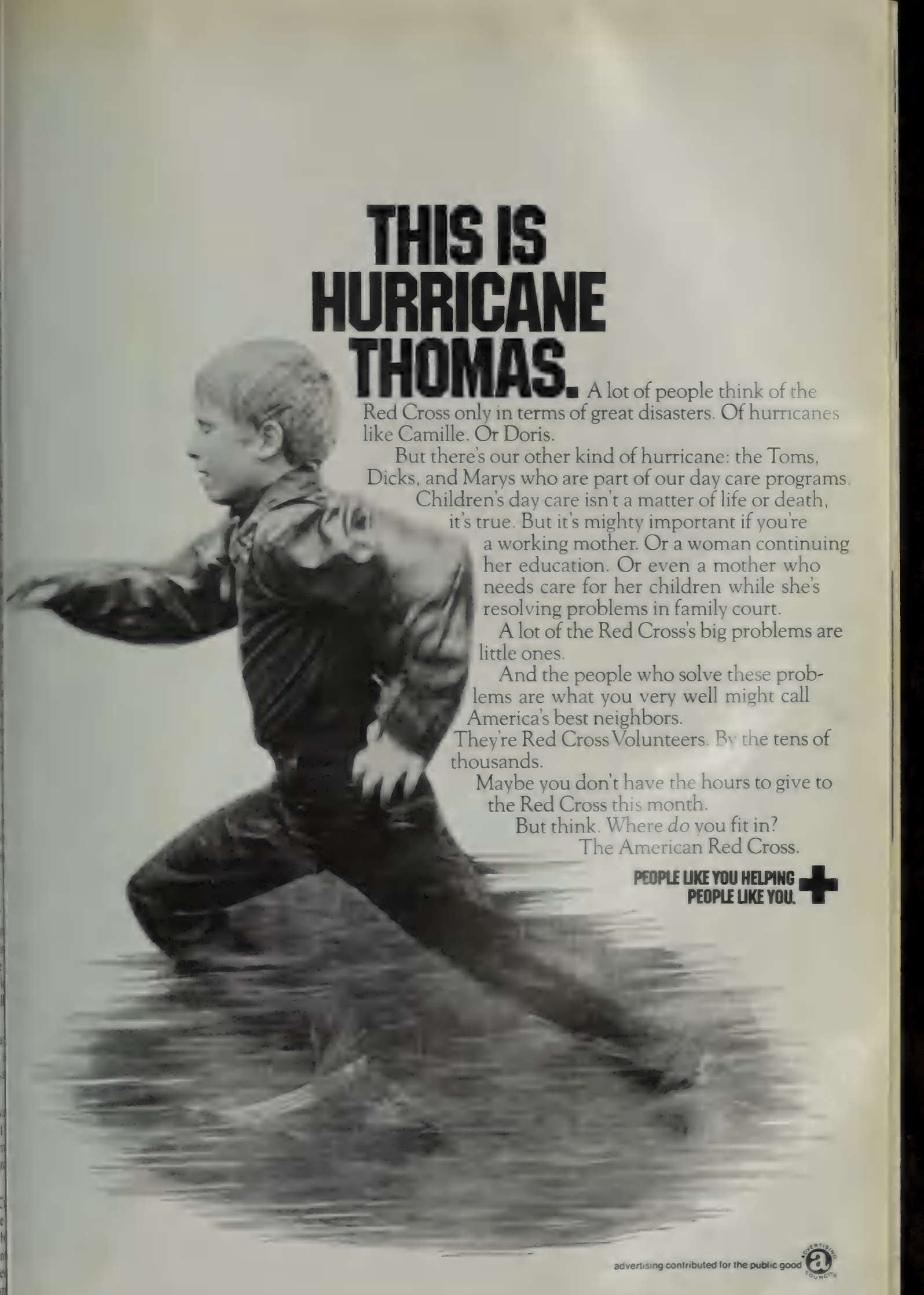
Cook remaining onions in the hot following this same procedure. Serve ions warm or cold. When comple cold, package airtight for later use. S in the refrigerator up to 3 days. freeze up to 1 month.

Serve right from the refrigerator freezer. Or to reheat, spread in a si layer in a shallow pan and place 350° oven for 2 or 3 minutes. Serve cording to suggestions that fol Makes about 8 cups or ½ pound; a about ¼ cup for a serving.

With meat or fish. Accompany pla cooked beef, pork, lamb, poultry, fish fillets or steaks with cold or w Danish Crisp Onions.

With vegetables. Sprinkle cold or w Danish Crisp Onions over servings of cooked and buttered cabbage, car cauliflower, corn, green beans, potat Swiss chard, or zucchini.

In sandwiches. Add cold Danish C Onions to cold sandwiches made chicken, liverwurst, or roasted lamb, pork, or turkey. Or add onion frankfurters and other hot sausage buns, or to cooked beef patties in bur


THIS IS HURRICANE THOMAS.
A lot of people think of the Red Cross only in terms of great disasters. Of hurricanes like Camille. Or Doris.
But there's our other kind of hurricane: the Toms, Dicks, and Marys who are part of our day care programs.
Children's day care isn't a matter of life or death, it's true. But it's mighty important if you're a working mother. Or a woman continuing her education. Or even a mother who needs care for her children while she's resolving problems in family court.
A lot of the Red Cross's big problems are little ones.
And the people who solve these problems are what you very well might call America's best neighbors.
They're Red Cross Volunteers. By the tens of thousands.
Maybe you don't have the hours to give to the Red Cross this month.
But think. Where do you fit in?
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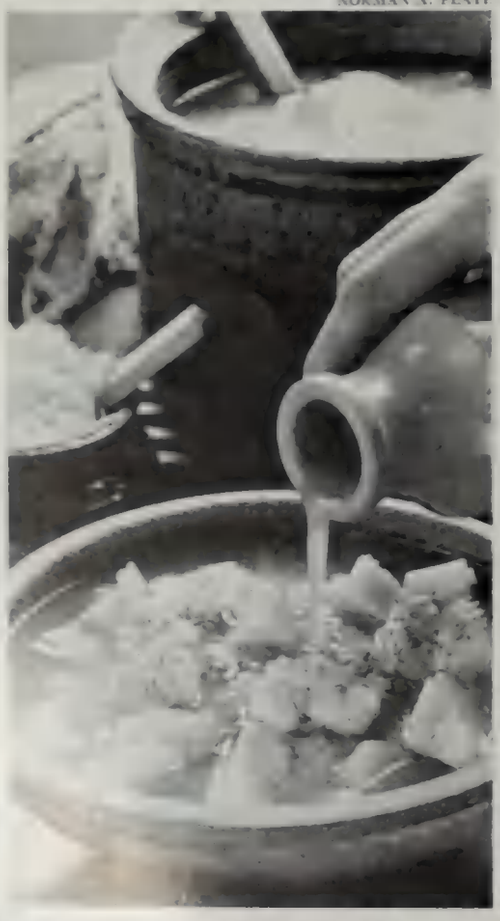
From Russia to Finland to you ... two delicious fish soups

Finland became independent of Russia in 1917, but many Russian foods remain specialties of Finnish kitchens. An example is *selyanka* (or *selianka, solianka, solianka*, as you prefer)—the name given to a number of dishes that combine meat or fish with vegetables. The consistency of these dishes ranges from thick and stewlike to thin and soupy; the seasoning is often tangy.

Here are two hearty selyankas with a Russian heritage, but definite Finnish personality. The first, made with halibut, is country-style plain, and fragrant with dill. The second, made with canned salmon, is quite piquant and appears more sophisticated, yet is equally easy.

Served in generous portions, either soup makes a meal's main course. The bread on page 196 and a green salad are good accompaniments. In smaller portions, you can serve the selyankas as first-course offerings; in Finland, the entrée might be meat or another fish.

NORMAN A. PLATE



Pour a little *melted butter into Finnish selyanka—a fish and potato soup. Add chopped raw onion and more dill weed*

Fish and Potato Selyanka

- 2 pounds halibut steaks or Greenland turbot fillets
- 6 cups regular-strength chicken broth
- 1 pound new potatoes, peeled and cut in ½-inch cubes
- 1 large onion, finely chopped
- 1 teaspoon dill weed
- 1 medium-sized white or red onion (mild flavor, if available), chopped
- 6 tablespoons melted butter
- Salt and pepper
- Dill weed

Place fish in a saucepan and add br Cover and bring to a boil over medi heat; then reduce heat and simmer 2 4 minutes or until fish breaks ea when prodded. Set aside for at least minutes (or you can chill fish in br to intensify the fish flavor); then lift fish with a slotted or runcible spo Remove and discard any skin and bon cut fish in bite-sized chunks.

Return saucepan with broth to high he Add potatoes, the large chopped oni and the 1 teaspoon dill weed. B covered, for about 10 minutes or u potatoes are tender enough to sma Add fish and heat through.

Ladle soup into bowls; add to individ servings the chopped uncooked oni melted butter, salt and pepper to ta and an additional sprinkling of dill we Makes 5 to 6 main-dish or 8 to 10 fi course servings.

Salmon Selyanka

- 2 tablespoons butter or margarine
- 1 medium-sized onion, chopped
- 2 medium-sized carrots, chopped
- 1 teaspoon paprika
- 3 cups regular-strength chicken broth
- 1 can (1 lb.) stewed tomatoes
- 2 tablespoons drained capers
- 2 tablespoons sliced pimiento-stuffed Spanish-style olives
- 1 tablespoon vinegar
- 1 teaspoon sugar
- 1 large can (about 15 oz.) or 2 small cans (about 8 oz. *each*) pink salmon
- Sour cream

Melt butter in a saucepan and add on and carrot; cook, stirring, over medi heat until vegetables are soft. Stir paprika, then add the chicken br tomatoes with juice, capers, olives, v gar, and sugar.

Bring soup to a boil and simmer ab 5 minutes, uncovered. Add salmon any liquid, breaking fish into chun simmer 3 or 4 minutes longer.

Ladle into bowls and add sour cream each portion. Makes 4 main-dish se ings, or 6 to 8 first-course servings.

CANNED HISTORY

One of a series of five Western Heritage canisters

Ever since 1881, MJB has made the fine quality coffee it takes to satisfy the kind of people who built the West.

Now, MJB is offering a limited edition of canisters to commemorate the era when MJB was founded.

During the next two months, each time you buy a 1, 2 or 3 pound can of MJB coffee, you'll be building your collection.

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Wish-Bone D[illegible] Dressing.
Blended [illegible]
to let the delica[illegible] ature's
good greens [illegible]
That's what makes it [illegible] ture.

WISH-BONE.
FOR PEOPLE WHO REALLY LIKE SALAD

Heart of this open kitchen is the big peninsula

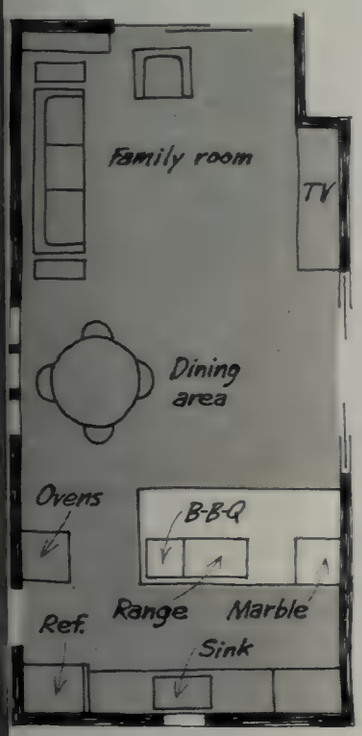
eninsula is as hardworking as any seen. A cook can work on one side 6-foot-wide counter and there is enty of room for a helper on the Double overhead cabinets hold utensils, and cooking aids—pots ns on the kitchen side, dishes and ooks facing the dining area. Below okbooks is desk space with chair elephone. A long, narrow shelf spices at a convenient height.

With this arrangement the cook needn't walk very far. She can work at the cooktop and move easily from there 4 feet to the sink and refrigerator, which are against the back wall. Ovens are on the side wall. Architect Lawrence Steiner designed the kitchen for Dr. and Mrs. Stanton Axline of Stanford, California.

Mrs. Axline uses a 24-inch-square marble counter insert for making candy and pastry. Cake baking is her specialty, and she and her children find the insert and its surrounding counter handy for first cooling the cakes and then frosting and decorating them.

Since the overhead cabinets extend only halfway over the peninsula, Mrs. Axline can keep the family room in view as she works.

The narrow-striped nylon rug gives the kitchen a warm feeling and unifies it with the space beyond. □



rtop *is teak*
in domino pattern.
in 18-inch squares,
mounted on plywood
d sealed with linseed
l rubbed in.
can be sanded and
d as necessary

Skylight *provides pleasant natural light directly over the workspace*

DARROW M. WATT

My biggest fight wasn't in pictures.

It happened in real life. I was just finishing my 99th ridin', jumpin', fightin', picture. Never felt better in my life.

But my family nagged me into getting a medical checkup. And it turned out I had lung cancer. If I'd waited a few more weeks, I'd be kicking up daisies now.

So, friend, I know what I'm talking about when I tell you, get a checkup. Talk someone you like into getting a checkup. Nag someone you love into getting a checkup.

And when the lady from the American Cancer Society rings your doorbell, slip down in your pocket. They're working in and this world of cancer good and hard.

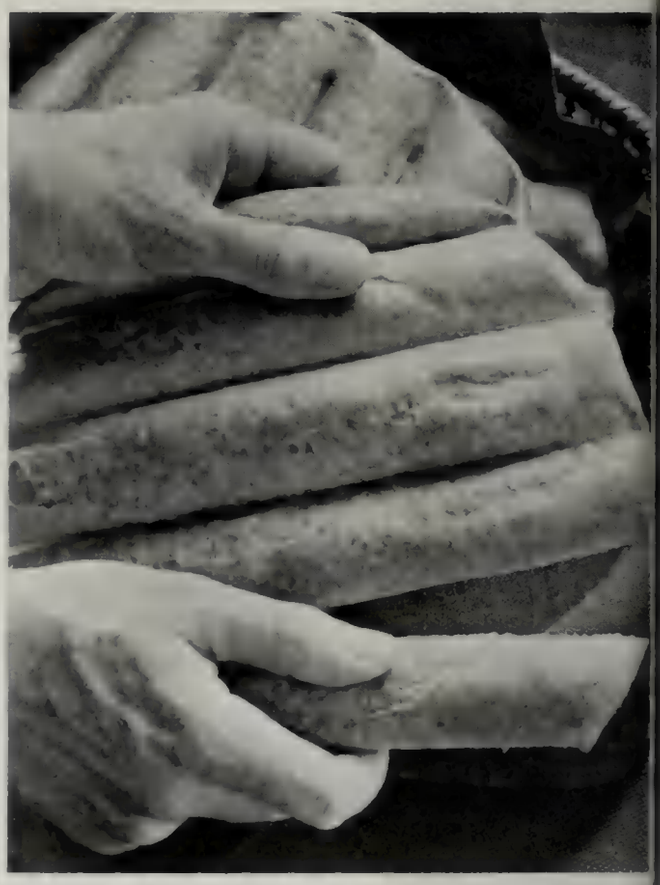
American Cancer Society

We want to wipe out cancer in your lifetime.

THIS SPACE CONTRIBUTED BY THE PUBLISHER

DARROW M. WATT

After dough *rises, press deep creases in the round, flat loaf with handle of a long wooden spoon*



Snap *apart crusty baked loaf at creases. Spread with butter and enjoy rich rye flavor and chewy texture*

This Finnish bread pulls apart

Bread is the mainstay of the Finnish diet, and rye—one of the few grains that ripens in Finland's short growing season—has been the staple flour throughout its history. Little wonder, then, that an interesting variety of rye breads has evolved in just that one country.

Finnish Farmer Bread is a simple yeast dough that assembles easily. The way it is shaped is largely responsible for the unique character. Like most Finnish breads today, it's made with part wheat flour and part rye flour, which make dough easier to handle.

The original recipe called for rye m a coarse pumpernickel-type rye available in many health food stor the West. If you are especially fon heavy, firm breads, you may prefe bread made with rye meal. Allow a more time for this heavier grain to as the recipe indicates.

Either version of the bread is espec delicious served warm, freshly bake

N THE DARK OUR MOTEL ROOMS LOOK AS GOOD AS ANYBODY'S.

Turn off the lights and ose your eyes and we defy you tell our under-$10 rooms part from those fancy $20-a-ight rooms.

And isn't that the way u spend most of your time in motel room, sleeping?

We figure the average erson spends a mere two wak-g hours in a motel room.

That's a pretty expensive o hours.

A $20 motel room costs 0 more than a $10 room. hat's five dollars an hour tra for the two hours in the om that you're awake. Five llars an hour for the privilege looking at a spiffy room.

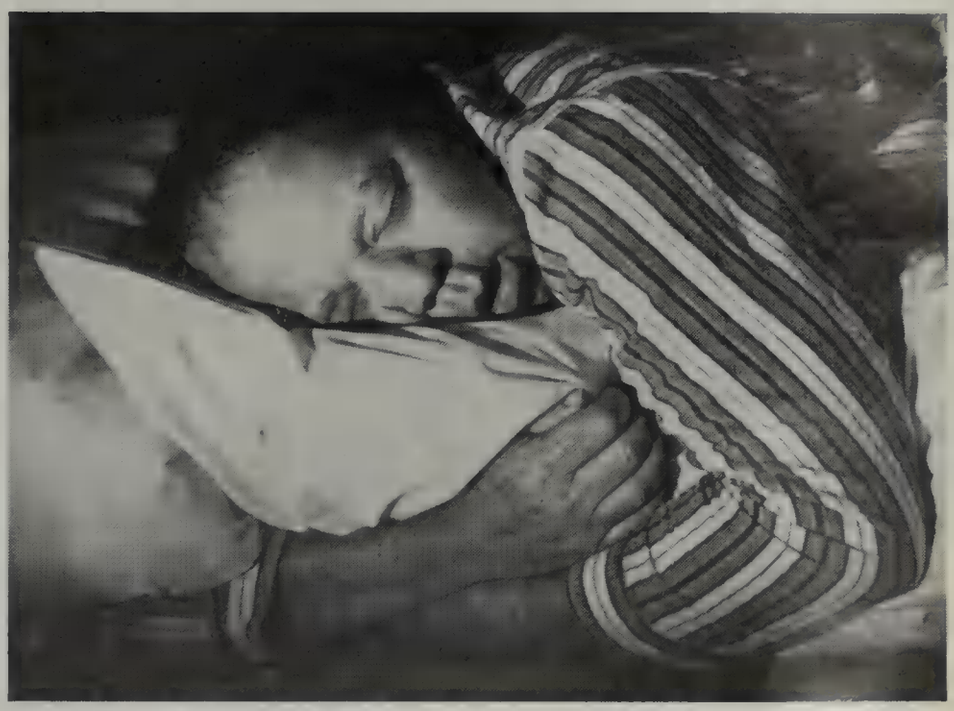
hen the lights go on again.

Our motel rooms are, well, rt of plain looking, and cking certain luxury features.

We do have a swimming ol and air conditioning,* but bathtub (just a shower). color TV (just a black-and-hite coin-operated set). No andeliers or statues or lush llpaper.

No frills.

That saves a lot of money. nd we pass the savings on you.



Cleanliness is next to you-know-what.

One thing we don't try to save money on is keeping our rooms clean.

Our rooms are inspected by a head housekeeper to be sure they're spic and span. Also by an executive housekeeper. Also by our motel managers.

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All rooms $6.60 to $9.90.

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One bed, one person, is $6.60 a night. One bed, two persons, $7.70 a night. Two beds, two persons, $8.80. And two beds, three or four persons, $9.90.

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*A few of our motels in cool climates do not have air conditioning because it isn't needed.

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Super stimulating and super delightful!

AQUA VIBRATOR is unique attraction in the concept of facilities unrivaled by space-age [illegible]. Jiggle out of your [illegible] and enjoy an [illegible] shower.

AQUA VIBRATOR [illegible] in [illegible] and [illegible] the [illegible] Model [illegible] for the [illegible] and [illegible] while you shower. [illegible] handy [illegible] the choice. [illegible] shower ever!

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AQUA-VIBRATOR

BROUGHT TO YOU BY THE
Aqua-Magic Division
Bowles Fluidics Corporation

reheated. Try it with either of the [illegible] nish soups on page 192.

Finnish Farmer Bread

- 1 package active dry yeast
- 1½ teaspoons sugar
- 1¼ cups warm (about 105°) water
- 1½ teaspoons salt
- 2 teaspoons salad oil
- 2 tablespoons caraway seed (optional)
- 1½ cups rye flour or rye meal
- About 1¾ to 2 cups regular all-purpose flour
- About 2 tablespoons melted butter or margarine

Combine the yeast and sugar in a l[illegible] bowl (or in the bowl of a heavy-[illegible] electric mixer). Add the warm water [illegible] stir until yeast is dissolved; let stand [illegible] 5 minutes. Stir in the salt, oil, and c[illegible] way seed, if used. Then add ½ cup [illegible] of the rye and all-purpose flours; [illegible] with a wooden spoon (or your mi[illegible] until smooth.

Beat in remaining 1 cup of the rye fl[illegible] then gradually mix in about 1 cup of [illegible] remaining all-purpose flour. W[illegible] dough becomes too stiff to mix wi[illegible] spoon or the mixer, turn it out on [illegible] board sprinkled with part of the rem[illegible] ing all-purpose flour.

Keeping your hands floured, knead [illegible] the dough feels very resilient and i[illegible] longer sticky, adding a little more f[illegible] as it is needed; it takes about 10 [illegible] utes. Place dough in a greased b[illegible] then turn over to grease the top. C[illegible] bowl with a cloth and allow to rise [illegible] warm, draft-free place until doub[illegible] about 45 minutes (about 1 hour, 15 [illegible] utes if rye meal is used).

Punch down dough, then divide into [illegible] equal portions. Working with one [illegible] tion at a time, knead and shape it in [illegible] smooth ball on a lightly floured bo[illegible] Then pat it into a circle about 8 [illegible] inches in diameter. Place on a gre[illegible] baking sheet (one without sides) or [illegible] the bottom of inverted rimmed bak[illegible] pans. Cover loosely with clear pl[illegible] film and allow to rise until aln[illegible] doubled, about 40 minutes (abou[illegible] hour, 15 minutes if rye meal is used)

Using the handle of a long woo[illegible] spoon, press straight down thro[illegible] dough to the pan in rows about 1 i[illegible] apart. Brush tops of loaves lightly [illegible] part of the melted butter. Bake in a 3[illegible] oven for about 35 minutes, or until [illegible] browned and it makes a hollow so[illegible] when thumped on top. To bake [illegible] loaves in the same oven, arrange pan[illegible] different positions on two oven ra[illegible] keep pan edges at least an inch f[illegible] sides of oven for good heat circulat[illegible] About halfway through the bak[illegible] switch the positions of the two pans.

Remove bread from oven, brush top[illegible] loaves with melted butter, then place [illegible] racks to cool slightly. Serve warm, [illegible] reheat, loosely wrapped in foil, in a 3[illegible] oven for 15 minutes. Makes 2 loaves.

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Barton & Guestier. 36 fine wines in one fine family. Imported by Browne Vintners Company, New York, N.Y. and San Francisco, CA.

Shopper *chooses from wide selection of salads in Zurich's Picnic store. They're sold in 100-gram (about ¼ lb.) portions*

GARY S

Picnic shopping in Europe's small shops and supermarkets

Ice cream *packed in styrene foam at Monoprix market in Galeries Lafayette, Paris. Use container later to keep meats and cheese cool en route to a picnic site*

Individual-sized [illegible] *(cheese, bacon, and [illegible] custard pie) to eat warm or cool; about 27 cents*

Bottle of wine *small enough to tuck in purse, with screw cap, is about 25 cents at Monoprix. Also handy tubes of mayonnaise (right), mustard, catsup, marmalade, and tartar sauce keep without refrigeration for many picnics; about 25 cents each*

Buying the makings of a picnic in E can be as much fun as the picnic And you may find it easier than at because European shopkeepers ar customed to selling foods in smal tions—even single pieces or slices— more foods come packaged in s serving containers. Ready-to-eat in great variety are also widely ava in delicatessen-type shops.

Food shopping is especially conv in one of the many department supermarkets. We shopped recen Monoprix, the food market in Ga Lafayette in Paris. Its delicatesse tion offered such varied hot dish Tunisian couscous, veal ragout, roasted chickens, and baked gr with cheese. (Small portions of a these dishes will be packed for y styrene foam.)

Cold cooked shrimp and crayfisl cold pâté were also available. To out our picnic menu, there was a selection of cheese, fresh fruit, breads and sweets. We selected a l of wild strawberries; part of a l baguette, the long, thin, crusty F bread; and a red wine that would quire chilling.

Most large department stores in E have a food market. Look for reading *alimentation* in French-spe countries; it's *alimentari* in Italia *mentos* in Spanish, and *lebensmi* German. All such stores offer plastic tote bags, but if you plan t nic often you may want to assen basic picnic kit, including a small c board, small serrated knife, a cork plastic or paper cups and plates.

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Like how often you bake cookies or entertain? And how many children you have to open and close doors?

Every Tappan estimate is different for different houses and variables, but, in one respect, they're the same—accurate! And that's because a Tappan dealer has a Tappan factory-approved checklist* to work with.

What's important about this? A detailed estimate tells you more than a price. It tells you the why and wherefore. How the job is going to be done? How right it is for your house?

Air conditioning estimates can be down and dirty and only take a few minutes over the phone or in the house. With maybe a bunch of surprises added as you go.

Or an estimate can take everything into consideration beforehand, and take a lot longer.

Like in anything else, after all is said and done, there are good memories and bad ones.

We want to be a good one.

TAPPAN

Air Conditioning Division
206 Woodford Ave., Elyria, O. 44035

*If you'd like an estimate, but don't want to call a Tappan dealer just yet, send for the Tappan factory-approved checklist, fill it out, and return it to Tappan for computer-verification.

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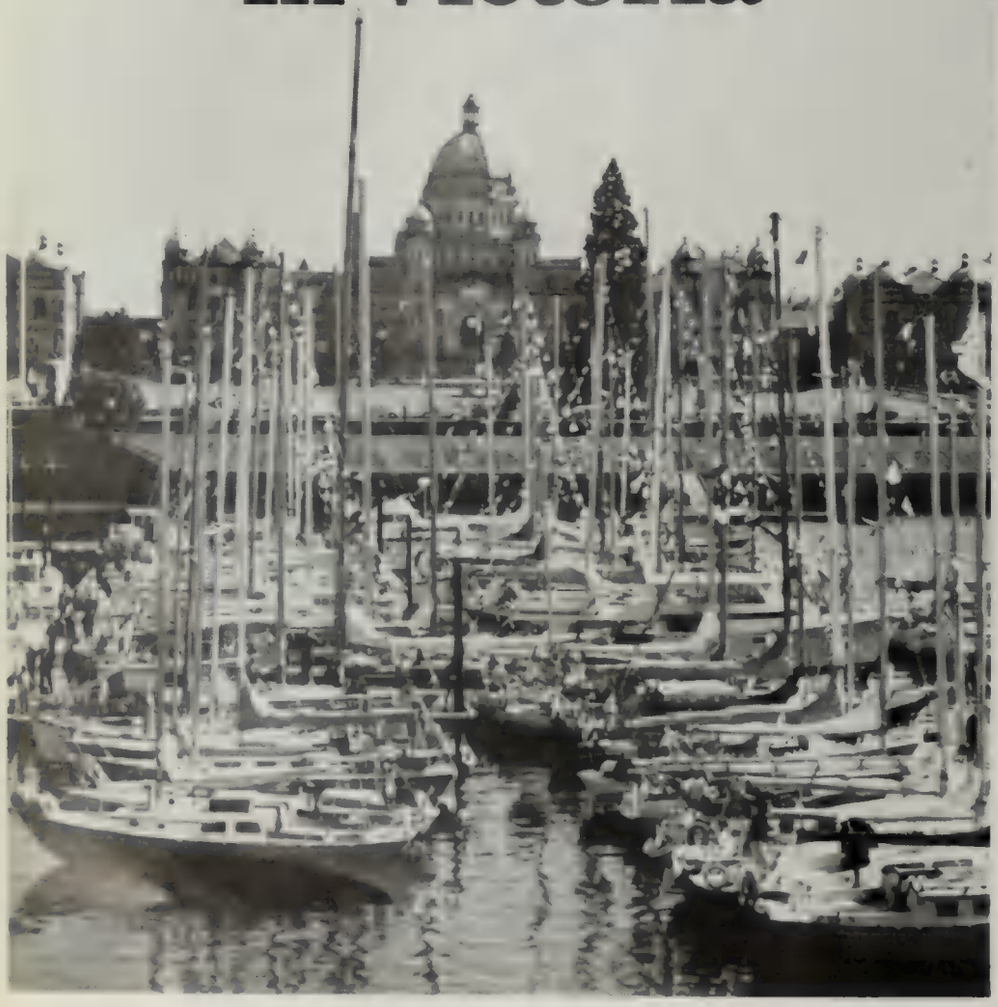

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S1/73

GARY SHI

Cold pâtés, *terrines, galantines, fois gra the slice are 40 to 80 cents*

spoons and forks, and paper napkins

In Zurich we shopped at a spec market appropriately named Picnic, on the Bahnhofstrasse. After deci to put together the makings o *bauernplatte* (farmer's plate), we sele hard-cooked eggs, salty *bundnerfl* (air-dried beef), roasted bratwurst (s age) wrapped in puff pastry, a wedg Gruyère cheese, chilled white win loaf of peasant bread, and *bürli* (hearth-baked rolls of Zurich). An a picnic for two, it cost $4.

In Europe, small food stores have been replaced by supermarkets. You visit several to assemble a picni cheese store, a bakery or pastry sho delicatessen-type shop, and perhaps public market for fresh produce.

Often you'll find several food s clustered in one locality, so a short and window-shopping on a single s may be all it takes for a fine selec You'll find the proprietors of these s shops willing and equipped to sell s portions and single pieces of food.

You can buy ready-made quilt covers

One of the quilt-making variatio described in the February issue *Sunset* (page 70) was a quilt cove —a sheetlike casing you can r move for washing or for replac ment. The article described how make one, and mentioned th ready-made quilt covers are n available in this country as th are in Europe.

Since then, several readers ha told us where they have been ab to buy ready-made quilt covers the West. Some department stor sell them for about $6 to $14. Yo can also order by mail from least one manufacturer: Scan Duo, Inc., 3131 Western Av Seattle 98121. Write to them for free brochure.

You can't save a bitter cup of coffee.

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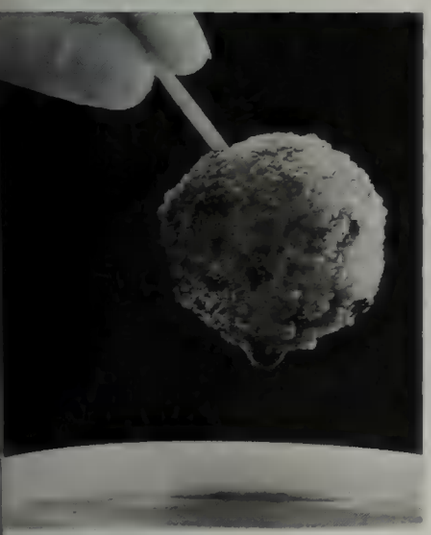
DARROW M. WATT

Lemon Almond Scallops

Ham and Papaya Cubes



Tofu Tuna Puffs with Soy Sauce

Spinach-wrapped Chicken with Oriental Dip

ors d'oeuvres in the Islands . . . *pupu*

afternoon party in Hawaii almost means a fare of delicious hors res, called *pupu*. The selection in- hot and cold foods, many with al and Polynesian flavors.

ariety and quantity served depend number of guests and how long od is to last. At a small party you offer one or two kinds as appe- before the evening meal. At some eceptions you'll find as many as pu choices meant to be eaten h the dinner hour.

our snacks we offer here can be ed long before party time. Select or as many as you wish. For a alanced meal for 10 to 12 people, all four recipes in the quantities lus a broiled teriyaki steak (about nd meat) sliced into bite-sized and an assortment of crisp, fresh bles with coarse salt.

Lemon Almond Scallops

Prepare ahead: Rinse well under running water 1 pound scallops, tearing into bite-sized pieces. Drain, pat dry, and refrigerate until cooking time. Finely chop ⅓ cup toasted almonds; set aside.

At serving time: Poach scallops in simmering water to cover until they lose their transparency and turn opaque and milky white, about 2 to 3 minutes. (Break one in half to test.) Drain well and keep warm. Melt 3 tablespoons butter and mix with 2 tablespoons lemon juice. To eat, spear scallop with wooden pick, swish in butter mixture, then dip in almonds. Makes about 50 pupu.

Ham and Papaya Cubes

Prepare ahead: Dice ½ pound cooked ham into ¾-inch cubes. Peel 1 large firm-ripe papaya, cut in half, and remove seeds. Cut into ¾-inch cubes. To

Hope for the handicapped

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Sunset

assemble, thread a papaya cube, the ham cube onto a small wooden pi Cover and refrigerate.

At serving time: Combine 3 tablespo melted butter, 2 tablespoons lemon ju 2 teaspoons sugar, and ½ teasp ground cinnamon. Dunk pupu in soned butter and grill over charcoal 8 minutes, turning as needed. Or, br generously with butter and broil 3 t inches from heat for 6 to 8 minu turning and basting once. Makes ab 30 to 36 pupu.

Tofu Tuna Puffs

You can buy *tofu*, fresh soybean c cake, at Oriental food stores and creasingly at supermarkets and nat food stores.

Prepare ahead: In a colander drai cake tofu (about 1 lb.) as much as sible (about ½ hour). Press throug fine wire strainer and into a bowl mash with a fork. Pour out and dis any liquid. Drain and flake well 1 (6½ oz.) tuna. Add to tofu and mix

In another bowl combine 1 egg, 2 ta spoons finely chopped green onio tablespoon finely chopped fresh co der (also called Chinese parsley), 1 spoon baking powder, ½ teaspoon and ¼ teaspoon pepper. Beat well. egg mixture to tofu and tuna; mix

Form into balls the size of walnuts. let rest a few moments on paper to ing for tofu to drain further. Deep in salad oil heated to 375° until go brown, about 2 to 3 minutes. Drain.

At serving time: Heat puffs, uncove in a 300° oven for 10 minutes. S with wooden picks and soy sauce dipping. Makes 30 to 36 puffs.—*F Honolulu.*

Spinach-wrapped Chicken with Oriental Dip

Prepare ahead: Simmer 2 whole chi breasts (about 2 lbs.) in 1 can (14 regular-strength chicken broth, ¼ soy sauce, and 1 tablespoon Worce shire until tender, about 15 to 20 utes. Remove from broth. When remove and discard skin and bones, cut meat into 1-inch chunks.

Wash 1 bunch (1 lb.) fresh spinach oughly; remove stems. Pour 2 to 3 q boiling water over leaves in a cola drain; set aside to cool.

To assemble, place chicken chun stem end of a large spinach leaf. over once, fold leaf in on both sides continue rolling around chicken. S end of leaf with a wooden pick. Ch

Prepare Oriental Dip as follows: C bine ½ cup sour cream, 1 teas toasted sesame seed, ¼ teaspoon gr ginger, 2 teaspoons soy sauce, a teaspoon Worcestershire. Chill.

At serving time: Serve pupu cold Oriental Dip. Makes 50 to 60 piece

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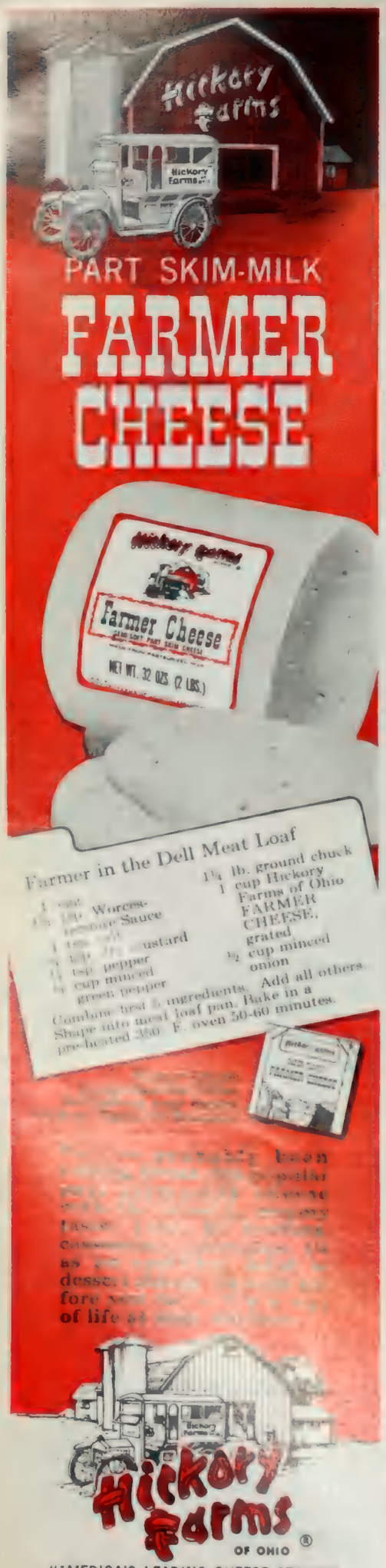

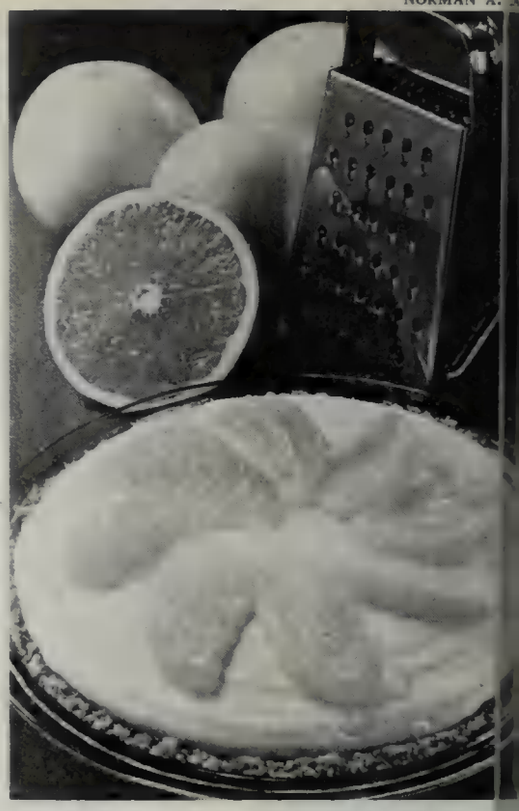

Pinwheel *of pink grapefruit tops chiffon pie; fresh juice and peel flavor the filling*

Fresh citrus help make light and lively pies

Some of the season's fresh citrus fruits such as pink grapefruits, tangerines, and limes make exceptionally light and lively pies. Their juice and grated peel add refreshing tartness to the creamy chiffon filling. Fresh fruits garnish the pies, and cookies make the crusts.

Fresh Pink Grapefruit Chiffon Pie

- 1 package unflavored gelatin
- ¾ cup sugar
- ¼ teaspoon salt
- 1½ cups fresh pink grapefruit juice
- 2 teaspoons grated grapefruit peel
- 3 eggs, separated
- 2 tablespoons lemon juice
- ½ cup heavy cream whipped
- Red food coloring (optional)
- Vanilla crumb crust (recipe follows)
- Peeled grapefruit sections

In a saucepan combine the gelatin with sugar and salt, then stir in grapefruit juice and peel. Stir over medium heat until mixture almost comes to boiling; remove from heat. Lightly beat egg yolks, stir some of the hot mixture into yolks, then return to pan, place on low heat, and stir for 1 minute. Add lemon juice and chill until mixture mounds when dropped from a spoon.

Beat the egg whites until stiff; fold into gelatin mixture with the whipped cream (and a few drops of food coloring, if desired) until blended. Pour into crust and chill until set, at least 3 hours. Garnish with grapefruit. Makes 6 servings.

Vanilla Crumb Crust. Mix 1 cup finely crushed vanilla wafer cooky crumbs with [illegible] cup melted butter or margarine and 3 tablespoons sugar; pat evenly over bottom and sides of a 9-inch pie pan. Bake in a 350° oven for 6 minutes. Cool.

Fresh Tangerine Chiffon Pie

Follow recipe for grapefruit chiffon pie, but instead of grapefruit juice and [illegible] use juice and peel from thin-skinned [illegible] gerines such as Wilking, Kinnow [illegible] Kara mandarins or tangelos. Omit [illegible] coloring. Pour filling into macr[illegible] crumb crust (recipe follows).

Macaroon Crumb Crust. Follow [illegible] for vanilla crumb crust, but use [illegible] macaroon cooky crumbs instead [illegible] nilla wafer crumbs, use only 2 [illegible] spoons butter, and omit sugar.

Fresh Lime Chiffon Pie

- 1 package unflavored gelatin
- ½ cup sugar
- ⅛ teaspoon salt
- ⅓ cup fresh lime juice
- ⅔ cup water
- 1 tablespoon grated lime peel
- 3 eggs, separated
- ½ cup heavy cream, whipped
- Green food coloring (optional)
- Chocolate crumb crust (recipe follows)
- Thin slices of lime

In a saucepan combine the gelat[illegible] sugar and salt, then stir in lime [illegible] water, and peel. Stir over mediu[illegible] until it almost comes to boiling; [illegible] from heat. Lightly beat egg yol[illegible] some of the hot mixture into yolk[illegible] return to pan, place on low he[illegible] stir for 1 minute. Chill until [illegible] mounds when dropped from a [illegible]

Beat egg whites until stiff; fold in [illegible] tin mixture with the whipped [illegible] and a few drops of food colo[illegible] desired, until blended. Pour int[illegible] and chill until set, at least 3 hour[illegible] nish with lime. Makes 6 servings.—[illegible] *Eastsound, Washington.*

Chocolate Crumb Crust. Follow [illegible] for vanilla crumb crust in gra[illegible] chiffon pie recipe, but use ch[illegible] wafers instead of vanilla.

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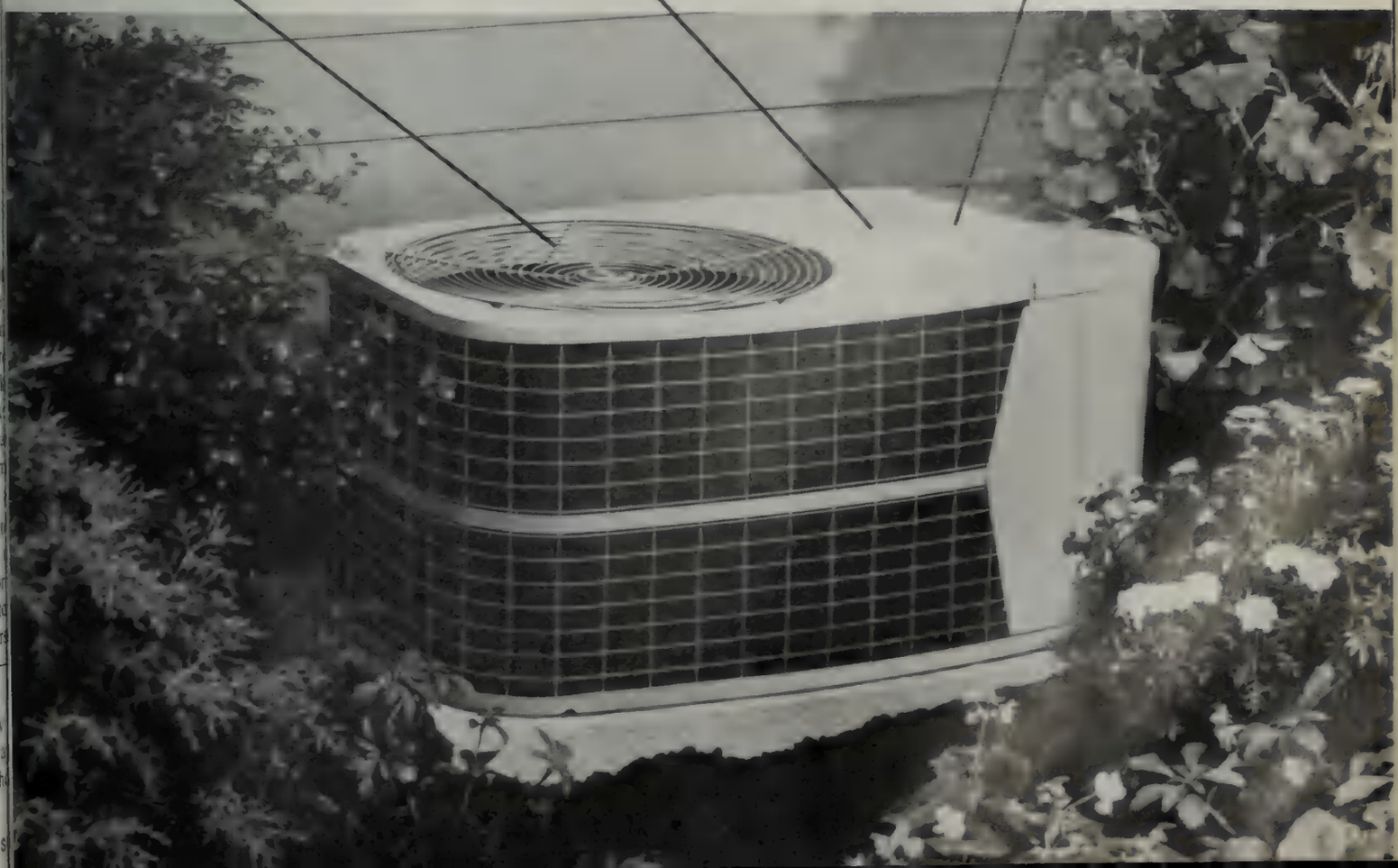

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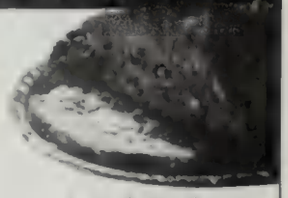

1 lb. ground beef
½ lb. Bird Farm Sage Sausage
1 egg
½ c. corn meal
2 tsp. salt
¼ tsp. pepper
½ c. chopped green pepper (optional)
½ c. cream style corn
1½ c. canned tomatoes chopped coarsely

Combine and mix all ingredients. In a 5" X 9" loaf pan, bake in a 350° oven for 1½ hours. Serves 6

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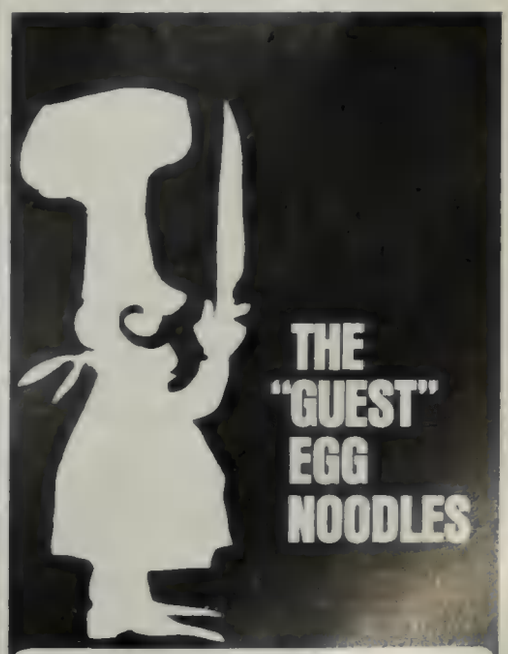

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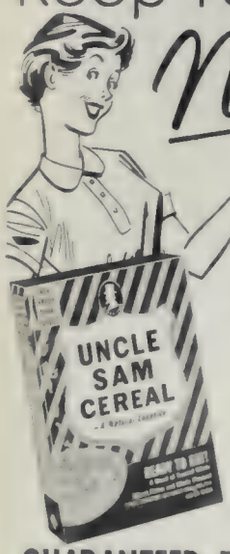

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Surprises with puff pastry

Different seasonings can turn a simple cream puff pastry into a hot fried crab appetizer, a Mexican bread to fill with cheese, or a coffee-flavored dessert. The airy puffs are made from a dough the French call *chou paste* . . . it's amazingly versatile.

Appetizer Crab Puffs

Sift, then measure ½ cup regular all-purpose flour. Put ½ cup water, ⅛ teaspoon salt, 2 tablespoons butter or margarine, and 6 drops of liquid hot pepper seasoning in pan. Bring mixture to full rolling boil over high heat, add the flour all at once, remove pan from heat, and stir vigorously until mixture becomes a smooth, very thick paste that clings together and comes away from sides of pan. Beat in 2 eggs, one at a time, until paste is smooth and shiny. Add 1 tablespoon chopped chives and 1 cup (about ⅓ lb.) fresh crab (or 6½-ounce can of crab), flaked; stir until blended. Cool about 15 minutes.

Pour salad oil 1½ to 2 inches deep in a pan. Heat to 370° on a deep-frying thermometer. Drop teaspoonfuls of the dough into the hot oil, turn occasionally, until golden on all sides, about 3 minutes. With a slotted spoon remove from oil and drain. Keep warm in a 200° oven until all are fried or let cool and freeze or chill. To reheat puffs (thaw first if frozen), bake, uncovered, in a 350° oven until hot, about 7 minutes. Offer picks to spear the puffs and about 1 cup guacamole (homemade, or frozen and thawed) to dip the puffs in. Makes about 3 dozen.—*M. R., Sand Point, Alaska.*

Mexican Cheese Puffs

- 1 cup regular all-purpose flour
- ⅔ cup milk
- ⅓ cup green taco sauce
- ½ teaspoon ground cumin
- ¼ teaspoon salt
- ½ cup butter or margarine
- 4 eggs
- ½ cup shredded Cheddar cheese
- ¾ cup shredded jack cheese
- ⅓ to ½ cup finely chopped canned California green chiles, seeds removed

Sift flour before measuring. Put milk, taco sauce, cumin, salt, and butter in a pan. Bring mixture to full rolling boil over high heat, add the flour all at once, remove from heat, and stir vigorously until mixture becomes a very thick, smooth paste that clings together and comes away from sides of pan.

Crisp, *fried crab appetizer started out as cream puff pastry dough*

Beat in eggs one at a time until is smooth and shiny; then stir in dar cheese. Let cool about 15 m before shaping. For each puff, spo cup paste onto greased baking s placing them about 3 inches apart. in a 375° oven for 40 minutes or puffs are golden and lightweight. puffs bake, mix together the jack c and chiles. While puffs are hot, cut 2-inch slit along the side of each. through the slit a heaping tablespo the chile-cheese mixture. Serve Makes 11 or 12.

Coffee Cream Puffs

Sift, then measure ½ cup regula purpose flour. Put ½ cup water, ½ spoon salt, 1 teaspoon instant powder or granules, and ¼ cup or margarine in pan. Bring mixtu full rolling boil over high heat, ac flour all at once, remove pan from and stir vigorously until mixtur comes a smooth, very thick past clings together and comes away sides of pan.

Beat in 2 eggs one at a time until is smooth and shiny. Let cool abo minutes before shaping. Spoon ½ paste for each puff on a greased b sheet about 3 inches apart. Bake 400° oven about 35 minutes or puffs are golden brown and lightw Split while hot, then cool. Just b serving, fill with ice cream, wh cream, or your favorite filling. (need about 3 cups.) Pour prepared olate syrup over top of each puff. M 5 or 6.—*M. C., San Pedro, Calif.*

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NORMAN A. PLATE

Berries *nestle on the creamy filling*

Blueberries top a creamy tart

Buttery, tender press-in pastry and a pie filling mix simplify the preparation of this Sherry-flavored blueberry tart.

You can make the pastry shell a day ahead, but fill the tart within 6 hours of serving for best quality.

Blueberry Cream Sherry Tart

Butter Pastry. Combine 1½ cups regular all-purpose flour (unsifted), 3 tablespoons sugar, and ½ cup (¼ lb.) butter or margarine, cut into chunks. Rub mixture with your fingers until even textured. Stir in 2 egg yolks until blended, then work dough with your hands until it holds a smooth, noncrumbly ball. Press dough evenly over bottom and up the sides of an 11 to 11½-inch fluted tart pan with removable bottom or over bottom and 1½ inches up the sides of a 10-inch cheesecake pan (one with removable bottom).

Bake in a 325° oven for 30 minutes or until a light amber. Cool in pan. (Cover if made ahead.)

Cream Sherry Filling. Cook 1 package (about 3 oz.) vanilla pudding and pie filling mix, adding the milk according to package directions for pie filling. When mixture boils, remove from heat and stir in ⅓ cup cream Sherry and 1 tablespoon lemon juice; let cool 10 minutes.

Open 1 package (10 oz.) frozen unsweetened blueberries and reserve ½ cup for garnish. Fold remaining 1½ cups blueberries and ½ cup heavy cream (whipped) into cooled pudding; pour into pastry shell. Cover and chill at least 2 hours, until set.

To serve: Remove pan sides and place tart on serving plate. Mound ½ cup heavy cream (whipped) in the center of the tart and sprinkle remaining ½ cup blueberries over the cream. Makes 6 to 8 servings. □

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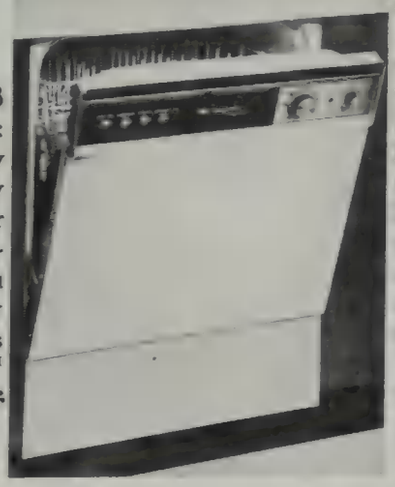
Hotpoint

68th Anniversary VALUES

This Hotpoint washer can do a full 18 lb. load. It has 3 agitation/spin combinations, 5 wash-rinse cycles including a special gentle cycle, and a self-cleaning filter ring.
WLW3600 **$234.95***

With this Hotpoint self-clean range, it takes just 30 seconds to set the controls for self-cleaning. Then the pyrolytic system automatically cleans every part of the oven interior completely. Removable Calrod® surface units plug in and out so it's a lot easier to clean the range top, too. Other features include a fully illuminated control panel, surface unit and oven light indicators, appliance outlets, oven timing clock and a 60-minute household timer.
RB747P **$379.95***

built-in dishwasher offers 8 saving cycles. They include: n-Dry (normal) for everyday s, Soak & Scrub for heavily d loads and Short-Wash for ly soiled or small loads. Re- ble front color panels let you dinate the appliance with any r. Extra sound insulation gives he benefit of Whisper-Clean™ ation.
HDA871 **$299.95***



You get a spacious 17.7 cu. ft. of storage with this Hotpoint No-Frost top mount. It features twin crispers, 3 adjustable cabinet shelves, deluxe dairy storage and portable egg trays. The freezer section can hold up to 167 lbs. of food and is equipped for an automatic icemaker (available at extra cost). And it all rolls out on wheels for easy cleaning.
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"Whilst combatting insomnia,
I was stricken with the munchies"

Chefs of the West

The Art of Cooking . . . by men . . . for men

Why would anyone eat an articho
The part you swallow is the butt en
a tough and spiny thistle flower c
color resembling old army fatigues.

People love them though in spite of t
faults, and Rush R. Faber from Pho
now steps before this assemblage to
us how he first prepared them as a r
night snack.

"Whilst combatting a bout of insom
I was stricken with a case of the mu
ies. The larder was in poor shape, b
used the rations at hand to produce
following delightful dish."

Before going on, be assured that in p
ing the leaves from the *raw* artich
you lose very little meat.

Artichokes Phynorque

Hollandaise sauce (recipe follows)
4 large artichokes, or 4 large canned artichoke bottoms, drained
Boiling, salted water
1 tablespoon butter or margarine
¼ teaspoon tarragon leaves, crushed
½ cup chopped mushrooms
4 eggs
Fresh ground pepper

Prepare hollandaise according to
recipe below and set aside. Strip
leaves from the artichokes and disc
Trim off stem and scrape out ce
choke with a spoon, leaving only
cup-shaped artichoke bottom. Cook
toms in boiling, salted water until
tender when pierced, (about 25 min
then remove and drain. Arrange
cooked or canned artichoke bottom
an ovenproof platter, cover with
and place in a 200° oven.

In a small frying pan, heat the b
and stir in the tarragon and cho
mushrooms. Cook over low heat, sti
occasionally, for about 3 to 4 min
While mushrooms are cooking, p
the eggs in a wide pan of simm
water, enough to cover the eggs. C
about 4 minutes or until whites ar
and yolks are still runny. Spoon m
rooms evenly into artichoke bott
then top each with an egg. Grind a
pepper over top and serve immedia
Pass hollandaise sauce to spoon
Makes 2 to 4 servings.

Hollandaise Sauce. Heat ¾ cup b
until melted and bubbly. In a ble
place 3 egg yolks and 2 tablesp
lemon juice; blend a few seconds,
with motor running, gradually po
the hot butter in a slow steady str
Blend just until the melted butter i
corporated into the sauce. Cover
chill any leftover sauce. Before re
let warm to room temperature.

Phoen

"I'm a steak and potatoes man," on
nighted soul told us recently, and
accent was surely on steak. Many pe

vocado.
he salad bowl
hat's good enough to eat.

k of the California Avocado half as a natural d bowl. The filling is a flavorful ham'n egg d blended with Kraft Real Mayonnaise. Kraft lots of whole eggs and extra egg yolks to make nayonnaise rich. And California Avocado adds right taste of fresh fruit with every tender n spoonful. For hearty family eating, ham-egg 'em on with Kraft Real Mayonnaise California Avocado.

Avocado Ham'n Egg

d-cooked eggs, pped
s chopped ham
p celery slices
p chopped green pper
hopped pimiento
1 tsp. Kraft Prepared Mustard
Kraft Mayonnaise
6 California avocado halves, peeled
Lettuce
Breadsticks, or crackers

bine eggs, ham, celery, pepper, pimiento, mustard nough mayonnaise isten; mix lightly. For each ng, place avocado half tuce; spoon egg mixture vocado. Serve with bread , or crackers. 6 servings.

d from California
Avocado Advisory Board

Division of Kraftco Corporation

They say a woman thrives on change.
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for something new to do.
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Corn Soufflé.
Scalloped Potatoes. Broccoli au Gratin.
Three of 35 Stouffer's Frozen Prepared Foods.

Stouffer

that a meal is incomplete without
, and concentrate on those recipes
ining it, leaving vegetables to come
: table however they can manage it.
ert Landesman shows the weakness
is train of thought by creating a
ous soup on a base of celery and
onions. Anyone could make a light
atisfying lunch out of this soup by
g hot biscuits or a grilled cheese
vich to the menu.

ned Celery and
ı Onion Soup

bunch untrimmed celery
bunches untrimmed green onions
cups water
teaspoon whole thyme, crushed
teaspoon salt
teaspoon pepper
tablespoons butter or margarine
tablespoons flour
quart milk
Paprika

leaves from celery and set aside 5
. trim 1 bunch of green onions and
de. Dice remaining celery and on-
ncluding all leaves and trimmings
ɔt root ends). Put in a 2-quart pot
ne water; cover and boil until vege-
are very soft. Rub through a wire
er (or put through a food mill)
iscard the stringy material. Dice
e stalks of reserved celery and cut
onions into ⅛ to ¼-inch pieces.
these in the purée with thyme, salt,
:pper just until tender. Melt butter,
flour, and cook until bubbly. Add
slowly and cook, stirring until
ned. Add vegetable mixture. Serve
dash of paprika on top. Makes 6
gs.

Herbert Landesman

West Covina, Calif.

e hungry, spring suggests lamb
So it is with *Chef* Mort Greene,
laces his chops in a bean mixture
ıguely resembles the French cas-
Cassoulet requires much more
however, and often calls for a
among its ingredients. Why labor
Chef Greene has the answer?

Lamb Chop
ılet à la Greene

ablespoons butter or margarine
medium-sized onion, finely chopped
clove garlic, minced or mashed
green pepper, seeded and chopped
ɔound mushrooms, sliced
easpoon oregano leaves
easpoon gumbo filé (optional)
:an (about 1 lb.) Italian style
pear-shaped tomatoes
:an (1 lb. 12 oz.) pork and beans
with molasses
arge shoulder lamb chops, about
¾ inch thick
Salt and pepper
:up freshly grated Parmesan cheese

e butter in a large frying pan over
a heat; add the onion, garlic,

"I'm a steak and potatoes man"

green pepper, and mushrooms. Sauté until onion is limp, about 5 minutes. Stir in the oregano, gumbo filé (if used), tomatoes (break up with a fork), and beans. Bring to a boil, then pour into a shallow ovenproof dish, about 9 by 13 inches. Cut off excess fat from chops, sprinkle lightly with salt and pepper, and arrange chops over bean mixture.
Bake, uncovered, in a 350° oven for about 1½ hours or until the lamb chops are tender when pierced. Pass cheese at the table to spoon over individual servings. Makes 4 servings.

Mort Greene

Sherman Oaks, Calif.

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French Gigot of Lamb (Makes 6 to 8 servings)

1 leg of lamb
Salt and pepper
¼ cup sweet butter
1 teaspoon fines herbes
1 clove garlic, halved

Sprinkle lamb with salt and pepper. Place on rack in shallow roasting pan. Roast in 325° (slow) oven 30 to 35 minutes per pound or until meat thermometer registers desired degree of doneness. Meanwhile, melt butter and add fines herbes and garlic; simmer 1 minute. Brush lamb with butter mixture frequently during roasting time.

Note. If center cut of leg is roasted, use 2 tablespoons butter, ½ teaspoon fines herbes and 1 small clove garlic. Brush on lamb last hour of roasting time. Fines herbes are available in most spice lines. If unobtainable, substitute your favorite seasonings—rosemary, thyme, etc.

For more free lamb recipes write:

american Lamb council

Dept. LC-172, 200 Clayton Street
Denver, Colorado 80206

FRESH AMERICAN LAMB in the circle of great taste

DARROW

Spoon berries *over cool cheesecake*

This cheesecak uses yogurt

Here's a cheesecake so smoot creamy you wouldn't guess that replaces half the usual proport cream cheese. The yogurt lends a ant tang without overpowerin cheese—and it slashes calories.

Make the plain version to serv fresh berries, or try the variation date-nut topping.

Yogurt Cheesecake

Sesame-crumb crust (recipe follow
1 large package (8 oz.) cream cheese room temperature
3 tablespoons honey
1 carton (8 oz.) unflavored yogurt
About 1 pint strawberries, sliced and sweetened to taste

Prepare the crust; cool. Beat the cheese with honey until fluffy. Gra mix in the yogurt until smooth into prepared crust and spread Cover and refrigerate overnig freeze.

Remove pan rim and serve well Thaw frozen cheesecake about 2 utes to serve partially frozen, or a thaw completely in refrigerator. with the berries. Makes about 8 se —*J. D., San Francisco.*

Sesame-crumb Crust. Blend toget cup graham cracker crumbs, ¼ cu sesame seed and toasted wheat ger 4 tablespoons (⅛ lb.) soft butter o garine. Turn into an 8-inch chee pan (with removable bottom on release sides). Press firmly to m even layer over bottom and about up pan sides. Bake in a 375° over minutes, or until it starts to brown

Yogurt Cheesecake with Dates

Follow directions for Yogurt C cake, but omit strawberries. Inste well ½ cup *each* firmly packed dates (finely chopped), and sliced ered almonds (coarsely chopped). kle over cheesecake before servin

Introducing sesame seeds, cinnamon, coconut, rolled oats, ashews, almonds, raisins, peanut oil, wheat germ, sea salt, brown sugar, and honey.

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Frankly, those who know them prefer our products. Because all dairy products aren't alike, any more than all anything else.

If you're still picking up whatever brand your grocer happens to have, next time ask him for Knudsen. Try our milks, butters, yogurts, natural cheeses, ice creams, sour cream. Or sample our bottled citrus juices and deli products.

They're all worth asking for by name.

worcestershire a pork chop tonight

Some people only worcestershire beef. So they're missing a lot of the flavor of pork, fish, lamb, chicken, veal, soups, salads and dozens of other things. Lea & Perrins has been bringing out all that flavor for 135 years. And adding its own subtle difference to every dish.

Skillet Glazed Apricot Pork Chops

Salt
6 pork chops, 1-inch thick
1 can (5½ fl. oz.) apricot nectar
5 teaspoons Lea & Perrins Original Worcestershire Sauce
1 tablespoon cornstarch
⅛ teaspoon ground cinnamon

Sprinkle salt lightly in bottom of a large skillet. Heat until a drop of water sizzles. Add chops and brown well on both sides. Cover tightly; cook over low heat until tender, about 30 minutes. Combine remaining ingredients. Pour over chops. Cook, uncovered, until chops are glazed and sauce is thickened. Garnish with apricot halves if desired. Yield: 6 portions.

For 77 other things to worcestershire, write for free recipe book to Lea & Perrins, Dept. P-15, Fair Lawn, N.J. 07410.

and chicken or chowder tomorrow.

Chicken and Vegetable Casserole

2 tablespoons oil
3 pound chicken cut into 8 pieces
1 package (10 oz.) frozen mixed vegetables
1 can (10½ oz.) condensed cream of chicken soup
5 teaspoons Lea & Perrins Original Worcestershire Sauce
½ teaspoon salt
⅛ teaspoon Tabasco pepper sauce
½ cup buttered soft bread crumbs

In a large skillet heat oil. Add chicken and brown well. Remove chicken to a 2-quart casserole. Combine thawed mixed vegetables with soup, Lea & Perrins, salt and Tabasco; pour over chicken. Cover and bake in a preheated oven (350°F.) 45 minutes. Remove cover. Sprinkle with bread crumbs. Bake, uncovered, 15 minutes longer. Serves 4 to 5.

Hearty Fish Chowder

1 package (12 oz.) frozen fish fillets, thawed and chunked
1 bottle (8 fl. oz.) clam juice
1 can (1 lb.) stewed tomatoes, broken up
1 package (10 oz.) frozen succotash, thawed
1 tablespoon Lea & Perrins Original Worcestershire Sauce
½ teaspoon salt

In a medium saucepan combine all ingredients. Simmer, uncovered, 15 minutes or until fish flakes when tested with a fork. Yield: 4 to 5 portions.

Russian chickeny spinach soup

San Francisco's Russian bakery-deli tessens often feature a spinach soup th customers can't seem to resist. The ric flavored chicken broth is laden with sp ach and other fresh vegetables.

In our version you begin by simmer a whole chicken to make the broth, a ing the cooked chicken meat before se ing. Pass bowls of chopped egg and s cream with dill at the table to stir i each serving.

Russian Spinach Soup

Rinse a 5-pound stewing chicken place it in a large kettle. Add 1 can oz.) chicken broth and 1 quart wa Cover the pan and simmer gently u meat is very tender; this will take ab 2 hours.

Lift chicken from the broth. When c enough to handle, remove and disc skin. Pull the meat from the bones cut into bite-sized pieces; reserve. Ret bones to the kettle. Also add 2 carr cut up; 2 stalks celery (including to cut up; 3 sprigs parsley; 1 large on quartered; and 3 whole black pepp Cover and simmer 2 hours.

Pour broth through a colander strainer, discarding flavoring ingredic Skim fat from the surface of the br or chill, then lift off the solidified Bring broth to simmering and ad large potatoes, peeled and finely di cover and simmer gently for abou minutes or until potatoes are tender.

Meanwhile, shred enough carrots (a 3 large) to make 2 cups; seed and 2 large green peppers; slice enough ery to make 1 cup; and cut 4 g onions (including some of the tops about 1-inch lengths. Add to the br cover, and simmer about 12 minut until vegetables are tender.

Remove stems from about 1¼ to pounds spinach. Wash well; pat dry cut into thin crosswise strips. Add s ach and chicken meat to the broth; c and simmer about 7 minutes longe until chicken is heated throughout. son to taste with salt and pepper.

Pour soup into a tureen or ladle dir into individual bowls.

For the garnishes, coarsely chop 4 h cooked eggs and sprinkle 1 cup cream with about ¼ teaspoon dill w Serve both garnishes in small bowls pass at the table for spooning onto serving. Makes about 6 to 8 meal-s servings.

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Top Ramen Seasoned Oriental Noodles
Nissin Foods, Gardena, California 90249

DARROW M.

Nut-studded *lamb loaf is good with fresh lemon*

Super meatball ... it's Turkish

Shaped like a giant meatball, this s meat loaf is based on one a *Sunset* e discovered in Istanbul. It's made f ground lamb, seasoned with oregano spices, and studded with pine nuts toast with the loaf.

An interesting menu to serve wi might include rice or wheat pilaf, tered green beans, and a salad of to slices with marinated artichoke hea

Giant Meatball

- 2 tablespoons butter or margarine
- 1 medium-sized onion, finely chopped
- ½ cup fine, dry bread crumbs
- ¼ cup dry red wine or tomato juice
- 1½ teaspoons salt
- ½ teaspoon oregano leaves, crumbled
- ¼ teaspoon *each* pepper and ground cinnamon and nutmeg
- ⅓ cup finely chopped parsley
- 2 eggs
- 2 pounds lean ground lamb
- ⅓ cup pine nuts
- Parsley sprigs
- Lemon wedges
- About 1 carton (8 oz.) unflavored yogurt

In a frying pan, melt the butter ove dium high heat; add the onion and c stirring, until limp, about 5 minutes; into a large bowl. Add to the bow bread crumbs, wine, salt, oregano, per, cinnamon, nutmeg, chopped ley, eggs, and ground lamb. Mix we

Use your hands to form meat in large, compact ball. Roll in pine pressing them into the meat. Set meatball in a pie pan and bake in a oven for 1 hour and 30 minutes, or nuts become golden. Transfer to a ing plate and garnish with parsley s and lemon. To serve, cut in wedges offer yogurt to spoon over the mea a sauce. Makes about 6 servings.

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If you want the food you cook not only to taste good, but to *be* good, you can't skimp on the quality of the pot.

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We cast each pot like a piece of sculpture. We pour molten aluminum into a mold, thicker here, thicker there. Tapered just so. To cook evenly. The waterless way.

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Ohio residents add 4% sales tax. Allow 4 weeks for delivery. This offer expires June 30, 1973. Not valid for shipment into states where prohibited or regulated

6 deliciously thrifty tuna dishe

TUNA AU GRATIN (about 40¢ a serving)
Best Foods won't separate even when baked like this.

2 (7-oz.) cans tuna, drained and flaked
2/3 cup chopped onion
1/4 cup chopped green pepper
1/4 cup chopped pimiento
2/3 cup BEST FOODS Real Mayonnaise
1/4 cup fine dry bread crumbs
1/4 cup grated Parmesan cheese

Combine first 5 ingredients. Spoon into small shallow baking dish. Sprinkle with bread crumbs and cheese. Bake in 350°F. (moderate) oven 20 minutes or until thoroughly heated. Serves 4.

RICE-TUNA MOLD (about 21¢ a serving)
Whole-egg Best Foods helps this salad stay in shape.

3 cups cold cooked rice
1 1/2 cups finely chopped celery
1 (7-oz.) can tuna, drained and flaked
1/3 cup chopped pickle
2 Tbsp. chopped parsley
1/2 cup BEST FOODS® Real Mayonnaise
1/2 cup dairy sour cream
2 Tbsp. lemon juice
Salt and pepper to tas
1/3 cup diced pimiento

Combine first 5 ingredients. Combine remaining ingredien Blend both mixtures thoroughly. Pack in 1-quart mold; chill least 1 hour. Unmold and garnish. Serves 6.

TUNA COTTAGE CHEESE SANDWICH (about 25¢ a servin
Delicate Best Foods won't overpower even the mildest chee

1 cup creamed cottage cheese
1 (7-oz.) can tuna, drained and flaked
1/2 cup BEST FOODS Real Mayonnaise
1/4 cup chopped celery
1/4 cup minced green onior
5 radishes, diced
Salt and pepper to taste
1/2 cup toasted slivered almonds
6 English muffins, split and toasted

Combine first 9 ingredients. Spread on muffin halves. Se with remaining halves. Serves 6.

HOT TUNA HERO (about 33¢ a serving)
Best Foods won't separate even when baked like this.

2 (7-oz.) cans tuna, drained and flaked
1/2 cup BEST FOODS Real Mayonnaise
1/4 cup dairy sour cream
1/4 cup chopped parsley
1 Tbsp. lemon juice
1/2 tsp. garlic salt
1 long loaf French bread
3 Tbsp. Nucoa margarine
1/4 lb. Swiss cheese, thinly sliced

Combine first 6 ingredients. Slice bread lengthwise. Spread with margarine. Place cheese and tuna mixture between bread halves. Bake in 350°F. (moderate) oven about 25 minutes. Cu into 6 servings.

at start with Real Mayonnaise.

And that's the other name for Best Foods.®

esh, delicate Real Mayonnaise helps turn high-otein tuna into so many delicious dishes. Heat or chill it. Thin it or thicken it. Creamy-smooth eal Mayonnaise holds up in everything from this uffle to this mousse. And Real Mayonnaise eans whole-egg Best Foods.

TUNA VEGETABLE SOUFFLE (about 27¢ a serving)
Best Foods makes this souffle deliciously light.

- 1 (10-oz.) package frozen mixed vegetables, cooked and drained
- 1/4 cup chopped green pepper
- 2 Tbsp. chopped pimiento
- 1 Tbsp. minced onion
- 2 (7-oz.) cans tuna, drained and flaked
- Instant mashed potatoes
- 1/2 cup BEST FOODS Real Mayonnaise
- 4 eggs, separated

Combine first 5 ingredients in large bowl. Prepare 4 servings potatoes, omitting butter. Fold in Real Mayonnaise. Add egg yolks, one at a time; beat until fluffy. Stir into vegetable mixture. Beat egg whites until stiff and fold in. Pour into greased 1 1/2-quart casserole. Bake in 350°F. (moderate) oven 1 hour or until knife inserted in center comes out clean. Serve at once. Serves 6.

TUNA MOUSSE (about 18¢ a serving)
, fresh Best Foods makes this mousse velvety smooth.

- e unflavored gelatin
- non juice
- ng chicken broth
- T FOODS Mayonnaise
- opped parsley
- 1 Tbsp. minced green onion
- 1 tsp. prepared mustard
- 1 tsp. dried dill weed
- 1/4 tsp. pepper
- 1 (7-oz.) can tuna, drained and flaked
- 1/2 cup shredded cucumber

n in lemon juice in large mixer bowl. Add broth. Stir to dis-. Add next 7 ingredients. Beat until well mixed. Chill 30 until slightly thickened. Beat until frothy. Fold in tuna and urn into 2-cup mold. Chill 3 hours or until firm. Serves 4.

Best Foods, a Division of CPC International Inc. cpc

BRING OUT THE BEST FOODS AND BRING OUT THE BEST

NORMAN A. PLATE

Warm wedges *of upside-down gingercake crowned with apricots and cherries make tempting dessert*

Upside down or right side up, old-fashioned gingercake

The spicy goodness of plain old-fashioned gingerbread comes through each of the following cake recipes, but each has a further flavor accent. Apricot halves make an upside-down gingercake attractive to serve and delicious to eat. Buttery lemon sauce complements a dark, exceptionally moist carrot gingercake. Highlighting the third gingercake is a topping of flavored whipped cream.

Apricot Upside-down Gingercake

- [illegible]
- ⅓ [illegible]
- 1 [illegible]
- ½ cup [illegible]
- 1 egg
- ½ cup [illegible]
- 1½ cups regular [illegible] (unsifted)
- 1 teaspoon *each* soda and [illegible] cinnamon and ginger
- [illegible] teaspoon salt
- Red candied cherry halves (op[illegible])

[illegible] 2 tablespoons of the butter in a [illegible] cake pan and place in the oven while it is preheating to 325°. As soon as the butter is melted, remove pan from the oven. Distribute the brown sugar evenly over the bottom of the pan. Arrange the apricot halves, cut side down, in a single layer over brown sugar.

In a large bowl, beat the remaining ¼ cup butter and granulated sugar until creamy. Add the egg, molasses, and milk; beat until blended. Stir together the flour, soda, cinnamon, ginger, and salt. Add to creamy mixture, beating until blended. Pour batter over apricot halves and bake in a 325° oven about 1 hour or until a skewer comes out clean when inserted in the center. Immediately invert onto serving plate. If you want, place a cherry half in the center of each apricot. Serve warm. Makes 6 servings.

Carrot Gingercake with Lemon Sauce

- ½ cup (¼ lb.) butter or margarine
- [illegible] cup brown sugar, firmly packed
- 1 egg
- [illegible] cup light molasses
- [illegible] cups regular all-purpose flour (unsifted)
- [illegible] teaspoons soda
- 1 teaspoon *each* ground cinnamon, ginger and nutmeg
- [illegible] teaspoon salt
- 1 cup hot water
- [illegible] cup shredded carrots
- Lemon sauce (recipe follows)

In a large bowl beat the butter and sugar together until creamy. Add the egg and molasses and beat well. Stir together the flour, soda, cinnamon, ginger, nutmeg, and salt. Add flour mixture to the creamy mixture alternately with the hot water; beat until well blended. Stir in the carrots. Pour into a greased and floured 8-inch-square cake pan. Bake in a 350° oven for 1 hour or until a skewer inserted in the center comes out clean. Let cool in pan about 10 minutes, then turn out on a rack. Serve warm with lemon sauce. Makes about 9 servings.—*H. S., Fort Bragg, Calif.*

Lemon Sauce. Melt ¼ cup (⅛ lb.) butter or margarine in pan. Stir together 1 tablespoon cornstarch and 1 cup sugar; stir into melted butter until blended. Gradually stir in 1¼ cups water; add [illegible] teaspoon grated lemon peel and bring to a boil. Cook, stirring until thickened about 3 minutes. Remove from heat and stir in 1½ tablespoons lemon juice. Serve warm.

Spicy Orange Gingercake

- ⅓ cup shortening
- ¼ cup firmly packed brown sugar
- ¼ cup honey
- ½ cup light molasses
- 1 egg
- 1 tablespoon grated orange peel
- ⅓ cup orange juice
- 1¾ cups regular all-purpose flour (unsifted)
- 2 teaspoons ground ginger
- 1 teaspoon *each* ground cinnamon and mace (or nutmeg)
- 1 teaspoon *each* soda and instant coffee powder or granules
- ½ teaspoon *each* salt and ground cloves
- ¼ teaspoon baking powder
- ½ cup hot water
- Orange cream (recipe follows)

In a large bowl beat the shortening and sugar together until creamy. Add the honey, molasses, and egg; beat well. Stir in the orange peel and juice. Stir together the flour, ginger, cinnamon, nutmeg, soda, coffee, salt, cloves, and baking powder. Add flour mixture to the creamed mixture alternately with the hot water; beat just until well blended. Pour into a greased and floured, 9-inch-square pan. Bake in a 350° oven for about [illegible] minutes or until skewer comes out clean when inserted in the center. Let cool in pan about 10 minutes, then turn out on a rack. Serve warm with orange cream. Makes 9 servings.—*L. B., Albany, Calif.*

Orange Cream. Whip 1 cup heavy cream until it holds soft peaks. Stir in 2 tablespoons granulated sugar, ¼ teaspoon ground ginger, and ½ teaspoon grated orange peel.

Dunk a Dole® in a Dixie® Riddle™ Cup.

Your kids will love Dole dunking—it's delightful. And delicious. All they need are sweet, ripe Dole bananas, fun-filled Dixie Riddle Cups and a little imagination.

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So do something great with the great banana. Dunk a Dole in a Dixie Riddle Cup.

of Castle & Cooke, Inc.

DARROW M. WATT

Warm, sugar-glazed *yeast bread, studded with nuts and raisins, for Sunday brunch. Serve with Canadian bacon, eggs, fruit juice cooler*

APRIL MENUS

An Easter Sunday brunch, a sit-down dinner for six, an April spring green supper

To put your apron aside when guests arrive, you need a main dish that either cooks unattended or can be prepared ahead. There's a dish like that in each of these company menus planned for a variety of occasions.

The Sunday brunch features a handsome bread you bake in advance and simply heat before serving. The sit-down dinner centers around an intriguing fresh mint sauce to serve with roast lamb and vegetables. The informal supper is built around a rich-tasting meaty broth you make ahead, then use to simmer a variety of spring greens just before serving. Liberal use of the season's fresh fruits and vegetables makes each of these easy-going meals a colorful presentation.

Easter Sunday brunch

A highlight of this festive breakfa brunch is a fragrant yeast bread. rest of the menu goes together qui whether you use some of the child colored eggs after the early mo hunt, or serve hot soft-cooked egg

Fresh Orange-Cranberry Cooler
Pan-fried Canadian Bacon Slices
Hard or Soft-cooked Eggs
Sweet Easter Ring
Coffee **Hot Chocolate**

Bake the Easter ring the day befor weeks ahead and freeze). Then whi bacon is frying you can stir togethe fruit juice cooler and soft-cook the if needed.

For eight servings you'll need 1½ pounds sliced Canadian bacon. Fo cooler, combine 1 bottle (48 oz.) berry juice cocktail with about 1 freshly squeezed orange juice; serve ice. Allow 1 or 2 eggs per person.

Sweet Easter Ring

- 1 package active dry yeast
- ¼ cup warm water
- ⅔ cup sugar
- 1 teaspoon salt
- 1 cup milk, scalded and cooled to room temperature
- ¼ cup butter or margarine, melted and cooled
- 3 egg yolks
- ¼ teaspoon ground cardamom seed
- ½ teaspoon *each* rum and brandy flavoring
- 1 teaspoon vanilla
- 4½ to 5 cups regular all-purpose flour, unsifted
- ½ cup raisins
- ½ cup chopped walnuts
- 1 egg white, slightly beaten
- Powdered sugar glaze (directions follow)

Combine yeast and water in a bowl; let stand about 5 minutes. the sugar, salt, milk, butter, egg cardamom, rum and brandy flavor and vanilla; blend well. Spoon flo the cup to measure; beat about of flour, raisins, and walnuts into mixture until evenly moistened. board with about ½ cup flour, tu dough onto board and knead 8 minutes until smooth and velvety, ing in more flour if needed to dough from sticking.

Place dough in a buttered bowl turn the dough over to grease th Cover and let rise in a warm plac doubled, about 2½ hours.

Knead dough on a lightly floured

Easier, two-step way to serve a juicy, flavorful turkey.

1. Prepare the old-fashioned stuffing in a jiffy with Kellogg's® Croutettes® Stuffing Herb Seasoned Croutons. They're oven-toasted with eight savory seasonings baked right in.

2. Roast your turkey in Reveal™ see-thru Roasting Wrap. The bird browns and bastes itself automatically, and there's no pan or spattered oven to clean later.

The delicious, old-fashioned stuffing is made in minutes using Kellogg's Croutettes. Just add hot water or stock to the crisp, herb seasoned croutons as directed in the Stuffing Guide on the Croutettes package, and it's ready to pop into your bird.

Tear off enough Reveal to enclose bird lengthwise, allowing for 3-inch overlap. Sprinkle with 1 tablespoon flour. Center turkey on wrap. Spread with soft butter mixed with salt and paprika. Wrap turkey snugly and double-fold foil edges to seal. Pierce top of wrap with meat fork six times. Place turkey on rack in 2-inch deep roasting pan. Roast in preheated oven at 325°F. until golden brown.

Roast Turkey:
10-14 lbs., 2-2½ hrs.;
15-18 lbs., 2½-3½ hrs.;
19-24 lbs., 3½-4½ hrs.

free collection of other favorite Reveal pes, send name, address and zip to: Reveal pe Booklet, Box 429, Brooklyn, N.Y. 11202.

DARROW M. WATT

Ladle *creamy mint hollandaise over sliced roast lamb, fresh broccoli spears, whole carrots*

to expel air bubbles. Stretch and sh into a rope about 20 inches long; fit r into a greased 10-inch tube pan, pir ing ends together to make a comp ring. Lightly cover and let rise i warm place until puffy looking, ab 45 minutes. Brush gently with egg wh

Bake in a 350° oven for 30 to 40 m utes or until loaf is well browned. T out on a rack to cool. (If made ah wrap airtight; freeze if desired. P thawed loaf, uncovered, in a 325° c for 25 minutes to reheat.) Spread p dered sugar glaze over top. Serve w or cool. Makes 1 loaf.—*M. H., San dro, Calif.*

Powdered Sugar Glaze. Blend 1 cup sifted powdered sugar with ¼ teasp grated orange peel and 5 teaspo orange juice.

Sit-down dinner for six

A creamy hollandaise sauce, acce with a generous amount of chopped f mint, is a refreshing accompanime roast leg of lamb and a variety of li cooked spring vegetables. Make sauce the night before, if you wish.

Crisp Butter Lettuce
Oil and Vinegar Dressing
Roast Leg of Lamb
Whole Small Carrots
Broccoli Spears or Fresh Green Bea
Mint Hollandaise
Crusty Rolls **Butte**
Strawberry Shortcake or Orange Chiffo

Early in the day prepare the de either your favorite shortcake o Orange Chiffon Pie (see page 187). rinse the greens, pat them dry, and prepare your own dressing or use a chased one.

About 2 hours before serving, sea 5½ to 6-pound leg of lamb with and pepper. Insert a meat thermo into the thickest part and not tou bone; roast in a 325° oven for 1½ hours, or until the meat thermo registers 145° for medium.

Just before serving, lightly cook th etables until just tender when pie Arrange the vegetables around the on a large serving platter and pa mint hollandaise to spoon over al

Mint Hollandaise

- ⅔ cup melted butter or margarine
- 3 egg yolks
- 1 tablespoon white wine vinegar
- 1 teaspoon sugar
- Dash salt
- ½ cup finely chopped fresh mint leaves
- ⅓ cup heavy cream, whipped stiff

Heat the butter until melted and b In a blender container whirl egg vinegar, sugar, salt, and mint unti blended; then with the motor ru very gradually pour in the hot bu a slow steady stream. Blend just

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CHEESES FROM THE LAUGHING COW

the melted butter is incorporated the sauce. Cool, cover and chill u thick; fold into whipped cream. Co and chill until needed. Makes 1½ c —*H. L., Stanford, Calif.*

April soup supper

The combination of leafy spring gr and smoked ham hocks makes a co ful, hearty soup for an informal su this month.

Spring Greens and Ham Soup
Hot Cornbread Butte
Relish Plate:
Sliced Pickled Beets, Sliced Tomatoe
Green Onions, Italian-style Pickled Pe
Apple Pie or Turnovers

Simmer the ham hocks early in the or the day before (for a richer s add any bones you may have left f a previous roast, chicken, or turk Chill the stock well so it is easy to off and discard the fat. Also bak apple dessert in advance or ser purchased one.

Then just before serving, make and your favorite cornbread or use a p aged mix, and briefly simmer a va of greens in the lean stock.

Choose at least two of the follo greens: cabbage, dandelion leaves, mustard greens, spinach, or Swiss c Cut off and discard any tough s rinse the leaves well, pat dry, and or cut into bite-sized pieces.

Spring Greens and Ham Soup

3 large meaty ham hocks, split (2½ to 3 lbs. total)
Water
1 large clove garlic, minced or mashed
2 small, dried hot chile peppers, crushed
2½ quarts torn greens, lightly packed (see preceding suggestions)
1 or 2 teaspoons chicken stock base or 1 or 2 chicken bouillon cubes
Freshly ground pepper

Place ham hocks in a 5-quart k cover with 8 cups water and bring boil. Taste water for saltiness; if drain ham hocks, cover with 8 cups water and bring to a boil. any other bones you may have, a gested above, for a richer stock. in the garlic and chile peppers, r heat, cover, and simmer until yo easily pull meat from the bones, 2½ hours. Cool, then pour thro wire strainer; remove and discard and fat from meat, returning m the stock. Cover and chill.

Before serving, lift off solidified fa discard. Bring stock to a boil, s greens and simmer, uncovered, greens are just tender, about 5 mi Taste and season with chicken base and pepper. Makes 6 to 8 ser —*O. G., Martinez, Calif.*

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KRAFT
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recipes you need for making
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Smorgasbord Egg Salad. Serve it open face on pumpernickel with green pepper and two slices of Kraft Pimento Singles.

Swiss à la mode. This knife-and-fork sandwich combines Canadian-style bacon and Kraft Process Swiss Cheese slices on canned brown bread. Top with thin apple slices and a mixture of chilled whipped cream and Kraft Pure Orange Marmalade.

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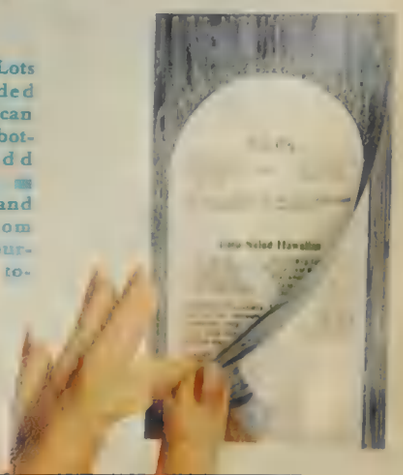
Bountiful Burger. Lots of nutrition added here, with American Singles top and bottom. Tip: Add Singles as soon burger is done and they'll melt from the heat of the burger. Top with tomato and onion



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If you like our dishwashers, you'll love our compactors.

An easy way to ıake flower rolls

Chinese counterparts of our dinner : are made from a similar basic yeast gh, but when finished they look quite rent from the rolls seen on Ameri- tables. Because they are steamed er than baked, they're snowy white. they're usually in fanciful shapes— ıese cooks call them flower rolls.

Chinese most often serve them with t meat or duck. (They play a part in menu on page 96.) You might also : them with Oriental stir-fried dishes.

ısed purchased frozen bread dough ıake the flower rolls. Just let the h thaw, shape the rolls, let them and then steam. They can be made d, even frozen, then reheated ıly just before serving. Each loaf of h makes 10 or 16 rolls depending ıeir shape.

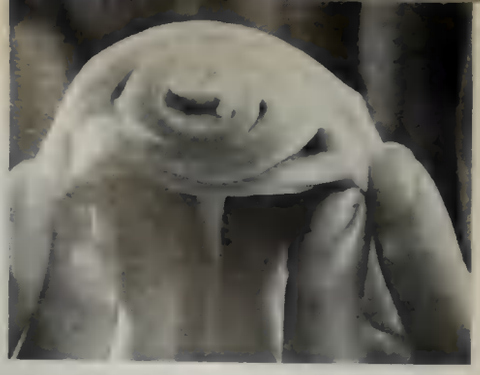
ning can best be done in Chinese ɔoo trays that stack over a wok and a bamboo lid. They are available in al sizes in import shops and Ori- hardware stores. The 12-inch trays n on page 97 cost about $5 each. 2 or 3 of these tiers you could ı an entire batch of rolls at one time.

can also devise a steamer by using ectric frying pan with a domed lid large deep kettle with lid. Fit into an a high standing rack or rings to ɔrt a pan or plate of the rolls over at ½ inch of boiling water. You may to steam the rolls a few at a time.

ng and steaming

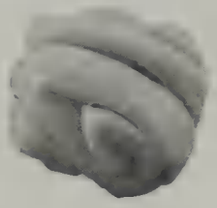
ıve 1 loaf (1 lb.) frozen bread ı from package, brush well with oil, cover with clear plastic film, ıaw at room temperature just until e, 1 to 2 hours. Shape the rolls any : three ways shown at right. As olls is shaped, place 1½ to 2 inches on lightly greased baking pans or oof plates (at least ½ inch smaller he diameter of the steamer). Cover y the number of rolls that your er can accommodate at one time t them rise. Cover and refrigerate ıing rolls.

one batch of rolls has risen half- emove another batch from the re- ıtor and let rise. When the first ave almost doubled in size (about nutes) place over boiling water in r. (If your steamer has a metal lid, waxed paper loosely over rolls.) 12 minutes. Serve hot, or cool on then cover and freeze. Continue ng rolls in sequence. □



DARROW M. WATT

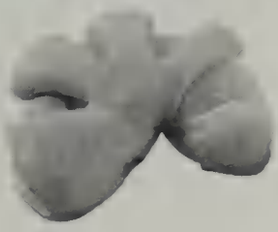
Single flower



On a well floured board, roll dough into a rectangle 11 by 15 inches. Brush surface generously with salad oil. Starting with a long side, roll dough up like a jelly roll. Slice into 10 rounds each 1½ inches long. With a chopstick press firmly down the center of each round. With a cut side facing out, pull both ends away from the center and draw them backward, pinching ends together underneath; place with pinched side down to rise. Makes 10 rolls.

DON NORMARK

Blossom shape



Cut the thawed loaf crosswise and lengthwise to make 16 equal-sized pieces. Roll each piece into a ball; then, on a floured board, roll out each ball into a round 3 inches in diameter. Brush the surface with salad oil. Make 3 or 4 slashes about 1 inch deep, equal distances apart on half of the round. Fold in half, bringing the unslashed side over the slashed side. Turn over and curve ends in slightly to form crescent shape. Let rise with slashed side up. Makes 16 rolls.

Tulip shape

Divide the thawed loaf into 16 equal-sized pieces, shape each into a ball, then roll into a 3-inch round and brush surface with oil as directed for blossom shape. Fold each round (unslashed) in half. With the folded side toward you, place two fingers on the curved edge and draw the blade of a spatula firmly between them to make two deep indentations an equal distance apart. Pinch the center of the folded edge to form a point. Makes 16 rolls.

Hot smoky brisket . . . cooked ahead

Lean and relatively economical fresh beef brisket—flavored by a smoky onion sauce and baked slowly to tenderness—can make a practical and easy-to-manage entrée for a party of 8 to 12 or two meals for 4 to 6.

Cook the meat in advance, slice it when cold (an electric knife, if you have one, does a particularly good job of cutting the brisket), and arrange duplicate portions of meat and sauce in two oven-proof containers. Then refrigerate as long as several days or freeze as long as several weeks.

To serve, rewarm the containers in the oven, allowing one portion for the smaller gathering, or both portions for the larger group.

With this well seasoned meat you might serve baked potatoes, a mixed green salad, and a vegetable such as spinach, Swiss chard, or carrots.

Choose a make-ahead dessert from the refrigerator or freezer to keep last-minute preparations at a minimum.

Smoky Brisket, Oven-style

- 4½ to 5½-pound piece of lean beef brisket
- 1 tablespoon smoke-flavored salt
- 6 to 8 medium-sized onions, thinly sliced and separated into rings
- 1 cup (or 12 oz. bottle) tomato-based chile sauce
- 1 tablespoon celery seed
- 2 tablespoons mustard seed
- ½ teaspoon ground pepper

Sprinkle brisket with flavored salt and lay meat flat in a close-fitting pan (such as the bottom of a broiler pan). Bake, uncovered, in a 500° oven for 30 minutes, turning once, to brown lightly.

Remove from oven, lift meat out and set aside; with a spoon, stir pan juices to free all browned bits. Arrange half the onions in an even layer in the pan bottom. Drizzle with half the chile sauce and sprinkle with half the celery seed, mustard seed, and pepper. Set the meat (adding any of the juices that may have drained from it) on the onions, then cover with remaining onions and top with remaining chile sauce, celery seed, mustard seed, and pepper.

Cover tightly (with heavy foil if you not have a tight-fitting lid, folding snugly around the pan rim).

Bake in a 275° oven for 4 to 4½ ho or until meat is tender when pier with a fork. Avoid hot steam when op ing pan. (If the pan is not tightly sea the juices may evaporate and the m scorch; if there is any indication that is happening, add water to pan as nee to keep bottom slightly moist.)

Cover pan loosely and chill meat t oughly (overnight, if convenient). out meat and cut in ¼-inch-thick sl going across the grain. Spread ¼ o onions in each of 2 shallow pans or s low casseroles—each 9 to 10 by 13 t inches. Overlapping, arrange half slices in each pan, covering on Then, in each pan, make a band of ½ the onions around edge of the meat. ½ of any juices to each pan.

(At this point you can cover the and refrigerate for several days, or for the freezer and freeze up to 2 w Let thaw 12 to 24 hours in the refr ator.) To reheat, cover pan tightly w close-fitting lid or heavy foil and ba a 375° oven for 35 to 45 minutes hot throughout. Each pan serves 4 together they serve 8 to 12.—*K. L., erton, Calif.*

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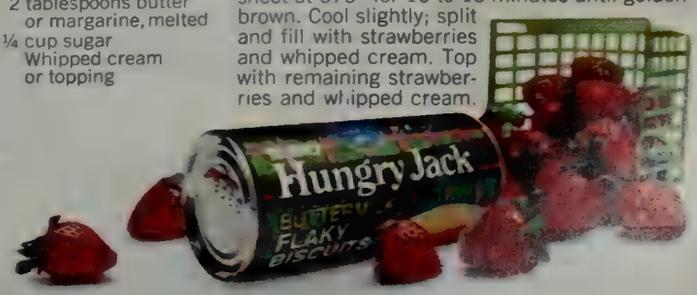
California Strawberry Advisory Board

CALIFORNIA STRAWBERRY SHORTCAKE

1 pint Fresh California Strawberries
Sugar for berries
1 can (9.5 oz.) Pillsbury Refrigerated Hungry Jack Flaky Biscuits
2 tablespoons butter or margarine, melted
¼ cup sugar
Whipped cream or topping

OVEN 375°. 5 SHORTCAKES. Slice and sweeten strawberries to taste. Separate dough into 10 biscuits. Press 2 biscuits together for each shortcake. Dip top and sides of each in melted butter: then in sugar. Bake on ungreased cookie sheet at 375° for 10 to 15 minutes until golden brown. Cool slightly; split and fill with strawberries and whipped cream. Top with remaining strawberries and whipped cream.



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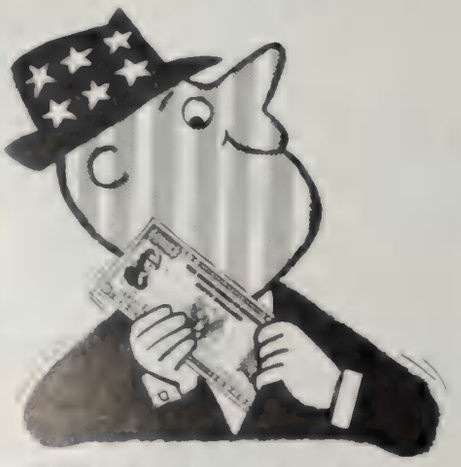
How to get a nice red, white and blue feeling – and pocket a little green



UNITED STATES SAVINGS BONDS

DARROW M. WA

Eat these *pancakes like toa spread with honey-but*

Breakfast cakes are a surprise

Although they look like ordinary pn cakes, you'll recognize how these die as soon as you break one. They're te le and cakelike, and they taste sw e They're just as good reheated as we freshly baked.

Serve them as you would warm toast or breakfast or as a snack to go with co tea, or milk any time of day. Spread h cakes with soft honey-butter or it butter and any favorite jam.

To make honey-butter, beat ½ cup (½ lb.) soft butter with ¼ cup honey at blended. Serve at room temperatur

You bake these cakes on a griddle at lower temperature than you woul for regular pancakes. Cool them pletely to refrigerate or freeze. The heat quickly in a hot oven.

Breakfast Cakes

In a large bowl of an electric mi combine 3½ cups regular all-pu flour (unsifted), 1½ cups sugar, l spoon salt, and 2½ teaspoons ba powder. In another bowl combine 4 (lightly beaten), 2 cups milk, and ½ salad oil; add to dry ingredients and at low speed until smooth.

Heat a griddle over medium hea your range or preheat an electric gr to 350°. For each cake, pour abo cup batter onto a well greased gr Cook until top is bubbly and bo lightly browned; turn and cook b side until golden. Serve warm or a on a rack to cool completely. Stack pancakes, wrap stacks airtight, an frigerate up to one week. (To fr place waxed paper between pancak you stack them.) Reheat pancakes n single layer on a baking pan in a 0 oven for about 3 minutes (4 or 5 m utes, if frozen). Makes about 2 oz pancakes.—*E. J., Oakland.*

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Brother Timothy's
Napa Valley Notebook
5th of a series

Tinta Cream Port
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The Christian Brothers

It has been several years since we first offered Tinta Cream Port, and because it has been so well-received one would expect we would make more of it. Unfortunately, that is not the way with fine wines.

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Each cask is given a number which you will find on the label so we can follow its individual progress. Many years pass before it will take on the characteristics of a truly luxurious wine. Tinta Cream Port must develop into a smooth, luscious, yet not too sweet wine of deep garnet red. It is a wine worthy of the finest occasion — to be brought out and sipped at the end of a gourmet dinner, or to be opened between meals and enjoyed with your best friends.

Because of the scarcity of the grape and the leisurely time it takes to develop its distinctive qualities, The Christian Brothers Tinta Cream Port will always be in short supply. We think you will find it worth waiting for. Priced at about [illegible]. Should your wine merchant fail to have it, write to me.

Brother Timothy F.S.C.

Brother Timothy, F.S.C., Cellarmaster
The Christian Brothers Winery
Napa Valley, California

Worldwide Distributors: Fromm and Sichel, Inc.
San Francisco, California

If you feel strongly about marmalad consider making your own

DARROW M

Thin slices *of lemon peel plus the juice go into sweet-tart lemon version*

Marmalade fanciers often have decided opinions about how it should taste. These two recipes both taste a little different from the marmalades you buy, and each is different from the other. One of them might be just what you're looking for.

The lemon marmalade uses only the thin yellow part of the peel to make a preserve that is especially fresh and tart-tasting with scarcely any bitterness.

The bittersweet marmalade, however, uses the whole peel from a combination of oranges, grapefruit, and lemons, and it's both sharp and tart. A British cook now living in California created it to resemble Seville orange marmalades made in England.

Lemon Marmalade

About 11 medium-sized lemons
½ cup water
6 cups sugar
½ bottle liquid pectin

Use a small sharp knife to slice off all the thin outer yellow peel from lemons; cut peel into slivers. Then ream the juice from the lemons. You should have 1¾ cups peel and 2 cups lemon juice. Combine the peel, water, and ½ cup of the lemon juice in a 3-quart or larger saucepan; bring to boiling, then cover and simmer until peel is tender when pierced, about 25 minutes.

Add remaining lemon juice and the sugar to the pan; cook, stirring, until sugar dissolves. Then turn heat high and bring to a full rolling boil. Remove from heat, cover, and let stand at room temperature for 18 to 24 hours.

Rapidly return marmalade to boiling, stirring to prevent sticking. Stir in the pectin and boil, stirring constantly, for *exactly* 1 minute. Quickly skim off any foam that forms; ladle the piping hot marmalade into hot, sterilized jars (see directions at right for preparing and sealing jars). Makes about 4 half pints. —*H. S., Fort Bragg, Calif.*

Bittersweet Marmalade

[illegible] medium-sized oranges, thin skinned
[illegible] each lemons and medium-sized grapefruit, with thin skins
[illegible] cups water
[illegible] cups sugar

Cut the whole oranges, lemons, and grapefruit into 1/8-inch slices, discarding seeds and end pieces. Cut orange and lemon slices each in quarters an grapefruit slices in eighths. In a 6 or larger heavy pan, combin oranges, lemons, grapefruit, and Bring to boiling, then cover and si until peel is tender when pierce translucent in appearance, about 30 minutes.

Add sugar to the pan and stir u dissolves. Increase heat to mediu and cook, uncovered, stirring of mixture thickens. Boil until two of marmalade run together and sh the edge of a cold metal spoon, ab minutes. Cover and let stand at temperature for 18 to 24 hours.

Rapidly return marmalade to b stirring to prevent sticking. Quickl off any foam; then ladle the pipi marmalade into hot, sterilized ja rections follow for preparing and jars). Makes about 8 pints.—*B. L Altos Hills, Calif.*

To preserve these marmalades, u ular canning jars or jelly jars wi sealing lids. Sterilize the jars by them in boiling water for at least 1 utes. Also scald lids in boiling wa

When marmalade is ready, remo jar at a time and invert on a clean cloth to drain. Then fill one jar at to within 1/8 inch of top. Wipe with a damp cloth, place lid on j screw on the band. Tip jar upsid for about 2 seconds, then turn i side-up and cool on a cloth or When cool, check jars for a strong

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(Grah-too-jah́-ray)
To grate.

Stella Romano and Stella Parmesan are great *to grate* on many dishes.

Tetrazzini 36

1 can (10 oz.) condensed cream of chicken soup
⅓ cup light cream or milk
2 tablespoons sherry
½ teaspoon garlic salt
1 can (4 oz.) mushrooms, drained
2 cups cubed, cooked chicken or turkey
1 tablespoon chopped parsley
2 cups hot cooked noodles
½ cup shredded *Stella Parmesan*

In saucepan, blend soup, cream, sherry and garlic salt. Add chicken or turkey, mushrooms and parsley; heat. Spoon mixture over noodles; sprinkle with cheese.

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MENLO PARK, CALIF. 94025

Innovations with leftover ham

With oriental-style spices and sauces yo can transform baked ham leftovers in two appealing new dishes. One is a par appetizer and the other a dinner entré

Ham Appetizers with Mustard Sauce

In the top of a double boiler combi 1 tablespoon sugar, 3 tablespoons Dijo style mustard, 2 teaspoons curry powd ⅛ teaspoon *each* cayenne, ground a spice and ginger, 2 tablespoons *ea* vinegar and water, and ½ teaspoon sa beat in 2 egg yolks. Place over hot wat and cook, stirring constantly, until thic about 4 minutes. Remove from heat a stir in 1 tablespoon butter or margarin stir until butter melts. Cool. Whip cup whipping cream until it softly peak fold cooled egg mixture into cream un blended. Chill until serving.

Just before serving place about 4 cu (about 2 lbs.) cooked ham, cut into 3 inch cubes, on a broiler rack and pla about 4 inches from the heat. Broil abo 3 minutes, or just until ham is heat through. Serve with picks for dunki ham cubes in the sauce. Makes about 9

Sweet and Sour Ham

- 1 tablespoon cornstarch
- ⅓ cup brown sugar, firmly packed
- ¼ teaspoon ground ginger
- 1 tablespoon *each* soy sauce and Sherry
- ¼ cup *each* vinegar and regular-strength chicken broth
- ¼ cup salad oil
- 3 cups (about 1½ lbs.) cooked ham, cut into ¾-inch cubes
- 1 medium-sized onion, cut in 1-inch squares
- 2 cloves garlic, minced or mashed
- 1 green pepper, seeded and cut in 1-inch squares
- 1 can (8 oz.) pineapple chunks, drained
- 2 medium-sized tomatoes, cut in 1-inch cubes

Blend the cornstarch with the bro sugar and ginger. Stir in soy sau Sherry, vinegar, and broth; set asi Cut and measure remaining ingredie

Heat 2 tablespoons of the oil in a wok 12-inch frying pan over high heat. Wh hot, add the ham and cook, stirring c stantly, until ham is browned, abou minutes. Turn out of pan.

Add the remaining 2 tablespoons oi pan and heat over high heat. Add on and garlic and cook, stirring constan for 1 minute. Add the green pep pineapple, tomatoes, cornstarch mixt and ham; cook, stirring until it bo about 1 minute. Makes 4 servings.

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Diane Blackman

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Strips *of fried egg and por*
in soup from Th

A sort of ham and eggs soup

Cooks in Thailand use eggs and together in many of their favorite In this soup, eggs and pork are with garlic, then added to broth.

Thai Fried Egg and Pork Soup

With a fork, lightly beat together Heat 1 tablespoon salad oil in a 1 frying pan over high heat. When hot pour in eggs and cook, lifti egg from the pan bottom as it cook a wide spatula to let the liquid p run underneath. When eggs are s lightly browned, slip the spatula the egg and turn over (it's like flip big pancake). Cook until lightly br Turn out of pan and cut into st inch wide and 2 inches long.

Slice 1 pound lean boneless po strips ⅛ inch thick, 1 inch wi 2 inches long. Finely chop 4 clov lic and mix with pork slices a teaspoon pepper. Heat another 1 spoon oil in pan over high heat. oil is hot add half of the por ture and cook, stirring constantl lightly browned, about 3 minu move from pan and set aside. using 1 more tablespoon oil and ing pork mixture.

In a kettle combine 1 large can 48 oz.) regular-strength chicken 1 teaspoon *each* sugar and vineg ½ teaspoon soy sauce; bring to As the broth heats, thinly slice green onions (tops included) to n cup. To the boiling broth, add eg and onion. Cook just until pork is through, 1 to 2 minutes. Makes ings.—*T. A., Menlo Park, Calif.*

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MIRRO-MATIC

Main dish cheese sandwiches.

(Nifty dishes for tonight's dinner.)

Cheese.
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page for recipes
ican Dairy Association

NORMAN A. PLATE

Spoon *gingered plum sauce over glazed chicken leg that cooked in same sauce*

GOOD COOK'S SECRET: Plum sauce

three meat dishes all begin with ne delicious plum-flavored sauce. et yet sharp flavor is distinctively it when used as a baste for roast , or a marinade for lamb kebabs, nered with tender pork cubes.

made from canned plums, the e sauce can be made ahead and ated for about a week.

ed Plum Sauce. Drain 1 can (1 ole purple plums, saving syrup. pits, then whirl plums and syrup ender until puréed. Cook 1 me- zed onion (chopped) in 2 table- melted butter or margarine until ir in ⅓ cup firmly packed brown ¼ cup tomato-based chile sauce, spoons soy sauce, 1 teaspoon ginger, 2 teaspoons lemon juice, plum purée. Simmer, uncovered, 0 minutes or until slightly thick- ir occasionally. Makes enough r one of the following recipes.

azed Chicken

nd pat dry 1 large (about 3½ oiler-fryer chicken, cut into sprinkle with salt and pepper. cup (⅛ lb.) butter or margarine e roasting or broiler pan in the ile it preheats to 400°. When elts, arrange chicken skin-side- d bake 25 minutes, basting with l Plum Sauce after 15 minutes. Turn chicken skin-side-up and bake 25 minutes, basting with the sauce after 15 minutes. Chicken is done when thigh meat is no longer pink next to the bone when slashed. Heat remaining sauce and pass at the table. Makes 4 to 6 servings.

Plum-marinated Lamb Kebabs

Cut 2 pounds boneless lean lamb into 1½-inch cubes. Pour 1 recipe Gingered Plum Sauce over meat, cover, and chill 4 hours or overnight.

Lift meat from marinade and thread on 4 or 5 metal skewers, alternating meat with ½ pound medium-sized mushrooms. Broil 6 inches from the heat, turning, until meat is just slightly pink when slashed; about 20 minutes total. Brush meat and mushrooms with sauce while broiling. Heat remaining sauce and pass at the table. Makes 4 to 6 servings.

Simmered Pork with Plum Sauce

Trim fat from 2 pounds boneless lean pork (such as butt or loin end) and cut into 1-inch cubes. Heat 1 tablespoon salad oil in a large frying pan over medium high heat. Add the pork and brown well on all sides. Pour 1 recipe Gingered Plum Sauce into pan and bring to simmering. Cover, reduce heat, and simmer until pork is tender when pierced, about 25 minutes. Serve over hot cooked rice. Makes 4 to 6 servings. □

Main dish sandwiches:

Denver Devil

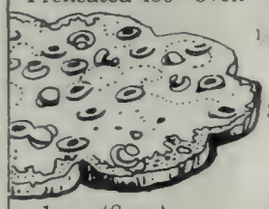
4 servings

1-lb. loaf French bread
1 can (4½ oz.) deviled ham
4 eggs
¼ c. milk
¼ tsp. salt
Dash of pepper
¼ c. chopped green onion
2 tsp. butter
8 thin slices small tomato
8 thick triangle slices Cheddar cheese (about 8 oz.)

Divide loaf in half. Slice half lengthwise to make 2 equal bases. Toast cut side under broiler. Spread with ham. Beat eggs, milk, salt and pepper. Add onion. Heat butter in skillet. Cook egg mixture as you would scrambled eggs. Arrange eggs on ham. Arrange 4 slices of tomato and cheese on each base. Broil until cheese melts.

Pronto Pizza

4 servings
Buttered pizza pan, 14-inch
Preheated 450° oven

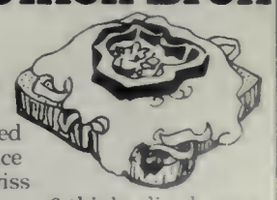


1 pkg. (8 oz.) refrigerated biscuits
1 c. (4 oz.) shredded Cheddar cheese
⅓ c. mushroom crowns, drained
3 oz. sliced Mozzarella cheese, cut into small triangles
1 can (8 oz.) tomato sauce
1 tsp. instant minced onion
½ tsp. leaf oregano
¼ tsp. garlic salt
2 Tbsp. grated Parmesan cheese
2 Tbsp. sliced pimiento-stuffed olives

Combine tomato sauce, onion, oregano and garlic salt. On pan, arrange 8 biscuits in a circle and 2 in the center. Flatten biscuits, pressing adjoining sides together to form a continuous circle, about 12 inches. Form a ridge around outside edge. Spread sauce on dough, sprinkle with Cheddar, arrange mushrooms and Mozzarella. Sprinkle with Parmesan. Garnish with olives. Bake about 12 minutes.

Cheese Onion Broil

6 sandwiches

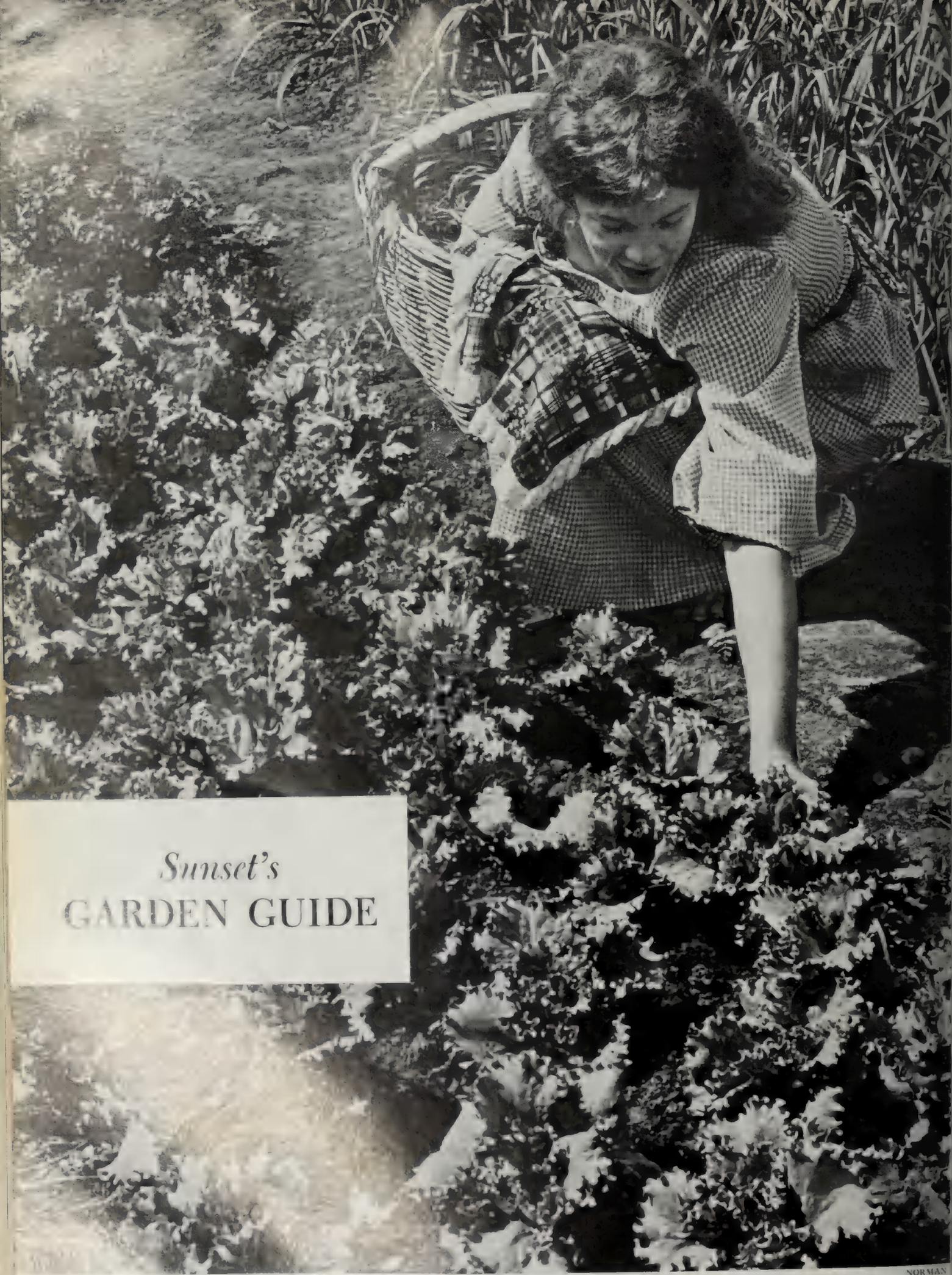


2 Tbsp. butter
¼ tsp. salt
2 med. onions, thinly sliced
6 slices white bread, toasted
6 Tbsp. chili sauce
6 thick slices Swiss cheese (12 oz.)
3 slices bacon, cooked, crumbled
6 thinly sliced green pepper rings

Melt butter, add salt; sauté onions. Butter and spread each slice of toast with chili sauce. Top with onions and a slice of cheese. Broil until cheese melts. Garnish with bacon and pepper ring.

For a 16-page full-color booklet of very special cheese recipes, send 25¢ to "Cheese," American Dairy Association, 6300 No. River Rd., Rosemont, Ill. 60018

american dairy association



Sunset's GARDEN GUIDE

NORMAN

She's weeding her lettuce

She's weeding a mounded bed of leaf lettuce. You can plant it in April, about 10 inches apart in staggered rows. Soon after plants reach the size shown, they close ranks, covering soil and crowding out any new weeds. Plants behind her are

RIL IN YOUR GARDEN

Enjoy it while you plant your summer garden

pril, spring has marched through ın Francisco Bay Area and the in- valleys and is creeping into the lls of the Sierra and warmer sec- ɔf Utah and Nevada. In the inter- tain region, gardeners may still be ng bare-root planting and dormant ıg and spraying, but in milder spring flowers are at their peak mmer planting is under way.

etter seed germination . . .

gardeners have difficulty getting to germinate outdoors because an't be at home to keep the soil enough. Gene Lemons of San Jose ves germination in his seedbeds by ıg them with sheets of black plas- ıolds warmth and moisture in the emove the plastic as soon as the edlings emerge or they may die ess heat. Mr. Lemons found that atures under the black plastic s much as 25° warmer than out-

d the French Intensive system ving vegetables

mons also experimented last fall ıe French Intensive system of g vegetables (see pages 78 and the September 1972 *Sunset*). He that root crops grew more suc- y with the addition of the rec- ded quantities of humus to his ype soil and that leafy vegetables to stay cleaner—less soil splashed em from rain and watering.

ng to his soil thermometer, beds d the French Intensive way about 5° warmer than adjacent ınd, encouraging faster growth. o stayed looser and more work- spite the heavy rains.

ıere are two crops—carrots and -spaced the French Intensive ot crowded enough to stunt but close enough that no space d. The carrots are 'Red-cored ay'; they have a full flavor ill quite small—2 to 3 inches an inch or less in diameter. As ones are harvested, others get om to grow. If you prefer large carrots, you may want to space them slightly farther apart.

You'd be surprised how little space even large plants need. One gardener planted a mounded bed with three rows of corn only 8 inches apart plus a row of squash along each side. All the plants were healthy and produced crops of normal quantity and quality.

Self-branching coleus

Coleus is one of those easy-going plants you can neglect and still have good results. If a coleus gets spindly or leaves drop off, you can always start a new plant by rooting pieces of stem in water.

A new coleus introduced this year is even easier to take care of. Its natural form is branching and compact; you don't have to pinch off branch tips to keep it well shaped. Called Carefree coleus, it comes in a variety of colors. Plants are available at some nurseries, or order seeds from Park Seed Co., Inc., Greenwood, S.C. 29646.

Thinning deciduous fruits

Last winter's freeze meant death or disaster to many tropical trees, but deciduous trees benefited from it. With their chilling requirements fully satisfied, deciduous trees are breaking their dormancy with a sudden burst of unusually strong bloom.

If it's warm and dry enough when that bloom occurs, an exceptional number of flowers may develop into fruits. On cherries, nuts, pears, and prunes, that means you may get a bumper crop this year. On apricots, apples, nectarines, peaches, and plums, it means that you may have to remove a lot of fruit to get good size and quality, and to reduce the potential weight load on branches.

When you don't remove excess fruit, trees may produce only a small crop the following year.

With many kinds of fruit trees, you can use a pole with a piece of rubber hose over the end to tap along each branch, jarring much of the excess fruit loose. Then finish the job by hand. Remove imperfect and double fruit and all but the largest fruit in each cluster.

Space apricots and plums 3 to 5 inches apart (4 to 6 inches for larger plum varieties). Space apples, peaches, and nectarines 6 to 10 inches apart.

The earlier you do this, the more energy will be diverted to making the remaining crop larger and better. However, you should wait long enough to be certain natural causes don't overthin the crops. There is often some natural self-thinning called "June drop." If the crop is heavy, do a little thinning while the fruits are small; thin more after the natural drop if the crop is still too heavy.

If you like to save seeds . . .

Many modern plants have been hybridized to the degree that their seeds produce inferior plants or don't produce at all. But you can still save seeds from the poppy anemone (*A. coronaria*) and expect them to reproduce flowers of equal

These carrots *were grown about 1 inch apart, on purpose—the French Intensive system. The soil is too clayey, so one tight-packed carrot lost its top*

DARROW M. WATT

Sunset's GARDEN GUIDE

DARROW M. WAT

Anemone *seed head is dry, fluffy, and about ready to blow away. Now is the time to collect the seeds*

quality the next year.

Anemone tubers planted last fall will probably bloom this month. After the petals fall off, the center forms a cottony ball somewhat like a dandelion puff.

To save the seeds for planting, select half a dozen of the best plants. Allow only two to four flowers to develop on these plants. Cut off all stunted or inferior anemone flowers in the garden so they can't pollinate with the good ones you've chosen.

When a seed head looks like the one at right, pull off loose seeds and put them in a dry, airtight container. Collect the seeds on a dry day after any moisture has evaporated. Moist or immature seeds may mildew or germinate poorly.

Sow the seeds in fall or early spring after frosts. They germinate and grow best in cool weather. Use flats or pans filled with fast-draining, humus-rich potting soil. Pull the globs of seeds apart, spread them out, and cover with about ¼ inch of soil. Keep moist. You may want to cover the seed container with glass or plastic until the seeds germinate four to six weeks later.

After at least two pairs of leaves develop, thin or transplant seedlings 6 inches apart. In mild areas, you can transplant them outdoors in October or November. In cold places, keep them indoors or protected until after frosts. Plants should bloom that spring.

Cold-resistant iceplant

The December freeze killed many iceplants, but one kind in Cupertino seemed relatively undamaged despite temperatures down to 20°—*Cephallophyllum* 'Red Spike,' also sold as *Cylindrophyllum speciosa*.

Leaves *of 'Red Spike' iceplant grow in erect clumps 3 to 5 inches tall. Cerise flowers are 2 inches across*

ELLIS MARUGG

This small iceplant grows in spreading slowly to about 15 wide. Small cerise red flowers heavily in winter and early spri off and on through other seasons plants 6 to 12 inches apart.

'Red Spike' is best suited for are as parking strips, rock gardens, o slopes. On steep slopes, its cl growth habit would be less effec erosion control than trailing icep

Of course you can eat dandelio

In the March 1973 issue of S typographical error in the 10t graph of the article on page 21 a sentence into complete nonse course it is *not* impossible to har dandelions, people have eaten t years with no ill effects. As we the young, tender leaves are best

Temporary branches for tougher trees

Pruning off all the lower branc young tree to make it look be always a good idea. These branches help the total tree gro faster and protect it from children, and dogs.

Leave lower branches on the consider them temporary. Ther be a limb every 4 to 12 inches trunk, concentrated along the side of the tree for sun prot areas with intense heat. Cut branch tips to leave short limb inches long.

Leave these short lower side

ALL THESE LAWN AND GARDEN TRACTORS ARE GOOD ...AND LOUD.

EXCEPT ONE.

The new Bolens QT-16. It's [illegible] quiet. Quiet enough to meet the growing tide of anti-noise ordinances. But don't let the quiet deceive you. This is a powerful twin cylinder 16 horsepower tractor. With the newest power components. Like hydrostatic drive. 4-position hydraulic lift. Electric attachment clutch. And a power locking collar that connects and releases the mower, snowthrower or tiller with fingertip pressure.

The QT-16 has the performance you want for your yard. And the quiet you'll appreciate from your neighbor's yard. So spread the word [illegible]. The QT-16 is here. Now. Today. Years ahead of the competition. With the same Bolens quality you'll find in all our tractors, mulcher/baggers, walking mowers, riding mowers, garden tillers and snowthrowers. All engineered and built to keep you a good yard ahead.

BOLENS®
FMC CORPORATION®
A good yard ahead

Dense *canopy of California bay tree (pepperwood) dominates busy corner lot in San Mateo. Its spread is about 52 feet*

DARROW M. WATT

Three *people reach about halfway around the trunk—20 feet 10 inches in circumference*

on the tree until the trunk is about 4 or 5 inches in diameter; then prune them off for a mature tree shape. In the meantime, cut out the thicker temporary branches each year so they won't scar the trunk later; and let new, younger branchlets take over.

If you already have a tree without any lower side branches, you can't do much to help the strength of the trunk other than stake it the proper way, but if any buds break out on the lower trunk, encourage them. To protect it from sunburn in scorching climates, coat the trunk with white latex paint or wrap it loosely in cardboard.

Saving a bay tree

One tree expert estimates that the fornia bay tree or pepperwood sho left is about 300 years old—perha third oldest in California. With n ruptions, it could easily live anothe years. Few bay trees of this size an are in such excellent health.

The tree grows at the corner of and Dartmouth Road in San Mate fortunately, that is the proposed an apartment complex. Althoug cautions would be taken to prote tree if the development takes there is always a possibility that d to roots and alteration in soil dr would gradually ruin the tree's he typical pattern for old native tre turbed by nearby construction is ual decline to the degree that ten or so later they are declared unsa cut down.

People want to see that nothing h to shorten this tree's life span. T of San Mateo is contributing $25,000 to buy the land for a park. Friends of the tree are rais necessary balance by "selling" the $7.62 a square foot. Donations refunded if enough to buy the lan raised. They are also selling 15 inch prints of a drawing of the for $10.

To buy a print or an honorary s the land, send a check to Bay Tre 447 Fairfax Ave., San Mateo, Ca 94402.

APRIL CHECK LIST: *Here are April's important jobs*

☐ **Building soil.** Before you start planting this month, check the texture of your soil. Organic materials will improve almost any soil; they also provide some nutrients. In heavy soils that compact easily, coarse river sand plus compost can be helpful.

☐ **Bulbs and bulblike plants.** Remove faded flowers from spring-flowering bulbs. Wait until leaves are dry to cut them off at ground level. Plant summer-flowering bulbs such as agapanthus, canna, dahlia, gladiolus, water lilies, and watsonia now.

☐ **Cuttings.** Make softwood cuttings of carnations and chrysanthemums. If you or friends have healthy fuchsias, geraniums, iceplants, and pelargoniums that were protected from last winter's freeze, you can take cuttings from them to replace some of the plants you lost.

☐ **Fertilize.** Lawns and shrubs need regular feeding from now on for good growth. Also feed berries and fruit trees.

☐ **Lawns.** April is one of the best months for starting or reseeding patches in dichondra or grass lawns. Continue feeding established lawns once a month and start mowing frequently. Lower parts of grass blades sometimes turn yellow from lack of sun if grass gets too long between mowings.

☐ **Planting for summer.** In mild areas you can plant almost any summer annual from seeds or containers. Some possibilities: cosmos, gaillardia, helichrysum, marigold, morning glory, nasturtium, petunia, sunflower, zinnia.

☐ **Pruning.** Freeze-damaged plants will continue their recovery into the summer. Prune away dead parts when the living tissue has made itself plainly evident. On plants that appear totally frost-killed, prune to leave a few stubs behind. Growth may still appear.

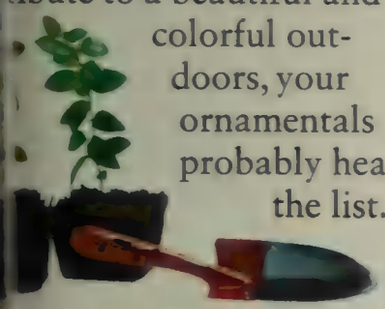
☐ **Roses.** Feed monthly, w deeply, and apply a mu making sure it doesn't cover the union. You can knock off ap with a forceful spray of wate with a solution of mild soap water. Avoid wetting foliage in evening or on foggy days whe won't dry out quickly and may courage mildew.

☐ **Vegetables.** In most ar summer gardens can be s ed this month. You can sow seec beans, beets, carrots, chard, c cucumbers, lettuce, melons, squ or set out seedlings of eggplant, per, and tomatoes. Gardener cold areas can get summer har earlier by starting plants in con ers indoors or in coldframes.

☐ **Watering.** As soil begin dry out, begin regular watering. Be careful not to let n planted trees, shrubs, or seed dry out. Mulch recently pla areas to conserve moisture.

If it grows, ORTHO can help.

Of all the things that
ribute to a beautiful and
colorful outdoors, your
ornamentals
probably head
the list.



But beautiful things
m "just happen." More
they are the results of
ion and careful protec-
ORTHO® has been
ng to provide both for
d many years.
As the acknowledged
in garden and home
cts, ORTHO makes prod-
nourish and protect

nch of your outdoors;
oods, pest control dusts
ays and applicators.
mple:
RTHO Systemic Rose
ower Care simplifies
and protecting your
e ornamentals. It's a
granular product
that can be
easily mixed
into the soil
at the base
of ornamental
plants.

It combines
a well balanced plant
food with a highly effec-
tive systemic insecticide.
ORTHO Systemic Rose
and Flower Care protects
against sucking insects,
spider mites and leaf
miner effects up to six
weeks after application.

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Root Stimulator is a starter-
type liquid fertilizer that
helps plants
withstand
the rigors
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planting.

It con-
tains a plant
hormone-
like chemical
to stimulate
quick growth.
Excellent for
woody perennial plants and
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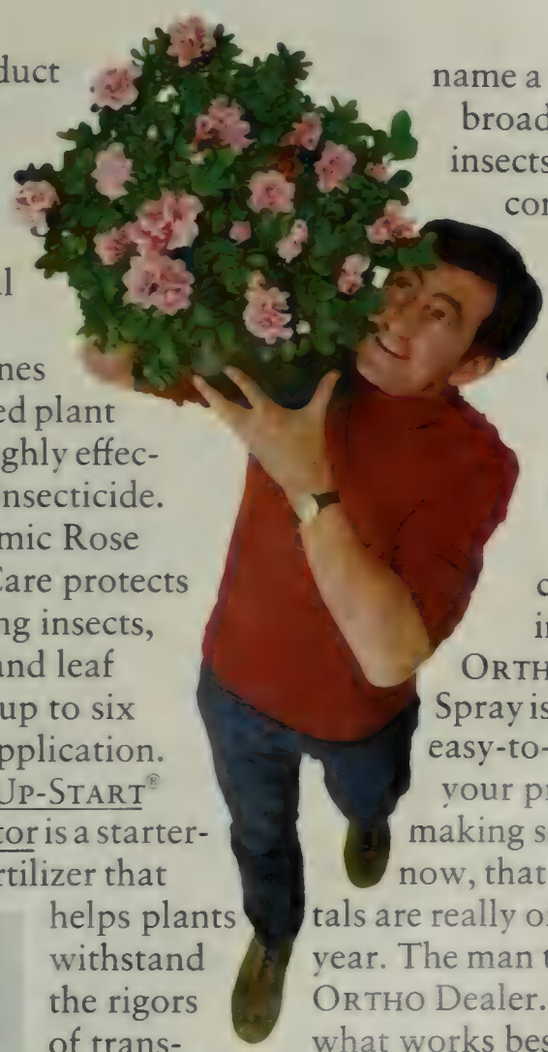
ORTHO ISOTOX® Insect
Spray is the most famous
product of its kind, a top-
seller for years. Protects roses,
camellias, azaleas, gardenias,
evergreens, shade trees, to



name a few, against a
broad spectrum of
insects. These include
common ones like
aphids, army-
worms, lace
bugs, tent
caterpillars
and mites.

If you are
bothered by
sucking or
chewing insects
in your garden,
ORTHO ISOTOX Insect
Spray is an economical,
easy-to-use answer to
your problem. Start
making sure—and right
now, that your ornamen-
tals are really ornamental this
year. The man to see is your
ORTHO Dealer. He knows
what works best around your
neighborhood. Ask him.

If it grows, ORTHO can help.

Chevron

ORTHO Chevron Chemical Company

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AVOID ... READ THE LABEL AND USE ONLY AS DIRECTED

Snapper. The lawn mower that vacuums as it mows.

Snapper will vacuum your lawn of pine [illegible] leaves, and light litter as it cuts.

[illegible] large grass catcher is mounted be- [illegible] wheels to give you 100% maneuver- [illegible] is sticking out to the side to catch [illegible] shrubs, or other obstacles in your [illegible] in 18" or 21" cuts.

See [illegible] lawns begin with Snapper.

[illegible] Fuqua Industries [illegible] or write for a [illegible] All Snapper mowers meet [illegible]

NORMAN A.

Inch-wide *flowers of Dianthus 'Beatri* *are salmon pink, clove-scented*

'Flower of the go it smells so goo

Divine flower or flower of the g that's what *Dianthus* means. Is the too presumptuous for carnations, and sweet Williams? Perhaps it many of the family have a fra that can still be called divine—the clean scent of cloves.

To most people, a dianthus is a "p an annual or perennial with frin aled flowers like small carnatio these pinks, the annuals make a fin in white, red, or pink, but they ha or no fragrance. For that, turn perennial pinks.

Few plants are as easy to gro propagate, and few yield more over a longer period. The bloo 'Beatrix,' in the photograph abo two of a hundred thousand or sc Cupertino, California, garden o Alice Wagenhals. Mrs. Wagenhal agated enough plants of 'Beat plant a 200-foot border (with a to give to friends) in a period three years.

'Beatrix' has small clusters of inc salmon pink flowers on foot-hig above green foliage clumps. Ot rieties have single or double flo white, pink, red, or bicolor mixt these. Many have gray-green leave have long blooming seasons w peak coming in early or mid-sp

If you can't find 'Beatrix' or oth ennial kinds in your nursery, crop from seed (sow *D.* Allwo brids or *D. plumarius*) and then gate your favorite plants from taken just after the seedlings bloo spring). Pinks like sun, good d and light feeding and watering.

ENERAL FOODS CORPORATION / WELCH
/HITE KING / HEINZ / RALSTON PURINA
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WE CARE ABOUT YOU Rely On It!

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LOST! Valuable plant worth $50.
20¢ worth of MIRACID may have saved it

YELLOW LEAVES
TURN HEALTHY GREEN FAST

Chelated Iron plus Soil Acidifier helps stop dangerous yellowing

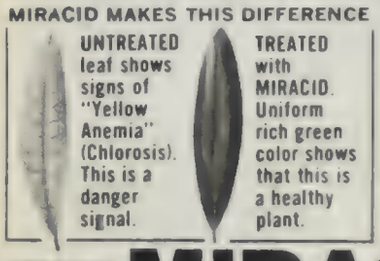
"Chlorosis" (yellow leaves) is a dangerous killer. Often caused by iron deficiency, improper soil acidity or malnutrition. Instant-action MIRACID helps stop chlorosis fast. Sick-looking plants often transformed to beautiful green.

WHY MOST FOUNDATION PLANTS NEED MIRACID

Concrete foundations seep alkaline into soil making it unsuitable for many plants. MIRACID quickly acidifies soil, "ironizes" and feeds plants. See results fast.

CAMELLIA, GARDENIA, AZALEA All evergreens, all acid-loving plants.
Guaranteed Results. Some plants green-up in 7 days or less.

MIRACID MAKES THIS DIFFERENCE



UNTREATED leaf shows signs of "Yellow Anemia" (Chlorosis). This is a danger signal.

TREATED with MIRACID. Uniform rich green color shows that this is a healthy plant.

SAFE for all plants—use as directed.
CONCENTRATED! ECONOMICAL! One tablespoon makes a gallon.
HELPS PENETRATE HARD SOIL. Helps plant food and water reach deep roots fast. Avoids wasteful fertilizer run-off.
UNCONDITIONAL GUARANTEE. You must see results or money back.

8 oz. $1.00 | 1½ lbs. $2.49 | 5 lbs. $5.49

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NEW! TUB 'N SINK JELLY
rust-stain remover for porcelain, and any of the new fiberglass and acrylic surfaces. New non-slippery formula!

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Snarol kills in full direct sunlight. Contains no poisonous arsenic that can kill plant life.

If you're afraid poisonous arsenic products will kill your plants along with those destructive snails and slugs, then get Snarol. Snarol only needs full direct sunlight to kill snails and slugs. So it's safer for your garden than products containing or releasing arsenic. If you love your garden, you'll love Snarol.

DON NOR

Two plants *growing in this half-barrel yielded many baskets of fruit*

Big tomatoes in big containers

Small-fruit tomatoes are easy to gr containers, but few people have with bigger varieties. However clever gardener, Claire McCampb Palo Alto, California, succeede using half whiskey barrels (availa many garden supply centers) as pl The half-barrels gave the long t roots enough room to grow in a s of mostly rich, porous, water-h compost.

To prepare the whiskey half-barr planting, Bob McCampbell var the outside, drilled drain holes bottom, and put brass screws hoops to hold them on tight. F rubber-wheeled casters were bol each barrel for easy movement. T Campbells filled their barrels with mix of compost, sand, rotted m cocoa bean hulls, bonemeal, and s

On April 22, Mrs. McCampbell p two tomato plants in each of five Two weeks later she put four st feet long) in each barrel to supp growing plants. She also gave the a single feeding of fish fertilize plants grew so well they didn another feeding.

Mrs. McCampbell tried five va 'Ace,' 'Patio,' 'Pearson,' 'Spring and 'Yellow Pear.' 'Spring Gi best. It grew only 2 feet high, b duced more fruit, produced longe July to October), and the tomatoe better than the others.

We start with flavor, just like our name.

Flavor House Nuts are very big on flavor. That's because we select quality nuts in the first place. Then we dry roast them with no artificial flavorings or preservatives. So the flavor comes through, no matter which variety you choose. They're the quality you'd serve to guests, but priced so you can enjoy them any time.

BORDEN

NORMAN A. PLATE

Trestle bridge *in foresty front yard crosses a permanent drainage ditch that had to be dug right there*

Their entry walk had to be a bridge

Care package.

lot of care for your lawn and gar-
package of Spectracide.
most insects that can destroy grow-
ectracide protects your flowers,
shrubs, trees and lawn. You don't need to buy a
lot of different insecticides for different insects.
In liquid concentrate, aerosol spray or granu-
there's a lot of care in each package.

Spectracide

Supports *are rough-cut 4 by 4; they extend far enough beyond the inch-thick planks to hold pots of marguerites*

When the contractor finished th in Laguna Niguel, California, code-required drainage ditch front of the door. The William had a simple solution—build a They planted the sides of the di dichondra (they don't mow it, let tree leaves stay where they f fast-growing silk oaks (*Grev busta*), and bottlebrush. Rocks a tom of the ditch make it a sun stream bed.

In the Northwest and intermou gions, you could use hardier shrubs in place of the tender nians shown here. As a no-mo entrance, gully ground cove colder climates, use thyme (in *Vinca minor* (in sun and shad

Where do you want the freezer in your new *Amana* refrigerator...

on the side?

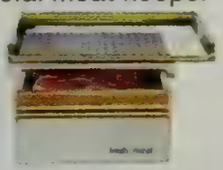
on the bottom?

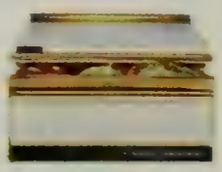
on the top?

Amana gives you a choice

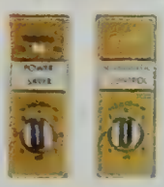
If ou're looking for a new refrigerator, you needn't lo any further, because Amana offers a complete line o efrigerator-freezers. There's a size, style and color th 's just right for your family. If you want your zero d ree freezer on the side, there's the Amana Side-by Side. Or you can have it on the top or the bottom. Y r choice of autumn gold, avocado, two-tone cop- pe one or gleaming white at no extra charge. They're al Free-O-Frost in both refrigerator and freezer se ions.

d no matter which Amana style you prefer, you get all e Amana special features, like the "refrigerator- wi n-a-refrigerator." That's our special meat keeper th keeps meat fresh up to twice as ng as ordinary meat keepers. Su r cold air blows around the me t, never on it, so the meat doesn't dry out. There's also a special high-humidity compartment that keeps vegetables fresh up to three weeks.





And every Amana refrigerator-freezer has two independent temperature controls—one for the freezer, one for the refrigerator. There's even an automatic ice maker that you can add now or anytime later and you can even have your choice of 329 decorator fronts and wood grains to match your kitchen.



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Your tast
ve
your tast

Your taste has probably changed since you first said "I do" to your china and crystal.

As you have tasted life, quite naturally your taste has changed from what you may have bought once upon a time.

Which leads us to a simple question: at the same time that your husband is eyeing a new, more luxurious car for your driveway, don't you have a right to eye beautiful new china and crystal for your table?

After all, how many more tables are you going to set before you set the one you really want to set?

Royal Doulton English Bone China.
Because food alone doesn't make the meal.

There is an art to eating.

And through the decades Royal Doulton has been part of that art.

Our Bone China patterns are beautiful paintings. Only instead of painting on canvas, our artists use Bone China. In fact, there are times when they even hand paint their intricate designs using platinum and pure gold.

This same dedication to beauty is shared by our gravers, plate makers and kiln masters, many of whom have spent their whole lives crafting only our Bone China.

It is, you see, no mere accident that Royal D
Bone China combines the three most important vi
china can have: pure whiteness, translucence, and

Royal Doulton Bone China. When you cho
Bone China "the second time around," this is wher
And end.

(While you are choosing, you might like to
that when you buy a 40 piece service for eight, yo
receive a 15% savings.)

**Royal Doulton Fireglow. Flowers that wo
Even in the oven.**

Among our many Fine China patterns we
with a beautiful, lively looking floral pattern calle
Fireglow.

These flowers are unusual. They not only
plates and cups and bowls, but also on cooking pi
that can go right into the oven.

And afterwards, right onto the table for se

There are casseroles, soufflés, even a roa

This whole concept of beautiful Fine Chi

s a bride
us
s a woman.

as well as serve in (and on) is something new
irst went china shopping.
thought we should introduce you to the idea.
ou've changed, why shouldn't china?

Royal Doulton English Crystal.
iament has a hand in making it beautiful.

merica and Continental Europe, crystal must
inimum of only 24% lead to be termed "full lead."
in England, the government sets a higher
0% is the minimum.
oyal Doulton we think this higher standard
e. So much so that we set an even higher one
s. 32%, which we consider ideal. It assures us
stal will be as brilliant and as reflective as it possibly can be. With added clarity and diamond-like sparkle.

In addition to being 32% full lead crystal, our beautiful stemware is hand blown and hand cut.

Royal Doulton English Crystal. A high standard of crystal to go with a high standard of living.

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The patterns shown here are obviously just a small sampling of Royal Doulton English China and Crystal.

If you would like to see more, send 25¢ to Royal Doulton, 400 Paterson Plank Road, Carlstadt, New Jersey 07072. We'll be pleased to send you both our china and crystal brochures.

They'll make you want to say "I do" all over again. And this time, it will really be forever.

Royal Doulton
English China and Crystal

Happy Thanksgiving Day.

Almost every day you can thank someone for something. Even when that someone is far away. Dial Long Distance. It's the next best thing to being there.

April is the month for garden color planning. Here is some new help

ELIS BRUGG

Plant *perennial phlox now to bring dignity to spring and summer borders*

Portulaca *or rose moss brings glowing color to sunny places, poor soil*

Red and white *petunias, blue lobelia make living fresco against a redwood fence; pots drop into holes sawed in brackets*

e owners of green, tailored, per- plant gardens sometimes hanker wers for cutting and for deco- nportant parts of their gardens. other extreme, the casual, hang- nd of gardener has always felt ers—along with vegetables and re the real reason for garden- new *Sunset* book, *Color in Your* Lane Books, Menlo Park, Calif.; as a lot to say to people of both ns.

peak planting season at hand, on selection and planting of perennials, shrubs, and trees will diately valuable. Chapters on ntainers, and seasonal flower be helpful throughout the year. pter offers extensive lists of flower color by season; an- s plans for 11 different borders or shady places.

you don't design a border or e plant lists, you can draw in- from the many color photo- attered throughout the book's s and 15 features (short essays rial vignettes). But if you are l, start with the introduction how you can begin colorful nting from the house wall out- information on basic concepts of garden design, turn to the second chapter which defines harmony, contrast, and subordination. Then read through the third chapter to learn about flowers—annuals, perennials, and bulbs —that furnish the colors you want in the season you want them.

If you crave a real splash of color, the chapter on ground covers will show you how to do it with pink and rose iceplant, ajuga, ivy geranium, or gazania.

Don't despair if you don't have a whole garden to work on; pots and boxes make it possible to decorate a deck, terrace, patio, or window sill with flowers. Many of the most colorful and interesting gardens pictured consist largely of tubbed or potted plants.

One of the most successful long-term displays of flower color is in Disneyland. In the book, the landscape superintendent there shares some of his secrets, including the lists of plants that have proven most useful over the years.

Some of his techniques may not be practical for home gardeners (he removes and replaces 8 to 10 inches of topsoil every two or three years), but others definitely are. Beds are prepared with a liberal application of an organic fertilizer and plants are fed liberally throughout the year. In areas where disease has been a problem, the soil is fumigated. Flowers are picked off to prevent seed setting and to insure long bloom.

The book offers bonus information in several fields. For one, it lists showy plants that grow in the shade (they are rare). As another, it describes 13 gray-foliaged plants, some of which have bright flowers of their own. And for rock gardeners, it lists annuals small and refined enough to grow among the cherished rock garden perennials. □

Twenty-two new annuals for 1973

This year will [illegible] 22 new annual flowers unveiled for Western gardeners who like new colors and forms, bigger flowers, or smaller and more vigorous plants. Many of the annuals we list below will be available as plants at your nursery; if you can't find them there, you may have to start your own from seed. You can order seeds from W. Atlee Burpee Co., Box 748, Riverside, Calif. 92502; or the Geo. W. Park Seed Co., Inc., Greenwood, S. C. 29646. We specify a seed source for each plant.

Aster. 'Dwarf Border Rose.' Rose, fully double 2½-inch flowers; plants 10 inches tall, 1½ feet wide. (Burpee)

'Totem Pole.' Big (6 to 7 inches wide) shaggy flowers in white, pinks, reds, purples, and blues on plants 2 feet tall, 15 inches wide. (Burpee)

Calendula. 'Golden Gem.' Foot-tall plants, double golden blooms. (Burpee)

Dianthus. 'Orchid Lace' (orchid pink) and 'Snowflake' (white) are low growing (to 8 inches tall and as wide) with an abundance of wildly fringed, [illegible] looking 1½-inch flowers. (Park)

Marigold. 'Happy Face.' All-Am[illegible] winner. Deep golden yellow 4[illegible] double flowers on a 26-inch p[illegible] Plants, seeds generally available.

'Honey Moon.' Bright yellow 1½[illegible] pompon-centered flowers on a 14[illegible] plant. (Park)

Odorless Mixed. Foliage has no [illegible] Yellow, gold, or orange 4-inch fl[illegible] on 2½-foot-tall plants. (Burpee)

Opryland Mixed. Large (2¾-inch) [illegible] flowers in yellow, gold, and or[illegible] Plants to 15 inches. (Burpee)

'Red Dimension.' Large (3½ i[illegible] deep red marigold with delicate [illegible] lacing. Plants 16 inches tall. (Park[illegible]

Nasturtium. 'Whirlybird Scarlet.' [illegible] red, upward-facing flowers on bus[illegible] inch plants. (Park)

Petunia. 'Maxi Plum.' Large (to 3 i[illegible] single flowers in deep plum purpl[illegible] tremely long and heavy bloom [illegible] short plants. (Park)

The other new petunias for 1973 [illegible] generally available in seed form[illegible] following will be available as plant[illegible] bedding plant growers. (Not every[illegible] er will have every petunia.)

'Burgundy.' Flowers ruffled, 3½ [illegible] wide, deep wine red.

'Dancing Lady.' Large (to 4 [illegible] single ruffled flowers of scarlet an[illegible] on compact plants.

'Orchid Bouquet.' Large (to 4 [illegible] fringed double flowers of light [illegible] with deeper veining.

'Salmon Bouquet.' Soft salmo[illegible] version of 'Orchid Bouquet.'

'Telstar.' Long display of singl[illegible] 3½-inch flowers. Color is blue [illegible] white star; markings are more [illegible] able and uniform than earlier [illegible] or multicolored petunias.

Snapdragon. 'Crimson Suprem[illegible] (to 3 feet), very solid and heav[illegible] of double scarlet flowers in deep[illegible] (Burpee)

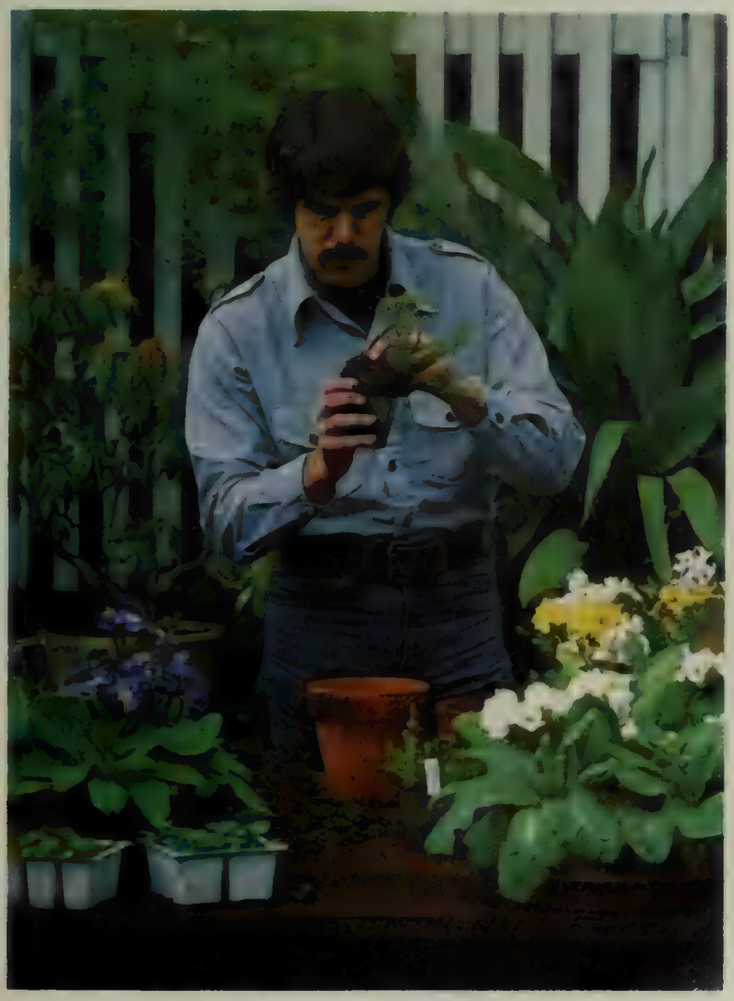
Wedding Bells mixture. Tallish [illegible] inches) spikes of open, bel[illegible] flowers that lack the jaws of c[illegible] ioned snapdragons. Mix includ[illegible] orange, pink, yellow, white. (Bu[illegible]

Zinnia. 'Burpeeana Purple Gian[illegible] (to 5 or 6 inches) flowers of deep[illegible] cactus-flowered (with quilled an[illegible] "petals"). (Burpee)

Peter Pan Mixed. Big, fully [illegible] flowers 3 to 3½ inches across [illegible] (to 12 inches), spreading plants [illegible] early, when plants are only 6 in[illegible] Available only as started plants.

'Peter Pan Scarlet.' Like Pe[illegible] Mixed, but uniformly bright [illegible] Plants, seeds generally available

Hire a gardening expert for $1.95



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NORMAN A. PLATE

Yellow double *'Teddy Bear' sunflowers grow only waist high*

A more reticent sunflower . . . shorter, very good looking

unflower, 'Teddy Bear' is uncom-
modest.

other kinds, it doesn't grow
-stemmed to heights of 10 feet
e huge seed-factory flowers. In-
branches and gets bushy, grows
out 3 feet tall, and bears 5-inch-
ouble flowers—not much good
cing seeds, but great to look at.
or a low border or for a bright
ke the display in the San Jose
of Maxine Baker shown in the
aph.

Bear' sunflowers are like the
giant-types in one respect:
t along with only casual care in
st soils. Naturally, they do better
ve them attention and good soil.

to plant sunflower seeds right
ou want them to grow—it's not
easy to transplant seedlings. Plant the seeds about ½ inch deep and a foot apart in a sunny location. (These sunflowers need room to spread out.) Water the soil and keep it moist while the seeds sprout. When established, one good deep watering each week should be enough.

A rule of thumb about when to plant is to wait until the garden soil has warmed up in the spring. In most of Southern California and in the low desert areas of Arizona, you can start planting in early April. Northern Californians should wait until late April or early May. In the Northwest, wait until mid-May or later.

'Teddy Bear' sunflowers should start to bloom six to eight weeks after planting, although it may take longer where summer temperatures are cool. □

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Okra plants *at right range from 4 to 8 feet tall; flowers are yellow with maroon center. Okra pod below is ready to harvest; pods 2 to 3 inches long are most tender*

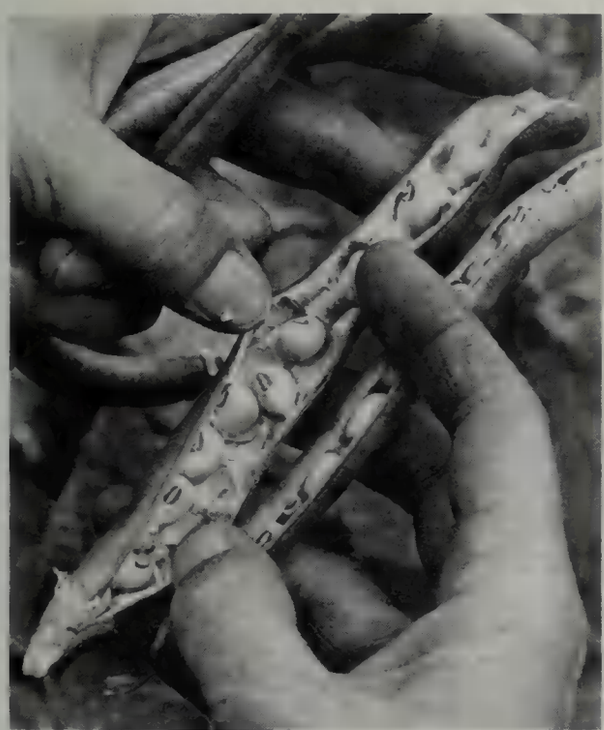
WILLIAM APLIN

The South comes West

Here are success stories with black-eyed peas, okra, butterbeans, crowder peas. Heat helps

NORMAN A. PLATE

Speckled butterbeans *average 3 or 4 to a pod, have dark purple markings when mature*



rowder peas *have t 15 peas in a pod. des bulge and pod urns lighter green hen ready to pick*

utterbeans, crowder peas, and d peas are crops traditionally d with the South, but they grow ell in warm areas of the West. arden is warm enough to grow t's warm enough to grow any of ables shown and discussed here. with short or somewhat cool you probably won't get full n from these heat-loving you want to try them anyway. or bush varieties, which tend e more quickly.

den contestants who grew one f these crops last year include ng family in Bloomington, rphy and Ellen Garrett in El lif., Clifford and Edna Haynes go, Harold and Holly Lilley in l Maxine Cook in Tolleson, Ariz. Most of these gardeners fertilize with large quantities of composted plants and manure worked into the soil before planting.

Buy or order seeds now; plant when nights are warm—between now and June depending on your climate.

Okra grows fast

You see the Garretts' okra plants at left above. They produced nearly 6 bushels of okra from two 45-foot rows of plants. (A 15-foot row would yield plenty for most families.) The first pods were ready to harvest in July, 45 days after planting. Harvesting stopped when plants were killed by November frost.

Seeds are available on seed racks and from most mail-order seed companies. Soak seeds overnight, then plant 1 inch deep and about 3 inches apart in loose, fairly rich soil. Later, thin plants to 1 foot or more apart. Water as you would tomatoes.

Cut off pods when they are 2 to 3 inches long. Overmature pods are tough and shorten the plants' bearing life. Refrigerate promptly after picking—at room temperature pods start to toughen and change flavor fast. For best results, cook, can, or freeze them the same day of picking.

A favorite Southern way to cook okra is to coat sliced pieces with cornmeal, then fry until crisp and brown.

Butterbeans, speckled or plain

Southern varieties of lima beans are often called butterbeans or butterpeas. Many Southerners emphatically prefer speckled butterbeans to any other variety. The Garretts, Haynes, and Lilleys say that speckled butterbeans are richer in flavor and less mealy or starchy than other lima beans.

Some gardeners prefer the taste of dark-colored beans like those pictured at left above; others like them best picked when younger and only faintly mottled with purple. Mrs. Garrett says mature beans are easier to shell if you leave wet pods in the sun for an hour to soften.

Grow butterbeans like any other bean—in full sun and rich, well drained soil. Plant the seeds an inch deep, about 3 inches apart. In heavy soil, it's easier for the seed to push through if you place it on edge.

You can order climbing speckled butterbeans from Reuter's Seed Co., 320 North Carrollton Ave., New Orleans, La. 70119; or bush types ('Jackson Wonder' and 'Speckled Dixie Butterpea') from Park Seed Co., Greenwood, S.C. 29646.

Peas shaped like lumpy pencils

Crowder peas and black-eyed peas have long skinny pods that you grow and use more like beans than like regular green peas. Grow them when it's warm, the same as butterbeans.

You can eat the peas in the pods (like green beans), shell them, or use them dried, depending on how mature they are when picked. At each stage of maturity they have a slightly different flavor and texture. Many people prefer a combination of shelled peas with a few young peas still in the pods.

These peas can be hard to shell unless you pick them after the pods grow past their prime (for many people's tastes). Mr. Haynes recommends using a pea sheller sold for $1.35 by Reuter's Seed Co.

An old Southern custom to save space is to plant crowder peas or black-eyed peas between corn stalks. The vines climb the stalks for support. □

Garden guide for APRIL

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April garden events in Northern California and Nevada

Point Reyes Station. April 4. Annual Inverness Garden Club Primrose Tea. Place: home of Mr. and Mrs. Hugh Riley, Silver Hills Road. Hours: 1 to 4 P.M. Admission: 75 cents.

San Francisco. April 7. Sixth annual sale of rare and choice plant material by the Strybing Arboretum Society. Place: Hall of Flowers, Golden Gate Park, Ninth Ave. and Lincoln Way. Hours: 10 A.M. to 4 P.M. Free.

Oakland. April 7 and 8. Exhibit by the Fuji Bonsai Club. Place: Lakeside Park Garden Center, 666 Bellevue Ave. Hours: 10 A.M. to 9 P.M. Saturday; 10 to 7 Sunday. Free. There will be a demonstration on bonsai each day at 2 P.M.

Oakland. April 7 and 8. Annual root sale by the East Bay Dahlia Society. Place: Lakeside Park Garden Center. Hours: 9 A.M. to 4:30 P.M. Free.

Sacramento. April 7 and 8. Show by the American Bonsai Association. Place: Garden and Arts Center, 3330 McKinley Blvd. Hours: 1 to 5 P.M. Saturday; 11 A.M. to 5 P.M. Sunday. Free. A demonstration on how to plant a bonsai will be given on Saturday at 2 P.M. and Sunday at 1 P.M.

San Jose. April 7 and 8. Show presented by the Clara B. Rees Iris Society. Place: Westgate Shopping Center, Hamilton and Saratoga avenues. Hours: noon to 5:30 P.M. Saturday; noon to 4 P.M. Sunday. Free.

Oakland. April 11. Registration for Wednesday classes in Sogetsu Ikebana flower arranging sponsored by the Parks and Recreation Department. Time: 9 A.M. registration for all, followed by classes for beginners, 10 to 11 A.M.; intermediates, 11 A.M. to noon; advanced, 1 to 2 P.M. The 10-week spring session lasts from April 11 to June 13. Fee: $15, preferably by mail in advance. For details, telephone the instructor, Tsuyuka Muneyuki at (415) 534-9342.

Mountain View. April 12, 13, and 14. Show presented by the African Violet Society of South Bay. Place: Mayfield Mall, Alma St. and San Antonio Rd. Hours: 2 to 9 P.M. Thursday; 10 A.M. to 9 P.M. Friday; 10 to 4 Saturday. Free.

Las Vegas. April 14 and 15. Flower show by the Nevada State Federation of Garden Clubs and Las Vegas Council of Garden Clubs in cooperation with the city. Place: Convention Center, 3150 S. Paradise Rd. Hours: 2 to 7 P.M. Saturday; noon to 6 P.M. Sunday. Free.

Stockton. April 14 and 15. Sto Garden Club flower show. Place: erstown mall, 4950 Pacific Ave. H noon to 5:30 P.M. Saturday; no 5 P.M. Sunday. Free.

Fresno. April 15. Show by the F Iris Society. Place: Fashion Fair Shaw Ave. and First St. Hours: no 6 P.M. Free.

Stockton. April 15. Show sponsor the San Joaquin African Violet S Place: Memorial Bldg., Micke Park, on Micke Grove Road reach Armstrong Road off U.S. Highw between Stockton and Lodi. Hou A.M. to 5 P.M. Free.

Fort Bragg. April 15 through M Rhododendron show at the Men Coast Botanical Gardens, 2 miles of town on State Highway 1. 8:30 A.M. to 5 P.M. daily. Adm $1.75; ages 13 through 18, $1.25 6 through 12, 75 cents.

Pacific Grove. April 20, 21, a Twelfth annual wildflower show Museum of Natural History, For Central avenues. Hours: 10 A.M P.M. Free.

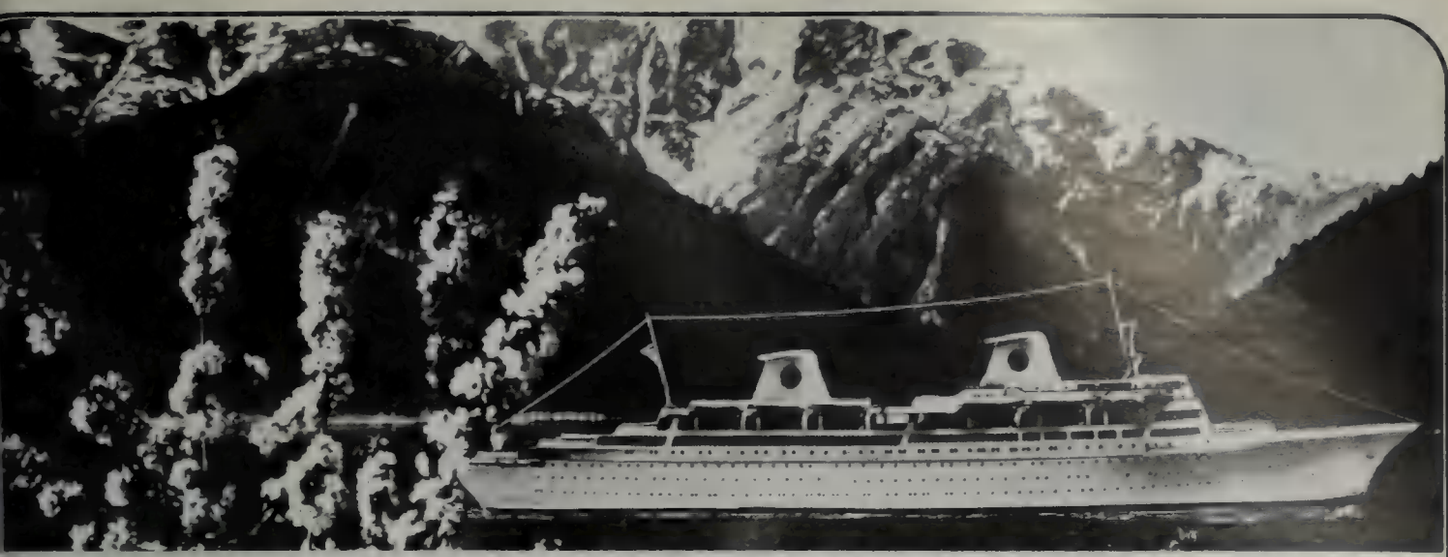
Los Altos. April 21. Plant sale Foothill Men's Garden Club. Rancho Shopping Center, Spring and Foothill Expressway. Hours: to 5 P.M. Free.

Modesto. April 21 and 22. Sixtee nual show by the Central Valley ciety. Place: YMCA, 2700 M Ave. Hours: 3 to 9 P.M. Saturd A.M. to 6 P.M. Sunday. Free.

San Francisco. April 21, 22, a Golden Anniversary show by th fornia Spring Blossom and Wil Association. Place: Hall of F Golden Gate Park. Hours: 1 to Saturday; 10 A.M. to 5 P.M. 10 to 3:45 Monday. Free.

Yuba City. April 24. Flower sh sented by the Garden Section. V Club. Place: Clubhouse, 853 Pl Hours: 2 to 7 P.M. Free.

Hillsborough. April 25. Show nese flower arranging, Sogetsu by Shuko Kobayashi, sponsore Hillsborough Garden Guild. Pla teau Remillard, 565 Remillard D 1 P.M. Admission $3.50. Fo reservations, contact Wong's 2625 S. El Camino Real, San



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CT 11 973

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from New York and Port Everglades (Oct. 14) this fascinating follows in the wake of the great Captain James Cook to the nted islands of the South Pacific, to New Zealand and Australia springtime below the Equator. Itinerary: Port Everglades; Cris- Canal Zone; Transit of the Panama Canal; Balboa; Tagus Cove, gos; Nuku Hiva, Marquesas Islands; Moorea, Society Islands; e, Tahiti; Crossing the International dateline: Mt. Manganui, ga Bay, Lyttelton and Wellington, New Zealand; Sydney and e, Australia; Suva, Vitu Levu, Fiji; Apia, Samoa; Honolulu, Hawaii; San Francisco; Guadalupe Island; Puerto Vallarta, Aca- Mexico; Cristobal, Canal Zone; Port Everglades; New York.

OCT 19 1973

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DEC 15 1973

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JAN. 22 1974

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the Verde Vista Garden Club. P
Memorial Hall. Hours· 2 to 8 P.M. F

Palo Alto. April 28. Flower show by
Florets, Bay Ocean district, Calif
Garden Clubs, in cooperation with
city. Place: Cultural Center, 1313 N
Rd. Hours: 10 A.M. to 4 P.M. Free.

San Jose. April 28 and 29. Exhib
rose specimens and arrangements s
sored by the Santa Clara County
Society. Place: Main Library, 18
San Carlos St. Hours: 3 to 9 P.M. S
day; 10 A.M. to 4 P.M. Sunday. Free

Fresno. April 29. Annual show o
San Joaquin Valley Rose Society.
Cafeteria, Fresno District Fairgro
Hours: 2 to 5:30 P.M. Free.

Morgan Hill. April 29. Exhibit b
Satsuki Bonsai Club. Place: Live
High School auditorium. Hours: no
5 P.M. Free.

Oakland. April 29. East Bay Ros
ciety show. Place· Lakeside Park
den Center. Hours: 1 to 6 P.M. Fr

Sacramento. April 29. Annual sho
the Sacramento Rose Society.
Garden and Arts Center, 3330 Mc
Blvd. Hours: 1 to 6 P.M. Free.

Stockton. April 29. Stockton Ros
ciety show. Place: Memorial
Micke Grove Park, on Micke
Road reached via Armstrong Ro
U.S. Highway 99 between Stockto
Lodi. Hours: 1 to 5 P.M. Free.

Boonville. April 29 and 30. Annua
flower show presented by the G
Section, Anderson Valley Unity
Place: County Fairgrounds. Hou
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NORMAN A. PLATE

St. Catherine's lace *in creamy white summer bloom*

It's big and it's billowy

The largest of the West's many wild buckwheats is St. Catherine's lace or giant buckwheat (*Eriogonum giganteum*). This evergreen shrub is especially impressive in summer when masses of big flat clusters of soft pink to creamy white flowers float like a billowy cloud above gray-green foliage. The flowers later turn beige, then dry to rusty brown as seeds ripen. The long-stemmed dried clusters are unsurpassed for use in large-scale indoor arrangements.

For all its light and airy summertime grace, St. Catherine's lace is a rugged individual. It grows wild only on precipitous, rocky, dry, windy slopes on Santa Catalina and San Clemente islands off the Southern California coast. Some older plants are reported to grow 12 feet high with trunks a foot in diameter. Under garden conditions, they usually grow 4 to 8 feet high and 6 to 10 feet wide.

If you live in a warmer coastal area or in an inland valley with reasonably mild winters (plants freeze at 17° or 18°), use St. Catherine's lace in open sunny situations with porous, fast-draining soil. It's a great shrub for banks and along driveways and country roadsides.

Compared with many broad-leafed evergreen shrubs, St. Catherine's lace is short-lived under garden conditions. It averages about 10 years, although get older. But like most wild wheats, it perpetuates itself by sel seeds around the base of the plant can lift volunteer seedlings when very small; plant directly into t den, or transplant into small p set out before they become root-

If you have established plants, y gather dried flower clusters con ripe seeds, rub the clusters betwee hands, and sow the seed (without ing the chaff) where you want the to grow. Fall, winter, and early are the best times to sow. You c seed from Clyde Robin, Box 209 tro Valley, California 94546.

This giant buckwheat needs ve watering after it's established, adapts well to garden conditio can take moderate watering in sandy, or decomposed granit Plants in the wild get very litt summer moisture other than th coastal fogs.

Remove dried flowering branche fall to make room for new spring and prevent lower branches fro ting during high winds. Older, giant buckwheats don't take ki severe pruning; when necessary, them with young vigorous plant

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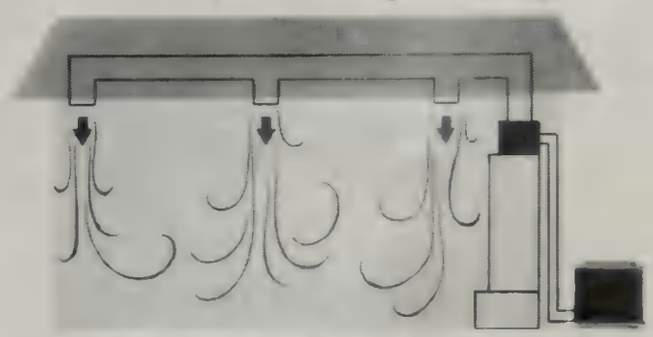

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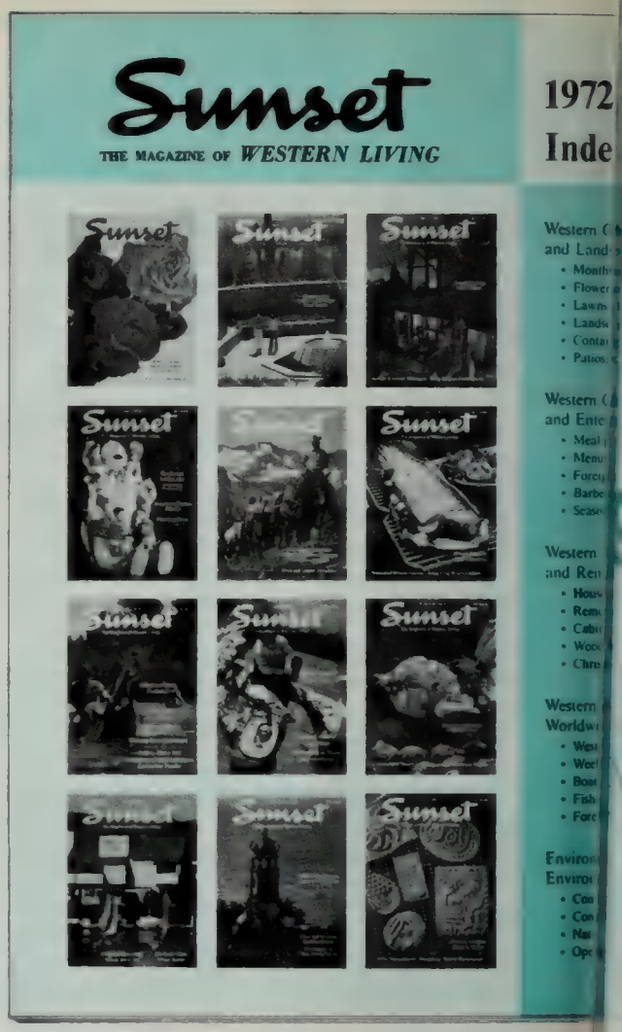

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DARROW M. WATT

These two *artillery plant are fine-textu types. Compa them to one s at top of page Judy Davenp plant at left is in drainles*

GERALD R.

The artillery plant is reasonably safe

One effect of the recent big indoor plant boom has been to reduce the size of the plants being sold. The growers can barely supply the demand; they send out baby plants and the public buys them up. So, at the stores today, you see little of what indoor plants will become later.

The difference between the looks of the merchandise and what it becomes was one of the main reasons why *Sunset* presented its GRIP (growing remarkable indoor plants) article in November, 1972 (page 98). That article shows how over-the-counter youngsters look after some time in friendly living rooms.

Artillery plant, shown on these pages, wasn't mentioned in the original GRIP article. The photographs show what it becomes in a year. They also show something about its different forms.

According to the best botany books, artillery plant is *Pilea microphylla* (which is also called *P. muscosa*), or it's *P. serpyllifolia*, or maybe it's both. If it's all one species, it comes in varying leaf sizes and plant forms. With so much confusion in botanical names, you can see why people call it (or them) by the p common name of artillery plant.

That name comes from "the inte phenomenon of forcibly discharg pollen . . . If a plant is put in a place when the pollen is ripe, it r up a vigorous bombardment, par ly if the foliage is sprayed." The tion comes from *The Standard pedia of Horticulture* by L. H. The dull, everyday fact is that so haven't found anyone who's se artillery barrage.

Maybe Mr. Bailey got to watch t nonade because, as he said, he v serving plants in a sunny spo greenhouse (*Pilea* comes from th ics). Amateurs we've talked to k plants in homes, and the profe propagate and sell it so fast that ever gets to see a volley.

One amateur artillery plant k Judy Clements, Mill Valley, Cal

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L 73

shown with her plant at right—says that hers quietly drops little black things. She never sees artillery action; she just finds the little black things on her rug or tabletop.

The other amateur—Judy Davenport of Los Angeles, shown with her plant at top of page 284—has had no artillery fire and no little black things either.

Keepers of artillery plants who can tell us more about pollen shooting, please write to GRIP, *Sunset Magazine*, Menlo Park, Calif., 94025. We'll pass your information along to *Sunset* readers.

Mrs. Davenport and Mrs. Clements both keep their artillery plants in southerly living rooms, but neither plant gets any direct sun.

Both plants get sprayed with water occasionally—tap water in Mill Valley, distilled water in L.A.

The main difference is that the Davenport plant is finer textured and grows in a container with no drainage. It gets about ½ cup of water every 5 to 10 days; it droops when it needs water. The Clements plant (right) gets about a cup of water once a week, and it droops when it gets too much water.

The Davenport plant gets fed very seldom—intervals measured in months. The Clements plant is fed monthly. □

DARROW

Judy Clements' *artillery plant, in ceramic pot with drain holes, is more upright and coarser-textured than ones on page 284*

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An Invitation to View the 5th Annual *Sunset* Travel Film Festival Award Winning Films

LOS ANGELES, CALIFORNIA MARCH 30–APRIL 8, 1973

nd Prize for the 1973 *Sunset* Travel n Festival was awarded to a short (15 ute) but spine-tingling film on moun- climbing, titled "Solo," and produced David Adams of Pyramid Films, Santa nica, California.

ges also gave Honor Awards to seven- other films, in six categories, as fol- :

Film by Government Agency in U.S.
igh Road to Alaska"—State of Alaska, Divi- sion of Tourism
llowstone, The Second Hundred Years" sub- mitted by the State of Wyoming Travel Commission
ashington, D.C.—A Living City" submitted y Washington, D.C. Travel Bureau

Film by Government Agency on Foreign nation
land Eden"—Gov't of Province of British olumbia, Department of Travel Industry
scover Nova Scotia" — Province of Nova cotia, Department of Tourism
men in Kimono"—Japan National Tourist rganization

Film on U.S. Travel by a Commercial ny
e South" — Southern Travel Directors ouncil
ing Park City"—Greater Park City, Utah *tdogger at Vail*"—Summit Films, Inc.

Film on Foreign Travel by a Commercial ny
e Experts"—Esso Motor Hotels, Inc.
"Botswana Safari Through Bushmanland"—Lindblad Travel, Inc.
"Pan Am's World"—Pan American World Airways

Best Sports or Outdoor Recreation Film
"Solo"—Pyramid Films—Grand Prize Winner
"Yahoo" —Head Ski Company
"Masters of the Sky"—Photo Chuting Enterprises

Best Recreational Vehicle Film
"Traveler, Traveler" — Winnebago Industries Inc.
"The Way To Go"—Recreational Vehicle Institute
"Northern Venture"—Chevrolet Motor Division

In addition, thirty-three other films earned Awards of Excellence.

Most of the Honor Awards and some Awards of Excellence films will be shown daily at the Los Angeles Sportsmen's, Vacation & Travel Show, March 30 through April 8. Show times on weekdays start at 2:30 p.m., and on the weekends at 12:30 p.m.

An added feature of the program will be three new films on "The Great Roads of America," produced by *Sunset* Films for Chevrolet, starring Andy Griffith.

The L.A. Convention-Exhibition Center is located at 1201 So. Figueroa Street in Los Angeles. Admission to the show—adults $2.00, children, $1.00, includes entrance at the *Sunset* Travel Film Festival Theater.

Sierra meadow

White firs edge mountain meadow; behind the people are buttonwillows and service berries

Sierra brook

Quaking aspens and rare foxtail pines shade pond. Growing into pond is bent grass

Redwood forest

Coast redwood (left) and red o are characteristic trees of redwood forest. Shrub is sala

An April walk through dogwood, redbud bush poppy, buttonwillows, aspen, salal

Over the hill from Berkeley, the East Bay Regional Parks Botanic Garden covers only 7 acres, but within its bounds you can find a remarkable collection of California plants. Visit it for a good education in native trees and shrubs—and, this month, for a great flower show.

Many of the plants you see here will be familiar, and many others will be recognizable because of their obvious similarity to Northwest natives. A very large number are perfectly hardy in Northwestern gardens.

Flowering time varies with the onset of warm weather, but late March and April usually bring good displays from bush poppy, ceanothus, flowering currant, dogwood, fremontia, lupine, manzanita, redbud, and many kinds of wildflowers.

Hikers, campers, or nature lovers generally can plants they encounter in their favorite wilderness them here first—with labels. An afternoon in the section of the garden will introduce you to a hu more plants that live in or near the coast redwoo If you are a beach walker, study the mysterious, plants of the dunes by examining them here on a dune—again, with labels.

Conversely, if you have already visited the dese mountains and want to identify flowers you have look for them here. The seven basic geographic ar sented in the botanic garden are Shasta-Cascade, Sierran Meadows, Foothills, Santa Lucia, Sierr

DARROW M. WATT

tal dune

plants, difficult to maintain and often ed, need frequent replanting. background simulates coastal bluff

Island *bush poppy (Dendromecon harfordii), native to California's Channel Islands, has brilliant yellow 3-inch-wide flowers*

Large signs *indicate sections of garden devoted to plants of major geographic regions of California*

Bluebird troop *visits Channel Island section. Trees here are Catalina ironwood (Lyonothamnus). Stone wall under construction is now finished*

GERALD R. FREDRICK

t. nd Channel Island.

g len areas have been designed to accommodate plants sp ial growing requirements. Sand dunes hold beach nearly vertical bank crisscrossed by footpaths holds es of seaside bluff plants—succulents, wildflowers, w f shrubs. Mounds of crushed rock support high- ta plants that can't stand rich, heavy soil at their root s.

an n contains many rare plants that you could other- ee nly if you had a skilled guide to take you to their e bitats. There is a small grove of the lovely long- d nta Lucia fir, native to a few remote peaks in the L ia Mountains. Foxtail pines (top left in second e) ow only at high elevations in the Siskiyou Moun- nd n the southern Sierra Nevada.

ot ic garden is in Charles Lee Tilden Park; its en- is pposite the intersection of Wildcat Canyon Road ut Park Drive. Reach it from the west by driving up ey Spruce Street to Grizzly Peak Boulevard; cross ak and you are on Wildcat Canyon, or go south zz Peak to Shasta Road, then east into the park. To it m the east, take Wildcat Canyon from the San Da Road (Camino Pablo) north of Orinda. The park f m 10 A.M. to 5 P.M. daily. □

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NORMAN A. PLATE

Pale pink *wax heath looks fragrant, but is merely beautiful*

It begins to bloom in April

Last year a handsome heath showed up in a number of California nurseries and garden stores. It looks something like an out-of-season pink Fourth-of-July sparkler. It will be obtainable again this spring, and we recommend it highly as an especially showy novelty shrub for the careful gardener.

The name by which it is usually known, Italian heather, is an alias; its real name in South Africa, where it is a native, is wax heath or (in Afrikaans) *washeide*. Botanists everywhere refer to it as *Erica ventricosa*.

The Latin name means "bellied heath," and bellied accurately describes the swollen appearance of the flower bases. Flowers are individually small (only ⅔ inch long), but even young plants bear hundreds, with each branch tip becoming a shaggy plume. Flowers are a lovely pale pink and have the substantial, glossy look of wax or porcelain. Bloom begins in late April or May and some flowers may last into July.

Although plants can grow to 6 feet, they tend to be rather gangling and unattractive at that size. They are best pruned fairly low. The most effective way to prune is to cut off the faded flowering tips back to a good unflowered side branch. Tip-pinch any wild-growing side shoots that spoil the shape of the shrub.

Plants in 4-inch pots will probab from $2.50 to $3. That is expens a plant this size, but bloom is at and long lasting, and the plants for many years if you treat ther Like other members of the hea ily, they require acid conditio means that the soil mix you use consist very largely of peat moss lar porous, spongy, acid, wate tive material, with sand added drainage. Feed lightly after bloo acid plant food.

Wax heath appreciates shade du hottest part of the day, but will full sun near the ocean. It is not as the commonly sold *Erica cana* often sold as *E. melanthera* (or Scotch heather), but plants surv last December with only slight Good drainage is essential, and face-rooting plants should have to keep roots cool and moist.

When you turn wax heath out for transplanting, you will not'ce surface of the root ball is a mat of fine, hairlike roots. Don't cut these when you replant; the is natural to heaths and calls treatment at all.

The fine show in the photograp came from three plants set int low 12-inch pot.

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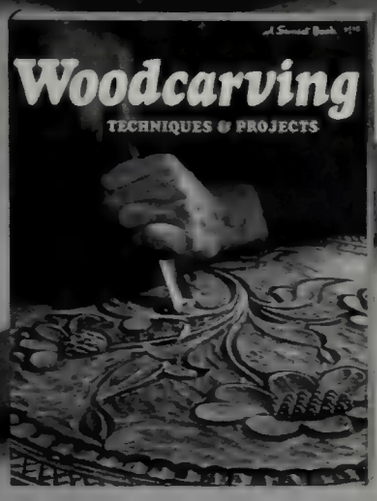
ake of it?

With a little imagination, you can turn the simplest materials into a warm and personal creation — you can be practical, fanciful, or decorative. Macramé and woodcarving are both particularly versatile ways to express yourself. Two new books from Sunset on these popular crafts can help you make the most of a ball of twine or a block of walnut. The complete line of Sunset building and hobby books offers you basic techniques, suggested projects, and inspiration for your own designs. Look for store displays of the more than 100 Sunset building, hobby, gardening, cooking, and travel books which retail for just $1.95.



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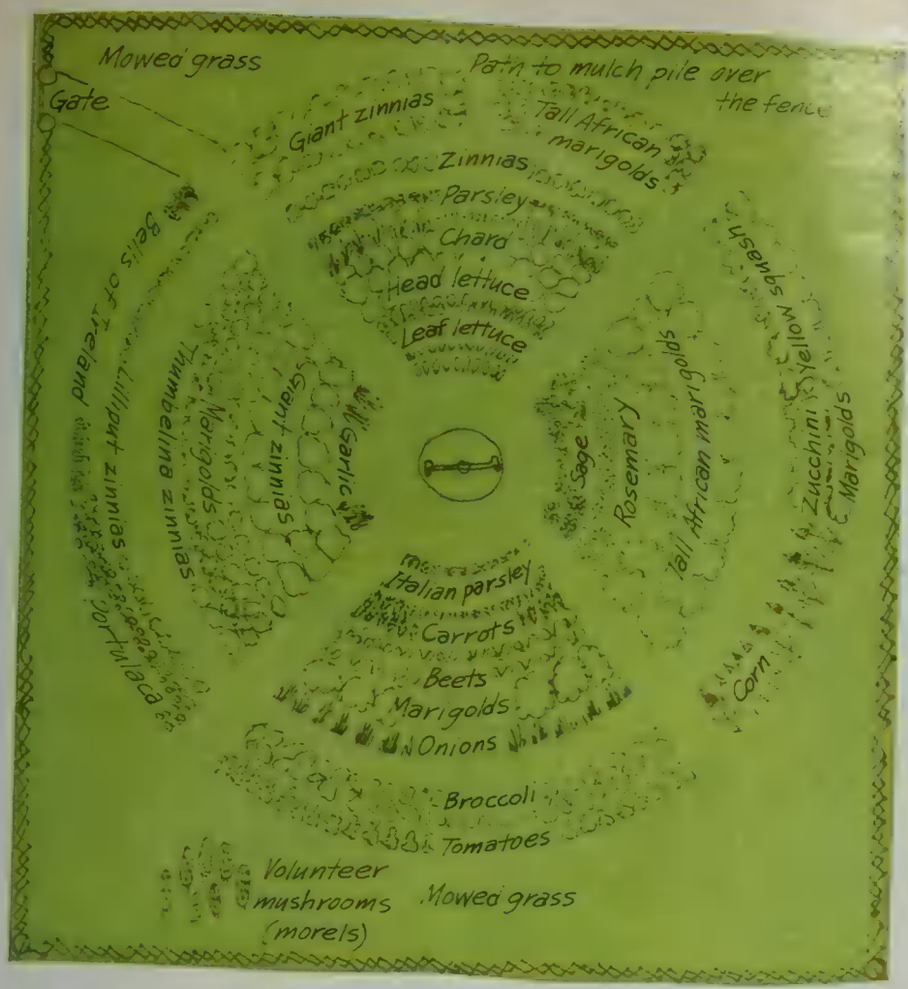
Gardening in circles

Little ones inside bigger ones. In the center is one water machine gun



Plants *are placed by height—lowest ones in center of circle*

Swiss chard *and parsley grow by curving path in one portion of circle*

Circular shape *allows for thorough watering with one sprinkler—a machine-gun type set on a log at the center. Intersecting paths divide the circle into wedge-shaped beds*

This garden is basically a solution to a watering problem. But the solution creates a design that's attractive in its own right.

The plot is located a good distance from any main water line, and a long hose must be run out to irrigate it. The owner, Doreen Wood of Vancouver, Washington, doesn't have time to spend moving a sprinkler from one spot to the next. So, she planned the garden so it could be watered by one sprinkler in one place.

She began by putting a large, heavy log upright in the middle of the freshly tilled plot, mounted a strong, full-circle, machine-gun sprinkler on it, and turned it on. The circle sprayed by the sprinkler defined the size and shape of the garden.

To mark off the plot and line up beds and paths, she used a long piece of garden twine. She made a loose loop at one end of the twine to fit over the pipe of the sprinkler. She tied the other end to a stick. Then, keeping the string taut, she walked around the perimeter the water had reached, scraping the stick along to mark the edge of the circle.

Next, Mrs. Wood divided the circle into four equal wedges. Down the lines dividing these wedges, she established paths leading to the center of the garden and the sprinkler. She also marked circular paths that cut through the wedge-shaped beds, again using the string—a shorter length this time—tied to the pipe.

The beds were cultivated and planted. Then the paths were spaded into fine soil, packed down a little, and left bare. Because these paths were watered as often as the planted areas, within a month a soft, rich green, native moss began to appear on the surface, giving it a carpeted look. (If no moss grows on your paths, you could plant Irish or Scotch moss or a fast-growing lawn grass on the paths and get the same effect.)

The rows of vegetables and flowers were marked off and planted in semicircles. That's what gives the garden the appearance of being a series of consecutively smaller circles, interrupted by wide pathways.

As you can see from the diagram ab[illegible] the garden consists of a potp[illegible] flowers and edibles grown tog[illegible] of the four wedges has [illegible] growing somewhere in it [illegible] and discourage insects.

Taller-growing plants like corn, toma[illegible] toes, and giant zinnias grow near the outer edge of the circle. Lower-growing and more compact plants grow near the center so they won't block the water from plants in the outer circles, and so all the garden can be seen and its design enjoyed from inside the circle.

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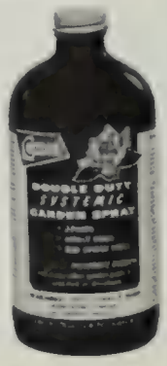

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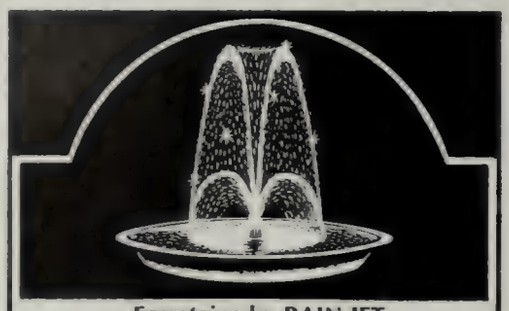

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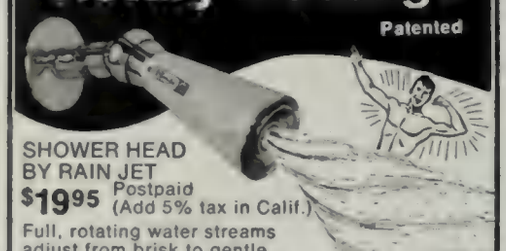

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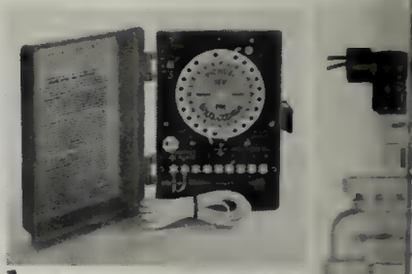

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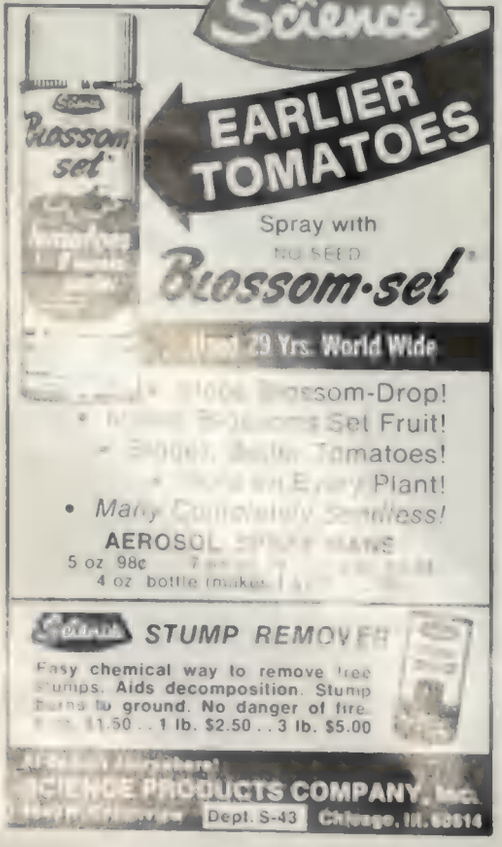

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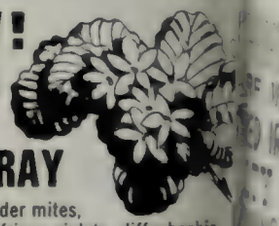

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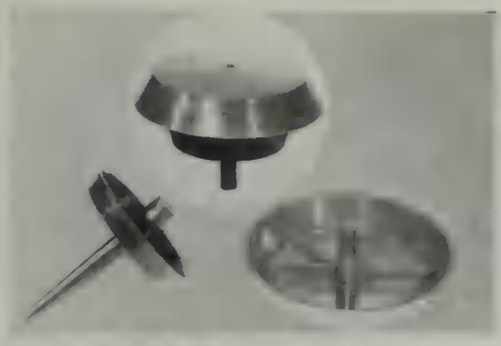

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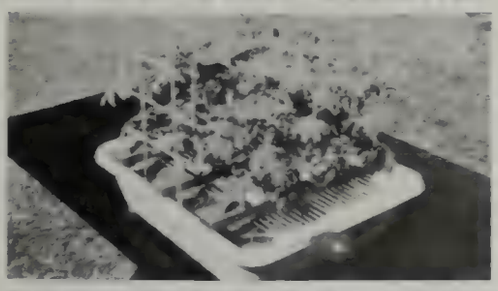

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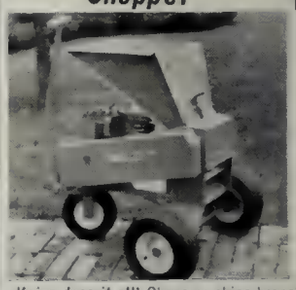

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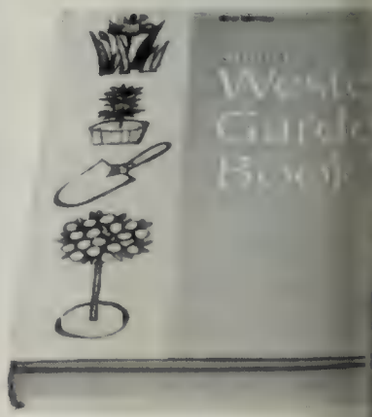

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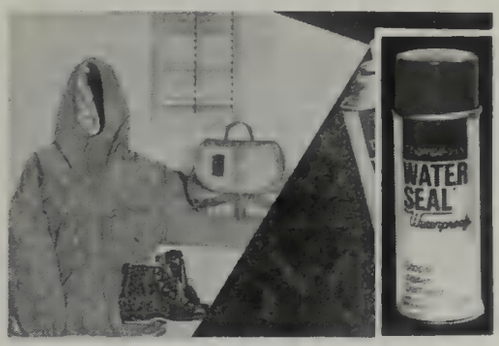

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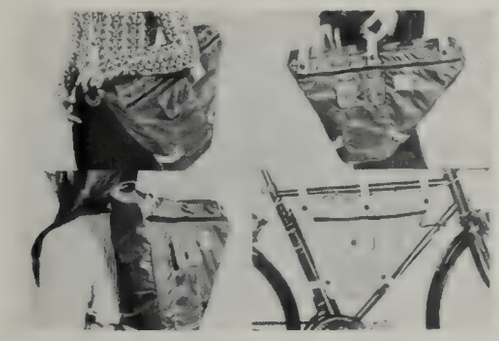

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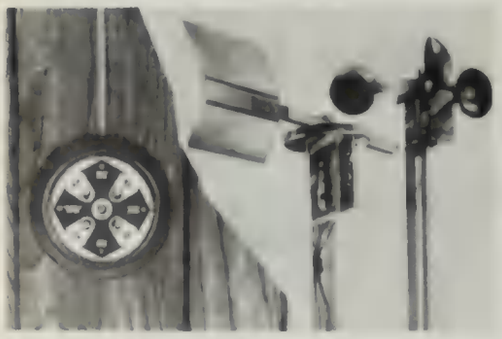

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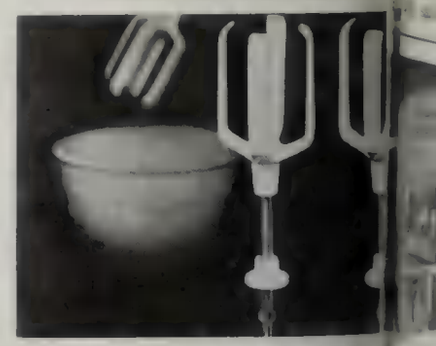

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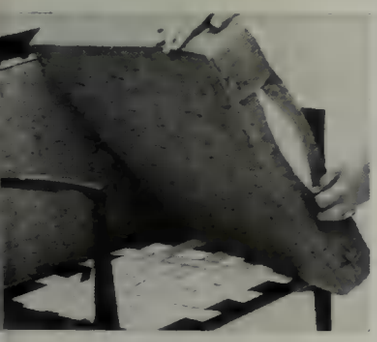

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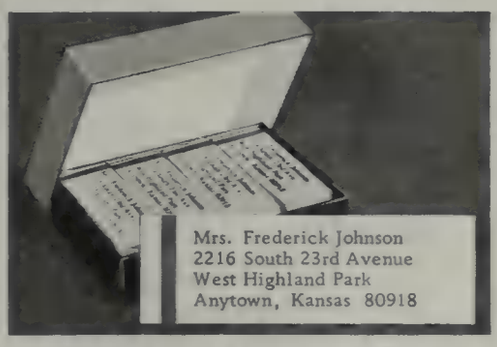

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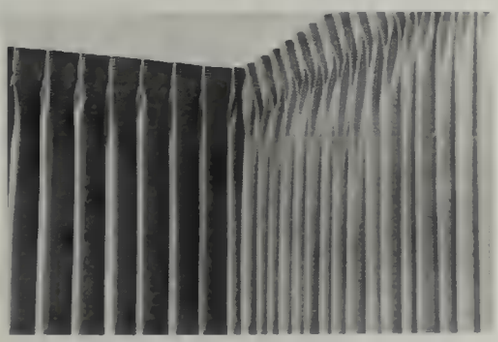

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DARROW M. WATT

1969. *This garden scored in the summer flowers group*

1971. *In a sweepstakes entry, this was a garden management feature*

How to enter Sunset's 1973 garden contest

The photographs in this article show four top prizewinning gardens from Sunset Garden Contests in recent years. Sunset's editors sort contest garden photographs into five categories—the four shown here plus a fifth: anything goes.

As a contestant, however, you don't have to think about classifying your efforts. We'll do that for you later. All you need to do now is enter. You are welcome to enter whether or not you are one of the some 2,500 who've participated in

NORMAN A. PLATT

1971. *This was a top winner in the landscaping group*

DON NORMARK

1970. *A summer vegetables winner in the children's division*

Sunset Garden Contests since 1967.

By letter or postcard, send your name, address, and age (if 16 or under) to: 1974 Garden Contest, *Sunset Magazine*, Menlo Park, California 94025. We'll send you the rules, your entry number, and a card to fill out and return to us.

Then, mostly, tend your garden through the spring and summer as you normally would. The main difference from any other midyear fit of gardening or landscaping is that we'll ask you to send us some snapshots of your garden and to fill in a few written words about your garden or garden accomplishment. Meanwhile, you'll probably be visited by someone from *Sunset* (appointments made here).

Next winter, if you stayed with it to the end, you'll receive a certificate and a plant prize. If your accomplishment is judged outstanding, you'll also receive a cash prize or a new *Sunset* pictorial book. And, sometime in 1974 you'll probably see your garden in *Sunset*. □

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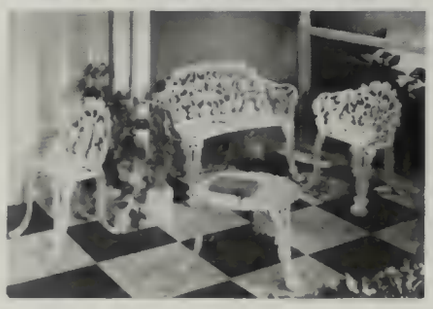

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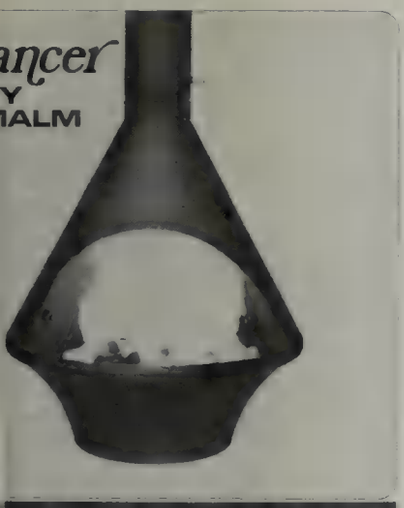

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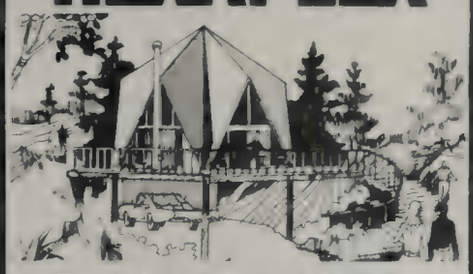

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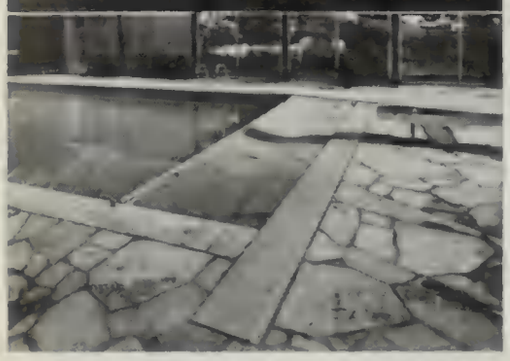

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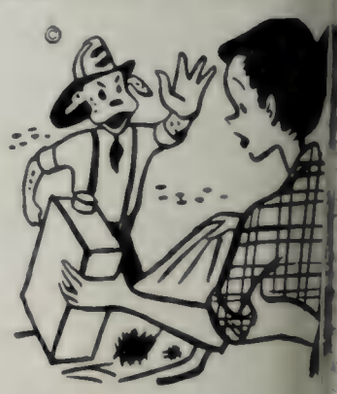

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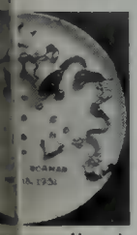

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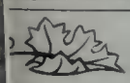

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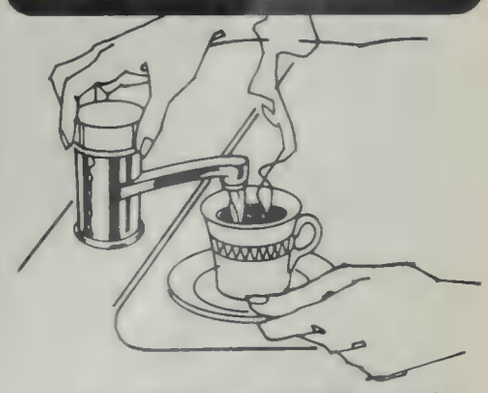

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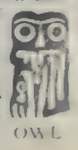

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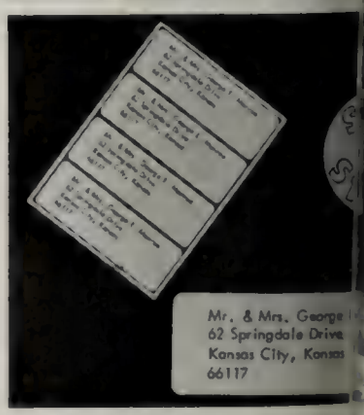

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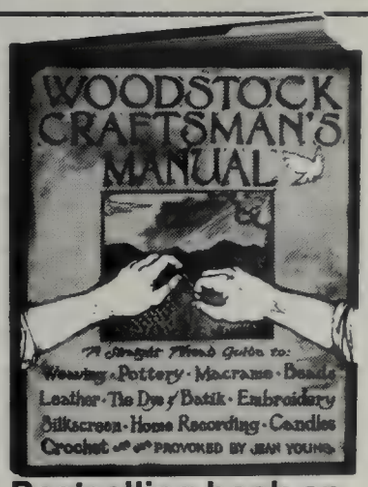

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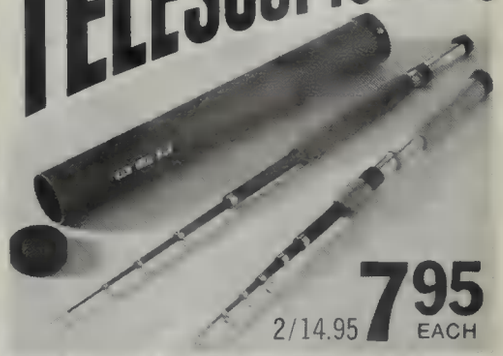

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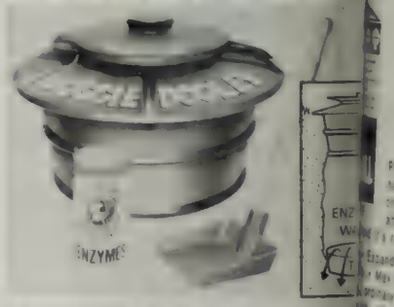

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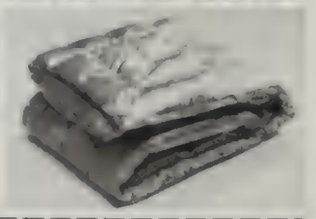

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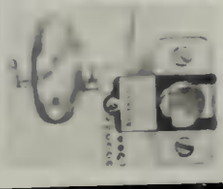

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Hillsides don't surrender easily to vegetable gardens. The Lowell Hill family of Palos Verdes, California, tackled theirs with unusual imagination.

They got the rocks out, added compost, then divided the garden into raised boxes. Each box has vegetables with similar watering needs, so the Hills can control the amount of water given each group. In addition, the boxes stop runoff.

Steppingstone paths to all points of the garden make it easier to walk up, down, or over a muddy hill.

Some of their other hillside problem-solving ideas are shown in the photographs on this page. □

NORMAN A. PLATE

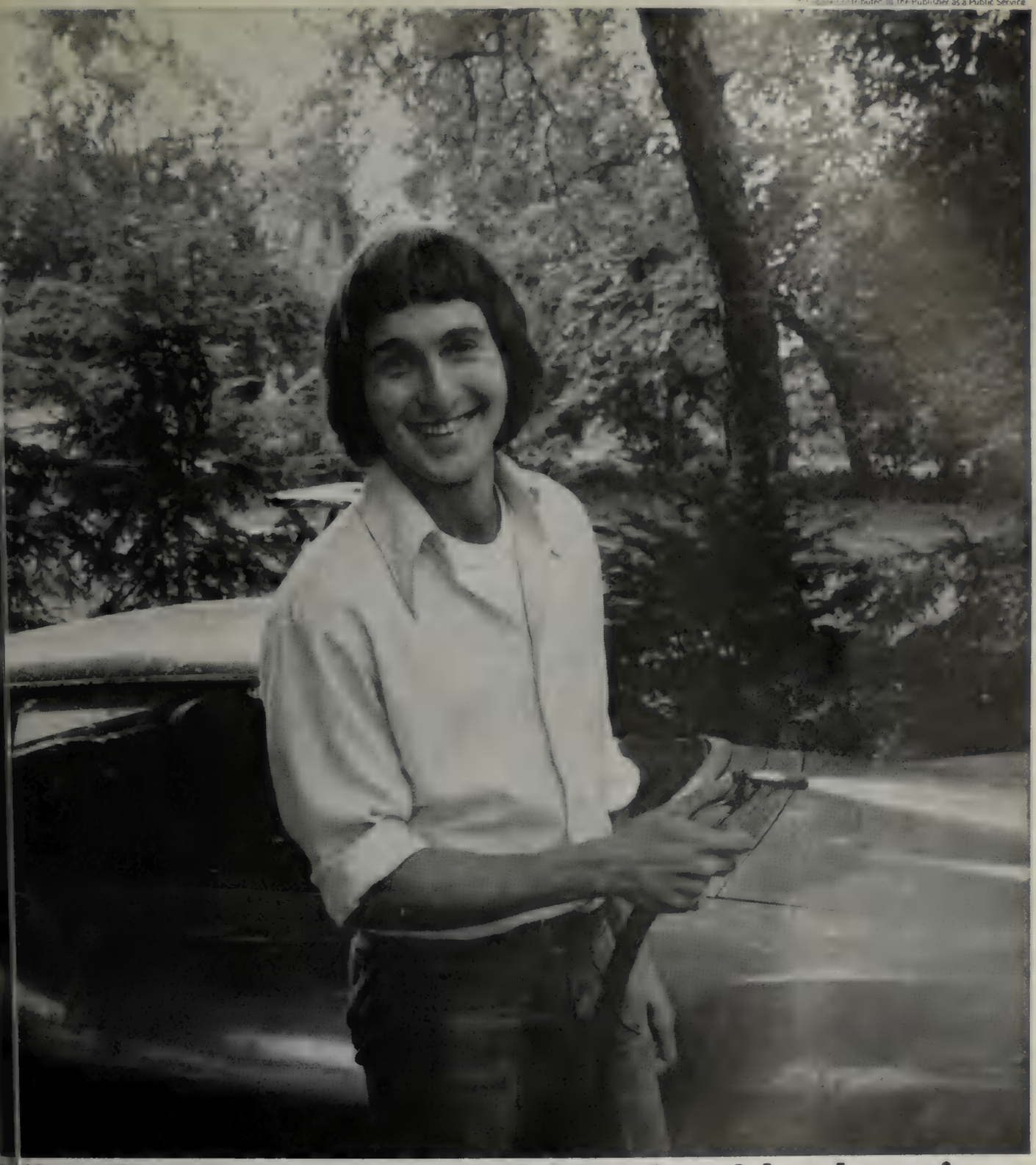
Hillside *vegetable garden with boxes for watering and holding back slope. Trellises support vines. In photograph at right, bean poles get extra support from braces nailed to raised bed at next level up*

They stepped big boxes down the hillside to make a vegetable garden

Water can't *rush downhill when confined by bottomless plastic pot—which prevents overwatering, too*

Horizontal *trellis—shaped in wire over scrap boards—leads cucumber plant out and over a slope*

This space contributed to the Publisher as a Public Service



ike Finamore was told he had leukemia. Nine years ago.

When Mike Finamore was thirteen years old, he was had leukemia.

At that time, this meant he had five, maybe ths, to live.

But just about then, leukemia research produced some ic results:

A special combination of drugs that would kill the ia cells in the blood and permit the person to live longer er before.

So Mike was treated. And it worked.

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In fact, right now he's putting the roof on a house he built himself.

And when it's finished there will be a double celebration.

The new house. And Mike's 22nd birthday.

Most people expect presents. Mike's happy just to have a birthday.

e want to wipe out cancer in your lifetime. Give to the American Cancer Society.

Daily watering, *ample sunshine, and rich soil made many plants thrive in a 14-foot skiff*

In their fishing skiff they grow everything from pole beans to Swiss chard

Chard *in the stern sheets. Marigolds on the starboard side to repel insects. At rear, beans strung and tomatoes staked*

What looks like just a sentimental attachment to an old boat is really a rather impressive feat of gardening. In this 14-foot fishing skiff with a 5-foot beam were grown pole beans, peas, Swiss chard, tomatoes, onions, radishes, leaf lettuce, broccoli, peppers, eggplant, carrots, cucumber, parsley, and potatoes. It kept Mr. and Mrs. G. Bargewell of Selah, Washington, and even a few of their friends, supplied with fresh produce all summer.

Their methods would be useful for any large container vegetable garden.

The boat was built in 1936 by the Lake Union Boat Works and retired a few years ago, mostly because of leakiness. When put to work as a vegetable planter, drainage was excellent. The Bargewells set the boat up on concrete bricks and blocks on the south side of their house where it got an abundance of hot, central Washington, summer sunshine.

What allowed so many healthy plants to develop in such close proximity was the rich growing medium. The owners started by putting a 2-inch layer of chicken manure in the bottom of the skiff. Then they filled it nearly full with equal parts of rich garden soil and rotting sawdust. After the soil and sawdust mixture was leveled off, they put on another 2-inch layer of chicken manure and spaded this into the soil. The chicken manure, high in nitrogen, could have burned the plants, but some of it was continually utilized in making of the sawdust rot.

As the growing season progres eral amounts of well rotted steer in loose, powdery form (availab mercially) were sprinkled arou plants.

But the magic touch may have b Mrs. Bargewell watered the skif giously all summer long.

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LETTER FROM *Sunset*

Environment and tourism

One great fact of the 1970's is the spreading concern about all asp of our environment—not only our air, water, and land resources also our historic relics and ruins and our contemporary man-m resources.

Tourism is also growing in the 1970's. More people are going to m places every year. And the places people like to visit most are o the very places under environmental threat—wilderness areas, hist sites, and highly developed urban complexes.

Tourism does not have to be a threat to the environment. Sometim can be a factor in preserving and safeguarding it. A worsening envi ment may attract fewer and fewer visitors; this may spur elected offi and business leaders to take steps to halt the loss of historical build and natural scenes and thus keep the tourist trade.

Evidence of this relationship was supplied earlier this year du the 13th annual workshop of the Pacific Area Travel Associa (PATA), held in Kyoto, Japan. Theme of the workshop was "Tou Builds a Better Environment." Chairman of the workshop's plan committee was *Sunset's* publisher, L. W. Lane, Jr.

In an introduction to the workshop, Mr. Lane summed up the opp nities and problems: "Some of the best examples of conservation, ervation, and restoration are due to the purely economic justific and visitor satisfactions that are essential to a vital and growing tou industry. But we would have a bad case of environmental myopia were to ignore the increasing examples around the world wher tourist industry does not enhance the environment and, indeed, contributor to various forms of pollution."

Subjects covered during the workshop included ways to preserve his sites and buildings, case histories on restoration of historic places, and means for industrial waste controls, actions taken to reduc and noise pollution, actions taken to revive lost art and craft forms

The PATA statements, papers, and reports came from individuals resenting the United States, Singapore, Japan, New Zealand, Aust Korea, Indonesia. Proceedings are being assembled in book for first book of its kind relating tourism, environmental threats, corrective action. Copies will be available within a few weeks. Yo order one from Pacific Area Travel Association, 228 Grant Ave. Francisco 94108.

WINDOW ON THE WEST: *Restoration*

Completed in 1882 as a royal residence, Iolani Palace in Honolulu served from 1893 through 1969 as the seat of Hawaii's government in its succeeding forms—provisional government, republic, territory, state. The only palace in the United States, it's now undergoing historic preservation. The palace is being restored room by room to look as it did in the 1880's; only the throne room is now open to the public. Later it will close for restoration as other restored rooms reopen. Hawaiian royalty modeled the ornate building—down to the columns and lanais or verandas—after European architecture they admired. □